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Metagenomic analysis of microbial community in over-fermented tempeh

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Abstract. Pangastuti A, Alfisah RK, Istiana NI, Sari SLA, Setyaningsih R, Susilowati A, Purwoko T. 2019. Metagenomic analysis of microbial community in over-fermented tempeh. Biodiversitas 20: 1106-1114. Tempeh is a traditional Indonesian food which is made from soybeans through a fermentation process using Rhizopus as a starter culture. Tempeh is now considered as a functional food with many beneficial effects to human health beyond its nutritional value. The microbial community during the further fermentation process of tempeh give typical characteristic taste and flavor. Therefore the over-fermented tempeh is used as a flavoring in some dishes. Metagenomic analysis needed to know the involvement of microbial communities since most of the microbes involved in further fermentation process are unculturable. This research aimed to study the diversity of the microbial community in the over-fermented tempeh (72 hours) using the metagenomic analysis. Seventeen OTUs of fungi in over-fermented tempeh were detected. Among them, 9 OTUs had significant abundance: six species were identified as Tryblidiopsis sichuanensis, Candida sp.2_1., Kluyveromyces marxianus, Trichosporon asahii, Trichosporon gracile, and Trichosporon ovoides, one species was identified in the order level Mucorales, and two fungi species could not be determined. Species of the order Mucorales was the dominant species in over-fermented tempeh (72 hours) with a relative abundance of 62.46%, followed by Kluyveromyces marxianus with a relative abundance of 3698%. Meanwhile, 132 OTUs of the bacterial community was detected, the predominant 10 genera were Chryseobacterium, Lactococcus, Lactobacillus, Streptococcus, Acetobacter, Novosphingobium, Comamonas, Escherichia, Klebsiella, and Stenotrophomonas, in which Lactobacillus agilis, Lactococcus sp., and Klebsiella sp., were most abundant with relative abundance of 27%, 26.3%, and 13% respectively. Microorganisms in over fermented tempeh were thought to play a role in the degradation of organic compounds and the formation of aromas and flavors. This information will be useful for controlling the production of over fermented tempeh as an alternative flavoring agent.

Keywords: Fungi metagenomic, next-generation sequencing, over-fermented tempeh

INTRODUCTION

Tempeh is a traditional Indonesian food made from soybeans through a fermentation process, using the fungus *Rhizopus oligosporus* as a key fungus. The microbial process during tempeh fermentation makes this food have many beneficial health effects beyond its nutritional value. Utilization of tempeh in Indonesia is not only in the form of fresh tempeh but also over-fermented tempeh which used as a flavoring in traditional Indonesian cuisine. For this purpose, the tempeh is further fermented until 72 hours, and called '*tempe bosok'* or '*rotten tempeh*'. Approximately 20% of tempeh consumed in Java is over-fermented tempeh (Shurtleff and Aoyagi 1979).

Over-fermented tempeh has a typical texture, taste, and flavor, which are formed depending on the fermentation process, soybeans used, the boiling process and the microbial consortium (Utami et al. 2016). During tempeh fermentation, complex organic matters were hydrolyzed by the microorganisms. The free amino acid content increased during the over-fermentation of tempeh (Handoyo and Morita 2006). Amino acids which known to contribute to developing umami taste, glutamate, was dominant in 72 hours over-fermented tempeh (Gunawan-Puteri et al. 2015). Tempeh fermentation also increased the fat degree

of saturation, with the predominant fatty acid found in over-fermented tempeh was linoleic acid (Andriani and Nurhartadi 2014).

Microbial consortium present during the fermentation process can be very diverse and dominated by a wide variety of different types. Each type of microorganisms plays a different role which could be involved in the production of unique taste and flavor. It has been reported that Rhizopus oligosporus is the dominant fungi species in tempeh fermentation, while lactic acid and gram-negative bacteria is predominant among the bacterial community of tempeh (Mulyowidarso et al. 1990). A previous study using culture-dependent technique showed that Rhizopus sp. plays the leading role in soybean fermentation to tempeh, while the yeast and the bacteria are responsible in taste and flavor determination (Barus et al. 2008; Nurdini et al. 2015; Efriwati et al. 2017). Since most of the microorganisms were still uncultured yet, the culturedependent techniques might not be sufficient to reveal the diversity of microorganisms.

Another way to study the diversity of microorganism can be done through metagenomic analysis which is based on analysis of DNA taken directly from the environment (Jia et al. 2013). Next-Generation Sequencing (NGS) is one of the culture-independent technique for the microbial

community metagenomic analysis. Application of NGS have resulted in the significant progress in medical microbiology for metagenomic analysis of pathogenic microorganism, the causal agents of infectious diseases (Underwood et al. 2013; Norman et al. 2014). A similar study was conducted using NGS techniques to analyze the microbial communities in the fermented food such as Korean soybean paste, doenjang (Nam et al. 2012; Kim et al. 2016).

The diversity of the microbial community in over-fermented tempeh has not been reported anywhere. In this study metagenomic analysis in over-fermented tempeh using the NGS method was used to reveal the microbial diversity involved in the fermentation process.

MATERIALS AND METHODS

Molecular work

The tempeh was made from local soybean according to traditional tempeh production protocol using commercial inoculum Raprima. Soybean tempeh was further fermented for ± 72 hours. Total DNA genome from samples was using the CTAB/SDS extracted method. concentration and purity were monitored on 1% agarose gels. DNA was diluted to 1ng/µL using sterile water and for reaction 1 ng DNA was used in the PCR mixture. For PCR amplification, 16S rRNA/18SrRNA genes of distinct regions were amplified using a specific primer (16S V4: 515F-806R, 18S V4: 528F-706R) with the barcode. All PCR reactions were carried out with Phusion® High-Fidelity PCR Master Mix (New England Biolabs) following the protocols from manufacturer. Final concentration of the primers used were 0.2µM. The PCR products were detected in 2% agarose. Samples with a bright main strip of 400-450bp were chosen for further study. PCR products were mixed in equidensity ratios. PCR product mixtures were purified using the Qiagen Gel Extraction Kit (Qiagen, Germany). Sequencing libraries were generated using TruSeq® DNA PCR-Free Sample Kit (Illumina, USA) following manufacturer's recommendations. The library quality was assessed on the Qubit@ 2.0 Fluorometer (Thermo Scientific) and Agilent Bioanalyzer 2100 system. Finally, the library was sequenced on an Illumina HiSeq 2500 platform following with 250 bp paired-end reads generated.

Data analysis

Paired-end reads were assigned to samples based on their unique barcode and truncated by cutting of the barcode and primer sequence. Paired-end reads were merged using **FLASH** software (V1.2.7, http://ccb.jhu.edu/software/FLASH/) (Magoc and Salzberg 2011). Quality filtering on the raw tags was performed under specific filtering conditions to obtain the high-quality clean tags (Bokulich et al. 2013) according to the Qiime (V1.7.0, http://qiime.org/scripts/split_libraries_ fastq.html) quality controlled process (Caporaso et al, 2010). The tags were compared with the reference database (Unite database, https://unite.ut.ee/) using UCHIME algorithm (UCHIME algorithm, http://www.drive5.com/usearch/manual/uchime_algo.html) (Edgar et al. 2011) to detect chimera sequences. Chimera sequences were then removed (Haas et al. 2011) to obtain final effective Tags.

Sequences analysis were performed using UPARSE software (UPARSE V7.0.1001, http://drive5.uparse/) (Edgar 2013). Sequences with ≥97% similarity were assigned to the same OTUs. A representative sequence for each OTU was screened for further annotation. For each representative sequence, Unite Database the (https://unite.ut.ee/) (Koljalg et al. 2013) was used based on Blast algorithm which was calculated by QIIME software (http://qiime.org/scripts/ 1.7.0) assign_taxonomy.html) to annotate taxonomic information. Phylogenetic relationship construction: to study the phylogenetic relationship of different OTUs and the difference of the dominant species in different samples (groups), multiple sequence alignment were conducted (version **MUSCLE** software using the 3.8.31, http://www.drive5.com/muscle/) (Edgar 2004). Data Normalization: OTUs abundance information were normalized using a standard of sequence number corresponding to the sample with the least sequences. Subsequent analysis of alpha diversity and beta diversity was performed based on these output normalized data. Alpha diversity was applied in analyzing the complexity of species diversity for a sample through 6 indices, including Observed species, Chao1, Shannon, Simpson, ACE, and Good-coverage. All these indices in our samples were calculated using QIIME (version 1.7.0) and displayed using R software (version 2.15.3). Beta diversity on both weighted and unweighted unifrac was calculated using QIIME software (version 1.7.0).

Cluster analysis was preceded by principal component analysis (PCA), which was applied to reduce the dimension of the original variables using FactoMineR package and ggplot2 package in R software (version 2.15.3). Unweighted Pair-group Method with Arithmetic Means (UPGMA) Clustering was performed as a type of hierarchical clustering method to interpret the distance matrix using average linkage using QIIME software (version 1.7.0).

RESULTS AND DISCUSSION

In this research, alpha diversity was measured for the complexity analysis of a single sample. The results were summarized to access the richness and evenness of microbial community through rarefaction curves (Figure 1) and a series of indices as well (Table 1).

Table 1. Alpha diversity indices

Community	Otus	Shannon	Simpson	Chao1	ACE	Coverage
Fungi	17	1.278	0.519	17.000	17.000	1.000
Bacteria	132	2.394	0.187	132.857	132,943	1.000

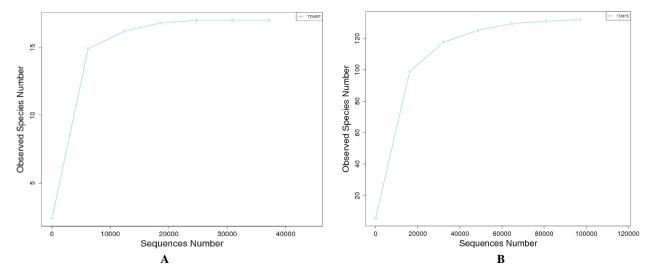


Figure 1. Rarefaction curves of OTUs sampling depth: A. Fungal community, B. bacterial community

The left side of the steep slope indicated that a large fraction of the species diversity remained to be discovered. If the curve becomes flattered to the right, a reasonable number of individual samples have been taken, indicating that only the rarest species remain to be sampled. All rarefaction curves in this study (Fungi and Bacterial community of over-fermented tempeh) have reached the saturation phase, indicating that most OTUs in the sample was detected and analyzed.

All metrics were calculated based on 97% identity during sequence-clustering by default. Commonly, sequences with ≥97% identity are to be homologous on a species level. Simpson and Shannon's indices described community diversity (Seaby and Henderson 2007), while Chao1 and Abundance-based Coverage Estimator (ACE) indices were described community richness (Chao 1984; Chao et al. 2000; Colwell 2013).

The total number of OTUs for fungi and bacterial community of over-fermented tempeh as estimated by Chao1 and ACE was similar to the observed OTUs, indicating the 100% coverage, all bacterial and fungi phylotypes presented in the sample had been covered. It was shown that the diversity of microorganism in the overfermented tempeh as estimated by Shannon and Simpson's index was higher for the bacterial community rather than that of the fungal community. Rhizopus sp. was used to make tempeh. Therefore this inoculum species was expected to be dominant in the fungal community. On the other hand, bacteria found in tempeh was seemingly from diverse endogenous microbes of soybean, so the bacterial community was more varied. Total microbial count in over-fermented tempeh was higher than in fresh tempeh, indicating that more microorganisms involved as the fermentation continued (Djunaidi et al. 2017).

Community Diversity of fungi in the sample was analyzed at each level of its taxon including kingdom, phylum, class, order, family, genus, and species. Dominant phyla were Zygomycota and Ascomycota, comprising of several families: Mucorales, Saccharomycetaceae,

Trichosporonaceae, Rhytismataceae, and Incertae sedis. Incertae sedis is a term to define taxonomic groups which are unknown of their kinship status.

Seventeen fungal OTU was found. Of 9 top OTUs, six OTUs were identified to the species level, namely **Tryblidiopsis** sichuanensis, Candida sp.2 1, Kluyveromyces marxianus, Trichosporon asahii, Trichosporon gracile, and Trichosporon ovoides. Two OTUs were identified in the level of the kingdom, and another one was identified in the level of order, Mucorales (Figure 5). Five species of fungi, Tryblidiopsis sichuanensis, Kluyveromyces marxianus, Trichosporon asahii, Trichosporon gracile, and Trichosporon ovoides, were never been reported to be found in Indonesian tempeh.

Phylum Zygomycota with order Mucorales showed to have the highest abundance of species in the value of 62.46%. It was unsurprised because this group of fungi was used as the inoculum of tempeh. Rhizopus oligosporus was the main species being used in the preparation of tempeh, however other Rhizopus such as R. oryzae and R. formosaensis were also found from tempeh (Babu et al. 2009). This group of fungi can grow predominantly on the substrate with an abundant amount of carbon (Ferreira et al. 2012). Group of fungi from order Mucorales (Rhizopus sp., Rhizopus oligosporus, and Rhizopus oryzae) have a high hydrolytic activity such as amylolytic and proteolytic activity (Bauman and Bisping 1995; Heskamp and Barz 1998; Murashima et al. 2002; Handoyo and Morita 2006). Fungi of the order Mucorales was suggested to have a role in the degradation of complex organic compounds such as fats, proteins, and carbohydrates contained in tempeh into simple organic compounds such as fatty acids, amino acids, peptides, and monosaccharides. In addition, this group of fungi provides a substrate for bacteria in synthesizing flavors and other nutritional components. Lipolytic activity of R. oligosporus followed by oxidation is one of the sources of aldehydes in tempeh (Jeleń et al. 2013). Some volatile compounds are formed from amino

degradation, such as sulfides, 2-methyl propanol, and 3-methyl-1-butanal (Jelen et al. 2013). Ketones and 8-C-alcohols, which are transformed from triglycerides and fatty acids using fungal lipoxygenase/hydroperoxylase systems, are also crucial for the aroma of tempeh (Jelen and Wasowicz 1998). Feng et al. (2007) described the formation of volatile compounds by *R. oligosporus* strains isolated from tempeh. Beside taking degradation role, *Rhizopus* spp. were also reported as a vitamin producer. During the solid-state fermentation of soybean, the molds incre ase the vitamin B6, riboflavin, and nicotinic acid (Bisping et al. 1993).

Efriwati et al. (2013) reported yeast occurrence in the fermentation of soybean tempeh and the diversity of yeast was depended on the method of tempeh fermentation. The predominant yeast in over-fermented tempeh, *Kluyveromyces marxianus*, showed to have the species abundance of 36.98%. This species is grouped into proteolytic yeasts and can increase the antioxidant content (Rai et al. 2016). This proteolytic enzyme activity degrades soy protein into amino acids. This process raises the pH. Increasing pH value is associated with decreasing of total acid during the further fermentation process. It was

believed that this further process produced ammonia compound (Utami 2014). *K. marxianus* was also reported to have the ability to produce some volatile compound (Medeiros et al. 2001; Etschmann et al. 2003) that might be responsible for the over-fermented tempeh aroma.

Some species of the genus *Kluyveromyces* can produce a wide variety of essential enzymes, one of which is β -glucosidase (Raynal et al. 1987). During the soybean fermentation process, β -glucosidase produced could transform isoflavone compounds such as 6-O-malonyl glucoside and β -glucoside conjugate which associated with soy protein into 6-O-acetyl glucoside or β -glucoside (Barnes et al., 1998; Murphy et al., 1999; Choi et al. 2007).

During tempeh fermentation, there is the increasing of glucosidase activity resulting in a partial or total changing of glycoside level (Nout and Kiers 2005). The aglycon isoflavone compounds have a higher antioxidant activity comparing to their glycoside form because they are better absorbed in the human gastrointestinal tract (Victoria et al. 2015). Free aglycon also has an excellent antioxidant activity by blocking the LDL oxidation (Jenkins et al. 2002) and the lipid peroxidation (Wiseman 2000).

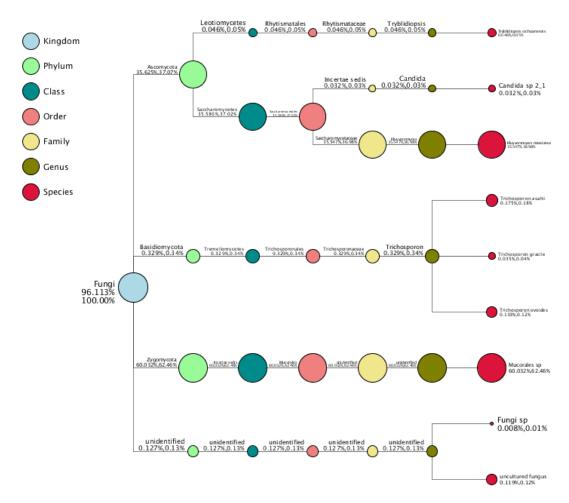


Figure 2. A diagram showing hierarchical classification of fungal species in tempeh The first number above the lines (after the taxon names) represents the relative abundance of the whole corresponding taxon, while the second number represents the relative abundance of the selected corresponding taxon

Species *Trichosporon asahii*, *T. ovoides*, and *T. gracile* showed to have species abundance of 0.18%, 0.12%, and 0.04% respectively. *Trichosporon asahii* and *T. ovoides* were reported to be found in the koji and the early period of the mash fermentation, in the soy sauce fermentation process (Wei et al. 2013). *Trichosporon asahii* have been reported also were found in soybean fermentation product from Korea (*meju*), and this species has a protease enzyme activity (Baek et al. 2014). Three species of the genus *Trichosporon* was suggested to have a role in the protein hydrolysis process into peptides or amino acid compounds.

In this study, two members of the Saccharomycetes were detected: Tryblidiopsis sichuanensis and Candida sp.2_1, with species abundance of 0.05% and 0.03%, respectively. These OTUs were suggested to have a role in acid fermentation in the soaking of soybean before inoculation with Rhizopus sp., but in the later stage of fermentation, these yeasts might give the over-fermented tempeh a unique aroma and flavor. The member of class Saccharomycetes contributed to the typical flavor and taste on Korean food fermentation products such as doenjang and kanjang (Haque et al. 2015). Yeast of the genus Candida, i.e., C. etchelsii and C. versatilis produced 4ethylguaiacol (4EG) and 4-ethylphenol (4EP) to give typical flavor on Japanese fermented food such as miso and shoyu (Suezawa et al. 2006; Watanabe et al. 2008).

The results of this study suggested that the bacterial community of over-fermented tempeh was diverse, in which 132 OTUs were detected. The major phyla were Firmicutes, Proteobacteria, and Bacteroidetes (Figure 3). The top 10 genera found were Chryseobacterium, Lactococcus, Lactobacillus, Streptococcus, Acetobacter, Novosphingobium, Comamonas, Escherichia, Klebsiella, and Stenotrophomonas. The dominant species, covering more than 50% of the community, were Lactobacillus agilis, Lactococcus sp., and Klebsiella sp., with the relative abundance of 27%, 26.3%, and 13% respectively. This result is quite similar with the metagenomic study of tempeh (24 hours fermentation) which found that Firmicutes, Proteobacteria, and Bacteroidetes were the predominant phylum (Radita et al. 2017) but another phylum, Actinobacteria, was also found with minor abundance. This finding was different from the culturebased study in tempeh. Mulyowidarso et al. (1990) reported that Bacillus pumilus and B. brevis were the predominant cultured bacteria from tempeh, while some other species such as Streptococcus faecium, L. casei, K. pneumonia, and Enterobacter cloacae were also found.

Lactobacillus and Lactococcus were the most dominant group in the fermented soybean products. This group of bacteria along with yeast played essential roles during soaking of the soybean in the tempeh fermentation process which was an acid fermentation (Nurdini et al. 2015). A previous study confirming that these genera were dominant during the soybean soaking, decreased just before *Rhizopus* inoculation, and then re-increased post inoculation (Radita et al. 2017). The microorganisms in this acid fermentation

were originated from soybean (Mulyowidarso 1989) and could survive the boiling process that this group still found in the later stages of tempeh making. The lactic acid produced decreased the pH and in turn, inhibited the growth of contaminating microorganisms (Ashenafi and Busse 1991). Nout and Kiers (2005) observed that the presence of *L. plantarum* on soybean inhibited both the growth of *Listeria monocytogenes* and staphylococcal toxin production. Lactic acid bacteria were also suggested to have hydrolytic activity and played a role in the further catabolism of amino acids and fatty acids in cheese maturation process (De Filipis et al. 2016). It seemed that this group of microorganisms might have a similar role in over-fermented tempeh, resulting in the production of specific aroma and taste.

Four OTUs of the genus *Lactobacillus* were detected in this study, which was closely related to *L. agilis*, *L. mucosae*, *L. paralimentarius*, and *L. zeae*. *L. paralimentarius* and *L. zeae* were reported as a bacterial flora of fermented food (Cai et al. 1999; Baruzzi et al. 2000). *L. agilis* was the dominant bacteria in the pigeon crop (Baele et al. 2001), while *L. mucosae* were isolated from small pig intestine (Roos et al. 2000). *L. agilis* also found as predominant species in fresh tempeh from Indonesia (Radita et al. 2017).

Other genera of lactic acid bacteria, *Lactococcus* sp., has been reported as part of bacterial flora from tempeh, ie. *Lc. lactis* from the soybean used as starting material and *Lc. hircilactis* from the soybean after the dehulling process (Radita et al. 2017). One *Lactococcus* in this study was only identified to the genus level. It seemed that these OTUs were genetically distinct from the isolates that have been reported previously.

Some Lactobacilli from fermented food were reported to have the ability to utilize not only oligosaccharides stachyose and raffinose but also phytic acid (Abriouel et al. 2012; Teixeira et al. 2012; Hati et al. 2013). These compounds are the component of soybean which is considered as antinutritional factors. High stachyose and raffinose cause flatulence when consumed, while phytic acid binds mineral such as phosphor. Fermentation of lupine by some lactic acid bacteria was also reported to reduce the oligosaccharide and phytic acid content (Fritsch et al. 2015).

The presence of *Klebsiella pneumoniae* in tempeh has been reported by some researchers (Mulyowidarso et al. 1989; Keuth and Bisping 1994). *K. pneumoniae* is responsible for the increase of vitamin B12 content during tempeh fermentation (Denter and Bisping 1994). *K. pneumoniae* is well-known as the pathogenic bacteria, the causative agent of pneumonia in human, but recently the isolates from Indonesia tempeh has been proven to be genetically different from the pathogenic ones (Ayu et al. 2014). In this study, 1 OTU was identified only to the level of genus *Klebsiella*, considering as novel species of the over-fermented tempeh.

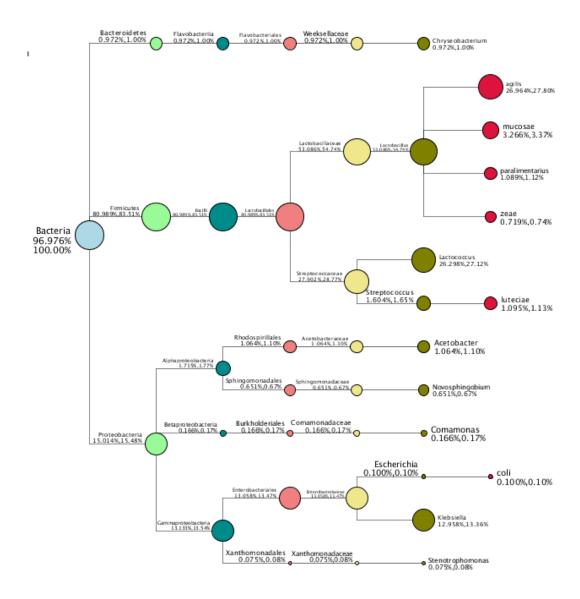


Figure 3. A diagram showing hierarchical classification of bacterial species in tempeh. The first number above the lines (after the taxon names) represents the relative abundance of the whole corresponding taxon, while the second number represents the relative abundance of the selected corresponding taxon

Other bacterial genera found in over-fermented tempeh have occurred with minor abundance, 1% and less. *Acetobacter* genera are the group of bacteria known as an acetic acid producer. *Acetobacter* is commonly found in the fermentation of vinegar. Little is known about the role of this genus in over-fermented tempeh. Barus at al. (2008) reported that *Acetobacter indonesiensis* was dominant in the soaking water of soybean during tempeh fermentation and was correlated with the bitter taste in tempeh produced. It is suggested that the presence of *Acetobacter* in over-fermented tempeh contributed to the formation of specific taste.

Streptococcus luteciae is reported as part of human microbiota (Medina et al. 2017), but it has never been said to be found in fermented food. This bacteria role in

Tempeh fermentation was unclear. However, this bacteria, a lactic acid bacteria, might produce acid and have a role in acid fermentation, inhibiting contaminating microorganisms. *S. lutetiensis* (another name of *S. luteciae*) is reported to produce β -glucosidase (Poyart et al., 2002). *S. lutetiensis* is found as a predominant species from soybean used for tempeh making (Radita et al. 2017), showing the source of this bacteria in over-fermented tempeh.

Bacteria belonging to the genus *Novosphingobium* are known to be metabolically versatile, often associated with the aromatic compound degradation activity (Yan et al. 2007; Yuan et al. 2009). *Novosphingobium* was also reported as a member of the bacterial community in fermented food such as traditional Chinese sourdough

(Zang and He 2013) and pickles (Jung et al. 2013). Radita et al. (2017) also found an OTU identified as *Novosphingobium* sp. from tempeh. This genus, along with *Acetobacter* and *E.coli* was suggested to be environmental bacteria which entered the microbial community of tempeh after the decreasing of *Lactobacillus* spp. caused by the dehulled-soaked soybean and washing process. These environmental bacteria came from the water used in the soaking process. The abundance of *Novosphingobium* sp. and *E. coli* in this study were minor, suggesting that the amount of these species decreased during the fermentation of tempeh.

Phylum Bacteroidetes had a low abundance in overfermented tempeh, approximately 1% from all taxa. This phylum was also reported to be found in fresh tempe (Radita et al. 2017) and *meju*, a Korean soybean fermented food (Kim et al. 2011), All with minor abundance. In this study, the only genus found from this phylum was *Chryseobacterium*. Genus *Chryseobacterium* was reported to be found in some fermented food such as Fontina cheese (Giannino et al. 2009).

Overall, the metagenomic study of the microbial community in over-fermented tempeh was successful in detecting the predominant species and could be useful to suggest their roles in tempeh fermentation. Although the tempeh microbial community depends upon the process of production which is an open fermentation process, the result was not much different from the previous study of not-over-fermented tempeh (24 hours fermentation). Thus indicated that some microbes could be a signature microbe of tempeh, regardless of the phases involved in tempeh production. For a further application, the information will help to control the process of over-fermented tempeh production as an alternative food flavoring agent which also has benefits to human health.

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