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1 **Investigation of the potential of using TiO₂ nanoparticles as a contrast agent in computed tomography and**
2 **magnetic resonance imaging**

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22 Keywords: Nanoparticle, Radiotherapy, Radiation diagnosis, Theranostic drug, titanium dioxide nanoparticles

23

24 **ABSTRACT**

25 Nanoparticles (NPs) are useful for radiotherapy. Currently, efforts are underway globally for the development of
26 novel titanium dioxide NPs (TiO₂-NPs) that exhibit both contrast effects and anti-tumor effects. In this study, the
27 image contrast properties of TiO₂-NPs were evaluated using a clinical magnetic resonance imaging (MRI)
28 system and a clinical computed tomography (CT) scanner, as the use of TiO₂-NPs as an anti-cancer agent has
29 been reported in several reports. An obvious difference in visualization was observed between the control and
30 TiO₂-NP samples on T₂-weighted images. These results suggest that TiO₂ can potentially be used as a novel
31 theranostic drug with radiosensitizing ability and radiological diagnostic ability, through modification of
32 chemical groups on its surface, and as a component of drug delivery systems.

33 Keywords: Nanoparticle, Titanium oxide, Theranostic, MRI, CT, Radiotherapy

34 **Background**

35 Radiation therapy is one of the major treatment modalities for cancer, in which ionizing radiation is
36 used to kill cancer cells (Akasaka et al. 2016). An increased radiation dose would result in more effective
37 elimination of the cancerous tissue. However, in some cases, the radiation dose cannot be increased due to the
38 possibility of damage to nearby functional and healthy tissues, and this limits the efficacy of the treatment
39 (Bump et al. 2003; Akasaka et al. 2014; T. Ruba et al. 2018); consequently, currently only a few effective
40 radiotherapy techniques are available, and novel strategies need to be explored (Akasaka et al. 2014). Recently,
41 there has been a rapid increase in the use of nanoparticles (NPs) for biological applications, and there is potential
42 for their use in the diagnosis and treatment of human cancer (Yezhelyev et al. 2006; Kim et al. 2010; Service
43 2005).

44 NPs have been extensively studied for their potential applications in the scientific field due to their
45 unique electrical, magnetic, and visibility and their versatile functionality. Biomedical applications of NPs have
46 attracted considerable attention because NPs are expected to improve medical diagnosis and treatment. Moreover,
47 various NPs have been used as contrast agents in magnetic resonance imaging (MRI) and computed tomography
48 (CT). Currently, the NPs under development for clinical imaging include gold NPs for X-ray contrast (Hainfeld
49 et al. 2006), magnetic NPs for MRI enhancement (Fang and M. Zhang 2009), and also hybrid NPs containing
50 iron oxide and gold in polymer coating, which can serve as contrast agents for both CT and MRI (Kim et al.
51 2011).

52 In addition to their potential applications in imaging, NPs are also being investigated for their potential
53 application in cancer therapy (Chatterjee et al. 2008; Wilson and Patterson 2008; Garnica-Garza 2009). They
54 offer similar advantages over other contrast agents in this area as in imaging. In addition, it is also possible to
55 design NPs that can selectively accumulate in cancer cells, thereby providing targeted treatment that may not be
56 possible with conventional techniques (Chatterjee et al. 2008).

57 Several NPs made from titanium dioxide (TiO₂-NPs) have been investigated worldwide for their
58 potential application in cancer therapy. Some studies have shown that irradiation of TiO₂-NPs generates free-
59 radicals that facilitate the spontaneous generation of reactive oxygen species (ROS) (Jin et al. 2011; Townley et
60 al. 2012; Yin et al. 2012; Babaei and Ganjalikhani 2014). In vivo studies using TiO₂-NPs have demonstrated a
61 significant decrease in tumor volume when these NPs are irradiated with 200-kV X-rays (Nakayama et al. 2016).
62 Moreover, recent in vitro studies on glioma cells have demonstrated the potential use of such NPs for
63 photodynamic therapy (Yamaguchi et al. 2010). Ultrasonic stimulation of TiO₂-NPs has been shown to kill NP-
64 impregnated glioma cells in a manner similar to that of ultraviolet stimulation of TiO₂-NPs (Allison et al. 2010).
65 Other studies have shown that TiO₂-NPs are also essentially non-toxic (Bischoff and Bryson 1982; Bernard et al.
66 1990; Fabian et al. 2008) and hence hold considerable promise as cancer therapy agents.

67 Currently, the development of novel TiO₂-NPs with both the potential to be used as a contrast agent and
68 as well as to produce anti-tumor effects is under investigation all over the world. Although several studies have
69 investigated the imaging properties of TiO₂-NPs, they have all used TiO₂-NPs that have been chemically
70 modified. To our knowledge, the imaging properties of unmodified TiO₂-NPs have not been investigated thus far.
71 Hence, in this study, we investigated the visibility of TiO₂-NPs using clinical MRI and CT scanning in an
72 attempt to determine their image contrast properties.

73 **2. Materials and methods**

74

75 *2.1. Transmission electron microscopy and dynamic light scattering of nanoparticle "TiO₂"*

76 The TiO₂-NPs used in this study were purchased from Ishihara Sangyo, Ltd. (Osaka, Japan). The size
77 and morphology of the TiO₂-NPs were evaluated using a transmission electron microscope (TEM) (JEM-
78 1200EX, JEOL Ltd., Tokyo, Japan) as described previously (Srivastava et al. 2013). The TEM images were
79 obtained at an acceleration voltage of 80 kV. Dynamic light scattering (DLS) was performed using a Malvern

80 Zetasizer ZS (Malvern Panalytical Ltd, Malvern, United Kingdom) to estimate the hydrodynamic diameter of the
81 TiO₂-NPs.

82 *2.2. Magnetization measurement*

83 The variation in the magnetic moment was carried out by altering the applied field from 10,000 Oe to
84 10,000 Oe at 25.2°C. This measurement was performed by Toei Industry Co., Ltd. (Tokyo, Japan). To correct
85 for the diamagnetic contribution of the sample tube, the magnetic moment of the empty sample tube and sample
86 holder was subtracted from the data sets; however, due to the high magnetization values obtained from the NP
87 sample, the contribution of the sample tube and holder was considered negligible and was ignored.

88 *2.3. Cell culture and viability assessment*

89 MIAPaCa-2 cells were obtained from the American Type Culture Collection (Manassas, VA, USA) and
90 cultured in Roswell Park Memorial Institute 1640 medium supplemented with 10% fetal bovine serum, penicillin
91 (100 U/mL), and streptomycin (100 µg/mL). The anti-tumor effect, in combination with the radiation treatment,
92 was assessed with the colony forming assay. For the colony forming assay, MIAPaCa-2 cells were treated with
93 0.1 mg/mL TiO₂-NPs or saline for 1 h, and then exposed to 0, 2, 4 and 8 Gy of radiation. After 9–12 days,
94 colonies were fixed with a solution of 10% methanol and 20% acetic acid, stained with methylene blue, and
95 counted under a light microscope.

96 *2.4. X-ray irradiation*

97 X-ray irradiation was performed using an MBR-1505R2 instrument (Hitachi, Tokyo, Japan) at a voltage
98 of 150 kV and a current of 5 mA with a 1-mm-thick aluminum filter (0.5 Gy/min at the target) for in vitro
99 studies.

100 *2.5. CT imaging*

101 CT images were acquired using Aquilion LB (TOSHIBA Medical Systems, Tochigi, Japan). Imaging
102 parameters were as follows: slice thickness, 1.0 mm; tube energy, 120 kVp, 300 mA; field of view (FOV), 320
103 mm; matrix, 512 × 512. CT data were analyzed using the Hounsfield units (HU) for regions of interest. The
104 concentrations of the TiO₂-NPs used are shown in Table 1.

105 *2.6. MR imaging*

106 MR imaging experiments were performed on a 3.0 T MR unit (Ingenia, PHILIPS, Amsterdam,
107 Netherlands). Two pulse sequences were used. One was a T₁-weighted SE-XL/90 sequence with the following
108 parameters: relaxation time (TR) = 4000 ms; echo time (TE) = 16 ms; FOV = 260 mm; matrix = 512 × 512; and
109 slice thickness = 3 mm. the other was a T₂-weighted FSE-XL/90 sequence with the following parameters: TR =
110 4000 ms; TE = 100 ms; FOV = 260 cm; matrix = 512 × 512; slice thickness = 3 mm. The concentrations of the
111 TiO₂-NPs used are shown in Table 1.

112 *2.7. Statistical analysis*

113 Data are presented as mean ± standard error. Differences between groups were evaluated with the
114 Student's t test. Data were considered statistically significant at P < 0.05.

115 **3. Results**

116 *3.1. TEM and DLS*

117 Considering enhanced permeability and retention effects of TiO₂-NPs, we aimed to prepare NPs with a size
118 of less than 100 nm (Maeda et al. 2000; Perrault et al. 2009; Huo et al. 2013). The diameter of the TiO₂-NPs was
119 determined to be approximately 50 nm using TEM (Fig. 1a). Consistent with the TEM images, the diameter of
120 the TiO₂-NPs was determined to be approximately 50-100 nm using DLS, with a narrow unimodal size
121 distribution (Fig. 1b).

122 *3.2. Magnetic properties*

123 Fig. 2 shows the magnetization of TiO₂-NPs at 25.2°C. The saturation magnetization (M_s) value for
124 TiO₂-NPs was 9.711 × 10⁻⁴ emu and the remanence (M_r) was 4.269 × 10⁻⁶ emu. The TiO₂-NPs showed weak
125 diamagnetic behavior.

126 *3.3. Cell viability assessment*

127 The colony forming assay results revealed fewer MIAPaCa-2 cell colonies on treatment with the
128 combination as compared to irradiation alone (*P < 0.05 and **P < 0.1) (Fig. 3).

129 *3.4. CT imaging and MR imaging*

130 The CT numbers for the control group and for the different concentrations of TiO₂-NPs used are shown
131 in Fig. 4(a) and Table 1. Contrast-enhanced CT images are shown in Fig. 4(b). The uncertainty in each

132 measurement (represented by the standard deviation of the Hounsfield unit measurement) was 0.3 HU. The
133 sensitivity of the TiO₂-NPs to detection with MRI was determined. The T₁ and T₂ values for the control group
134 and for the different concentrations of TiO₂-NPs used are shown in Fig. 4(c, e) and Table 1. Contrast-enhanced
135 T1W and T2W images are shown in Fig. 4(d, f) and Table 1.

136 **4. Discussion**

137 NPs are being studied all over the world, and have the potential to be used as novel therapeutic agents
138 for cancer. In particular, TiO₂-NPs have great potential for this application. For example, they can be used as
139 anti-tumor agents by incorporating them in drug delivery systems. Therefore, in this study, we investigated the
140 visibility of TiO₂-NPs using clinical MRI and CT scanning in an attempt to determine their image contrast
141 properties.

142 No obvious aggregation was observed in the representative TEM image of the NPs depicted in Fig. 1a.
143 Fig. 1b shows the size distribution of the NPs. The diameter was about 50–100 nm, which is suitable for the
144 enhanced permeability and retention effects.

145 Leon Smith et al. indicated the CT value of their TiO₂-NPs in their publication and concluded that a
146 TiO₂-NP concentration of greater than 15 mg/mL produced detectable changes in the CT number (Leon et al.,
147 2012). In our study, the maximum concentration used was 5.0 mg/mL. Because of the low concentration of
148 TiO₂-NPs, there was no difference in the imaging properties between the TiO₂-NPs and the control sample in our
149 CT measurements; a gradual increase in CT value was observed in the investigated concentration range. In
150 general, the atomic number of water is nearly 7, and that of the bone is nearly 20 because bone is composed
151 almost entirely of calcium. In this study, the visualization in TiO₂-NPs and control samples was almost the same
152 because of the low concentration of TiO₂-NPs. Hence, for TiO₂-NPs to be used for enhancement in MRI, their
153 concentration in the tumor needs to be increased.

154 As shown in Fig. 2, TiO₂-NPs exhibited paramagnetic properties. This property is same as that of the
155 small particulate gadolinium oxide (SPGO) enhancement agent (Gholamreza et al., 2012). Our results indicated
156 that these findings regarding TiO₂-NPs are in line with the findings of previous research.

157 In magnetization measurements, TiO₂-NPs were observed to be weakly diamagnetic. On MRI, the
158 imaging properties showed no difference between control and TiO₂-NPs on T₁-weighted imaging. However, the
159 sensitivity to detection by MRI improved at higher concentrations of TiO₂-NPs, and there was a significant

160 difference in the T_2 value between control and TiO_2 -NP samples at higher concentrations of TiO_2 -NPs. These
161 results show that TiO_2 -NPs offer great potential for use in T_2 -weighted MRI. As shown in Fig. 4(f), T_2 -weighted
162 images change drastically in signal intensity with an increasing TiO_2 -NP concentration, indicating that TiO_2 -NPs
163 generated MRI contrasts on transverse (T_2) proton relaxation time-weighted sequences. Fig. 4(e) shows the
164 relaxation rate $1/T_2$ as a function of TiO_2 concentration in TiO_2 -NPs. The relaxation rates varied linearly with the
165 titanium concentration, according to the following equation:

$$166 \quad 1/T_2 = 1/T_2^0 + r_2[\text{TiO}_2]$$

167 where $1/T_2$ is the observed relaxation rate in the presence of TiO_2 -NPs, $1/T_2^0$ is the relaxation rate of pure water,
168 $[\text{TiO}_2]$ is the concentration of TiO_2 -NPs, and r_2 is the transverse relaxivity, which represents the efficiency of
169 TiO_2 -NPs, as a contrast agent shortens the proton relaxation times. The r_2 value of TiO_2 -NPs was 5×10^{-4}
170 $\text{mg/mL}^{-1}\text{s}^{-1}$. In addition, Fig. 4(c) shows the relaxation rate $1/T_1$ as a function of TiO_2 concentration in TiO_2 -NPs.
171 The relaxation rates were stable with the titanium concentration, according to the following equation:

$$172 \quad 1/T_1 = 1/T_1^0 + r_1[\text{TiO}_2]$$

173 where $1/T_1$ is the observed relaxation rate in the presence of TiO_2 -NPs, $1/T_1^0$ is the relaxation rate of pure water,
174 $[\text{TiO}_2]$ is the concentration of TiO_2 -NPs, and r_1 is the longitudinal relaxivity, which represents the efficiency of
175 TiO_2 -NPs, as a contrast agent shortens the proton relaxation times. The r_1 value of TiO_2 -NPs was 1×10^{-5}
176 $\text{mg/mL}^{-1}\text{s}^{-1}$, suggesting that TiO_2 -NPs are superior as a T_2 -shortening agent than as a T_1 -shortening agent.
177 Additionally, TiO_2 -NPs exhibit anti-tumor effect when combined with radiation, as shown in Fig.3. The result of
178 the colony-forming assay indicated the radiosensitizing potential of TiO_2 -NPs similar to that of the reported
179 novel radiosensitizer, titanium peroxide NPs (TiOx -NPs) (Nakayama at al. 2016).

180 5. Conclusions

181 In summary, TiO_2 -NPs offer considerable promise for use as contrast agents in MRI, especially T_2 -
182 weighted MRI. Our previous study showed that TiOx -NPs have anti-tumor effect (Nakayama at al. 2016). In this
183 study, we observed that TiO_2 -NPs that is used for preparing titanium peroxide also have anti-tumor effects.
184 Additionally, the results show that titanium dioxide also exhibits imaging visibility. Thus, they have the potential
185 to be used as novel theranostic drugs with radiosensitizing and radiological diagnostic abilities via modification
186 of the chemical groups on their surface and use in conjunction with drug delivery systems. The findings of the
187 present study indicate that using TiO_2 -NPs can be an effective strategy for radiation treatment and cancer

188 diagnosis. Future clinical applications of those NPs require rigorous surface engineering and careful toxicity
189 evaluation.

190

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257

258

259

260 **Figure Legends**

- 261 **Fig. 1** Characteristics of titanium dioxide nanoparticles (TiO₂-NPs) (a) Representative transmission electron
262 microscopy image of the TiO₂-NPs. Their diameter is approximately 50 nm. (b) Size distribution of the TiO₂-
263 NPs as measured using dynamic light scattering.

264

265 **Fig. 2** Magnetization hysteresis loop of the titanium dioxide nanoparticles (TiO₂-NPs)

266

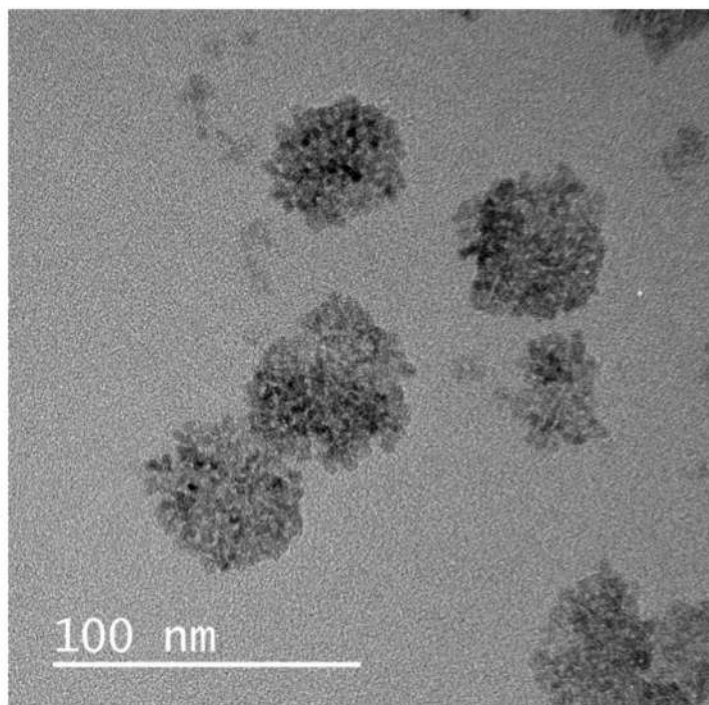
267 **Fig. 3** Colony forming assay results after exposure of MIAPaCa-2 to graded dose of X-ray radiation combined
268 with TiO₂-NPs. *P<0.05 and **P<0.1.

269

270 **Fig. 4** (a, b) Computed tomographic images and the corresponding Hounsfield unit values of the titanium
271 dioxide nanoparticles (TiO₂-NPs) (c, d) T₁-weighted magnetic resonance images and the corresponding T₁
272 relaxation rates (1/T₁) (e, f) T₂-weighted magnetic resonance images and the corresponding T₂ relaxation rates
273 (1/T₂)

274

a)



b)

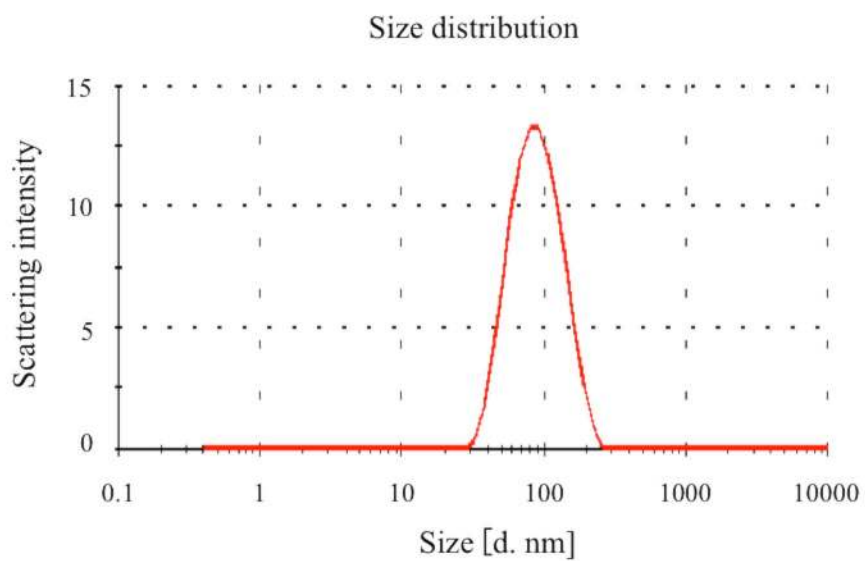


Fig.1 Akasaka et al.

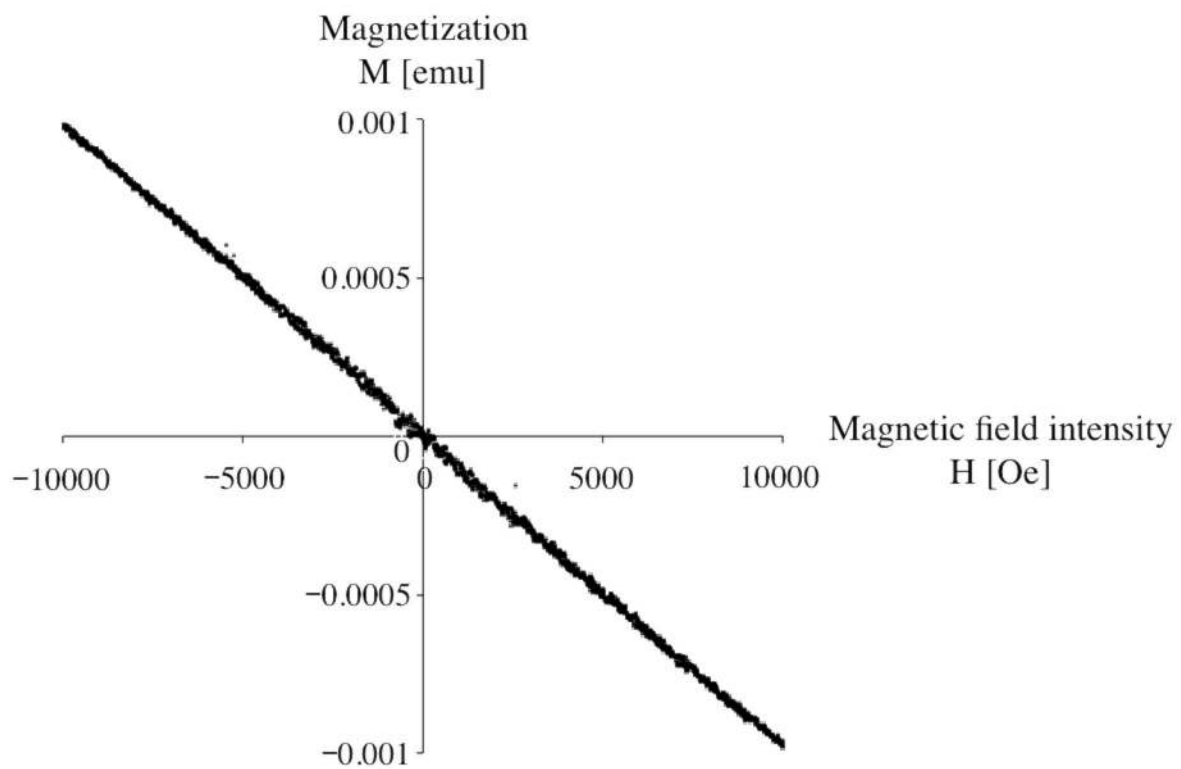


Fig.2 Akasaka et al.

MIAPaCa-2

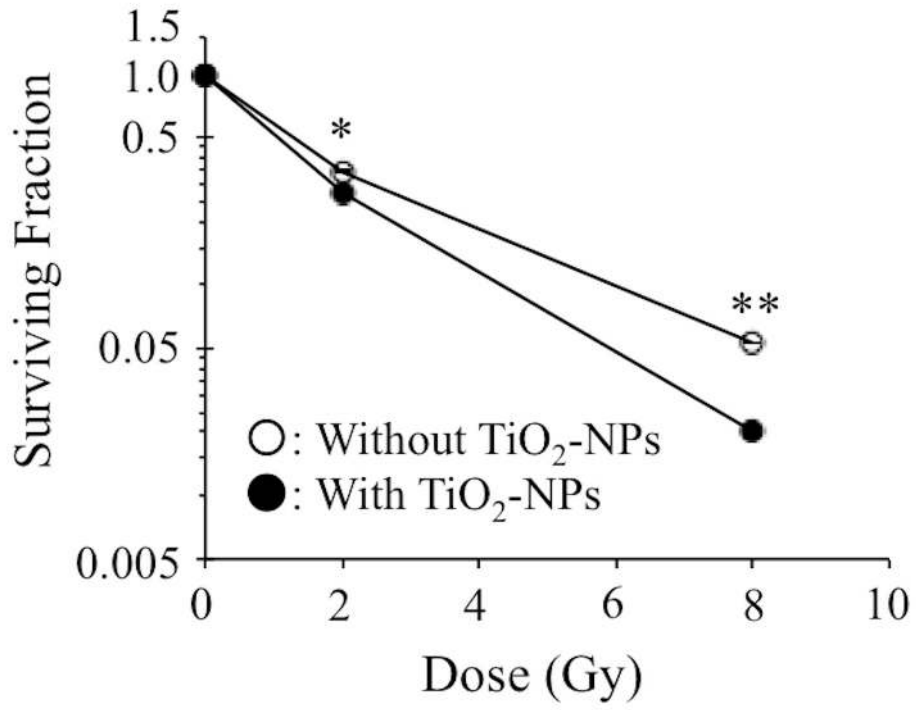


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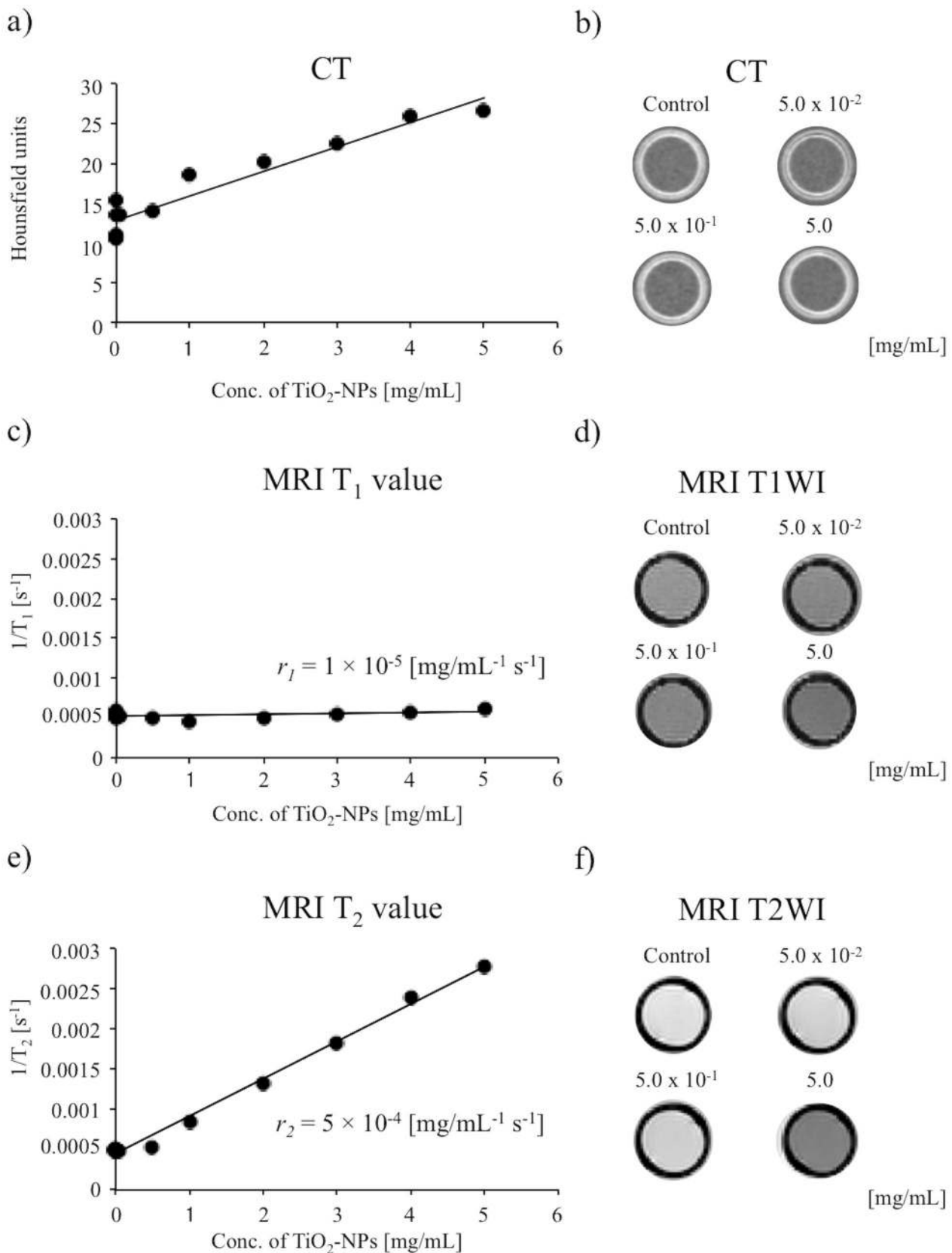


Fig.4 Akasaka et al.

Table 1. The CT values, T₁ values, and T₂ values of TiO₂-NPs at each concentrations.

Concentration of TiO ₂ -NPs [mg/mL]	CT value [HU]	T ₁ value [msec]	T ₂ value [msec]
0.0	13.4	1970.1	2046.8
5.0×10^{-6}	10.5	1811.5	2014.8
5.0×10^{-5}	10.8	1728.2	1974.8
5.0×10^{-4}	11.0	1715.6	1999.4
5.0×10^{-3}	15.3	1939.9	2046.8
5.0×10^{-2}	13.4	1905.3	2047.0
5.0×10^{-1}	13.9	2020.9	1895.4
1.0	18.5	2202.5	1191.2
2.0	20.1	1968.2	754.3
3.0	22.4	1810.9	548.1
4.0	25.8	1770.0	417.1
5.0	26.5	1614.4	360.8