

PDE5 expression in human thyroid tumors and effects of PDE5 inhibitors on growth and migration of cancer cells

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Abstract Recent studies have revealed in normal thyroid tissue the presence of the transcript of several phosphodiesterases (PDEs), enzymes responsible for the hydrolysis of cyclic nucleotides. In this work, we analyzed the expression of PDE5 in a series of human papillary thyroid carcinomas (PTCs) presenting or not *BRAF* V600E mutation and classified according to ATA risk criteria. Furthermore, we tested the effects of two PDE5 inhibitors (sildenafil, tadalafil) against human thyroid cancer cells. PDE5 gene and protein expression were analyzed in two different cohorts of PTCs by real-time PCR using a TaqMan microfluid card system and Western blot. MTT and migration assay were used to evaluate the effects of PDE5 inhibitors on proliferation and migration of TPC-1, BCPAP, and 8505C cells. In a first series of 36 PTCs, we found higher expression levels of *PDE5A* in tumors versus non-tumor (normal) tissues. PTCs with *BRAF* mutation showed higher

levels of mRNA compared with those without mutation. No significant differences were detected between subgroups with low and intermediate ATA risk. Upregulation of PDE5 was also detected in tumor tissue proteins. Similar results were obtained analyzing the second cohort of 50 PTCs. Moreover, all tumor tissues with high *PDE5* levels showed reduction of *Thyroglobulin*, *TSH receptor*, *Thyroperoxidase*, and *NIS* transcripts. In thyroid cancer cells in vitro, sildenafil and tadalafil determined a reduction of proliferation and cellular migration. Our findings demonstrate for the first time an overexpression of PDE5 in PTCs, and the ability of PDE5 inhibitors to block the proliferation of thyroid cancer cells in culture, therefore, suggesting that specific inhibition of PDE5 may be proposed for the treatment of these tumors.

Keywords Papillary thyroid carcinoma · Phosphodiesterases · BRAF · Thyroid cancer cells

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Introduction

An increase of thyroid carcinomas, and in particular the papillary histotype, has been registered in the last decade [1, 2]. Together with the well-differentiated forms, which are efficaciously managed by the treatment with surgery and radioiodine, an increased prevalence was reported also for the less differentiated carcinomas [1, 3]. These tumors are unable to concentrate this radioisotope and do not respond to the standard treatment or develop radio resistance [4, 5]. These unresponsive tumors are characterized by an altered phenotype, often including the reduction/loss of expression of sodium/iodide symporter (NIS) and thyroperoxidase (TPO), owing to the oncogenic activation of intracellular signal transduction pathways which control

cell growth and differentiation [6–9]. Study of the regulation of intracellular messengers, therefore, may help to identify molecular targets for novel therapeutic approaches.

Alterations of intracellular cyclic AMP (cAMP) levels deriving by mutations in the *TSH receptor (TSH-R)* gene have been extensively investigated, and it is well established their pathogenic role in several thyroid diseases, including hyperfunctioning adenomas (gain-of-function mutations) as well as forms of hypothyroidism (inactivating *TSHR* mutations) [10–12]. Less defined is the role of cGMP in thyroid cells [13, 14]. Intracellular levels of the cyclic nucleotides are modulated by phosphodiesterases (PDEs), enzymes able to hydrolyze both cAMP and cGMP, and therefore acting as physiological regulators of all the processes mediated by such second messengers [15]. Normal thyroid tissues express subtypes PDE4, PDE5, PDE7, and PDE8 [16]. Moreover, expression of PDE4, able to hydrolyze the cAMP, was also reported to play a regulatory role in toxic adenomas carrying mutations in the *TSH-R* gene [17]. In contrast, there are no data on the expression of PDE5 (responsible for hydrolysis of cGMP) in thyroid cancer cells.

In this study, we have analyzed the expression of PDE5 in surgical specimens of two series of human papillary thyroid tumor tissues ($n = 86$, in total), measuring both gene and, when available, protein expression levels, and comparing its expression with those of some thyroid-specific genes. The relationship with *BRAF* mutational status and other biological features determining clinic-pathologic features predicting the risk assessment (low or intermediate category) of recurrence was also investigated.

To verify the possibility to target the PDE5 for therapeutic purpose, we also tested the effects of two PDE5 inhibitors on the growth and migration properties of three human thyroid cell lines derived from papillary (TPC-1 and BCPAP cells) and anaplastic thyroid carcinoma (8505C cells).

Materials and methods

Collection of thyroid tissues

Tumor thyroid tissues were collected from patients subjected to thyroidectomy for PTC at the Sapienza's University Hospital of Rome, Policlinico Umberto I. Two independent cohorts were studied. An exploratory cohort ($n = 36$) was used for generating the hypothesis, a confirmatory cohort ($n = 50$) to test it. For each patient, a sample of thyroid tumor tissue and, when available, also contralateral normal tissue was collected, snap-frozen, and stored in liquid nitrogen. All 86 cases were risk-stratified (low or intermediate risk category) on the basis of clinical and pathological features in accordance with the 2009

American Thyroid Association (ATA) initial risk stratification system guidelines [18], and the presence or not of somatic *BRAF* V600E mutation detected by direct sequencing was performed in cDNA samples of tumor tissues as described previously [19]. All Patients' tumors information (exploratory and confirmatory cohorts combined) are reported in Table 1. All human tissue samples used in the study were collected with full Patients' informed written consent and approval from the Policlinico Umberto I Ethical Committee of Rome.

Extraction of RNA and gene expression studies

Total RNA was isolated using TRIzol reagent (Life Technologies, Foster City, CA, USA) following the manufacturer's recommended protocol and quantified with a NanoDrop Spectrophotometer (Thermo Fisher Scientific, Inc., Waltham, MA, USA). cDNAs were obtained following the protocol provided with the High Capacity cDNA

Table 1 Characteristics of the study population at the time of primary surgery

Characteristic	Study cohort ($n = 86$)
Sex (n , rate)	
Male	28 (32.6)
Female	58 (67.4)
Age at diagnosis, years (median, range)	44.5 (18–81)
Histological variant (n , rate)	
PTC-cl	72 (83.7)
PTC-fv	12 (14)
PTC-other	2 (2.3)
Tumor size, mm (median, range)	12 (3–38)
Tumor foci (n , rate)	
Unifocal	69 (80.2)
Multifocal	17 (19.8)
Extrathyroidal extension (n , rate)	
No	52 (60.5)
Minor	34 (39.5)
Lymph node metastases (n , rate)	
No	56 (65.1)
Yes	30 (34.9)
ATA Risk (n , rate) ^a	
Low	37 (43)
Intermediate	49 (57)
<i>BRAF</i> mutational status (n , rate)	
wt	30 (34.8)
V600E	55 (64)
V600_K601delinsE	1 (1.2)

ATA American Thyroid Association, *PTC-cl* classical variant, *PTC-fv* follicular variant, *wt* wild type

^a 2009 American Thyroid Association risk stratification staging system

Reverse Transcription kit (Life Technologies). To evaluate the expression of *PDE5A*, *NIS*, *TPO*, *Thyroglobulin* (*Tg*), and *TSH-R* genes in thyroid normal and tumor tissues, real-time PCR was performed using custom Taqman Low Density Arrays (TLDA, Life Technologies). Specific pre-designed assays were performed to configure each TLDA (TaqMan Gene Expression Assays, Life Technologies) through one replicate for biological sample. Four house-keeping genes (*Beta-actin*, *Glyceraldehyde-3-Phosphate Dehydrogenase*, *Hypoxanthine Phosphoribosyltransferase 1*, and *Beta-2 microglobulin*) were carried out to normalize RNA expression levels [20]. C_T values were calculated through the SDS software (version 2.4) and used to calculate relative quantification (RQ) with RQ Manager software (Life Technologies). In detail, beta-actin was chosen as endogenous control due to its lower variation among samples, and final results were expressed as relative expression normalized to a calibrator sample.

Protein extraction and western blot analysis

Extraction of total proteins was performed as previously described [21]. 20 μg of proteins was run on a 9 or 12 % SDS-PAGE gel, transferred to PVDF membrane (2 h at 225 mA) (VWR, Milan, Italy), blocked with TTBS/milk (TBS, 1 % Tween 20 and 5 % non-fat dry milk) and incubated overnight with affinity-purified anti-PDE5 (Santa Cruz, Milan, Italy), diluted 1:500 for tissues and 1:100 for cells and anti- β -actin antibodies (Sigma Aldrich, Segrate, Milan, Italy) (used as internal control) diluted 1:10,000. The membranes were washed in TTBS and incubated with horseradish peroxidase-conjugated anti-rabbit or anti-mouse antibody (Transduction Laboratories, Lexington, KY, USA) diluted 1:10,000 or 1:20,000 in TTBS/milk. The protein was visualized by chemiluminescence using the Western blot detection system ECL (VWR) and Western lightning Plus-ECL (Perkin Elmer, Milan, Italy). Quantification was achieved by densitometric scanning.

Thyroid cancer cell lines

For in vitro experiment, we used human papillary (BCPAP and TPC-1, provided by Prof. A. Fusco) and anaplastic (8505C provided by Dr. C. Nucera) thyroid carcinoma cell lines, confirmed as of thyroid cancer origin and hosting the *RET-PTC* (TPC-1) or *BRAF* (BCPAP and 8505C) genotypic alteration, respectively [22]. The cells were cultured as previously described [23, 24].

MTT assay

TPC-1, BCPAP, and 8505C cells were seeded in 96-well plates at a density of 3×10^3 (TPC-1 and 8505C) or

5×10^3 (BCPAP). Proliferation was assessed by MTT [25]. After 24 h, growth medium was replaced by fresh normal medium supplemented with sildenafil and tadalafil (Aurogene, Roma, Italy) (1, 10, 100 μM), and cells were incubated for 24 and 48 h. Then, the solubilized product was quantified with a microplate spectrophotometer (Multiskan MS 6.0, Labsystems) at a wavelength of 540 nm and a reference wavelength of 690 nm. Results are expressed as percentages over untreated cultures (control).

Migration assay

Cell migration assay was performed using Transwell inserts with 8 μm pore (Constar; Euroclone, Milan, Italy), as previously described [26]. Briefly, cells were treated with sildenafil (0.01, 0.1, 1, and 10 μM) and tadalafil (0.01, 0.1, 1, and 10 μM) for 24 h, trypsinized, and centrifuged (1200 rpm for 5 min). After suspension in medium without serum, the pellet was centrifuged (1200 rpm for 5 min) and suspended in medium containing 1 % BSA. Then, the cells were plated in the upper chamber of filters at a density of 50×10^3 cells (in 100 μL) while in the inferior chamber were added 600 μL of medium containing 10 % FBS. After 6 h of incubation, cells not migrated were removed from the upper surface of the filters with cotton swabs, while the filters were fixed and stained with Diff-Quick. Migrated cells were counted in five random fields using an eyepiece equipped with a counting grid.

Statistical analysis

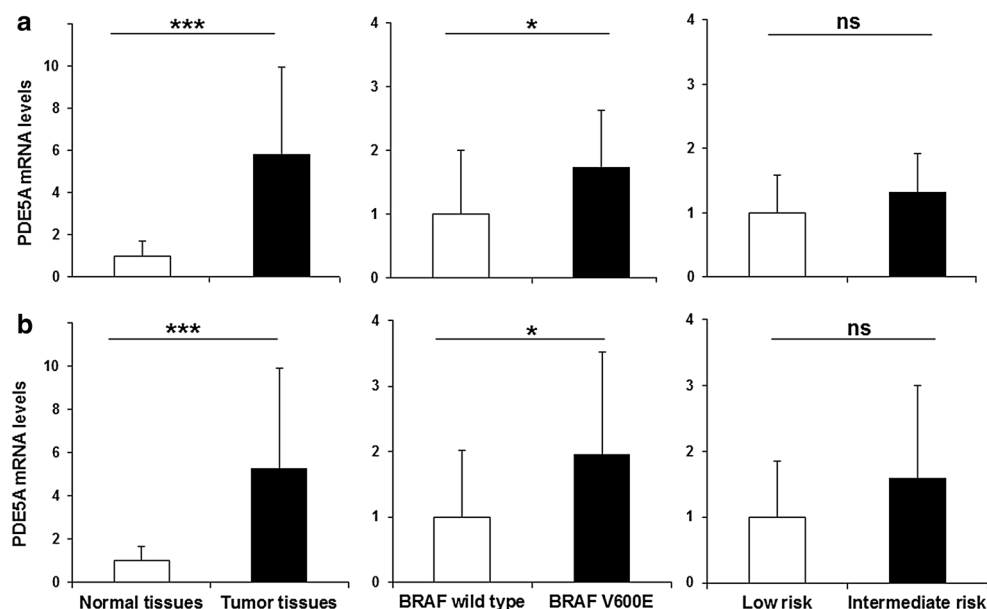
The results are expressed as mean \pm standard deviation (SD). For cell proliferation and cell migration assay was adopted the one-way ANOVA followed by the Tukey–Kramer multiple comparisons test using GraphPad Prism version 5.0 statistical software (GraphPad Software Inc., San Diego, CA, USA). Analysis of mRNA levels was performed by Mann–Whitney test. p values lower than 0.05 were considered statistically significant.

Results

Gene and protein expression of PDE5 and clinical-pathological features of PTCs

We first examined by TLDA the expression of *PDE5A* in a series of 36 tissues from patients with sporadic PTC (exploratory cohort). These tumors, according to ATA risk classification system, included 17 with a low degree of risk and 19 with intermediate risk. Among them, 7 and 14 carry the *BRAF* V600E mutation, respectively (Table 1).

Fig. 1 mRNA levels of *PDE5A* in PTCs. Expression levels of *PDE5A* in two series of thyroid tumor tissues [exploratory group, $n = 36$ (a); confirmatory group, $n = 50$ (b)] compared to pool of normal tissues. In both series, analysis of subgroups (PTCs with *BRAF* V600E vs. *BRAF* wild type, and PTC classified as intermediate ATA risk vs. low risk) is reported. Data represent the mean \pm SD. p value was obtained by Mann-Whitney test. * $p < 0.01$, *** $p < 0.0001$, *ns* not significant



Expression levels of *PDE5A* resulted significantly higher in the tumor tissues compared to a pool of non-tumor (normal) tissues and also in *BRAF* V600E, when compared with *BRAF* wild-type PTCs ($p < 0.0001$ and $p < 0.01$, respectively). No differences were observed between low risk and intermediate risk PTCs (Fig. 1a). This analysis was replicated in a wider and independent cohort of patients with sporadic PTCs ($n = 50$), and results were confirmed (Fig. 1b).

Data of *PDE5A* transcript levels were then compared with those of the thyroid-specific genes *NIS*, *TPO*, *Tg*, and *TSH-R*. As shown in Fig. 2, while almost all tumor samples had higher *PDE5A* expression levels as compared to normal samples, they displayed significantly lower mRNA levels of thyroid-specific genes (Fig. 2).

Subsequently, Western blot analysis performed in protein extracts of a series of PTCs showed higher level of protein expression in tumor tissues compared to normal counterpart (Fig. 3), confirming the finding obtained with mRNA analysis.

Effects of sildenafil and tadalafil on proliferation and migration of thyroid cancer cells

To evaluate the effects of PDE5 inhibition on thyroid tumor cells, we examined viability and migration properties of BCPAP, TPC-1 (from PTC), and 8505C (from ATC) cells incubated with sildenafil and tadalafil, two different specific inhibitors of PDE5. All cell lines showed detectable levels of PDE5 (Fig. 4). As shown in Fig. 5, treatment with 1, 10, 100 μ M of sildenafil or tadalafil for 24 and 48 h reduced the proliferation of all three cell lines with similar trend. In particular, the strongest inhibiting

effect (about 50 % vs. control) was observed using the 100 μ M concentration of tadalafil in all cell lines ($p < 0.05$, $p < 0.01$, $p < 0.001$ vs. control). At the same concentration, minor but significant effect was exerted by sildenafil on BCPAP and 8505C cells after 48 h ($p < 0.05$, $p < 0.01$ vs. control).

Next, effects of PDE5 inhibitors on cell migration were evaluated. As shown in Fig. 6, in BCPAP and 8505C cell lines, a reduction of the migration was observed at 0.1, 1, and 10 μ M (8505C and BCPAP cells ~ 50 % vs. untreated cells; $p < 0.001$ and 0.05, respectively).

Interestingly and in accordance with our previous *in vivo* data on *BRAF* mutated tumors, the cells carrying the *BRAF* V600E mutation (8505C and BCPAP) showed a better response to PDE5 inhibition in both anti-proliferative and anti-migration action of both inhibitors.

Discussion

Novel approaches are currently under investigation for the management of those differentiated thyroid cancers refractory to radioiodine therapy. A major alteration detected in such thyroid cancer cells regards the machinery responsible for iodide uptake and concentration, primary involving the sodium/iodide symporter, caused by genetic and epigenetic abnormalities especially detected in metastatic lesions [27–31]. Almost all the known genetic alterations occur in elements of signal transduction pathways controlling both cell growth and differentiation. In PTCs, activating *BRAF* mutation represents the most frequent genetic alteration and is also considered as a marker of aggressiveness [32–35].

Fig. 2 *PDE5* and thyroid-specific genes mRNA levels in PTCs. mRNA levels of *PDE5A* (a), *NIS* (b), *Tg* (c), *TPO* (d), and *TSH-R* (e), measured by real-time RT-PCR, are reported for each tumor. Results are expressed as fold of increase/decrease (RQ \pm SD) relative to mean of normal thyroid tissues, considered arbitrarily as 1. RQ relative quantification, SD standard deviation

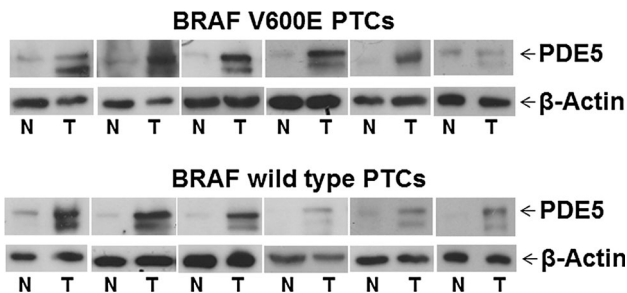
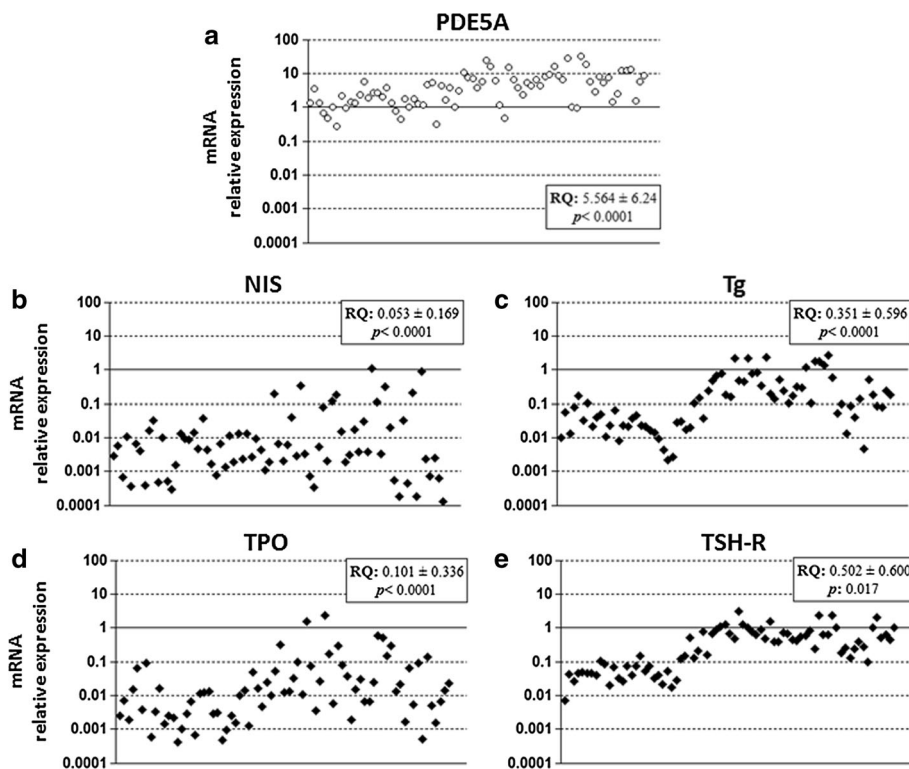


Fig. 3 Expression of PDE5 protein in PTCs. A couple of bands of approximately 95 and 100 kDa, corresponding to human PDE5 protein, was detected by Western blot analysis in the total protein extracts of normal (N) and tumor (T) tissues, with *BRAF* wild type or carrying the V600E mutation. Data shown are relative to a representative group of samples

At variance with cAMP and its pathway, widely investigated as the main mediator of the TSH effects on thyroid cells and involved in several thyroid diseases [10], the role of the regulation of cGMP, mainly exerted by PDEs, in thyroid cancer has never been investigated. PDEs may be considered a key therapeutic target, and quantitative RT-PCR analysis has revealed the mRNA expression profile of all PDE isoenzymes in human brain and peripheral tissues and in normal thyroid gland, which expressed the transcripts of PDE4, PDE7, PDE8, and PDE5 [16]. The latter enzyme acts specifically hydrolyzing the cGMP and is encoded by one gene, *PDE5A*, with three variants:

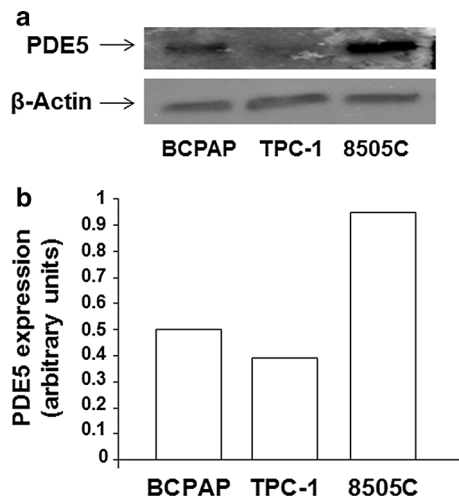


Fig. 4 PDE5 expression in thyroid cancer cells. PDE5 was detectable in BCPAP, TPC-1, and 8505C cells. Western blot analysis representative of three different experiments (a). Values were obtained from densitometric scanning bands from Western blot; the amounts of beta-actin were evaluated for normalization (b)

PDE5A1 (~ 100 kDa), *PDE5A2* (~ 95 kDa), and *PDE5A3* (~ 95 kDa) [36].

Our results show for the first time an increased expression of PDE5, both at mRNA and protein levels, in a total of 86 PTCs belonging to two independent cohorts. Increased transcript of *PDE5A* was also associated with decrease of the transcript of some differentiation markers as

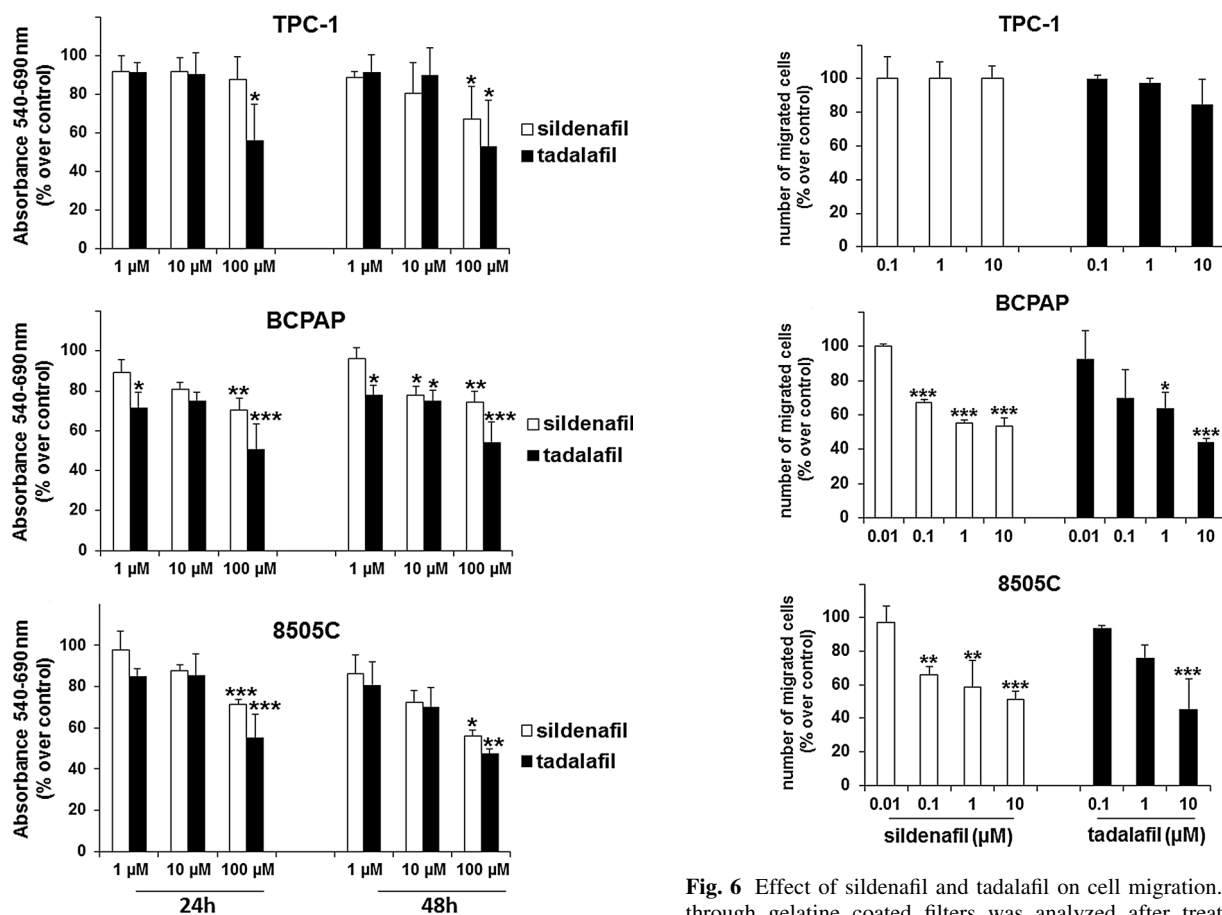


Fig. 5 Effects of sildenafil and tadalafil on cell viability. MTT assay was performed to analyze the effects of sildenafil and tadalafil at 1, 10, and 100 μM after 24 and 48 h incubation on TPC-1, BCPAP, and 8505C cells. Results are expressed as mean \pm SD from at least three independent experiments performed in eightuplicate. * $p < 0.05$ vs. control; ** $p < 0.01$; *** $p < 0.001$ vs. control

TSH-R, *Tg*, *TPO*, and *NIS*, all implicated in intra-thyroidal iodine metabolism and thyroid hormone synthesis. Moreover, by analyzing the clinicobiological chart of the patients, we noted presence of higher expression levels of PDE in PTCs with *BRAF* V600E mutation. However, increase of *PDE5A* mRNA levels cannot be associated with the aggressiveness of the tumors, since no differences were observed comparing the subgroups classified according to the 2009 ATA criteria risk stratification system as low and intermediate risk. Interestingly, in a parallel study focusing on genome abnormality, amplification of *PDE5A* gene resulted a frequent lesion detected in PTCs, independent from their aggressiveness (unpublished observation).

The present findings prompted us to test the effects of PDE5 inhibition in thyroid cancer cells. We considered as bona fide results those determined in a concordant way by two different PDE5 inhibitors, sildenafil and tadalafil, currently approved for use in male erectile dysfunction and

Fig. 6 Effect of sildenafil and tadalafil on cell migration. Migration through gelatine coated filters was analyzed after treatment with sildenafil or tadalafil for 24 h. Results are mean \pm SD of three independent experiments, and statistical analysis was performed using the Tukey–Kramer multiple comparisons test. * $p < 0.05$ vs. control; ** $p < 0.01$ vs. control; *** $p < 0.001$ vs. control

in pulmonary hypertension [37–40]. Moreover, there is considerable excitement regarding the potential use of PDE5 inhibitors as therapeutics for cardiovascular diseases, including hypertension, ischaemic cardiomyopathy, cardiac failure, stroke, peripheral myopathy, and cardiac dysfunction in Duchenne muscular dystrophy, as well as insulin resistance, type 2 diabetes, and metabolic syndrome, and several clinical trials are in progress [41]. Various PDE1 to PDE5 selective inhibitors have also been reported to inhibit growth and induce apoptosis in many different cancer cell lines, suggesting a potential role for this family of drugs also as antineoplastic agents [41].

We found a significant inhibitory action of both molecules on the growth of three human cancer cell lines. At lower doses, sildenafil and tadalafil were also able to reduce the capacity of the tumor cells to migrate, a fundamental step for the metastatic spread of the neoplastic disease. Also, the effects of sildenafil and tadalafil were stronger in the cell lines (BCPAP and 8505C) carrying the *BRAF* mutation. Together with our in vivo results, higher

expression of PDE5 in *BRAF* mutated tumors, this finding would suggest that these PTCs could represent a preferential target for the action of PDE5 inhibitors.

In conclusion, our findings demonstrate for the first time an overexpression of PDE5 in PTCs and the ability of PDE5 inhibitors to block the proliferation of thyroid cancer cells in culture. Further studies in experimental models *in vivo* will clarify whether specific inhibition of PDE5 may be proposed for the treatment of these tumors.

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Conflict of interest The authors declare that they have no conflict of interest.

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