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1 **Metabolomics and proteomics of *L. rhamnosus* GG and *E. coli* Nissle probiotic**  
2 **supernatants identify distinct pathways that mediate growth suppression of antimicrobial-**  
3 **resistant pathogens**

4

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**Running title:** Probiotic supernatants suppress AMR pathogen growth

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12 **Abstract:**

13 Probiotics merit testing as alternatives to conventional antibiotics and are receiving  
14 increased attention for efficacy against multi-drug resistant pathogen infections. This study  
15 hypothesis was that the Gram-positive probiotic, *L. rhamnosus* GG (LGG) and Gram-negative *E.*  
16 *coli* Nissle (ECN) secrete distinct proteins and metabolites to suppress pathogen growth. LGG  
17 and ECN cell free supernatants were tested in a dose-dependent manner for differential growth  
18 suppression of *Salmonella* Typhimurium, *Escherichia coli*, and *Klebsiella oxytoca* that harbor  
19 antimicrobial resistance (AMR). Across supernatant doses, LGG was 6.27% to 20.55% more  
20 effective than ECN at suppressing AMR pathogen growth. Proteomics and metabolomics were  
21 performed to identify pathways that distinguished LGG and ECN for antimicrobial functions.  
22 From the 667 detected metabolites in probiotic cell free supernatants, 304 metabolites had  
23 significantly different relative abundance between LGG and ECN, and only 5 and 6 unique  
24 metabolites were identified for LGG and ECN respectively. LGG and ECN differences involved  
25 amino acid, energy and nucleotide metabolism. Proteomics analysis of ECN and LGG cell free  
26 supernatants identified distinctions in 87 proteins, where many were related to carbohydrate and  
27 energy metabolism. Integration of genome-proteome-metabolome signatures from LGG and  
28 ECN with predictive metabolic modeling supported differential use of substrates by these two  
29 probiotics as drivers of antimicrobial actions. ECN metabolized a range of carbon sources,  
30 largely purines, whereas LGG consumed primarily carbohydrates. Understanding functional  
31 biosynthesis, utilization and secretion of bioactive metabolites and proteins from genetically  
32 distinct probiotics will guide strategic approaches for developing antibiotic alternatives and for  
33 controlling spread of multi-drug resistant pathogens.

34

35 **Importance**

36 Probiotics are practical alternatives for protection against antimicrobial resistant  
37 pathogens. Bioactive probiotics molecules merit further investigation using high throughput -  
38 omic approaches. This study identified functional differences between Gram-positive *L.*  
39 *rhamnosus* GG (LGG) and Gram-negative *E. coli* Nissle (ECN) probiotics that suppressed the  
40 growth of antimicrobial resistant *S. Typhimurium*, *K. oxytoca*, and *E. coli*. Proteomes and  
41 metabolomes of the probiotic cell free supernatants showed metabolic differences between LGG  
42 and ECN for mediating pathogen growth suppression. Metabolites distinguishing LGG versus  
43 ECN growth suppression included carbohydrates, lipids, amino acids, and nucleic acids. The  
44 metabolic flux differences between ECN and LGG, which coincided with observed separations  
45 in the proteomes and metabolomes, was hypothesized to explain the differential suppression of  
46 AMR pathogens. Integrated metabolite and protein signatures produced by each probiotic merit  
47 attention as adjuvant therapeutics for antimicrobial resistant infections.

48

49 **Keywords:** Antimicrobial resistance, probiotics, cell free, supernatants, growth suppression,  
50 proteome, metabolome

51

## 52 **Introduction**

53 Probiotic microorganisms have been largely explored for their capacities to suppress  
54 pathogen growth. Conventional paradigms consider the broad-acting mechanisms by which  
55 probiotics antagonize pathogens, such as competitive exclusion of pathogens in host tissues,  
56 production of organic acids, and modulation of host immunity [1]. Few studies exist for  
57 comparison of probiotics, although there is evidence that they have species and strain-dependent  
58 differences in **AMR** pathogen growth suppression [1-6]. According to the World Health

59 Organization and Centers for Disease Control, the burden of AMR infections from  
60 Enterobacteriaceae accounts for ~423,000 infections annually and adds ~\$1.5 billion to  
61 healthcare costs [7, 8]. Among AMR Enterobacteriaceae, the non-typhoidal *Salmonella* and most  
62 frequently *S. Typhimurium*, is a key global cause of diarrheal diseases that accounts for  
63 approximately 1.2 million illnesses each year in the United States alone [9]. A large body of  
64 research has characterized the spread of AMR *E. coli* isolated from people, livestock, and in  
65 environmental waters, and there are reports of human clinical infections with *E. coli* susceptible  
66 to last-resort antimicrobial agents, including colistin [10, 11]. *Klebsiella* species, including *K.*  
67 *pneumoniae* and *K. oxytoca* are also part of the Enterobacteriaceae family. These species are  
68 normally present in environmental samples and notable for causing hospital and community-  
69 acquired opportunistic infections in the urinary tract, respiratory tract, and bloodstream [12].  
70 *Klebsiella* species readily form biofilms [13] that contributes to innate AMR, and making them  
71 particularly difficult to eradicate [12, 14].

72 Gram-positive probiotic *Lactobacillus rhamnosus* GG (**LGG**) and the Gram-negative  
73 probiotic *Escherichia coli* Nissle (**ECN**) have been well-characterized in their capacities to  
74 antagonize antimicrobial-resistant Enterobacteriaceae [15, 16]. Recent studies illustrate that they  
75 differentially regulate host gut immunity to protect against enteric infections [17], suggesting  
76 that they may also function to antagonize pathogens through distinct mechanisms. Additional  
77 investigations have identified bioactive small molecules, including multiple amino acids,  
78 carbohydrates and lipids, that are produced by LGG and ECN that contribute to their anti-  
79 pathogen activities [18-21]. Other investigations have identified proteome and genome markers  
80 in LGG and ECN including genes that regulate the production of lipids, amino acids, and energy  
81 metabolites for anti-cancer, anti-inflammatory, and pathogen-protective capacities [19, 21, 22],

82 suggesting that these chemical classes are important small molecule contributors to their  
83 antimicrobial activity.

84 This study was designed to examine and establish mechanisms by which the cell free  
85 supernatants from Gram-positive and Gram-negative probiotics, namely LGG and ECN,  
86 differentially function to suppress AMR pathogens, *E. coli*, *S. Typhimurium*, and *K. oxytoca*.  
87 This study hypothesis was that differential nutrient metabolism by LGG and ECN leads to  
88 production of distinct antimicrobials that exhibit dose-dependent differences in growth  
89 suppression of antimicrobial resistant pathogens, namely *S. Typhimurium*, *Klebsiella*, and *E.*  
90 *coli*. The composition of cell free supernatants from Gram-positive and Gram-negative  
91 probiotics, namely LGG and ECN, that suppress *E. coli*, *S. Typhimurium*, and *K. oxytoca* growth  
92 was assessed by an integrated, non-targeted metabolomics, proteomics, and metabolic network  
93 analysis. Metabolic differences between a Gram-positive and Gram-negative probiotic for  
94 antimicrobial functions represents a novel approach with broad-spectrum applications to  
95 environmental, animal and human health.

96

## 97 **Results**

### 98 *Phenotypic and genotypic characterization of three AMR pathogens*

99 *E. coli*, *S. Typhimurium*, and *K. oxytoca* pathogens were screened for phenotypic AMR  
100 against five representative drug classes using Kirby-Bauer disk diffusion (**Table 1**). All three  
101 pathogens were resistant to the beta-lactam drugs ampicillin and cefazolin. In addition, *S.*  
102 *Typhimurium* displayed multidrug resistance by displaying additional resistance to the  
103 aminoglycoside drug gentamicin as well as tetracycline. To further characterize AMR genes by  
104 *E. coli*, *S. Typhimurium*, and *K. oxytoca*, the genomes were **BLAST** (Basic Local Alignment

105 Search Tool)-searched against a routinely curated AMR gene database (**Fig. 1**). One hundred and  
106 twelve antimicrobial genes spanning 15 functional classes were identified across the three  
107 pathogens (**Fig. 1& File S1**). Many of the genes encoded multidrug resistance efflux pumps and  
108 efflux pump regulators across the three pathogens and were followed by beta-lactam resistance  
109 genes including class A, B and C beta lactamases and penicillin binding proteins. Gene classes  
110 that distinguished the three pathogens were multi-drug resistance ribosomal target modifiers  
111 detected exclusively in *S. Typhimurium*, tetracyclines detected only in *E. coli*, and phenicols,  
112 rifampins and regulator proteins identified exclusively in the *K. oxytoca* genome.

113

114 *Differential AMR pathogen growth suppression by L. rhamnosus GG and E. coli Nissle cell free*  
115 *supernatants*

116 LGG and ECN supernatants dose dependently (12% v/v to 25% v/v) decreased AMR *S.*  
117 *Typhimurium*, *E. coli*, and *K. oxytoca* growth. **Fig. 2** shows the minimum inhibitory cell free  
118 supernatant dose-response for each pathogen, defined as the dose of supernatant that enhanced  
119 pathogen growth suppression compared to the vehicle control. Next, the percent growth  
120 inhibition was calculated for each probiotic supernatant relative to the vehicle control. Across all  
121 three AMR pathogens and for each probiotic supernatant concentration, LGG was 6.27% to  
122 20.55% more effective at suppressing pathogen growth when compared to ECN (**Fig. 2**). **Fig. S1**  
123 shows the quantification and comparisons for ECN and LGG growth suppression for each  
124 pathogen at 4h intervals.

125 The 12% v/v was the minimum supernatant dose at which both LGG and ECN  
126 supernatants achieved growth suppression of *S. Typhimurium* (**Fig. 2A**). LGG suppressed *S.*  
127 *Typhimurium* growth between 4.33h-16.00h ( $p < 0.0001$ ), and ECN between 13.33h-16.00h

128 (p<0.05) when compared to the vehicle control treatment. Maximal *S. Typhimurium* growth  
129 suppression was achieved at 5.33h for LGG (41.20%, p<0.0001) and at 13.67h for ECN  
130 (11.48%, p<0.01). LGG supernatant was 6.27% more effective at suppressing *S. Typhimurium*  
131 growth compared to ECN (p<0.0001, 8.33h).

132 The 18% v/v supernatant dose was the lowest dose where LGG and ECN supernatant  
133 suppressed *E. coli* growth compared to the vehicle control (**Fig. 2B**). At this dose, LGG  
134 supernatant suppressed *E. coli* growth 30.40% more than the vehicle control (p<0.0001, 4.67h)  
135 and ECN supernatant was 29.45% more effective than the vehicle control (p<0.0001, 5.00h).  
136 When comparing probiotic supernatants, LGG was 20.55% more effective than ECN at  
137 suppressing *E. coli* growth (p<0.0001, 16.00h).

138 For *K. oxytoca*, the 12% v/v supernatant was the lowest dose where LGG and ECN  
139 achieved growth suppression versus the vehicle control (**Fig. 2C**). At this dose, LGG suppressed  
140 *K. oxytoca* growth between 3.00h-16.00h and achieved a maximal percent growth of 28.85%  
141 suppression at 7.33h (p<0.0001). ECN suppressed *K. oxytoca* growth earlier than LGG, between  
142 3.00h-16.00h and reached maximal growth suppression of 23.86% at 3.33h (p<0.005). At  
143 maximal growth suppression, LGG was 19.30% more effective than ECN at suppressing *K.*  
144 *oxytoca* growth (p<0.0001, 11.00h).

145

146 *E. coli* Nissle and *L. rhamnosus* GG cell free supernatants exhibit differences in metabolic  
147 pathways and metabolite production

148 Given that LGG supernatant was more effective at suppressing growth of all three AMR  
149 pathogens tested when compared to ECN supernatant (**Fig. 2**), we next applied a global, non-  
150 targeted metabolomics analysis to the probiotic cell free supernatants. A total of 667 metabolites



151 were detected in the LGG and ECN supernatant metabolomes, and the major metabolomic  
152 differences between LGG and ECN are depicted in **Fig. 3**. The complete metabolome is provided  
153 in **File S2**. Among the 667 detected metabolites, 412 metabolites were characterized: 155 amino  
154 acids, 28 carbohydrates, 10 energy metabolites, 63 lipids, 61 nucleotides, 44 xenobiotics/other  
155 metabolites, 32 peptides, and 19 cofactors and vitamins. Two-hundred and fifty-five metabolites  
156 were unnamed and reported by their mass to charge ratio (m/z) and retention index (RI). Of the  
157 667 total metabolites detected, 304 were differentially abundant ( $p < 0.05$ ) between LGG and  
158 ECN with only 5 and 6 unique metabolites identified respectively. **Fig. 3A** shows common,  
159 shared, and unique metabolites among ECN, LGG, and MRS broth. Principal coordinates  
160 analysis for metabolite median-scaled abundances showed a clear separation of ECN versus  
161 LGG metabolomes (**Fig. 3B**). A complete list of metabolites with statistically different median-  
162 scaled abundances is provided in **Table S1**. **Fig. 3C** shows the top 50 metabolites ranked  
163 according to statistical p-value differences between LGG and ECN, where the median-scaled  
164 abundance in fold-difference between ECN versus LGG is depicted. A complete list of  
165 differentially abundant metabolites between LGG versus ECN supernatants are reported in **Table**  
166 **S1**.

167 Pathway enrichment scores (**PES**) were calculated to evaluate the contribution of  
168 metabolic pathways to metabolites with significantly different abundances for ECN versus LGG  
169 **Fig. 3D**. Amino acids accounted for 42.3% of metabolite profile differences between ECN and  
170 LGG. Polyamine metabolism (PES 1.10) contained the metabolite cadaverine (37.46 -fold higher  
171 in ECN versus LGG supernatant,  $p < 1.00E-30$ ), which has been reported to enhance the  
172 effectiveness of carboxypenicillins against *P. aeruginosa* [23]. Agmatine (11.35-fold higher in  
173 ECN versus LGG supernatant) also has some antiviral activity [24] and antimalarial effects [25]

174 as well as antibacterial effects [26, 27]. Methionine, cysteine, S-adenosyl methionine and taurine  
175 metabolism also distinguished ECN versus LGG metabolism with methionine sulfone (0.36-fold  
176 lower in ECN vs LGG,  $p < 0.001$ ) and methionine sulfoxide (0.090-fold lower in ECN vs LGG,  
177  $p < 1.00E-30$ ). Methionine sulfoxide has been reported to enhance penicillin susceptibility of  
178 highly refractory Gram negative organisms [28] and methionine sulfone was shown to impair  
179 glutamate and methionine metabolism in *Salmonella*, *Klebsiella*, and other pathogens [29, 30].

180 Nucleotides accounted for 23.1% of metabolic pathway differences when comparing ECN  
181 to LGG with xanthine, inosine (PES 2.11), uracil (PES 2.80) and guanine metabolism (PES  
182 2.47). Hypoxanthine was 5.17-fold higher in ECN versus LGG supernatant, and whose oxidation  
183 to xanthine has been shown to produce antibacterial reactive species [31]. Carbohydrate  
184 metabolism contributing to metabolite profile differences between ECN and LGG involved  
185 glycolysis and gluconeogenesis (PES 1.21). Glycolytic metabolites included glucose 6-phosphate  
186 (0.060 fold lower in ECN versus LGG,  $p < 1.00E-30$ ), and lactate (0.31 fold lower in ECN versus  
187 LGG,  $p < 1.00E-10$ ), which have shown direct bactericidal effects on Gram-negative bacteria  
188 [32].

189 In addition to metabolites that were differentially abundant between ECN and LGG,  
190 metabolome analysis also revealed distinct metabolites from MRS broth that are depleted or  
191 accumulated only in LGG or ECN supernatant respectively, (**File S3**).

192

193 *Distinct proteome compositions for E. coli Nissle and L. rhamnosus GG supernatants:*

194 The non-targeted proteome of ECN and LGG cell-free supernatants was explored for  
195 mechanistic contributions to AMR pathogen growth suppression (**Fig. 4**). The complete probiotic  
196 cell free supernatant proteome, protein accession numbers, and gene-ontology terms are provided

197 in **File S4** for 130 total proteins. Forty-nine of these proteins were from animal origin as arising  
198 from culture media-broth and were excluded from downstream analysis. Of the remaining  
199 proteins, 67 had ECN origin and 14 proteins had LGG origin specificity and only one protein,  
200 glyceraldehyde 3- phosphate dehydrogenase, was identified in both ECN and LGG supernatants  
201 (**Fig. 4A**).

202 The LGG supernatant proteome is classified in **Fig. 4B**. Notably, the glycolysis enzyme  
203 glyceraldehyde 3-phosphate dehydrogenase represented 1.47% of the LGG supernatant  
204 proteome, Other proteins identified included the CHAP (cysteine and histidine-dependent  
205 aminohydase/proteases) and at hydrolase domain protein (2.73%). The remaining 3 proteins  
206 detected in LGG supernatant were uncharacterized. In the ECN supernatant-proteome, proteins  
207 involved in carbohydrate metabolism (14 proteins) and amino acid metabolism (8 proteins) were  
208 identified (**Fig. 4C**). Among carbohydrate metabolism proteins, the glycolysis enzyme  
209 glyceraldehyde 3-phosphate (1.93% abundance) was the most elevated, whereas contributions  
210 from enolase (1.81%), another glycolytic protein, were also observed. Major contributors to  
211 amino acid metabolism included the aspartate metabolism enzyme aspartate ammonia lyase (3.59  
212 % of total proteome abundance) and glutamine-binding periplasmic protein (3.28% abundance)  
213 that is responsible for glutamine transport.

214

215 *Metabolic modeling predicts metabolites and proteins contributing to pathogen growth*

216 *suppression using E. coli Nissle and L. rhamnosus supernatants*

217 Under the assumption that depletion and accumulation of metabolites identified in the cell  
218 free supernatants were caused by metabolite consumption and production by the probiotics,  
219 metabolic modeling was used to explore the differential dependencies of ECN and LGG on

220 metabolites and associated metabolic enzymes for ATP production (i.e. growth promotion). **Fig.**  
221 **5** shows the simulated flux distributions for LGG and ECN, which reflect their differential use of  
222 carbon sources. Flux distributions were simulated by performing parsimonious flux balance  
223 analysis (**pFBA**) on draft metabolic models for the two probiotics (reconstructed using KBase)  
224 constrained by the relative metabolite consumption and production observed in the metabolomics  
225 data. Of the 667 metabolites detected in the supernatant metabolome, 204 metabolites were  
226 present in at least one of the reconstructed models.

227         The ECN supernatant-metabolite profiles revealed the capacity for ECN to metabolize a  
228 range of carbon sources, such as sugar, nucleoside, amino acid, glycerophospholipid, whereas  
229 LGG consumes primarily carbohydrates. Both organisms rely on the lower part of glycolysis for  
230 ATP generation, which was supported by the presence of these enzymes in the proteome data  
231 (**Fig. 4**). Under the microaerobic conditions under which the probiotic cultures were maintained,  
232 LGG relies primarily on lactate production, and was confirmed by the significantly increased  
233 lactate detected in LGG supernatant versus ECN (0.31,  $p < 1.00E-13$ ). The heterofermentive  
234 probiotic ECN-pFBA predicted that ECN can use lactate, ethanol, and succinate that are  
235 produced as terminal electron acceptor for anaerobic respiration and ATP generation by ATP  
236 synthase which produced fluxes in 99.79% of the ECN flux samples. Consistent with this flux  
237 analysis finding is that the ECN supernatant metabolome had a significantly higher succinate  
238 abundance (8.98,  $p < 1.00E-30$ ).

239         Given the metabolite consumption, biosynthesis profiles and the simulated flux  
240 distributions, shadow price (**File S5**) was performed to represent the increase/decrease in the  
241 objective function value (i.e. probiotics growth) per unit of increase in resource available  
242 reflected in a constraint (i.e. the required consumption/production of metabolites). Based on this

243 rationale, the growth-promoting/competing role of each metabolite that was detected in the  
244 metabolome and is present in the models was analyzed.

## 245 **Discussion**

246 The differential efficacy of cell free supernatants from two distinct probiotics were  
247 investigated for AMR pathogen growth suppression. The gram-positive probiotic LGG  
248 suppressed growth of three AMR pathogens, *S. Typhimurium*, *E. coli*, and *K. oxytoca* with lower  
249 doses and exposure time when compared to the Gram-negative probiotic ECN. These pathogens  
250 collectively contained and expressed resistance to multiple antimicrobial drug classes,  
251 emphasizing the need to identify targeted solutions for suppressing growth. To evaluate and  
252 compare the small molecule contributors to the differential antimicrobial activity of ECN versus  
253 LGG cell-free supernatant, a global, non-targeted metabolomics and proteomics analysis was  
254 applied. The proteomes and metabolomes of each probiotic supernatant was integrated with the  
255 genomes to develop predictive metabolic models. This integrated multi-omic systems modeling  
256 approach predicted major metabolic differences influencing the composition of ECN and LGG  
257 supernatants, namely differential regulation of carbohydrate, energy, nucleotide, and amino acid  
258 pathways (**Fig. 6**).

259 Carbohydrate metabolism represents a collection of pathways necessary for the  
260 generation of ATP through central metabolism to form biosynthetic precursors required for  
261 various cellular processes [33]. Utilization of these carbon sources (including amino acid and  
262 fatty acid catabolism) differs between Gram-negative and Gram-positive bacteria accounting for  
263 the differences in the metabolome and proteome of these probiotics (**Fig. 6**). The metabolic  
264 predictive model showed the diversity of metabolic pathways by which ECN was predicted to  
265 utilize glycolytic metabolites when compared to LGG, which exhibited more restricted funneling

266 into glycolytic processes. ECN was predicted to expend more energy than LGG to funnel  
267 glycolytic metabolites into the synthesis of fatty acids, sugars, and nucleotides, whereas LGG  
268 primarily relies on glycolytic metabolites to produce ATP during fermentation reactions (**Fig. 5**).  
269 Although diverse glycolytic metabolite shunting observed in ECN provided substrates for other  
270 key areas of metabolism, the decreased production of fructose 1,6 diphosphate, glucose 6-  
271 phosphate, phosphoenolpyruvate and lactate compared to LGG, may have contributed to the  
272 lower bacteriostatic and bactericidal activities of ECN supernatant against Gram-negative  
273 bacteria [32].

274         The presence of type I glyceraldehyde 3- phosphate dehydrogenase in the LGG proteome  
275 but not the ECN proteome may additionally contribute to the differential antimicrobial activity of  
276 LGG versus ECN supernatant. Interestingly, it was shown that some of the proteins in the  
277 glycolytic pathway were localized on the cell wall in some Gram-positive bacteria [34] with the  
278 capacity to produce ATP on the cell's surface [35]. Glyceraldehyde 3- phosphate dehydrogenase  
279 (**GAPDH**), which was present in the LGG but not ECN proteome, is one of these proteins (**Fig.**  
280 **4B**). Previous evaluations of the LGG proteome have shown that GAPDH is not strictly  
281 cytosolic, but like with other Gram-positive species, it is secreted into the extracellular  
282 environment [36]. In addition to increasing the glycolytic capacity of LGG, GAPDH has been  
283 increasingly explored in prokaryotic as well as eukaryotic species to produce antimicrobial  
284 peptides that suppress the growth of various Gram-negative pathogens [36]. While probiotic  
285 secreted GAPDH has been implicated in host adhesion as well as immunomodulation [37], it has  
286 not yet been screened for production of antimicrobial peptide products in probiotic bacteria, and  
287 warrants further attention as a LGG mediator of pathogen growth suppression. This hypothesis is  
288 consistent with results from integrated metabolic modeling, whereby proteomic and metabolomic

289 observations support differences in LGG and ECN for carbohydrate metabolism. Notably, LGG  
290 carbohydrate metabolism simultaneously increased bacteriostatic organic acid production, and  
291 LGG secreted GAPDH produced uncharacterized antimicrobial proteins contributing to pathogen  
292 growth suppression. (**Fig. 4C**).

293         Twenty-six of the 37 metabolites predicted to be consumed by ECN were involved in  
294 purine metabolism (**File S3**). *Escherichia coli* has been shown to utilize purines, including  
295 guanine, as nitrogen sources and convert exogenous purines (bases or nucleosides) to  
296 nucleotides, which are converted to nucleobases [38]. The purine nucleobases are then converted  
297 to the corresponding purine mononucleotides by the exo-enzymes hypoxanthine and guanine  
298 phosphoribosyltransferase, which salvage guanine, hypoxanthine, and xanthine, three  
299 metabolites shown to have antimicrobial activity [39]. Given the lack of nucleotide metabolism  
300 proteins in the ECN supernatant, improved recovery and prediction of bioactive proteins secreted  
301 into probiotic supernatants is an area for future investigation.

302         While the collective supernatant metabolomes and proteomes did share metabolites, the  
303 supernatant metabolome were unique to function in ECN or LGG. For ECN, exclusive  
304 metabolites included N-acetylcitrulline, a metabolite of urea cycle, arginine and proline  
305 metabolism [40], dihomo-linoleate (20:2n6) a product of polyunsaturated fatty acid metabolism  
306 shown to have antioxidant properties [41], nicotinamide ribose [42], and 3-hydroshikimate a  
307 product of the shikimate pathway whose enzymes are targets for the design of potential  
308 antimicrobial agents [43]. In *E. coli*, arginine metabolism distinguished probiotic *E. coli* strains  
309 from commensal and pathogenic *E. coli* strains, whereas *E. coli* Nissle was shown to produce  
310 higher levels of citrulline, citrulline derivatives, and an overall greater diversity of arginine-  
311 derived metabolites [20]. The unique production of N-acetylcitrulline and other arginine

312 metabolites, including the proteins and enzymes regulating ECN arginine metabolism thus  
313 represents another research mechanistic dimension to optimize the antimicrobial activity of ECN.  
314 LGG supernatant exclusive metabolites included cysteine s-sulfate that is produced by the  
315 reaction of inorganic sulfite and cystine and a very potent N-methyl-D-aspartate-receptor  
316 (NMDA-R) agonist [44], N1-methyladenosine, which plays a role in environmental stress,  
317 ribosome biogenesis and antibiotic resistance [45], and nicotinamide adenine dinucleotide  
318 (NAD<sup>+</sup>), a cofactor that is central to metabolism involved in redox reactions. Three unknown  
319 metabolites were uniquely detected in LGG. Collectively, the roles for unknown/unnamed  
320 metabolites in LGG warrant additional evaluation for metabolic functional relevance to the  
321 probiotic, and how production can be increased for antimicrobial applications. Further  
322 investigation and quantitation of these metabolites is warranted to characterize these compounds,  
323 as they could be contributing to the enhanced growth suppressing effect of LGG supernatant  
324 observed when compared to ECN supernatant.

325         This proteomic, metabolomic and metabolic flux analysis of two diverse probiotic cell  
326 free supernatants highlighted the role for carbohydrate, amino acid, and nucleotide metabolism  
327 as strategies for suppressing AMR pathogen growth. Our findings herein contributed novel  
328 mechanistic insights to the metabolic pathway synergy inferred from in vivo studies that utilize  
329 and test ECN and LGG in combination and with prebiotics that enhanced probiotic functions [18,  
330 46, 47]. Targeted quantification and stoichiometric evaluation of antimicrobials in cell free  
331 supernatants are needed for confirming minimum inhibitory concentrations that suppress  
332 pathogen growth, and for impacts on host gastrointestinal and mucosal immune functions.  
333 Optimization of Gram-positive and Gram-negative probiotics for antimicrobial therapies to AMR



334 pathogens requires attention to several environmental and host conditions that allow pathogens to  
335 spread and prior to concerns for outbreak infections that may affect animal and human health.

336

## 337 **Materials and Methods**

338 *Antimicrobial resistant pathogen isolation:*

339 The *Salmonella enterica* serovar Typhimurium isolate used in this study was collected  
340 from human intestinal tract in 2010, Washington State University , and was provided as a  
341 generous gift from Dr. Sangeeta Rao at Colorado State University . The AMR *E. coli* and *K.*  
342 *oxytoca* isolates were collected from environmental water samples in Northern Colorado using  
343 published methods [10]. Briefly, water samples were collected with sterile Pyrex wide-mouth  
344 storage bottles, immediately placed on ice, and kept in a light-sensitive container until analysis,  
345 which occurred approximately 1h following sample collection. Water samples were diluted onto  
346 CHROMagar-ESBL (extended-spectrum beta-lactamase) and CHROMagar-KPC (*Klebsiella*  
347 *pneumoniae* carbapenemase) (DRG Diagnostics, Springfield, NJ) media to identify and isolate  
348 individual colonies. Isolated colonies were incubated in tryptic soy broth (TSB) at 37°C for  
349 ~18h, and colony identities were made to the species-level using matrix-assisted laser  
350 desorption-ionization time-of-flight analysis (MALDI) on a VITEK-MS machine (Biomérieux,  
351 Durham, NC).

352

353 *Antimicrobial resistance profile determination for Salmonella Typhimurium, E. coli, and K.*

354 *oxytoca*

355 The AMR profiles of *Salmonella* Typhimurium, *E. coli*, and *K. oxytoca* were established  
356 using Kirby-Bauer Disc Diffusion methods established by the Clinical & Laboratory Standards

357 Institute (CLSI) [48]. Briefly, overnight incubations of each isolate cultured in sterile TSB were  
358 diluted to a concentration of  $1.5 \times 10^8$  cells/mL using a 0.5 McFarland Standard. The resultant  
359 dilutants were spread onto Mueller-Hinton agar (Hardy Diagnostics, Santa Maria, CA) and the  
360 following antimicrobial discs were applied: Meropenem (MEM-10), Linezolid (LZD-30),  
361 Vancomycin (VA-30), Cefazolin (CZ-30), Ciprofloxacin (CIP-5), Gentamicin (CN-10),  
362 Ampicillin (AMP-10), Penicillin (P-10), Tobramycin (NN-10), Tetracycline (TE-30), and  
363 Amikacin (AK-30). After 18h incubation at 37°C, the zone of inhibition was measured and  
364 reported as the radius from the center of the disc to the edge of the inhibition zone (mm). Kirby-  
365 Bauer Disc Diffusion assays were performed in triplicate for each pathogen, and the zone of  
366 inhibition was averaged across assays. These averaged antimicrobial disc inhibition zones were  
367 compared to CLSI standards for each isolate to make the determinations of “Susceptible”,  
368 “Intermediate”, and “Resistant”.

369

#### 370 *Whole genome sequencing:*

371 DNA was extracted from each isolate using a DNeasy PowerSoil Kit (Qiagen, Valencia,  
372 CA) following manufacturer protocols. Extracted DNA was semi-quantified and quality-checked  
373 using a NanoDrop 2000 (Thermo Scientific, Lafayette, CO). To confirm sample sterility, sterile  
374 TSB broth and DNA extraction media from the DNeasy kit were used as negative controls  
375 during extraction and quantitation. Following extraction and quantitation, all samples were  
376 stored at -20°C until further analysis.

377 Extracted DNA samples were sequenced at the South Dakota State University Animal  
378 Disease Research and Diagnostic Laboratory by Dr. Joy Scaria and Dr. Linto Antony using  
379 previously described methods [49]. Briefly, samples were processed using a Nextera XT DNA

380 Sample Prep Kit (Illumina Inc., San Diego, CA), were subsequently pooled in equimolar  
381 amounts, and sequenced on an Illumina Miseq platform (Illumina Inc., San Diego, CA). A 2x250  
382 paired-end approach with V2 chemistry was used to sequence samples. The genome of each  
383 sample was assembled using Geneious Prime Version 2019.2.1 (Biomatters Ltd., Auckland, New  
384 Zealand) using reference genomes for *E. coli*, *S. Typhimurium*, and *K. oxytoca* made publicly  
385 available via the National Center for Biotechnology Information. Each assembled genome was  
386 processed through the basic local alignment search tool (**BLAST**) through the MEGARes  
387 Database [50] for AMR genes. Positive gene identifies were defined as having 85% sequence  
388 similarity over 50% of the sequence when compared to the database sequence.

389

390 *Probiotic cultures and cell-free supernatant preparation:*

391 The *E. coli* Nissle 1917 and *L. rhamnosus* GG ATCC 53103 isolates used for the  
392 experiments herein were provided by Dr. Lijuan Yuan at the Virginia Polytechnic Institute and  
393 State University. Cell-free supernatant was prepared as described previously [51].  
394 Approximately  $1 \times 10^7$  colony forming units (**CFU**) of each probiotic isolate was propagated in  
395 deMan Rogasa Sharpe (**MRS**) broth (Beckton, Dickinson and Company, Difco Laboratories,  
396 Franklin Lakes, NJ) for 24h at 37°C. The resultant cultures were centrifuged at 4000xg for 10  
397 minutes, and the supernatant was decanted from the resultant cellular pellet. The supernatant was  
398 then centrifuged and decanted again using the same conditions as the initial round and titrated to  
399 a pH of 4.50 using a 1 mol\*L<sup>-1</sup> solution of NaOH (Sigma Aldrich, St. Louis, MO) with a pH  
400 meter (Corning Pinnacle 530, Cole-Parmer, Vernon Hills, IL). All titrated supernatant was  
401 filtered through a 0.22 µM-pore filter (Pall Corporation LifeSciences, Port Washington, NY)  
402 before being stored at -80°C prior to use. Three independently prepared (biological replicates) of

403 supernatant were prepared and used in the subsequent analyses described herein.

404

405 *Pathogen growth assays and probiotic cell-free supernatant treatments*

406 *S. Typhimurium*, *E. coli*, and *K. oxytoca* isolates were thawed and grown in the presence  
407 of probiotic cell-free supernatant as described previously [51]. Frozen -80°C stocks of each  
408 pathogen were thawed and grown to early/mid exponential phase using a Cytation3 plate reader  
409 (BioTek Instruments Inc., Winooski, VT) and approximately  $2 \times 10^5$  CFU/mL of pathogen was  
410 inoculated into 180  $\mu$ L of sterile Luria Bertani (**LB**) broth in a 96-well plate. The following  
411 concentrations of cell-free supernatant from LGG and ECN were added to wells inoculated with  
412 pathogen: 25% v/v (60  $\mu$ L), 22% v/v (50  $\mu$ L), 18% v/v (40  $\mu$ L) and 12% v/v (25  $\mu$ L). These  
413 supernatant concentrations were guided by previous dose-dependent treatments to *S. enterica*  
414 serovar Typhimurium strain 14028s [51]. Equivalent concentrations of sterile MRS, pH 4.50, and  
415 sterile LB, pH 4.50, were used as a vehicle control and negative control respectively for each  
416 cell-free supernatant treatment. Pathogen growth in the presence of cell-free supernatant was  
417 measured every 20 minutes for 18h on a Cytation3 plate-reader using optical density read at a  
418 wavelength of 600 nm (**OD600**). To quantify growth suppression at each timepoint, percent  
419 growth suppression was calculated by comparing pathogen growth in the presence of a  
420 supernatant treatment versus the vehicle control using the following equation:

421 
$$\text{Percent Growth Suppression} = ((\text{OD600}_{\text{CFS}} - \text{OD600}_{\text{Vehicle}}) / (\text{OD600}_{\text{Vehicle}})) * 100$$

422 For each pathogen, the growth suppression assay was repeated a minimum of 3 times, and each  
423 assay contained a minimum of three technical replicates of each probiotic supernatant  
424 concentration. A repeated measures two-way analysis of variance was used to compare treatment  
425 optical densities at each time point and p-values were adjusted using a Tukey post-test to control

426 for multiple comparisons. A p-value of  $p < 0.05$  was defined as statistically significant. Each  
427 supernatant concentration was compared between LGG and ECN for each pathogen (e.g. 25%  
428 LGG vs ECN CFS for *S. Typhimurium*, *E. coli*, or *K. oxytoca*).

429

#### 430 *Probiotic Cell Free Supernatant Metabolomics:*

431 To establish the small molecule profiles of *L. rhamnosus* GG and *E. coli* Nissle cell-free  
432 supernatants, the global, non-targeted metabolome of each was determined by Metabolon Inc ©  
433 (Durham, NC) using previously described methods [51]. Three replicates each of LGG and ECN  
434 supernatant, representing three independent supernatant collections, and three replicates of sterile  
435 MRS broth were sent to Metabolon on dry ice and stored in liquid nitrogen. Prior to extraction,  
436 the protein content of each sample was removed using an 80% ice-cold ( $-80^{\circ}\text{C}$ ) methanol  
437 aqueous solution coupled with vigorous shaking for two minutes and subsequent centrifugation  
438 at 680xg for 3 minutes. The resultant samples were each divided into five parts for analysis using  
439 ultra-high-performance liquid-chromatography tandem mass-spectrometry (**UPLC-MS/MS**) and  
440 consisted of: two aliquots for reverse phase UPLC-MS/MS analysis with positive ion mode  
441 electrospray ionization (**ESI**), one aliquot for reverse phase UPLC-MS/MS analysis with  
442 negative ion mode ESI, one aliquot for hydrophilic interaction (**HILIC**)/UPLC-MS/MS with  
443 negative ion mode ESI, and one backup aliquot. Each aliquot was evaporated using a TurboVap  
444 ® solvent evaporation system (Zymark, Hopkinton, MA) to remove organic solvent and stored  
445 under nitrogen before subsequent analysis.

446 For UPLC processing, each sample was injected into a Waters ACQUITY UPLC column  
447 using solvents optimized for the five aliquot run analyses described above. For the reverse phase  
448 UPLC-MS/MS with positive ion mode ESI analysis, one aliquot of each sample was gradient-

449 eluted using a C18 column (Waters UPLC BEH C18-2.1x100mm, 1.7 $\mu$ m) with a water and  
450 methanol mobile phase containing 0.05% v/v perfluoropentanoic acid and 0.1% v/v formic acid.  
451 A second aliquot for analysis using UPLC-MS/MS with positive ion mode ESI was gradient-  
452 eluted using the afore-mentioned C18 column with a mobile phase of methanol, acetonitrile,  
453 water, 0.05% v/v perfluoropentanoic acid, and 0.01% formic acid. For the reverse phase UPLC-  
454 MS/MS analysis with negative ion mode ESI, an aliquot of each sample was gradient-eluted  
455 using a separate C18 column with a mobile phase of methanol, water, and 6.5mM of ammonium  
456 bicarbonate at a pH of 8.0. HILIC-UPLC-MS/MS with negative ion mode ESI for each sample  
457 was performed on a HILIC column (Waters UPLC BEH Amide 2.1x150 mm, 1.7 $\mu$ m) with a  
458 mobile gradient of water, acetonitrile, and 10mM of ammonium format at a pH of 10.8.

459       Following gradient elution, all samples were subjected to MS/MS processing using a  
460 Thermo Scientific Q-Exactive high resolution/accurate mass spectrometer operating with an  
461 Orbitrap mass analyzer at 35,000 mass resolution and coupled with heated electrospray  
462 ionization source. Mass spectral scans utilized dynamic exclusion with both MS and data-  
463 dependent MS<sup>n</sup> scans to detect peaks, and the scan range covered approximately 70-1000 m/z.  
464 Raw data from MS/MS scans were peak-identified and processed for quality control using  
465 proprietary Metabolon .NET systems that compared data to known sources of artifacts and  
466 background noise inherent to each UPLC-MS/MS run type. Peak identification was made by  
467 comparing peaks to an internal database of ~3,300 purified chemical standards using retention  
468 indices, m/z ratios (within +/- 10 ppm of the purified internal standards), and MS/MS forward  
469 and reverse match scores. Peaks that did not match a purified internal standard but had a  
470 retention index and m/z that was not artifact or background noise were reported as “unknown” in  
471 subsequent analyses.

472

473 *Metabolite normalization, statistical analysis, and visualization:*

474 The raw abundances for detected metabolite were normalized using area under the curve  
475 analysis, where the raw abundance of each metabolite was divided by the median raw abundance  
476 of the metabolite across the dataset. One-way analysis of variance was used to compare the  
477 median-scaled abundance of each metabolite across sample types, where statistical significance  
478 was defined as a  $p < 0.05$ . To account for false positive detections, q-values were calculated for  
479 each metabolite, and metabolites with a  $q > 0.1$  were excluded from downstream analysis.

480 Pathway enrichment scores (**PES**) were calculated to evaluate the contribution of different  
481 metabolic pathways to overall metabolite profile differences between treatments using the  
482 following formula, where “k” indicates the number of significant metabolites in the metabolic  
483 pathway, “m” indicates the total number of metabolites in the metabolic pathway, “n” indicates  
484 the number of significant metabolites in the entire data set, and “N” indicates the total number of  
485 metabolites in the data set.

486 
$$PES = \frac{(k)/(m)}{(n)/(N)}$$

487 Median-scaled abundances were additionally used to calculate metabolite fold differences by  
488 dividing the average median-scaled abundance of a metabolite in one sample by its average  
489 median scaled abundance in a second sample type (e.g. average metabolite abundance in ECN  
490 supernatant versus average metabolite abundance in LGG supernatant). Metabolite visualization  
491 was performed using Metaboanalyst® (version 4.0) with R version 3.6.1, using the raw  
492 abundance of each metabolite generated by Metabolon [52, 53] (R-script **File S6**). A principal  
493 coordinates analysis plot was generated using metabolite median-scaled abundances. A heat map  
494 with hierarchical clustering analysis was generated using Euclidean and Ward differential

495 clustering algorithms, where red boxes indicate metabolites that were elevated in ECN compared  
496 to LGG, and blue boxes indicate metabolites that were decreased in ECN versus LGG. The heat  
497 map visualizes the fifty metabolites with the largest statistical differences when comparing ECN  
498 versus LGG.

499

500 *Probiotic cell free supernatant proteomics:*

501 Non-targeted proteomes of each probiotic supernatant and sterile growth media (MRS)  
502 were generated by the Colorado State University Proteomics and Metabolomics Facility using  
503 LC-MS/MS. Proteins were isolated from supernatant in a 1:4 v/v suspension of ice-cold (-80°C)  
504 methanol. The resultant protein pellets were washed in 100% ice-cold (-80°C) acetone and  
505 centrifuged at 15,000xg for 10 minutes. Following two rounds of acetone washing, samples were  
506 air-dried and reconstituted in 2M urea and bath sonicated for five minutes. To collect insoluble  
507 material, sonicated samples were centrifuged at 4000xg for two minutes. To quantitate samples,  
508 aliquots were diluted 1:2 and 1:5 in 2M urea solvent and their total protein concentration was  
509 measured using a Pierce Bicinchoninic Acid Protein Assay (Thermo Scientific, Waltham, MA)  
510 following manufacturer's instructions. Approximately 50 µg of each sample was subjected to  
511 trypsin digestion using the methods described by Schauer *et al.* 2013 [54]. Briefly, 50 µg of each  
512 sample was reconstituted in a solution containing 8M urea, 0.2% v/v ProteaseMax™ surfactant  
513 trypsin enhancer (Promega, Madison, WI), 5mM dithiothreitol, and 5mM iodoacetic acid.  
514 Purified trypsin (Pierce MS-Grade, Thermo Scientific, Waltham, MA) was added at a 1:28 ratio  
515 to the sample proteins, and the slurry was incubated at 37°C for 3h, after which trypsin was  
516 deactivated using 5% trifluoroacetic acid. Desalting occurred using Pierce C18 spin columns  
517 following manufacturer instructions (Thermo Scientific, Waltham, MA). The eluates were dried



518 in a vacuum evaporator and reconstituted in 5% v/v acetonitrile and 0.1% v/v formic acid. Total  
519 peptide quantification was determined for each sample resuspension on a NanoDrop (Thermo  
520 Scientific, Waltham, MA) at a wavelength of 205nm and normalized using an extinction  
521 coefficient of 31 [55].

522 Reverse phase chromatography was performed using water with 0.1% formic acid and  
523 acetonitrile with 0.1% formic acid. A total of 0.75µg of peptides was purified and concentrated  
524 using an on-line enrichment column (Waters Symmetry Trap C18 100Å, 5µm, 180 µm ID x  
525 20mm column). Subsequent separation was performed using a reverse-phase C18 nanospray  
526 column (Waters, Peptide BEH C18; 1.7µm, 75µm x 150nm column) at 45°C and samples were  
527 eluted using a 30-minute mobile phase gradient of 3-8% formic acid over 3 minutes, followed by  
528 8%-35% of a acetonitrile with 0.1% formic acid solution over 27 minutes, at a flow rate of 350  
529 nL/min. A Nanospray Flex ion source (Thermo Scientific, Waltham, MA) introduced eluate  
530 directly into the mass spectrometer (Orbitrap Velos Pro™, Thermo Scientific, Waltham, MA).  
531 Spectra were collected using positive ion mode over a range of 400-2,000 m/z, and MS/MS was  
532 performed on ions assigned a charge state of 2+ or 3+ using a dynamic exclusion limit of 2  
533 MS/MS spectra of a given m/z value for 30 s (exclusion duration of 90 s). Fourier-  
534 Transformation mode (60,000 resolution) was applied for MS detection, and ion trap mode was  
535 applied for the subsequent MS/MS with 35% normalized collision energy. Compound lists of the  
536 resulting spectra were generated using Xcalibur 3.0 software (Thermo Scientific) with a S/N  
537 threshold of 1.5 and 1 scan/group.

538

539 *Proteome identification and normalization:*

540 MS/MS spectra for each sample were extracted, charge state deconvoluted and deisotoped

541 by ProteoWizard MsConvert (version 3.0). All spectra were then screened for protein identities  
542 using Mascot (Matrix Science, London, UK, version 2.6.0) with a fragment ion mass tolerance of  
543 0.80 Daltons and a parent ion tolerance of 20 ppm. Carboxymethylation of cysteine was  
544 specified in Mascot as a fixed modification. Deamidation of asparagine and glutamine,  
545 methylation of lysine and arginine, hydroxylation of proline, oxidation of methionine,  
546 dimethylation of lysine and arginine and acetylation of the n-terminus were specified in Mascot  
547 as variable modifications. The following reverse concatenated Uniprot reference proteomes were  
548 used for the search: Uniprot\_Yeast\_rev\_022119, Uniprot\_Sus\_scrofa\_rev\_022119,  
549 Uniprot\_Bovine\_rev\_022119. LGG supernatant samples were additionally screened with the  
550 Uniprot\_Lactobacillus\_rhamnosus\_GG\_rev\_021819 database and ECN supernatant samples  
551 were also screened with the Uniprot\_Escherichia\_coli\_Nissle\_rev\_021819 database. Identified  
552 spectra were further combined using the probabilistic protein identification algorithms [56]  
553 utilized by Scaffold (version 4.8.4, Proteome Software Inc., Portland, OR) [57]. The peptide  
554 probability threshold was set (90%) such that a peptide false discovery rate of 0.0% was  
555 achieved based on hits to the reverse database [58]. Protein identifications were accepted if they  
556 could be established at greater than 95.0% probability as assigned by the Protein Prophet  
557 algorithm [67] and contained at least two identified peptides. Proteins that contained similar  
558 peptides and could not be differentiated based on MS/MS analysis alone were grouped to satisfy  
559 the principles of parsimony. For each identified protein, raw abundances were used to derive the  
560 normalized abundance factor (NSAF) within each sample, a method used to estimate the protein  
561 content within a single sample or gel band. NSAF is calculated using the number of spectra  
562 (SpC) identifying a protein divided by the protein length (L), referred to as Spectral Abundant

563 Factor (SAF) and then normalized over the total sum of spectral counts/length in a given  
564 analysis.

565

566 *Metabolic modeling of E. coli Nissle and L. rhamnosus GG:*

567 Draft metabolic models for ECN and LGG were reconstructed using apps in DoE KBase  
568 [59] iML1515, a published metabolic model for *E. coli* K-12 MG1655 [60], was used as a  
569 reference model for ECN. A model for *L. casei* ATCC 344 [61] was used as a reference model  
570 for LGG. The genomes for the four organisms were accessed through the KBase interface for  
571 NCBI genomes. The KBase application ‘Compare Two Proteomes’ was used to find orthologs  
572 between the strain, and the application ‘Propagate Model to New Genome’ was then used to  
573 translate the model for *E. coli* K-12 to ECN and the model for *L. casei* ATCC 344 to LGG,  
574 respectively, provided with the ortholog comparisons, and it also performed gap-filling to ensure  
575 biomass production. Further gap-filling was performed manually to include pathways for the  
576 consumption and production of the metabolites detected in the supernatant metabolome. To  
577 simulate flux distributions consistent with the supernatant metabolome data for ECN and LGG,  
578 an optimization problem was constructed to solve parsimonious flux balance analysis (**pFBA**)  
579 [62] for both models simultaneously. Within the models, variables controlled for included  
580 metabolite availability in the MRS media and uptake/export of a metabolite by ECN or LGG  
581 based on the relative abundance from the metabolome data. Ten thousand flux distributions  
582 were simulated under randomly sampled maximum substrate uptake (which were not measured  
583 during the experiments) using pFBA maximization of biomass production in the models as the  
584 objective function [63]. **File S7** provides the complete mathematical formulation used to  
585 construct this modeling analysis. The shadow price for each metabolite was retrieved from the

586 solution of the optimization problem. All simulations were performed in MATLAB R2017b  
587 using the COBRA toolbox [64] and the optimization solvers GUROBI [65] and IBM CPLEX  
588 [66].

589

590 *Data availability:*

591 The whole genome sequences used in this study are fully accessible for download at the  
592 National Center of Biotechnology Information (NCBI) Sequence Read Archive (SRA) via the  
593 following link (Accession Number: PRJNA530250):

594 <https://www.ncbi.nlm.nih.gov/bioproject/PRJNA530250>

595 The complete raw data and R script for metabolomics analysis, Metaboanalyst  
596 visualization, as well as raw proteome data are provided as supplemental data files. The files for  
597 the metabolic modeling analysis are available at [https://github.com/chan-](https://github.com/chan-csu/modelEcnLggExoMetabolomes)

598 [csu/modelEcnLggExoMetabolomes'](https://github.com/chan-csu/modelEcnLggExoMetabolomes)

599

600

## 601 **Declarations**

602 The authors declare no conflicts of interest.

603

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616

## 617 **Abbreviations**

618 **AMR:** Antimicrobial Resistance

619 **BLAST:** Basic Local Alignment Search Tool

620 **CFS:** Cell-Free Supernatant

621 **CFU:** Colony Forming Unit

622 **CLSI:** Clinical and Laboratory Standards Institute

623 **ECN:** *Escherichia coli* Nissle

624 **ESI:** Electrospray Ionization

625 **GAPDH:** Glyceraldehyde-3-Phosphate Dehydrogenase

626 **HILIC:** Hydrophilic Interaction Liquid Chromatography

627 **LB:** Luria Bertani

628 **LC-MS/MS:** Liquid Chromatography-Tandem Mass Spectrometry

629 **LGG:** *Lactobacillus rhamnosus* GG

630 **m/z:** Mass to Charge Ratio

631 **MALDI:** Matrix-Assisted Laser Desorption/Ionization

632 **MRS:** deMan Rogosa Sharpe

- 633 **NAD<sup>+</sup>**: Nicotinamide Adenine Dinucleotide (oxidized)  
634 **OD600**: Optical Density, 600-nanometer wavelength  
635 **PES**: Pathway Enrichment Score  
636 **pFBA**: Parsimonious Flux-Based Analysis  
637 **RI**: Retention Index  
638 **TCA**: Tricarboxylic Acid Cycle  
639 **TSB**: Tryptic Soy Broth  
640 **UPLC-MS/MS**: Ultra-High-Performance Liquid Chromatography-Tandem Mass Spectrometry

641

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814 **Figure Legends:**

815

816 **Figure 1.** AMR genes identified in the pathogen isolate genomes *E. coli*, *S. Typhimurium*, and *K.*  
817 *oxytoca*. Green boxes indicate gene presence while tan boxes indicate gene absence.

818 Approximately 112 antimicrobial resistance genes spanning 15 functional classes were identified  
819 across the three pathogens.

820

821 **Figure 2.** AMR pathogen growth suppression by ECN and LGG probiotic cell free supernatants.

822 Figures depict the growth curves of *S. Typhimurium*, *E. coli* and *K. oxytoca* recorded over 18

823 hours under the minimum inhibitory dose (supernatant volume/total volume \*100) of probiotic

824 cell free supernatant. Bacterial abundance is reported through optical density readings at a

825 wavelength of 600 nm (OD600). The minimum supernatant doses at which both *L. rhamnosus*

826 GG (LGG) and *E. coli* Nissle (ECN) supernatants achieved growth suppression for *S.*

827 *Typhimurium*, *E. coli* and *K. oxytoca* were the 12%, 18% and 12% respectively. Maximal

828 *Salmonella* growth suppression was achieved at 5.33h for *L. rhamnosus* GG (41.20% p<0.0001)

829 (Dashed line- L) and at 13.67h for *E. coli* Nissle (11.48%, p <0.01) (Dashed line- E). For

830 pathogenic *E. coli* maximum growth suppression for LGG supernatant was 30.40% and occurred  
831 at 4.67h ( $p < 0.0001$ ). For the *E. coli* Nissle supernatant, maximal pathogenic growth suppression  
832 occurred at 5.00h at 29.45% ( $p < 0.0001$ ). *L. rhamnosus* GG suppressed *K. oxytoca* growth  
833 between 3.00h-16.00h and achieved a maximal percent growth of 28.85% suppression at 7.33h  
834 ( $p < 0.0001$ ). *E. coli* Nissle suppressed *K. oxytoca* growth between 3.00h-16.00h and reached  
835 maximal growth suppression of 23.86% at 3.33h ( $p = 0.0035$ ). Dashed lines indicate maximum  
836 growth suppression observed for LGG (black) or ECN (blue).

837

838 **Figure 3.** Global, non-targeted metabolomes of *L. rhamnosus* GG and *E. coli* Nissle cell-free  
839 supernatant. **A.** Principal component analysis of *L. rhamnosus* GG (LGG) and *E. coli* Nissle  
840 (ECN) supernatant and vehicle control media. Each circle represents a biological replicate. **B.**  
841 Venn diagram illustrating metabolite presence versus absence differences in ECN versus LGG  
842 along with metabolites not present in the vehicle control (MRS broth) when compared to  
843 probiotic supernatants. **C.** Heat map of 50 metabolites ranked according to magnitude of fold-  
844 differences between ECN and LGG. **D.** Pathway enrichment scores for metabolic pathways that  
845 contributed to significantly different metabolites when comparing ECN versus LGG.

846

847 **Figure 4.** Non-targeted proteome of *E. coli* Nissle and *L. rhamnosus* GG cell free supernatants.  
848 **A.** Venn diagram shows the number of proteins identified in *E. coli* Nissle (ECN) supernatant, *L.*  
849 *rhamnosus* LGG supernatant, and sterile MRS broth. Percent relative abundances of proteins  
850 found in cell free supernatants of **B.** *L. rhamnosus* GG supernatant and **C.** *E. coli* Nissle  
851 supernatant.

852

853 **Figure 5.** Predicted metabolism of **(A)** *E. coli* Nissle (ECN) and **(B)** *L. rhamnosus* GG (LGG)  
854 by parsimonious Flux Balance Analysis (**pFBA**) under the constraints of relative consumption  
855 and production of metabolites inferred from the metabolomics dataset. The flux values shown are  
856 the average values of 10,000 simulations, normalized by the biomass production, in the unit of  
857 mmol / gram cell dry weight. The color of each reaction changes with the magnitude of the  
858 average flux as shown in the color bar. The entire dataset is available as **File S5**.

859

860 **Figure 6.** Protein and metabolite profile summary of LGG and ECN probiotic cell free  
861 supernatants with distinct efficacy for growth suppression of three AMR pathogens. Metabolic  
862 models predicted that utilization of distinct carbon sources was the mechanism for observed  
863 differences between the metabolome and proteome of ECN and LGG cell free supernatants.  
864 Abbreviations: Antimicrobial Resistance (AMR), cyclic guanosine monophosphate (cGMP),  
865 *Escherichia coli* Nissle (ECN), G+ (Gram-positive), G- (Gram-negative), *Lactobacillus*  
866 *rhamnosus* GG (LGG), trimethylamine N-oxide (TMAO).



**Table 1.** Kirby-Bauer disk diffusion for antimicrobial resistant pathogens

Antimicrobial Agent	<i>S. Typhimurium</i>	<i>E. coli</i>	<i>K. oxytoca</i>
	Zone Diameter (mm), (Designation)		
Amikacin (AK-30)	26.9 ±2.3, (S)	24.3±2.3, (S)	31.3±2.1, (S)
Ampicillin (AMP-10)	6.0 ± 0.0, (R)	6.0 ± 0.0, (R)	0.0±0.0, (R)
Cefazolin (CZ-30)	6.0 ± 0.0, (R)	7.8±4.5, (R)	14.2±9.6, (R)
Ciprofloxacin (CIP-5)	26.3±3.8, (S)	25.8±5.3, (S)	22.9±4.4, (I)
Gentamicin (CN-10)	7.1±3.2, (R)	20.2±2.7, (S)	18.5±3.3, (S)
Linezolid (LZD-30)	6.0 ± 0.0, (NA)	6.2±0.4, (NA)	1.8±2.6, (NA)
Meropenem (MEM-10)	32.6 ± 0.79, (S)	34.3±1.0, (S)	40.2±2.5, (S)
Penicillin (P-10)	6.0 ± 0.0, (NA)	8.5±2.5, (NA)	0.8±3.4, (NA)
Tobramycin (NN-10)	17.4 ±3.9, (S)	23.7±1.2, (S)	31.0±2.4, (S)
Tetracycline (TE-30)	9.6 ±7.0, (R)	17.2±4.0, (I)	28.5±3.1, (S)
Vancomycin (VA-30)	6.3 ±0.76, (NA)	6.7±0.8, (NA)	0±0.0, (NA)

Values represented mean ± standard deviation of the zone of inhibition diameter measured in millimeters. Designations are defined as Susceptible “S”, Intermediate “I” or Resistant “R” based on standards defined by the Clinical Laboratory and Standards Institute (CLSI) for *Enterobacteriaceae* species.

“NA” indicates cutoff value for “S”, “I”, or “R” not defined by the CLSI.

867

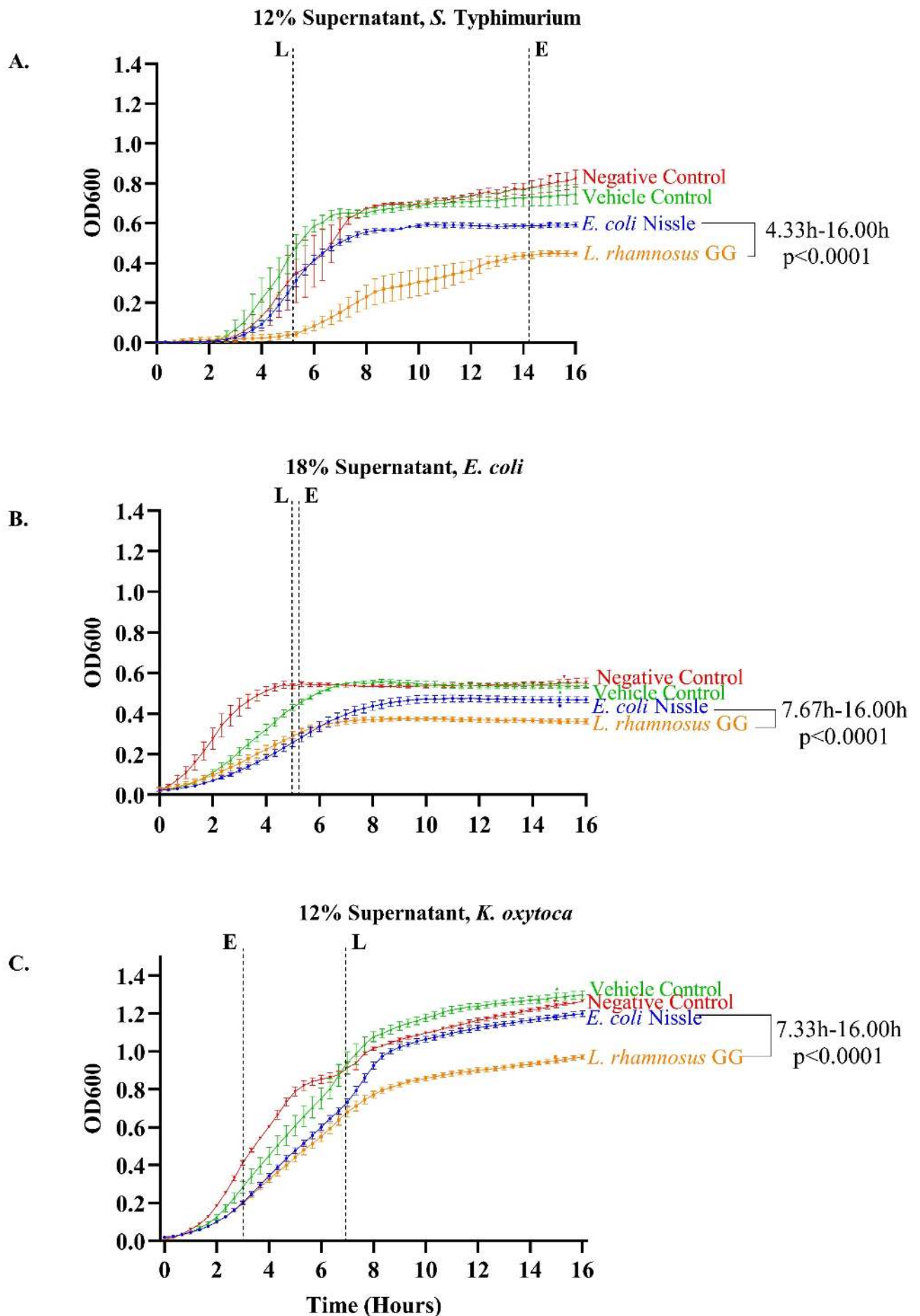
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# Figure 1



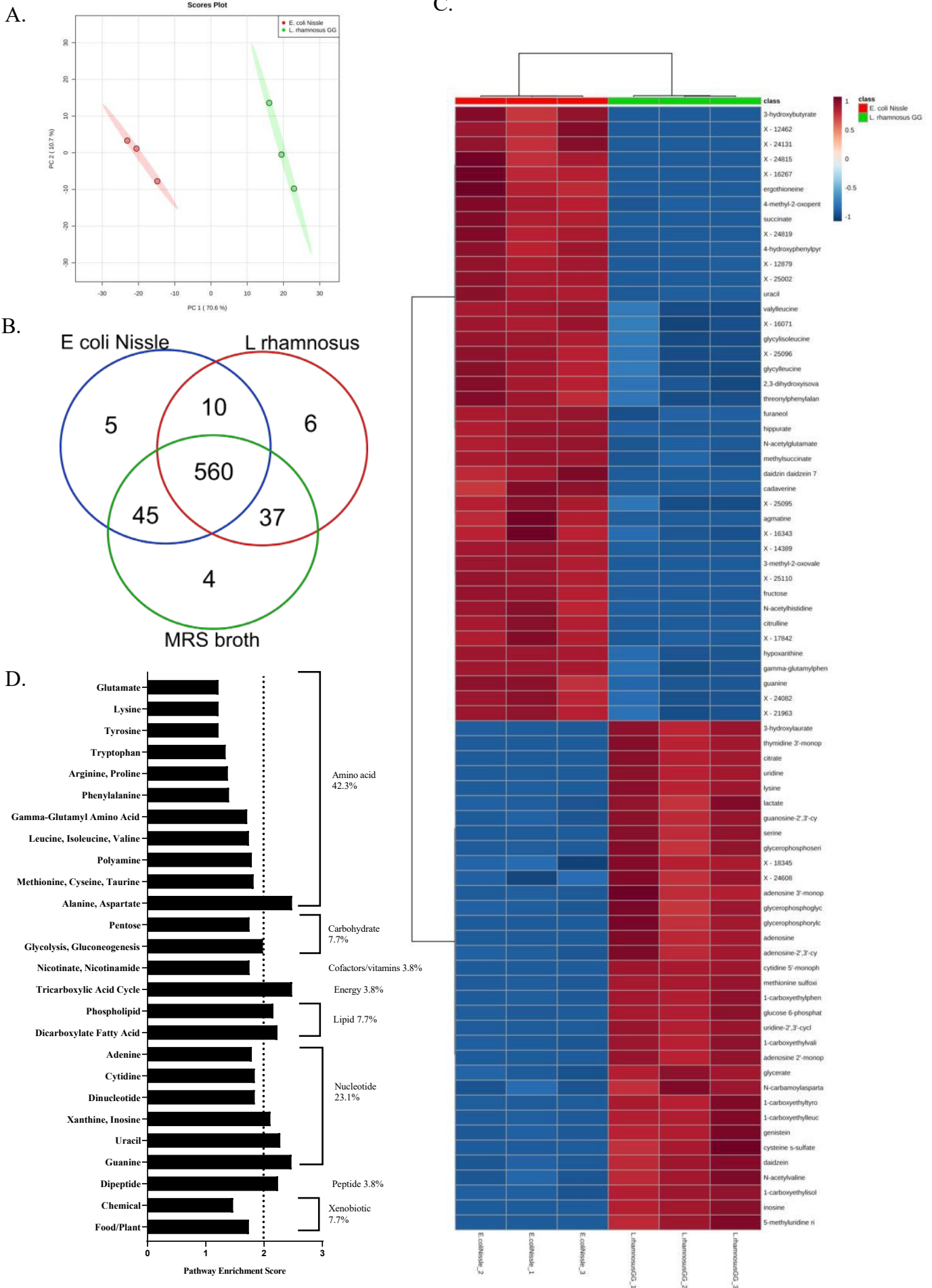
**Figure 1.** AMR genes identified in the pathogen isolate genomes *E. coli*, *S. Typhimurium*, and *K. oxytoca*. Green boxes indicate gene presence while tan boxes indicate gene absence. Approximately 112 antimicrobial resistance genes spanning 15 functional classes were identified across the three pathogens

Figure 2



**Figure 2.** AMR Pathogen growth suppression by ECN and LGG probiotic cell free supernatants. The minimum inhibitory supernatant dose (percent by volume supernatant in well plate) for each pathogen by the probiotic cell free supernatant. The minimum supernatant doses at which both *L. rhamnosus* GG (LGG) and *E. coli* Nissle (ECN) supernatants achieved growth suppression for *S. Typhimurium*, *E. coli* and *K. oxytoca* were the 12%, 18% and 22% respectively. Maximal *Salmonella* growth suppression was achieved at 5.33h for *L. rhamnosus* GG (41.20% p<0.0001) (Dashed line- L) and at 13.67h for *E. coli* Nissle (11.48%, p <0.01) (Dashed line- E). For pathogenic *E. coli* maximum growth suppression for LGG supernatant was 30.40% and occurred at 4.67h (p<0.0001). For the *E. coli* Nissle supernatant, maximal pathogenic growth suppression occurred at 5.00h at 29.45%. *L. rhamnosus* GG suppressed *K. oxytoca* growth between 3.00h-16.00h and achieved a maximal percent growth of 28.85% suppression at 7.33h (p<0.0001). *E. coli* Nissle suppressed *K. oxytoca* growth between 3.00h-16.00h and reached maximal growth suppression of 23.86% at 3.33h (p<0.005). Dashed lines indicate maximum growth suppression observed for LGG (black) or ECN (blue).

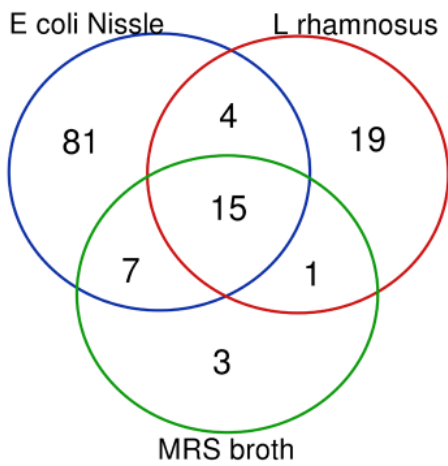
**Figure 3**



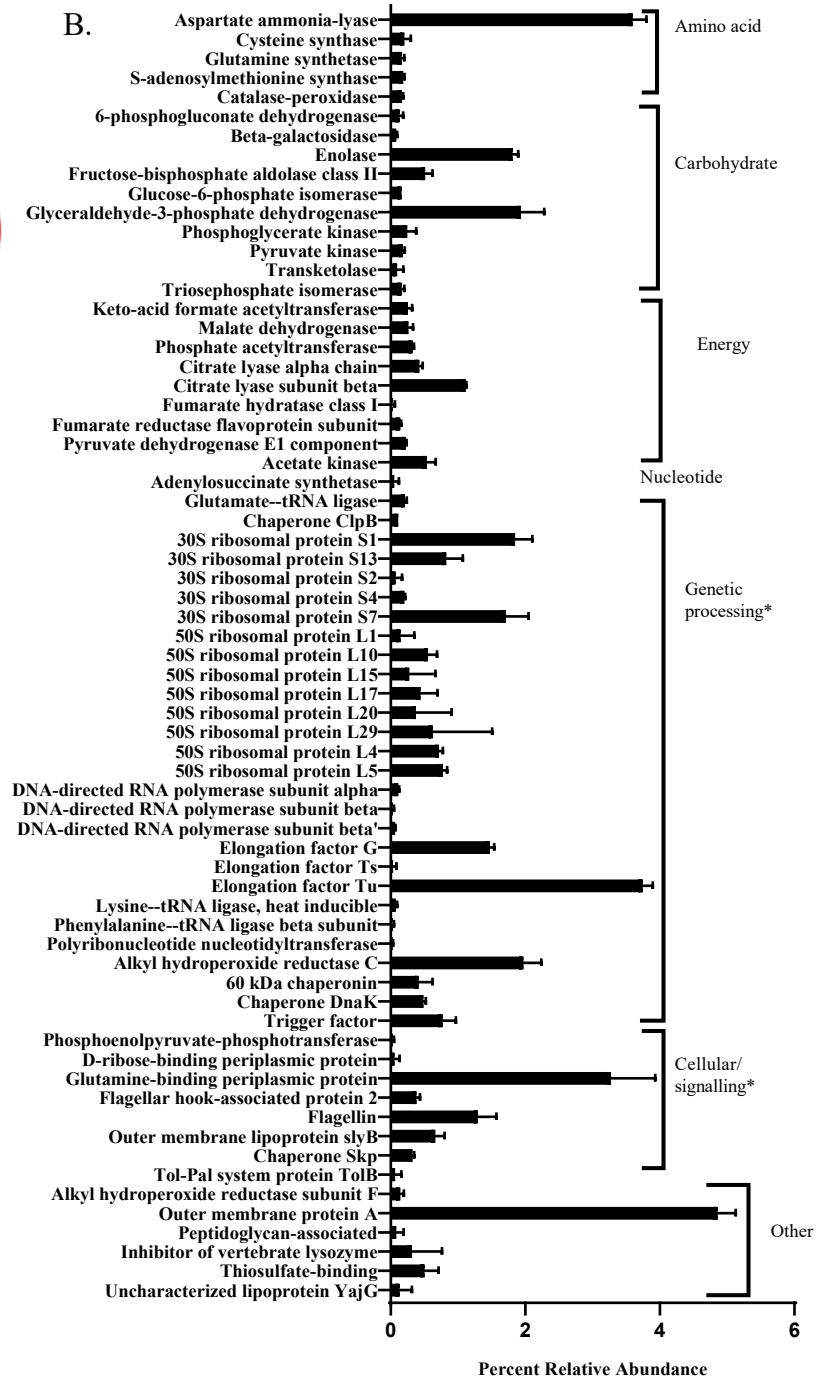
**Figure 3.** Global, non-targeted metabolomes of *L. rhamnosus* GG (LGG) and *E. coli* Nissle cell-free supernatant ECN. **A.** Principal component analysis of LGG and ECN supernatant and vehicle control media. Each circle represents a biological replicate. **B.** Venn diagram illustrating metabolite presence versus absence differences in ECN versus LGG along with metabolites not present in the vehicle control (MRS broth) when compared to probiotic supernatants. **C.** Heat map of 50 metabolites ranked according to magnitude of fold-differences between ECN and LGG. **D.** Pathway enrichment scores for metabolic pathways that contributed to significantly different metabolites when comparing ECN versus LGG.

**Figure 4**

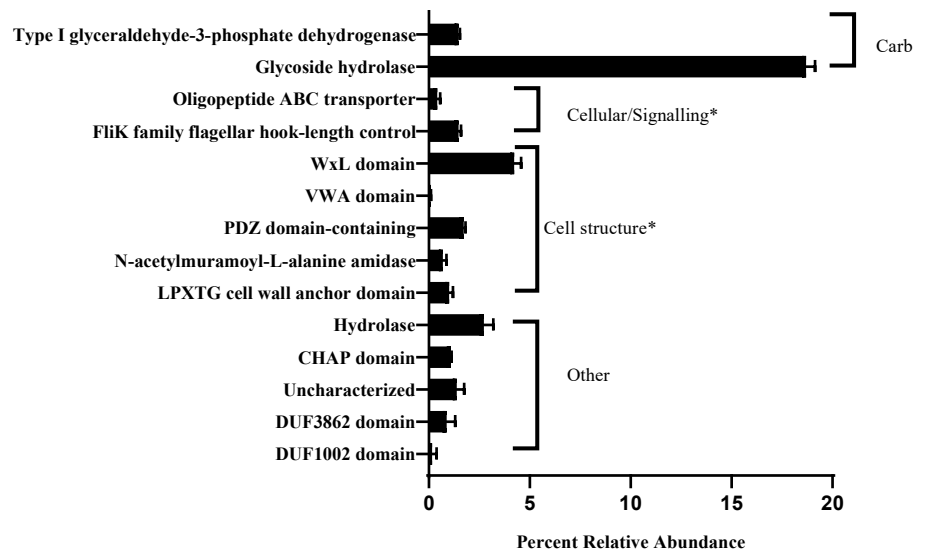
A.



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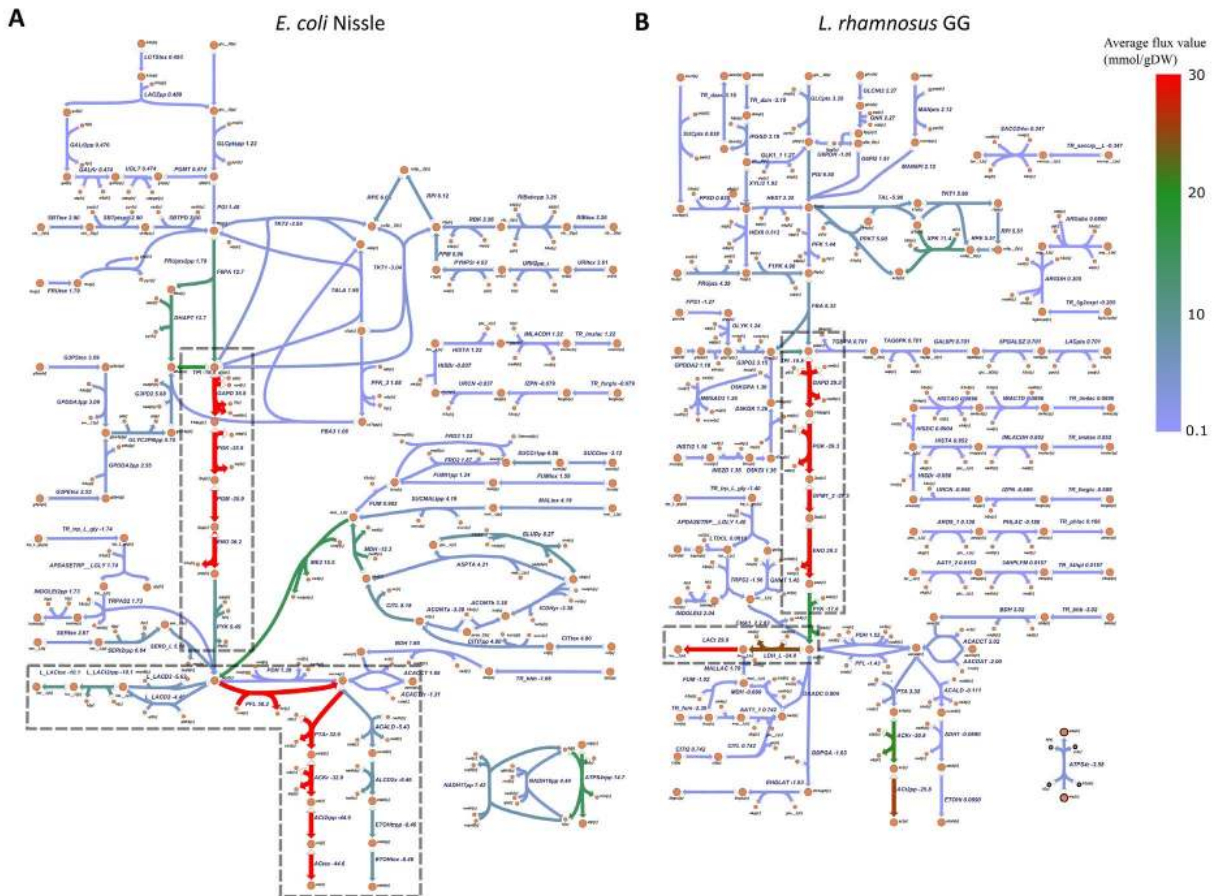


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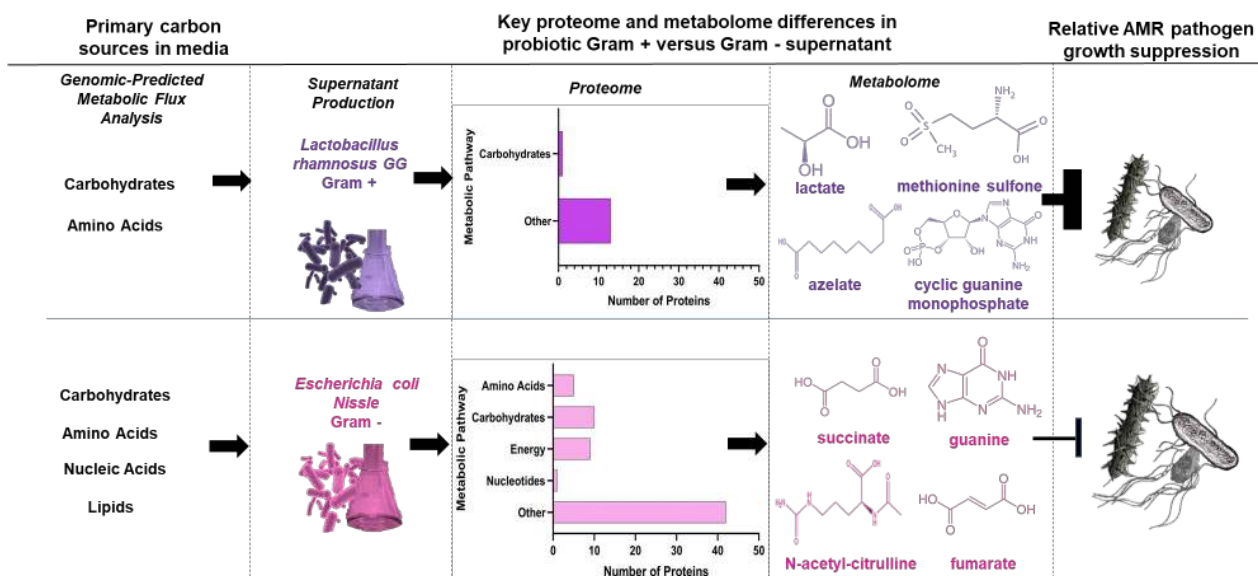




**Figure 4.** Non-targeted proteome of *E. coli* Nissle (ECN) and *L. rhamnosus* GG (LGG) cell free supernatants. **A.** Venn diagram shows the number of proteins identified in ECN supernatant, LGG supernatant, and sterile MRS broth. Percent relative abundances of proteins found in cell free supernatants of **B.** ECN supernatant and **C.** LGG supernatant. \*Categories of proteins other than those related to metabolism.



**Figure 5.** Metabolism of (A) *E. coli* Nissle (ECN) and (B) *L. rhamnosus* GG (LGG) predicted by parsimonious Flux Balance Analysis (pFBA) under the constraints of relative consumption and production of extracellular metabolites inferred from the metabolomics data. The flux values shown are the average values of 10,000 simulations, normalized by the biomass production, in the unit of mmol / (gram cell dry weight). The color of each reaction changes with the magnitude of the average flux as shown in the color bar. The entire dataset of the shadow price analysis is available as Supplementary File 6. Pathways of mentioned in text are highlighted (Dashed boxes).



**Figure 6.** Differential use of carbon sources resulted in proteome and metabolome distinctions and differential enrichments of metabolic pathways for *E.coli* Nissle (ECN) and *L. rhamnosus* GG (LGG). Carbon sources used for the generation of ATP through central metabolism form biosynthetic precursors required for various cellular processes. Significantly abundant metabolites with reported bacteriostatic or bactericidal effects are highlighted that vary between the two probiotics, and which may explain the differences in the degree of growth suppression of antimicrobial resistant pathogens.