

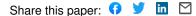
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# Inequity in biological DMARD prescription for spondyloarthritis across the globe: results from the ASAS-COMOSPA study — Source link $\square$

Elena Nikiphorou, Désirée van der Heijde, Sam Norton, Robert Landewé ...+4 more authors Institutions: Leiden University Medical Center, King's College London, Paris Descartes University, Ghent University Published on: 01 Mar 2018 - Annals of the Rheumatic Diseases (BMJ Publishing Group)

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# INEQUITY IN BIOLOGIC DMARD PRESCRIPTION FOR SPONDYLOARTHRITIS ACROSS THE GLOBE: RESULTS FROM THE ASAS COMOSPA STUDY

E. Nikiphorou<sup>\* 1,2</sup>, D. van der Heijde<sup>2</sup>, S. Norton<sup>1</sup>, R. Landewé<sup>3</sup>, A. Moltó<sup>4,5</sup>, M. Dougados<sup>4,5</sup>, F. van den Bosch <sup>6</sup>, S. Ramiro<sup>2</sup>

<sup>1</sup>Department of Rheumatology, Leiden University Medical Center, Leiden, the Netherlands <sup>2</sup> Academic Rheumatology Department, King's College London, London, United Kingdom <sup>3</sup>Department of Clinical Immunology & Rheumatology, Amsterdam Rheumatology Center, Amsterdam, the Netherlands

<sup>4</sup>Department of Rheumatology, Faculty of Medicine, Cochin Hospital & Descartes University, Paris, France

<sup>5</sup>Inserm (U1153), clinical epidemiology and biostatistics, PRES Sorbonne Paris-Cité, Paris, France <sup>6</sup>Ghent University Hospital, Ghent, Belgium

# **Corresponding Author**

Elena Nikiphorou Academic Rheumatology Department King's College London 3.48 Weston Education, Denmark Hill, United Kingdom

email: <u>enikiphorou@gmail.com</u> tel: +44 7990856425

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**KEYWORDS**: Spondyloarthritis; biologics; disease-modifying anti-rheumatic drugs; socioeconomic factors; comorbidities.

#### Abstract

**Objectives:** The value of biologic DMARDs (bDMARDs) in SpA is well recognized but global access to these treatments can be limited due to high costs and other factors. This study explores country-variation in the use of bDMARDs in SpA in relation to country-level socio-economic factors.

**Methods:** Patients fulfilling the ASAS SpA criteria in the multi-national, cross-sectional ASAS COMOSPA study were studied. Current use of bDMARDs or conventional synthetic DMARDs (csDMARDs) was investigated, in separate models, with multilevel logistic regression analysis, taking the country level into account. Contribution of socio-economic factors including country health expenditures, gross domestic product (GDP) and human development index (HDI) as independent country-level factors, was explored individually, in models adjusted for socio-demographic as well as clinical variables.

**Results:** In total, 3370 patients from 22 countries were included (mean[SD] age 43[14] years; 66% male; 88% axial disease). Across countries, 1275 (38%) were bDMARD users. Crude mean bDMARD-use varied between 5% (China) to 74% (Belgium). After adjustment for relevant socio-demographic and clinical variables, important variation in bDMARD-use across countries remained (p<0.001). Country-level socio-economic factors, specifically higher health expenditures were related to higher bDMARD uptake, though not meeting statistical significance (OR 1.96;95%CI 0.94,4.10). csDMARD uptake was significantly lower in countries with higher health expenditures (OR 0.32;95%CI 0.15,0.65). Similar trends were seen with the other socio-economic variables.

**Conclusions:** There remains important residual variation across countries in bDMARD uptake of patients with SpA followed in specialized SpA centers. This is independent of well-known factors for bDMARD use such as clinical and country-level socio-economic factors.

#### 1 INTRODUCTION

The role of biological disease-modifying anti-rheumatic drugs (bDMARDs) in Spondyloarthritis (SpA) has been extensively studied and robust scientific evidence supports their efficacy in reducing disease activity and improving functional ability, spinal mobility and quality of life.[1] bDMARDs are therefore recommended for use in the presence of active disease and following failure of two non-steroidal anti-inflammatory drugs (NSAIDs).[2] However, an important barrier to their use is their high cost which also influences the development of national guidelines and prescribing patterns.

9

On the other hand, the use of conventional synthetic DMARDs (csDMARDs) in SpA, unlike rheumatoid arthritis (RA) and other inflammatory arthritides with peripheral joint involvement is less-well established. Currently there is a general lack of evidence on their role in axSpA,[3] and the existing evidence consistently shows no efficacy[4–6] making their role debatable[7] and resulting in the Assessment in SpondyloArthritis international Society (ASAS) and the European League Against Rheumatism (EULAR) not supporting their use in patients with only axial disease.[2]

17

Existing literature supports inequity in bDMARD prescription in RA, both at an individual and country level, [8–13] but the evidence for this is lacking in SpA. Increasing insight into patterns of treatment use across countries and potential differential access to biologic drugs can help highlight potential sources of inequity and drive change through informing service delivery, refining drug reimbursement criteria and access to these treatments nationally, in line with international recommendations. This is particularly important, since access and use of healthcare services that prevent and treat disease is one of the key determinants of health.[14]

This study aimed to explore individual and country-level variation in the uptake of DMARDs in patients with SpA and unravel gaps in literature regarding how they are used and possible factors that could influence this. The ASAS COMOrbidities in SPondyloArthritis (COMOSPA) study, an international study including patients from 22 countries and initially designed to estimate the prevalence of comorbidities in SpA,[15] provided an ideal setting to answer these questions.

30

31 METHODS

# 32 Study design and patient recruitment

33 ASAS-COMOSPA is a multi-centre cross-sectional observational study with 22 participating 34 countries across four continents (Africa, America, Asia and Europe).[15] Consecutive patients (age 35 18 years or over) with a clinical diagnosis of SpA according to the treating rheumatologist, either 36 axial or peripheral, were included in ASAS-COMOSPA, provided they were able to understand and 37 complete the questionnaires. For the present study, analyses were restricted to patients fulfilling 38 the ASAS criteria for SpA, either axial or peripheral. [16] The study was conducted according to 39 guidelines for good clinical practice in all countries with all local ethics committees approving the 40 ASAS-COMOSPA study protocol. Written informed consent was obtained from all subjects before 41 enrolment.

42

# 43 Data collection

Data collection in the ASAS-COMOSPA ranged from patient demographic variables to disease related variables and treatment data, including: treatment with non-steroidal anti-inflammatory
 drugs (NSAIDs) with computation of the ASAS NSAID score (0-400)[17] reflecting NSAID-use over
 the past 3 months; current and past use of csDMARDs and bDMARDs (see below).

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#### 50 Outcome measures

The main outcome of interest was current bDMARD uptake, studied as a binary variable to indicate current bDMARD use versus all other (including csDMARD use and/or NSAIDs). In addition, current csDMARD uptake as a binary variable to indicate current csDMARD use versus all other (including bDMARD use with or without csDMARDs and/or NSAID use) was also examined in separate models as another outcome measure.

56

#### 57 Individual-level variables

Variables of interest potentially influencing the uptake of DMARDs, aside from age and gender, included socio-demographic factors such as educational status (secondary and university education vs primary education); HLA B27 status (positive vs negative); measures of disease activity such as the Ankylosing Spondylitis Disease Activity Score calculated with CRP (ASDAS); measures of functional ability (Bath Ankylosing Spondylitis Functional Index [BASFI], range 0-10); presence of axial vs peripheral disease (yes for axial disease); radiographic sacroiliitis (yes vs no); presence of peripheral enthesitis, dactylitis or extra-articular manifestations (uveitis, psoriasis or inflammatory bowel disease), (yes vs no) and comorbidity burden using the Rheumatic Disease
Comorbidity Index (RDCI, range 0-9).[18]

67

#### 68 Country-level variables

Country socio-economic variables were studied as the main independent variables of interest and 69 70 included: country health expenditures per capita[19] (adjusted for purchasing power parity [PPP], 71 measured in international dollars); gross domestic product (GDP)[20] (adjusted for PPP, measured 72 in international dollars); Gini index[21,22], as a measure of income inequality across a country 73 (range 0 [absolute equality]-100 [absolute inequality]); human development index (HDI)[23], a 74 composite measure of average achievement in key dimensions of human development used to rank countries based on their performance in these. These variables were split into tertiles with 75 76 the top two compared to the bottom tertile in regression analyses: for country health 77 expenditures, GDP and Gini, high/medium versus low. For HDI, an external classification system 78 was used[23] as opposed to creating a new dichotomization, with categories compared being 79 high/very high versus medium. All country-level socioeconomic variables are presented in the 80 supplementary table 1. The country health expenditures variable was a priori chosen as the main 81 independent variable of interest, as the outcome refers to uptake of a drug, falling into health 82 expenditures. Therefore, we hypothesized that country health expenditures would be the most 83 relevant socio-economic variable in the context of health spending and a good reflection of 84 country wealth.

85

#### 86 Data analysis

87 Multilevel modeling analyses were conducted in order to account for patients being recruited 88 from different countries. Multilevel models take into account the dependency of the 89 observations, in this instance by accounting for the two-level structure in the data, namely 90 patients at the 'lower' level are nested within countries at the 'higher' level.[24] Multi-level mixed 91 effects logistic regression models with random intercept for country were constructed with 92 current use of bDMARDs and current use of csDMARDs as the dependent variables, in separate 93 models. Odds ratios (ORs) and 95% Confidence Intervals (CI) were estimated. Variations in impact 94 of patient-level socio-demographic variables (age, gender and educational status) on DMARD use 95 across countries were first tested by incorporating random slopes for the variable, which is 96 comparable to testing for interactions in a simple regression model. The effect of level of

97 education was found to vary significantly (p<0.001) across countries in relation to bDMARD 98 uptake; therefore, education was included with a random slope in multivariable models where 99 bDMARD was the outcome to control for potential confounding at the country as well as 100 individual level. Potential confounders were entered in the models in a manual forward procedure 101 (cut-off p<0.05) provided they were meaningful in the univariable analyses (defined as p<0.10) or 102 if considered clinically relevant. In a final step, the contribution of country health expenditures, 103 GDP, Gini and HDI as independent country level factors, was individually explored in models 104 adjusted for socio-demographic (age, gender, education level) as well as clinical variables 105 (presence of axial vs peripheral disease, disease activity, sacroiliitis on X-ray, history of extra-106 articular manifestations, total NSAID score, past cs/bDMARD use) known to determine bDMARD-107 use (or csDMARD use, respectively) in SpA. All analyses were conducted with the statistical 108 software Stata v13.

109

#### 110 **RESULTS**

#### 111 Patient, disease characteristics and treatment

112 From a total of 3984 patients included in ASAS-COMOSPA across 22 countries, 3370 (85%) fulfilled 113 the ASAS SpA criteria for axial or peripheral disease and were included in this study. The majority 114 of patients were male (66%); mean age was 43 years (SD 14), mean disease duration 8.4 years (SD 115 9.5) and 88% had axial disease. Table 1 summarizes the patient demographics, clinical 116 characteristics and type of treatment used. Results by individual country are shown in 117 supplementary table 2. Across countries, 1275 (38%) patients were bDMARD users, 1168 (35%) 118 csDMARD users (25% without bDMARDs). Crude mean bDMARD and csDMARD uptake varied 119 considerably across countries (see figure 1).

120

#### 121 **bDMARD uptake**

Table 2 shows the model with bDMARD uptake as the outcome. Higher country health expenditure was associated with higher bDMARD uptake (OR 1.96; 95%CI 0.94,4.10), though without reaching statistical significance. In the same models, past b/csDMARD use was associated with almost double odds of using bDMARDs. Similarly, male gender, presence of axial (vs peripheral) disease, sacroiliitis on X-ray and presence of extra-articular manifestations were all significantly associated with higher bDMARD use. The results also suggest an association between lower disease activity with lower bDMARD use, likely to be a reflection of the cross-sectional nature of the study (i.e. simply an observation of less disease activity in those already on
bDMARDs). Figure 1 shows the crude and adjusted percentage of bDMARD uptake by country.
The model demonstrated significant variation in bDMARD use by country (p<0.001) despite full</li>
adjustment.

133

#### 134 csDMARD uptake

135 Table 3 shows the model with csDMARD uptake as the outcome. Higher country health 136 expenditure was associated with lower csDMARD uptake (OR 0.32; 95%CI 0.15,0.65). The results 137 of the csDMARD model are complimentary to those of the bDMARD model, with the same 138 variables demonstrating an association with csDMARD uptake in the opposite direction to those 139 of bDMARD uptake. In other words, male gender, axial disease and sacroiliitis on X-ray and past 140 csDMARD use were all significantly associated with lower csDMARD use. Higher disease activity 141 was associated with higher csDMARD use, again likely to be a reflection of the cross-sectional 142 nature of the study (i.e. higher disease activity in those using csDMARDs). Figure 2 shows the 143 crude and adjusted percentage of csDMARD uptake by country. A significant variation across 144 countries was also seen in relation to csDMARD uptake (p<0.001) and also independent of 145 adjustment for socio-demographic, clinical and socio-economic relevant variables.

#### 146 *Other country-level socio-economic variables*

Across other socio-economic variables studied, the only significant association in univariable analyses was between HDI and csDMARD uptake. Replacing country health expenditures in the final adjusted models with other country-level socio-economic variables revealed higher use of bDMARDs and lower use of csDMARDs with higher GDP and HDI, although significance was only reached for GDP and csDMARD use (OR 0.44; 95%CI 0.21,0.91) (Table 4). Higher country-income inequality as measured by Gini was associated with lower bDMARD than csDMARD uptake, although no statistical significance was reached (Table 4).

154

#### 155 **DISCUSSION**

The ASAS-COMOSPA study enabled the systematic study of b- and cs-DMARD uptake across 22 countries. It demonstrates important residual variation, which is not explained by sociodemographic and clinical characteristics. The study suggests that country-level socio-economic indicators may in part, but not entirely, explain some of the differences. The csDMARD findings are supportive of the bDMARD results, highlighting that higher country welfare seems to be associated not only with higher bDMARD use (although not reaching statistical significance), independent of all other characteristics including country of residence, but also with lower csDMARD use. Given the lack of evidence for efficacy of csDMARDs in axSpA[3] and the available evidence consistently showing no efficacy,[2,4–7] this reflects an unjust selection of treatment for patients in countries of lower socio-economic welfare, based on decisions other than clinical indication.

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bDMARD use was almost double in countries with higher compared to lower country health expenditures. Although not reaching statistical significance, the effect is of interest, since power to detect country level predictors is driven largely by the number of countries. The number of countries included in ASAS-COMOSPA, though impressive for a multinational study with the logistic challenges it represents, is relatively small in statistical terms and a limiting factor when analyzing country-level variables. This, in turn, is reflected in a lack of power to identify potentially significant relationships.

175

176 To date, only few studies have systematically studied access to biologics across countries and 177 these have been mainly in RA.[8–13] Our study observations find support in the existing literature 178 of bDMARD use in RA which suggests country-level socioeconomic factors to play a 179 role.[11,13,25,26] In particular, existing evidence shows that patients living in countries with a 180 higher welfare have lower disease activity states, likely to be at least in part mediated by a higher 181 likelihood of receiving bDMARDs.[13] The high costs of these drugs have undoubtedly influenced 182 reimbursement but also national recommendations and guidelines across countries, in order to 183 regulate access to these treatments while keeping a balance between clinical and economic 184 demands.[27,28] Indeed, costs of bDMARDs vary widely by country, driven by socio-economic 185 welfare among other factors [10] with countries of lower socio-economic welfare have been 186 shown to have demonstrating stricter eligibility criteria for bDMARDs in RA.[12]

187

The existence of international recommendations in SpA[29] encourage comparable management in these patients. In fact, evidence suggests that most national recommendations follow the international ASAS recommendations and despite some countries requiring, for example, additional objective signs of inflammation and/or more pre-treatment, limiting access, general consensus exists about the use of, for example, TNF-inhibitor therapies.[30] Still, there could be 193 'hidden' barriers across individual countries limiting access to these drugs, ranging from 194 differences in the funding of health-care provision, to local/regional variation in budget 195 availability and feasibility of access to these more expensive, albeit more effective treatments, 196 through to differences in guideline interpretation and personal approach as well as preference by 197 the treating rheumatologist. It may be, for example, that knowledge about the potential side 198 effects of bDMARDs poses resistance to their use by some individuals, who may in turn seek out 199 to alternative treatments. This may explain the differences observed even between countries 200 with comparable health expenditures. We can only speculate on the reasons for the residual 201 degree of variation in bDMARD uptake in our study, despite adjustment for patient, disease and 202 country-level characteristics. It is also possible that patient selection at inclusion into the study 203 may have played a role in these observations. For example, preferential review of patients on 204 bDMARDs by some centers would not provide an accurate reflection of the wider practice at a 205 specific clinical setting and less so across the entire country. Furthermore, it is possible that not 206 always consecutive patients may have been selected for inclusion into the study. The fundamental 207 issue though remains that, assuming the patient needs for bDMARD use are similar across 208 countries, differential access to these treatments raises concerns regarding the risk of inequity.

209

210 Male patients, presence of axial disease, sacroiliitis on X-ray and presence of extra-articular 211 disease were all associated with higher bDMARD use. In the csDMARD model, these associations 212 were reversed and therefore supportive of the bDMARD findings. These observations are 213 reassuring, since all these factors are indicators of worse disease or better response and justify 214 higher bDMARD use.[31–33]

215

216 The study has some important limitations. Firstly, selection bias cannot be excluded and the 217 uptake of bDMARDs in the group of patients included per country may not be fully representative 218 of the general bDMARD uptake across all SpA patients. More specifically, the study has been 219 conducted in centers that are associated with ASAS and this may be a bias towards higher 220 bDMARD prescription, independent of the country and related socio-economic factors. Better 221 selection of patients for bDMARD use is possible in ASAS centers. This reflects potential sources 222 of bias to the findings of the study. However, consecutive patients were included in the study and 223 the disease characteristics of the population studied is reflective of a typical SpA population. 224 Secondly, it was not possible to explore all possible reasons for barriers to access of bDMARDs 225 and as mentioned above, explanations for the residual variation seen in bDMARD use after 226 adjusting for socio-economic, socio-demographic and clinical variables remain speculative. The 227 aim, however, was to investigate whether differential access could be a problem and potentially 228 leading to inequities. Further research should unveil possible other explanations for treatment 229 choices. Furthermore, the cross-sectional nature of ASAS-COMOSPA precludes the study of causal 230 links; instead, it only allows for associations to be seen. Finally, the cross-sectional nature of the 231 analysis prevents the adjustment of disease activity before the start of bDMARDs, another 232 important limitation.

233

234 Important strengths of the study include the large patient numbers and the uniqueness of ASAS-235 COMOSPA as one of the largest multi-national SpA datasets to date, which includes a wealth of 236 information ranging from socio-demographic, to disease-related clinical and radiographic 237 measures of disease as well as country-level macro-economic data. The study population is typical 238 and representative for SpA, characterized by predominantly male patients with an average age in 239 the early 40s. The occurrence of disease at the peak of the productive lifespan of young 240 individuals[34,35] with the known considerable impact on work ability[36] makes it imperative 241 that access to treatments that are known to be effective in suppressing inflammation is feasible 242 and unrestricted. This, alone, makes our study particularly relevant.

243

In conclusion, this study provides insights into complex contributions between patient and disease-related factors and country-level socio-economic factors, raising concerns regarding equity in access to effective (biologic) treatments in SpA. The findings suggest unequal and unjust selection of treatment for SpA independent of clinical indication, an observation that necessitates urgent attention on the health equality and public health agenda.

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- 250

# 251 **COMPETING INTERESTS:**

- 252 The authors declare they have no conflicts of interest relating to this study.
- 253
- 254 CONTRIBUTORSHIP:

The authors take responsibility for the integrity of the work, from inception to published article and they should indicate that they had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

258

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262

#### 263 **Collaborators**:

264 Fadoua Allali MD, MOROCCO; Raquel Almodovar González MD, SPAIN; Elena Alonso Blanco-Morales MD, SPAIN; 265 Alejandro Alvarellos MD, Argentina; Maria Aparicio Espinar MD, SPAIN; Pamir Atagunduz MD, TURKEY; Pauline Bakker 266 MD, NETHERLANDS; Juan C. Barreira MD. Argentina; Leila Benbrahim MD, MOROCCO; Bahia Benchekroun MD, 267 MOROCCO; Alberto Berman MD, ARGENTINA; Juergen Braun MD, GERMANY; Alain Cantagrel MD PhD, FRANCE; 268 Roberto Caporali MD, ITALY; Pedro Carvalho MD, PORTUGAL; Gustavo Casado MD, ARGENTINA; James Cheng-Chung 269 Wei MD, PhD, TAWIAN; Francisco Colombres MD, ARGENTINA; Eugenio del Miguel Mendieta MD PhD, SPAIN; Juan D. 270 Diaz-Garcia MD, MEXICO; Michel De Bandt MD PhD, FRANCE; Vanesa Duarte MD, ARGENTINA; Cristina Fernandez 271 Carballido MD, SPAIN; Mari Cruz Fernandez Espartero MD, SPAIN; Manuel Fernandez-Prada MD, SPAIN; Rene-Marc 272 Flipo MD PhD, FRANCE; Pilar Font Ugalde MD. PhD, SPAIN; Philippe Gaudin MD PhD, FRANCE; Philippe Goupille MD, 273 FRANCE; Dolors Grados Cánovas MD, SPAIN; Jordi Gratacós Masmitjá MD PhD, SPAIN; Vittorio Grosso MD, ITALY; 274 Naomi Ichikawa, MDJAPAN; Hisashi Inoue MD, JAPAN; Yuko Kaneko MD PhD, JAPAN; Taku Kawasaki MD PhD, JAPAN; 275 Shigeto Kobayashi MD, JAPAN; Manjari Lahiri MD, SINGAPORE; Hernán Maldonado-Ficco MD, ARGENTINA; Marhadour 276 MD, FRANCE; Alejandro Martínez MD, ARGENTINA; Kazuo Matsui MD, JAPAN; Ramón Mazzuchelli Esteban MD, SPAIN; 277 Corinne Micelli MD PhD, FRANCE; Chisun Min MD, JAPAN; Mitsuhiro Morita MD PhD, JAPAN; Juan Mulero Mendoza 278 MD PhD, SPAIN; Jose Raul Noguera Pons MD, SPAIN; Masato Okada MD, JAPAN; Alberto Ortiz MD, ARGENTINA; Jon 279 Packham DM FRCP, UNITED KINGDOM; Gisela Pendón MD, ARGENTINA; Dora Pereira MD, ARGENTINA; José A Pereira 280 da Silva MD, PORTUGAL; Fernando Pimentel-Santos MD, PORTUGAL; Hanan Rkain, MD MOROCCO; Oscar Rillo MD, 281 ARGENTINA; Carlos Rodriguez Lozano MD, SPAIN; Adeline Ruyssen-Witrand MD PhD, FRANCE; Adrián Salas MD, 282 ARGENTINA; Carlos Salinas-Ramos MD, MEXICO; Amelia Santosa MD, SINGAPORE; Alain Saraux MD PhD, FRANCE; Raj 283 Sengupta FRCP PGCME, UNITED KINGDOM; Stefan Siebert PhD, UNITED KINGDOM; Martin Soubrier MD PhD CHU, 284 FRANCE; Caroline Spiegel, GERMANY; Carmen Stolwijk MD, NETHERLANDS; Kurisu Tada MD, JAPAN; Naoho Takizawa 285 MD, JAPAN; Yoshinori Taniguchi MD PhD, JAPAN; Atsuo Taniguchi MD PhD, JAPAN; Chung Tei Chou MD, TAIWAN; Lay-286 Keng Teoh SINGAPORE; Tetsuya Tomita MD PhD, JAPAN; Wen-Chan Tsai MD, PhD, TAIWAN; Shigeyoshi Tsuji MD PhD, 287 JAPAN; Olga Tsyplenkova, GERMANY; Astrid van Tubergen MD PhD, NETHERLANDS; Kiana Vakil-Gilani BS, MPH, USA; 288 Rafael Valle-Oñate MD, COLOMBIA; Gaelle Varkas MD, BELGIUM; Virginia Villaverde MD, SPAIN; Ai Yap SINGAPORE; 289 Pedro Zarco Montejo MD PhD, SPAIN.

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**Table 1.** Patient demographics, clinical characteristics and treatment in patients with SpA fulfilling
 the ASAS classification criteria.

	Mean (SD) or n (%)
	N = 3370
Age, n=3334	42.9 (13.7)
Disease duration (years), n=3342	8.4 (9.5)
Male gender	2221 (66)
HLA B27 positive, n=2733	2082 (76)
Education level, n=3364	
-Primary school or less	421 (13)
-Secondary school	1497 (44)
-University	1446 (43)
BMI (kg/m²), n=3325	26.1 (5.7)

Current or previous smoker, n=3365	1565 (46)	408
Sacroiliiis on X-ray, n=3190	2406 (75)	100
Sacroiliitis on MRI, n=1782	1249 (70)	411
History of enthesitis, n=3367	1281 (38)	
History of dactylitis, n=3368	463 (14)	413
CRP (mg/L), n=3208	0.51 (11)	
Patient Global (0-10), n=3336	4.1 (2.5)	-10
BASDAI (0-10), n=3352	3.7 (2.4)	
BASFI (0-10), n=3349	31 (2.7)	
ASDAS (CRP), n=3155	2.0 (1.1)	
Axial involvement (+/- peripheral)	2955 (87.7)	
History of uveitis, n=3368	724 (21)	
History of psoriasis, n=3369	643 (19)	
History of IBD, n=3366	194 (6)	
Extra-articular manifestations (uveiitis, IBD, psoriasis)	1369(41)	
RDCI (0-9)	0.7 (1.1)	
Treatment		
-NSAID intake, n=3363	3025(90)	
-NSAID total score (past 3 months)	37 (46)	
-current b/csDMARD	2114 (63)	
-current bDMARD	1275 (38)	
-current csDMARD	1168 (35)	
-current csDMARD only	839 (25)	

416 BMI=Body mass index; MRI=Magnetic Resonance Imaging; CRP=C-reactive protein; BASDAI=Bath Ankylosing Spondylitis

417 Disease Activity Index; BASFI= Bath Ankylosing Spondylitis Functional Index; ASDAS= Ankylosing Spondylitis Disease

418 Activity Score calculated with CRP; IBD=Inflammatory Bowel Disease; RDCI= Rheumatic Disease Comorbidity Index;

419 NSAID=Non-Steroidal Anti-inflammatory Drug; bDMARD=biologic Disease-Modifying Anti-Rheumatic Drugs; csDMARD=

420 conventional synthetic Disease-Modifying Anti-Rheumatic Drug.

421

422 Table 2. Uptake of bDMARDs: association with socio-demographic, clinical and treatment
423 variables as well as indicators of the country socio-economic welfare.

Independent predictors	<b>Univariable analysis</b> OR (95% CI)	<b>Multivariable analysis</b> OR (95% Cl) n=2792
Country health expenditure (high/medium vs low)	1.71 (0.84,3.50)	1.96 (0.94,4.10)
Age (years)	1.01 (1.00,1.01)	1.00 (0.99,1.01)
Male gender (vs females)	1.18 (1.01,1.39)	1.26 (1.04,1.53)
Axial (vs peripheral) disease	1.48 (1.16,1.89)	1.62 (1.15,2.28)
ASDAS	0.82 (0.76,0.89)	0.80 (0.73,0.87)
Sacroiliitis on X-ray	1.75 (1.44,2.12)	1.41 (1.12,1.78)
History of extra-articular manifestations	1.46 (1.25,1.70)	1.31 (1.08,1.58)
Total NSAID score (0-400), last 3 months	0.99 (0.99,1.00)	0.99 (0.99,1.00)
Past csDMARD use	2.31 (1.96,2.73)	2.08 (1.72,2.52)
Past bDMARD use	2.64 (2.13,3.28)	2.48 (1.93,3.19)
Education (secondary/university vs primary)	0.79 (0.62,1.00)	0.76 (0.52,1.13)

**Table 3.** Uptake of csDMARDs: association with socio-demographic, clinical and treatment
426 variables as well as indicators of the country socio-economic welfare

Independent predictors	Univariable analysis	Multivariable analysis	
	OR (95% CI)	OR (95% CI) n=2792	
Country health expenditure (high/medium vs low)	0.52 (0.26,1.03)	0.32 (0.15,0.65)	
Age (years)	1.01 (1.00,1.02)	1.00 (1.00,1.01)	
Male gender (vs females)	0.73 (0.61,0.87)	0.76 (0.62,0.94)	
Axial (vs peripheral) disease	0.30 (0.24,0.39)	0.31 (0.23,0.44)	
ASDAS	1.17 (1.07,1.27)	1.16 (1.06,1.28)	

Sacroiliitis on X-ray	0.53 (0.43,0.65)	0.74 (0.58,0.94)
History of extra-articular manifestations	1.39 (0.00,1.16)	1.53 (1.23,1.90)
Total NSAID score (0-400) in last 3 months	1.00 (1.00,1.01)	1.00 (1.00,1.01)
Past csDMARD use	0.39 (0.32,0.48)	0.36 (0.28,0.45)
Past bDMARD use	0.55 (0.42,0.73)	0.73 (0.53,1.00)

435 Table 4. Relationship between country-level socio-economic factors and bDMARD and csDMARD

436 use, all tested individually in separate models (each cell represents a different model)

	bDMARD use		csDMARD use	
	Univariable	Multivariable	Univariable	Multivariable
	analysis	analysis§	analysis	analysis±
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
GDP (high/medium vs low)	1.57 (0.78,3.15)	1.93 (0.91,4.06)	0.59 (0.30,1.15)	0.44 (0.21,0.91)*
Gini (high/medium vs low)	0.84 (0.38,1.87)	0.73 (0.31,1.72)	0.76 (0.35,1.65)	0.96 (0.39,2.37)
HDI (very high/high vs medium)	2.16 (0.64, 7.27)	2.12 (0.62, 7.31)	0.32 (0.11,0.98)*	0.29 (0.08,1.07)
*p<0.05				

439 GDP= Gross Domestic Product; Gini= measure of income inequality; HDI=Human Development Index

440 § Refers to the multivariable model presented in table 2 and in which the variable health expenditures was replaced by

441 the other country-level socio-economic factors, in separate models

- 442 ± Refers to the multivariable model presented in table 3 and in which the variable health expenditures was replaced by
   443 the other country-level socio-economic factors, in separate models
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- 446 **Figure 1:** bDMARD uptake (%) by country. Crude and adjusted percentage use shown along with
- 447 95% CI based on models with socio-economic, socio-demographic and clinical variables. Countries
- 448 ranked based on health expenditure: low (left) to high (right).
- 449
- 450 Figure 2. csDMARD uptake (%) by country. Adjusted and crude percentage use shown along with
- 451 95% CI based on models with socio-economic, socio-demographic and clinical variables. Countries
- 452 ranked based on health expenditure: low (left) to high (right).
- 453