

PERFORMANCE OF PEDIATRIC INDEX OF MORTALITY-2 IN A PEDIATRIC INTENSIVE CARE UNIT OF A TERTIARY CARE HOSPITAL OF NEPAL

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ABSTRACT

Various scoring system have been developed and are becoming essential part of Pediatric and other critical care units. The Pediatric department wants to introduce Pediatric Index of Mortality-2 (PIM 2) as a predictive scoring system in Pediatric critical care unit of Nepal Medical College Teaching Hospital (NMCTH). This was a prospective cohort study done in Pediatric Intensive Care Unit (PICU) of NMCTH. Study was done from August 2017 to December 2018. All cases admitted in ICU were taken consecutively from term newborn to 14 yrs of age. PIM 2 scoring system was done in all patients. PIM 2 performed well in terms of discrimination with area under curve for PIM 2 score was 0.809 with 95% Confidence Interval of 0.0709 to 0.910 and Standard Error of 0.051. Good calibration was observed across deciles of risk as measured by Hosmer-Lemeshow goodness of fit test with P value of 0.163, chi-square value of 11.752 (8). Mortality observed in our PICU was 28.4% with standardized mortality ratio of 1. PIM 2 scoring system performed well in our PICU.

KEYWORDS

Pediatric index of mortality,
pediatric intensive care unit,
mortality, Nepal

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INTRODUCTION

Scoring systems that predict the risk of mortality for children in an intensive care unit (ICU) are needed for the evaluation of the effectiveness of pediatric intensive care.^{1,2}

The primary purpose of intensive care is to provide treatment to patients with life threatening physiologic dysfunction by using therapies that can only be provided in the ICU or to monitor and observe patients perceived to be at significant risk of dying.³ Monitoring of the seriously ill patients for early detection of life threatening events and for assessment of response to therapeutic measures is an essential ingredient of this practice.^{4,5,6,7}

Measuring the severity of disease and prognosis in patients in the ICU is very important because the quality of patient care across ICUs cannot be compared without some objective index of disease severity. Predictive scoring systems can provide a stable foundation for research into the therapeutic efforts and the economics of care in the ICU, and predictive scoring systems may plot the course of critical illness and help clinical decision making.⁸ Scoring systems are usually used to predict prognosis. Various scoring systems have been developing in past years. In PICUs, worldwide, pediatric risk of mortality (PRISM)⁹ first used in America and Pediatric Index of Mortality (PIM)¹⁰ in Europe are being used widely. PIM²¹ and PRISM³¹² are the newer versions of these scoring systems. When performances of scores are compared both have shown similar performance in Pakistan,¹³ India,¹⁴ Hongkong,¹⁵ China,¹⁶ Netherlands¹⁷ and UK.¹⁸

High cost of attaining the software has limited the use of PRISM 3 even in developed nations whereas PIM 2 based calculators and statistical formulas are freely available as a web based calculator.¹⁹ This PIM 2 tool will be used to assess severity in the patients admitted with heterogeneous group of disease in Pediatric ICU.

MATERIALS AND METHODS

This is a prospective cohort study done in PICU of NMCTH. Study was done from August 2017 to December 2018. Ethical clearance was taken from Institutional Review Committee of NMCTH. All cases admitted in ICU were taken consecutively from term newborn to 14 years of age. Patient admitted in a state of continuous cardio-pulmonary resuscitation who never achieved stable vitals for at least 2 hours, fixed and dilated pupil secondary to brain death during ICU admission and premature babies <37 weeks were excluded from the study. The guardians were explained in detail about the nature of the study. An informed consent was taken prior to carrying out the study.

Data collection included: age, sex, admission type (elective, from ward, from ER), referring specialty,

diagnosis, failing organ systems, length of stay, outcome and other variables as per PIM 2 scoring system. All items of PIM 2 were collected at the admission or within 1 hr. Observed ICU mortality was collected.

PIM 2 included Systolic Blood Pressure, Pupillary reaction, PaO₂ and FiO₂, base excess in arterial or capillary blood. Mechanical ventilation within first hr in ICU, elective admission to ICU, recovery from surgery or procedure is the main reason for ICU admission, admitted following cardiac bypass. High risk diagnosis were cardiac arrest before ICU admission, Severe Combined Immunodeficiency, leukemia/lymphoma after 1st induction, spontaneous cerebral hemorrhage, cardiomyopathy/myocarditis, Hypoplastic Left Heart syndrome, HIV infection, liver failure, neuro-degenerative disorder or none. Low risk diagnosis were asthma, bronchiolitis/respiratory distress/apnoea, croup, obstructive sleep apnoea, diabeticketoacidosis or none.

PIM 2-based mortality risk was calculated based on the regression equations on a web based calculator (https://qxmd.com/calculate/calculator_368/pim2). The overall performance of scoring system was assessed by Standardised Mortality Rate (SMR), i.e. comparing observed and expected PICU deaths in the total group. Statistical analysis of the calibration of PIM 2 was carried out using the Hosmer and Lemeshow goodness-of-fit test²⁰ for deciles of mortality risk, based on the ranked mortality risks of all patients for scoring system. Discrimination was assessed by construction of receiver operating characteristic (ROC) curve,²¹ in which sensitivity is plotted against (1-specificity), the area under the curve being the overall summary measure of discriminatory performance. Statistical analysis was carried out with SPSS version 20.

RESULTS

Total number of patients admitted to our PICU during the study period was 143 however only 127 were included in our study as 16 met the exclusion criteria. Table 1 shows baseline characteristics of study patients. Mean age was 35 months (minimum 1 month to maximum of 168 months) and 60.6% were less than one year of age. There were 85 male (66.9%) and 42 female (33.1%). Maximum admissions were from the ward 81 (63.8%), emergency 38 (29.9%), and from other hospitals 8 (6.3%). Mean duration of PICU stay was 6.85 days with minimum of 1 day and maximum of 29 days. Major causes leading to PICU admission were sepsis/septic shock 43 (33.9%), respiratory diseases 32 (25.2%), neurological diseases 18 (14.2%) and cardiovascular diseases 12 (9.4%). Observed mortality was 36 (28.4%). Severe malnutrition also showed high probability of mortality in our patients though statistically not significant. Use of vasopressor and mechanical ventilation was significantly associated with mortality in our study.

Table 1: Baseline characteristics of study patients.

Variables	All Patients	Survivors n (%)	Non-survivors n (%)	p value
Age				
0-30 days	26	20 (76.9%)	6 (23.1%)	0.218
1-12 months	52	33 (63.5)	19 (36.5%)	
13months-5years	21	18 (85.7%)	3 (14.3%)	
5-10 years	9	5 (55.5%)	4 (44.5%)	
10-14 years	19	15 (78.9%)	4 (21.1%)	
Sex				
Male	85	61 (71.7%)	24 (28.3%)	0.968
Female	42	30 (71.4%)	12 (28.6%)	
Admission from				
Emergency	38	22 (57.9%)	16 (42.1%)	0.049
Ward	81	64 (79.1%)	17 (20.9%)	
Other hospital	8	5 (62.5%)	3 (37.5%)	
Diagnosis				
Sepsis	43	22 (51.2%)	21 (48.8%)	0.009
Respiratory diseases	32	26 (81.3%)	6 (18.7%)	
CNS	18	16 (88.9%)	2 (11.1%)	
CVS	12	11 (91.7%)	1 (8.3%)	
Post surgical	10	8 (80%)	2 (20%)	
GI/Liver	7	5 (71.4%)	2 (28.6%)	
Hematological	3	1 (33.3%)	2 (66.7%)	
Renal	2	2 (100%)	0 (0%)	
Weight for age				
<-1SD below mean	50	35 (70%)	15 (30%)	0.248
>-1 to <-2SD below mean	42	32 (76.2%)	10 (23.8%)	
>-2SD to <-3SD below mean	26	20 (76.9%)	6 (23.1%)	
>-3SD below mean	9	4 (44.4%)	5 (55.6%)	
Weight for height				
<-1SD below mean	64	48 (75%)	16 (30%)	0.824
>-1 to <-2SD below mean	42	28 (66.7%)	14 (33.3%)	
>-2SD to <-3SD below mean	18	13 (72.3%)	5 (27.7%)	
>-3SD below mean	3	2 (66.7%)	1 (33.3%)	
Ventilated				
Yes	36	10 (27.8%)	26 (72.2%)	<0.0001
No	91	81 (89.1%)	10 (10.9%)	
Vasopressors use				
Yes	43	15(34.9%)	28 (65.1%)	<0.0001
No	84	76 (90.5%)	8 (9.5%)	

Good calibration of PIM 2 score was observed across deciles of risk as measured by Hosmer-Lemeshow goodness of fit test with p value of 0.163, chi-square value of 11.752 with degree of freedom of 8 as shown in Table 2.

Hosmer-Lemeshow goodness-of-fit test across PIM 2 risk categories and Standardized Mortality Ratio showed good calibration of PIM 2 score. It showed p value of 0.163, chi-square value of 5.123 with degree of freedom of 3.

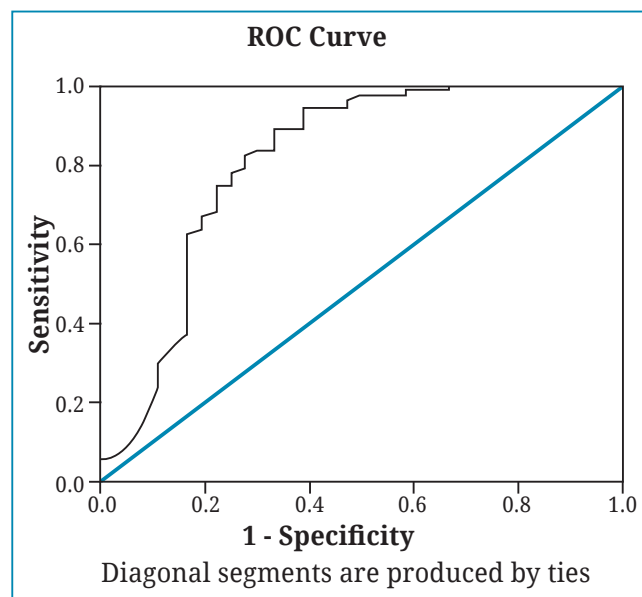


Fig.1: ROC curve for PIM 2 score

Fig. 1 shows the area under the ROC curve for PIM 2. The area under curve for PIM 2 score was 0.809 with 95% CI of 0.0709 to 0.910 and Standard Error of 0.051.

DISCUSSION

This study included 127 patients admitted in PICU of NMCTH to evaluate the performance of PIM 2. Our results showed good performance of PIM 2 scoring system in terms of calibration and discrimination when applied to heterogeneous group of patients. Mean age of patients were comparable with other studies. Mean age was 35 months in our study, it was 42 months²², 45 months²³ and 44 months²⁴ in other studies.

Most of our cases were infants (60.6%) and male (66.9%). Majority of cases were male (60%) in other study also with no significant difference in mortality.²² Mean duration of PICU stay was 6.85 days which is similar to that of study done in Japan²⁴ 6.7 days and Africa²⁹ 6 days. Major causes for PICU admission were sepsis/septic shock 33.9% and respiratory diseases 25.2%. Case mix in developing countries is different from units where the score was developed. Sepsis/severe sepsis were common cause of admission in India also²⁸.

Mortality observed in our PICU was 28.4% , similar to that of Pakistan 28.7%,¹³ and near to that reported from India 32%.¹⁴ Our mortality is also similar to

Table 2: Hosmer-Lemeshow goodness of fit test across Pediatric Index of Mortality-2 deciles and Standardized Mortality Ratio (SMR).

PIM II	Survival		Death		SMR
	Observed	Expected	Observed	Expected	
1	1	1.706	12	11.294	1.06
2	4	4.917	9	8.083	1.12
3	10	7.547	3	5.453	0.55
4	9	9.281	4	3.719	1.07
5	11	10.847	2	2.153	0.92
6	13	11.366	0	1.634	0
7	12	11.676	1	1.324	0.76
8	11	11.962	2	1.038	1.93
9	12	12.115	1	0.885	1.13
10	8	9.582	2	0.418	4.78
Total	91	90.999	36	36.001	1

Table 3: Hosmer-Lemeshow goodness of fit test across Pediatric Index of Mortality-2 risk categories and Standardized Mortality Ratio (SMR).

PIM II	Survival		Death		SMR
	Observed	Expected	Observed	Expected	
0-1%	0	0.654	11	10.346	1.06
1-5%	2	2.162	7	6.838	1.03
5-15%	18	16.543	9	10.457	0.86
15-30%	65	64.814	8	8.186	0.98
>30%	6	6.828	1	0.172	5.8
Total	91	91.001	36	35.999	1

mortality observed in other developing countries like India 28%.²⁸ Lower mortality in unit like 2.6% in Argentina and Japan,^{23,24} 5.5% in Barbados,²⁵ 14.23% in Brazil,²² 15% in Iran²⁶ are also reported. Some unit reported mortality as high as 46.2% in India,²⁷ which is due to late referral to their unit. Severe malnutrition had higher mortality in our patients though statistically not significant. Severe malnutrition was associated with higher mortality in other study also reported from India¹⁴. Use of vasopressor and mechanical ventilation was significantly associated with mortality in our study. Presence of shock, GCS<8 and mechanical ventilation were significantly associated with mortality in study done in India by Gandhi *et al.*²⁷

Good discrimination was observed in our study with area under ROC curve of 0.809 with 95% CI of 0.709 to 0.910 and SE of 0.051. Similar discriminatory performance with area under curve of 0.80 to 0.90 was reported in studies done in Pakistan,¹³ Barbados,²⁵ India,²⁷ and South Africa.³⁰ Just acceptable discrimination with area under ROC curve of 0.7-0.8 was reported in study from Brazil,²² Iran,²⁶ India,²⁸ Africa,²⁹ and Egypt.³¹ Very good discrimination with area under ROC curve of >0.9 was reported in study from Argentina,²³ Japan,²⁴ and Croatia.³²

PIM 2 scoring system in our ICU showed good calibration observed across deciles of risk as

measured by Hosmer-Lemeshow goodness of fit test with P value of 0.163, chi-square value of 11.752 with degree of freedom of 8. Good calibration was also observed in study done in India²⁸. Unsatisfactory calibration was reported in study done in Argentina.²³ Authors have explained this could be due to low no of deaths in their unit.

Standardized mortality rate was 1 in our study when applied to heterogeneous group of patients admitted in our unit which is similar to that reported in study from Brazil.²² Most other studies from developing countries have reported the under prediction of deaths in their setup, with the Standardized mortality ratio and its 95% CI being more than 1.^{14,26} Overestimation of death may be due to better performance of that unit while underestimation seen may be due to difference in case mix, physiology, quality of care and resources in terms of equipments and human resources.³³

In conclusion, PIM 2 performed well in our unit to predict death. It can be done easily within 1 hour of admission to prognosticate patients which will be useful in counseling patients. Calibration across mortality risk strata was also good. We can use PIM 2 scoring system in our PICU. A larger multi-centric study with large number of sample is needed to validate PIM 2 in Nepalese PICUs.

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