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Natural biomaterial-based edible and pH-sensitive films combined with electrochemical writing for intelligent food packaging

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ABSTRACT

An edible and pH-sensitive film combined with electrochemical writing was developed using gelatin, gellan gum and red radish anthocyanin extract for intelligent food packaging applications. The composite film displays orange red-to-yellow color change over the pH range 2-12. The tensile strength, ductility, and barrier response of the films to UV light and oxygen improved with the increase of red radish anthocyanin concentration. Multicolor patterns were successfully drawn on the film using an electrochemical writing method. The composite films acted as gas sensors which presented visible color changes in the presence of milk and fish spoilage, while the written patterns were well preserved. Accordingly, this composite film with written patterns could be an easy-to-use indicator with great potential for monitoring food spoilage as part of an intelligent packaging system.

KEYWORDS: intelligent food packaging; gelatin; gellan gum; red radish anthocyanins; electrochemical writing; film

1. INTRODUCTION

Intelligent food packaging has received great interests in the last decades, because of their potential for monitoring the condition of packaged foods or the surrounding environment.[1] Generally, intelligent food packaging systems can be realized by three main technologies, namely sensors, indicators and data carriers.[2] Among these systems, indicators (e.g. freshness indicators, time-temperature indicators and gas indicators) which could provide qualitative or semi-quantitative information by means of a color change have been widely studied since they are easy to fabricate and can be read by naked eye.

In recent years, many pH–sensitive indicators have been developed to monitor food quality. This was because various non-neutral volatile gases, such as amines, hydrogen sulfide and carbon dioxide, can be generated from foods during spoilage. When these volatile gases diffused to the headspace of the packages, they could react with the pH-sensitive indicators and thus make color changes of the indicators. Generally, the pH-sensitive materials were composed of pH dyes and a solid matrix to immobilize the pH dyes.[3, 4]. Considering that traditional synthetic pH dyes with potential harmful effects to human beings are not ideal for food packaging,[5] more attentions have recently been paid to natural and safe pigments, such as anthocyanins [6-14] and curcumin.[15-18] In addition, due to the public concern over environmental problems caused by plastics, there is a greater demand for packaging materials made by eco-friendly biopolymers with good film-forming properties, such as starch, chitosan, gums, alginate, agar, gelatin and so forth.

Red radish (Raphanus sativus L.) (RR) is a anthocyanins-rich vegetable,[19] in which anthocyanins mainly exist at acylated structures.[20] Anthocyanins extracted from red radish

are widely used as natural food-coloring agents because of their high stability and their orange-red color similar to that of synthetic Food Red No. 40.[20, 21] As red radish is also widespread and low cost, the red radish anthocyanins (RRA) could be a good resource of pH-sensitive pigments. The solid matrix used to immobilize anthocyanins is also of great importance. Gelatin is a denatured protein from the triple helix of collagen. It is accepted as "Generally Recognized as Safe'' (GRAS) substance in the area of food additives by the US Food and Drug Administration (FDA).[22] Gelatin is also considered as a promising natural polymer for packaging applications because of its renewability, biodegradability and film-forming property.[23] Particularly, gelatin films possess good oxygen barrier property.[22] This may be used to protect packaged foods from being oxidized to some extent and thus improve their shelf life. However, poor mechanical properties (such as frangibility) have been described as one of the disadvantages of gelatin films.[24] To compensate this shortcoming, gelatin is generally cross-linked and/or combined with other polymers, such as sodium alginate [25] and chitosan.[26] Gellan gum, a linear negatively charged exopolysaccharide, is biodegradable and non-toxic in nature. Four repeating carbohydrates are present in the main chain of gellan gum, which includes two d-glucose carbohydrates, one L-rhamnose, and one D-glucuronic acid.[27] It has received both US FDA and EU (E418) approval for application mainly as a multi-functional gelling, stabilizing and suspending agent in a variety of foods and personal care products.[28] Importantly, it was found that the mechanical properties of gelatin film could be significantly improved by gellan gum.[29] Furthermore, a recent study showed that gellan gum could enhance the thermal stability of anthocyanins.[30] Hence, the gelatin/gellan gum blend could be a good film-forming agent to immobilize anthocyanins.

Most food packaging materials are printed in order to provide information about the packaged foods and many inks are still mainly derived from petrochemical feedstock, which brings significant environment and sustainability problems to modern society.[31] In addition, the migration of unsafe printing inks from packaging to food can be a risk for consumers health.[32] To solve these problems, new inks such as edible inks and new techniques for printing are very desirable.[33] Recently, Wu, et al. [34] successfully printed on polysaccharide film by an electrochemical method based on the pH response color change of anthocyanins. As anthocyanins are safe and biodegradable, this electrochemical writing can be regarded as a green printing method. However, the related work of electrochemical writing on edible films is still limited.

In this study, we aimed to develop a new pH-sensitive and edible film by using RRA as the pH-sensitive pigment and gelatin/gellan gum blend as the film-forming agent, respectively. The fundamental properties of films, such as microstructure, mechanical properties and gas permeability properties were first investigated. Then, multicolor patterns were written on this polysaccharide/protein composite film by using an electrochemical writing method. Finally, the film combined with written patterns was used to indicate milk and fish quality.

2. MATERIALS AND METHODS

2.1. Materials and Reagents. Fresh red radish (cultivar ‘Xinlimei’) and live black carp were purchased from local market, and pasteurized milk was bought from a local cattle farm (Zhenjiang, China). Gelatin (type B, pig skin) was purchased from Sigma-Aldrich Inc. (St. Louis, MO, USA). Low-acyl gellan gum was bought from Dancheng Caixin sugar

industry Co., ltd. (Dancheng, China). Other chemical agents, such as ethyl alcohol, calcium chloride, acetic acid, ammonium hydroxide, acetonitrile and formic acid were bought from Sinopharm Chemical Reagent Co., Ltd (Shanghai, China).

2.2. Extraction of anthocyanins from red radish. Fresh red radishes were peeled, cut into pieces and dried at 65 °C under vacuum. Then, the dried red radishes were crushed into powder and transferred to 80% ethanol aqueous solution with a solid-liquid ratio of 1:10. After stirring at 35 °C for 6 h, supernatant of the solution was collected through filtration using a 25-μm filter paper. Ethanol in the supernatant was removed with a vacuum rotary evaporator at 45 °C in dark. Finally, the concentrated RRA extract solution was freeze-dried under vacuum and the obtained RRA extract powder was stored at 4 °C in a brown bottle filled with nitrogen.

The anthocyanins content in lyophilized RRA extract powder was measured by the pH differential method.[35] Absorbance of sample at 520 and 700 nm was measured using a UV-Vis spectrophotometry (Agilent CARY 100, Varian Corporation, USA). The anthocyanin content was expressed in mg/g.

2.3. Preparation of films. Firstly, 100 mL aqueous dispersion containing 3 g of gelatin (G) and 1 g of gellan gum (GG) was heated at 85 ℃ in a water bath and stirred with a magnetic stirrer for 0.5 h to form a clear solution. Under this constant temperature, 30 mg of $CaCl_2 \cdot 2H_2O$ was added into the solution with continuous stirring. Based on the calculated anthocyanins content (303.42 ± 7.82 mg/g) (refer to section 2.3), RRA extract powder was then added to the solution to obtain an anthocyanin contents of 5 mg/100 mL, 10 mg/100 mL, 15 mg/100 mL and 20 mg/100 mL, expressed as RRA5, RRA10, RRA15

and RRA20. A control solution containing gelatin, gellan gum and $CaCl_2 \cdot 2H_2O$ was also prepared. After degassing with a sonicator at 85 ℃, 12 g of the film-forming solution was immediately poured into a clean and smooth plastic Petri dish with a 9 cm diameter. Then, firm hydrogels were formed after the solutions were cooled down. The hydrogels were dried to films by putting the Petri dishes on a horizontal platform in an oven at 45 ℃ for 2 h. After that, the film was peeled from the Petri dishes and stored in an incubator at 4 ℃ with 75% RH for further use.

In order to prepare films with electrochemical writing, the above-mentioned hydrogels containing RRA were firstly taken out from the Petri dish before drying. The hydrogel was contacted with a platinum (Pt) plate connected to the cathode of an electrochemical analyzer (CHI660E, CH Instruments Co., Shanghai, China). Then, a Pt needle (diameter 0.5 mm) connected to the anode of the electrochemical analyzer touched the upper surface of the hydrogel. Under a constant current, hydrogen ions were produced around the platinum needle and thus induced an orange red color of RRA. On the contrary, when the Pt plate was connected to the anode of the electrochemical analyzer and the Pt needle was connected to the cathode of the electrochemical analyzer, hydroxyl ions were produced around the Pt needle and thus induced a green color of RRA. The movement of the platinum needle was procedurally controlled by a mechanical arm with a step precision of 0.1 μm (DOBOT M1, Shenzhen Yuejiang Technology Co., Ltd, China). The hydrogel was immediately dried in a vacuum-drying oven at 70 °C to form a film and the film was stored at 4 °C with 75% RH before use.

2.4. Characterization of the films

2.4.1. Color response to pH variation. UV-vis spectra of films were measured using a UV-vis spectrophotometer (Agilent CARY 100, Varian Corporation, USA). Firstly, pH buffer solutions (pH 2-12) were prepared by using 0.2 M disodium hydrogen phosphate, 0.2 M citric acid and 0.2 M sodium hydroxide solutions with different proportions. Then, films were cut into squares (1 cm × 1 cm) and immersed in the buffer solutions for 5 min. The spectra of the films in the range of 400-800 nm were obtained using air as the blank.

2.4.2. Microstructure observation. The micrographs of the films were recorded by a field emission scanning electron microscope (FE-SEM) (S-4800, Hitachi High Technologies Corporation, Japan). The films were first freeze fractured by liquid nitrogen before measurement. Samples were attached to double-sided adhesive tape and mounted on the specimen holder, then sputtered and coated with gold under vacuum.

2.4.3. Mechanical properties. Tensile strength (TS) and elongation-at-break (EB) of the films were measured with an Instron Universal Testing Machine (Model 4500, Instron Corporation, Canton, MA, USA) using a modified ASTM D882-00 (ASTM, 2000b) procedure. Samples were conditioned at 25 °C and 50 ± 3% RH in a desiccator containing magnesium nitrate saturated solution for 2 d prior to analysis. Each film was cut in rectangular strips with 60 mm length and 20 mm width. The initial grip separation and crosshead speed were set at 40 mm and 0.6 mm/s respectively. The TS and EB were calculated as the equation (1) and (2), respectively. Measurements represent an average of six samples.

$$TS = F_{max} / S \quad (1)$$

159 $$E(\%) = 100 \times \Delta l / l_0 \quad (2)$$

160 where TS was the tensile strength (MPa); F_{max} was the maximun load (N); S was the the
161 initial cross-sectional area of the film sample (mm2); E was the elongation-at-break; Δl
162 was the extension of the film (mm) and l_0 was the intial test length of the film (40 mm).

163 **2.4.4. Transparency measurement.** The optical transmittance of GGG and GGG-RRA
164 films (2 cm × 1 cm) were measured in the range of 200–800 nm with air as the blank by
165 using the UV–vis spectrophotometer.

166 **2.4.5. Water vapor permeability.** Water vapor permeability (WVP) of films was
167 determined gravimetrically using a standard test method (ASTM E96-05). The film
168 samples that had previously equilibrated at 50% RH for 48 h were sealed on glass cups
169 containing dried silica gel (0% RH). The cups were then placed in desiccators containing
170 saturated $Mg(NO3)_2$ solution (50% RH) at 25 ℃. The cups were weighed at 1-h interval
171 until a steady state was reached. The water vapor transmission rate (WVTR) of a film was
172 determined from the slope of the regression analysis of weight gain of moisture (Δm) that
173 transferred through a film area (A) during a definite time (t), as shown in equation (3). Then,
174 the WVP of the film was calculated based on the WVTR, as shown in equation (4).
175 Measurements represent an average of six samples.

176 $$WVTR = \Delta m / (A \times t) \quad (3)$$

177 $$WVP = WVTR \times x / \Delta P \quad (4)$$

where Δm is the weight gain of the cup (g); x is the film thickness (m); A is the exposed area (m^2); ΔP is the partial water vapor pressure difference across the film (1583.7 Pa at 25℃); t is the time (h).

2.4.6. Oxygen permeability. Oxygen permeability (OP) of the film was estimated at 25 ℃ and 50% RH with an automated oxygen permeability testing machine (GTR-7001, SYSTESTER, China) following the standard method (ASTM D3985-05, 2005). Film was placed on a stainless-steel mask with an open testing area of 48 cm^2. Oxygen and nitrogen were respectively flowed on each side of the films. Oxygen transmission rate (OTR) was measured and OP was calculated according to equation (5). Measurements represent an average of six samples.

$$OP = OTR \times x / \Delta P \quad (5)$$

where OTR is the oxygen transmission rate ($cm^3 \cdot m^{-2} \cdot d^{-1}$); x is the film thickness (m); ΔP is the partial pressure of oxygen (1.013×10^5 Pa at 25 °C).

2.4.7. Color stability. The colorimetric films were stored in incubators at 4℃ and 25℃ with 75% RH under fluorescent lights. The images of the colorimetric films were captured every day for two weeks by an optical scanner (Scanjet G4050, HP) and analyzed by a user program in Matlab R2012a (Matworks Inc., Natick, MA, USA). The stability of the colorimetric films was defined as the relative colour change, according to our previous study: [36]

$$\Delta R = \left| R_0 - R_1 \right| \quad (6)$$

198 $$\Delta G = \left| G_0 - G_1 \right| \quad (7)$$

199 $$\Delta B = \left| B_0 - B_1 \right| \quad (8)$$

200 $$S = \left(\Delta R + \Delta G + \Delta B \right) / \left(R_0 + G_0 + B_0 \right) \times 100\% \quad (9)$$

201 where R_0, G_0, B_0 were the initial gray values of the red, green and blue, R_1, G_1, B_1 were the
202 gray values of the red, green and blue after storage. S was the relative color change of R,
203 G and B values.

204 **2.4.8. Color response to basic and acid gases.** Response of the colorimetric films
205 toward volatile ammonia in term of their color changes was performed using absorbance
206 measurements. The colorimetric films were hang up in an Erlenmeyer flask (500 mL) at 1
207 cm above the ammonia solution (80 mL, 8 mM) at 25℃.

208 **2.5. Application of films in monitoring food quality**

209 **2.5.1. Milk spoilage trial.** 20 mL of pasteurized fresh milk was poured into an unused
210 plastic Petri dish (diameter 90 mm) with a lid. In the middle of the lid, a square hole was
211 cut using a knife. Then the film was fixed on the lid to cover the hole. The Petri dish was
212 sealed with Vaseline and placed in an incubator at 25 ℃ with 75% RH. During milk
213 spoilage, volatile gases were generated from the milk and diffuse through the film, making
214 a color change of the film. The images of the film were captured using the optical scanner.
215 The acidity of milk was measured by acid-base titration method according to a previous
216 literature.[37]

2.5.2. Fish spoilage trial. Fresh black carp (Mylopharyngodon piceus) was cut into strips after removing its innards, head, tail and scales. Like the milk spoilage trail, 25 g of black carp was put into the plastic Petri dish and the film was fixed on the lid to cover the hole. The Petri dish was placed in an incubator at 4 ℃ with 75% RH. The total volatile basic nitrogen (TVB-N) content was measured according to a previous literature.[38]

3. RESULTS AND DISCUSSION

3.1. Color and UV-vis spectra of RRA and GGG-RRA film. In this study, RRA was used as the pH-sensitive pigment to develop packaging films, so the color response of RRA and GGG-RRA film to pH variation was firstly investigated. Fig. 1A shows that RRA solutions changed from orange red to yellow when pH increased from 2 to 12. In detail, RRA solution turned from deep orange red to light orange over the pH range of 2-7. At weak basic conditions, the color became purple (pH 8-9). Then, the color changed to yellow green (pH 10) and finally to yellow (pH 10-12). Corresponding to color changes in RRA solutions, the maximum absorption peak presented red-shifts. As shown in Fig. 1B, the maximum absorption peak obtained at pH 2 was around 510 nm, which gradually shifted to 520 nm when the pH increased to 6. Meanwhile, the maximum absorption values decreased. As the pH increased over 7, the maximum absorption peak shifted to approximately 580 nm. At the same time, the absorption values gradually increased when pH increased from 7 to 10 and then decreased when pH increased from 10 to 12. The absorbance ratio at 580 nm versus 510 nm (A_{580}/A_{510}) indicates the increase of green intensity compared to red. The calibration curve (Fig. 1B inset) showed that values of A_{580}/A_{510} in PSPE solution increased and then decreased over the range of pH 2-9. An exponential calibration curve was established between the pH in the range of 2-9 and

240 A_{580}/A_{510} of the RRA solution, as formula (10), where x and y were the pH and A_{580}/A_{510},
241 respectively.

242 $$y = 0.1399e^{0.2745x}, R^2 = 0.9823 \quad (10)$$

243 The GGG film containing RRA showed similar color (Fig. 1C) and spectra (Fig. 1D)
244 changes with RRA in response to pH variation. An exponential calibration curve was also
245 established between the pH in the range of 2-9 and A_{580}/A_{510} of the GGG-RRA film (Fig.
246 1D inset), according to the formula (11), where x and y were the pH and A_{580}/A_{510},
247 respectively.

248 $$y = 0.2911e^{0.1583x}, R^2 = 0.9791 \quad (11)$$

249 Similar exponential calibration curves were also found in anthocyanins extracted from
250 purple sweet potato (PSP) and film containing PSP anthocyanins.[39] The exponential
251 calibration curve between pH and A_{580}/A_{510} for the GGG-RRA film indicated that RRA
252 maintained good chemical activity in the GGG film. The visible color changes of GGG-
253 RRA film toward pH change implied it was capable of indicating pH-related food quality.

254 **3.2. Microstructure of the films.** The SEM images showed that GGG film had a highly
255 compact and dense appearance of cross section (Fig. 2A). This indicated that gelatin and
256 gellan gum had excellent compatibility with each other due to the intermolecular
257 interaction. Similar homogeneous structure of composite G and GG film was also observed
258 in a previous study.[40] When a low content of RRA (i.e. 5 mg/100 mL) was added into the
259 GGG film, some small spindrift-like structures appeared and was uniformly distributed in
260 the film (Fig. 2B). With the increase of RRA content, the GGG-RRA films showed obvious

aggregation of spindrift-like structures and stratification (Fig. 2C and Fig. 2D). When a relatively high content of RRA was added, the GGG-RRA20 film in turn became more uniform than the GGG-RRA10 and GGG-RRA15 film even though the size of spindrift-like structures was larger (Fig. 2E). This phenomenon could be explained by the gelation process of both gelation and gellan gum. During the gelation formation of gelatin, junction zones were formed by small segments of two or three polypeptide chains reverting to the collagen triple helix-like structure.[41] It has been reported that the addition of phenolic compounds promote the formation of hydrogen bonds among the three helices.[42] For the gellan gum, the formation of gels was closely affected by the pH of the solution. As gellan gum is a linear anionic polysaccharide, the aggregation of gellan gum helices in water was impeded by the intermolecular repulsion between negatively charged carboxylic groups on the gellan gum, while this intermolecular repulsion can be weakened with the decrease of pH of the solution, resulting in an enhancement of junction zone formation.[43] In this study, RRA as a phenol compound could also contribute to the gelation of gelatin. At the same time, with the increase of the RRA content, the pH of the solution decreased, contributing the gelation of gellan gum. Therefore, more intermolecular cross-linking within gelatin molecules and gellan gum molecules were generated, leading to partial phase separation of gelatin and gellan gum. As shown in Fig. 2B-D, the continuous and compact phase with parallel-arranged long chains could largely comprise gelatin molecules, while the coarse phase could largely comprise gellan gum. However, when the RRA content was at a relatively high level (20 mg/100 mL), the phase separation between gelatin and gellan gum molecules in the GGG-RRA20 film was not as obvious as that in the GGG-RRA10 and

GGG-RRA15 films. This might be due to excessive RRA having a steric hindrance effect on the formation of crosslinks among gelatin and gellan gum chains.

3.3. Mechanical and barrier properties. TS represents the capacity of the films to withstand loads tending to elongate and EB expresses the capability of the films to resist changes of shape without crack formation. The TS and EB of the GGG and GGG-RRA films are shown in Fig. 3A. With the increase of RRA content, the TS and EB of the films both become higher, indicating improved coupling strength and ductility of the films. The changes in mechanical properties of the films could be explained by the intermolecular interaction of G and GG in the absence and presence of RRA. The higher TS of the films in the presence of RRA could be due to the enhanced cross-linking among G and GG chains, respectively, as mentioned in section 2.3. Generally, an improved TS of a film was accompanied by a sacrifice of EB. However, the EB of the GGG-RRA films also increased with the increase of RRA. This could be due to the layer structure of the GGG-RRA films that endowed them with better flexibility compared to the GGG film.

Fig. 3B shows the UV-vis transmission spectra and images (inset) of GGG and GGG-RRA films. Pure GGG film was colorless and had a transparency of over 80% in the visible range of 400-800 nm. The incorporation of RRA into GGG film resulted in an orange color which became deeper with the increase of RRA content. The barrier property of the film to UV light could be obtained from the spectra in the range of 200-400 nm. GGG film presented excellent barrier properties to UV light in the range of 200-245 nm where the corresponding transparencies were lower than 1%, similar to a previous gelatin film.[44] Moreover, the UV light barrier ability of the films were significantly enhanced with RRA, since the films with higher RRA content showed improved barrier ability over broader

306 spectra ranges. GGG-RRA20 film presented strong barrier ability to UV light in the range
307 of 200-360 nm. These results could be due to the fact that RRA as a phenolic compound is
308 favorable for the adsorption of UV radiation.[45] The good UV light barrier properties of
309 GGG-RRA films may be beneficial for food preservation because UV light is known to
310 induce deleterious change, particularly lipid oxidation, in foods.[46]

311 Fig. 3C shows the effect of RRA on the WVP of GGG films. Pure GGG film had a WVP
312 value of 2.83 $g \cdot mm \cdot m^{-2} \cdot kPa^{-1} \cdot h^{-1}$, which was several orders of magnitude higher than that
313 of polyethylene (PE) and poly(vinylidene chloride) (PVDC) films.[47] The high WVP of
314 GGG film could be due to the hydrophilic nature of gelatin and gellan gum. With the
315 increase of RRA content, the WVP of the films presented a first decline followed by a rise.
316 For GGG-RRA10 film, the WVP was 1.25 $g \cdot mm \cdot m^{-2} \cdot kPa^{-1} \cdot h^{-1}$, which was lower than a half
317 of the WVP value of the GGG film. As the RRA content increased to 20 mg/ 100 mL, the
318 GGG-RRA20 film showed a comparable WVP (3.17 $g \cdot mm \cdot m^{-2} \cdot kPa^{-1} \cdot h^{-1}$) to the GGG film.
319 The permeability of a film largely depends on its chemical structure, morphology and
320 hydrophilicity, regardless of the environment conditions. The initial decrease of WVP of
321 films with the increase of RRA content to 10 mg/ 100 mL could be due to anthocyanin
322 enhancement of the interactions of both gelatin and gellan gum molecules, lowering the
323 amount of gelatin and gellan gum molecules needed to form hydrophilic bonding with
324 water and subsequently leading to a decrease in the affinity of the films towards water.
325 Meanwhile, anthocyanins as phenolic components could form mainly non-covalent
326 hydrophobic interactions with gelatin and gellan gum[48] and thus reduce the hydrophilicity
327 of the films. However, a significant increase of WVP of the film was observed from the
328 GGG-RRA15 and GGG-RRA20 films. This may be due to the high hydrophilicity of

anthocyanins that made the film easier to absorb water when RRA content was too high. Hence, the results indicated that addition of a relatively low content of RRA in the GGG film beneficially lowered its mainly consequently reducing the water evaporation of packaged foods.

The GGG film had an oxygen permeability (OP) of 10.05 $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kpa^{-1}$ (Fig. 3D), which was much lower than low density polyethylene (LDPE) (1900 $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kPa^{-1}$) and higher than poly(vinylidene chloride) (PVDC) (0.1–3 $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kPa$) and ethylene-vinyl alcohol copolymers (EVOH) (0.77 $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kPa^{-1}$), but comparable to polyvinyl chloride (PVC) (20–80 $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kPa$)[49]. The increase of RRA content, caused the OP value of GGG-RRA films to slightly decrease to 6.33×10^{-2} $cm^3 \cdot \mu m \cdot m^{-2} \cdot d^{-1} \cdot kpa^{-1}$ (GGG-RRA20 film). The OP of the films was closely related to the diffusion path of oxygen within the film. The decrease of OP resulting from the increase in RRA content could be due to that the stronger crosslinking of gelatin and gellan gum leading to a reduction of the free volume for oxygen to pass through the films. The low OP of the GGG-RRA films may reduce the oxidation content of packaged foods.

3.4. Electrochemical writing on GGG-RRA film. In order to write information on the films using the electrochemical method, a hydrogel needed to be firstly fabricated. In this study, a firm gel with a good toughness was facilely formed after the GGG-RRA solution was cooled down without further treatment (Fig. 4A), attributed to the good gelation ability of gelatin and gellan gum. It is well known that the color of anthocyanins is dependent on pH condition[50], so the principle of electrochemical writing on the hydrogel can be expressed as in scheme 1. When the Pt needle was connected to the anode of the electrochemical workstation, a localized low pH condition was generated in the hydrogel

352 due to the anodic water electrolysis reaction (equation 12) so that anthocyanins turned to
353 acid color (orange red). On the contrary, when the Pt needle was connected to the cathode
354 of the electrochemical workstation, a localized high pH condition was generated in the
355 hydrogel due to the cathodic water electrolysis reaction (equation 13) and therefore
356 anthocyanins turned to basic color (yellow).

357 $$2H_2O - 4e^- = 4H^+ + O_2 \uparrow \quad (12)$$

358 $$4H_2O + 4e^- = 4OH^- + 2H_2 \uparrow \quad (13)$$

359 The movement of the Pt needle along the horizontal plane was controlled by a mechanical
360 arm to produce desired patterns. After being written on the hydrogels, the patterns were
361 preserved by immediately drying the hydrogels to films. Apart from the current direction,
362 the current magnitude could also make the color of the patterns different. When the current
363 increased from 1 to 6 mA, the pattern "1" turned more acid (Fig. 4B) or basic colors (Fig.
364 4C). This was because a greater current led to more intense water electrolysis reaction and
365 thus a greater acid or basic condition. Accordingly, multicolor patterns could be written on
366 one film by tuning the current direction and magnitude. As shown in Fig. 4D and 4E, the
367 flower with orange red petals and green calyces, and the apple with orange red fruit and
368 yellow leaves were respectively drawn on individual films.

369 **3.5. Color stability and gas sensing ability.** The self-stability of the films and the
370 written patterns are of great importance for the practical application of the films. Fig. 5A
371 shows the images of the GGG-RRA10 film with red and yellow patterns stored at 75% for
372 30 d at 4, 25 and 37 °C. The color of the film and patterns gradually faded during storage.
373 Especially at a higher temperature (37 °C), the film obviously turned less red and the

patterns seriously discolored after 30 d. To describe the degree of discoloration, the relative color change (S) of the film and patterns was tested and shown in Fig. 5B. The S values of films and patterns increased slightly overall. In contrast, the S values were higher at a higher temperature for both the film and the patterns. At a certain temperature, the S values of the yellow pattern were higher than that of the red pattern followed by the film, indicating than the film had greater color stability than the red pattern and then the yellow pattern. Generally, the anthocyanins were more stable at lower pH.[51] The reason why the red pattern was less stable than the film remained unclear.

Before the film was employed as a gas sensor in the packaging system, its sensing ability to acid and basic gas were investigated. As shown in Fig. 5C and 5D, the GGG-RRA film gradually turned to redder after exposure to acetic acid gas, and turned to green after exposed to ammonia gas. This result suggested that the GGG-RRA film could be used to indicate the food spoilage when either acid or basic gases were the dominant volatile gases. As for the written patterns on the film, the red triangle maintained its original color in response to acetic acid (Fig. 5C) but gradually faded in response to ammonia (Fig. 6D). At the same time, the yellow triangle maintained yellow in response to ammonia (Fig. 6D) while gradually fading in response to acetic acid (Fig. 6C). Hence, to save the written information on the film, the films with red color patterns and yellow patterns could be used to indicate food spoilage during which acid gases and basic were the main volatile gases, respectively.

3.6. Application of films for indicating milk and fish spoilage. In this study, the GGG-RRA10 film was selected to indicate food quality, considering the effect of the anthocyanins concentration on the color visibility and gas sensitivity of the films discussed

in our previous study.[12] The GGG-RRA10 films with red pattern "F" and yellow pattern "F" were used to monitor milk and fish spoilage, respectively. As shown in Fig. S1, the films were fixed on the lid to cover the hole that worked as the detection window through which the volatile gases generated from milk and fish diffused to contact with the film and make a color change of the film. In this way, the water vapor inside of the dishes could permeate through the film to the external environment to reduce the film swelling that might cause anthocyanins to leach from the film.

Fig. 6A shows the color change of the GGG-RRA10 film during the milk spoilage. With the increase of time, the film turned to be redder. The color change could also be seen from the color parameters, namely red (R), green (G) and blue (B). As shown in Fig. 6B, the R value increased from 232 to 253, indicating a deeper red color, while G and B value did not significantly change. The color change of the film implied that acid volatile gases were generated during the milk spoilage. Similar phenomena were also observed in a previous study.[13] This was largely due to the generation of organic acids during anaerobic respiration of anaerobic bacteria or facultative anaerobic bacteria under hypoxic or anaerobic condition. It is worth mentioning that the low OP of GGG-RRA10 film might contribute to a hypoxic condition for the anaerobic respiration of spoilage bacteria. The acidity of the milk was an important index to evaluate the freshness of milk. A higher acidity value indicated a larger amount of acid components and therefore an inferior freshness. As shown in Fig. 6B, the acidity of the milk increased from 14.78 to 25.67 °T after a 48 h storage at 25 °C. According to Chinese standard (GB 19645-2010), the acidity value of pasteurized milk should be under 18 °T to ensure quality. In this study, the acidity of the reached to

419 18 °T at nearly 25 h, while at this point the R value of the film was nearly 240. This implied
420 that if the R value of the film was higher than 240, the milk sample should not be consumed.

421 Fig. 6C shows the color change of the GGG-RRA10 film during the spoilage of black
422 carp. The film gradually turned from initial orange red to green (4 d) and then yellow green
423 (8 d). Accordingly, the color parameter R decreased, and G increased from 0 d to the 4 d
424 (Fig. 6D). However, the R and G value did not dramatically change after 4 d. Meanwhile,
425 the B value decreased over time from initial an 144 to final 18, indicating a deeper yellow
426 color (the complementary color of blue). Hence, the B value could be used as a
427 characteristic parameter for the color change of the film. The color change of the film could
428 be mainly induced by the volatile basic gases, such as ammonia, trimethylamine and
429 dimethylamine, generated from the black carp. Fig. 6D shows the TVB-N content of the
430 black carp. It rose from 4.74 mg/100g at 0 d to 53.71 mg/100g at 9 d at 4 °C. The generation
431 of TVB-N was due to the decomposition of proteins by bacteria and enzymes. According
432 to Chinese Standard (GB 2733-2015), the rejection limit of TVB-N level for black carp is
433 20 mg/100 g. In this study, the TVB-N value rose to 20 mg/100 g at nearly 5.5 d, when the
434 B value of the film was around 87. This implied that if the B value of the film was lower
435 than 87, then the fish sample should not be consumed.

436 For the written patterns "F" on the GGG-RRA10 films that were used for either milk or
437 fish spoilage, as expect, they retained a clear color and shape (Fig. 6A and 6C). As can be
438 seen from the Fig. S2A, R, G, and B values of the red "F" did not obviously change,
439 indicating a good color stability. Although the B value of the yellow "F" significantly
440 decreased (Fig. S2B), the pattern "F" still kept a bright yellow color because of the weak

fluctuation of R and G values. Hence, the GGG-RRA film combined with written pattern could be used to indicate the milk and fish spoilage.

As mentioned above, when the GGG-RRA-10 film was used to indicate the milk and fish spoilage, the film showed visible color changes while the written patterns on the film maintained good shapes and colors. As the GGG-RRA films were made from degradable and edible biomaterials, and the patterns were in situ drawn on the films by using electrochemical method without the need of inks, they should have a great potential for practical application in intelligent food packaging.

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NOTES

The authors declare no competing financial interest.

Supporting Information description

There were two figures in the supporting information file. Fig. S1 the photo of the deveice that was used to detect milk and fish spoilage. Fig. S2 was the change of the R, G, and B values of written patterns “F” on the GGG-RRA10 film used to monitor milk and fish spoilage.

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602

Figure captions

Fig. 1. The color (A) and UV-vis spectra (B) of RRA anthocyanins extract solution at pH 2-12, and the color (C) and UV-vis spectra (D) of GGG-RRA10 film at pH 2-12. Insets of (B) and (D) were the change of A_{580}/A_{510} of the RRA solution and GGG-RRA10 film with the change of pH, respectively.

Fig. 2. The SEM images of cross sections of GGG (A), GGG-RRA5 (B), GGG-RRA10 (C), GGG-RRA15 (D) and GGG-RRA20 film (E).

Fig. 3. The mechanical properties (A), transparencies (B), WVP (C) and OP (D) of the GGG and GGG-RRA films.

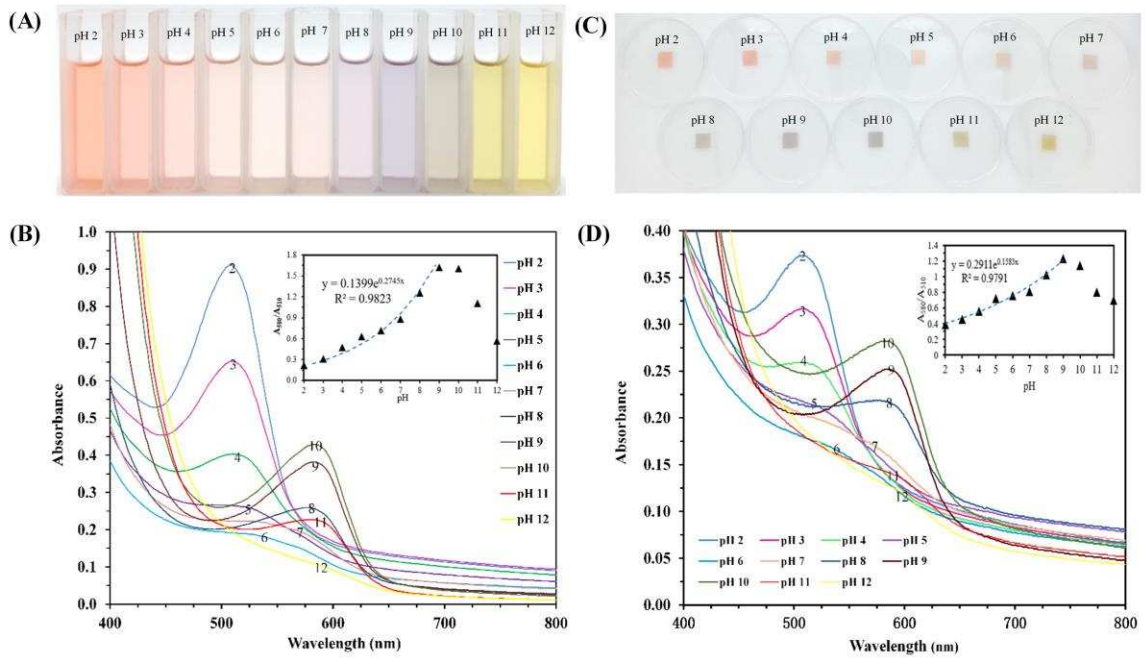
Scheme 1. The principle of electrochemical writing on GGG-RRA film.

Fig. 4. The photo of GGG-RRA10 hydrogel (A); the images of pattern "1" at different current magnitude when the Pt needle was connected with the anode (B) and cathode (C) of the electrochemical workstation; the images of multicolor pattern flower (D) and apple (E) written on the film.

Fig. 5. Images (A) and the corrsponding S values (B) of the GGG-RRA10 film with written patterns stored at 4, 25 and 37 °C for 30 days; the color response of the GGG-RRA10 film with written patterns towards acetic acid (C) and ammonia gas (D).

Fig. 6. Images of GGG-RRA10 film with red pattern "F" when used to monitor the milk spoilage at 25 °C (A), and the corresponding R, G, B values changes of the film and the acidity change of the milk (B); Images of GGG-RRA10 film with yellow pattern "F" when used to monitor the black carp spoilage at 4 °C (C), and the corresponding R, G, B value changes of the film and the TVB-N content changes of the black carp (D).

625 Figure 1.



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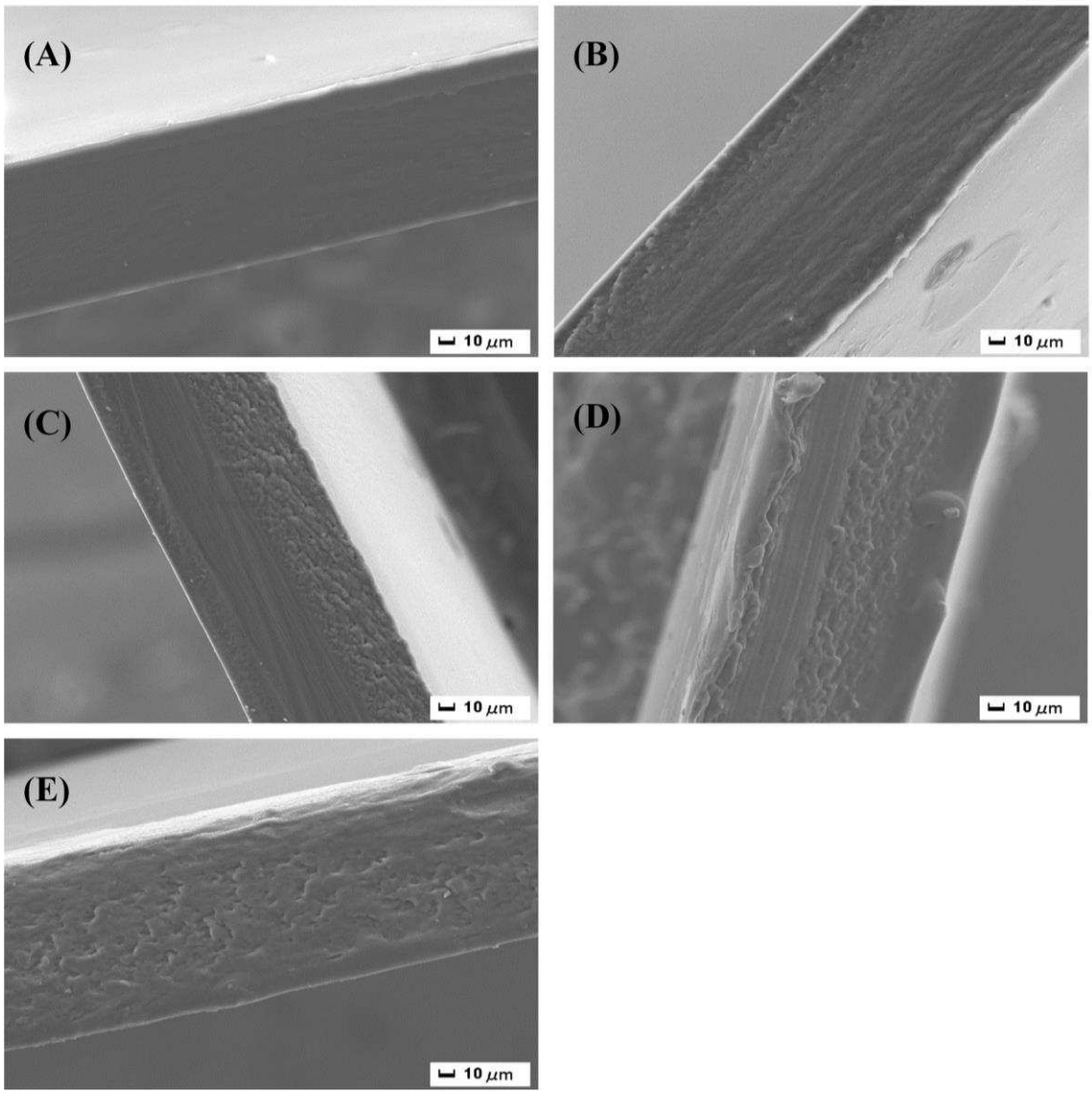
627 Figure 2.



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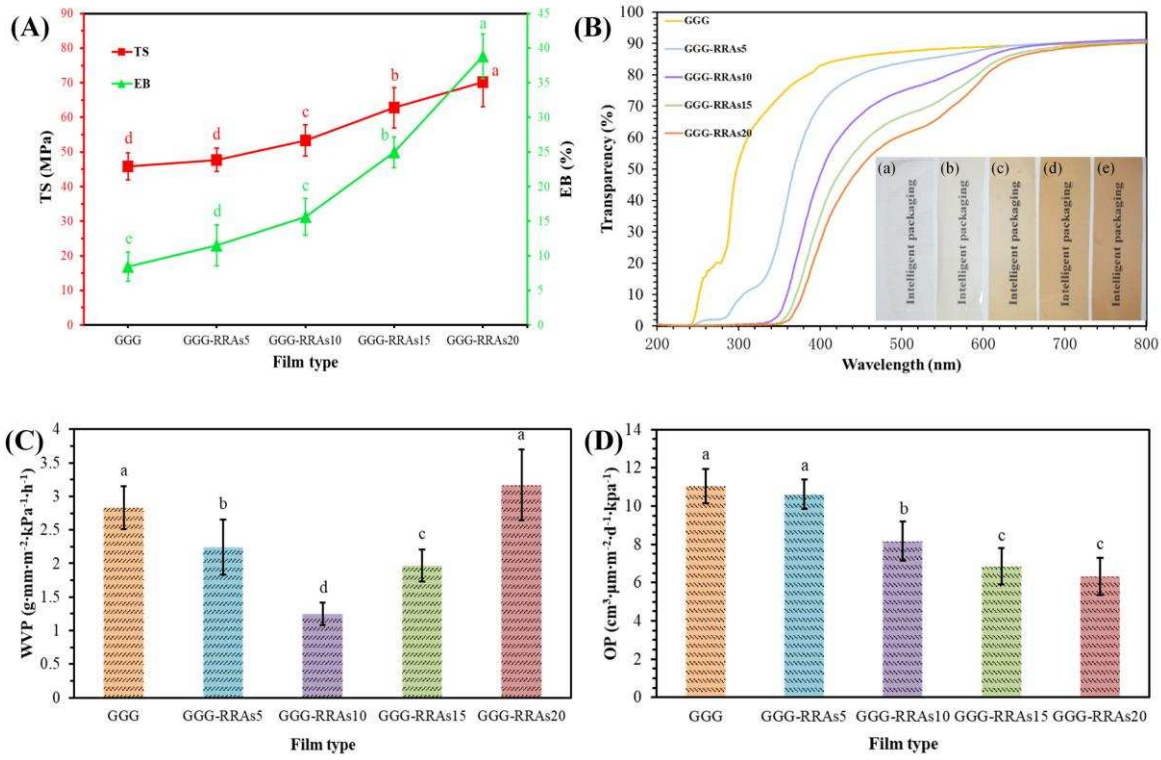
629 Figure 3.



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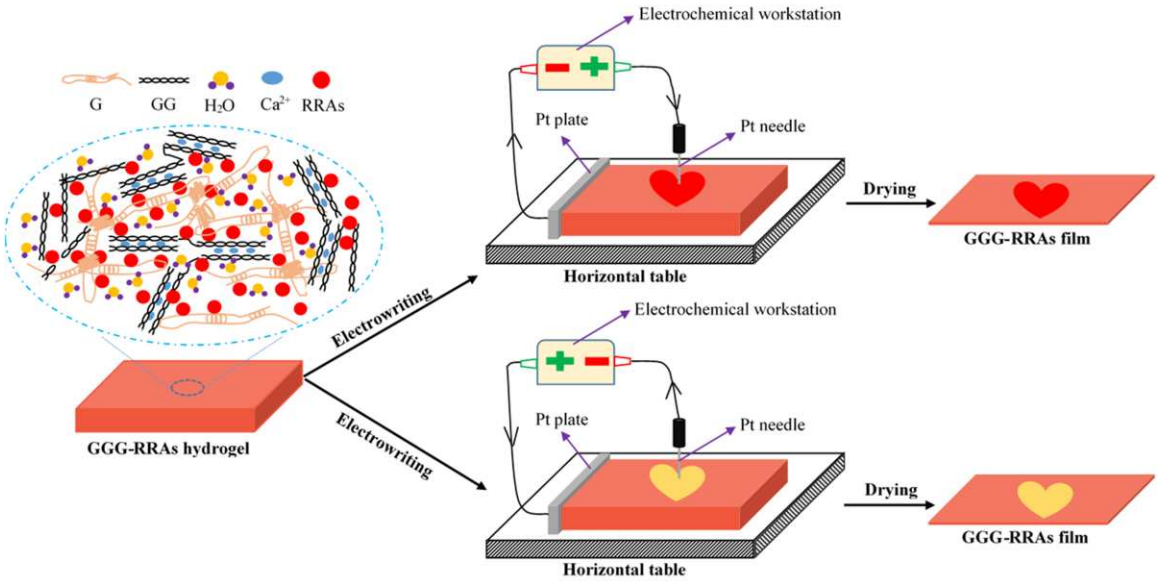
631 Scheme 1.



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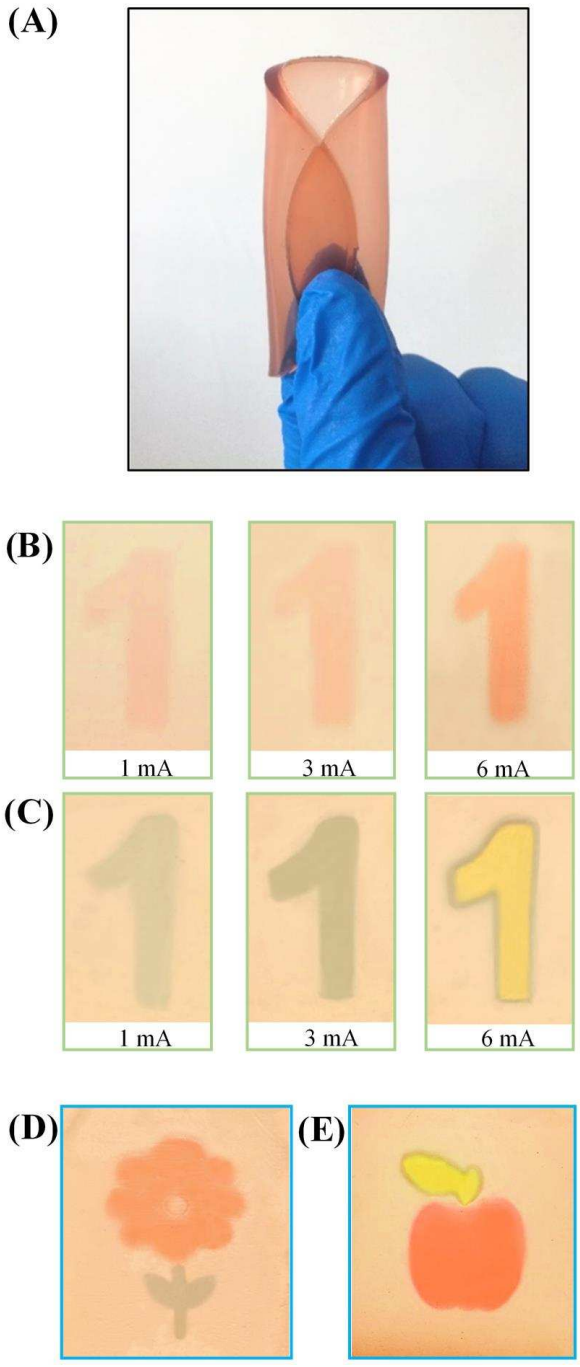

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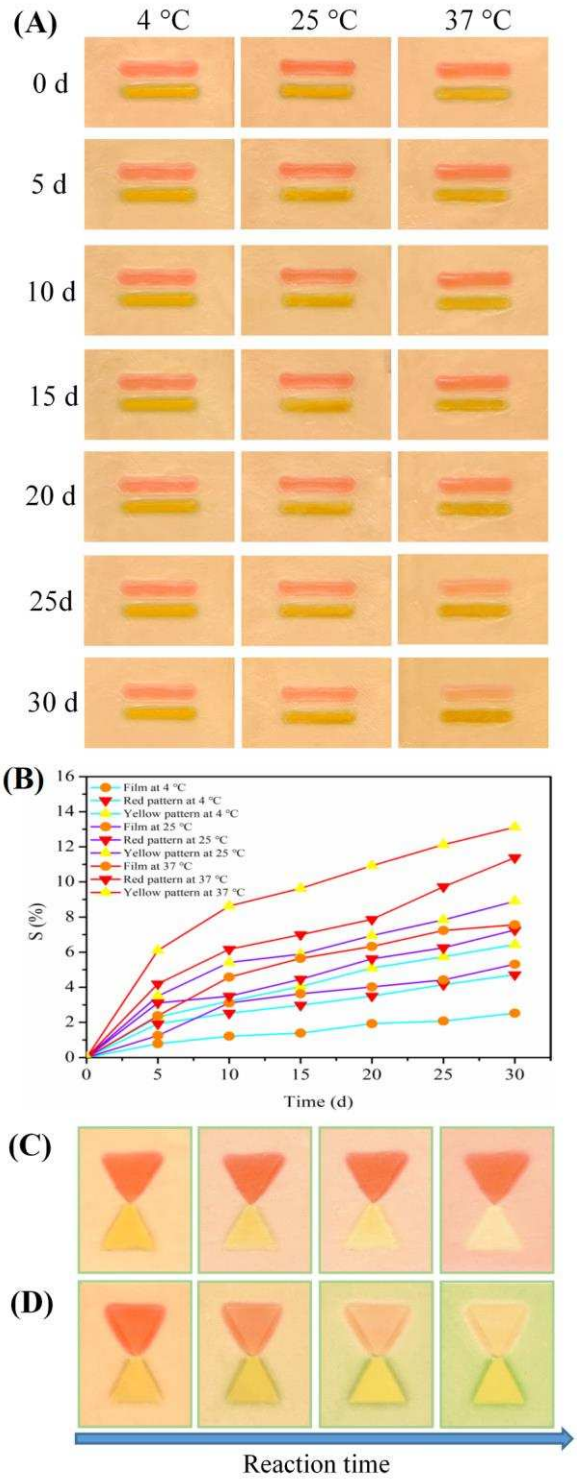

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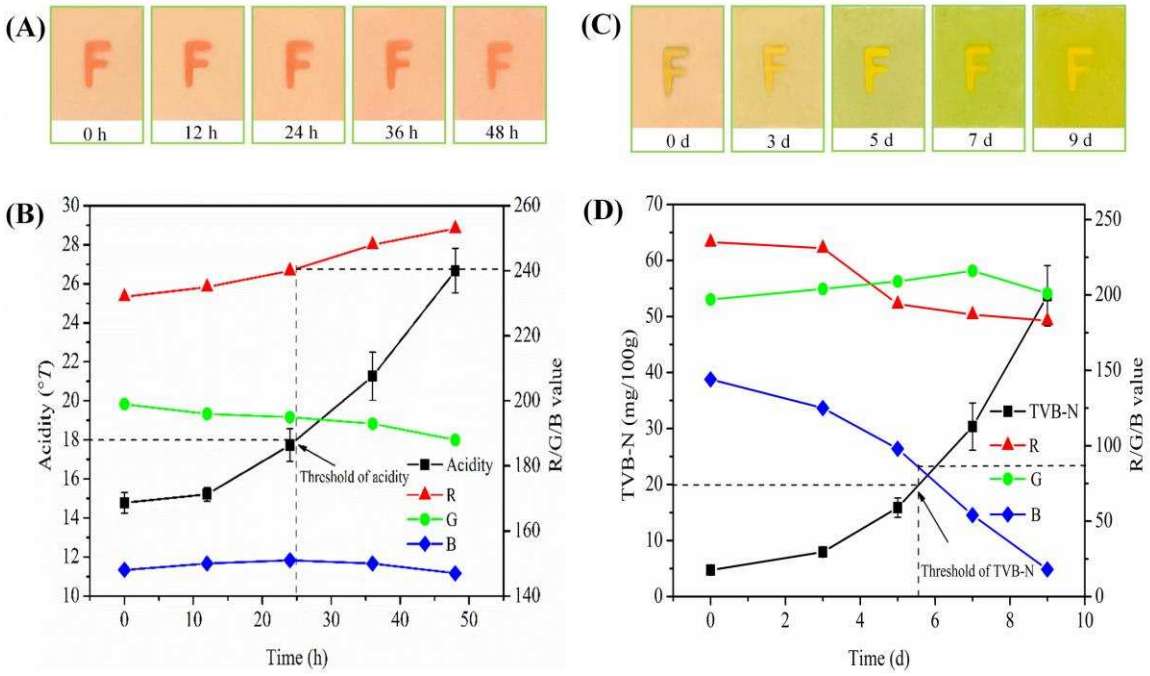
637 Figure 6.



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