Phytoplankton sterol contents vary with temperature, phosphorus and silicate supply: a study on three freshwater species

MAIKE PIEPHO[1], DOMINIK MARTIN-CREUZBURG[2] AND ALEXANDER WACKER[1]

[1]*Institute of Biochemistry and Biology, Theoretical Aquatic Ecology, University of Potsdam, Am Neuen Palais 10, 14469 Potsdam, Germany*
[2]*Limnological Institute, University of Constance, Mainaustr. 252, 78464 Konstanz, Germany*

The understanding of environmentally induced changes in the biochemical composition of phytoplankton species is of great importance in both physiological studies and ecological food web research. In extensive laboratory experiments we tested the influence of two different temperatures (10°C and 25°C) and a phosphorus supply gradient on the sterol concentrations of the three freshwater phytoplankton species *Scenedesmus quadricauda*, *Cryptomonas ovata* and *Cyclotella meneghiniana*. The diatom *C. meneghiniana* was additionally exposed to a silicate gradient. In two separate experiments we analysed (1) possible interactive effects of temperature and phosphorus supply and (2) the effect of four phosphorus levels and three silicate levels on algal sterol concentrations. We observed that sterol concentrations were higher at 25°C than at 10°C in *S. quadricauda* and *C. meneghiniana*, but were not affected by temperature in *C. ovata*. Interactive effects of temperature and phosphorus supply on sterol concentrations were found in *C. meneghiniana*. This presumably was due to the bioconversion of one sterol (24-methylenecholesterol) into another (22-dihydrobrassicasterol). Increasing phosphorus supply resulted in species-specific effects on sterol concentrations, viz. an optimum curve response in *S. quadricauda*, a saturation curve response in *C. meneghiniana* and no change in sterol concentration in *C. ovata*. Effects of silicate supply on the sterols of *C. meneghiniana* equalled the effects of phosphorus supply. Albeit we did not observe a general trend in the three phytoplankton species tested, we conclude that sterol concentrations of phytoplankton are strongly affected by temperature and nutrient supply. Interactive effects point out the importance of taking into account more than just one environmental factor when assessing the effects of environmentally induced changes on phytoplankton sterol concentrations.

Key words: algae, Chlorophyta, *Cryptomonas*, Cryptophyta, *Cyclotella*, diatoms, phosphorus, *Scenedesmus*, silicate, sterols, temperature

Introduction

In eukaryotic cells, sterols are important membrane components that stabilize the structure of phospholipid bilayers and thus play a significant role in membrane temperature acclimation (Crockett, 1998; Rog *et al.*, 2009). Temperature sensitivity of organisms is determined by their ability to maintain a certain membrane fluidity and permeability over a wide temperature range. The destabilization of membranes at high temperatures is potentially avoided by the incorporation of additional sterols into the phospholipid bilayer (Ford & Barber, 1983). Moreover, in many organisms, sterols serve as important precursors for steroid hormones (Goad, 1981; Grieneisen, 1994;

Correspondence to: Maike Piepho. E-mail: piepho@uni-potsdam.de

Martin-Creuzburg *et al.*, 2007). Interestingly, higher plants and in particular algae contain a great number of different phytosterols, whereas animals predominantly contain cholesterol (Martin-Creuzburg & von Elert, 2009a). In plants more than 200 different phytosterols have been reported (Hartmann, 1998; Moreau *et al.*, 2002). However, this high diversity is not necessarily reflected in single species. Whereas in some algae a single sterol predominates, others possess mixtures of ten or more sterols (Volkman, 2003). From an evolutionary perspective, the reasons why plants and algae have maintained such a high diversity of sterols remain unclear and the physiological functions of the different phytosterols are only partially understood. As an example, Beck *et al.* (2007) analysed the role of phytosterols in temperature acclimation of higher

plant cells and came to the conclusion that, compared with cholesterol, additional ethyl groups present in some phytosterols further decrease temperature sensitivity by reinforcing van der Waals interactions. However, it is also assumed that specific phytosterols have additional functions apart from their structural role in cell membranes. For example, Grandmougin-Ferjani *et al.* (1997) revealed that cholesterol and stigmasterol were able to stimulate the H+ pump of the ATPase in higher plant plasma membranes. Furthermore, stigmasterol was less efficient in regulating membrane permeability than sitosterol and 24-methylcholesterol (Schuler *et al.*, 1991). Both examples suggest that not all of the functions of the various phytosterols have yet been explored.

The sterol composition of phytoplankton is of special interest in the study of food webs and trophic interactions, because crustacean zooplankton, the primary consumers in aquatic ecosystems, depend on ingesting sterols with their diet (Martin-Creuzburg & von Elert, 2009*b*; Lukas *et al.*, 2011; Sperfeld *et al.*, 2012). In addition to temperature, other factors significantly affect the sterol composition and concentration in algae and hence possibly also the availability of sterols for higher trophic levels. In a previous study, we showed that the sterol concentrations of four common phytoplankton species changed significantly with increasing light intensity and that the reaction to light was influenced by phosphorus availability (Piepho *et al.*, 2010). The results suggested that with high light intensities and a low phosphorus supply, which represents a common scenario in many lakes during summer, the sterol concentrations of algae are reduced. Thus, sterol limitation of crustacean consumers appears most likely during summer. The variation of sterols with light and phosphorus supply also implies that a change in sterol concentration may have other advantages, besides regulation of temperature sensitivity, in adaptation to varying environmental conditions. What these functions are and how they are regulated remains to be investigated. The analysis of changes in sterol content with external conditions, such as light, temperature or nutrient availability, is necessary to understand the biochemical composition of phytoplankton and to assess its consequences for consumers in the aquatic food web.

Although the role of sterols in temperature adaptation has often been described, interactive effects of temperature and other environmental conditions have been neglected. In this study, we analysed how temperature influences the sterol concentration in three common freshwater phytoplankton species in low- and high-phosphorus conditions. In addition, we tested the change of sterol concentrations across a gradient of four phosphorus levels in the culture media. Diatoms, which often form a major part of the phytoplankton community, depend on silicate to form their frustules. Therefore, we also tested the influence of three silicate levels on the sterol concentration of the diatom *Cyclotella meneghiniana*.

Materials and methods

Cultures

The green alga *Scenedesmus quadricauda*, the cryptophyte *Cryptomonas ovata* (both species from the culture collection of the Limnological Institute, University of Constance), and the diatom *Cyclotella meneghiniana* (collection of algal cultures, Göttingen, Germany, SAG 1020-1a) were cultivated in WC-medium (Nichols, 1973), using different phosphorus concentrations and temperatures. We used semi-continuous culture conditions, i.e. diluted the cultures every day at the same time. In order to avoid daily fluctuations and short-term adaptations in the biochemical composition of the algal cells, we applied continuous lighting (200 μmol PAR photons m^{-2} s^{-1}). Different growth in high-P and low-P treatments could potentially result in different cell densities and thus different shading inside the cultures. To avoid such variation, the cultures were diluted every day to the same optical density (OD: 0.05, 800 nm; Shimadzu, Duisburg, Germany, UV mini-1240). This led unavoidably to varying dilution rates. Carbon deficiency was avoided by aerating the media with sterile-filtered air. Cultures were grown for 10–20 days until the growth rate remained constant and the cells were adapted to the experimental conditions. Growth rates were calculated as follows:

$$\mu = [\ln(OD_2) - \ln(OD_1)]/t$$

where μ is the growth rate, OD_1 is the initial optical density at 800 nm, and OD_2 is the optical density at 800 nm after time t.

Temperature levels

In the temperature experiment, the species were each grown in a high-P (50 μM P, provided in the form of K$_2$HPO$_4$) and a low-P medium at 10°C and at 25°C. The low-P medium was 1 μM P for *Scenedesmus*, 5 μM P for *Cryptomonas* and 2.5 μM P for *Cyclotella* because of species-specific differences in their optimum phosphorus requirements (Rhee, 1978; Klausmeier *et al.*, 2004). Experimentally reduced K$_2$HPO$_4$ concentrations were counterbalanced by the addition of KCl to the growth medium to avoid K-limitation. We chose 10°C and 25°C to represent two extreme temperatures that potentially occur during the growth season in the euphotic zone of temperate lakes (Mitchell *et al.*, 2004), depending on depth and latitudinal position (Mitchell & Lampert, 2000). The species were each cultured in 500 ml of the respective medium in 1-litre Erlenmeyer flasks ($n = 3$).

Phosphorus and silicate gradients

In the phosphorus experiment, a phosphorus gradient (at 20°C) was achieved by applying four different phosphorus concentrations in the culture media. The concentrations were 1, 5, 10 and 50 µM P for *Scenedesmus*, 5, 10, 20 and 50 µM P for *Cryptomonas*, and 2.5, 5, 10 and 50 µM P for *Cyclotella*. Omitted K_2HPO_4 was substituted by KCl. Cultures were grown in 1-litre Erlenmeyer flasks, each in 500 ml of the respective medium, with three replicates per treatment. In addition, *Cyclotella* was grown in a silicate gradient of 50, 100 and 200 µM Si. The nutrient gradients were chosen based on preliminary experiments that showed that 50 µM P represents a phosphorus-replete condition while the lowest P-concentrations for each species constitute P-limited conditions under which growth is only just possible (our unpublished data).

Sterol analyses

Samples for sterol determination were obtained by filtering 0.5–1 mg algal carbon on 25-mm glass fibre filters (Whatman, GF/F). Filters were stored at −25°C under a nitrogen atmosphere in glass tubes with a Teflon seal, after adding 7 ml of dichlormethane-methanol (2:1 v/v). Extraction of lipids was done twice with dichlormethane-methanol (2:1 v/v; cf. Cequier-Sánchez *et al.*, 2008). We omitted a treatment with hot isopropanol because preliminary studies showed that this treatment would not improve lipid extraction (Supplementary Figure S1). Before further analysis, a defined concentration of 5α-cholestane (Sigma–Aldrich, R205370-1EA) was added as an internal standard (IS). The extracted and dried lipid sample was saponified with 4 ml $0.2\,mol\,l^{-1}$ methanolic KOH (60 min at 70°C). After addition of 1 ml ultra-pure water, neutral lipids (including sterols) were partitioned into isohexane/diethyl ether (9:1 v/v). This fraction was evaporated to dryness under nitrogen gas and resuspended in isohexane (see also Wacker & Martin-Creuzburg, 2007). After extraction of lipids, identification and quantification of sterols was done by gas chromatography (GC, Agilent Technologies, 6890 N) according to Wacker & Martin-Creuzburg (2007), but according to the following protocol: 1 µl of sample was injected in split mode (5:1), vaporized in the injector at 350°C and mixed with the carrier gas (helium). Sterols were separated by a polysiloxane column (Agilent technologies J&W HP-5, 30 m × 0.32 mm × 0.25 µm), using the following temperature gradient: 150°C for 1 min, 15°C min⁻¹ until 280°C, 2°C min⁻¹ until 308°C, 10°C min⁻¹ until 320°C. Sterols were detected using a flame ionization detector (FID) at 350°C and quantified by comparison to IS and by using multipoint standard calibration curves determined for each sterol from mixtures of known composition. Sterols were identified via retention times and their mass spectra, which were recorded with a gas chromatograph–mass spectrometer (Agilent Technologies, 5975 C) equipped with a fused-silica capillary column (Agilent Technologies, DB-5MS; see Martin-Creuzburg *et al.*, 2009). Sterols were analysed in their free form and as their trimethylsilyl derivatives, which were prepared

by incubating 20 ml of isohexane sterol extract with 10 ml of N,O-bis(trimethylsilyl)trifluoroacetamide including 1% trimethylchlorosilane for 1 h at room temperature. Spectra were recorded between 50 and 600 amu in the EI ionization mode. The limit of sterol quantification was 20 ng. The C-24 stereochemistry and the cis-trans isomery of sterols could not be identified with certainty and thus, if procurable, was adopted from the literature (see also Piepho *et al.*, 2010). Accordingly, since it has been reported that cryptophycean algae contain epibrassicasterol (IUPAC name: (22E)-campesta-5,22-dien-3β-ol), which is the 24α-epimer of brassicasterol ((22E)-ergosta-5,22-dien3β-ol) (Goad *et al.*, 1983; Gladu *et al.*, 1990), the presence of epibrassicasterol rather than brassicasterol was assumed in *C. ovata*. The two sterols, 24-methylenecholesterol (ergosta-5,24(24¹)-dien-3β-ol) and 22-dihydrobrassicasterol (ergost-5-en-3β-ol), detected in *C. meneghiniana*, could not be sufficiently separated by GC-FID and thus the relative contribution of each sterol was estimated by comparing ion-pair ratios (i.e. analyte:IS ratios), using selected ion monitoring (SIM).

POC determination

Particulate organic carbon (POC) was measured by first filtering ~0.25 µg carbon of the algal suspension onto precombusted glass fibre filters (Whatman, GF/F, 25 mm) and then quantifying algal C using an elemental analyser (HEKAtech GmbH, Wegberg, Germany, Euro EA 3000).

Statistics

Sterol concentrations of algae were expressed on a per carbon basis and differences between phosphorus levels were analysed by one-way ANOVA and Tukey tests. To analyse interactive effects of P-availability and temperature on the sterol concentration we used a two-way ANOVA, with temperature and medium phosphorus concentration as independent factors. All statistical calculations were carried out using the statistical software package R, which is under general public licence (R Development Core Team, version 2.6.0, 2007). The level of significance was set at P < 0.05.

Results

Temperature levels

In each of the three analysed phytoplankton species sterol concentrations responded differently to the temperature levels. In *S. quadricauda* we detected fungisterol (5α-ergost-7-en-3β-ol), chondrillasterol ((22E)-5α-poriferasta-7,22-dien-3β-ol) and 22-dihydrochondrillasterol (5α-poriferast-7-en-3β-ol). All three sterols increased in concentration from the 10°C to the 25°C treatment (P < 0.01; Fig. 1), and did not differ between the high-P and the low-P treatments.

In contrast to *S. quadricauda*, we observed no significant change in the concentration of the
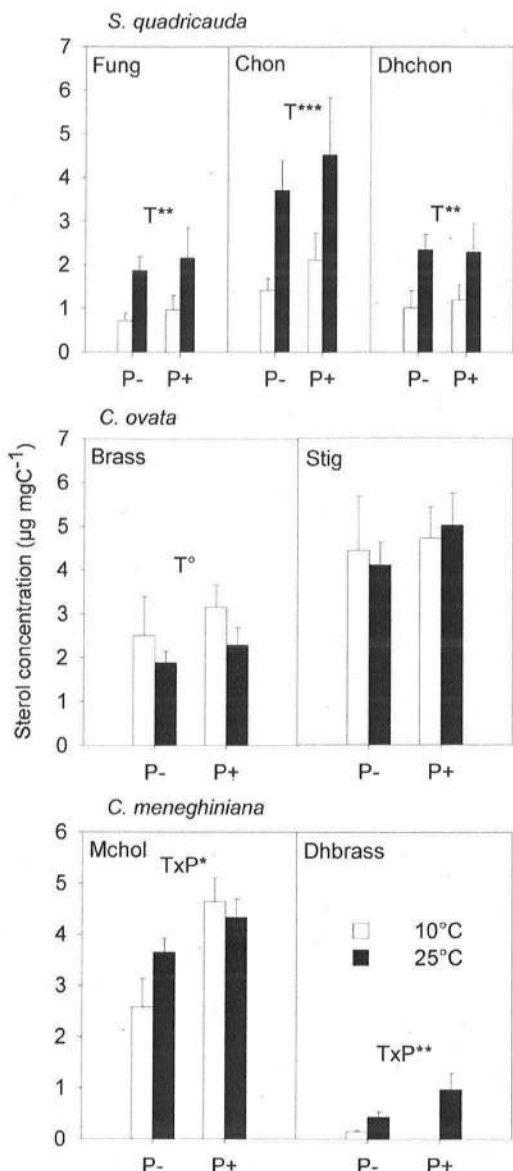
Fig. 1. Sterol concentrations of *S. quadricauda*, *C. ovata* and *C. meneghiniana* at 10°C and 25°C each at low-P (P–) and high-P supply (P+). Data shown are means and standard deviations. Significant effects of the two-way ANOVA: temperature (T), phosphorus (P), interaction (T × P): °P < 0.1, *P < 0.05, **P < 0.01, ***P < 0.001. Fungisterol (Fung), chondrillasterol (Chon), 22-dihydrochondrillasterol (Dhchon), (epi)brassicasterol (Brass), stigmasterol (Stig), 24-methylenecholesterol (Mchol), 22-dihydrobrassicasterol (Dhbrass).

Fig. 2. Sterol concentrations of *S. quadricauda*, *C. ovata* and *C. meneghiniana* at different phosphorus supply levels. Data shown are means and standard deviations. Different letters indicate significant differences of means (*post-hoc* test, P < 0.05). Fungisterol (Fung), chondrillasterol (Chon), 22-dihydrochondrillasterol (Dhchon), (epi)brassicasterol (Brass), stigmasterol (Stig), 24-methylenecholesterol (Mchol), 22-dihydrobrassicasterol (Dhbrass).

sterols of *C. ovata* (i.e. (epi)brassicasterol and stigmasterol ((22E)-stigmasta-5,22-dien-dien-3β-ol) with increasing temperature and/or P-availability. Nevertheless, a trend of slightly higher concentrations of (epi)brassicasterol appears in the 10°C treatment compared with the 25°C treatment (P = 0.052, Fig. 1).

In *C. meneghiniana*, we detected 24-methylenecholesterol, low amounts of 22-dihydrobrassicasterol (<1 μg mg C⁻¹, Figs 1, 2), and traces of
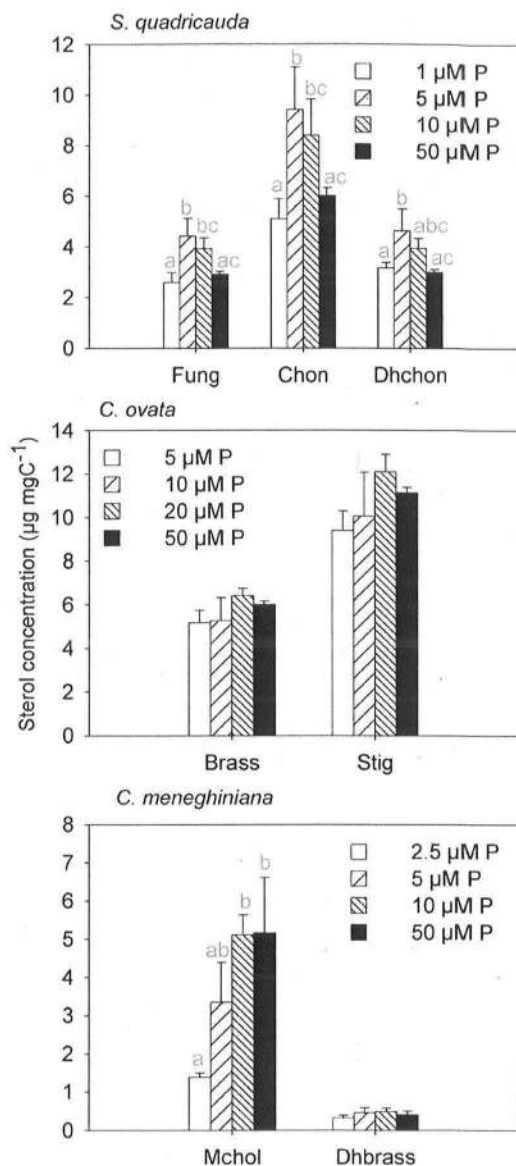
desmosterol (cholesta-5,24-dien-3β-ol). Statistical analysis revealed interactive effects of temperature and P-supply on the concentration of 24-methylenecholesterol and 22-dihydrobrassicasterol in *C. meneghiniana*. The concentration of 24-methylenecholesterol increased from low to high temperature in the low-P treatment but did not change with temperature in the high-P treatment (P < 0.05; Fig. 1). At 10°C, 22-dihydrobrassicasterol was detected in the low-P treatment only. In both P treatments, 22-dihydrobrassicasterol increased

from 10°C to 25°C but with a significantly more pronounced increase at high-P (interaction; P < 0.01).

Phosphorus and silicate gradients

Increasing phosphorus supply resulted in species-specific different responses of sterol concentrations. In *S. quadricauda* we found an optimum curve response for all three sterols, fungisterol, chondrillasterol and 22-dihydrochondrillasterol, i.e. sterol concentrations were significantly higher at intermediate phosphorus supply levels than at low or high phosphorus levels (P < 0.05; Fig. 2). Fungisterol and chondrillasterol concentrations were both higher in the 5 µM P and in the 10 µM P treatments than in the 1 µM P and the 50 µM P treatments. We did not find any differences between the two extremes, i.e. 1 µM P and 50 µM P. The latter was also true for 22-dihydrochondrillasterol. The concentration of 22-dihydrochondrillasterol was highest in the 5 µM P treatment, whereas the 10 µM P and the 50 µM P treatments showed no significant difference from the 1 µM P treatment (Fig. 2).

In contrast to *S. quadricauda*, in *C. ovata* we detected no significant change in sterol concentrations of (epi)brassicasterol and stigmasterol along the phosphorus gradient (Fig. 2). There was, however, a slight indication of an optimum response for stigmasterol, with stigmasterol concentrations increasing from the 5 µM to the 20 µM P treatment (P = 0.09) but decreasing again at 50 µM P.

The two sterols of *C. meneghiniana* responded differently to increasing phosphorus or silicate supply. Whereas the concentration of 22-dihydrobrassicasterol did not differ between the four P treatments and the three Si treatments, 24-methylenecholesterol concentration followed a saturation curve with increasing phosphorus (Fig. 2) or increasing silicate supply (Fig. 3). 24-methylenecholesterol increased from the 2.5 µM P to the 10 µM and 50 µM P treatments (P < 0.01), whereas the latter two treatments did not differ significantly (Fig. 2). We also found an increase of 24-methylenecholesterol from the 50 µM Si to the 100 µM and 200 µM Si treatments (P < 0.01). The two higher Si-treatments, i.e. 100 µM Si and 200 µM Si, were not significantly different (Fig. 3).

Discussion

Sterol concentrations varied with temperature, phosphorus and silicate supply in the three phytoplankton species, but the species exhibited different responses. However, *Scenedesmus quadricauda* and *Cyclotella meneghiniana* were similar in containing higher total sterol concentrations at 25°C than at
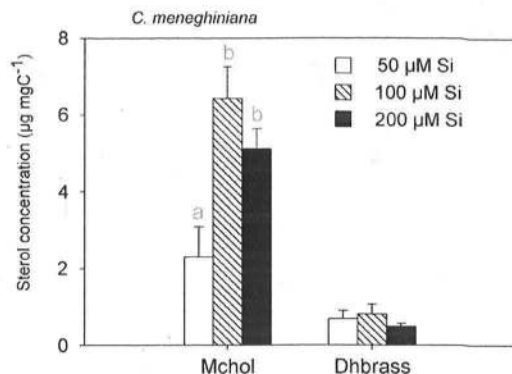

Fig. 3. Sterol concentration of *C. meneghiniana* at different silicate supply levels. Data shown are means and standard deviations. Different letters indicate significant differences of means (*post-hoc* test, P < 0.05). 24-methylenecholesterol (Mchol), 22-dihydrobrassicasterol (Dhbrass).

10°C, which adds to previous reports suggesting that sterols play an important role in maintaining the stability of plasma membranes at high temperatures (Ford & Barber, 1983). In *C. meneghiniana*, 22-dihydrobrassicasterol was just detectable at 10°C but clearly detectable at 25°C. This might indicate a specific role of this sterol in the adaptation to high temperatures. The incorporation of further sterol molecules into phospholipid bilayers at 25°C compared with 10°C would explain the increase in sterol concentration in *S. quadricauda* and *C. meneghiniana* with increasing temperature.

In contrast to the total sterol content of *C. meneghiniana*, which increased from low to high temperature and was higher in the high-P treatment than in the low-P treatment, for individual sterols we observed interactive effects of temperature and phosphorus supply. The two sterols found in *C. meneghiniana* – 24-methylenecholesterol and 22-dihydrobrassicasterol – belong to the same biosynthetic pathway, which is known from higher plants: 24-methylenecholesterol is a direct precursor of 22-dihydrobrassicasterol and differs only in an additional double bond at C24 that is reduced by a C24-reductase (Hartmann, 2004). The interactive effect of P-supply and temperature that we detected was potentially based on a higher activity of the reductase at high P supply and 25°C and might result in the higher concentration of 22-dihydrobrassicasterol compared to the treatment at low P supply and 25°C. This may also explain why we did not observe an increase of 24-methylenecholesterol from 10°C to 25°C in the high-P treatment.

We found no evidence for a role of sterols in temperature adaptation in *C. ovata*. The sterol composition of this alga appeared to be hardly affected by environmental conditions (see also Piepho *et al.*, 2010), either temperature or

phosphorus level. This might be due to the mixo-trophic lifestyle of this alga (Tranvik *et al.*, 1989) and associated differences in the adaptation response to changing environmental conditions as compared with exclusively phototrophic species. In order to sustain high photosynthetic rates, phototrophic organisms have to maintain a certain fluidity of chloroplast membranes, which ensures electron flow between the electron acceptors of photosystem II (Horváth *et al.*, 1987; Mock & Kroon, 2002). Although thylakoid membranes presumably do not contain sterols (Havaux, 1998), chloroplast envelope membranes contain low but significant amounts of sterols (Douce & Joyard, 1990). Instead of maintaining the function of the photosynthetic apparatus by changing the biochemical composition of chloroplast membranes, *C. ovata* might switch to heterotrophy at unfavourable conditions. This could explain why we did not observe changing sterol concentrations in *C. ovata* with changing temperature or phosphorus supply. A comparison of adaptation in the sterol contents of phototrophic and several mixotrophic species grown under both heterotrophic and autotrophic conditions might clarify if our hypothesis is correct.

Increasing nutrient levels in the culture medium revealed that, in *S. quadricauda* and *C. meneghiniana*, the concentration of the most abundant sterol was lowest in the treatment with the lowest nutrient concentration, i.e. either phosphorus or silicate. The same trend was observed for stigmasterol in *C. ovata*, although there were no significant differences between phosphorus levels in this species. Most sterols that did not change with experimental conditions accounted for a minor proportion of total sterols. Therefore, the total sterol content, i.e. the sum of all sterols found in one species, was low when phosphorus or silicate supply in the medium was low. A comparable decrease in total sterol concentration was observed by Gordillo *et al.* (2001) in the nitrogen-limited macroalga *Ulva rigida*, compared with a nitrogen-sufficient treatment. Thus, an experimentally induced limitation of aquatic primary producers by phosphorus, silicate and nitrogen consistently results in the same response – a decrease in total sterol concentrations – which suggests that nutrient limitation in general impairs the synthesis of sterols in algae. Whether this is a direct effect, e.g. a suppression of enzymes involved in sterol synthesis, or an indirect effect, e.g. a reduced formation of plasma membranes in which sterols can be incorporated, remains to be tested. Moreover, in higher plants, enzymes involved in sterol synthesis are associated with membranes (Hartmann, 1998) and thus their function might indirectly depend on the building of plasma membranes.

We did not find a linear correlation between sterol concentrations and nutrient supply. Rather, there seemed to be a species-specific optimum of nutrient supply below which sterol concentrations decreased. Our data also showed that the concentrations of some sterols, such as those in *S. quadricauda*, decreased again in the treatment with the highest phosphorus concentration. This could have been caused by another nutrient imbalance that reduced sterol synthesis when phosphorus was in excess. Alternatively, an increase in carbon-rich components in the algae, due to favourable growth conditions at higher phosphorus supply, might have 'diluted' the algal sterols, which might explain why we found lower sterol concentrations per carbon in the treatment with the highest nutrient supply. Many data contradict this hypothesis, however, since it is generally found that carbon storage increases at low nutrient supply, when cell division rates decrease and less carbon is needed for the synthesis of new membrane components (Guschina & Harwood, 2009).

In contrast to the optimum curve response in *S. quadricauda*, 24-methylenecholesterol of *C. meneghiniana* displayed a saturation curve as a response to increasing phosphorus or silicate levels. This may indicate that the diatom was able to maintain a constant sterol concentration over a broader range of nutrient conditions than the green alga. At high nutrient concentrations diatoms grow most efficiently (Egge & Aksnes, 1992; Egge, 1998), which might be the reason why their biochemical composition was most stable under such conditions. Against this background, one could argue that *C. ovata* maintained homeostatic sterol concentrations over an even broader range of nutrient conditions. Preliminary experiments have revealed that this species is unable to grow in media containing less than the 5 μM P applied here (our unpublished data). This means that the sterol concentration of *C. ovata* was constant over varying phosphorus supply, even at growth-limiting conditions. The results showed that species belonging to different phyla differ greatly in their homeostatic regulation of sterol concentrations. Possible advantages or disadvantages for the algal cells of maintaining a constant sterol composition remain to be investigated.

The lowest and the highest phosphorus level to which each species was exposed here correspond to the low-P and the high-P treatments in our earlier study (Piepho *et al.*, 2010). Our new results confirm the effects of phosphorus found in the previous study. For example, at intermediate light intensities, such as were used in the present experiment, the previous study showed no differences in sterol concentration between the low-P and the high-P treatment of *S. quadricauda*. Likewise, in the

present study, we did not find a significant difference between sterol concentrations of the lowest and the highest phosphorus concentration. However, in the earlier study, we found distinct differences in sterol concentrations between low-P and high-P treatments of *S. quadricauda* in very low or very high light intensities. More precisely, sterol concentrations were higher in the high-P treatments than in the low-P treatments at high light intensities but lower in the high-P treatments than in the low-P treatments at low light intensities. Therefore, we assume that, because of the interactive effects of light intensity and phosphorus supply, the response in sterol concentrations with increasing phosphorus supply levels may change also with light intensity. At higher irradiances, e.g. $500\,\mu\text{mol PAR photons m}^{-2}\text{s}^{-1}$, we would expect a significantly higher sterol concentration in the highest phosphorus level than in the lowest phosphorus level in *S. quadricauda*.

We show here that environmental factors have interdependent influence on the sterol concentrations of phytoplankton. We found interactive effects of temperature and phosphorus supply (the present study) as well as of light and phosphorus supply (Piepho *et al.*, 2010). Thus, the effect of one of these environmental factors should not be described without the other and the analysis of interactions of various environmental factors is a very important approach in understanding the changes of sterol concentrations in phytoplankton.

In the food web of aquatic ecosystems, primary consumers, such as *Daphnia*, depend on ingesting sterols as cholesterol precursors with their diet (Martin-Creuzburg & von Elert, 2009b; Lukas *et al.*, 2011; Sperfeld *et al.*, 2012). In our former study (Piepho *et al.*, 2010) we noted that a sterol limitation of herbivorous zooplankton is most likely in summer, because high light intensities and low phosphorus supply decrease sterol concentrations of algae, whereas the demand of *Daphnia* for sterols may increase with temperature (Sperfeld & Wacker, 2009). The present study shows that high summer temperatures can increase sterol concentrations in some phytoplankton species and therefore might compensate for the higher sterol demand of primary consumers during this time of the year. Furthermore, we show that sterol concentrations of phytoplankton are reduced at low phosphorus or silicate supply levels, whereas medium phosphorus or silicate supply had no, or even a positive effect on sterol concentrations. Moreover, we found in one species that sterol concentrations per unit of carbon potentially decrease again at high phosphorus supply. Hence, the occurrence and strength of a sterol limitation of herbivorous zooplankton in lakes probably depends on many factors, primarily on the phytoplankton species

composition but also on phytoplankton growth conditions, viz. elemental nutrient supply, temperature and light intensity. Our data emphasize the importance of accounting for all these factors when dealing with sterol limitation of herbivores in both laboratory and field studies.

Supplementary Figure S1. Sterol concentrations of *Scenedesmus* after use of 4 different lipid extraction methods.

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