## Lower Bound on the Blow-up Rate of the Axisymmetric Navier-Stokes Equations

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Consider axisymmetric strong solutions of the incompressible Navier-Stokes equations in $\mathbb{R}^{3}$ with nontrivial swirl. Such solutions are not known to be globally defined, but it is shown in ([1], Partial regularity of suitable weak solutions of the Navier-Stokes equations. Communications on Pure and Applied Mathematics, 35 (1982), 771-831) that they could only blow up on the axis of symmetry. Let $z$ denote the axis of symmetry and $r$ measure the distance to the $z$-axis. Suppose the solution satisfies the pointwise scale invariant bound $|v(x, t)| \leq C_{*}\left(r^{2}-t\right)^{-1 / 2}$ for $-T_{0} \leq t<0$ and $0<C_{*}<\infty$ allowed to be large, we then prove that $v$ is regular at time zero.

## 1 Introduction

The incompressible Navier-Stokes equations in cartesian coordinates are given by

$$
\begin{equation*}
\partial_{t} v+(v \cdot \nabla) v+\nabla p=\Delta v, \quad \operatorname{div} v=0 \tag{N-S}
\end{equation*}
$$

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The velocity field is $v(x, t)=\left(v_{1}, v_{2}, v_{3}\right): \mathbb{R}^{3} \times\left[-T_{0}, 0\right) \rightarrow \mathbb{R}^{3}$ and $p(x, t): \mathbb{R}^{3} \times\left[-T_{0}, 0\right) \rightarrow \mathbb{R}$ is the pressure. It is a long standing open question to determine if solutions with large smooth initial data of finite energy remain regular for all time.

In this paper, we consider the special class of solutions which are axisymmetric. This means, in cylindrical coordinates $r, \theta, z$ with $\left(x_{1}, x_{2}, x_{3}\right)=(r \cos \theta, r \sin \theta, z)$, that the solution is of the form

$$
\begin{equation*}
v(x, t)=v_{r}(r, z, t) e_{r}+v_{\theta}(r, z, t) e_{\theta}+v_{z}(r, z, t) e_{z} \tag{1.1}
\end{equation*}
$$

The components $v_{r}, v_{\theta}, v_{z}$ do not depend upon $\theta$ and the basis vectors $e_{r}, e_{\theta}, e_{z}$ are

$$
e_{r}=\left(\frac{x_{1}}{r}, \frac{x_{2}}{r}, 0\right), \quad e_{\theta}=\left(-\frac{x_{2}}{r}, \frac{x_{1}}{r}, 0\right), \quad e_{z}=(0,0,1) .
$$

The main result of our paper shows that axisymmetric solutions must blow up faster than the scaling invariant rate which appears in equation (1.2).

For $R>0$, define $B\left(x_{0}, R\right) \subset \mathbb{R}^{3}$ as the ball of radius $R$ centered at $x_{0}$. The parabolic cylinder is $Q\left(X_{0}, R\right)=B\left(x_{0}, R\right) \times\left(t_{0}-R^{2}, t_{0}\right) \subset \mathbb{R}^{3+1}$ centered at $X_{0}=\left(x_{0}, t_{0}\right)$. If the center is the origin, we use the abbreviations $B_{R}=B(0, R)$ and $Q_{R}=Q(0, R)$.

Theorem 1.1. Let $(v, p)$ be an axisymmetric solution of the Navier-Stokes equations $(\mathrm{N}-\mathrm{S})$ in $D=\mathbb{R}^{3} \times\left(-T_{0}, 0\right)$ for which $v(x, t)$ is smooth in $x$ and Hölder continuous in $t$. Suppose the pressure satisfies $p \in L^{5 / 3}(D)$ and $v$ is pointwise bounded as

$$
\begin{equation*}
|v(x, t)| \leq C_{*}\left(r^{2}-t\right)^{-1 / 2}, \quad(x, t) \in D \tag{1.2}
\end{equation*}
$$

The constant $C_{*}<\infty$ is allowed to be large. Then $v \in L^{\infty}\left(B_{R} \times\left[-T_{0}, 0\right]\right)$ for any $R>0$.

We remark that the exponent $5 / 3$ for the norm of $p$ can be replaced. However, it is the natural exponent occurring in the existence theory for weak solutions, see e.g. [28], [1].

Recall the natural scaling of Navier-Stokes equations: If $(v, p)$ is a solution to $(\mathrm{N}-\mathrm{S})$, then for any $\lambda>0$, the following rescaled pair is also a solution:

$$
\begin{equation*}
v^{\lambda}(x, t)=\lambda v\left(\lambda x, \lambda^{2} t\right), \quad p^{\lambda}(x, t)=\lambda^{2} p\left(\lambda x, \lambda^{2} t\right) \tag{1.3}
\end{equation*}
$$

Suppose a solution $v(x, t)$ of the Navier-Stokes equations blows up at $X_{0}=\left(x_{0}, t_{0}\right)$. Leray [18] proved that the blow-up rate in time is at least

$$
\|v(\cdot, t)\|_{L_{x}^{\infty}} \geq C\left(t_{0}-t\right)^{-1 / 2}
$$

Caffarelli, Kohn, and Nirenberg [1] showed that for such a blow-up solution, the average of $|v|$ over $Q\left(X_{0}, R\right)$ satisfies

$$
\left(\frac{1}{\left|Q_{R}\right|} \int_{Q\left(X_{0}, R\right)}|v|^{3}+|p|^{3 / 2} d x d t\right)^{1 / 3} \geq \frac{C}{R}
$$

See also [21, 24, 39]. Thus, the natural rate for blowup is at least

$$
\begin{equation*}
|v(x, t)| \sim \frac{O(1)}{\left[\left(x_{0}-x\right)^{2}+t_{0}-t\right]^{1 / 2}} \tag{1.4}
\end{equation*}
$$

Both this and the rate (1.2) are invariant under the natural scaling (1.3).
The Serrin-type criteria $[6,8,9,15,30,31,33]$ states that $v$ is regular if it satisfies

$$
\begin{equation*}
\|v\|_{L_{t}^{s} L_{x}^{q}\left(O_{1}\right)}<\infty, \quad \frac{3}{q}+\frac{2}{s} \leq 1, s, q \in(2, \infty), \quad \text { or } \quad(s, q)=(2, \infty) \tag{1.5}
\end{equation*}
$$

Above, for a domain $\Omega \subset \mathbb{R}^{3}$, we use the definition

$$
\|v\|_{L_{t}^{s} L_{x}^{q}\left(\Omega \times\left(t_{1}, t_{2}\right)\right)}:=\| \| v(x, t)\left\|_{L_{x}^{q}(\Omega)}\right\|_{L_{t}^{s}\left(t_{1}, t_{2}\right)} .
$$

For any $X_{0}=\left(x_{0}, t_{0}\right) \in Q_{1}$, equation (1.5) implies the following local smallness of $v$ :

$$
\begin{equation*}
\lim _{R \downarrow 0}\|v\|_{L_{t}^{s} L_{x}^{q}\left(Q\left(X_{0}, R\right)\right)}=0 \tag{1.6}
\end{equation*}
$$

Therefore, equation (1.5) is a so-called $\epsilon$-regularity criterion since it implies that the norm is locally small. For $(q, s)=(3, \infty)$, equation (1.6) does not follow from equation (1.5). Hence, the $(q, s)=(3, \infty)$ end point regularity criterion (1.5) proved in [5, 29] is not an $\epsilon$-regularity-type theory.

However, these criteria do not rule out blowup with the natural scaling rate (1.4). It is a fundamental problem in the study of the incompressible Navier-Stokes equations
to determine if solutions to ( $\mathrm{N}-\mathrm{S}$ ) with the following scaling invariant bound are regular:

$$
\begin{equation*}
|v(x, t)| \leq \frac{C}{\left[\left(x_{0}-x\right)^{2}+t_{0}-t\right]^{1 / 2}} \tag{1.7}
\end{equation*}
$$

If a self-similar solution satisfies this bound, then it is known to be zero [37] (the selfsimilar solution from [24] belongs to $L_{t}^{\infty} L_{x}^{3}$ ).

Theorem 1.1 rules out singular axisymmetric solutions satisfying the bound (1.7). In fact, equation (1.2) is considerably weaker than equation (1.7) and is also not a borderline case of the Serrin-type criterion. For example, equation (1.2) implies that $v \in L^{q}\left(Q_{1}\right)$ for $q<4$, but not for $q \in[4,5)$. The borderline of the Serrin-type criterion, on the other hand, is $v \in L^{5}\left(Q_{1}\right)$. Finally, we remark that the assumption (1.2) has been improved in two recent preprints [3] and [13].

We now recall the previous results on the regularity of axisymmetric solutions to the Navier-Stokes equations. Global in-time regularity was first proved under the no swirl assumption, $v_{\theta}=0$, independently by Ukhovskii-Yudovich [38] and Ladyzhenskaya [16]. See [17] for a refined proof and [12] for similar results in the half-space setting.

When the swirl component $v_{\theta}$ is not assumed to be trivial, global regularity is unknown. But it follows from the partial regularity theory of [1] that singular points can only lie on the axis of symmetry. Any off-axis symmetry would imply a whole circle of singular points, which contradicts [1]. Neustupa-Pokorný [25, 26] proved regularity assuming the zero-dimensional condition $v_{r} \in L_{t}^{s} L_{x}^{q}$ with $3 / q+2 / s=1,3<q \leq \infty$. Regularity criteria can also be put on the vorticity field $\omega=\operatorname{curl} v$,

$$
\begin{equation*}
\omega(x, t)=\omega_{r} e_{r}+\omega_{\theta} e_{\theta}+\omega_{z} e_{z} \tag{1.8}
\end{equation*}
$$

where

$$
\omega_{r}=-\partial_{z} v_{\theta}, \quad \omega_{\theta}=\partial_{z} v_{r}-\partial_{r} v_{z}, \quad \omega_{z}=\left(\partial_{r}+r^{-1}\right) v_{\theta} .
$$

Chae-Lee [2] proved regularity assuming finiteness of another zero-dimensional integral: $\omega_{\theta} \in L_{t}^{s} L_{X}^{q}$ with $3 / q+2 / s=2$. Jiu-Xin [11] proved regularity if the sum of the zerodimensional scaled norms $\int_{O_{R}}\left(R^{-1}\left|\omega_{\theta}\right|^{2}+R^{-3}\left|v_{\theta}\right|^{2}\right) d z$ is sufficiently small for all $R>0$ small enough. Recently, Hou-Li [10] constructed a family of global solutions with large initial data.

The main idea of our proof is as follows. The bound (1.2) ensures that the first blow-up time is no earlier than $t=0$. For $t \in\left(-T_{0}, 0\right)$, we show that the swirl component
$v_{\theta}$ gains a modicum of regularity: For some small $\alpha=\alpha\left(C_{*}\right)>0$, equation (1.2) enables us to conclude that

$$
\begin{equation*}
\left|v_{\theta}(t, r, z)\right| \leq C r^{\alpha-1} \tag{1.9}
\end{equation*}
$$

We prove equation (1.9) in Section 3. This estimate breaks the scaling, thereby transforming the problem from order one to $\epsilon$-regularity, which is shown to be sufficient in Section 2.

## 2 Proof of Main Theorem

In this section, we prove Theorem 1.1. First we show that our solutions are in fact suitable weak solutions. Then we make use of equation (1.9), to establish our main theorem.

### 2.1 Suitable weak solution

We recall from $[1,21,28]$ that a suitable weak solution of the Navier-Stokes equations in a domain $Q \subset \mathbb{R}^{3} \times \mathbb{R}$ is defined to be a pair ( $v, p$ ) satisfying

$$
\begin{equation*}
v \in L_{t}^{\infty} L_{x}^{2}(Q), \quad \nabla v \in L^{2}(Q), \quad p \in L^{3 / 2}(Q) \tag{2.1}
\end{equation*}
$$

Further, $(v, p)$ solve ( $\mathrm{N}-\mathrm{S}$ ) in the sense of distributions and satisfy the local energy inequality:

$$
\begin{equation*}
2 \int_{Q}|\nabla v|^{2} \varphi \leq \int_{Q}\left\{|v|^{2}\left(\partial_{t} \varphi+\Delta \varphi\right)+\left(|v|^{2}+2 p\right) v \cdot \nabla \varphi\right\}, \quad \forall \varphi \in C_{c}^{\infty}(Q), \quad \varphi \geq 0 . \tag{2.2}
\end{equation*}
$$

To prove interior regularity, we do not need to specify the initial or boundary data.
We define a solution $v(x, t)$ to be regular at a point $X_{0}$ if $v \in L^{\infty}\left(Q\left(X_{0}, R\right)\right)$ for some $R>0$. Otherwise $v(x, t)$ is singular at $X_{0}$. We will use the following regularity criterion.

Lemma 2.1. Suppose that ( $v, p$ ) is a suitable weak solution of ( $\mathrm{N}-\mathrm{S}$ ) in $Q\left(X_{0}, 1\right)$. Then there exists an $\epsilon_{1}>0$, so that $X_{0}$ is a regular point if

$$
\begin{equation*}
\limsup _{R \downarrow} \frac{1}{R^{2}} \int_{Q\left(X_{0}, R\right)}|v|^{3} \leq \epsilon_{1} . \tag{2.3}
\end{equation*}
$$

This regularity criterion, which is a variant of the criterion in [1], was proven in [36]; see [9] for more general results. The condition (2.3) does not explicitly involve the pressure, but one does require $p \in L^{3 / 2}\left(Q\left(X_{0}, 1\right)\right)$ because the pair $(v, p)$ is assumed to be a suitable weak solution.

### 2.2 Preliminary estimates

In this section, we show that the solution ( $v, p$ ) in Theorem 1.1 is sufficiently integrable to be a suitable weak solution, and we derive estimates depending only upon $C_{*}$ of equation (1.2).

We estimate the pressure with weighted singular integral estimates. We therefore first estimate $v$ in weighted spaces. Fix $\beta \in(1,5 / 3)$. For $t \in\left(-T_{0}, 0\right)$ by equation (1.2), we have

$$
\int_{\mathbb{R}^{3}} \frac{|v(x, t)|^{4}}{|X|^{\beta}} d x \leq \int_{\mathbb{R}^{3}} \frac{1}{|X|^{\beta}} \frac{C_{*} r d r d z}{\left(r^{2}-t\right)^{2}}=\int_{|z| \geq 1}+\int_{|z|<1, r>1}+\int_{|z|<1, r<1}=I_{1}+I_{2}+I_{3} .
$$

Each of these integrals can be estimated as follows:

$$
\begin{aligned}
& \left|I_{1}\right| \leq \int_{|z|>1} \frac{d z}{|z|^{\beta}} \int_{0}^{\infty} \frac{C_{*} r d r}{\left(r^{2}-t\right)^{2}} \leq c|t|^{-1}, \\
& \left|I_{2}\right| \leq \int_{1}^{\infty} r^{-\beta} \frac{C_{*}}{\left(r^{2}-t\right)^{2}} r d r \leq c \\
& \left|I_{3}\right| \leq \int_{0}^{1}\left(1+r^{1-\beta}\right) \frac{c}{\left(r^{2}-t\right)^{2}} r d r \leq c|t|^{-(1+\beta) / 2} .
\end{aligned}
$$

Summing the estimates and using $\beta>1$, we get

$$
\int_{\mathbb{R}^{3}} \frac{1}{|x|^{\beta}}|v(x, t)|^{4} d x \leq c+c|t|^{-(1+\beta) / 2} .
$$

Define $R_{i}$ 's to be the Riesz transforms: $R_{i}=\frac{\partial_{i}}{\sqrt{-\Delta}}$. We consider the singular integral

$$
\tilde{p}(x, t)=\int \sum_{i, j} \partial_{i} \partial_{j}\left(v_{i} v_{j}\right)(y) \frac{1}{4 \pi|x-y|} d y=\sum_{i, j} R_{i} R_{j}\left(v_{i} v_{j}\right)
$$

To show that this singular integral is well defined for every $t$, we use the $L^{q}\left(\mathbb{R}^{3}\right)$-estimates for singular integrals with $A_{q}$ weight [32]. Specifically, we use $q=2$ and the $A_{2}$ weight
function $|x|^{-\beta}$. We have the estimate

$$
\begin{equation*}
\int \frac{1}{|x|^{\beta}}|\tilde{p}(x, t)|^{2} d x \leq c \int \frac{1}{|x|^{\beta}}|v(x, t)|^{4} d x \leq c+c|t|^{-(1+\beta) / 2} \tag{2.4}
\end{equation*}
$$

Choose $\gamma \in(1 / 2+5 \beta / 6,3)$. Hölder's inequality gives us the bound

$$
\int_{|x|>1} \frac{|\tilde{p}(x, t)|^{5 / 3}}{|x|^{\gamma}} d x \leq\left(\int_{|x|>1} \frac{|\tilde{p}(x, t)|^{2}}{|x|^{\beta}} d x\right)^{5 / 6}\left(\int_{|x|>1}|x|^{-\left(\gamma-\frac{5}{6} \beta\right) 6} d x\right)^{1 / 6}<\infty .
$$

We will use these bounds to show that the pressure $p$ can be identified with $\tilde{p}$.
Let $h(x, t)=p(x, t)-\tilde{p}(x, t)$. Then $h$ is harmonic in $x, \Delta_{x} h(x, t)=0$, and by assumption $p(\cdot, t) \in L^{5 / 3}\left(\mathbb{R}^{3}\right)$ for almost every $t$. For each such $t$, we have

$$
\int_{|x|>1} \frac{|h(x, t)|^{5 / 3}}{|x|^{\gamma}} d x \leq c \int_{|x|>1}|p(x, t)|^{5 / 3} d x+c \int_{|x|>1} \frac{|\tilde{p}(x, t)|^{5 / 3}}{|x|^{\gamma}} d x<\infty .
$$

We may thus conclude from using a Liouville theorem that $h(x, t)=0$ for all $x$ if $\gamma<3$.
To see the last assertion, fix a radial smooth function $\phi(x) \geq 0$ supported in $2<$ $|x|<4$ satisfying $\int \phi=1$. For any $x \in \mathbb{R}^{3}$ with $R>|x|$, we have

$$
h(x, t)=\int h(y, t) R^{-3} \phi(x+y / R) d y .
$$

This is the mean-value theorem for harmonic functions. Define $A=B_{5 R}-B_{R}$, then

$$
|h(x, t)| \leq c R^{-3} \int_{A}|h(y, t)| d y \leq c R^{-3+(6+3 \gamma) / 5}\left(\int_{A}|y|^{-\gamma}|h(y, t)|^{5 / 3} d y\right)^{3 / 5}
$$

This clearly vanishes as $R \rightarrow \infty$. Thus, $p(x, t)=\tilde{p}(x, t)$ for all $x$ and for almost every $t$.
Next we show that $(v, p)$ form a suitable weak solution. From Hölder's inequality, equation (2.4), and $\beta<5 / 3$, we conclude that

$$
\begin{equation*}
\int_{Q_{1}}|p(x, t)|^{3 / 2} d x d t \leq c \int_{-1}^{0}\left(\int_{B_{1}} \frac{1}{|x|^{\beta}}|p(x, t)|^{2} d x\right)^{3 / 4} d t \leq c . \tag{2.5}
\end{equation*}
$$

The pointwise estimate (1.2) on $v$ implies

$$
\begin{equation*}
v \in L_{t}^{s} L_{x}^{q}\left(O_{1}\right), \quad \frac{1}{q}+\frac{1}{s}>\frac{1}{2} \tag{2.6}
\end{equation*}
$$

We will use $(s, q)=(3,3)$. We also see from equation (1.2) that $v \in L^{4}\left(B_{1} \times\left(-T_{0},-\epsilon\right)\right)$ for any small $\epsilon>0$. Thus, the vector product of ( $\mathrm{N}-\mathrm{S}$ ) with $u \varphi$ for any $\varphi \in C_{c}^{\infty}\left(Q_{1}\right)$ is integrable in $Q_{1}$ and we can integrate by parts to get the local energy inequality (2.2) with $Q=Q_{1}$. In fact, we have equality.

Now, for any $R \in(0,1)$ and $t_{0} \in\left(-R^{2}, 0\right)$, we can choose a sequence of $\varphi$ which converges a.e. in $Q_{R}$ to $H\left(t_{0}-t\right)$, the Heaviside function that equals 1 for $t<t_{0}$ and 0 for $t>t_{0}$. Since the limit of $\partial_{t} \varphi$ is the negative delta function in $t$, this gives us the estimate

$$
\begin{equation*}
\underset{-R^{2}<t<0}{\operatorname{ess} \sup } \int_{B_{R}}|v(x, t)|^{2} d x+\int_{Q_{R}}|\nabla v|^{2} \leq C_{R} \int_{Q_{1}}\left(|v|^{3}+|p|^{3 / 2}\right) . \tag{2.7}
\end{equation*}
$$

These estimates show that ( $v, p$ ) is a suitable weak solution of $(\mathrm{N}-\mathrm{S})$ in $Q_{R}$. Note that these bounds depend on $C_{*}$ of equation (1.2) only, not on $\|p\|_{L^{5 / 3}\left(\mathbb{R}^{3} \times\left(-T_{0}, 0\right)\right)}$.

### 2.3 Scaling limit

To show Theorem 1.1, it suffices to show that every point on the $z$-axis is regular. Suppose now that a point $x_{*}=\left(0,0, x_{3}\right)$ on the $z$-axis is a singular point of $v$. We will derive a contradiction. Define $X_{*}=\left(x_{*}, 0\right)$. Let ( $v^{\lambda}, p^{\lambda}$ ) be rescaled solutions of ( $\mathrm{N}-\mathrm{S}$ ) defined by

$$
\begin{equation*}
v^{\lambda}(x, t)=\lambda v\left(\lambda\left(x-x_{*}\right), \lambda^{2} t\right), \quad p^{\lambda}(x, t)=\lambda^{2} p\left(\lambda\left(x-x_{*}\right), \lambda^{2} t\right) . \tag{2.8}
\end{equation*}
$$

Fix $R_{*}>0$ to be chosen; by Lemma 2.1 there is a sequence $\lambda_{k}, k \in \mathbb{N}$, so that $\lambda_{k} \rightarrow 0$ as $k \rightarrow \infty$ and

$$
\begin{equation*}
\frac{1}{R_{*}^{2}} \int_{Q_{R_{*}}}\left|v^{\lambda_{k}}\right|^{3}=\frac{1}{\left(R_{*} \lambda_{k}\right)^{2}} \int_{Q\left(X_{*}, R_{*} \lambda_{k}\right)}|v|^{3}>\epsilon_{1} \tag{2.9}
\end{equation*}
$$

We will derive a contradiction to this statement.
For ( $v^{\lambda}, p^{\lambda}$ ) with $0<\lambda<1$, the pointwise estimate (1.2) is preserved,

$$
\left|v^{\lambda}(x, t)\right| \leq C_{*}\left(r^{2}-t\right)^{-1 / 2}, \quad(x, t) \in \mathbb{R}^{3} \times\left(-T_{0}, 0\right) .
$$

We also have by rescaling

$$
p^{\lambda}(x, t)=\int \sum_{i, j} \partial_{i} \partial_{j}\left(v_{i}^{\lambda} v_{j}^{\lambda}\right)(y) \frac{1}{4 \pi|x-y|} d y
$$

The argument in the previous section provides the uniform bounds for $q \in(1,4)$,

$$
\begin{equation*}
\int_{O_{1}}\left|v^{\lambda}\right|^{q}+\left|p^{\lambda}\right|^{3 / 2} \leq C, \quad \text { ess sup } \int_{-R^{2}<t<0} \int_{B_{R}}\left|v^{\lambda}(x, t)\right|^{2} d x+\int_{Q_{R}}\left|\nabla v^{\lambda}\right|^{2} \leq C . \tag{2.10}
\end{equation*}
$$

Above the bound for $p_{\lambda}$ follows from equation (2.5), the bound for $\left|v^{\lambda}\right|^{q}$ follows from equation (1.2), and the energy bound then follows from equation (2.7).

Thus from the sequence $\lambda_{k}$ we can extract a subsequence, still denoted by $\lambda_{k}$, so that ( $v^{\lambda_{k}}, p^{\lambda_{k}}$ ) weakly converges to some limit function $(\bar{v}, \bar{p})$

$$
v^{\lambda_{k}} \rightharpoonup \bar{v} \quad \text { in } L^{q}\left(Q_{R}\right), \quad \nabla v^{\lambda_{k}} \rightharpoonup \nabla \bar{v} \quad \text { in } L^{2}\left(Q_{R}\right), \quad p^{\lambda_{k}} \rightharpoonup \bar{p} \quad \text { in } L^{3 / 2}\left(Q_{R}\right)
$$

Moreover, since ( $v^{\lambda}, p^{\lambda}$ ) solves ( $\mathrm{N}-\mathrm{S}$ ) with bound (2.10), we also have the uniform bound

$$
\left\|\partial_{t} v^{\lambda}\right\|_{L^{3 / 2}\left(\left(-R^{2}, 0\right) ; H^{-2}\left(B_{R}\right)\right)}<C .
$$

We can then apply Theorem 2.1 of [35, Chapter III] to conclude that $v^{\lambda_{k}}$ remain in a compact set of $L^{3 / 2}\left(Q_{R}\right)$. Therefore, (a further subsequence of) $v^{\lambda_{k}} \rightarrow \bar{v}$ strongly in $L^{3 / 2}\left(Q_{R}\right)$. Since the $v^{\lambda_{k}}$ remain bounded in $L^{q}\left(Q_{R}\right)$ for all $q<4$, we deduce that $v^{\lambda_{k}} \rightarrow \bar{v}$ strongly in $L^{q}\left(O_{R}\right)$ for all $1 \leq q<4$.

### 2.4 The limit solution

The convergence established at the end of Section 2.3 is sufficient to conclude that the limit function $(\bar{v}, \bar{p})$ is a suitable weak solution of the Navier-Stokes equations in $Q_{R}$, as in [1, 21]. Since $v$ satisfies equation (1.2), so does $\bar{v}$. Hence $\bar{v}$ is regular at any interior point of $Q_{R}$, and $t=0$ is the first time when $\bar{v}(x, t)$ could develop a singularity.

To gather more information, we use axisymmetry. We will argue in this section and the next that the estimate (1.9) (proven in the Section 3) is enough to conclude that our solution is regular. In particular, equation (1.9) tells us that

$$
\int_{Q_{R}}\left|v_{\theta}^{\lambda}\right| \leq C \lambda^{\alpha} \rightarrow 0 \quad \text { as } \lambda \downarrow 0 .
$$

Thus, the limit $\bar{v}$ has no-swirl, $\bar{v}_{\theta}=0$.

Let $\bar{\omega}=\nabla \times \bar{v}$ be the vorticity of $\bar{v}$. The $\theta$ component of $\bar{\omega}, \bar{\omega}_{\theta}=\partial_{z} \bar{v}_{r}-\partial_{r} \bar{v}_{Z}$, solves

$$
\left(\partial_{t}+\bar{b} \cdot \nabla-\Delta+\frac{1}{r^{2}}\right) \bar{\omega}_{\theta}-\frac{\bar{v}_{r}}{r} \bar{\omega}_{\theta}=0 .
$$

We have used $\bar{v}_{\theta}=0$. Above

$$
\bar{b}=\bar{v}=\bar{v}_{r} e_{r}+\bar{v}_{z} e_{z}, \quad \bar{b} \cdot \nabla=\bar{v}_{r} \partial_{r}+\bar{v}_{z} \partial_{z}, \quad \operatorname{div} \bar{b}=0 .
$$

We record the Laplacian for axisymmetric functions

$$
\Delta=\frac{\partial^{2}}{\partial r^{2}}+\frac{1}{r} \frac{\partial}{\partial r}+\frac{\partial^{2}}{\partial z^{2}} .
$$

Next define $\Omega=\bar{\omega}_{\theta} / r$. Then $\Omega$ solves

$$
\begin{equation*}
\left(\partial_{t}+\bar{b} \cdot \nabla-\Delta-\frac{2}{r} \partial_{r}\right) \Omega=0 . \tag{2.11}
\end{equation*}
$$

We now derive $L^{q}$ estimates on $\Omega$ using estimates for the Stokes system.
Since $\bar{v}$ satisfies equation (1.2), it also satisfies equation (2.6). We will use both $(s, q)=(5 / 2,5)$ and $(s, q)=(5 / 4,5 / 4)$. We rewrite $(N-S)$ as a Stokes system with force

$$
\left(\partial_{t}-\Delta\right) \bar{v}_{i}+\nabla_{i} \bar{p}=\partial_{j} f_{i j}, \quad \operatorname{div} \bar{v}=0, \quad f_{i j}=-\bar{v}_{i} \bar{v}_{j} .
$$

By the interior estimates of Stokes system (shown in the Appendix), we have

$$
\|\nabla \bar{v}\|_{L_{t}^{5 / 4} L_{x}^{5 / 2}\left(Q_{5 / 8}\right)} \leq C\|\bar{v}\|_{L_{t}^{5 / 2} L_{x}^{5}\left(O_{3 / 4}\right)}^{2}+C\|\bar{v}\|_{L^{5 / 4}\left(O_{3 / 4}\right)} \leq C .
$$

Hence, $\Omega$ has the bound

$$
\begin{equation*}
\|\Omega\|_{L^{20 / 19}\left(O_{5 / 8}\right)} \leq\|\nabla \bar{v}\|_{L_{t}^{5 / 4} L_{x}^{5 / 2}\left(O_{5 / 8}\right)}\|1 / r\|_{L_{t}^{\infty} L_{x}^{20 / 11}\left(O_{5 / 8}\right)} \leq C . \tag{2.12}
\end{equation*}
$$

In Section 2.6, we obtain $\Omega \in L^{\infty}$ from equations (2.11), (2.12), and a local maximum estimate. Then in Section 2.7, we show that this is sufficient to conclude Theorem 1.1.

### 2.5 Energy estimates

We derive parabolic De Giorgi-type energy estimates for equation (2.11). To do this we assume that

$$
|\bar{b}(r, z, t)| \leq C_{*} / r .
$$

This assumption on $\bar{b}$ is substantially weaker than the one from Theorem 1.1.
Consider a test function $0 \leq \zeta_{1}(x, t) \leq 1$ defined on $Q_{1}$ for which $\zeta_{1}=0$ on $\partial B_{1} \times$ [ $-1^{2}, 0$ ] and $\zeta_{1}=1$ on $Q_{\sigma}$ for $0<\sigma<1$. Suppose that $\zeta_{1}(x,-1)=0$. Now consider the rescaled test function $\zeta(x, t)=\zeta_{1}\left(x / R, t / R^{2}\right)$ on $Q_{R}$. Define $(u)_{ \pm}=\max \{ \pm u, 0\}$ for a scalar function $u$. Multiply equation (2.11) by $p(\Omega-k)_{ \pm}^{p-1} \zeta^{2}$ for $1<p \leq 2$ and $k \geq 0$ to obtain

$$
\begin{aligned}
&\left.\int_{B_{R}} \zeta^{2}(\Omega-k)_{ \pm}^{p}\right|_{-R^{2}} ^{t}+\frac{4(p-1)}{p} \int_{-R^{2}}^{t} d t^{\prime} \int_{B_{R}}\left|\nabla\left((\Omega-k)_{ \pm}^{p / 2} \zeta\right)\right|^{2} \\
& \quad= 2 \int_{-R^{2}}^{t} d t^{\prime} \int_{B_{R}}(\Omega-k)_{ \pm}^{p}\left(\zeta \frac{\partial \zeta}{\partial t}+|\nabla \zeta|^{2}+\frac{2-p}{p} \zeta \Delta \zeta-2 \zeta \frac{\partial_{r} \zeta}{r}+\bar{b} \cdot \zeta \nabla \zeta\right) \\
&-\left.2 \int_{-R^{2}}^{t} d t^{\prime} 2 \pi \int d z \zeta^{2}(\Omega-k)_{ \pm}^{p}\right|_{r=0} .
\end{aligned}
$$

Notice that the last term has a good sign.
Let $v_{ \pm} \equiv(u-k)_{ \pm}^{p / 2}$. To estimate the term involving $b$, we use Young's inequality

$$
\int_{\mathbb{R}^{3}} v_{ \pm}^{2} b \zeta \cdot \nabla \zeta \leq \delta \frac{R^{-1+\epsilon}}{1+\epsilon} \int_{\mathbb{R}^{3}} v_{ \pm}^{2} \zeta^{2}|b|^{1+\epsilon}+C_{\delta} \frac{\epsilon R^{-2+(1+\epsilon) / \epsilon}}{1+\epsilon} \int_{\mathbb{R}^{3}} v_{ \pm}^{2} \zeta^{2}\left[\frac{|\nabla \zeta|}{\zeta}\right]^{(1+\epsilon) / \epsilon}
$$

This holds for small $\delta>0$ and $\epsilon>0$ to be chosen. Further choose $\zeta$ to decay like ( $1-$ $|x| / R)^{n}$ near the boundary of $B_{R}$. If $n$ is large enough (depending on $\epsilon$ ), we have

$$
C_{\delta} \frac{\epsilon R^{-2+(1+\epsilon) / \epsilon}}{1+\epsilon} \int_{\mathbb{R}^{3}} v_{ \pm}^{2} \zeta^{2}\left[\frac{|\nabla \zeta|}{\zeta}\right]^{(1+\epsilon) / \epsilon} \leq C R^{-2} \int_{B_{R}} v_{ \pm}^{2}
$$

We also use the Hölder and Sobolev inequalities to obtain

$$
\begin{aligned}
\delta \frac{R^{-1+\epsilon}}{1+\epsilon} \int_{\mathbb{R}^{3}} v_{ \pm}^{2} \zeta^{2}|b|^{1+\epsilon} & \leq \delta\left(R^{(-1+\epsilon) 3 / 2} \int_{B_{R}}|b|^{(1+\epsilon) 3 / 2}\right)^{2 / 3} \int_{\mathbb{R}^{3}}\left|\nabla\left(v_{ \pm} \zeta\right)\right|^{2} \\
& \leq \delta C \int_{\mathbb{R}^{3}}\left|\nabla\left(v_{ \pm} \zeta\right)\right|^{2} .
\end{aligned}
$$

The last inequality is satisfied, for example, if $|b| \leq C_{*} / r$ and $\epsilon<1 / 3$. We conclude

$$
\begin{equation*}
\int_{\mathbb{R}^{3}} v_{ \pm}^{2} b \zeta \cdot \nabla \zeta \leq \delta C \int_{\mathbb{R}^{3}}\left|\nabla\left(v_{ \pm} \zeta\right)\right|^{2}+C R^{-2} \int_{B_{R}} v_{ \pm}^{2} \tag{2.13}
\end{equation*}
$$

The key point which we used here to control the more singular drift term was to split $b$ from the main part of the term $v_{ \pm} \zeta$, using the Young and Sobolev inequalities instead of standard techniques which utilize the Hardy inequality-type spectral gap estimate to control $|b| v_{ \pm}^{2} \zeta^{2}$ in one step. We choose $\delta$ sufficiently small in order to absorb this term into the dissipation.

We have $\left(\partial_{r} \zeta\right) / r=\left(\partial_{\rho} \zeta\right) / \rho$, where $\rho=|x|$ since $\zeta$ is radial, so that the singularity $1 / \rho$ is effectively $1 / R$. We thus have

$$
\begin{equation*}
\sup _{-\sigma^{2} R^{2}<t<0} \int_{B_{\sigma R} \times\{t\}}\left|(\Omega-k)_{ \pm}\right|^{p}+\int_{Q_{\sigma R}}\left|\nabla(\Omega-k)_{ \pm}^{p / 2}\right|^{2} \leq \frac{C}{(1-\sigma)^{2} R^{2}} \int_{Q_{R}}\left|(\Omega-k)_{ \pm}\right|^{p} . \tag{2.14}
\end{equation*}
$$

Our goal will be to establish $L^{p}$ to $L^{\infty}$ bounds for functions in this energy class.

### 2.6 Local maximum estimate

The estimates in this section will be proven for a general function $u=\Omega$ satisfying equation (2.14).

Lemma 2.2. Suppose $u=\Omega \in L^{p}\left(Q_{\bar{R}}\right)$ satisfies equation (2.14) for $1<p \leq 2$ and $R<\bar{R}$. Then

$$
\sup _{Q_{R / 2}} u_{ \pm} \leq C\left(p, C_{*}\right)\left(R^{-3-2} \int_{Q_{R}}\left|u_{ \pm}\right|^{p}\right)^{1 / p} .
$$

This estimate can be found in [20] for $p=2$. The proof is similar and we include it so that the proof of Theorem 3.1, which uses Lemma 2.2, is self-contained. Our choice of $p$ is made merely because those are the ones we need, although others are possible.

Proof. For $K>0$ to be determined and $N$ a positive integer, we define

$$
\begin{gathered}
k_{N}=k_{N}^{ \pm}=\left(1 \mp 2^{-N}\right) K, \quad R_{N}=\left(1+2^{-N}\right) R / 2, \quad \rho_{N}=\frac{R}{2^{N+3}}, \\
R_{N+1}<\bar{R}_{N}=\left(R_{N}+R_{N+1}\right) / 2<R_{N} .
\end{gathered}
$$

Notice that

$$
R_{N}-\bar{R}_{N}=\left(R_{N}-R_{N+1}\right) / 2=\left(2^{-N}-2^{-N-1}\right) R / 4=\rho_{N} .
$$

Define $Q_{N}=Q\left(R_{N}\right)$ and $\bar{Q}_{N}=Q\left(\bar{R}_{N}\right) \subset Q_{N}$. Choose a smooth test function $\zeta_{N}$ satisfying $\zeta_{N} \equiv 1$ on $\bar{Q}_{N}, \zeta \equiv 0$ outside $Q_{N}$ and vanishing on it's spatial boundary, $0 \leq \zeta_{N} \leq 1$ and $\left|\nabla \zeta_{N}\right| \leq \rho_{N}^{-1}$ in $Q_{N}$. Further, let

$$
A^{ \pm}(N)=\left\{X \in Q_{N}: \pm\left(u-k_{N+1}\right)(X)>0\right\} .
$$

And $A_{N, \pm}=\left|A^{ \pm}(N)\right|$. Let $v_{ \pm}=\zeta_{N}\left(u-k_{N+1}\right)_{ \pm}^{p / 2}$.
Hölder's inequality gives us

$$
\begin{aligned}
\int_{Q_{N+1}}\left|\left(u-k_{N+1}\right)_{ \pm}\right|^{p} & \leq \int_{\bar{O}_{N}}\left|v_{ \pm}\right|^{2} \\
& \leq\left(\int_{\bar{O}_{N}}\left|v_{ \pm}\right|^{2(n+2) / n}\right)^{n /(n+2)} A_{N, \pm}^{2 /(n+2)}
\end{aligned}
$$

We will use the following parabolic Sobolev inequality which holds for functions vanishing on $\partial B_{R}$ :

$$
\int_{Q_{R}}|u|^{2(n+2) / n} \leq C(n)\left(\sup _{-R^{2}<t<0} \int_{B_{R} \times\{t\}}|u|^{2}\right)^{2 / n} \int_{Q_{R}}|\nabla u|^{2} .
$$

See [20, Theorem 6.11, p. 112]. We are interested in the form

$$
\int_{Q_{R}}\left|u^{p / 2}\right|^{2(n+2) / n} \leq C(n)\left(\sup _{-R^{2}<t<0} \int_{B_{R} \times\{t\}}|u|^{p}\right)^{2 / n} \int_{Q_{R}}\left|\nabla u^{p / 2}\right|^{2} .
$$

Above and below, $n$ is the spatial dimension, so that $n=3$. As in the above followed by Young's inequality then followed by equation (2.14), we obtain

$$
\begin{aligned}
\left(\int_{\bar{Q}_{N}}\left|v_{ \pm}\right|^{2(n+2) / n}\right)^{n /(n+2)} & \leq C\left(\sup _{-R_{N}^{2}<t<0} \int_{B\left(R_{N}\right) \times\{t\}}\left|v_{ \pm}\right|^{2}\right)^{2 /(n+2)}\left(\int_{Q_{N}}\left|\nabla v_{ \pm}\right|^{2}\right)^{n /(n+2)} \\
& \leq C\left(\sup _{-R_{N}^{2}<t<0} \int_{B\left(R_{N}\right) \times\{t\}}\left|v_{ \pm}\right|^{2}+\int_{Q_{N}}\left|\nabla v_{ \pm}\right|^{2}\right)
\end{aligned}
$$

$$
\begin{aligned}
\leq & C\left(\sup _{-R_{N}^{2}<t<0} \int_{B\left(R_{N}\right) \times\{t\}}\left|\left(u-k_{N+1}\right)_{ \pm}\right|^{p}+\int_{Q_{N}}\left|\nabla\left(u-k_{N+1}\right)_{ \pm}^{p / 2}\right|^{2}\right) \\
& +\frac{C_{*}}{\rho_{N}^{2}} \int_{Q_{N}}\left|\left(u-k_{N+1}\right)_{ \pm}\right|^{p} \\
\leq & \frac{C_{*}}{\rho_{N}^{2}} \int_{Q_{N}}\left|\left(u-k_{N+1}\right)_{ \pm}\right|^{p} \leq \frac{C_{*}}{\rho_{N}^{2}} \int_{Q_{N}}\left|\left(u-k_{N}\right)_{ \pm}\right|^{p} .
\end{aligned}
$$

Further assume $K^{p} \geq R^{-n-2} \int_{Q(R)}\left|u_{ \pm}\right|^{p}$. And define

$$
Y_{N} \equiv K^{-p} R^{-n-2} \int_{Q_{N}}\left|\left(u-k_{N}\right)_{ \pm}\right|^{p}
$$

Since $k_{N}^{ \pm}$are increasing for + or decreasing for - and $Q_{N}$ are decreasing, $Y_{N}$ is decreasing. Chebyshev's inequality tells us that

$$
\begin{aligned}
A_{N, \pm} & =\left|\left\{Q_{N}: \pm\left(u-k_{N+1}^{ \pm}\right)>0\right\}\right|=\left|\left\{Q_{N}: \pm\left(u-k_{N}^{ \pm}\right)> \pm\left(k_{N+1}^{ \pm}-k_{N}^{ \pm}\right)\right\}\right| \\
& =\left|\left\{Q_{N}: \pm\left(u-k_{N}\right)>K / 2^{N+1}\right\}\right| \leq 2^{p(N+1)} R^{n+2} Y_{N} .
\end{aligned}
$$

Putting all of this together yields

$$
\begin{aligned}
\int_{Q_{N+1}}\left|\left(u-k_{N+1}\right)_{ \pm}\right|^{p} & \leq\left(\int_{\bar{O}_{N}}\left|v_{ \pm}\right|^{2(n+2) / n}\right)^{n /(n+2)} A_{N, \pm}^{2 /(n+2)} \\
& \leq\left(\frac{C_{*}}{\rho_{N}^{2}} \int_{Q_{N}}\left|\left(u-k_{N}\right)_{ \pm}\right|^{p}\right)\left(2^{p(N+1)} R^{n+2} Y_{N}\right)^{2 /(n+2)} \\
& \leq\left(\frac{C_{*}}{\rho_{N}^{2}} K^{p} R^{n+2} Y_{N}\right)\left(2^{p(N+1)} R^{n+2} Y_{N}\right)^{2 /(n+2)} \\
& =C_{*} K^{p} 2^{2(N+3)} 2^{2 p(N+1) /(n+2)} R^{n+2} Y_{N}^{1+\frac{2}{n+2}}
\end{aligned}
$$

We have thus shown that

$$
Y_{N+1} \leq C(N) Y_{N}^{1+\frac{2}{n+2}}
$$

Here $C(N)=C_{*} 2^{2(N+3)} 2^{2 p(N+1) /(n+2)}$. We now choose $K$ as

$$
K^{p}=\left(1+\frac{1}{C_{0}}\right) R^{-n-2} \int_{Q_{0}}\left|u_{ \pm}\right|^{p} .
$$

Above, the constant $C_{0}$ is chosen to ensure that $Y_{N} \rightarrow 0$ as $N \rightarrow \infty$.

### 2.7 Regularity of the original solution

The limiting solution $\Omega$ satisfies equations (2.11), (2.12), and (2.14). We conclude from Lemma 2.2 that

$$
\Omega \in L^{\infty}\left(Q_{5 / 16}\right)
$$

We further know that curl $\bar{v}=\bar{\omega}_{\theta} e_{\theta} \in L^{\infty}\left(Q_{5 / 16}\right)$ from the above estimate on $\Omega$, since $\bar{v}_{\theta}=0$. Also $\operatorname{div} \bar{v}=0$ from the equation. Next $\bar{v} \in L_{t}^{\infty} L_{x}^{1}\left(Q_{5 / 16}\right)$ by equation (1.2). We thus conclude $\nabla \bar{v} \in L_{t}^{\infty} L_{x}^{4}\left(Q_{1 / 4}\right)$ by Lemma A.1. Thus, $\bar{v} \in L^{\infty}\left(Q_{1 / 4}\right)$ by embedding.

Now we can deduce regularity of the original solution from the regularity of the limit solution. We have shown that

$$
|\bar{v}(x, t)| \leq C_{*}^{\prime} \quad \text { in } Q_{1 / 4} .
$$

Above, $C_{*}^{\prime}$ depends upon $C_{*}$ but not on the subsequence $\lambda_{k}$. Since the constant can be tracked, we may initially choose $R_{*}$ sufficiently small to guarantee that

$$
\frac{1}{R_{*}^{2}} \int_{Q_{R_{*}}}|\bar{v}|^{3} \leq \epsilon_{1} / 2,
$$

where $\epsilon_{1}$ is the small constant in Lemma 2.1. Since $v^{\lambda_{k}} \rightarrow \bar{v}$ strongly in $L^{3}$ for $k$ sufficiently large, we have

$$
\frac{1}{R_{*}^{2}} \int_{Q_{R_{*}}}\left|v^{\lambda}\right|^{3} \leq \frac{1}{R_{*}^{2}} \int_{Q_{R_{*}}}|\bar{v}|^{3}+\frac{1}{R_{*}^{2}} \int_{Q_{R_{*}}}\left|v^{\lambda}-\bar{v}\right|^{3} \leq \epsilon_{1} .
$$

But this is a contradiction to equation (2.9). Thus, every point $x_{*}$ on the $z$-axis is regular; that is, there is a radius $R_{X_{*}}>0$ so that $v \in L^{\infty}\left(Q\left(X_{*}, R_{X_{*}}\right)\right)$. Since any finite portion of the $z$-axis can be covered by a finite subcover of $\left\{Q\left(X_{*}, R_{X_{*}}\right\}\right.$, we have proved Theorem 1.1.

The rest of the paper is devoted to proving the key Theorem 3.1.

## 3 Hölder Estimate for Axisymmetric Solutions

We now move from cartesian to cylindrical coordinates via the standard change of variables $x=\left(x_{1}, x_{2}, x_{3}\right)=(r \cos \theta, r \sin \theta, z)$. For axisymmetric solutions ( $\left.v, p\right)$ of the form (1.1),
the Navier-Stokes equations ( $\mathrm{N}-\mathrm{S}$ ) take the form

$$
\begin{aligned}
\frac{\partial v_{r}}{\partial t}+b \cdot \nabla v_{r}-\frac{v_{\theta}^{2}}{r}+\frac{\partial p}{\partial r} & =\left(\Delta-\frac{1}{r^{2}}\right) v_{r}, \\
\frac{\partial v_{\theta}}{\partial t}+b \cdot \nabla v_{\theta}+\frac{v_{\theta} v_{r}}{r} & =\left(\Delta-\frac{1}{r^{2}}\right) v_{\theta}, \\
\frac{\partial v_{z}}{\partial t}+b \cdot \nabla v_{z}+\frac{\partial p}{\partial z} & =\Delta v_{z}, \\
\frac{1}{r} \frac{\partial\left(r v_{r}\right)}{\partial r}+\frac{\partial v_{z}}{\partial z} & =0 .
\end{aligned}
$$

The vector $b$ is given by

$$
b=v_{r} e_{r}+v_{z} e_{z}, \quad \operatorname{div} b=0
$$

The equations of the vorticity $\omega=\operatorname{curl} v$, decomposed in the form (1.8), are

$$
\begin{aligned}
& \frac{\partial \omega_{r}}{\partial t}+b \cdot \nabla \omega_{r}-\omega_{r} \partial_{r} v_{r}-\omega_{z} \partial_{z} v_{r}=\left(\Delta-\frac{1}{r^{2}}\right) \omega_{r} \\
& \frac{\partial \omega_{\theta}}{\partial t}+b \cdot \nabla \omega_{\theta}-2 \frac{v_{\theta}}{r} \partial_{z} v_{\theta}-\frac{v_{r}}{r} \omega_{\theta}=\left(\Delta-\frac{1}{r^{2}}\right) \omega_{\theta} \\
& \frac{\partial \omega_{z}}{\partial t}+b \cdot \nabla \omega_{z}-\omega_{z} \partial_{z} v_{z}-\omega_{r} \partial_{r} v_{z}=\Delta \omega_{z}
\end{aligned}
$$

We are interested in the equation for $v_{\theta}$, which is independent of the pressure.
Consider the change of variable $\Gamma=r v_{\theta}$, which is well known (see the references in the introduction). The function $\Gamma$ is smooth and satisfies

$$
\begin{equation*}
\frac{\partial \Gamma}{\partial t}+b \cdot \nabla \Gamma-\Delta \Gamma+\frac{2}{r} \frac{\partial \Gamma}{\partial r}=0 . \tag{3.1}
\end{equation*}
$$

Note that the sign of the term $\frac{2}{r} \frac{\partial \Gamma}{\partial r}$ is opposite to that of equation (2.11). It follows directly from equation (1.2) that $\|\Gamma\|_{L_{t, x}^{\infty}} \leq C_{*} ;$ see [2] for related estimates. Since $v$ is smooth, we have $\Gamma(t, 0, z)=0$ for $t<0$. The smoothness and axisymmetry assumptions also imply that $v_{\theta}(t, 0, z)=0$, but we will not use this fact. The main result of this section is the following.

Theorem 3.1. Suppose that $\Gamma(x, t)$ is a smooth bounded solution of equation (3.1) in $Q_{2}$ with smooth $b(x, t)$, both may depend on $\theta$, and

$$
\left.\Gamma\right|_{r=0}=0, \quad \operatorname{div} b=0, \quad|b| \leq C_{*} / r \quad \text { in } Q_{2} .
$$

Then there exist constants $C$ and $\alpha>0$, which depend only upon $C_{*}$ such that

$$
|\Gamma(x, t)| \leq C\|\Gamma\|_{L_{t, x}^{\infty}\left(Q_{2}\right)} r^{\alpha} \quad \text { in } Q_{1} .
$$

We remark that the condition above is substantially weaker than equation (1.2), and we do not need $\Gamma$ to be axisymmetric. In the rest of this section, we will prove the theorem. Here we are facing two difficulties: First, the condition $\left.\Gamma\right|_{r=0}=0$ precludes a direct lower bound on the fundamental solution and a Harnack inequality on $\Gamma$ (since, when $b=0, \Gamma=r^{2}$ is a non-negative solution which does not satisfy the usual Harnack inequality.) Second, the condition $b \leq C / r$ is weaker than the standard assumption $b \leq$ $C /|x|$ (see the discussion). It turns out that one can develop new techniques incorporating the methods introduced by De Giorgi [4] and Moser [22] to overcome these two points. However, we do not know if one can follow the approach of Nash [7, 23] which relies critically on a Gaussian lower bound of the fundamental solution. The proof of Theorem 3.1 is independent of the rest of the paper.

The following related equation has been previously studied by Zhang [41]:

$$
\frac{\partial u}{\partial t}+b \cdot \nabla u-\Delta u=0 .
$$

He has shown among other things Hölder continuity of solutions to this equation if $b=b(x)$ is independent of time and $b$ satisfies an integral condition, which is fulfilled if say $b$ is controlled by $1 /|x|$. His proof makes use of Moser iteration and Gaussian bounds.

### 3.1 Notation, reformulation, and energy inequalities

Let $X=(x, t)$. Define the modified parabolic cylinder at the origin

$$
Q(R, \tau)=\left\{X:|x|<R,-\tau R^{2}<t<0\right\}
$$

Here $R>0$ and $\tau \in(0,1]$. We sometimes for brevity write $Q_{R}=Q(R)=Q(R, 1)$. Let

$$
m_{2} \equiv \inf _{Q(2 R)} \Gamma, \quad M_{2} \equiv \sup _{Q(2 R)} \Gamma, \quad M \equiv M_{2}-m_{2}>0
$$

Notice that $m_{2} \leq 0 \leq M_{2}$ since $\left.\Gamma\right|_{r=0}=0$.
Now we reformulate the problem in $Q(2 R)$ into a new function, $u$, which will be zero when $|\Gamma|$ is at its maximum value. Specifically, we define

$$
u \equiv \begin{cases}2\left(\Gamma-m_{2}\right) / M & \text { if }-m_{2}>M_{2}  \tag{3.2}\\ 2\left(M_{2}-\Gamma\right) / M & \text { else }\end{cases}
$$

In either case, $u$ solves equation (3.1) and $0 \leq u \leq 2$ in $Q(2 R)$. We will further use

$$
\left.a \equiv u\right|_{r=0}=\frac{2}{M}\left(\sup _{Q(2 R)}|\Gamma|\right)=\frac{2}{M} \max \left\{M_{2},-m_{2}\right\} \geq 1,
$$

which follows from our conditions.
We now derive energy estimates for equation (3.1). Define $v_{ \pm}=(u-k)_{ \pm}$with $k \geq 0$. We have $v_{+} \leq(2-k)_{+}$and $v_{-} \leq k$. Consider a radial test function $0 \leq \zeta(x, t) \leq 1$ for which $\zeta=0$ on $\partial B_{R} \times\left[-\tau R^{2}, 0\right]$ and $\frac{\partial \zeta}{\partial r} \leq 0$. We multiply equation (3.1) for $u-k$ with $\zeta^{2} v_{ \pm}$and integrate over $\mathbb{R}^{3} \times\left[t_{0}, t\right]$ to obtain

$$
\begin{align*}
\frac{1}{2}\left[\int_{\mathbb{R}^{3}}\left|\zeta v_{ \pm}\right|^{2}\right]_{t_{0}}^{t}+\int_{t_{0}}^{t} \int_{\mathbb{R}^{3}}\left|\nabla\left(\zeta v_{ \pm}\right)\right|^{2}= & \int_{t_{0}}^{t} \int_{\mathbb{R}^{3}} v_{ \pm}^{2}\left(b \zeta \cdot \nabla \zeta+\zeta \frac{\partial \zeta}{\partial t}+|\nabla \zeta|^{2}+\frac{2 \zeta}{r} \frac{\partial \zeta}{\partial r}\right) \\
& +\left.2 \pi\left[(a-k)_{ \pm}\right]^{2} \int_{t_{0}}^{t} \int_{\mathbb{R}} d z \zeta^{2}\right|_{r=0} . \tag{3.3}
\end{align*}
$$

We need to estimate all the terms in parenthesis.
Choose $\sigma \in(1 / 4,1)$, we require that the test function satisfies $\zeta \equiv 1$ on $Q(\sigma R, \tau)$. If we further choose $\zeta\left(x, t_{0}\right)=0$ then, using equation (2.13), we estimate equation (3.3) as follows:

$$
\begin{equation*}
\sup _{-\tau \sigma^{2} R^{2}<t<0} \int_{B(\sigma R) \times\{t\}} v_{ \pm}^{2}+\int_{Q(\sigma R, \tau)}\left|\nabla v_{ \pm}\right|^{2} \leq \frac{C_{* *}}{\tau(1-\sigma)^{2} R^{2}} \int_{Q(R, \tau)} v_{ \pm}^{2}+C \tau R^{3}\left[(a-k)_{ \pm}\right]^{2} \tag{3.4}
\end{equation*}
$$

If we alternatively choose $\zeta=\zeta(x)$, then equation (3.3) takes the form

$$
\begin{equation*}
\sup _{t_{0}<s<t} \int_{B(\sigma R) \times\{s\}} v_{ \pm}^{2}+\int_{t_{0}}^{t} \int_{B(\sigma R)}\left|\nabla v_{ \pm}\right|^{2}-\int_{B_{R} \times\left\{t_{0}\right\}} v_{ \pm}^{2} \leq \frac{C_{* *}}{(1-\sigma)^{2} R^{2}} \int_{t_{0}}^{t} \int_{B_{R}} v_{ \pm}^{2}+C \tau R^{3}\left[(a-k)_{ \pm}\right]^{2} . \tag{3.5}
\end{equation*}
$$

Notice that there is no $\tau^{-1}$ appearing in this energy inequality (3.5) compared to equation (3.4).

The energy estimates (3.4) and (3.5) are the standard parabolic De Giorgi classes except for the last term. Our goal will be to use them to show that the set where $\Gamma$ is very close to its largest absolute value or, equivalently, the set where $u$ is almost zero is as small as you wish. We establish this fact in the following series of lemmas.

### 3.2 Initial estimates

Later on, we will use the two standard lemmas in a nonstandard iteration scheme of sorts to show that the set where $u$ is almost zero has very small Lebesgue measure.

Lemma 3.2. Suppose there exists a $t_{0} \in\left[-\tau R^{2}, 0\right], K \in(0,1)$, and $\gamma \in(0,1)$ so that

$$
\left|\left\{x \in B_{R}: u\left(x, t_{0}\right) \leq K\right\}\right| \leq \gamma\left|B_{R}\right| .
$$

Further suppose that $u$ satisfies equation (3.5) for $v_{-}$. Then for all $\eta \in(0,1-\sqrt{\gamma})$ and $\mu \in\left(\gamma /(1-\eta)^{2}, 1\right)$, there exists $\theta \in(0,1)$ such that

$$
\left|\left\{x \in B_{R}: u(x, t) \leq \eta K\right\}\right| \leq \mu\left|B_{R}\right|, \quad \forall t \in\left[t_{0}, t_{0}+(\tau \wedge \theta) R^{2}\right] .
$$

Here $\theta$ depends only on the constants in equation (3.5) and $\gamma$.

We note that, in the proof, it can happen that $\theta(\gamma) \rightarrow 0$ as $\gamma \uparrow 1$, but if $\tau$ is sufficiently small, then we may take $\theta=\tau$ when $\gamma$ is close enough to zero. And if $\gamma$ is small, then $\mu$ can be taken almost as small.

Proof. We consider $v_{-}=(u-K)_{-}$. The energy inequality (3.5) for this function is

$$
\begin{aligned}
\int_{B(\sigma R) \times\{t\}} v_{-}^{2} & \leq \int_{B_{R} \times\left\{t_{0}\right\}} v_{-}^{2}+\frac{C_{* *}}{(1-\sigma)^{2} R^{2}} \int_{t_{0}}^{t} \int_{B_{R}} v_{-}^{2}+C \tau R^{3}\left[(a-K)_{-}\right]^{2} \\
& \leq K^{2}\left|B_{R}\right|\left(\gamma+\frac{C_{* *}(\tau \wedge \theta)}{(1-\sigma)^{2}}\right) .
\end{aligned}
$$

We have used $(a-K)_{-}=0$. The Chebyshev inequality tells us that

$$
|\{x \in B(\sigma R): u(x, t) \leq \eta K\}| \cdot(K-\eta K)^{2} \leq \int_{B(\sigma R) \times\{t\}} v_{-}^{2} .
$$

The region $B_{R}-B_{\sigma R}$ has volume $\left(1-\sigma^{3}\right)\left|B_{R}\right|$. Thus,

$$
\begin{aligned}
\frac{\left|\left\{x \in B_{R}, u(x, t) \leq \eta K\right\}\right|}{\left|B_{R}\right|} & \leq \frac{|\{x \in B(\sigma R), u(x, t) \leq \eta K\}|}{\left|B_{R}\right|}+\left(1-\sigma^{3}\right) \\
& \leq(1-\eta)^{-2}\left(\gamma+\frac{C_{* *}(\tau \wedge \theta)}{(1-\sigma)^{2}}\right)+\left(1-\sigma^{3}\right)
\end{aligned}
$$

Now let $\sigma$ be so close to one that $\frac{\gamma}{(1-\eta)^{2}}+\left(1-\sigma^{3}\right)<\mu$. Then, with $\tau$ fixed, choose $\theta$ small enough that the whole thing is $\leq \mu$.

Lemma 3.2 shows continuity in time of the Lebesgue measure of the set where $u$ is small and Lemma 3.3 below shows that if the set where $u$ is small is less than the whole set, then the set where $u$ is even smaller can be made tiny. This is an extremely weak way to measure diffusion.

Lemma 3.3. Suppose that $u(x, t)$ satisfies equation (3.4) for $v_{-}$. In addition,

$$
\left|\left\{x \in B_{R}: u(x, t) \leq K\right\}\right| \leq \gamma\left|B_{R}\right|, \quad \forall t \in\left[t_{0}, t_{0}+\theta R^{2}\right]=I,
$$

where $K, \theta>0, \gamma \in(0,1)$ and $B_{R} \times I \subset Q(R, \tau)$. Then for all $\epsilon \in(0,1)$, there exists a $\delta \in(0,1)$ such that

$$
\left|\left\{X \in B_{R} \times I: u(X) \leq \delta\right\}\right| \leq \epsilon\left|B_{R} \times I\right| .
$$

Proof. We denote, for $n=0,1,2,3, \ldots$,

$$
A_{n}(t)=\left\{x \in B_{R}: u(x, t) \leq 2^{-n} K\right\}, \quad A_{n}=\left\{(x, t): t \in I, x \in A_{n}(t)\right\} .
$$

Note that $A_{n}(t) \subset B_{R}$ and $A_{n} \subset B_{R} \times I$. Clearly, $\left|A_{n+1}\right| \leq\left|A_{n}\right| \leq\left|A_{0}\right| \leq \gamma\left|B_{R} \times I\right|$. And

$$
\left|A_{n}^{c}(t)\right|=\left|\left\{x \in B_{R}: u(x, t)>2^{-n} K\right\}\right|=\left|B_{R}\right|-\left|A_{n}(t)\right| \geq(1-\gamma)\left|B_{R}\right| .
$$

Since $\gamma<1$, we know that $A_{n}^{c}(t)$ does not have measure zero.
We invoke the following known inequality, a version of which can already be seen in Lemma II of [4]. For any $v \in W^{1,1}\left(B_{R}\right)$ and for any $\alpha, \beta \in \mathbb{R}$ with $\alpha<\beta$, we have

$$
\left|\left\{x \in B_{R}: v(x) \leq \alpha\right\}\right| \leq \frac{C R^{3+1} /(\beta-\alpha)}{\left|\left\{x \in B_{R}: v(x)>\beta\right\}\right|} \int_{B_{R} \cap\{\alpha<v \leq \beta\}}|\nabla v|,
$$

where $C>0$ only depends on the dimension. To show it, let $E=\left\{x \in B_{R}: v(x)>\beta\right\}$ and we may assume $|E|>0$. This inequality can be shown by plugging

$$
U(x)=\min \left((\beta-v(x))_{+}, \beta-\alpha\right), \quad f(x)=\frac{\left|B_{R}\right|}{|E|} 1_{E}(x)
$$

into the Poincaré inequality from [20, Proposition 6.14], which implicitly assumes the normalization condition $\frac{1}{\left|B_{R}\right|} \int_{B_{R}} f=1$.

Now let $\beta=2^{-n} K$ and $\alpha=2^{-n-1} K$. We have

$$
\left|A_{n+1}(t)\right| \leq \frac{C 2^{n+1} R}{K(1-\gamma)} \int_{A_{n}(t)-A_{n+1}(t)}|\nabla u|=\frac{C 2^{n+1} R}{K(1-\gamma)} \int_{A_{n}(t)-A_{n+1}(t)}\left|\nabla(u-a)^{-}\right| .
$$

We use the Cauchy-Schwartz inequality to bound this integral as

$$
\begin{aligned}
\left|A_{n+1}\right|=\int_{I}\left|A_{n+1}(t)\right| & \leq \frac{C 2^{n+1} R}{K(1-\gamma)} \int_{A_{n}-A_{n+1}}\left|\nabla(u-a)^{-}\right| \\
& \leq \frac{C 2^{n+1} R}{K(1-\gamma)}\left|A_{n}-A_{n+1}\right|^{1 / 2}\left(\int_{A_{n}-A_{n+1}}\left|\nabla(u-a)^{-}\right|^{2}\right)^{1 / 2} .
\end{aligned}
$$

The energy inequality (3.4), with $\sigma R$ and $R$ replaced by $R$ and $2 R$ results in

$$
\begin{aligned}
\left|A_{n+1}\right| & \leq \frac{C 2^{n+1} R}{K(1-\gamma)}\left|A_{n}-A_{n+1}\right|^{1 / 2}\left(\frac{C}{\tau R^{2}} \int_{Q(2 R, \tau)}\left|(u-a)^{-}\right|^{2}\right)^{1 / 2} \\
& \leq \frac{C 2^{n+1} R}{K(1-\gamma)}\left|A_{n}-A_{n+1}\right|^{1 / 2}|B(2 R)|^{1 / 2} a=\frac{C R^{5 / 2}}{K(1-\gamma)}\left|A_{n}-A_{n+1}\right|^{1 / 2} .
\end{aligned}
$$

Square both sides of this inequality and dividing by $\left|B_{R} \times I\right|^{2}$ to obtain

$$
\frac{\left|A_{n+1}\right|^{2}}{\left|B_{R} \times I\right|^{2}} \leq \frac{C}{\theta K^{2}(1-\gamma)^{2}}\left(\frac{\left|A_{n}\right|}{\left|B_{R} \times I\right|}-\frac{\left|A_{n+1}\right|}{\left|B_{R} \times I\right|}\right) .
$$

Summing in $n$, we get

$$
\begin{aligned}
n \frac{\left|A_{n}\right|^{2}}{\left|B_{R} \times I\right|^{2}} \leq \sum_{j=1}^{n} \frac{\left|A_{j}\right|^{2}}{\left|B_{R} \times I\right|^{2}} & \leq \frac{C}{\theta K^{2}(1-\gamma)^{2}} \sum_{j=1}^{n}\left(\frac{\left|A_{j-1}\right|}{\left|B_{R} \times I\right|}-\frac{\left|A_{j}\right|}{\left|B_{R} \times I\right|}\right) \\
& =\frac{C}{\theta K^{2}(1-\gamma)^{2}}\left(\frac{\left|A_{0}\right|}{\left|B_{R} \times I\right|}-\frac{\left|A_{n}\right|}{\left|B_{R} \times I\right|}\right) \\
& \leq \frac{C}{\theta K^{2}(1-\gamma)^{2}} \frac{\left|A_{0}\right|}{\left|B_{R} \times I\right|} \leq \frac{C \gamma}{\theta K^{2}(1-\gamma)^{2}}
\end{aligned}
$$

We complete the proof by choosing $n$ sufficiently large

### 3.3 Estimate on the measure of the set where $u$ is small

The next lemma allows us to apply all the machinery above.
Lemma 3.4. There exists a $\kappa \in(0,1)$ such that $0<\lambda<\min \{\kappa \tau, 1 / 8\}$ implies

$$
\left|\left\{X \in Q(R, \tau): u(X) \leq \lambda^{2}\right\}\right| \leq(1-4 \lambda)|Q(R, \tau)| .
$$

Proof. We establish a contradiction using energy estimates. Suppose the opposite

$$
\left|\left\{X \in Q(R, \tau): u(X) \leq \lambda^{2}\right\}\right|>(1-4 \lambda)|Q(R, \tau)| .
$$

Or equivalently,

$$
\begin{equation*}
\left|\left\{X \in Q(R, \tau): u(X)>\lambda^{2}\right\}\right|<4 \lambda|Q(R, \tau)| . \tag{3.6}
\end{equation*}
$$

This condition will imply a contradiction to the size condition on $a \geq 1$.
We will test equation (3.1) with $p u^{p-1} \zeta^{2}$ for $0<p<1$ and $\zeta \geq 0$. Since $u=0$ sometimes, in general we should test equation (3.1) for $u+\epsilon$ with $p(u+\epsilon)^{p-1} \zeta^{2}$ and then send $\epsilon \downarrow 0$ to obtain our estimates. However, since the result is the same, to simplify the presentation we will omit these details. We have

$$
\begin{aligned}
\int_{Q(R, \tau)} p u^{p-1} \zeta^{2} \frac{\partial u}{\partial t}= & {\left[\int_{B_{R}} \zeta^{2} u^{p}\right]_{t_{1}}^{0}-\int_{Q(R, \tau)} u^{p} 2 \zeta \frac{\partial \zeta}{\partial t} \equiv I_{1}+I_{2} } \\
\int_{Q(R, \tau)} p u^{p-1} \zeta^{2}(-\Delta u)= & \frac{4(p-1)}{p} \int_{Q(R, \tau)}\left|\nabla\left(u^{p / 2} \zeta\right)\right|^{2} \\
& +\int_{Q(R, \tau)} 2 u^{p}\left[-|\nabla \zeta|^{2}+\frac{p-2}{p} \zeta \Delta \zeta\right] \equiv I_{3}+I_{4}
\end{aligned}
$$

$$
\begin{aligned}
\int_{Q(R, \tau)} p u^{p-1} \zeta^{2} b \cdot \nabla u & =-\int_{Q(R, \tau)} 2 u^{p} b \cdot \zeta \nabla \zeta \equiv I_{5} \\
\int_{Q(R, \tau)} p u^{p-1} \zeta^{2} \frac{2}{r} \partial_{r} u & =-\int_{Q(R, \tau)} 4 u^{p} \zeta \zeta_{\rho} / \rho-\left.\int_{-\tau R^{2}}^{0} d t \int_{\mathbb{R}} d z 2\left(\zeta^{2} u^{p}\right)\right|_{r=0} \equiv I_{6}+I_{7}
\end{aligned}
$$

In the computation of $I_{6}$, we have used $\zeta_{r} / r=\zeta_{\rho} / \rho$, which follows if $\zeta=\zeta(\rho, t)$ where $\rho=|x|=\sqrt{r^{2}+z^{2}}$. Notice that $\sum_{j=1}^{7} I_{j}=0$. For arbitrary $p \in(0,1)$, we see that $I_{3}$ and $I_{7}$ are both non-positive.

We choose $\zeta=\zeta_{1}(\rho) \zeta_{2}(t)$, where $\zeta_{1}(\rho)=1$ in $B(R / 2)$ and $\zeta_{1}(\rho)$ has compact support in $B_{R}$; also $\zeta_{2}(t)=1$ if $t \in\left[-\frac{7}{8} \tau R^{2},-\frac{1}{8} \tau R^{2}\right]$ and $\zeta_{2}(t)$ has compact support in $\left(-\tau R^{2}, 0\right)$. Thus, $I_{1}=0$ and we have

$$
\frac{6}{4} \tau R^{3} a^{p} \leq-I_{7}=\sum_{j=2}^{6} I_{j}
$$

We estimate each of the terms $I_{2}$ through $I_{6}$ to obtain a contradiction.
By the argument in equation (2.13), we have

$$
\left|I_{5}\right| \leq \frac{2(1-p)}{p} \int_{Q(R, \tau)}\left|\nabla\left(u^{p / 2} \zeta\right)\right|^{2}+\frac{C}{R^{2}} \int_{Q(R, \tau)} u^{p}
$$

Also note $\nabla \zeta=0$ in $B(R / 2)$ and so the singularity $1 / \rho$ is effectively $1 / R$. Thus,

$$
I_{2} \leq \frac{C}{\tau R^{2}} \int_{Q(R, \tau)} u^{p}, \quad \sum_{j=3}^{6} I_{j} \leq \frac{C}{R^{2}} \int_{Q(R, \tau)} u^{p}
$$

Assuming equation (3.6) and using $0 \leq u \leq 2$, we have

$$
a^{p} \leq \frac{C}{\tau^{2} R^{5}} \int_{Q(R, \tau)} u^{p} \leq \frac{C}{\tau^{2} R^{5}}\left\{\lambda^{2 p}|Q(R, \tau)|+2^{p}(4 \lambda|O(R, \tau)|)\right\} \leq \frac{C_{2}}{\tau}\left(\lambda^{2 p}+\lambda\right) .
$$

Here $C_{2}=C_{2}\left(C_{*}\right)$. Take $p=1 / 2$ and $\kappa=\frac{1}{4 C_{2}}$ to get $a^{p}<1$, a contradiction.

Lemma 3.4 is the starting point of our iteration scheme. From this lemma, we know that there is a $t_{1} \in\left[-\tau R^{2},-2 \lambda \tau R^{2}\right]$ so that

$$
\begin{equation*}
\left|\left\{x \in B_{R}: u\left(x, t_{1}\right) \leq \lambda^{2}\right\}\right| \leq(1-2 \lambda)\left|B_{R}\right| \tag{3.7}
\end{equation*}
$$

Then apply Lemma 3.2 with $K=\lambda^{2}$ to equation (3.7) to see, for say $\eta=\lambda$ and $\mu=1-\lambda$, that

$$
\left|\left\{x \in B_{R}: u(x, t) \leq \lambda^{3}\right\}\right| \leq(1-\lambda)\left|B_{R}\right|, \quad \forall t \in\left[t_{1}, t_{1}+\theta_{*} R^{2}\right] \equiv I_{*} .
$$

Here $\theta_{*}=\theta \wedge \tau$ and $\theta$ is the constant chosen in Lemma 3.2. From here, Lemma 3.3 allows us to conclude

$$
\left|\left\{X \in B_{R} \times I_{*}: u(X) \leq \delta_{*}\right\}\right| \leq \frac{\epsilon_{*}}{2}\left|B_{R} \times I_{*}\right|,
$$

where $\epsilon_{*}>0$ is as small as you want and $\delta_{*}=\delta_{*}\left(\epsilon_{*}\right)$.
Then, as in equation (3.7), there exists a $t_{2} \in I_{*}$ (so that $t_{2} \leq-\lambda \tau R^{2}$ ) such that

$$
\begin{equation*}
\left|\left\{x \in B_{R}: u\left(x, t_{2}\right) \leq \delta_{*}\right\}\right| \leq \epsilon_{*}\left|B_{R}\right| . \tag{3.8}
\end{equation*}
$$

Uptill now, all the small parameters that we have chosen depend upon $\tau$. But above, $\epsilon_{*}$ can be taken arbitrarily small, independent of the size of $\tau$. This is the key point that enables us to proceed. It is the reason why we are required to do this procedure twice.

Now suppose $1-\sigma^{3}=1 / 4$ and choose first $\tau<1 / 8$, so that $C_{* *} \tau /(1-\sigma)^{2} \leq 1 / 4$. Then take $\delta_{*}$ from equation (3.8) with $\epsilon_{*}<1 / 16$ playing the role of $\gamma$ in Lemma 3.2. Also $\eta<1 / 2$. With all this, from Lemma 3.2, we can choose $\mu<1$ so that

$$
\left|\left\{x \in B_{R}: u(x, t) \leq \eta \delta_{*}\right\}\right| \leq \mu\left|B_{R}\right|, \quad \forall t \in\left[t_{2}, t_{2}+\tau R^{2}\right] \equiv I .
$$

Further, it is safe to assume that $\theta_{*} \leq \lambda$; we see that $t_{2} \leq-\lambda \tau R^{2}$ and so $\left[-\lambda \tau R^{2}, 0\right] \subset I$. Finally, apply Lemma 3.3 again to obtain

$$
\begin{equation*}
|\{X \in Q(R, \lambda \tau): u(X) \leq \delta\}| \leq \epsilon|Q(R, \lambda \tau)|, \tag{3.9}
\end{equation*}
$$

with $\epsilon>0$ arbitrarily small. This is a key step in what follows.
Let $U=\delta-u$, where $\delta$ is the constant from equation (3.9). $U$ is clearly a solution of equation (3.1) and $\left.U\right|_{r=0}=\delta-a<0$. We apply equation (3.4) to $U$ on $Q(2 d)$ (with $\tau=1$ ) to get

$$
\sup _{-\sigma^{2} d^{2}<t<0} \int_{B(\sigma d) \times\{t\}}\left|(U-k)^{+}\right|^{2}+\int_{Q(\sigma d)}\left|\nabla(U-k)^{+}\right|^{2} \leq \frac{C_{* *}}{(1-\sigma)^{2} d^{2}} \int_{Q(d)}\left|(U-k)^{+}\right|^{2} .
$$

This holds for all $k>0$ and $\sigma \in(0,1)$. So we can apply Lemma 2.2 to conclude

$$
\begin{equation*}
\sup _{Q(d / 2)}(\delta-u) \leq\left(\frac{C}{|Q(d)|} \int_{Q(d)}\left|(\delta-u)^{+}\right|^{2}\right)^{1 / 2} \tag{3.10}
\end{equation*}
$$

This inequality combined with equation (3.9) will produce a lower bound.

### 3.4 Regularity from a lower bound

Let $d=\sqrt{\lambda \tau} R$ so that $Q(d) \subset Q(R, \lambda \tau)$. By equations (3.10) and (3.9),

$$
\begin{aligned}
\delta-\inf _{Q(d / 2)} u & \leq\left(\frac{C}{|Q(d)|} \int_{Q(d)}\left|(\delta-u)^{+}\right|^{2}\right)^{1 / 2} \\
& \leq\left(\frac{C \delta^{2} \epsilon|Q(R, \lambda \tau)|}{|Q(d)|}\right)^{1 / 2}=C \delta \epsilon^{1 / 2}(\lambda \tau)^{-3 / 4},
\end{aligned}
$$

which is less than $\frac{\delta}{2}$ if $\epsilon$ is chosen sufficiently small. We conclude

$$
\inf _{O(d / 2)} u \geq \frac{\delta}{2}
$$

This is the lower bound we seek. From it we will deduce an oscillation estimate. This entails a bit of algebra. We define

$$
m_{d} \equiv \inf _{Q(d / 2)} \Gamma, \quad M_{d} \equiv \sup _{Q(d / 2)} \Gamma
$$

Then from equation (3.2), we have

$$
\inf _{Q(d / 2)} u= \begin{cases}2\left(m_{d}-m_{2}\right) / M & \text { if }-m_{2}>M_{2} \\ 2\left(M_{2}-M_{d}\right) / M & \text { else }\end{cases}
$$

Notice that both expressions above are non-negative in any case; thus we can add them together to observe that

$$
\frac{\delta}{2} \leq \frac{2}{M}\{M-\operatorname{osc}(\Gamma, d / 2)\}
$$

Here osc $(\Gamma, d / 2)=M_{d}-m_{d}$ and $\operatorname{osc}(\Gamma, 2 R)=M_{2}-m_{2}=M$. We rearrange the above equation as

$$
\operatorname{osc}(\Gamma, d / 2) \leq\left(1-\frac{\delta}{4}\right) \operatorname{osc}(\Gamma, 2 R) .
$$

This is enough to produce the desired Hölder continuity via the following.

### 3.5 Iteration argument

Suppose we have a nondecreasing function $\omega$ on an interval ( $0, R_{0}$ ] which satisfies

$$
\omega(\tau R) \leq \gamma \omega(R),
$$

with $0<\gamma, \tau<1$. Then for $R \leq R_{0}$, we have

$$
\begin{equation*}
\omega(R) \leq \frac{1}{\gamma}\left(\frac{R}{R_{0}}\right)^{\alpha} \omega\left(R_{0}\right), \tag{3.11}
\end{equation*}
$$

where $\alpha=\log \gamma / \log \tau>0$.
Iterating, as in equation (3.11), we get, for $C_{\Gamma}=\left(1-\frac{\delta}{4}\right)^{-1} \sup _{Q(1)} \Gamma$, that

$$
\begin{equation*}
\operatorname{osc}(\Gamma, R) \leq C_{\Gamma} R^{\alpha}, \quad \forall R \in(0,1) \tag{3.12}
\end{equation*}
$$

for $\alpha=2 \log \left(1-\frac{\delta}{4}\right) / \log (\lambda \tau / 16)>0$. Thus, $\Gamma$ is Hölder continuous near the origin. We have proved Theorem 3.1.

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## Appendix

Here we collect some estimates needed for Section 2.

Lemma A.1. Let $B_{R_{2}} \subset B_{R_{1}} \subset \mathbb{R}^{3}$ be concentric with $0<R_{2}<R_{1}$. Let $v$ be a vector field defined in $B_{R_{1}}$. Let $1<q<\infty$ and $0<\alpha<1$. Then for $k=0,1, \ldots$ there is a constant $c$ depending on $R_{2}, R_{1}, q, \alpha, k$, so that

$$
\left\|\nabla^{k+1} v\right\|_{L^{q}\left(B_{R_{2}}\right)} \leq c\left\|\nabla^{k} \operatorname{div} v\right\|_{L^{q}\left(B_{R_{1}}\right)}+c\left\|\nabla^{k} \operatorname{curl} v\right\|_{L^{q}\left(B_{R_{1}}\right)}+c\|v\|_{L^{1}\left(B_{R_{1}}\right)}
$$

and

$$
\left\|\nabla^{k+1} v\right\|_{C^{\alpha}\left(B_{R_{2}}\right)} \leq C\left\|\nabla^{k} \operatorname{div} v\right\|_{C^{\alpha}\left(B_{R_{1}}\right)}+C\left\|\nabla^{k} \operatorname{curl} v\right\|_{C^{\alpha}\left(B_{R_{1}}\right)}+C\|v\|_{L^{1}\left(B_{R_{1}}\right)} .
$$

This is well known, see [24].

Lemma A. 2 (Interior estimates for Stokes system). Fix $R \in(0,1)$. Let $1<s, q<\infty$, and $f=\left(f_{i j}\right) \in L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)$. Assume that $v \in L_{t}^{s} L_{x}^{1}\left(Q_{1}\right)$ is a weak solution of the Stokes system

$$
\partial_{t} v_{i}-\Delta v_{i}+\partial_{i} p=\partial_{j} f_{i j}, \quad \operatorname{div} v=0 \quad \text { in } Q_{1}
$$

Then $v$ satisfies, for some constant $c=c(q, s, R)$,

$$
\begin{equation*}
\|\nabla v\|_{L_{t}^{s} L_{x}^{q}\left(Q_{R}\right)} \leq c\|f\|_{L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)}+c\|v\|_{L_{t}^{s} L_{x}^{1}\left(O_{1}\right)} . \tag{A.1}
\end{equation*}
$$

If instead $v$ is a weak solution of

$$
\partial_{t} v_{i}-\Delta v_{i}+\partial_{i} p=g_{i}, \quad \operatorname{div} v=0 \quad \text { in } Q_{1},
$$

then

$$
\begin{equation*}
\left\|\nabla^{2} v\right\|_{L_{t}^{s} L_{x}^{q}\left(Q_{R}\right)} \leq c\|g\|_{L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)}+c\|v\|_{L^{s} L^{1}\left(Q_{1}\right)} \tag{A.2}
\end{equation*}
$$

An important feature of these estimates is that a bound of the pressure $p$ is not needed in the right side. A similar estimate for the time-independent Stokes system
appeared in [34]. Note that these estimates improve the spatial regularity only. One cannot improve the temporal regularity, in view of Serrin's example of a solution $v(x, t)=$ $f(t) \nabla h(x)$ where $h(x)$ is harmonic.

Proof. Denote by $P$ the Helmholtz projection in $\mathbb{R}^{3},(P g)_{i}=g_{i}-R_{i} R_{k} g_{k}$, where $R_{i}$ is the $i$ th Riesz transform. Let $\tau=R^{1 / 4} \in(R, 1)$ and choose $\zeta(x, t) \in C^{\infty}\left(\mathbb{R}^{4}\right), \zeta \geq 0, \zeta=1$ on $O_{\tau}$, and $\zeta=0$ on $\mathbb{R}^{3} \times(-\infty, 0]-Q_{1}$. For a fixed $i$, define

$$
\tilde{v}_{i}(x, t)=\int_{-1}^{t} \Gamma(x-y, t-s) \partial_{j}\left(F_{i j}\right)(y, s) d y d s,
$$

where $\Gamma$ is the heat kernel and $F_{i j}=f_{i j} \zeta-R_{i} R_{k}\left(f_{k j} \zeta\right)$. The function $\tilde{v}_{i}$ satisfies

$$
\left(\partial_{t}-\Delta\right) \tilde{v}_{i}=\partial_{j} F_{i j}=\left[P \partial_{j} \zeta\left(f_{k j}\right)_{k=1}^{3}\right]_{i}, \quad \operatorname{div} \tilde{v}=0 .
$$

The $L_{t}^{s} L_{x}^{q}$-estimates for the parabolic version of singular integrals and potentials (see [19, 27], also see [14, 40] and their references), and the usual version of $L^{q}$-estimates for singular integrals ([32]), give

$$
\begin{equation*}
\|\nabla \tilde{v}\|_{L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)}+\|\tilde{v}\|_{L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)} \leq c\|F\|_{L_{t}^{s} L_{x}^{q}} \leq c\|f\|_{L_{t}^{s} L_{x}^{q}\left(Q_{1}\right)} . \tag{A.3}
\end{equation*}
$$

Furthermore, for some function $\tilde{p}(x, t)$,

$$
\left(\partial_{t}-\Delta\right) \tilde{v}+\nabla \tilde{p}=\partial_{j}\left(\zeta f_{i j}\right), \quad \operatorname{div} \tilde{v}=0
$$

The differences $u=v-\tilde{v}$ and $\pi=p-\tilde{p}$ satisfy the homogeneous Stokes system

$$
\partial_{t} u-\Delta u+\nabla \pi=0, \quad \operatorname{div} v=0 \quad \text { in } Q_{\tau} .
$$

Its vorticity $\omega=$ curl $u$ satisfies the heat equation $\left(\partial_{t}-\Delta\right) \omega=0$. Let $W=\zeta_{\tau} \omega$, where $\zeta_{\tau}(x, t)=\zeta\left(x / \tau, t / \tau^{2}\right)$. It satisfies

$$
\left(\partial_{t}-\Delta\right) W=G:=w\left(\partial_{t}-\Delta\right) \zeta_{\tau}-2\left(\partial_{m} \zeta_{\tau}\right) \partial_{m} \omega
$$

And thus, for $(x, t) \in Q_{\tau^{2}}$,

$$
\omega_{i}(x, t)=W_{i}(x, t)=\int_{-1}^{t} \int \Gamma(x-y, t-s) G_{i}(y, s) d y d s=\int_{-1}^{t} \int H_{x, t}^{i, j}(y, s) u_{j}(y, s) d y d s
$$

where, using $\omega_{i}=-\delta_{i j k} \partial_{k} u_{j}$,

$$
H_{x, t}^{i, j}(y, s)=\partial_{y_{k}} \delta_{i j k}\left\{\Gamma(x-y, t-s)\left(\partial_{t}-\Delta\right) \zeta_{\tau}+2 \operatorname{div}\left[\Gamma(x-y, t-s) \nabla \zeta_{\tau}\right]\right\} .
$$

The functions $H_{x, t}^{i, j}$ are smooth with uniform $L^{\infty}$-bound for $(x, t) \in Q_{\tau^{3}}$. Thus,

$$
\|\operatorname{curl} u\|_{L^{\infty}\left(O_{\tau^{3}}\right)} \leq C\|u\|_{L^{1}\left(O_{1}\right)} .
$$

Since $\operatorname{div} u=0$, we have for any $q<\infty$, using Lemma A.1,

$$
\begin{equation*}
\|\nabla u\|_{L_{t}^{s} L_{x}^{q}\left(O_{R}\right)} \leq c\|u\|_{L_{t}^{s} L_{x}^{1}\left(O_{1}\right)} \leq c\|v\|_{L_{t}^{s} L_{x}^{1}(Q)}+c\|\tilde{v}\|_{L_{t}^{s} L_{x}^{1}(Q)} . \tag{A.4}
\end{equation*}
$$

The sum of equations (A.3) and (A.4) gives equation (A.1). The proof of (A.2) is similar: one defines

$$
\tilde{v}_{i}(x, t)=\int_{-1}^{t} \Gamma(x-y, t-s) F_{i}(y, s) d y d s, \quad F_{i}=g_{i} \zeta-R_{i} R_{k}\left(g_{k} \zeta\right)
$$

and obtains $\left\|\nabla^{2} \tilde{v}\right\|_{L_{L}^{s} L_{x}^{q}\left(O_{1}\right)}+\|\tilde{v}\|_{L_{t}^{s} L_{x}^{q}\left(O_{1}\right)} \leq c\|F\|_{L_{t}^{s} L_{x}^{q}} \leq c\|g\|_{L^{s} L^{q}\left(O_{1}\right)}$. One then estimates $\left\|\nabla^{2}(v-\tilde{v})\right\|_{L_{t}^{s} L_{x}^{q}\left(O_{R}\right)}$ in the same way.

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