

# Layer-by-layer bioassembly of cellularized polylactic acid porous membranes for bone tissue engineering

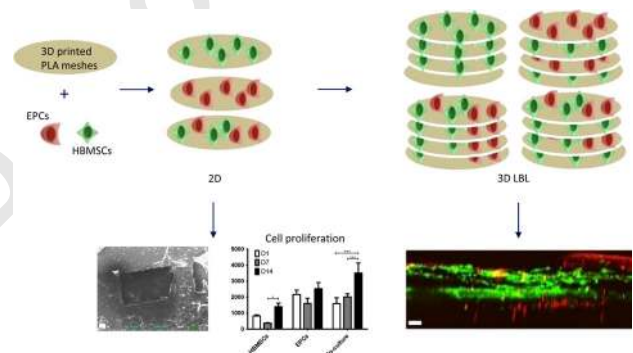
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**Abstract** The conventional tissue engineering is based on seeding of macroporous scaffold on its surface (“top–down” approach). The main limitation is poor cell viability in the middle of the scaffold due to poor diffusion of oxygen and nutrients and insufficient vascularization. Layer-by-Layer (LBL) bioassembly is based on “bottom–up” approach, which considers assembly of small cellularized blocks. The aim of this work was to evaluate proliferation and differentiation of human bone marrow stromal cells (HBMSCs) and endothelial progenitor cells (EPCs) in two and three dimensions (2D, 3D) using a LBL assembly of polylactic acid (PLA) scaffolds fabricated by 3D printing. 2D experiments have shown maintain of cell viability on PLA, especially when a co-culture system was used, as well as adequate morphology of seeded cells. Early osteoblastic and endothelial differentiations were observed and cell proliferation was increased after 7 days of culture. In 3D, cell migration was observed between layers of LBL constructs, as well as an osteoblastic differentiation. These results indicate that LBL assembly of PLA layers could be suitable for BTE, in order to promote homogenous cell distribution

inside the scaffold and gene expression specific to the cells implanted in the case of co-culture system.

## Graphical Abstract



## 1 Introduction

A typical bone tissue engineering (BTE) approach requires cells specific to the bone tissue, biochemical growth factors as well as porous biocompatible scaffold [1]. The role of the scaffold is to provide a support for cell proliferation and differentiation and it must possess specific features regarding pore diameters, porosity and microscopic dimensions, as well as adequate osteoconductive and osteoinductive properties [2]. There are different biomaterials being used for BTE nowadays, such as calcium phosphates, metals, hydrogels, polymers or their combination [3–9]. Different groups have recently used scaffolds made of polylactic acid (PLA) as a support for bone regeneration. Pure PLA scaffolds can be used [10, 11] while coated PLA [12] and PLA-based composite materials have also been described [9, 13–16]. The FDA has approved PLA for different biomedical

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51 applications, and it has proven adequate osteoconductive  
 52 and osteoinductive properties for bone applications. Dif-  
 53 ferent types of human and animal cells have shown high  
 54 ability to attach onto PLA scaffolds [17–19]. This polymer  
 55 has been used to fabricate BTE scaffolds using several rapid  
 56 prototyping (RP) methods, mostly by fused deposition  
 57 modeling (FDM) [12], and 3D printing [20–22].

58 Conventional TE approach is based on the seeding of  
 59 macroporous scaffold on its surface (“Top–Down” = TD),  
 60 resulting in many cases in poor cell viability inside the  
 61 scaffold, because it’s difficult for cells and nutrients to  
 62 penetrate and survive in the core of the scaffold [23].  
 63 “Bioassembly” is based on self-induced assembly of cellu-  
 64 larized building blocks and might also be called a  
 65 “Bottom–Up” (BU) approach [24]. The main advantage of  
 66 this approach is the possibility to seed different cell types  
 67 onto one scaffold, which may lead to a homogeneous cell  
 68 colonization and proliferation inside the scaffold. Layer-by-  
 69 layer (LBL) assemblies of cellularized porous biomaterials  
 70 may be used to fabricate cellularized constructs for bone  
 71 tissue regeneration. The choice of the right order of layers  
 72 plays an important role in order to obtain the best final  
 73 implantable construct [25]. It was shown before that the  
 74 combination of human bone marrow stromal cells  
 75 (HBMSCs) and human umbilical vein endothelial cells  
 76 (HUVECs) in alternating layers of cell sheets enables a high  
 77 vascularization subcutaneously in mice [26]. Moreover,  
 78 angiogenic factors secretion was augmented when alternates  
 79 layers of mesenchymal stem cells and endothelial cells are  
 80 stacked [27]. It was shown previously that it is possible to  
 81 control the microenvironment inside the scaffold when  
 82 using LBL approach since it enables the control of each  
 83 layer accurately [28]. Another experiment based on LBL  
 84 paper-stacking using adipose derived stem cells (ADSCs)  
 85 and PCL/gelatin in vivo has shown that the LBL approach  
 86 gave a promising osteogenic-related gene expressions [29].  
 87 We have already tested this method with MG63 cells  
 88 transduced with Luciferase gene and PCL electrospun  
 89 scaffold biopapers. Luciferase tracking with photon-imager  
 90 displayed that cell proliferation was increased when the  
 91 materials and cells were stacked layer-by-layer [30].

92 Concerning the cellular component of bone tissue engi-  
 93 neering, it is already known that endothelial progenitor cells  
 94 (EPCs) can modulate differentiation properties of  
 95 mesenchymal stem cells (MSCs) in a coculture system [31].  
 96 PLA has already been used as a scaffold for MSCs and  
 97 EPCs isolated from the rat [32] but there are no data  
 98 available for the coculture of human endothelial and  
 99 osteoblastic cells on this material. The use of PLA scaffold  
 100 membranes to support cell culture could improve the  
 101 manipulation and mechanical properties of such constructs.

102 The aim of this work was to build PLA membranes  
 103 cellularized with human osteoprogenitors and endothelial

progenitor cells and to evaluate its properties in vitro in 2- 104  
 and 3-dimensions 105

2 Materials and methods 106

2.1 Preparation of PLA membranes 107

108 PLA membranes were fabricated at the Institute for 108  
 Bioengineering of Catalonia (IBEC) by direct 3D printing 109  
 method, an additive RP method based on the extrusion of 110  
 PLA dissolved in chloroform through a nozzle. We have 111  
 used a 3Dn-300, Sciperio/nScript (Inc. Orlando, Florida) 112  
 printer for this study. The PLA solution was prepared by 113  
 dissolving a Poly(95 L/5DL) lactic acid (Corbion Purac) in 114  
 chloroform (5% w/v) at 45 °C during 24 h and then syringes 115  
 of 5 mL were filled, closed with paraffin film and stored at 116  
 –20 °C before use. The printing process was controlled 117  
 using a tuned motor speed and pressure, in order to be 118  
 adapted to viscosity of the solution. The motor speed was 3 119  
 mm/s and the pressure was between 40 and 80 psi. G27 120  
 nozzles were used for extrusion. In order to be used for 121  
 experiments, raw membranes (4 cm<sup>2</sup>) were cut with a tissue 122  
 punch into 8 mm diameter circles. 123

124 Before cell culture experiments, PLA membranes were 124  
 rinsed with phosphate buffered saline (PBS) 0.1 < pH 7.4 125  
 (Gibco) and sterilized in a solution of ethanol 70% (v/v) 126  
 during 30 min. Then, the membranes were rinsed twice with 127  
 PBS. A small amount of 2% agarose (A9539-250G Sigma- 128  
 Aldrich, St Louis, MO, USA) prepared in PBS was placed 129  
 in each well before placing the membranes in order to 130  
 prevent cell adhesion on tissue culture plastic (TCP). The 131  
 membranes were rinsed with culture media during 24 h 132  
 before seeding the membranes with cells. All experiments 133  
 were performed in 48-well plates (Corning Inc—Life Sci- 134  
 ences, Durham, NC, USA). 135

2.2 Cell isolation and tagging 136

137 Two types of human primary cells were used in this study: 137  
 human bone marrow stromal cells (HBMSCs) were isolated 138  
 from bone marrow retrieved during surgical procedures 139  
 (Experimental Agreement with CHU de Bordeaux, Eta- 140  
 blissement Français du Sang, agreement CPIS 14.14). Cells 141  
 were separated into a single suspension by sequential pas- 142  
 sages through syringes fitted with 16-, 18- or 21-gauge 143  
 needles. After the centrifugation of 15 min at 800×g without 144  
 break at room temperature, the pellet was resuspended with 145  
 $\alpha$ -Essential Medium ( $\alpha$ -MEM; Invitrogen) supplemented 146  
 with 10% (v/v) fetal bovine serum (FBS) [33]. Endothelial 147  
 Progenitor Cells (EPCs) were isolated from 30  $\mu$ L of diluted 148  
 cord blood (Experimental Agreement with CHU de Bor- 149  
 deaux, Etablissement Français du Sang, agreement CPIS 150

14.14) in 1X PBS and 2 mM ethylene diaminetetraacetic acid (EDTA, Sigma-Aldrich, St Louis, MO, USA). 15 mM of Histopaque solution (Sigma-Aldrich) was added. Then centrifugation was performed at 400g for 30 min and the ring of nuclear cells was removed and washed several times with 1× PBS and 2 nM EDTA. At the end, cells were cultured in endothelial cell growth medium-2 (EGM-2, Lonza-Verviers, France) with supplements from the kit and 5% (v/v) FCS (GIBCO Life Technologies, Karlsruhe, Germany) on a 12-well cell plate. The cell plate was coated with collagen type I (Rat Tail, BD Biosciences). Non adherent cells were removed at Day 1 and media was changed every other day [34]. The medium for endothelial cells growth contained 5% FBS, 0.1% human epidermal growth factor (hEGF), 0.04% Hydrocortison, 4% human fibroblastic growth factor-b (hFGF-b), 0.1% vascular endothelial growth factor (VEGF), 0.1% R3 insulin-like growth factor-1 (R3-IGF-1) 0.1% ascorbic acid, 0.1% gentamicin, amphotericin B (GA) (Lonza-Verviers, France). Both, HBMSCs and EPCs were incubated in a humidified atmosphere of 95% air, 5% CO<sub>2</sub> at 37 °C. The culture medium was changed every other day.

To evaluate the cell migration during LBL 3D experiments, both types of cells were tagged with fluorescent proteins. HBMSCs were tagged with green fluorescent protein (GFP) which exhibits a green fluorescence when exposed to light in the blue or ultraviolet range. EPCs were tagged with Td-Tomato, which exhibits a red fluorescence when exposed to the light in green range [35]. The lentiviral vectors contained GFP or Td-Tomato protein gene under the control of the MND (for GFP) or phosphoglycerate kinase (PGK) promoter (for Td-Tomato) for cell labeling. 2 × 10<sup>5</sup> freshly trypsinized HBMSCs ou EPCs (low sub-culturing) in suspension were mixed with 6 × 10<sup>6</sup> viral particles (MOI for GFP: 15; MOI for Td-Tomato: 30) for viral transduction (multiplicity of infection). After 24 h in culture, virus-containing medium was replaced by a fresh one to provide the cell growth. Medium was changed every other day.

## 2.3 Cell seeding and characterization in 2D

### 2.3.1 Cell seeding in 2D

PLA membranes were stabilized on the agarose with glass rings in order to avoid the floating of membranes in the culture media. HBMSCs and EPCs were seeded onto membranes as mono- (HBMSCs 50,000 cells/cm<sup>2</sup>, EPCs 100,000 cells/cm<sup>2</sup>) and co-cultures (HBMSCs 25,000/cm<sup>2</sup> + EPCs 50,000 cells/cm<sup>2</sup>). Culture media were changer every other day.

All 2D experiments were performed on PLA membranes seeded with different combinations of human primary cells

(1 seeded membrane = 1 sample). Examined time points were Day 1, Day 3, Day 7, Day 14 and Day 21.

### 2.3.2 Cell characterization in 2D

**2.3.1.1 Live-dead assay** The viability of the cells seeded on PLA membranes was tested by Live-Dead assay (LD, Life Technologies), which was based on acetoxymethylester of calcein (Calcein-AM) and ethidium homodimer-1 (EthD-1) [36–38]. Calcein-AM was cleaved in the cytoplasm by esterase and thus indicated live cells showing the green fluorescence. EthD-1 enters cells with damaged membranes and binds to nucleic acids, producing a red fluorescence of dead cells. The assay was performed by removing the culture media, rinsing the seeded PLA membrane with Hanks' balanced salt solution (HBSS, GIBCO) and addition of the solution of Calcein-AM and EthD-1 diluted in Hanks'. The solution was incubated during 15 min in a humidified atmosphere of 95% air, 5% CO<sub>2</sub> at 37 °C. Fluorescence was observed with confocal scanning microscopy (Leica, TSC SPE DMI 4000B) with LAS-AF (Leica Advanced Suite-Advanced Fluorescence) software.

**2.3.2.2 Quantification of the area covered by cells** Live-Dead images obtained by confocal microscope were used to calculate areas covered by live or dead cells by ImageJ (<https://imagej.nih.gov/ij/>).

For each condition (mono- or co-cultures) and for each time point, we have selected five images (four close to the borders at the ends of perpendicular axes and one in the middle) to quantify the cell area covered by cells. This lead to a total of 45 images quantified. Color channels (green and red) were split for each image and percentage of covered areas were calculated for each color. Statistical analyses were performed with GraphPad Prism 6 software using a two way ANOVA and Bonferroni tests.

**2.3.3.3 Scanning electron microscopy** Cell morphology was observed with a microscope Hitachi, S-2500 scanning electron microscope (SEM). After 14 days of cell culture onto PLA membranes, the samples were fixed with paraformaldehyde (PFA) 4% and dehydrated in graded ethanol (EtOH) solution (30, 50, 70, 90, 100%) and then in dex-amethylsilazan and air dried, followed by gold coating. The accelerating voltage used for the observation was 12 kV and the samples were observed with magnification ×80 and ×200. Pictures were acquired using MaxView® and SamX® softwares.

**2.3.4.4 CyQuant assay** Cell proliferation on PLA was evaluated with CyQuant® Cell Assay kit (In vitrogen C7026). This assay was based on fluorescent quantification

of one protein which binded to cell DNA. The culture media was removed at each time point and culture plates were frozen and kept at  $-80^{\circ}\text{C}$  to process all samples together. Finally, all plates were left at the room temperature for thawing. The lysis solution was first added in all samples and then 200  $\mu\text{l}$  of the buffer were added following the manufacturer's instructions. All samples were transferred in 96-well plates and mixed for 2–5 min in dark. The fluorescence of the solutions was measured at 480 and 520 nm using Victor X3 2030 Perkin Elmer.

**2.3.5.5 Immunofluorescent analysis** The EPCs monocultures and the co-cultures HBMSCs + EPCs on PLA membranes were fixed with 4% (w/v) Paraformaldehyd (PFA) at  $4^{\circ}\text{C}$  during 15 min and permeabilized with Triton X-100 0.1% (v/v) during 10 min. Endothelial phenotype was observed using intracellular marker von Willebrand Factor (vWF). The samples were incubated 1 h in PBS containing 1% (w/v) Bovine serum albumin (BSA, Eurobio, France) before incubation with primary antibody. VWF primary antibody (Rabbit) was diluted in PBS  $1\times$  with 0.5% (w/v) BSA at 1/300 (Dako, Glostrup, Denmark). The primary antibody was incubated 1.5 h at the room temperature. Then, the cells were rinsed with PBS and incubated with the secondary antibody: Alexa 488-conjugated goat anti-rabbit IgG diluted at 1/300. Subsequently, cells were washed with PBS and incubated with the nuclear probe DAPI (4', 6'-diamino-2-phenylindole, FluoProbes 5 mg  $\text{ml}^{-1}$ , dilution 1:5000) for 10 min at room temperature, in order to label the nucleus in blue. The lasers used were 488 nm (green), 561 nm (red) and 405 nm (blue). The observations were performed at  $100\times$  magnification and the pictures were taken every  $2.4\ \mu\text{m}$  in "z" orientation. The 3D reconstruction was performed with LAS-AF (Leica Advanced Suite-Advanced Fluorescence) software.

**2.3.6.6 Alkaline phosphatase (ALP) assay** Intracellular ALP activity was detected as an early osteoblastic marker. We have used the Ackerman technique, which is based on conversion of a colorless p-nitrophenyl phosphate to a colored p-nitrophenol (Sigma diagnostic kit, Aldrich). Three different conditions were tested: (1) mono-culture (HBMSCs) with induction media ( $\alpha$ -MEM + 1/1000 dexamethasone, 1/10,000

ascorbic acid, 1/100  $\beta$ -glycerolphosphate, Iscove's Modified Dulbecco (IMDM, GIBCO), 10% SVF); (2) mono-culture (HBMSCs) without induction media ( $\alpha$ -MEM alone) and (3) co-cultures ( $\alpha$ -MEM + EGM-2 50/50). The samples were fixed with 4% (v/w) PFA during 10 min at  $4^{\circ}\text{C}$ . Then the samples were stained with alkaline dye (Fast bluse RR salt supplemented with Naphtol AS-MX phosphate alkaline solution 0.25%, Sigma Aldrich) away from light during 30 min. The observations were performed with an optical microscope (Leica DMi 3000 B) connected with a digital camera (Leica DFC 425  $^{\circ}\text{C}$ ).

**2.4 Layer-by-Layer assembly of cellularized membranes in 3D**

*2.4.1 Layer-by-layer assembly and seeding strategies*

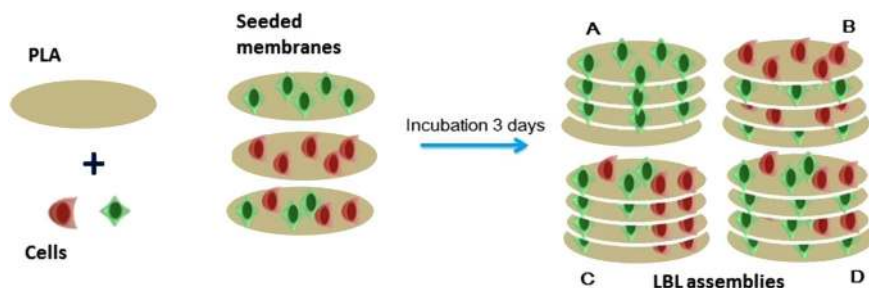
After seeding the PLA membranes in 2D using HBMSCs or EPCs or cocultures of HBMSCs and EPCs, the membranes were stacked Layer-by-Layer (LBL) to obtain a 3D composite material (Fig. 1).

These 3D constructs were prepared by assembling four PLA membranes seeded with human primary cells (HBMSCs alone or coculture of HBMSCs and EPCs) after 3 days of culture in 2D. We have prepared four different types of 3D constructs: Sample "A" consisted of four membranes seeded with HBMSC, samples "B" was made of alternating layers of monocultures of HBMSCs and EPCs, samples "C" were constructed with co-culture membranes and samples "D" had alternating layers of mono-cultures of HBMSCs and co-cultures (Fig. 1). LBL constructs were first characterized by observing the migration of tagged endothelial cells inside the LBL constructs using two photons microscopy, then the osteoblastic differentiation of the LBL 3D constructs was evaluated using quantitative polymerase chain reaction (qPCR).

*2.4.2 Quantitative real-time polymerase chain reaction (QPCR)*

Osteoblastic differentiation was examined on three different types of LBL constructs: HBMSCs in all four layers of 3D constructs, HBMSCs/EPCs/HBMSCs/EPCs and cocultures

**Fig. 1** LBL bio-assembly of PLA membranes seeded with human cells. **a** HBMSCs/HBMSCs/HBMSCs/HBMSCs; **b** HBMSCs/EPCs/HBMSCs/EPCs; **c** Cocultures/Cocultures/Cocultures/Cocultures; **d** HBMSCs/Coculture/HBMSCs/Coculture



in all four layers (Fig. 1a–c). Total RNA was extracted using the RNeasy Total RNA kit (Qiagen, AMBION, Inc. Austin, Texas, USA), as indicated by the manufacturer and 1 µl was used as the template for single-strand cDNA synthesis, using the Superscript pre-amplification system (Gibco) in a 20 ml final volume, containing 20 mM Tris-HCl, pH 8.4, 50 mM KCl, 2.5 mM MgCl<sub>2</sub>, 0.1 mg/ml BSA, 10 mM DTT, 0.5 mM of each dATP, dCTP, dGTP and dTTP, 0.5 mg oligo(dT) 12–18 and 200 U reverse transcriptase. After incubation at 42 °C for 50 min, the reaction was stopped at 70 °C for 15 min. cDNA (5 µl) diluted at a 1:80 ratio was loaded onto a 96-well plate. Real-time PCR amplification was performed using the SYBR-Green Supermix (2' iQ 50 mM KCl, 20 mM Tris-HCl, pH 8.4, 0.2 mM each dNTP, 25 U/ml iTaq DNA polymerase, 3 mM MgCl<sub>2</sub>, SYBR Green I and 10 nM fluorescein, stabilized in sterile distilled water). Primers of investigated genes (Table 1) were used at a final concentration of 200 nM. Data were analysed using iCycler IQ software and compared by the ΔΔCT method. Q-PCR was performed in triplicate for PCR yield validation. Results of relative gene expressions for LBL B and LBL C on the 7th day of culture were expressed to relative gene expression levels of LBL A. Each Q-PCR was performed in triplicate. Data were normalized to P0 (ribosomal protein) mRNA expression for each condition and was quantified relative to Runx2, ALP, OCN and type I collagen (Col1) gene expression. Statistical analysis was performed by Mann Witney test in order to compare the expressions of different gens for B and C LBL constructs.

2.4.3 2 Photons microscopy (2PM)

2PM was used to obtain a large field of view of the samples in 3D (450 µm). We prepared 3D constructs with HBMSCs tagged with GFP and EPCs tagged with TdT in order to observe the colonization of cells inside the LBL constructs (Fig. 1d). The confocal microscope was a Leica DM6000 TSC SP5 MP. L5 filter was used for green and N3 filter for

red fluorescence. HCXIRAPO objective with immersion was used to observe the samples. Argon laser for HBMSCs GFP and DPSS 561 for EPCs TdT. Excitation for HBMSCs GFP was performed at 488 nm and for EPCs TdT at 561 nm wavelength.

3 Results

3.1 Cell culture onto a PLA substrate membrane

3.1.1 Scaffolds membranes features and cell morphology

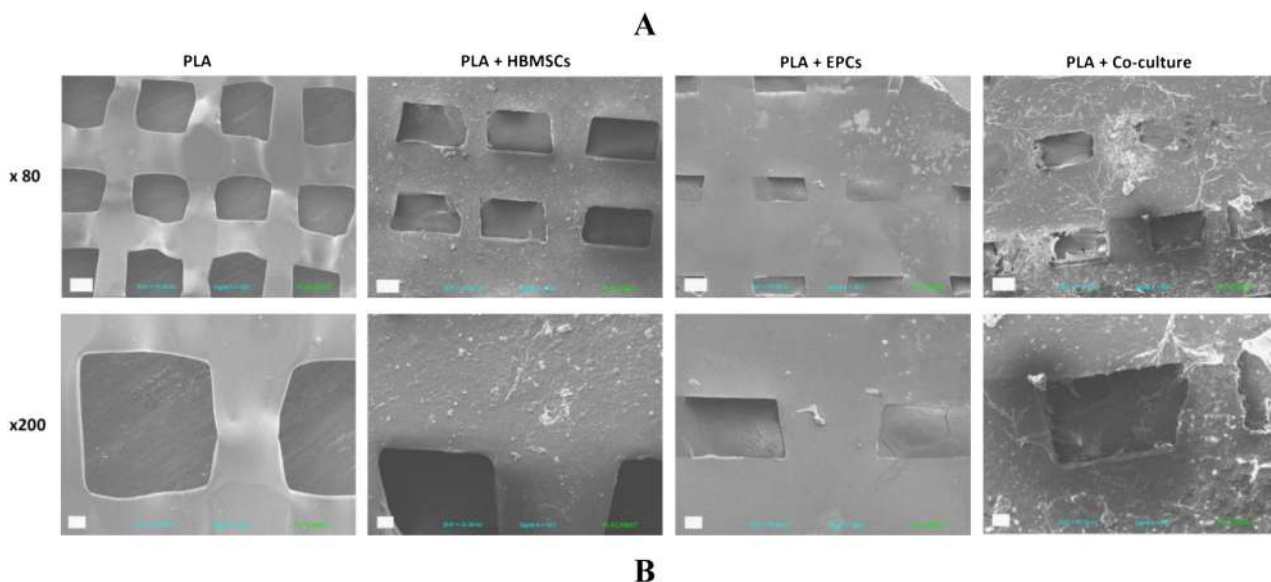
The PLA membranes were 100 µm thick and pores diameter was 200 µm. SEM observations showed the external structure of PLA membranes and struts organization, which revealed that pore size was ranged between 165 and 375 µm (Fig. 2a). Considering the PLA membranes loaded with cells, we have observed different cell morphologies of the mono- and co-cultures (Fig. 2b): HBMSCs showed elongated and highly-branched morphology. EPCs were small, rounded cells with filopodia towards PLA membranes. Cells in co-cultures were elongated and branched and covered the membrane pores.

3.1.2 Cell viability

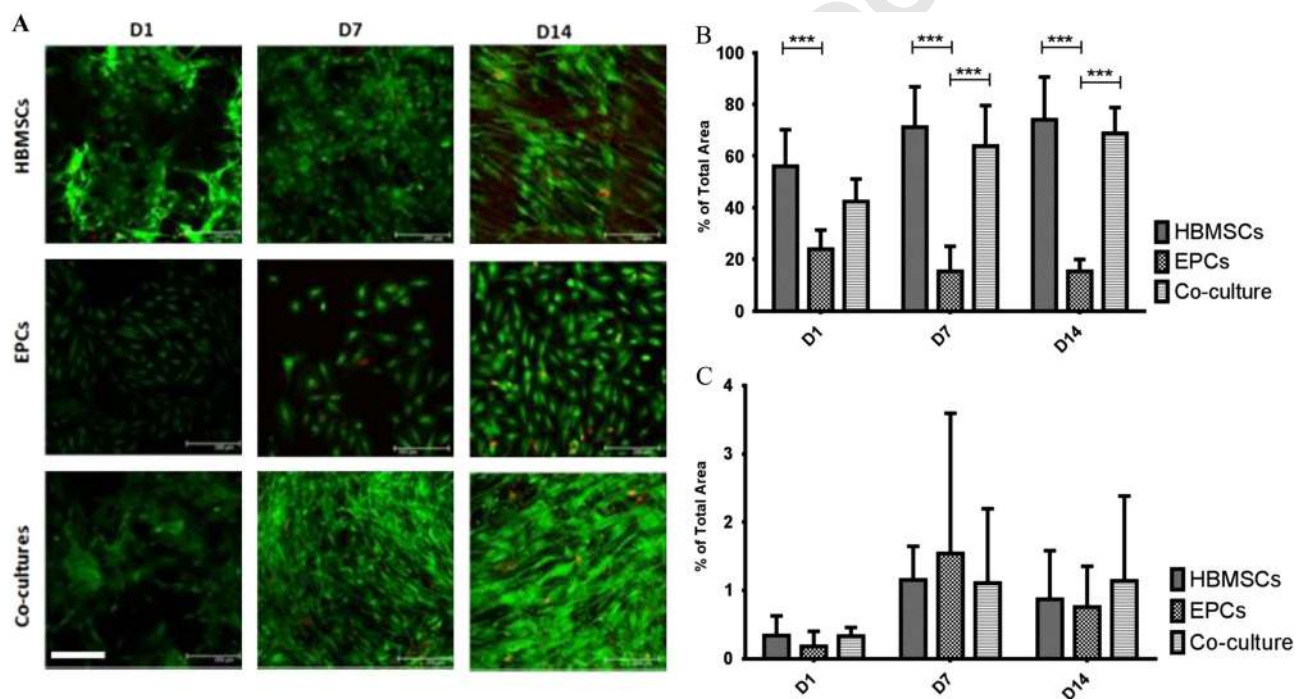
Live-Dead experiments were performed in 2D cell culture onto PLA membranes (Fig. 3a). In general, we have observed a large amount of living cells after 14 days of culture. Most of the cells were alive at day 1, with the highest survival rates in mono-cultures of HBMSCs. Few EPCs were present on PLA membranes at Day 1. Coculture samples showed similar cell viability as mono-cultures of HBMSCs at day 1. After 7 days of culture, we observed higher density of live cells in HBMSCs mono-culture samples, which was maintained until day 14. Regarding mono-cultures of EPCs, we did not observe any significant difference in qualitative observations of live and dead cells

Table 1 Primers of investigated genes

Genes	Primers
Ubiquitary ribosomic protein P0	Forward 5'-ATG CCC AGG GAA GAC AGG GC-3' Reverse 5'-CCA TCA GCA CCA CAG CCT TC-3'
ALP	Forward 5'-AGC CCT TCA CTG CCA TCC TGT-3' Reverse 5'-ATT CTC TCG TTC ACC GCC CAC-3'
COL1A1	Forward 5'-TGG ATG AGG AGA CTG GCA ACC-3' Reverse 5'-TCA GCA CCA CCG ATG TCC AAA-3'
Runx2	Forward 5'-TCA CCT TGA CCA TAA CCG TCT-3' Reverse 5'-CGG GAC ACC TAC TCT CAT ACT-3'
OCN	Forward 5'-ACC ACA TCG GCT TTC AGG AGG-3' Reverse 5'-GGG CAA GGG CAA GGG GAA GAG-3'



**Fig. 2** Scanning electron microscopy at Day 14: PLA: control PLA membranes without cells; PLA + HBMSCs: human bone marrow stromal cells cultured on PLA membranes; PLA + EPCs: endothelial progenitor cells cultured on PLA membranes; PLA + Co-cultures: cocultures of HBMSCs and EPCs on PLA membranes. Scale bar is 100  $\mu\text{m}$  for  $\times 80$  images and 30  $\mu\text{m}$  for  $\times 200$  images



**Fig. 3** a Qualitative images of the L/D assay at Day 1, 7 and 14. Scale bar is 200  $\mu\text{m}$  for all images; b Statistical results of the % of total area covered by live cells calculated from five different spots of one scaffold.  $***p < 0.001$ ; c Statistical results of the % of total area covered by dead cells calculated from five different spots of one scaffold

396 after 7 days, but their population was denser at day 14.  
 397 Coculture samples showed a large amount of live cells after  
 398 7 days, which was maintained until the day 14. After 14  
 399 days, the co-cultures (HBMSCs + EPCs) have shown the  
 400 highest cell survival.

### 3.1.3 Quantification of the area covered by cells

401

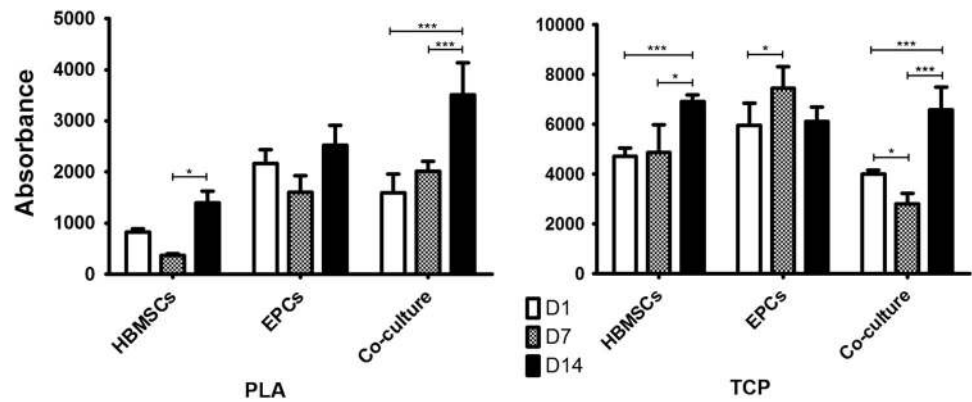
The pictures obtained with confocal microscope after Live-  
 Dead assay have been used to quantify the areas covered by  
 live or dead cells, using ImageJ<sup>®</sup> software. Since the

402

403

404

**Fig. 4** Cell proliferation during 14 days of culture on PLA membranes: mono- and co-cultures on PLA. Control experiments were done on tissue culture plastic (TCP). \* $p < 0.05$ , \*\* $p < 0.001$ , \*\*\* $p < 0.0001$



405 Calcein-AM colors the cytoplasm of live cells and the  
 406 EthD-1 colors the nucleus of dead cells, we could not  
 407 compare the surfaces covered by live to the surfaces covered  
 408 by dead cells, so we have compared live or dead cells  
 409 in function of different cell culture conditions. Percentages  
 410 of total areas of live and dead cells are shown in Fig. 3b and  
 411 c respectively. At day 1, most of the surface covered by live  
 412 cells was observed in HBMSCs mono-culture samples and  
 413 it increased with time. The surface of live cells in co-culture  
 414 systems increased with time as well. Mono-cultures of  
 415 EPCs did not show an important increase in the surface  
 416 covered by live cells. There was significantly less EPCs live  
 417 surface in all conditions compared to HBMSCs and co-  
 418 cultures. Regarding dead cells quantification, no significant  
 419 difference was observed between all conditions. The highest  
 420 surface covered by dead cells was observed in EPCs mono-  
 421 culture samples after 7 days.

422 **3.1.4 Cell proliferation (CyQuant)**

423 In test samples, cell proliferation assays in two dimensions  
 424 displayed a global increase of DNA synthesis in all samples  
 425 with time (Fig. 4). There was no significant difference in the  
 426 proliferation of EPCs in mono-culture samples during time.  
 427 DNA synthesis was significantly increased between 7 and  
 428 14 days of culture for HBMSCs on the PLA. After 14 days  
 429 of culture, a significant difference was observed in cell  
 430 proliferation of co-cultures. Control results (TCP) confirm  
 431 the significant increase in cell proliferation for all samples  
 432 after 14 days of culture.

433 **3.1.5 Cell differentiation**

434 Endothelial phenotype was characterized by the intracel-  
 435 lular marker Von Willebrand Factor (vWF) [39]. DAPI was  
 436 used to label the nucleus in blue [40]. The vWF (green) and  
 437 the DAPI (blue) staining were maintained in mono- and co-

438 cultures on PLA during 14 days. Mono-cultures of EPCs on  
 439 PLA showed a different organization than co-cultures on  
 440 PLA membranes (Fig. 5a).

441 Osteoblastic phenotype was evaluated using alkaline  
 442 phosphatase (ALP) staining. ALP expression was positive  
 443 in both, mono- and co-cultures (Fig. 5b).

444 **3.2 Use of cellularized PLA membranes for LBL bio-assembly**  
 445

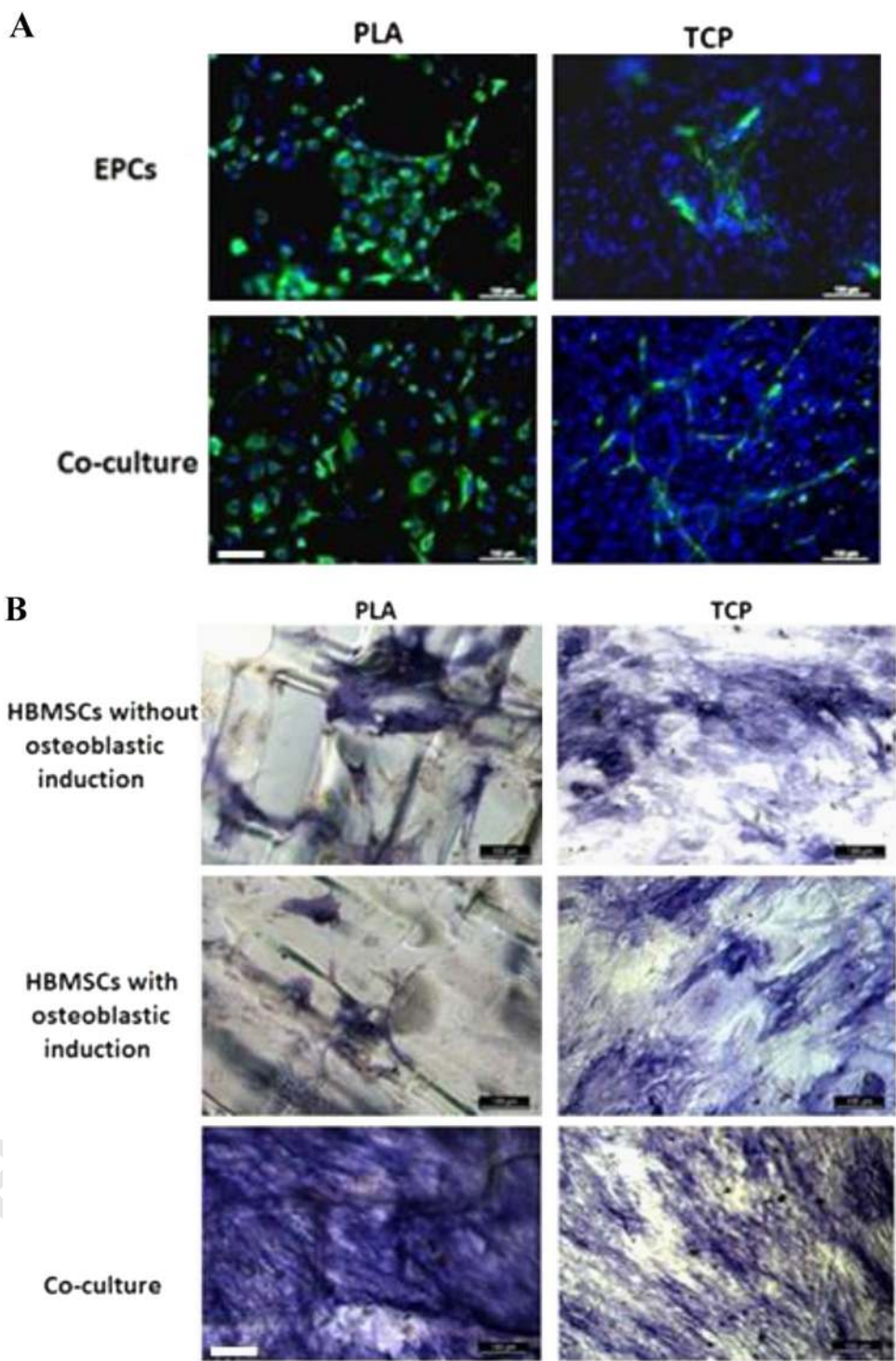
446 In aim to obtain preliminary results for LBL Bio-Assembly  
 447 we have characterized the osteoblastic phenotype in 3D  
 448 constructs as well as the cell repartition in 3D.

449 **3.2.1 Phenotype characterization in 3D constructs**

450 The relative osteoblastic gene expressions at the 7th day of  
 451 culture of two types of LBL constructs, with different  
 452 positions of HBMSCs and EPCs in layers., The experiment  
 453 was performed with LBL constructs with alternating layers  
 454 of mono-cultures of HBMSCs and EPCs and LBL con-  
 455 structs with co-culture layers. Phenotype characterization  
 456 was tested for relative gene expression of ALP, RunX2,  
 457 OCN and Col1 as osteoblastic markers (Fig. 6a). LBL  
 458 construct made of mono-cultures of HBMSCs were used as  
 459 a control group.

460 **3.2.1.1 Observation of 3D LBL composite materials by 2-  
 461 photons microscopy** This experiment was performed in  
 462 aim to observe the repartition of cells (EPCs) in 3D in LBL  
 463 constructs. LBL composite materials were prepared to be  
 464 observed after 14 days of culture using two photons con-  
 465 focal microscopy (2P). The tested sample had alternating  
 466 layers of monoculture of HBMSCs-GFP and co-cultures  
 467 (HBMSCs-GFP + EPCs-TdT). We could observe all four  
 468 layers of 3D constructs and endothelial cells (red fluores-  
 469 cence) were present in all layers (Fig. 6b).

**Fig. 5** Cell differentiation in 2D mono and co-cultures on PLA membranes. The scale is 100  $\mu\text{m}$  and it is the same for all images: **a** endothelial differentiation (vWF in green and DAPI in blue) at Day 14.; **b** osteoblastic differentiation on Day 14. (PLA poly-lactic acid membranes; TCP tissue culture plastic) (color figure online)

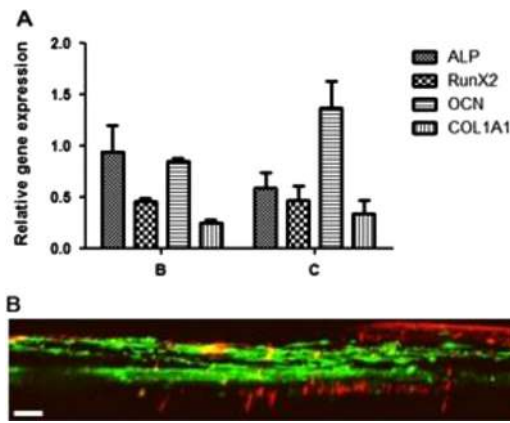


#### 470 **4 Discussion**

471 PLA used for this work has already been characterized by  
472 Serra et al. [41]. PLA membranes fabricated by 3D printing  
473 had an expected morphology and a pore size suitable for  
474 tissue engineering [42]. Human primary cells seeded on  
475 these PLA porous membranes have shown the morphology  
476 expected in these culture conditions.

477 A large amount of living cells were present on PLA  
478 membranes after 14 days of culture, especially in the case of  
479 co-cultures. There were much more membrane areas  
480 covered by live than by dead cells. The highest percentage  
481 of live cells was present in co-culture systems and it  
482 increased with time, which confirmed results obtained by  
483 SEM. The presence of both types of cells provided better  
484 conditions for cell survival. There were significantly less





**Fig. 6** 3D LBL constructs. **a** Osteoblastic differentiation (qPCR) of cells in 3D LBL B and C types of constructs on Day 7 in comparison to the A type; **b** Cell colonization inside the LBL D constructs (HBMSCs-GFP in green color and EPCs-TdT in red fluorescence). The scale bar is 500  $\mu$ m (color figure online)

live EPCs in all conditions compared to HBMSCs and co-cultures. However, the quantification of dead cells surface is not fully reliable as they usually detach from their substrate.

The amount of DNA was higher for EPCs during the first week of culture, which was expecting since we have seeded more EPCs at day 0 because they are much smaller than HBMSCs. Cells proliferation was significantly higher in the positive controls (tissue culture plastic) than on the PLA samples, what was expected with this reference tissue culture surface. There were no significant differences observed during the co-culture control samples because cell achieved their confluence very fast thanks to the cell-to-cell communication and the growth factor secretion, which was not the case on mono-culture samples. This process was slower in test co-culture samples on PLA during 7 days, but it was changed after 14 days of culture. The reason is most likely related to cell-to-cell interaction through growth factors (BMP-2, VEGF, IGF) production in co-cultures [43]. The proliferation in mono-culture samples was decreased after 7 days of culture probably because cells need more time to be adapted to the PLA than in control samples. But the proliferation was increased after 14 days, with a significant difference for HBMSCs.

EPCs were located only on struts of the PLA membranes and they formed a homogenous “grid line” shape after 14 days of culture. Co-cultures showed a higher density of cells and a lower density of vWF than mono-cultures

ALP expression was positive in both, mono- and co-cultures, which displayed early osteoblastic differentiation. The mono-cultures of HBMSCs on PLA showed similar ALP level with or without osteoblastic induction after 14 days. ALP was concentrated on the struts of the membranes. In the co-cultures performed on PLA, ALP

staining covered all the surface of the membranes and pores. The ALP expression was especially high for co-cultures, which has already been described using co-cultures of HBMSCs and EPCs [44], probably because of the higher production of the extracellular matrix.

We have observed that the highest cell proliferation and viability in 2D on PLA appeared in the case of co-culture system. Then we have performed layer-by-layer bioassembly of cellularized membranes in 3D: All tridimensional LBL constructs were made of four layers of PLA membranes seeded with human primary cells. Even if we have used glass rings to stabilize the 3D constructs in culture plates, the materials were difficult to manipulate. Other groups have proposed to use of stainless steel mesh clips to stabilize the LBL constructs after the assembly [29]. Since we could observe the most efficient cell proliferation in co-culture samples in 2D, we decided to test osteoblastic genes expressions in culture samples with combination of 2 cell types with their different organization in aim to see if their 3D organization has an influence in osteoblastic differentiation. Control simple was mono-culture HBMSCs LBL construct (without EPCs). We have observed that

OCN and ALP had the highest relative gene expression for both LBL types. It was expected since it has already been known that they genes are expressed earlier than others. The expressions of RunX2 and Col1 were lower. But we have not observed any significant difference between the two different LBL constructs concerning the expression of osteoblastic genes. There was no difference between two different types of LBL constructs containing EPCs.

Since the positions and different combinations of HBMSCs with EPCs in layers did not play an important role in osteoblastic differentiation, we have done new LBL constructs to observe the colonization of cells inside the layers. Cells were tagged in order to observe their migration between layers of PLA. The HBMSCs were tagged by GFP (green fluorescence) and EPCs were tagged by Td Tomato (red fluorescence). The tested 3D construct had alternating layers of monocultures HBMSCs-GFP and co-cultures HBMSCs-GFP + EPCs-TdT. Red color was present in all layers meaning that EPCs have probably migrated inside the LBL constructs.

### 5 Conclusions and perspectives

Fabrication of thin porous PLA membranes by direct 3D printing was successfully performed. Evaluations of viability, phenotypes maintain and proliferation of human primary cells cultured on PLA were positive: Cell proliferation increased with time in both, mono- and co-culture

569 conditions. The level of ALP expression was higher in co-  
 570 culture systems. We successfully made LBL constructs by  
 571 assembling four layers of cellularized PLA membranes.  
 572 Experiments of these 3D constructs have shown an osteo-  
 573 blastic differentiation after 7 days of culture as well as the  
 574 cell colonization inside the constructs. This showed the  
 575 potential of LBL approach to promote a homogenous cell  
 576 distribution inside the scaffold. 3D experiments have shown  
 577 that LBL bio-assembly enables better cell proliferation and  
 578 differentiation into the scaffold than conventional BTE.  
 579 Results obtained indicate that LBL approach could be sui-  
 580 table for bone tissue engineering, in order to promote  
 581 homogenous cell distribution into the scaffold.

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