

1 **Neuroprotective protein hydrolysates from hemp (*Cannabis sativa* L.)**

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2 **seeds**

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1 **ABSTRACT**View Article Online  
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2 Hemp (*Cannabis sativa* L.) seeds are well known for their potential use as  
3 source of nutrients, fiber, and bioactive compounds. Hemp protein isolate,  
4 prepared from defatted hemp flour, was hydrolyzed by Alcalase and  
5 Flavourzyme under specific conditions. The resulting hydrolysates were  
6 evaluated to the selection of potentially bioactive hemp protein hydrolysates  
7 (HPHs) by its DPPH scavenging and ferric reducing antioxidant power activity.  
8 *In vitro* cell-free experiments led to the identification of two bioactive HPHs,  
9 HPH20A and HPH60A+15AF, which were used at 50 and 100 µg/mL on BV-2  
10 microglial cells in order to evaluate the anti-neuroinflammatory activities. Our  
11 results showed that HPH20A and HPH60A+15AF down-regulated *TNF-α*, *IL-1β*,  
12 and *IL-6* mRNA transcriptional levels in LPS-stimulated BV-2 microglial cells. In  
13 addition, HPH20A and HPH60A+15AF up-regulated gene expression of anti-  
14 inflammatory cytokine IL-10. This study suggests for the first time that HPHs  
15 may improve neuroinflammatory and inflammatory states, supporting the  
16 nutraceutical value of hemp seeds.

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18 **Keywords:** Hemp; *Cannabis sativa*; protein hydrolysate; microglia;  
19 neuroinflammation.  
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## 1 Introduction

2 Non-drug varieties of *Cannabis sativa* L. (Cannabaceae), collectively known as  
3 “hemp”, are a well-known plant of industrial value as an important source of  
4 nutrients, fiber, and bioactive compounds.<sup>1</sup> In the last years, industrial hemp  
5 global market is rapidly increasing, since low- $\Delta$ 9-tetrahydrocannabinol (THC)  
6 cultivars are legal and available.<sup>2</sup> Hemp seeds are raising great interest as  
7 valuable crop, not requiring fertilizers, herbicides, and pesticides.<sup>3</sup> Currently,  
8 the great attention for hemp seed is related to its nutritional content: 25-35% oil,  
9 20–30% carbohydrates, 20-25% proteins, 27.6% total fiber, vitamins, and  
10 minerals.<sup>4,5</sup>

11 Up-to-now, there is increasing attention for hemp seed proteins owing to their  
12 digestibility, satisfactory essential amino acid composition, and techno-  
13 functional properties.<sup>6,7</sup> Nevertheless, the poor water solubility of hemp protein  
14 isolate (HPI) hinders its application as a functional ingredient in food industry.  
15 Recent research has shown that hydrolysates obtained by treating HPI with  
16 different enzymes, such as pepsin, alcalase, papain, pancreatin, or other  
17 proteases, containing from 60 % to 80 % of protein content.<sup>8</sup> Induced  
18 proteolysis not only modifies HPI hydrophobicity, but also changes protein  
19 molecular weight and conformation, obtaining high availability of bioactive  
20 peptides.<sup>1</sup>

21 In this context, hemp protein hydrolysates (HPHs) contain a mixture of  
22 polypeptides, oligopeptides, and amino acids that can be used as a key factor in  
23 the development of applications in nutraceuticals and functional foods.<sup>9</sup> To date,  
24 the characterization of the bioactive HPHs remains largely unstudied. In

1 particular, few studies have showed that HPHs obtained from enzymatic  
2 hydrolysis demonstrated antihypertensive, hypocholesterolemic, antioxidant,  
3 antithrombotic, and immunomodulatory effects.<sup>8–14</sup> However, to our knowledge,  
4 neuroprotective HPHs have not been described in the literature.

5 Microglia are phagocytic macrophages present in all regions of the adulthood  
6 brain and spinal cord, and represent between 10-15% of the total cells in the  
7 central nervous system (CNS).<sup>15</sup> The principal function of microglia is to destroy  
8 and to clear foreign materials through phagocytic and cytotoxic mechanisms.<sup>16</sup>  
9 Microglia cells also contribute to inflammation and homeostatic mechanisms by  
10 secreting cytokines and other signaling molecules, and they act as antigen  
11 presenting cells.<sup>17</sup> When local inflammation in the CNS and brain is chronically  
12 active (neuroinflammation), it can produce a wide variety of neurodegenerative  
13 disorders including Alzheimer's disease, Parkinson's disease, Huntington's  
14 disease, tauopathies, age-related macular degeneration, and diseases of  
15 autoimmune origin such as multiple sclerosis.<sup>18</sup>

16 On the basis of these considerations, the overall objective of the present study  
17 was to investigate the effect of different HPHs from hemp seed on  
18 neuroinflammation in LPS-activated BV-2 microglial cells. In particular, to  
19 achieve this goal, the specific targets were (i) the chemical characterization of  
20 hemp products, (ii) the evaluation of the biological activity of HPHs on *in vitro*  
21 cell-free experiments, and (iii) the identification of neuroprotective effect of the  
22 two HPHs selected on BV-2 microglial cells.

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## 1 **Materials and methods**

### 2 **Chemicals and sampling**

3 Seeds of *C. sativa* L. were provided by Sensi Seeds Bank. Alcalase 2.4 L (2.4  
4 AU/g) and Flavourzyme (1000 L) were a gift from Novozymes (Bagsvaerd,  
5 Denmark). The murine BV-2 cell line was gently provided by Cell Biology Unit  
6 (Institute of Fats, CSIC, Spain). Primers were purchased from Eurofins Biolab  
7 S.L.U (Barcelona, Spain). Total RNA was isolated using Trisure (Bioline,  
8 Meridian Life Science, Inc. Memphis, USA) and reverse transcribed to cDNA  
9 using a synthesis kit of Bio-rad (California, EE. UU). Quantitative PCR was  
10 performed by iTaq™ Universal SYBR® Green Supermix of Bio-rad. All  
11 chemicals (reagents and solvents) were of analytical grade and provided by  
12 Sigma Chemical Co. (St. Louis, MO, USA), Bachem AG and Gibco.

### 13 **Preparation of hemp protein isolate (HPI)**

14 The HPI was obtained using the method of Lqari et al.<sup>19</sup> Briefly, hemp defatted  
15 flour (HDF) was extracted with 0.25% Na<sub>2</sub>SO<sub>3</sub> (w/v) at pH 10.5 for 1 h. After  
16 centrifuging the extract at 7500 rpm for 15 min, the supernatant was recovered  
17 and the pellet was extracted again. Both supernatants were adjusted to the  
18 isoelectric point of hemp proteins (pH 4.3) and the precipitate was washed with  
19 distilled water adjusted to pH 4.3 and centrifuged to remove residual salts and  
20 other non-protein compounds. Finally, the precipitated proteins were lyophilized  
21 and stored at room temperature.

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## 1 **Hydrolysis of hemp protein isolate**

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2 Hydrolysis of HPI was performed in a bioreactor under continuous stirring at a  
3 controlled pH and temperature. HPI was suspended in distilled water (10% w/v)  
4 and temperature was adjusted to 50°C. Alcalase 2.4 L (2.4 AU/g, a serine endo-  
5 peptidase which was kindly donated by Novozymes, Bagsvaerd, Denmark) was  
6 added at enzyme/substrate = 0.3 AU/g protein at pH 8 for 3 h. After 60 min of  
7 hydrolysis with Alcalase, Flavourzyme (1000 L, a leucine amino-peptidase  
8 which was kindly donated by Novozymes) was added at enzyme/substrate = 60  
9 LAPU/g protein at pH 7 for 2 h. During peptic hydrolysis, the pH was constantly  
10 kept by titration with NaOH solution in appropriate concentration. Each  
11 hydrolytic time-point sample was stopped by holding at 85 °C for 15 min to  
12 ensure a complete inactivation of residual enzyme activity. The supernatant  
13 obtained by centrifugation at 7500 rpm for 15 min constituted the HPH. The  
14 HPHs obtained using only Alcalase were designated as 10A, 20A, 30A, 45A,  
15 and 60A. The HPHs obtained using Alcalase followed by Flavourzyme were  
16 designated as 60A+15AF, 60A+30AF, 60A+60AF, 60A+90AF, and 60A+120AF.  
17 The number indicates the time of hydrolysis in minutes.

## 18 **Hemp product compositional analysis**

19 The protein concentration was determined by elemental microanalysis as %  
20 nitrogen content x 6.25 using a Leco CHNS932 analyser (St. Joseph, MI, USA).  
21 Total dietary fiber was determined by the gravimetric method.<sup>20</sup> Ash content  
22 was determined according to the direct ignition method (550 °C for 36 h).  
23 Polyphenols and soluble sugars were measured using standard curves of  
24 chlorogenic acid and glucose, respectively.<sup>21,22</sup> Amino acid quantification by

1 HPLC was done according to Alaiz et al.<sup>23</sup> Finally, tryptophan content was  
2 analyzed according to the method of Yust et al.<sup>24</sup>

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### 3 **Evaluation of hydrolysis degree (HD)**

4 The HD, defined as the percentage of peptide bonds cleaved, was calculated by  
5 the TNBS method which determine free amino acid groups.<sup>25</sup> The total number  
6 of amino groups was determined in a sample that had been 100% hydrolyzed in  
7 6 N HCl at 110 °C for 24 h.

### 8 **Molecular profile by Fast Protein Liquid Chromatography (FPLC)**

9 The molecular profile of the samples was determined using FPLC Akta purifier  
10 10 (GE Healthcare Bio-sciences AB, Uppsala, Switzerland). Superose 12 HR  
11 10/300 GL, a prepacked column for high-performance size exclusion  
12 chromatography with a broad fractionation range for molecules with molecular  
13 weights between 1 and 300 kDa, was used. The column was calibrated with  
14 proteins of known molecular weights. From the logarithms of the molecular  
15 weights of these proteins and their elution volumes, the calibration line was  
16 made. The elution was carried out with 50 mL of 0.05 M sodium phosphate  
17 buffer, 0.5 M sodium chloride and 0.02% sodium azide (w/v) at pH 7.5, with a  
18 flow of 1 mL/min. The injected volume of the samples and its concentrations  
19 were of 500 µL and 1 mg/mL of protein, respectively. The elution of the proteins  
20 was recorded by measuring their absorbance at 280 nm.

### 21 **DPPH radical scavenging activity**

22 The scavenging effect of the samples on DPPH free radical was measured  
23 according to Wu et al.<sup>26</sup> Briefly, 1.5 mL of each sample (at concentration of 10

1 mg of protein/mL) was added to 1.5 mL of 0.1 mmol/L DPPH in ethanol. The mixture was shaken and left for 30 min at room temperature, and absorbance was measured at 517 nm. The control was conducted in the same manner but distilled water was used instead of sample. Butylated hydroxytoluene (BHT) at 0.08 mg/mL was used as positive standard.

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## 6 Ferric reducing antioxidant power (FRAP)

7 The ability of the samples to reduce iron (III) was measured according to  
8 Oyaizu.<sup>27</sup> Briefly, 0.1 mL of sample (at concentration of 10 mg of protein/mL)  
9 was added to 0.25 mL of 0.2 mol/L sodium phosphate buffer pH 6.6 and 0.25 mL  
10 of 0.03 mol/L potassium ferricyanide. The mixture was incubated at 50 °C for 20  
11 min. Then 0.25 mL of 0.6 mol/L trichloroacetic acid was added and the mixture  
12 was centrifuged at 1300 x g for 10 min. 500 µL of the upper layer were mixed  
13 with 0.5 mL of distilled water and 0.1 mL of 3.7 mmol/L ferric chloride. After 10  
14 min, absorbance of the resulting solutions was measured at 700 nm. Increased  
15 absorbance of the reaction mixture indicated increased reducing power. BHT at  
16 0.08 mg/mL was used as standard.

## 17 BV-2 Cell Culture and Treatments

18 BV-2 is a murine cell line used extensively in research related to  
19 neurodegenerative disorders.<sup>28,29</sup> BV-2 microglial cells were obtained from the  
20 Cell Biology Unit at the Instituto de la Grasa (Seville, Spain). The cells were  
21 maintained in high glucose Dulbecco's modified Eagle's medium (DMEM)  
22 supplemented with 10% heat-inactivated foetal bovine serum and 1%  
23 penicillin/streptomycin. They were maintained in 5% CO<sub>2</sub> at 37 °C in a CO<sub>2</sub>  
24 incubator (Thermo Con Electron Corporation, Waltham, MA, USA). Experiments



1 were done in twelve-well plates. BV-2 microglial cells were seeded at a density  
2 of  $5 \times 10^5$  cells/well. Different conditions were used: Untreated cells (negative  
3 control), cells exposed to LPS at 100 ng/mL (positive control), and cells  
4 exposed to LPS at 100 ng/mL + different treatments (HPI, HPH20A, and  
5 HPH60A+15AF) at 50 or 100  $\mu\text{g/mL}$ . LPS (*E. coli* 055: B5) (Sigma-Aldrich) was  
6 added for 1 h and then the hemp product. After incubation for an additional  
7 period of 24 h, cells were collected for RNA extraction.

### 8 **Cell Viability Assay**

9 BV-2 microglial cells were incubated with different concentrations of hemp  
10 products in 96-well plates ( $1 \times 10^5$  cells/well) during 24 h. Concentrations used  
11 were the following: 10, 25, 50, 100, and 200  $\mu\text{g/mL}$ . Afterwards, the MTT  
12 solution (Sigma-Aldrich) was incubated in the well until a purple precipitate was  
13 visible. MTT-formazan crystals were solubilized with DMSO (Sigma-Aldrich),  
14 and then measured with a microplate reader at 570 nm corrected to 650 nm.<sup>30</sup>  
15 Cell survival was expressed as the percentage of absorbance compared with  
16 that obtained in control, non-treated cells.

### 17 **RNA Isolation and Real-Time quantitative PCR Analysis**

18 RNA from BV-2 microglial cells was isolated to quantify gene expression by RT-  
19 qPCR. Total RNA was extracted by using TRIsure Reagent (Bioline). RNA  
20 quality was assessed by A260/A280 ratio in a NanoDrop ND-1000  
21 Spectrophotometer (ThermoFisher Scientific, Madrid, Spain). Briefly, RNA (250  
22 ng) was subjected to reverse transcription (iScript, Bio-Rad). An amount of 40  
23 ng of the resulting cDNA was used as template for qRT-PCR amplifications.  
24 The mRNA levels for specific genes were determined in a CFX96 system (Bio-

1 Rad). For each PCR reaction, cDNA template was added to Brilliant SYBR  
2 green QPCR Supermix (Bio-Rad) containing the primer pairs for either gene or  
3 for glyceraldehyde 3-phosphate dehydrogenase (GAPDH) and hypoxanthine  
4 phosphoribosyltransferase (HPRT) as housekeeping genes. All amplification  
5 reactions were performed in triplicate and average threshold cycle (Ct) numbers  
6 of the triplicates were used to calculate the relative mRNA expression of  
7 candidate genes. The magnitude of change of mRNA expression for candidate  
8 genes was calculated by using the standard  $2^{-(\Delta\Delta Ct)}$  method. All data were  
9 normalized to endogenous reference (HPRT) gene content and expressed as  
10 relative fold-change of control. The sequences of the designed oligonucleotides  
11 are shown in **Supplementary Table 1**.

## 12 **Statistical analysis**

13 All values are expressed as arithmetic means  $\pm$  standard deviations (SD). Data  
14 were evaluated with Graph Pad Prism Version 5.01 software (San Diego, CA,  
15 USA). The statistical significance of any difference in each parameter among  
16 the groups was evaluated by one-way analysis of variance (ANOVA), following  
17 Tukey multiple comparisons test as post hoc test. P values less than 0,05 were  
18 considered statistically significant.

19

## 20 **Results and discussion**

### 21 **Chemical characterization of hemp products**

22 Hemp has been cultivated since ancient times to produce fiber and seeds.  
23 Nowadays, seeds are essentially used for extracting high  $\omega$ -3 fatty acids-  
24 containing oil.<sup>2</sup> The HDF, a by-product of hemp industry from oil extraction,

1 contains high amount of fibers and proteins. Hemp seeds were defatted  
2 obtaining HDF with a protein content of 33.3%, as reported in **Table 1**. HPI was  
3 separated in 13.8% yield from defatted hemp seed flour by basic extraction  
4 followed by acidic precipitation and the obtained HPI had 96.5% protein content.  
5 The protein content in our study was higher than previously described for HDF  
6 and HPI.<sup>1</sup>

### 8 **Amino acidic composition of hemp products**

9 Amino acid profile might influence to peptide activity in hemp products. Hence,  
10 this study analyzed the amino acid profile in HDF, HPI, and two HPHs: HPH20A  
11 and HPH60A+15AF (**Table 2**). All these hemp products had similar amino acid  
12 profile and have been identified as a great source of essential amino acids.

13 Briefly, hemp products were rich in negatively charged amino acid like Asp +  
14 Asn (11-12%) and Glu + Gln (18%), and also rich in Arg (12-13%). These amino  
15 acid profiles have some similarities with the amino acid profile of edestin, the  
16 main globulin protein in hemp seed, reported in the literature.<sup>31</sup> The importance  
17 of these amino acids, Asp and Glu, are that they are involved in electron  
18 donation mechanism between reactive oxygen species and Arg for nitric oxide  
19 (NO) production,<sup>32</sup> which may have contributed to regulate the hemp protein  
20 products bioactivity.

21 Among the differences between hemp products and edestin amino acid profiles  
22 it turns out to appear a higher percentage of apolar amino acids in edestin than  
23 in HPI and HPHs, as a result, it could indicate that HPI and HPHs arises better  
24 solubility properties.<sup>1,7,10,</sup>

25

## 1 **Analysis of hydrolysis degree and molecular profile of hemp products**

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2 Extent of hydrolysis can be estimated from the DH values, which can be used  
3 an indication of peptide chain length, higher and lower values indicate mean  
4 shorter and longer lengths, respectively. Previous results indicated that the use  
5 of a single enzyme, Alcalase or Flavourzyme, led to the production of protein  
6 hydrolysates with HD < 30%, where peptides of 3–20 kDa are predominant.<sup>33</sup>  
7 However, most bioactive peptides described up to date have a molecular weight  
8 under 1 kDa. In this context, the extensive hydrolysis of HPI was performed  
9 using both enzymes in a sequential way as depicted in **Figure 1**. Herein, HPI  
10 was hydrolyzed for 1 h with Alcalase, which facilitated the subsequent action of  
11 Flavourzyme. The rate of hydrolysis was fast during the first 30 min of  
12 hydrolysis with Alcalase and remained almost stable in the following 30 min  
13 (approximately 30% of HD). The addition of Flavourzyme led to a new increase  
14 of HD up to 60% after 75 min with Alcalase plus 15 min with Flavourzyme  
15 (HPH60A+15AF).  
16 As shown in **Figure 2**, the peptide sizes in hemp products were estimated by  
17 FPLC and the results showed distribution into five major peaks with approx. MW  
18 ranging from 0.3 (peak e) to 300 kDa (peak a). These bigger peptide peaks  
19 (peaks a-c) were most remarkable for HPI. The hydrolysis with Alcalase and  
20 Flavourzyme contained a minor peak with size 1.45 kDa (peak d), which  
21 indicates a polypeptide that is resistant to digestion by these enzymes. In  
22 addition, sequential hydrolysis with Alcalase and Flavourzyme released an  
23 oligopeptide with approx. MW ranging from 300–400 Da. The interrelationship  
24 between the MWs of hydrolysates and their bioactivities in human health  
25 application is very crucial in functional foods and nutraceutical formulations.

1 Thus, the presence of low molecular weight peptides enhances the potential  
2 amino acid absorption and their ability to have bioactive effects during *in vivo*  
3 tests.<sup>10</sup>

4

### 5 **Cell-free *in vitro* evaluation of hemp product biological activity**

6 Biological activity of peptides is related to chain length, HD, amino acid  
7 composition, sequence, and conformation.<sup>34</sup> Some literature evidence indicates  
8 that the most effective hemp products are ACE-inhibitory peptides identified up-  
9 to-now contain 2–20 amino acids and must have a good  
10 hydrophobicity/hydrophilicity balance and some particular structural  
11 characteristic related to its sequence.<sup>8-11</sup> Herein, we evaluated the potential  
12 antioxidant activity of HPI, five HPHs with Alcalase, and five HPHs with Alcalase  
13 and Flavourzyme (**Figure 3**) in cell-free *in vitro* experiments. The DPPH radicals  
14 have been widely used to investigate the scavenging activity of protein  
15 hydrolysates. As shown in **Figure 3A**, all HPHs tested showed DPPH radical  
16 scavenging activity. Furthermore, all hydrolysates had higher activity than HPI,  
17 so it maybe concluded that hydrolysis generated peptides that could react with  
18 free radicals to convert them to more stable products and complete the radical  
19 chain reaction. Hydrolysis with Alcalase raised up DPPH scavenging effect to  
20 21-36%. The subsequent hydrolysis with Alcalase and Flavourzyme slightly  
21 increased the DPPH scavenging activity even more, obtaining values of  
22 approximately 40%. Similar results were founded in HPHs obtained by different  
23 proteases (AFP, HT, ProG, actinidin and zingibain) by Teh et al.<sup>35</sup> A previous  
24 study documented that the smaller size peptide fraction (<1 kDa) of the pepsin  
25 hydrolysate – followed by hydrolysis with pancreatin, had a higher DPPH

1 scavenging activity (25%) than a larger sized peptide fraction (5–10 kDa) (20%),  
2 while the unfractionated HPI had less than 5% DPPH scavenging activity.<sup>14</sup> As  
3 compared to our study here, HPHs hydrolyzed with Alcalase and Flavourzyme  
4 had higher DPPH scavenging activity (40%). The FRAP was used in order to  
5 found a direct correlation between antioxidant activity and the donate-electron  
6 potential of bioactive compounds into HPI and HPHs as other studies have  
7 reported in similar seeds hydrolysates.<sup>36</sup> For FRAP value (**Figure 3B**),  
8 significant differences were observed for the HPHs with Alcalase compared to  
9 those hydrolyzed with Alcalase and Flavourzyme. HPHs hydrolyzed with  
10 Alcalase and Flavourzyme had higher FRAP value compared to those  
11 hydrolyzed with alcalase. All peptide fractions had significantly lower ( $p < 0.05$ )  
12 absorption values when compared to BHT action. Similar results were founded  
13 in HPHs obtained by reverse-phase HPLC by Girgih et al.<sup>13</sup>

#### 14 **Neuroprotective properties of hemp protein hydrolysates**

15 Oxidative stress has been associated with chronic inflammation in  
16 neurodegenerative diseases such as Alzheimer's disease, Parkinson's disease,  
17 and amyotrophic lateral sclerosis, which increasing numbers of elderly  
18 individuals suffer.<sup>18</sup> The brain is particularly vulnerable to oxidative stress and  
19 damage, because of its high oxygen consumption, low antioxidant defenses,  
20 and high content of polyunsaturated fats very prone to be oxidized.<sup>37</sup> Thus, it is  
21 not surprising the importance of protecting systems, including antioxidant  
22 molecules, to maintain brain homeostasis. After analyzing the previous results,  
23 we decided to select two hydrolysates considering the HD, hydrolysis time, and  
24 antioxidant activity. The HPHs were HPH20A and HPH60A+15AF. At first, to  
25 evaluate the cytotoxic effects of hemp products on BV-2 microglia cell viability,

1 the cells were treated with HPI, HPH20A, and HPH60A+15AF up to 200  $\mu\text{g}/\text{mL}$  for 24 h. The cell viability evaluated by the MTT method was not affected by any hemp product concentration (data not shown). In order to evaluate the neuroprotective properties of HPHs, gene expression of cytokines TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IL-10 was measured by RT-qPCR in BV-2 microglial cells (**Figure 4**). As expected, LPS increased mRNA levels of TNF- $\alpha$ , IL-1 $\beta$ , and IL-6. Meanwhile, these LPS-induced changes were blocked in the presence of HPH20A and HPH60A+15AF at 50 or 100  $\mu\text{g}/\text{mL}$ . HPI were also effective to down-regulate the expression levels of TNF- $\alpha$  and IL-6. Hemp products also showed a statistically significant dose-dependent effect on IL-6 gene expression. Furthermore, HPH20A and HPH60A+15AF induced a increase in mRNA levels of anti-inflammatory IL-10 gene at 100  $\mu\text{g}/\text{mL}$ . In the process of developing new strategies to modulate the inflammatory response in neurodegenerative diseases, a number of phytochemicals, mainly phenolic compounds, have been shown to target neuroinflammation in Alzheimer's disease due to their anti-oxidant and anti-inflammatory activities,<sup>38</sup> however, some of the benefits of these natural products were further dependent on their poor bioavailability or activity when metabolically transformed into conjugates. One promising attempt for an improved and safety therapy of neurodegenerative diseases by naturally occurring compounds has been recently reported with the soy-derived peptide lunasin.<sup>39</sup> Inspired in part by these studies, we envisioned that HPHs might be an ideal candidate to test its efficacy in mitigating a neuroinflammatory environment. To date there is little if any studies on the impact of HPHs on microglial activation. The present study contributes to establishing novel data for a hemp seed global database of

1 bioactive constituents. Based on previous studies, hemp seeds contain a highly  
2 amount of bioactive chemicals as canabisin-F or grossamide (lignanamides),  
3 which improve neuroinflammatory states in LPS-stimulated BV-2 microglial cells  
4 through down-regulation of TLR-4 mediated NF- $\kappa$ B pathway.<sup>40,41</sup> In particular,  
5 this study showed for the first time that the treatment with hemp protein  
6 products obtained by enzymatic digestion decreased inflammatory state in LPS-  
7 stimulated BV-2 microglial cells. However, the study had limitations. First, the  
8 responsible bioactive peptides were not identified in this work and second, the  
9 study on activity-structure relation is missing. These two limitations of this study  
10 can be future research directions.

11 To conclude, the initial HPI has limited bioactive properties as measured by  
12 DPPH scavenging and FRAP activities. The bioactivity of the HPI was  
13 increased upon hydrolysis by Alcalase and Flavourzyme, obtaining HPHs with  
14 small peptides that exert bioactivities. Our findings advocate to considerate that  
15 HPHs may inhibit oxidative stress and inflammatory response in activated  
16 microglia. HPHs should be the focus of future analysis of the bioactive peptides  
17 generated in the prevention or treatment of neurodegenerative diseases,  
18 confirming that hemp seeds are a valuable source of bioactive compounds.

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1 **Conflicts of interest**

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- 2 All the authors declare that they do not have conflicts of interest.

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## 1 **Figure legend**

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2 **Figure 1.** Time-course of hydrolysis degree of HPI during enzymatic hydrolysis  
3 with Alcalase at 10 (HPH10A), 20 (HPH20A), 30 (HPH30A), 45 (HPH45A), and  
4 60 (HPH60A) min, and with Flavourzyme at 15 (HPH60A+15AF), 30  
5 (HPH60A+30AF), 60 (HPH60A+60AF), 90 (HPH60A+90AF), and 120  
6 (HPH60A+120AF) min. Data, expressed as the percentage of peptide bonds  
7 cleaved, are mean  $\pm$  standard deviation of three determinations.

8 **Figure 2.** Molecular weight (MW) profiles by size-exclusion FPLC of HPI,  
9 HPH20A, and HPH60A+15AF. MW ranging from 0.3 (peak e) to 300 kDa (peak  
10 a). The bigger peptide peaks (peaks a-c) were most remarkable for HPI.

11 **Figure 3.** DPPH radical scavenging activity (**A**) and ferric reducing antioxidant  
12 power (FRAP) (**B**) by HPI and HPHs obtained using Alcalase and Flavourzyme  
13 in cell-free *in vitro* experiments. Values are presented as means  $\pm$  SD (n = 3)  
14 and those marked with different letters are significantly different ( $p < 0.05$ ).

15 **Figure 4.** Gene expression of TNF $\alpha$  (**A**), IL-1 $\beta$  (**B**), IL-6 (**C**), and IL-10 (**D**) in  
16 BV-2 microglial cells after 24 h incubation with or without LPS (100 ng/mL) and  
17 HPI, HPH20A, and HPH60A+15AF at 50 and 100  $\mu$ g/mL. Values are presented  
18 as means  $\pm$  SD (n = 3) and those marked with different letters are significantly  
19 different ( $p < 0.05$ ).

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- 1 **Table 1.** Chemical composition of HDF and HPI. Data, expressed as View Article Online  
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- 2 percentage in dry basis, are mean  $\pm$  standard deviation of three determinations.

Fat (seed) (%)	32.35 $\pm$ 0.57	
	<b>HDF</b>	<b>HPI</b>
Proteins (%)	33.28 $\pm$ 1.39	96.46 $\pm$ 0.93
Moisture (%)	6.18 $\pm$ 0.02	2.19 $\pm$ 0.01
Ash (%)	7.01 $\pm$ 0.11	1.06 $\pm$ 0.10
Fiber (%)	40.90 $\pm$ 1.98	0.00 $\pm$ 0.00
Sugar (%)	5.24 $\pm$ 1.05	0.00 $\pm$ 0.00
Polyphenols (%)	0.48 $\pm$ 0.03	0.04 $\pm$ 0.00
Fat (%)	---	0.25 $\pm$ 0.00

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- 1 **Table 2.** Amino acid composition of hemp products. Data, expressed as View Article Online  
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- 2 percentage of amino acids on total amino acid content, are mean  $\pm$  standard
- 3 deviation of three determinations.

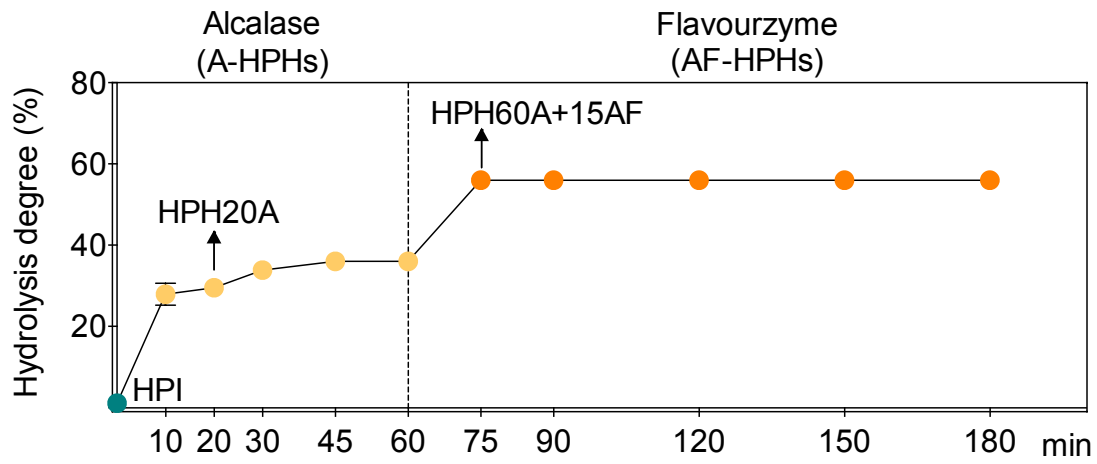
Aa (%)	HDF	HPI	HPH20A	HPH 60A+15AF	FAO/ WHO
Asp + Asn	11.34 $\pm$ 0.37	12.35 $\pm$ 0.34	12.40 $\pm$ 0.29	12.08 $\pm$ 0.51	
Glu + Gln	18.41 $\pm$ 0.13	18.86 $\pm$ 0.35	18.83 $\pm$ 0.25	18.58 $\pm$ 0.12	
Ser	5.57 $\pm$ 0.11	6.31 $\pm$ 0.21	6.36 $\pm$ 0.19	6.31 $\pm$ 0.22	
His	3.07 $\pm$ 0.01	2.85 $\pm$ 0.05	2.80 $\pm$ 0.02	2.79 $\pm$ 0.03	1.9
Gly	4.74 $\pm$ 0.07	4.79 $\pm$ 0.23	4.64 $\pm$ 0.11	4.64 $\pm$ 0.12	
Thr	3.79 $\pm$ 0.08	3.79 $\pm$ 0.10	3.89 $\pm$ 0.06	4.02 $\pm$ 0.07	3.4
Arg	12.68 $\pm$ 0.21	13.44 $\pm$ 0.03	13.34 $\pm$ 0.24	13.78 $\pm$ 0.23	
Ala	4.89 $\pm$ 0.10	5.01 $\pm$ 0.14	4.99 $\pm$ 0.10	5.00 $\pm$ 0.11	
Pro	2.66 $\pm$ 0.69	3.02 $\pm$ 0.00	2.83 $\pm$ 0.05	1.29 $\pm$ 0.19	
Tyr	3.57 $\pm$ 0.06	4.08 $\pm$ 0.06	3.98 $\pm$ 0.03	4.06 $\pm$ 0.12	
Val	5.27 $\pm$ 0.11	3.77 $\pm$ 0.40	4.05 $\pm$ 0.42	4.71 $\pm$ 0.19	3.5
Met	2.14 $\pm$ 0.02	0.89 $\pm$ 0.34	0.60 $\pm$ 0.03	0.64 $\pm$ 0.04	2.5 <sup>a</sup>
Cys	1.22 $\pm$ 0.02	1.98 $\pm$ 0.08	1.81 $\pm$ 0.18	1.65 $\pm$ 0.21	
Ile	4.23 $\pm$ 0.08	3.02 $\pm$ 0.40	3.57 $\pm$ 0.15	3.85 $\pm$ 0.20	2.8
Trp	0.76 $\pm$ 0.05	0.55 $\pm$ 0.02	0.66 $\pm$ 0.01	0.82 $\pm$ 0.03	1.1
Leu	7.12 $\pm$ 0.05	7.13 $\pm$ 0.11	7.12 $\pm$ 0.13	7.34 $\pm$ 0.07	6.6
Phe	4.76 $\pm$ 0.09	5.12 $\pm$ 0.02	5.04 $\pm$ 0.05	5.19 $\pm$ 0.08	6.3 <sup>b</sup>
Lys	3.78 $\pm$ 0.09	3.04 $\pm$ 0.08	3.10 $\pm$ 0.06	3.23 $\pm$ 0.04	5.8

4 <sup>a</sup>Met + Cys, <sup>b</sup>Phe + Tyr.

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1 Figure 1

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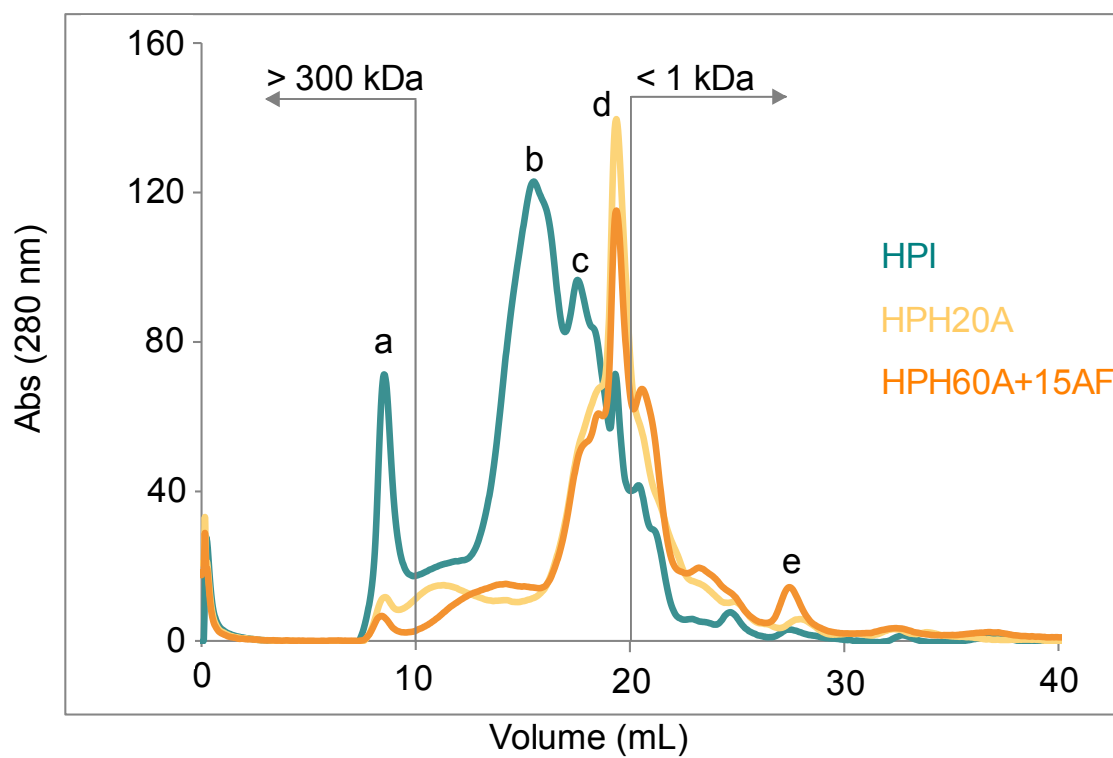
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1 Figure 2

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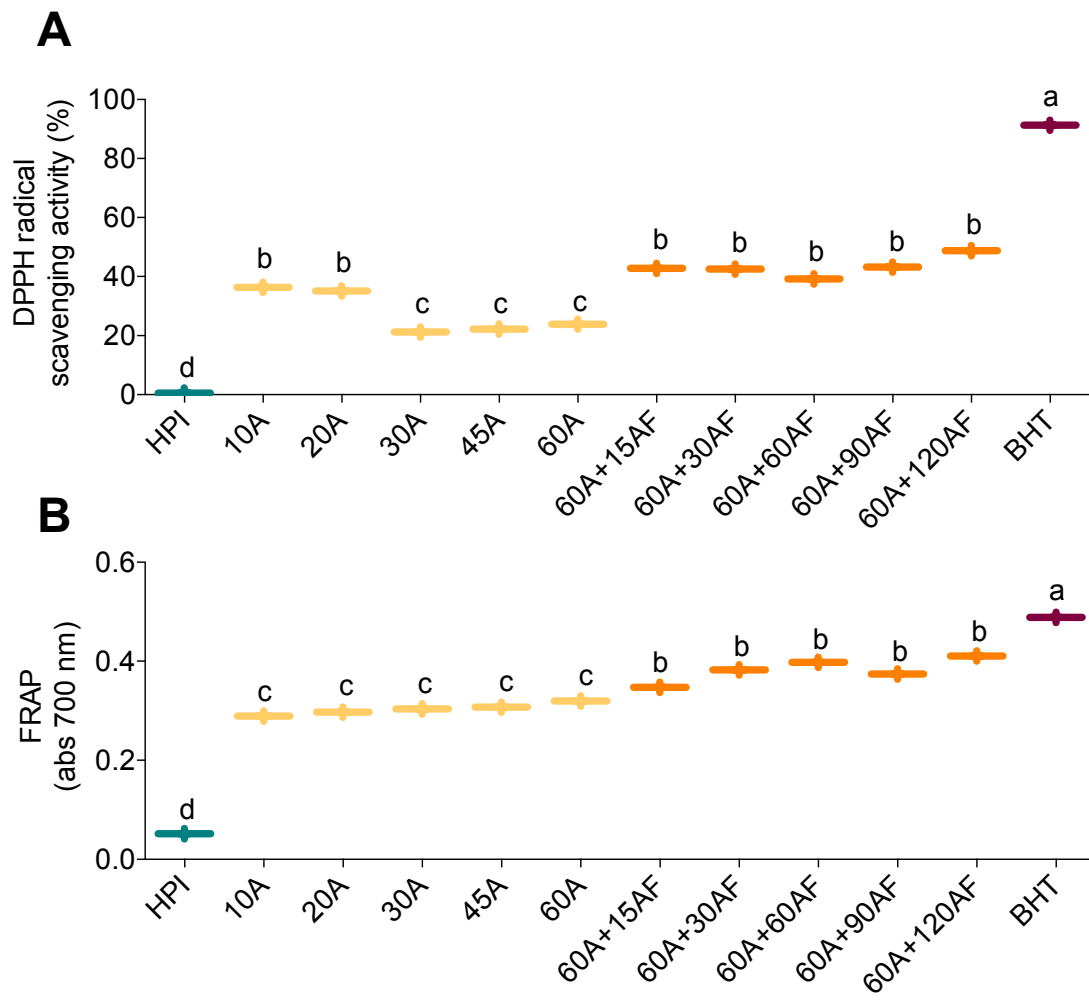
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1 Figure 3

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1 Figure 4

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