

# Links Between Apoptosis, Proliferation and the Cell Cycle

# F.Q.B. Alenzi

# Abstract

Many physiological processes, including proper tissue development and homeostasis, require a balance between apoptosis and cell proliferation. All somatic cells proliferate via a mitotic process determined by progression through the cell cycle. Apoptosis (programmed cell death) occurs in a wide variety of physiological settings, where its role is to remove harmful, damaged or unwanted cells. Apoptosis and cell proliferation are linked by cell-cycle regulators and apoptotic stimuli that affect both processes. This review covers recent developments in the field and examines new evidence of the interconnectionl between apoptosis and cell proliferation.

KEY WORDS: Apoptosis. Cell cycle. Proliferation.

### Introduction

The cell cycle is divided into four phases, and the cellular decision to initiate mitosis or to become quiescent ( $G_0$  state) occurs during the  $G_1$  phase. Oncogenes have a dual role: they can induce both proliferation and apoptosis (Fig. 1).

As somatic cells proliferate, the cell-cycle progression is regulated by positive and negative signals. Apoptosis and mitosis share common morphological features such as cell shrinkage, chromatin condensation and membrane blebbing. Additionally, cell-cycle genes such as *p53*, *RB* and *E2F* have been shown to participate in both the cell cycle and in apoptosis. Thus, the balance between apoptosis and proliferation must be strictly maintained to sustain tissue homeostasis (Fig. 2).

The link between apoptosis and proliferation is suggested by studies that have demonstrated the presence of large numbers of dying cells in proliferating cell populations *in vivo*. Here, the current view of the interactions that take place between apoptosis, the cell cycle and proliferation is discussed.

#### Are proliferation and apoptosis linked?

Cell proliferation, differentiation and death are fundamental processes in multicellular organisms, and several lines of evidence link apoptosis to proliferation. Firstly, uncontrolled proliferation can be associated with a high level of apoptosis. A number of dominant oncogenes (e.g., *c-Myc*) appear to induce apoptosis, which suggests that the cell proliferation and apoptosis pathways are closely linked.<sup>1</sup>

Reid *et al.*<sup>2</sup> demonstrated that myeloid progenitors derived from the bone marrow of  $CCR^{+}$  mice (ligand for MCP-1 chemokine) show an increased cycling rate and enhanced apoptosis. Traver *et al.*<sup>3</sup> showed that expression of the myeloid activation marker Mac-1 correlates with Fas expression levels. They also showed that exposure to granulocyte macrophage-colony stimulating factor (GMCSF) and interleukin (IL)-3 increased Fas expression on myeloid progenitor cells. These examples infer a positive relationship between apoptosis and proliferation.

However, an inverse relationship was proposed by Koury,<sup>4</sup> who suggested that when over-production of progenitor cells occurs, the excess undergo apoptosis. This means that an increase in the level of demand could be met by a reduction in apoptosis. In this case, proliferation may remain constant while the rate of apoptosis changes; thus, there is no strict relationship between proliferation and apoptosis.

This hypothesis is supported by radiolabelled iron ferrokinetic studies in hypertransfused mice that showed continued production of erythroid progenitor cells but no increase in their number, indicating the direct involvement of apoptosis in this situation.<sup>5</sup>

As both hypotheses involve changes in the level of proliferation and apoptosis, the difference between them may be only a matter of degree. A final possibility that must be considered is that apoptosis in haemopoietic progenitor cell populations is linked to pathology or abnormality such as growth factor deprivation or oncogene expression.

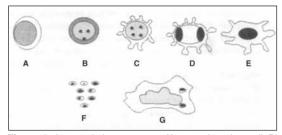
# Cell cycle-related proteins and apoptosis

The molecules that regulate cell-cycle progression are well defined. Meikrantz and Schlege1<sup>6</sup> demonstrated that the cell cycle and apoptosis may be linked, and provided supplied arguments to support such a link. First, apoptosis is almost present in proliferating cells. Second, molecules acting on cells in late G<sup>1</sup> phase are also required for apoptosis. Third, passage of a cell from late G<sup>1</sup> to the S phase of the cell cycle is controlled by p53 and cdk. Finally, artificial manipulation of the cell cycle (e.g., retroviral transduction) could either abolish or potentiate apoptosis.

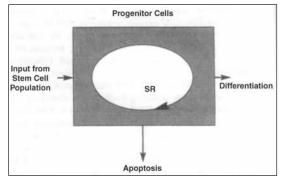
Furuya *et al.*<sup>7</sup> showed that apoptosis can occur at any phase of the cell cycle, as the metabolic machin-

F. Q. B. Alenzi, Department of Medical Laboratory Sciences,. College of Applied Medical Sciences, King Faisal University,. PO. Box 2114. Dammam 3145. Saudi Arabia. Correspondence to: Dr Faris Q. R Alenzi Email: faris alenzi@ hotmail.com Reprinted from British Journal of Biomedical Science 2004 with permission of the publisher.

ery necessary is present throughout. Furthermore, they demonstrated that



**Figure 1.** Apoptosis in sequence: A) normal resting cell; B) cell volume is lost and chromatin clumped; C) blebbing process; D) chromatin collapsed to the margins of the nuclear envelope; E) nucleus clumped into a black hole; F) cell breaks down into apoptotic bodies; and G) apoptotic bodies ingested by macrophage.



**Figure 2.** Progenitor cell population: gain is produced by input from the stem cell population: loss occurs through differentiation and apoptosis.

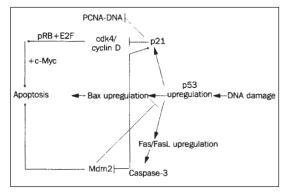


Figure 3. Schematic representation of the negative feedback of caspases.

the treatment of both human and rat androgen-independent prostate cancer cells with thapsigargin (TG) caused the release of Ca<sup>2+</sup> from intracellular stores (e.g., endoplasmic reticulum [ER]). Constant depletion of Ca<sup>2+</sup> from ER resulted in a concomitant influx of extracellular Ca<sup>2+</sup> into the cell. After 24-hours cessation of cell-cycle progression occurred and cells were arrested in G<sub>0</sub>. At this stage, morphological changes associated with apoptosis were visible. These results indicate that elevation of Ca<sup>2+</sup> (intracellular free Ca<sup>2+</sup>) can initiate apoptosis.

A number of studies have shown that cell-cycle regulators could interconnect with proliferation and

apoptosis. Both  $p16^+$  and  $p21^+$  mice are deficient in key cell cycle genes, while Ipr and gld mice (Fas and FasL mutant mice, respectively) have a defective apoptotic mechanism. However, Lewis et *et al.*<sup>8</sup> showed that  $p16^+$  knockout mice have a higher selfreplication capacity than do wild-type (WT) mice, which links the cell cycle and apoptosis. Similarly,  $p21^+$  knockout mice have a higher self-replication capacity than do WT mice.

Recent work<sup>9</sup> showed that both lpr and gld mice have a higher self-replication capacity than do WT mice, which links apoptosis and proliferation. Thus, it can be inferred that the presence of fully functional genes that regulate both the cell cycle and apoptosis will maintain the balance between the rate of cell division and apoptosis in any population *in vivo*. Therefore, malfunction in, or loss of, any of these genes may lead to an increase in their self-replication.

Miyashita *et al.*<sup>10</sup> showed that the restoration of p53 function resulted in down-regulation of Bcl-2 levels and the occurrence of apoptosis. They also showed that p53 activates the Bax promoter and induces high levels of Bax messenger RNA (mRNA) and protein. Moreover, Yin *et al.*<sup>11</sup> showed that Bax is required for 50% of p53-induced apoptosis.

Gomez *et al.*<sup>12</sup> demonstrated a relationship between p27, *cdk2* and apoptosis in thymocytes, which was modulated by p53, *Bcl-2* and *Bax*. Thus, *cdk2* activation seems to be the key point at which the cell cycle and apoptosis meet.

Janicke *et al.*<sup>13</sup> showed that the retinoblastoma (*RB*) gene is cleaved during apoptosis, at the caspase consensus cleavage site (DEAD), resulting in a protein product of 50 kDa. Dou *et al.*<sup>14</sup> showed that RB is also cleaved on an interior site, producing proteins of 48 and 68 kDa. Fattman *et al.*<sup>15</sup> demonstrated that caspase-3 and caspase-7 cleave RB at the DSID cleavage site, resulting in proteins of 68 and 48 kDa. These findings support a two-step model for RB cleavage and a promoting role in chemotherapy-mediated apoptosis.

Browne *et al.*<sup>16</sup> demonstrated that RB is cleaved at the carboxyl terminal, producing 43- and 30-kDa protein fragments. In addition, ZVAD was found to inhibit the cleavage of RB, poly-ADP-ribose polymerase (PARP) and apoptosis. In contrast, YVAD did not inhibit primary carboxyl terminal cleavage of RB and PARP. These results suggest that different caspases are responsible for the cleavage of different substrates during apoptosis.

Accumulating evidence suggests that p16 and p21 are involved in the activation of caspases. Chen and colleagues<sup>17</sup> suggested that treatment of cancer cells with chemotherapeutic agents causes up-regulation of p21, which is associated with the activation of caspase-3 and -9. Chemotherapeutic treatment leads to the phosphorylation of p21, followed by the phosphorylation of Bcl-2, resulting in a reduction in the

dimerisation complex of Bcl-2 and Bax, where Bax becomes free. Cytochrome-C is then released, causing caspase-3 activation and apoptosis.

Snoeck *et al.*<sup>18</sup> showed that treatment of papillomatous lesions with Cidofair leads not only to the upregulation of *RB* and *p21* but also to the induction of apoptosis. Fukuoka *et al.*<sup>19</sup> showed that ectopic p16 expression increased the sensitivity of non-small-cell lung carcinoma to the chemotherapeutic agent CPTll. This was accompanied by caspase activation and enhanced apoptosis. In contrast, Suzuki and colleagues<sup>20</sup> demonstrated that survivin interacts with cdk4, and, as a result, p21 is released from its complex with cdk4 and interacts with Pro-caspase-3 in mitochondria, resulting in inhibition of apoptosis.

Cell-cycle transitions are mediated through multiple phosphorylations of cyclin-cdk complexes. RB phosphorylation releases E2F transcription factor, which activates certain genes during S phase. Activation of p21 results in negative regulation of the cell cycle. p21 interacts with cdk and proliferating cell nuclear antigen (PCNA), resulting in a block on DNA replication.  $p21^{-r}$  mice are also unable to stop the cell cycle in G<sub>1</sub> in response to DNA damage. As with p21, p27 inhibits cyclin E and A binding to cdk2, and both p21 and p27 are absent from nonproliferating cells.

A further relevant interaction in the regulation of apoptosis is inhibition of p53 function mediated by Mdm-2, which is cleaved by caspase-3. This implies the existence of an autoregulatory loop during p53induced apoptosis. Activation of p53 potentially can amplify p53 apoptotic signalling in the cell by stimulating caspase-3-dependent cleavage of Mdm-2. Consistent with this interpretation, Bcl-2 can also increase Mdm-2 activity and inhibit p53-induced apoptosis (Fig. 3).

# Apoptosis-related proteins and the cell cycle

Several studies indicate that apoptosis-regulating proteins can have an impact on the cycle. O'Reilly *et al.*<sup>21</sup> demonstrated that the expression of Bcl-2 or Bcl-xL reduces the rate of cell division and the turnover of thymocytes *in vivo*. Similarly, Strasser *et al.*<sup>22</sup> showed that Bcl-2 and Bcl-xL inhibit apoptosis of proliferating cells. The surviving cells undergo cell arrest and accumulate in the  $G_0/G_1$  phase of the cell cycle.

Brady and colleagues<sup>23</sup> demonstrated that the overexpression of Bax and Bcl-2 in T cells of transgenic mice resulted in perturbations in the dividing thymocytes. Bax was found to increase the number of cycling thymocytes, but Bcl-2 had the opposite effect. In activated T cells, they found that Bcl-2 over-expression delayed p27degradation, whereas Bax accelerated it.

Domen *et al.*<sup>24</sup> produced *Bcl-2* transgenic mice that overexpressed *Bcl-2*. They found that haemopoietic stem cells (HSC) from WT mice died after growth factor withdrawal, whereas HSC from *Bcl-2* transgenic mice remained viable. More importantly, HSC from *Bcl-2* transgenic mice proliferated more rapidly and extensively (in the presence of a cocktail factors including IL-I, IL-3, IL-6, SCF, Flt3-ligand) than those of WT mice. In addition, there was a delay in cell-cycle entry.

The most dramatic difference between WT and *Bcl-2* transgenic mice was revealed when HSCs were cultured in the presence of SCF. Only 20% of WT HSC remained viable after one week, whereas HSC from Bcl-2 transgenic mice showed enhanced survival and more vigorous proliferation. Bcl-2 over-expression and SCF/c-kit signalling was found to be sufficient for HSC proliferation, although it should be noted that proliferation also resulted in differentiation of myeloid progenitor cells.<sup>24-25</sup>

Furthermore, at least three pieces of evidence demonstrate that caspase-3 is capable of cleaving p16, p21 and RB. Kim et al.26 showed that caspase-3 cleaves p21, p27 and PARP via induction of cellcycle arrest in cells activated for 48 hours by tumour growth factor (TGF)-B1 treatment. They also suggested that caspase-3 activation by TGF-B1 may initiate the conversion of cell-cycle arrest to apoptosis. Katsuda et al.27 demonstrated that induction of p16 (Adv/p16) triggers apoptosis in a p53-dependent manner, which is associated with a reduction in Bcl-2 expression. Caspase-3 activation occurred after five days of Adv/pl6 induction. RB was also cleaved, probably by caspase-7, leading to apoptosis. Gervais et al.28 showed that the ectopic induction of p53 expression leads to p21 cleavage, mediated by caspase-3, and apoptosis. It is thought that p21 cleavage might affect its potential inhibitory effect in the cell cycle, resulting in the failure of cell-cycle arrest and the inhibition of binding to PCNA (reviewed<sup>29,30</sup>).

# Conclusions

From the evidence presented here, three statements can be made. First, apoptosis is not restricted to a particular part of the cell cycle. Second, the dual hypothesis (i.e., the linkage between proliferation and apoptosis) has major role in neoplasia. Third, the regulation of the cell cycle is coupled to cell death and has major significance in cell turnover and tumourigenesis.

Improved understanding of apoptosis genes has introduced an entirely new modality for treating cancers. Although these anti-apoptotic mechanisms are currently obscure, many of these new developments will be implemented rapidly and will soon play an important role in chemotherapeutic strategies in the treatment of cancer. Such strategies are likely to radically change the management of patients with this disease.

#### References

- Evan GI, Wyllie AH, Gilbert CS et al. Induction of apoptosis in fibroblasts by c-myc protein. *Cell* 1992; 69: 119.
- Reid 5, Ritchie A, Boring L et al. Enhanced myeloid progenitor cell cycling and apoptosis in mice lacking the chemokine receptor CCR2. *Blood* 1999; 93: 1524.
- Traver D, Akashi K, Weissman IL, Lagasse E. Mice defective in two apoptosis pathways in the myeloid lineage develop acute myeloblastic leukemia. *Immunity* 1998; 9: 47.
- Koury MJ. Programmed cell death (apoptosis) in hematopoiesis. *Exp Hematol*1992; 20: 391.
- Testa N. Erythroid progenitor cells. Their relevance for the study of haematological disease. *Clin Haematol*1979; 8: 311.
- Meikrantz W, Schlegel R. Apoptosis and the cell cycle. J Cell Biochem 1995; 58: 160.
- Furuya Y, Lundmo P, Short AD, Gill DL, Isaacs JT. The role of calcium, pH, and cell proliferation in the programmed (apoptotic) death of androgen-independent prostatic cancer cells induced by thapsigargin. *Cancer Res* 1994; 54: 6167.
- Lewis JL, Chinswangwatanakul W, Zheng B *et al*. The influence of INK4 proteins on growth and self-renewal kinetics of hematopoietic progenitor cells. *Blood* 2001; 97: 2604.
- Alenzi FQB, Marley SB, Chandrashekran A, Warrens A, Goldman JM, Gordon MY. Regulation of hemopoietic progenitor cell number by the Fas/FasL apoptotic mechanism. *Exp Hematol*2002; 30: 1428.
- Miyashita 1; Krajewski S, Krajewsk M et al. Tumor suppressor p53 is a regulator of bcl-2 and bax Oncogene 1994; 9: 1799.
- Yin C, Knudson CM, Korsmeyer SJ, van Dyke T. Bax suppresses tumorigenesis and stimulates apoptosis *in vivo*. *Nature* 1997;385: 637.
- 12. Gil Gomez G, Berns A, Brady HJ. A link between cell cycle and cell death: Bax and BcI-2 modulate Cdk2 activation during thymocyte apoptosis. *EMBO J* 1998; 17: 7209.
- Janicke RU, Walker PA, Lin XY, Porter AG. Specific cleavage of the retinoblastoma protein by an ICE-like protease in apoptosis. *EMBOJ* 1996; 15: 6969.
- 14. Dou QP. Putative roles of retinoblastoma protein in apoptosis. *Apoptosis* 1997; 2:5.
- Fattman CL, Delach SM, Dou QP, Johnson DE. Sequential two-step cleavage of the retinoblastoma protein by caspase-3/-7 during etoposide-induced apoptosis. *Oncogene* 2001; 20: 2918.
- Browne SI, MacFarlan M, Cohen GM, Paraskeva C. The adenomatous polyposis coli protein and retinoblastoma protein are cleaved early in apoptosis and are potential substrates for caspases. *Cell Death Differ* 1998; 5: 206.
- 17. Chen YN, Chen Jc, Yin SC et al. Effector mechanisms of

norcantharidin-induced mitotic arrest and apoptosis in human hepatoma cells. 111t J Cancer 2002; 100: 158.

- Snoeck R, Andrei G, De Clercq E. Cidofovir in the treatment of HPV-associated lesions. *Verh Acad Geneeskd Belg* 2001; 63:93.
- Fukuoka K, Nishio K, Fukumoto H et al. Ectopic p16(ink4) expression enhances CPT-11-induced apoptosis through increased delay in S-phase progression in human non-smalJ-cell lung cancer cells. *Int J Cancer* 2000; 86: 197.
- Suzuki A, Ito 1; Kawano H *et al*. Survivin initiates procaspase 3/p21 complex formation as a result of interaction with Cdk4 to resist Fas-mediated cell death. *Oncogene* 2000; 19: 1346.
- O'Reilly LA, Huang DC, Strasser A. The cell death inhibitor BcI-2 and its homologues influence control of celJ cycle entry. *EMBO J* 1996; 15: 6979.
- Strasser A, Harris AW, Jacks 1; Cory S. DNA damage can induce apoptosis in proliferating lymphoid cells via p53-independent mechanisms inhibitable by Bcl-2. *Cell* 1994; 79: 189.
- Brady HI, Gil Gomez G, Kirberg J, Berns AJ. Bax alpha perturbs T cell development and affects cell cycle entry of T cells. *EMBOJ* 1996; 15: 6991.
- Domen I, Weissman IL. Hematopoietic stem cells need two signals to prevent apoptosis; BCL-2 can provide one of these, Kitl/c-Kit signalling the other. J Exp Med 2000; 192: 1707.
- Domen J, Cheshier SH, Weissman IL. The role of apoptosis in the regUlation of hematopoietic stem cells: over-expression of Bcl-2 increases both their number and repopulation potential. *J Exp Med* 2000; 191: 253.
- Kim SG, Kim SN, Jong HS et al. Caspase-mediated Cdk2 activation is a critical step to execute transforming growth factorbeta I-induced apoptosis in human gastric cancer cells. *Oncogene* 2001; 20: 1254.
- Katsuda K Kataoka M, Uno F et al. Activation of caspase-3 and cleavage of Rb are associated with p16-mediated apoptosis in human non-small-cell lung cancer cells. *Oncogene* 2002; 21: 2108.
- Gervais JL, Seth P, Zhang H. Cleavage of CDK inhibitor p21(Cip1/Wafl) by caspases is an early event during DNA damage-induced apoptosis. *J Bioi Chem* 1998; 273: 19207.
- Alenzi FQB, Warrens AN. Molecular and cellular themes of apoptosis. Wien Klin Wochenschr 2003; 115: 563.
- Alenzi FQB, Wyse R, Altamimi WG. Apoptosis as a therapeutic agents in haematological diseases. *Expert Opin Biol Ther* 2004; 4:407.

**Questions for STEP Participants** 

Answer questions only on the official STEP answer sheet. If you do not have the official STEP answer sheet, a year's supply can be obtained (at no cost), simply by writing to: STEP Program Answer Sheets. American Medical Technologists, 710 Higgins Road, Park Ridge, IL 60068-5765.

In addition to marking your answers, be sure to include all the required information on the answer sheet and a processing fee of \$3.00 per article. In the following, choose the *one* best answer for each question.

- **1** There are some studies which have linked apoptosis to proliferation.
  - **A.** True

Article 292

0.1 CEC

- **B.** False
- **2** The authors have determined that apoptosis is not restricted to a particular part of the cell cycle.
  - A. True
  - **B.** False
- **3** The regulation of cell cycle is coupled to cell death and has maJor significance in cell turnover and tumourigenesis.
  - A. True
  - **B.** False
- **4** As somatic cells proliferate, the cell-cycle of progression is regulated by many positive signals which affect morphological features.
  - **A.** True
  - **B.** False
- 5 Proteins which regulate apoptosis can definitely have an impact on the cell cycle.
  - A. True
  - B. False

- 6 Cell-cycle transitions are mediated through multiple phosphorylations of cyclin-cdk complexes.
  - A. True
  - **B.** False
- **7** The authors state that the balance between apoptosis and proliferation must be strictly maintained to sustain tissue homeostasis.
  - A. True
  - **B.** False
- **8** Apoptosis and cell proliferation are linked by cell-cycle regulators and apoptosis stimuli that affect both processes.
  - A. True
  - B. False
- **9** The fact that apoptosis is almost present in proliferating cells is one of the reasons why the authors feel that cell-cycle and apoptosis may be linked.
  - A. True
  - **B.** False
- **10** The authors state that apoptosis can occur at any phase of the cell-cycle because the metabolic machinery necessary is present throughout development.
  - A. True
  - **B.** False