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Microbiome–metabolomics reveals gut microbiota associated with glycine-conjugated metabolites and polyamine metabolism in chronic kidney disease

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Abstract

Dysbiosis of the gut microbiome and related metabolites in chronic kidney disease (CKD) have been intimately associated with the prevalence of cardiovascular diseases. Unfortunately, thus far, there is a paucity of sufficient knowledge of gut microbiome and related metabolites on CKD progression partly due to the severely limited investigations. Using a 5/6 nephrectomized (NX) rat model, we carried out 16S rRNA sequence and untargeted metabolomic analyses to explore the relationship between colon's microbiota and serum metabolites. Marked decline in microbial diversity and richness was accompanied by significant changes in 291 serum metabolites, which were mediated by altered enzymatic activities and dysregulations of lipids, amino acids, bile acids and polyamines metabolisms. Interestingly, CCr was directly associated with some microbial genera and polyamine metabolism. However, SBP was directly related to certain microbial genera and glycine-conjugated metabolites in CKD rats. Administration of poricoic acid A (PAA) and *Poria cocos* (PC) ameliorated microbial dysbiosis as well as attenuated hypertension and renal fibrosis. In addition, treatments with PAA and PC lowered serum levels of microbial-derived products including glycine-conjugated compounds and polyamine metabolites. Collectively, the present study confirmed the CKD-associated gut microbial dysbiosis and identified a novel dietary and therapeutic strategy to improve the gut microbial dysbiosis and the associated metabolomic disorders and retarded the progression of kidney disease in the rat model of CKD.

Keywords Renal fibrosis · Gut microbiota · Metabolome · Hypertension · Creatinine clearance rate · Polyamine metabolism

Ya-Long Feng, Gang Cao and Dan-Qian Chen contributed equally as co-first authors to this work.

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Introduction

Chronic kidney disease (CKD) has emerged as a major public health problem with increased morbidity and mortality. Patients with CKD are at increased risk for the development of cardiovascular disease (CVD) beyond traditional risk factors [1]. Angiotensin-converting enzyme inhibitors and angiotensin receptor blockers are identified as the first-line therapies that proved efficient to retard the progression of hypertension, CVD and CKD [2]. Nevertheless, although this approach is undoubtedly effective, many CKD patients who are treated with these drugs progress to end-stage renal disease (ESRD), underscoring the importance of novel therapeutics on disease intervention.

The human gut is heavily populated with myriad microorganisms. The normal gut microbial community forms a natural defense barrier and favorably influences the hosts' physiology, immune function, nutrition, inflammatory signaling

and metabolisms of lipids, bile acids, indole, choline, short-chain fatty acids, etc. [3, 4]. Among them, the levels of low-molecular-weight metabolites are closely associated with the composition of the gut microbiota. Metabolites derived from the gut's bacteria provide an insight into the metabolic state of an individual [5]. Various clinical and animal studies have demonstrated the critical role of the gut microbiota in both health maintenance and disease pathogenesis [3, 4]. Under normal conditions, there is equilibrium between the intestinal bacteria and the host, via the innate immunity that maintains the balance of inflammation and intestinal barrier integrity. However, by altering the biochemical and biophysical milieu of the intestinal tract, advanced CKD results in intestinal epithelial barrier disruption and microbial dysbiosis [6]. Recent studies have illuminated the effect of CKD on the gut microbiota pointing to the kidney–gut axis [7]. CKD has been shown to result in the dysbiosis of the gut microbiota, leading to an increased production of various uremic toxins including indoxyl sulfate (IS), p-cresyl sulfate (p-CS), trimethylamine and trimethylamine N-oxide (TMAO) [7] which accelerate the progression of CKD to ESRD by intensifying inflammation [8].

A deeper understanding of the gut microbiome–metabolome axis is a prerequisite to improve therapeutic strategies that manipulate the gut microbiota in the course of development of CKD. It has been reported that patients with ESRD have expansion of *Firmicutes*, *Actinobacteria* and *Proteobacteria* phyla and reduction of *Bifidobacteria* and *Lactobacilli* populations in their colons [9]. Several studies have also uncovered marked alteration of the microbiota composition in hemodialysis patients [10]. Alterations in microbiome composition results in increased generation of lipopolysaccharide, IS, p-CS, amines and ammonia that lead to the activation of proinflammatory cytokine/chemokine cascades in CKD and ESRD [11]. Elevation of IS and p-PC levels may accelerate the progression of CKD and the CKD-associated cardiovascular diseases [12]. In fact, a series of clinical studies have demonstrated the association of increased IS and p-CS levels with the progression and mortality of renal diseases in CKD/ESRD populations [8]. Moreover, elevated IS and p-CS levels were implicated in high levels of inflammatory markers in patients with CKD and played pivotal roles in the prediction of CKD progression [13]. The relationship between fasting serum TMAO and all-cause mortality over a 5-year follow-up were examined in 521 subjects with stable CKD. Serum TMAO levels were significantly increased, which was closely involved in poor long-term survival in CKD patients and progressive renal fibrosis in CKD animals [14].

Heretofore, few studies have been assigned to explore the direct association between gut microbiome and serum metabolites in CKD [8]. Several important gaps in knowledge of gut microbiota and endogenous metabolites remain

unexplored and deeper investigations are urgently needed. To this end, we first applied 16S rDNA sequencing technique and untargeted metabolomics to determine the effect of CKD on the gut microbiome and serum metabolites in rats with CKD induced by 5/6 nephrectomy (NX). In addition, an independent experiment was performed to verify the identified microbiota and metabolites as well as discover new intervention strategy on gut microbiota, hypertension and renal fibrosis in CKD.

Materials and methods

Experimental animals

Male Sprague–Dawley rats (180–200 g) were purchased from the Central Animal Breeding House of Xi'an Jiaotong University (Xi'an, Shaanxi, China). Animal protocols were approved by Northwest University institutional animal care and use committee (Permit Number: SYXK 2010-004). The rats ($n = 12$) were randomized into two groups: sham and NX groups. The NX were performed as previously described [15]. Briefly, the 2/3 of the left kidney and the whole right kidney were removed by scalpel excision. Gelfoam coagulant was further applied on the cut surfaces. The Sham were merely subjected to laparotomy. To verify the identified microbiota and metabolites as well as discover new intervention strategy, a separate experiment was performed. CKD rats were treated with *Poria cocos* (PC, a well-known medicinal compound derived from fungal mushroom) and poricoic acid A (PAA, a tetracyclic triterpenoid compound isolated from PC) or placebo. They were randomized into four groups ($n = 8/\text{group}$): sham, NX, NX + PAA and NX + PC. The ethanol-extracted PC (250 mg/kg/day) and PAA (10 mg/kg/day) were gavaged into NX rats. All animals were provided access to water and food ad libitum. The sham-operated, NX and treated rats were sacrificed at week 12. Blood, colonic luminal contents, colon tissues and kidney tissues were collected and processed for 16S rRNA sequence, untargeted and targeted metabolomic, histological and western blot analyses.

Renal function and blood pressure

Serum creatinine, urea and proteinuria were measured by Olympus AU6402 automatic analyzer. Additionally, creatinine clearance rate (CCr) was calculated on the basis of relevant data and a weekly measurement of blood pressure was performed by rat tail plethysmograph as well (Techman Soft, Chengdu, China).

Histological analysis

Glomerulosclerosis and tubulointerstitial damage were assessed by periodic acid–Schiff (PAS) staining and Masson's trichrome staining as previously described [16]. Immunohistochemistry (IHC) procedure was carried out as previously described [17]. The histological assessments were performed by two independent pathologists. After immunohistochemical analysis, Image-Pro plus software version 6.0 was used to analyze the optical density of the images as described previously [17, 18].

Western blot analyses

The primary antibodies including ZO1, occludin, claudin-1, I κ B α , p-I κ B α , NF- κ B p65, monocyte chemotactic protein-1 (MCP-1), cyclooxygenase-2 (COX-2), Keap1, Nrf2, heme oxygenase 1 (HO-1), catalase, NAD(P)H quinone dehydrogenase 1 (NQO1), α smooth muscle actin (α -SMA), collagen I and fibronectin were purchased from Abcam and Santa Cruz Companies. Colon and kidney tissues were processed for western blot analyses as previously described [19, 20]. Blots were processed with ECL reagent and protein concentrations were normalized against α -tubulin expression.

High-throughput sequencing of colon lumen DNA

The colon lumen of each sample was stored at $-80\text{ }^{\circ}\text{C}$ for DNA extraction and dissected with sterilized blade. Genomic DNA was extracted using a E.Z.N.A.[®] Soil DNA Kit (Omega Bio-tek, Norcross, GA, USA) according to manufacturer's protocols. The concentrations and purity of the resultant DNA were determined by a NanoDrop (NanoDrop ND-2000, USA), which was stored at $-80\text{ }^{\circ}\text{C}$ for further analysis.

The 16S rRNA gene was amplified by PCR with primers 16s-F (5'-AGAGTTTGATYMTGGCTCAG-3') and 16s-R (5'-TGCTGCCTCCCG TAGGAGT-3') targeting the hyper-variable V4–V5 region of the 16S rRNA gene of bacteria. PCR reactions were performed in triplicates with Phusion[®] High-Fidelity PCR Master Mix (New England Biolabs) using 10 ng template DNA. PCR products were purified using the AxyPrep DNA Gel Extraction Kit (Axygen Biosciences, Union City, CA, USA) according to the manufacturer's instructions and quantified using QuantiFluor[™]-ST (Promega, USA). The PCR products of different samples were mixed equally and subsequently used to construct Illumina Pair-End library using Next[®] Ultra[™] DNA Library Prep Kit for Illumina (NEB, USA). Then, the amplicon library was paired end sequenced (2×250) on an Illumina HiSeq 2500 platform (Illumina, SanDiego, USA) according to the standard protocols.

Processing of 16S rRNA gene sequences

Raw fastq files were demultiplexed using the barcode sequence with the exact barcode matching parameter. Quality filtering was done using Trimmomatic (version 0.36) [21] with the following criteria: (1) bases off the start and end of a read below a threshold quality (score <3) were removed, (2) the reads were truncated at any site receiving an average quality score <5 over a 4-bp sliding window, discarding the truncated reads that were shorter than 100 bp. Paired reads were merged using USEARCH fastq_merge pairs command (version 9.2.64, <http://drive5.com/uparse/>) [22] with the default parameters. Operational units (OTUs) were clustered with 97% similarity cutoff using USEARCH UPARSE [23]. The chimeric sequences were removed in the UPARSE pipeline. The phylogenetic affiliation of each 16S rRNA gene sequence was analyzed by USEARCH SINTAX algorithm [24] against the RDP training set (version v16) 16S rRNA database using confidence threshold of 0.8. The OTUs identified as mitochondrial or chloroplast rRNA sequences were discarded. The rarefaction analysis based on USEARCH α _divisity [25] was conducted to reveal the diversity indices, including the richness, chao1, Simpson and Shannon diversity indices. The β diversity analysis was performed using UniFrac metrics [26] in QIIME (version 1.9.1) [27] pipeline.

Sample preparation and UPLC–MS analysis for metabolomics

Serum metabolites were performed using an untargeted metabolomics UPLC–HDMS. The metabolomic procedure, including sample preparation, metabolite separation and detection, data preprocessing and statistical analysis for metabolite identification, was performed following our previous protocols with minor modifications [28–31].

Statistics analysis

The statistical analyses were performed using R 2.15.0 and GraphPad Prism software v 5.0. PCA and OPLS-DA were performed using SIMCA-P software to cluster the sample plots across groups. All the data were presented as mean \pm SEM. The significance of the difference between two groups was analyzed using Student's unpaired *t* test, and multiple comparisons were analyzed using one-way ANOVA followed by Dunnett's post hoc test. Differential abundances of genera and metabolites were determined by non-parametric tests including Wilcoxon rank sum test and Mann–Whitney *U* test. Serum metabolite intensities were then tested for association with 16S levels using Spearman rank correlation. *P* values were corrected for multiple

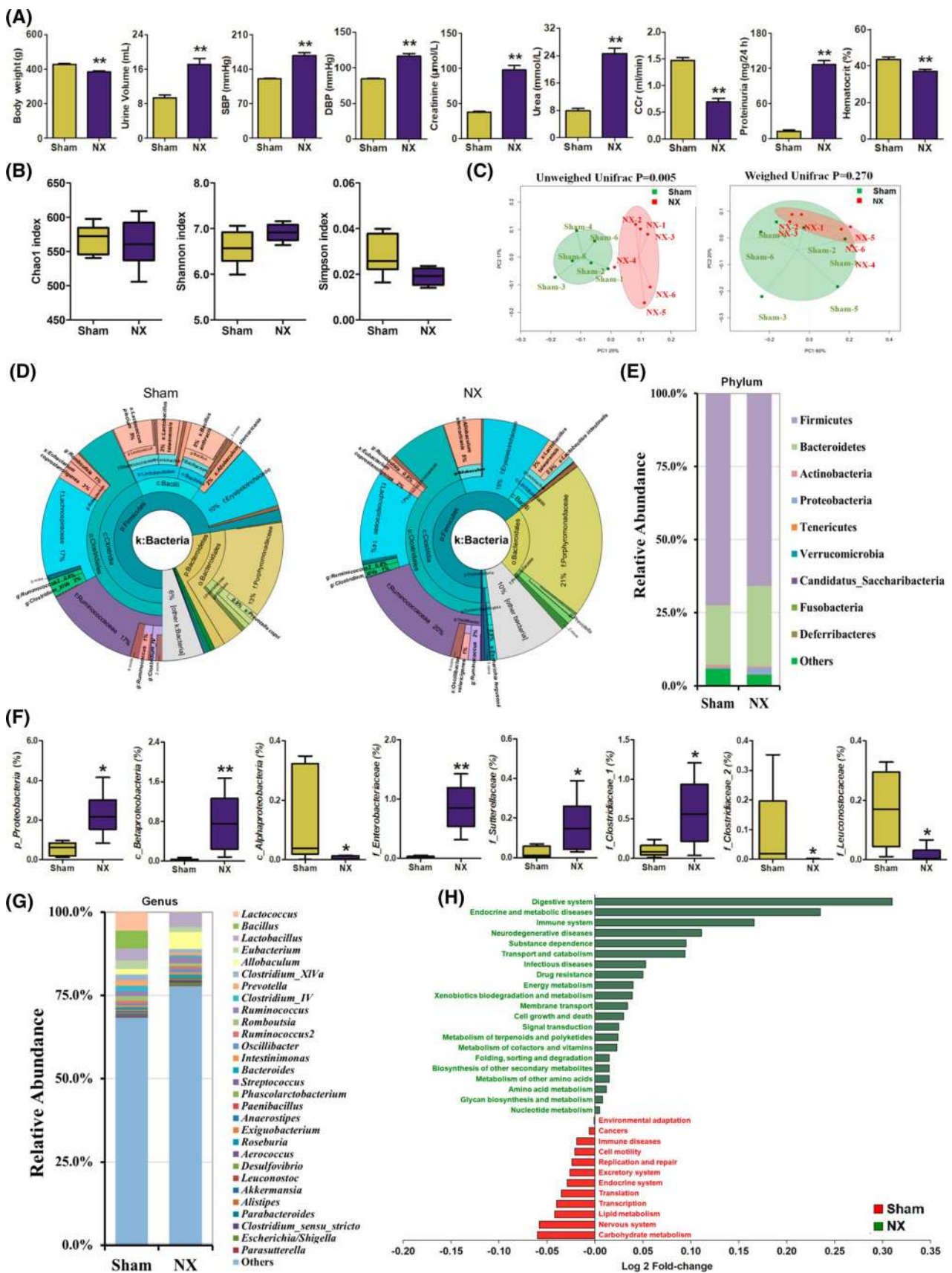


Fig. 1 The alteration of gut microbiome in CKD rats. **a** Physiological and biochemical parameters of sham and NX rats. $**P < 0.01$ versus sham rats. **b** The α -diversity indexes of Chao1, Shannon and Simpson of gut microbiota between NX and sham rats. **c** Principal coordinate analyses based on unweighted and weighted (right) UniFrac distances between gut bacterial communities of NX and sham rats. P value indicated differential clustering assessed by ADONIS test. **d** The cladogram of different abundant taxa between samples from sham and NX rats using phylum- to genus-level data. **e** Taxonomic distributions of bacteria from colonic luminal content 16S rDNA sequencing data at the phylum level (top 10) between NX and sham rats (Wilcoxon rank-sum test). **f** Comparison of relative abundance of significantly altered bacterial taxa including phylum, class and family levels between sham and NX rats. The Wilcoxon rank sum test was used to determine the significance between groups. $*P < 0.05$, $**P < 0.01$ versus sham rats. **g** Taxonomic distributions of bacteria from colonic luminal content 16S rDNA sequencing data at the genus level (top 30) between NX and sham rats (Wilcoxon rank-sum test). **h** The effect of the gut microbiota modifications on predicted functional metabolic pathways obtained from PICRUSt analysis of 16S rRNA sequencing data

comparisons using the Benjamini–Hochberg false discovery rate (FDR) and $P < 0.05$ was statistically significant.

Results

General data

Compared to sham rats, the CKD rats showed marked increase in urine output, systolic blood pressure (SBP), diastolic blood pressure (DBP), serum creatinine, urea and proteinuria, while body weight, creatinine clearance (CCr) and hematocrit were evidently decreased (Fig. 1a).

The gut microbiome data

Gut microbiome was determined by Illumina Miseq sequencing using specimen colonic luminal content samples of NX and sham rats. A total of 802 OTUs, with an average of 553 OTUs per sample, were identified from 254,147 quality-filtered sequences in the CKD and sham groups. The α -diversity indexes including Chao1, Shannon and Simpson were used to determine the ecological diversity within microbial community. The Shannon index reflecting both the species richness and evenness was 6.74 ± 0.25 and 6.89 ± 0.19 in sham and CKD rats, respectively (Fig. 1b). The Simpson index reflecting community evenness was 0.023 ± 0.004 and 0.019 ± 0.004 in sham and CKD rats, respectively (Fig. 1b). Significant difference was observed in β -diversity based on the unweighted ($P = 0.005$) but not t-weighted ($P = 0.270$) UniFrac between the sham and CKD groups (Fig. 1c).

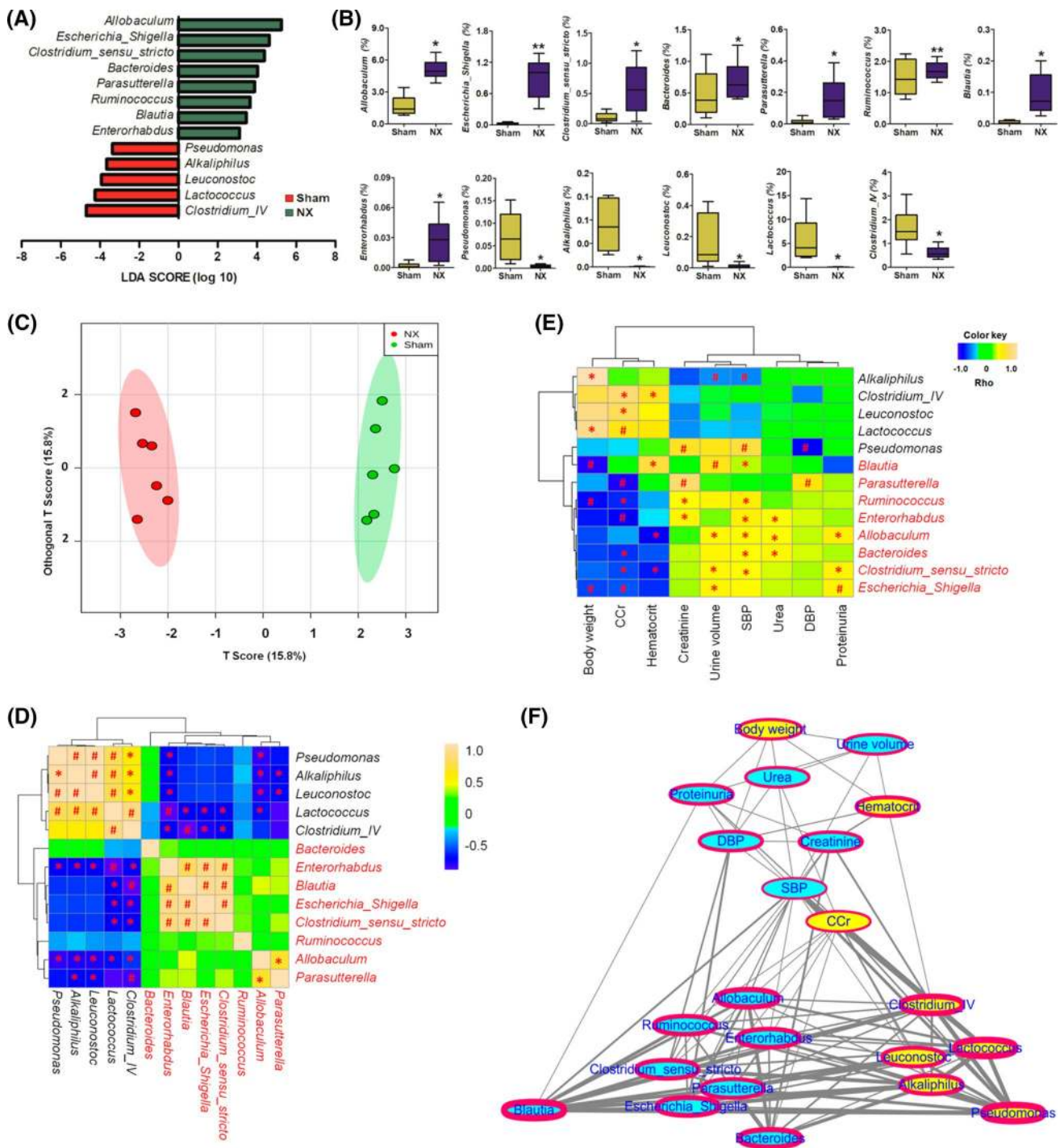
The linear discriminant analysis (LDA) effect size (LEfSe, version 1.0) and Wilcoxon rank sum tests were

used to compare the gut microbiota in the sham and CKD rats at different taxonomic levels. CKD altered the structure and composition of the gut microbiota (Table S1). All of the observed sequences could be assigned to 12 phyla. Figure 1d demonstrated the difference in the abundant taxa between samples from sham and CKD rats using phylum- to genus-level data, which indicated the alternation of composition in the sham and CKD rats. Microbiome in both sham and CKD rats were dominated by Firmicutes and Bacteroidetes, which are the typical gut microbiome structures in rats (Fig. 1e). Firmicutes were the most prominent gut bacterial community, accounting for an average of 71.1% and 65.8% sequences in the sham and CKD rats, respectively. Bacteroidetes represented the second dominant gut bacterial community, accounting for an average of 19.9% and 27.5% sequences in the sham and CKD rats, respectively. Other phyla groups including Actinobacteria, Proteobacteria and Verrucomicrobia were detected at low levels (less than 3%) (Fig. 1e). Only the relative abundance of Proteobacteria was significantly increased in CKD rats ($2.28\% \pm 0.01\%$) compared to the sham rats ($0.51\% \pm 0.01\%$) according to the Wilcoxon rank sum test (Fig. 1f). At the class level, Betaproteobacteria was obviously increased, while Alphaproteobacteria was evidently decreased in CKD rats (Fig. 1f). In addition, enrichments of *Enterobacteriaceae*, *Sutterellaceae* and *Clostridiaceae_1* as well as the depletion of *Clostridiaceae_2* and *Leuconostocaceae* were observed in CKD rats as well ($P < 0.05$ or $P < 0.01$) (Fig. 1f).

Alteration of gut taxa in CKD rats

At the genus level, an average of 72.3% sequences per sample could not be assigned to specific genera (Fig. 1g), which is consistent with the previous report [32]. The remaining sequences belonged to 91 genera, among which *Lactobacillus*, *Eubacterium*, *Allobaculum*, *Clostridium XIVa*, *Prevotella*, *Clostridium IV*, *Ruminococcus* and *Romboutsia* were highly abundant in both groups (Fig. 1g). PICRUSt (version 1.1.3) analysis showed that modifications of the gut microbiota affected predicted functional metabolic pathways (Fig. 1h).

LEfSe analysis showed that the CKD rats were mainly characterized by higher abundance of *Allobaculum*, *Escherichia_Shigella*, *Clostridium_sensu_stricto*, *Bacteroides*, *Parasutterella*, *Ruminococcus*, *Blautia* and *Enterorhabdus* (LDA score > 2.0 with $P < 0.05$), whereas the sham rats primarily showed higher enrichment of *Pseudomonas*, *Alkaliphilus*, *Leuconostoc*, *Lactococcus* and *Clostridium_IV* (LDA score > 2.0 with $P < 0.05$, Fig. 2a, b). Heatmap and orthoPLS-DA showed that these taxa could significantly separate the CKD rats from the sham rats (Figs. 2c; S1). Further, Pearson correlation analysis identified several taxa which was strongly correlated with CKD rats (Fig. 2d). To



identify correlations between biochemical parameters and changes in the gut microbiome in CKD, we performed a Spearman correlation analysis of altered 13 gut microbiota and biological parameters. We revealed that CCr and SBP were deeply implicated in the alterations of the gut microbiome (Fig. 2e). Spearman correlations between CKD-associated 13 genera as well as nine physiological and biochemical parameters were further observed in a correlation network (Fig. 2f). Additionally, we found SBP and CCr

were the hub of the entire network, with two sub-networks produced for physiological parameters and genus (Fig. 2f). The findings showed that significant positive correlations between increased proteinuria with *Blautia* and decreased hematocrit with *Clostridium_IV* were independent of CCr. Taken together, these results indicated that renal dysfunction could influence the structure and composition of gut microbiota. In turn, gut microbiota dysbiosis played paramount roles in the deterioration of impaired renal function.

Fig. 2 Significantly altered bacterial taxa in CKD rats. **a** LDA score of the significantly discriminant genera between the two groups (LDA score > 2.0, Wilcoxon rank-sum tests, $P < 0.05$). **b** Boxplots showing differences in the relative abundance of 13 significantly discriminant taxa driving gut microbiome differences between NX and sham rats. * $P < 0.05$, ** $P < 0.01$ versus sham rats ($n = 6$). **c** orthoPLS-DA plots with the scores of the first two principal components based on 13 taxa from the NX and sham rats. **d** Correlations of 13 significantly discriminant taxa in NX and sham rats using Spearman correlation analysis. Asterisks denoted statistical significance between bacterial taxa, * $P < 0.05$, # $P < 0.01$. **e** Spearman's rank correlation between 13 most differential genera selected from the LEfSe and clinical biochemical parameters. The results were presented as a heatmap using Ward clustering analysis. Heatmap showed that microbial taxa was intimately associated with metabolites, which was positively or negatively related to clinical chemistry. Rho in the color key represented Spearman rank correlation coefficient. * $P < 0.05$, # $P < 0.01$ denoted statistical significance between bacterial taxa and biochemical parameters. **f** The construction of correlation network by using the perforce force directed layout in the Cytoscape software. The nodes of the network represented the genera and clinical indices, where the edges corresponded to a significant ($P < 0.05$) and positive (blue) or negative (yellow) correlation between the nodes. The border width of the nodes and edges (connections) represented relative abundance of clinical parameters and bacterial taxa

Potential functional impact of CKD-induced changes in the gut microbiome

To predict the possible impact of the altered gut microbiome in CKD rats, OTUs were assigned to the closest reference genome in the database from the PICRUSt analysis. PICRUSt analysis showed that 471 KEGG orthology (KO) were associated with 219 altered metabolic pathways, such as lipid biosynthesis and metabolism (sphingolipids, fatty acids, steroids, bile acids), amino acid biosynthesis and metabolism (valine, leucine, isoleucine biosynthesis, phenylalanine, tyrosine, tryptophan and histidine), aminobenzoate degradation, phenylpropanoid biosynthesis and MAPK signaling pathway (Table S3), which are associated with 37 enzymes (Table S4). The metabolic pathways and associated enzymes were involved in alternation of 33 metabolic pathways (Fig. 1h). Gut microbiome was involved in the production of the uremic toxins including p-cresyl sulfate (PCS) and indoxyl sulfate (IS) which contributed much to systemic inflammation, impairment of intestinal barrier structure/function, and the progression of CKD [33]. Gut microbes can convert phosphatidylcholine and L-carnitine into trimethylamine which was metabolized by hepatic flavin monooxygenase to trimethylamine N-oxide (TMAO) and finally excreted by the kidney [34]. TMAO was closely involved in renal fibrosis as well as CKD progression and its complications, such as atherosclerosis and CVD [14]. The KO for enzymes were responsible for the production of uremic toxins, such as the tryptophanase, tyrosine phenol-lyase gene, and the production of TMAO was searched within the closest reference genome of each OTU (Table S2). A total of

nine OTUs were found to contain the genes encoding tryptophanase (K01667) and/or tyrosine phenol-lyase (K01668) in their closest reference genome (Table S2), of which three OTUs were assigned to the Proteobacteria phylum (OTUs 54, 189, and 778) and four OTUs were assigned to the Bacteroidetes (OTU 166, 233, 535, and 888) phylum, while one OTU was assigned to the Elusimicrobia (OTU 769) and Verrucomicrobia (OTU 173) phyla. Genes related to the production of trimethylamine (TMA), including K07811 (trimethylamine oxidoreductase 1), K07821 (trimethylamine oxidoreductase 2, c-type cytochrome subtribe activity regulation transducer), and K03532 (trimethylamine oxidoreductase 1, c-type cytochrome subtribe activity regulation transducer) were found in closest genome of the following five OTUs: *Escherichia fergusonii*, *Aggregatibacter aphrophilus* NJ8700, *Psychrobacter* sp. PRwf-1, *Desulfovibrio fairfieldensis* and *Helicobacter typhlonius*, all of which belonged to the Proteobacteria phylum. These species were the candidate bacteria producing uremic toxins in the rat's intestinal tract, among which *Escherichia fergusonii* and *Bacteroides thetaiotaomicron* were significantly increased in the CKD rats compared to control rats.

Alteration of serum metabolome in CKD rats

UPLC–HDMS was used to identify the metabolite profiles in both positive and negative ion modes. We observed higher noise and matrix effect resulting in a high baseline in the negative ion mode. Therefore, positive ion mode was applied for final analysis and 7389 variables were revealed. Score plots of OPLS-DA showed that CKD rats could be separated from sham rats (Fig. 3a). 1772 variables were selected based on S-Plot (Fig. 3b), $P < 0.05$ (Table S5), adjusted FDR (Table S5) and coefficient analyses (Fig. 3c). 291 metabolites were identified based on criteria established in our previously reported methods [35–37] (Table S5). They could differentiate CKD rats from sham rats (Fig. 3d–f) and as shown in Fig. 3g, these metabolites were mainly involved in fatty acid metabolism (branched chain fatty acid oxidation, linoleic acid, fatty acyl-CoA biosynthesis), amino acid metabolism (tryptophan, tyrosine, phenylalanine, histidine, lysine, proline, etc.), polyamine metabolism (spermidine and spermine biosynthesis) and purine metabolism. Of note, the majority of metabolic pathways were associated with the gut microbial metabolism, indicating the dysbiosis of gut microbiota in CKD rats. Moreover, pathway-associated metabolic networks indicated that dysregulations of the metabolic pathways were also related to the metabolism of methyl-histidine, phenylalanine, tyrosine, glycine, serine, tryptophan and butyrate as well as the biosynthesis of spermidine, spermine, phospholipid and fatty acid (Figs. S2A, S2B, S3 and Table S6). Taken together, CKD was closely associated with altered amino acid, polyamine and lipid metabolisms.

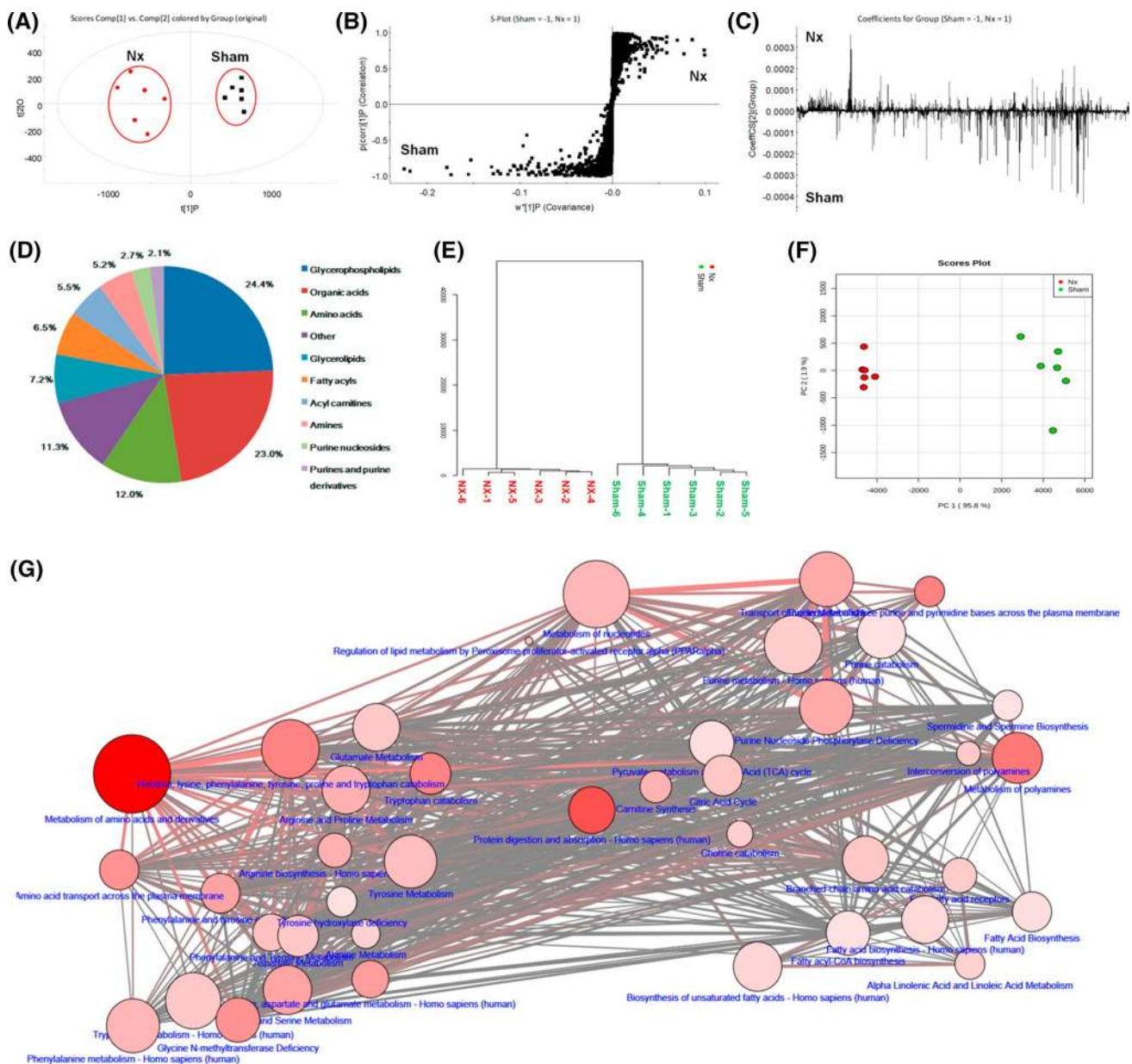


Fig. 3 Metabolic profile as well as multivariate analysis and metabolic pathway of metabolites in NX rats. **a** OPLS-DA plots with the scores of the first two principal components. **b** S-plots of OPLS-DA model from the NX and sham rats. **c** Loading plots of OPLS-DA model from the NX and sham rats. **d** Dendrogram analysis based on 291 metabolites. **e** Heatmap analysis of 291 metabolites. **f** PCA plots

with the scores of the first two principal components based on 291 metabolites. **g** Metabolite pathway analysis of 291 metabolites by MetScape software running on cytoscape based on KEGG, Reactome and SMPDB database. The border width of the nodes and edges (connections) represented relative abundance of clinical parameters and bacterial taxa

Association of the CKD-induced gut microbial dysbiosis with dysregulation metabolites

To further investigate the potential role of the altered gut microbiota in the pathogenesis of altered metabolites, we performed a Spearman correlation analysis. As shown in Fig. 4a, 36 metabolites were significantly associated with 13 altered microbial genera. Decreased tyrosine and tryptophan

showed a positive correlation with *Clostridium_IV* and a negative correlation with *Allobaculum*, *Clostridium_sensu_stricto*, *Escherichia_Shigella*, *Enterorhabdus* and *Blautia*. Most of metabolites such as TMAO, glycine, cinnamoylglycine, phenylacetyl glycine, phenylpropionyl glycine, spermine, spermidine, acrolein, putrescine and N1-acetylspermidine were obviously increased in CKD rats and showed a positive correlation with *Clostridium_sensu_stricto*,

Escherichia_Shigella, *Enterorhabdus*, *Parasutterella* and *Blautia* that harbored genes encoding enzymes involved in glycine-conjugated metabolites and polyamine metabolism.

Spearman correlation analysis was performed using SBP and 36 metabolites. Figure 4b presented the relative intensities determined by metabolomic method and *P* values (<0.05) were calculated by Spearman correlation analysis based on the values of SBP and relative intensities of 16 metabolites. The Spearman correlation analysis revealed that SBP was associated with 16 metabolites. Interestingly, ten compounds, such as cinnamoylglycine, 2-phenylacetic acid, phenylacetylglycine, phenylpropionylglycine and hippuric acid, were glycine-conjugated microbial metabolites (Fig. 4c). For example, hippuric acid was produced by the conjugation of benzoic acid with glycine, a reaction that occurred in the liver, kidney and intestine. The glycine could directly conjugate to phenylpropionic acid, a known metabolic byproduct of anaerobic bacteria. However, phenylpropionic acid was normally converted to benzoic acid by β -oxidizing medium-chain acyl-CoA dehydrogenase in humans. These findings demonstrated that glycine bioactivity was partly associated with CKD-induced hypertension. Increased glycine-conjugated metabolites including cinnamoylglycine, phenylpropionylglycine, 2-phenylacetic acid and hippuric acid showed strong positive correlations with *Escherichia_Shigella*, *Enterorhabdus*, *Parasutterella* and *Bacteroides*, as well as strong negative correlation with *Clostridium_IV*, which possessed genes encoding glycine dehydrogenase (K00281), glycine oxidase (K03153), glycine reductase (K10670) and 3-phenylpropionate/cinnamic acid dioxygenase subunit α (K05708) as well as their corresponding enzymes (EC:1.4.4.2), (EC:1.4.3.19), (EC:1.21.4.2) and (EC:1.14.12.19) that converted spermine or spermidine to other polyamines (Fig. 4b).

Increased spermine, spermidine, acrolein, N1-acetylspermidine and N1,N12-diacetylspermine in CKD rats were mainly implicated in the enrichments of *Clostridium_sensu_stricto*, *Escherichia_Shigella*, *Enterorhabdus* and *Parasutterella*, which possessed genes encoding spermine synthase (K00802), spermidine synthase (K00797), spermidine dehydrogenase (K00316), homospermidine synthase (K00808) and putative spermidine/putrescine transport system permease protein (K02053) as well as their corresponding enzymes (EC:2.5.1.22), (EC:2.5.1.16), (EC:1.5.99.6) and (EC:2.5.1.44) that converted spermine or spermidine to other polyamines (Fig. 5b). However, increased putrescine was only associated with *Bacteroides*, which possessed genes encoding putrescine aminotransferase (K09251, K12256), spermidine/putrescine transport system permease protein (K11070, K11071) and putrescine carbamoyltransferase (K13252) as well as their corresponding enzymes (EC:2.6.1.82), (EC:2.6.1.-) and (EC:2.1.3.6) that converted spermidine to putrescine (Fig. 5b).

Metabolic network modeling and microbiome–metabolite associations in gut microbiota–metabolite–phenotype axis

To assess the potential role of the altered metabolites with renal function, we performed a Spearman correlation and linear regression analyses of CCr and metabolites using gut microbiota-associated 36 metabolites. 15 metabolites showed a significant correlation with CCr and had linear regression coefficient of more than 0.800 (Fig. 5a). Of note, these metabolites belonged to polyamine metabolism (spermine, spermidine, acrolein, putrescine, 3-aminopropanal, N1-acetylspermidine and N1,N12-diacetylspermine). Polyamines have been identified as uremic toxins, which accelerate progression of renal fibrosis [38]. Figure 5b presented the polyamine metabolism pathway in CKD rats.

The influence of gut microbiota on the host's metabolic activity has been studied widely, which contributes much on both local and systemic metabolism. To further explore the association among clinical indices, bacterial genus and metabolites, a network analysis based on nine clinical indices, 13 genus-level bacterial taxa, seven metabolites in glycine metabolic pathway and six metabolites in polyamine metabolism was used to highlight the associations of the gut microbiome with clinical indices and serum metabolites in renal fibrosis by Cytoscape software (version 3.6.1). As shown in Fig. 5c, CCr was directly linked to dysbiosis of gut microbiota, clinical indices and metabolites, which indicated that the renal function decline was associated with microbial composition, glycine metabolism and polyamine metabolism that contributed to renal fibrosis. Gut microbiota was deeply implicated in glycine metabolism and polyamine metabolism. Interestingly, hypertension exhibited a higher positive correlation with the dysregulation of glycine metabolism and microbiome; however, CCr had a higher negative correlation with upregulated polyamine metabolism and microbiome in NX rats, underscoring the connection between strong variations in microbial abundance and metabolic regulation in NX rats.

Effects of PAA and *Poria cocos* (PC) administration on gut microbiome, serum metabolites and renal fibrosis in CKD rats

To demonstrate whether gut microbiome could affect renal fibrosis, CKD rats were treated with PC, a well-known natural fungus with marked antioxidative, antiinflammatory, antibacterial, diuretic and antifibrotic effects on CKD [39–45]. PAA is a major tetracyclic triterpenoid derivative of PC [46–48]. As shown in Fig. 6a, b, treatment with both PAA and PC improved glycine and polyamine metabolisms in CKD rats. Interestingly, PAA treatment showed a stronger effect on glycine metabolism than that of PC., while

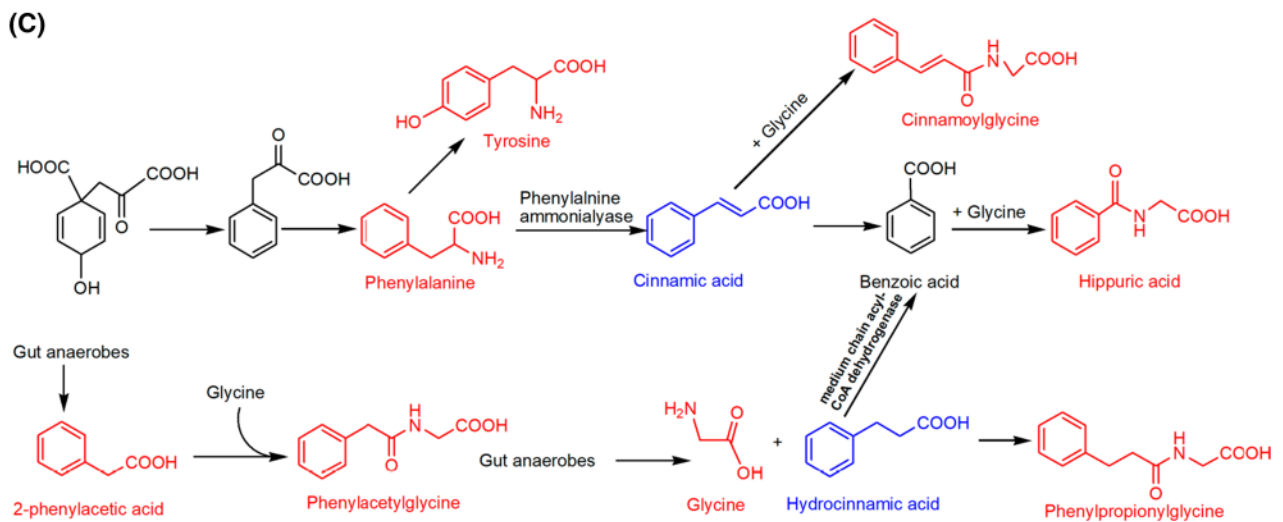
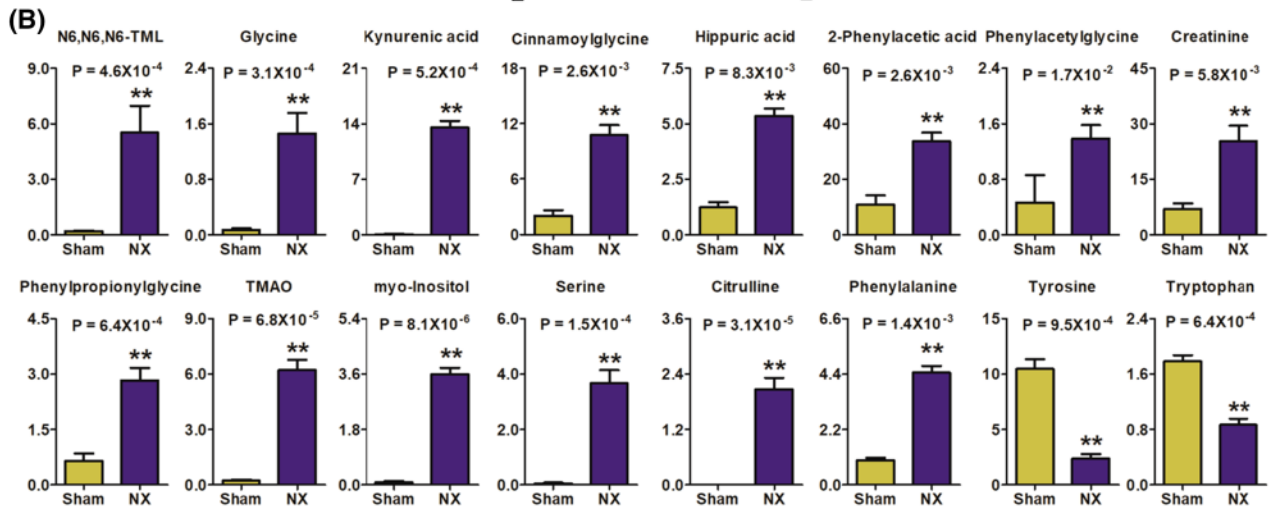
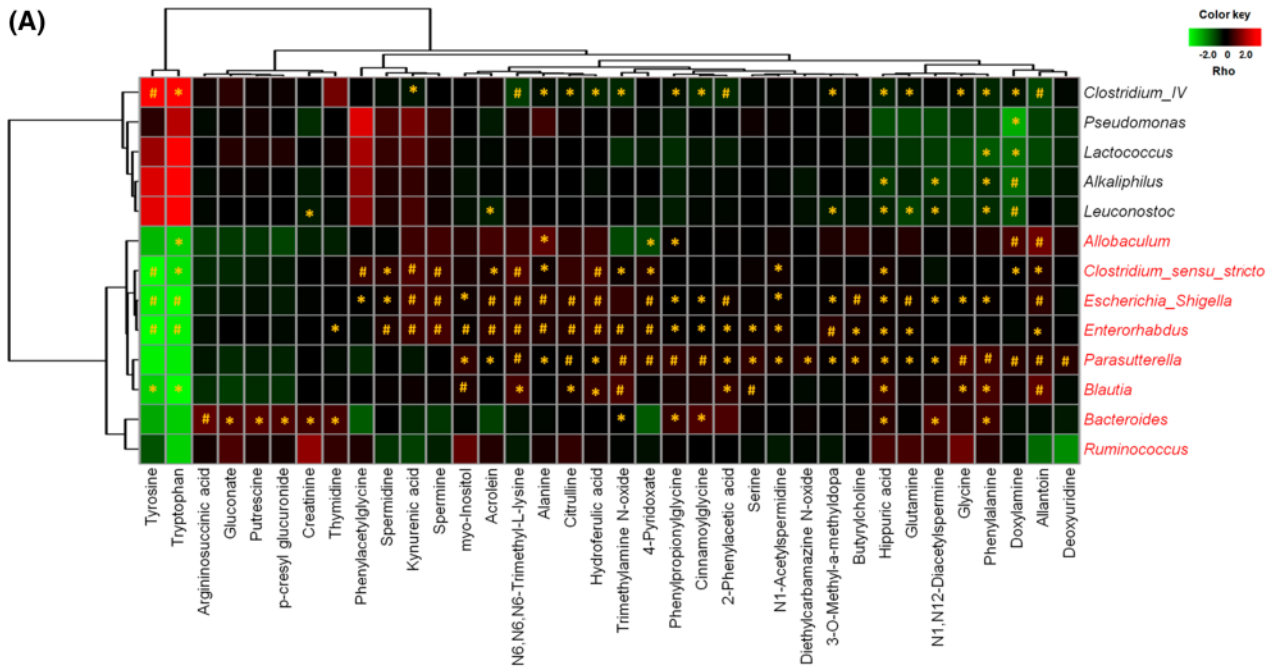


Fig. 4 Correlation analysis of the gut microbiome and serum metabolites as well as relationship between hypertension and serum metabolites. **a** Spearman's rank correlation between 13 most differential genera and 36 differential metabolites (metabolite that correlated with at least one genus with $P < 0.05$ was shown). The results were presented as a heatmap using Ward clustering analysis. The scale ranged from +2.0 (red) to -2.0 (green). Heatmap showed that microbial taxa was correlated with metabolites, which linked positively or negatively to renal fibrosis in NX rats. Rho in the color key represented Spearman rank correlation coefficient. * $P < 0.05$, # $P < 0.01$ denoted statistical significance between bacterial taxa and metabolites. **b** Relative intensity of individual metabolites in NX and sham rats. 16 metabolites were selected by correlation analysis between metabolites and SBP ($P < 0.05$). P value was calculated by Spearman rank correlation. Vertical axis was the relative intensity of individual metabolites. Asterisks denoted statistical significance between NX and sham rats, ** $P < 0.01$ versus the relative intensity of the sham rats. **c** Analysis of the metabolites in glycine pathway. The relative intensities in the serum metabolites were shown in boxes. Metabolites highlighted by red indicated the identified metabolites and their relative intensities were presented in **b** in current study

PC treatment was relatively more prominent on polyamine metabolism compared to PAA. In addition, emerging evidence suggested that altered gut microbiota was, in part, responsible for the pathogenesis of hypertension, accumulation of uremic toxin and the decline in kidney function [8, 9, 49]. It was speculated that PAA improved renal function and attenuated interstitial fibrosis partly by lowering blood pressure. However, PC improved renal function and reduced fibrosis partly by lessening the generation of polyamine-derived uremic toxins. Present study showed that treatment with both PAA and PC could attenuate CKD and its consequences (Fig. 6c). Notably, PAA treatment showed a stronger effect on improving renal function than PC, which indicated the contribution of hypertension on CKD progression. Moreover, both PAA and PC treatment can upregulate the protein expression of ZO1, occludin and claudin-1 (Fig. 6d, e).

The breakdown of the gut epithelial barrier triggered local and systemic inflammation and influx of leukocytes as well as accelerated the translocation of uremic toxins into the systemic circulation in CKD patients and animals [8]. NX rats exhibited a significant upregulation in nuclear translocation of p65, pointing to the activation of NF- κ B signaling (Fig. 7a). Activation of I κ B α /NF- κ B was accompanied by marked upregulation of inflammatory proteins including MCP-1 and COX-2, as well as the downregulation of anti-oxidative system including Nrf2 and its downstream gene products, such as HO-1, catalase and NQO1 (Fig. 7a–d). Both PAA and PC treatment inhibited the upregulation of I κ B/NF- κ B pathway and prevented the downregulation of cytoprotective Keap1/Nrf2 pathway. Interestingly, PAA showed a stronger effect on these pathways than that of PC (Fig. 7a–d).

Oxidative stress and inflammation played paramount roles in the pathogenesis and progression of CKD [29, 50, 51]. Compared to sham rats, the CKD rats showed interstitial inflammatory cell infiltration and tubular atrophy/dilatation (Fig. 7e). Histological analysis indicated that both PAA and PC treatment significantly attenuated renal injury (Fig. 7f). Immunohistochemical staining showed that treatment with both PAA and PC inhibited the upregulation of profibrotic factors including α -SMA, vimentin and collagen I (Fig. 7e). Interestingly, PAA showed a stronger antifibrotic effect than that of PC. Taken together, these results suggest that PAA and PC treatment could ameliorate inflammation and oxidative stress as well as retard renal fibrosis in the CKD rats by attenuating microbial dysbiosis, preventing disruption of intestinal epithelial barrier, and mitigating dysregulation of serum metabolites.

Discussion

The present study demonstrated profound changes of the gut microbiome marked by altered composition and reduced diversity of the bacterial population in CKD rats, which was highly consistent with the earlier studies [9]. In confirmation of the previous studies, microbial dysbiosis in CKD rats was accompanied by marked alteration of plasma metabolome [52]. The microbial-derived metabolites were closely linked to the inflammation and oxidative stress in CKD rats. A growing body of evidence demonstrated that dietary supplementation of amylose, a plant-derived indigestible complex carbohydrate, ameliorated oxidative stress as well as inflammation and retarded the progression of chronic kidney disease in CKD rats [53]. Additionally, amylose improved microbial dysbiosis and metabolomic profiles [52] in rats with adenine-induced chronic interstitial nephropathy as well. Present study reveals that dietary supplementation of the prebiotics, PC and PAA could ameliorate microbial dysbiosis, lower the related toxic metabolites, mitigate interstitial fibrosis and retard the decline of renal function in rats with CKD induced by 5/6 nephrectomy. Significant changes in the abundance of 13 bacterial species including *Blautia*, *Escherichia_Shigella*, *Bacteroides*, *Allobaculum* and *Clostridium_IV*, and 291 metabolites were observed in CKD rats, highlighting the critical impact of CKD on the gut microbiome and its role in dysregulated metabolites.

Dysbiosis of the gut microbiota has been described previously in CKD rats and humans [9, 32]. Using phylogenetic microarray technique, in a previous study we compared the composition of the bacterial community in fecal samples of rats with CKD induced by 5/6 nephrectomy with that of sham-operated control rats. The study revealed reduced richness and distinct changes in composition of bacterial community structure in CKD rats [9]. In a subsequent study,

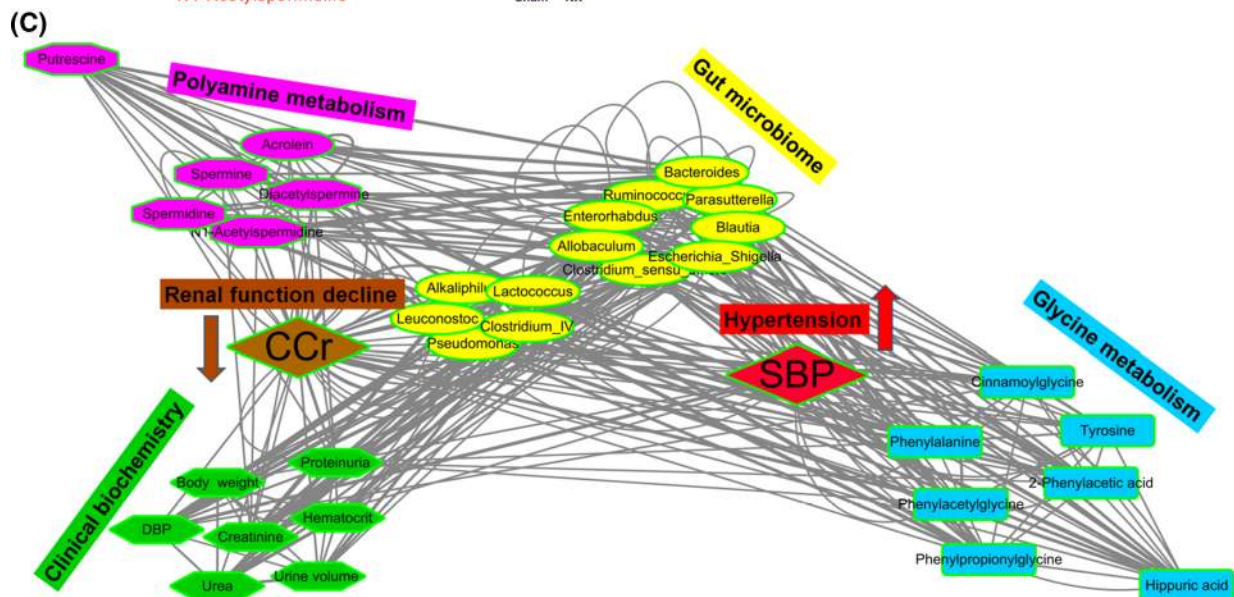
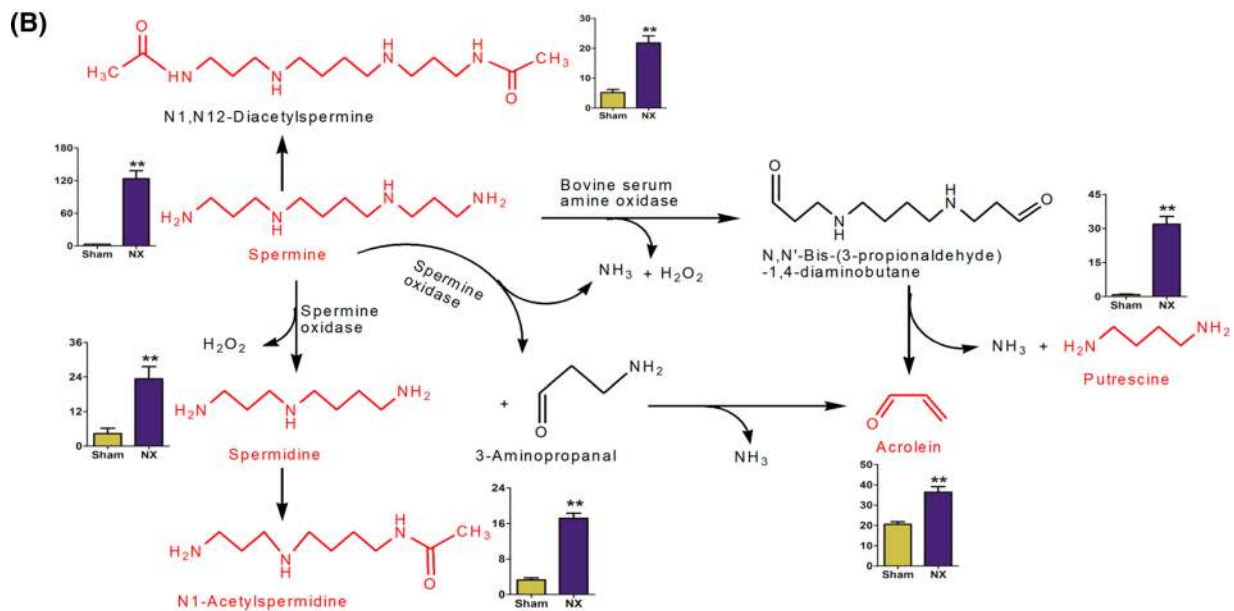
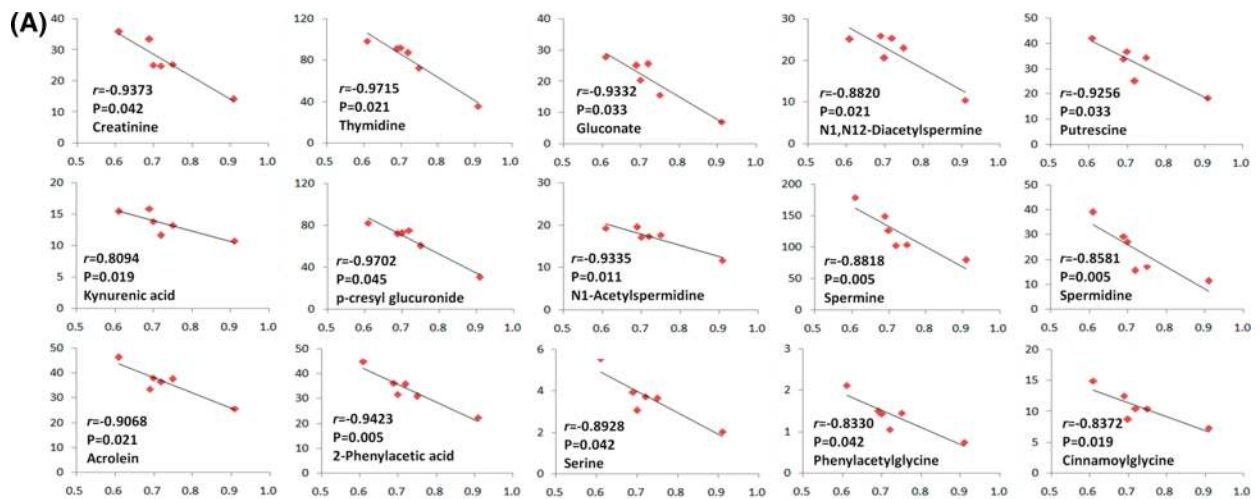


Fig. 5 Associations of the gut microbiome with clinical indices and serum metabolites in renal fibrosis. **a** The associations between CCr and taxa-associated significant metabolites in NX rats. r indicated the linear coefficients. Metabolites were selected based on $R > 0.800$. The values of P were calculated by Spearman rank correlation between CCr and metabolites. **b** Analysis of the metabolites of the spermine pathway. The relative intensities in the serum metabolites were shown in boxes. Metabolites highlighted by red indicated the identified metabolites in current study. **c** Correlation network among 13 genus-level bacterial taxa, nine clinical indices and seven metabolites in glycine metabolic pathway and six metabolites in polyamine metabolism by Cytoscape software. The nodes of the network represented the genera (yellow circle), clinical indices (green hexagon) and glycine metabolites (blue rectangle) as well as polyamine metabolites (pink octagon), where the edges corresponded to a significant ($P < 0.05$) and positive (Spearman $\rho < -0.3$) or negative (Spearman $\rho > 0.3$) correlation between the nodes

Kikuchi et al. [32] found reduced diversity and altered composition of the gut microbial community in the fecal samples of NX rats compared to those of sham-operated control rats. In confirmation of the above studies, Firmicutes,

Bacteroidetes, Proteobacteria and Actinobacteria were the most dominant bacterial phylum in the colon content from our rats. As expected, the CKD rats showed significant alteration of the gut microbiome. In particular, at the genus level, we found the enrichment of *Enterorhabdus*, *Blautia*, *Ruminococcus*, *Parasutterella*, *Bacteroides*, *Clostridium_sensu_stricto*, *Escherichia_Shigella* and *Allobaculum*, and the depletion of *Clostridium_IV*, *Lactococcus*, *Leuconostoc*, *Alkaliphilus* and *Pseudomonas* in our CKD rats. These findings confirmed the concurrence of gut microbial dysbiosis in CKD. One of the striking changes of the microbiome in CKD rats employed in the present study and in CKD rats and ESRD patients in previous studies [32, 54] is enrichment of *Escherichia_Shigella* which consists of one of the species assigned to *Escherichia_fergusonii*. *E. fergusonii* is an enterotoxin-producing bacterium responsible for a wide variety of intestinal and extra-intestinal infections in animals and humans [55, 56]. Enrichment of the *E. fergusonii*, an aerobic bacterium in our CKD rats, is consistent with the

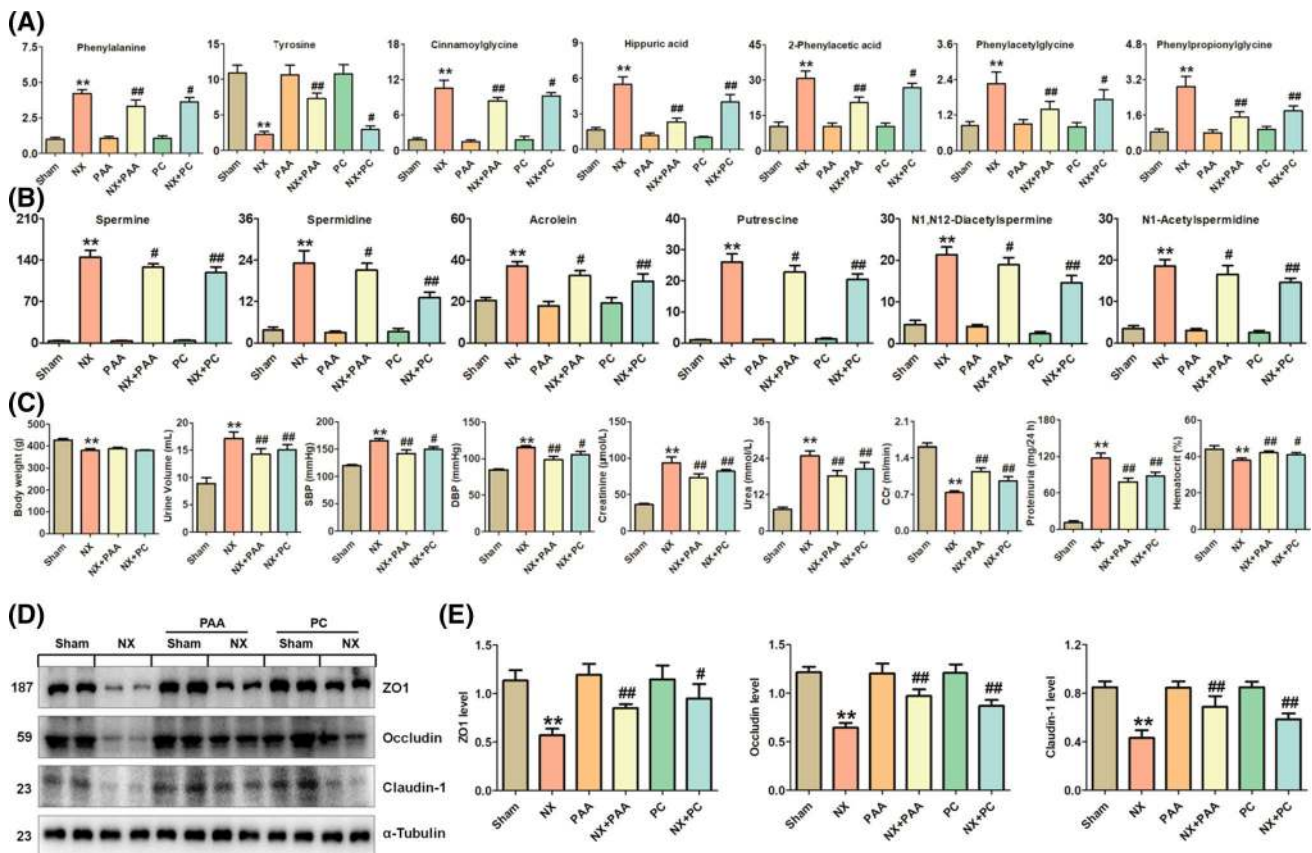


Fig. 6 Effects of PAA and PC on serum metabolites, clinical indices and intestinal barrier in NX rats. **a** Relative intensity of individual glycine metabolites in the serum of the different rats. Vertical axis was the relative intensity of individual metabolites. **b** Relative intensity of individual polyamine metabolites in the serum of the different rats. Vertical axis was the relative intensity of individual metabolites. **c** Clinical indices of the different rats. **d** The expression levels of the

tight junction protein expressions including ZO1, occludin and claudin-1 in the colon of the different rats. Tissue lysates were immunoblotted with specific antibodies against ZO1, occludin and claudin-1. **e** Graphic representations of ZO1, occludin and claudin-1 expression in different groups as indicated. * $P < 0.05$; ** $P < 0.01$ versus sham rats ($n = 6$); # $P < 0.05$, ### $P < 0.01$ versus NX rats ($n = 6$)

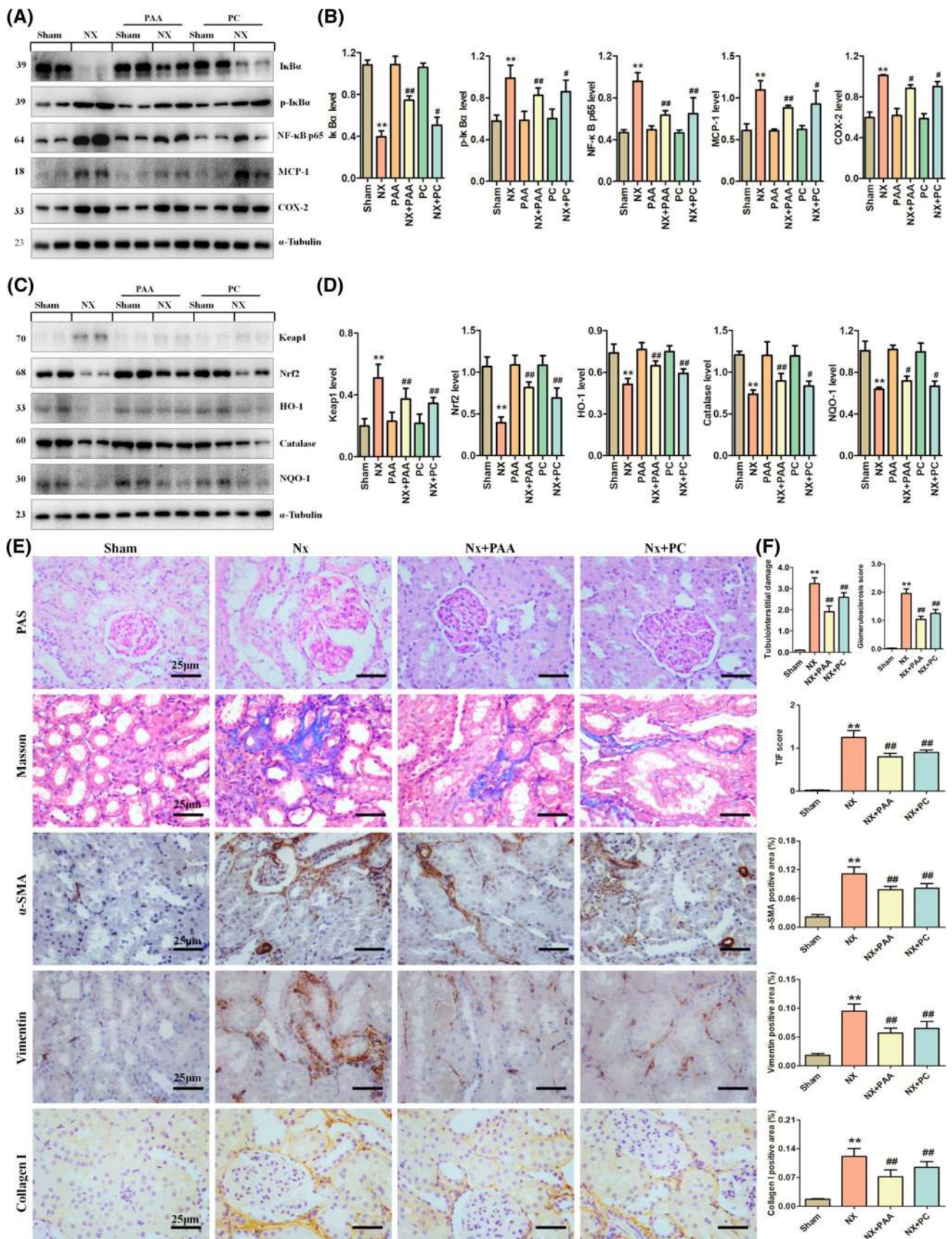


Fig. 7 Effects of PAA and PC on inflammation and TIF in NX rats. **a** Western blot depicting I κ B α , p-I κ B α and nuclear content of p65 active subunit of NF- κ B and expression of COX-2 and MCP-1 in kidney tissues of different rats. Tissue lysates were immunoblotted with specific antibodies against I κ B α , p-I κ B α , NF- κ B, COX-2 and MCP-1. **b** Graphic representations of I κ B α , p-I κ B α , NF- κ B, COX-2 and MCP-1 expression in different groups. **c** Western blot depicting nuclear translocation of Nrf2 and protein abundances of its repressor, Keap1, and its downstream gene products, such as catalase, HO-1 and NQO-1 expression in kidney tissues of different rats. Tissue lysates were immunoblotted with specific antibodies against Keap1, Nrf2, catalase, HO-1 and NQO-1. **d** Graphic representations of Keap1, Nrf2, catalase, HO-1 and NQO-1 expression in different groups. **e** Images of PAS staining, Masson's Trichrome staining and immunohistochemical staining of α -SMA, vimentin and collagen I expression in different rats. **f** Graphic representations of PAS staining including tubulointerstitial damage, glomerulosclerosis score, Masson's Trichrome staining and immunohistochemical staining in different groups. * $P < 0.05$; ** $P < 0.01$ versus sham rats ($n = 6$); # $P < 0.05$, ## $P < 0.01$ versus NX rats ($n = 6$)

previously demonstrated expansion of aerobic bacteria in the hemodialysis patients [57]. In addition, *E. fergusonii*'s genome contains genes encoding enzymes capable of producing the gut-derived uremic toxins IS, p-CS and TMAO, pointing to the potential effect of *E. fergusonii* on uremic toxin production in the rats' intestine.

The *Blautia* population was markedly elevated in our CKD rats, which provided additional evidence to the earlier study reported by Zeng et al. [58]. In addition, the rise in *Blautia* has been shown to be associated with early decline in renal function (eGFR decline) in a large cohort of patients with minimal renal dysfunction [59]. Vancomycin administration in ESRD patients has been shown to significantly reduce *Blautia*, and lower serum IS and p-CS levels at day 7 followed by their rebound to or above baseline values at day 28 [60]. IS and PCS are the byproducts of tryptophan and tyrosine metabolism by the gut bacteria and their rise within 28 days following vancomycin therapy in ESRD patients points the resilience of the taxa generating these toxins [60].

Increased abundance of *Ruminococcus* and *Allobaculum* genera observed in our CKD rats is consistent with the previously reported findings in mice with adenine-induced CKD and rats with 5/6 nephrectomy-induced CKD [32, 58, 61]. Moreover, consumption of high-fiber diets has been shown to obviously reduce the abundance of *Ruminococcus* and *Allobaculum* in rats with adenine-induced CKD [52]. Moreover, other study showed that *Ruminococcus* was positively correlated with eGFR decline in CKD patients [62]. The increased abundance of the fragments of *Bacteroides* genera has been reported in the blood samples of ESRD patients [63] and patients with kidney stone [64]. Interestingly, the alternation of *Blautia*, *Bacteroides*, *Escherichia_Shigella* and *Allobaculum* has been reported in rats with spontaneous hypertension [65], coinciding with our findings in CKD rats which had hypertension. Our CKD rats had increased abundance of *Parasutterella*.

In our CKD rats, we found depletion of *Clostridium IV* bacteria which produced short-chain fatty acid (SCFA), especially butyrate that had antiinflammatory and protective effects on the colonic epithelium [66]. Most of the *Clostridium IV* OTUs could not be identified as specific species, indicating that unknown *Clostridium* spp. was involved in the maintenance of gut bacterial homeostasis. Colonic colonization of *Clostridium* spp. was related to accumulation of Treg lymphocytes which inhibited the development of inflammatory lesions [67]. Two *Clostridium IV* species including *Clostridium leptum* and *Eubacterium siraeum* were significantly decreased in our CKD rats. *C. leptum* can induce stimulation of Treg cells and inhibit the inflammatory response [68]. The observed depletion of the antiinflammatory bacteria may contribute to the inflammatory state in CKD rats. *Pseudomonas* genus was evidently decreased in our CKD rats, which was consistent with previous studies in ESRD patients [69]. The enrichment of *Lactococcus* and *Leuconostoc* were observed in our study as well. Tain et al. [70] reported the association of increased *Lactococcus* and decreased *Leuconostoc* with the development of hypertension by maternal and post-weaning high-fructose diets in adult offspring.

Dysbiosis of the gut microbiota in our CKD rats was accompanied by the alteration of serum metabolome. Correlation analysis demonstrated that increased spermine, spermidine, acrolein, *N*1-acetylspermidine and *N*1,*N*12-diacetylspermidine were mainly associated with the enrichment of microbial genera which possess the genes encoding spermine synthase, spermidine synthase, spermidine dehydrogenase and homospermidine synthase, putative spermidine/putrescine transport system permease protein and their corresponding enzymes (EC:2.5.1.22), (EC:2.5.1.16), (EC:1.5.99.6) and (EC:2.5.1.44) that convert spermine or spermidine to other polyamines. However, increased putrescine was only associated with *Bacteroides* which possesses genes encoding putrescine aminotransferase and putrescine carbamoyl transferase as well as their corresponding enzymes [(EC:2.6.1.82), (EC:2.6.1.-) and (EC:2.1.3.6)] that convert spermidine to putrescine. Polyamines are among the uremic toxins which accelerate progression of uremia [71, 72]. Polyamines originate from *L*-ornithine and methionine by ornithine decarboxylase (EC 4.1.1.17). Decarboxylation of *L*-ornithine leads to the production of putrescine which is further converted to higher polyamines spermidine and spermine by successive addition of aminopropyl groups derived from decarboxylated *S*-adenosylmethionine. These metabolites which are linked with CCr correlated with specific gut microbiota. Microbiota-derived polyamine metabolites exacerbate the damage of intestinal epithelial tight junction, which in turn accelerates the translocation of uremic toxins into the systemic circulation and promotes local and systemic inflammations [8].

Treatment of PAA and PC in CKD rats prevented the disruption of intestinal epithelial barrier by downregulating polyamine metabolites as well as upregulating ZO1, occludin and claudin-1 protein expression. In addition, it mitigated inflammation and oxidative stress by inhibiting I κ B α /NF- κ B pathway and maintaining Keap1/Nrf2 pathway as well, the dysregulation of which contributed much to renal fibrosis in the untreated CKD rats. Finally, PAA and PC treatment also improved CCr as well as lowered SBP, DBP, serum creatinine, urea concentrations, proteinuria, and downregulated α -SMA, vimentin and collagen I expression in CKD rats.

Our study further indicated that the elevated blood pressure was deeply implicated in glycine metabolism pathway. Glycine-conjugated metabolites including cinnamoylglycine, phenylpropionylglycine, 2-phenylacetic acid and hippuric acid showed strong positive or negative correlation with five genera in CKD rats. Although both the treatment of PAA and PC could alter metabolites derived from glycine and polyamine metabolism, PAA exhibited a stronger effect on lowering production of glycine-conjugated metabolites as well as the downregulation of α -SMA, vimentin and collagen I expressions in CKD rats. Taken together, these microbial genera and glycine-conjugated metabolites were intimately involved in renal injury and hypertension.

Conclusion

CKD significantly modified the structure and composition of gut bacteria in rats. The shifts in the composition of the gut bacteria, in turn, played an important role in the progression of CKD. In this study, we demonstrated the CKD-induced microbial dysbiosis and the dysregulation of microbial metabolites as well as their impact on renal fibrosis and renal impairment. Additionally, we further showed that treatment with PAA and PC mitigated microbial dysbiosis, attenuated oxidative stress, inflammation and renal fibrosis, and retarded the decline of renal function in rats with CKD induced by 5/6 nephrectomy.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no competing interests.

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