



Increased expression of interleukin-6 family members and receptors in urinary bladder with cyclophosphamide-induced bladder inflammation in female rats

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Recent studies suggest that janus-activated kinases–signal transducer and activator of transcription signaling pathways contribute to increased voiding frequency and referred pain of cyclophosphamide (CYP)-induced cystitis in rats. Potential upstream chemical mediator(s) that may be activated by CYP-induced cystitis to stimulate JAK/STAT signaling are not known in detail. In these studies, members of the interleukin (IL)-6 family of cytokines including, leukemia inhibitory factor (LIF), IL-6, and ciliary neurotrophic factor (CNTF) and associated receptors, IL-6 receptor (R) α , LIFR, and gp130 were examined in the urinary bladder in control and CYP-treated rats. Cytokine and receptor transcript and protein expression and distribution were determined in urinary bladder after CYP-induced cystitis using quantitative, real-time polymerase chain reaction (Q-PCR), western blotting, and immunohistochemistry. Acute (4 h; 150 mg/kg; i.p.), intermediate (48 h; 150 mg/kg; i.p.), or chronic (75 mg/kg; i.p., once every 3 days for 10 days) cystitis was induced in adult, female Wistar rats with CYP treatment. Q-PCR analyses revealed significant ($p \leq 0.01$) CYP duration- and tissue- (e.g., urothelium, detrusor) dependent increases in LIF, IL-6, IL-6R α , LIFR, and gp130 mRNA expression. Western blotting demonstrated significant ($p \leq 0.01$) increases in IL-6, LIF, and gp130 protein expression in whole urinary bladder with CYP treatment. CYP-induced cystitis significantly ($p \leq 0.01$) increased LIF-immunoreactivity (IR) in urothelium, detrusor, and suburothelial plexus whereas increased gp130-IR was only observed in urothelium and detrusor. These studies suggest that IL-6 and LIF may be potential upstream chemical mediators that activate JAK/STAT signaling in urinary bladder pathways.

Keywords: urothelium, detrusor smooth muscle, Q-PCR, Western blotting, gp130, LIF

INTRODUCTION

Cytokine receptors signal predominantly through janus-activated kinases (JAK)–signal transducer and activator of transcription (STAT) pathways (Dziennis and Alkayed, 2008) and we recently demonstrated that cyclophosphamide (CYP)-induced cystitis of varying duration was associated with enhanced JAK–STAT signaling (Cheppudira et al., 2009). STAT3 phosphorylation/activation was increased after CYP-induced cystitis (4 h, 48 h, and chronic; Cheppudira et al., 2009). Functionally, blockade of JAK2 with AG490, a member of the tyrphostin family of tyrosine kinase inhibitors, significantly reduced bladder hyperreflexia and hind paw sensitivity in CYP-treated rats (Cheppudira et al., 2009). In aggregate, these studies demonstrated potential roles for JAK–STAT signaling pathways in contributing to bladder hyperreflexia and referred pain of CYP-induced bladder inflammation (Cheppudira et al., 2009). However, is not known what is/are the upstream chemical mediator(s) that are activated by CYP-induced cystitis to stimulate JAK/STAT signaling.

Bladder pain syndrome (BPS)/interstitial cystitis (IC) is viewed as a one type of chronic pain syndrome characterized by pain, pressure, or discomfort perceived to be bladder related with at least one urinary symptom such as urinary frequency (Hanno et al., 2010).

Although the etiology and pathogenesis of BPS/IC are unknown, numerous theories including; infection, inflammation, autoimmune disorder, toxic urinary agents, urothelial dysfunction, and neurogenic causes have been proposed (Petroni et al., 1995; Ho et al., 1997; Johansson et al., 1997; Driscoll and Teichman, 2001; Sant and Hanno, 2001). We have hypothesized that pain associated with BPS/IC involves an alteration of visceral sensation/bladder sensory physiology. Altered visceral sensations from the urinary bladder (i.e., pain at low or moderate bladder filling) that accompany BPS/IC (Petroni et al., 1995; Ho et al., 1997; Johansson et al., 1997; Driscoll and Teichman, 2001; Sant and Hanno, 2001) may be mediated by many factors including changes in the properties of peripheral bladder afferent pathways such that bladder afferent neurons respond in an exaggerated manner to normally innocuous stimuli (allodynia). These changes may be mediated, in part, by inflammatory changes in the urinary bladder. Among potential mediators of inflammation, neurotrophins (e.g., nerve growth factor) have been implicated in the peripheral sensitization of nociceptors (Lindsay and Harmar, 1989; Dray, 1995; Dinarello, 1997). Pro-inflammatory cytokines also cause sensitization of polymodal C-fibers (Dray, 1995) and facilitate A-beta input to the spinal cord (Woolf and Doubell, 1994; Baba et al., 1999). Several studies

from our laboratory have demonstrated increased cytokine and chemokine expression and beneficial effects of chemokine receptor blockade in the urinary bladder after CYP-induced bladder inflammation (Malley and Vizzard, 2002). Furthermore, a recent study has also demonstrated upregulation of interleukin (IL)-6 transcript and protein expression in the submucosal layer of bladder after CYP treatment in mice (Nishii et al., 2006). In addition, lipopolysaccharide, IL-1 β , and tumor necrosis factor (TNF)- α induce production and/or secretion of IL-6 and IL-6 receptor (R) α in cultured, human detrusor smooth muscle cells (Bouchelouche et al., 2006; Neuhaus et al., 2007).

The IL-6 family of cytokines, through receptor interactions, induce transphosphorylation of the receptor-associated JAK, which in turn leads to phosphorylation of the down-stream STAT family of transcription factors (JAK-STAT pathway; Dziennis and Alkayed, 2008). The IL-6 family of cytokines also activates mitogen-activated protein kinase (MAPK) signaling pathways and associated transcription factors (Gadient and Patterson, 1999). Among the IL-6 family, leukemia inhibitory factor (LIF) is a multifunctional polypeptide cytokine/growth factor, related in both structure and mechanisms of action to the IL-6 family of cytokines (Knight, 2001). LIF is involved in neuronal developmental processes including neurogenesis, differentiation, and survival (Kim et al., 2005). Numerous studies have also demonstrated elevated LIF in a variety of inflammatory conditions in humans and other animals (Alexander et al., 1994). Some reports suggest that LIF acts as a pro-inflammatory mediator (Sugiura et al., 2000), whereas other evidence indicates LIF functions as an anti-inflammatory and analgesic cytokine (Ulich et al., 1994; Banner et al., 1998). The closely related pleiotropic cytokine, IL-6, has numerous biological activities and is generally considered to be pro-inflammatory. The diverse biological activities of IL-6 include promotion of neuronal survival, protection against neuronal damage, induction of neuronal differentiation, modulation of neurotransmitter/neuromodulator synthesis, and modulation of pain. Receptors involved in the recognition of LIF and IL-6 include the non-signaling α -receptors, IL-6R α , and the transducing receptors, gp130, and LIFR with gp130 being used by all IL-6 family members in different combinations (Hibi et al., 1990).

The purpose of this study was to determine potential upstream chemical mediator(s) that may be activated by CYP-induced cystitis to stimulate JAK/STAT signaling. Among the IL-6 family of cytokines, we have focused the current study on the urinary bladder expression and changes in transcript and protein expression of IL-6 and LIF and associated receptors, IL-6R α , LIFR, and gp130 with CYP-induced cystitis of varying duration. The CYP rodent model exhibits urinary bladder dysfunction (Hu et al., 2003, 2005; Klinger and Vizzard, 2008; Arms et al., 2010) and altered somatic sensitivity (Guerios et al., 2008; Studeny et al., 2008; Cheppudira et al., 2009) and permits a controlled analysis of some aspects of BPS/IC that are not feasible to address in the human population. Use of the CYP rat model is one way to examine the contribution of inflammatory and immune mediators to urinary bladder dysfunction and referred somatic sensitivity exhibited in the human syndrome of BPS/IC. A variety of techniques including immunohistochemistry in urinary bladder tissue sections and whole mounts with semiquantitation, quantitative real-time polymerase chain reaction (Q-PCR), and Western blotting approaches were used.

MATERIALS AND METHODS

ANIMALS

Adult female, Wistar rats (200–225 g; Charles River, St. Constant, Canada) were used for this study. Rats were housed two per cage and maintained in standard laboratory conditions with free access to food and water. The University of Vermont Institutional Animal Care and Use Committee approved all animal use procedures (protocol 08-085).

INDUCTION OF CYCLOPHOSPHAMIDE-INDUCED CYSTITIS

Rats were anesthetized under isoflurane (2%) and acute cystitis was induced with a single injection of CYP (150 mg/kg, i.p.) and rodents were used in studies at various time points (4 or 48 h) after treatment (Cheppudira et al., 2008; Klinger and Vizzard, 2008; Klinger et al., 2008). Chronic CYP-cystitis was induced by administration of CYP (75 mg/kg; i.p.) once every 3 days for 8 days (Cheppudira et al., 2008; Klinger and Vizzard, 2008; Klinger et al., 2008). Control rodents received either saline injection or no treatment. Rats were euthanized using isoflurane (5%) and a thoracotomy.

REAL-TIME QUANTITATIVE REVERSE TRANSCRIPTION-POLYMERASE CHAIN REACTION (Q-PCR)

Total RNA was extracted using the STAT-60 total RNA/mRNA isolation reagent (Tel-Test“B,” Friendswood, TX, USA) as previously described (Girard et al., 2002; Klinger et al., 2008; Arms et al., 2010). One to 2 mg of RNA per sample was used to synthesize complementary DNA using a mix of random hexamer and oligo dT primers with M-MLV reverse transcriptase (Promega Corp.) in a 25- μ l final reaction volume.

The quantitative PCR standards for all transcripts were prepared with the amplified IL-6, LIF, CNTF, gp130, IL-6R α , LIFR cDNA products ligated directly into pCR2.1 TOPO vector using the TOPO TA cloning kit (Invitrogen). The nucleotide sequences of the inserts were verified by automated fluorescent dideoxy dye terminator sequencing (Vermont Cancer Center DNA Analysis Facility). To estimate the relative expression of the receptor transcripts, 10-fold serial dilutions of stock plasmids were prepared as quantitative standards. The range of standard concentrations was determined empirically.

Complementary DNA templates, diluted 10-fold to minimize the inhibitory effects of the reverse transcription reaction components, were assayed using HotStart-IT SYBR Green qPCR Master Mix (USB, Cleveland, OH, USA) and 300 nM of each primer in a final 25 μ l reaction volume (Girard et al., 2002; Klinger et al., 2008; Arms et al., 2010). The real-time quantitative PCR was performed (Applied Biosystems 7500 Fast real-time PCR system, Foster City, CA, USA; Girard et al., 2002; Klinger et al., 2008; Arms et al., 2010) using the following standard conditions: (i) serial heating at 94°C for 2 min; (ii) amplification over 40 cycles at 94°C for 15 s and 60–64°C depending on primer sets for 30 s.

The amplified product from these amplification parameters was subjected to SYBR Green I melting analysis by ramping the temperature of the reaction samples from 60 to 95°C. A single DNA melting profile was observed under these dissociation assay conditions demonstrating amplification of a single unique product free of primer dimers or other anomalous products. The primer sequences used are described in **Table 1**.

Table 1 | Primer sequences.

Name	Location	Sequence
Rat IL-6	99U20	TTGCCTTCTTGGGACTGATG
Rat IL-6	261L20	GCCATTGCACAACCTCTTTTC
IL-6R α	29U20	AGCCAGTTGCCTTCTTGGGA
IL-6R α	188L25	TTGCACAACCTCTTTCTCATTCCCA
Rat LIF	179U25	ATGCCCTCTTTATTTCTATTACAC
Rat LIF	408L25	CATGACGTCTGTAGTCGCATTGAGT
LIFR	124U23	AATGGTCTTAAGAGAGGGGTACA
LIFR	215L20	TTTAACAGTCCAGGGCTGA
gp130	1954U20	ACCCCCAAGGCACAATTTTA
gp130	2549L24	ACCTGCTGCTGTTTCAGTCTGACA
Rat CNTF	3U21	TCACATTTCTTATTTGGACTA
Rat CNTF	662L21	GGCTACATCTGCTTATCTTTG
L32	83U20	CCTGGCGTTGGGATTGGTGA
L32	129L20	GAAAAGCCATCGTAGAAAGA

Primer names, locations, and sequences used in this study. Location of the primers corresponds to following coding sequences: MN_012589, MN_017020, MN_022196, MN_031048, MN_001008725, MN_013166, XM_001056774. IL, interleukin; R, receptor; LIF, leukemia inhibitory factor; CNTF, ciliary neurotrophic factor.

For data analyses, a standard curve was constructed by amplification of serially diluted plasmids containing the target sequence. Data were analyzed at the termination of each assay using sequence detection software (Sequence Detection Software, version 1.3.1; Applied Biosystems, Norwalk, CT, USA). In standard assays, default baseline settings were selected. The increase in SYBR Green I fluorescence intensity (ΔR_n) was plotted as a function of cycle number and the threshold cycle was determined by the software as the amplification cycle at which the ΔR_n first intersects the established baseline. All urothelium and detrusor data were normalized to housekeeping gene L32 transcript expression in the same cDNA templates (Table 1). Transcript levels in treated urothelium samples were expressed relative to control urothelium levels. To allow ease of transcript level comparisons between different tissues, the normalized transcript levels in detrusor were expressed as a function of normalized control urothelium Q-PCR data.

SPLIT BLADDER PREPARATION AND ASSESSMENT OF POTENTIAL CONTAMINATION OF BLADDER LAYERS

The urothelium + suburothelium was dissected from the detrusor smooth muscle using fine forceps under a dissecting microscope as previously described (Zvarova and Vizzard, 2005; Cheppudira et al., 2008; Klinger et al., 2008). To confirm the specificity of our split bladder preparations, urothelium + suburothelium and detrusor samples were examined for the presence of α -smooth muscle actin (1:1000; Abcam, Cambridge, MA, USA) and uroplakin II (1:25; American Research Products, Belmont, MA, USA) by Western blotting or reverse transcription PCR (Corrow and Vizzard, 2007; Cheppudira et al., 2008). In urothelium + suburothelium layers, only uroplakin II was present (data not shown). Conversely, in detrusor samples, only α -smooth muscle actin was present (data not shown).

WESTERN BLOTTING FOR IL-6, LIF, GP130 EXPRESSION IN WHOLE URINARY BLADDER

Whole urinary bladders (control, 4 h, 48 h, and chronic; $n = 6$) were homogenized separately in tissue protein extraction agent (T-PER; Roche, Indianapolis, IN, USA), a mild zwitterionic dialyzable

detergent in 25 mM bicine, 150 mM sodium chloride (pH 7.6) containing a protease inhibitor mix (Sigma-Aldrich, St. Louis, MO, USA; 16 μ g/ml benzamidine, 2 μ g/ml leupeptin, 50 μ g/ml lima bean trypsin inhibitor, and 2 μ g/ml pepstatin A) and aliquots were removed for protein assay. Samples (25 μ g) were suspended in sample buffer for fractionation on gels and subjected to SDS-PAGE. Proteins were transferred to nitrocellulose membranes, and efficiency of transfer was evaluated. Membranes were blocked overnight in a solution of 5% milk, 3% bovine serum albumin in Tris-buffered saline with 0.1% Tween. For immunodetection, the following antibodies were used overnight at 4°C: goat anti-LIF [1:200; Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA (catalog #SC1336)], rabbit anti-gp130 (1:1000; Santa Cruz Biotechnology, Inc. (catalog #SC655)), and rabbit anti-IL-6 (1:1000; Invitrogen Corporation, Carlsbad, CA, USA (catalog #ASC0062)). Washed membranes were incubated in species-specific secondary antibodies for 2 h at room temperature for enhanced chemiluminescence detection (Pierce, Rockford, IL, USA). Blots were exposed to Biomax film (Kodak, Rochester, NY, USA) and developed. The intensity of each band was analyzed, and background intensities were subtracted using Un-Scan It software (Silk Scientific, Orem, UT, USA). Western blot analysis of actin (1:2000; Santa Cruz Biotechnology (catalog #SC1616R) in samples was used as a loading control. In this and previous studies (Corrow et al., 2010), we have used actin as a loading control as expression of actin protein was not changed in urinary bladder with CYP treatments.

IMMUNOHISTOCHEMICAL LOCALIZATION OF LIF, IL-6, GP130 IN UROTHELIUM

The bladders from control, acute (4 h), intermediate (48 h), and chronic CYP-treated rats ($n = 6$ for each) were rapidly dissected, weighed, post-fixed in 4% paraformaldehyde, and placed in ascending concentrations of sucrose (10–30%) in 0.1 M PBS for cryoprotection. Cryostat sections (20 μ m) of urinary bladder were mounted on gelled (0.5%) microscope slides for on-slide processing as previously described (Yuridullah et al., 2006; Corrow and Vizzard, 2007; Cheppudira et al., 2008; Klinger and Vizzard, 2008; Klinger et al., 2008). Briefly, sections were incubated with 400 μ l of goat anti-LIF [1:500; Santa Cruz Biotechnology, Inc. (SC1336)], rabbit anti-gp130 [1:1000; Santa Cruz Biotechnology, Inc. (catalog #SC655)] or rabbit anti-IL-6 (1:200–1:5000; Invitrogen Corporation (catalog #ASC0062; #ARC0062); Santa Cruz (1:200–1:3000; catalog #1265)] in 1% donkey or goat serum and 0.1 M phosphate-buffer overnight at room temperature. After washing (3 \times 10 min) with 0.1 M PBS (pH 7.4) the tissues were incubated with Cy3-conjugated species-specific antibodies (1:500; Jackson ImmunoResearch Laboratories, West Grove, PA, USA) for 2 h at room temperature, rinsed and mounted with antifade medium (Citifluor, Fisher Scientific, Pittsburgh, PA, USA) for fluorescence microscopy. Control sections incubated in the absence of primary or secondary antibody were also processed and evaluated for specificity or background staining levels. In the absence of primary antibody, no positive immunostaining was observed. Immunoabsorptions with LIF and gp130 peptide (5 μ g/ml; Santa Cruz) and antisera in bladder sections resulted in no staining above background. Repeated attempts to localize IL-6-immunoreactivity (IR) in cryostat bladder sections with different antibodies and

substantial trouble-shooting were not successful. Thus, data are not presented for immunohistochemical localization of IL-6-IR in urinary bladder.

VISUALIZATION AND SEMI-QUANTITATIVE ANALYSIS OF LIF-, GP130-IR IN URINARY BLADDER

Urothelium

Leukemia inhibitory factor- and gp130-IR in bladder sections from control ($n = 6$) and CYP-treated groups ($n = 6$ each) was visualized and images were captured using an Olympus fluorescence photomicroscope. The filter was set with an excitation range of 560–569 nm and emission range of 610–655 nm for visualization of Cy3. Images were captured, acquired in tagged image file format and imported into image analysis software (Meta Morph, version 4.5r4, University Imaging, Downingtown, PA, USA; (Klinger et al., 2008; Arms et al., 2010). The free hand drawing tool was used to select the urothelium and the urothelium was measured in total pixels area as previously described (Klinger et al., 2008; Arms et al., 2010). A threshold encompassing an intensity range of 100–250 grayscale values was applied to the region of interest in the least brightly stained condition first. The threshold was adjusted for each experimental series using concomitantly processed negative controls as a guide for setting background fluorescence. The same threshold was subsequently used for all images. IR was considered to be positive only when the staining for the marker of interest (LIF, gp130) exceeded the established threshold. Percent marker expression above threshold in the total area selected was calculated. LIF- and gp130-IR in the urothelium was consistent across all regions (dome, body, neck) of the urinary bladder examined for all conditions. Semi-quantification of LIF and gp130 expression in the urothelium is presented for the bladder neck region.

Detrusor smooth muscle

Visualization of LIF- and gp130-IR in detrusor smooth muscle of cryostat sections from control ($n = 6$) and CYP-treated groups ($n = 6$ each) was identical to that described for the urothelium (above). Semi-quantification of IR in detrusor smooth muscle was performed as previously described (Klinger et al., 2007; Cheppudira et al., 2008) and modified from Brady et al. (2004). Grayscale images acquired in tagged image file format were imported into image analysis software (Image J; Abramoff et al., 2004) and images were thresholded. Images of detrusor smooth muscle were acquired from the dome, body, and neck region of the urinary bladder in control and CYP treatment groups. A rectangle of fixed dimension (500×500 pixels) was placed on the section according to a random selection of x and y coordinates. This process was repeated seven times for each image of detrusor. The average optical density of LIF or gp130 expression in detrusor smooth muscle was then calculated. Expression of LIF or gp130 examined in the detrusor exhibited equivocal expression throughout detrusor of the dome, body, and neck of the urinary bladder; thus, data from each region are pooled and presented as LIF or gp130-IR above threshold in detrusor smooth muscle.

Suburothelial nerve plexus in urinary bladder whole mounts

The urinary bladder from control ($n = 6$) and experimental treatments ($n = 6$ each) was dissected and placed in Krebs solution. The bladder was cut open along the midline and pinned to a sylgard-coated dish. While pinned, the bladder neck on one side was notched for orienta-

tion purposes and regional analyses of IR. The bladder was incubated for 1.5 h at room temperature in cold fixative (2% paraformaldehyde + 0.2% picric acid). Using fine tips forceps and iris scissors, the urothelium + suburothelium was dissected from the underlying detrusor smooth muscle with the aid of a dissecting microscope (Corrow and Vizzard, 2007; Klinger and Vizzard, 2008). Urothelium + suburothelium and bladder musculature were processed for LIF- or gp130-IR (as described above). No gp130-IR was observed in the suburothelial nerve plexus from control or experimental treatments (data not shown). In some whole mounts processed for LIF-IR, nerve fibers in the suburothelial nerve plexus were also stained with the pan neuronal marker, protein gene product (PGP 9.5; Abcam, Cambridge, MA, USA; 1:15). After washing (3×10 min) with 0.1 M PBS (pH 7.4) the tissues were incubated with a cocktail of Cy3-conjugated donkey anti-goat (1:500) and Cy2-conjugated donkey anti-rabbit secondary antibody for 2 h at room temperature. After washing, the whole mounts were placed on microscope slides and coverslipped and were examined under an Olympus fluorescence photomicroscope as described above. Cy2 was visualized with a filter with an excitation range of 470–490 and an emission range from 510 to 530.

ASSESSMENT OF IMMUNOHISTOCHEMICAL STAINING IN URINARY BLADDER REGIONS

Immunohistochemistry and subsequent semi-quantification of LIF- or gp130-IR in bladder sections or whole mount preparations was performed on control and experimental tissues simultaneously to reduce the incidence of staining variation that can occur between tissues processed on different days. Staining observed in experimental tissue was compared to that observed from experiment-matched negative controls. Urinary bladder sections or whole mounts exhibiting IR that was greater than the background level observed in experiment-matched negative controls were considered positively stained.

FIGURE PREPARATION

Digital images were obtained using a CCD camera (MagnaFire SP; Optronics; Optical Analysis Corp., Nashua, NH, USA) and LG-3 frame grabber (Scion Corp; Frederick, MD, USA). Exposure times, brightness and contrast were held constant when acquiring images from experimental or control animals processed and analyzed on the same day. Images were imported into a graphics-editing program (Adobe Photoshop 7.0, Adobe Systems Incorporated, San Jose, CA, USA) assembled and labeled.

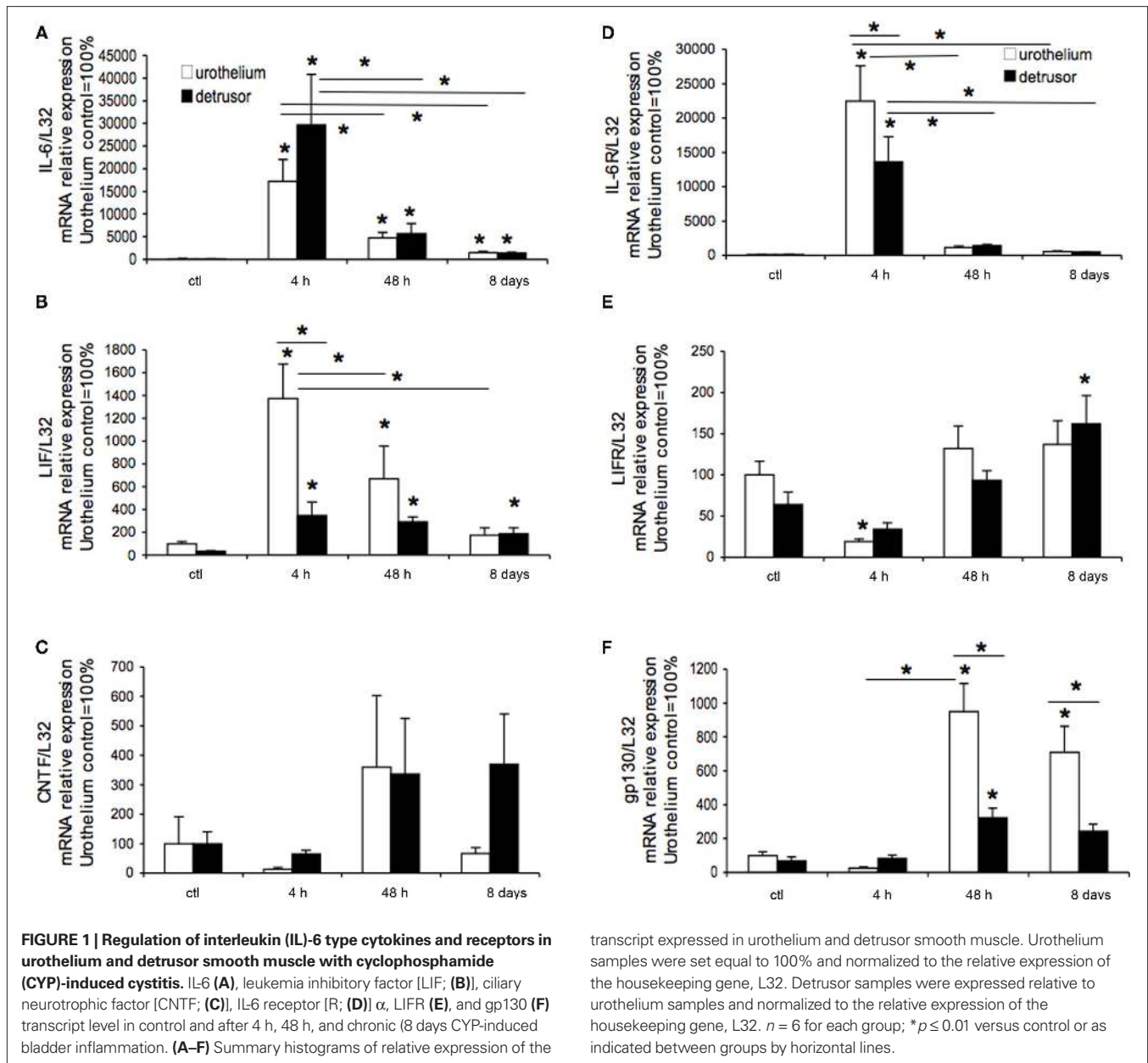
STATISTICS

All values are mean \pm SEM. Data were compared using ANOVA. Percentage data from image analysis were arcsin transformed to meet the requirements of this statistical test. Animals, processed and analyzed on the same day, were tested as a block in the ANOVA. When F ratios exceeded the critical value ($p \leq 0.05$), the Newman Keul's *post hoc* test was used to compare experimental means.

RESULTS

IL-6, LIF, CNTF TRANSCRIPT EXPRESSION IN UROTHELIUM AND DETRUSOR SMOOTH MUSCLE WITH CYP-INDUCED CYSTITIS

The regulation of IL-6, LIF, and CNTF transcripts was examined by Q-PCR analyses (Figures 1A–C) in urothelium and detrusor smooth muscle. IL-6 transcript expression significantly ($p \leq 0.01$)



increased in urothelium and detrusor smooth muscle with CYP-induced cystitis (4 h, 48 h, and chronic) compared to control (Figure 1A). IL-6 mRNA expression in urothelium or detrusor smooth muscle after 4 h CYP treatment was significantly ($p \leq 0.01$) greater than the 48-h or chronic time point in the same tissues (Figure 1A). Q-PCR analyses demonstrated a significant ($p \leq 0.01$) increase in LIF mRNA in urothelium and detrusor smooth muscle with CYP-induced cystitis (4 h, 48 h, and chronic) compared to control (Figure 1B). LIF mRNA expression in urothelium after 4 h CYP treatment was significantly ($p \leq 0.01$) greater than the 48-h or chronic time point (Figure 1B). LIF mRNA expression in detrusor muscle was significantly increased with each duration of CYP treatment (Figure 1B) and the magnitude of change was consistent across time points. LIF mRNA expression in urothelium was significantly ($p \leq 0.01$) greater than that in detrusor smooth muscle with

4 h CYP treatment (Figure 1B). In contrast, no changes in CNTF mRNA expression in urothelium or detrusor smooth muscle were observed with CYP-induced cystitis of any duration (Figure 1C). Due to the absence of changes in CNTF mRNA expression in urinary bladder with CYP-induced cystitis (Figure 1C), no additional characterization of CNTF or the non-signaling α -receptor, CNTFR α , was performed.

IL-6R α , LIFR, GP130 TRANSCRIPT EXPRESSION IN UROTHELIUM AND DETRUSOR SMOOTH MUSCLE WITH CYP-INDUCED CYSTITIS

The regulation of IL-6R α , LIFR, gp130 transcripts was examined by Q-PCR analyses (Figures 1D–F) in urothelium and detrusor smooth muscle. IL-6R α transcript expression significantly ($p \leq 0.01$) increased in urothelium and detrusor smooth muscle with 4 h CYP-induced cystitis compared to control (Figure 1D). IL-6R α mRNA

expression in urothelium or detrusor smooth muscle after 4 h CYP treatment was significantly ($p \leq 0.01$) greater than the 48-h or chronic time point in the same tissues (Figure 1D). With 4 h CYP-induced cystitis, IL-6R α transcript expression was significantly greater in urothelium compared to detrusor smooth muscle (Figure 1D). Q-PCR analyses demonstrated a significant ($p \leq 0.01$) decrease in LIFR mRNA in urothelium and 4 h CYP-induced cystitis compared to control; no differences in urothelium LIFR mRNA were observed at 48 h or chronic time points (Figure 1E). LIFR mRNA expression in detrusor with chronic CYP treatment was significantly ($p \leq 0.01$) increased compared to control (Figure 1E). gp130 mRNA expression was significantly ($p \leq 0.01$) increased in urothelium and detrusor smooth muscle with 48 h CYP treatment (Figure 1F); gp130 mRNA expression was significantly ($p \leq 0.01$) greater in urothelium compared to detrusor. gp130 mRNA expression was also significantly ($p \leq 0.01$) increased in urothelium with chronic CYP treatment and expression was significantly ($p \leq 0.01$) greater than that observed in detrusor smooth muscle (Figure 1F).

IL-6, LIF, AND GP130 PROTEIN EXPRESSION AND EFFECTS OF CYCLOPHOSPHAMIDE-INDUCED CYSTITIS IN THE WHOLE RAT URINARY BLADDER

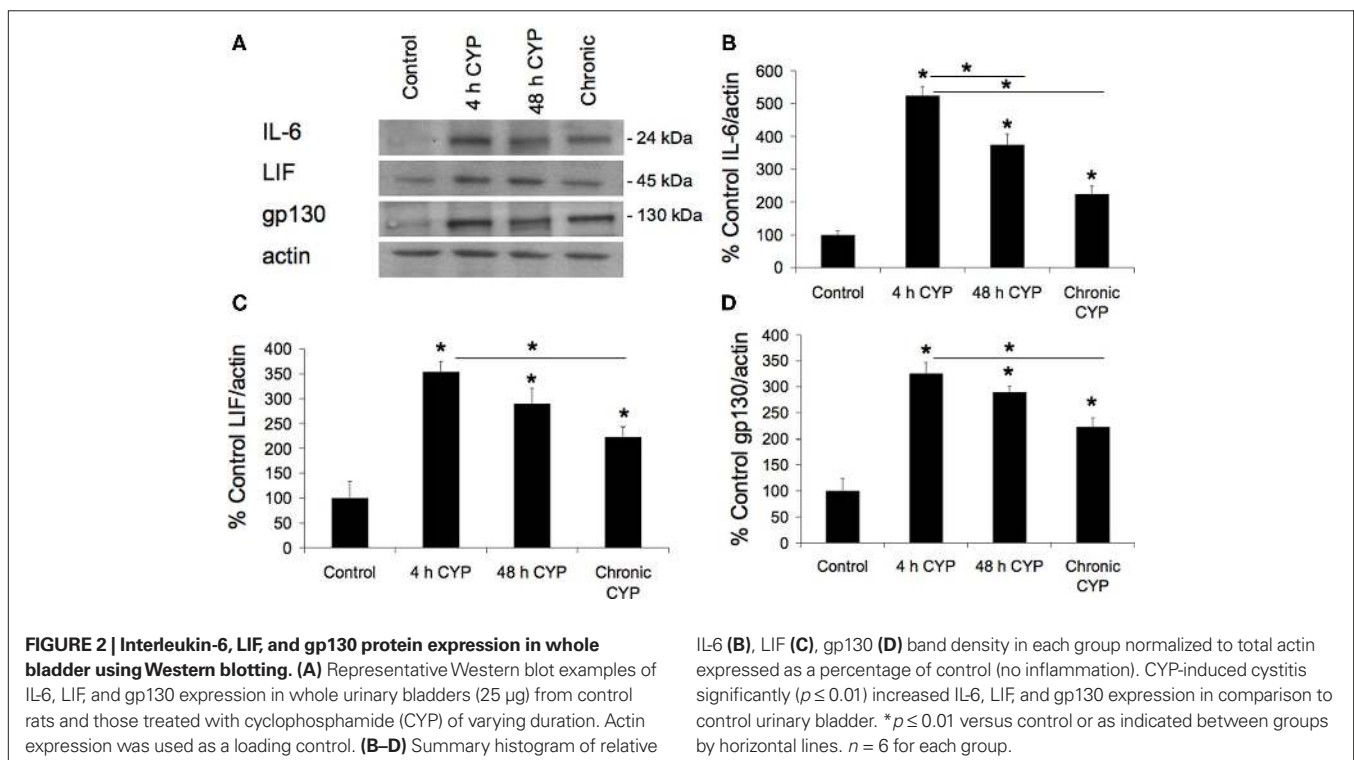
Interleukin-6, LIF, and gp130 protein expression increased significantly ($p \leq 0.01$) following 4 h (3.3- to 5.3-fold), 48 h (2.9- to 3.8-fold), and chronic (2.2- to 2.3-fold) CYP treatment as determined with Western blot analyses (Figures 2A–D). Four hours CYP treatment induced the greatest upregulation of IL-6 (5.3-fold), LIF (3.5-fold), and gp130 (3.3-fold) expression, which was significantly ($p \leq 0.01$) greater than expression after chronic CYP treatment (Figures 2B–D) and significantly ($p \leq 0.01$) greater than 48 h CYP treatment in the case of IL-6 (Figure 2B).

UROTHELIUM LIF-IR IN RATS AFTER INDUCTION OF CYSTITIS

The expression of LIF-IR was very weak in the urothelium of urinary bladder whole mounts or cryostat bladder sections from control (Figures 3 and 4) rats. With acute CYP treatment (4 h), some diffuse LIF-IR was observed in the urothelium but more intense LIF-IR was observed in the lamina propria (Figure 3). Semi-quantitative analyses revealed significant increases in LIF-IR in the urothelium 4 h ($p \leq 0.05$) and 48 h ($p \leq 0.01$) after CYP treatment (Figure 3). Sustained LIF-IR was observed in the lamina propria (Figure 3) with CYP treatment. LIF-IR was significantly ($p \leq 0.01$) increased in the urothelium with chronic CYP treatment (Figures 3 and 4). No regional differences in LIF-IR in the urothelium of the dome, body, or neck regions of the urinary bladder were observed in control or CYP-treated rats. LIF-IR was observed in all cell layers (apical, intermediate, and basal) of the urothelium.

LIF-IR IN SUBUROTHELIAL PLEXUS WITH CYP-INDUCED CYSTITIS

In whole mount preparations, LIF-IR was infrequently and faintly observed in the suburothelial nerve plexus throughout the entire control urinary bladder (Figure 4). CYP treatment (48 h and chronic) increased the appearance of LIF-IR in the suburothelial plexus (Figure 4). The density of the LIF-IR in suburothelial nerve fibers was greatest in the neck region with CYP treatment and our analysis of CYP-induced effects was restricted to this region. A significant ($p \leq 0.01$) increase in the density of the LIF-IR nerve fibers in the bladder neck region was observed with 48 h (4.5-fold increase) and chronic (10.1-fold increase) CYP treatment (Figure 4). Fine and thicker caliber LIF-IR neuronal fibers were observed (Figure 4) in the suburothelial plexus with CYP treatment. No changes in the LIF-IR suburothelial nerve plexus were



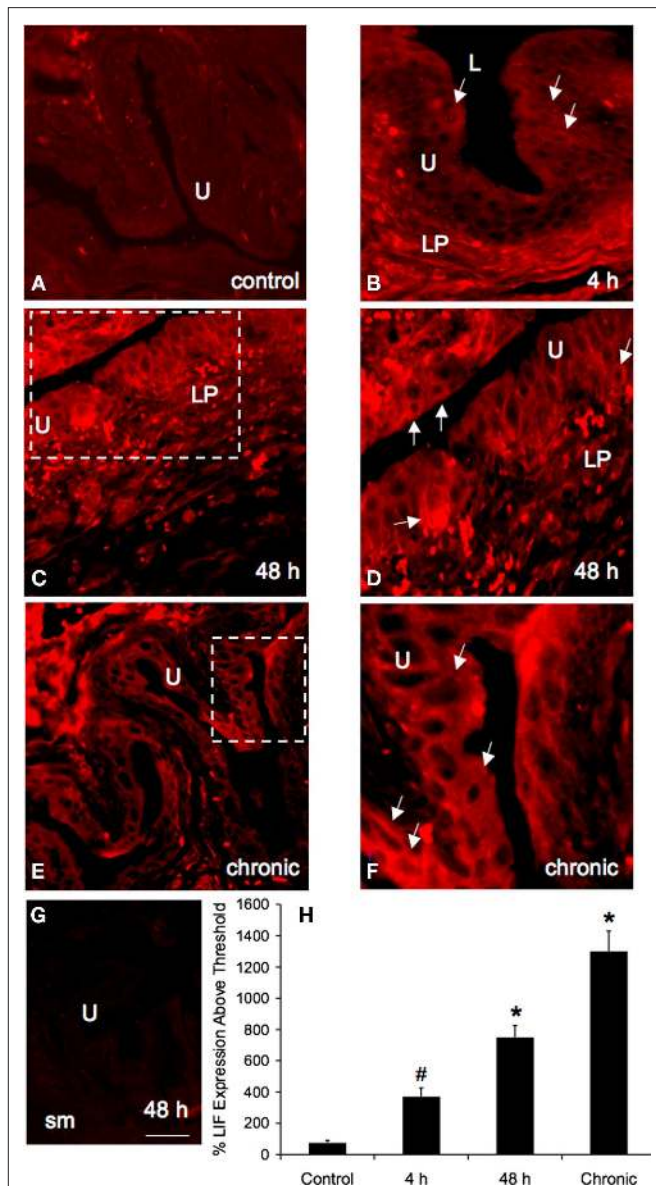


FIGURE 3 | Leukemia inhibitory factor-immunoreactivity (IR) in cryostat sections of urothelium (U) after varying durations of CYP treatment. CYP treatment [4 h (B), 48 h (C,D), chronic (E,F)] significantly ($p \leq 0.05$ – 0.01) upregulated the percent of LIF-IR in U in comparison control (A). Higher power fluorescence images of selected regions (white dashed boxes) in (C,E) are shown in (D,F). For all images, exposure times were held constant, and all tissues were processed simultaneously. In 4 h, 48 h, and chronic CYP-treated rats, LIF expression was visible in the U (B–F) and lamina propria [LP; (B–D)], whereas control (A) urinary bladder showed little or no LIF-IR. Calibration bar represents 50 μm in (A,C,E,G) and 25 μm in (B,D,F,G); Immunoabsorptions with LIF peptide (5 $\mu\text{g}/\text{ml}$) and antisera in bladder sections resulted in no staining above background. (H) Histogram of the percent of LIF expression above threshold in the urothelium of CYP-treated rats (4 h, 48 h, and chronic) expressed as a percentage of control. CYP treatment (4 h, 48 h, and chronic) significantly (#, $p \leq 0.05$; *, $p \leq 0.01$) upregulated LIF-IR in the urothelium. sm, smooth muscle. Data are a summary of $n = 6$ for each group.

observed with 4 h CYP treatment (data not shown). LIF-IR in the suburothelial nerve plexus also exhibited IR for the pan neuronal marker, protein gene product 9.5 (PGP9.5; Figure 4).

LIF-IR IN DETRUSOR SMOOTH MUSCLE WITH CYP-INDUCED CYSTITIS

In urinary bladder sections from control rats, detrusor smooth muscle expression of LIF-IR was weak in all bladder regions examined (dome, body, neck; Figure 5). A significant ($p \leq 0.01$) increase in LIF-IR in detrusor smooth muscle was observed in all urinary bladder regions and at all time points examined (4 h, 6.7-fold; 48 h, 6.5-fold; chronic, 6.2-fold; Figure 5). No differential regional expression of LIF-IR in the detrusor muscle was observed with any duration of CYP treatment.

UROTHELIUM GP130-IMMUNOREACTIVITY IN RATS AFTER INDUCTION OF CYSTITIS

The IL-6 family of cytokines including IL-6 and LIF, form receptor complexes through different combinations of signaling receptor subunits with gp130 being used by all family members. Thus, in these studies, gp130-IR was characterized in urothelium, suburothelial plexus and detrusor smooth muscle (see below) in control rats and in rats following CYP treatment of varying duration. The expression of gp130-IR was present in the urothelium of cryostat bladder sections from control rats being primarily present in apical urothelial cells (Figure 6). With acute (4, 48 h) and chronic CYP treatment, gp130-IR was increased in the urothelium with gp130-IR being present in additional urothelial layers (i.e., intermediate; Figure 6). In urinary bladder from control and CYP-treated rats, no gp130-IR was present in the lamina propria (Figure 6). In addition, no evidence of gp130-IR in the suburothelial nerve plexus was observed in cryostat bladder sections (Figure 6) or in whole mount bladder preparations (data not shown). Semi-quantitative analyses revealed significant ($p \leq 0.01$) increases in gp130-IR in the urothelium with CYP treatment (4 h, 48 h, chronic; Figure 6). No regional differences in gp130-IR in the urothelium of the dome, body, or neck regions of the urinary bladder were observed in control or CYP-treated rats.

GP130-IMMUNOREACTIVITY IN DETRUSOR SMOOTH MUSCLE WITH CYP-INDUCED CYSTITIS

In urinary bladder sections from control rats, detrusor smooth muscle expression of gp130-IR was weak in all bladder regions examined (dome, body, neck; Figure 7). CYP-induced cystitis significantly ($p \leq 0.01$) increased gp130-IR in detrusor smooth muscle in all urinary bladder regions and at all time points examined (4 h, 5.7-fold; 48 h, 7.8-fold; chronic, 5.3-fold; Figure 7). No differential regional expression of gp130-IR in the detrusor muscle was observed with any duration of CYP treatment.

DISCUSSION

These studies demonstrated upregulation of IL-6 and LIF transcript and protein expression in urinary bladder with CYP-induced cystitis of varying duration. In contrast, no changes in CNTF transcript expression were observed in urothelium or detrusor smooth muscle with CYP-induced cystitis. Previous studies showed that blockade of JAK2 reduced urinary bladder hyperreflexia and referred, somatic sensitivity in CYP-treated rats (Cheppudira et al., 2009). LIF and IL-6 may represent two potential upstream mediators of JAK/STAT signaling. LIF protein expression was localized to the urothelium, detrusor smooth muscle, and suburothelial nerve plexus in urinary bladder and expressed increased with CYP-induced cystitis.

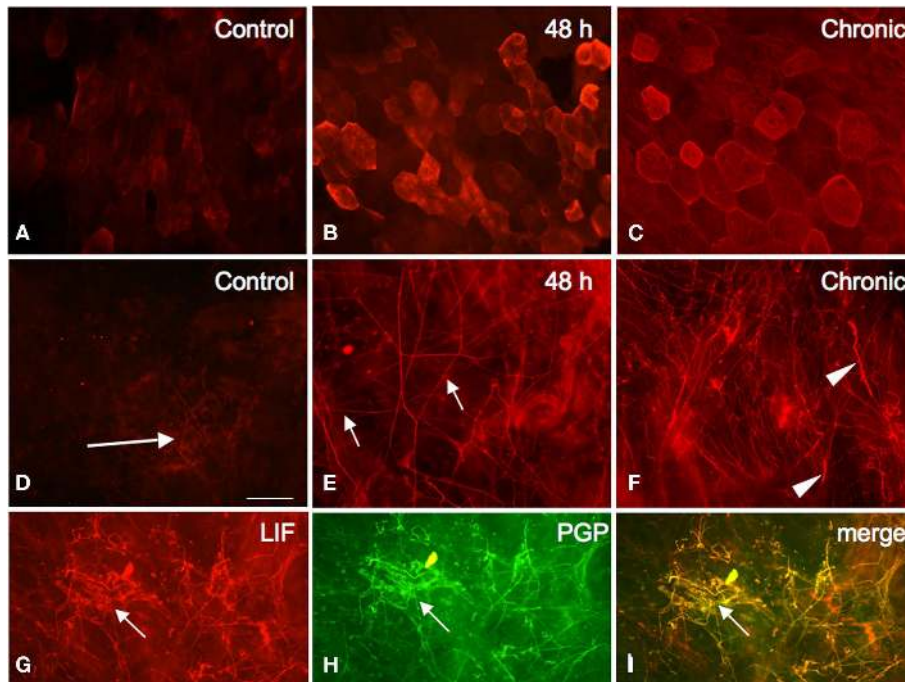


FIGURE 4 | Fluorescence photographs of LIF-immunoreactivity (IR) in urothelial cells and suburothelial plexus in the bladder neck region in whole mount preparations of the urinary bladder. In control (A) whole mount preparations, LIF-IR is weak compared to preparations from 48 h CYP-treated (B), and chronic CYP-treated (C) rats. LIF-IR in the suburothelial nerve plexus in the

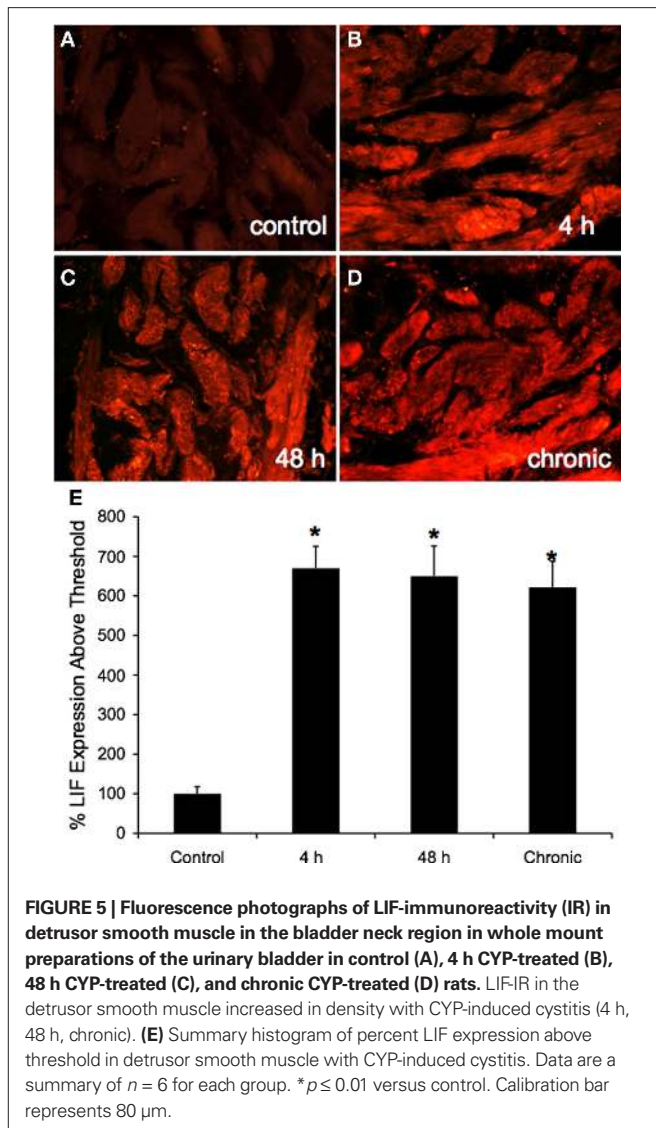
neck region increased in density with CYP-induced cystitis [48 h (E) and chronic (F)] compared to control (D). Arrows (D,E) and arrowheads (F) indicate small or large caliber LIF-IR nerve fibers respectively. With CYP treatment [chronic, (G–I)], LIF-IR in nerve fibers (G) in the suburothelial plexus exhibited complete overlap (I) with PGP9.5 (H), a pan neuronal marker. Calibration bar represents 80 μm .

Changes in IL-6R α , LIFR, and gp130 transcript expression were also identified in urinary bladder and changes in transcript expression were dependent upon duration of CYP-induced cystitis. gp130 protein expression was also identified in the urothelium and detrusor smooth muscle but absent in the suburothelial nerve plexus. These studies extend the list of cytokines and associated receptors whose expression in urinary bladder is changed with urinary bladder inflammation.

Pain associated with BPS/IC may involve an alteration of visceral sensation/bladder sensory physiology. Altered visceral sensations from the urinary bladder (i.e., pain at low or moderate bladder filling) that accompany BPS/IC (Petrone et al., 1995; Ho et al., 1997; Johansson et al., 1997; Driscoll and Teichman, 2001; Sant and Hanno, 2001) may be mediated by many factors including changes in the properties of peripheral bladder afferent pathways such that bladder afferent neurons respond in an exaggerated manner to normally innocuous stimuli (allodynia). The present studies suggest that LIF and IL-6, members of the IL-6 family of cytokines, produced in the urinary bladder after CYP-induced cystitis may also contribute to this sensitization process and influence referred somatic sensitization and/or urinary bladder hyperreflexia in CYP-treated rats. The present study has demonstrated that a variety of urinary bladder components (urothelial cells, detrusor smooth muscle and bladder nerve fibers) express IL-6 and LIF and that transcript and protein expression is increased with CYP-induced cystitis of varying duration.

Urothelial dysfunction has been proposed as an underlying cause or contributing factor in BPS/IC (Birder and de Groat, 2007). The cause(s) of this dysfunction is not known; however, several studies have shown that activation of bladder mast cells followed by release of cytokines contributes to urothelial dysfunction resulting in abnormal bladder activity and pain (Sant et al., 2007). IL-6 expression is markedly increased in urine (Erickson et al., 2002; Sairanen et al., 2008) and urothelium (Peeker et al., 2000) of individuals with IC/BPS. Current studies suggest additional sources of cytokines and associated receptors to include the urothelium, detrusor smooth muscle, and suburothelial nerve plexus. Our immunohistochemical and Q-PCR data demonstrate that LIF and IL-6 protein and transcript expression are significantly increased in the urothelium and detrusor smooth muscle and LIF is additionally expressed in the suburothelial nerve plexus with CYP-induced cystitis. LIF and IL-6 transcript and protein expression were increased with acute (4 h, 48 h) and chronic (8 day) bladder inflammation. Changes in LIF mRNA and protein expression were largely complementary with CYP-induced cystitis. In contrast, CNTF mRNA expression was not changed in urothelium or detrusor smooth muscle with CYP-induced cystitis. This suggests that LIF and IL-6 contribute to both acute and chronic aspects of bladder inflammation and expression of these cytokines is found in multiple tissue sources in the urinary bladder.

A previous study from our laboratory demonstrated increased cytokine expression [e.g., interferon (IFN)- γ , IL, and TNF- α/β] after CYP-induced cystitis; Malley and Vizzard, 2002]. A recent



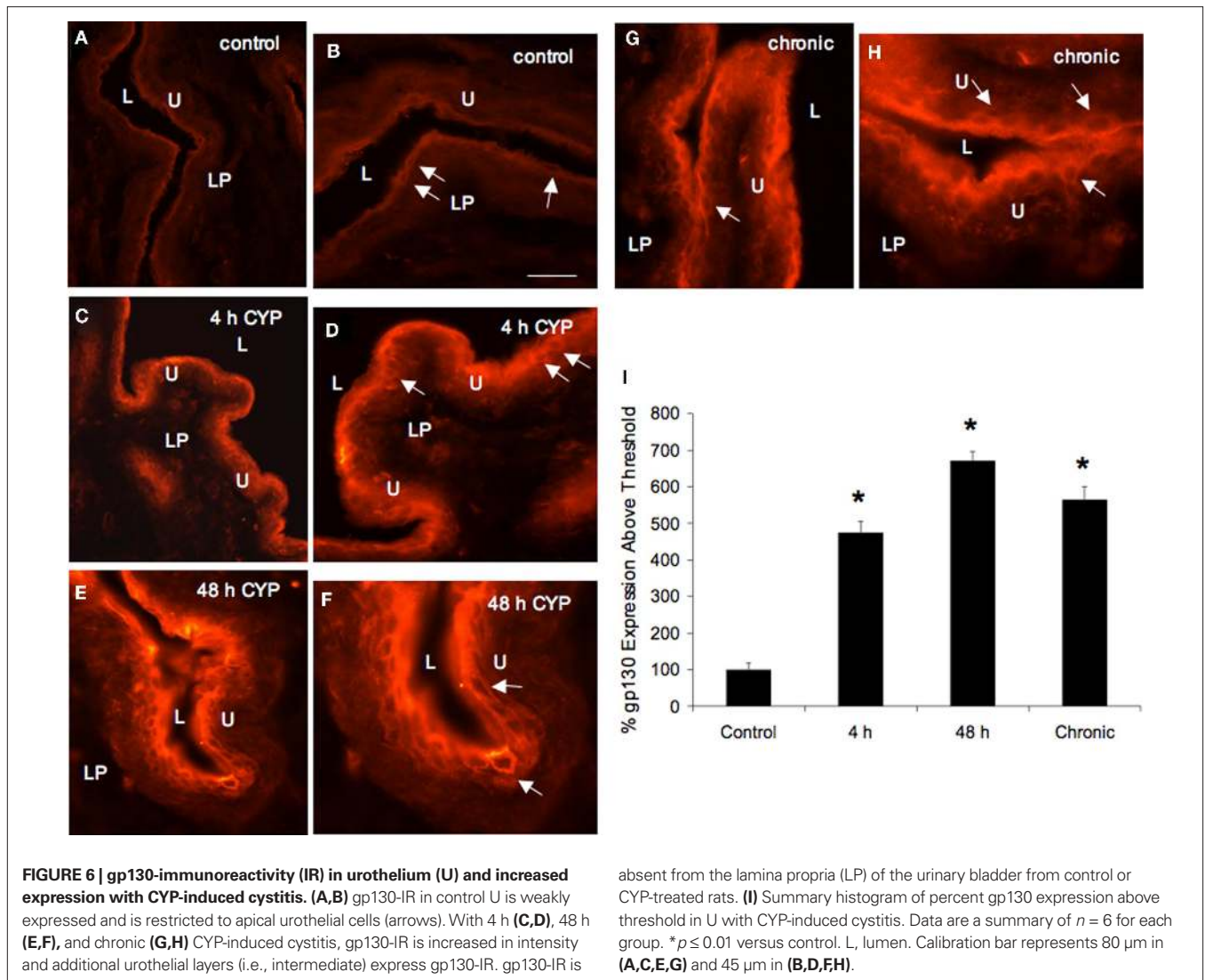
study has also demonstrated upregulation of IL-6 transcript and protein expression in the submucosal layer of bladder after CYP treatment in mice (Nishii et al., 2006). The current demonstration of CYP-induced upregulation of IL-6 and LIF expression in the urinary bladder adds to the growing list of cytokines or chemokines that may play role(s) BPS/IC (Lamale et al., 2006) although some controversy exists relating to the usefulness of cytokines (i.e., IL-6) as a biomarker for BPS/IC (Daha et al., 2007). Our examination of LIF and IL-6 expression with bladder inflammation is consistent with previous demonstrations of LIF and IL-6 upregulation after peripheral nerve injury, inflammation (Banner and Patterson, 1994; Curtis et al., 1994; Patterson, 1994; Banner et al., 1998) or systemic inflammation (Brown et al., 1994).

Studies involving LIF knockout (KO) mice and pharmacological studies involving LIF and IL-6 administration to sensory neurons have demonstrated that both regulate neurochemical plasticity in dorsal root ganglion (DRG) and sympathetic neurons after peripheral nerve injury (Rao et al., 1993; Corness et al., 1996; Sun and Zigmond, 1996a; Zigmond et al., 1996; Thompson et al.,

1998). Our previous studies have demonstrated neurochemical plasticity in bladder afferent cells with CYP-induced cystitis that includes changes in neuropeptide expression (Vizzard, 2000c, 2001; Zvarova and Vizzard, 2006) and bladder function improvement with neuropeptide receptor blockade (Braas et al., 2006). It is possible that increased LIF and/or IL-6 expression in urinary bladder results in bladder hyperreflexia indirectly through subsequent upregulation of neuropeptides. Studies involving LIF- and IL-6 KO mice are necessary to address direct or indirect roles of LIF and IL-6 in bladder hyperreflexia and somatic sensitivity following cystitis.

The present study adds cytokines to the list of potential mediators that may contribute to altered micturition reflexes after cystitis. A significant body of literature exists to support the concept that cytokines are key signals that are released in the periphery, including the urinary bladder (Saban, 2001; Saban et al., 2001a,b), to signal the central nervous system that infection/inflammation has occurred (Lindholm et al., 1987; Dinarello, 1998; Poole and Woolf, 1998; Poole et al., 1998; Maier and Watkins, 1999). LIF and IL-6 transcript and protein expression in the urothelium and detrusor and the maintenance of the responses through acute, intermediate, and chronic CYP-induced cystitis suggest that IL-6 family members in particular, may contribute to neuroplasticity in lower urinary tract reflexes after cystitis. LIF modulates the initial neuroinflammatory response to neural injury and also regulates neuronal responses to injury through direct effects on immune cells (Gadient and Otten, 1997) or through activation of neuropeptides (Rao et al., 1993; Corness et al., 1996; Sun and Zigmond, 1996a; Zigmond et al., 1996). Although evidence suggests that LIF acts as a pro-inflammatory mediator (Patterson, 1994; Sun and Zigmond, 1996b; Sugiura et al., 2000), other evidence indicates LIF functions as an anti-inflammatory and analgesic cytokine (Ulich et al., 1994; Banner et al., 1998). IL-6, on the other hand, is generally considered to be pro-inflammatory (Gadient and Otten, 1997; Parkin and Cohen, 2001) and has numerous biological activities including: promotion of neuronal survival, protection against neuronal damage, induction of neuronal differentiation, modulation of neurotransmitter/neuromodulator synthesis, and modulation of pain (Gadient and Otten, 1997; Parkin and Cohen, 2001).

Individuals with BPS/IC report a predominance of suprapubic pain as well as urethral, genital, and non-genitourinary pain. In addition, hypersensitivity to somatic stimuli has been observed in subjects with BPS/IC (Fitzgerald et al., 2005; Ness, 2005). A number of reports have demonstrated referred somatic hypersensitivity in animal models of urinary bladder inflammation including CYP (Guerios et al., 2008; Studeny et al., 2008). In previous studies (Cheppudira et al., 2009), we demonstrated a reduction in hind paw sensitivity in rats treated with CYP (4 h) and a reduction in CYP-induced urinary bladder hyperreflexia when rats were also treated with a JAK2 inhibitor, AG490. In addition, blockade of the STAT3 pathway with AG490 attenuated mechanical allodynia and thermal hyperalgesia after peripheral nerve injury (Dominguez et al., 2008). Intrathecal IL-6 injection produces allodynia and hyperalgesia after peripheral nerve injury and intrathecal IL-6 neutralizing antibody decreases allodynia (Arruda et al., 2000). The present studies have identified LIF and IL-6 as two potential upstream activators of JAK/STAT signaling in CYP-induced cystitis.



Follow-up studies involving IL-6 or LIF KO mice can be used to assess somatic sensitivity and bladder function in the presence and absence of urinary bladder inflammation.

Interleukin-6 and LIF form receptor complexes through different combinations of signaling receptor subunits with the receptor subunit, gp130, being shared by all family members (Gadient and Patterson, 1999). CYP-induced cystitis increased gp130 expression in the urothelium and detrusor smooth muscle of the urinary bladder but expression was not observed in the suburothelial nerve plexus, largely composed of afferent nerve fibers (Andersson and Wein, 2004). Although gp130-IR was not found in the suburothelial nerve plexus, cytokine signaling via gp130 may contribute to functional bladder sensory physiology via urothelium-mediated mechanisms. The urothelium, once thought to provide an impermeable barrier only, is now suggested to have “neuron-like” properties such as plasticity and sensory, transduction, and signaling capabilities, especially in the context of bladder inflammation (Birder, 2006; Apodaca et al., 2007; Birder and de Groat, 2007; Birder et al., 2009). Urothelial cells share a number of similarities with sensory neurons, including some consistency in the expression of receptors and

channels (Birder, 2006; Apodaca et al., 2007; Birder and de Groat, 2007; Birder et al., 2009). The present demonstration of gp130 protein and transcript expression as well as IL-6R α and LIFR transcript expression in the urothelium extends the list of similarities between sensory neurons and urothelial cells as gp130, IL-6R α , and LIFR are expressed in DRG cells (Gardiner et al., 2002). Although both Q-PCR and protein analyses of gp130 revealed increases in transcript and protein expression with CYP-induced cystitis, the time course of the increase differed. This difference may reflect earlier changes in post-translational processing compared to *de novo* transcription. Urothelial-mediated communication with the detrusor smooth muscle, suburothelial plexus, and/or interstitial cells has been suggested because of functional receptor expression and secretion capabilities of the urothelium (Birder, 2006; Apodaca et al., 2007; Birder and de Groat, 2007; Birder et al., 2009). IL-6 and LIF interactions with receptors (IL-6R α , gp130, and LIFR) may facilitate the release of urothelial-derived mediators such as ATP, NO, or chemokines that may then influence the suburothelial nerve plexus to affect micturition function via urothelium-to-neuron communication (Birder, 2006; Apodaca et al., 2007; Birder and de

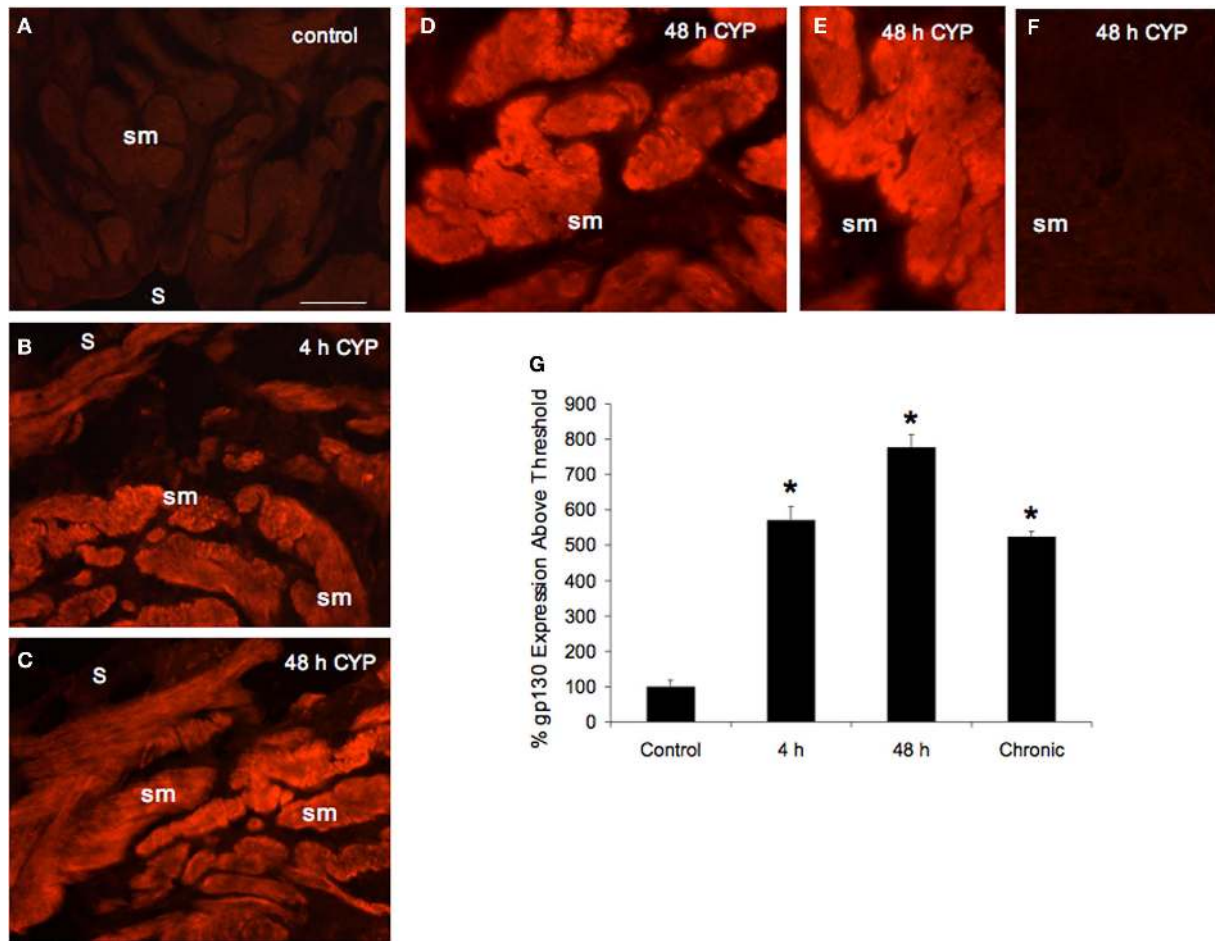


FIGURE 7 | gp130-Immunoreactivity (IR) in detrusor smooth muscle (sm) and increased expression with CYP-induced cystitis. (A) gp130-IR in control sm is very weakly expressed. With 4 h **(B)**, 48 h **(C–E)** and chronic CYP-induced cystitis, gp130-IR is increased in intensity throughout the sm. **(F)** Immunoabsorptions with gp130 peptide (5 $\mu\text{g}/\text{ml}$) and antisera in bladder

sections resulted in no staining above background. **(G)** Summary histogram of percent gp130 expression above threshold in sm with CYP-induced cystitis. Data are a summary of $n = 6$ for each group. * $p \leq 0.01$ versus control. S, serosa. Calibration bar represents 80 μm in **(A–C,F)**, 45 μm in **(D)**, and 25 μm in **(E)**.

Groat, 2007; Birder et al., 2009). Future studies determining IL-6- or LIF-induced release of ATP or NO using cultured rat urothelial cells can address this possibility. Given the increased expression of gp130, LIFR (chronic cystitis), and IL-6R α in detrusor smooth muscle, cytokine/receptor signaling may also originate from the detrusor smooth muscle.

In summary, these studies have demonstrated significant alterations in urinary bladder IL-6, LIF mRNA, and protein expression in urinary bladder following CYP-induced cystitis examined at three time points (acute, intermediate, and chronic). LIF protein expression was localized to the urothelium, detrusor, and suburothelial plexus. Increased transcript expression IL-6 type cytokine receptors including IL-6R α , LIFR (chronic cystitis), and gp130 was also demonstrated in urinary bladder after CYP-induced cystitis. gp130 protein expression was localized to the urothelium and detrusor. Cytokines produced in the urinary bladder may, alone or in combination with other cytokines (Gadient et al., 1990; Woolf et al., 1997), chemokines (Arms et al., 2010), or neurotrophic factors (Poole and Woolf, 1998) also upregulated in the

urinary bladder (Vizzard, 2000b), contribute to neurochemical (Vizzard, 1997, 2000c, 2001), electrophysiological (Jennings and Vizzard, 1999; Yoshimura and de Groat, 1999) and organizational (Vizzard, 2000a) changes demonstrated in the lower urinary tract following CYP-induced cystitis. Future studies are necessary to determine the functional contribution of LIF and IL-6 to neural plasticity after cystitis and subsequent activation of JAK/STAT signaling in urinary bladder using pharmacological approaches and/or LIF and IL-6 KO mice.

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