

1 **Mechanisms of barrier layer formation and erosion from in situ**  
2 **observations in the Bay of Bengal**

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## ABSTRACT

30 During the Bay of Bengal (BoB) Boundary Layer Experiment (BoBBLE) in  
31 the southern BoB, time series of microstructure measurements were obtained  
32 at 8°N, 89°E from 4–14 July, 2016. These observations captured events of  
33 barrier layer (BL) erosion and re-formation. Initially, a three-layer structure  
34 was observed: a fresh surface mixed layer (ML) of thickness 10–20 m; a BL  
35 below of 30–40 m thickness with similar temperature but higher salinity; a  
36 high salinity core layer, associated with Summer Monsoon Current. Each of  
37 these three layers was in relative motion to the others, leading to regions of  
38 high shear at the interfaces. However, haline stratification overcame the desta-  
39 bilizing influence of the shear regions, and preserved the three-layer structure.  
40 A salinity budget using in-situ observations suggested that during the BL ero-  
41 sion, high salinity surface waters (34.5 PSU) with weak stratification were  
42 advected to the time series location and replaced the three-layer structure  
43 with a deep ML (~60 m). Weakened stratification at the time series loca-  
44 tion also allowed atmospheric wind forcing to penetrate deeper. Turbulent  
45 kinetic energy dissipation rate and eddy diffusivity showed elevated values  
46 above  $10^{-7}$  W kg<sup>-1</sup> and  $10^{-4}$  m<sup>2</sup> s<sup>-1</sup>, respectively, in the upper 60 m. Later,  
47 the surface salinity decreased again (33.8 PSU) through horizontal advection,  
48 stratification became stronger and elevated mixing rates were confined to the  
49 upper 20 m, and the BL re-formed. A 1D model analysis suggests that in the  
50 study region, advection of temperature-salinity characteristics is essential for  
51 the maintenance of BL and to the extent to which mixing penetrates the water  
52 column.

## 53 **1. Introduction**

54 The Bay of Bengal (BoB) is a semi-enclosed sea in the North Indian Ocean char-  
55 acterized by strong surface layer stratification (Shetye et al. 1991, 1996; Shenoi et al.  
56 2002). The strongest stratification occurs during the summer monsoon in the northern  
57 BoB where heavy rainfall and river influx result in a low salinity surface layer (Vinay-  
58 achandran et al. 2002; Rao and Sivakumar 2003; MacKinnon et al. 2016). In contrast to  
59 the northern BoB, the southern BoB receives less rainfall and therefore surface salinity  
60 is higher (Matthews et al. 2015; Das et al. 2016). The Summer Monsoon Current (SMC)  
61 flowing from the Arabian Sea to the south of Sri Lanka carries high salinity water to  
62 the southern BoB (Murty et al. 1992; Vinayachandran et al. 1999; Jensen 2003; Webber  
63 et al. 2018). Arabian Sea High Salinity Water (ASHSW) entering the southern BoB  
64 subducts below the BoB surface water and flows northward. This subducted ASHSW  
65 creates a subsurface salinity maximum in the upper thermocline region (Vinayachandran  
66 et al. 2013; Jain et al. 2017).

67 A strong halocline associated with the presence of a freshened surface layer over a  
68 saline subsurface layer results in the formation of a barrier layer (Lukas and Lind-  
69 strom (1991); Vinayachandran et al. (2002); Thadathil et al. (2007); Sengupta and  
70 Ravichandran (2001)). The barrier layer is defined as the region between the mixed  
71 layer depth (MLD) and the isothermal layer depth. The barrier layer forms because  
72 of the salinity induced stratification, and is observed in many parts of the world ocean  
73 (Lukas and Lindstrom 1991; Sprintall and Tomczak 1992; You 1995; Kara et al. 2000;  
74 de Boyer Montégut et al. 2007; Mignot et al. 2007; Durand et al. 2007). When a barrier  
75 layer is present, the water entrained into the mixed layer originates from the isothermal

76 layer and the SST of the mixed layer is not affected. Barrier layer formation and decay  
77 are important for climate as they regulate the intra-seasonal oscillations of the monsoon  
78 (Thadathil et al. 2016; Li et al. 2017). The barrier layer controls the heat budget of the  
79 mixed layer by acting as a barrier for the penetration of surface forcing to the deeper  
80 layer (Shenoi et al. 2002; Akhil et al. 2014; Chowdary et al. 2015). The barrier layer  
81 also plays a significant role in the intensification of tropical cyclones (Balaguru et al.  
82 2012; Yan et al. 2017), and regulates chlorophyll blooms as it acts as a barrier to nutri-  
83 ent supply (Vidya et al. 2017).

84 Among the barrier layers observed in the tropical oceans, one of the most frequent  
85 and thickest occurs in the northern BoB (de Boyer Montégut et al. 2007; Mignot et al.  
86 2007). Owing to the large salinity gradient between the surface layer and the top of the  
87 thermocline, the stratification in the barrier layer of the northern BoB is also one of the  
88 strongest (Shetye et al. 1996; Maes and O’Kane 2014; MacKinnon et al. 2016). In the  
89 southern BoB, especially the eastern part, barrier layer formation is relatively weaker  
90 (Girishkumar et al. 2011; Thangaprakash et al. 2016; Vinayachandran et al. 2018).

91 Despite its importance, studies of barrier layer formation and decay using in situ mea-  
92 surements of mixing are sparse and mostly limited to rain induced stratification in the  
93 surface layer (Smyth et al. 1997; Callaghan et al. 2014; Drushka et al. 2016). A major  
94 reason for this is the lack of direct turbulence and mixing observations, particularly in  
95 the BoB. In the BoB, measurements of vertical mixing have been made in the north (Lu-  
96 cas et al. 2016; Mahadevan et al. 2016) and near Sri Lanka (Jinadasa et al. 2016). Here  
97 we present micro-structure measurements that captured the erosion of the barrier layer  
98 and its re-formation during a 10-day time series in the southern BoB during the summer  
99 monsoon of 2016. The data have been used to understand the characteristics of mixing

100 in the barrier layer, and the mechanism of barrier layer formation and erosion. Our data  
101 suggest that the advection of high salinity surface waters by the SMC to the southern  
102 BoB has an important role in the barrier layer erosion.

103 The paper is organized as follows: The measurements and methodologies are de-  
104 scribed in Section 2. Observations of barrier layer formation and erosion are presented  
105 in Section 3. Formation mechanisms of the barrier layer and its turbulent characteristics  
106 are addressed in Section 4. Section 5 details the mechanism of barrier layer erosion.  
107 A 1D model analysis is presented in Section 6. The summary and conclusions of the  
108 present study are given in Section 7.

## 109 **2. Methods and field campaign**

110 The Bay of Bengal Boundary Layer Experiment (BoBBLE; Vinayachandran et al.  
111 (2018)) was carried out onboard ORV Sindhu Sadhana from 25 June to 24 July, 2016  
112 in the southern BoB. The field campaign included 10 days of time series observations  
113 at 8°N, 89°E from 4–14 July, 2016 (Fig. 1). The time series location was near to the  
114 RAMA (Research Moored Array for African-Asian-Australian Monsoon Analysis and  
115 Prediction) mooring at 8°N, 89°E in the southern BoB. During the time series, a loosely  
116 tethered vertical micro-structure profiler (VMP250, Make: Rockland Scientific, Canada)  
117 was used, and profiles were measured at local time 5 AM, 9 AM, 1 PM, 5:30 PM and  
118 11:30 PM each day down to a depth of 250 m. Each VMP250 station consisted of 2 to  
119 3 successive profiles with an interval of 15 minutes. The VMP250 was equipped with  
120 two airfoil shear probes and standard oceanographic conductivity and temperature sen-  
121 sors (CT, JFE Advantech). The shear probes measure high frequency horizontal velocity  
122 fluctuations, which were further processed for estimating the local turbulent kinetic en-

123 ergy (TKE) dissipation rate ( $\epsilon$ ) following the standard processing technique assuming  
 124 isotropic turbulence (Roget et al. 2006). The representative profile of temperature, salin-  
 125 ity, and  $\epsilon$  at each VMP250 station was obtained by averaging all the respective profiles  
 126 at each station. These temperature, salinity profiles were binned to 1 m depth and  $\epsilon$  pro-  
 127 files were binned to 3 m. Because of the significant generation of artificial turbulence  
 128 by the ship,  $\epsilon$  in the upper 10 m were removed.

129 Diapycnal diffusivity was calculated using the Osborn (1980) relation,  $K_p = \Gamma\epsilon/N^2$ .  
 130 Here mixing efficiency  $\Gamma$  was taken as a constant (0.2) following Gregg et al. (2018).  
 131 This value facilitates the comparison with previous studies (e.g. Waterhouse et al.  
 132 (2014)). Squared buoyancy frequency (Brunt Vaisala Frequency,  $N^2$ ) is calculated as  
 133  $N^2 = \frac{-g}{\rho} \frac{\partial \rho}{\partial z}$ , where  $g$  is acceleration due to gravity,  $\rho$  is the observed density of sea wa-  
 134 ter calculated using the station averaged temperature and salinity profiles, and  $z$  is the  
 135 depth. To understand the relative contribution of temperature and salinity to stratifica-  
 136 tion,  $N^2$  can be decomposed as sum of the thermal ( $N_T^2$ ) and haline ( $N_S^2$ ) stratification,  
 137  $N^2 = N_T^2 + N_S^2 = g\alpha \frac{\partial T}{\partial z} - g\beta \frac{\partial S}{\partial z}$  (Maes and O’Kane 2014), where  $T$  is temperature,  $S$  is  
 138 salinity, and  $\alpha$  and  $\beta$  are thermal expansion and haline contraction coefficients respec-  
 139 tively. The diapycnal salt flux is calculated as  $J_s = \rho K_p \frac{\partial S}{\partial z} \times 1000$ , in  $\text{mg m}^{-2} \text{s}^{-1}$ .

140 In order to attain a larger view of background hydrography during the time series ob-  
 141 servations, westward and southward sections were made using an Ocean Science Under-  
 142 way CTD (uCTD) from the time series location every evening (Fig. 1 inset). The uCTD  
 143 was equipped with SBE (Sea Bird Electronics) temperature and salinity sensors. Post  
 144 processing of uCTD data was done following Ullman and Hebert (2014), and binned the  
 145 temperature-salinity profiles to 1 m. The sections covered roughly 10 km, and consisted  
 146 of 6–7 nearly equally spaced profiles of temperature and salinity. Current velocities

147 were measured using a vessel-mounted 150 kHz Teledyne RDI Ocean Surveyor acous-  
 148 tic Doppler current profiler (ADCP) during the cruise. Richardson number is defined  
 149 as,  $Ri = N^2/S^2$ , where vertical shear is  $S^2 = u_z^2 + v_z^2$ ,  $u$  and  $v$  are zonal and meridional  
 150 velocity components, and subscript  $z$  represents the vertical gradient. Representative  
 151 profiles of current vectors at each station were obtained by averaging the 2 m binned  $u$ ,  $v$   
 152 profiles for the vertical microstructure profiler observation period, which was roughly 45  
 153 minutes. The shear was calculated using station averaged  $u$ ,  $v$  profiles and interpolated  
 154 to the depth of  $N^2$  profiles to get the  $Ri$ .

155 The MLD was calculated as the depth where the density is equal to the sea surface  
 156 density plus an increment in density equivalent to  $0.8^\circ\text{C}$  (Kara et al. 2000; Girishkumar  
 157 et al. 2011; Thangaprakash et al. 2016). The isothermal layer is defined as the depth  
 158 where the temperature is  $0.8^\circ\text{C}$  less than SST, and the barrier layer is the layer between  
 159 the base of the isothermal layer and the base of the mixed layer. This definition of  
 160 the isothermal layer ensures that in the absence of haline stratification, the MLD and  
 161 isothermal layer depth are identical. Data from an automated weather station (AWS)  
 162 installed on-board was used to compute the atmospheric fluxes following the Coupled  
 163 Ocean-Atmosphere Response Experiment (COARE) 3.0 algorithm (Fairall et al. 2003).

164 Salinity budget of upper 60 m is attempted using insitu observations. Following Feng  
 165 et al. (1998), vertically integrating the salinity tendency equation (assuming no horizon-  
 166 tal mixing) from a fixed depth  $h$  to surface gives the form  $\int_{-h}^0 \frac{\partial S}{\partial t} dx = -\int_{-h}^0 (\mathbf{u} \cdot \nabla S +$   
 167  $w \frac{\partial S}{\partial z}) dz - S_0(P - E) - K_p \frac{\partial S}{\partial z}$ , where  $S$  is the salinity and  $\mathbf{u} = (u, v)$  the horizontal ve-  
 168 locity,  $h$  is the depth of the lower boundary (60 m),  $x$  is positive eastward,  $y$  is positive  
 169 northward and  $z$  is positive upward.  $u$ ,  $v$ , and  $w$  are zonal, meridional, and vertical veloc-  
 170 ities, respectively.  $E$  the evaporation,  $P$  the precipitation, and  $S_0$  is the surface salinity.



171 All upward fluxes are positive. The left hand side (LHS) of the equation represents the  
172 salinity tendency. First term in the right hand side (RHS) of the equation represents  
173 three-dimensional advection and second term is the surface fluxes. The third term on the  
174 RHS represent vertical turbulent transport. Vertical velocity  $w$  is calculated assuming  
175 adiabatic motion in the density equation  $w \frac{\partial \rho}{\partial z} = -\frac{\partial \rho}{\partial t} - u \frac{\partial \rho}{\partial x} - v \frac{\partial \rho}{\partial y}$ . In the mixed layer  $w$   
176 is considered to be linearly decreasing to zero at the surface. All the spatial and temporal  
177 gradients of salinity/density were estimated using the linear fit of daily uCTD sections  
178 and time series VMP250 observations, respectively. Details of the estimation of each  
179 terms in the salinity budget equation are given in the Appendix.

180 Surface currents from OSCAR (Ocean Surface Current Analysis Real-time, Lagerloef  
181 et al. (2002)) and satellite derived sea surface salinity from SMAP (Soil Moisture Active  
182 Passive, Entekhabi et al. (2010)) mission were also used to quantify the advection of  
183 high/low salinity surface waters in to the study region.

### 184 **3. Observations**

#### 185 *a. Background*

186 The BoB during the summer monsoon is typically characterized by intraseasonal os-  
187 cillations in winds and SST (Sengupta and Ravichandran 2001). The time series obser-  
188 vations in BoBBLE were carried out during a suppressed phase of the boreal summer  
189 intraseasonal oscillation (BSISO; Lee et al. (2013)). There was no rainfall during the  
190 time series, and winds were steady southwesterlies with weak to moderate wind speed.  
191 Further details of the atmospheric conditions during BoBBLE can be found in Vinay-  
192 achandran et al. (2018).

193 The principal feature of circulation in the southern BoB during the period of observa-  
194 tion (4–14 July, 2016) was the presence of a fully developed SMC, with speeds of 0.5 to  
195  $1 \text{ m s}^{-1}$  (Fig. 1), carrying high salinity water from the Arabian Sea to the southern BoB.  
196 The SMC appeared as an eastward current south of Sri Lanka, and as it entered the BoB,  
197 it took a northeastward path. The SMC further forked into two main eastward branches,  
198 first at  $6^{\circ}\text{N}$ ,  $87^{\circ}\text{E}$  and then at  $8^{\circ}\text{N}$ ,  $87^{\circ}\text{E}$ , while the main core proceeded northwestward  
199 and fed an anticyclonic eddy centered at  $10^{\circ}\text{N}$ ,  $87^{\circ}\text{E}$ . The time series location was lo-  
200 cated at a relatively quiescent region to the east of the core of the SMC with the mean  
201 surface current being southeastward (Fig. 1 inset). The SMAP surface salinity suggests  
202 that the time series location was surrounded by relatively low saline waters ( $<34$  PSU),  
203 except towards the southeast and northwest where it was approximately 34.5 PSU.

#### 204 *b. Thermohaline variability*

205 In this section, the basic temporal variability of the thermohaline structure of the upper  
206 layers during the observational period is presented. The time–depth section of salinity  
207 (Fig. 2b) shows two freshening events (4–5 July and 10–14 July, 2016) separated by  
208 a salinisation event (6–9 July, 2016). During the freshening events, a cooler ( $< 29^{\circ}\text{C}$ ;  
209 Fig. 2a) and saline ( $> 34$  PSU) subsurface layer was capped by an approximately 20 m  
210 thick surface layer of less saline ( $< 34$  PSU) and warmer ( $> 29^{\circ}\text{C}$ ) water. The MLD was  
211 confined to the base of the low salinity surface layer during both the freshening events.  
212 However, the isothermal layer penetrated to 60 m, the depth of the  $\sim 35$  PSU isohaline.  
213 The deeper isothermal layer and shallow mixed layer resulted in the formation of a  
214 barrier layer of 30–40 m thickness. During the salinisation event, the surface salinity  
215 increased from 33.84 to 34.35 over two days (from 05 July 6 PM to 07 July 1 PM, 2016

216 local time). The event was accompanied by an increase in MLD from 20 m to 60 m  
217 and barrier layer erosion. The eroded barrier layer then reformed as the surface salinity  
218 decreased from 34.35 to 33.8 PSU during the period 7–10 July, 2016, associated with  
219 the MLD shallowing from 60 m to 20 m. Overall, the periods of barrier layer erosion  
220 at the time series location were characterized by both salinisation and deepening of the  
221 mixed layer. On the other hand, when a prominent barrier layer was present, surface  
222 waters were less saline, and the MLD was shallow.

223 The time–depth section of density (Fig. 2c) shows that the presence of the low salinity  
224 surface layer during the freshening events resulted in density stratification. This is quan-  
225 tified by  $N^2$  (Fig. 2d), which depicted two maxima: one at the base of the low salinity  
226 surface layer, and the other at the base of the barrier layer. However, during the erosion  
227 of the barrier layer, there was only one stratification maximum, at 60 m. The  $N^2$  maxi-  
228 mum noted at the base of the barrier layer is associated with the subsurface high salinity  
229 core (Fig. 2b).

### 230 *c. Currents*

231 Here, the observed velocity structure is discussed in relation to the thermohaline layers  
232 presented in section 3b. The ADCP currents during the time series showed both tem-  
233 poral and spatial variability (Fig. 3a). In the upper mixed layer (10–20 m), the currents  
234 were northward until 6 July, and then the direction of the flow changed to predomi-  
235 nantly southeastward till the end of time series. In the beginning of the barrier layer  
236 erosion (6–7 July, 2016), flow was weakly eastward, being in transition from northward  
237 to southeastward. The time series average of the upper mixed layer ADCP currents was  
238 southeastward, consistent with OSCAR currents (Fig. 1). In general, the flow in the bar-

239 rier layer was northeastward, but below the barrier layer, it was southwestward. Hence,  
240 there were clear current regimes corresponding to the thermohaline layers described in  
241 section 3b, indicating the possible importance of advection in the formation and erosion  
242 of the barrier layer.

243 Vertical shear also showed two maxima, one at the base of mixed layer and another  
244 at the base of the barrier layer (Fig. 3b), consistent with the  $N^2$  maxima (Fig. 2d). A  
245 necessary condition for the destabilization of a stratified water column by vertical shear  
246 is that  $Ri < 0.25$  (Drazin and Reid 2004).  $Ri$  showed values  $< 0.25$  in the mixed layer  
247 (the cyan dotted region in the Fig. 3 b) and at the base of the barrier layer. Occasional  
248 patches of  $Ri < 0.25$  were also noticed in the barrier layer, especially on 5, 10 and 13  
249 July, 2016.

#### 250 *d. Diapycnal mixing and salt flux*

251 The  $\epsilon$  and  $K_\rho$  profiles revealed four distinct vertical regimes in the upper 150 m, viz.,  
252 the mixed layer, the barrier layer, the barrier layer base and below the barrier layer  
253 (Fig. 4a,b). In the mixed layer, enhanced turbulent mixing was observed, with  $\epsilon > 10^{-7}$   
254  $\text{W kg}^{-1}$  and  $K_\rho > 10^{-3} \text{ m}^2 \text{ s}^{-1}$ . The Highest values of  $\epsilon$  ( $10^{-4} \text{ W kg}^{-1}$ ) and  $K_\rho$  ( $10^{-2}$   
255  $\text{m}^2 \text{ s}^{-1}$ ) were observed close to the surface. Below the MLD, within the barrier layer,  $\epsilon$   
256 and  $K_\rho$  diminished to background values of  $10^{-9} \text{ W kg}^{-1}$  and  $10^{-5} \text{ m}^2 \text{ s}^{-1}$ , respectively.  
257 Occasional local maximua in  $\epsilon$  ( $> 10^{-8} \text{ W kg}^{-1}$ ) and  $K_\rho$  ( $> 10^{-4} \text{ m}^2 \text{ s}^{-1}$ ) were noticed  
258 at the base of the barrier layer. Below the barrier layer,  $\epsilon$  and  $K_\rho$  reduced to  $10^{-9} \text{ W}$   
259  $\text{kg}^{-1}$  and  $10^{-6} \text{ m}^2 \text{ s}^{-1}$ , respectively. Over the course of the time series, below the barrier  
260 layer, occasional patches of  $\epsilon$  and  $K_\rho$  with values of the order of  $10^{-8} \text{ W kg}^{-1}$  and  $10^{-4}$   
261  $\text{m}^2 \text{ s}^{-1}$  respectively, were also observed. This is consistent with our understanding that

262 turbulent mixing in the thermocline is characterized by intermittent, sporadic and highly  
263 transient mixing events (Fig. 4a, b; Moum et al. (1989); Thorpe (2007)).

264 The time series of  $\varepsilon$  and  $K_\rho$  (Fig. 4a, b) also captured the mixing event (6–9 July,  
265 2016), where the elevated  $\varepsilon$  ( $> 10^{-7} \text{ W kg}^{-1}$ ), and  $K_\rho$  ( $> 10^{-3} \text{ m}^2 \text{ s}^{-1}$ ) penetrated as deep  
266 as 60 m when the barrier layer eroded. The presence of high  $\varepsilon$  and  $K_\rho$  during the erosion  
267 of the barrier layer suggests that surface forcing penetrated to deeper layer.

268 The diapycnal salt flux  $J_s$  was calculated using the vertical salinity gradient (Fig. 4c)  
269 and  $K_\rho$  (Fig. 4b), and was generally upward ( $J_s > 0$ ) above the isothermal layer (Fig. 4d).  
270 However, it was downward ( $J_s < 0$ , the cyan dotted region in Fig. 4d ) below the isother-  
271 mal layer due to the negative salinity gradient associated with the high salinity core  
272 (Fig. 4c). The  $J_s$  followed a pattern similar to  $\varepsilon$ , with elevated values ( $> 10^1 \text{ mg m}^{-2} \text{ s}^{-1}$ )  
273 in the mixed layer and occasional patches of  $J_s$  with value  $\sim 10^{0.5} \text{ mg m}^{-2} \text{ s}^{-1}$  at the base  
274 of mixed layer and barrier layer. Within the barrier layer,  $J_s$  was in general  $\sim 10^{-1} \text{ mg m}^{-2}$   
275  $\text{s}^{-1}$ , and below the barrier layer it further reduced to  $\sim 10^{-2} \text{ mg m}^{-2} \text{ s}^{-1}$ . During the barrier  
276 layer erosion, elevated  $J_s$  ( $> 10^1 \text{ mg m}^{-2} \text{ s}^{-1}$ ) penetrated up to 60 m and tried to dilute  
277 the strong salinity gradient at the mixed layer base.

#### 278 *e. Surface forcing*

279 Wind and buoyancy forcings are major sources of turbulence in the upper layer of  
280 the ocean (Moum and Smyth 2001). Hence, these are potential mechanisms to account  
281 for the observed evolution of the barrier layer. During the time series observations,  
282 wind speed was weak to moderate ( $4\text{--}11 \text{ m s}^{-1}$ ), typical of the southern BoB during  
283 the suppressed phase of BSISO. Wind stress increased ( $0.025 \text{ N m}^{-2}\text{--}0.2 \text{ N m}^{-2}$ ) from  
284 the beginning of time series to 10 July, and then decreased to  $0.025 \text{ N m}^{-2}$  by the end

285 of the observation period (Fig. 5a). The peak in wind stress was observed on 10 July,  
286 whereas maximum MLD occurred on 7 July (Fig. 4a), and MLD decreased thereafter,  
287 associated with the re-freshening of the surface layer. The energy required for mixing  
288 (ERM; Shenoi et al. (2002)) the upper 60 m water column clearly show that during  
289 the barrier layer erosion, ERM was less compared to when barrier layer was present  
290 (Fig. 5b). This large difference in ERM between the time period when barrier layer was  
291 present and when barrier layer eroded is a consequence of the stratification in the upper  
292 60 m water column. Even though the wind stress was maximum on 10 July, the ERM  
293 was also higher ( $\sim 3 \times 10^3 Jm^{-2}$ ) compared to 7 July, 2016 ( $\sim 1 \times 10^3 Jm^{-2}$ ). Hence, the  
294 deepening of MLD was inconsistent with the wind stress changes.

295 During the night, the net surface heat flux derived from the AWS was negative  
296 (Fig. 5a), indicating surface cooling and a negative buoyancy flux that was favorable  
297 for convection (Fig. 5b). Hence, this night-time negative buoyancy flux could poten-  
298 tially enhance mixing, leading to the erosion of the barrier layer. However, the negative  
299 buoyancy flux did not show any increase in magnitude during the barrier layer erosion  
300 period, as would be expected if this were the primary mechanism. Hence, wind and  
301 buoyancy flux do not appear to be the primary reasons for the barrier layer erosion.  
302 Throughout the time series, isothermal layer depth was approximately 60 m and barrier  
303 layer thickness was approximately 30 m except during the barrier layer erosion (Fig. 5c).

#### 304 *f. Salinity budget*

305 As a step to understand the barrier layer formation and erosion in the southern BoB,  
306 salinity budget of upper 60 m, which included both the mixed layer and barrier layer is  
307 investigated. Tendency term showed positive values on 6–7 July and 12 July 2016 indi-

308 cating gain in salinity in the upper 60 m water column (Fig. 6a). Except for these days,  
309 tendency suggested negative values indicating loss of salinity. The advection term con-  
310 structed using the western and southern uCTD sections indicate that major contribution  
311 to the tendency is the advection term (Fig. 6a). Advection term of the salinity budget  
312 is mostly contributed by the zonal advection except on 4–5 July and 12–13 July when  
313 vertical advection term had significant contribution to the tendency (Fig. 6b). This role  
314 of vertical advection term can be seen as the heaving of isotherms and isohalines at the  
315 base of barrier layer (Fig. 2a,b).

316 During the barrier layer erosion, the tendency of salinity was completely contributed  
317 by the advection term and of which major contributor was zonal advection. Since there  
318 were no rain events during the time series observation, major contributor for the surface  
319 flux was the evaporation (Fig. 6c). The daily averaged diapycnal salt flux between 60  
320 to 80 m depth slab was more during the BL erosion (Fig. 6d). However, it can be  
321 seen that, surface salinity flux from evaporation and diapycnal salinity flux to the upper  
322 60 m slab is 3 order lower than what contributed by the advection terms. Residual term  
323 includes all errors due to sampling and instrumentation. It has to be noted that both tidal  
324 and inertial period are not fully resolved in the calculation of horizontal and vertical  
325 gradients, respectively.

#### 326 **4. BL formation and suppression of turbulence**

327 The barrier layer at the time series location was 30–40 m thick and observed during  
328 the freshening events (4–5 July and 10–14 July, 2016; Fig. 2a, b). CTD observations  
329 (not shown here) carried out 2 hour prior to the first microstructure profiler observation  
330 at the time series location showed a deeper MLD and relatively saline upper layer. There

331 was a decrease of 0.3 PSU in surface salinity from 34.3 to 33.9 PSU in 2 hour on 4 July,  
332 2016 (Vinayachandran et al. 2018). Initial microstructure profiler observations at the  
333 time series location were during the phase of BL formation. In this section, we discuss  
334 barrier layer formation and how the wind effect is suppressed in the barrier layer.

### 335 *a. Role of surface freshening*

336 The barrier layer forms when the MLD becomes shallower than the isothermal layer  
337 due to the salinity stratification in the upper layer (Lukas and Lindstrom 1991; Vinay-  
338 achandran et al. 2002; Thadathil et al. 2007). To illustrate the effect of temperature and  
339 salinity on stratification, three night-time observations are presented: 1) barrier layer  
340 event 1, at the beginning of the time series when the surface salinity was 33.8 PSU (4  
341 July 10:28 PM local time, blue lines in Fig. 7); 2) barrier layer erosion when the surface  
342 salinity was 34.3 PSU (07 July 10:53 PM local time, black); 3) barrier layer event 2  
343 near the end of the time series (13 Jul 10:50 PM local time, red) when the surface layer  
344 freshened to 33.5 PSU (Fig. 7). The profiles (Fig. 7a) of temperature (dashed line) and  
345 salinity (continuous) during the freshening events clearly show that the MLD (shown  
346 by the coloured stars) was at the base of a freshened surface layer and the depth of the  
347 isothermal layer was approximately constant at 60 m.

348 In the selected profiles on 4, 7, and 13 July, values of salinity stratification ( $N_S^2 =$   
349  $g\beta \frac{\partial S}{\partial z}$ , Fig. 7b) at the MLD were respectively  $1.5 \times 10^{-4}$ ,  $3.8 \times 10^{-4}$  and  $6.0 \times 10^{-4}$   
350  $s^{-1}$ , and thermal stratification ( $N_T^2 = g\alpha \frac{\partial T}{\partial z}$ , Fig. 7c) were  $8.1 \times 10^{-5}$ ,  $5.5 \times 10^{-4}$  and  
351  $1.0 \times 10^{-4} s^{-1}$  respectively. It can be seen that when the surface layer was characterized  
352 by low salinity waters, the contribution of salinity stratification was stronger than that by  
353 thermal stratification (red and blue profiles in Fig. 7b, c), at the MLD. However, during



354 the barrier layer erosion when the surface salinity was higher (34.5 PSU), thermal and  
355 salinity stratification were comparable (black profile in Fig. 7 b, c). These observations  
356 clearly suggest that the MLD was set at the base of the freshened surface layer in the  
357 two barrier layer events, and the barrier layer formed owing to the dominance of salinity  
358 stratification in the upper layer.

359 The time series location is characterized climatologically by a low salinity surface  
360 layer, typically advected from the north or northeastern BoB (Girishkumar et al. 2011;  
361 Thangaprakash et al. 2016; Girishkumar et al. 2017). The northern and northeastern  
362 BoB has its highest precipitation and runoff during the summer monsoon (Han et al.  
363 2001; Wilson and Riser 2016; Mahadevan et al. 2016). Behara and Vinayachandran  
364 (2016), using an ocean general circulation model, showed that freshening in the eastern  
365 BoB is mainly contributed by the rainfall with a peak during the summer monsoon,  
366 and freshwater transport in the upper layer is generally southward. Satellite derived sea  
367 surface salinity suggests that the time series location was surrounded by low salinity  
368 water (Fig. 1). Since there was no spell of rain during the time series, it is likely that the  
369 freshening events were a result of advection. This is further supported by the salinity  
370 budget, where salinity tendency is mainly contributed by the advection terms (Fig. 6a,  
371 b).

### 372 *b. Role of high salinity core*

373 One of the mechanisms that maintains the thickness of the barrier layer is the preser-  
374 vation of the isothermal layer (Katsura et al. 2015). A heat budget analysis based on  
375 RAMA data at the time series location suggested that penetrative radiation through the  
376 thin mixed layer maintains the isothermal layer temperature (Girishkumar et al. 2011;

377 Thangaprakash et al. 2016; Girishkumar et al. 2017). In contrast, eddy diffusion of tem-  
378 perature at the base of the isothermal layer cools and enhances its erosion. However,  
379 during the BoBBLE experiment, the presence of high stratification at the base of the  
380 isothermal layer suppresses this eddy diffusion, reducing the cooling of the isothermal  
381 layer (Fig. 4b).

382 During most of the time series, at the base of the isothermal layer, stratification domi-  
383 nated over shear ( $Ri > 0.25$ ) suppressing the shear-induced mixing (Fig. 3b). This strat-  
384 ification maximum at the base of the isothermal layer is associated with the presence  
385 of the subsurface high salinity core (Fig. 2b). This stratification maximum is stronger  
386 than that at the base of the mixed layer (Fig. 2d). While the stratification maximum at  
387 the base of the mixed layer was caused by salinity stratification, the maximum at the  
388 base of the isothermal layer was contributed more or less equally by haline and ther-  
389 mal stratification (Fig. 6b, c). The subsurface high salinity core is the manifestation  
390 of ASHSW transported by the subsurface branch of SMC (Vinayachandran et al. 2013;  
391 Jain et al. 2017; Vinayachandran et al. 2018; Webber et al. 2018). Thus, the stratification  
392 necessary for the formation and maintenance of the barrier layer in the southern BOB is  
393 facilitated by the surface freshened layer and the subsurface high salinity core.

### 394 *c. Decay of turbulence in the barrier layer*

395 TKE dissipation rates ( $\epsilon$ ) are large within the mixed layer (Fig. 4a), as expected. How-  
396 ever, they are very low (close to the background value of  $10^{-9} \text{ W kg}^{-1}$ ) within the barrier  
397 layer, even though it is a relatively homogeneous layer. The Richardson number is above  
398 the critical value ( $Ri > 0.25$ ) within the barrier layer (Fig. 3b). Hence, even though the  
399 density stratification is relatively low, wind-induced shear within the barrier layer was

400 weak compared to the density stratification. This indicates a lack of Kelvin-Helmholtz  
401 instability (Lozovsky et al. 2006), and therefore explains the weak turbulence in the  
402 barrier layer. However, exceptions were noted on 5, 10 and 13 July when  $Ri < 0.25$   
403 in the barrier layer and  $\varepsilon$  values were high. This was most probably due to internal  
404 wave breaking (Gargett and Holloway 1984). Except on these days, the barrier layer  
405 was characterized with weak  $\varepsilon$ .

406 In terms of the suppression of turbulence, the barrier layer at the time series location  
407 was comparable to that of the northern BoB, where the influence of river runoff and  
408 rainfall is more intense. Observations of mixing in the northern BoB (Lucas et al. 2016;  
409 Jinadasa et al. 2016) showed weak turbulence below the MLD due to the presence of the  
410 barrier layer. Vinayachandran et al. (2002), in their observations in the northern BOB  
411 during the summer monsoon, showed that following the arrival of freshwater plume, the  
412 surface salinity reduced significantly (up to 4 PSU), the MLD decreased and a barrier  
413 layer was formed. Rao et al. (2011) and Sengupta et al. (2016) also showed a similar  
414 decrease of surface salinity and formation of a barrier layer.

415 In contrast, at the BoBBLE time series location, the surface salinity decreased by  
416 0.5 PSU and the barrier layer formed. The stratification required for the barrier layer  
417 was provided by both the low salinity surface layer and the high salinity core beneath  
418 the isothermal layer. This is unlike the northern BoB where the subsurface salinity  
419 maximum is at a depth greater than 250 m (Vinayachandran et al. 2013; Jain et al. 2017),  
420 and hence has less influence on the barrier layer.

## 421 **5. BL erosion**

422 At the BoBBLE time series location, erosion of the barrier layer was observed from  
423 6–9 July, accompanied by an increase in surface salinity and deepening of the mixed  
424 layer (Fig. 2 b). During the barrier layer erosion, large values of mixing parameters ( $\epsilon$   
425 and  $K_\rho$ ) penetrated down to 60 m (Fig. 4a, b). In this section, processes responsible for  
426 the erosion of the barrier layer and penetration of mixing are discussed in detail.

### 427 *a. Role of horizontal advection*

428 ADCP surface currents during the erosion of the barrier layer indicated weak eastward  
429 ( $\sim 0.2 \text{ m s}^{-1}$ ) currents (Fig. 3a). The close proximity of the SMC to the time series location  
430 (which is east of the SMC core; Fig. 1) suggests the possibility of advection of high  
431 salinity water from the Arabian Sea to the study region. Vinayachandran et al. (2013)  
432 and Mahadevan et al. (2016) showed that as the SMC brings high salinity water from the  
433 Arabian Sea, it gets fresher due to interaction with low salinity water from the northern  
434 BoB. The westward and southward uCTD sections from the time series location (Fig. 1  
435 inset), carried out every evening, observed increased surface salinity during the barrier  
436 layer erosion (Fig. 8a, b). The slope of the high salinity patch ( $\sim 34.5$  PSU) along the  
437 westward section (Fig. 8a) indicates eastward advection of high salinity water to the  
438 time series location. ADCP surface currents along the western uCTD section on 6 July  
439 was also eastward (Fig. 8a). This salinity patch was not captured by the SMAP salinity,  
440 probably due to the limited spatial (25 km) and temporal (weekly) resolution of the  
441 SMAP data set. The size of the high salinity patch can be estimated to be in the range of  
442  $25 \text{ km}^2$  to  $10 \text{ km}^2$  as the uCTD section was approximately 10 km in length.

443 During the time series when the barrier layer was prominent, the upper ocean can be  
444 considered to be made up of three distinct homogeneous (in terms of salinity) layers of  
445 water in relative motion. From the surface downwards these are: a mixed layer ( $<33.8$   
446 PSU); a barrier layer with medium salinity ( $\sim 34.4$  PSU); a high salinity core ( $>35$  PSU;  
447 Fig. 2b). At the interface of these layers, strong shear and stratification were present  
448 (Figs. 2d, 3b). Western uCTD sections from 5–7 July, 2016 (Fig. 8c,d,e) indicate that  
449 during the BL erosion the three layer structure of upper ocean was replaced with a deep  
450 mixed layer. This is consistent with the salinity budget analysis of upper 60 m. Salinity  
451 budget of upper 60 m water column clearly suggested that daily tendency of salinity was  
452 positive on 6–7 July and started decreasing till 9–10 July, 2016. The tendency during this  
453 period was contributed by advective terms especially the zonal advection term (Fig. 6a,  
454 b) and the residue was at its minimum. During 6–7 July the upper 60 m current was  
455 generally eastward or southeastward (Fig. 3a). Therefore, together with the slope of  
456 high sea surface salinity core in the westward time-longitude uCTD section and salinity  
457 budget analysis, it is confirmed that the salinisation event was due to the advection of  
458 high salinity water from the SMC.

459 The replacement of three layer stratified structure of upper ocean with a deep mixed  
460 layer during barrier layer erosion, further allowed the surface forcing to penetrate to a  
461 deeper depth. This was evident in the elevated  $\varepsilon$  ( $> 10^{-7}$  W kg $^{-1}$ , Fig. 4a) and  $K_\rho$  ( $> 10^{-4}$   
462 m s $^{-2}$ , Fig. 4b) penetrated down to 60 m. Thus the advection of the high surface salinity  
463 patch to the time series location reduced the vertical stratification, and the surface forcing  
464 penetrated to greater depths

465 *b. Role of vertical shear*

466 Shear layers will promote mixing and can lead to the erosion of the barrier layer.  
467 ADCP data collected during the time series observation highlights the presence of two  
468 shear maxima, one at the base of the mixed layer and the other at the base of the barrier  
469 layer (Fig. 3b). The high shear layer noted at the base of the mixed layer was due to  
470 the wind work (Fig. 5c, Moum and Smyth (2001)). Near inertial oscillations can also  
471 generate enhanced shear at the base of mixed layer (Johnston et al. 2016). Since the  
472 inertial period of the study region is 3.6 days, 10 days time series could not fully resolve  
473 the near inertial oscillations. The relative motion of the barrier layer (weak currents) and  
474 the high salinity core (strong southward currents) caused the shear maximum at the base  
475 of the barrier layer (Fig. 3a). The presence of two shear maxima in the upper ocean was  
476 observed throughout the cruise from the core of SMC (85°E) to 89°E along 8°N. This  
477 feature was also observed during the western and southern uCTD sections. At the begin-  
478 ning of the salinisation event (5–6 July), when the stratification at the interface between  
479 the mixed layer and barrier layer weakened (Fig. 2d), the vertical shear strengthened  
480 (Fig. 3b), which induced vertical mixing (Fig. 4a,b).

481 In addition, the high shear layer at the interface of the barrier layer and the high salin-  
482 ity core can also cause shear instability and vertical mixing, indicated by patches of  
483  $Ri < 0.25$  at the base of the mixed layer and barrier layer (Fig. 3b). Note that, owing to  
484 the two high shear layers at the top and the base of the barrier layer, even a slight re-  
485 duction in stratification can cause shear instability and trigger mixing (Lozovatsky et al.  
486 2006), resulting in barrier layer erosion. When the barrier layer eroded, the background  
487 stratification within the deeper mixed layer decreased, due to the increase in surface

488 salinity (appearance of high salinity patch from the SMC). Except during the salinisa-  
489 tion event, the two-layer shear maxima structure was unable to break the barrier layer,  
490 since the high salinity patch (34.35 PSU) was replaced by a low salinity layer (33.8 PSU)  
491 and the surface stratification was strengthened.

492 This double shear layer structure observed here in the southern BoB is in contrast to  
493 the shear layer structure of barrier layers in the northern BoB. Recent micro-structure  
494 observations in the northern BoB by Lucas et al. (2016) showed suppressed mixing, and  
495 a relatively stronger barrier layer attributed to the fresher surface layer, with an absence  
496 of strong shear at the base of the barrier layer. They concluded that the lack of strong  
497 shear at the base of the barrier layer might be the reason for the low subsurface mixing  
498 rate observed in the northern BoB. Our observations in the southern BoB showed a  
499 comparable barrier layer with a relatively less freshened surface layer (compared to the  
500 northern BoB), a salinity maximum at the base of the barrier layer and the presence of  
501 high shear layers both at the top and the bottom of the barrier layer (Fig. 3c). Thus, the  
502 presence of two shear maxima, one above and the other below the barrier layer makes  
503 the southern BoB barrier layer vulnerable to erosion.

#### 504 *c. Role of vertical mixing*

505 Vertical mixing tends to homogenize the vertical gradient and reduce the stratification.  
506 Since the barrier layer is mainly controlled by the haline stratification, the focus here  
507 is on the vertical mixing of salt. When the barrier layer was prominent, the time-depth  
508 section of the vertical salinity gradient showed two maxima, one at the base of the mixed  
509 layer and the other at the base of barrier layer (Fig. 4c). During the barrier layer erosion,  
510 elevated mixing penetrated deeper (Fig. 4a, b) and reduced the vertical salinity gradient

511 in the upper 60 m. As discussed in the previous sections, major sources of vertical  
512 mixing were surface forcing (wind and buoyancy), shear instability and internal wave  
513 breaking. In general,  $K_\rho$  was less than  $10^{-5} \text{ m}^2\text{s}^{-1}$  during the time series, indicating  
514 weak turbulent vertical mixing at the base of the mixed layer (Fig. 4 b). Exceptions  
515 were noticed on 4, 5, 10 and 11 July where  $K_\rho$  was greater than  $10^{-4} \text{ m}^2\text{s}^{-1}$ . On these  
516 days surges of upward salt flux  $J_s > 1 \text{ mg m}^{-2} \text{ s}^{-1}$  were noticed at the base of the mixed  
517 layer (Fig. 4d). Most of these surges were associated with the shear layer maximum  
518 (Fig. 3d) where  $Ri < 0.25$ . However, surface salinity changes observed during the time  
519 series cannot be accounted for by these surges in the diapycnal salt flux.

520 To understand the salinity contribution by the diapycnal flux of salt from the high  
521 salinity core to the upper 60 m, turbulent flux term is calculated as the product of  $\langle K_\rho \rangle$   
522 and the vertical salinity gradient in the 60–80 m layer (Fig. 6d). Turbulent flux term  
523 showed elevated values during the barrier layer erosion, but contributed very less to the  
524 salinity tendency of upper 60 m (Fig. 6a). This suggests that advective processes were  
525 dominant during both the salinisation and freshening events.

## 526 6. Modeling

527 An ocean model was employed to understand the role of background stratification on  
528 the TKE dissipation rate  $\varepsilon$  during the period of observation. The model was the one-  
529 dimensional General Ocean Turbulence Model (GOTM, Umlauf and Burchard (2005))  
530 implementation of the two equation K- $\varepsilon$  scheme (Canuto et al. 2001) with dynamic  
531 dissipation rate equations for the length scales. Using the same model, Stips et al. (2002)  
532 simulated observed  $\varepsilon$  reasonably well. The time step for the model run was 1 hour. The  
533 depth of the column was 250 m with a 1 m vertical grid spacing. Details of the model



534 setup are given in Table 1. The model was forced with heat and momentum fluxes  
535 calculated using the AWS data. Four experimental runs were carried out to examine the  
536 processes leading to the observed  $\varepsilon$ :

537 (1) No Relax; the model was forced with wind and atmospheric fluxes, and initiated  
538 with the first temperature and salinity profiles of the observed time series (Fig. 8a).

539 (2) Full Relax; forced with wind and atmospheric fluxes, but model temperature and  
540 salinity relaxed to the observed temperature and salinity (Fig. 8b).

541 (3) Only Flux; forced with only the atmospheric heat fluxes, but model temperature  
542 and salinity were relaxed to the observed temperature and salinity (Fig. 8c).

543 (4) Only Wind; forced only with the wind, but model temperature and salinity were  
544 relaxed to the observed temperature and salinity (Fig. 8d).

545 Because of the lack of advection in the one-dimensional model, the No Relax run  
546 does not contain the barrier layer erosion and reformation events that were observed in  
547 the BoBBLE time series. However, the Full Relax run does contain a representation of  
548 the barrier layer erosion and reformation events, as the model temperature and salinity  
549 were relaxed to observations throughout the model run.

550 In the No Relax run (Fig. 8a), the maximum downward penetration of elevated  $\varepsilon$  val-  
551 ues occurred on 10 July when the wind was at its peak. In contrast, in the observations  
552 the maximum penetration of elevated  $\varepsilon$  values occurred on 7 July (Fig. 4a). When the  
553 model was relaxed to the observed temperature and salinity (Full Relax run, Fig. 8b),  
554 the  $\varepsilon$  model behavior followed the observed behavior closely. Hence, the realistic strat-  
555 ification in the Full Relax run (originating from the relaxation to observed temperature  
556 and salinity fields throughout the run) are a key component in the successful simulation  
557 of the correct mixing fields.

558 The Full Relax run also captured the low turbulence in the barrier layer and a patchy  
559 elevated  $\varepsilon$  at the base of the barrier layer. The upper layer  $\varepsilon$ , however, was an order  
560 of magnitude lower than that of the observed, probably because Langmuir turbulence  
561 and wave breaking turbulence were not represented in the model physics. From the runs  
562 with 'Only Flux' (Fig. 8c) and 'Only Wind' (Fig. 8d), it was clear that even though the  
563 negative buoyancy flux due to the night-time cooling aided the turbulence, the major  
564 contributor was the wind forcing.

565 The above GOTM experiments suggest that, in the southern BoB, to simulate the ob-  
566 served mixing rates in the upper ocean, the model had to reproduce the stratification  
567 close to the observations, which was mainly dictated by the advective processes. The  
568 observed diapycnal flux (Fig. 4d) and the diapycnal flux calculated using the eddy diffu-  
569 sivity of salt from the Full Relax GOTM run (Fig. 9b) compared well below the surface  
570 layer (where wave breaking and Langmuir turbulence dominated). The deep penetration  
571 of enhanced diapycnal salt flux noticed during the barrier layer erosion, and the weak  
572 flux within the barrier layer, were captured by the Full Relax GOTM run. However, the  
573 diapycnal salt flux calculated using the eddy diffusivity of salt from the No Relax run  
574 could not capture the deep penetration of elevated diapycnal salt flux observed during  
575 the barrier layer erosion (Fig. 9a). This further indicates the need for ocean models to  
576 capture the stratification accurately in order to simulate the turbulence field realistically.

## 577 **7. Summary and conclusion**

578 The 10-day time series of micro-structure observations carried out at 8°N, 89°E in  
579 the southern BoB during the summer monsoon of 2016 as a part of the BoBBLE field  
580 campaign captured a barrier layer erosion and reformation event. During the barrier

581 layer erosion, the mixed layer deepened from 20 m to 60 m, and the TKE dissipation  
582 rate ( $\epsilon$ ) and eddy diffusivity ( $K_\rho$ ) showed elevated values of  $> 10^{-7} \text{ W kg}^{-1}$  and  $> 10^{-4}$   
583  $\text{m}^2 \text{ s}^{-1}$  respectively, in the upper 60 m, and surface salinity increased from 33.84 to  
584 34.35 PSU. After the barrier layer erosion, the surface salinity decreased to 33.8 PSU,  
585 the mixed layer shallowed to 20 m, the barrier layer re-formed and elevated mixing rates  
586 were confined to the upper 20 m.

587 The observed barrier layer was 30–40 m thick and formed due to low salinity waters  
588 (33.35 to 33.8 PSU) advected to the time series location. The salinity induced strati-  
589 fication confined the MLD to the base of the relatively freshened surface layer of ~20  
590 m thickness while the isothermal layer extended to ~60 m. The presence of a stratifica-  
591 tion maximum just beneath the isothermal layer suppressed cooling from below by eddy  
592 diffusion and the temperature of the isothermal layer was thus maintained. The strat-  
593 ification maxima below the isothermal layer was co-located with the subsurface high  
594 salinity core, a manifestation of the subsurface intrusion of ASHSW via the SMC. The  
595 low salinity surface layer and high salinity subsurface layer at the base of isothermal  
596 layer together provided the stratification necessary for the maintenance of the barrier  
597 layer at the time series location.

598  $\epsilon$  and  $K_\rho$  profiles derived from micro-structure shear measurements suggest that, when  
599 the barrier layer was prominent, the influence of surface forcing was confined to the  
600 mixed layer and the barrier layer was characterized by suppressed turbulent mixing.  
601 The strong stratification within the barrier layer dampened the effect of surface wind on  
602 the turbulence below the mixed layer.

603 There are marked differences in the formation of the barrier layer between the south-  
604 ern and northern BoB. The low salinity surface layer of the southern BoB is less fresh

605 compared to that of the northern BoB. The stratification necessary for the formation and  
606 maintenance of the barrier layer in the southern BoB is provided by both the freshened  
607 surface layer and the subsurface high salinity intrusion associated with the SMC. In the  
608 northern BoB, below the MLD, waters are continuously stratified and the subsurface  
609 high salinity maxima observed is much deeper than the isothermal layer base, hence  
610 having less impact on the isothermal layer of the northern BoB (Vinayachandran et al.  
611 2013; Jain et al. 2017). The observation of shear maxima, at the top and bottom of the  
612 barrier layer in the southern BoB during the time series reported here was also different  
613 from that observed in the northern BoB (Lucas et al. 2016), where elevated shear was  
614 present only at the mixed layer base. These two layers of shear maxima are important  
615 since any reduction in stratification can result in shear instability, and in turn trigger  
616 vertical mixing making the barrier layer in the southern BoB more prone to erosion.

617 There was an increase in sea surface salinity of 0.5 PSU (salinisation event) during  
618 the barrier layer erosion period. ADCP currents, uCTD time-longitude surface salinity  
619 sections, and salinity budget of upper 60 m water column revealed that advection of a  
620 high salinity and deep mixed layer patch from the SMC to the time series location was  
621 the cause of this salinisation event. During the salinisation event, the background strat-  
622 ification weakened and the surface forcing penetrated to a deeper layer. The weakening  
623 of stratification also resulted in shear induced mixing, and contributed to the increase of  
624  $\varepsilon$  ( $> 10^{-7} \text{ W kg}^{-1}$ ) and  $K_\rho$  ( $> 10^{-3} \text{ m}^2 \text{ s}^{-1}$ ) down to 60 m.

625 The weak turbulent flux term of the salinity budget (3 order lower than the tendency  
626 term) at the high salinity core (60–80m depth) clearly suggests that vertical mixing did  
627 not contribute significantly to the observed salinisation event. The weak upward diapyc-

628 nal flux of salt from the high salinity core was mainly because of the strong stratification  
629 at the top of the high salinity core, and weak winds during the barrier layer erosion.

630 Our analysis suggests a close link between ocean dynamics and air–sea interaction.  
631 A high salinity patch with weak background stratification transported by the SMC to a  
632 freshened and stratified BoB is a potential spot for reduced air-sea interaction, as the  
633 destruction of the barrier layer increases the mixed layer depth, reducing the sensitivity  
634 of the mixed layer temperature (and SST) to atmospheric surface fluxes. The subsequent  
635 advection of a surface fresh layer and reformation of the barrier layer decreased the  
636 mixed layer depth, enhancing potential air–sea interaction.

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644 bulence Model was downloaded from the Git repository ([https://github.com/gotm-  
645 model/code.git](https://github.com/gotm-model/code.git)).

## 646 APPENDIX

### 647 **Estimation of salinity budget terms**

648 The tendency of salinity in the upper 60 m were computed by first evaluating  $\frac{\partial S}{\partial t}$  as a  
649 function of depth and then integrating vertically from 60 m depth to the surface.  $\frac{\partial S}{\partial t}$  were

650 estimated by fitting a straight line through time series of VMP salinity data each day at  
651 each depth following Feng et al. (1998). The slope of the least square fit was taken as the  
652 daily-mean time derivative for a given depth. The spatial gradients of salinity  $\frac{\partial S}{\partial x}$  and  $\frac{\partial S}{\partial y}$   
653 was calculated from the daily westward and southward uCTD sections by a least square  
654 fitting at each depth respectively. Horizontal velocity components were obtained from  
655 daily averaged ship-mounted ADCP measurements at the time series location. uCTD  
656 produced daily one and total 10 zonal depth (x-z) and meridional depth (y-z) sections.  
657 The length and depth of each transect was 10 km and 200 m, respectively. Individual  
658 (x-z) and (y-z) sections were separated by approximately 4 hours.

659 To calculate the vertical velocity using the conservation of mass, vertical gradient of  
660 density was calculated from 1 m center difference of the daily averaged density profiles  
661 at time series location. The spatial gradients of density were calculated from the uCTD  
662 sections by linear fitting similar to salinity. Surface flux term was calculated using daily  
663 mean evaporation and surface salinity. Turbulent flux of salinity to upper 60 m water  
664 column is calculated as the daily averaged diapycnal salt flux between 60 to 80 m depth  
665 slab.

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857 **LIST OF TABLES**

858 **Table 1.** GOTM model setup. . . . . 41



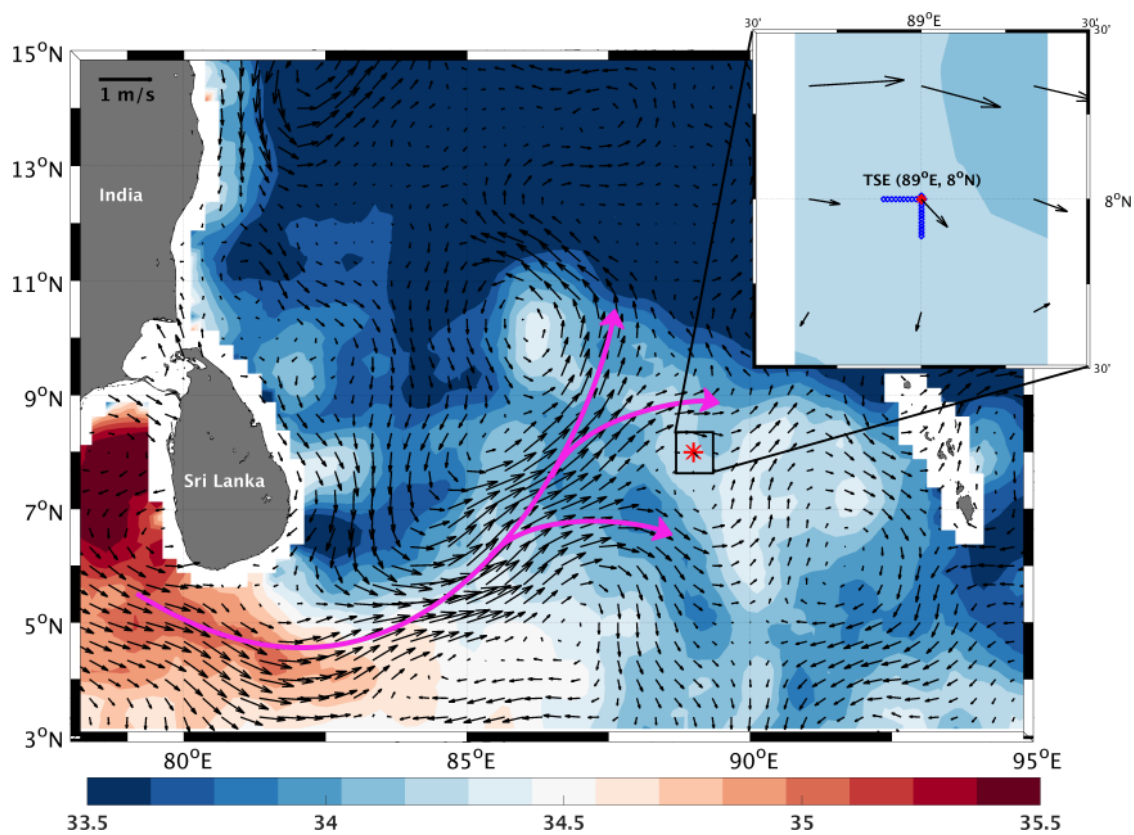
TABLE 1. GOTM model setup.

Turbulence Method	Second-Order Model
Type of second-order model	Explicit Algebraic Model with quasi equilibrium
Type of equation for buoyancy variance	Algebraic equation
Type of equation for variance destruction	Algebraic equation
Coefficients of second-order model	Cheng et al. (2002)
Dissipative length-scale method	Dynamic dissipation rate equation
TKE equation	dynamic equation (k-epsilon style)
TKE equation parameters	Rodi (1987)
Upper and lower boundary condition for k-equation	Flux boundary condition
Upper and lower boundary condition for length-scale equation	Flux boundary condition
Upper boundary layer	Logarithmic law of the wall
Lower boundary layer	Logarithmic law of the wall
Internal Wave Model	Mellor (1989)
Relaxation time	3600 s

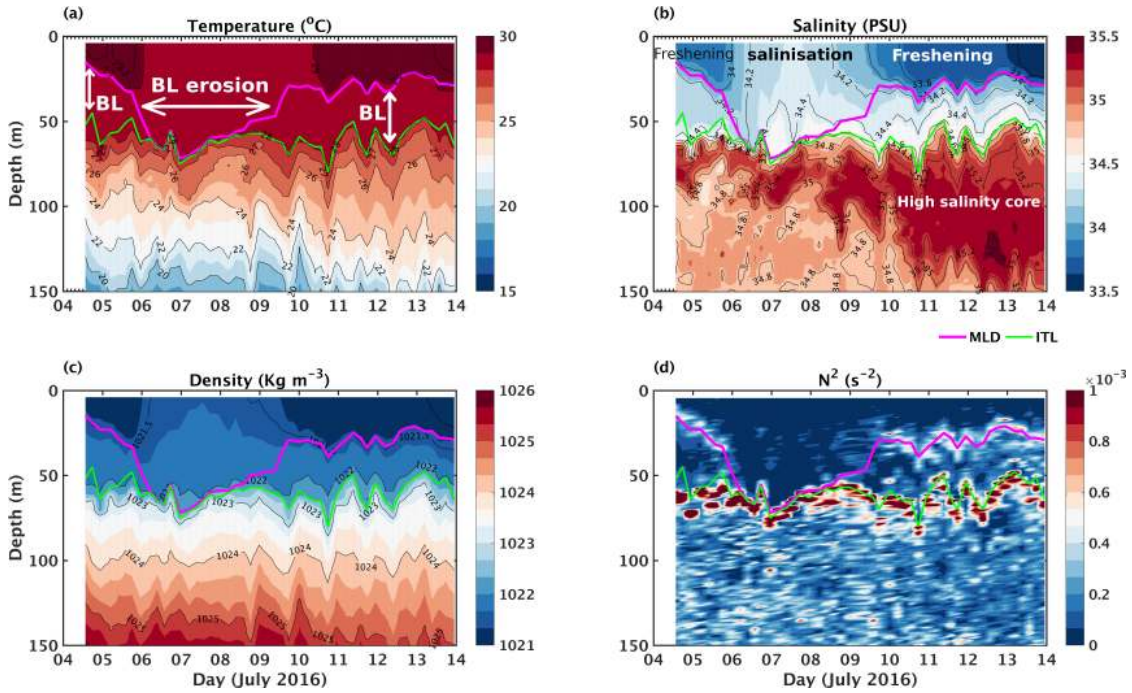
## LIST OF FIGURES

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860	<b>Fig. 1.</b>	SMAP salinity overlaid by OSCAR current vectors, both averaged for the period of the time series observations (4–14 July, 2016). The red star represents the time series location (TSE, 8°N 89°E) and the blue circles in the inset show the daily uCTD sections covered during the time series. Magenta arrows represent branches of the Summer Monsoon Current. . . . . 44
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884	<b>Fig. 6.</b>	(a) Time series of daily salinity budget terms; tendency (black), advection (red), surface flux (magenta), turbulent flux (cyan), residual (yellow) (b) Advection terms in the salinity budget; zonal (blue), meridional (red), vertical (black) (c) surface flux term (d) Turbulent flux term. Shaded region indicates the standard deviation. . . . . 49
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889	<b>Fig. 7.</b>	Selected profiles of different properties during the time series observation for: 1) barrier layer event 1, 4 July 2016 10:28 PM, local time (blue); 2) barrier layer erosion, 7 July 2016 10:53 PM (black); 3) barrier layer event 2, 13 July 2016 10:50 PM (red). (a) Temperature (dashed line) and salinity (continuous line) profile. The filled triangle represents isothermal layer depth and the star represents MLD. (b) Salinity stratification ( $N_S^2$ ). (c) Thermal stratification ( $N_T^2$ ). . . . . 50
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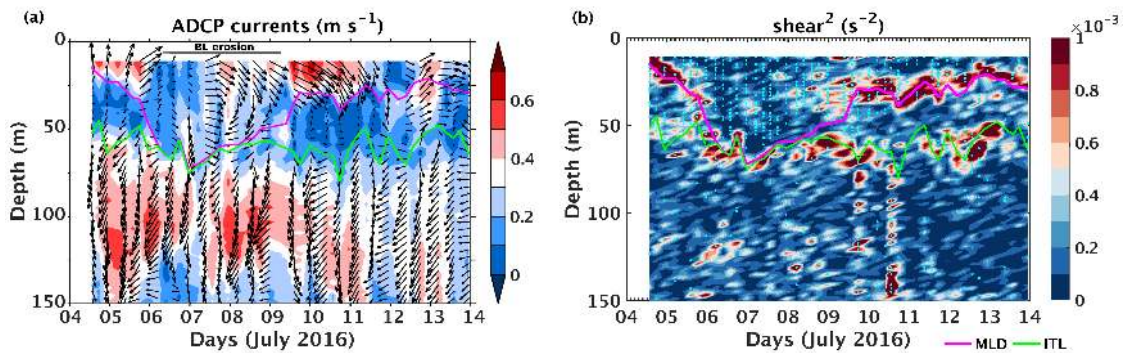
902 **Fig. 10.**  $\text{Log}_{10}$  diapycnal salt flux ( $\text{mg m}^{-2} \text{s}^{-1}$ ) calculated using the eddy diffusivity of  
903 salinity and vertical salinity gradient from the GOTM experiments: (a) No Relax, (b) Full Relax . The cyan dots indicates the region where the salt flux is  
904 downward. . . . . 53  
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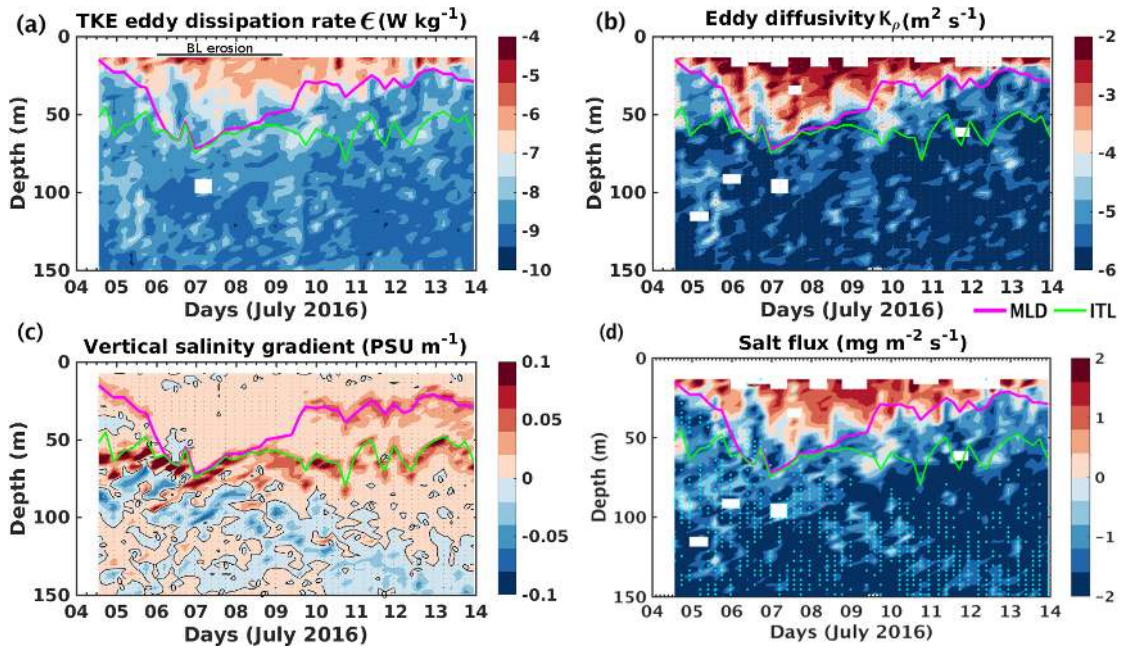
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910 FIG. 2. Time–depth sections of hydrographic properties during the time series (4–14 July 2016)  
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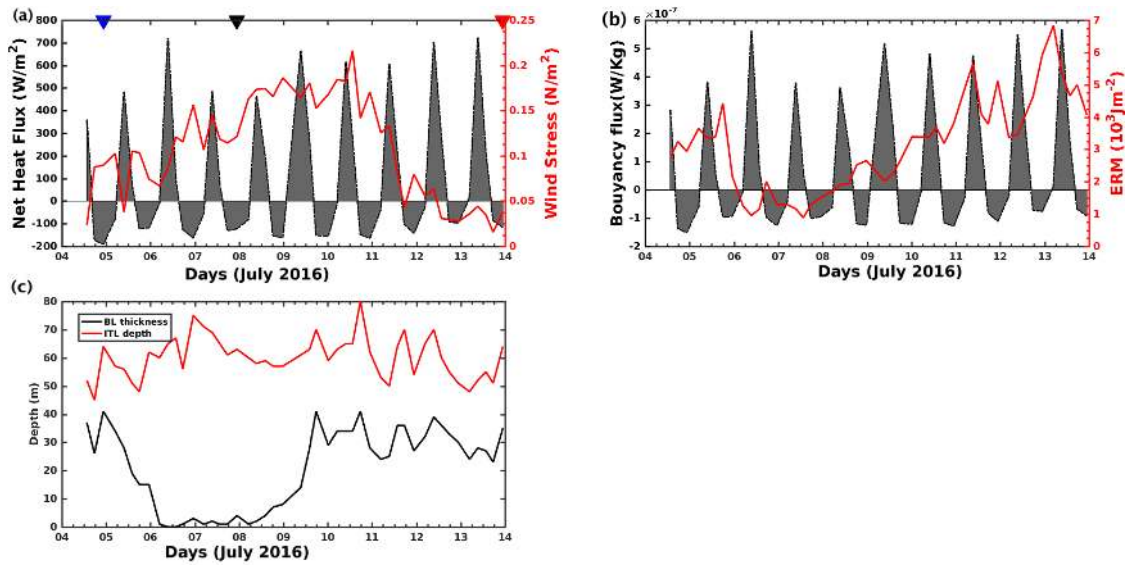


913 FIG. 3. Time–depth sections of (a) ADCP current speed ( $\text{m s}^{-1}$ ) overlaid by the horizontal current  
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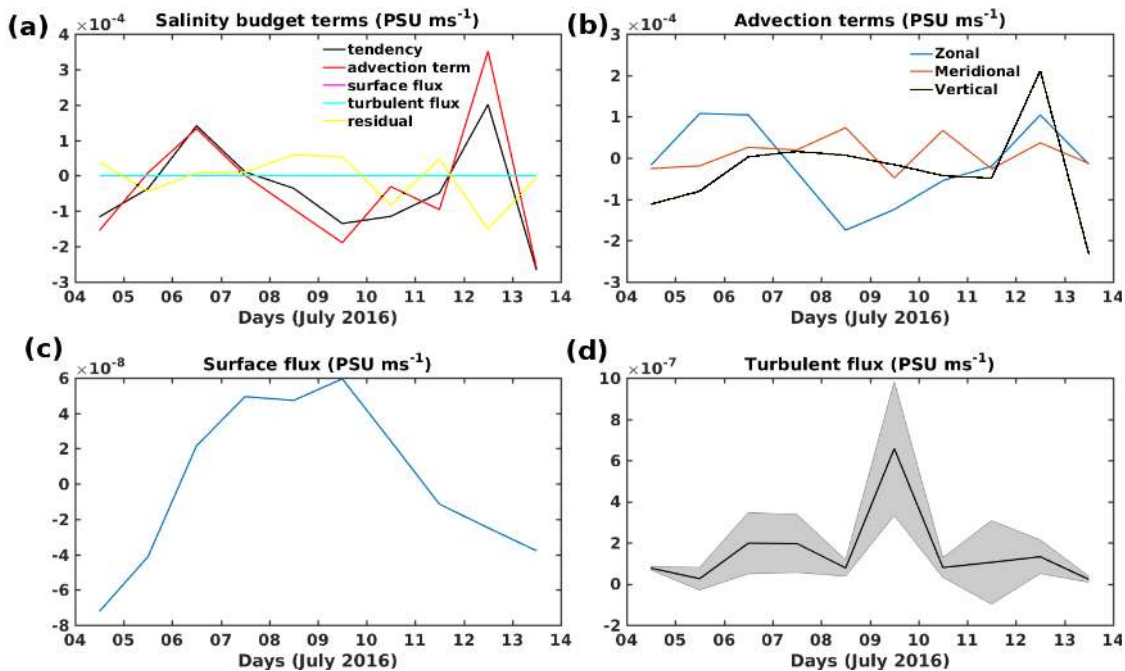
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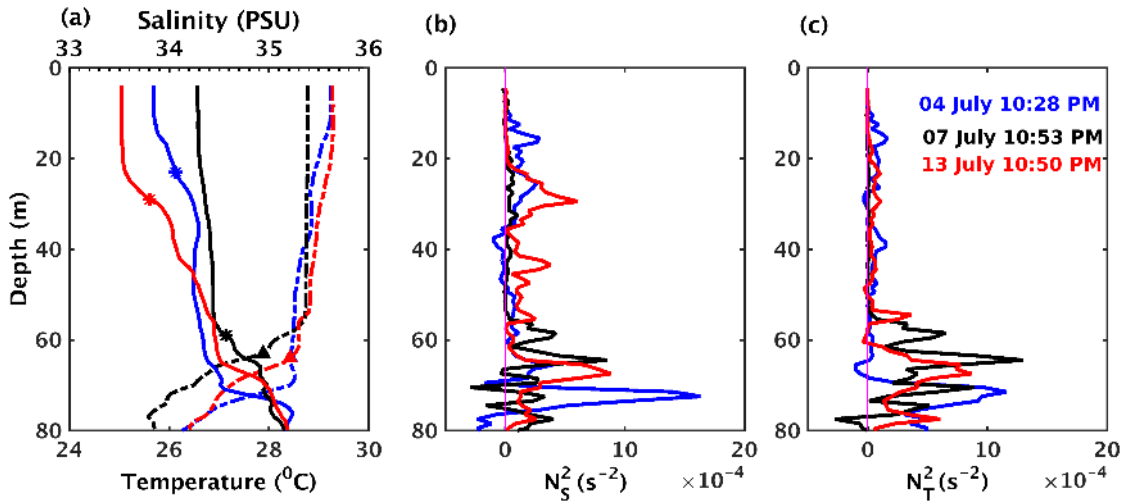


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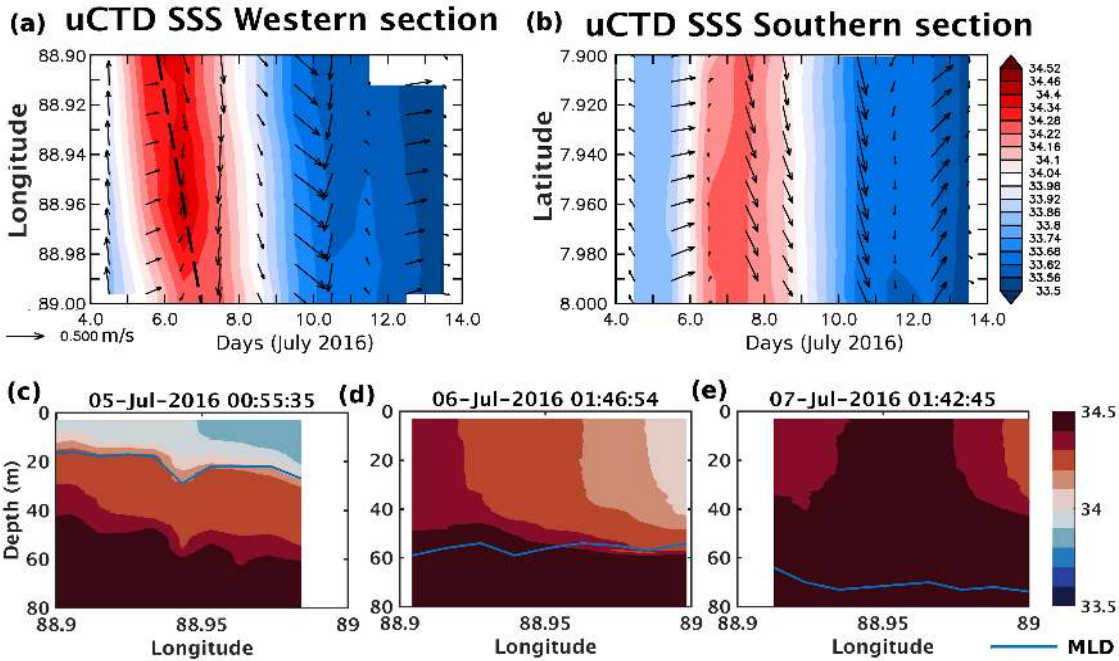




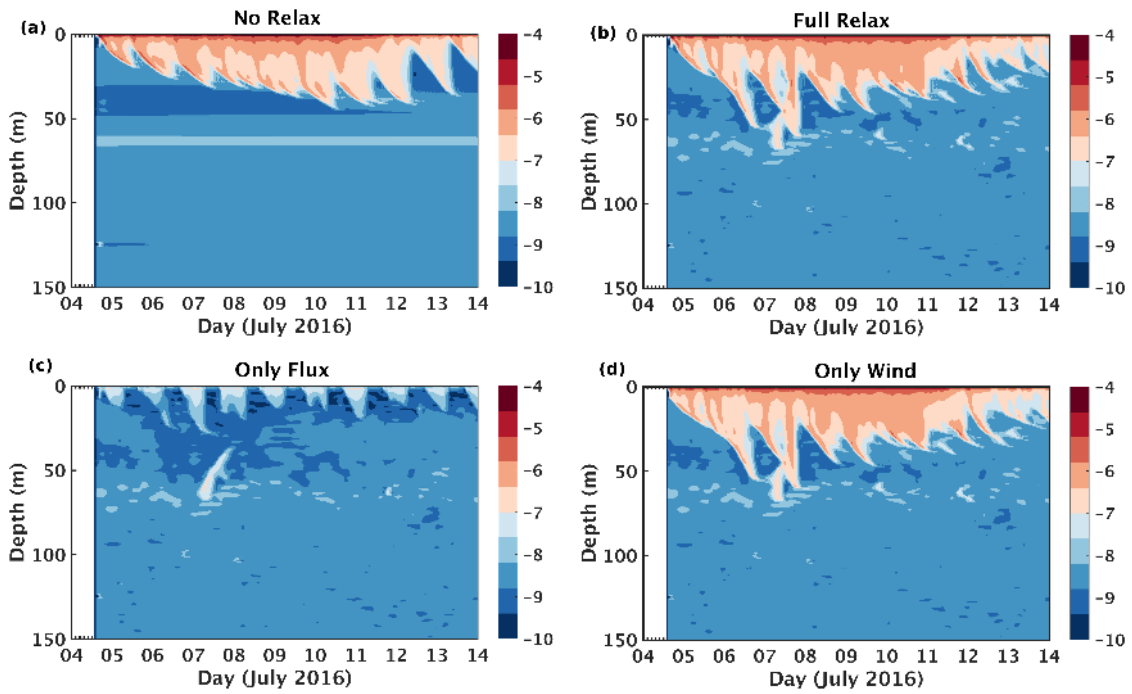
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 928 region indicates the standard deviation.



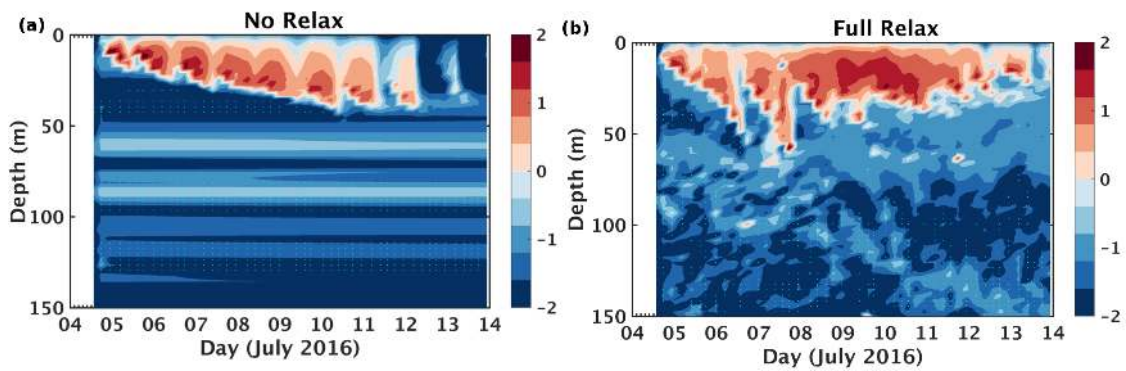
929 FIG. 7. Selected profiles of different properties during the time series observation for: 1) barrier  
 930 layer event 1, 4 July 2016 10:28 PM, local time (blue); 2) barrier layer erosion, 7 July 2016 10:53  
 931 PM (black); 3) barrier layer event 2, 13 July 2016 10:50 PM (red). (a) Temperature (dashed line) and  
 932 salinity (continuous line) profile. The filled triangle represents isothermal layer depth and the star  
 933 represents MLD. (b) Salinity stratification ( $N_S^2$ ). (c) Thermal stratification ( $N_T^2$ ).



934 FIG. 8. Time series of: (a) uCTD surface salinity along the western section, (b) uCTD surface  
 935 salinity along the southern section. The vectors represent the ADCP surface currents. Western uCTD  
 936 salinity sections carried out on (c) 5 July, 2016 (d) 6 July, 2016 (e) 7 July, 2016. The thick blue line  
 937 represent the mixed layer depth (MLD).



938 FIG. 9. Simulated  $\log_{10} \epsilon$  (W kg<sup>-1</sup>) with GOTM experiments: (a) No Relax (b) Full Relax (c) Only  
 939 Flux (d) Only Wind.



940 FIG. 10.  $\text{Log}_{10}$  diapycnal salt flux ( $\text{mg m}^{-2} \text{s}^{-1}$ ) calculated using the eddy diffusivity of salinity  
 941 and vertical salinity gradient from the GOTM experiments: (a) No Relax, (b) Full Relax . The cyan  
 942 dots indicates the region where the salt flux is downward.