



# Article Investigation of the Adverse Events Associated with Bee Venom Pharmacopuncture in Patients Hospitalized in a Korean Hospital: A Retrospective Chart Review Study

In-Hu Bae <sup>1,†</sup>, Woo-Sang Jung <sup>2,†</sup>, Seungwon Kwon <sup>2,\*</sup>, Han-Gyul Lee <sup>2</sup>, Seung-Yeon Cho <sup>3</sup>, Seong-Uk Park <sup>3</sup>, Sang-Kwan Moon <sup>2</sup>, Jung-Mi Park <sup>3</sup>, Chang-Nam Ko <sup>3</sup> and Ki-Ho Cho <sup>2</sup>

- <sup>1</sup> Department of Korean Medicine Cardiology and Neurology, Graduate School, Kyung Hee University, Seoul 02447, Korea
- <sup>2</sup> Department of Cardiology and Neurology, College of Korean Medicine, Kyung Hee University, Kyung Hee University Medical Center, Seoul 02447, Korea
- <sup>3</sup> Department of Cardiology and Neurology, College of Korean Medicine, Kyung Hee University, Kyung University Hospital at Gangdong, Seoul 02447, Korea
- \* Correspondence: kkokkottung@hanmail.net; Tel.: +82-02-958-9190; Fax: +82-02-958-9104
- + These authors contributed equally to this work.

Abstract: In bee venom pharmacopuncture (BVP), bee venom isolated from the venom sac of bees is injected into the acupoint or muscle associated with a disease. However, the histamine component in bee venom can cause adverse events; therefore, attention is required for BVP use. This study investigated the frequency, severity, and characteristics of patients developing BVP-associated adverse events. The medical records of patients treated with BVP at Kyung Hee University Korean Medicine Hospital between 1 January 2013 and 1 May 2021 were reviewed. The demographic characteristics, disease-related characteristics, treatment-related characteristics, and impressions of each patient were analyzed. In this study, >50% of 4821 inpatients were hospitalized for neurological disorders. The mean age of the overall study population was 54.62  $\pm$  16.38 years and 61% were women. The frequency of adverse events was 2.32%. The mean age in the adverse events group was 58.20  $\pm$  16.10 years, and 76% were women. Two patients experienced moderate adverse events, with no commonality between these events. Every patient recovered naturally with no sequelae. The results showed that BVP is a relatively safe therapeutic method. However, further studies are needed to determine the frequency of adverse events and identify the causality between baseline characteristics and adverse events.

Keywords: bee venom pharmacopuncture; adverse event incidence rate; retrospective study

**Key Contribution:** This study investigated the frequency, severity, and characteristics of patients developing bee venom pharmacopuncture (BVP)-associated adverse events. The results of the present study showed that BVP is a relatively safe therapeutic method.

# 1. Introduction

Bee venom pharmacopuncture (BVP) is a treatment method used in traditional East Asian medicine. The method involves the injection of venom extracted and processed from the venom sac of honeybees into an acupoint or intramuscular pressure point associated with disease for therapeutic purposes [1–3]. Although BVP is used for the treatment of musculoskeletal disorders as well as various other diseases, some components in the body act as antigens and can cause life-threatening adverse events (AEs), such as anaphylaxis [4,5].

Therefore, skin testing is performed by subcutaneously injecting a solution containing bee venom (BV) before performing BVP to prevent AEs in the clinical setting. However, studies on causality between factors affecting BVP, such as dosage, concentration, purification, patient underlying diseases, and AEs are needed to more effectively prevent



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). AEs. In particular, the dilution of BV to a certain concentration and before injection for therapeutic purposes differs from general bee stings. Thus, the causality between BVP and AEs requires continuous evaluation separate from previous studies on allergic reactions to hymenoptera venom.

A single-center, large-scale retrospective study and systematic review of the incidence of AEs related to BVP as well as AE conditions has been conducted. However, since most previous studies included patients with musculoskeletal disorders, neoplasms or autoimmune diseases, there is a lack of studies on patients with internal diseases such as cardiovascular and respiratory disorders, who are relatively vulnerable to bee stings, and patients with various disorders [6–8].

Therefore, the present study investigated the incidence of post-BVP AEs (including severe AEs such as anaphylaxis) by retrospective chart review and clinical characteristics and risk factors of patients with various disorders who were admitted to Kyung Hee University Korean Medicine Hospital complaining of AEs.

#### 2. Results

From 1 January 2013 to 1 May 2021, a total of 5505 patients were treated with BVP. Among them, 684 patients were excluded since their medical records did not clearly describe BVP, such as missing data on patient condition after the treatment in the hospitalization medical records. Thus, this study included a total of 4821 patients (Figure 1).

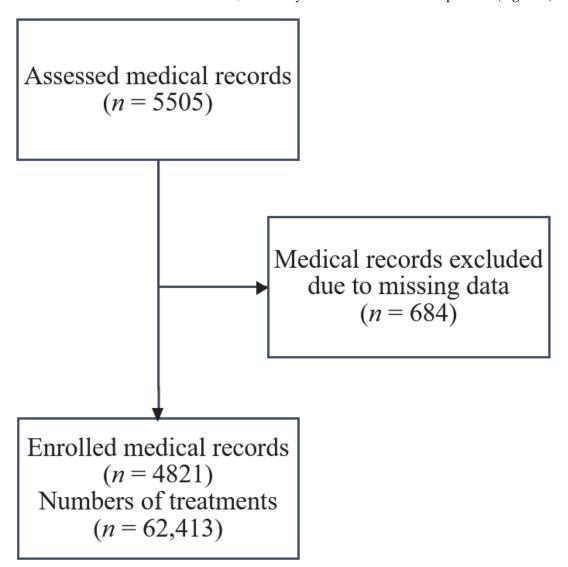


Figure 1. Study flow diagram.

#### 2.1. Characteristics of Patients Administered BVP

Of 4821 patients that received BVP, 2945 (61%) were women, while 1876 (39%) were men. The mean age was  $54.62 \pm 16.38$  years. A total of 62,413 treatments were administered, with a mean of  $11.18 \pm 8.49$  treatments per patient. Patients were classified as eleventh revision of the International Classification of Diseases (ICD-11) [9]. The most common chief symptom was related to diseases of the nervous system (8A00–8E7Z) reported in  $\geq$ 50% of the patients, followed by symptoms related to diseases of the musculoskeletal system or connective tissue (FA00–FC0Z). Of the total number of BVP treatments performed (62,413), 97% (60,754) was delivered at a concentration of 1:30,000 (Table 1).

**Table 1.** Demographic characteristics of the patients and specific details of bee venom pharmacopuncture (n = 4821, numbers of procedures = 62,413).

	Number (%) or Mean $\pm$ SD	Numbers of BVP Treatments per Patient
Age, years	$54.62 \pm 16.38$	
Male	1876 (38.91)	
Disease Classification [9]		
Total numbers	4821 (100)	$11.18\pm8.49$
1E50–1E5Z	2 (0.04)	$8.5\pm5.5$
1F00–1F0Z	274 (5.68)	$11.68\pm6.16$
2A00–2F9Z	56 (1.18)	$10.91\pm10.37$
3A00-3C0Z	2 (0.04)	$7.5\pm3.5$
5A00-5D46	9 (0.18)	$7.4\pm 6.43$
6A00-6E8Z	5 (0.10)	$9\pm5.76$
8A00-8E7Z	2720 (56.44)	$11.35\pm6.79$
9A00–9E1Z	11 (0.20)	$9.36 \pm 6.45$
AA00-AC0Z	9 (0.18)	$11\pm11.93$
BA00-BE2Z	390 (8.08)	$12.62\pm14.76$
CA00–CB7Z	5 (0.10)	$7.6\pm4.67$
DA00-DE2Z	28 (0.58)	$8.14{\pm}6.92$
EA00-EM0Z	6 (0.10)	$9.8\pm2.56$
FA00-FC0Z	803 (16.65)	$10.82\pm9.24$
GA00-GC8Z	31 (0.64)	$12.00\pm9.16$
LA00-LD9Z	1 (0.02)	24
MA00-MH2Y	42 (0.87)	$9.07 \pm 9.35$
NA00–NF2Z	421 (8.73)	$9.66 \pm 9.71$
QA00-QF4Z	1 (0.02)	2
SD70-SD7Z	4 (0.06)	$11.25\pm7.82$
SJ3Y-S3Z	1 (0.02)	9
Concentration of BVP treatments		
Total number of procedures	62,413 (100)	
1:10,000	156 (0.24)	
1:10,0000	25 (0.04)	
1:20,000	1221 (0.19)	
1:20,0000	4 (0.006)	
1:3000	411 (0.65)	
1:30,000	60574 (97.05)	
1:70,000	22 (0.03)	

SD: standard deviation; 1E50–1E5Z: viral hepatitis; 1F00–1F0Z: Viral infections characterized by skin or mucous membrane lesions; 2A00–2F9Z: Neoplasms; 3A00–3C0Z: Diseases of the blood or blood-forming organs; 5A00–5D46: Endocrine, nutritional or metabolic diseases; 6A00–6E8ZMental, behavioral or neurodevelopmental disorders; 8A00–8E7Z: Diseases of the nervous system; 9A00–9E1Z: Diseases of the visual system; AA00–AC0Z: Diseases of the ear or mastoid process; BA00–BE2Z: Diseases of the circulatory system; CA00–CB7Z: Diseases of the respiratory system DA00–DE2Z: Diseases of the digestive system; EA00–EM0Z: Diseases of the skin; FA00–FC0Z: Diseases of the musculoskeletal system or connective tissue; GA00–GC8Z: Diseases of the genitourinary system LA00–LD9Z: Developmental anomalies; MA00–MH2Y: Symptoms, signs or clinical findings, not elsewhere classified NA00–NF2Z Injury, poisoning or certain other consequences of external causes; QA00–QF4Z: Factors influencing health status or contact with health services; SD70–SD7. Supplementary Chapter Traditional Medicine Conditions—Four constitution medicine patterns.

# 2.2. Incidence of AEs after BVP

A total of 112 patients (86 women and 26 men) complained of AEs after receiving a total of 324 procedures. The incidence rates were 2.32% of the total of 4821 patients, and 0.51% of 62,413 treatments. Of the 112 patients, two complained of systemic edema and shortness of breath, respectively, which were classified as moderate adverse events (2 of 62,413 treatments). Thus, the incidence of moderate AEs was 0.04% of total patients and 0.003% of total treatments. Most AEs occurred when BVP was delivered at a concentration of 1:30,000. The patients complained of the following AEs: itching (92 patients), local redness (73 patients), local edema (28 patients), subcutaneous bleeding (6 patients), vesicle (2 patients), purulent discharge (2 patients), local pain (1 patient), rash (1 patient), chest discomfort (1 patient), and systemic edema (1 patient). All symptoms resolved in a range of 24 h (1 day) to 552 h (23 days) (Table 2). Detailed information about the patients who exhibited AEs is provided in Appendix A (Table A1).

**Table 2.** Summary of the characteristics of the patients who experienced adverse events (n = 4821, number of treatments = 62,413).

		Frequency (% of Total Patients)	Frequency (% of Total Treatments
Total		112 (2.32)	324 (0.51)
Sex	Male (1876)	26 (1.38)	
Symptom severity			
5 1 5	Grade 1 (mild)	110 (2.28)	324 (0.51)
	Grade 2 (moderate)	2 (0.04)	2 (0.003)
	Grade 3 (severe)	0 (0)	0 (0)
Concentration			
	1:3000	1 (0.02)	1 (0.001)
	1:10,000	1 (0.02)	2 (0.003)
	1:20,000	5 (0.10)	5 (0.008)
	1:30,000	105 (2.17)	316 (0.50)
Frequency of each adverse			
event symptom *			
	Itching	92 (1.90)	287 (88.58)
	Redness	73 (1.51)	204 (62.96)
	Local swelling	28 (0.58)	65 (20.06)
	Subcutaneous bleeding	6 (0.12)	9 (2.7)
	Vesicles	2 (0.04)	3 (0.92)
	Purulent	2 (0.04)	2 (0.61)
	Pain	1 (0.02)	1 (0.30)
	Rash	1 (0.02)	1 (0.30)
	Chest discomfort	1 (0.02)	1 (0.30)
	Systemic edema	1 (0.02)	1 (0.30)
Hours required for symptoms to disappear			Times (hours)
	Minimum		24
	Maximum		552
	Mean		$63.42\pm88.09$

\* If one patient complained of various symptoms, duplicate answers were made.

#### 2.3. Comparisons of the Characteristics between Patients with and without Post-BVP AEs

The proportion of male patients in the group with AEs was significantly lower than that in the group without AEs (23.21% vs. 39.3%, p < 0.001). The mean age of patients with AEs was 58.20  $\pm$  16.10 years, which was significantly higher than that of patients without AEs (54.53  $\pm$  16.38 years). Regarding disease types, the proportion of AEs was relatively high in diseases of the ear or mastoid process (11.1%) and diseases of the musculoskeletal system (6.47%) (Table 3).

	Adverse Event Group ( <i>n</i> = 112)	No Adverse Event Group (n = 4709)	p Value
Male, <i>n</i> (%)	26 (23.21)	1850 (39.3)	< 0.001 *
Age, yrs, mean $\pm$ SD	$58.20 \pm 16.10$	$54.53 \pm 16.38$	0.030 **
Mai	n impression of admission,	n (%) [9]	
1E50-1E5Z (n = 2)	0 (0)	2 (100)	
1F00-1F0Z $(n = 274)$	0 (0)	274 (100)	
2A00-2F9Z (n = 56)	4 (7.02)	52 (92.98)	
3A00 - 3C0Z(n = 2)	0 (0)	2 (100)	
5A00-5D46 (n = 9)	0 (0)	9 (100)	
6A00-6E8Z (n = 5)	0 (0)	5 (100)	
8A00–8E7Z ( <i>n</i> = 2720)	29 (1.06)	2691 (98.93)	
9A00-9E1Z (n = 11)	0 (0)	11 (100)	
AA00–AC0Z $(n = 9)$	1 (11.11)	8 (88.88)	
BA00–BE2Z ( $n = 390$ )	10 (2.56)	380 (97.43)	
CA00–CB7Z $(n = 5)$	0 (0)	5 (100)	
DA00–DE2Z ( $n = 28$ )	0 (0)	28 (100)	
EA00–EM0Z $(n = 6)$	0 (0)	6(100)	
FA00–FC0Z ( $n = 803$ )	52 (6.47)	751 (93.52)	
GA00–GC8Z $(n = 31)$	1 (3.22)	30 (96.77)	
LA00–LD9Z ( $n = 1$ )	0 (0)	1(100)	
MA00–MH2Y ( $n = 42$ )	0 (0)	42 (100)	
NA00–NF2Z ( $n = 421$ )	14 (3.32)	407 (96.67)	
QA00–QF4Z ( $n = 1$ )	0 (0)	1 (100)	
SD70-SD7Z ( $n = 4$ )	0 (0)	4 (100)	
SJ3Y-S3Z (n = 1)	0 (0)	1 (100)	

**Table 3.** Comparison of the characteristics of patients with and without adverse events after bee venom pharmacopuncture.

\* p-value calculated by chi-square test, \*\* p-value calculated by Mann–Whitney U test. SD: standard deviation; 1E50–1E5Z: viral hepatitis; 1F00–1F0Z: Viral infections characterised by skin or mucous membrane lesions; 2A00–2F9Z: Neoplasms; 3A00–3C0Z: Diseases of the blood or blood-forming organs; 5A00–5D46: Endocrine, nutritional or metabolic diseases; 6A00–6E8ZMental, behavioural or neurodevelopmental disorders; 8A00– 8E7Z: Diseases of the nervous system; 9A00–9E1Z: Diseases of the visual system; AA00–AC0Z: Diseases of the ear or mastoid process; BA00–BE2Z: Diseases of the circulatory system; CA00–CB7Z: Diseases of the respiratory system DA00–DE2Z: Diseases of the digestive system; EA00–EM0Z: Diseases of the genitourinary system LA00– LD9Z: Developmental anomalies; MA00–MH2Y: Symptoms, signs or clinical findings, not elsewhere classified NA00–NF2Z Injury, poisoning or certain other consequences of external causes; QA00–QF4Z: Factors influencing health status or contact with health services; SD70–SD7: Supplementary Chapter Traditional Medicine Conditions— Module I, Qi, blood and fluid disorders; SJ3Y-S3Z: Supplementary Chapter Traditional Medicine Conditions— Four constitution medicine patterns.

# 2.4. Characteristics of Patients Who Complained of Moderate AEs

Both patients who showed moderate AEs were women in their 50s or older. Both patients complained of AEs after receiving one BVP treatment. Patient 1 reported chest discomfort and itching, while Patient 2 reported systemic edema and itching. However, they did not experience life-threatening symptoms, and the related symptoms completely disappeared within 24 h without particular treatment. Neither patient complained of resultant sequelae. A review of their medical records to investigate their prior medical history, treatment site, BVP concentration, and hematology tests performed at the time of initial hospitalization, showed no common factors other than the treatment concentration used (Table 4).

	Unit	Patient 1	Patient 2
Age		95	51
Sex		Female	Female
Symptoms of		Itching	Itching
adverse events		Chest discomfort	Systemic edema
Treatment site		Knee joint	Face
Concentration of bee venom pharmacopuncture		1:30,000	1:30,000
·		Gonarthrosis (knee)	Bell's palsy
		Hypertension	Liver adenoma
Past history		Fibromyalgia	Gall bladder polyp
		Dyspepsia	Right renal cyst
WBC	$10^{3}/\mu L$	6.73	13.18
RBC	$10^{6}/\mu L$	3.86	4.73
Hemoglobin	g/dL	11.9	13.3
Hematocrit	%	36.2	39.7
MCV	fL	93.8	83.9
MCH	pg	30.9	28.1
MCHC	g/dL	33.0	33.5
Platelet count	$10^3/\mu L$	304	229
MPV	fL	7.3	6.7
ESR	mm/h	10	27
LUC	%	1.5	0.8
Segmented neutrophil	%	71.1	84.9
Lymphocyte	%	18.5	9.3
Monocyte	%	6.2	4.8
Eosinophil	%	2.1	0.1
Basophil	%	0.5	0.1
%Polymorpho-nuclear cell	%	74.7	82.7

Table 4. Characteristics of patients with grade 2 adverse events.

WBC: white blood cell; RBC: red blood cell; MCV: mean cell volume; MCH: mean corpuscular hemoglobin; MCHC: mean corpuscular hemoglobin concentration; MPV: mean platelet volume; ESR: erythrocyte sedimentation rate; LUC: large unstained cell.

# 3. Discussion

In traditional East Asian medicine, BVP is used for the treatment of various diseases. Studies on the incidence of AEs and relevant factors are continuously published to prevent and identify AEs that can occur when performing BVP [6–8,10].

The present study investigated the incidence of AEs in patients treated with BVP while hospitalized at Kyung Hee University Korean Medicine Hospital between 1 January 2013 and 1 May 2021. Among 4821 total patients, 112 patients reported 324 AEs. This accounts for 2.32% of the total number of patients and 0.51% of the total number of treatments administered (62,413). Of the 112 patients, two patients reported one moderate AE, respectively. Of them, Patient 1 complained of chest discomfort, while Patient 2 complained of systemic edema. However, none of the 112 patients showed anaphylactic shock. Patients fully recovered from AEs within a minimum of 24 h (1 day) or a maximum of 552 h (23 days), without other sequelae. Given these results, BVP can be considered a relatively safe treatment.

There was no occurrence of anaphylaxis in this study, which is lower than the result of previous study. Ko et al., reported that incidence rate of anaphylaxis was 0.045% in a systematic review [5]. However, the incidence of overall AEs in this study was higher than that reported by other retrospective studies investigating post–BVP AEs (0.025% by Lee et al. [8] and 0.23% by Kim et al. [7]). This difference is assumed to result from the proportion of women ( $\geq 60\%$ ), a higher mean number of procedures in the present study compared to other studies, and differences between investigators in determining causality between the drug and AEs due to the limitation of the retrospective study design.

In general, drug adverse reactions (ADRs) are affected by sex, age, underlying disease, concomitant medication, and the dose and frequency of drug administration [11,12]. In terms of sex, women are reportedly relatively more vulnerable to ADRs compared to

men [13,14]. In the present study, the proportion of women in the group that reported AEs was significantly higher than that in the group that did not report AEs (p < 0.001). Other studies reported high proportions of AEs in female patients [8], while others reported similar proportions between men and women [7] or only a 9% higher proportion of women [8]. In contrast, in the present study, the proportion of women was very high, at 60% or higher.

The patients in the present study also received more BVP treatments compared to the numbers reported in similar studies. Dose and frequency have been reported to affect the development of ADRs [11]. Lee et al. [8] reported a 0.025% incidence of AEs and a mean of seven treatments. In contrast, the patients in the present study received an average of  $11.18 \pm 8.49$  treatments. The increased exposures to BV likely affected the incidence of AEs.

In addition, domestic and overseas studies conducted on AEs of BVP reported incidence rates of AEs ranging from 0% to 90.63%, although similar criteria to those in this study were used to determine the causality between the drug and AEs [15]. The discordant results might stem from BVP performed by various doctors according to site, different investigators, or differences in the determination of causality due to the limitations of the retrospective study design.

Comparison of the patient groups with and without AEs showed a significantly higher proportion of women in the group with AEs (p < 0.001). The mean age was also significantly higher (p = 0.030) than that in the group without AEs. Thus, women and aged people may be more vulnerable to the development of AEs following BVP therapy. As mentioned above, these results are assumed to reflect the fact that women are more vulnerable to ADRs compared to men, and pharmacokinetic changes in the body with age increased the risk of ADR development [16].

The incidence of AEs by treated disease was higher in diseases of the ear and mastoid process and diseases of the musculoskeletal system and connective tissue compared to those of other diseases. BVP therapy for diseases of the musculoskeletal system and connective tissue is likely to be performed mostly on one site unlike procedures performed for other diseases (for example, therapy is intensively performed on the lower back for patients with lumbar pain) [17,18]. These treatment patterns likely increase the incidence of AEs. However, regarding diseases of the ear and mastoid, it is difficult to discuss the clinical significance of these findings since few patients in this study received BVP for this condition.

The present study has some strengths. First, unlike previous studies, the present study assessed the safety of BVP in patients with chief complaints of various diseases [6–8]. As mentioned above, underlying diseases affect the development of ADRs [11,12]; however, previous studies on AEs from BVP included patients mainly presenting with chief complaints of diseases of the musculoskeletal system, injury, poisoning, and certain other consequences of external causes for investigation, neoplasm or autoimmune system [6–8]. Meanwhile, the present study evaluated the safety related to BVP in patients hospitalized with chief complaints of diseases of the nervous or internal disease like endocrine, respiratory or circulatory systems, which no previous study has evaluated. The results of this study showed that the incidence of AEs was not significantly high in these patient groups.

Second, the results of the comparisons of the characteristics of the group of patients with and without AEs resulting from BVP confirmed that AEs resulting from BVP were affected by patient sex and age (women) similarly to AEs of other drugs. Furthermore, the incidence of AEs tended to be high in diseases of the musculoskeletal system, where BVP was intensively performed on one area, thus providing a useful clue for the application of BVP in clinical settings.

Lastly, the present study comprehensively investigated the characteristics of patients requiring BVP therapy, the number of treatments, and the treatment concentrations in Korea to provide the beginning of the provision for guidelines for the administration of BVP.

However, the present study has some limitations. First, since most patients included in this study were older, patients of all ages (between their 20s and 50s) were not included. Moreover, most of the patients were female, which likely biased the results. Second, although the incidence of AEs by disease was compared, the analysis was conducted only using general disease classification according to the ICD-11 [9], instead of each disease. The number of patients for each group was not consistent, and group sizes varied. These differences affected the accuracy of the results. Third, since the number of patients with moderate AEs was lower than those with mild AEs, the comparisons were not significant. It was difficult to find common ground between the patients in the group with moderate or greater AEs. Finally, the comparison of the incidence of AEs by BVP concentration was not significant because most patients were administered BVP at 1:30,000.

The results of this study demonstrated that BVP can be safely used for patients with various underlying diseases, including internal medicine and those of the nervous system, s well as aged patients. Although two patients showed moderate to greater AEs, these AEs were not life-threatening, and the symptoms improved within 24 h without special measures and no sequelae. Thus, BVP therapy is relatively safe. However, since cases of moderate to greater AEs have been reported after multiple exposures to BVP [19], continuous monitoring is required if repeated BVP is needed.

# 4. Materials and Methods

This study was conducted after receiving approval from the Institutional Review Board of Kyung Hee University Korean Medicine Hospital (KOMCIRB 2021–10–011). The study protocol was registered in the Clinical Research Information Service (CRIS) (KCT0006942).

# 4.1. Subjects

# 4.1.1. Inclusion Criteria

The medical records of patients who met the following criteria were included in the analysis.

- Patients aged ≥18 years hospitalized at Kyung Hee University Korean Medicine Hospital and who received at least 1 BVP treatment between 1 January 2013 and 1 May 2021;
- (2) Patients with available medical records for identifying underlying diseases, demographic and clinical characteristics, BVP site and concentration, and AEs occurring during the procedure.

# 4.1.2. Exclusion Criteria

The medical records of patients who met the following criteria were excluded from the study.

If post-BVP AEs could not be identified because BVP site and concentration were not documented in the medical records during hospitalization.

#### 4.2. Study Design

This retrospective medical record review study included data from the medical records of patients who received BVP therapy regardless of concentration and who met the above inclusion criteria. Information was collected from progress notes provided by the doctor of each patient, admission and discharge records, nursing progress notes, and clinical observation notes.

# 4.3. Bee Venom

The BV used for treatment was produced by the Korea Bee Venom Agriculture Corporation (Changnyeong, South Gyeongsang Province, Korea). Component analysis showed that melittin constituted 60% of the BV. Dried BV power was diluted in normal saline to concentrations of 1:1000–1:70,000. The diluted solution was injected intramuscularly or subcutaneously into an acupoint according to the disease at a minimum of one day apart or as needed.

Information about the following items was collected and evaluated by reviewing patient medical records.

#### 4.4.1. Characteristics of the Patients Administered BVP Therapy

Demographic characteristics and chief complaint (CC).

Patient medical records were reviewed to obtain data on demographic characteristics, such as sex, age, and CC.

#### 4.4.2. BVP Concentrations

Patient medical records were reviewed to identify the concentrations administered for the treatments (1:1000–1: 70,000).

#### 4.4.3. Sites of BVP Therapy

Patient medical records were reviewed to determine the sites of BVP therapy: head (cephalus), face, neck, shoulders, waist, both upper extremities, both lower extremities, all extremities, left upper extremity, left lower extremity, right upper extremity, and right lower extremity. In cases in which only the knees were involved, each was divided into left, right, or both knees.

# 4.5. Evaluation of Post-BVP AEs

# 4.5.1. AE Incidence and Causality

After identifying the incidence of post-BVP AEs via patient medical records, the total number of patients who exhibited AEs and the number of treatments performed compared to the incidence of AEs were identified. Causality between BVP and AEs was evaluated using the World Health Organization-Uppsala Monitoring Centre (WHO-UMC) causality scale [20]. If the causality between BVP and an AE was "possible" or higher, the AE was considered to be caused by BVP.

#### 4.5.2. Evaluation of AE Severity

Patient medical records were reviewed to determine the AE severity. The severity was assessed using the three-category grading system described by Brown et al., in 2004 to evaluate anaphylaxis. The severity was categorized as mild, moderate, or severe depending on the changes in vital signs and onset site of AEs, as confirmed by hospitalization medical records [21]. The criteria for the three grades are described below.

- Mild: After BVP, an immediate or delayed reaction appearing at sites other than the treatment site, with symptoms confined to the skin and subcutaneous tissue
- Moderate: Symptoms related to the respiratory, cardiovascular, or digestive systems in addition to symptoms confined to the skin and subcutaneous tissue
- Severe: In addition to mild-moderate symptoms, confirmed changes in vital signs (i.e., hypoxia or hypotension) or neurological changes. Arterial oxygen saturation  $\leq$  92%, systolic blood pressure  $\leq$  90 mmHg, confusion, collapse, loss of consciousness, or incontinence.

# 4.5.3. AE Onset Time

Patient medical records were reviewed to identify the number of treatments performed in patients who exhibited AEs from the time of the first treatment to AE onset. The unit was set to 'number.'

#### 4.5.4. Time to Remission

Patient medical records were reviewed to identify the time elapsed from when patients who exhibited AEs first complained of AEs to when the symptoms completely disappeared, in hours.

# 4.6. Characteristics of Subjects with Moderate or Greater AEs

#### 4.6.1. Demographic Characteristics

Patient medical records were reviewed to identify demographic characteristics such as sex and age, in patients with moderate or greater AEs.

# 4.6.2. Clinical Characteristics

Patient medical records were reviewed to identify clinical characteristics, such as moderate or greater underlying diseases in patients with moderate or greater AEs.

# 4.7. Statistical Analysis

IBM SPSS for Windows, version 25.0 (IBM Corp., Armonk, New York, NY, USA) was used to analyze the collected data. The statistical methods were as follows. Percentages were determined to verify the incidence of AEs. Means and standard deviation (SD) were used to assess patient sex and age, number of treatments, treatment site, AE onset time, and number of complaints about AEs. Kolmogorov–Smirnov tests were used to test the normality of age of patient groups. Regarding age, chi-square tests were performed to compare and assess the significance of the differences in the number of treatments performed, age, or sex between each group. p < 0.05 was considered statistically significant.

Author Contributions: Conceptualization, I.-H.B. and S.K.; methodology, S.K. and W.-S.J.; validation, I.-H.B. and S.K.; formal analysis, I.-H.B., S.K., H.-G.L. and W.-S.J.; investigation, I.-H.B., S.K., H.-G.L. and W.-S.J.; data curation, I.-H.B. and S.K.; writing—original draft preparation, I.-H.B., S.K. and W.-S.J.; writing—review and editing, I.-H.B., W.-S.J., S.K., H.-G.L., S.-Y.C., S.-U.P., S.-K.M., J.-M.P., C.-N.K. and K.-H.C.; supervision, S.K.; project administration, W.-S.J. and S.K.; funding acquisition, W.-S.J. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** This study was conducted after receiving approval from the Institutional Review Board of Kyung Hee University Korean Medicine Hospital (Code: KOMCIRB 2021–10–011; Approved date: 15 November 2021).

**Informed Consent Statement:** Patient consent was waived due to the design of study, a retrospective chart review study.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author. The data are not publicly available due to protection of personal information.

**Conflicts of Interest:** The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

# Appendix A

Table A1. Characteristics of the 112 patients who experienced adverse events associated with bee venom pharamacopuncture.

	<u></u>			A 11	Number	Adverse Events				
	Case ge/Se:	x)	Chief Complaints (KCD–6)	Allergic Disorders	Number of Treatments *	Main Symptoms	Grade †	Outcome	Resolution Time (Hours) ‡	Concentration §
P1	95	F	Gonarthrosis (knee)	None	1	Itching, chest discomfort	2	Recovered	24	1:30,000
P2	51	F	Bell's palsy	None	1	Itching, systemic edema	2	Recovered	24	1:30,000
P3	83	F	Facial nerve disorders	None	2	Redness, local edema	1	Recovered	24	1:3000
P4	65	Μ	Fracture of lumbar vertebra	None	3	Itching, rash	1	Recovered	24	1:30,000
P5	52	F	Lumbar herniated nucleus pulposus	None	8	Subcutaneous bleeding. Itching, redness	1	Recovered	24	1:30,000
P6	66	F	Facial nerve disorders	None	6	Subcutaneous bleeding. Itching, redness	1	Recovered	24	1:30,000
P7	55	F	Secondary coxarthrosis	None	3	Itching, redness, local edema	1	Recovered	24	1:30,000
P8	68	F	Fracture of lumbar vertebra	None	6	Itching, redness	1	Recovered	24	1:30,000
P9	47	F	Fibromyalgia	Asthma	7	Itching, redness	1	Recovered	24	1:30,000
P10	26	F	Sprain and strain of the lumbar spine	None	3	Redness, vesicle	1	Recovered	48	1:30,000
P11	80	F	Lumbar stenosis	None	5	Itching, redness	1	Recovered	24	1:30,000
P12	77	Μ	Parkinson's disease	None	1	Itching, redness	1	Recovered	24	1:30,000
P13	50	F	Myalgia	None	12	Itching, redness	1	Recovered	24	1:30,000
P14	72	F	dermatomyositis	None	5	Itching	1	Recovered	24	1:30,000
P15	59	F	Facial nerve disorders	None	22	Itching, redness. Local edema, purulent discharge	1	Recovered	24	1:30,000
P16	59	М	Cervical disc disorder with radiculopathy	None	1	Itching, redness. Local edema	1	Recovered	24	1:20,000
P17	86	М	Cerebral infarction	None	8	Subcutaneous bleeding, itching, redness	1	Recovered	24	1:20,000
P18	56	F	Malignant neoplasm of ovary	None	1	Itching, redness local edema	1	Recovered	24	1:30,000
P19	88	F	Tremor	None	1	Itching, redness	1	Recovered	24	1:30,000
P20	46	Μ	Lumbar herniated nucleus pulposus	None	2	Subcutaneous bleeding, itching	1	Recovered	24	1:30,000
P21	74	F	Gonarthrosis	None	6	Itching, Redness	1	Recovered	312	1:30,000
P22	43	F	Meniscus derangements	None	6	Itching	1	Recovered	24	1:30,000
P23	53	F	Rheumatoid arthritis	None	2	Itching, redness	1	Recovered	96	1:30,000
P24	64	М	Intracerebral hemorrhage	None	7	Local edema	1	Recovered	24	1:20,000
P25	71	F	Parkinson's Disease	None	1	Itching	1	Recovered	24	1:30,000

Table A1. Cont.

	~			. 11 .	N7 1	Adverse Events				
	Case ge/Se	x)	Chief Complaints (KCD-6)	Allergic Disorders	Number - of Treatments *	Main Symptoms	Grade †	Outcome	Resolution Time (Hours) ‡	Concentration §
P26	53	F	Shoulder lesions	None	4	Itching, redness. Local edema	1	Recovered	24	1:30,000
P27	78	F	Sprain and strain of the cervical spine	None	6	Itching, redness	1	Recovered	24	1:30,000
P28	67	F	Parkinson's disease	None	7	Itching, redness	1	Recovered	24	1:30,000
P29	43	Μ	Intracerebral hemorrhage	None	5	Itching, redness	1	Recovered	48	1:30,000
P30	37	Μ	Myalgia	None	5	Itching, redness. Local edema	1	Recovered	24	1:30,000
P31	80	F	Spondylosis with myelopathy	None	5	Redness	1	Recovered	72	1:30,000
P32	51	F	Polyarthritis	None	12	Local edema	1	Recovered	24	1:30,000
P33	50	F	Lumbar herniated nucleus pulposus	None	9	Itching, redness. Local edema	1	Recovered	24	1:30,000
P34	42	М	Lumbar herniated nucleus pulposus Cervical disc	None	1	Itching, redness. Local edema	1	Recovered	24	1:30,000
P35	33	F	disorder with radiculopathy	None	7	Itching, redness	1	Recovered	24	1:30,000
P36	79	Μ	Parkinson's disease	None	1	Itching, redness. Local edema	1	Recovered	24	1:20,000
P37	63	F	Lumbar herniated nucleus pulposus	None	7	Itching, local edema	1	Recovered	432	1:30,000
P38	58	F	Bell's palsy	None	8	Itching	1	Recovered	24	1:30,000
P39	72	F	Lumbar herniated nucleus pulposus	None	4	Itching, redness	1	Recovered	72	1:30,000
P40	52	F	Polyarthritis	None	9	Itching, redness. Local edema	1	Recovered	96	1:30,000
P41	51	F	Submucous leiomyoma of uterus	None	1	Itching, redness	1	Recovered	120	1:30,000
P42	60	F	Ménière's Disease	None	5	Itching, redness	1	Recovered	552	1:30,000
P43	75	F	Parkinson's Disease	None	1	Itching, redness. Local edema	1	Recovered	24	1:30,000
P44	54	F	Lumbar herniated nucleus pulposus	None	11	Itching, redness	1	Recovered	24	1:30,000
P45	62	F	Polyneuropathy	None	1	Itching, redness	1	Recovered	408	1:30,000
P46	49	F	Menopausal and female climacteric states	None	1	Itching, redness	1	Recovered	24	1:30,000
P47	71	F	Lumbar herniated nucleus pulposus	None	3	Itching, redness	1	Recovered	24	1:30,000
P48	63	F	Lumbar herniated nucleus pulposus	None	1	Itching, redness	1	Recovered	48	1:30,000
P49	70	F	Ankle contusion	None	6	Itching, redness	1	Recovered	312	1:30,000
P50	46	Μ	Lumbar herniated nucleus pulposus	None	7	Itching, redness	1	Recovered	120	1:30,000
P51	77	F	Bell's palsy	None	15	Redness	1	Recovered	48	1:30,000
P52	57	F	Sicca syndrome	None	1	Itching, redness	1	Recovered	192	1:30,000
P53	36	Μ	Guillain-Barré Syndrome	None	7	Local edema	1	Recovered	168	1:30,000
P54	18	F	Lumbar herniated nucleus pulposus	Allergic rhinitis	1	Redness, local edema	1	Recovered	96	1:30,000
P55	26	Μ	Lumbar herniated nucleus pulposus	None	9	Itching, redness	1	Recovered	96	1:30,000

Table A1. Cont.

Adverse Events Case Allergic Number Chief Complaints (KCD-6) Resolution (Age/Sex) Disorders of Treatments \* Main Symptoms Grade † Outcome Concentration § Time (Hours) ± Lumbar Herniated P56 39 Μ Allergic rhinitis 4 Itching, redness 1 Recovered 168 1:30.000 Nucleus Pulposus P57 76 Μ Gonarthrosis None 1 Itching, redness 24 1:30.000 1 Recovered 28 P58 Μ Bell's palsy None 10 Itching, redness Recovered 72 1:30,000 1 P59 61 F Bell's palsy None 1 Redness 1 Recovered 24 1:30.000 41 Μ Sprain and strain of the lumbar spine None 1 Itching, redness 48 1:30,000 P60 1 Recovered 74 F Lumbar stenosis None 6 Itching, redness Recovered 24 1:30,000 P61 1 P62 62 F Fracture of thoracic vertebra None 12 Redness 1 Recovered 24 1:30,000 F P63 71 Bell's palsy None 1 Itching, redness 1 Recovered 48 1:30,000 Lumbar Herniated P64 18 Μ None 22 Itching, redness 1 48 1:30,000 Recovered Nucleus Pulposus P65 30 Μ Bell's palsy None 1 Local edema 1 Recovered 24 1:30,000 64 Rheumatoid arthritis 9 P66 F None Itching, redness 1 Recovered 24 1:30,000 Cervical disc disorder P67 66 F None 13 Itching, redness 1 Recovered 24 1:30,000 with radiculopathy P68 40 F Leiomyoma of Uterus None 1 Recovered 24 1:30,000 Itching, redness 1 Lumbar Herniated F 55 Asthma 192 P69 1 Itching 1 Recovered 1:30,000 Nucleus Pulposus 34 Μ Raynaud's Syndrome None 10 Itching, redness 48 1:30,000 P70 1 Recovered P71 61 F Parkinson's Disease None 4 Itching, redness 1 Recovered 96 1:30,000 P72 74 F Lumbar stenosis None 9 Itching, redness 1 Recovered 24 1:20,000 P73 62 F Lumbar stenosis None 7 Redness 1 Recovered 48 1:30,000 84 F 24 24 P74 Pain in joint, ankle and foot None Itching 1 Recovered 1:30,000 P75 79 F Cerebral infarction None 1 Recovered 24 1:30.000 Itching 1 F Itching P76 60 Fracture of the thoracic vertebra None 3 48 1:10,000 1 Recovered Cerebral infarction P77 62 F None 7 Redness 1 Recovered 24 1:30,000 Multiple fractures of the P78 22 F None 1 Redness 1 Recovered 24 1:20,000 thoracic spine Palmar fascial P79 57 F 5 1:30,000 None Itching 1 Recovered 48 fibromatosis (Dupuytren) Malignant neoplasm of bone and P80 34 F None 3 Itching 1 24 1:30,000 Recovered articular cartilage P81 62 F Lumbar herniated nucleus pulposus None 8 Itching 1 240 1:30,000 Recovered F P82 52 Rotator cuff syndrome None 8 Local pain 1 Recovered 24 1:30,000

Table	A1.	Cont.
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	0			. 11 .		Adverse Events				
	Case ge/Se	x)	Chief Complaints (KCD–6)	Allergic Disorders	Number of Treatments *	Main Symptoms	Grade †	Outcome	Resolution Time (Hours) ‡	Concentration §
P83	47	F	Sprain and strain of the cervical spine	None	2	Itching, redness	1	Recovered	48	1:30,000
P84	56	F	Fracture of thoracic vertebra	None	2	Itching, redness	1	Recovered	120	1:30,000
P85	71	F	Bell's palsy	None	1	Redness, local edema	1	Recovered	24	1:30,000
P86	54	F	Fibromyalgia	None	1	Redness	1	Recovered	24	1:30,000
P87	53	F	Bell's palsy	None	14	Itching Redness	1	Recovered	24	1:30,000
P88	42	Μ	Lumbar herniated nucleus pulposus	None	3	Itching	1	Recovered	48	1:30,000
P89	62	F	Bell's palsy	None	16	Itching, vesicle	1	Recovered	24	1:30,000
P90	56	Μ	Cerebral infarction	None	9	Redness	1	Recovered	48	1:30,000
P91	69	F	Lumbar herniated nucleus pulposus	None	5	Itching	1	Recovered	240	1:30,000
P92	79	F	Parkinson's Disease	None	3	Itching, local edema	1	Recovered	24	1:30,000
P93	90	F	Cerebral infarction	None	1	Itching	1	Recovered	72	1:30,000
P94	47	F	Sprain and strain of the lumbar spine	None	1	Subcutaneous bleeding, local edema, purulent discharge	1	Recovered	24	1:30,000
P95	75	F	Cerebral infarction	None	1	Itching	1	Recovered	24	1:30,000
P96	49	F	Nerve root and plexus compressions	None	8	Itching	1	Recovered	24	1:30,000
P97	74	М	Spinal stenosis	None	1	Itching, Rednessm Local edema	1	Recovered	24	1:30,000
P98	57	F	Spinal stenosis	None	1	Itching	1	Recovered	24	1:30,000
P99	50	F	Sprain and strain of cervical spine	None	1	Itching	1	Recovered	24	1:30,000
P100	53	F	Bell's palsy	None	1	Itching, redness	1	Recovered	48	1:30,000
P101	68	F	Cerebral infarction	None	1	Itching	1	Recovered	48	1:30,000
P102	70	F	Lumbar herniated nucleus pulposus	None	1	Itching, redness	1	Recovered	24	1:30,000
P103	60	М	Polyneuropathy	None	2	Itching, local edema	1	Recovered	48	1:30,000
P104	50	F	Lumbar herniated nucleus pulposus	None	1	Itching, redness. Local edema	1	Recovered	24	1:30,000
P105	77	F	Spinal stenosis	None	7	Itching	1	Recovered	24	1:30,000
P106	52	Μ	Superficial injury of wrist and hand	None	1	Itching	1	Recovered	24	1:30,000
P107	49	F	Migraine	None	1	Itching, redness. Local edema	1	Recovered	72	1:30,000
P108	44	Μ	Lumbar herniated nucleus pulposus	None	3	Itching	1	Recovered	24	1:30,000
P109	51	F	Parkinson's Disease	None	3	Itching	1	Recovered	96	1:30,000
P110	65	F	Bronchiectasis	None	3	Itching, local edema	1	Recovered	48	1:30,000
P111	80	F	Bell's palsy	None	1	Redness, local edema	1	Recovered	24	1:30,000
P112	41	F	Lumbar herniated nucleus pulposus	None	2	Subcutaneous bleeding, itching	1	Recovered	96	1:30,000

\* Number of bee venom pharmacopuncture treatments before symptom onset. † Assessed with Brown's grade. ‡ Time elapsed (hours) before the symptom completely disappeared. § Concentration of bee venom used for pharmacopuncture.

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