

1 Article

2 Multiple Twisted Chiral Nematic Structures in 3 Cylindrical Confinement

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11 **Abstract:** We study theoretically and numerically chirality and saddle-splay elastic constant (K_{24})
12 enabled stability of multiple-twist-like nematic liquid crystal (LC) structures in cylindrical
13 confinement. We focus on the so-called radially-z-twisted (RZT) and radially-twisted (RT)
14 configurations, which simultaneously exhibit twists in different spatial directions. We express free
15 energies of the structures in terms of dimensionless wave vectors, which characterise the structures
16 and play the role of order parameters. The impact of different confinement anchoring conditions is
17 explored. A simple Landau-type analysis provides insight into how different model parameters
18 influence the stability of structures. We determine conditions for which the structures are stable in
19 chiral and also nonchiral LCs. In particular, we find that the RZT structure could exhibit
20 macroscopic chirality inversion on varying the relevant parameters. This phenomenon could be
21 exploited for measurements of K_{24} .

22 **Keywords:** liquid crystals; chirality; saddle-splay elasticity; double twist deformations
23

24 1. Introduction

25 Chirality is pervasive in nature and refers to cases where an object and its mirror image are
26 different [1–3]. It signals the absence of inversion symmetry, giving rise to right-handed and left-
27 handed appearance and behaviour. Chirality is present throughout physics and often impacts or even
28 dominates numerous important natural phenomena. For example, chiral symmetry plays an
29 important role in the Standard Model of physics [4]. Functionalities of several essential components
30 of biological cells rely heavily on chirality [3]. Furthermore, it could be exploited in various
31 technological and medical applications [5,6,7]. By exploiting chirality one could engineer new
32 materials with extraordinary properties (e.g., metamaterials exhibiting negative refractive index [8]).
33 Therefore, a deep understanding of chirality and related emergent behaviours are of interest
34 throughout the physical and biological sciences.

35 However, several issues related to chirality remain unresolved even at a fundamental level. For
36 instance, the molecular origins of chirality and the relative role of chiral symmetry breaking remain
37 an open problem [9]. In particular, mechanisms involved in the transfer of chirality from microscopic
38 to macroscopic level [10] are not sufficiently understood. A convenient system with which to gain a
39 deeper understanding of the latter feature are chiral uniaxial nematic liquid crystals (NLCs; a list of
40 abbreviations appears at the end), one of the simplest representatives of anisotropic soft materials
41 [11,12]. These systems are relatively easily accessible experimentally, structural changes can be
42 triggered by relatively weak external stimuli, and a macroscopic chiral response can be achieved
43 using different pathways.

44 Uniaxial NLCs consist of approximately rod-shaped objects that in bulk equilibrium exhibit
45 long-range orientational order and the absence of translational order [11]. The local orientational

46 order is commonly described by the mesoscopic nematic director field \vec{n} , exhibiting head-to-tail
47 invariance – the states $\pm\vec{n}$ are physically equivalent. In the classical Oseen-Frank approach [11] the
48 elastic free energy is expressed as the sum of the so-called splay, twist, bend, and saddle-splay
49 contributions, weighted by Frank splay (K_{11}), twist (K_{22}), bend (K_{33}), and saddle-splay (K_{24}) elastic
50 constants. These contributions penalize different elastic distortions and determine equilibrium
51 nematic director field patterns.

52 In the bulk achiral nematic phase \vec{n} is spatially homogeneously aligned along a single
53 symmetry breaking direction. In a simple chiral nematic (also referred to as the cholesteric) phase, in
54 the bulk equilibrium structure \vec{n} twists in space describing a helix, where \vec{n} is always perpendicular
55 to the helix axis. This structure exhibits only a single twist (i.e., it twists only along one spatial
56 direction) deformation.

57 Even more complex structures could be formed in chiral materials exhibiting propensity for
58 saddle-splay deformations [13,14], which in LCs is controlled by the saddle splay elastic constant
59 K_{24} . The energy elastic term weighted by K_{24} equals the Gaussian curvature of a hypothetical local
60 surface [11], whose surface normal is determined by \vec{n} . This term is different from zero for the
61 nematic structures displaying, e.g., double twist like deformations, in which is \vec{n} varying in two
62 orthogonal directions. Consequently, such structures could decrease the overall free energy for a
63 large enough value of K_{24} . Note that the saddle-splay elastic term can be expressed as pure
64 divergence, and can be mathematically integrated out to the surface confining the LC. Therefore, it
65 affects LC order through boundary conditions. In most cases the saddle-splay enforced boundary
66 tendency is masked by stronger surface anchoring conditions. For this reason, the K_{24} contribution
67 is often ignored in theoretical modelling [11,14]. Its magnitude range is determined by Ericksen's
68 inequality [15] $0 < K_{24} < K_{1,2}^{(min)}$, where $K_{1,2}^{(min)}$ corresponds to the lower elastic modulus of the
69 twist (K_{22}) and splay (K_{11}) elastic deformations. Furthermore, due to the anchoring strength
70 "masking" effect it is relatively difficult to measure the magnitude of K_{24} . Namely, for strong
71 enough anchoring [11] (i.e. $RW/K \gg 1$, where R is the characteristic confinement length, K stands for
72 the average Frank elastic constant, and W is the surface anchoring strength coefficient), the surface
73 anchoring contribution overrides the competing K_{24} contribution in the relevant surface Euler-
74 Lagrange equilibrium equations. Consequently, only a few experimental measurements of K_{24} are
75 reported [16,17,18]. Several of these measurements report values of K_{24} that are close to $K_{1,2}^{(min)}$.

76 We note that a natural decomposition of representative nematic elastic distortions was recently
77 proposed by Selinger [19]. Four bulk elastic normal modes were introduced representing distinct
78 irreducible representations of the rotational symmetry group, characterising NLC symmetry. These
79 are referred to as the *double splay*, *double twist*, *bend*, and *biaxial splay* mode, which could be separately
80 and independently excited. On the contrary, the classical (single) splay, (single) twist, bend, and
81 saddle-splay distortions [11,19] are, in general, coupled. Namely, the saddle-splay term can be
82 expressed as a sum of *double splay*, *double twist*, and *biaxial splay* mode.

83 Nematic structures exhibiting nonplanar 3D nematic distortions (e.g., double twist deformations)
84 impose elastic frustrations, which can be in bulk resolved by introducing assemblies of topological
85 defects [20,21], as manifested in Blue Phases (BPs) [22,23,24]. In NLCs, description of defects would
86 require more complex structural description in terms of the tensor nematic order parameter [11],
87 which allows local melting of LC order and presence of biaxial states [25]. On the other hand, such
88 deformation could be realized without defects in appropriate confinement geometries, where most
89 often cylindrical confinements [26,27,28,29,30,31] are used. Note that stable 3D realisations of
90 topological defects are of interest for science in general. For instance, if physical fields represent
91 fundamental entities of nature [32], than topological defects might represent [33] fundamental
92 particles in the conventional "particle"-based natural description.

93 In this contribution, we consider nematic structures in chiral LCs in cylindrical confinement. We
94 focus on (meta) stability of multiple-twist-type structures, which exhibit variations of the nematic
95 molecular field simultaneously in at least two orthogonal spatial directions. We show that several
96 structural properties can arise in the context of a simple Landau-type model. A more general analysis
97 is carried out numerically. We determine regimes where one could observe a change in the

98 handedness of structures by varying relevant material parameters. Furthermore, we determine
99 regimes in which the saddle-splay elasticity sensitively controls the stability of competing structures.

100 2. Results

101 Of our interest are defect-free spontaneously twisted NLC structures within an infinitely long
102 cylinder of radius R . For this reason, we use cylindrical coordinates $\{r, \varphi, z\}$, defined by the unit vector
103 triad $\{\vec{e}_r, \vec{e}_\varphi, \vec{e}_z\}$. We consider two different ansatzes, which approximate well two qualitatively
104 different families of solutions that are expected to be stable for geometries and boundary conditions
105 of our interest [26,27].

106 The first class is represented by [26,27]

$$107 \quad \vec{n}^{(i)} = \cos\psi \sin\Omega \vec{e}_r + \sin\psi \sin\Omega \vec{e}_\varphi + \cos\Omega \vec{e}_z, \quad (1a)$$

$$108 \quad \psi = q_1 z - \varphi, \quad \Omega = \frac{\pi}{2} - q_2 r \sin\psi, \quad (1b)$$

109 where the wave vectors q_1 and q_2 are variational parameters. A typical representative
110 structure is shown in **Figure 1a** and in the Supplementary material.

111 In the Cartesian coordinates $\{x, y, z\}$ the ansatz reads

$$112 \quad \vec{n}^{(i)} = \cos(q_1 z) \sin\Omega \vec{e}_x + \sin(q_1 z) \sin\Omega \vec{e}_y + \cos\Omega \vec{e}_z.$$

113 Cases $q_1 \neq 0$ and $q_2 \neq 0$ determine multiple-twisted solutions. In these patterns, to which we
114 refer to as *radially-z-twisted* (RZT) structures, twist deformation is realized both along the \vec{e}_r and
115 \vec{e}_z directions [26]. This ansatz also encompasses single twisted structures. For example, for $q_2 = 0$ a
116 structure twisting around the z axis is expressed as

$$117 \quad \vec{n}^{(i)} = \cos(q_1 z - \varphi) \vec{e}_r + \sin(q_1 z - \varphi) \vec{e}_\varphi, \quad (2)$$

118 Which corresponds to a classical cholesteric solution with wave vector q_1 .

119 The second family of solution corresponds to the *radially-twisted* (RT) structures [26,27], where
120 the twist is realised along \vec{e}_r , see **Figure 1b**. For this purpose, we use the ansatz

$$121 \quad \vec{n}^{(ii)} = \sin\alpha \vec{e}_\varphi + \cos\alpha \vec{e}_z. \quad (3a)$$

122 Here $\alpha = \alpha(r)$ and to avoid a singularity at the cylinder axis we impose the condition $\alpha(0) = 0$.
123 Previous numerical studies [26,31] have revealed that the dependence of $\alpha(r)$ is roughly linear in r ,
124 even for large twists of \vec{n} . Consequently, we use the approximation

$$125 \quad \alpha = q_{RT} r. \quad (3b)$$

126 These structures were numerically studied in Refs. 26,27, and 31, where their stability was
127 analysed. Our proposed ansatzes well mimic numerically obtained structures for anchoring
128 conditions of our interest for relatively small wave vectors and in the approximation of equal Frank
129 elastic constants $K_{11} = K_{22} = K_{33}$. In the cases examined, the free energies of structures obtained i)
130 numerically by solving relevant Euler Lagrange equations or ii) using our ansatzes differ by less than
131 10%. By using the analytical ansatzes, we were able to carry out a Landau-type approach, which
132 enabled a more detailed insight into the stability of structures of interest on varying different material
133 dependent parameters.

134 In the following we use the approximation of equal elastic constants $K \equiv K_{11} = K_{22} = K_{33}$, but
135 allow $K_{24} \neq K$. At the cylinder's lateral wall, $r = R$, we impose for the positive anchoring strength
136 $W > 0$ (see Eq.(19) in Methods) either a) homeotropic anchoring ($\vec{e} = \vec{e}_r$), b) tangential anchoring along
137 \vec{e}_z (i.e., ($\vec{e} = \vec{e}_z$), or c) tangential anchoring along \vec{e}_φ ($\vec{e} = \vec{e}_\varphi$). We henceforth refer to these cases as
138 a) *homeotropic*, b) *zenithal tangential*, and c) *azimuthal tangential* anchoring, respectively. For

139 $W < 0$ these cases correspond to isotropic tangential anchoring in a plane with the surface normal in
140 the direction \vec{e} . Note that in our study the latter case is sensible only for the condition (a).

141 For later convenience we introduce the following dimensionless quantities: $Q = qR$, $Q_1 = q_1R$, Q_2
142 $= q_2R$, $Q_{RT} = q_{RT}R$, $k_{24} = K_{24}/K$, $w = RW/K$, and the dimensionless free energy is scaled in units of $F_0 =$
143 πKH . Therefore $F \rightarrow F/F_0$, where H is the height of cylinder. For numerical convenience, we suppose
144 that H is either large in comparison with the period $p = 2\pi/q_1$, or an integer number of p .

145 2.1. Free energies of structures

146 Using the ansatzes Eq. (1) and Eq. (3) and the scaling described above, we calculate free energies
147 F of the structures (see Eq. (1)). For later convenience the energies are decomposed as $F^{(i)} = F_e^{(i)} +$
148 $F_s^{(i)}$ and $F^{(ii)} = F_e^{(ii)} + F_s^{(ii)}$ for the first (RZT) and second class (RT) of solutions, respectively.

149 We consider first the family of solutions labelled by $\vec{n}^{(i)}$ (Eq. (1)). The elastic contribution is

$$150 F_e^{(i)} = \frac{(Q-Q_2)^2}{2} + \frac{Q_1^2 Q_2^2}{8} + \frac{Q_1}{2} \left(\frac{Q_1}{2} + (1 - k_{24})Q_2 - Q \right) \left(1 + \frac{J_1(2Q_2)}{Q_2} \right) \quad (4)$$

151 Now let $F_s^{(i)}$ stand for the interface contribution, which is different for a) homeotropic ($F_s^{(i)} =$
152 $F_{s,h}^{(i)}$), b) zenithal ($F_s^{(i)} = F_{s,z}^{(i)}$), and c) azimuthal $F_s^{(i)} = F_{s,\varphi}^{(i)}$ anchoring:

$$153 F_{s,h}^{(i)} = \frac{3w}{4} - \frac{w}{4} \frac{J_1(2Q_2)}{Q_2}, \quad (5a)$$

$$154 F_{s,z}^{(i)} = \frac{w}{2} - \frac{w}{2} J_0(2Q_2), \quad (5b)$$

$$155 F_{s,\varphi}^{(i)} = \frac{3w}{4} + w \left(\frac{J_1(2Q_2)}{4Q_2} - \frac{J_0(2Q_2)}{2} \right). \quad (5c)$$

156 Here J_0 and J_1 stand for the Bessel functions of order 0 and 1, respectively.

157 The second class of solutions is determined by the elastic term

$$158 F_e^{(ii)} = \frac{1}{2} (Q + Q_{RT})^2 + \left(1 - k_{24} + \frac{Q}{Q_{RT}} \right) \sin^2 Q_{RT} + \int_0^1 \frac{\sin^2(Q_{RT}x)}{x} dx, \quad (6)$$

159 and surface contributions

$$160 F_{s,h}^{(ii)} = w, \quad (7a)$$

$$161 F_{s,z}^{(ii)} = w \sin^2 Q_{RT}, \quad (7b)$$

$$162 F_{s,\varphi}^{(ii)} = w \cos^2 Q_{RT}. \quad (7c)$$

163 We obtain solutions by varying the variational parameters Q_1, Q_2 and Q_{RT} for given material
164 properties (determined by Q, k_{24}, w) and boundary conditions.

165 Of interest is the determination of regimes where radially- z -twisted (RZT) or radially-twisted
166 (RT) structures are stable. We first perform an analytic analysis of structures where we expand the
167 free energies in the limit of relatively small dimensionless wave numbers Q_1, Q_2 and Q_{RT} . Then we
168 shall perform a more detailed stability analysis numerically.

169 2.2. Landau-type analysis

170 We first consider RZT (class 1) structures using the ansatz Eq. (4). By minimizing the total free
171 energy $F^{(i)}$ with respect to Q_1 it follows that

$$172 \quad Q_1 = \frac{Q+(k_{24}-1)Q_2}{1+\frac{Q_2^2}{2(1+\frac{J_1(2Q_2)}{Q_2})}}. \quad (8)$$

173 In the following we examine regimes only of relatively low wave vectors Q_2 (i.e. $Q_2 \ll 1$), for
174 which Eq. (8) yields

$$175 \quad Q_1 \sim Q + (k_{24} - 1)Q_2 - \frac{Q_2^2 Q}{4}. \quad (9)$$

176 Taking this into account, we expand $F^{(i)}$ up to the fourth power in Q_2 . It follows that

$$177 \quad F_h^{(i)} = \frac{w}{2} + \frac{(Q-Q_2)^2}{2} - k_{24}Q_2 + \frac{8k_{24}-4k_{24}^2+2Q^2+w}{8}Q_2^2 + \frac{Q(k_{24}-1)}{2}Q_2^3 + \frac{24-48k_{24}+24k_{24}^2-5Q^2-2w}{96}Q_2^4, \quad (10a)$$

$$178 \quad F_z^{(i)} = \frac{(Q-Q_2)^2}{2} - k_{24}Q_2 + \frac{4k_{24}-2k_{24}^2+Q^2+2w}{4}Q_2^2 + \frac{Q(k_{24}-1)}{2}Q_2^3 + \frac{24-48k_{24}+24k_{24}^2-5Q^2-12w}{96}Q_2^4, \quad (10b)$$

$$179 \quad F_\varphi^{(i)} = \frac{w}{2} + \frac{(Q-Q_2)^2}{2} - k_{24}Q_2 + \frac{8k_{24}-4k_{24}^2+3w}{8}Q_2^2 + \frac{Q(k_{24}-1)}{2}Q_2^3 + \frac{24-48k_{24}+24k_{24}^2-10w}{96}Q_2^4. \quad (10c)$$

180 Here $F_h^{(i)}$, $F_z^{(i)}$, and $F_\varphi^{(i)}$ denote $F^{(i)}$ for homeotropic, zenithal, and azimuthal anchoring,
181 respectively. We thus obtain a Landau-type expansion of the form $F^{(i)} = F_0^{(i)} + \alpha_1 Q_2 + \alpha_2 Q_2^2 +$
182 $\alpha_3 Q_2^3 + \alpha_4 Q_2^4$ where Q_2 and $\{\alpha_1, \alpha_2, \alpha_3, \alpha_4\}$ play the role of order parameter and Landau expansion
183 coefficients, respectively.

184 For achiral LCs ($Q = 0$) one obtains

$$185 \quad F_h^{(i)} = \frac{w}{2} + \frac{8k_{24}-4k_{24}^2+w+4}{8}Q_2^2 + \frac{24-48k_{24}+24k_{24}^2-2w}{96}Q_2^4, \quad (11a)$$

$$186 \quad F_z^{(i)} = \frac{4k_{24}-2k_{24}^2+2w+4}{4}Q_2^2 + \frac{24-48k_{24}+24k_{24}^2-12w}{96}Q_2^4, \quad (11b)$$

$$187 \quad F_\varphi^{(i)} = \frac{w}{2} + \frac{8k_{24}-4k_{24}^2+3w+4}{8}Q_2^2 + \frac{24-48k_{24}+24k_{24}^2-10w}{96}Q_2^4. \quad (11c)$$

188 The spatially homogeneous order becomes unstable with respect to the RZT class of solutions
189 where the coefficients α_2 that weight the Q_2^2 contribution in Eq. (11) change sign. From the
190 condition $\alpha_2 = 0$ one could deduce a critical value k_{24} above which the RZT structures become
191 stable:

$$192 \quad k_{24}^{(h)} = 1 + \sqrt{1 + \frac{w}{4}}, \quad (12a)$$

$$193 \quad k_{24}^{(z)} = 1 + \sqrt{1 + w}, \quad (12b)$$

$$194 \quad k_{24}^{(\varphi)} = 1 + \sqrt{1 + \frac{3w}{4}}. \quad (12c)$$

195 Here $k_{24}^{(h)}$, $k_{24}^{(z)}$, and $k_{24}^{(\varphi)}$ determine the critical values of k_{24} for homeotropic, zenithal, and
 196 azimuthal anchoring, respectively. Note that in the approximation of equal elastic constants the
 197 Ericksen's critical value of K_{24} is given by $k_{24}^{(e)} = 2$. Therefore, in the absence of chirality K_{24} could
 198 trigger twisted structures only for $w < 0$, which in our modelling is physically meaningful for the
 199 case given by Eq. (12a).

200 Next, we focus on the RT structures using the ansatz of Eq. (3). When $Q_{RT} \ll 1$ it follows

$$201 \quad F_e^{(ii)} \sim \frac{Q^2}{2} + 2Q Q_{RT} + (2 - k_{24}) Q_{RT}^2 - \frac{Q Q_{RT}^3}{3} + \frac{(k_{24} - \frac{5}{4})}{3} Q_{RT}^4. \quad (13)$$

202 It is easy to estimate the equilibrium value of the chirality wave number Q_{RT} of the RT structure
 203 if both Q and Q_{RT} are small. We use Eq. (13) and Eq. (7) and free energy minimization yields

$$204 \quad Q_{RT} = -Q/(2 + \Delta - k_{24}), \quad (14)$$

205 with $\Delta = 0$ for homeotropic anchoring, and $\Delta = \pm w$ for tangential anchorings (positive sign for
 206 zenithal anchoring and negative sign for azimuthal anchoring). Note the Eq. (14) is valid only in the
 207 limit when $|Q_{RT}| < 1$.

208 For achiral LCs it follows

$$209 \quad F_h^{(ii)} \sim w + (2 - k_{24}) Q_{RT}^2 + \frac{(k_{24} - \frac{5}{4})}{3} Q_{RT}^4. \quad (15a)$$

$$210 \quad F_z^{(ii)} \sim (2 - k_{24} + w) Q_{RT}^2 + \frac{(k_{24} - \frac{5}{4} - w)}{3} Q_{RT}^4. \quad (15b)$$

$$211 \quad F_\varphi^{(ii)} \sim w + (2 - k_{24} - w) Q_{RT}^2 + \frac{(k_{24} - \frac{5}{4} + w)}{3} Q_{RT}^4. \quad (15c)$$

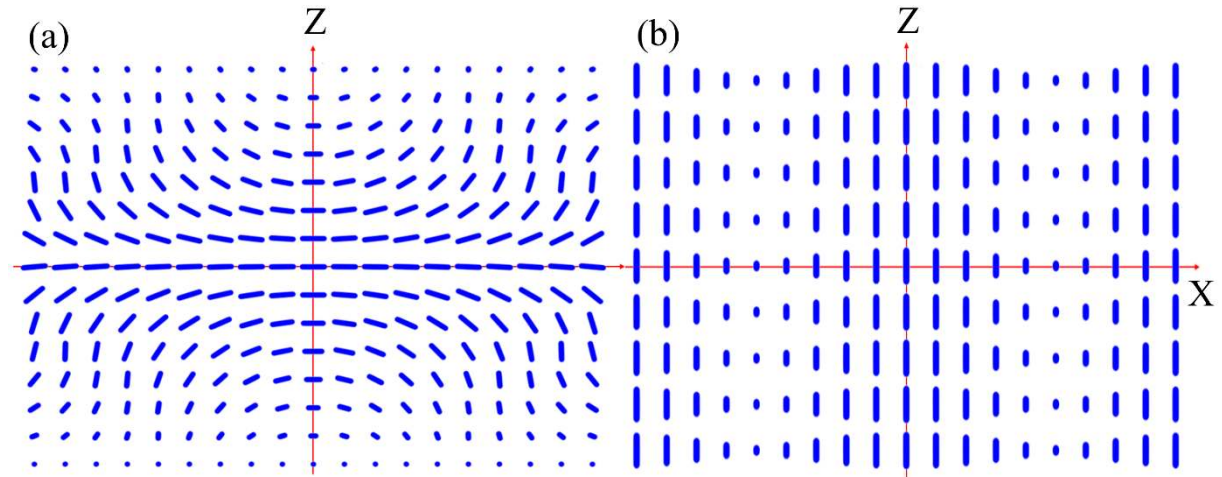
212 The critical conditions read

$$213 \quad k_{24}^{(h)} = 2, \quad (16a)$$

$$214 \quad k_{24}^{(z)} = 2 + w, \quad (16b)$$

$$215 \quad k_{24}^{(\varphi)} = 2 - w. \quad (16c)$$

216 Therefore, in achiral LCs the saddle splay elasticity may trigger the RT structure below $k_{24}^{(e)} = 2$
 217 only for the case of azimuthal anchoring.



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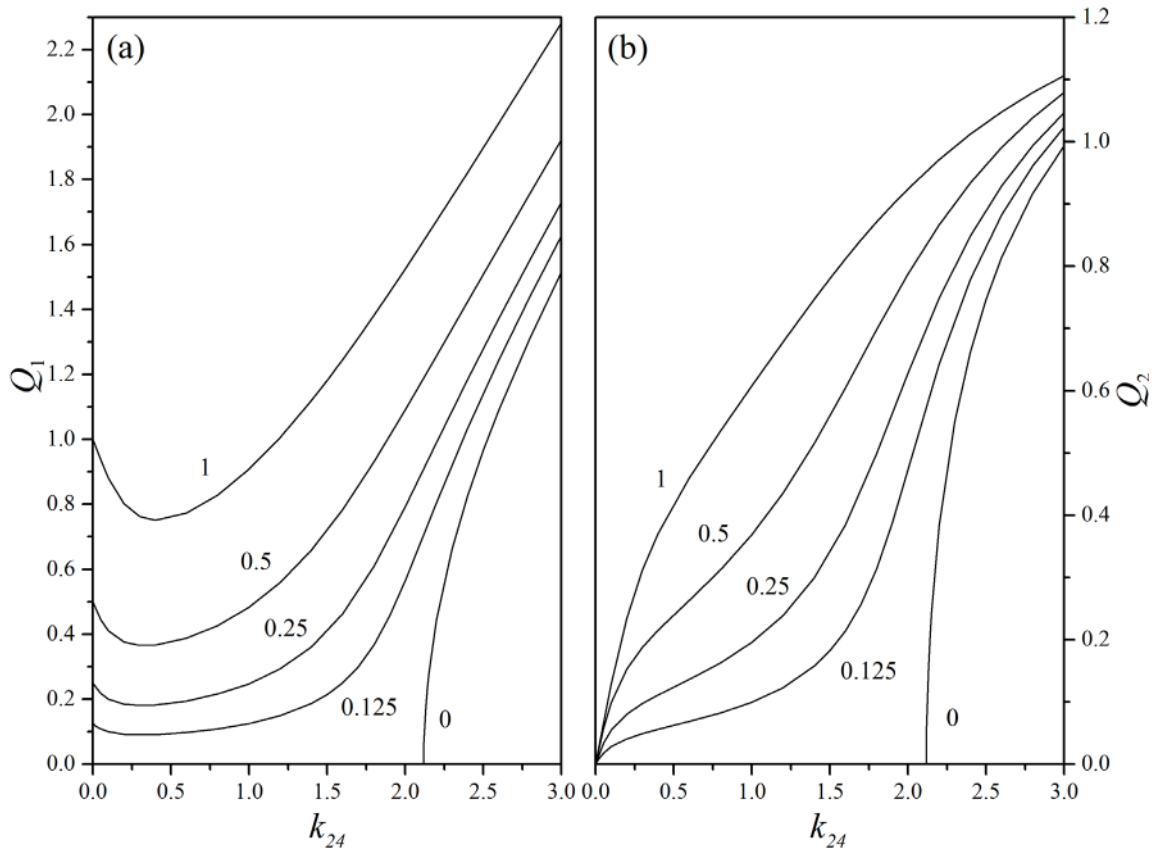
219 **Figure 1.** Twisted nematic structures. (a) The radially-z-twist deformation. $Q_1 = 1.0$, $Q_2 = 1.0$. Twist is
 220 realised both along the \vec{e}_ϕ and \vec{e}_z directions. (b) The radially-twisted structure. Here, the twist is
 221 realised along \vec{e}_r . $Q_{RT} = 1.1$.

222 2.3. Numerical analysis

223 We next explore the (meta) stability of double-twist structures in chiral LCs. Of particular
 224 interest is the determination of regimes in which the reversal of macroscopic chirality could be
 225 realised by varying a relevant parameter. Note that our estimates work well for dimensionless wave
 226 vectors less than one. Most of the “interesting” phenomena are realized in this regime. Therefore,
 227 results obtained for wave vectors larger than one are only indicative.

228 2.3.1. RZT structure: homeotropic anchoring

229 We focus first on RZT (class 1) structures and homeotropic anchoring. Of interest is the
 230 exploration of the impact of the saddle–splay constant k_{24} and intrinsic chirality Q for relatively weak
 231 anchoring, for which we set to $w = 1$. In **Figure 2** we plot Q_1 and Q_2 equilibrium values (i.e., they
 232 determine local minima in F) on varying Q between 0 and 1. For the case $Q = 0$ (achiral nematic) the
 233 RZT structures could be triggered only in the regime $k_{24} > k_{24}^{(e)} \equiv 2$. However, for chiral LCs, k_{24}
 234 efficiently promotes the stability of RZT structures well below $k_{24}^{(e)}$. Furthermore, for $k_{24} = 0$, it holds
 235 that $Q_2 = 0$ and $Q_1 = Q$. This solution corresponds to the classic cholesteric structure, see Eq. (2). Graphs
 236 in **Figure 2** also reveal that a value of k_{24} can be extracted experimentally.



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Figure 2. Dependence of equilibrium values of Q_1 (left) and Q_2 (right) on k_{24} for five different values of the intrinsic chirality Q (denoted by numbers in graphs). Homeotropic anchoring, $w = 1$.

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2.3.2. RZT structure: tangential anchoring

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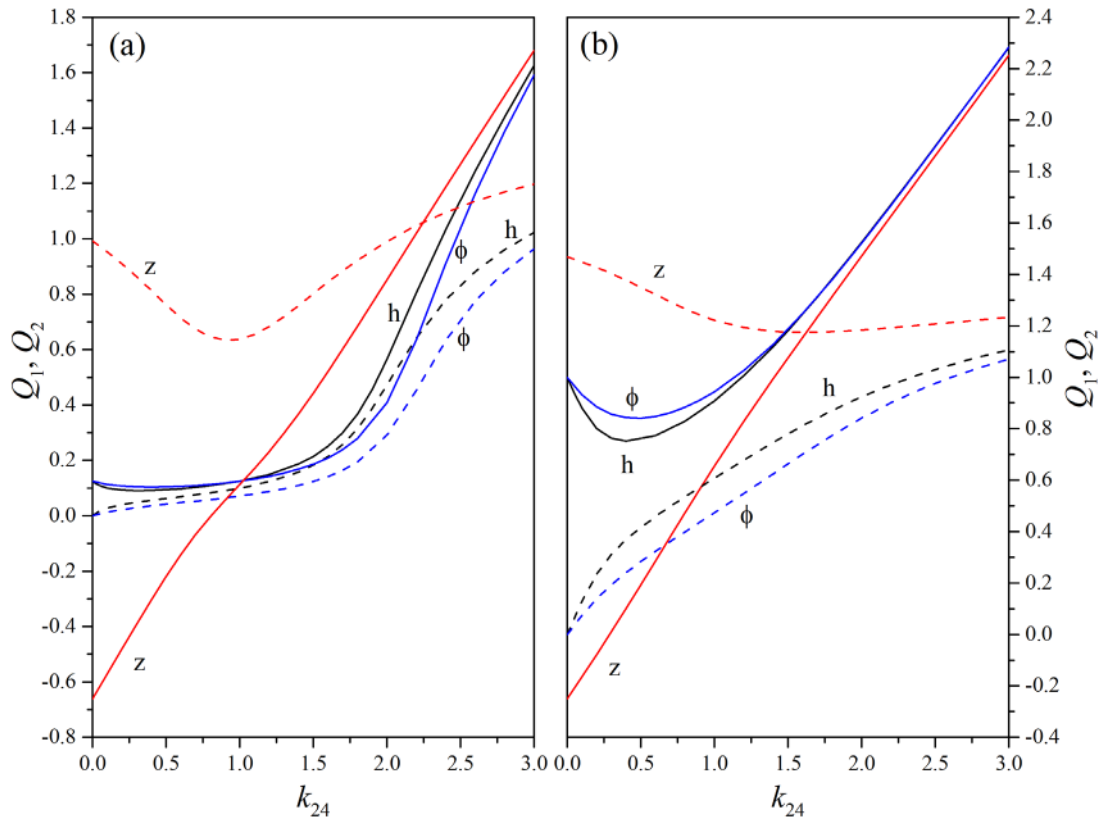
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For tangential anchorings the configurational variability of RZT structures is much more complex. This is illustrated in **Figure 3**, where we plot the dependencies of $Q_1(k_{24})$ and $Q_2(k_{24})$ on all studied anchoring conditions for two significantly different values of Q , *viz.*, $Q = 0.125$ and $Q = 1$. The behavior is roughly similar for homeotropic and azimuthal anchoring, whereas for zenithal anchoring qualitatively different features emerge. In particular, Q_1 could even change sign at a critical value of k_{24} , which we denote by $k_{24}^{(c)}$. Similarly, for a given value of k_{24} this crossover could be achieved by varying Q , and we label the corresponding critical value by Q_c .



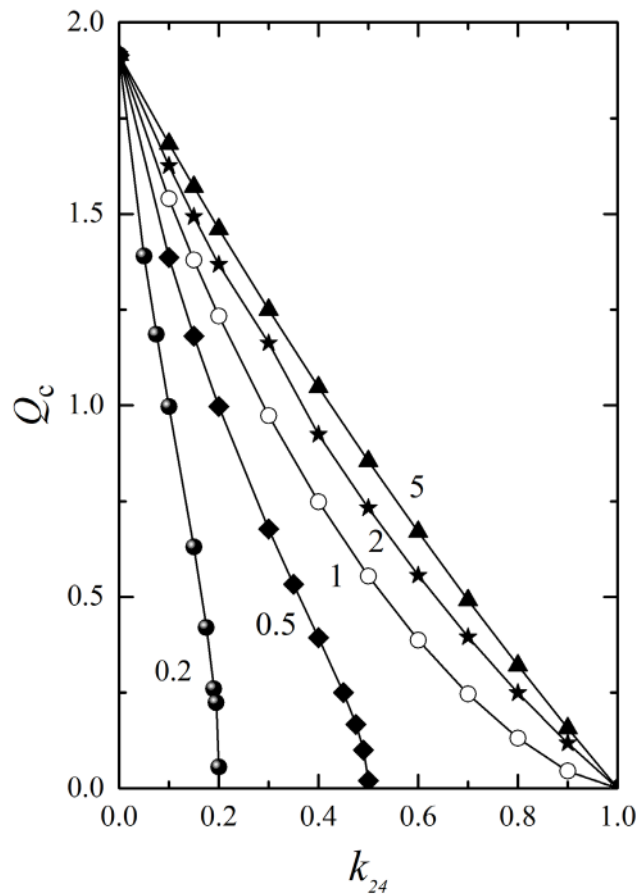
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Figure 3. Dependence of Q_1 (solid lines) and Q_2 (dashed lines) on k_{24} for $Q = 0.125$ (left figure) and $Q = 1$ (right figure) and different types of anchoring, labelled by “h” (homeotropic), “ ϕ ” (azimuthal) and “z” (zenithal). $w = 1$.

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Note that a value of $k_{24}^{(c)}$ depends relatively strongly on Q . Because the uniaxial twist with $Q_1 = 0$ can be observed easily by polarized optical microscopy, this phenomenon may be exploited to measure the splay–bend elastic constant. This is illustrated **Figure 4**, where we plot the $Q_c(k_{24})$ dependence for different anchoring strengths. Experimentally, one could vary Q by adding a chiral dopant to LC. The reversal of the sign of Q_1 exists in the interval $0 < k_{24} < 1$ well below $k_{24}^{(e)}$. In the strong anchoring limit $W \rightarrow \infty$ the graph $Q_c(k_{24})$ approaches the straight line.

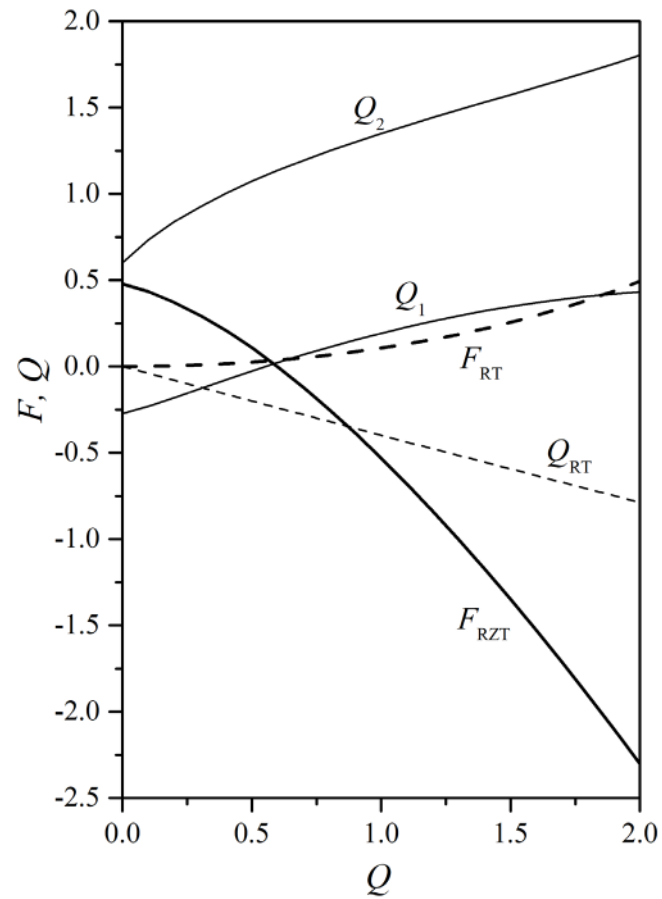


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259 **Figure 4.** The dependence of the critical intrinsic chirality Q_c (where $Q_1 = 0$) on k_{24} in the case of
 260 zenithal anchoring for different values of anchoring strength. Results were calculated in points
 261 labelled with symbols and lines serve as guides for the eye. From the left to right: $w = 0.2$ (circles), 0.5
 262 (diamonds), 1 (open circles), 2 (stars) and 5 (triangles).

263 2.3.3. Relative stability of RZT and RT structures

264 The *minimum* energies (corresponding to local minima on varying variational parameters) of
 265 both types of structures (RZT and RT) were compared for different sets of parameters. In general,
 266 homeotropic anchoring favours RZT configurations. This is obvious since the nematic director of the
 267 RT structure is always parallel to the boundary plane at the cylinder boundary. On the other hand,
 268 for both types of tangential anchoring stability regimes of different structures depend on specific set
 269 of parameters k_{24} , Q and w . Due to a broad parameter space we limit our analysis to a few cases
 270 relevant for our study. For example, **Figure 4** reveals the parameters for which $Q_1 = 0$ (chirality
 271 reversal) is realised for the RZT configuration for zenithal anchoring. It is essential to compare its free
 272 energy with the competitive RT structure. Some representative examples are depicted in **Figure 5** and
 273 **Figure 6**. In **Figure 5** we plot the minimum energies of the competing structures on varying Q for k_{24}
 274 $= 0.5$ and weak ($w = 1$) zenithal anchoring for the case exhibiting chirality reversal. In this case the
 275 RZT structure with $Q_1 < 0$ is metastable with respect to RT. However, **Figure 5** illustrates the existence
 276 of a regime for which the configuration with $Q_1 < 0$ is stable for $k_{24}=0.25$. Thus, chirality reversal may
 277 be found experimentally in this case. The arrows in **Figure 5** indicate approximately the energy of the
 278 RZT structure at the reversal of the sign of Q_1 , together with the calculated chirality parameters.
 279 For lower values of Q , it holds that $Q_1 < 0$, and vice versa. Although the energies for the cases $k_{24} =$
 280 0.25 and 0.5 are not very different, the critical value of Q ($Q_c = Q$, where Q_1 changes sign) differs
 281 significantly: $Q_c = 0.554$ for the case $k_{24} = 0.5$, whereas $Q_c = 1.097$ for the case $k_{24} = 0.25$.



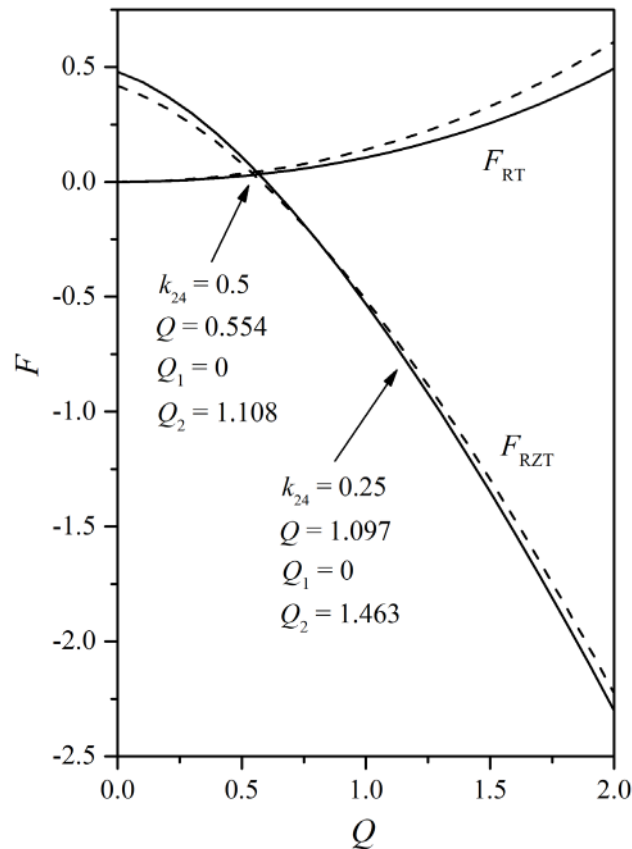
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285

Figure 5. Dependence of the *minimum* energies (thick lines) and chirality parameters (thin lines) of the RZT structure (solid lines) and RT structure (dashed lines) on the intrinsic chirality Q . $k_{24} = 0.5$, zenithal anchoring with $w = 1$.



286

287 **Figure 6.** Dependence of the *minimum* energies of the RZT and RT structures on the intrinsic chirality
 288 Q . Solid lines: $k_{24} = 0.5$. Dashed lines: $k_{24} = 0.25$. Zenithal anchoring with $w = 1$. Arrows indicate the
 289 sign reversal of Q_1 for both values of k_{24} . For the case $k_{24} = 0.25$ the chirality Q_1 reverses sign in the
 290 regime where $F_{RZT} < F_{RT}$.

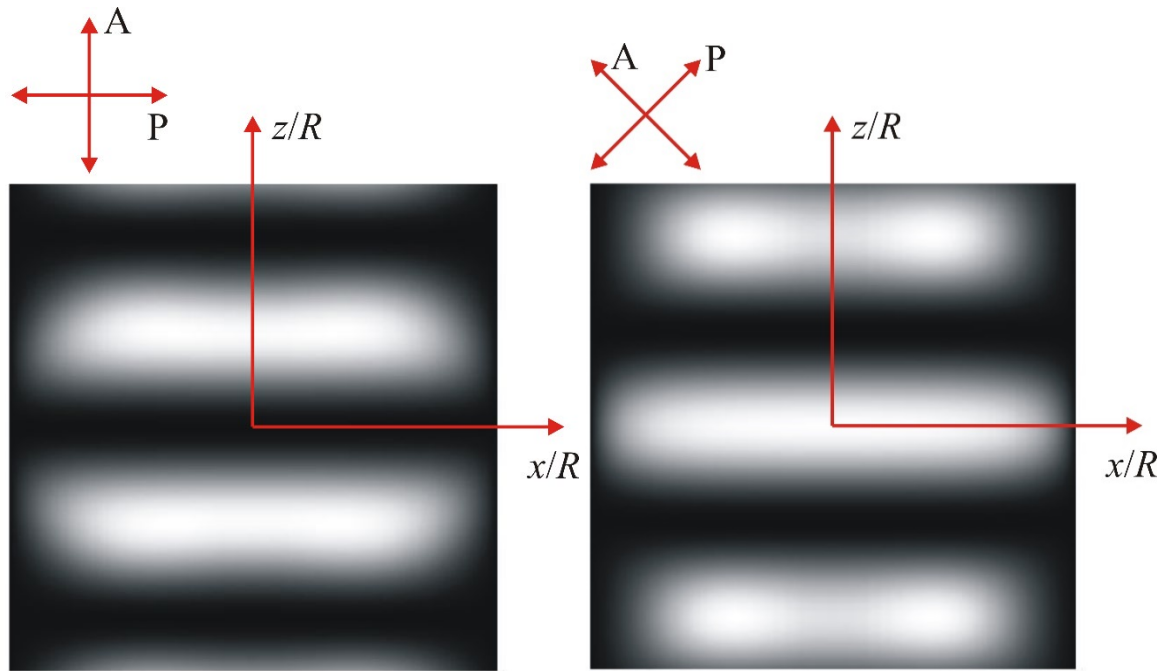
291 Note that we have tested the stability of RZT and RT structures with respect to the nonchiral
 292 escaped radial structure [34], in which the director profile exhibits cylindrical symmetry. It tends to
 293 be radially oriented at the cylinder wall and gradually reorients along the z axis on approaching the
 294 cylinder axis. For homeotropic anchoring, it exists for $w = RW/K > 1$, and its free energy is given by
 295 [34]

$$296 \quad \frac{F}{\pi KH} = 3 - k_{24} - \frac{1}{\sigma'}$$

297 where $\sigma = w + k_{24} - 1$. In the region of our interest this structure is energetically costlier with
 298 respect to the competing RZT or RT structure.

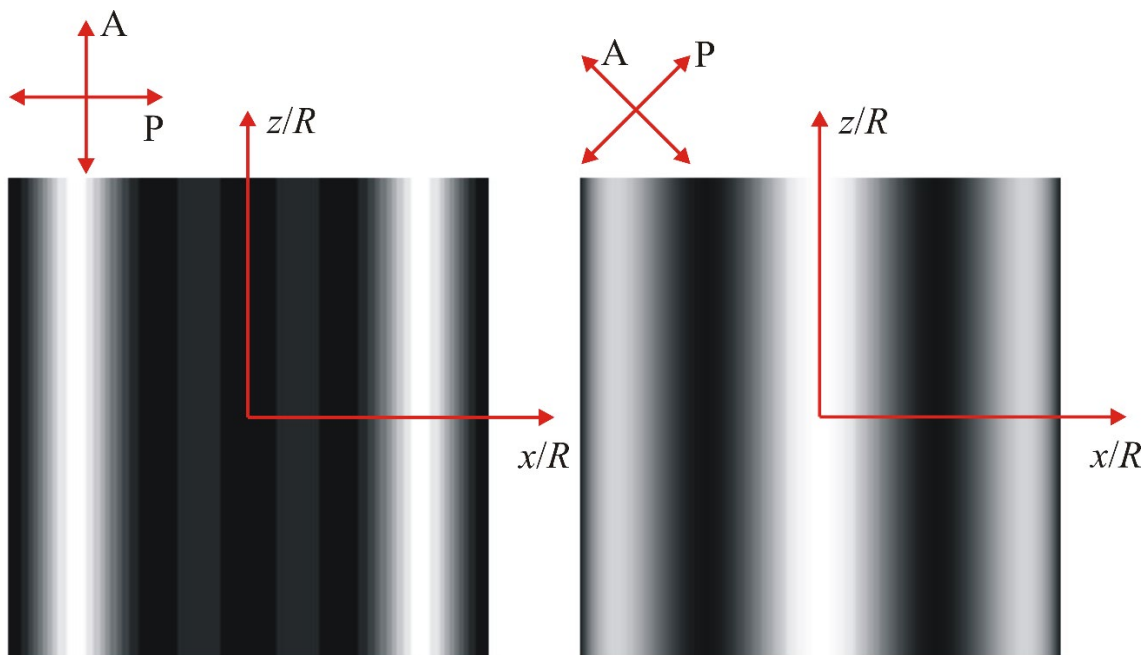
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300 Finally, in **Figure 7** and **Figure 8** we show calculated optical polarising microscopy patterns for
 301 the competing RZT and RT structures for two different polarisation directions of polariser and
 302 analyser, where we set $Q_1 = Q_2 = Q_{RT} = 1$. Simulations details are described in [29,30]. The polarisations
 303 of polariser and analyser are mutually perpendicular. The angle between the polariser and x -axis
 304 (horizontal axis) is 0 or 45°. One sees that the textures are significantly different and that one could
 305 easily distinguish these structures by using polarising optical microscopy.



306

307 **Figure 7.** Calculated optical patterns for the RZT structure with $Q_1 = Q_2 = 1$. The transmitted
 308 polarisation of polariser is in the x -direction (left figure) and at the angle 45° with respect to
 309 x -direction (right figure). Optical data: $R = 1 \mu\text{m}$, laser light wavelength $\lambda = 445 \text{ nm}$, refraction indices:
 310 $n_o = 1.544$, $n_e = 1.821$, corresponding to NLC E7.



311

312 **Figure 8.** The same as for **Figure 7**, but for RT structure with $Q_{RT} = 1$.

313 3. Conclusions

314 We studied the impact of chirality, the saddle-splay elastic constant and anchoring conditions
 315 on the (meta) stability on radially-z-twisted (RZT), and radially-twisted (RT) configurations realised
 316 in a cylindrically confined confinement of radius R . We used the Frank-Oseen uniaxial description in
 317 terms of the nematic director field. Such a description is sensible because we do not consider

318 configurations exhibiting topological defects, which would require local melting of nematic order or
 319 the presence of biaxiality. Furthermore, we used the approximation of equal Frank elastic constants
 320 $K_{11} = K_{22} = K_{33} \equiv K$. We expressed the free energy of structures in terms of dimensionless
 321 wavenumbers Q_1 , Q_2 , Q_{RT} , which represent order parameters in our Landau-type analysis. The
 322 parameter space controlling the relative stability of the structures consists of the dimensionless
 323 chirality $Q = Rq$, dimensionless saddle-splay constant $k_{24} = K_{24}/K$, and dimensionless anchoring
 324 strength $w = \frac{RW}{K}$.

325 We found that in the absence of chirality the RZT structure could be (meta) stable (fulfilling the
 326 Ericksen's inequality $k_{24} < k_e \equiv 2$) only for isotropic tangential anchoring, provided that $k_{24} > 1 +$
 327 $\sqrt{1 - |w|/4}$. On the other hand, the RT structure could be (meta) stable for azimuthal anchoring
 328 condition and $k_{24} > 2 - |w|$. Yet chirality enables stability of RZT structures for k_{24} values in the
 329 interval $k_{24} \in [0, 2]$. Furthermore, for $Q_{RT} < 1$ we found that the RT structures exhibit the wave
 330 vector $Q_{RT} \sim -Q/(2 + \Delta - k_{24})$, where i) $\Delta = 0$, ii) $\Delta = |w|$, iii) $\Delta = -|w|$ for i) homeotropic, ii)
 331 zenithal, and iii) azimuthal anchoring, respectively. In addition, we observed that the RZT
 332 configuration could exhibit sign reversal of the wave vector for zenithal anchoring on varying a
 333 relevant control parameter. This approach could be exploited for experimental determination of K_{24}
 334 values, which still require considerably more exploration.

335 Note that multiple-twisted structures could be exploited in several applications because their
 336 wave vectors can be adjusted to the optically visible regime. In 3D such structures could stabilise
 337 lattices of disclinations, as manifested in the Blue Phases and related structures exhibiting Skymion-
 338 like structures. The study of latter structures could also provide understanding into fundamental
 339 workings in nature which is still lacking.

340 4. Methods

341 We use the Frank-Oseen continuum approach [11] where nematic structures are expressed in
 342 terms of the nematic director field \vec{n} . The free energy of confined NLCs is expressed as

$$343 F = \iiint f_e d^3\vec{r} + \iint f_s d^2\vec{r}. \quad (17)$$

344 The first and second integral are carried over the LC volume and over a NLC confining surface.
 345 The quantities f_e and f_s determine elastic and NLC-confining surface free energy density
 346 contributions.

347 The elastic term reads

$$348 f_e = \frac{K_{11}}{2} (\nabla \cdot \vec{n})^2 + \frac{K_{22}}{2} (\vec{n} \cdot \nabla \times \vec{n} + q)^2 + \frac{K_{33}}{2} |\vec{n} \times \nabla \times \vec{n}|^2 - \frac{K_{24}}{2} \nabla \cdot (\vec{n} \nabla \cdot \vec{n} + \vec{n} \times \nabla \times \vec{n}). \quad (18)$$

349 The elastic response is determined by the splay (K_{11}), twist (K_{22}), bend (K_{33}) and saddle-splay
 350 (K_{24}) elastic constant, respectively. The wave vector q reflects the inherent LC chirality.

351 We model the surface interaction term using a simple Rapini-Papoular [11] description:

$$352 f_s = \frac{W}{2} (1 - (\vec{n} \cdot \vec{e})^2). \quad (19)$$

353 Here the unit vector \vec{e} is commonly referred to as the easy axis. Namely, for $W > 0$ the
 354 corresponding free energy is locally minimized if \vec{n} is aligned along \vec{e} . Furthermore, for $W < 0$ the
 355 term is minimized for $\vec{n} \perp \vec{e}$.

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360 **Author contributions:** A.M., S.K. and C.R. proposed and guided the research. A.M. did numerical
 361 simulations, A.G. did analytical analysis. A.M. and F.A. prepared figures. All authors were involved
 362 in writing the paper.

363 **Supplementary files: Twisted nematic structures**



Q1Q2.mp4



Qrt.mp4

364

365 Q₁Q₂ movie shows the radially-z-twist deformation and here the twist is realised both along the \vec{e}_φ
 366 and \vec{e}_z directions. The values were used in the movie from $Q_1 = 0.0$ to 3.0 , and $Q_2 = 0.0$ to 3.0 .
 367 Similarly, Qrt movie shows the radially twisted structure, and here the twist is realised along \vec{e}_r . The
 368 values were used in the movie from $Q_{RT} = 0.0$ to 3.0 .

369 Abbreviations

370 The following abbreviations are used in this manuscript:

LC:	liquid crystal
BP:	blue phase
RZT:	radially-z-twisted
RT:	radially twisted
NLC:	nematic liquid crystal

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