

Metabolism of Glycine in the Nonketotic Form of Hyperglycinemia

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Extract

Hyperglycinemia is a disorder of amino acid metabolism characterized by the presence of increased concentrations of glycine in the blood, urine, and cerebrospinal fluid. It is now recognized that there are two forms of hyperglycinemia each representing distinct diseases. These studies were designed to assess the metabolism of glycine in the nonketotic form of hyperglycinemia. Isotope content was assessed in respiratory CO₂ and in glycine, serine and the β carbon of serine of plasma after the separate intravenous injections of glycine-1-¹⁴C and glycine-2-¹⁴C.

The specific activities of ¹⁴CO₂ isolated from expired air after the injection of glycine-1-¹⁴C (fig. 2) declined in control subjects from peak values at 10 to 15 minutes in nearly linear fashion over a 2-hour period. In contrast, curves obtained in the patients were rather flat, rising slowly after injection to highest values at about 60 minutes. At 15 minutes, values for the control individuals exceeded those of the patients by a factor of 5- to 10-fold. These data indicate a defect in the formation of ¹⁴CO₂ from the first carbon of glycine. When the control subjects were infused with nonisotopic glycine to produce pools comparable to those found in the patient, the specific activities of the serine isolated from plasma after the injection of glycine-1-¹⁴C (table II) were virtually the same in both groups. The rate of conversion of glycine-2-¹⁴C to serine (fig. 3) in the patients was, however, considerably slower than it was in the control subjects for at least the first 30 minutes, and the curves were flat throughout. Degradation of the serine isolated from plasma and precipitation of the β carbon as formaldehyde indicated that the incorporation of the α carbon of glycine into the β carbon of serine was much higher in the controls than in the patients (fig. 4). The curves for the patients approximated the abscissa indicating virtually no conversion.

These data indicate that in nonketotic hyperglycinemia there is a defect in the oxidation of carbon 1 of glycine to CO₂ and in the conversion of carbon 2 of glycine to carbon 3 of serine. This is consistent with a defect in an enzyme catalyzing the transformation of glycine to CO₂, NH₃ and hydroxymethyl-tetrahydrofolate.

Speculation

The data obtained indicate that patients with nonketotic hyperglycinemia are unable *in vivo* to convert the first carbon of glycine directly to CO₂ and the second carbon of glycine to the third carbon of serine. This is consistent with a genetic defect in an enzyme which catalyzes decarboxylation and formation of hydroxymethyltetrahydrofolate from glycine. It should be possible to document such a defect at a cellular and subcellular level.

levels comparable to those found in the patients. This was done by the infusion of nonlabeled glycine [27], at a rate of 60 mg/kg/h for 60 minutes prior to the injection of the isotope and for 60 minutes thereafter.

Expired air was collected at intervals over the first 24 hours following the injection of the labeled compound with a Scott inhalator mask adjusted to the patient's face. The mask was connected to two one-way J valves which allowed for inspiration of room air. Expired gases passed into a 13-liter rubber breathing bag. Periods of collection were of 3 to 10 minutes in duration; collections were relatively frequent during the first one to two hours. Heparinized venous blood was obtained at intervals over the first hour after injection and placed immediately in ice. The plasma was then removed and stored frozen to await analysis.

Analytical Methods

CO₂ was absorbed from the bags of expired air in a mixture of ethanolamine:methylcellosolve 1:2 [10] using a modification of the procedure described by FREDRICKSON and ONO [7]. Each bag was connected to a flow system which proceeded first through a 70 ml side-arm test tube in an acetone dry ice mixture, in order to trap water, and then through a series of 30 ml screw cap test tubes placed inside 70 ml side-arm test tubes. The first tube contained 15 ml and the second and third tubes, 7.5 ml of the trapping mixture. In each instance, air entered the trapping mixture through a drawn-out disposable Pasteur pipette placed in the stopper of the larger tube and exited via the side arm into the next tube. A Model 2590 B Wappler-Stedman suction pump was used to move air through the system. After a bag was emptied, the inner test tubes were removed and their screw caps applied tightly to await assay of the contents. The amount of absorbed ¹⁴CO₂ was determined by counting 3.0 ml from each tube in a mixture of toluene, methylcellosolve and 2,5-diphenyloxazole (PPO) [10] using a liquid scintillation spectrometer. The CO₂ content of the absorbed ¹⁴CO₂ was determined by the method of VAN SLYKE [25] using concentrated lactic acid and a 0.2 ml aliquot of trapping solution. Specific activities in dpm per mM were calculated from these two values.

Plasma samples were deproteinized with 4% sulfosalicylic acid and the amino acids separated by chromatography on columns of the Beckman-Spinco Automatic Amino Acid Analyzer [26]. The eluant was collected directly from the bottom of the column in fractions of 2.2 ml in a fraction collector. Aliquots of 0.5 and 1.0 ml were removed and assayed for amino acid content using the ninhydrin reaction [17] and for radioactivity in a liquid scintillation spectrometer. Counting was carried out in 15 ml of Bray's dioxane mixture [4] with 0.5 ml of 0.12 N HCl [19].

Serine was degraded with periodate in order to assess the labeling of β -carbon. Aliquots of 0.5 or 1.0 ml of each of the fractions containing serine were pooled in a flask and oxidized using NaIO₄ [8]. The formaldehyde formed was passed through a Dowex-1-chloride column [12]. Dimedon solution was then added to yield crystals of formaldemethone [16]. The crystals were washed several times with water and recrystallized from hot ethanol. The crystals were dissolved directly in an aliquot of the scintillation mixture (5.0 g PPO, 0.1 g 1,4-bis-[2-5-phenyloxazolyl]-benzene [POPOP] and toluene to 1 liter), and transferred to a counting vial. The container was washed 3 times with the scintillation mixture, the solutions combined and brought to a total volume of 15 ml. Counting was carried out in a liquid scintillation spectrometer. The radioactivity of formaldemethone was corrected for the rates of recovery determined using known amounts of serine-3-¹⁴C subjected to the entire procedure. Recovery was found to be 85-92%.

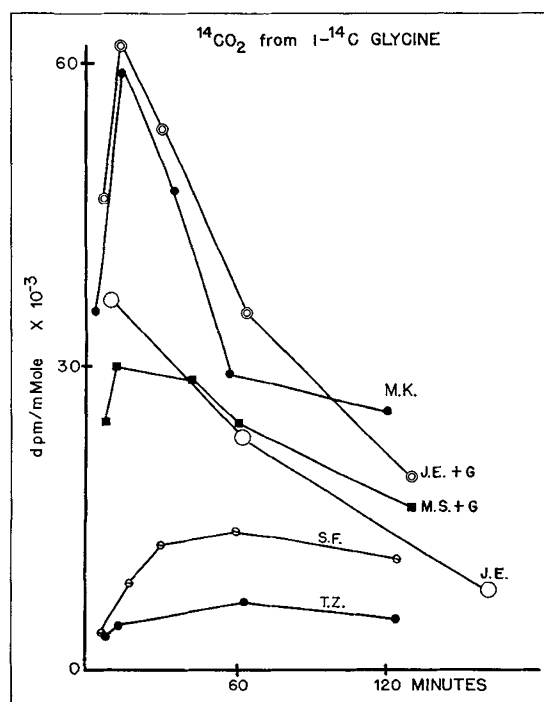


Fig. 2. Formation of ¹⁴CO₂ from glycine-1-¹⁴C in two patients and three control individuals. The designation +G in this and in subsequent figures indicates the formation of an increased glycine pool by the intravenous infusion of unlabeled glycine. T.Z. and S.F. were patients with hyperglycinemia and J.E., M.S. and M.K. were control individuals.

Table I. $^{14}\text{CO}_2$ in the expired air

Labelled substrate	Glycine-1- ^{14}C		Glycine-2- ^{14}C	
	Time (min)	Specific activity (dpm/mM)	Time (min)	Specific activity (dpm/mM)
Control subjects	10	36,610	7	660
	62	22,630	12	1,210
	163	7,900	65	5,690
	1446	630	124	5,030
			1443	350
J. E. + glycine load	8	46,670	10	3,890
	15	61,880	18	7,370
	31	53,600	37	12,010
	65	35,180	66	15,960
	129	19,220	141	13,890
M. S. + glycine load	5	24,580		
	12	30,060		
	42	28,530		
	61	24,500		
	129	15,870		
M. K.	3	35,770	5	3,210
	14	58,260	17	3,080
	35	47,710	29	4,140
	57	29,120	60	13,730
	120	25,100	120	15,030
	240	11,070	240	7,480
	1440	2,210	1440	1,370
Patients T. Z.	8	3,040		
	13	4,150	13	690
	63	6,490	63	3,030
	123	4,990	123	5,370
	1443	410	1443	90
S. F.	7	3,690	5	1,750
	17	8,950	14	2,510
	30	12,830	34	4,820
	62	13,790	67	6,620
	122	11,370	122	8,210
	1442	1,310	1442	2,070

Results

Oxidation of Glycine to CO_2

Data on the conversion of glycine-1- ^{14}C to $^{14}\text{CO}_2$ is illustrated in figure 2. In the controls, the specific activities of the $^{14}\text{CO}_2$ isolated from expired air declined in a nearly linear fashion for over 2 hours from peak values at 10 to 15 minutes. In contrast, the curves obtained in the patients were rather flat, rising slowly to highest values 60 minutes after injection. There was clear distinction between the data for patients and controls for 2 hours. At 15 minutes, values for the con-

trols exceeded those of the patients by a factor of 5- to 10-fold. These data indicate a defect in the formation of $^{14}\text{CO}_2$ from the first carbon of glycine.

That these findings are not a function of dilution of injected glycine in an abnormally large pool of unlabeled glycine is indicated by experiments in which nonisotopic glycine was infused to produce glycine concentrations in plasma of controls, similar to those found in patients. Though plasma concentration cannot be equated to pool size, a steady state for glycine concentration was obtained and body water was presumably constant. This is consistent with enlargement

of the pool to a steady state in which infusion rate equals glycine turnover. The curves obtained in M.S. and J.E. were similar to those observed without glycine infusion. Furthermore, in J.E., who was studied in the presence and absence of infused nonisotopic glycine, the specific activities of CO_2 were much higher in the presence of the glycine load. These data suggest that large amounts of glycine increase rather than decrease the conversion of the first carbon of glycine to CO_2 .

In the control subjects, the conversion of glycine-2- ^{14}C to $^{14}\text{CO}_2$ (table I) was much slower than was that of glycine-1- ^{14}C . The curves obtained with glycine-2- ^{14}C in the controls were similar to those obtained in patients with glycine-1- ^{14}C , with maximal values generally at about 60 minutes. In the patients, the formation of $^{14}\text{CO}_2$ from glycine-2- ^{14}C was even slower than it was in the controls; peak levels were obtained at 2 hours. The quantitative differences between patients and controls, however, were not striking. In J.E., the specific activities of respiratory $^{14}\text{CO}_2$ were greater in the presence of an exogenous glycine load.

Conversion of Glycine to Serine

The specific activities of the serine isolated from plasma after the injection of glycine-1- ^{14}C are shown

in table II. In the control subjects, in the absence of a glycine-infused state, the specific activities of serine decreased sharply from maxima at the earliest times studied. This observation indicated very rapid formation of serine from glycine. When the patients were compared directly with the controls, the specific activities of serine were lower and the curves in the patients were flatter. It is also evident from table II, however, that the specific activities of glycine in the patients were about half that found in the controls. Nonisotopic glycine was infused in the control subjects, J.E. and M.S., and plasma concentrations similar to those of the hyperglycinemic patient T.Z. were obtained. The specific activities of glycine and serine under these conditions were virtually the same in T.Z. and in the control subjects, and the shapes of the curves of specific activity of serine were similarly flat. These data suggest that the differences between controls and patients in the formation of serine from glycine-1- ^{14}C are a function of dilution in pools of different size. The hyperglycinemic patient S.F. was studied at a later time. The concentrations of glycine in his plasma were somewhat higher than that of patient T.Z., and the specific activities of glycine and serine concomitantly were lower.

Table II. Isotope content in plasma of glycine and serine after the injection of glycine-1- ^{14}C

Control subjects	Time (min)	Serine			Glycine			
		$\mu\text{M/l}$	dpm/ μM	plasma dpm/ml	$\mu\text{M/l}$	dpm/ μM	plasma dpm/ml	
J. E.	5	121	4,820	561				
	15	119	4,440	516	150	22,760	3,410	
	30	116	2,770	322				
	60	116	1,160	135	150	2,740	410	
M. K.	10	134	3,390	454	214	26,400	5,650	
	29	119	3,080	367	185	9,550	1,770	
	62	102	653	41	171	1,100	189	
J. E. + glycine	7	104	2,680	278	756	10,360	7,840	
	15	108	2,030	220	834	4,920	4,100	
	29	100	2,170	217	762	2,610	1,990	
	58	134	710	95	566	1,350	764	
M. S. + glycine	6	119	2,770	328	568	14,540	8,260	
	16	112	2,760	309	526	6,550	3,450	
	37	99	2,460	243	461	3,290	1,150	
	57	124	1,190	147	588	1,650	970	
Patients	T. Z.	7	92	2,400	225	626	13,540	8,810
		17	94	2,580	242	655	6,660	4,360
		31	94	2,440	229	670	5,080	3,330
		60	95	2,110	198	669	2,930	1,920
	S. F.	10	114	1,450	166	956	6,750	6,450
		21	160	970	155	871	4,470	3,890
		37	155	770	119	932	2,950	2,750

Data on the conversion of glycine-2-¹⁴C to serine are illustrated in figure 3. In these experiments, the specific activities of serine in patients T.Z. and S.F. were considerably lower than those of controls for at least 30 minutes and the curves were flat throughout. Elevation of the size of the glycine pool in control subjects M.S. and J.E. did not yield curves that were similar to that of the patients. In fact, the highest specific activities obtained were those of M.S. under conditions of glycine infusion. Comparison of the specific activities of the glycine of the plasma (table III), as well as the concentrations of glycine, indicated that infusion of glycine produced greater dilution of the labeled glycine than had occurred in the experiments using glycine-1-¹⁴C. Plasma levels were now comparable to those of the hyperglycinemic patients. These data are in accord with the concept that different processes are involved in the conversion of the first and second carbons of glycine to serine.

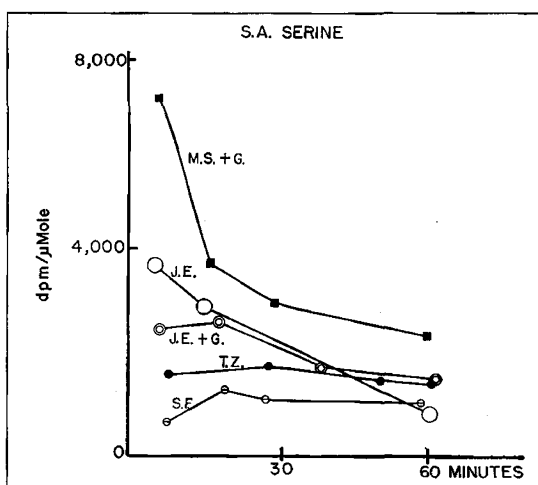


Fig. 3. Conversion of glycine-2-¹⁴C to serine.

Table III. Isotope content in plasma of glycine and serine and of derived formaldehyde after injection of glycine-2-¹⁴C

Control subjects	Time (min)	FAM ¹ serine dpm/μM	Serine			Glycine			
			μM/l	dpm/μM	plasma dpm/ml	μM/l	dpm/μM	plasma dpm/ml	
J. E.	5	693	90	3,760	338	152	34,950	5,310	
	15	776	90	2,930	264	152	11,290	1,710	
	60	93	90	820	74	152	2,510	380	
	78	31	90	800	70	152	1,730	260	
M. K.	10	437	147	2,500	367	178	21,850	3,890	
	21	287	145	1,990	289	159	12,960	2,060	
	53	154	178	1,110	197	177	4,180	740	
J. E. + glycine	6	718	165	2,490	413	811	10,940	8,870	
	18	938	145	2,640	378	826	4,550	3,760	
	39	357	188	1,780	333	937	1,700	1,590	
	61	359	151	1,500	227	821	1,200	990	
M. S. + glycine	6	2,570	114	7,030	798	1,014	9,310	9,440	
	16	1,116	114	3,800	434	936	4,910	4,590	
	29	773	114	3,010	424	859	3,210	2,760	
	59	658	121	2,360	286	774	1,880	1,450	
Patients	T. Z.	8	42	115	1,610	188	486	13,230	5,960
		28	19	119	1,780	207	413	5,400	2,430
		50	5	113	1,570	183	442	3,710	1,670
		60	3	119	1,470	171	462	3,110	1,400
	S. F.	8	38	119	660	81	904	7,150	6,540
		19	54	115	1,280	158	924	4,340	3,680
		27	25	138	1,120	138	916	3,230	2,950
		58	0	134	1,020	125	807	2,510	2,030

¹ Formaldehyde derivative of the β carbon of serine.

In J.E., the specific activities of serine differed little in the presence or absence of glycine infusion. However, the total dpm in serine per ml of plasma was higher; this was balanced by an increase in the concentration of serine in the plasma. These observations, together with the real dilution of the label in glycine, suggest that large amounts of glycine stimulate some aspect of the conversion of the second carbon of glycine to serine.

Conversion of the α Carbon of Glycine to the β Carbon of Serine

Degradation of the serine isolated from plasma and precipitation of β carbon as formaldemethone provided some clarification of these observations. The incorporation of the α carbon of glycine to the β carbon of serine was higher in the two control subjects receiving large amounts of glycine by infusion than it was in the two control subjects studied without the glycine load.

Data for the patients and for controls given exogenous glycine are illustrated in figure 4. Both groups had comparable concentrations of glycine and comparable dilutions of administered labeled glycine. Actually, all data for the controls, with or without glycine infusion, markedly exceeded those of the patients. The curves for the patients approximate the abscissa, indicating virtually no conversion. In fact, data obtained for the patients do not differ significantly from background counting.

There was no incorporation of glycine-1- 14 C into β carbon of serine in either patients or controls.

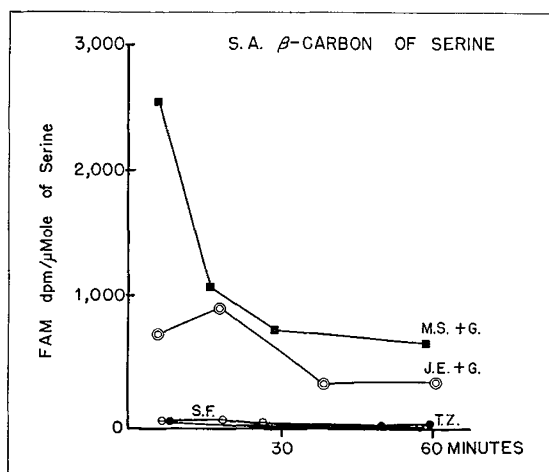


Fig. 4. Conversion of glycine-2- 14 C to the β carbon of serine. The ratio of the radioactivity in formaldemethone (dpm/ml of plasma) to serine (μ M/ml of plasma) expresses the specific activity of the β carbon of serine.

Discussion

Evidence has been reported that interconversions of glycine and serine are abnormal in ketotic hyperglycinemia. The formation of serine from glycine-2- 3 H in a patient with ketotic hyperglycinemia was much slower than it was in control subjects [19]. The curve obtained appeared qualitatively different from those of the controls and quite similar to those obtained with glycine-2- 14 C in our patients with nonketotic hyperglycinemia. Similarly, in parents of a patient with ketotic hyperglycinemia, in comparison with data from normal subjects, the administration of glycine loads yielded higher concentrations of glycine and lower concentrations of serine [24]. However, in a patient with ketotic hyperglycinemia, the concentrations of glycine in the plasma increased to very high levels after the administration of serine loads [6], suggesting that the conversion of serine to glycine was rapid or even accelerated. Furthermore, in a heterozygous infant, the offspring of parents also having a ketotic hyperglycinemic baby, a serine load produced higher concentrations of glycine than it did in controls [1], even though glycine loading yielded lower concentrations of serine that it did in controls. These observations suggest that while glycine is inefficiently converted to serine, serine is converted to glycine at increased rates. The addition of serine to human liver homogenates increased the conversion of labeled glycine to serine [1], presumably by providing a source of the one carbon unit, hydroxymethyltetrahydrofolic acid. In the same heterozygous infant [1], this stimulation by serine was greater than that found in controls. These observations suggest that the enzyme serine hydroxymethyltransferase is intact, although there is defective conversion of glycine to serine.

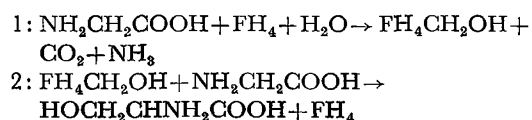
Very few data are available on the metabolism of glycine in nonketotic hyperglycinemia. In one patient studied [9], oral loading with serine resulted in increases in plasma concentrations of glycine that were a little greater than those observed in controls. These data indicate that serine is readily converted to glycine, but do not deal with the conversion of glycine to serine.

The data obtained in this study indicate that in nonketotic hyperglycinemia, there is a defect in the oxidation of carbon 1 of glycine to CO_2 . In controls, glycine-1- 14 C was rapidly converted to $^{14}\text{CO}_2$. The formation of $^{14}\text{CO}_2$ from glycine-2- 14 C was much slower, as one would expect if glycine were first converted to serine and then oxidized via the citric acid cycle in order to release the second carbon as CO_2 (fig. 1). Formation of CO_2 from glycine-1- 14 C in the patients was qualitatively different from that of controls and resembled oxidation of glycine-2- 14 C. A defect in the immediate oxidation of the first carbon of glycine would be consistent

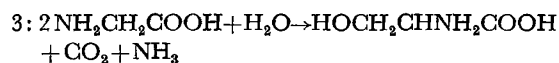
with a defect in glycine oxidase or in the enzyme responsible for the conversion of glycine to CO_2 and hydroxymethyltetrahydrofolate.

The other major finding in these two patients with nonketotic hyperglycinemia was the virtual absence of the conversion of carbon 2 of glycine to carbon 3 of serine. This is consistent with the overall inefficiency of the conversion of glycine-2- ^{14}C to serine. Glycine-1- ^{14}C conversion to serine was not different from that of controls with comparable pools of glycine. These observations could be explained by a defect in glycine oxidase, with defective conversion of glycine-1- ^{14}C to $^{14}\text{CO}_2$. Since the K_m of glycine oxidase is very large, it is not thought to play a major role in glycine degradation. A defect in this enzyme, which deaminates glycine to form glyoxylate, could lead to diminished formation of carbon 3 of serine from glycine-2- ^{14}C , if glyoxylate were the only pathway by which carbon 2 of glycine could be converted to carbon 3 of serine. This appears unlikely. This assumption is supported by preliminary data on the metabolism of 1- ^{14}C -labeled glyoxylate to $^{14}\text{CO}_2$. The data would also be consistent with a defect in the succinyl CoA-glycine cycle, but under these circumstances, one would expect problems with heme synthesis. The data obtained provide evidence for a close association in man between the production of CO_2 from carbon 1 of glycine and the formation of carbon 3 of serine from carbon 2 of glycine.

A close relation between the production of CO_2 and NH_3 from glycine and the synthesis of serine has been observed *in vitro* in avian liver by RICHERT *et al.* [21] and in bacteria by SAGERS and GUNSALUS [22]. The following series of reactions has been proposed [21, 22] in which FH_4 is used to indicate tetrahydrofolic acid and $\text{FH}_4\text{CH}_2\text{OH}$, its hydroxymethyl derivative:



The overall reaction for the synthesis of serine from glycine in this pathway would be as follows:



There are many sources of $\text{FH}_4\text{CH}_2\text{OH}$, other than glycine; they constitute the so-called one carbon pool. Reaction 1, therefore, is not required for the conversion of glycine to serine via reaction 2, which is catalyzed by serine hydroxymethyltransferase, also known as serine aldolase and serine hydroxymethylase. Reaction 1 is complex, requiring nicotinamide adenine dinucleotide (NAD) and pyridoxal phosphate as cofactors.

Reversal of the overall process listed in reaction 3 has been documented [11], but this CO_2 fixation reaction does not necessarily proceed through reversal of reactions 1 and 2. The enzyme catalyzing the decarboxylation of glycine in *Peptococcus glycinophilus* has been extensively purified by KLEIN and SAGERS [14] and found to be reversible. Glyoxylate and glycolate did not participate in these exchanges between the carboxyl group of glycine and CO_2 .

A defect in reaction 1 in nonketotic hyperglycinemia would explain the data obtained in these patients. Inability to form CO_2 and $\text{FH}_4\text{CH}_2\text{OH}$ from glycine would result in a defective formation of $^{14}\text{CO}_2$ from glycine-1- ^{14}C and of serine-3- ^{14}C from glycine-2- ^{14}C , while serine-1- ^{14}C could readily be made from glycine-1- ^{14}C and a pool of $\text{FH}_4\text{CH}_2\text{OH}$ from sources other than glycine.

The observations, in our control subjects, that glycine infusion increased rather than decreased the metabolism of glycine to CO_2 and appeared also to increase the formation of the β carbon of serine from glycine, suggest that large amounts of glycine may stimulate reaction 1. The data are consistent with the experiences of ARNSTEIN and NEUBERGER [2] who found greater rates of conversion of glycine to serine in rats fed diets with a higher than usual content of glycine. The interpretation that the conversion of glycine to serine may operate physiologically only in the presence of large quantities of glycine is not consistent with observations in hyperglycinemia. Data in both man and rat suggest the hypothesis that formation of CO_2 and $\text{FH}_4\text{CH}_2\text{OH}$ from glycine is a physiologically important reaction which can be stimulated by large amounts of glycine. NEWMAN and MAGASANIK [18] have reported evidence that in *E. coli*, the enzyme system which converts glycine to single carbon units is adaptive. It is induced by glycine and repressed by single carbon units derived from other sources.

The mechanism of this reaction has been clarified in the *P. glycinophilus* system by KLEIN and SAGERS [13, 14]. Four protein fractions (P_1 , P_2 , P_3 and P_4) have been separated; all were required to catalyze the overall reaction of glycine and FH_4 to yield $\text{FH}_4\text{CH}_2\text{OH}$, CO_2 and NH_3 . P_1 , which contains bound pyridoxal phosphate, and P_2 , a heat-stable protein, must be combined to yield CO_2 from glycine. NAD and FH_4 are not required for this decarboxylation. P_3 is a flavo-protein which, when combined with P_2 , is reduced by glycine and transfers electrons to NAD [3]. P_4 must be coupled to the other fractions to transfer the α carbon of glycine to FH_4 . It is not now known whether the system studied in avian liver [21] is the same one, or whether these mechanisms are operative in mammalian systems. It will be of considerable interest to explore them in hyperglycinemia.

Summary

The metabolism of glycine was studied in two patients with nonketotic hyperglycinemia. The experiment was designed to assess the isotope content of respiratory CO₂, glycine, serine and carbon 3 of serine after the separate intravenous injections of glycine-1-¹⁴C and glycine-2-¹⁴C. Conversion of the first carbon of glycine to CO₂ was considerably slower in the patients than in the controls. In the patients, there was virtually no conversion of the second carbon of glycine to the third carbon of serine. These data indicate a defect in nonketotic hyperglycinemia in the reaction which forms CO₂ and hydroxymethyltetrahydrofolic acid from glycine.

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27. Pediatric Maintenance Solution (Baxter, 25 mEq/l Na, 10 mEq/l Cl, 5 mEq/l lactate and 5 % glucose).
28. We are grateful to Doctors SAMUEL GIAMMONA and PATRICIA ZELKOWITZ for advice and assistance in developing the procedures for gas collection; to Mr. RICHARD WEHR for assistance with the Amino Acid Analyzers; and to Mr. MICHAEL L. Rehberg.
29. This investigation was supported by USPHS Grants HD 02609-04 and HD 00341-07 from the National Institute of Child Health and Human Development; Grant NB 05503 from the National Institute of Neurological Diseases and Blindness; Grant FR 00261 from the General Clinical Research Branch, NIH; and the Children's Bureau Grant 408.
30. The experimental undertakings in both control and patient subjects were conducted in accordance with institutional regulations regarding human experimentation. Informed consent was obtained from the appropriate guardians in all instances.
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