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### **Original Research Article**

# Price variation in different brands of anticancer drugs available in Indian pharmaceutical market: a cost analysis study

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#### ABSTRACT

**Background:** Cancer is one of the most expensive and lethal noncommunicable diseases globally. Availability and affordability of anticancer drugs are the most important factors on which management of cancer depends. The objective of the study was to evaluate the variation of cost among different brands of anti-cancer drugs available in the Indian market.

**Methods:** "Current Index of Medical Specialties" July-October 2018 and "Drug Update" Sept - 2018 were used to obtain cost in INR\* (Indian National Rupees) of anticancer drugs manufactured by different pharmaceutical companies in India, in the same strength and dosage form. Percentage cost variations were calculated by minimum and maximum costs of anticancer drug of different brands.

**Results:** Percentage variation in cost was analyzed for 41 different formulations of 27 anticancer drugs. Highest cost variability seen with Alkylating agent Carboplatin 150 mg injection (1100%) and lowest with Antimetabolite anticancer agent Cytarabine 500 mg injection (6.56%). Three formulations showed more than 500% cost variation, largest with Carboplatin 150 mg injection (1100%) followed by Anastrozole 1 mg tablet (870%) and Letrozole 1 mg tablet (508.42%).

**Conclusions:** Present study finding showed significant cost variation in different brand of many anticancer drugs in India. These results indicated that greater price transparencies required. This price variation issue requires a much more in-depth analysis of the health care system.

**Keywords:** Anticancer, Cancer, Cost analysis, Cost variation, Pharmacoeconomic

#### **INTRODUCTION**

Cancer is a large group of disease characterized by abnormal pattern of growth and differentiation of body cells which can affect almost any part of the body. It is one of the most expensive and lethal noncommunicable diseases globally.<sup>1</sup> In 2018 around 2.25 million people living with the cancer and total deaths due to cancer was around 7,84,821 in India.<sup>2</sup>

Chemotherapy with anticancer drugs is the main treatment modality for many cancers. Early diagnosis and longer duration of treatment with chemotherapeutic agents contribute to high cost of medicine for cancer care. Availability and affordability of anticancer drugs are the most important factors on which management of cancer depends. Global spending on cancer medicines expanded from \$96 billion in 2013 to \$133 billion globally in 2017.<sup>3</sup> Cost of drug is a very sensitive issue for a developing country like India. It has direct economic implications on patients and plays a significant role for compliance to treatment. The affordability of anticancer medicines is a critical problem for most of the Indian patients.

In developing countries like India pharmacoeconomics plays an important role in healthcare sector.

Cost of drugs also plays an important role in adherence of treatment of disease and also is an essential part of rational drug prescribing. Indian pharmaceutical market flooded with a number of branded formulations for anticancer drugs with large cost variation of the same drug. This cost variation employs an unnecessary economic burden on the patients.<sup>4</sup>

One of the types of partial pharmacoeconomic evaluation is 'Cost analysis' by which we can compare the costs of two or more alternatives without regard to outcome.<sup>5,6</sup> As alternatives different brand formulations of the same drug also available for a patient, expected to provide a same therapeutic outcome. Analysis of the costs of various brand of same drug can highlight the phenomenon of 'inter-brand price variation' which can put the substantial financial burden on patients.

Various researches indicated significantly higher cost variations in different brands of single drug and changing trend of cost variation in different time periods. There are very few studies available that compared the cost of the anticancer drug of different brands available in India. Present study aimed to review the costs and percentage cost variation of anticancer agents across the different brands available in the Indian market.

#### **METHODS**

This cost analysis study was done in the Department of Pharmacology of a Tertiary Care Teaching Hospital in Central India. Price in INR\* (Indian National Rupees) of anticancer drugs manufactured by different pharmaceutical companies in India, in the same strength and dosage form was obtained from "Current Index of Medical Specialties" July-October 2018 and "Drug Update" Sept - 2018.

Costs of drug were analyzed according to the availability like oral and parenteral dosage form. The drugs were further divided into groups like antimetabolite and alkylating agent. Different strengths of the same drug manufactured by only one company or by different companies were excluded. Formulations containing combination of drugs were also excluded.

Costs of individual drug with same being manufactured by all the companies in the same strength and dosage form were compared. Cost of the oral anticancer drug formulation was calculated for single tablet as the number of tablets available per strip varied.

The difference in the maximum and minimum price of Individual drug being manufactured by several companies across the different brands was calculated. This formula was used to calculate the variation in price.<sup>7</sup>

% Cost variation = Cost of brand with highest price-cost of brand with lowest price x 100/cost of brand with lowest price.

#### RESULTS

Percentage price variations of 27 drugs costs in different dosages form were calculated. A total of 41 different formulations were available for these drugs, which were manufactured by various pharmaceutical companies in India. According to various classes of anti-cancer drugs analyzed in this study, the maximum mean price variability was found to be highest with hormonal drugs (326.62%) and lowest with microtubules damaging anti-cancer drugs (86.33 %) (Figure 1).



# Figure 1: Cost variation (percentage) among various categories of anti-cancer drugs.

Out of the 41 formulations 17 formulations show more than 100% variation in the maximum and minimum cost. Three formulations showed more than 500% variation, largest with Carboplatin 150 mg injection (1100%) followed by Anastrozole 1 mg tablet (870%) and Letrozole 1 mg tablet (508.42%).

Table 1 shows cost variation in Alkylating agents with highest variability with Carboplatin 150 mg injection (1100%) and lowest with Ifosfamide 1000 mg injection (48.04%) (Table 1).

In Antimetabolite anticancer agents, highest cost variability seen with Methotrexate 2.5 mg tablet (253.02%) and lowest with Cytarabine 500 mg injection (6.56%) (Table 2).

Among the microtubules damaging anticancer agent highest cost variation show by Paclitaxel 100 mg injections (165.89%) and in antibiotic anticancer agent Mitomycin 2 mg injection show maximum cost difference (222.28%) (Table 3 and Table 4). In hormonal anticancer agent, 2 drugs showed cost variation more than 500%, Anastrozole 1 mg tablet (870%) and Letrozole 1 mg tablet (508.42%). Minimum cost variation in this group seen with Flutamide 250 mg tablet (69.12%) (Table 5).

#### Table 1: Cost variation among alkylating anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
Cyclophosphamide	Injection	200 500	10 9	26.00 58.00	46.15 98.30	77.5 69.48
Ifosfamide	Injection	1000	10	322.21	477.00	48.04
Buslfan	Tablet	2	7	2.60	6.84	163.07
Cisplatin	Injection	1	16	7.70	20.70	168.83
Oxaliplatin	Injection	50	13	1850.00	4798.00	159.35
	Injection	100	11	4000.00	9594.50	139.86
Carboplatin	Injection	150	15	150.00	1800.00	1100

#### Table 2: Cost variation among antimetabolite anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
	Tablet	2.5	15	1.49	5.26	253.02
Methotrexate	Injection	15	9	25.50	59.25	132.35
	Injection	50	10	49.90	105.00	110.42
Fluorouracil	Injection	250	8	10.30	14	35.92
Cutorohino	Injection	100	6	125.00	185.00	48
Cytarabine	Injection	500	5	549.00	585.00	6.56
Gemcitabine	Injection	200	11	1070.00	1625.00	51.87
	Injection	1000	10	4220.00	8290.00	96.45

#### Table 3: Cost variation among microtubules damaging anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
Dealitaral	Injection	30	15	1087.00	2100.00	93.19
Pacifiaxei	Injection	100	15	3720.00	9891.00	165.89
Docetaxel	Injection	20	12	3190.00	4633.00	45.24
	Injection	80	11	5400.00	12280.00	127.41
Vincristine	Injection	1	8	48.00	63.25	31.77
Vinorelbine	Injection	10	6	2501.00	3864.00	54.50

#### Table 4: Cost variation among antibiotic anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
Dovorubicin	Injection	10	16	192.50	351.00	82.34
Doxorubiciii	Injection	50	13	921	1540.00	67.21
Daunorubicin	Injection	20	5	240.00	431.00	79.58
Epirubicin	Injection	10	9	387.45	650.00	67.76
	Injection	50	9	1788.00	2977.00	66.50
Mitomycin	Injection	2	7	65.16	210.00	222.28
	Injection	10	6	326.20	643.00	97.12

Table 6 shows cost variation in targeted anticancer agents with highest variability with Erlotinib 150 mg tablet (230.33%) and lowest with Imatinib 100 mg capsule (17.65%) (Table 6).

#### DISCUSSION

The main objective of this study was analysing the variation of cost among different brands of anti-cancer

drugs available in the Indian market. Study showed a very high fluctuation in the minimum and maximum price of most of the anticancer agents which is being manufactured by several companies across the different brands in India. In this study, alkylating anticancer agent Carboplatin showed the highest price variation (1100%) followed by Anastrozole (870%), Letrozole (508.42). Methotrexate (253.02%), Mitomycin (222.08%) and Erlotinib (230.33%). Lowest price variation found with Cytarabine (06.56%), Bortezomib (31.26%), Gefitinib (38.80%) and Rituximab (40.08%). Study done by Kosalani BP et al, also showed a very high fluctuation in cost of anticancer drugs in Indian market. Their study showed highest cost variation in hormonal anticancer drugs (714.24%) and lowest

variation with targeted anticancer drugs (5.56%) in India.<sup>8</sup> A study by Salmasi S et al, also concluded great variation in pricing of anticancer drugs in other countries like in South East Asian, Western Pacific and East Mediterranean Region.<sup>9</sup>

#### Table 5: Cost variation among hormonal anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
Tamoxifen	Tablet	10	14	1.60	3.33	108.13
	Tablet	20	7	3.10	5.50	77.42
Anastrozole	Tablet	1	7	6.00	58.20	870
Letrozole	Tablet	2.5	15	9.50	57.80	508.42
Flutamide	Tablet	250	4	6.80	11.50	69.12

#### Table 6: Cost variation among targeted anticancer agent.

Drug	Dosage form	Dose (mg)	No. of manufacturing companies	Minimum cost (INR)*	Maximum cost (INR)*	% variation in cost
Imatinib	Capsule	100	5	85.00	100.00	17.65
	Tablet	400	7	180.00	413.33	129.63
Gefitinib	Tablet	250	7	285.60	396.4	38.80
Erlotinib	Tablet	150	4	333.00	1100.00	230.33
		100	2	222.00	650.00	192.79
Bortezomib	Injection	2	5	11982.00	15727.40	31.26
Rituximab	Injection	100	4	7138.00	9999.00	40.08

There are only few Studies in India comparing the cost of the same drug sold under different brand names by different pharmaceutical companies especially in case of anticancer drug. Various brands of the same drug show difference in their cost varies from two-fold to more than 100-fold.<sup>10</sup>The nature and composition of pharma sector in India which is predominantly a branded generic market is the one of the important reasons for brand cost variation in Indian pharmaceutical market.

The number of brands available in the Indian market is very high around 60,000-70,000.<sup>11</sup> Some other factors like the asymmetry of information or imperfect information, government regulations and pricing policies, costs of raw supplies, distribution and promotion, economic goals of the parent company, target return on investment also contribute to this phenomenon as evident from the literature.<sup>12-15</sup>

In India, the Drug Price Control Order (DPCO) controls the price of drugs. National Pharmaceutical Pricing Authority (NPPA) regulates the price of drugs in India with limited authority to fix, review and justify pharmaceutical prices under the Drug Prices Control Order (DPCO), 1995. The market-based pricing (MBP) mechanism used by DPCO to set the price of the drug is highly debatable and has come under severe criticism from various Non-governmental organizations (NGOs).<sup>16</sup>

In developed countries, system of medical insurance is in place but in developing countries like India a large number of patients are not covered under any individual or government medical insurance so most of the cancer patients have to purchase the prescribed drugs by themselves. The large differences in the cost of different formulations of the same anticancer drug have severe economic implications on the Indian Population. Many cancer patients are most likely to abandon use of their medications or cut their doses because the treatment is not affordable for them. This may cause a higher risk of disease progression, mortalities and morbidities. The treating Physicians prescribe only that brand about which they know. They have lack of information about other brands with lower price and this existence of wide variation in prices. Various studies showed that if a provisional manual of drug prices is available to the physicians, it will reduce the cost of therapy and also help health care providers for allocating their limited health care resources.<sup>17,18</sup> Governing authorities should take some steps for regulating and bring uniformity in price. So that a common man enables affordable access to potentially life-saving drugs which will ultimately improve the compliance and reduce the economic burden.

#### CONCLUSION

The significant price differences among various anticancer drugs very evident. Present study finding also showed significant cost variation in different brand of many anticancer drugs in India. These results indicated that greater price transparencies required. This price variation issue requires a much more in-depth analysis of the health care system. Results of this type of price variation studies provide information to the prescriber about various brands with their price variations and help them to choose to cost effective drugs for a patient to achieve rational prescribing. It also helps policy makers to compare the price of drugs of different brands in the country and to decide if further policy measures related to drug prices are required.

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