

Original Paper

Pioglitazone, a Peroxisome Proliferator-Activated Receptor γ Agonist, Ameliorates Chronic Kidney Disease by Enhancing Antioxidative Capacity and Attenuating Angiogenesis in the Kidney of a 5/6 Nephrectomized Rat Model

Li Sun^a Quan Yuan^b Tianhua Xu^a Li Yao^a Jiangmin Feng^a Jianfei Ma^a Lining Wang^a Changlong Lu^c Danan Wang^c

^aDepartment of Nephrology, The First Affiliated Hospital of China Medical University, Shenyang,

^bDepartment of Orthopedics, Shengjing Hospital of China Medical University, Shenyang, ^cDepartment of Immunology, China Medical University, Shenyang, People's Republic of China

Key Words

Peroxisome proliferator-activated receptor γ • Pioglitazone • 5/6 nephrectomy • Hypoxia-inducible factor 1 alpha • Vascular endothelial growth factor

Abstract

Background/Aims: Pioglitazone is a type of peroxisome proliferator-activated receptor γ agonist and is capable of alleviating renal ischemia-reperfusion injury. **Methods:** A5/6 nephrectomized rat model was established to induce renal impairments mimicking chronic kidney diseases (CKDs). The effect of pioglitazone on renal structure, function, antioxidative capacity, and angiogenesis in the nephrectomized rats was assessed. Moreover, the expression of HIF-1 α , eNOS, VEGF, Flt-1 and Flk-1 was determined to reveal the possible pathways through which pioglitazone exerted its beneficial effect on CKDs. **Results:** Subtotal nephrectomy caused severe damages to rat renal tissues, and administration of pioglitazone dramatically restored the structure and function of the kidney, which was evidenced by Periodic acid-Schiff staining and the reduced levels of urinary proteins, blood urea nitrogen, and creatinine. Furthermore, pioglitazone decreased the level of malondialdehyde and increased the level of superoxide dismutase in the injured renal tissues, suggesting that the antioxidative capacity in the injured kidney was augmented by pioglitazone. Additionally, pioglitazone inhibited HIF-1 α -dependent angiogenesis by down-regulating the expression of a panel of angiogenic factors. **Conclusion:** The current study demonstrates that pioglitazone benefits renal failure through activation of the antioxidative system and inhibition of angiogenesis in the injured kidney. Our study provides preliminary evidences for the potential application of this agent in the treatment of CKDs.

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Dr. Danan Wang

Department of Immunology, China Medical University, 77 Puhe Road, Shenyang
110122, (People's Republic of China)
E-Mail wdns_l_cmu@sina.com

Introduction

Chronic kidney disease (CKD) is characterized by relentlessly progressive scarring of the renal parenchyma, and it causes a large number of mortality and morbidity worldwide. Persistent exposure to CKD will lead to end-stage renal disease (ESRD) and has casted a severe threat to the public health [1]. Recent studies regarding the pathology of CKD and ESRD emphasize the correlation between impaired renal function and the degree of tubulointerstitial damage [2-5]. This finding further leads to a broad recognition that the final common pathway of renal failure may take effect principally in the tubulointerstitium [6-8]. Moreover, based on the chronic hypoxia hypothesis by Fine et al. [9], which places chronic hypoxia in the center of tubulointerstitial injury, increasing investigations regarding the role of chronic hypoxia and tubulointerstitial injury in CKD have been conducted. The findings substantiate the potential of controlling chronic hypoxia and angiogenesis as an effective therapy for CKD [10-12].

Peroxisome proliferator-activated receptor γ (PPAR γ) is a member of the nuclear hormone receptor superfamily, members of which are ligand-activated transcription factors related to retinoid, steroid and thyroid hormone receptors [13]. By binding to the specific PPAR response elements (PPREs) in the promoter region, PPARs, regulate the expression of target genes as heterodimers with retinoid X receptors (RXRs) [14]. In the recent years, a physiological function of PPAR γ as a major factor in the differentiation of adipocytes has been revealed [15]. In addition, selective activation of PPAR γ with specific agonists has been shown to exert therapeutic effects on cardiovascular disease, diabetes, inflammation and tumors [16-20]. In the case of kidney disorders, pioglitazone, a PPAR γ agonist, is capable of protecting the kidney from ischemia-reperfusion injury by enhancing the antioxidant capacity [21]. Moreover, pioglitazone can ameliorate endothelial dysfunction and increase the expression of vascular endothelial growth factor (VEGF), which contributes to angiogenesis and improvement of metabolic syndrome-induced renal injury [22-24]. However, there exists contradiction on the function of pioglitazone on the anti-oxidative machinery and angiogenesis. In a study of diabetic nephropathy, Dromparis et al. demonstrated that pioglitazone dramatically reduced the expression of hypoxia-inducible factor 1 alpha (HIF-1 α) and VEGF [25]. Therefore, the effect of pioglitazone on hypoxia- or capillary loss-induced renal injury might depend on the specific disease condition and the time of drug administration. Thus, exploration of the underlying mechanism for pioglitazone-relieved renal damage will provide a theoretical foundation for the potential application of pioglitazone in treating CKD.

In the present study, the effect of pioglitazone on renal injury was assessed *in vivo* with a 5/6 nephrectomized (Nx) rat model [26]. The direct effect of pioglitazone on the impaired structure and function of the kidney was determined by periodic acid-Schiff (PAS) staining and the measurements of proteinuria, blood urea nitrogen (BUN) and creatinine (Cr). Furthermore, the impact of pioglitazone on the expression of anti-oxidative and angiogenic factors were detected in order to reveal the possible mechanism underlying pioglitazone-mediated alleviation of CKD symptoms.

Materials and Methods

Chemicals and animals

Pioglitazone was purchased from Meilune (Catalog No. MB1185, Dalian, China). PPAR pathway inhibitor GW9662 was obtained from Sigma (Catalog No. N6191, USA). Antibodies against HIF-1 α , Flt-1, and Flk-1 were purchased from Santa Cruz (USA). Antibodies against CD31, α SMA, eNOS, and VEGF were purchased from Boster (China). Adult male Sprague Dawley (SD) rats (weighting 200-220 g) were provided by the Experimental Animal Center of China Medical University. The animals were housed in cages at 20 - 25°C with a constant humidity (55 \pm 5%), and provided with water and food *ad libitum*. All the animal experiments were performed in accordance with the Animal Care Guidelines for the Care and Use

of Laboratory Animals and the protocol approved by the Institutional Animal Ethics Committee of China Medical University.

Establishment of the rat model with chronic renal failure

For induction of chronic renal failure by 5/6 nephrectomy, the rats were anesthetized with pentobarbital sodium (50 mg/kg). A left flank incision was made to expose the left kidney. Then the renal artery was temporarily occluded, and the upper and the lower third of the kidney was ligated and excised. After suture of the incision with polypropylene suture, the rats were returned to the cages for recovery for one week. Thereafter, a right flank incision was made and the entire right kidney was removed. After recovery for one more week, the rats were given different treatments as described below. 24 SD rats were randomly divided into four groups (six in each group). (A) sham group: the rats underwent all the procedures of 5/6 nephrectomy except for the removal of kidney; (B) Nx group: the rats underwent 5/6 nephrectomy and were gavaged with the vehicle of pioglitazone every day for 8 weeks; (C) Nx+pioglitazone group, the Nx rats were gavaged with 10 mg/kg pioglitazone every day for 8 weeks; (D) Nx+pioglitazone+GW9662 group: 1 h prior to pioglitazone administration, the rats were intraperitoneally injected with 1 mg/kg GW9662. After 8-week treatment, all the experimental animals were sacrificed. The kidneys and the serum were collected for the subsequent experiments.

Periodic acid-Schiff (PAS) staining and renal function assay

The injuries in the glomerulus and renal tubules were examined using PAS staining. Briefly, the kidneys were fixed in 10% buffered formalin. The sample was cut into 2- μ m sections, stained with periodic acid-Schiff, and scored as described previously [27]. The sections were examined by microscopy at 400 \times magnification. To assess the effect of pioglitazone on renal function, the content of proteinuria within 24 h, and the levels of BUN and Cr were measured using the specific kits (Catalog No. C013-1, C011-1, and A028-1, Nanjing Jiancheng Bioengineering Institute, China) according to the manufacturer's instructions.

Detection of MDA, SOD, and NO

To determine the effect of pioglitazone on the oxidative stress response initiated by renal failure, the levels of malondialdehyde (MDA) and superoxide dismutase (SOD) in the renal tissues were measured using the respective kits (Catalog No. A003-1 and A001-3, Nanjing Jiancheng Bioengineering Institute) according to the manufacturer's instructions. Total production of NO was also determined using the NO detection kit (Catalog No. S0023, Beyotime Biotechnology, China) according to the manufacturer's instruction.

Enzyme-linked immunosorbent assay (ELISA)

The contents of VEGF and Flt-1 in the serum samples were measured using the commercially available ELISA kits (Catalog No. EK0540, Boster, and Catalog No. DRE01252, WHB, China) according to the manufacturers' instructions.

Immunohistochemical staining

The expression levels of HIF-1 α , VEGF, CD31, and α SMA in the renal tissues were detected by immunohistochemistry (IHC). The tissue sections were hydrated in serial concentrations of alcohol as follows: 70% for 2 h, 80% overnight, 90% for 2h, 100% for 1, and 100% for 1 h. Afterwards, the sections were placed in dimethylbenzene and paraffin for 30 min before transferring into a 60°C incubator to form paraffin sections. The sections were then fixed in methanol solution with 3% H₂O₂ for 15 min at room temperature, and washed with PBS for three times with 5 min each time. The sections were incubated with primary antibodies (1:100) against different proteins of interest at 4°C overnight. After washing with 0.01 M PBS for 4 \times 5 min, the sections were incubated with HRP labeled secondary antibodies (1:200) at 37°C for 30 min, followed by washing with PBS. DAB was added to the sections for 3-10 min reaction, which was stopped by ddH₂O. The sections were re-stained with haematoxylin and dehydrated. IHC results were assessed by scanning the sections using Aperio ScanScope GL (Aperio Technologies, Vista, CA, USA) at 400 \times magnification.

Reverse transcription-quantitative PCR (RT-qPCR)

The effect of pioglitazone on the expression of angiogenic factors in the Nx rats was further determined by RT-qPCR. Total RNAs in the kidney samples were extracted using a RNA extraction kit according to the

manufacturer's instructions (Catalog No. RP1201, BioTeke, China). β -actin was selected as the reference gene. cDNA templates were obtained by reverse transcription of the RNAs using Super M-MLV reverse transcriptase (Catalog No. PR6502, BioTeke). The final quantitative PCR reaction mixture of 20 μ L volume contained 10 μ L SYBR GREEN mastermix, 0.5 μ L of each primers of a gene (*HIF-1 α* , forward: 5'- CTC CCA TAC AAG GCA GCA GAAAC-3', reverse: 5'-AGA AAC GAA ACC CCA CAG ACAAC-3'; *eNOS*, forward: 5'-CAG GCA TCA CCA GGA AGAA-3', reverse: 5'-TCA CCG GAG CCA TAC AGG ATA GTCG-3'; *VEGF*, forward: 5'- ATG AAC TTT CTG CTG TCT TGG-3', reverse: 5'- TCA CCG CCT CGG CTT GTC ACA-3'; *Flt-1*, forward: 5'- CCG TGT ATG GCA TCC CTC-3', reverse: 5'-CCA CCA CCA ATG TGC TAACC-3'; *Flk-1*, forward: 5'-TTT TGA GCA CCT TGA CCATA-3', reverse: 5'-TTC ACA GGG ATT CGG ACTT-3'; β -actin forward: 5'-GGA GAT TAC TGC CCT GGC TCC TAGC-3', reverse: 5'-GGC CGG ACT CAT CGT ACT CCT GCTT-3'), 1 μ L cDNA template, and 8 μ L RNase free H₂O. Thermal cycling parameters for the amplification were set as follows: a denaturation step at 95°C for 10 min, followed by 40 cycles of 95°C for 10 s, 60°C for 20 s and 72°C for 30 s. Relative expression levels of the target genes were calculated with the Data Assist Software version 3.0 (Applied Biosystems/Life Technologies) for the values of $2^{-\Delta\Delta Ct}$.

Western blotting assay

The proteins were extracted using the Total Protein Extraction Kit according to the manufacturer's instructions (Catalog No. WLA019, Wanleibio, China). β -actin was used as the internal reference protein. Protein concentration was determined using the BCA method. 40 μ g protein in 20 μ L volume was subjected to 10% sodium dodecylsulfate polyacrylamide gel electrophoresis (SDS-PAGE). After transferring the proteins onto polyvinylidene difluoride (PVDF) membranes, the membranes were washed with TTBS for 5 min and then incubated with skim milk powder solution for 1 h. Primary antibody against HIF-1 α (1:200), eNOS (1:400), VEGF (1:400), Flt-1 (1:200), Flk-1 (1:200) or β -actin (1:1000) was added and the membranes were incubated at 4°C overnight. Following washing with TTBS, the membranes were incubated with HRP-conjugated IgG secondary antibodies (1:5000) for 45 min at 37°C. After washing, the blots were developed using Beyo ECL Plus reagent and scanned in the Gel Imaging System. The relative expression levels of the target proteins were calculated with Gel-Pro-Analyzer (Media Cybernetics, USA).

Statistical analysis

All the data were expressed as mean \pm SD. One-way ANOVA and post-doc tests were performed using GraphPad Prism 6 (GraphPad Software, San Diego, CA) with a significance level of 0.05.

Results

Administration of pioglitazone restored renal structure and function in Nx rats

The deteriorated structure of the kidney in the Nx rats was confirmed by PAS staining. Figure 1 shows the typical histological changes in each group. In the Nx rats, a dramatic increase in the sclerosed area was observed, whereas pioglitazone led to a decreased level of kidney sclerosis in the Nx rats compared with those without pioglitazone treatment. Moreover, GW9662 abolished the therapeutic effect of pioglitazone on the renal structure in the Nx rats, implying that pioglitazone-induced activation of PPAR γ might play a critical in the restoration of renal structure.

Subtotal nephrectomy resulted in renal dysfunction, as evidenced by proteinuria and elevated levels of BUN and Cr. The values of these three markers were significantly higher in the Nx group than that in the sham group ($P < 0.05$) (Fig. 2). Pioglitazone treatment effectively attenuated the elevation of proteinuria, BUN and Cr in the Nx rats ($P < 0.05$). Consistent with the results of PAS staining, GW9662 also inhibited the beneficial effect of pioglitazone on renal function.

Pioglitazone augmented anti-oxidative capacity in injured kidney

The production of MDA was significantly increased in the Nx rats as compared to the healthy rats in the sham group ($P < 0.05$) (Fig. 3A). The activity of SOD was also inhibited in the Nx group compared with the sham group (Fig. 3B). Compared with the Nx rats,

Fig. 1. Histological examination of renal structure by PAS staining. Untreated Nx rat showed tubular atrophy, tubular dilation, hyperplasia and glomerulosclerosis, which were attenuated by pioglitazone treatment. Moreover, the therapeutic effect of pioglitazone was inhibited by the PPAR γ inhibitor GW9662. Bar scale, 50 μ m.

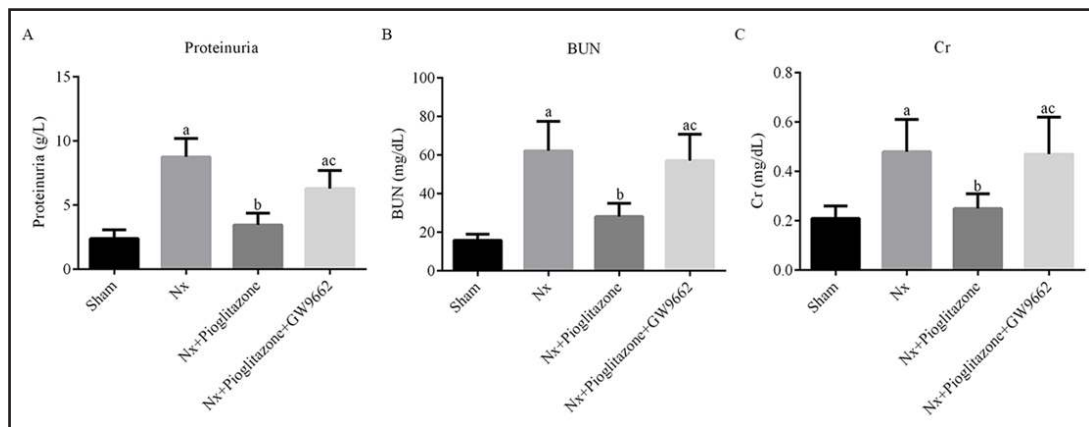
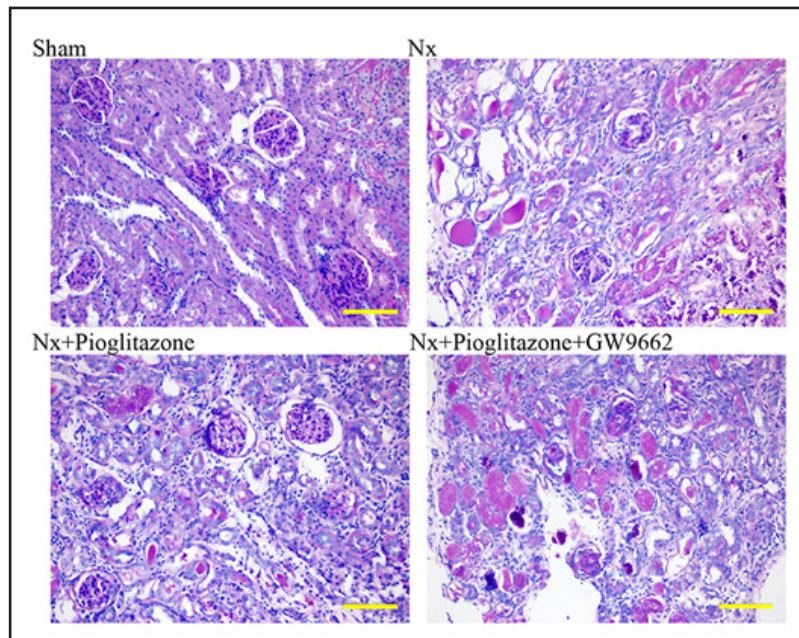


Fig. 2. Analysis of renal function. 5/6 nephrectomy induced elevation of proteinuria, BUN, and Cr, which were attenuated by administration of pioglitazone. The protective effect of pioglitazone against renal failure was inhibited by GW9662. Quantitative analysis of (A) proteinuria, (B) BUN, and (C) Cr. “a” indicates a significant difference from the sham group, $P < 0.05$. “b” indicates a significant difference from the Nx group, $P < 0.05$. “c” indicates a significant difference from the Nx+pioglitazone group, $P < 0.05$.

pioglitazone treatment significantly reduced the level of MDA and increased the activity of SOD in the Nx kidney. By contrast, GW9662 almost abolished the effects of pioglitazone on MDA and SOD in the injured kidney.

Pioglitazone inhibited angiogenesis in injured kidney

The effect of pioglitazone on the angiogenesis process was assessed by a series of experiments. As shown in Fig. 4A, the production of NO was induced as a result of manipulated renal failure, and administration of pioglitazone decreased the level of NO to a normal level as in the sham group. Identical to the change pattern of NO, the serum level of VEGF was significantly elevated in the Nx rats as compared to the sham group ($P < 0.05$) (Fig. 4B), and it was decreased to normal by pioglitazone treatment. Similar results were observed for the level of Flt-1 in the serum (Fig. 4C).

The expression levels of HIF-1 α , VEGF, CD31, and α SMA in the kidney were further analyzed by IHC. As shown in Fig. 5, the positively-stained cells were characterized by the

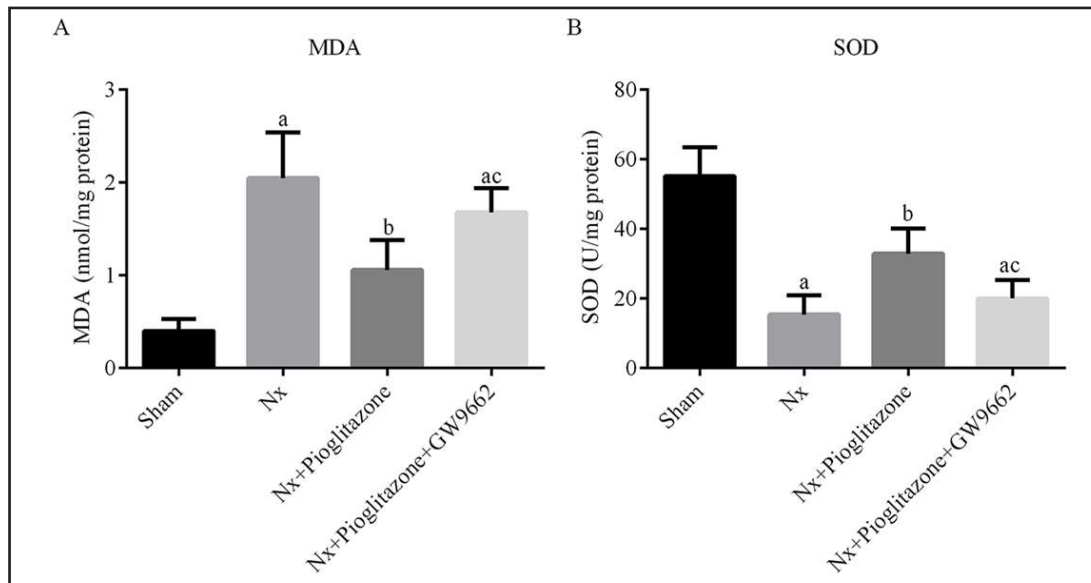


Fig. 3. The effect of pioglitazone on the anti-oxidative capacity in the injured kidney. The level of MDA was increased while the level of SOD was decreased as a result of 5/6 nephrectomy, indicating that the anti-oxidative capacity in the kidney was impaired. The levels of these two markers were restored after administration of pioglitazone, whereas the effect of pioglitazone on anti-oxidative response was inhibited by GW9662. (A) Quantitative analysis of MDA. (B) Quantitative analysis of SOD. "a" indicates a significant difference from the sham group, $P < 0.05$. "b" indicates a significant difference from the Nx group, $P < 0.05$. "c" indicates a significant difference from the Nx+pioglitazone group, $P < 0.05$.

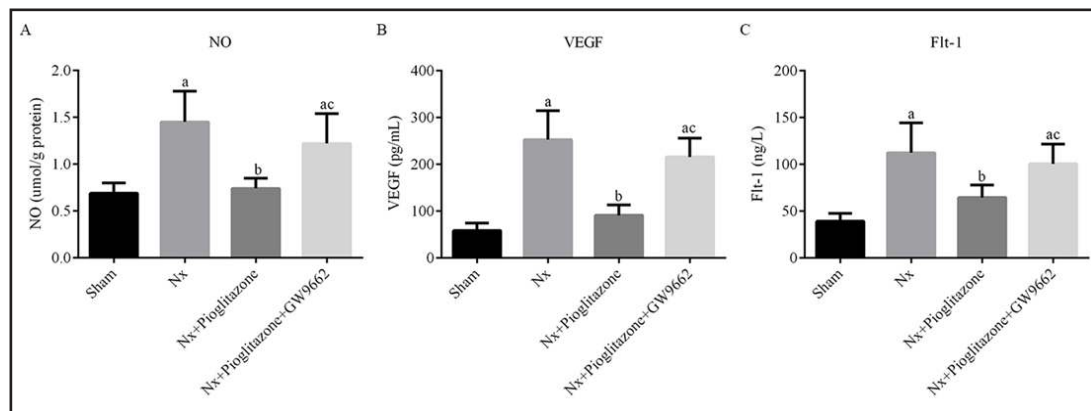


Fig. 4. The effect of pioglitazone on the serum levels of angiogenic molecules. The serum levels of NO, VEGF, Flt-1 were increased due to nephrectomy, and were reduced by pioglitazone. The effect of pioglitazone on the production of angiogenic molecules was inhibited by GW9662. This figure shows the quantitative analysis results of (A) NO, (B) VEGF and (C) Flt-1. "a" indicates a significant difference from the sham group, $P < 0.05$. "b" indicates a significant difference from the Nx group, $P < 0.05$. "c" indicates a significant difference from the Nx+pioglitazone group, $P < 0.05$.

presence of brownish-yellow particles. The expression levels of HIF-1 α , VEGF, CD31, and α SMA were all dramatically increased after induction of renal failure. In contrast, pioglitazone treatment markedly reduced the expression of these vascularization-related molecules. These results supported the conclusion that pioglitazone alleviates renal impairment through an anti-angiogenic manner.

To explore the possible pathways involved in pioglitazone-mediated renoprotection, the expression of HIF-1 α , eNOS, VEGF, Flt-1 and Flk-1 were detected at both mRNA and

Fig. 5. Representative images of IHC staining. The Nx rat showed up-regulated expression of HIF-1 α , VEGF, CD31 and α SMA in the kidney, which were manifested by extensive distribution of brownish-yellow particles. Up-regulation of the angiogenic molecules was inhibited by pioglitazone, and such inhibitory effect of pioglitazone was eliminated by PPAR γ inhibitor GW9662. (A) HIF-1 α . (B) VEGF. (C) CD31. (D) α SMA. Bar scale, 50 μ m.

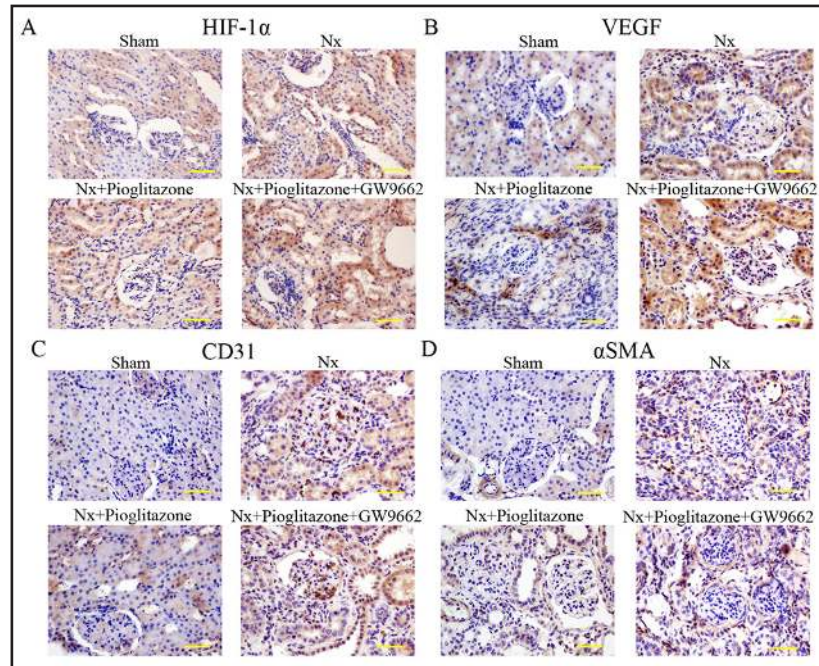
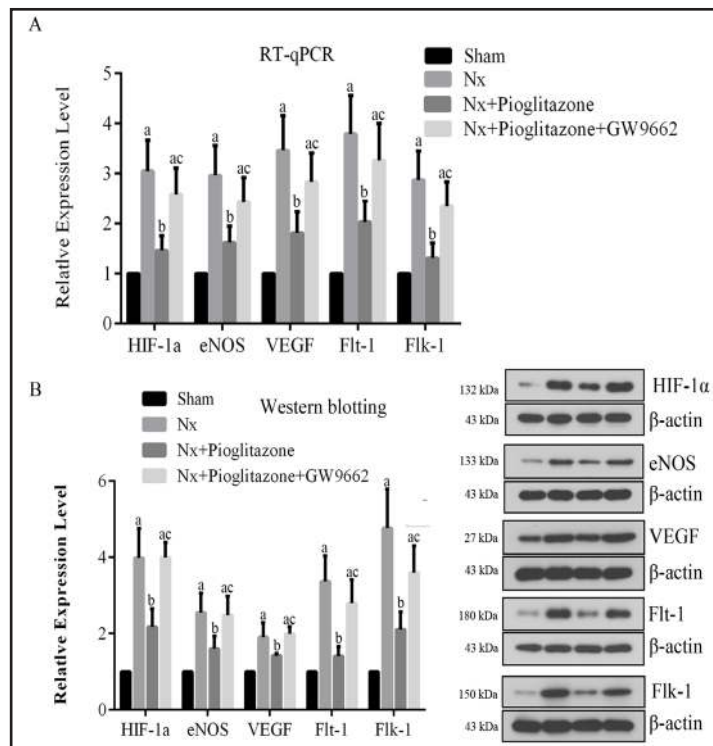


Fig. 6. The effect of pioglitazone on the expression of angiogenic molecules in the injured kidney. The expression of HIF-1 α , eNOS, VEGF, Flt-1 and Flk-1 were up-regulated in the kidney tissues at both mRNA and protein levels in the Nx rats, and nephrectomy-induced up-regulation of these molecules was inhibited by pioglitazone. The effect of pioglitazone was abolished by PPAR γ inhibitor GW9662. (A) Quantitative analysis of RT-qPCR results of five angiogenic factors. (B) Quantitative analysis and representative images of western blotting of the five factors. "a" indicates a significant difference from the sham group, $P < 0.05$. "b" indicates a significant difference from the Nx group, $P < 0.05$. "c" indicates a significant difference from the Nx+pioglitazone group, $P < 0.05$.



protein levels. As shown in Fig. 6, 5/6 nephrectomy induced angiogenesis in the injured kidney, which was evidenced by the up-regulation of the aforementioned molecules, whereas administration of pioglitazone significantly attenuated the elevation of the angiogenic markers both at mRNA and protein levels ($P < 0.05$). Moreover, administration of PPAR γ inhibitor GW9662 blocked the anti-angiogenic effect of pioglitazone in renal failure, suggesting that activation of PPAR γ pathway by pioglitazone may play a determinant role in the treatment of renal failure via inhibition of angiogenesis.

Discussion

In the current study, the effect of pioglitazone on renal antioxidative capacity and angiogenesis in response to subtotal nephrectomy was investigated in a series of experiments. It was found that the agent was able to restore the structure and regular function of the injured kidney in the Nx rat model. This protective effect of pioglitazone was achieved by direct inhibition on the production of vascularization-related molecules, including NO, HIF-1 α , eNOS, VEGF, Flk-1 and Flt-1. Additionally, administration of pioglitazone also increased the expression of SOD while decreased the level of MDA, implying the restoration of antioxidative capacity in the injured kidney.

Pioglitazone is an agonist of PPAR γ and is capable of lowering blood glucose level through enhancement of insulin resistance [28-30]. In the previous studies on the role of PPAR in diabetic kidney disease, it was found that the PPAR agonist could modulate systemic metabolism in a number of ways, including improvement of glycaemic control, insulin sensitivity and dyslipidaemia, and these modulatory effects might influence the outcome of the disease [31-34]. Later on, Zou et al. [21] and Reel et al. [35] concluded that pioglitazone was capable of protecting the kidney from renal injury by enhancing the antioxidative and anti-inflammatory capacity of the kidney. Furthermore, it was reported that pioglitazone significantly increased the expression of VEGF and accelerated the angiogenesis process following kidney injuries [22-24]. In the current study, the sclerosed areas and the levels of proteinuria, BUN and Cr in the Nx rat kidneys were markedly reduced after administration of pioglitazone, and these results substantiated the renoprotective effect of pioglitazone that was proposed in the previous studies. These results also evidently showed the potential of pioglitazone in the repair of structural and functional deterioration of the kidney in CKDs. Moreover, the antioxidative capacity of the injured kidney was also improved by pioglitazone. However, contrary to most previous studies, our data demonstrated that the angiogenesis in the injured kidney was inhibited, instead of being activated, by pioglitazone.

The results of ELISA, IHC, RT-qPCR, and western blotting showed that the expression of angiogenic factors, such as CD31, α SMA, HIF-1 α , VEGF, eNOS, NO, Flt-1 and Flk-1, were upregulated in the injured kidney. In contrast, pioglitazone treatment on the Nx rats resulted in remarkable inhibition on the production of all these molecules. As the common markers of angiogenesis, the reduction of CD31 and α SMA evidently represented the inhibition of neovascularization. Although rarely reported, the repressive effect of pioglitazone on the expression of HIF-1 α and VEGF was demonstrated by Dromparis and colleagues [25]. Consistently, in the current study, pioglitazone-induced activation of PPAR γ was capable of down-regulating HIF-1 α expression, probably through reduction of oxidative stress, resulting in inhibition of VEGF expression [36]. Subsequently, the levels of eNOS, an essential mediator of VEGF-induced angiogenesis, and its catalysate NO were both reduced as well [37]. Furthermore, the expressions of two distinct receptor tyrosine kinases, Flt-1 and Flk-1, which were stimulated by VEGF, were suppressed due to down-regulation of VEGF [38]. However, the proposed regulatory pathway may not explain the pro-angiogenic effect of pioglitazone as demonstrated in the previous studies [22-24]. The inconsistent conclusions might result from different doses, various exposure time to pioglitazone, and even the method of model construction. Taken together, the outcome of pioglitazone treatment is sensitive to drug administration time and depends on the target organ. Hence, more comprehensive studies are needed to further elucidate the mechanism of pioglitazone-based therapies.

In conclusion, our study demonstrated that pioglitazone restored the structure and function of the injured kidneys in Nx rats. Administration of pioglitazone increased the antioxidative capacity while inhibited the expression of angiogenic factors in the injured kidney. Although the underlying mechanism involved in this treatment process is not fully understood, pharmacological modification of renal structure and function by pioglitazone might be valuable along with other cell transplantation or gene therapies for the treatment of CKDs.

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Disclosure Statement

The authors declare no conflict of interest.

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