

1 **Midkine (MDK) growth factor: a key player in cancer progression and a promising therapeutic**  
2 **target**

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25 **Abstract**

26 Midkine is a heparin-binding growth factor, originally reported as the product of a retinoic acid-responsive gene  
27 during embryogenesis, but currently viewed as a multifaceted factor contributing to both normal tissue homeostasis  
28 and disease development. Midkine is abnormally expressed at high levels in various human malignancies and acts as  
29 a mediator for the acquisition of critical hallmarks of cancer, including cell growth, survival, metastasis, migration  
30 and angiogenesis. Several studies have investigated the role of midkine as a cancer biomarker for the detection,  
31 prognosis, and management of cancer, as well as for monitoring the response to cancer treatment. Moreover, several  
32 efforts are also being made to elucidate its underlying mechanisms in therapeutic resistance and immunomodulation  
33 within the tumor microenvironment. We hereby summarize the current knowledge on midkine expression and  
34 function in cancer development and progression, and highlight its promising potential as a cancer biomarker and as a  
35 future therapeutic target in personalized cancer medicine.

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39 **Keywords:** Midkine, therapeutics, cytokine, metastasis, cancer biomarker, angiogenesis

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42 **1. Introduction**

43 Midkine (MDK) is a heparin-binding growth factor first discovered as a highly expressed gene during mouse  
44 embryogenesis [1]. To date, MDK is viewed as a multifunctional protein and along with pleiotrophin (PTN), they  
45 form a structurally unique family of heparin-binding growth factors [2]. MDK is a soluble secreted protein that is  
46 highly elevated in various diseases, such as cancer, and therefore it could serve as a valuable disease biomarker [3].  
47 In many types of cancer, MDK has been shown to be overexpressed [3], especially during tumor progression into  
48 more advanced stages [4]. Of note, MDK expression in tumors has been determined by blood [5, 6], urinary [7] and  
49 tumor analysis [8].

50 MDK is implicated in various physiological processes such as development, reproduction and repair thus  
51 playing important roles in the pathogenesis of malignant and other diseases [9]. Therefore, this protein is expressed  
52 by a variety of cells under physiological and pathological conditions. Under physiological conditions significant  
53 MDK expression is observed in the epidermis [10], bronchial epithelium [11] and lymphocytes [12, 13]. Contrarily,  
54 in another study, MDK was shown to be expressed in several tumor cell lines, but not in blood-derived normal cells,  
55 including monocytes, lymphocytes, or activated T lymphocytes [14]. Consistent with its role during mouse  
56 embryogenesis, MDK is expressed in embryonic stem cells and its role in their survival has been well documented  
57 [15]. In particular, MDK is intensely expressed in the mid-gestation stage and from the mode of its distribution, has  
58 been suggested to play roles in neurogenesis, epithelial-mesenchymal interactions and mesoderm remodeling [16,  
59 17]. Moreover, the mode of MDK location is consistent with its multiple roles in neurogenesis. MDK is strongly  
60 expressed in the basal layer of the cerebral cortex, which is rich in neural precursor cells, including neural stem cells  
61 and also in radial glial processes, which are extensive neural stem cells derived processes [18].

62 In spite of the roles of MDK in development mentioned above, MDK-deficient mice are born without  
63 major defects [19]. However, mice deficient in both genes MDK and PTN are born smaller in size, and about 50%  
64 of them die before 4 weeks (see refs in [9]), suggesting that MDK and PTN potentially compensate for each other  
65 during embryogenesis [9]. Furthermore, mice deficient in MDK or PTN exhibit a moderate auditory deficit, while  
66 mice deficient in both present with more severe phenotype [20]. Moreover, mice deficient in MDK exhibit normal  
67 phenotypes in overall neural functions [19], although more in-depth analysis revealed deficits in specific neural  
68 functions [21].

69 Of note, MDK is strongly expressed by the majority of tumor cells in human malignant tumors [9, 22] and  
70 this will be the highlighted topic of the current review. As mentioned, MDK functions as a cytokine and growth  
71 factor with complex biological functions, and is implicated in a variety of (patho)physiological processes. [4]. MDK  
72 is involved in the acquisition of multiple hallmarks of cancer: it promotes tumor cell proliferation, transformation  
73 and epithelial to mesenchymal (EMT) transition [22-24]; it has angiogenic [25], mitogenic[26], antiapoptotic [27]  
74 and anti-tumor immunity[28] roles, and it has also been involved in chemoresistance [29]. The wide expression of  
75 MDK in many tumors, its causative involvement in cancer development and progression, as well as its potential role  
76 as a cancer biomarker, are currently under investigation, because of the many potential translational applications, as  
77 will be outlined below.

78 In this review, we offer a detailed insight on the functions and the molecular and biological significance of  
79 MDK in cancer. Specifically, we provide an updated and critical viewpoint on the involvement of MDK in cancer  
80 progression and response to chemotherapy, as well as its emerging roles in antitumor immunity and inflammation.  
81 Furthermore, we highlight and explore the significance of this protein as a tentative tumor biomarker in different  
82 types of cancer, as well as its potential as a drug therapeutic target.

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## 84 2. Genomic and protein domain organization of MDK

85 The human MDK gene, located on 11q11.2 chromosome, encodes a 15.5-kDa protein rich in basic and cysteine  
86 amino acids (UniProtKB - P21741 (MK\_HUMAN)) [30-32].

87 In the promoter region of MDK, there are functional binding sites for retinoic acid receptor (RA) [33] and a  
88 hypoxia responsive element, possibly involved in the increased expression of MDK in various tumors [34]. Hypoxia  
89 induces MDK expression through the binding of the hypoxia inducible factor 1a (HIF-1a) to a hypoxia responsive  
90 element in MDK promoter [34]. There is also a binding site for the product of Wilms` tumor suppressor gene [35]  
91 for MDK up-regulation in Wilm`s tumor cells [36]. Contrarily, MDK was shown to be downregulated by cortisol in  
92 fetal lung development via a glucocorticoid receptor action [37].

93 The MDK human gene consists of four coding exons. Due to the differential splicing and differences in the  
94 transcription initiation site, there are seven isoforms in the MDK mRNA. Two isoforms are generated by skipping a  
95 coding exon and yield truncated MDK (**Fig 1a**). A truncated MDK variant derived from mRNA without the second  
96 coding exon is tumour-specific and might be of diagnostic value [9]. Different other truncated MDK (tMDK)

97 variants have also been reported in the literature. For instance, a truncated MDK variant (tMDKC) resulting from a  
98 deletion of part of exon 3 plus most of exon 4, encodes a putative 62 amino acid product [38]. Another variant  
99 (tMDK) has also been identified in Wilms's tumour tissues [39] and in a variety of metastatic gastrointestinal  
100 cancers. It remains to be elucidated whether such truncated variants play any role in a physiological, besides  
101 neoplastic, context. Moreover, an isoform with two extended amino acids at the N-terminal is present in MDK (the  
102 first two MDK residues (valine (V) and alanine (A)), called the „VA-MDK“ [40] (**Fig 1a**). Therefore these two forms  
103 (the conventional MDK and the „VA-MDK“) (**Fig 1a**) may occur simultaneously *in vivo* [40] and may have a  
104 different biological significance.

105 Mutations in MDK gene were not found in high frequency; a mutation was only found in lung cancer,  
106 cervical cancer and malignant melanoma patients respectively (<http://www.oasis-genomics.org/>, TCGA). Moreover,  
107 only 3 missense mutation types of unknown significance identified in lung cancer (lung squamous cell carcinoma  
108 and lung adenocarcinoma) and 1 nonsense mutation in lung adenocarcinoma (cBioPortal for Cancer Genomics).

109 MDK protein contains a signal peptide for secretion (aa 1-20) and the main protein chain (aa 21-143) with  
110 2 distinct domains (N-terminal and C-terminal domain) flanked by intra-domain with disulfide bridges [41] (**Fig 1a**).  
111 MDK and PTN share 50% sequence homology with cysteine and tryptophan residues being conserved in humans [9].  
112 Among the two conserved MDK domains, the C-domain has been considered to play more important role in MDK  
113 function, exerting neurite-promoting activity [22]. Moreover, two heparin-binding sites are present in the C-domain  
114 of human MDK [22]. The N-domain appears to be important for the stability of MDK as the C-terminal half of  
115 MDK is more susceptible to chymotrypsin digestion [42], involved in MDK dimerization [22]. Overall, further  
116 studies of the expression and function of MDK variants in health and disease are clearly warranted, and the relative  
117 expression levels of full-length versus MDK variants (for both gene and protein levels) (**Fig 1a**) might prove to be  
118 diagnostically useful.

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### 120 3. Implications of MDK in the hallmarks of cancer

121 MDK is a protein that initiates signaling through ligand-dependent receptor activation for a biological response [43].  
122 To date, there have been key advances made on elucidating the functional MDK-mediated mechanisms, including  
123 diverse receptors and complicated intracellular signaling pathways. The glycosaminoglycan-recognizing activity of  
124 MDK is important for this mechanism of action. For this reason, proteoglycans including receptor-like protein

125 tyrosine phosphatase-  $\zeta$  (PTP- $\zeta$ )[44], syndecans [17], and glypican-2 [45], demonstrate a strong affinity for  
126 MDK(**Fig 1b**). Other proteins, such as low-density lipoprotein receptor-related protein (LRP) [46],  $\alpha$ 4 $\beta$ 1-integrin  
127 and  $\alpha$ 6 $\beta$ 1-integrin [47] also serve as putative MDK receptors, which, together with PTP- $\zeta$  form a receptor complex  
128 for MDK binding (**Fig 1b**). In general, the interactions of MDK with the above mentioned receptors or receptor  
129 complexes promote cancer cell growth, migration, metastasis and angiogenesis [23] via the activation of  
130 downstream signaling cascades [44, 46] (**Fig 1b**).

131 As already explained, MDK is a growth factor overexpressed in various human malignancies, [43, 48], and the  
132 downstream signaling events may be linked to a vast plethora of phenotypic characteristics leading to cancer  
133 development and progression [25, 49-51] (**Fig 1b**). In this chapter, we describe the involvement of MDK in cancer-  
134 related signaling from the viewpoint of the well-described hallmarks of cancer, as described by Hanahan and  
135 Weinberg [52] and indicated briefly as an illustration in **Figure 2**.

### 136 3.1. MDK-mediated proliferation/growth signaling, and apoptosis evasion

137 Recent studies demonstrated that MDK binds to heparan sulfate and chondroitin sulfate and activates several  
138 signaling pathways contributing to cell growth and proliferation [9] via downstream signaling systems such as the  
139 Src family kinases and the tyrosine phosphorylation of PI3-kinase and MAP kinases [46, 51] (**Figure 2a**).

140 Moreover, it was demonstrated that the resistance of glioma cells to tetrahydrocannabinol (THC) relies on  
141 the MDK-mediated stimulation of anaplastic lymphoma kinase (ALK), making the cells resistant to autophagy-  
142 mediated cell death in vitro and in vivo [53, 54]. In particular MDK, modulates p8/TRB3 expression as well as the  
143 activity of the Akt/mTORC1 axis, via the ALK receptor, to prevent the autophagy-mediated cell death by THC  
144 cannabinoids[55](Figure 2a). In vivo MDK silencing or ALK pharmacological inhibition sensitizes cannabinoid-  
145 resistant tumors to THC antitumoral action [55], suggesting that MDK/ALK axis could be an efficient target for  
146 glioma therapies. Previous reports also suggested that anaplastic lymphoma kinase (ALK) is included in the receptor  
147 complex of MDK along with LRP and integrins [9, 54]. In specific, after activation of the receptor complex by  
148 MDK, ALK phosphorylates the insulin receptor substrate-1, and activates MAP kinase and PI3 kinase leading to  
149 transcriptional activation of nuclear factor kappa-light chain-enhancer of activated B cells (NF- $\kappa$ B)[54] (**Figure 2a**).  
150 Taken together, MDK acts through diverse downstream signaling pathways, including, but not limited to, the Src  
151 and NF- $\kappa$ B to elicit pro-tumoral responses in many cancer types. Interestingly, MDK may also be implicated in

152 survival pathways in hematopoietic malignancies. Foremost, MDK enhances the survival of mature B cells and the  
153 suppression of MDK-dependent survival pathway might be considered for treatment of B cell malignancies [56].

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### 155 3.2. MDK-mediated angiogenesis

156 Of note, the tumor growth-promoting activity of MDK is also partially due to its ability to promote tumor  
157 angiogenesis. MDK, apart from a heparin-binding cytokine or a cancer cell growth factor, is also a potent pro-  
158 angiogenic factor [57, 58]. Enhanced tumor growth after subcutaneous injection of MDK into nude mice was in part  
159 associated with increased microvessel density, indicating enhanced proliferation of endothelial cells within the  
160 tumor [25] (**Figure 2b**). Interestingly, high MDK expression was localized in tumor endothelial cells of human  
161 neural tumor tissues, suggesting that endothelial cells also can represent the source of MDK during tumor  
162 angiogenesis [59]. In addition, conditioned media of cancer cells, artificially induced to overexpress MDK has been  
163 shown to induce angiogenesis by promoting proliferation of endothelial cells *in vitro* [58]. Antisense  
164 oligonucleotides against MDK inhibited growth of endothelial cells *in vitro* and tumor-induced angiogenesis in a  
165 chorioallantoic membrane (CAM) assay and tumor vascularization *in vivo* [60]. Mechanistically, MDK seems to  
166 control plasma bioavailability of vascular endothelial growth factor-A (VEGFA), which in turn, is related to the  
167 expression of neuronal nitric oxide synthase (Nos1) and endothelial Nos (Nos3) in endothelial cells, and eventually  
168 angiogenesis [61] (**Figure 2b**).

169 Although speculative, there is now a compelling line of evidence suggesting that MDK could be involved  
170 in hypoxia-mediated tumor angiogenesis: i) hypoxia induces MDK expression through the binding of hypoxia  
171 inducible factor-1a (HIF-1a) to a hypoxia responsive element on the MDK promoter [34], ii) MDK was also shown  
172 to be implicated in hypoxia-induced angiogenesis in non-neoplastic contexts such as ischemia of adult normal  
173 tissues [62], iii) hypoxia increases MDK protein levels in human polymorphonuclear neutrophils (PMN), monocytes,  
174 and human umbilical vein endothelial cells (HUVECs) [62] and iv) as already mentioned, the tumor growth  
175 promoting activity of MDK has been found to be due to its ability to promote tumor angiogenesis [58]. The precise  
176 mechanistic underpinnings remain to be elucidated.

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### 3.3. MDK-mediated cancer invasion and metastasis

MDK has been proposed to mediate metastasis by its combined mitogenic, pro-inflammatory and angiogenic functions [4, 63, 64]. Of note, MDK has been linked to epithelial-to mesenchymal transition EMT [65] (**Figure 2c, i**). For instance, MDK, has been described to be linked to EMT [66]; and to interact with various protein members of the TGF- $\beta$  pathway in vitro [65], a central mediator pathway for EMT [67], thus leading to increased migration of cancer cells in vitro and in vivo[66]. Additionally, MDK was described to mediate cell survival and growth mainly through PI3K and extracellular signal-regulated kinase (ERK) signaling [68, 69]. However, the expression of cell-cell and cell-matrix adhesion molecules ICAM-1, E-cadherin, periostin and MDK was not significantly linked to metastatic disease in pancreatic ductal adenocarcinomas (PDACs) cells [65]. Furthermore, estrogen enhanced MDK expression in accordance with an increase of EMT, whereas knockdown of MDK blocked EMT under estrogen stimulation in lung adenocarcinoma, indicating a pivotal role of MDK in progression of estrogen-regulated EMT [70]. After ligand-receptor interactions of PTP $\zeta$  with MDK, tyrosine phosphorylation was increased in cytoplasmic signaling molecules, such as  $\beta$ -catenin [71, 72]. Dephosphorylation of  $\beta$ -catenin is a critical step in the canonical Wnt signaling. In normal osteoblasts, MDK has been shown to inhibit osteoblast proliferation by interfering in Wnt signaling via inhibition of the PTP $\zeta$ -mediated dephosphorylation of  $\beta$ -catenin [71]. In glioma development, the Wnt/ $\beta$ -catenin/MDK molecular network as control mechanism was further revealed. It was found that Wnt3a administration or transfection of a constitutively activated  $\beta$ -catenin promoted MDK expression in glioma cells [73]. Furthermore, a TCF/LEF binding site was identified, with which beta-catenin interacts, on the proximal promoter region of MDK gene [73].

In another study, an interaction between the Notch-2 receptor and MDK (**Figure 2c, i**), in pancreatic ductal adenocarcinoma (PDAC) cells activated Notch signaling, induced EMTupregulated NF-kB, and increased chemoresistance in a downstream sequence [74].The interaction of Notch2 and MDK was observed in vitro, with the treatment of Notch-2–positive PDAC cells with soluble MDK resulting in Notch-2 activation and linked to upregulation of Notch downstream targets (Hes-1 and NF-kB/RelA) [74]. Similarly, it was also demonstrated that MDK binds to the Notch2 receptor in HaCaT, thus activating Notch2 signaling and leading to a

208 MDK-induced cross talk of Notch2/Jak2/Stat3 signaling pathways that regulate cell plasticity and motility  
209 contributing to EMT, as well as to later stages of tumorigenesis [75].

210 Proteolytic enzyme networks may also participate in MDK-induced metastasis [76, 77] (**Figure 2c, ii**).  
211 Interestingly, kallikrein-related peptidases (KLKs), the largest family of extracellular serine peptidases known to-  
212 date [78], may play a leading role in the regulation of the cell-biological programs, facilitating cancer progression,  
213 particularly through extracellular hydrolysis of crucial mediators such as cell-cell adhesion proteins, membrane-  
214 bound proteins and receptors, cytokines and growth factors, ECM proteins, as well as other KLKs [78]. MDK was  
215 identified as a key substrate for the two chymotrypsin KLKs (KLK7 and KLK9) [76, 77] upon specific cleavage,  
216 suggesting a potential role of the KLK7/9-MDK axis in cancer progression and metastasis, especially in tumors with  
217 aberrant deregulation of KLK7/9 expression [79, 80]. Future studies should investigate the exact roles of  
218 extracellular proteolytic networks in MDK cleavage regulation and MDK-driven metastasis.

219 A pro-metastatic role of MDK in melanoma progression was based on its link to neolymphangiogenesis via  
220 the mTOR signaling pathway [81] (**Figure 2c, iii**). MDK binds heparan sulfate and lymphatic endothelial cells  
221 (LECs), thus activating mTOR signaling to increase the expression of VEGFR3, through which major  
222 lymphangiogenic signals are transduced [81]. These signals stimulate the systemic lymphangiogenesis and tumor  
223 cell transmigration through the lymphatic endothelium in pre-metastatic sites (**Figure 2c, iii**). As expected, the  
224 silencing of MDK decreased lymphangiogenesis and metastasis in lymph nodes and lungs, while MDK  
225 overexpression caused the opposite effect in immunodeficient nu/nu mice [81].

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### 227 3.4. MDK-mediated anti-tumor immunity and inflammatory response

#### 228 3.4.1. Involvement of MDK in anti-tumor immunity

229 The emerging appreciation of the MDK function in the immune system has been assessed, by sculpting myeloid  
230 cell phenotype and driving immune cell chemotaxis [14] (**Figure 2d**). In addition, it has been shown that *in vitro*  
231 stimulation of CD8<sup>+</sup> T cells collected from HLA-A2 healthy donors and immunization of HLA-A2 transgenic  
232 mice, identified two CD8<sup>+</sup> T cell epitopes, which demonstrate that MDK-specific cytotoxic T lymphocytes can  
233 lyse tumor cells [14] (**Figure 2d**). One of these CD8<sup>+</sup> T cell epitopes resides in the signal peptide, as described  
234 previously for other secreted tumor antigens [82], suggesting that MDK could be a novel candidate for cancer  
235 vaccine development. Moreover, the capacity of MDK to prime CD4<sup>+</sup> T lymphocytes in humans and localized

236 several CD4<sup>+</sup> T cell epitopes of MDK-restricted to different HLA-DR molecules was also identified [28]. Two  
237 CD4<sup>+</sup> T cell epitopes, overlapping MDK signal peptide but differing in their processing outcome in tumor cells,  
238 were responsible for a large proportion of the T cell response [28].

239

#### 240 3.4.2 MDK-mediated tumor promoting inflammation

241 MDK is one of the growth factors that modulate inflammation [83], in part due to presenting similar properties  
242 with antibacterial proteins triggering the activation of the innate immune system [84]. MDK expression is strongly  
243 induced during inflammatory processes [85], leading to increased angiogenesis. Neutrophils, which also play a  
244 role in angiogenesis [86], have a designated role in MDK-mediated inflammation. MDK seems to support the  
245 polymorphonuclear neutrophil (PMN) adhesion by promoting high affinity of  $\beta$ 2-integrins, thereby facilitating  
246 PMN trafficking during acute inflammation (**Figure 2e**). The suppression/blocking of low-density lipoprotein  
247 receptor-related protein 1 (LRP1) suggested that it may act as a receptor for MDK on PMNs [87] (**Figure 2e**).  
248 Besides neutrophils, MDK also regulates macrophage chemotaxis [85] and MDK-deficient mice displayed lower  
249 neutrophil and macrophage numbers in a model of early-stage of fracture healing [88]. The important role for the  
250 pro-inflammatory cytokines MDK and IL-6 in the response to fracture in estrogen-deficient mice was also  
251 assessed [89], and demonstrated increased MDK levels after fracture in mice and female fracture patients after  
252 menopause. Given the above, the role of MDK in the neutrophil and macrophage-mediated inflammatory  
253 responses in cancer need to be confirmed and elucidated. In this context, the potential pharmacological targeting  
254 of MDK as a potential anti-inflammatory therapy should also be assessed.

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#### 256 4. MDK as a diagnostic and prognostic cancer biomarker

257 MDK overexpression at the gene and the protein level within the tumour is a typical feature of cancer and has been  
258 reported for several different cancer types [90-93]. As a plasma-secreted protein, MDK has also been found  
259 increased in the blood and urine of patients with malignant tumors [94, 95]. Although there are studies showing lack  
260 of association between MDK plasma levels and diagnostic accuracy or prognostic significance (i.e endometrial  
261 cancer)[96], MDK has been reported as a potential diagnostic and prognostic cancer biomarker associated with poor  
262 survival [97, 98]. Because it is not cancer-specific, but related to the tumorigenic process as described above, MDK  
263 may be considered as multi-cancer biomarker. Since there is an urgent need for the discovery of novel tumor

264 biomarkers, here, we detail the potential of MDK as a cancer biomarker, and its role in prognosis and/or diagnosis in  
265 certain types of cancer (**Table 1**).

#### 266 *4.1. Pancreatic Cancer*

267 Pancreatic cancer is one of the most aggressive human malignant cancers associated with rapid progression and poor  
268 prognosis [99]. Insufficient diagnostic tools and therapeutic options for pancreatic ductal adenocarcinoma (PDAC)  
269 still substantiate its ranking as fourth leading cause of cancer-related death. Therefore, a better understanding of  
270 newly identified and cancer-specific key molecules that could serve as novel diagnostic and prognostic tumor  
271 markers for PDAC are needed. Foremost, MDK mRNA was found to be overexpressed in pancreatic cancer tissues  
272 compared to normal tissues, suggesting that MDK is an early-disturbed molecule in the course of pancreatic  
273 neoplasmatogenesis [100]. Importantly, serum MDK concentrations were found significantly elevated in patients  
274 with PDAC compared with healthy individuals [101], suggesting a potential role of MDK as a diagnostic marker for  
275 PDAC.

276

#### 277 *4.2. Lung cancer*

278 Lung cancer is the leading cause of cancer-related mortality worldwide [102]. The incidence of non-small cell lung  
279 cancer (NSCLC), a major form of lung cancer, has increased in the past several decades. Early stage detection of  
280 lung cancer is a key aspect that may offer more treatment options and a greater chance of survival to patients. MDK  
281 is one of the six-biomarker blood test for the detection of early stage lung cancer at risk populations [3]. A  
282 significant association was observed between overexpressed MDK (mRNA and protein levels) with malignant status  
283 and poor prognosis in NSCLC patients [103]. MDK levels were found to be useful, minimally invasive biomarkers  
284 for NSCLC detection and prognosis [104].

285

#### 286 *4.3. Bladder cancer*

287 Bladder cancer (BCa) is the most common malignancy of the urinary tract in the elderly population and the sixth  
288 most common cancer in men worldwide [105]. Although a great effort was performed to investigate putative urinary  
289 biomarkers suitable for the non-invasive diagnosis of BCa, a routine application of these tests is not recommended  
290 for the primary detection of BCa [106]. MDK protein expression in BCa and its correlation with a poor outcome in  
291 invasive bladder carcinomas has been reported [107], and increased MDK protein levels in urine specimens from

292 BCa patients [7, 108, 109] was demonstrated. Importantly, the correlation between MDK protein concentration in  
293 urine and disease progression in terms of tumor stage and grade has been previously investigated [108]. MDK  
294 protein showed a substantial elevation in the urine of patients, although not in the urine of those with early-stage  
295 low-grade tumours [108]. In another study, increased MDK levels were normalized to urinary creatinine, indicating  
296 that MDK may potentially be suitable marker for the identification of patients with high risk BCa [110].

297

#### 298 *4.4. Liver cancer*

299 Hepatocellular carcinoma (HCC) is a common primary liver cancer and one of the most aggressive cancers  
300 worldwide [111]. Early diagnosis has been considered as the most important factor to achieve long-term survival for  
301 HCC patients [112] and the emergence of novel specific and sensitive biomarkers is essential. MDK mRNA levels  
302 were higher in HCC specimens than in non-cancerous tissues [113] as well as serum MDK protein levels [94] and  
303 IHC analysis showed high MDK expression in HCC patients [114]. Of note, the diagnostic signature approach using  
304 a combined score of MDK with other 4 biomarkers rather than a single one, may improve the prediction accuracy of  
305 the HCC patients [113] and the MDK levels in HCC with intra-hepatic metastasis were significantly higher than  
306 without [115]. MDK increased the diagnostic yield in alpha-fetoprotein (AFP)-negative HCC and had greater  
307 diagnostic performance than AFP, osteopontin (OPN) and dickkopf-1 (DKK-1) in the diagnosis of nonalcoholic  
308 steatohepatitis-HCC (NASH-HCC), thus playing a promising role in the asymptomatic diagnosis of HCC [116].

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#### 310 *4.5. Melanoma*

311 Melanoma is the most deadly type of skin cancer because of its early spread via the lymphatic vessels into lymph  
312 nodes and distant organs [117]. Cutaneous melanoma is a type of cancer with an inherent potential for lymph node  
313 colonization, which is generally preceded by neolymphangiogenesis [117, 118]. The question whether tumor  
314 lymphangiogenesis occurs in human malignant melanomas of the skin and whether the extent of tumor  
315 lymphangiogenesis is related to the risk for lymph node metastasis and to patient survival has been highly challenging  
316 to answer. Analysis of the melanoma secreted proteome in cell lines and validation in clinical specimens, showed that  
317 MDK is a systematic inducer of neo-lymphangiogenesis that defines melanoma patient prognosis [81, 117]. More  
318 specifically, an independent series of sentinel lymph node analysis from patients with stage II–III melanoma showed

319 that patients with high nodal MDK expression had significantly worse disease-free survival (DFS) than patients with  
320 low nodal MDK expression [81, 117].

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#### 323 *4.6. Brain tumors*

324 Brain neoplasms are highly fatal and gliomas (including astrocytomas and the highest grade glioblastoma) are the most  
325 common type of primary malignant brain tumor. Gliomas are common primary brain tumors with poor outcome  
326 despite the strong treatment trials [119]. Since the clinical outcome is poor, the identification of new biomarkers for  
327 improving prognosis is highly important. Previous reports showed that increased levels of MDK expression correlate  
328 with the progression of human astrocytomas [120]. MDK over-expression was significantly correlated to poor survival  
329 outcome in high-grade stage of human gliomas [119]. Moreover, the co-expression of MDK and PTN correlates with  
330 poor survival in glioma patients, suggesting that they may be used as both early diagnostic and independent prognostic  
331 markers [121].

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#### 333 *4.7. Esophageal Cancer*

334 The 5-year survival rate of esophageal cancer is less than 10% in developing countries, and more than 90% of these  
335 cancers are squamous cell carcinomas (ESCC) [122]. Early detection is associated with improved survival in ESCC,  
336 therefore, there is a necessity for novel biomarkers to guide therapeutic management. MDK has been found to be  
337 over-expressed in various human esophageal malignant tumors [123, 124]. The expression of MDK was correlated  
338 with poor tumor cell differentiation (poorly differentiated tumor cells-weak MDK expression) in ESCC [125]. High  
339 serum MDK levels were associated with tumor size, immunoreactivity and poor survival in patients with esophageal  
340 cancer [126].

341

#### 342 *4.8. Breast Cancer*

343 Breast cancer is a complex genetic and highly prevalent disease and although several biomarkers have been  
344 extensively studied, only few have been approved for clinical use [127]. Different subtypes of breast cancer show  
345 diverse clinical outcome and may have different prognosis. Nowadays, there is still an urgent need to explore novel  
346 molecular targets that serve as prognostic biomarkers and novel therapeutic targets. Foremost, plasma and tissue

347 MDK levels measurements in breast cancer patients were found abnormally elevated compared to healthy individuals  
348 [128, 129], suggesting that MDK is disturbed early on in the course of disease progression. Moreover, increased  
349 plasma MDK levels in combination with conventional markers (such as CA15-3, CEA, and NCC - ST435) provided  
350 significant improvement for breast cancer diagnosis [128]. Furthermore, increased MDK levels were correlated with  
351 menopausal status and nuclear grade in primary invasive breast cancer without distant metastasis [128]. Although  
352 promising, the clinical significance of MDK in the plasma of breast cancer patients needs further exploration.

353

#### 354 4.9. Ovarian Cancer

355 Ovarian cancer is the 8<sup>th</sup> most common cancer in women and the 2<sup>nd</sup> most common type of gynecological cancer in  
356 the world [130]. The development of more accurate and “early detection” tests for ovarian cancer are undoubtedly  
357 the top priority for reducing mortality. A prior study has confirmed the utility of both MDK and anterior gradient 2  
358 (AGR2) proteins as plasma biomarkers for ovarian cancer and, when combined in a multi-analyte panel (consisting  
359 of MDK, AGR2 and CA125), it was shown these two proteins to significantly improve the diagnostic efficiency of  
360 CA125 [131].

361

### 362 5. The role of MDK as a predictive cancer biomarker in chemotherapy

363 Accumulating evidence indicates that MDK plays an important role as a drug-resistance regulatory factor. For  
364 example, it was previously demonstrated that MDK protects cancer cells against cannabinoid and doxorubicin  
365 treatment [55, 132, 133]. Furthermore, MDK was overexpressed in drug-resistant gastric cancer cell sub-lines  
366 compared with the parental drug-sensitive ones [134]. Contrarily, other studies indicate that MDK downregulation  
367 induces cisplatin resistance in oral squamous [135] and renal carcinomas [136]. These observations collectively  
368 suggest that MDK may potentially induce either a drug-resistant or a drug-sensitive cancer cell phenotype,  
369 depending on the context.

370 Several studies merely focused on the effect of MDK expression in tumour microenvironment cells on  
371 chemoresistance via different mechanisms. For example, it has been shown that MDK activated the Akt signaling  
372 pathway that provides cytoprotective signals to doxorubicin [137], as opposed to the MDK-sensitized ovarian cancer  
373 cells to paclitaxel and/or cisplatin [138]. In another study, it was demonstrated that the cytotoxic effect of cisplatin  
374 on the human gastric cancer cell line AGS was attenuated by recombinant human MDK, and was promoted by

375 suppressing MDK through downregulation of Notch pathway ligands and receptors [139]. Ovarian cancer cell lines  
376 expressing MDK levels were also used to detect drug cytotoxicity *in vitro* [138]; MDK could inhibit the expression  
377 of the multidrug resistance-associated protein 3 (MRP3) and as such, enhanced the cytotoxicity of paclitaxel and/or  
378 cisplatin [138]. MDK was also shown to have cytoprotective effect against cell-damaging effects of cisplatin, in part  
379 through the enhancement of Bcl-2 expression in Wilms' tumor [36]. Moreover, investigating the role of MDK in the  
380 interplay between stromal cells and tumour cells, it was found that cancer-associated fibroblasts (CAFs) in the tumor  
381 microenvironment (TME) contribute to high MDK levels in tumours and that CAF-derived MDK can promote  
382 cisplatin resistance [140]. In another study, Hu et al (2010) found that MDK expression causes increased efflux of  
383 chemotherapeutic drugs in lymphoblastic leukemia cells [141].

384 Overall, it appears that MDK may protect cancer cells from the cytotoxic effects of chemotherapy  
385 (chemoresistance), however in some cases enhance the chemosensitivity, depending on the drug/tumor type  
386 combination. It is crucial to understand the molecular mechanisms that drive the MDK-induced chemotherapeutic  
387 agent resistance and/or chemosensitivity as they may aid the introduction of new therapies in cancer.

388

## 389 **6. Strategies for MDK-mediated therapeutics in cancer**

390 A growing body of evidence, including evidence described in the current review, has demonstrated that MDK is a  
391 promising candidate as a therapeutic target for many human carcinomas [64]. MDK inhibitors including antibodies,  
392 aptamers, glycosaminoglycans, peptides and low molecular weight compounds, are currently under pre-clinical  
393 development [18]. MDK inhibition was found to induce apoptosis [142] and suppress tumor growth and metastasis  
394 [143]. Indeed, MDK gene knockdown by siRNA significantly induced apoptosis, while rec-MDK increased cell  
395 proliferation in osteosarcoma [143]. Along the same study, inhibition of MDK-mediated signaling by anti-MDK  
396 monoclonal antibody (anti-MDK mAb) suppressed the *in vitro* and *in vivo* growth in osteosarcoma [143]. Moreover,  
397 (siRNA)-mediated inhibition of MDK expression and antisense MDK oligodeoxyribonucleotides had antitumor  
398 activity [144, 145].

399 Other trials suggested a MDK promoter-based conditionally replicative adenovirus therapy for tumors  
400 highly expressing MDK [146-148]. An oncolytic adenovirus was engineered, whose replication is under the control  
401 of the MDK promoter, to inhibit the growth of glioblastoma xenografts [18]. Interestingly, there is also a great

402 interest in the discovery of synthesized tetrasaccharide derivatives following the glycosaminoglycan (GAG)-related  
403 sequence GlcNAc- $\beta$ (1  $\rightarrow$  4)-Glc- $\beta$ (1  $\rightarrow$  3) that strongly interact with the heparin-binding growth factor MDK [149].

404 MDK has also demonstrated synergism with natural compounds with anti-cancer properties. In ovarian  
405 cancer, combined treatment of Dihydroartemisinin (DHA) and Curcumin (Cur) synergistically exhibited prominent  
406 anti-tumor activity via attenuation of MDK expression [150]. In another study, targeting MDK siRNA and quercetin  
407 administration synergistically reduced the cell survival, induced apoptosis and caused G1 phase cell cycle arrest  
408 more effectively than the individual therapy [151].

409 There are different MDK-mediated pathways that affect chemoresistance. MDK upregulation has been  
410 linked to the failure of cancer therapies such as chemotherapy [134]. Several studies indicate the secretion and  
411 overexpression of MDK in drug-resistant cells [55, 152] and as such, targeting MDK could provide a new  
412 therapeutic approach for treating MDK-expressing tumors [142]. By inhibiting/blocking the MDK mode of action  
413 prior to, or during, chemotherapy may force chemoresistant cells to revert to sensitive cells and may thus provide a  
414 tremendous benefit to patients with advanced cancers not responding to conventional treatments. Interestingly, the  
415 relationship between MDK expression, tumor response and chemotherapy response is complex and may depend  
416 upon tumor type, disease etiology and may also be stage-specific.

417 Overall, patient outcome can be improved with the future development of novel therapies interfering with  
418 identified MDK signaling pathways or the mechanisms of MDK-mediated chemoresistance (i.e interference of the  
419 MDK-mediated expression that regulates drug efflux upstream of the p-glycoprotein (P-gp) and the other transporter  
420 proteins in lymphoblastic leukemia cells)[141]. Novel therapies applied with MDK inhibitors can serve in a more  
421 selective and less cytotoxic manner with maximum efficiency and without resistance and/or recurrence. In future  
422 trials we anticipate that, combined treatment of MDK inhibitors or mAbs with chemotherapeutic drugs and not  
423 single drug treatment, may cause significant tumor retardation without side-effects in xenograft nude mice tumor  
424 model and clinical trials as a safe therapeutic regimen. Since mice lacking the MDK gene are viable [20, 142],  
425 targeting MDK with novel inhibitors is an attractive therapeutic approach, because its inhibition is unlikely to have  
426 systemic deleterious effects. Although further studies are needed, including identification of MDK direct targets,  
427 additional structural modification and safety validation, MDK inhibitors look promising therapeutic targets for the  
428 treatment of several cancers.

429           Although MDK has been suggested as a potential, novel therapeutic drug for cancer therapy, we cannot  
430 exclude the role that the tumor microenvironment may play in obfuscating therapeutic efficacy, especially in highly  
431 desmoplastic tumors such as in the highly-fibrotic cancers (i.e in pancreatic cancer, in which MDK has been  
432 suggested to play a role in invasion and metastasis) [65]. Collagen accumulation in desmoplastic pancreatic cancer  
433 could be a profound obstacle for the delivery of drugs targeting MDK (i.e MDK inhibitors or mAbs etc). Novel  
434 technologies aiming at improved drug delivery methods (i.e nanoparticles etc)[154] will be paramount in solving  
435 these issues.

436           Overall, MDK could represent a promising molecular target for cancer therapy, therefore, it is important to  
437 explore the implicated regulatory MDK-mediated mechanisms in cancer progression and metastasis.

438

## 439 **7. Future Perspectives**

440 In this review we have summarized the multiple biological functions of MDK, a heparin-binding growth factor and  
441 cytokine frequently upregulated in many malignancies, strongly suggesting its involvement in cancer development  
442 and progression, and further delineating its role as a cancer biomarker and a novel therapeutic target.

443           We reviewed here that a large number of studies have demonstrated higher MDK expression in malignant  
444 tissues [3]. The main advantage regarding the applicability of MDK in clinical practice is that it is a soluble cytokine,  
445 which is easily measurable in the peripheral circulation, making it a relatively convenient and non-invasive  
446 biomarker [3]. Its potential role as a tumor biomarker constitutes MDK a sound target for diagnostic tests measuring  
447 circulating growth factors, and indeed, such MDK tests are currently tested in the clinic. MDK has already been  
448 shown to significantly improve detection, management and treatment of cancer, and there is significant promise for  
449 developing further MDK-based diagnostics in the future. However, there is also a prominent disadvantage in this  
450 landscape: the lack of specificity. To overcome this issue, a number of studies have combined MDK with other  
451 biomarkers (multi-analyte biomarker panel), suggesting that this approach could outperform other current serum  
452 biomarkers for early detection of malignancies. In any case, large cohort analyses have not yet performed to evaluate  
453 the utility of MDK as a cancer biomarker in any of the aforementioned contexts.

454           The mechanism by which MDK induces tumorigenesis has been related to cancer cell proliferation,  
455 survival, anti-apoptosis, angiogenesis, and EMT-regulation [22, 23]. MDK functions are mediated mainly through

456 specific receptor binding, which triggers well-known downstream signaling pathways implicated in tumor growth  
457 and metastasis, such as the mitogen-activated protein kinase (MAPK), phosphatidylinositol 3-kinase (PI3K)/Akt,  
458 and extracellular signal-regulated kinase 1/2 (ERK 1/2) [22, 23]. Importantly, melanoma metastasis was one of the  
459 highlighted topics in a recent study by Olmeda et al. (2017), describing that the top candidate mediator of melanoma  
460 lymphangiogenesis and metastasis was MDK, underscoring its potential as a therapeutic target in melanoma  
461 metastasis [81]. Moreover, MDK is an angiogenic factor that mainly promotes tumor growth and progression [25],  
462 although the exact mechanisms of MDK-mediated angiogenesis need to be further elucidated. The delineation of the  
463 MDK-mediated angiogenesis mechanisms along with the development of MDK inhibitors as anti-angiogenic  
464 therapeutic aspects is highly recommended.

465           Several studies focus merely on tumour-derived MDK-mediated chemoresistance in both an autocrine- and  
466 stromal-mediated paracrine-derived manner [132, 140]. However, the role of MDK in drug resistance has remained  
467 largely elusive, underscoring the need to explore the potential MDK-mediated mechanisms underlying  
468 chemoresistance and/or chemosensitivity in order to enhance its effect and prolong patient survival.

469           We have also examined recent observations of MDK serving as a therapeutic target for certain human  
470 carcinomas. A better understanding of the MDK-mediated signaling pathways may open up novel therapeutic  
471 strategies for a large number of cancer subtypes. Conditional transgenic mice using CRISPR-Cas9 technology and  
472 newly identified MDK inhibitors will constitute novel and powerful tools towards this cause. An alternative  
473 therapeutic method could be the inhibition of MDK-cell surface receptors interaction with novel lead compounds.  
474 The wealth of novel small molecule inhibitors that have, or will be, successfully developed against MDK and/or its  
475 receptors, substantiates MDK as an attractive drug target in cancer.

476           Because of its wide expression in cancer tissues and its contribution to tumorigenesis, MDK can be  
477 considered as a tumor-shared antigen and appears to be an attractive cancer vaccine candidate. MDK-based  
478 vaccination using peptides, DNA, the whole protein, or viral vectors could be applied to patients who have a  
479 significant level of MDK in their body fluids [14].

480           Immune checkpoint blockade (ICB) immunotherapy employs antibody-targeting of specific inhibitory  
481 receptors and ligands, such as cytotoxic T-lymphocyte associated antigen 4 (CTLA-4), programmed cell death  
482 protein 1 (PD-1) and programmed cell death ligand 1 (PD-L1)[155]. For instance one of the common  
483 immunotherapeutic drugs (Pembrolizumab) is a humanized monoclonal antibody targeting PD-1 and has been

484 approved for the treatment of many primaries including, unresectable or metastatic melanomas[156] metastatic non-  
485 small cell lung cancer (NSCLC) [157], advanced urothelial cancer [158] and against any unresectable or metastatic  
486 solid tumor with DNA mismatch repair deficiency or a microsatellite instability-high state or colon cancer that  
487 exhibits progression under treatment (FDA approval, May 2017). Since MDK is a pan-cancer biomarker expressed  
488 in a wide range of cancer tissues, it could serve as a predictive biomarker for the likelihood of a patient responding  
489 favorably to therapy or developing toxicity, and allow for the monitoring of their therapeutic outcome. Therefore,  
490 MDK as a secreted protein could be served as a routinely available blood or urine biomarker that may have shown  
491 promise in predicting immunotherapy response. Moreover, evaluated and highly specific MDK monoclonal  
492 antibodies could be used in combination with the already recommended immune checkpoint inhibitors (i.e PD1/PD-  
493 L1) (i.e Pembrolizumab monoclonal antibody) that may improve the therapeutic efficiency and the clinical outcome  
494 of cancer patients.

495           New and exciting findings in the MDK field are now beginning to emerge, however a lot is still to be  
496 achieved, and several questions remain unanswered: i) what is the relative functional contribution of the different  
497 MDK forms in cancer progression?, ii) are there specific MDK mutations that correlate its expression with cancer  
498 disease progression?, iii) what type of inhibitors should we develop for compatible clinical trials and would these  
499 inhibitors be promising therapeutic targets in personalized medicine? Many challenges lie ahead before our  
500 complete understanding on the MDK-related network, contributing to MDK-driven cancer tumorigenesis and  
501 response to therapy.

502

### 503 **Compliance with ethical standards**

504 The authors have no potential conflicts of interest.

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1135 **Figure legends**

1136

1137 **Figure 1. Structural domain organization and candidate receptors of MDK protein.**

1138 **(a)** MDK isoforms and splice variants. The conventional and „VA-MDK“ variants differing in the N-terminal  
1139 sequence in two amino acids [(the first two MDK residues (valine(V) and alanine(A)), as well as truncated MDK  
1140 forms, are displayed in a comparative manner. The protein domain organization of MDK according to Uniprot  
1141 Database [UniProtKB - P21741 (MK\_HUMAN)], is shown in the bottom half of the panel. MDK is a secreted  
1142 protein of 15.5 kDa containing a signal peptide for secretion (aa 1-20) and the main protein chain (aa 21-143),  
1143 composed of two domains (N-Domain and C-Domain) held together by disulfide linkages. The C-terminal located  
1144 domain is responsible for midkine activity and the N-terminal domain is required for dimerization [2]. **(b)** MDK  
1145 interactions with different plasma membrane receptors, including syndecans, integrins, protein tyrosine phosphatase  
1146  $\zeta$  (PTP $\zeta$ ), anaplastic lymphoma kinase (ALK), low-density lipoprotein (LDL)-receptor-related protein (LRP) and  
1147 Notch2 receptor. All (or some) of these receptors could function as a multi-molecular complex coordinated to  
1148 transduce the MDK signal into the cell by different signaling pathways, thus regulating different cancer related  
1149 phenotypes.

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1152 **Figure 2. Implications of MDK in the hallmarks of cancer.**

1153 **(a)** MDK-mediated proliferation/growth signaling through conventional intracellular circuitries and pathways  
1154 (Src/MAPK/PI3K; akt/mTORC1/NF-kappaB), **(b)** MDK involvement in angiogenesis and microvascular density  
1155 through conventional cancer-associated angiogenic pathways, **(c)** MDK-mediated regulation of cancer cell  
1156 invasion and metastasis via at least three disparate mechanisms: i) epithelial-to-mesenchymal (EMT) transition, ii)  
1157 extracellular proteolytic relationships with kallikrein-related peptidases (KLKs) in the tumor microenvironment, iii)  
1158 MDK-driven neolymphangiogenesis via mTOR signaling pathway activation and increased VEGFR3  
1159 expression, **(d)** MDK involvement in anti-tumor immunity. MDK-specific cytotoxic T lymphocytes can lyse tumor  
1160 cells. **(e)** MDK-dependent immune cell chemotaxis: Neutrophil/macrophage adhesion and chemotaxis is mediated  
1161 via an LRP1/ $\beta$ 2-integrin signaling interplay that facilitates their trafficking during cancer-associated acute  
1162 inflammation.

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**Table 1.** The role of MDK as a diagnostic and prognostic biomarker in different types of cancer.

MDK/Cancer type	Cancer type	MDK overexpression (mRNA/protein)			Diagnostic	Prognostic	Reference
		Blood	Tissue	Urine			
	Pancreatic	+	+	-	+	-	[100, 101]
	Lung	+	+	+	+	+	[3, 103, 104]
	Bladder	-	+	+	+	+	[107-110]
	Liver	+	+	-	+	-	[113-116]
	Melanoma	-	+	-	-	+	[81, 117]
	Brain	+	+	-	+	+	[119-121]
	Esophageal	+	+	-	-	+	[123-126]
	Breast	+	+	-	+	+	[128, 129]
	Ovarian	+	+	-	+	-	[131]

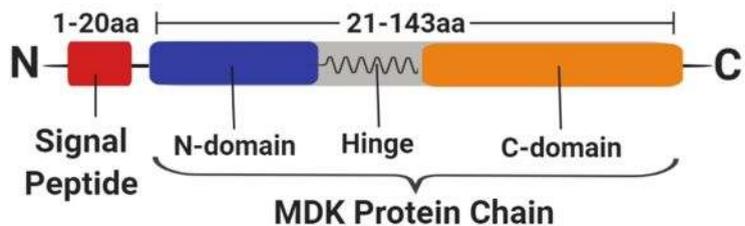
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**a**

### MDK VARIANT FORMS



### MDK PROTEIN ORGANIZATION



**b**

