### Trauma

## Exposure to actual or threatened death

Intrusive images Distressing dreams Intense distress Physiological reactivity Avoidance of activities Inability to recall Detachment Loss of interest Restricted affect Irritability and anger Purposeless re future

# Traumatic Grief

Death of loved one with distressing preoccupation

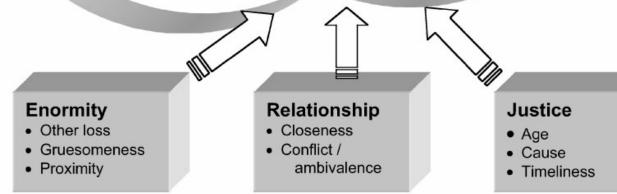
Avoidance Difficulty acknowl. death Detachment Shock Emptiness Anger over death Puposeless re future

### Grief

#### Death of loved one

Reminiscing Grief dreams Yearning

Disbelief Shock Numbness Irritability/anger



Intersections Between Grief and Trauma: Toward an Empirically Based Model for Treating Traumatic Grief

Cheryl Regehr, PhD and Tamara Sussman, MSW. Brief-treatment and Crisis Intervention. 4:3, fall, 2009