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1 Managing carious lesions: Consensus recommendations on terminology

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56 Abstract

- 57 Variation in the terminology used to describe clinical management of carious lesions has 58 contributed to a lack of clarity in the scientific literature and beyond. The International Caries 59 Consensus Collaboration (ICCC), present issues around terminology, a rapid review of current 60 words used in the literature for caries removal techniques and present agreed terms and 61 definitions, explaining how these were decided.
- Dental caries is the name of the disease and the carious lesion is the consequence andmanifestation of the disease; the signs or symptoms of the disease.
- The term dental caries management should be limited to situations involving control of the disease through preventive and non-invasive means at a patient level, whereas carious lesion management controls the disease symptoms at tooth level.
- Whilst it is not possible to directly relate the visual appearance of carious lesions' clinical 67 manifestations to the histopathology, we have based the terminology around clinical 68 consequences of disease (soft, leathery, firm and hard dentine). Approaches to carious tissue 69 removal are defined. Selective Removal of Carious Tissue includes Selective Removal to Soft 70 Dentine and Selective Removal to Firm Dentine. Stepwise Removal involves Stage 1 71 72 "Selective Removal to Soft Dentine" then Stage 2 "Selective Removal to Firm Dentine" 6-12 months later. Non-selective Removal to Hard Dentine was formerly known as "complete" 73 74 caries removal (this technique can no longer be recommended).
- Adoption of these terms, around managing dental caries and its sequelae, will facilitate
 improved understanding and communication between researchers, within dental educators
 and the wider clinical dentistry community.

78

80 Introduction

The International Caries Consensus Collaboration (ICCC), a group of 21 cariology experts 81 82 from 12 countries, met in Leuven, Belgium in February 2015 to discuss issues of relevance to cariology researchers, dental educators and the clinical dentistry community. The goal was to 83 84 reach consensus on recommendations for managing carious lesions and the terminology 85 around this management, based on the best current scientific evidence, through discussion 86 and then consultation. In 2004, a series of papers related to the outcomes of an International 87 Consensus Workshop on Caries Clinical Trials (Pitts and Stamm 2004) were published, their first goal being to "critically review modern caries definitions and measurement concepts". 88 Definitions, concepts and terminology as well as evidence to support newer approaches for 89 treating carious lesions, have advanced since then, and the ICCC felt there was a need to 90 clarify them based on available contemporary evidence and expertise. 91

92 Dental caries is the name of a disease where an ecologic shift within the dental biofilm 93 environment, driven by frequent access to fermentable dietary carbohydrates, leads to a move 94 from a balanced population of micro-organisms (of low cariogenicity) to a high cariogenic 95 (more aciduric and acidogenic) microbiological population and to an increased production of 96 organic acids. This promotes dental hard tissue net mineral loss and results in a carious lesion 97 (Fejerskov et al. 2008).

This report from the ICCC, deals with the terminology around carious tissue removal, lays out the background to the issues around terminology including a scoping review, and the initial areas that were agreed to allow progression through the topic. We suggest a suite of terms and definitions, based on current procedures and best evidence, explaining how these decisions were made. The report defines generic dental caries terms (Table 1) where there has been confusion, under the groupings of:

- 104 1) No removal of carious tissue;
- 105 2) Selective removal;
- 106 3) Stepwise removal; and
- 107 4) Non-selective removal of carious tissue.

108 One further aim is to make the nomenclature as future proof as possible by taking into account 109 the direction in which cariology is moving.

110 Background

111 150 years ago complete removal of all traces of carious tooth tissue within a carious lesion 112 was considered the gold standard, with the added "extension for prevention" tenet being 113 invoked to ensure that restoration margins were placed on areas of the tooth that are less 114 vulnerable to caries. Advances in the field of cariology regarding the biofilm, together with 115 improvement in materials, have challenged this perspective. There has been an evolution, 116 gathering increasing speed over recent decades, away from removing all signs of carious tissue in a tooth, towards a more minimally invasive approach (Elderton 1993; Frencken et al. 117 118 2012; Banerjee and Domejean 2013). Indeed, the paradigm shift in carious lesion treatment, 119 where it is appreciated that only infected and not affected dentine requires removal (Fusayama 120 1997) has occurred. Choices for managing a carious lesion cover a spectrum of options from complete surgical excision, where no part of the visible carious tissue is left in the tooth before 121 a restoration is placed, to the opposite extreme, removing none of the carious tissue at all, 122 123 and using non-invasive methods to prevent progression of the lesion (Ricketts et al. 2013; 124 Green et al. 2015).

The alternatives to 'conventional complete caries removal' have been tested by different 125 research groups over the last few decades through clinical trials and have been adopted, to 126 varying degrees, as standard treatment by dental schools and clinicians in many countries 127 128 (Innes et al. 2013; Frencken 2014; Kidd et al. 2015). However, there is inconsistency in the terminology for, and definitions that lie behind these approaches. These inconsistencies have 129 developed naturally alongside the investigation of new interventions, and as a result of 130 131 different research groups describing and naming interventions as they have been investigated. As is common in evolving fields of research, some of this research has taken place in parallel. 132 133 Partly because of the sensitive nature of research development, but also simply as a result of 134 a scarcity of opportunity for discussion, different terms have evolved. The lack of overt and 135 planned communication within the research, teaching and clinical practice communities has 136 resulted in some of the variations now seen in use of terminology and procedural definitions. 137 For some procedures that seem to be very similar from the descriptions in research papers, 138 different groups use distinctly different names. One particular definition of a procedure can have several names; for example, Franzon et al. (2014) used the term "one-step excavation" 139 to describe an end result similar to that of Hesse's partial caries removal with "Excavation ... 140 [to] ... hardened, dried dentin with a leathery consistency" (Hesse et al. 2011). Groups that 141 work together may know what they are referring to, but the wider audiences can misinterpret 142 what is being said – especially where a single word is used to designate a procedure, without 143 further opportunity to describe what is being meant. Conversely, but leading to equally 144 confusing scenarios, for procedures which seem to differ from their descriptions, the same 145 name, or similar ones are used by different groups. So one name holds a variety of definitions. 146 For example, with selective caries removal, Maltz et al. (2012) describes this as "Partial 147 148 removal of the soft carious tissue from the cavity floor by hand excavator (only disorganized 149 dentine was removed)" whereas Hesse and co-workers (2014), in their protocol step that involves partial caries removal states that the "caries lesion [was] completely removed in the 150

enamel/dentin junction, and dentinal caries lesion partially removed with hand instruments until the dentin started to become 'firm and leathery'' and in the first stage of stepwise caries removal Bjørndal et al. (2010) talk about "removal of the superficial necrotic and demineralized dentin with complete excavation of the peripheral demineralized dentin, avoiding excavation close to the pulp. When a temporary restoration could be properly placed no further excavation was carried out, leaving soft, wet, and discoloured dentin centrally on the pulpal wall".

157 To communicate successfully and concisely, researchers, clinicians and educators need to 158 use consistent terminology. This will help to ensure that carious tissue removal procedures 159 are described unambiguously. One example of a very clear description of technique in a 160 research study is found in the 10-year follow-up report of the seminal Mertz-Fairhurst and co-161 workers' ultra-conservative caries removal study where there were two control groups with conventional restorations and one intervention arm where no soft dentine was removed. "... 162 We removed all of the crumbly, opaque demineralised enamel with a bur until we reached 163 translucent sound enamel. We did not remove undermined enamel or caries below the 164 bevel.... [we] observed shreds of carious dentin or other material hanging below the bevel 165 toward the soft and wet pulpal floor of the cavity. A layer of soft and wet-looking dentine in the 166 pulpal area of the cavity remained intact, and there was absolutely no instrumentation below 167 the enamel bevel." (Mertz-Fairhurst et al. 1998). 168

169 Consistency, accuracy and precision are important for terminology to be used successfully, which means there has to be standardisation globally. One of the crucial aspects of this 170 consensus work is that there is widespread dissemination and uptake, and to do this, there 171 has to be agreement that these are acceptable terms, across a broad range of communities 172 173 and groups. The cosmopolitan nature of the ICCC means that views have been represented from 12 countries. To further assist with uptake of the terminology and its dissemination, we 174 are linking with the European Organisation for Caries Research (ORCA), the International 175 Association for Dental Research (IADR) Cariology Group and the American Dental Education 176 Association (ADEA) Cariology Section Sharing of expertise, experience and joining with 177 178 educational forums are part of the dissemination strategy to assist the ultimate goal of uptake 179 and use of the ICCC Terminology recommendations across the spectrum of researchers, 180 clinicians and educators.

181 How much of a problem is the current terminology? (Scoping and consensus methodology)

In a methodical search for systematic reviews comparing different methods of caries removal (including partial caries removal, no caries removal etc.), seven systematic reviews were identified (Griffin et al. 2008; Thompson et al. 2008; Hayashi et al. 2011; Ferreira et al. 2012; Rickets et al. 2013; Schwendicke et al. 2013a; Schwendicke et al. 2013b). When these, and the studies within them, were searched for the terminologies used to describe the various

- carious lesion management strategies, 23 terms were found. These were circulated around
 the ICCC group members, who were asked to contribute any further terms they knew were
 used and 19 further unique new terms were added. This gave a total of 42 terms (see Table
 2), a large number to describe essentially four different parts of the spectrum of carious lesion
 removal/ management.
- The terms were circulated again, and this time the ICCC group was asked to choose up to six terms that they felt were most representative of the full spectrum of options for carious tissue removal. Eight different approaches to naming were returned together with comments. These provided the basis for the discussions at the consensus meeting.
- 196 Initial areas agreed before proceeding

197 Dental caries and carious lesion

There was full agreement that 'dental caries' (or simply 'caries') and 'carious lesion' were not interchangeable terms although they are often used as such.

There was consensus that dental caries (the pathological process) cannot be removed and only carious tissues can be removed. An alternative way of viewing this is to consider that the lesion can be stabilised, either by non-invasive, or by invasive means.

Although it is necessary to be exact and specify the definitions for 'caries' and 'carious', it is worth noting that, in the English language, the pronunciation of these words makes them sound almost identical. However, in other languages this may not be the case.

206 Dental caries management

207 The ICCC group considered two terms; "caries management" and "carious lesion management". While the term caries management has been used historically in different ways, 208 often to include the restoration of teeth, it was agreed that it should be limited to situations 209 210 involving control of the disease through preventive and non-invasive means. Therefore, caries 211 management is a term to describe the actions taken at a patient level, i.e. demineralisation and plaque/biofilm being managed not for one specific surface but for the whole person e.g. 212 213 plaque control/toothbrushing instruction, fluoride application, dietary interventions and 214 behaviour change techniques. Caries management aims to control the disease and prevent a 215 lesion becoming clinically manifest and for those lesions detectable clinically, prevent their 216 advancement.

What do we call the situation in which patient level *caries management* has failed? Consider two specific situations where a carious lesion needs to be managed. Firstly, an active lesion that might require a non-invasive approach such as biofilm removal or, application of fluoride varnish to limit progression and secondly, where a lesion is not cleansable and is vulnerable to progression even in the presence of a full preventive program. In both of these cases, *carious lesion management* is aimed at controlling the symptoms of the disease at a tooth level. Of course, there is still a need for *caries management* to take place at a patient level in order to stem the source of the problem (the cause of the cause). However, for the purposes of this paper, *carious lesion management* means any procedure that involves doing something to an established, non-cleansable carious lesion to stop its progression. This might involve removing "none", "some" or "all" of the carious tissues from a non-cleansable lesion.

228 Removal of carious tissues

The term *removal* was preferred to excavation, to avoid the synonymous link (in English) with hand excavation instrumentation and spoon excavators. It was agreed that the word *excavation* implied (albeit to a minor extent) that the process was inextricably linked to hand

excavation of carious lesions, and could possibly limit the generalisability of the term.

233 Guiding principles of caries tissue removal

- The ICCC group agreed that the primary aim of carious tissue removal is:
- To retain the tooth and the health (sensibility/vitality) of its pulp for as long as possible.
- 236 The guiding principles of carious tissue removal are:
- Preservation of dental tissues;
- Maintenance of pulpal health;
- Avoidance of pulp exposure;
- Avoidance of dental anxiety, (often considered particularly important in children but should
 be considered for all patients);
- Provision of sound cavity margins to achieve a peripheral seal;

243 Complete removal of carious tissues

Through discussion, the group became aware that the term "complete", when referring to 244 removal of carious tissues, held different meanings for different people. Whilst within the 245 group, this term was considered to mean "removal until only leathery or firm dentine (resistant 246 247 to hand excavator) is left pulpally", there was still a widely held belief that many still considered 248 it to mean "removal until only hard dentine is left pulpally". From the systematic reviews of the 249 literature that were evaluated, the group considered removal of carious lesion to leave only 250 hard dentine throughout the cavity to be over-treatment and involving removal of tooth tissue 251 that did not need to be removed (Thompson et al. 2008; Ricketts et al. 2013; Schwendicke et al. 2013a). It was also agreed that although the words "firm" and "hard" are subjective, they 252 may still be the best terms available. 253

254 Terminology for approaches to carious tissue removal

In describing the clinical manifestations of caries, it would be ideal to relate the visual 255 appearance directly to what is taking place histo-pathologically (Ogawa et al. 1983; Ngo et al. 256 2006; Wambier et al. 2007; Chibinski et al. 2013; Corralo and Maltz 2013). However, this is 257 not straightforward. Histo-pathological micro- and ultra-structural investigations of the 258 relationship between the visual appearance of carious tooth tissue and parameters such as 259 bacterial invasion, degree of demineralisation, and softness of dentine etc. have been central 260 to developing an understanding of the caries process. One historical example of 261 262 misinterpretation of histo-pathology leading to over-excavation, was the belief that early lateral spread of demineralised dentine, undermining sound subjacent enamel, led to cavitation of 263 enamel (Silverstone and Hicks 1985). To manage this clinically, early operative intervention 264 265 was suggested, including the concept of the tunnel preparation (Wilson and McLean 1988). 266 However, more recent research has clarified the structural inter-relations confirming that the spread of contaminated dentine is a sequelae of the clinically exposed dentine lesion (Bjørndal 267 268 and Thylstrup, 1995; Ekstrand et al. 1998). The lateral contamination of dentine appears 269 strictly related to stages of retrograde demineralisation of enamel (Bjørndal and Kidd 2005) 270 i.e. demineralisation of the enamel originates at the enamel-dentinal junction as a result of 271 bacterial metabolic activity within the dentinal lesion. Interestingly, the increasing use of clinical magnification technologies has led to these so-called 'histo-pathological' features being 272 visible at the clinical level. Traditionally, these histological terms are less helpful when 273 communicating to dentists in clinical settings and attempting to describe the degree to which 274 275 carious tissues should be removed. In addition, it was felt that some of the terms such as 276 "infected" were outdated and conveyed the idea that dental caries was a communicable disease. The terms shown in Figure 1, for the clinical (tactile) manifestations of carious 277 dentine, were agreed and we have attempted to link the clinical consequences to the 278 279 histological terms as far as possible. Table 1. expands on this by showing these agreed terms and their relationship to previously used terms. 280

281 Definitions for different clinical presentations of dentine (soft, leathery, firm and hard)

In material sciences, hardness can be characterised by the ability of a harder material to make
a mark or to scratch a softer one. The force necessary to cause the scratch is also important.
For practical purposes, a combination of these is probably the best way for the clinical dentist
to determine how 'soft' or 'hard' dentine is and some guidance is given below to describe the
physical properties that are associated with different states of dentine.

287 Soft dentine

- 288 Soft dentine will deform when a hard instrument is pressed onto it, and can be easily scooped
- up (e.g. with a sharp hand excavator) with little force being required.

290 Leathery dentine

Although the dentine does not deform when an instrument is pressed onto it, leathery dentine

292 can still be easily lifted without much force being required. There may be little difference

between leathery and firm dentine with leathery being a transition on the spectrum between

soft and firm dentine.

295 Firm dentine

Firm dentine is physically resistant to hand excavation and some pressure needs to be exerted through an instrument to lift it.

298 Hard dentine

A pushing force needs to be used with a hard instrument to engage the dentine and only a

sharp cutting edge or a bur will lift it. A scratchy sound or 'cri dentinaire' can be heard when a
 straight probe is taken across the dentine.

- 302 Definitions of approaches to carious tissue removal
- 303 Atraumatic Restorative Treatment (ART)

ART was agreed to mean a specific technique, which encompassed a mechanism for carious 304 lesion management using hand instruments only, through removing soft, completely 305 demineralised enamel and dentine until firm resistance is felt (See Selective Removal of 306 Carious Tissue below). The cavity is then restored and available pits and fissures are sealed 307 308 with an adhesive dental material, usually a high-viscosity glass-ionomer cement. For deep 309 lesions (reaching into the inner pulpal ¹/₃ of dentine on radiograph) some soft carious tissue should be left on the pulpal wall to avoid pulp exposure. Therefore the decision to carry out 310 selective removal to firm dentine or to soft dentine (see later) is related to cavity depth and the 311 312 possibility of pulp exposure.

313 No Removal (no dentine carious tissue removal)

There are a variety of procedures where no dentine carious tissue removal takes place. Although diverse in the methods for carrying them out, these procedures effectively serve the same purpose – to control the carious lesion without removing any of the diseased dentine tissue. The following techniques have been included under the "No carious tissue removal" banner.

319 Resin or Glass Ionomer Sealant Materials

Pit and fissure therapeutic sealant materials (resin or high-viscosity glass-ionomer cements) can be placed over enamel and dentine carious lesions. However, particularly with unfilled resin, mechanical properties are limited for filling and covering micro-cavities in enamel. There are also theoretical concerns about the materials' abilities to resist forces occlusally when there is a considerable amount of soft dentine beneath the weakened enamel (the 'trampoline' effect). Therefore, the extent of the lesions where these materials can be used may be limited, pending evidence, to lesions that are confined (on a radiograph) to the outer ½ of dentine.

327 The Hall Technique

- This is a specific procedure for primary molars where a preformed metal (stainless steel) crown is fitted over the tooth to seal dentine carious lesions. The crown is cemented using glass ionomer cement, over a primary molar tooth and carious lesion with no tooth preparation or carious lesion removal. It is usually indicated for approximal lesions. The crown effectively seals the dentine carious lesion and slows down or prevents its progression to the dental pulp
- allowing the primary molar to exfoliate without pain or infection.

334 Non-Restorative Cavity Control

- Other names for techniques (although each slightly different) that would be encompassed within this strategy include non-operative caries treatment and prevention (NOCTP) (Vermaire
- et al. 2014), non-restorative caries treatment (NRCT) (Lo et al. 1998; Gruythuysen 2010; Mijan
- et al. 2014) and slicing preparations.

339 This is a group of techniques that are broadly similar in that they aim to achieve arrest of a 340 carious lesion using a package of care, through caries management at a patient level. They aim to prevent further loss of tooth tissue through caries progression in a cleansable cavity by 341 342 successful instigation of an intensive preventive regimen that includes plaque removal through toothbrushing with a fluoridated toothpaste and/or application of fluoride varnish. From a 343 carious lesion perspective, it may be necessary to alter the shape of the cavity by opening the 344 cavity margins, to allow it to be cleansable and thus might involve some operative although 345 not restorative intervention. These methods tend to be particularly applied to primary teeth but 346 have a role in the permanent dentition, for example in root carious lesions. 347

348 Selective Removal of Carious Tissue

Terms used previously for non-selective and selective removal of carious tissues have commonly included; 'complete' and 'incomplete' excavation of carious lesions. These describe the result at the end of the carious tissue removal process. There are three problems with these terms:

- The criteria that demarcate the extent to which carious tissues are removed have not been
 defined or agreed; should this be "free from bacteria", "demineralised dentine",
 "discoloured dentine" or "soft dentine"?;
- There are no commonly used and easily accessible technologies available to reliably
 assess any of these criteria in a clinical setting, although it is acknowledged that this might
 change in the future; and

359 3. If clinical assessments are re-evaluated using more advanced techniques (measurement
of bacterial load or mineral loss), based on the findings of previous research, it is most
likely that areas of dentine will be found where there is incompletely removed carious
tissue after attempted complete removal and vice versa.

363 Thus, we felt it made more sense to use procedural definitions to describe exactly what has been *done* instead of measuring what we attempted to *achieve*. Using this rationale, the group 364 agreed on the term Selective Removal. In Selective Removal, different excavation criteria are 365 used when assessing the periphery of the cavity to the area in close proximity to the pulp. The 366 periphery of the cavity should be surrounded by 'sound' enamel to allow the best adhesive 367 seal. The peripheral dentine should be hard - with similar tactile characteristics to sound 368 dentine, such as a scratching noise when scraping the surface with a sharp hand excavator 369 370 or dental probe. However, firm carious tissue should be left towards the pulpal aspect of the cavity, with enough of it removed to allow a durable bulk of restoration to be placed, whilst 371 avoiding pulp exposure. For deep lesions (extending beyond the inner (pulpal) third or quarter 372 373 of the dentine radiographically) Selective Removal should be to soft dentine (the main aim is 374 **not** to expose or irritate the pulp, provided that there are no clinical symptoms of pulp 375 inflammation present). For less deep lesions Selective Removal should take place to firm 376 dentine pulpally (this is likely to be necessary to allow adequate depth for the restorative 377 material bulk).

There were other reasons that the term Selective Removal was supported. The group agreed 378 379 there was an advantage to using terms that had not yet been used in the literature. This was 380 the case here where there were multiple terms for a single procedure used across different groups and where the definition behind them was not clear. In addition, the negative 381 association of the terms "partial" and "incomplete", which implied that the whole, required 382 383 treatment had not been carried out and that treatment was sub-optimal, were considered disadvantageous in supporting the procedures' adoption and acceptance as standard 384 385 techniques.

A description of these terms is found below.

387 Selective Removal to Soft Dentine

Selective Removal to Soft Dentine in deep lesions means leaving soft carious dentine in the pulpal aspect of the cavity. Peripheral enamel and dentine should be hard at the end of excavation to allow the best adhesive seal. This technique has previously been known as partial caries, one-step, ultra-conservative or incomplete caries removal. A sharp hand excavator can be used to check the softness/hardness of the remaining dentine, remembering that soft dentine will deform when an instrument is pressed onto it and little force would be required to lift it.

395 Selective Removal to Firm Dentine

396 In Selective Removal to Firm Dentine, the aim is to excavate to leathery or firm dentine 397 (physically resistant to hand excavator) in the pulpal aspect of the cavity. This is the 398 contemporary understanding of how much should be removed if the entire carious -399 CONTAMINATED but not the DEMINERALISED dentine, which can be remineralised, (Fig. 1) is aimed at being removed. It is acknowledged that there are not easily accessible or widely 400 used means to tell when contaminated tissue has been removed and to determine when what 401 402 is seen in the cavity is only demineralised dentine. However, although somewhat subjective, the tactile sense of reaching *firm* dentine on the pulpal floor rather than aiming for hard dentine 403 404 is probably the best guide that can be given.

405 Stepwise Removal

406 Certain terms were felt to be in fairly common use, had less variability in their definition and
407 understanding and were well accepted. It was therefore considered to be advantageous to
408 adopt these as standard with just a clear and unambiguous explanation of the definition behind
409 them. This was the case for Stepwise Removal (Bjørndal et al. 1997; Bjørndal and Larsen,
410 2000; Paddick et al. 2005).

Stepwise Removal involves "Selective Removal to Soft Dentine" at Stage 1, followed 6-12
months later by "Selective Removal to Firm Dentine" for Stage 2

Stage 1 has the same carious tissue removal aims as "Selective Removal to Soft Dentine" 413 414 with completely demineralised carious tissue, still soft, being left pulpally but where there is 415 removal of enough carious tooth tissue to place a durable restoration whilst avoiding pulp exposure. The periphery of the cavity should be hard – with similar appearance and tactile 416 characteristics to sound dentine. A provisional restoration is placed with a restorative material 417 that is considered suitable to last for up to 12 months. The subsequent removal of this 418 provisional restoration should then be followed by the "Selective Removal to Firm Dentine" 419 420 pathway with placement of a definitive restoration aiming for longevity. This technique has 421 previously been also known as "two-step excavation".

422 Non-selective Removal to Hard Dentine

Non-selective Removal to Hard Dentine was formerly known as 'complete excavation' or 423 424 'complete caries removal' and is no longer recommended as an approach for carious tissue 425 removal. It is only mentioned here for completeness. It is the approach to carious tissue removal that was accepted in the past and is now considered over-treatment. The aim was to 426 remove soft carious tissue to reach hard dentine resembling healthy dentine in all parts of the 427 428 cavity, including pulpally. For the pulpal area, Bjørndal describes 'complete caries excavation' as "leaving only central yellowish or greyish hard dentin (equal to the hardness of sound 429 dentin, as judged by gentle probing)." (Bjørndal et al. 2010). 430

However, for deep caries lesions (reaching into the inner pulpal 1/3 of dentine on radiograph), 431 'complete caries excavation' is now considered likely to result in detriment to the tooth through 432 433 exposure of the pulp, indirect damage to the pulp from irritation passing through the thin remaining dentine thickness or from weakening the tooth's structural integrity unnecessarily 434 435 (Ricketts et al. 2013; Schwendicke et al. 2013a). This approach is no longer recommended. However, for shallow carious lesions (involving the outer pulpal third of dentine on radiograph), 436 437 Non-selective Removal to Hard Dentine may not be much different from Non-selective 438 Removal to Firm Dentine.

439 Summary

We have presented here a comprehensive list of terms to encompass the full spectrum of 440 carious tissue removal options following a process of consensus and consultation. However, 441 442 other areas remain where there is no standardised terminology or where there are subjective terms that are commonly used such as 'invasive', 'restorative' and 'intervention' and we have 443 had to resort to using some of these here and in the parallel paper to this one on 444 recommendations for managing carious lesions (Schwendicke et al. 2016). These will perhaps 445 446 form the next stage of standardisation but in the meantime there is a need to facilitate dissemination - this is an inextricable and essential component of consensus within the 447 specialty if the advantages of the consensus terminology are to be maximised. 448

449 Declaration of Interests

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469 Authors contribution

- 470 Initiated and organized the consensus process: JF, FS, NI
- 471 Prepared abstracts for the meeting and held presentations: LB, MM, DM, DR, KvL, FS
- 472 Contributed to the workshop and the consensus process before and after the workshop: all473 authors.
- 474 Wrote the initial draft of the manuscript: NI, JF, FS
- 475 Read, amendeand approved the manuscript: all authors.

476 References

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581 Table 1. Overview of carious tissue removal/management terminology and groupings.

Type of carious tissue removal	Previous names/further detail	Short descriptions	Indications for non-cleansable dentine carious lesions
Atraumatic Restorative Treatment (ART)	A specific technique for carious lesion management using hand instruments only	 Carious tissue removal using hand instruments only. Pulpally; excavate to firm dentine in shallow lesions and to soft dentine in deep lesions. Restore cavity and seal available pits and fissures with adhesive dental material, usually a high- viscosity glass-ionomer cement. 	Primary & permanent teeth Shallow and moderate [†] dentine carious lesions to allow adequate depth for a durable restoration
No removal		- No dentine carious tissue removal.	
Fissure sealant including 'ART sealants' (therapeutic)		 Fissure sealants, place sealants (resins) or glass- ionomer cement over clinically intact enamel or enamel with signs of early breakdown. This can also be suitable where there is a micro-cavitation but the material is considered to have adequate mechanical properties to bridge any enamel breaches. 	Primary & permanent teeth Shallow and moderate [†] carious lesions that appear non-cavitated clinically, radiographically they might extend into dentine.
Hall Technique		 Preformed (stainless steel) crown is cemented over the primary molar tooth to seal dentine carious lesions 	Primary teeth Moderate [†] and deep* non- cavitated and cavitated proximal carious lesions, radiographically – 'clear' band of dentine between carious lesion and pulp. Permanent teeth Not indicated.
Non-Restorative Cavity Control	Non-Restorative Caries Treatment, Non-Operative Caries Treatment and Prevention, Slicing Technique	 Cavitated dentine carious lesions are transformed to cleansable forms that can be cleaned by the patient or parent/carer with a toothbrush. May or may not be supported by regular fluoride varnish application or placement of glass- ionomer based material. 	Primary & permanent teeth Cavitated dentine carious lesions that can be made cleansable; might not be restorable (for permanent teeth, might also be suitable for root surface caries).
Selective Removal to Soft Dentine	Partial, incomplete, minimally invasive or ultraconservative caries removal	 Pulpally; remove carious tissue until soft dentine is reached. Enough tissue is removed to place a durable restoration avoiding pulp exposure. Periphery of cavity; clean to hard dentine (similar to sound dentine). 	Primary & permanent teeth Deep carious lesions*.
Selective Removal to Firm Dentine	Partial caries removal, minimally invasive or incomplete caries removal	 Pulpally; remove carious tissue until leathery or firm dentine (resistant to hand excavator) is reached. Periphery of cavity; clean to hard dentine (similar to sound dentine). 	Primary & Permanent teeth Shallow and moderate dentine carious lesions [†] to allow adequate depth for a durable restoration.
Stepwise Removal	Stepwise caries removal, Stepwise excavation, 2-step caries removal	 Pulpally; Selective Removal to Soft Dentine during 1st step – remove carious tissue until soft dentine is reached. Enough tissue is removed to place a durable restoration avoiding pulp exposure. Periphery of cavity; clean until hard dentine is reached (similar to sound dentine). <i>Subsequently (6-12 months)</i> Pulpally; Selective Removal to Firm Dentine and place a long-term restoration. 	Primary teeth Not indicated – use Selective Removal to Soft dentine. Permanent teeth Deep carious lesions*.
Non-selective to Hard Dentine (not advocated)	Complete caries removal	 Pulpally & cavity periphery; carious tissue removal aims to remove all demineralised dentine to reach hard dentine, leaving no softened dentine. Considered over-treatment 	Primary & permanent teeth <u>Not advocated.</u>

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*Deep = radiographically involving the inner pulpal third or quarter of dentine, or with clinically assessed risk of pulpal exposure

⁺Shallow and moderate lesions involving the outer pulpal two thirds or three quarters of dentine radiographically, or where there is no risk of pulp exposure

- 588 Table 2. The 42 Individual terms for carious tissue removal/management techniques derived through
- 589 structured literature searching and consultation within the ICCC.

Arrestment of caries lesion in dentin	Non-restorative caries treatment	
ART	Non-restorative therapy	
Atraumatic restorative treatment	Non-surgical caries management	
Caries control achieved	One step complete caries removal	
Complete caries removal	One-step incomplete excavation	
Complete excavation	Partial caries removal	
Conservative treatment of deep caries lesions	Partial excavation	
Incomplete caries removal	Sealing in caries lesion	
Incomplete excavation	Sealing-in caries	
Indirect pulp cap	Sealing-in caries "using restorative materials/techniques" (resins, crowns, etc)	
Minimally invasive caries removal	Sealing-in caries using "non-restorative caries treatment" (e.g., sealants, infiltration)	
Minimally invasive indirect pulp therapy technique	Selective	
Minimally invasive operative approach	Selective excavation	
Minimally invasive operative caries management	Stepwise	
Minimum intervention dentistry	Stepwise caries removal	
No caries removal	Stepwise excavation	
No dentinal caries removal	Surgical	
Non-invasive management of caries lesions	Two-step complete excavation	
Non-mechanical removal of carious tissue	Two-step incomplete excavation	
Non-operative caries treatment and prevention	ultra-conservative treatment (cleaning sizable cavities with brush and paste in primary teeth) and small cavities restored with ART	
Non-operative management of caries lesion (arrest of caries lesion)	Unselective	

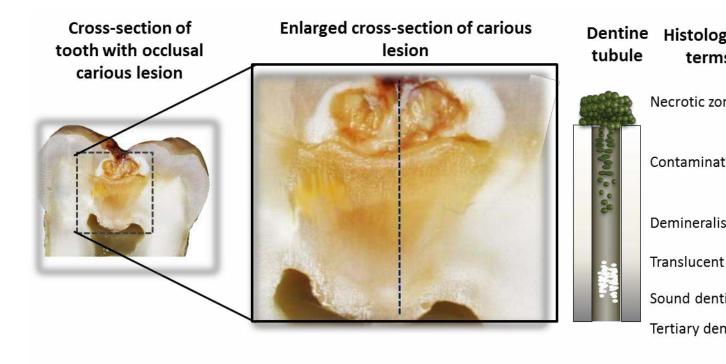


Figure 1. Diagrammatic representation of the carious lesion (after Ogawa et