#### Review

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# Magnetic targeting with superparamagnetic iron oxide nanoparticles for *in vivo* glioma

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**Abstract:** The purpose of this study was to review the use of the magnetic targeting technique, characterized by magnetic driving compounds based on superparamagnetic iron oxide nanoparticles (SPIONs), as drug delivery for a specific brain locus in gliomas. We reviewed a process mediated by the application of an external static magnetic field for targeting SPIONs in gliomas. A search of PubMed, Cochrane Library, Scopus, and Web of Science databases identified 228 studies, 23 of which were selected based on inclusion criteria and predetermined exclusion criteria. The articles were analyzed by physicochemical characteristics of SPIONs used, cell types used for tumor induction, characteristics of experimental glioma models, magnetic targeting technical parameters, and analysis method of process efficiency. The study shows the highlights and importance of magnetic targeting to optimize the magnetic targeting process as a therapeutic strategy for gliomas. Regardless of the intensity of the patterned magnetic field, the time of application of the field, and nanoparticle

used (commercial or synthesized), all studies showed a vast advantage in the use of magnetic targeting, either alone or in combination with other techniques, for optimized glioma therapy. Therefore, this review elucidates the preclinical and therapeutic applications of magnetic targeting in glioma, an innovative nanobiotechnological method.

**Keywords:** external magnetic field; glioma; iron oxide; magnetic targeting; tumor.

# **1** Introduction

Gliomas are the most common tumors in the central nervous system [1–5]. Of these, astrocytomas, including glioblastoma multiforme (GBM), are the most prevalent and the most aggressive [3, 5, 6] representing 76% of all gliomas [7]. The classification is made in accordance with the degree of malignancy, ranging from grades I to IV. Astrocytomas types I and II are tumors that grow slowly and may be present in the brain of patients for many years without symptomatic progression, while astrocytomas types III and IV are considered the most aggressive and malignant cancers [8]. They arise from the glial cells and grow rapidly, reaching regions of the brain and spinal cord. Despite the substantial increase in basic and clinical studies over the past decades, the median survival of patients with high-grade glioma remains about a year; as a result, it is one of the most devastating and deadly of all human cancers.

The prognosis is still very limited, and current treatment involves surgery, chemotherapy and radiation therapy sessions in order to eliminate the infiltrating cells in healthy tissue [9–14]. However, unlike other cancer therapies, such as the total surgical removal of the tumor with a margin of normal tissue, this cannot be applied in brain tumors, as each brain region has a vital role.

Traditional intravenous chemotherapy has many negative effects, and low concentration of these drugs

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stream through the blood-brain barrier [15–17]. The passive biodistribution used for systemic administration usually results in sub-therapeutic doses to the tumor region [18], which not only leads to elimination of the lesion but also can stimulate growth and resistance of malignant cells [19]. Another disadvantage is that chemotherapy is not selective for tumor cells, and increasing the dose may generate systemic toxicity [20]. Furthermore, because of the high molecular heterogeneity of these tumors, they remain, in most cases, refractory to treatment [21–23].

In this context, studies focused on the use of nanotechnology resource assisting the diagnosis and treatment of brain tumors are of the utmost importance. Among these, superparamagnetic iron oxide nanoparticles (SPIONs) have shown to play an important role in the diagnosis of brain tumors by magnetic resonance imaging (MRI) allowing early detection of disease, more accurate prognostic, and personalized treatments, besides the monitoring capacity and effectiveness of localized treatments [24, 25].

In a study published in 2015, Gobbo et al. [26] affirmed that the major advantage of theranostic nanomedicine in cancer treatment is the rapid evaluation of treatment results and support for therapeutic planning of patients in a personalized way.

SPIONs have magnetic properties [27], as they are composed of an iron oxide core and a polymer coating establishing important biological properties such as biocompatibility, internalization, and viability. Based on these magnetic nanoparticles, a promising approach has been widely explored using an external magnetic field of these nanoparticles for targeting to the tumor region and consequently optimize the diagnosis and/or therapy. The technique, called magnetic targeting, allows active targeting of the glioma tumor. This is a potentially interesting strategy because it is non-invasive and does not interfere with normal brain function [28].

There are two ways for nanoparticle targeting. The first is the passive targeting of nanoparticles to tumor, the cluster of nanoparticles into the microenvironment tumor due to increased permeation effect caused by increased endocytic transport, vascular exudate, and decreased lymphatic drainage [29]. However, this process does not ensure the passive intake of nanoparticles into tumor cells. Another target or driving method with nanoparticles is functional coating with specific ligand to active target in tumor cells [30]. SPION functionalization has been improved in recent years, but optimization in kinetics and biodistribution of nanoparticles are not well established for cancer treatment [30].

Therefore, other driving processes such as ultrasound [31] or magnetic field to efficient targeting of tumor have shown good results, but the efficiency of the application of the external magnetic field for SPION targeting depends on the magnetic field gradient [32]. Some clinical trials have used SPION and magnetic targeting to other tumors, but no studies have reported its use for gliomas, such as the one described in a review carried out by Lubbe et al. (2001) [33, 34].

Among the factors that may influence technical efficiency of this approach are the intensity of the applied magnetic field, the physicochemical properties of nanoparticles, cytotoxicity, their stability in the bloodstream, and the route of administration of these SPION. The magnetic targeting process is shown in Figure 1. Following the route of administration of SPION, a static external magnetic field is applied to the tumor target of these compounds; thus, this process can be monitored in real time by MRI.

Therefore, considering the importance of understanding of new approaches for the diagnosis and/or treatment of glioma, we conducted a systematic review of magnetic targeting technique. This technique is presented as a possible alternative to enhance the treatment of brain tumors using nanobiotechnology resources. This systematic review was conducted in preclinical studies as well as mimic key features of human disease, such as tumor progression kinetics and anti-tumor responses of the immune system in the presence of GBM [35, 36]. It allows the observation of the advantages and disadvantages of magnetic targeting technique.

# 2 Materials and methods

#### 2.1 Search strategy

We included studies published between June 1999 and October 2016 that were found in the following databases: Cochrane Library, PubMed, SCOPUS, and Web of Science. A Boolean strategy was applied. The following sequence of keywords and Boolean operators was used: (DecS/ MeSH): [(iron oxide) OR nanoparticle OR SPIO OR SPION] AND [(magnetic field) OR (magnetic targeting) OR magnetofection NOT AMF NOT (alternating magnetic field) NOT (AC magnetic field)] AND [(brain tumor) OR glioma OR glioblastoma OR gbm OR (giant cell glioblastoma) OR gliosarcoma OR astrocytoma OR (gliomatosis ependymoma) OR ependymoma OR oligodendroglioma OR oligoastrocytoma OR astroblastoma OR gangliocytoma OR ganglioma].



**Figure 1:** Representation of *in vivo* magnetic targeting using superparamagnetic iron oxide nanoparticles (SPIONs). The process begins with the SPIONs being administered caudally (I) or by carotid artery (II) and being transported by the blood flow (III). An external magnetic field (ExMF) is applied to target the tumor with SPION (IV), which are concentrated in the tumor tissue (V). MRI showing SPION accumulation (arrow) in tumor with (A) and without (B) ExMF. The illustrations are not drawn to scale.

The classification of tumors of the central nervous system, including all glial tumors, standardized by the World Health Organization [8], was sought. independent and senior author decided by data addition or subtraction.

#### 2.2 Data extraction

In this review, seven of the authors independently applied the search strategy and randomly selected reports for each disease in the databases cited above.

MFA, JBM, and LFG independently searched the studies. Discrepancies in the selection of studies between the two reviewers were discussed with a third reviewer, and concensus was reached. The analysis process and table plots of this study were carried out by full consensus of coauthors, respecting the distribution above. In cases of disagreement, a third independent author resolved the differences by data addition or subtraction. Next, JBM and LFG reviewed the nanoparticle characteristics, MFA and RFR reviewed the *in vitro* characteristics, MFA, MPNS, LPN, and HRS reviewed the animal model characteristics or *in vivo* assays, and MFA, TKF, JBM, MPNS, and LFG reviewed magnetic targeting methods used to assess therapeutic efficacy. In cases of disagreement, a third

#### 2.3 Selection criteria

This review included only original articles written in the English language that reported on *in vivo* magnetic targeting for SPION targeting in gliomas or on the mediation of SPION targeting on the influence of an external magnetic field. Publications indexed in more than one database (duplicate mentions), incomplete data, conference presentation, book chapters, and reports written in a language other than English, as well as studies that did not use SPION, were excluded from this review.

## **3 Results**

After application to the search strategy, 228 original articles were identified. Of these, 23 articles were selected after exclusion of the following articles: those that appeared in more than one database; those indexed in

different databases; those with incomplete data; those appearing as a presentation at a conference, congress, or symposium; those published as book chapters; or those that did not use SPION; those that did not perform *in vivo* studies, those not containing data from the external magnetic field, or did not contain data on gliomas (Figure 2).

#### 3.1 Physicochemical characteristics of SPION

The physicochemical characteristics of SPIONs used in selected studies are summarized in Table 1. Of the 23 selected studies, 10 studies used SPIONs synthesized in the laboratory ("in lab") [37, 38, 40–42, 45, 46, 49, 50, 55], nine used commercial SPIONs [39, 43, 44, 47, 51, 53, 57–59], and four studies looked at commercial and synthesized SPIONs [48, 52, 54, 56]. Most publications reporting on commercial SPIONs used FluidMAG [43, 47, 48, 51–53, 56–58] (Chemicell, Berlin, Germany), all used the FluidMAG-D product, only one study [51] used FluidMAG-ARA, two studies [52, 56] used FluidMAG-CMX, and one used FluidMAG-Heparin and FluidMAG-DEAE [56]. The other commercial SPIONs used were Magnetic Fluid-Amine [39], Advanced Nanotech [44], Resovist [54], and Ferrofluidics [59].

Eight studies [42, 45, 48, 49, 51, 52, 54, 56] used more than one type of SPIONs for a comparison criterion; four studies [48, 52, 54, 56] compared commercial products with synthesized *in lab*, and four studies compared only SPION synthesized [42, 45, 49, 50]. One study compared only commercial SPIONs [51]. The other studies did not compare the effect of the different SPION types and used only one type in the study, either commercial [39, 43, 44, 47, 53, 57, 58] or synthesized [37, 38, 40, 41, 46, 55]. It is noteworthy that the Pulfer study [59] compared the EMG-111 commercial nanoparticle with microspheres containing SPIONs. However, because the particle size was 1000–2000 nm, this study was not included for this review, in accordance with the previously established selection criteria.

In 14 studies [37, 38, 40–42, 45, 46, 48–50, 52, 54–56], the nanoparticles were synthesized by several chemical methods for SPION production in magnetic targeting. Among the chemical methods used were microemulsions [40], single-phase reaction (one-pot synthesis) [42, 45], hydrothermal reaction [46], sonochemical reaction [52, 55], and the coprecipitation method [49, 50, 56]. The SPION core chemical process for coating particles and conjugations with various materials to produce biocompatible particle was identified in only 14 studies [37, 38,

40–42, 45, 46, 48–50, 52, 54–56], and the crystal phase of iron oxide was identified in 12 studies [37, 38, 40, 42, 45, 48–50, 52, 54–56], 11 studies used a magnetite (Fe<sub>3</sub>O<sub>4</sub>), one study identified the crystalline phase as maghemite [37]; and two studies [41, 46] did not indicate which of the iron oxide crystalline phase was obtained.

The main coating material for the commercial SPIONs used was starch [43, 47, 48, 51-53, 56-58]. Other materials were dextran [39], DOX@PEG/PEI/Ps80 (doxorubicin/ poly-ethylene glycol/polyethylenimine/Polysorbate 80) [38], carboxymethyldextran (CMD) [52, 56], carboxydextran [54], heparin, and dextran-diethylaminoethyl [56]. Among the studies summarizing the SPIONs used, the coating materials included DNPH (starch cross-linked, aminated, poly(ethylene glycol) (PEG)ylated and heparin-conjugated magnetic nanoparticles) [42], BCNU (1,3-bis(2-chloroethyl)-1-nitrosourea) [45], Dextrana-Fluorophore-arginine-glycine-aspartate (Dx-F-RGD) [46], SPAnNa-BCNU (poly[aniline-co-sodium N-(1-one-butyricacid) aniline]-BCNU) [49], SPAnH(poly-[aniline-co-N-(1one-butyric acid) aniline]) [50], SPAnH-epirubicin [54], and gum arabic [56]. One study [37] used SPION complex to make rhodamine-labeled magnetic fluid-loaded PEGylated liposome (MFL) nanoparticle. Some studies have analyzed commercial SPIONs [43, 44, 51, 59] or involved synthesized SPIONs that used a combination of materials to form biocompatible coverage. Fan [39] used commercial SPION coating with dextran to develop SPIO-doxorubicinconjugated microbubbles. Pulfer [59] used dextran particles with aminodextran and coverage, but as mentioned above, these are treated microspheres and were not considered in this review.

The physicochemical characteristics of the commercial SPIONs used were (I) Magnetic Fluid-Amine (MagQu Co Ltd, New Taipei City, Taiwan) with a magnetite core, average hydrodynamic size of 35.7 nm, coated with dextran, and provided at an iron concentration of 8.12 mg/ml; (II) Fl1uidMAG-d (Chemicell®, Berlin, Germany) with a magnetite core, average core diameter of 12 nm, average hydrodynamic size of 50-251 nm, coated with starch, and provided at an iron concentration of 25 mg/ml; (III) FluidMAG-CMX (Chemicell®, Berlin, Germany) with a magnetite core, an average hydrodynamic diameter of 100 nm, covered with carboxymethyldextran, and provided at an iron concentration of 25 mg/ml; (IV) FluidMAG-ARA (Chemicell<sup>®</sup>, Berlin, Germany) with a magnetite core, average core diameter of 10 nm and 225 nm average hydrodynamic size, covered and provided with glucuronic acid at an iron concentration of 25 mg/ml; (V) Heparin-FluidMAG (Chemicell<sup>®</sup>, Berlin, Germany) with a magnetite core, average hydrodynamic size of 100 nm, coated



Figure 2: Flowchart of selection process of studies included in the review.

with heparin, and provided at an iron concentration of 10 mg/ml; (VI) FluidMAG DEAE (Chemicell<sup>®</sup>, Berlin, Germany) with a magnetite core, average hydrodynamic size of 100 nm, coated with diethylaminoethyl-dextran, and provided at an iron concentration of 25 mg/ml; (VII) Resovist<sup>®</sup> (Bayer Schering Pharma AG, Berlin, Germany), which are nanoparticles of a crystalline phase mixture of magnetite and magnetite, average core diameter of 5.9 nm and 63.8 nm average hydrodynamic size, coated with carboxydextran, and provided at an iron concentration of 27.9 mg/ml; (VIII) Advanced Nanotech (Taiwan), with a core diameter of 6–10 nm and 700–4000 nm hydrodynamic size, and provided at an iron concentration of 0.68 mg/ml; (IX) EMG-111 (Ferrofluidics, Corp. Nashua,

Refs.	Iron oxide	(Fe)	Core/hydrodynamic	Coating	Ms	R <sub>2</sub> relaxivity	Tb (K)	ζ potential	Manufacture
		(mg/ml)	size (nm)		(Emu/g Fe)	(s <sup>-1</sup> mm <sup>-1</sup> )		(mV)	
[37]	$\text{Fe}_3O_4$	8.12	NA/35.7	Dextran <sup>somb</sup>	NA	NA	NA	NA	Magnetic Fluid-Amine <sup>a</sup>
[38]	Fe <sub>3</sub> 0 <sup>4</sup>	NA	11.5/28.7	PEG/PEI/Ps 80	47.3	88.56	NA	19	Synthesized
			12.3/58	DOX@PEG/PEI/Ps 80	24.1	NA	NA	28	
[39]	$\gamma$ -Fe $_{2}O_{3}$	NA	8/13	ai		0.259	NA	NA	Synthesized
[40]	Fe_O_	NA	5/100-150	Lf-MDCs	NA	NA	NA	NA	Synthesized
[41]	NA	50	267.3	S-PEG-ßglu	NA	NA	NA	- 4.3	Synthesized
[42]	$Fe_3O_4$	2.4	NA/164.9	DNPH 1	64.43	NA	NA	- 29.1	
	7	2.4	NA/166.6	DNPH 2	65.42			- 20.3	
		2.4	NA/162.2	DNPH 3	62.87			- 8.9	Synthesized
		2.4	NA/171.4	DNPH 4	66.59			- 3.6	
[43]	Fe <sub>3</sub> 0 <sup>°</sup>	40	12/251	ßglu-s-IO	60	118.3	NA	+18.5	G100 (FluidMAG-D) <sup>b</sup>
[44]	NA	0.68	6-10/700-4000	Dox-SPIO	0.014	107.3	NA	NA	Advanced Nanotech (Taiwan)
[45]	Fe <sub>3</sub> 0,	14.1	5/215-230		NA	164			
	7	18.8	5/NA	BCNU	57	183	NA	NA	Synthesized
		28.2	5/180-205		NA	208			
[96]	NA	NA	8/97	Dx-F-RGD	NA	NA	NA	NA	Synthesized
[47]	Fe <sub>3</sub> 0 <sup>4</sup>	25	12/110	Starch	94	43.8	160	- 12	G100 (FluidMAG-D) <sup>b</sup>
[48]	Fe_0 <sup>4</sup>	75	12/104	Starch	98.6	43.8	160	- 12	G100 (FluidMAG-D) <sup>b</sup>
			12/142	Starch-PEG (5 kDa)	103.1	NA	NA	+24.4	Synthesized
			12/168	Starch-PEG (20 kDa)	104.2	NA	NA	+25.6	Synthesized
[49]	Fe <sub>3</sub> 0 <sup>4</sup>	NA	NA/89	SPAnNa-BCNU (9.6%)	62.5	NA	NA	- 19.6	Synthesized
	r N			SPAnNa-BCNU (19.7%)	37.6			- 33.1	
				SPAnNa-BCNU (14.4%)	55.9			- 35.1	
[50]	Fe <sub>3</sub> 0 <sup>4</sup>	NA	NA/10-20	I	66.2	NA	NA	NA	Synthesized
	r N			SPAnH	37.6				
[51]	Fe <sub>3</sub> 0 <sup>4</sup>	25	12/110	Starch	125	43.8	NA	- 12	G100 (FluidMAG-D) <sup>b</sup>
		NA	10/225	GPEI	93	NA	NA	37.2	Gara (FluidMAG-ARA) <sup>b</sup>
[52]	Fe <sub>3</sub> 0 <sup>4</sup>	25	NA/100	CMD	94	NA	NA	NA	FluidMAG-CMX <sup>b</sup>
		25	NA/100	Starch	94	43.8	160	- 12	FluidMAG-D <sup>b</sup>
		0.7	9/40-280	CMD	69.4	NA	NA	- 19.4	Synthesized
[53]	Fe <sub>3</sub> O	25	12/110	Starch	94	43.8	160	- 12	G100 (FluidMAG-D) <sup>b</sup>
[54]	Fe <sub>3</sub> 04-	27.9	5.9/63.8	Carboxydextran	73.7	98.4	NA	45	Resovist <sup>®c</sup>
	γ-re <sub>2</sub> O <sub>3</sub>								
	$Fe_3O_4$	NA	10.9/73.7	SPAnH-epirubicin	51.8	30.0	NA	NA	Synthesized
			11.4/75.8		65.9	102.3			
			12.3/83.4		81.7	185.0			
[55]	$Fe_3O_4$	NA	8.4/NA	CMD	NA	NA	NA	NA	Synthesized
[96]	Fe <sub>3</sub> O <sub>4</sub>	25	NA/100	CMD	94				FluidMAG-CMX <sup>b</sup>
	Fe <sub>3</sub> O <sub>4</sub>	10	NA/100	Heparin	94	NA	NA	NA	FluidMAG-Heparin <sup>b</sup>

Refs.	Iron oxide	(Fe) (mg/ml)	Core/hydrodynamic size (nm)	Coating	Ms (Emu/g Fe)	R <sub>2</sub> relaxivity (s <sup>-1</sup> mm <sup>-1</sup> )	Tb (K)	ζ potential (mV)	Manufacture	
	$\mathrm{Fe}_{3}\mathrm{O}_{4}$	25	NA/100	Dextran- diethylaminoethyl	94				FluidMAG-DEAE <sup>b</sup>	
	Fe <sub>3</sub> 0	25	12/110	Starch	94	43.8	160	- 12	G100 (FluidMAG-D) <sup>b</sup>	
	Fe_O	10	14/118	Gum arabic	93.1	NA	NA	NA	Synthesized	
[57]	Fe_O	25	12/110	Starch	94	43	160	- 12	G100 (FluidMAG-D) <sup>c</sup>	
[58]	Fe_O	25	12/110	Starch	94	43.8	160	- 12	G100 (FluidMAG-D) <sup>b</sup>	
[59]	Fe_O	NA	NA/1000-2000	Aminodextran					NA	
	r N		NA/1000-2000	Dextran	NA	NA	NA	NA	NA	
			10/20	NA					EMG-111 <sup>d</sup>	

(9.6%), poly[aniline-co-sodium N-(1-one-butyric acid) aniline] + BCNU: 9.6% (w/w) SPAnNa; SPAnH, (poly-[aniline-co-N-(1-one-butyric acid) aniline]); PEI, polyethylenimine; GPEI, PEI-modified magnetic nanoparticles coated with gum arabic polysaccharide; CMD, carboxymethyl-dextran; Ps 80, Polysorbate 80; NA, not identified; SDMB, SPIO-doxorubicin-conjugated microbubbles. sion nanocapsules; PEG, poly(ethylene glycol); S-PEG-ßglu, starch cross-linked, aminated, PEG modification, conjugation of eta-glucosidase; DNPH, starch cross-linked, aminated, PEGylated chloroethyl)-1-nitrosourea)-loaded nanobubbles; Dx-F-RGD, Dextrana-Fluorophore- arginine-glycine-aspartate; S-PEG, starch cross-linked, aminated, and modified with PEG; SPAnNa-BCNU and heparin-conjugated MNP; Bglu-s-IO, β-glucosidase to aminated, starch-coated, iron oxide; DOX, doxorubicin; Dox-SPIO, doxorubicin-SPIO-circulating microbubbles; BCNU, (1,3-bis(2-ווומצווברור lactorerrin-tethel kiiig terriperature; LIsal; ID, DIO Ì ouenigni; R2, <sup>a</sup>MagQu Co Ltd (New Taipei city, Taiwan). SPIO, superparamague

<sup>al</sup>Rhodamine-labeled magnetic-fluid-loaded PEG-ylated liposomes (MFLs).

<sup>b</sup>Chemicell<sup>®</sup> (Berlim, Germany).

<sup>4</sup>Ferrofluid (EMG-111, Ferrofluidics Corp, Nashua, NH, USA). (Bayer Schering Pharma AG, Berlin, Germany).

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Table 1 (continued)

NH, USA) with an average core diameter of 10 nm and 20 nm average hydrodynamic size.

#### 3.2 Characteristics of cells used for tumor induction

The characteristics of cells used for tumor induction for further *in vivo* studies are summarized in Table 2. Most of the selected studies used glial cells of origin [41–44, 46–58], with only four studies [37, 40, 45, 59] specifically using cells that originated from a glioblastoma rat, called RG21. Among all the studies, only that by Fu [46] and Marie [37] used human cells, designated U87MG, and capable of originating a grade IV astrocytoma or glioblastoma. All other studies used cells from *Rattus norvegicus* [38–45, 47–59] species. Of these, the most widely used cell line was 9L, identified in 11 studies [41–43, 47, 48, 51–53, 56–58].

The 9L cells originate the gliosarcoma tumor (more aggressive) in rats, mimicking important characteristics of human tumors, such as the pattern of tumor growth, growth factor expression, and metastasis. Another cell line widely used was the C6 (more solid and circumscribed

with rat tumor), reported in seven studies [38, 39, 44, 49, 50, 54, 55]. These cells were cloned rat glioma induced by N-nitrosomethylurea [60] and have been widely used for a variety of studies on tumor growth, invasion, migration, neovascularization, growth factor regulation, and biochemical studies because they are morphologically very similar to glioblastoma multiforme [61, 62].

#### 3.3 In vivo experimental model of glioma

The experimental model characteristics, as well as tumor induction parameters, are described in Table 3. All studies selected for this review are in preclinical testing and have used experimental models of rats or mice and clinical trials that have been performed. The small number of clinical studies on this subject shows that progress is early, and more work is needed on the nanobiotechnological tools for the diagnosis and treatment of gliomas.

Among the rodents identified, seven studies used mice [37, 40–43, 45, 46], 17 used rats in their experiments [38, 39, 44, 45, 47–59], and Huang used both rats and mice [45]. From the studies that were based on rat models, the

Refs. Tumor Cell type Organism Tumor type Medium culture cell line [37] C6 Glial Cell Rat/RN Glioma DMEM/F<sub>12</sub>; 10% FBS; 1% Pen Strep; 1.2 g NaHCO<sub>3</sub> Glial Cell Glioma [38] C6 Rat/RN H-DMEM; 10% FBS [39] U87MG DMEM; 10% FBS; 1% Pen Strep Amp-B Glial cell Human Glioblastoma [40] RG2 Glioblastoma Rat/RN Differentiated malignant glioma DMEM; 10% FBS; 1% Pen Strep 9L Rat/RN Gliosarcoma DMEM; 10% FBS; 100 IU/ml Pen; 100 mg/ml Strep [41] Glial cell [42] 9L Glial cell Rat/RN Gliosarcoma DMEM; 10% FBS; 1% Pen Strep [43] 9L Glial cell Rat/RN Gliosarcoma DMEM; 10% FBS; 100 IU/ml Pen; 100 mg/ml Strep; 0.29 mg L-glut Glial cell [44] C6 Rat/RN Glioma DMEM/F<sub>13</sub>; 10% FBS; 1% Pen Strep RPMI 1640/FCS [45] RG2 Glioblastoma Rat/RN Differentiated malignant glioma U87MG [46] Glial cell Human Glioblastoma, Astrocytoma NA [47] 9L Glial cell Rat/RN Gliosarcoma NA 9L Gliosarcoma [48] Glial cell Rat/RN DMEM; 10% FBS; 1% antibiotics; 0.29 mg L-glut [49] C6 Glial cell Rat/RN Glioma MEM; 10% FBS; 1% Pen Strep C6 Glioma [50] Glial cell Rat/RN MEM; 10% FBS; 1% Pen Strep 9L DMEM; 10% FBS; 100 IU/ml Pen; 100  $\mu$ g/ml Strep; 0.29 mg L-glut [51] Glial cell Rat/RN Gliosarcoma 9L Rat/RN DMEM; 10% FBS; 100 IU/ml Pen; 100 µg/ml Strep; 0.29 mg L-glut [52] Glial cell Gliosarcoma [53] 9L Glial cell Rat/RN Gliosarcoma DMEM; 10% FBS; 100 IU/ml Pen; 100 µg/ml Strep; 0.29 mg L-glut C6 Glial cell Glioma [54] Rat/RN NA [55] C6 Glial cell Rat/RN Glioma MEM; 10% FBS; 1% Pen Strep DMEM; 10% FBS; 100 IU/ml Pen; 100 µg/ml Strep; 0.29 mg L-glut 9L Glial cell Rat/RN Gliosarcoma [56] DMEM; 10% FBS; 100 IU/ml Pen; 100 µg/ml Strep; 0.29 mg L-glut [57] 9L Glial cell Rat/RN Gliosarcoma DMEM; 10% FBS; 100 IU/ml Pen; 100 µg/ml Strep; 0.29 mg L-glut [58] 9L Glial cell Rat/RN Gliosarcoma [59] RG2 Glioblastoma Rat/RN Differentiated malignant glioma DMEM; 10% FBS

DMEM, Dulbecco's modified Eagle's medium; DMEM/F<sub>12</sub>, DMEM containing growth fator F<sub>12</sub>; H-DMEM, DMEM, high glucose; MEM, minimum essential medium; EMEM, Eagle's minimum essential médium; FBS, fetal bovine serum; Pen Strep, penicillin streptomycin; Amp-B, amphotericin B; L-glut, L-glutamine; FCS, fetal calf serum; RN, *Rattus norvegicus*; NA, not identified.

Refs.	Animal description				Tumor indu	uction					
	Animal	Sex	Age/weight (week/g)	T/NG	Cell type	Cell number	AV (μl)	Vehicle	AT (min)	Localization	Coordinates (D; A; L/mm)
[37]	Sprague-Dawley	Male	NA/20-25	16/4	C6	$7 \times 10^{5}$	7	PBS	10	Str	4.5; 0.5; 3
[38]	Sprague-Dawley	Male	NA/25–35	48/12	C6	$1\! imes\!10^6$	10	PBS	10	RH	5.0; NA; 3
[39]	Swiss nude mice	Female	8/21-27	12/6	U87MG	$5\! imes\!10^4$	5	NA	NA	Str (RH)	3; 0.5; 2
[40]	BALB/c nude mice	Female	3-5/NA	15/3	RG2	$5 \times 10^7$	50	PBS	NA	SC (Lf and Rf)	NA
[41]	Black C57BL6 mice	NA	NA/20-25	NA	9L	$2 \times 10^6$	50	Serum-free DMEM	NA	SC (Rf)	NA
[42]	Nude mice	Male	NA/18-22	NA	9L	$10^{9}$	100	Serum-free DMEM	NA	SC (Lf)	NA
[43]	Nude mice	NA	NA	NA	9L	$2 \times 10^{6}$	50	Serum-free DMEM	NA	SC (Rf)	NA
[44]	Rat/SD	Male	NA/200-250	43/NA	C6	$2.5 \times 10^{3}$	5	NA	10	NA	4.5; 0.5; 3
[45]	Rat/Wistar	NA	NA/NA	48/24	RG	$10^4 - 10^5$	100	Saline	NA	SC (right leg)	NA
	Nude mice	Female	24/NA	20/5	2					SC	
[96]	SCID mouse	Male	NA/28	NA	U87	$2 \times 10^7$	20	NA	NA	SC	NA
					ВM						
[47]	Rat/Fisher344	Male	NA/125-150	NA	9L	$10^6$	10	Serum-free DMEM	NA	RF	3; NA; NA
[48]	Rat/Fisher344	Male	NA/125-150	NA/4-5	9L	105	10	Serum-free DMEM	NA	RF	3-4; 1; 5
[49]	Rat/SD	Male	14-18/250-300	24/6	C6	$5 \times 10^{5}$	5	MEM	10	Str	4.5;0.5;3
[50]	Rat/SD	Male	14-18/320-350	64/3-6 or 14	C6	$5 \times 10^{5}$	5	MEM	10	Str	4.5; 0.5; 3
[51]	Rat/Fisher344	Male	NA/125-150	NA	9L	$10^6$	10	Serum-free DMEM	NA	RF	3; NA; NA
[52]	Rat/Fisher344	Male	NA/150	NA	9L	$10^6$	10	Serum-free DMEM	10	RF	3; 1; 5
[53]	Rat/Fisher344	Male	NA/125-150	NA/5-8	9L	$10^6$	10	Serum-free DMEM	NA	RF	3; 1; 5
[54]	Rat/SD	NA	NA/300-400	14/NA	C6	$10^6$	NA	NA	NA	NA	NA
[55]	Rat/SD	Male	14-18/350	NA	C6	$5 \times 10^5$	5	MEM	10	Str	4.5;0.5;3
[96]	Rat/Fisher344	NA	NA/200	NA/3-4	9L	$10^{5}$	10	Serum-free DMEM	NA	RF	3–4; NA; NA
[57]	Rat/Fisher344	Male	NA/125-150	NA/6	9L	$10^6$	10	Serum-free DMEM	10	RF	3; 1; 5
[58]	Rat/Fisher344	Male	NA/125-150	NA/6	9L	$10^6$	10	Serum-free DMEM	10	RF	3; NA; NA
[59]	Rat/Fisher344	Male	NA/225/250	NA/3	RG2	$2 \times 10^3$	2	DMEM	0.5	RF	4.5; NAª; 2
SD, Sp forebra mediu	orague Dawley; T, total ain; RH, right Hemisph m: PBS, phosphate-bu	number o ere; Str, s ffered sali	f animals; NG, number of triatum; D, depth; A, ante Ine: NA, not identified.	animals/group; <sup>A</sup> rior from the breg	Т, administr çma; L, later	ration time, AV, al from the bre	administ gma; DM	tration volume; SC, su EM, Dulbecco's modifi	bcutaneous ied Eagle's	sly; Lf, left flank; medium; MEM, r	Rf, right flank; RF, right ninimum essential

Table 3: Experimental design of glioma in vivo study.

most commonly used species was Fisher 344, identified in nine studies [47, 48, 51–53, 56–59]. The second most used species were the Sprague-Dawley rats, reported in seven studies [38, 39, 44, 49, 50, 54, 55]. Only one study [45] used Wistar rats. With regard to studies that used mice, the main species was nude mice, identified in four studies [37, 40, 42, 43]. Only one study [46] used SCID mice, and another study [41] used BLACK C57BL6 species.

The weights of the animals used in the various studies varied widely. For studies that used Fisher 344 rats, the weights ranged from 125 to 150 g in seven studies [47, 48, 51–53, 57, 58], 200 g in the study by Zhang [56], and ranged from 225 to 250 g in the study by Pulfer [59]. Among the studies that used male Sprague-Dawley rats, the weights varied between 200 and 250 g in Fan's study [44], 250 and 300 g in Hua's study [49], 320 and 350 g in the study by Chen [50], and 300 and 400 g in other studies [54, 55]. Huang [45] used Wistar rats and mice, both nude, in his study but did not provide the selected weight. Of the other three studies that used nude mice, the weight ranged from 18 to 22 g in Zhang's study [42] but was not reported in the studies of Fang [40] and Zhou [43]. Only one study [41] that used C57BL6 black mice selected animals weighing 20–25 g, and Fu [46], the only study using SCID mice, considered animals weighing 28 g.

Regarding the sex of the rodents used, three studies [37, 40, 45] used females, while most selected male rats or mice [38, 39, 42, 44, 46–53, 55, 57–59] and four studies [41, 43, 54, 56] did not provide this information. A few studies have reported the total number of animals and number of animals used per group. Among the studies that did provide this information, the variability was wide, ranging from three to eight animals per group [38–40, 45, 48–50, 53, 56–59].

The choice of animal model is often directly related to the selected cell line. Thus, most studies that have opted for cell line 9L inoculated these cells in Fisher 344 rats [47, 48, 51–53, 56–58]. However, two studies inoculated 9L cells in nude mice [42, 43], and one study did so in black C57BL6 mice [41]. However, the study by Pulfer [59] used the cell line RG2 in Fisher 344 rats, unlike Fang [40] and Huang [45], who used this same lineage but in BALB/c nude mice and Wistar rats, respectively. All authors who used the C6 cell line chose the Sprague-Dawley [38, 39, 44, 49, 50, 54, 55] species. The only study that used a human cell line (RG2) inoculated these cells in SCID mice [46], which are useful as models for the lack of immunity of B and T cells and, hence, are susceptible to human disease in a chronic state.

The number of inoculated cells for tumor induction also differed in relation to both the cell chosen as the site

of the tumor and the species used. Studies induced subcutaneous tumor inoculated [40–47], in general, proportionally inoculated more cells. Among the studies that implanted tumor cells in the mouse flank, two used  $2 \times 10^6$ 9L cells [41, 43], two studies used  $5 \times 10^7$  and  $10^4$ – $10^5$  RG2 cells [40, 45], one inoculated 109 9L cells [42], one study used  $2 \times 10^7$  U87MG cells [46]. Another site frequently used for tumor induction was the right cerebral hemisphere, identified in 11 studies [37, 39, 47, 48, 51–53, 56–59]. In this place of glioma induction, the studies that used rats as an experimental model inoculated 106 9L cells [47, 51-53, 57, 58], 10<sup>5</sup> 9L cells [46, 56], and 2×10<sup>3</sup> RG2 cells [59]. The striatum was also used as a place of tumor induction and was chosen only for the rat model whose tumors were induced between 10<sup>4</sup> and 10<sup>6</sup> C6 cells [37–39, 49, 50, 55]. Fan [44] inoculated  $2.5 \times 10^3$  9L cells but did not report the site of induction. Liu [42] also did not provide the site of tumor induction but reported the use of 10<sup>6</sup> C6 cells to induce the tumor. Therefore, the major model used in the selected studies was lineage 106 9L cells inoculated into the right cerebral hemisphere (striatum) of male Fisher 344 rats weighing 125–150 g.

The vehicle suspension for inoculation of the tumor cells in animals was mostly DMEM fetal bovine serum free, identified in 11 studies [41–43, 47, 48, 51–53, 56–58]. Pulfer's study [59] also used DMEM as a vehicle but did not specify whether it was fetal bovine serum free. Other vehicle suspensions were PBS [38–40] and saline [45] and MEM [49, 50, 55], while three studies [44, 46, 54] did not report the vehicle of choice. A few studies reported the duration of administration of the cells to the tumor site. When mentioned, the duration was 10 min in nine studies [38, 39, 44, 49, 50, 52, 55, 57, 58] and 30 s in one study [59].

The coordinates used for tumor induction also varied among the studies. In studies that inoculated cells subcutaneously, this information does not apply; however, the studies that induced glioma into the right hemisphere of the brain or into the striatum region were based on depth coordinates that were latero-lateral and anterior-posterior in relation to the stereotactic atlas. The average depth was 4.5 mm in five studies [44, 49, 50, 55, 59] and 3 mm in the other 10 studies [38, 39, 47, 48, 51-53, 56-58]. Only Liu [54] and Marie [39] did not report the depth used for inoculation of the tumor cells. In relation to the anteroposterior coordinate (axis), some studies reported that the cells were inoculated in the right hemisphere at 1 mm anterior to the bregma [48, 52, 53, 57] or 2 mm posterior to the bregma [59]; others did not provide this information [47, 51, 56, 58]. The latero-lateral coordinate used in the studies that deployed the cells in the right hemisphere was 5 mm [48, 52, 53, 57], 2 mm [59], or not reported

[47, 51, 56, 58]. Among the studies [37–39, 49, 50, 55] whose administration of the cells was into the striatum site, the anteroposterior coordinate was 0.5 mm and 3 mm laterolateral in relation to the bregma.

# 3.4 Experimental design of magnetic targeting

The parameters of the transfection process mediated by nanoparticles, also called magnetic targeting, are described in Table 4. For this review, we selected studies that performed magnetic targeting by imposing an external static magnetic field for more efficient and specific targeting of SPION at the tumor region.

The magnetic targeting process consists in SPION systemic injection for later magnetic targeting. Most studies administered SPIONs on the 10th day after tumor induction [44, 46, 47, 49, 51–58] (described in Table 3). Two other studies administered SPIONs 7–14 days after tumor induction [40, 45]. Pulfer's study [59] performed the procedure 14–21 days after induction. The other studies [41–43] did not specify this information. However, the appropriate day to perform magnetic targeting process was reported as that on which the tumor volume (mm<sup>3</sup>) is 300–400 [41], 300–500 [42], or 100–200 [43]. Even among articles that determine the day of SPION administration in animals, most take into account tumor volume [40, 44, 47, 48, 51–53, 57, 58].

The concentration of the nanoparticles (mg Fe/kg body weight) administered in the studies varied. The concentration used most often was 12 mg Fe/kg [41, 43, 45, 47, 48, 51, 52, 56–58]. Hua [49] used a concentration of 10.5 mg Fe/kg and Huang [55] used 10 mg Fe/kg, while Pulfer [59] administered nanoparticles at a concentration of 4 mg Fe/ kg. Zhang [42], Chen [50], and Chertok [53] used different concentrations of nanoparticles ranging from 4 to 20 mg Fe/kg, 0.5 to 8 mg Fe/kg, and 12 to 25 mg Fe/kg, respectively. Marie's [37] study had the highest concentration of iron (29 mg Fe/kg). The other studies [40, 44, 46, 54] did not report this information. Regarding the suspension vehicle used to administer the SPION in different routes, most of the studies reporting this information used saline [39, 40, 44, 50] or PBS [37, 38, 47, 48, 51, 53, 56–58]; Pulfer [59] used Tween 80/saline suspension as a vehicle. The most frequent administration route was intravenously, identified in 17 studies [37-43, 45-48, 51-53, 56-58]. Other studies administered nanoparticles via the jugular vein [44, 49, 50, 54, 55] or carotid artery [47, 51, 59]. Of these, Chertok [47, 51] used tail injection and carotid administration in order to compare the efficiency of magnetic targeting process

performed in different routes. Only three studies reported the duration of nanoparticle infusion: 10 min in two studies [57, 58] and 2 min in the study by Pulfer [59]. The main route of administration of SPIONs in selected studies was tail vein, with 12 mg Fe/kg in PBS vehicle.

As is known about the in vivo magneto targeting process, all studies used an external and static magnetic field with different characteristics for directing nanoparticles to the tumor region. Regarding the intensity of the field used, four studies [40, 46, 48, 54] used a magnetic field of 0.2 T, nine studies [38, 41-43, 47, 49, 51, 55] used a magnetic field of 0.3–0.35 T, and five studies [37, 39, 52, 53, 57, 58] used only 0.4–0.5 T. The highest intensity values found were 0.6 T [59] and 1.18 T [45]. Chertok [47] and Liu [54] used different field strengths to promote magnetic targeting: from 0.15 to 0.35 T and from 0.2 to 0.55 T, respectively. Only two studies [44, 56] did not report the intensity of the external magnetic field used. The duration of application of the magnetic field in each study also varied: 0.25-1.5 h [42], 0.08-48 h [45], 0.16-2 h [46], 3-24 h [54], and 2–24 h [55]. Most other studies applied the magnetic field for only 30 min [47, 51–53, 56–59], four studies [38, 41, 43, 48] applied it for 1 h, Fang [40] did so for 6 h, and Hua [49] and Chen [50] did so for over 24 h. External and static magneto were used in most studies, by using a magnetic field of 0.3 T and 30 min duration.

To optimize the efficiency of the magnetic field, many studies used adaptations to the field for better targeting. Seven studies [44, 52, 53, 56-59] did not complement the magnet with any artifice. Among the adjustments used, Fang [40] affixed the magnet to the animal's head using a bandage, Zhou [41, 43] used a cylindrical neodymium magnet connected to the main magnet, Zhang [42] linked one small cylindrical magnet 6.4 mm in diameter to the other third cylindrical neodymium magnet 51 mm in diameter, Huang [45] used a directed magnetic field 1 cm in diameter, Fu [46] chose a rectangular neodymium magnet with dimensions of  $22 \times 7.5 \times 7.5$  mm<sup>3</sup>, Chertok [47, 51] used an electromagnet coupled to a cylindrical neodymium magnet 9 mm in diameter, Cole [48] used a cylindrical neodymium magnet 9 mm in diameter secured to a pole 40 mm in diameter, Hua [49], Chen [50], and Huang [55] set the magnet in the skull of rats, and Liu [42] attached the magnet to the animals' scalp and secured it with a plastic band.

The main applications of the magnetic targeting process identified by the studies in question were magnetically targeted drug delivery [40, 41, 43, 47–49, 51, 52, 55–59], a new platform for monitoring magnetic resonance and targeted drug delivery [42], increased therapeutic efficacy of chemotherapeutic agents [44], development of a nanobubble system for cancer treatment [45], early cancer

Refs.	Nanoparticl	e administrati	on					Magneti	c field		
	Days after induction	Tumor size (mm³)	Nanoparticle	Dose (mg/kg)	Vehicle	RA	AT (min)	MF (T)	Time of field (h)	Magnet	Application
[37]	10	22.9	SD-MB	20	Saline	Jugular vein	AN	0.48	ε	Placed tightly to the scalp of the animal's left head	Targeted drug delivery
[38]	14	~ 7.5	PEG/PEI/Ps 80-MP DOX@PEG/PEI/Ps 80-MP	2; 6	PBS	Tail vein	NA	0.3	1	NdFeB disk (2 cm D)	Theranostic treatment
[39]	14	4.3	MFLs	29.8	PBS	Tail vein	NA	0.4	4	NdFeB (8 mm D, 4 mm height)	Targeting of malignant brain tumors
[40]	7-14	50-100	Lf-MDCs-MP; Lf-Cur-MDCS-MP; Lf-Dox-MDCs-MP; Lf-Dox/Cur- MDCs-MP	AN	Saline	Tail vein	NA	0.2	6	Wrapped using a bandage	Targeted drug delivery
[41]	NA	300-400	S-PEG-β-Glu-MP	12	NA	Tail vein	NA	0.32	1	NdFeB cylindrical on 3 tandem DYOYO-52	Targeted drug delivery
[42]	NA	300-500	DNPH 3-MP	4; 8; 12; 16; 20	NA	Tail vein	AN	0.32	0.25; 0.5; 0.75; 1l 1.5	3 DYOYO-N52 cylindrical (51 mm D) + 1 D48-N52 cylindrical (6.4 mm D)	Novel nano-platform for MRI and MT
[43]	NA	100-200	β-Glu-S-MP	12	NA	Tail vein	NA	0.32	1	NdFeB cylindrical (9 mm D) on 3 tandem DYOYO-52	Targeted drug delivery
[44]	10	$19.50 \pm 9.92$	DOX-SPIO-MP	NA	Saline	Jugular vein	NA	NA	0.16	NA	Improving therapeutic efficacy of chemo agents
[45]	7, 10, or 14	NA	BCNU-MP	12	NA	Tail vein	NA	1.18	0.08; 0.5; 3; 6: 12: 24: 48	Focused MF (1 cm D)	Nanobubble system as a cancer therapy
[46]	10	NA	Dx-F-RGD -MP	NA	NA	Tail vein	NA	0.2	0.16; 0.2; 2	NdFeB N52 rectangular bar $(7.5 \times 7.5 \times 22 \text{ mm}^3)$	Early cancer detection and targeted therapy
[47]	10	06-02	Starch-MP	12	PBS	Tail vein; carotid artery	NA	0.15; 0.35	0.5	Dipole electromagnet + cylindrical NdFeB (9 mm D)	Targeted drug delivery
[48]	11	50-100	Starch-MP; Starch-PEG (5 kDa)- MP; Starch-PEG (20 kDa)-MP	12	PBS	Tail vein	NA	0.2	1	Cylindrical NdFeB (9 mm D) secured to a 40 mm D pole	Targeted drug delivery
[49]	10	NA	SPAnNa-BCNU-MP	10.5	NA	Jugular vein	NA	0.3	> 24	NdFeB fixed to the cranium of rats	Targeted drug delivery
[50]	17	NA	SPAnH-MP	0.5; 1; 5; 8	Saline	Jugular vein	NA	0.3	>24	NdFeB fixed to the cranium of rats	Effective and tolerable tumor treatment
[51]	10	06-02	Starch-MP GPEI-MP	12	PBS	Tail vein; carotid artery	NA	0.35	0.5	NdFeB (9 mm D) attached to the pole of dipole electromagnet	Targeted vascular drug/ gene delivery
[52]	10	70	Starch-MP CMD-MP	12	NA	Tail vein	NA	0.4	0.5	NA	Targeted drug delivery

 Table 4:
 Experimental design of magnetic targeting.

Refs	. Nanoparticl	le administrati	uo					Magneti	c field		
	Days after induction	Tumor size (mm³)	Nanoparticle	Dose (mg/kg)	Vehicle	RA	AT (min)	MF (T)	Time of field (h)	Magnet	Application
[53]	10	50-70	Starch-MP	12-25	PBS	Tail vein	NA	0.4	0.5	NA	Applicability of ICP-OES and ESR in MP biodistribution study
[54]	10	NA	Carboxydextran-MP; SPAnH- Epirubicin-MP	NA	NA	Jugular vein	NA	0.2; 0.4; 0.55	3-24	Attached to the animal's scalp, and tightened using a plastic belt	Delivery of nanoparticles to the brain
55]	10	NA	CMD-MP	10	NA	Jugular vein	NA	0.3	2; 24	Magnet fixed securely to the cranium	Targeted drug delivery
[99]	10	NA	Gum Arabic -MP	12	PBS	Tail vein	NA	NA	0.5	NA	Targeted drug delivery
[57]	10	50-70	Starch-MP	12	PBS	Tail vein	10	0.4	0.5	NA	Targeted drug delivery
[58]	10	50-70	Starch-MP	12	PBS	Tail vein	10	0.4	0.5	NA	Targeted drug delivery
59]	14-21	NA	Aminodextran-MP; Dextran-MP	4	Tween 80/saline	Carotid artery	2	9.0	0.5	NA	Targeted drug delivery
		accuptic iron	tonson OM	110000	loc. AT oda	inictuation time	ME	occopic fi	1 di 1 f loctofour		MDCc moc

plasma optical emission spectroscopy; ESR, electron spin resonance spectroscopy; NA, not identified; SD-MB, SPIO-doxorubicin-conjugated microbubbles; MFLs, rhodamine-labeled magnetic-N-(1-one-butyric acid) aniline]; SPAnH, (poly-[aniline-co-N-(1-one-butyric acid) aniline]); PEI, polyethylenimine; PEG, poly(ethylene glycol); PS 80, Polysorbate 80; GPEI, PEI-modified magnetic nanoparticles coated with gum arabic polysaccharide; CMD, carboxymethyl-dextran; T, Tesla; PBS, phosphate-buffered saline; MRI, magnetic resonance image; ICP-OES, inductively coupled SPION, superparamagnetic iron oxide nanoparticles; MP, magnetic nanoparticles; AT, administration time; MF, magnetic field; Lf, lactoferrin; Dox, doxorubicin; Cur, curcumin; MDCs, mag- $\beta$ -glucosidase; DNPH, aminated, PEGylated, and heparinized D; MT, magnetic targeting;  $\beta$  Glu-S,  $\beta$ -glucosidase to aminated, starch-coated; D, diameter; Dox-SPI0-MBs, doxorubicin-SPI0circulating microbubbles; BCNU, bischloroethylnitrosourea-loaded nanobubbles; Dx-F-RGD/RGA, Dextrana-Fluorophore-arginine-glycine-aspartate/RGA; SPAnNa, polyfaniline-co-sodium netic emulsion nanocapsules; NdFeB, neodymium iron-boron permanent magnet; RA, route administration; S-PEG-B-Glu, starch cross-linked, aminated, PEG modification, conjugation of fluid-loaded PEG-ylated liposomes.

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Table 4 (continued)

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detection and more targeted treatment [46], more effective and tolerable treatment for cancer [50], applicability of inductively coupled plasma-optical emission spectrometer (ICP-OES) and electron spin resonance (ESR) studies in biodistribution studies of magnetic nanoparticles [53], and effective targeted drug delivery to the brain [54].

Figure 3 shows a schematic of the magnetic targeting process for tumor induction through different routes of SPION administration, the range of the dose used, and its delivery vehicle. In the same figure, the range and time of the external static magnetic field application for further evaluation by different techniques.

#### 3.5 Toxicity

Although physicochemical characterization of SPION was described by studies included in our review of

stability of SPION *in vitro*, the viability of the technique to apply SPIONs to tumor was discussed in a few manuscripts as well as the kinetic of biodistribution, elimination of SPION, and *in vivo* toxicity. These constitute the fundamental elements of the magnetic targeting process [47, 51, 53].

External imposition of a static magnetic field for tumor targeting by SPION is better observed in studies on the distribution of SPION in the organism, highlighting the higher concentration of SPION located in the tumor region and its microenvironment. Such fact proved the efficiency of this technique compared with tumor targeting without external magnetic field. Distribution data suggest, indirectly, the viability of the procedure given that the results showed that the physiological route of iron metabolism is maintained, and SPIONs are pushed by the organism, thus, reducing the long-term accumulation of iron in other organs that would turn them toxic [55, 59, 63].



**Figure 3:** Experimental designs of magnetic targeting process used in the studies selected for the review. \*Number of repetitions of ExMF. Studies not mentioned in this figure did not present any of the data items outlined.

Some selected studies, in addition to magnetic targeting technique application, have also applied therapeutic techniques using colorimetric and fluorescent assays and have shown a reduction of *in vivo* or *in vitro* tumor activity. This reduction was observed after tests with different combinations of SPION with different doses of chemotherapy agents and by imposition of external magnetic fields by alternation (generating heat in the tumor area) or not. These studies suggest that specificity of drug delivery to the local of interest using magnetic targeting resource contributes with efficiency to the therapeutic process [40, 43–45, 47, 51].

Despite the clinical and scientific knowledge on the advantages of the low toxicity that therapies with SPIONs present, because of its biocompatibility and possibility of controlling its migration by magnetic resonance imaging, further detailed studies are needed on the biological markers of free radical formation and viability [54]. The imposition of external magnetic field increases the speed and concentration in the migration route of SPION by the bloodstream, and this would cause a toxic effect in the organism. For this reason, detailed analyses are required to guarantee procedure precision to the therapy [54].

In addition, there is also the need to evaluate if imposition of external magnetic field to tumor targeting with SPIONs, even if static, do not cause excessive increase in temperature of acceptable biological heat band, fluctuations of blood pressure, and other secondary effects, therefore, enabling the continuity of homeostasis of the organism.

#### 3.6 Analysis methods

The analysis of the efficiency magnetic targeting in the tumor region can be performed by a set of techniques such as histological assays, immunohistochemical, in *post mortem* tissues, or *ex vivo* and monitoring *in vivo* by MRI. In short, the selected studies address various neuroimaging techniques, illustrated in Table 5, from *in vivo* and *ex vivo* techniques.

Most studies evaluated the magnetic targeting efficiency by MRI technique [37–39, 41–45, 47–54, 56–58]. Of these, 11 studies [39, 41–43, 47, 48, 51, 53, 56–58] also used as an analytical method electron spin resonance (ESR) spectroscopy, transmission electron microscopy (TEM) [39, 43, 49, 50, 54, 58], energy-filtered transmission electron microscopy (EFTEM) [39], focused ultrasound (FUS) [37, 44, 50, 54], fluorometry [44], inductively coupled plasma-mass (ICP-Mass) [44], Evans blue (EB) [37, 44, 54], hematoxylin-eosin (HE) [37, 38, 44, 50], Prussian blue (PB) [37, 38, 49, 50, 54], nuclear fast red (NFR) [48, 54], immunohistochemistry [50], inductively coupled plasma optical emission spectroscopy (ICP-OES) [38, 50, 53, 54], high-performance liquid chromatography (HPLC) [38], confocal/ fluorescence microscopy [37-39, 54] or 4',6-diamidino-2-phenylindole (DAPI) [54], and terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) [38]. Only four studies did not use MRI with an analytical method [40, 46, 55, 59]. Of these studies, two [40, 46] used fluorescence tomography, and one [55] used intravital microscopy. Huang [55] reported the use of ICP-OES, HE, PB, and NFR, and another study [59] reported the use of MET. Alternative or complementary methods to MRI were mostly performed ex vivo [37-44, 47-51, 53-59] using tissue samples for ESR spectroscopy, TEM, fluorometry, ICP-mass, Evans blue, HE, PB, NFR, immunohistochemistry, ICP-OES, and DAPI. Some studies also carried out in vivo analyses, such as fluorescence [40], FUS [37, 44, 50, 54], and confocal intravital microscopy [46]/fluorescence microscopy [54].

Among the selected studies, MRI was the main method used for *in vivo* monitoring and targeting by SPION mediated by an external magnetic field to the tumor region. In addition to the accurate images of the different parts of the body, this technique is also advantageous because it is minimally invasive. The intensity range of the MRI equipment used was from 3.0 T [38, 49, 50, 54] to 7.0 T [37, 39, 41–45, 47, 48, 51–53, 56–58]. The most common sequences used were fast-spin-echo (FSE) [41–43, 47, 48, 51–53, 56, 57] and gradient echo (GRE) [39, 41, 43, 44, 47, 48, 50, 51–53, 56–58]. Some studies acquired images only 1 h after magnetic targeting [38, 41–43], while others did temporal measures between 1 and 240 h after targeting [37, 39, 52, 57, 58].

## **4** Discussion

Brain tumors, especially malignant gliomas, are among the most aggressive human cancers. Despite conventional treatment, which involves surgery, radiation, and chemotherapy, the prognosis is poor, with only 3–5% of patients surviving more than 3 years [64–66]. Furthermore, conventional chemotherapy has several disadvantages, such as low therapeutic efficacy and severe systemic toxicity due to low selectivity for neoplastic cells [67].

To address these drawbacks, drug delivery systems directed to the area of interest have been investigated [68, 69], with particular attention paid to SPIONs [70, 71]. The biocompatible coverage and high magnetic susceptibility of the core make these important compounds candidates

Rets.	Magne	etic resonance imag	ging				Other methods	
	MF (T)	Sequence	Weighted images: TR(s)/TE (ms)	FOV/MT/ST (mm/-/mm)	Slice separation (mm)	IAT (h)	Technique	Avaliation
[37]	7	NA	T2: 2.54/41	$34 \times 40/272 \times 320/0.6$	NA	1, 3	FUS	In vivo
		Multi-echo	T2: 2/7.1–112	$37 \times 60/320 \times 512/0.7$	NA	1, 3	HPLC; ICP-OES; EB; HE; PB;	Ex vivo
							fluorescent microscopic imaging	
[38]	m	Turbo SE	T2: 2.3/110	$56 \times 70/256 \times 256/2.4$	2.9	1	Fluorescence; PB; HE; TUNEL	Ex vivo
[39]	7	GRE-3D	T2*: 4.095/3.12	$150 \times 150 \times 50/192 \times 144 \times 64/NA$	NA	4, 8, 24	ESR spectroscopy; confocal	Ex vivo
							fluorescence microscopy; TEM; EFTEM	
		RARE	T2: 2.5/33	200  imes 200 / 128  imes 128 / 0.8	NA	8, 24		
[40]	NA	NA	NA	NA	NA	NA	Fluorescence	In vivo
[41]	7	FSE	T2: 4/60	30  imes 30/128  imes 128/1	2	1	ESR spectroscopy	Ex vivo
		GRE	T2: $20 \times 10^{-3}/5$					
[42]	7	FSE multi-slice	T2: 4/60	30  imes 30/256  imes 256/1	0	1	ESR spectroscopy	Ex vivo
[43]	7	FSE	T2: 4/60	30  imes 30/128  imes 128/1	2	1	ESR spectroscopy, TEM	Ex vivo
		GRE	T2: $20 \times 10^{-3}/5$					
[44]	7	Echo	T2: $30 \times 10^{-3}/18$	$34 \times 40/432 \times 512/0.6$	NA	0.66, 240	FUS	In vivo
		GRE echo-planar	T2*: 1/25	$35 \times 35/128 \times 128/0.6$			Fluorometric method, ICP-Mass, EB, HE	EX vivo
		NA	T2: 2.54/41	$34 \times 40/272 \times 320/0.6$				
		Multi-echo SE	T2: 2/7.5-120	$48 \times 65/320 \times 240/0.7$				
[45]	7	Turbo RARE	T2*: 2.5/33	40  imes 40/NA/1	NA	0.5, 3, 6, 12,	NA	NA
						24,48		
		Flash	T2: $9.2 \times 10^{-3}/335.1$					
[46]	NA	NA	NA	NA	NA	NA	Intravital microscope	In vivo
[47]	7	GRE	T2: $20 \times 10^{-3}/5$	$30 \times 30/12$	2	0.5	ESR spectroscopy	Ex vivo
		FSE	T2: 4/60	8  imes 128/1				
[48]	7	GRE	T2*: 0.18/5	30  imes 30/128  imes 128/1	0	1, 5, 24	ESR spectroscopy, PB, NFR	Ex vivo
		FSE	T2: 4/(30 or 60)	30  imes 30/256  imes 128/1				
[49]	ę	NA	T2: 2.51/94	$39 \times 60/128 \times 256/NA$	NA	0, 168	TEM, PB	Ex vivo
[50]	m	Turbo SE	T1: 0.421/11	$39 \times 60/128 \times 256/0.7$	NA	0, 168	FUS	In vivo
		GRE	T2: 2.51/94	$39 \times 60/128 \times 256/0.7$			TEM, PB, HE, immunohistochemistry,	Ex vivo
							ICP-0ES	
		GRE	$T2^*$ : 28 × 10 <sup>-3</sup> /20	43  imes 130/128  imes 384/0.7				
[51]	7	FSE	T2: $4 \times 10^{-3}/60$	30  imes 30 / 128  imes 128 / 1	2	0.5	ESR spectroscopy	Ex vivo
		GRE	T2: $20 \times 10^{-3}/5$					
[52]	7	FSE	T2: (30 or	30  imes 30 / 128  imes 128 / 1	NA	1, 2, 3, 4, 48, 96,	NA	NA
			$60) \times 10^{-3}/4$			144, 192, 240		
		GRE	T2: $20 \times 10^{-3}/5$					

Table 5: Analysis methods.

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Refs.	Magn	etic resonance ima	ging				Other methods	
	MF (T	) Sequence	Weighted images: TR(s)/TE (ms)	FOV/MT/ST (mm/-/mm)	Slice separation (mm)	IAT (h)	Technique	Avaliation
[53]	7	FSE GRE	T2: 4/60 T2: 20×10 <sup>-3</sup> /5	30×30/128×128/1	2	0.5	ESR spectroscopy, ICP-OES	Ex vivo
[54]	m	Turbo SE	T1: 0.78/15	39×60/128×256/1.4	NA	3, 6, 12, 24	FUS, confocal/fluorescence microscopy	In Vivo
		Double-TE SE	T2: 3.86/ (8/14,28/57,85/228)	38×76/128×256/1.4			TEM, ICP-OES, PB, NFR, DAPI, EB	Ex vivo
[55]	NA	NA	NA	NA	NA	NA	ICP-OES, HE, PB, NFR	Ex vivo
[56]	7	FSE	T2: 4/60 T3*. 0 375/15	30  imes 30 / 128  imes 128 / 1	1.5	0.5, 240	ESR spectroscopy	Ex vivo
[57]	7	GRE FSE	12 : 0.2/2/12 T2: (30 or 60)×10 <sup>-3</sup> /4	$30 \times 30/128 \times 128/1$	NA	1, 2, 3, 4, 48, 96, 144, 192, 240	ESR spectroscopy	Ex vivo
		GRE	T2: $20 \times 10^{-3}/5$					
[58]	7	GRE	T2: 20×10 <sup>-3</sup> /5	$30 \times 30/128 \times 128/1$	1.5	1, 2, 3, 4, 48, 96, 144, 192, 240	ESR spectroscopy TEM	Ex vivo
[50]	ΔN	SE	T2: 4/60 NA	МА	DA NA	<b>N</b> A	TEM	Ex vivo
MF, n	lagnetic	c tield; TR, repetitio	n time; TE, echo time; $T_2$ ,	transverse relaxation time; FOV, tiel	ld-of-view; MT, matrix; ST,	Slice thickness; IAT	, image acquisition time atter magneto	ofection; FSE,

emission scanning microscope; TEM, transmission electron microscopy; EFTEM, energy-filtered transmission electron microscopy FUS, focused ultrasound; PB, Prussian blue; NFR, nuclear fast red; HE, hematoxylin-eosin; DAPI, (4',6-diamidino-2-phenylindole); ICP-Mass, inductively coupled plasma-mass; ICP-OES, inductively coupled plasma optical emission spectroscopy; TUNEL, fast-spin-echo; GRE, gradient echo; SE, spin echo; RARE, rapid Imaging with refocused echoes; ESR, electron spin resonance; HPLC, high-performance liquid chromatography; FE-SEM, field terminal deoxynucleotidyl transferase dUTP nick-end labeling; NA, not identified. for drug delivery or drug target vehicles. Furthermore, the polymer coating provides the possibility for conjugation of additional functional groups, as well as allows, at the same time, magnetic targeting to tumor and monitoring by MRI [56, 57, 70–72].

The use of an external magnetic field for targeting compounds to specific sites has been reported for decades; it was initially done with microspheres [73–75]. The attraction by an external magnetic field allows active targeting into tumor. This is a particularly attractive technique for gliomas because of the difficult location of these tumors. Despite the enhanced permeability and retention effect (EPR) reported in solid tumors, allowing the nanoparticles to accumulate passively in tumor interstice [63, 76–78], the active targeting significantly increases exposure to the tumor [57].

SPION coating with biomaterials evidence the potential toxicity effects regarding shape, size, and surface characteristics of nanoparticles; however, because of divergence and speculation regarding the analysis of these characteristics, it is very difficult to establish the toxic effects related to these SPION properties [79]. Despite the lack of evidence in toxicity of SPIONs, information regarding the possible risk of SPION exposure to humans is still very limited and conflicting. The potential toxic effects of SPION is mainly focused on evaluating cytotoxic effects, especially changes in viability, cytoskeleton disruptions, ROS production, and in vitro cell cultures [80]. Little is known about the iron toxicity to genetic material, the nervous system, embryonic development, and other endpoints [81]. A review using SPION-labeled cells in regenerative therapies did not report cytotoxic effects for these nanoparticles [82]. In addition, no significant toxicity and successful chondrogenesis occurred in human mesenchymal stem cells incubated for 24 or 72 h with ferucarbotran (a clinically approved and commercially available carboxydextran-coated SPION that is used as a negative MRI contrast agent for hepatic imaging) [83]. These reviews and other studies show lack of evidence to low toxicity of SPIONs in vitro biological assay and in vivo, or in preclinical studies.

In addition, there is scientific and clinical evidence that SPION therapies have advantages such as low toxicity and also present biocompatibility and the possibility of control migration by the MRI [78, 84]. In this context, a search was made for studies that used optimization strategies for the delivery of iron oxide nanoparticles magnetically targeted for tumor lesions using experimental glioma models. Although 23 studies were found within the established prerequisites, they belong to a total of nine research groups. Most publications belong to the group coordinated by Victor Yang (10 out of 23, 46%), followed by Kuo-Wei Chen (4 out of 23, 17%).

Analysis of the accuracy of magnetic targeting process begins with tumor induction in different locations by different cell lines and cell concentrations in selected studies. Afterward, the nanoparticle administration is made by different routes, in different concentrations on different days standardized in each study, for later application of an external magnetic field with different strengths, times, and adjustments, aiming these nanoparticles for targeting to the tumor lesion. Subsequently, it was also compared to the different analysis methods of the targeting efficiency, as is shown in Figure 3.

In this context, and compared with a recent review [62], our review about rat brain tumor models in experimental neuro-oncology, which describes the differences in eight brain tumor lineages in rodent model (C6, 9L, T9, RG2, F98, BT4C, RT-2, CNS-1), allowed to show the difference in route of administration, highlighting that caudal is the most common local used for C6, 9L, BT4C, and RT-2, but intracerebral was the most common for F98 and CNS-1, a result that corroborates with selected studies shown in Figure 3. There are studies with subdermal implantation or animal flank for optimization of SPION magneto driving and tumor growth in other cancer models. However, the blood-brain barrier constitutes a limit for a number of therapeutic drugs and methods because it does not allow infiltration of anything, including drugs. The stereotactic or flank implantation keeps the general principles of tumor cell implantation, but it turns the accuracy of therapeutic outcomes easier or fake in some cancer models. The C6, 9L, and RT-2 are solid and circumscribed tumors. The other tumors are not circumscribed, and they present several degrees of infiltrating capacity of contiguous normal brain with or without islands of tumor cells with distance varying from the core tumor mass. These cancer models pose more difficulty in measuring the accuracy of therapies, including the nanoparticle therapy [62].

The magnetic targeting technique is not new, as the first identified publication was in 1999 [59]. In the selected publications, the use of commercial compounds was equilibrated with the use of the synthesized compounds in the laboratory. Among the studies that used commercial compounds, the majority used FluidMAG-D, coated with starch (15 out of 23, 67%). Another interesting fact is that almost half of the studies used more than one type of nanoparticle to compare the targeting efficiency (9 out of 23, 75%). Of these, about half (4 out of 9, 45%) compared the efficiency of commercial compounds with nanoparticles synthesized by the group, 45% (4 out of 9) compared different synthesized compounds, and only one study

compared the efficiency of only commercial compounds. All used nanoparticles had magnetite core and generally had small hydrodynamic size (most with 100–110 nm; 14 out of 23, 64%).

The main cell line used for tumor induction was 9L cells, described in all Yang's studies (11 out of 23, 45%). These cells are able to generate a gliosarcoma tumor in rats, mimicking important human tumor characteristics, such as the pattern of tumor growth and metastasis. The second most used was the C6 cell line, a model widely used for a variety of studies on tumor growth, invasion, migration, neovascularization, growth factor regulation, and biochemical studies, being morphologically similar to glioblastoma multiforme [61, 62]. DMEM was the main culture medium used for cell proliferation for tumor induction (13 out of 23, 55%).

Most studies used rats as an animal model for tumor induction (15 out of 23, 75%); the most commonly used species was the Fisher 344 rat (9 of 23, 45%). The number of cells also varied, with the most-used concentration 10<sup>6</sup> cells inoculated directly into the right hemisphere of the brain (7 out of 23, 35%). The main vehicle suspension used for tumor cells was DMEM without serum (11 of 23, 55%).

All studies included in our review showed that application of a static external magnetic field at some level of intensity (0.2–1.18 T) and at some period (0.25–24 h) was enough to increase the nanoparticle concentration in the tumor region compared with non-targeted animals.

For Zhou [41], the conjugation with PEG to increase the stability of the nanoparticles and  $\beta$ -glucosidase enzyme with great effect in killing tumor cells led to a 3.6-fold greater accumulation into the tumor region when applying a magnetic field compared with other groups without targeting. These results corroborate with the previous study [43] in which evidence that the nanoparticle accumulation 60 min after administration was selective for tumor site and increased 3.84-fold nanoparticle concentration in targeted groups that compared with animals without magnetic targeting. Cole [48] also showed an increase of 189- to 229-fold more nanoparticles conjugated with PEG by an external magnetic field in comparison to commercial nanoparticles distributed passively to the tumor.

The success of the magnetic targeting is determined by three factors: intensity of the applied magnetic field, physicochemical properties of the nanoparticles, and stability of these compounds in the bloodstream. Based on this, Zhang's study [42] examined the influence of the administration route on optimizing the magnetic targeting process; they showed greater therapeutic effectiveness when SPIONs are administered by carotid artery. At a dose of 12 mg Fe/ml and after applying a magnetic field for 45 min, a 200-fold greater accumulation in the tumor region was reported compared with the group using a commercial nanoparticle and non-targeted. Chertok [47] also demonstrated the importance of the administration route, reporting greater nanoparticle exposure in tumor vasculature when administered by carotid. In his study, the nanoparticle aggregation in tumor was 1.8-fold higher when these were administered by intra-arterial route compared to intravenous administration, both with magnetic targeting.

Chertok [51] also tested the applicability of nanoparticles conjugated with PEI to increase retention and vascular drug carriers, using carotid artery for administration in order to decrease the loss of the drug. The influence of the administration route was also studied demonstrating an advantage of 30-fold more nanoparticle aggregation in the tumor comparing carotid to intravenous administration, both subjected to magnetic targeting process. The nanoparticles conjugated with PEI also showed advantages compared to the commercial compound, adding a 5.2-fold higher accumulation in the tumor as magnetically targeted.

The study by Fan [44] used a combination of ultrasound technique with the application of a magnetic field and showed a synergistic effect in nanoparticle accumulation (22.4%) compared with the group without a magnetic field (12%). The same was shown by Chen [50]. In his study, when the magnetic field or ultrasound was applied alone, twofold more SPION accumulation occurred in the tumor region. Therefore, the combination of techniques increases aggregation in tumor 26 times. Also in Liu's study [54], the combination of these techniques showed an increase in nanoparticle concentration of 244.6% into the tumor area rather than into the adjacent brain tissue. Huan's study [55] showed that as a consequence of magnetic targeting, nanoparticles were more directed to the brain, reducing the dispersion in other organs as the lungs, liver, kidneys, and spleen. Therefore, the use of 0.5 T of magnetic field for 30 min and single ultrasound of 500 KHz were more effective drug or magneto carrier in the selected studies.

Huang's study [45] evidenced significant tumor reduction associated with the nanoparticle administration with BCNU and together with an external field, showing that the magnetic targeting increases the tumor exposure and decreases its concentration in the bloodstream, also reducing the toxic effects. In addition, there were more nanoparticle retention and internalization in the tumor by applying the magnetic field (two fold more signal strength after 30 s). Fu [46] in his study also showed the effect of magnetic targeting process in tumor regression, which occurred faster with the use of magnetic targeting due to the higher concentration of nanoparticles conjugated with RDG (antitumor agent) into the tumor locus. Hua [49] also observed a tumor inhibition growth when SPION conjugated with BCNU were magnetically targeted to the tumor region. The Increase in the SPION concentration into the tumor locus using an external magnetic field makes it possible to use a lower dose of drug to promote tumor suppression and reducing systemic adverse effects.

Yu [52] also compared the efficiency of magnetic targeting using commercial nanoparticles and synthesized nanoparticles. It presented advantages over commercial compounds due to more mobility with a magnetic field and effective accumulation in the tumor region. Zhang [56] also compared both commercial and synthesized nanoparticles, conjugating gum arabic to stabilize the nanoparticles, and adding the fluorophore rhodamine B. As a result of magnetic targeting, there was eightfold more nanoparticle aggregation in the tumor when compared to the group without magnetic targeting. The oldest selected study also compared different compounds. Contrary to what occurs in the 1000- to 2000-nm microspheres, there was better magnetic targeting in approximately 10–20 nm nanoparticles. In addition, the imposition of an external magnetic field permitted the accumulation of 41-48% of the all iron dose into tissue between 30 min to 6 h of targeting. Without magnetic targeting, only 31-32% of the dose was accumulated in the tumor locus.

In another, the study by Chertok [57] showed that the imposition of a magnetic field allowed an increase of five times the drug concentration into the tumor area compared to non-targeted animals. Furthermore, the targeting of nanoparticles in the tumor locus persisted for approximately 100 min after the magnet removal. The selectivity retention of the glioma locus relative to the contralateral brain region was also analyzed by Chertok [58]. This study found a 9.6-fold higher retention into the glioma site. In another study by Chertok [53], he only tested the ESR and ICP-OES efficiency quantification of nanoparticles into the tumor region after application of an external magnetic field.

The most common analysis method to check the efficiency of magnetic targeting was the MRI technique identified in 16 studies (80%). Among the various forms of *in vivo* targeting, MRI is considered an important tool that is non-invasive, with high spatial resolution, without exposure to ionizing radiation, and allows information about the nanoparticle accumulation in the tumor region, from T2-weighted. It allows obtaining real-time images

with morphological and functional information at the cellular and molecular level, helping in understanding the migration of nanoparticles guided by an external magnetic field. Other methods that have been widely used are ESR spectroscopy (10 out of 23, 48%), MET (6 out of 23, 30%), and ICP-OES (4 out of 23, 20%), important for nanoparticle quantification and visualization. Less than half of the studies used histological methods to verify the magnetic targeting (6 out of 23, 27%).

In clinical trials about magnetic targeting using SPIONs and other magneto nanoparticles for driving or carrier drugs, therapeutic pitfalls or collateral effects were reported lower, and the toxicity was also low [33, 34, 85]. The clinical trial that used SPION in cancer [33] included seven metastatic breast cancer patients who underwent magnetic field (0.4 T) application near the tumor area twice a day, 3 days per week for 6 weeks, presented SPIONs increased in three fields into the tumor. The comparison done without magneto application showed no hematological effects and toxicity. Other studies produced the same results of the first clinical trial, but an increase in concentration into the tumor area and lower SPION concentration were seen using intravenous administration in the area near the tumor.

According to the data presented here, nanobiotechnology is presented as a powerful tool for the development of magnetically guided nanoplatforms, which ensures a more effective treatment that can be directed to high-grade gliomas and together with MRI allows *in vivo* tracking. However, because of the complexity of the central nervous system, the magnetic targeting process is still a challenge, and tools in the field of nanomedicine to survey and guide these studies are highly desirable.

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# **Bionotes**



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Marina Fontes de Paula Aguiar received her bachelor degree in Biology from UNESP, Brazil, in 2011 and her Master Degree in Neuroscience from UNIFESP, Brazil, in 2015 that resulted in a national patent. She has experience in Nanotechnology and Cellular and Molecular biology with emphasis in therapeutic strategies for glioblastoma brain tumor using nanobiotechnological tools. Her researches included the use of glioma animal models to develop strategies for treatment of brain tumors using iron oxide nanoparticles and magnetic targeting.



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