

Mechanical and thermal properties of lightweight geopolymer composites

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Abstract

This research has investigated the properties of thermally insulating geopolymer composites that were prepared using waste expanded polystyrene as lightweight aggregate. The geopolymer matrix was synthesized using metakaolin and an alkaline activating solution. To improve its mechanical properties, this matrix was modified by the addition of an epoxy resin to form an organic-inorganic composite. Moreover, in order to reduce drying shrinkage marble powder was used as an inert filler. The materials obtained were characterized in terms of physico-mechanical properties, thermal performance and microstructure. The geopolymer expanded polystyrene composite have improved properties compared to Portland cement-based materials, with higher strengths and lower thermal conductivity. The research demonstrates the manufacture of sustainable lightweight thermally insulating geopolymer composites using waste expanded polystyrene.

Keywords: Expanded polystyrene, geopolymer, composite, thermal insulation.

1 **1. Introduction**

2
3 Expanded polystyrene (EPS) is an extremely lightweight thermoplastic that has low
4 thermal conductivity, high durability and low-cost. EPS is widely used in many thermal
5 insulation applications and as lightweight packaging [1]. The end of life recycling and
6 reuse options for EPS are limited and it is normally either landfilled or incinerated. This
7 can cause environmental problems in countries where appropriate standards are not
8 enforced [2]. Several recycling processes have been developed for EPS [3], but these often
9 require the use of hazardous solvents [4]. This research has investigated using waste EPS
10 as a lightweight aggregate in metakaolin derived geopolymer. The objective was to
11 develop lightweight thermally insulating materials with mechanical properties suitable for
12 use in non-structural applications. At the same time, a recycling option for EPS that allows
13 this material to remain in the economic cycle is provided through use in new sustainable
14 materials. Waste EPS has reduced environmental impact compared to many other types of
15 waste derived manufactured lightweight aggregates [5-11].

16 Previous research has investigated EPS in Portland cement composites [12-25].
17 These studies report that a substantial decrease in compressive strength is associated with
18 increasing the EPS content, and this requires the addition of materials, such as silica fume
19 and steel fibres to improve mechanical performance. The properties of EPS concrete
20 depend on the mix design and the EPS particle size distribution [26]. Increased shrinkage
21 and creep deformation are reported and result from a reduction in the restraint effect
22 compared to natural aggregates, which have much higher static modulus of elasticity [27-
23 30]. Additional issues related to EPS lightweight aggregate concrete are Eigen stress-
24 driven cracking and increased bulk shrinkage [31]. EPS-containing concrete has reduced
25 spalling resistance at high temperature due to thermal decomposition of EPS [18]. The
26 embedded CO₂ is increased with EPS addition due to the high carbon content of EPS
27 compared to normal inorganic cement binders and aggregates.

28 Several strategies have been proposed for reducing the embedded CO₂ in the built
29 environment [32-33]. Geopolymers are innovative binders that have been extensively
30 researched in recent years consisting of amorphous aluminosilicates that are synthesized
31 using alkaline activation of solid precursors such as fly ash [34–36], calcined clays [37-40]
32 and blast furnace slag [41-43]. Geopolymers are a potential alternative to traditional
33 Portland cement in selected applications, because they combine reduced environmental
34 impact with excellent mechanical properties. However, they have relatively low toughness

1 and low flexural strength and in order to improve these properties geopolymer composite
2 materials have been formed by the *in situ* co-reticulation of a geopolymer matrix with an
3 epoxy based organic resin [44–49]. These modified geopolymer materials show enhanced
4 compressive and flexural strength compared to normal geopolymers with analogous
5 compositions due to the synergistic effects between the inorganic and the organic phases
6 arising from interfacial forces at nanometre scale. The properties are controlled by
7 composition and processing method and these modified geopolymer materials have
8 potential to be used in structural [50], photo-catalytic [51], fire-resistant and thermal
9 insulating [52, 53] applications.

10 Lightweight geopolymers have been prepared with different mix proportions by
11 foaming [54] and using different lightweight aggregates [55-61]. In this research,
12 lightweight geopolymer concrete (LWGC) has been investigated using recycled EPS as
13 aggregate. Geopolymer matrix preparation used metakaolin (MK) and an alkaline
14 activating solution (AAS). Epoxy resins with tailored composition and stoichiometry were
15 added to obtain geopolymer organic composites. Waste calcium carbonate powder from
16 processing marble has been used as a filler as this improves the mechanical properties of
17 geopolymers and reduces drying shrinkage [63]. This waste is a major problem that effects
18 the environment [63]. The LWGC samples prepared were tested for physico-mechanical
19 and thermal properties and the interfacial zones between EPS particles and the geopolymer
20 matrix characterised by microstructural analysis.

22 **2. Materials and methods**

24 *2.1 Materials*

25 The composition of metakaolin (MK, Neuchem S.r.l.) sodium silicate solution (SS, Prochin
26 Italia S.r.l) and marble powder [64, 65] are shown in Table 1. Reagent grade sodium
27 hydroxide was supplied by Sigma-Aldrich and the epoxy resin (Epojet®) was supplied by
28 Mapei S.p.A. EPS was obtained from a waste treatment plant in Campania, Italy and
29 consisted of <5 mm particles with an apparent density of $1.6 \pm 0.3 \times 10^{-2} \text{ g/cm}^3$. The EPS
30 was from polystyrene seed trays used in agriculture and these were processed by milling to
31 produce EPS beads. Waste marble slurry was dried at 105 °C for 4 hours and milled to
32 produce marble powder (MP) with particle sizes ranging between 10 and 300 µm.

34 **Table 1**

1 Chemical composition (weight %) of the metakaolin (MK), marble powder (MP) and
2 sodium silicate solution (SS).

3

	Metakaolin	Marble powder	Sodium silicate
SiO ₂	52.90	1.12	27.40
Al ₂ O ₃	41.90	0.37	-
CaO	0.17	52.26	-
Fe ₂ O ₃	1.60	0.11	-
MgO	0.19	0.87	-
K ₂ O	0.77	0.10	-
Na ₂ O	-	0.14	8.15
Water	-	-	64.45
LoI	-	40.74	-

4 *LoI= Loss on Ignition

5

6 The compositions of the LWGC mixes are given in Table 2. The alkaline activating
7 solution was prepared by dissolving solid sodium hydroxide into the sodium silicate
8 solution. The solution was then allowed to equilibrate and cool for 24 hours. The
9 composition of the solution can be expressed as Na₂O·1.4SiO₂·10.5H₂O. Geopolymer
10 pastes were obtained by mixing MK for 10 minutes with the activating solution, at a solid
11 to liquid ratio of 1:1.4 by weight, using a Hobart mixer. EPS beads and MP were then
12 added and the system mixed for a further 5 minutes. This procedure was used for the
13 LWGC samples that did not contain epoxy resin. These were the GMK-65, GMK-MP-65,
14 GMK-72.5 and GMK-MP-72.5 mixes. GMK- XX samples contained EPS, where XX
15 refers to the amount of EPS v/v%. GMK- MP-YY samples are sample containing EPS and
16 MP, where YY refers to the sum of EPS and MP v/v%.

17 Epoxy resin geopolymer composites (GMK-E10-XX and GMK-E10-MP-YY) were
18 produced by adding 10 w/w % by weight of Epojet® resin to the freshly-prepared
19 geopolymer suspension and mixing for 5 minutes. Epojet® resin was cured at room
20 temperature for 10 minutes before adding to the geopolymer mix when it was workable
21 and before cross-linking and hardening had occurred.

22 After mixing the pastes were cast into prismatic (40 x 40 x 160mm) and cubic (100
23 x 100 x 100 mm) moulds and cured sealed at 40°C for 24 hours. The specimens were kept

1 sealed at room temperature for 6 days and then stored in air at room temperature for a
2 further 21 days.

3 **Table 2**

4 Composition (weight %) of the materials prepared in this research.

Sample	MK	SS	NaOH	Resin	MP filler*	EPS beads*	
						Wt.	Vol.
GMK-65	41.6	50.0	8.4	-	-	1.9	65.0
GMK-MP-65	41.6	50.0	8.4	-	7.5	1.7	63.3
GMK-72.5	41.6	50.0	8.4	-	-	2.8	72.5
GMK-MP-72.5	41.6	50.0	8.4	-	7.5	2.8	70.8
GMK-E10-65	37.4	45.0	7.6	10	-	1.9	65.0
GMK-E10-MP-65	37.4	45.0	7.6	10	7.5	1.7	63.3
GMK-E10-72.5	37.4	45.0	7.6	10	-	2.8	72.5
GMK-E10-MP-72.5	37.4	45.0	7.6	10	7.5	2.8	70.8

5 *Calculated with respect to geopolymer paste and/or geopolymer composite (with resin)
6 paste.

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9 *2.2 Methods*

10 The apparent density of samples was determined as the ratio of the mass to a given
11 volume by hydrostatic weighing using an OHAUS-PA213 balance. The compressive and
12 flexural strengths were evaluated according to EN 196-1. The tests were performed after
13 28 days curing and the values reported are the average of six strength tests. Flexural
14 strength tests on prismatic samples used a Controls MCC8 multipurpose testing machine
15 with a capacity of 100 kN. Compressive strength measurements on cubic samples used a
16 Controls MCC8 hydraulic console with 2000 kN capacity. Thermal conductivity tests were
17 performed on 100 x 100 x 100 mm cube samples using a Hot Disk M1 analyser (Thermal
18 Instruments Ltd). This is a non-destructive test based on the transient plane source
19 technique according to ISO 22007-2:2015. Microstructural analysis by scanning electron
20 microscopy (SEM) used a Phenom Pro X Microscope on freshly prepared fracture
21 surfaces. Optical images were obtained from polished surfaces.

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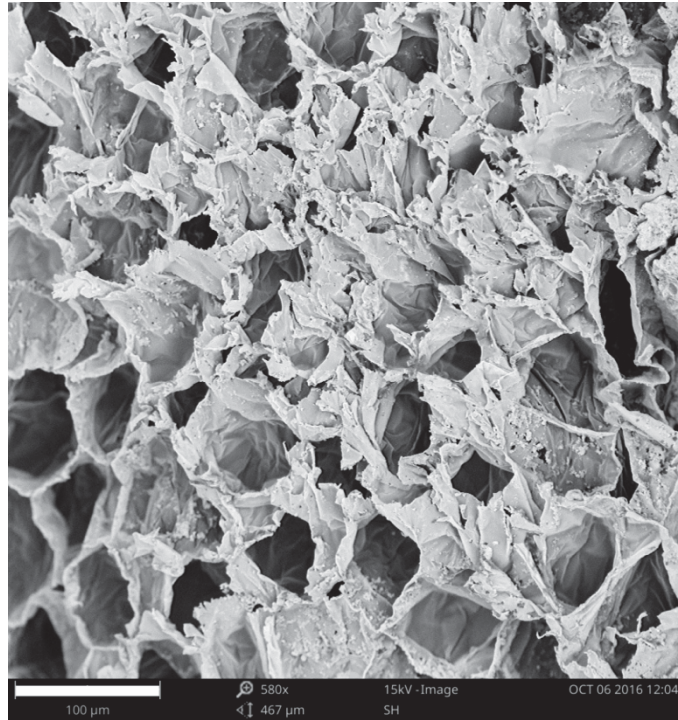
23 **3. Experimental results and discussion**

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2 *3.1 Morphological characterization*

3 Figure 1 is a SEM image of an EPS particle showing the typical cellular structure [66].

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6 **Fig. 1.** SEM image of an EPS particle. Scale bar is 100μm

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8 Due to the grinding process, these cells are not evenly distributed and vary in dimensions.

9 Figure 2 shows optical micrographs of polished surfaces of GMK-72.5 and GMK-E10-
10 72.5 samples.

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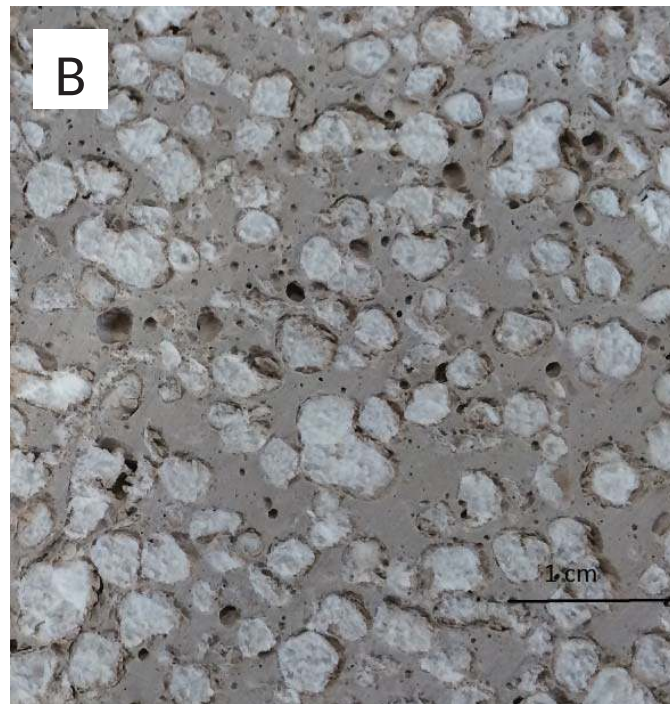
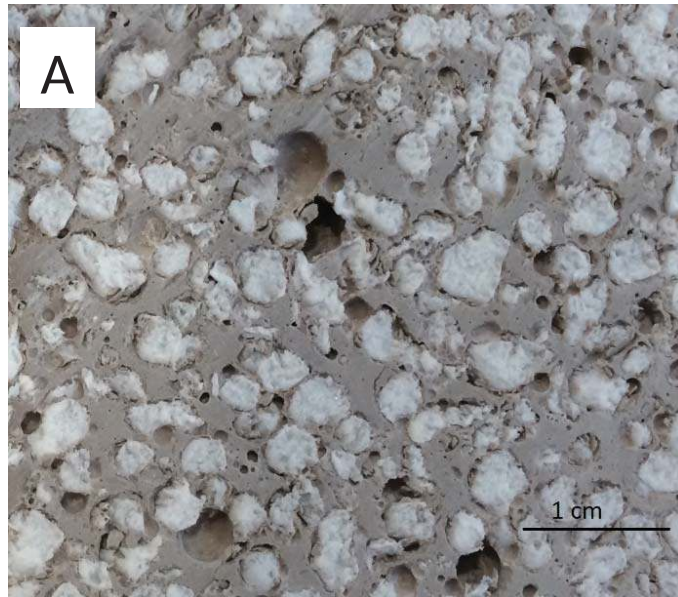


Fig. 2. Optical micrograph of polished surfaces of A) GMK-72.5 and B) GMK-E10-72.5.

The EPS beads are embedded in the geopolymer matrix and distributed uniformly with no evident aggregation phenomena. Moreover, the specimens show a compact structure with no cracking, as confirmed by SEM images of these samples that was used in order to investigate in detail the microstructure of the samples and the bonding characteristics between the geopolymer matrix and EPS particles and MP aggregate (Figure 3). This demonstrates that at microscopic level, the matrix is compact and homogeneous. The SEM images in Figures 3 (A and A', sample GMK-72.5) indicate that there is very good

1 adhesion between EPS particles and the matrix. EPS particles are completely embedded in
2 the geopolymer and it is difficult to clearly identify the interface. This compatibility was
3 obtained without the use of any additives.

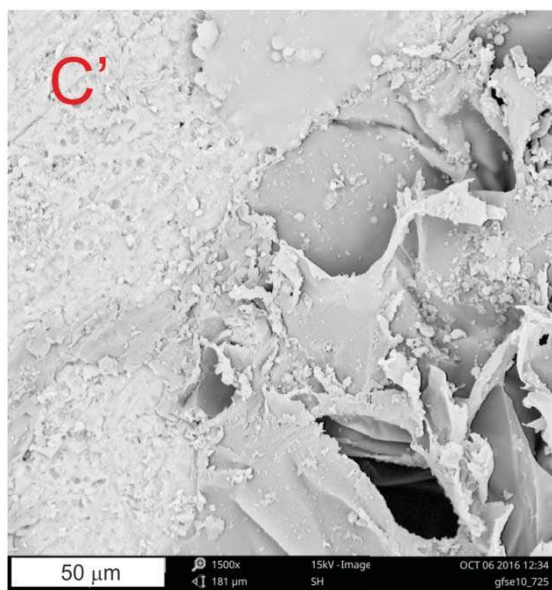
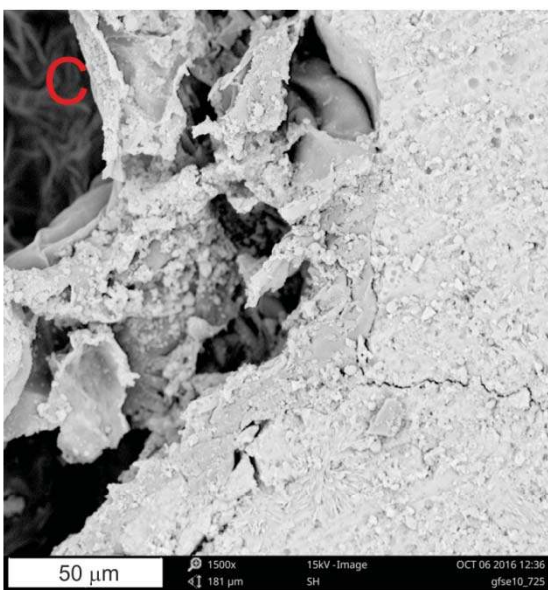
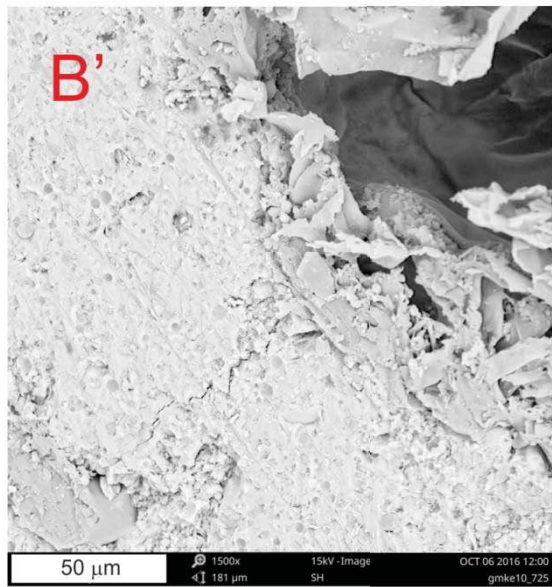
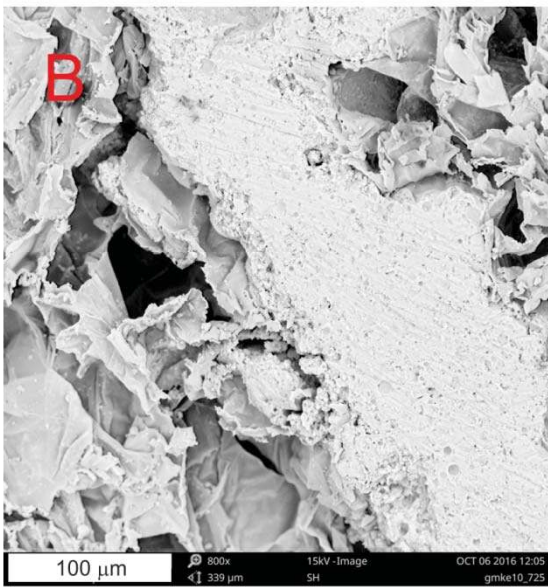
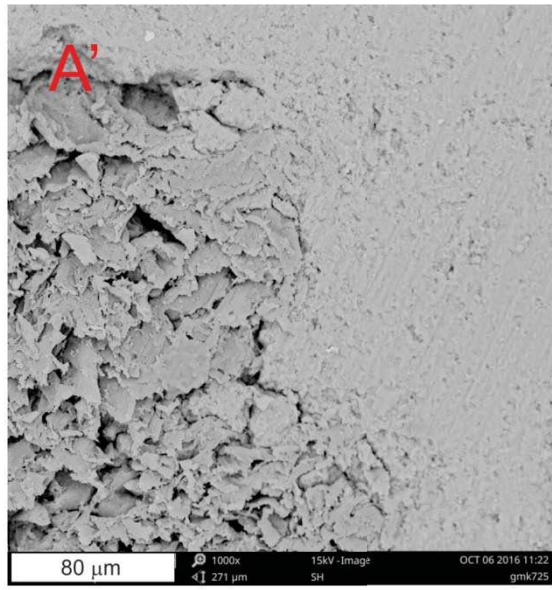
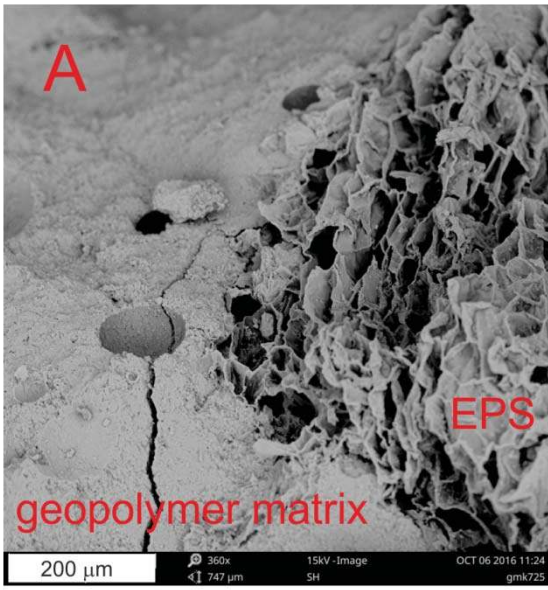
4 The adhesion between EPS particles and the matrix is also good for samples
5 prepared using the composite matrix containing epoxy resin (Figure 3B, B', sample GMK-
6 E10-72.5). The major difference is in the matrix microstructure, which shows the presence
7 of microspheres of resin of various sizes as discussed in our previous work [47].

8 The addition of MP (Figure 3C, C', sample GMK-E10-MP-72.5) as filler does not
9 compromise the bonding between phases in the geopolymer matrix thus not affecting
10 significantly the microstructure. The particles are well dispersed and the strong adhesion
11 improves the mechanical properties.

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1 **Fig. 3.** SEM images of an interface area between an EPS particle embedded in the
2 geopolymer matrix: **A, A'**) neat geopolymer matrix (sample GMK-72.5); **B, B'**) composite
3 geopolymer matrix (sample GMK-E10-72.5); **C, C'**) composite geopolymer matrix
4 containing also marble powder (sample GMK-E10-MP-72.5). In all cases a very good
5 adhesion between EPS particles and the matrix is apparent.
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7 8 *3.2 Physico-mechanical characterization.*

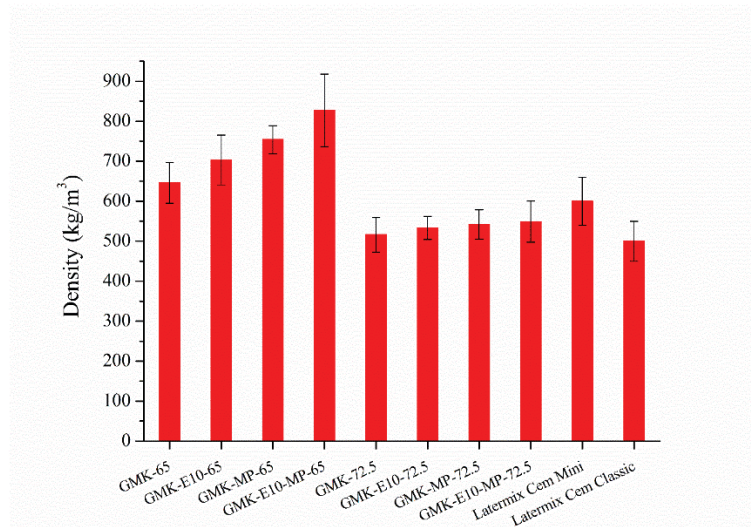
9 Figure 4a shows the apparent density of samples. As expected, density decreases as the
10 content of EPS aggregate increases. Samples with 65% volume of aggregates had densities
11 ranging from $646 \pm 51 \text{ kg/m}^3$ (GMK-65) to $827 \pm 91 \text{ kg/m}^3$ (GMK-E10-MP-65). Samples
12 with a 72.5 % volume content of aggregates had densities ranging from $516 \pm 43 \text{ kg/m}^3$
13 (GMK-72.5) to $549 \pm 52 \text{ kg/m}^3$ (GMK-E10-MP-72.5). For neat geopolymer samples
14 (GMK-65 and GMK-72.5), increasing the volumetric content of EPS by less than 10%
15 turns out in a decreased of the density by $\sim 20\%$. More pronounced decreases in density
16 were observed for the samples containing epoxy resin and MP. In particular,
17 correspondingly to the same increase of EPS content, the samples with epoxy resin in the
18 geopolymer matrix (GMK-E10-65 and GMK-E10-72.5) showed a decrease of density
19 $\sim 24\%$, while in the case of the addition of MP (GMK-MP-65 and GMK-MP-72.5), the
20 decrease of density is $\sim 27\%$. Finally, in the case of the addition of both organic resin and
21 MP (GMK-E10-MP-65 and GMK-E10-MP-72.5) the decrease of density is $\sim 33\%$.
22 Moreover, from the data reported in Figure 1, it is apparent that the organic resin and MP
23 additions have a more limited influence on the density of samples containing 72.5% EPS
24 in respect to those at lower EPS content (for example, the addition of the organic resin and
25 MP turns out in an increase of density of $\sim 28\%$ in the case of the samples with 65% vol of
26 EPS beads and of only 6% in the samples with 72,5% vol of EPS) .

27 The geopolymer samples had comparable densities to EPS-containing Portland
28 cement matrices [14] and commercial EPS-containing concrete mixtures for which values
29 around 1000 kg/m^3 are reported [67]. The mechanical performance of EPS-containing
30 geopolymer concrete correlates with density. The volumetric content of aggregate
31 influences both compressive and flexural strengths (Figure 4b, c). The compressive
32 strengths (Figure 4b) of LWGC samples containing 65% volume of EPS beads ranged
33 from 3.4 ± 0.5 to $6.0 \pm 1 \text{ MPa}$, while for higher EPS volumes (72.5%) compressive
34 strengths ranged from 1.8 ± 0.3 to $2.4 \pm 0.2 \text{ MPa}$. It is apparent that the addition of both
35 marble powder and epoxy resin significantly improved the mechanical properties of

1 samples. The best compressive strength values were obtained for specimens GMK-E10-
2 MP-65 and GMK-E10-MP-72.5, and the values obtained were comparable to commercial
3 alternatives [67] and greater than the literature data on EPS-containing Portland cement
4 composites.

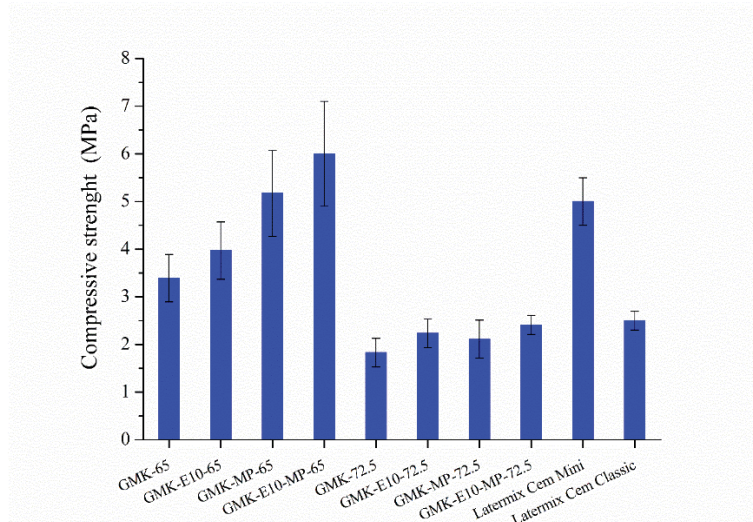
5 A similar trend to compressive strength was observed for flexural strength (Figure
6 4c). For EPS contents of 65% the flexural strength varied from 0.32 ± 0.08 MPa for
7 geopolymer samples to 0.6 ± 0.1 MPa for composite matrix samples with MP. With greater
8 EPS contents (72.5%) the flexural strength ranged from 0.22 ± 0.07 to 0.33 ± 0.09 MPa
9 and only a minor improvement in mechanical properties was associated with the addition
10 of MP and epoxy resin. It could be argued that in these samples with higher EPS content,
11 the very poor mechanical properties and high compressibility behaviour of polystyrene
12 particles neutralize the beneficial effect on the mechanical properties of the addition of
13 epoxy resin and MP (that instead is evident in the set of samples with lower EPS content)
14 by causing the formation of micro-cracks at the interface between the geopolymer matrix
15 and the EPS particles.

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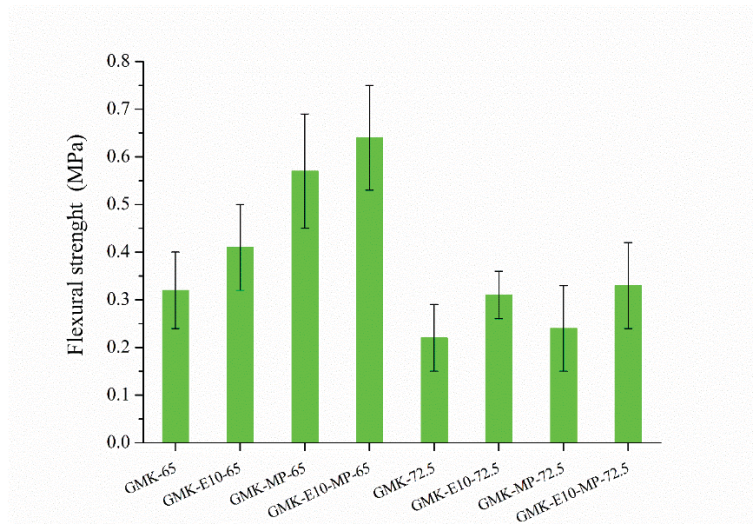


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4 **Fig.4:** Apparent density (a), compressive strength (b) and flexural strength (c) of LWGC
5 samples prepared. In a) and b), the data for two commercial products (Latermix Cem
6 Mini© and Latermix Cem Classic©, [http://www.laterlite.es/wp-](http://www.laterlite.es/wp-content/uploads/2014/03/General-Catalogue.pdf)
7 [content/uploads/2014/03/General-Catalogue.pdf](http://www.laterlite.es/wp-content/uploads/2014/03/General-Catalogue.pdf)) are also reported for comparison.

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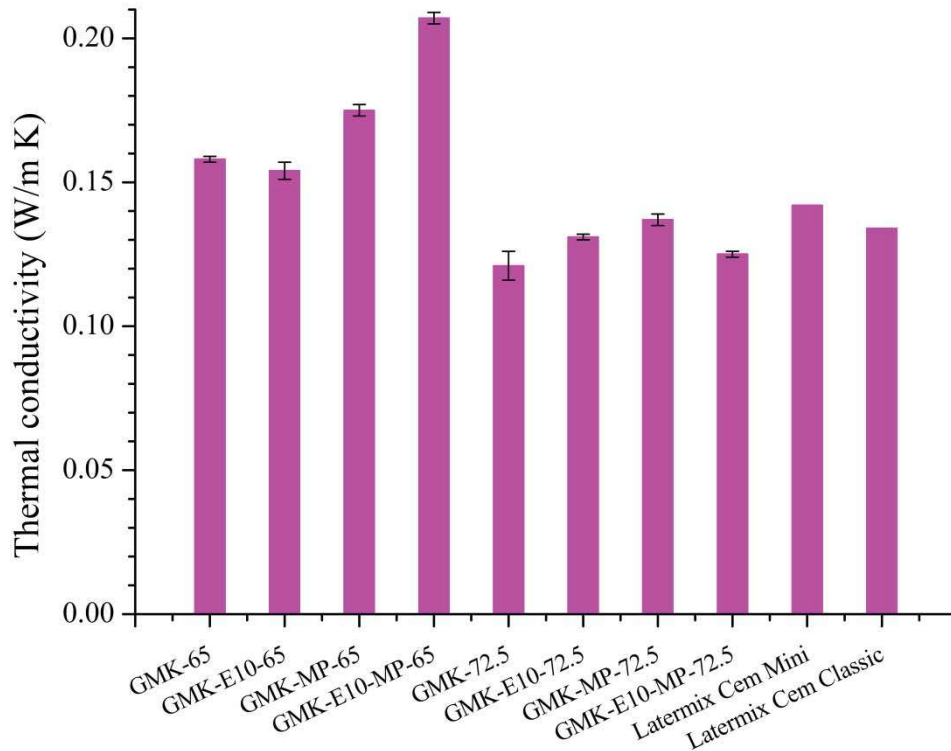
9 3.3 Thermal properties

10 Figure 5 shows thermal conductivity data for the LWGC samples prepared in this study.
11 As for density data (Figure 4a), two different groups of specimens can be identified.
12 Samples containing 65 v/v% of aggregates had greater thermal conductivity than the
13 samples containing 72.5 v/v% of EPS. For example, sample GMK-65 had a thermal
14 conductivity of 0.158 ± 0.001 W/m·K while sample GMK-72.5 had a thermal conductivity
15 of 0.121 ± 0.001 W/m·K, a 23.4% reduction. It is apparent that, as expected, the presence
16 of EPS particles causes a significant reduction in thermal conductivity. The correlation
17 between thermal conductivity and density for LWGC samples is shown in Figure 6. The

1 samples with the highest thermal conductivity (0.207 ± 0.001 W/m·K) was sample GMK-
 2 E10-MP-65 which had the highest bulk density (827 ± 91 kg/m³), while the sample with
 3 the lowest thermal conductivity (0.121 ± 0.001 W/m·K), sample GMK-72.5, had the lowest
 4 density. The influence of MP and epoxy resin on thermal conductivity is not clear as these
 5 are minor components in the samples tested.

6 The addition of MP and epoxy resin to geopolymers produced LWGC with
 7 significantly improved mechanical properties compared to lightweight mortars made with
 8 Portland cement with similar thermal conductivity. For example, sample GMK-72.5
 9 retained good mechanical properties and had very low thermal conductivity (0.121 ± 0.001
 10 W/m·K). This is 15% lower than Portland cement based commercial products with similar
 11 density. [67]. The reduction in thermal conductivity increases to 92% when compared to
 12 analogous materials with the same density that had poor mechanical properties compared
 13 to the samples prepared in this study [19].

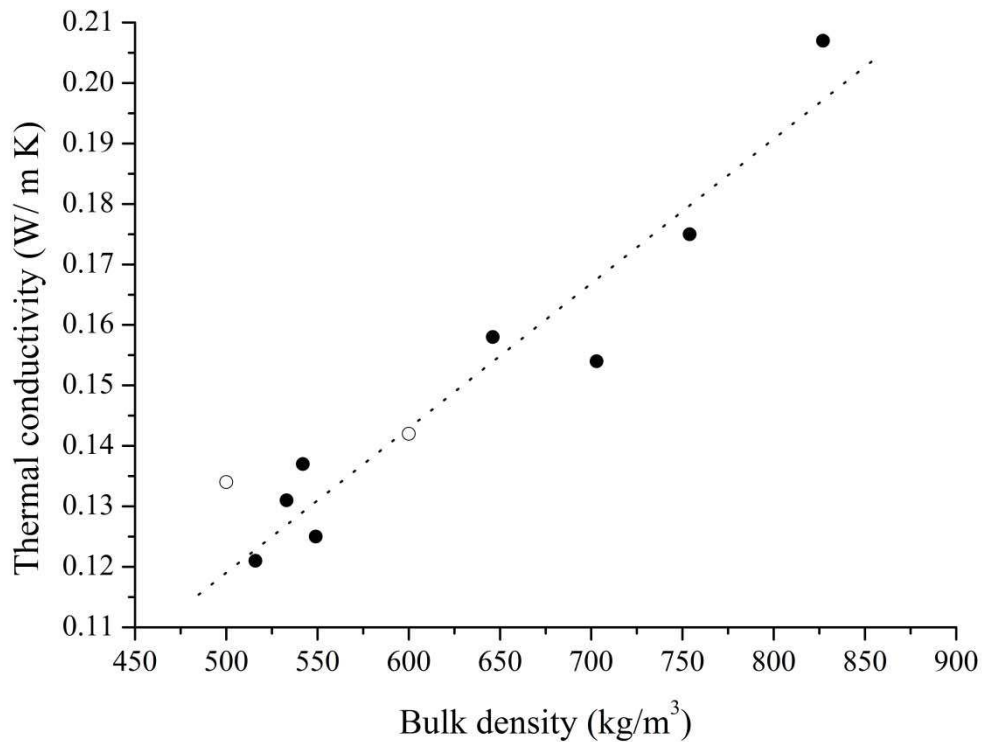
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16 **Fig. 5.** Thermal conductivity of LWGC samples. Data for two commercial products
 17 (Latermix Cem Mini© and Latermix Cem Classic©), are also reported for comparison.
 18 [67]

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2 **Fig. 6.** Correlation between thermal conductivity and density of LWGC samples: full
 3 circles (●) are related to LWGC samples; empty circles (○) are related to two commercial
 4 products (Latermix Cem Mini© and Latermix Cem Classic©, [67]).

5

6 **4. Conclusions**

7

8 Lightweight thermally insulating materials based on geopolymer concrete containing
 9 expanded polystyrene (EPS) as insulating aggregate were prepared and characterized. The
 10 microstructural characterization showed a homogeneous structure with EPS beads
 11 uniformly dispersed and embedded in the geopolymer matrix. Compressive and flexural
 12 strengths decreased with increasing EPS content. The addition of an organic resin to the
 13 geopolymer significantly increased both compressive and flexural strengths. A similar
 14 effect was observed with the addition of marble powder. All samples studied were
 15 characterized by very low thermal conductivity. This was much lower than analogous
 16 lightweight materials with similar densities reported in the literature. The research has
 17 demonstrated the production of geopolymer matrix EPS composites that are lightweight
 18 thermally insulating materials with excellent mechanical properties.

19

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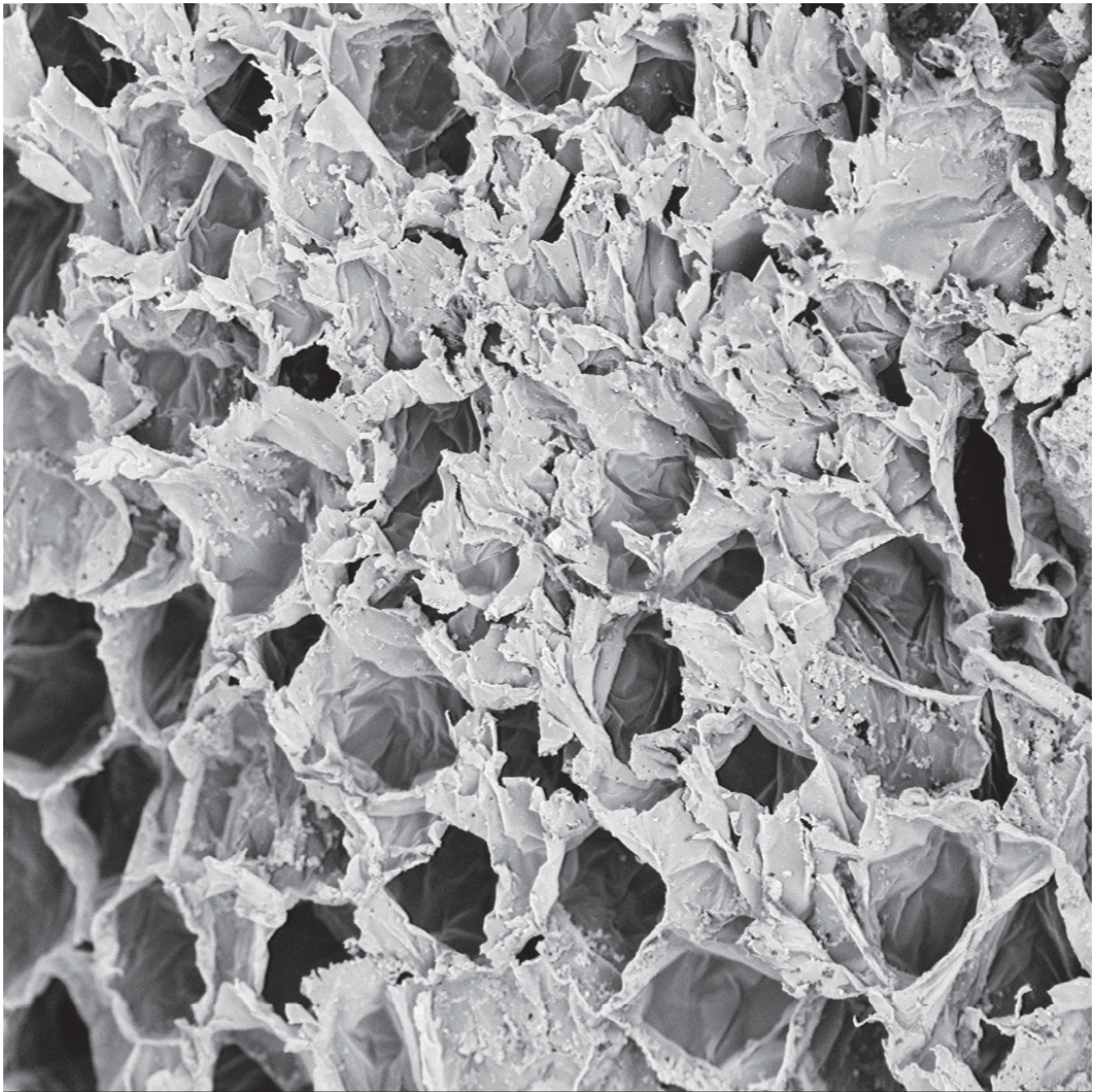
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