

OP0057

RESPONSE TO INJECTION CAN PREDICT OUTCOMES OF FEMOROACETABULAR IMPINGEMENT

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Background: Femoroacetabular impingement syndrome (FAIS) is a highly prevalent painful disorder that is considered a risk factor for hip osteoarthritis. In order to relieve pain and improve cartilage preservation, surgery is often performed. However, many operated patients do not show satisfactory outcomes. Reliable diagnostic tests that can inform prognosis of surgery in patients with FAIS are needed for optimized indications and contraindications to surgery.

Objectives: This systematic review aimed to answer the following question: "Can the response to intra-articular anesthetic injections be used to predict surgical outcomes in patients with FAIS?"

Methods: This study was conducted following the Preferred Reporting Items for Systematic reviews and Meta-Analysis (PRISMA) statement. Embase, CINAHL, LILACS, PubMed, SCOPUS, SPORTDiscuss, The Cochrane Library, and Web of Science databases were screened. All studies that assessed the capability of the response to intra-articular anesthetic injections in predicting surgical outcomes for patients with FAIS were considered eligible. Study selection and data collection were performed by three independent reviewers. Risk of bias of the included studies was assessed through the QUIPS tool.

Results: Seventeen articles were selected for full-text reading, of which 6 were considered eligible and included for analysis [1-6]. A summary of the studies' descriptive characteristics can be found in the Table 1. A high risk of bias due to study attrition and the presence of confounding factors was observed for all included studies. Five out of six studies [1-4,6] presented "high risk" of bias associated to the prognostic factor measurement. A high overall risk of bias was evidenced by QUIPS for all studies (Figure 1). From 6 included studies, 5 indicated that the response to intra-articular injections can be useful in the prediction of surgical outcomes [2-6].

Conclusion: Although there seems to be some evidence supporting the use of intra-articular anesthetic injections to predict surgical outcomes in patients with FAIS, it is not conclusive. Future studies taking into account the various possible sources of bias in prognostic studies are needed. Standardizing and optimizing injection protocols as well as post-injection pain assessment and outcomes measurements are also essential to fill this gap.

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Figure 1.

Modern biological treatment in RA

OP0058

CERTOLIZUMAB-PEGOL, ABATACEPT, TOCILIZUMAB OR ACTIVE CONVENTIONAL THERAPY IN EARLY RHEUMATOID ARTHRITIS: CLINICAL AND RADIOGRAPHIC 48-WEEKS RESULTS OF THE INVESTIGATOR-INITIATED RANDOMIZED NORD-STAR TRIAL

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Table 1.

Author	Mean Age	N (Female)	Injection Content	Time for pain assessment after injection (Way)	Intervention group (Control)	Follow-up time after surgery (Score used)	Results
Ayeni	? (16-62)	52 (30)	Bupivacaine + prednisolone	Daily for 2 weeks (provocative activities)	42 with any pain relief (10)	6 months (mHHS)	Likelihood Ratio of reaching >70 points (LR) for responders was 1.15; LR for non-responders was 0.57 (p>0.05)
Chinzei	36.7 ± 14.7	49 (27)	Lidocaine	2 weeks (?)	30 with >50% of pain relief (19)	12 months (mHHS)	Good responders showed better mHHS, pre- (p=0.048) and post-operatively (p=0.026)
Gao	36.5 (16-65)	78 (41)	Lidocaine + betamethasone	10 min and 1 week (routine tasks)	33 with >50% of pain relief (3)	22.8 ± 9.7 months (mHHS)	100% of good responders surpassed the MCID, while only 1/3 of poor responders achieved it
Krych	37.6 ± 14.0	319 (?)	Variable	2 weeks, reporting the relief of the first 24h (?)	70 with >50% of pain relief (26)	11–30 months (HOS and mHHS)	For Tönnis grade 1 patients, good responders had higher HOS-SS (p=0.03)
Li	38.6 ± 14.9	60 (33)	Lidocaine + ropivacaine	30 min (physical tests)	-	12 months (mHHS and iHOT-12)	Correlation between iHOT after injection and iHOT at 12 months after surgery (r=0.784; p<0.01)
Mujahed	? (16-65)	242 (?)	Lidocaine + betamethasone	? (?)	120 with any pain relief (88)	24 months (HOS and mHHS)	Responders had greater improvement (p<0.05) in all metrics, except for MCID at mHHS (p=0.24)

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Background: The optimal first-line treatment of patients with early rheumatoid arthritis (eRA) is not established.

Objectives: To compare clinical and radiographic outcomes of active conventional therapy (ACT) with each of three biological therapies with different modes of action.

Methods: In this investigator-initiated, randomized, open-label, blinded-assessor study (NCT01491815), patients with treatment-naïve eRA with DAS28>3.2 and RF+/ACPA+/CRP>10mg/L, were randomized 1:1:1:1 to methotrexate combined with: 1) oral prednisolone (tapered quickly; discontinued at w36); or: sulphasalazine, hydroxychloroquine and mandatory intra-articular (IA) glucocorticoid injections in swollen joints (ACT); 2) certolizumab-pegol (CZP); 3) abatacept (ABA) or 4) tocilizumab (TCZ). IA glucocorticoid was allowed in all arms except w20-24 and w44-48. Co-primary outcomes at w48 were CDAI remission (CDAI≤2.8) and change in total van der Heijde-modified Sharp Score from baseline (Δ vdHSS_{w0-w48}). A combination of Bonferroni and Dunnett's procedure adjusted for multiple testing. The primary endpoints were estimated using logistic regression and analysis of covariance, adjusted for sex, anti-CCP status and country.

Results: 812 patients were randomized. Adjusted CDAI remission rates at w48 were: 59.3% (ABA), 52.3% (CZP), 51.9% (TCZ) and 39.2% (ACT). Compared to ACT, CDAI remission rates were superior for ABA (adjusted difference +20.1%; adjusted p<0.001) and CZP (+13.1%; p=0.021), but not TCZ (+12.7%; p=0.030) (Table 1). Key secondary clinical outcomes were consistently better in biological groups compared to ACT. Adjusted mean Δ vdHSS_{w0-w48} was low (Table 1), with no significant differences between drugs.

Table 1.

Baseline characteristics	ACT (n=200)	CZP+MTX (n=203)	ABA+MTX (n=204)	TCZ+MTX (n=188) §
Age (y)	55 (15)	55 (15)	55 (14)	52 (15)
Women, %	139 (70%)	139 (69%)	140 (69%)	129 (69%)
Time from diagnosis to baseline, days	13 (21)	12 (17)	16 (34)	16 (33)
Anti-CCP/RF positive, %	82% / 76%	82% / 73%	83% / 78%	82% / 72%
CDAI	28.7 (12.1)	27.9 (12.4)	28.6 (11.3)	26.6 (11.7)
Total vdHSS (0-448) [median; IQR]	6.3 (8.2) [4; 1 - 8.5]	5.9 (7.6) [3; 1 - 8]	5.8 (9.8) [3; 1 - 6]	4.2 (6.7) [2; 0.5 - 9]
Estimated adjusted outcome (ITT) ¹ , Primary				
CDAI remission, w48	39.2% (32.5 - 45.9)	52.3% (45.5 - 59.1)	59.3% (52.6 - 66)	51.9% (44.9 - 59.0)
Δ 1.9% (44.9 - 0.45 (0.31 to 0.59))	Ref	0.47 (0.33 to 0.61)	0.62 (0.48 to 0.76)	0.5 (0.36 to 0.64)
Estimated adjusted treatment difference (ITT) ² , Primary				
CDAI remission, w48	Ref	13.1% (3.5 to 22.6)*	20.1% (10.6 to 29.5)*	12.7% (3 to 22.5)
Δ 2.7% (3 to 2)	Ref	0.02 (-0.17 to 0.22)	0.17 (-0.02 to 0.37)	0.05 (-0.15 to 0.25)
Key secondary				
ACR/EULAR Boolean remission, w48	Ref	14.7% (5.4 to 23.9)	19.4% (10.1 to 28.7)	13% (3.5 to 22.4)
DAS28 remission, w48	Ref	12.9% (3.5 to 22.2)	17.4% (8.2 to 26.6)	14.4% (5 to 23.9)
EULAR good response, w48	Ref	8.2% (-0.6 to 17.1)	11.3% (2.7 to 20.9)	2.9% (-6.3 to 12.2)
vdHSS progression ≤0.5, w0-w48	Ref	-3.3% (-11.1 to 4.6)	3.5% (-4.7 to 11.8)	-2.2% (-10.3 to 5.9)

Values are mean (SD), if not otherwise indicated. §Finnish patients randomised to TCZ+MTX, but not receiving it due to unavailability, are not included. ¹Values are estimated adjusted marginal means and estimated marginal differences against ACT with 95% CI. ITT: intention to treat population. *Superiority compared with ACT was demonstrated.

No new safety signals were reported. Total numbers of serious adverse events (% patients with ≥1 event) were for ABA 21 (8.3%), CZP 28 (12.4%), TCZ 20 (9.2%) and ACT 23 (10.7%).

Conclusion: Compared with active conventional therapy (csDMARD + glucocorticoids), superiority regarding CDAI remission rates was demonstrated for abatacept and certolizumab-pegol, and not for tocilizumab. Radiographic progression was low and similar between treatments.

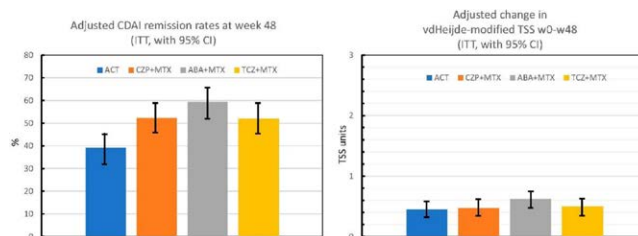


Figure 1.

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OP0059

PROFOUND ANTICOAGULANT EFFECTS OF INITIAL ANTIRHEUMATIC TREATMENTS IN EARLY RHEUMATOID ARTHRITIS PATIENTS: A NORD-STAR SPIN-OFF STUDY

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Background: Patients with rheumatoid arthritis (RA) are at an increased risk of venous thromboembolism. Thus far, there have not been any comparative studies investigating the effects of initial antirheumatic treatments in (very) early RA patients.

Objectives: To assess the effects of different initial treatments on hemostatic parameters in patients with early RA.

Methods: NORD-STAR is an international, multicentre, open-label, assessor-blinded, phase 4 study where patients with newly diagnosed RA started methotrexate (MTX) and were randomised 1:1:1:1 to a) conventional treatment (either prednisolone tapered to 5mg/day, or sulfasalazine combined with hydroxychloroquine and intra-articular corticosteroids), b) certolizumab pegol, c) abatacept, d) tocilizumab¹. This study is a spin-off from the main NORD-STAR study extensively investigating hemostatic system in 24 per protocol consecutive Dutch participants at baseline, 12 weeks and 24 weeks after the start of the treatment. Statistical analysis was done using paired samples t-test in SPSS version 28.

Results: The mean age of investigated patients was 51.8 (± 12.7) years and 58.3% were female. At baseline patients had an average DAS28 score of 4.6 (± 0.9) and had elevated levels of investigated coagulation biomarkers: Factor 1 + 2, fibrinogen, D-dimer and parameters of the two global hemostatic assays, i.e. endogenous thrombin potential (ETP) and overall hemostasis potential (OHP). These biomarkers decreased significantly at 12 and 24 weeks in patients in all groups (Table 1). Overall fibrinolytic potential (OFP) was decreased and clot lysis time (CLT) was prolonged at baseline, demonstrating impaired fibrinolytic activity in early RA. The reduction of coagulation parameters was significantly higher in biological treatment arms in comparison to the standard MTX treatment arm. In addition, tocilizumab was more effective compared to certolizumab and abatacept, (Figure 1), which was expected considering the direct inhibitory effect of this drug on the IL-6 synthesis and consequently the coagulation activation as well. After 24 weeks of treatment with methotrexate and tocilizumab, the average fibrinogen of patients was reduced by 63% vs 31% and 36% in the certolizumab and abatacept groups, respectively. The changes in DAS-28 and the changes in fibrinogen had a correlation of 0.385 which did not reach statistical significance.

Table 1. Measurements are marked with * if p<0.05, ** if p<0.01 and * if p<0.001**

	Baseline	W12	W24
Factor 1 + 2 (pmol/L)	270.25 (149.4)	190.36 (108.6)**	179.52 (85.3)***
Fibrinogen (g/L)	4.64 (1.5)	3.61 (1.6)**	2.63 (1.2)***
D-dimer (mg/L)	2.17 (3.0)	0.33 (0.23)**	0.29 (0.2)**
OHP (Abs-sum)	157.38 (64.9)	120.62 (68.7)*	100.49 (53.8)***
OCP (Abs-sum)	369.52 (58.8)	305.04 (101.7)*	275.91 (83.1)***
OFP (%)	57.97 (13.1)	63.20 (12.7)*	65.25 (11.4)***
Lag time (s)	304.5 (71.1)	306.8 (71.8)	312.7 (65.4)
Slope	0.07 (0.02)	0.066 (0.03)	0.094 (0.12)
Max Abs	1.17 (0.3)	1.00 (0.4)*	0.91 (0.3)**
CLT (s)	1405 (356)	1317 (377)	1231 (320)**
ETP (nM*min)	1480 (471)	1395 (395)*	1337 (429)*
Peak (nM)	231 (78)	223 (68)	223 (74)
Lagtime (min)	4.06 (2.1)	3.28 (1.2)**	2.87 (1.0)***
ttPeak (min)	7.40 (2.2)	6.61 (1.5)*	6.13 (1.4)**

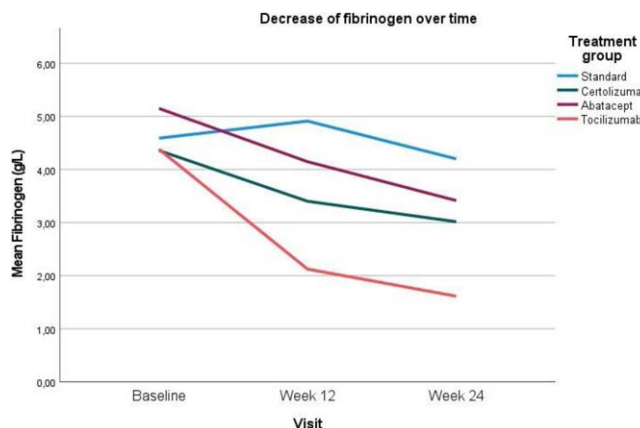


Figure 1.