

## RESEARCH REPORT

## Is there a "school effect" on pupil outcomes? A review of multilevel studies

E Sellström, S Bremberg

*J Epidemiol Community Health* 2006;60:149–155. doi: 10.1136/jech.2005.036707

See end of article for authors' affiliations

Correspondence to: Dr E Sellström, Midsweden University, Department of Health Sciences, SE-831 25 Östersund, Sweden; eva.sellstrom@miun.se

Accepted for publication 3 October 2005

**Study objective:** The school environment is of importance for child outcomes. Multilevel analyses can separate determinants operating at an individual level from those operating at a contextual level. This paper aims to systematically review multilevel studies of school contextual effects on pupil outcomes.

**Design:** Key word searching of five databases yielded 17 cross sectional or longitudinal studies meeting the inclusion criteria. Results are summarised with reference to type of school contextual determinant.

**Main results:** Four main school effects on pupil outcomes were identified. Having a health policy or antismoking policy, a good school climate, high average socioeconomic status, and urban location had a positive effect on pupil outcomes. Outcomes under study were smoking habits, wellbeing, problem behaviour, and school achievement.

**Conclusions:** Despite the different pupil outcomes and the variety of determinants used in the included papers, a school effect was evident. However, to improve our understanding of school effects, presentations of results from multilevel studies need to be standardised. Intraclass correlation and explained between school variance give relevant information on factors in the school environment influencing pupil outcomes, and should be included in all multilevel studies. Inclusion of pupil level predictors in the multilevel models should be based on theoretical considerations of how schools and communities are interconnected and how pupils and their families are influenced by school contextual factors.

Children and adolescents spend a considerable amount of their time in school, and the school environment is therefore of importance for child outcomes. Research within the framework of "effective schools" has established that factors in the school environment play a part in pupil achievement.<sup>1</sup> In the 1970s, Rutter *et al* showed that pupils demonstrate greater school achievement and social adaptation in schools characterised by strong educational leadership, high expectations, and frequent evaluation by teachers.<sup>2</sup> These findings were later confirmed in other studies.<sup>3,4</sup> Furthermore, earlier reviews show that 10% of variation in pupils' achievements can be explained with reference to the school they have attended.<sup>1,5</sup>

School environment also has an impact on child health and wellbeing. Three recent reviews conclude that pupils' problem behaviours, alcohol and drug use, and crime are influenced by the school environment.<sup>6–8</sup> Wilson *et al* showed that interventions focusing on school context, rather than on individual pupils, were effective in preventing problem behaviours.<sup>8</sup> Aveyard *et al* claim that the most effective methods to deter smoking are bans and enforcement.<sup>6</sup> Furthermore, Evans-Whipp *et al* found that more comprehensive and strictly enforced school policies are associated with less smoking.<sup>7</sup>

The association between school characteristics and child outcomes has been established mainly in ecological or individual based studies. Such study designs could, however, contain serious sources of error as they do not take into consideration the nested structure of the data.<sup>9–16</sup> The fact that schools are situated in different neighbourhoods and the pupils come from different socioeconomic backgrounds could explain variations in their school achievement and health and wellbeing. It is a well established fact that children in families with high socioeconomic status (SES) do better in school and have fewer health related problems.<sup>17</sup> Family SES therefore influences child outcomes, and the increased risk is

not necessarily connected to the school but may instead be connected to the family.

In the study of variation in child outcomes between schools, multilevel technique is a useful method as it makes it possible to separate out school effects from family influences.<sup>18,19</sup> In other words, multilevel analysis can establish how much of the variation in child outcomes is conditioned by individual circumstances and how much is related to differences between schools (that is, intraclass correlation). It is also possible to establish how much of the variation in child outcomes can be explained by school level factors.

An important theoretical issue is how determinants on different levels are interlinked. This includes considerations of what contextual determinants are used and how theories have been operationalised. It also raises the question of whether relevant individual level predictors are included in the statistical models and whether they should be regarded as confounders or as mediators.

The objective of this literature review is to clarify the impact of school context on any child outcomes, independently of pupil composition. The review uses systematic methodology and includes only studies that used multilevel technique. The articles were reviewed to gain information on the following questions:

- (1) What is the evidence that school level factors explain between school variation in pupil outcomes (that is, explained between school variance)?
- (2) How much of the variation in pupil outcomes is conditioned by differences between schools (that is, intraclass correlation)?
- (3) What theoretical frameworks have been suggested to explain between school variation in pupil outcomes?

**Abbreviations:** SES, socioeconomic status; ICC, intraclass correlation

## METHOD

### Data sources and study selection

Literature was identified through searches from August to October 2003 in the Medline, ERIC, PsycInfo, Sociological Abstracts, and Social Citation Index databases. Search words were “multilevel” and “school” (and “environment” or “community” or “ecology” or “context”). The search was limited to studies of children under 18 years of age. The only studies included were those performed in high income countries (Western Europe, USA, Canada, and Australia) and where the second level units consisted of schools. In all, 411 articles were initially found, of which 17 met the selection criteria. These articles are presented in table 1 according to the outcome under study.<sup>20–36</sup> We included studies on any child outcomes as the focus was to review effects of school environment regardless of the outcome under study. The outcomes in these studies included smoking habits and alcohol use, problem behaviours, wellbeing, school achievement, and physical achievement. Table 1 shows school effects (significant estimates from multilevel models where individual level variables were controlled), intraclass correlation coefficients (ICCs) and estimates of explained variance.

All included studies had an observational, longitudinal, or cross sectional design, and study quality was assessed based on study design, sampling technique, and inclusion of relevant pupil level variables (table 2).

### Data analyses

This review includes only studies using multilevel techniques, in which data are hierarchically structured. The basis for this choice is the assumption that pupils attending the same school are in some respects more alike than pupils from two different schools. Using multilevel approach permits identifying variability in the outcome on two levels (that is, pupil and school level). In this review the outcomes consist of continuous or binary data and, accordingly, the multilevel models are either linear or logistic. When the outcome is continuous, a random intercept model can be described with the following equations<sup>19</sup>:

$$Y_{ij} = \beta_{0j} + \beta_1 X_{1ij} + \dots + \beta_p X_{pij} + e_{ij} \quad (1)$$

where  $Y_{ij}$  is the value of the outcome of the  $i$ th pupil in the  $j$ th school;  $\beta_{0j}$  is the overall constant (intercept) and  $\beta_1 X_{1ij} + \dots + \beta_p X_{pij}$  are the effects of individual level variables on pupil outcome;  $e_{ij}$  is the variation in outcome at the individual level.

$$\beta_{0j} = \gamma_{00} + \gamma_{01} Z_{1j} + \dots + \gamma_{0q} Z_{qj} + u_{0j} \quad (2)$$

$\gamma_{00}$  is the average value of the outcome across all schools and  $\gamma_{01} Z_{1j} + \dots + \gamma_{0q} Z_{qj}$  are the effects of school level variables;  $u_{0j}$  is the variation at the school level.

The degree of resemblance between pupils belonging to the same school can be expressed by the ICC. ICC is the proportion of variance that is accounted for by the school level. For studies where ICC was not presented, we have calculated it when components of variance were available. For continuous outcomes the following formula was used:

$$p = \frac{\sigma_u^2}{\sigma_u^2 + \sigma_e^2} \times 100 \quad (3)$$

When the outcome was binary the following formula was used:

$$p = \frac{\sigma_u^2}{\sigma_u^2 + \pi^2/3} \quad (4)$$

“ $\sigma_u^2$ ” denotes the school level variance and “ $\sigma_e^2$ ” is the variance at the individual level in a linear model, whereas the logistic distribution for the individual residual implies a variance of  $\pi^2/3 = 3.29$ .<sup>19</sup>

Where possible, we present between school variation in pupil outcome explained by school level variables for each study when individual level variables were controlled (table 1). When this proportion was not calculated in the reviewed study we made the calculation if components of variance were available. Explained school variation can be calculated as the residual between school variance explained by school level variables after the variance explained by pupil level variables is taken out.<sup>19</sup>

## RESULTS

### What is the evidence that school level factors explain between-school variation in pupil outcomes?

In schools without health and antismoking policies, smoking was more prevalent among pupils (OR 1.20–2.77).<sup>22–24</sup> In two of these studies, peer smoking habits were controlled in the statistical model. Moreover, it was shown that school norms and values influenced pupils’ smoking habits and alcohol use. A competitive climate meant a higher risk of smoking initiation (OR 1.17–1.22), and pupils from Catholic schools were more likely to smoke than were pupils from non-Catholic schools.<sup>20</sup> The frequency of alcohol use was higher in schools with a more pronounced drug subculture.<sup>26</sup> School level determinants explained 4%–40% of between-school variation in pupils’ smoking habits and alcohol use.<sup>20 22 23 26</sup>

School climate had a significant effect on pupils’ wellbeing in three papers.<sup>31 32 34</sup> In schools where the relationship between teachers and pupils was good and where bullying did not occur, pupils’ wellbeing was improved.<sup>31</sup> Van den Oord and Rispens showed that, in schools where a low proportion of pupils had plans for future education, feelings of fear and uncertainty were more common.<sup>34</sup> In schools with a small number of girls, it was less common for pupils to be victims of physical violence, and in schools that participated in pupil exchange programmes with other schools, disruptive behaviour among pupils was less common.<sup>32</sup> In this study, a large number of correlations between school level variables and outcome were investigated and it is possible that some correlations will reach significance by chance. The findings by Mooij were not interpreted, and the inclusion of the variable on exchange programmes was not motivated by theory or by results in earlier studies. Aspects of school social climate explained 5%–8% of variance.<sup>32</sup>

School average SES was correlated to different aspects of pupils’ problem behaviours or wellbeing.<sup>33–35</sup> Schools with low average SES had higher rates of pupil victimisation.<sup>33</sup> In schools with high poverty, more pupils carried weapons.<sup>35</sup> Van den Oord and Rispens, however, showed an opposite correlation, reporting that in schools with high average SES pupils felt more fear and uncertainty.<sup>34</sup> The authors attribute this finding to random variation. School average SES explained 19% of the variation between schools in the study on pupils carrying weapons.<sup>35</sup> None of the other studies reported explained variance or presented components of variance, and further studies are therefore needed to verify the result in Wilcox’s study.

Pupils from high SES schools perform better than pupils from low SES schools. This was established in all included studies on school achievement.<sup>27–30</sup> Furthermore, in two Australian papers a strong and negative effect of rurality on

**Table 1** Multilevel studies reporting school effects on pupil outcomes

Study	Outcome measures	School effect	Intraclass correlation; between school variance explained by school level variables in a full model
<b>Smoking habits and alcohol use</b> Johnson and Hoffmann, USA, 2000	Daily cigarette start at baseline and two year follow up (binary)	In west region v other regions pupils smoked less; OR=0.66 In Catholic schools v non-Catholic schools pupils smoked more; OR=1.46 In schools with a competitive climate pupils smoked more at baseline; OR=1.17, and at follow up OR=1.22 High teacher work load increased pupils' smoking; OR=1.23	Explained variance = 15% (grade 8) and 40% (grade10)
Maes and Lievens, Belgium, 2003	Regular weekly smoking (binary) Alcohol use (binary)	Strong school policy decreased pupils' smoking and alcohol consumption; OR=0.83 and 0.87 respectively Female school administrator decreased pupils' alcohol consumption; OR=0.66 Weak school policy increased daily smoking; OR=2.77 Medium school policy increased daily smoking; OR=2.04 Weak enforcement increased daily smoking; OR=1.52 High compliance antismoking rules increased daily smoking; OR=0.46	ICC smoking habits =9%* ICC alcohol consumption = 12%* Explained variance = 13%–19%* ICC = 7%* Explained variance with reference to smoking policy = 1.4%* Explained variance with reference to enforcement of pupils = 4%* ICC = 12%*
Moore <i>et al.</i> , Great Britain, 2001	Daily smoking (binary) Weekly smoking (binary)	School level variables (socioeconomic status and sex composition) were not significantly associated with smoking habits	ICC = 10.3% Explained variance = 4.9%*
Pinilla <i>et al.</i> , Spain, 2002	Daily smoking (binary)	Strong drug subculture increased pupils alcohol use	Mathematics achievement ICC=28%
Reeder <i>et al.</i> , New Zealand, 1999	Daily smoking (binary)	Low poverty improved pupils' mathematics achievement; effect size = -0.968 Low poverty improved reading achievement; effect size = -0.922	Reading achievement ICC=28% Explained variance; mathematics achievements = 75% Explained variance; reading achievements = 74% ICC=13% Explained variance = 12% ICC mathematics achievement = 7.6%
Rountree P., USA, 1999	Current (≥ weekly) smoking (binary) Alcohol use (continuous)	Socioeconomic inequality decreased pupils' gains in social studies High average SES improved pupils' mathematics achievement	ICC science achievement = 2.4% Explained variance, mathematics achievement = 91%* Explained variance, science achievement = 98%* ICC mathematics achievement = 5.13%
<b>School achievement</b> Battistich V., USA, 1995	Mathematics and reading achievement (continuous)	High average SES improved pupils' science achievement Rural location decreased pupils' mathematics achievement Rural location decreased pupils' science achievement High average SES improved pupils' mathematics and science achievement	ICC science achievement = 1.36% Explained variance, by average SES; mathematics achievement = 16.1% Explained variance, by location; mathematics achievement; = 37.6% No variance in science achievement explained by school level variables
Blau J., USA, 2001	Gains in social studies (continuous)	Rural location decreased pupils' mathematics and science achievement	ICC = 1%.
Webster B., Australia, 2000	Achievements in mathematics and science (continuous)	High parental education increased pupils' wellbeing Low bullying at school increased pupils' wellbeing High proportion of teachers treating pupils fairly increased pupils' wellbeing High proportion of pupils with plans for future education increased pupils' wellbeing	ICC = 2.6%–8.1%
Young D., Australia, 1998	Achievements in mathematics and science (continuous)	Not having a school exchange programme increased aggressive behaviour in pupils High proportion of girls in school increased victim behaviour in pupils	Explained variance = 5%–8% *
<b>Problem behaviour/wellbeing</b> Konu A., Finland, 2002	Wellbeing (continuous)		
Mooij T., Netherlands, 1998	Aggressive behaviour Victim behaviour (continuous)		

Table 1 Continued

Study	Outcome measures	School effect	Intraclass correlation; between school level variables in a full model	variance explained by school
George R, USA, 2000	Victimisation (binary)	Large v small and medium schools increased victimisation in pupils (grade 8) Suburban v urban and rural schools increased victimisation in pupils (grade 8) Public v private schools increased victimisation in pupils (grade 8) Low SES increased victimisation in pupils (grade 8) No multilevel regression models presented	ICC grade 8 = 0.87 ICC grade 9 = 1.48 ICC grade 10 = 1.73% ICC problem behaviour = 0%-3%	
Roeger L, Australia, 2001	Depressive symptoms (continuous)	Schools having a speech therapist increased pupils' wellbeing (+)	ICC wellbeing = 4%	
van den Oord E, Netherlands, 1999	Problem behaviour (aggression, restlessness, fear/uncertainty) Self reported wellbeing (continuous)	High average parent education increased fear/uncertainty in pupils Low proportion of pupils with plans for future education increased fear/uncertainty in pupils High proportion free lunch increased pupils weapon carrying	ICC = 25%* Explained variance = 19%*	
Wilcox P, USA, 2001	Carrying weapon at school (binary)	Schools with physical education programme improved cardiovascular endurance in pupils Schools with fitness tests improved cardiovascular endurance in pupils	ICC = 22.35% Explained variance = 10%	
<b>Physical activity</b> Zhu W, USA, 1997	Cardiovascular endurance (continuous)			

\*Calculations made by the author.

pupil achievement in mathematics and science was seen.<sup>29 30</sup> This effect was independent as average SES was controlled in both studies. Between school variation explained by school SES and localisation was estimated to be between 12% and 98%.

In the single study on physical achievement it was shown that children in schools with physical education specialists, and those in schools where fitness tests were performed, had better cardiovascular endurance than pupils in other schools.<sup>36</sup> These variables explained 10% of between school variance.

### How much of the variation in pupil outcomes is conditioned by differences between schools (ICC)?

ICC varied between 9% and 12% regarding pupils' smoking habits and alcohol use.<sup>22-24 26</sup> In studies on school achievement, estimates of ICC varied considerably.<sup>29 30</sup> In three studies on mathematic achievement ICC varied between 5% and 28%.<sup>21 31 32 34</sup> In four studies on pupils' problem behaviour and wellbeing, ICC did not exceed 8%.<sup>35</sup> In a single study on carrying weapons in school ICC was estimated to be 25%.<sup>36</sup> Finally, in a study on health related fitness ICC was reported to be 22%.<sup>28 30</sup> Thus, the variation conditioned by school context, ICC, differed according to pupil outcomes. Health related behaviours such as physical exercise, smoking, and alcohol use seemed to vary between schools to a greater extent than did pupils' problem behaviours and wellbeing.

### What theoretical frameworks have been suggested to explain between school variation in pupil outcomes?

A complete report on the theoretical frameworks used is not presented here. Instead, some aspects are highlighted to illuminate problems and possibilities. Only one of five studies on smoking habits developed hypotheses drawn from theories.<sup>20</sup> Johnson and Hoffmann refer to "social learning and strain theories".<sup>37</sup> Theoretical concepts operationalised include self esteem, negative peer association, and positive school attitude as individual and as aggregated measures. It seems that the other four studies on pupils' smoking habits derived their measures from similar theoretical considerations, although these are not presented in the papers.

Theories on community aspects were used in two studies on school achievement. Blau *et al* rely on theory derived from neighbourhood research to elaborate hypotheses on neighbourhood attributes as determinants of pupils' school achievement.<sup>28</sup> Neighbourhood research shows that deficits in poor communities result in poor learning environments.<sup>38 39</sup> The homogeneous character of deprived neighbourhoods creates enclaves denying young people social and cognitive challenges. Battistich *et al*<sup>27</sup> take their point of departure in Durkheim's theory on anomie (that is, feelings of alienation and normlessness).<sup>40</sup> Also, Wilcox and Clayton's study on pupils' weapon carrying is based on theories of community ecological perspective.<sup>35</sup> They refer to Jencks and Mayer's idea that organisational effectiveness of institutions within neighbourhoods strongly affects the rates of harmful behaviours in these areas. Viable intracommunity institutions can serve as an indicator of informal social control and consequently of decreased neighbourhood problems.<sup>41</sup>

## DISCUSSION

This review points out important school level determinants on pupil outcomes. There is some evidence that school health and antismoking policies affect pupils' smoking habits, which confirms findings in earlier reviews.<sup>6-8</sup> Furthermore, pupils in high SES schools performed better than pupils in low SES schools. Three studies showed that a school's social climate affects pupils' wellbeing. This is an interesting finding as earlier research had established that a school's

**Table 2** Validity assessment of included studies

Study	Study design sampling sample	Age or grade	Individual level variables in the multilevel models
<b>Smoking habits and alcohol use</b> Johnson and Hoffmann, USA, 2000	Longitudinal study	Grade 8–10	Sex, race/ethnicity, school drop out, college plans, work > 10h/week, grade point average, self esteem, school misconduct, positive school attitude, peers, negative peer association, two biological parents at home, parental support, parental education
Maes and Lievens, Belgium, 2003	Probability sampling Two cohorts: 16454 pupils in 1012 schools 13840 pupils in 397 schools (wave two) Cross sectional study	13 and 16 years	Age, sex, type of education, smoking behaviour of father/mother, school results, attitude towards school, school attendance, integration with friends, physical health, mental health, integration with family, repeating classes, relationship with teacher, frequently being drunk
Moore <i>et al</i> , Great Britain, 2001	Non-probability sampling 3225 pupils in 29 schools Cross sectional study	Grade 11	Sex, age, family structure, family affluence, mother smoker, best friend smoker, high parental expectations, alienation (easy to talk to parents)
Piñilla <i>et al</i> , Spain, 2002	Probability sampling 1375 pupils in 55 schools Cross sectional study	15–16 years	Age, sex, number of people at home, spending money, interest in studies, alcohol consumption, tobacco consumption by peer group and by family members, knowledge about tobacco, attitudes towards tobacco
Reeder <i>et al</i> , New Zealand, 1999	Probability sampling 1887 pupils in 30 schools Longitudinal study	14–15 years	Sex, ethnicity
Rountree P., USA, 1999	Non-probability sampling 5834 pupils in 15 schools Cross sectional study Probability sampling 2295 pupils in 53 schools Cross sectional study	Grade 6–12	Sex, age, race, peers drink, religious commitment, school attachment
<b>School achievement</b> Battistich V., USA, 1995	Probability sampling 2435 pupils in 146 schools Cross sectional study Sampling unclear	Grade 3–6 (elementary school)	Sex, ethnicity, grade, sense of community
Blau J., USA, 2001	Non-probability sampling 4515 pupils in 24 schools Longitudinal study	Grade 10–12	(Only from grade 10) race, sex, SES, scores in mathematics and reading, intact family, locus of control, educational expectations, academic motivation
Webster B., Australia, 2000	Probability sampling 12852 pupils in 161 schools Cross sectional study Probability sampling 3397 pupils in 28 schools	Grade 7–8 13 years	Sex, SES, attitudes towards science and mathematics, career aspirations
Young D., Australia, 1998	Probability sampling 17500 pupils in 1500 schools	Grade 8–10	SES, sex, race (Aborigine), English speaking, academic self concept, general self concept, grade
<b>Problem behaviour/wellbeing</b> Konu A., Finland, 2002	Cross sectional study Sampling unclear 87341 pupils in 458 schools Longitudinal study	Grade 8–9 14–16 years	Sex, grade, family structure, unemployment, school conditions, social relations, means for self fulfilment, health status
Mooij T., Netherlands, 1998,	Probability sampling 1998 pupils in 71 schools Longitudinal study Probability sampling 17500 pupils in 1500 schools	Grade 3–4	Sex, religious affiliation, ethnicity, intelligence, personality dimensions, school achievements, school behaviour, school motivation, parents living together, educational level of parents, occupational level of parents
George R., USA, 2000		Grade 8–10	Race, sex, SES, school climate, lifestyle, daily smoking (grade 8), heavy drinking (grade 10)

Table 2 Continued

Study	Study design sampling sample	Age or grade	Individual level variables in the multilevel models
Roeger L, Australia, 2001	Prospective longitudinal study Non-probability sampling 2489 pupils in 25 schools	Grade 8–10 13–15 years	No individual level variables presented
van den Oord E, Netherlands, 1999	Longitudinal study Non-probability sampling 1162 children in 51 schools	4.8 years (mean)	Sex, age
Wilcox P, USA, 2001	Cross sectional study	Grade 6–12	Age, sex, race, SES, general problem behaviour, gun ownership/use, parental gun ownership/use, peers carrying weapon to school, family dysfunction, school attachment, religious involvement, threatened at school, property victimisation at school, fear at school
<b>Physical activity</b> Zhu W, USA, 1997	Sampling unclear 6169 pupils in 21 schools Cross sectional study Sampling unclear 2372 pupils in 54 schools	Grade 3–4 6–9 years	Sex, age

climate affects pupil achievement.<sup>1,2</sup> Similar measures of school climate were used in the study of pupils' achievement as in the study of pupils' wellbeing. Determinants such as high expectations on pupils and a strong educational leadership are important not only for pupil achievement but also for the pupils' sense of wellbeing. Finally, there is some evidence that rurality has a negative effect on school achievement. This observed effect was not confounded by average school SES.

The evidence from the literature is limited. We cannot conclude that the observed effects are causal. However, the school level determinants reviewed here can be considered fairly stable over time and the observed associations may therefore be interpreted as causal. Furthermore, the studies included in this review investigate different pupil outcomes within diverse frameworks and traditions. Therefore, drawing conclusions is not straightforward. Some methodological and theoretical aspects require attention.

An important result in empirical studies within public health is the extent to which between school variance can be explained by school level variables. In the reviewed studies, explained variance differed both regarding the same outcome and comparing different outcomes. This variation could be explained by which individual level variables were controlled. Inclusion of multiple, inter-correlated individual level variables could decrease variance explained by school level variables.<sup>42</sup> Furthermore, individual level variables such as peer attitudes or influence may be mediators rather than confounders. When such predictors are controlled in the statistical model they may act as proxies for contextual effects and can therefore be misinterpreted and possibly dilute the school effect. Peer attitudes and norms could instead be regarded as the path on which pupils' smoking habits are influenced.<sup>6</sup> Hence, cross level interactions in the statistical model could provide valuable information on how school context may differentially affect pupil outcomes. In the reviewed studies, such interactions were not explored, however. Moreover, if variance components were always partitioned to the school and pupil level in the null model as well as in the full multilevel model, it would be possible to calculate explained variance from results in a single study. Such meta-analyses would be valuable to practitioners in education and public health.

The extent to which variation in pupil outcomes was conditioned by differences between schools varied according to the outcome under study. Studies on pupils' health behaviours reported an ICC of 7%–12%, while studies on pupils' wellbeing generally reported much lower ICCs. Regarding school achievement, considerable disparities in ICC were seen. This may have been because of sampling bias. Two of the studies on school achievement used a random sampling technique.<sup>28,30</sup> In the remaining two studies the sampling was deliberate or unclear.<sup>27,29</sup> It is therefore not possible to rule out sampling bias as an explanation of disparities in observed ICC in the included studies on school achievement. Also, error in outcome measurement can cause biased results regarding ICC. However, school achievement was measured with similar tests in the included studies and thus such errors are not plausible. Nevertheless, there is a clear need for more standardised presentation of results from multilevel studies. In educational research, where multilevel statistical methodology has a long tradition, ICC is always presented. This is important as information on ICC focuses attention on the contribution of the school environment to pupil outcomes.

Studies carried out within a public health conceptual framework often lack theoretical justifications. Deriving hypotheses and operationalising variables from theory would facilitate interpretation of results. For example, how should

### What this paper adds

The rationale for carrying out the review is to summarise findings in studies where hierarchical data are analysed with multilevel technique. Such studies are still rare but the findings are highly interesting in public health as there is a possibility that earlier research has overestimated contextual effects.

### Policy implications

Pupil outcomes vary between schools and targeting interventions to the school environment could have effects on pupil outcomes. Consequently, there is a potential for school based prevention of negative pupil outcomes.

the observed effect of average school SES be interpreted? In two studies on school achievement, the school SES variable was used to control for effects of other contextual variables such as rurality. In studies where other contextual were not included, it seems relevant to interpret school SES as a proxy for unmeasured school contextual features that are potentially relevant to pupil outcomes such as school achievement. Likewise, the evidence of an effect of school SES on pupil wellbeing may be interpreted in a similar way. Hence, school SES may suggest a potential for prevention. It is therefore important to find true contextual variables to develop intervention strategies.

Thus, relying on theoretical grounds would improve interpretation of results in studies on variation in pupil outcomes attributable to school environment, as the choice of explanatory variables would be more consistent. Yet, it remains a challenge to researchers to further examine how schools and communities are interconnected and how certain chains of events can lead to negative or positive pupil outcomes.

#### Authors' affiliations

**E Sellström**, Department of Health Sciences, MidSweden University, Östersund, Sweden

**S Bremberg**, Department of Public Health Sciences, Karolinska Institute, Stockholm, and National Public Health Institute, Stockholm, Sweden

Funding: the Swedish National Institute of Public Health funded this study.

Competing interests: none declared.

### REFERENCES

- 1 **MacBeath J**, Mortimore P. *Improving school effectiveness*. Buckingham: Open University Press, 2001.
- 2 **Rutter M**, Maughan B, Mortimore P, et al. *Fifteen thousand hours*. London: Open Books, 1979.
- 3 **Reynolds D**, Teddie C. The process of school effectiveness. In: Reynolds D, ed. *The international handbook on school effectiveness research*. London: Falmer Press, 1997:134–59.
- 4 **Sammons P**, Mortimore P, Thomas S. Do schools perform consistently across outcome and areas? In: Gray J, ed. *Mergin traditions: the future of research on school effectiveness and school improvement*. London: Cassels, 1996.
- 5 **Teddie C**, Reynolds D, Sammons P. The methodology and scientific properties of school effectiveness research. In: Reynolds D, ed. *The international handbook on school effectiveness research*. London: Falmer Press, 1997:55–133.
- 6 **Aveyard P**, Markham WA, Cheng KK. A methodological and substantive review of the evidence that schools cause pupils to smoke. *Soc Sci Med* 2004;**58**:2253–65.

- 7 **Evans-Whipp T**, Beyers JM, Lloyd S, et al. A review of school drug policies and their impact on youth substance use. *Health Promot Int* 2004;**19**:227–34.
- 8 **Wilson D**, Gottfredson D, Najaka S. School-based prevention of problem behaviors: a meta-analysis. *Journal of Quantitative Criminology* 2001;**17**:247–71.
- 9 **Acevedo-Garcia D**, Lochner KA, Osypuk TL, et al. Future directions in residential segregation and health research: a multilevel approach. *Am J Public Health* 2003;**93**:215–21.
- 10 **Merlo J**. Multilevel analytical approaches in social epidemiology: measures of health variation compared with traditional measures of association. *J Epidemiol Community Health* 2003;**57**:550–2.
- 11 **Northridge ME**, Stover GN, Rosenthal JE, et al. Environmental equity and health: understanding complexity and moving forward. *Am J Public Health* 2003;**93**:209–14.
- 12 **Kawachi I**, Berkman L, eds. *Neighborhoods and health*. New York: Oxford University Press, 2003.
- 13 **Duncan C**, Jones K, Moon G. Context, composition and heterogeneity: using multilevel models in health research. *Soc Sci Med* 1998;**46**:97–117.
- 14 **Diez-Roux AV**. Bringing context back into epidemiology: variables and fallacies in multilevel analysis. *Am J Public Health* 1998;**88**:216–22.
- 15 **Diez-Roux AV**. Multilevel analysis in public health research. *Annu Rev Public Health* 2000;**21**:171–92.
- 16 **Blakeley TA**, Woodward AJ. Ecological effects in multi-level studies. *J Epidemiol Community Health* 2000;**54**:367–74.
- 17 **Rutter M**. *Developing minds*. London: Penguin, 1993.
- 18 **Subramanian SV**, Jones K, Duncan C. Multilevel methods for public health research. In: Kawachi I, Berkman L, eds. *Neighbourhoods and health*. New York: Oxford University Press, 2003.
- 19 **Snijders T**, Bosker B. *Multilevel analysis, An introduction to basic and advanced multilevel modeling*. London: Sage, 1999.
- 20 **Johnson R**, Hoffmann J. Adolescent cigarette smoking in US racial/ethnic subgroups: findings from the national education longitudinal study. *J Health Soc Behav* 2000;**41**:392–407.
- 21 **Roeger L**, Allison S, Martin G, et al. Adolescent depressive symptomatology: improve schools or help students? *Aust J Psychol* 2001;**53**:134–9.
- 22 **Maes L**, Lievens J. Can the school make a difference? A multilevel analysis of adolescent risk and health behaviour. *Soc Sci Med* 2003;**56**:517–29.
- 23 **Moore L**, Roberts C, Tudor-Smith C. School smoking policies and smoking prevalence among adolescents: multilevel analysis of cross-sectional data from Wales. *Tob Control* 2001;**10**:117–23.
- 24 **Pinilla J**, Gonzalez B, Barber P, et al. Smoking in young adolescents: an approach with multilevel discrete choice models. *J Epidemiol Community Health* 2002;**56**:227–32.
- 25 **Reeder A**, Williams S, McGee R, et al. Tobacco smoking among fourth form school students in Wellington, New Zealand, 1991–1997. *Aust N Z J Public Health* 1999;**23**:494–500.
- 26 **Rountree PW**, Clayton RR. A contextual model of adolescent alcohol use across the rural-urban continuum. *Subst Use Misuse* 1999;**34**:495–519.
- 27 **Battistich V**, Solomon D, Kim D, et al. Schools as communities, poverty levels of student populations, and students attitudes, motives and performance: a multilevel analysis. *Am Educ Res J* 1995;**32**:627–58.
- 28 **Blau JR**, Lamb VL, Stearns E, et al. Cosmopolitan environments and adolescents' gains in social studies. *Social Educ* 2001;**74**:121–38.
- 29 **Webster B**, Fisher D. Accounting for variation in science and mathematics achievement: a multilevel analysis of Australian data. Third international mathematics and science study (TIMSS). *School Effectiveness and School Improvement* 2000;**11**:339–60.
- 30 **Young D**. Rural and urban differences in student achievement in science and mathematics: a multilevel analysis. *School Effectiveness and School Improvement* 1998;**9**:386–18.
- 31 **Konu A**, Lintonen T, Autio V. Evaluation of well-being in schools—a multilevel analysis of subjective well-being. *School Effectiveness and School Improvement* 2002;**13**:187–200.
- 32 **Maaij T**. Pupil-class determinants of aggressive and victim behaviour in pupils. *Br J Educ Psychol* 1998;**68**:373–85.
- 33 **George R**, Thomas G. Victimization among middle and highschool students: a multilevel analysis. *High School Journal* 2000;**84**:48–58.
- 34 **van den Oord EJ**, Rispens J. Differences between school classes in preschoolers' psychosocial adjustment: evidence for the importance of children's interpersonal relations. *J Child Psychol Psychiatry* 1999;**40**:417–30.
- 35 **Wilcox P**, Clayton RR. A multilevel analysis of school-based weapon possession. *Justice Quarterly* 2001;**18**:509–41.
- 36 **Zhu W**. A Multilevel analysis of school factors associated with health-related fitness. *Res Q Exerc Sport* 1997;**68**:125–35.
- 37 **Elliot D**, Huzinga D, Menard S. *Multiple problem youth*. New York: Springer-Verlag, 1989.
- 38 **Duncan GJ**, Brooks-Gunn J. *Consequences of growing up poor*. New York: Russel Sage Foundation, 1997.
- 39 **Brooks-Gunn J**, Duncan GJ, Klebanov PK, et al. Do neighborhoods influence child and adolescent development? *Am J Social* 1993;**99**:353–95.
- 40 **Durkheim E**. *Suicide*. Glencoe, IL: Free Press, 1951.
- 41 **Jencks C**, Mayer SE. The social consequences of growing up in a poor neighborhood. In: Lynn L, McGeary M, eds. *Inner-city poverty in the United States*. Washington, DC: National Academy Press, 1990:111–86.
- 42 **Diez Roux A**. Estimating neighborhood health effects: the challenges of causal inference in a complex world. *Soc Sci Med* 2004;**58**:1953–60.