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## Lrp5 functions in bone to regulate bone mass

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### Abstract

The human skeleton is affected by mutations in Low-density lipoprotein Receptor-related Protein 5 (LRP5). To understand how LRP5 influences bone properties, we generated mice with inducible *Lrp5* mutations that cause high bone mass and low bone mass phenotypes in humans. We conditionally-induced *Lrp5* mutations in osteocytes and found that bone properties in these mice were comparable to bone properties in mice with inherited mutations. We also conditionally-induced an *Lrp5* mutation in cells that contribute to the appendicular skeleton, and not to the axial skeleton, and we observed bone properties were altered in the limbs, and not in the spine. These data indicate that *Lrp5* signaling functions locally and suggest increasing LRP5 signaling in mature bone cells as a strategy to treat human low bone mass disorders, such as osteoporosis.

The skeleton is influenced by environmental, genetic, neurologic, endocrine, paracrine, and autocrine factors. Efforts to identify pathways that affect bone have been facilitated by genetic studies in individuals with abnormally low or abnormally high bone mass<sup>1–6</sup>. An important role for LRP5 was identified using this approach. Individuals with the

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Osteoporosis-Pseudoglioma syndrome, a low bone mass disorder, have loss-of-function mutations in *LRP5*<sup>1,7</sup>, while heterozygous missense mutations in *LRP5* have been observed in individuals with dominantly inherited high bone mass (HBM)<sup>2,3,8</sup>.

The mechanism by which LRP5 regulates bone mass has not been fully delineated. Studies in several laboratories indicate that LRP5 can function as a co-receptor in the canonical Wnt signaling cascade *in vivo* and *ex vivo*<sup>1,3,9–12</sup>. Furthermore, mice with genetic alterations in other components of the canonical Wnt signaling pathway have alterations in bone mass, consistent with this pathway's importance in bone mass accrual<sup>10,13–16</sup>. A direct role for LRP5 in osteoblast-lineage cells has been proposed based on studies in mice that over-express *LRP5* cDNAs driven by a rat type I collagen promoter<sup>17</sup>. However, phenotypes resulting from transgene-driven over-expression of a protein may not accurately reflect the endogenous protein's function.

We generated two lines of *Lrp5* knockin mice, each containing a missense mutation associated with human HBM. Both missense mutants had been shown to be comparable to wild-type LRP5 in their ability to transduce canonical Wnt signaling in transfected cells<sup>9</sup>. However, the mutants differ in their efficiency of trafficking to the cell surface, and in their interactions with the chaperone protein MESD and the extracellular inhibitors DKK1 and SOST<sup>9,11,18</sup>. We designed the *Lrp5* knockin alleles to function as HBM alleles following Cre-mediated recombination. This enabled us to compare the effect of inheriting an HBM *Lrp5* allele with the effect of conditionally-activating an HBM *Lrp5* allele in a cell-type-specific or tissue-specific manner. We also generated mice with floxed wild-type (WT) *Lrp5* alleles that could be converted to knockout alleles following Cre-mediated recombination. This enabled us to compare the effect of inheriting inactive *Lrp5* with the effect of conditionally inactivating *Lrp5* in a cell-type-specific or tissue-specific manner.

## RESULTS

### HBM *Lrp5* alleles increase bone mass

Exon 3 of mouse *Lrp5* encodes the residues we mutated to HBM alleles (p.G171V and p.A214V). Our targeting vector incorporated a neomycin-resistance-cassette (*Neo*<sup>R</sup>) flanked by LoxP sites (Fig. 1a). Since *Neo*<sup>R</sup> is driven by a strong promoter and transcribed in the opposite direction of *Lrp5*, we anticipated that *Neo*<sup>R</sup> would interfere with *Lrp5* transcription and thereby cause *Neo*<sup>R</sup>-containing *Lrp5* alleles (i.e., G<sub>N</sub> and A<sub>N</sub>) to be poorly expressed. Mice with the *Lrp5* genotypes G<sub>N</sub>/G<sub>N</sub> or A<sub>N</sub>/A<sub>N</sub> had reduced *Lrp5* expression compared to WT mice (Fig. 1b). Cre-excision of *Neo*<sup>R</sup> (i.e., G and A) enhanced expression, so that mice with genotypes G/G or A/A had *Lrp5* expression that was comparable to WT mice (Fig. 1b). We designed a PCR assay to distinguish *Lrp5* WT (+), *Neo*<sup>R</sup>-containing (G<sub>N</sub> or A<sub>N</sub>), and HBM (G or A) alleles (Fig. 1c).

Having created conditional alleles that can be converted to HBM alleles by Cre, we investigated whether mice with inherited HBM alleles recapitulated the human HBM phenotype. Mice with HBM alleles had increased bone mass (Fig. 1d,e and Supplementary Fig. S1 and Table S1), bone strength (Fig. 1f), and bone formation rates (Fig. 1g), compared to WT mice. When we intercrossed mice with HBM *Lrp5* to transgenic βatGal mice, a Wnt

reporter mouse strain that expresses *LacZ* in response to canonical Wnt signaling<sup>19</sup>, we observed increased *LacZ* expression in cortical bone homogenates from  $\beta$ Gal mice with HBM *Lrp5* compared to  $\beta$ Gal mice with WT *Lrp5*; we also observed increased *Axin2* expression, a known Wnt target gene<sup>20</sup>, in the HBM *Lrp5* mice (Supplementary Fig. S1).

### Activating HBM *Lrp5* in bone cells increase bone mass

Mice heterozygous for alleles  $G_N$  or  $A_N$  had bone mass comparable to WT mice (Fig. 2a and Supplementary Figs. S2, S3, and Table S2), indicating that decreased expression of the  $G_N$  or  $A_N$  allele was partially compensated by its increased function. Since Cre converts alleles  $G_N$  and  $A_N$  to alleles G and A, respectively, we tested whether increasing HBM *Lrp5* expression in osteocytes would affect bone mass. We crossed mice with  $G/G_N$  or  $A/A_N$  genotypes to mice hemizygous for a transgene, *Dmp1::Cre*, that expresses Cre in osteocytes<sup>21</sup>. Offspring that inherited the HBM allele (G or A) had high bone mass, independent of whether they inherited *Dmp1::Cre* (Fig. 2b,c). Offspring that inherited the *Neo<sup>R</sup>*-containing allele ( $G_N$  or  $A_N$ ), and not *Dmp1::Cre*, had normal bone mass (Fig. 2b,c and Supplementary Figs. S3 and S4). Offspring that inherited the *Neo<sup>R</sup>*-containing allele ( $G_N$  or  $A_N$ ) and *Dmp1::Cre* had increased bone mass (Fig. 2b,c and Supplementary Figs. S3 and S4), supporting a local role for *Lrp5* signaling in bone. We confirmed that the *Dmp1::Cre* transgene was active in bone (Figs. 2d and 3). Furthermore, we noted that conversion in osteocytes of alleles  $G_N$  and  $A_N$  to alleles G and A, respectively, had the same effect on bone as did inheriting G and A alleles (Fig. 2e,f and Supplementary Fig. S4).

*Dmp1::Cre* was active in some non-bone tissues (Supplementary Fig. S5). This observation led us to test whether *Lrp5* signaling outside of bone was responsible for the increased bone mass. We began by evaluating the role of *Lrp5* in the intestine, since a model in which *Lrp5* affects bone mass by regulating serotonin production in the duodenum has been proposed<sup>22</sup>. In this model, *Lrp5* has no direct role in bone, but rather affects bone mass accrual by regulating the expression of the enzyme tryptophan hydroxylase 1 (Tph1) in the duodenum<sup>22</sup>. Tph1 is the rate-limiting enzyme for peripheral serotonin (5HT) synthesis and the intestine is the principal source of 5HT found in blood<sup>23,24</sup>; another tryptophan hydroxylase (Tph2) produces 5HT in the central nervous system<sup>24-26</sup>. We crossed mice with  $G/G_N$  or  $A/A_N$  genotypes to mice hemizygous for a transgene, *Villin::Cre*, that drives Cre expression in intestinal stem cells, from which 5HT producing enterochromaffin cells are derived<sup>27</sup>. Conversion of allele  $G_N$  or  $A_N$  to alleles G or A, respectively, in the intestine had no effect on bone mass (Fig. 2b,c and Supplementary Fig. S3). *Villin::Cre* drove Cre expression in the intestine and not in the bone (Figs. 2d and 3, and Supplementary Fig. S5).

While the *Villin::Cre* experiments excluded intestinal *Lrp5* activity in the hormonal regulation of bone mass, they did not exclude *Lrp5* activity at other non-bone sites in the hormonal regulation of bone mass. Therefore, we tested whether *Lrp5* acted locally or systemically to affect bone mass by crossing mice with  $A/A_N$  genotypes to mice hemizygous for a transgene, *Prx1::Cre*, that expresses Cre in cells that give rise to the appendicular skeleton, but not to the axial skeleton<sup>28</sup> (Supplementary Fig. S6). Conversion of  $A_N$  to A in cells that contribute to the appendicular skeleton increased bone mass in the limb, but not in the spine (Fig. 2g and Supplementary Fig. S6).

### Loss of *Lrp5* in bone cells decreases bone mass

We created a conditional knockout allele of *Lrp5* by flanking exon 2 with LoxP sites (Fig. 3a). Deletion of this exon by Cre-mediated recombination resulted in production of an *Lrp5* transcript that was frame-shifted and had a premature termination codon shortly after the signal peptide (data not shown). We developed a PCR assay for *Lrp5* WT (+), floxed (f), and Cre-excised (-) *Lrp5* alleles (Fig. 3b). Bone mass in homozygous floxed mice (f/f) was indistinguishable from WT (Fig 3). Bone mass in mice homozygous for Cre-excised alleles (-/-) was low, similar to other lines of *Lrp5* knockout mice<sup>10,29</sup> (data not shown). We conditionally inactivated *Lrp5* by crossing homozygous floxed mice (f/f) to homozygous floxed mice that were also hemizygous for *Dmp1::Cre*. We confirmed that *Dmp1::Cre* inactivated *Lrp5* in bone and not in duodenum (Fig. 3c). Compared to their littermates, mice lacking *Lrp5* activity in osteocytes had reduced bone mass (Fig. 3d and supplemental Fig. S5). We tested whether inactivation of *Lrp5* in the intestine would decrease bone mass by performing a similar cross with *Villin::Cre* and observed no significant effect on bone mass (Fig. 3e and Fig. S5d).

### *Lrp5* genotype does not affect peripheral serotonin levels

Our data support a mechanism in which *Lrp5* functions via the canonical Wnt pathway in osteocytes to regulate bone mass, instead of regulating bone mass indirectly via other tissues. However, *Lrp5* could also regulate serotonin production in the gut. We measured blood 5HT in mice with different *Lrp5* genotypes, but saw no association between genotype and 5HT levels (Fig. 4a and Supplementary Fig. S7). We also measured 5HT levels of different regions of the intestine in *Lrp5* WT and knockout mice and found only a small decrease in 5HT in knockout mice (Fig. 4b), which is opposite to that predicted by the model in which lack of *Lrp5* increases *Tph1* expression<sup>22</sup>. We also did not observe a correlation between whole blood 5HT levels and bone mass in individual mice (Fig. 4c). Lastly, using real-time PCR we quantified the level of *Tph1* transcript in RNA extracted from the duodenums of mice with different *Lrp5* genotypes, but detected no differences (Fig. 4d).

### Peripheral serotonin synthesis does not affect bone mass

The model<sup>22</sup> by which *Lrp5* controls serotonin synthesis and regulates bone mass via an endocrine, rather than a Wnt-based local mechanism was unexpected<sup>30</sup> and suggested bone health could be improved by pharmacologically inhibiting intestinal serotonin synthesis or the hormone's action on osteoblasts<sup>31</sup>. In fact, pharmacologic inhibition of *Tph1* in the intestine was reported to increase bone mass in ovariectomized (OVX) mice and rats to the same degree as an FDA approved anabolic bone therapy, intermittent parathyroid hormone (teriparatide) treatment<sup>32</sup>. Because 5HT in whole blood is nearly absent in *Tph1*<sup>-/-</sup> mice compared with WT mice<sup>23,24</sup>, we measured bone mass in *Tph1*<sup>-/-</sup> mice. After correcting for multiple testing, there were no significant differences in bone mass between *Tph1*<sup>-/-</sup> and WT mice (Fig. 5 and Supplementary Table S3).

It is possible that *Tph1*<sup>-/-</sup> mice activate compensatory pathways that keep bone mass at WT levels. This could explain why an increase in bone mass was reported when *Tph1* was

conditionally inactivated only in the intestine<sup>22</sup> or when a small molecule was used to inhibit Tph1 in the intestine<sup>32</sup>. Therefore, we treated intact and OVX mice and rats for 6 weeks with a small molecule Tph1 inhibitor, LP-923941, which is the active enantiomer of the compound LP-533401 (Supplementary Table S4) previously reported to increase bone mass<sup>32</sup>. The LP-923941 dose of 250 mg kg<sup>-1</sup> day<sup>-1</sup> employed in our pharmacology studies was selected from a preliminary 7-day dose-response study in mice (Fig. 6a).

Treating intact and OVX mice with LP-923941 for 6 weeks reduced 5HT content in whole blood by 42% at 2 weeks (2715 versus 4813 ng ml<sup>-1</sup>,  $p < 0.001$ ) and 44% at 6 weeks (2543 versus 4359 ng ml<sup>-1</sup>,  $p < 0.001$ ), without influencing brain 5HT content (0.49 versus 0.50  $\mu\text{g gm}^{-1}$ ) or turnover as indicated by 5-hydroxyindoleacetic acid levels (0.231 versus 0.229  $\mu\text{g gm}^{-1}$ ). The ability of LP-923941 to reduce 5HT synthesis in all segments of the intestine was not influenced by OVX ( $p < 0.001$ , Fig. 6b) and was similar in the 7-day dose-response and 6-week pharmacology studies. Reductions in whole blood serotonin levels and intestinal serotonin content did not influence serum P1NP levels (a marker of bone formation), trabecular bone mass, or cortical bone mass in either sham operated (SHM) or OVX mice (Fig. 6c and Supplementary Fig. S8). In contrast, teriparatide increased bone formation and bone mass in SHM and OVX mice (Fig. 6c and Supplementary Fig. S8).

We also treated SHM and OVX rats for 6 weeks with LP-923941, which resulted in a reduction of intestinal 5HT content by 51% and 46%, respectively, compared to vehicle treated controls (Fig. 6d). The reduction of intestinal 5HT was not accompanied by any change in trabecular or cortical bone mass of the femur nor in trabecular bone mass of the 5<sup>th</sup> lumbar vertebra (Fig. 6d), whereas daily injections with teriparatide significantly increased bone mass in the femur and vertebral body of SHM and OVX rats (Fig. 6d).

## DISCUSSION

Our *in vivo* data indicate that *Lrp5* acts in osteocytes and perhaps some late-stage osteoblasts to effect changes in bone mass via canonical Wnt signaling. *Axin2*, a downstream target of Wnt signaling, is more highly expressed in bone from HBM mice, as is a *LacZ* reporter of canonical Wnt signaling (Supplemental Fig. S1). These results are consistent with *in vitro* studies of LRP5-mediated Wnt signaling, which reported that HBM alleles are less inhibited by the endogenous inhibitors DKK1 and SOST than are WT alleles<sup>9,11,33,34</sup> (Supplemental Fig. S10). DKK1 is expressed by many cells including osteocytes and a complete lack of *Dkk1* is incompatible with life; however, mice with partial loss-of-function mutations in DKK1 have increased bone mass consistent with this protein acting as a negative regulator of bone formation<sup>16,35</sup>. SOST is principally expressed by mature osteocytes, and when genetically absent in humans and in mice causes a phenotype that is similar to the phenotype caused by HBM mutations in *LRP5*<sup>4,5,15</sup>. The strong expression of SOST by mature bone cells suggests it functions as a tonic negative regulator of new bone formation. Mechanical loading of bone, a potent inducer of new bone formation *in vivo*, reduces SOST expression by osteocytes<sup>36</sup> and increases the expression of Wnt target genes<sup>37,38</sup>. Therefore, by being less sensitive to endogenous inhibitors, HBM *Lrp5* mutations likely induce new bone formation in the absence of, or at lower, mechanical load. Conversely, mice with *Lrp5* loss-of-function mutations exhibit a blunted anabolic response to mechanical load<sup>39</sup>, which is

consistent with insufficient Wnt signaling in *Lrp5*<sup>-/-</sup> osteocytes despite the reduction in SOST expression that follows mechanical loading (Supplemental Fig. S10).

LRP5 is also expressed during osteoblast commitment and differentiation<sup>1,40</sup>. Therefore, similar to other signaling pathways that influence cellular differentiation at several stages<sup>41,42</sup>, LRP5 signaling may influence other aspects of osteoblast differentiation. This speculation is compatible with studies which have noted, in the absence of canonical Wnt signaling, that differentiating mesenchymal stem cells adopt chondrogenic and adipogenic fates instead of osteoblastic fates<sup>43–46</sup>. However, these studies blocked canonical Wnt signaling by conditionally inactivating  $\beta$ -catenin. LRP5 and its most closely related mammalian paralog, LRP6, are both able to transduce Wnt signaling *in vitro*, and have overlapping and non-redundant roles *in vivo* during gastrulation and skeletal patterning<sup>10,47</sup>. Therefore, LRP6 may be able to compensate for LRP5 during some stages of osteoblast differentiation.

We found that activation of HBM alleles in osteocytes caused the same increase in bone mass as having the HBM alleles active in all cells (Fig. 2). Conversely, *Dmp1::Cre*-mediated inactivation of *Lrp5* caused a decrease in bone mass compared to non-inactivated littermates (Fig. 3). Taken together, these data indicate that LRP5 signaling by mature bone cells regulates bone mass and, in the case of the HBM mutation, is sufficient to recapitulate the inherited HBM phenotype. Further support for this conclusion derives from studies in which we conditionally activated HBM *Lrp5* in cells that contribute to the appendicular skeleton, but not to the axial skeleton. Bone mass increased only at skeletal sites where HBM *Lrp5* was activated (Fig. 2).

Our results do not support a model in which *Lrp5* regulates bone mass via the regulation of peripheral 5HT synthesis in the duodenum<sup>22</sup>. When we conditionally activated HBM *Lrp5* or inactivated WT *Lrp5* in 5HT producing enterochromaffin cells, we found no effect on bone mass (Figs. 2 and 3). In addition, we found no *Lrp5* genotype-specific differences in whole blood 5HT levels (Fig. 4) and we did not observe an effect of genetically or pharmacologically lowering peripheral 5HT levels on bone mass (Figs. 5 and 6).

Currently, we do not know the origin of the difference in results between our study and prior studies<sup>22,32</sup>. Perhaps differences in the design of the *Lrp5* conditional alleles, the transgenic mice that were used to produce cell-type-specific Cre-recombination within bone and intestine, the assays employed to measure 5HT levels, the use of conditional versus global *Tph1* knockout alleles, the vivariums in which the animals were raised, and the trial design for pharmacologic inhibition of Tph1 in OVX mice and rats account for the differing results (also see Supplementary Material).

We created mice with knockin HBM alleles in which the gene's intron-exon structure remained intact. The earlier study inserted an HBM *Lrp5* cDNA with a carboxyl-terminal FLAG-tag into the 1<sup>st</sup> exon of *Lrp5*<sup>22</sup>. We used a *Dmp1::Cre* transgene that is expressed in osteocytes and some late-stage osteoblasts, whereas the other study<sup>22</sup> employed a 2.3Col1a1::Cre transgene that is expressed earlier during osteoblastic differentiation<sup>48</sup>. We used a different Villin::Cre transgenic line than the earlier study<sup>22</sup>, although both lines



expressed Cre in intestinal stem cells. Nevertheless, it remains possible that off-target sites of Cre expression account for some of the divergent results between our study and the other study<sup>22</sup>.

We found no association between *Lrp5* genotype and serum 5HT level. However, serum 5HT levels depend upon the efficiency of 5HT release from platelets during clot formation, which is affected by the collection and clotting method, and the clotting time<sup>49</sup>. As such, serum measures can be unreliable within and across studies. In contrast, as long as the capacity of platelets to store serotonin is not exceeded, whole blood 5HT levels correlate well with free circulating 5HT levels<sup>50</sup>. Therefore, we also measured whole blood 5HT by HPLC<sup>23</sup>. Whole blood 5HT levels did not correlate with *Lrp5* genotype or with bone mass. Because whole blood 5HT levels can be influenced by other factors, such as inflammation and infection, it is possible that environmental differences between the present study and the earlier study<sup>22</sup> account for the divergent 5HT results.

We studied bone mass in *Tph1*<sup>-/-</sup> mice, whereas *Tph1* was conditionally inactivated using Villin::Cre in the previous study<sup>22</sup>. *Tph1*<sup>-/-</sup> mice may have activated compensatory pathways to normalize bone mass, whereas mice with conditional *Tph1* inactivation may not. We tested this possibility by pharmacologically inhibiting 5HT synthesis in the intestine. We used the active enantiomer of the small molecule inhibitor previously reported to affect bone mass<sup>32</sup>. We studied mice that had undergone OVX a year before receiving the pharmacologic agent and found no effect on bone mass compared to vehicle treated controls (Fig. 6); in contrast, teriparatide had a strong anabolic effect. We examined aged OVX mice since women 1 decade after menopause are a major target population for anabolic osteoporosis therapy. However, our OVX model differed from that used in the earlier study in which mice had undergone OVX less than 2 months before receiving the pharmacologic agent<sup>32</sup>. Therefore, we utilized an OVX rat model in which we began pharmacological Tph1 inhibition 5 weeks after OVX surgery; this is within the time frame employed in the previous study<sup>32</sup>. Again, we observed no effect of Tph1 inhibition on bone mass compared to vehicle treated controls, whereas teriparatide had a robust bone anabolic effect (Fig. 6). However, because we only studied the active enantiomer, we cannot exclude the possibility that the inactive enantiomer increases bone mass via a mechanism that is independent of Tph1 inhibition.

Although *Lrp5* genotype may affect peripheral serotonin synthesis in some contexts<sup>22</sup>, in the present study we did not observe *Lrp5*-mediated effects on peripheral 5HT levels or Tph1-mediated effects on bone mass. Therefore we think it unlikely that the mechanism by which *Lrp5* normally affects bone mass involves intestinal 5HT synthesis. Instead, our data indicate that LRP5 functions in bone to control bone mass and are consistent with the receptor participating in the adaptive response of bone to mechanical load (Wolff's Law)<sup>51</sup>. Therapies aimed at enhancing these functions of LRP5 in humans should benefit individuals who have skeletal fragility due to low bone mass.

## METHODS

### Generation of new genetically modified mouse strains

We created *Lrp5* conditional HBM and knockout alleles by homologous recombination in ES cells. We used targeting vectors containing different HBM-associated mutations (p.G171V or p.A214V) for the HBM knockin mice. We included a floxed neomycin-resistance cassette (*Neo<sup>R</sup>*) for selection (Fig. 1a). We bred knockin mice that retained *Neo<sup>R</sup>* and mice in which *Neo<sup>R</sup>* had been Cre-excised. We created a floxed knockout allele, by placing flanking LoxP sites in the same orientation around exon 2. We included an FRT-flanked neomycin selection cassette that we subsequently excised (Fig. 3a). We bred mice that retained the floxed exon 2 and mice in which exon 2 had been Cre-excised. Genotyping was performed by PCR. Other mice employed in these studies have been described previously: *EIIa::Cre<sup>52</sup>*, *FLPer<sup>53</sup>*, *Cmv::Cre<sup>54</sup>*, *Dmp1::Cre<sup>21</sup>*, *Villin::Cre<sup>27</sup>*, *Prx1::Cre<sup>28</sup>*, *βatGal<sup>19</sup>*, *Lrp5<sup>-/-10,29,55</sup>*, *Tph1<sup>-/-23,24</sup>*, and *Rosa26<sup>mTmG56</sup>*. Details are included in the Supplementary Material.

### Assessment of bone properties

We performed quantitative histomorphometry in mice as previously described<sup>39</sup>. We analyzed one 6 μm coronal section from the distal femur of each mouse for mineralizing surface (MS/BS; %), mineral apposition rate (MAR; μm day<sup>-1</sup>), and bone formation rate (BFR; μm<sup>3</sup> μm<sup>-2</sup> year<sup>-1</sup>). We measured 3-dimensional morphometric properties in the cortical and trabecular bone of mouse distal femoral metaphyses and 5<sup>th</sup> lumbar vertebrae by microcomputed tomography (μCT). We performed whole body dual energy X-ray absorptiometry (DEXA) to measure areal bone mineral density (aBMD; gm cm<sup>-2</sup>) and bone mineral content (BMC; gm) for the post-cranial skeleton, for the lumbar spine (L3–L5, inclusive), and for individual bones. We performed biomechanical testing on the left femurs by loading them to failure in monotonic compression using a crosshead speed of 0.2 mm s<sup>-1</sup>, during which we collected force and displacement measurements every 0.005 s. From the force versus displacement curves, we calculated ultimate force (in N), yield force (in N), stiffness (in N mm<sup>-1</sup>), and energy to failure (in mJ). Details are included in the Supplementary Material.

### Measurement of serotonin levels, and *Tph1*, *LacZ*, and *Axin2* mRNA expression

We measured whole blood serotonin using two methods<sup>23,57</sup>. For serum serotonin measures, we used blood that was collected from the retro-orbital sinus and clotted at room temperature. We recovered serum by centrifugation at 4°C, 17,000 × g for 25 minutes and then assayed serotonin by competitive ELISA. We extracted and measured serotonin from different segments of intestine as previously described<sup>23</sup>. We performed quantitative RT-PCR for intestinal *Tph1* expression using total RNA recovered from the duodenum. We performed quantitative RT-PCR for *LacZ* and *Axin2* expression using RNA recovered from cortical bone tissue of 8-wk-old male and female βatGal transgenic mice with *Lrp5* WT and A/A genotypes. Details are included in the Supplementary Material.



## Pharmacological inhibition of gut Tph1 activity

We treated SHM and OVX mice and rats with the Tph1 inhibitor LP923941. This compound is the active enantiomer of the Tph1 inhibitor LP-533401 examined previously<sup>23,32</sup>. Compared to LP-533401, LP-923941 has approximately twice the potency in enzymatic and cell based assays, with the inactive enantiomer having greatly reduced potency (Supplementary Table S4). We treated animals by oral gavage for 6 weeks with 250 mg kg<sup>-1</sup> day<sup>-1</sup> of LP923941 or with vehicle-alone. To serve as a positive control for bone formation, we subcutaneously injected SHM and OVX mice and rats for 6 weeks with teriparatide (hPTH 1–34) at a dose of 80 µg kg<sup>-1</sup> day<sup>-1</sup> or with vehicle-alone. For the P1NP assay, we collected blood in heparinized capillary tubes by retro-orbital bleeding. We measured P1NP using a Rat/Mouse P1NP EIA. Details are included in the Supplementary Material.

## Statistical analyses

We tested longitudinal data for differences among genotypes using single classification repeated measures ANOVA. We tested cross-sectional data (e.g. µCT, biomechanical properties, serotonin measurements) across genotypes for significant differences using single classification ANOVA, followed by the Sheffe post-hoc comparison to probe pairwise comparisons in the event that the omnibus ANOVA was significant. We performed statistical calculations in StatView 5.0. We performed two- or three-factor ANOVAs for the pharmacology studies using SPSS, version 11.5.0. We set the experiment-wise error rate at  $\alpha=0.05$  for all tests. Details are included in the Supplementary Material.

## Supplementary Material

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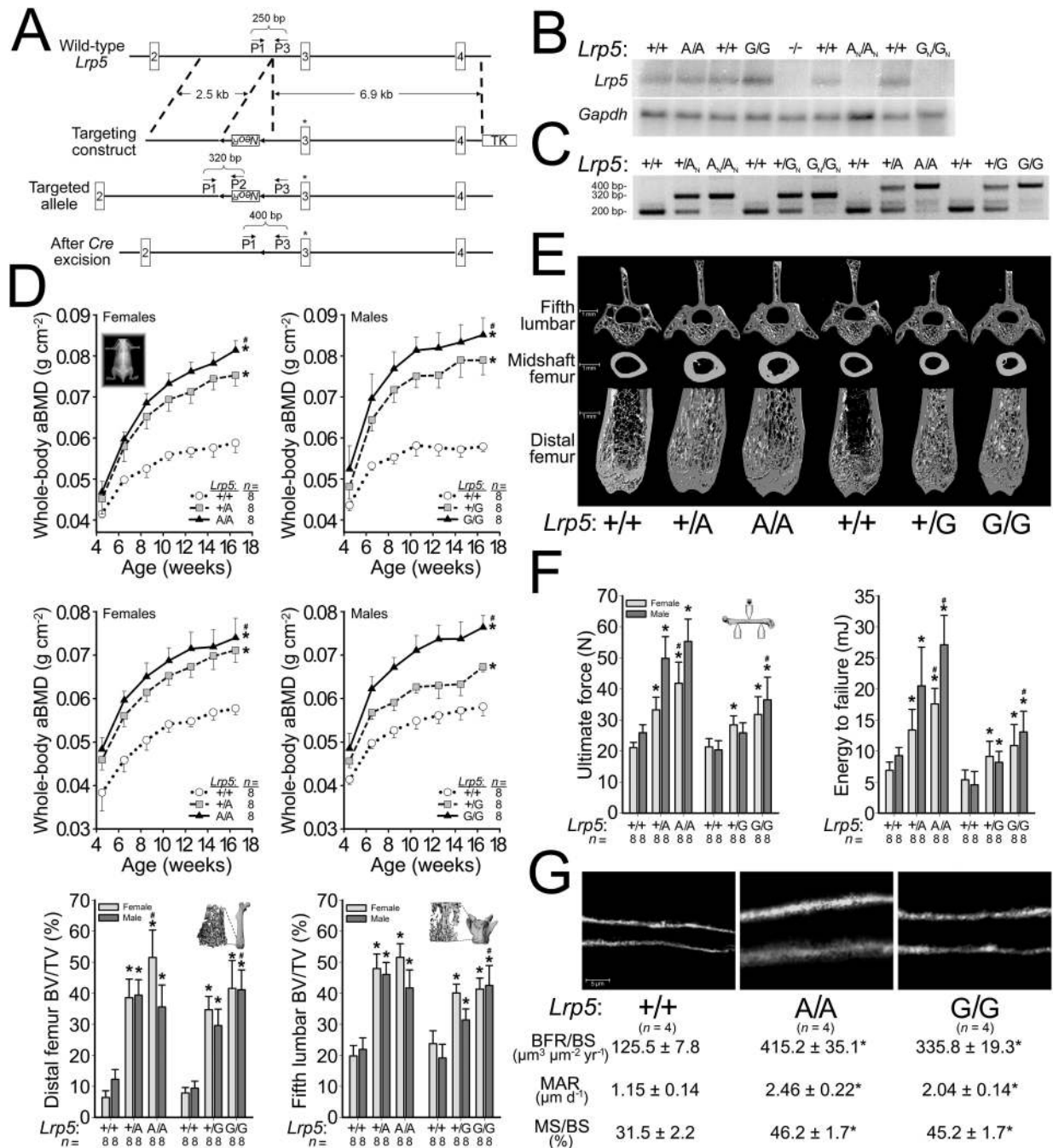
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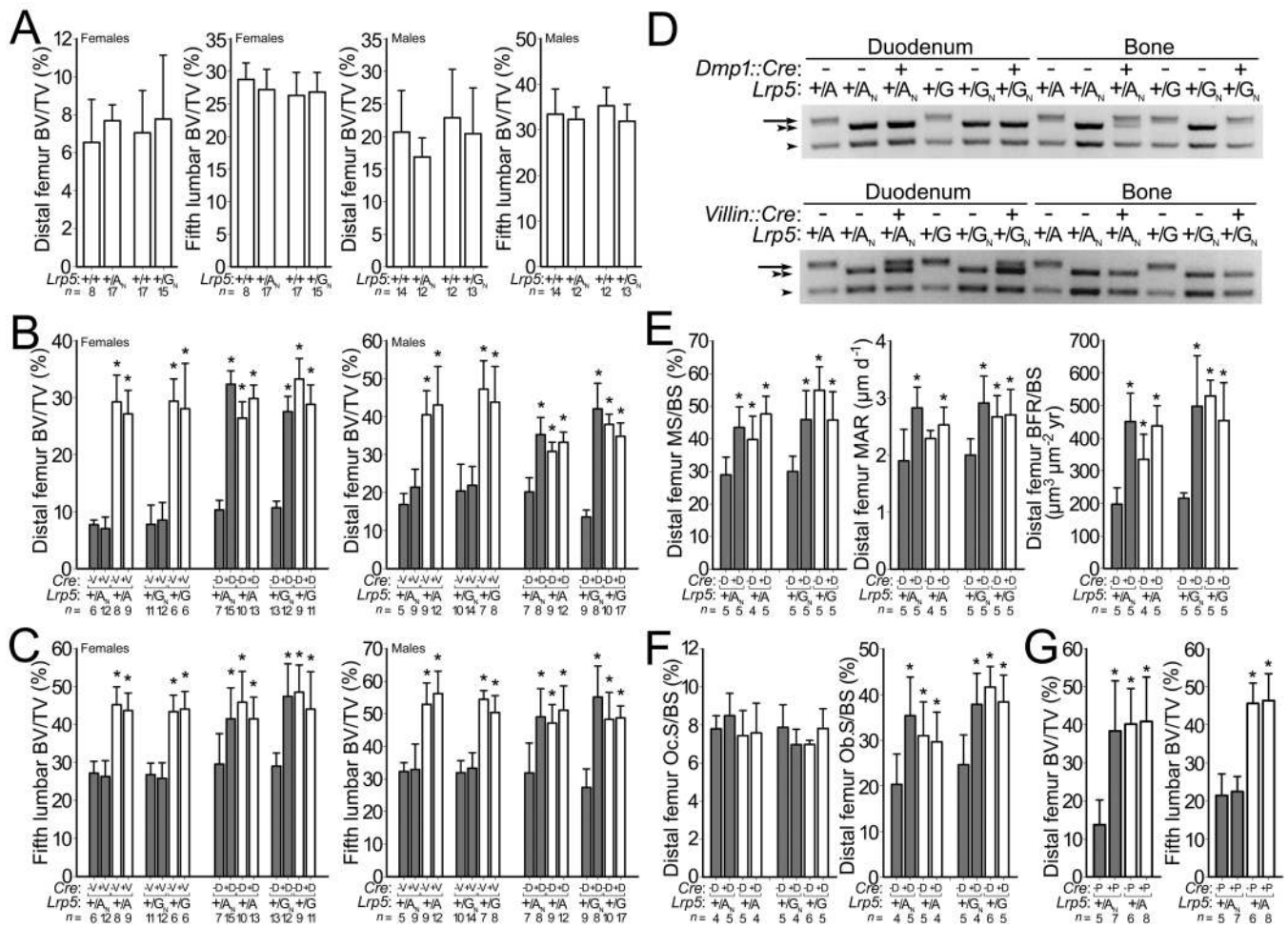
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**Figure 1.** Generation and characterization of HBM *Lrp5* knockin mice. (a) Schematic depicting the targeting and genotyping strategies for HBM *Lrp5* alleles. The 5' targeting arm contains a neomycin-resistance cassette (*Neo<sup>R</sup>*) flanked by *LoxP* sites (arrowheads). The 3' targeting arm begins in intron 2 and extends into intron 4, and is followed by a thymidine kinase (TK) cassette. Site-directed mutagenesis altered specific amino acid residues encoded by *Lrp5* exon 3 (asterisk). The relative locations and orientation of primers (P1, P2, and P3) used for PCR genotyping and their expected amplicon sizes are noted. (b) Autoradiographs of a

northern blot containing whole bone total RNA from mice with different *Lrp5* genotypes initially hybridized with a radioactive *Lrp5* cDNA probe (upper) and subsequently with a *Gapdh* cDNA probe which serves as a loading control (lower). (c) Photograph of an agarose gel containing PCR amplimers derived from genomic DNA of mice with different *Lrp5* genotypes. (d) Graphs depicting the areal bone mineral density (aBMD) measured by DEXA in mice with different *Lrp5* genotypes followed to 16.5-weeks-old (top and middle rows). Graphs depicting the percent trabecular bone volume in the total volume (BV/TV) of the distal femurs and 5<sup>th</sup> lumbar vertebrae of 16.5-wk-old male and female mice with different *Lrp5* genotypes (bottom row). (e) Representative  $\mu$ CT scan images obtained from 16.5-wk-old mice with different *Lrp5* genotypes. (f) Graphs depicting biomechanical properties of whole femurs in a 3-point bending assay from 16.5-wk-old mice with different *Lrp5* genotypes. (g) Representative images of new bone formation assessed by double calcein labeling of mice with different *Lrp5* genotypes. Bone formation rates/bone surface area (BFR/BS), mineral apposition rates (MAR), and mineralizing surface/bone surface (MS/BS). The numbers of mice studied ( $n =$ ) are indicated, as are error bars equal to 1 s.d. Asterisks (\*) indicate a significant difference ( $p < 0.05$ ) when compared to WT mice, whereas # indicates a significant difference ( $p < 0.05$ ) when compared to heterozygous HBM *Lrp5* mice.



**Figure 2.**

Effect of conditionally activating *Neo<sup>R</sup>*-containing HBM *Lrp5* alleles. Graphs depicting (a) femoral and vertebral trabecular BV/TV in WT mice and in mice with *Neo<sup>R</sup>*-containing HBM *Lrp5* alleles. (b) femoral trabecular BV/TV and (c) vertebral trabecular BV/TV in mice with (shaded bars) and without (unshaded bars) inherited *Neo<sup>R</sup>*-containing HBM *Lrp5* alleles (+/A<sub>N</sub> or +/G<sub>N</sub>, and +/A or +G, respectively), and with and without Villin::Cre (+V and -V, respectively) or Dmp1::Cre (+D and -D, respectively) transgenes. (d) Photographs of agarose gels containing PCR amplimers derived from mouse genomic DNA extracted from either duodenum or femur cortex of mice with different *Lrp5* and Cre-transgene genotypes. PCR amplimers correspond to the sizes depicted in Fig. 1a. (top) amplimers from the Dmp1::Cre cross. (bottom) amplimers from the Villin::Cre cross. WT allele (arrowhead), A<sub>N</sub> or G<sub>N</sub> allele (double arrowhead), A or G allele (arrow). (e) Graphs depicting fluorochrome-derived bone formation parameters in the distal femur from 9-wk-old female mice administered double calcein labeling. X-axis group notations follow those described for panel b. (f) Graphs depicting the proportion of distal femur trabecular bone surface covered by osteoclasts (left) and osteoblasts (right). (g) Graphs depicting femur and vertebra trabecular BV/TV in 12-wk-old HBM *Lrp5* mice with (shaded bars) and without (unshaded bars) inherited *Neo<sup>R</sup>*-containing alleles (+/A<sub>N</sub> and +/A), respectively, and with and without

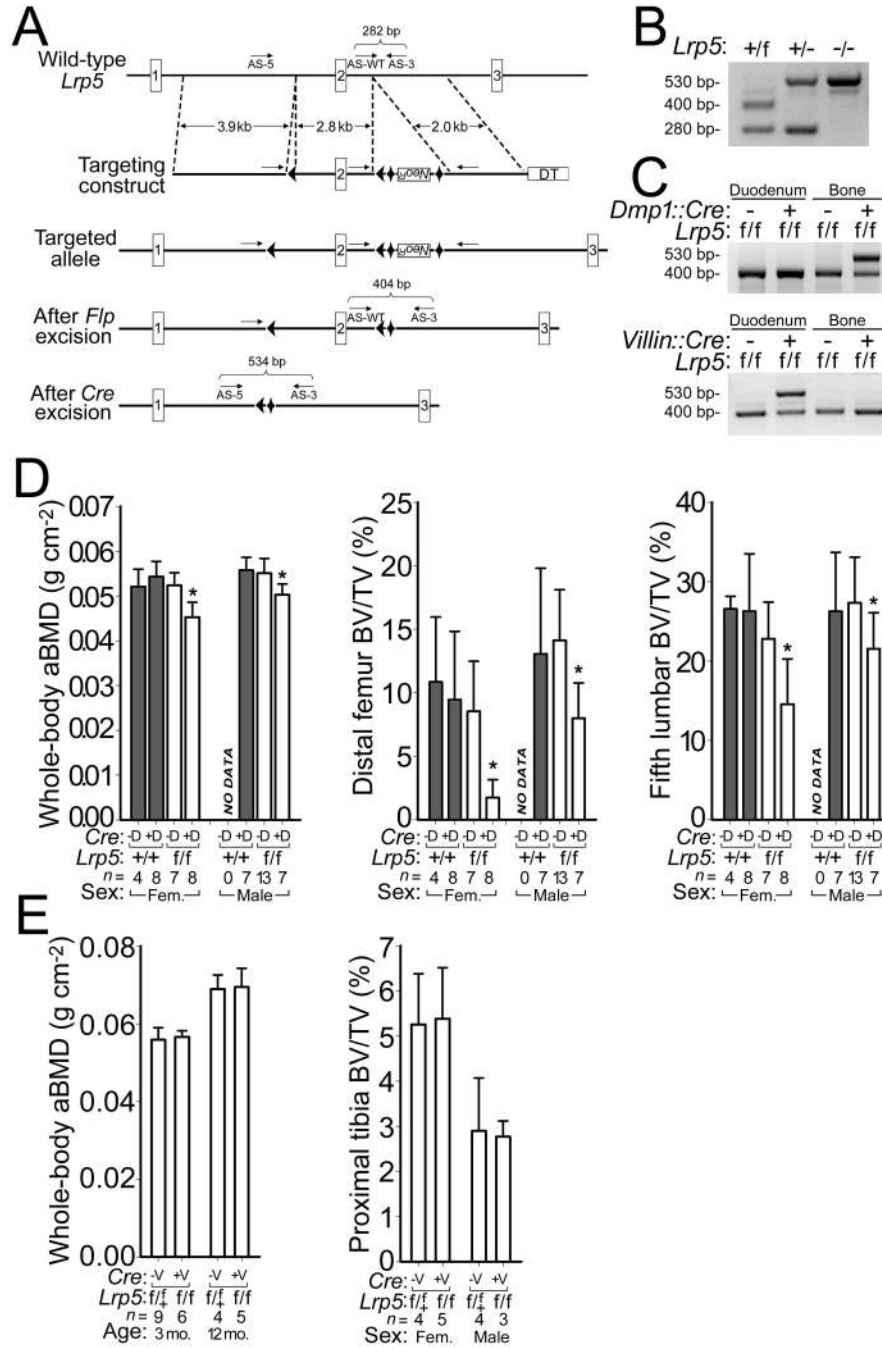
the Prx1::Cre transgene (+P and -P, respectively). MS/BS, MAR, BFR/BS are as defined in Fig. 1. The numbers of mice studied ( $n =$ ) are indicated, as are error bars equal to 1 s.d. Asterisks (\*) indicate a significant difference ( $p < 0.05$ ) when compared to *Neo<sup>R</sup>*-containing littermates that did not inherit a Cre-transgene.

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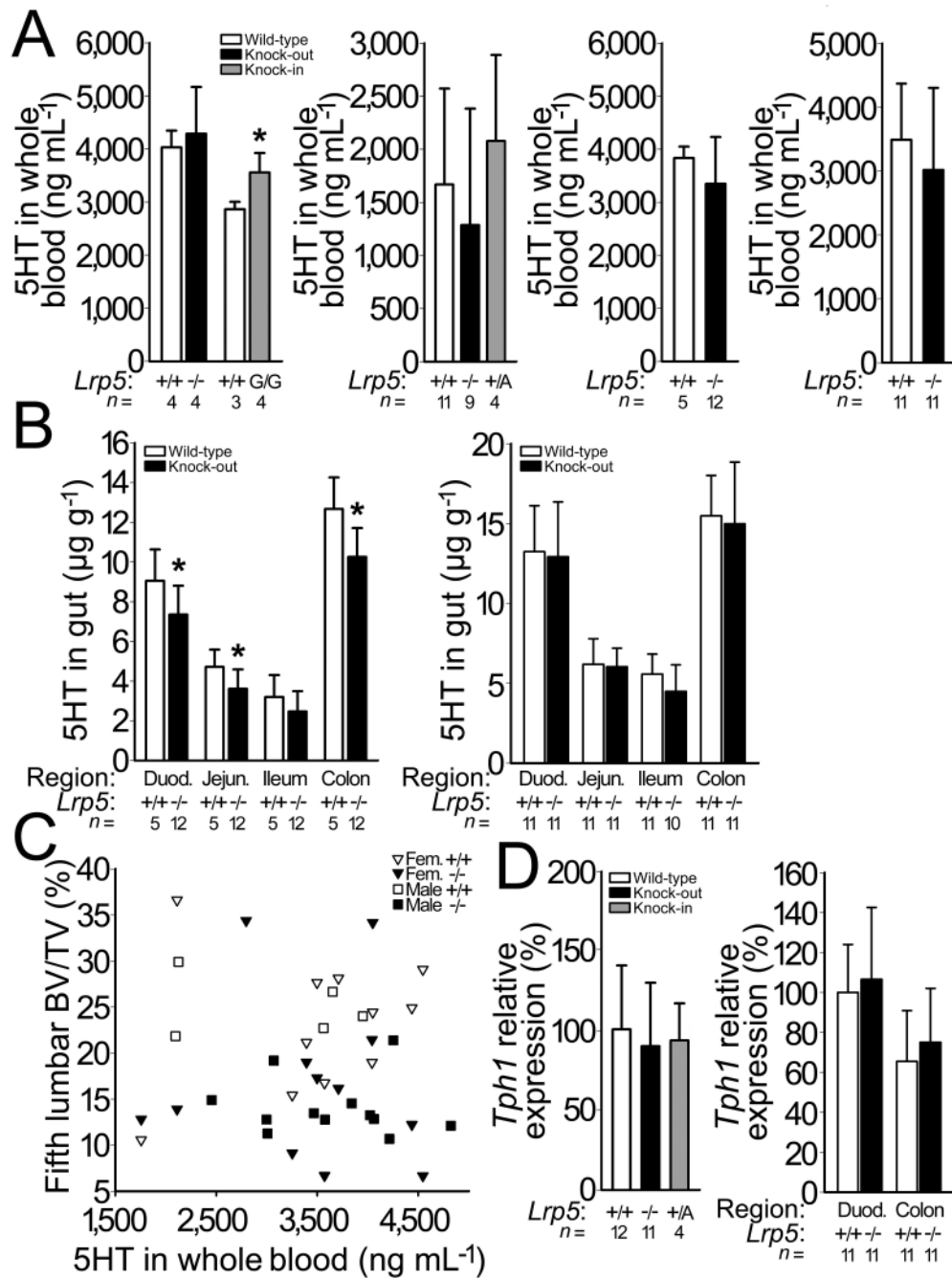
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**Figure 3.** Generation and characterization of mice with a conditional knockout allele of *Lrp5*. (a) Schematic depicting the creation of the *Lrp5* floxed allele. LoxP sites (arrowheads), the neomycin-resistance cassette (*Neo<sup>R</sup>*), FRT sites (diamonds), and the diphtheria toxin (DT) cassette are shown. The relative locations and orientation of the 3 primers (arrows) used for PCR genotyping and their expected amplicon sizes are noted. (b) Photograph of agarose gel depicting PCR amplicons for WT (+), floxed (f), and knockout (-) *Lrp5* alleles from genomic DNA of mice with different *Lrp5* genotypes. (c) Photographs of agarose gels

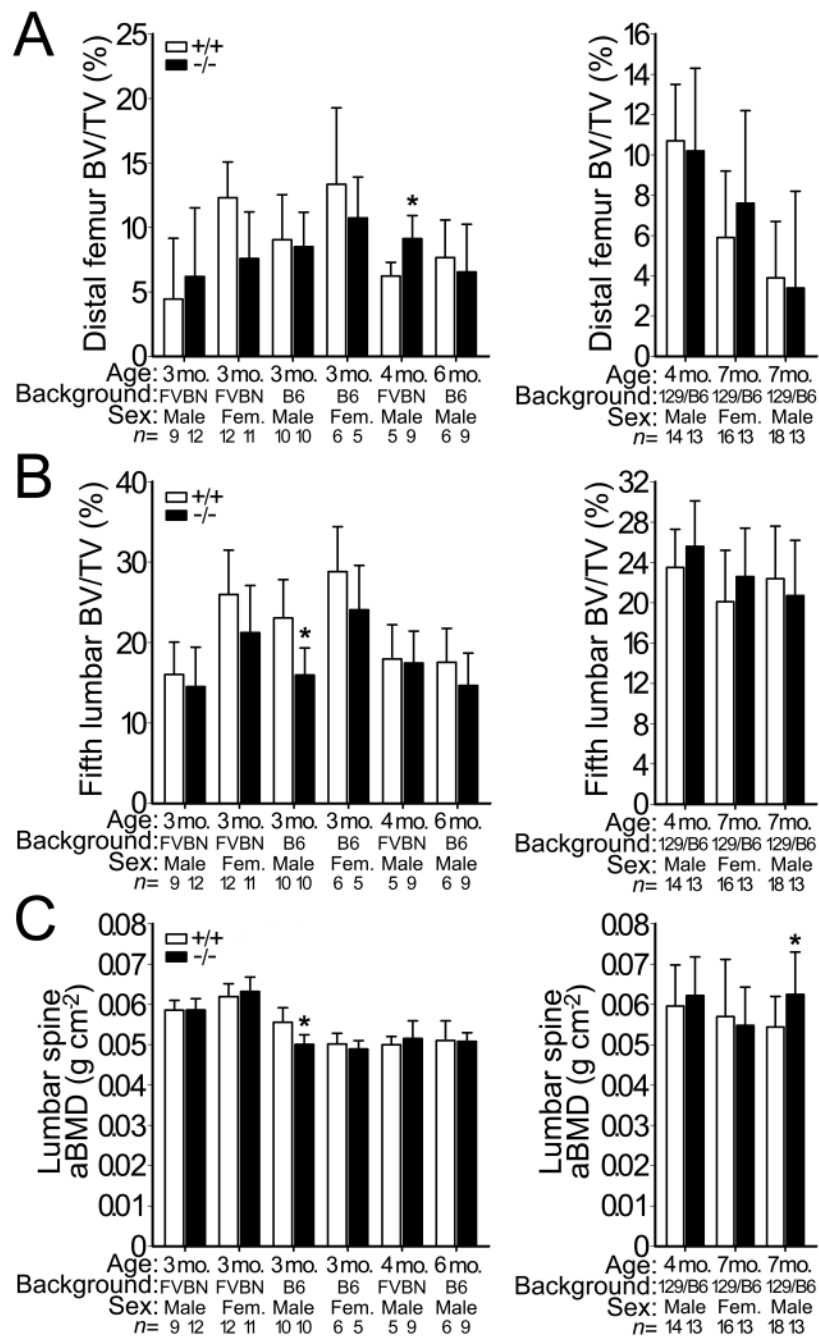
containing PCR amplimers derived from mouse genomic DNA extracted from either duodenum or femur cortex of floxed *Lrp5* mice, with or without the *Dmp1::Cre* transgene (top) and with or without the *Villin::Cre* transgene (bottom). **(d)** Graphs depicting whole-body aBMD (left), femoral trabecular BV/TV (middle), and vertebral trabecular BV/TV (right) in 16-wk-old mice homozygous for WT or floxed *Lrp5* alleles, with or without the *Dmp1::Cre* transgene. **(e)** Graphs depicting whole-body aBMD and tibial trabecular BV/TV in 3-mo-old and 12-mo-old mice heterozygous or homozygous for floxed *Lrp5* alleles with or without the *Villin::Cre* transgene. The numbers of mice studied ( $n =$ ) are indicated, as are error bars equal to 1 s.d. Asterisks (\*) indicate a significant difference ( $p < 0.05$ ) when compared to floxed *Lrp5* littermates that did not inherit the Cre transgene.

**Figure 4.**

Effect of *Lrp5* genotype on serotonin (5HT) levels and on *Tph1* expression. (a) Graphs depicting whole blood 5HT measured by HPLC in 6-mo-old *Lrp5* WT and knockout mice that had been backcrossed to C57BL/6J, and in *Lrp5* WT and HBM knockin (G/G) mice on a mixed 129Sv/C57BL/6J background (far left), in 3-mo-old *Lrp5* WT, knockout and HBM knockin (+/A) mice on a mixed 129Sv/C57BL/6J genetic background (middle left), in 3-mo-old male (middle right) and 13-mo-old female (far right) WT and knockout littermates on a mixed 129SvEvBrd/ C57BL/6J-Tyr<sup>c-Brd</sup> background. (b) Graphs depicting the quantity of

5HT extracted from several regions of the intestine, beginning in the duodenum and proceeding through the jejunum, ileum, and proximal colon in 3-mo-old male (left) and in 13-mo-old female (right) *Lrp5* WT and knockout littermates on a mixed 129SvEvBrd/C57BL/6J-Tyr<sup>c-Brd</sup> background. **(c)** Scattergram depicting vertebral trabecular BV/TV and whole blood 5HT measurements in individual *Lrp5* WT (open symbols) and knockout (filled symbols) littermates. Correlations between BV/TV and whole blood serotonin were  $r^2=0.13$  ( $p = 0.16$ ) for male mice, and  $r^2=0.02$  ( $p = 0.53$ ) for female mice. **(d)** Graphs depicting normalized *Tph1* transcript levels in duodenum RNA extracts from *Lrp5* WT, knockout, and HBM knockin (+/A) mice on a mixed 129Sv/C57BL/6J genetic background (left) and duodenum and colon RNA extracts from *Lrp5* WT and knockout mice on a 129SvEvBrd/C57BL/6J-Tyr<sup>c-Brd</sup> background (right) with *Gapdh* serving as the internal control. The mean *Tph1* expression level for *Lrp5* WT duodenum is set as 100%. The numbers of mice studied ( $n =$ ) are indicated, as are error bars equal to 1 s.d. Asterisks (\*) indicate a significant difference ( $p < 0.05$ ) compared to WT mice.





**Figure 5.** Bone mass in WT and *Tph1*<sup>-/-</sup> mice. (a) Graphs depicting femoral trabecular BV/TV in WT and *Tph1*<sup>-/-</sup> mice on either FVB/N or C57BL/6 backgrounds (left) or on a mixed 129SvEvBrd/C57BL/6J-Tyr<sup>c-Brd</sup> background (right). (b) Graphs depicting the vertebral trabecular BV/TV of the 5<sup>th</sup> lumbar vertebra in the same mice described in panel a. (c) Graphs depicting lumbar spine aBMD, as measured by DEXA, in the same mice described in panel a. The numbers of mice studied (*n* =) are indicated, as are 1 s.d. error bars. Asterisks (\*) indicate a significant difference (*p* < 0.05) compared to WT mice using an

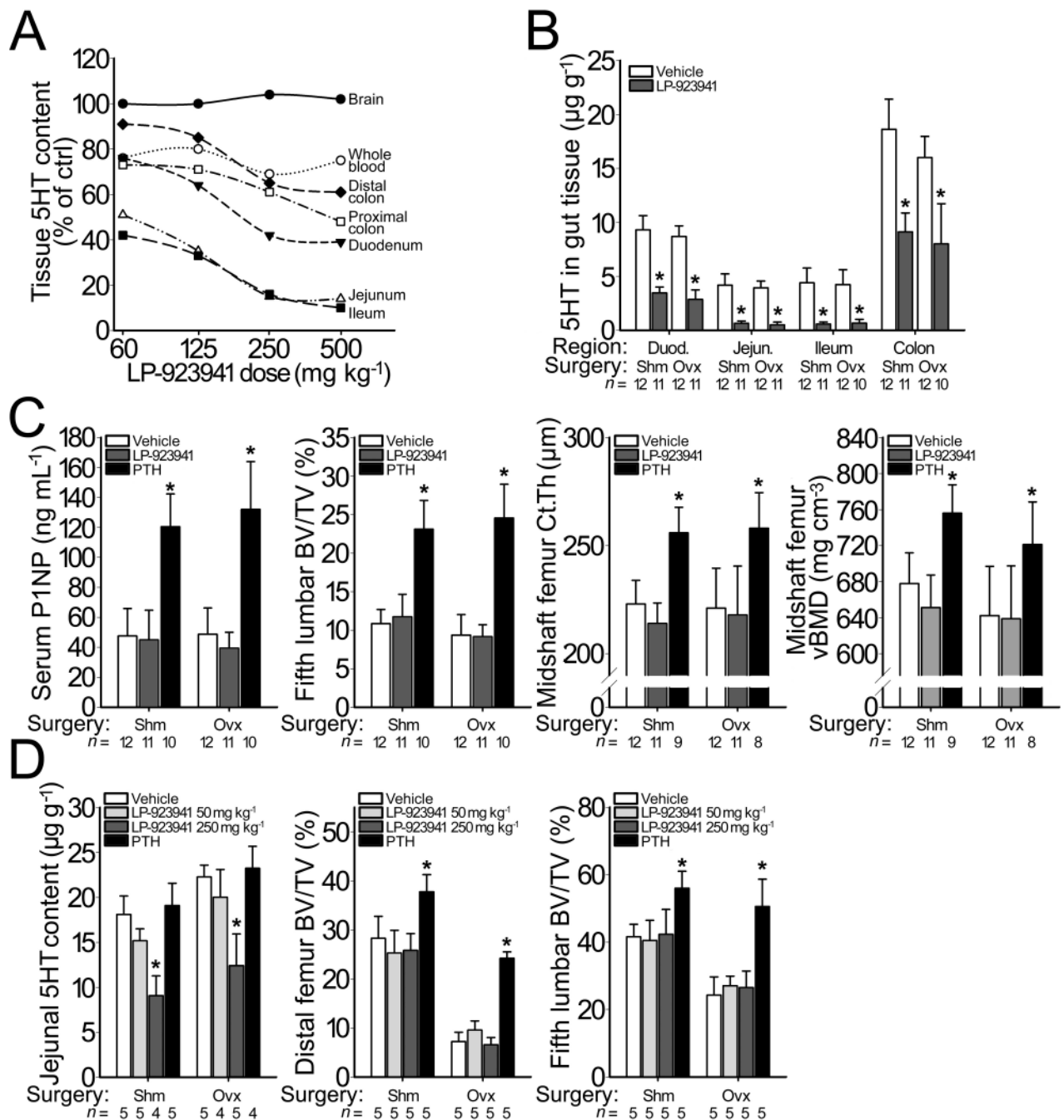
unpaired t-test; none of these differences remain significant after correcting for multiple testing.

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**Figure 6.**

Bone mass following pharmacologic inhibition of Tph1 activity. (a) Graph depicting dose dependent changes in 5HT content, compared to vehicle-treated controls, in 9-wk-old WT female C57BL/6 mice after receiving daily doses of LP-923941 for 7 days. A daily dose of 250 mg/kg lowered 5HT levels in whole blood and in intestine, but not in brain. (b) Graph depicting changes in the intestinal 5HT content of sham-operated (SHM) and ovariectomized (OVX) mice that received vehicle or LP-923941 (250 mg/kg/day) for 6 wks. OVX alone reduced 5HT content in the duodenum and colon by ~12% ( $p < 0.05$ ) compared

to SHM mice. Treatment with LP-923941 significantly reduced serotonin content equally in all regions of the intestine in SHM and in OVX mice. **(c)** Effect of treatment with LP-923941 (250 mg/kg/day) or teriparatide (80 µg/kg/day), the 1–34 residue amino-terminal fragment of human parathyroid hormone (PTH), on serum PINP levels, a marker of bone formation (left), vertebral trabecular BV/TV (middle left), midshaft femur cortical thickness (middle right), and midshaft femoral volumetric BMD (right) in SHM and in OVX mice. **(d)** Effect of treating SHM and OVX rats with LP-923941 (50 or 250 mg/kg/day) or teriparatide (80 µg/kg/day) for 6 weeks on jejunal 5HT content (left), femoral trabecular BV/TV (middle), and vertebral trabecular BV/TV (right). The numbers of mice studied ( $n =$ ) are indicated, as are error bars equal to 1 s.d. Asterisks (\*) indicate a significant difference ( $p < 0.05$ ) compared to vehicle treated mice.