Initial Results from the Donner 600 Crystal Positron Tomograph*

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Abstract

We describe a positron tomograph using a single ring of 600 close-nacked 3 mm wide bismuth germanate (BGO) crystals coupled to 14 mm phototubes. The phototube preamplifier circuit derives a timing pulse from the first photoelectron, and sends it to address and coincidence circuits only if the integrated pulse height is within a pre-set window. The timing delays and pulse height windows for all 600 detectors and the coincidence timing windows are computer adjustable. An orbiting positron source is used for transmission measurements and a look-up table is used to reject scattered and random coincidences that do not pass through the source. Data can be acquired using a stationary mode for 1.57 mm lateral sampling or the two-position clam sampling mode for 0.79 mm lateral sampling. High maximum data rates are provided by 45 parallel coincidence circuits and 4 parallel histogram memory units. With two-position sampling and 1.57 mm bins, the reconstructed point spread function (PSF) of a 0.35 mm diam ²²Na wire source at the center of the tomograph is circular with 2.9 mm full-width at half-maximum (fwhm) and the PSF at a distance of 8 cm from the center is elliptical with a radial fwhm of 4.0 mm and tangential fwhm of 3.0 mm.

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Introduction

There is considerable interest in improving the spatial resolution in positron emission tomography for the brain and neck, because many important functional regions are too small to be investigated quantitatively with 10-20 mm resolution. For example, a spatial resolution of 2 to 3 mm fwhm will permit measurement of the dynamics of blood flow in the cerebral arteries and the uptake and disappearance of labeled tracers in small, functionally distinct brain nuclei.

This work shows that 3 mm-wide BGO crystals can provide excellent resolution with good efficiency, in spite of factors such as the range of positrons in tissue, deviations from 180° emission, off-axis penetration through the crystals, and Compton scattering resulting in multiple crystal interactions. This tomograph is designed for quantitation of tracer activity in 5 mm regions, which requires a spatial resolution of 2-3 mm, and this in turn requires sampling the projections with a frequency of one per mm or finer.

Other work to improve spatial resolution includes the multi-crystal analog system of Burnham and Brownell which has a spatial resolution of 4.5 mm fwhm¹, the small animal system of Tomitani et al which has a resolution of 3.5 mm fwhm³, and the ECAT III whole body positron tomograph which has a spatial resolution of 5 mm fwhm.³

Detectors and Gantry

Each BGO crystal is individually coupled to a 14 mm diam phototube (Figure 1, Table 1).⁴ The BGO crystals have three different shapes, depending on the orientation of the associated phototube. These shapes were chosen experimentally to maximize the light output and pulse height resolution. Of the 600 crystals, 240 are 10 mm x 3 mm x 30 mm deep with a 45° cut (crystals A and E in Figure 1), 240 are 10 mm x 3 mm x 23 mm deep (crystals B and D in Figure 1), and 120 are 10 mm x 3 mm x 30 mm deep (crystal C in Figure 1). Only certain regions of the crystals are coupled to the phototubes and the other crystal surfaces are polished and coated with dry MgO reflector. The reflector coating between the crystals is thin, and the center-to-center crystal spacing is 3.14 mm. Since the phototubes are coupled to 3 sides of the crystal array, this approach is limited to a single ring of crystals. The detectors have a pulse height resolution of about 25% fwhm for 511 keV annihilation photons.

Figure 1: Sketch of detector configuration. Each BGO crystal is coupled individually to a 14 mm diam phototube. Crystals A and E are 30 mm long, 10 mm high, and 3 mm thick, cut at a 45 deg angle to improve light collection efficiency. Crystals B and D are 23 mm long, 10 mm high, and 3 mm thick. Crystal C is 30 mm long, 10 mm high, and 3 mm thick.



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TABLE 1: DESCRIPTION OF TOMOGRAPH

Number of BGO crystals	600
Detector ring diameter	60 cm
Patient port diameter	30 cm
BGO crystal size	3 mm x 10 mm
	x 23 to 30 mm deep
BGO crystal c-c spacing	3.14 mm
Number of sampling positions	2
Number of projection data	120,000

The lead shielding has a gap that is adjustable from 1 mm to 10 mm, an inner diameter of 30 cm, and an outer diameter of 60 cm. The section thickness is 5 mm, corresponding to the geometric axial response.

The detectors are mounted on two C-shaped arms that are hinged together at one point on the detector ring. A cam mechanism, opposite the hinge, can open the arms 3.14 mm, which is the detector center-to-center spacing. When the arms are shut, the detector ring forms a circle of 600 close-packed detectors. When the arms are opened, the detector ring approximates a 601 crystal ring with one detector missing. The combined data set provides 120,000 projection measurements with 100 rays at each of 1200 angles. Lateral spacing is staggered in angle, which results in a linear sampling of 0.79 mm, which is one-fourth of the center-to center crystal spacing.⁵

Electronics

The anode signal from each phototube is sent to its own circuit via coaxial cable. This circuit amplifies the signal, integrates the charge for pulse height discrimination, and starts a timing cycle from the first photoelectron liberated by the photocathode.^{6,7} Two switch-selectable event vetos are provided, which reset the timing cycle under the following conditions: (1) the photoelectron pulse is not followed by subsequent pulses within 50 nsec (indicating a noise pulse), or (2) a pulse height threshold is exceeded in either the left or right adjacent channel (indicating that the annihilation photon has interacted in more than one crystal). Note that in BGO, the first interaction of a 511 keV annihilation photon is by Compton scattering 53% of the time and by photoelectric absorption 47% of the time.

The amount of integrated charge is compared to upper and lower discriminators whose thresholds are set by computer control. A valid 511 keV detection requires a pulse height corresponding to an energy of between 350 keV and 1000 keV in one crystal. If the output of the charge integrator is within the pulse height window, and no vetos have caused the timing cycle to be reset, the phototube circuit generates a timing pulse that is sent to address generation and coincidence circuits.

The pulse height window for each integrator and the timing delay for each phototube are computer controlled by 1800 digital to analog converters. An additional 90 converters control the width of the coincidence windows in each coincidence circuit. Prior to each study, a computer program is used to sequence the converters to maximize the coincident count rates for the orbiting transmission source.

Results

The detector pair timing resolution is 5 nsec fwhm and a 9 nsec full timing window accepts >90% of the coincident events (Table 2). The photopeak resolution ranges from 20 to 30% fwhm. At the center of the gantry, a 0.35 mm diam ²²Na wire⁸ has a detector pair resolution of 2.4 mm fwhm (Figures 2 and 3), as determined by moving the source perpendicular to the line between the detectors in 0.2 mm steps. At distances of 8 cm and 12.5 cm from the center of the gantry, the crystal pair resolution is 3.9 mm fwhm and 5.0 mm fwhm, respectively.

Reconstructions were performed using the convolution method⁹ on 1.79 mm projection bins. The reconstructed images of the 0.35 mm diam ²²Na wire source at the center of the tomograph have a PSF that is circular with a fwhm of 2.9 mm (Figure 4). At a distance of 8 cm from the center of the gantry, the PSF is elliptical with a radial fwhm of 4.0 mm and a tangential fwhm of 3.0 mm. The ²²Na source used here (a.d the ¹⁸F used in brain studies) has positron energies below 600 keV and the blurring caused by the positron range is less than 1 mm^{10,11}. The radial elongation visible in Figure 4 for sources far from the gantry center is due to crystal penetration.

These results can be understood in terms of three factors (Table 3): (1) the detector size, which contributes a triangular PSF with 1.5 mm fwhm at the center of the gantry, (2) the deviations from 180° emission, which contributes a nearly Gaussian PSF with 1.3 mm fwhm, (3) the range of the positrons in tissue, which we approximate here (18 F, 22 Na) to be 0.5 mm. The resulting detector pair resolution is 2.0 mm fwhm, which is degraded by about 45% in the reconstructed image to 2.9 mm fwhm. We expect an improvement in the reconstructed image resolution when convolutions are performed on 0.79 mm projection bins.

TABLE 2: RESULTS

Timing resolution (first photoelectron)	5 nsec fwhm
Coincidence window (90% acceptance)	9 nsec
Photopeak resolution	20-30% fwhm
Detector pair resolution	2.4 mm fwhm
Reconstructed Image resolution:	
at 0 cm	2.9 mm fwhm
at 8 cm	3.0 x 4.0 mm fwhm

Figure 2: Experimental setup for measuring crystal pair resolution by moving a 0.35 mm diam ²²Na wire source at right angles to the line between the crystals.



Figure 3: Coincident event rate recorded between two crystals as a 0.35 mm diam ²²Na wire source is moved in 0.2 mm steps at right angles to the line between them. At the center of the tomograph (y = 0 cm), the fwhm is 2.4 mm. At a distance of y = 8.2 cm from the center, the fwhm is 3.9 mm. At a distance of y =12.5 cm (near the edge of the field), the fwhm is 5.0 mm fwhm. Since only photopeak (> 350 keV) events are selected, this broadening is primarily due to crystal penetration.



Figure 4: Resolution in the reconstructed image of a 0.35 mm diam ²²NA wire as a function of the distance to the center of the tomograph. Clam motion was used with 1.57 mm projection bins, and the image was a superposition of the clam open and clam shut backprojections.



TABLE 3: ANTICIPATED RESOLUTION (fwhm)

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ГA	U L	Uft

CONTRIBUTION

Detector size Deviations from 180° Positron Range (¹⁸F) Detector pair resolution (added in quadrature) 1.5 mm (triangular)
1.3 mm (Gaussian)
0.5 mm† (sharply peaked)
2.0 mm

Reconstructed Image Resolution 2.6 mm (30% increase due to filter)

†Calculated as 2.35 times the measured rms deviation from Reference 10.

Figure 5A is a sketch of the pie-shaped hot spot phantom previously reported.¹² Figure 5B shows an image of 200 million ¹⁸F events taken with the Donner 280 Crystal Positron Tomograph using clam sampling and reconstructed with 2.5 mm projection bins. Figure 5C shows an image of 35 million ⁶⁸Ga events taken with the Donner 600 Crystal Positron Tomograph in stationary mode and reconstructed with 1.57 mm projection bins. The improvement resulting from reducing the crystal size from 9.5 mm to 3 mm is quite evident.



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Figure 5: A- Sketch of hot spot phantom fabricated by drilling channels in a solid cylinder of plexiglass.

B- Image of 200 million ¹⁸F events taken with the Donner 280 Crystal Positron Tomograph using clam sampling and reconstructed with 2.5 mm projection bins.

C- Image of 35 million ⁶⁸Ga events taken with the Donner 600 Crystal Positron Tomograph in stationary mode and reconstructed with 1.57 mm projection bins



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A new phantom was designed (Figure 6A) to challenge the resolution of the new tomograph and contains 6 sectors having circular channels whose center-to-center spacing is 12 mm, 10 mm, 8 mm, 6 mm, 5 mm, and 4 mm. In each case the diameter of the channel is one-fourth the center-to-center spacing. Figure 6B shows an image of 120 million ¹⁸F events taken with the Donner 600 Crystal Positron Tomograph using clam sampling and reconstructed with 1.57 mm projection bins.



Figure 6: A- Sketch of high resolution hot spot phantom fabricated by drilling channels in a solid cylinder of plexiglass.

B- Image of 120 million ¹⁸F events taken with the Donner 600 Crystal Positron Tomograph using clam sampling and reconstruced with 1.57 mm projection bins.

Future Developments

We are in the process of verifying the mechanical accuracy of the clam motion and programming an array processor for the rapid reconstruction of clam-sampled projection data in 0.79 mm bins. The use of position-sensitive silicon photodiodes in future tomograph designs would provide improved sensitivity through the use of multiple layers of detectors and the ability to correct for crystal penetration by measuring the depth of interaction.

Discussion and Conclusions

In conclusion, these results show that 3 mm BGO crystals can improve the resolution in positron tomography by a substantial factor. This measured crystal pair resolution of 2.4 mm fwhm and the reconstructed image resolution of 2.9 mm fwhm at the center of the tomograph are in good agreement with expected values. The most serious limitation of the detector design is that only a single section can be imaged.

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