



Prognostic Genetic Markers for Thrombosis in COVID-19 Patients: A Focused Analysis on D-Dimer, Homocysteine and Thromboembolism

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COVID-19 is caused by Severe Acute Respiratory Syndrome Coronavirus-2, which has infected over thirty eight million individuals worldwide. Emerging evidence indicates that COVID-19 patients are at a high risk of developing coagulopathy and thrombosis, conditions that elevate levels of D-dimer. It is believed that homocysteine, an amino acid that plays a crucial role in coagulation, may also contribute to these conditions. At present, multiple genes are implicated in the development of these disorders. For example, single-nucleotide polymorphisms (SNPs) in FGG, FGA, and F5 mediate increases in D-dimer and SNPs in ABO, CBS, CPS1 and MTHFR mediate differences in homocysteine levels, and SNPs in TDAG8 associate with Heparin-induced Thrombocytopenia. In this study, we aimed to uncover the genetic basis of the above conditions by examining genome-wide associations and tissue-specific gene expression to build a molecular network. Based on gene ontology, we annotated various SNPs with five ancestral terms: pulmonary embolism, venous thromboembolism, vascular diseases, cerebrovascular disorders, and stroke. The gene-gene interaction network revealed three clusters that each contained hallmark genes for D-dimer/fibrinogen levels, homocysteine levels, and arterial/venous thromboembolism with F2 and F5 acting as connecting nodes. We propose that genotyping COVID-19 patients for SNPs examined in this study will help identify those at greatest risk of complications linked to thrombosis.

Keywords: coagulopathy, COVID-19, heparin, d-dimer, homocysteine, pulmonary embolism, thrombocytopenia, venous thromboembolism

INTRODUCTION

The COVID-19 outbreak, which began in China's Hubei Province, was declared a pandemic by the World Health Organization on March 11, 2020. One of the most challenging features of COVID-19 is its outcome variability, as some afflicted are asymptomatic, while others experience mild-to-severe flu-like symptoms or even death (Bai et al., 2020; Day, 2020; Kimball et al., 2020; Mizumoto et al.,

2020; Sakurai et al., 2020; Zhou et al., 2020). In consideration of the dramatic rise in the number of infected people and limited health resources worldwide, it would be especially advantageous to identify which patients will be most in need of critical care. Notably, the clinical status and presence of concurrent comorbidities in COVID-19 patients are good indicators of an individual's prognosis. In addition, assessing blood levels of primarily the coagulation factors (D-dimer and fibrinogen) and homocysteine may be informative (Velavan and Meyer, 2020).

Initially, pneumonia and shortness of breath were believed to be the primary causes of death in COVID-19 patients, yet growing research reveals that thrombosis, a consequence of the deterioration of coagulation factors, may actually be the leading offender (Becker, 2020; Bikdeli et al., 2020; Levi et al., 2020; Tang et al., 2020; Yuki et al., 2020; Zhou et al., 2020). The incidence of thrombotic events in COVID-19 patients admitted to the intensive care unit can be as high as 31% (venous thromboembolic events are the most common) (Abou-Ismaïl et al., 2020; Klok et al., 2020). Numerous studies are presently investigating the pathophysiology of coagulopathy specific to COVID-19, so as to derive mechanistic insights that can direct interventions (Abou-Ismaïl et al., 2020). Elevated levels of D-dimer represent the initial manifestation of coagulopathy in critically ill patients, followed by abnormal prothrombin and partial thromboplastin times, and finally low platelet counts in later stages (Connors and Levy, 2020; Iba et al., 2020).

D-dimer is a fibrin degradation product (FDP), otherwise known as a protein fragment that circulates in the bloodstream after a clot is broken down by fibrinolysis. Clinically speaking, D-dimer levels are evaluated when monitoring a patient's response to anticoagulants; a decrease is illustrative of the therapy's efficacy. Interestingly, D-dimer levels will stay elevated in patients taking anticoagulants and suffering from conditions such as systemic lupus erythematosus, obesity or various infections (Greenberg, 2017) because they tend to trigger extravascular fibrin formation or prevent the anticoagulant from suppressing fibrin formation. Studies have found that D-dimer levels associate with a heightened risk of coronary heart, cardiovascular, and peripheral arterial diseases, as well as acute ischemic stroke, venous thrombosis, and atherosclerosis (Folsom et al., 2016; Soomro et al., 2016).

In this study, we focus on D-dimer levels as a biomarker for coagulopathy in COVID-19 patients. Second, we discuss homocysteine levels and thrombocytopenia, because the former correlates with D-dimer levels and the latter is induced by heparin when treating coagulopathy in COVID-19 patients. For all biomarkers, their molecular genetic basis and contribution to coagulopathy-related complications are examined. Further, we present differences in allele frequencies for associated genetic risk variants across continental populations.

METHODS

We carried out a literature search using Medline (PubMed) for published studies using terms such as D-dimer, homocysteine,

heparin and embolism. We chose search terms subjectively and iteratively. We also checked the reference lists of potentially relevant articles for additional citations and used the "related citations" search key in PubMed to identify similar papers.

Established genotype-trait association signals identified through global genome-wide association studies (GWAS) are available from the NHGRI-EBI GWAS Catalog (Buniello et al., 2019). Genetic variants and genes associated with traits and disorders discussed in this study were obtained by querying the GWAS Catalog available at <https://www.ebi.ac.uk/gwas/>. In order to identify genetic variants that regulate genes of interest in tissue-specific manner, we examined genotype-tissue expression data using GTEx v8 (<https://www.gtexportal.org>). GTEx is a comprehensive public resource to study tissue-specific gene expression and regulation. The GTEx Portal provides open access to data including gene expression, QTLs, and histology images.

As regards querying the GWAS Catalog, selection criteria was based on the P-values denoting the significance for association; associations at genome-wide significance ($P < 5.0E-08$) were given preference; the P-value threshold was relaxed when only few associations were seen at genome-wide significance. As regards querying the GTEx, selection criteria was based on significant P-values and Q-values.

Allele frequencies at genetic variants in continental populations were extracted from 1000 Genomes Project Phase 3 (Auton et al., 2015) data available through Ensembl genome browser (<http://www.ensembl.org>). As regards Middle East populations, genetic variants data published previously on Kuwaitis (Hebbar et al., 2020; John et al., 2018) (available from our in-house databases), Qataris (Fakhro et al., 2016) (as available from <http://clingen.igib.res.in/almena/>) and Iranians (Fattahi et al., 2019) (as available from <http://www.iranome.ir/>) were used.

The eXploring Genomic Relations (XGR) tool (Fang et al., 2016) was used to derive gene-gene interaction networks based on the list of GWAS-annotated study variants and other GWAS-annotated SNPs that are in Linkage Disequilibrium (LD) with the study variants. XGR uses databases on functional annotation such as STRINGs (Fang et al., 2016) presenting protein-protein interaction networks and Reactome or PathwayCommons (Cerami et al., 2011) presenting biological pathways to identify an optimal gene network that is likely to be modulated by input SNPs and their LD SNPs from a genome region of specified length around the study variants. To do this, XGR first defines and scores genes that are likely under the genetic influence of the study GWAS SNPs by way of performing the following three steps: (a) scoring the study SNPs (and their GWAS LD SNPs) by the p-values for association with the GWAS trait; (b) scoring the genes based on genomic proximity to quantify their genetic modulation by the study SNPs and their LD SNPs; and (c) scoring the networks to identify a maximum-scoring gene subnetwork. The resultant gene subnetwork of functional interactions with high confidence score ≥ 700 from the study variants was considered in our study. The resources of GWAS Catalog and GTEx and the XGR tool was last accessed on 17th June 2020.

TABLE 1 | Literature survey on impact of D-dimer levels on mortality in adult COVID-19 patients.

Study no.	Author and reference	N	Mortality/Prevalence	Predicted D-dimer levels for mortality
1	(Zhang et al., 2020)	343	13 deaths from 67 with high D-dimer. Patients with D-dimer levels $\geq 2.0 \mu\text{g/mL}$ had a higher incidence of mortality	2 ug/ml
2	(Leonard-Lorant et al., 2020)	106	75% more ICU admission with high D-dimer levels. A D-dimer threshold of 2660 $\mu\text{g/L}$ detected all patients with pulmonary embolus on chest CT.	2.660 ug/ml
3	(Gao et al., 2020)	43	3 fold increased deaths. The mild and severe group had D-dimer levels of 0.28 and 0.750 $\mu\text{g/L}$, respectively.	Highest detection accuracy of severity was achieved when IL-6 was over 24.3 pg/mL and D-dimer was over 0.28 $\mu\text{g/L}$.
4	(Zhou et al., 2020)	191	81% with higher D-dimer levels had deaths (from 57 deaths)	Multivariate regression analysis demonstrated that increasing odds of in-hospital death is associated with older age, higher sequential organ failure assessment (SOFA) score, and D-dimer greater than 1 $\mu\text{g/mL}$ on admission. 1 ug/ml
5	(Cui et al., 2020)	81	Patients with D-dimer level of $\geq 1.5 \text{ ug/ml}$ had higher incidence of venous thromboembolism. 25% incidence of deaths	The incidence of venous thromboembolism in these patients was 25% (20/81), of which 8 patients with VTE events died. If 1.5 $\mu\text{g/mL}$ was used as the D-dimer cut-off value to predict VTE, the sensitivity and specificity was 85.0% and 88.5%, respectively. 1.5 ug/ml as cut-off for predicting VTE.
6	(Chen et al., 2020)	99	36% increase in patients with pneumonia when D-dimer levels as $> 1.5 \text{ ug/ml}$.	1.5ug/ml as threshold for increase in pneumonia
7	(Chen et al., 2020)	799	35% death with increased levels in 97 deaths	Thirty four (35%) of 97 deceased patients and only three (2%) of 150 recovered patients had D-dimer concentrations above 2.1 $\mu\text{g/mL}$.
8	(Levi et al., 2020)	1099	46% didn't survive	$> 2.12 \text{ mg/l}$
9	(Tang et al., 2020)	183	11.5% mortality with high D-dimer (1-3 ug/ml)	$> 3 \text{ ug/ml}$
10	(Huang et al., 2020)	41	Higher D-dimer levels in ICU patients (13 out of 41 patients)	2.4 ug/ml
11	(Wang et al., 2020)	1099	59.6% severe cases (65 out of 109 patients) with high D-dimer levels	The median for D-dimer level in ICU patients was 4.14ug/ml and in non-ICU patients was 1.66 ug/ml $> 1.66 \text{ ug/ml}$

The trait names as used in GWAS Catalog are standardized using well-defined Experimental Factor Ontology (EFO) terms in the contexts of Disease, Phenotype and Biological Processes (Welter et al., 2014). SNPs associated with one or more related traits grouped together are annotated by such an EFO term. A SNP mapped to an EFO term can also be annotated by its parental ancestor term. The XGR tool (Fang et al., 2016) considers additional SNPs that are in strong LD ($r^2 > 0.8$) with a given list of study variants and performs a hypergeometric test. It thereby outputs a list of the parental terms with FDR (false discovery rate) values to which the study variants are associated with.

RESULTS

D-Dimer as an Early Marker of Mortality in COVID-19 Patients

Various studies have reported that elevated D-dimer levels ($> 2 \text{ ug/mL}$) can increase the risk of fatality in COVID-19 adult patients (Levi et al., 2020; Zhou et al., 2020; Tang et al., 2020; Leonard-Lorant et al., 2020; Zhang et al., 2020; Cui et al., 2020; Chen et al., 2020; Gao et al., 2020; Wang et al., 2020; Chen et al., 2020; Huang et al., 2020) (Table 1). Additionally, high levels have been observed during advanced stages of other viral infections, such as HIV and Ebola (Lippi and Favalaro, 2020). Infection by SARS-CoV-2, in particular, results in a cytokine storm that injures endothelial cells and leads to a massive release of plasminogen activators. It is possible that this phenomenon is the reason why COVID-19 patients with severe outcomes display significantly elevated levels of D-dimer and FDPs. For children infected with SARS-CoV-2, a two to three-fold increase in D-dimer levels has been observed as the disease progressed from mild to moderate (Qiu et al., 2020), and those with obesity are presumed to be at highest risk of complications from this virus because obese children are reported to have higher D-dimer levels. Therefore, in addition to comorbidities such as diabetes, cardiovascular disease, hypertension and lipid disorders (Abu-Farha et al., 2020; Bosso et al., 2020), increased D-dimer levels are a risk factor for death in COVID-19 patients. As such, D-dimer levels should be carefully monitored throughout treatment.

Global genome-wide association studies (GWAS), as deposited in the GWAS Catalog (Buniello et al., 2019), report that approximately 16 genetic variants associate with D-dimer levels in healthy individuals. Of these, three non-coding single-nucleotide polymorphisms (SNPs) are linked to high levels of D-dimer in healthy individuals: rs13109457-A [an intergenic variant between fibrinogen gamma and alpha (FGG and FGA), effect size is 6.3%], rs12029080-G (an intronic variant from an lncRNA novel transcript, AC093117.1, effect size is 10.4%), and rs6687813-A (an intergenic variant between F5 and Z99572.1, effect size is 10.1%) (Supplementary Table S1A). Of note: the remaining 13 SNPs are not discussed here because they carry an effect size of $< 0.1\%$.

Importantly, the three aforementioned SNPs are all common variants (i.e., their minor allele frequency is > 5%), but their frequency differs substantially across continental populations (**Supplementary Table S1A and Supplementary Figure S1**). For example, rs13109457-A occurs at 43% frequency in East Asia, but this value is halved across the Middle East; rs12029080-G occurs at 7% frequency in Africa, and this value is more than tripled for all other populations; rs6687813-A occurs at 0% frequency in East Asia, but is > 5% in all other populations; rs17031315_T, which downregulates expression of FGA and FGG, occurs at 12% frequency in Africans and admixed Americans, but is quite rare in other populations. These variations may align with differences in COVID-19 severity across populations.

Furthermore, the genes that harbor the three top SNPs associate with disorders (some are often comorbid in COVID-19 patients) and traits relating to coagulation. An examination of the GWAS Catalog revealed that variants of FGG associate with thromboembolism and glycine and fibrinogen levels; variants of FGA associate with stroke, thromboembolism, and fibrinogen levels; variants of AC093117.1 associate with type 2 diabetes and end-stage coagulation; variants of F5 associate with ischemic stroke, thromboembolism, peripheral artery disease, and uric acid and cytokine network levels; variants of Z99572.1 associate with the coagulants, Factors II and V.

Upon examining Genotype-Tissue Expression (GTEx) data (<https://www.gtexportal.org>), we found that the above SNPs regulate genes involved in the production of proteins necessary for coagulation, or linked to disorders displaying elevations of D-dimer. In specific, rs13109457 (FGG, FGA) regulates PLRG1 (associated with fibrinogen) and TLR2 (associated with body fat); rs12029080 regulates F3 (a coagulant); rs6687813 (F5, Z99572.1) regulates SLC19A2 (associated with the heart's QT interval), NME7 (associated with the QT interval, thromboembolism, blood pressure, and coronary artery disease), and METTL18 (associated with amnesia and hemorrhage).

Since FGA, FGG, and F5 are expressed in the liver, we also searched for expression quantitative trait loci (eQTLs) regulating expression of these genes in liver. GTEx identified rs17031315-A_T, an intronic variant of DCHS2, as downregulating FGG and FGA via an effect size of 1.7 units (**Supplementary Table S1A**). DCHS2 participates in homophilic cell adhesion via plasma membrane adhesion molecules and is related to cytokine, bilirubin, and fibrinogen counts, as well as disorders comorbid with COVID-19 (i.e., velopharyngeal dysfunction, venous thromboembolism, liver disease, jaundice, anemia, and thyroid disorders).

Homocysteine Levels and COVID-19

Another clinical parameter showing potential significance in COVID-19 patients is homocysteine levels (Ponti et al., 2020; Yang et al., 2020), as research reveals homocysteine levels associate positively with venous and pulmonary thromboembolism ($r = 0.368$ and $r = 0.285$, respectively) (Previtali et al., 2011). In an investigation by Todua et al. (Todua et al., 2017), analyses uncovered a correlation

coefficient of 0.557 between the levels of D-dimer and homocysteine in patients suffering from conditions of pulmonary arterial thromboembolism.

The GWAS Catalog lists 48 signals involving 44 SNPs from 34 genetic loci (including genes for von Willebrand factor and NADPH oxidase 4) associated with homocysteine levels. The top six signals with an effect size > 0.15 units are from CBS, ABO, CPS1, MTHFR, (RPL24P4 and GNMT), and (ALDH1L1 and ALDH1L1-AS2) (**Supplementary Table S1A**). Recently, a GWAS on an Italian and Spanish cohort of COVID-19 patients showed that the ABO blood group locus, from the above list, is associated with respiratory failure (Ellinghaus et al., 2020; Ellinghaus et al., 2020). Moreover, a SNP in CPS1 appears to be linked to a heightened risk of persistent pulmonary hypertension in newborns (Pearson et al., 2001), and two missense variants [rs1801133_G > A (A222V) and rs1801131_T > G (E429A)] in MTHFR have been found to impact homocysteine pathways (Brustolin et al., 2010). These top association signals vary in allele frequencies across populations (**Supplementary Table S1 and Supplementary Figure S1**). As such, examining variants in these genes among COVID-19 patients will provide insight into their risk of clots, heart disease, stroke, and hypertension.

Heparin-Induced Thrombocytopenia

Thrombocytopenia, a condition characterized by low platelet counts, is a common complication in COVID-19 patients and associates with an increased risk of in-hospital mortality (Lippi et al., 2020; Yang et al., 2020). There is currently limited evidence on how it arises following infection by SARS-CoV-2 (Xu et al., 2020), although one study found thrombocytopenia was induced by the medications, Pegylated interferon and Ribavirin (Tanaka et al., 2011).

COVID-19 is tied to an increased incidence of thrombotic and inflammatory events, which contribute to its severe morbidity and mortality. Heparin appears to be the preferred anticoagulant for COVID-19 treatment because in addition to its ability to inhibit the generation of thrombin, it is anti-inflammatory (Thachil, 2020). In a study involving 449 COVID-19 patients, no difference in 28-day mortality was found between the 99 that received heparin and those who did not (Tang et al., 2020). However, a difference in this outcome variable was observed between heparin users and non-users when researchers assessed patients with high D-dimer levels and sepsis-induced coagulopathy, which suggests that not all COVID-19 patients will benefit from anticoagulants. The study recommended that anticoagulants should only be given to COVID-19 patients with elevated D-dimer levels.

The GWAS Catalog lists ten variants from ZNF84 and AC106799.2 (an lncRNA) that associate with HIT (**Supplementary Table S1A**). Karnes et al. (Karnes et al., 2015) observed additional associations from SNPs near TDAG8, which governs production of the G-protein coupled receptor, TDAG8, to induce T-cell death (Choi et al., 1996) and attenuate immune-mediated inflammation (Onozawa et al., 2011; Onozawa et al., 2012). For the majority of these variants, allele frequencies show considerable variation across global

populations (**Supplementary Table S1 and Supplementary Figure S1**).

Progressive Coagulopathy Is Linked to a TALDO1 Malfunction and the COVID-19 Pathway

Transaldolase 1 (TALDO1) is a rate-limiting metabolic enzyme involved in the nonoxidative pentose phosphate pathway, providing ribose-5-phosphate and NADPH for nucleic acid and lipid biosynthesis, respectively. It is believed that malfunctions in TALDO1 are due to mutations in TALDO1 such as R192C observed in patients from United Arab Emirates (Al-Shamsi et al., 2015). TALDO1-deficient patients present various clinical problems, including coagulopathy, thrombocytopenia, hepatosplenomegaly, anemia, hepatic fibrosis, and liver and renal tubular dysfunction (Loeffen et al., 2012; Banne et al., 2016). Progressive coagulopathy is a sensitive parameter indicating liver dysfunction in patients with TALDO deficiency (Lipiński et al., 2018).

From our research, we observed an interesting link between TALDO1 and interferon-induced transmembrane 3 (IFITM3) in the COVID-19 pathway. IFITM3 produces a protein that blocks viruses from fusing with cellular membranes (Thevarajan et al., 2020). The rs12252-C variant of IFITM3 has been linked to severe influenza (Everitt et al., 2012; Wang et al., 2014) and has been observed in a patient with COVID-19 (Thevarajan et al., 2020). GTEx data indicates that rs77216754, an intergenic variant located between TALDO1 and PDDC1, downregulates IFITM3 and upregulates TALDO1. Collectively, this information points to a relationship between TALDO1 and COVID-19 in the context of coagulopathy. Of note, the minor allele frequency of rs77216754, an eQTL variant, is highest in African populations (32.5%) compared to the rest of the world (4 to 9%) (**Supplementary Table S1A and Supplementary Figure S1**).

Pulmonary Embolism, Venous Thromboembolism and COVID-19

Table 2 lists studies that examined the occurrence of thromboembolic complications in COVID-19 patients. Their cohorts differed by presence of pre-existing conditions, types and amounts of medications that were administered, severity of COVID-19, age, and sex. However, all experienced a high occurrence of VTE and pulmonary thrombosis.

The GWAS Catalog lists 13 signals that associate with PE and deep vein thrombosis. These signals correspond to SNPs in ABO, AL357518, COX7A2L, F2, F5, F11-AS1, FUNDC2, (GAPDHP50, ICE2P2), KNG1, (LRAT, FGG), PROCR, SLC44A2, and TSPAN15. Moreover, for signals that associate with VTE, the GWAS Catalog lists 14 signals that are of genome-wide significance and display an odds ratio of ≥ 1.75 . In specific, these signals derive from ABO, AC022182, AC073115, (AP005230, AP005262), (CD, AL118508), F2, F5, LEMD3, LRP4, LY86, NME7, and (THBD, AL118508).

Like the cases of variants associated with the previously mentioned disorders, the top association signals for PE and VTE vary in allele frequency across populations

(**Supplementary Table S1A and Supplementary Figure S1**). For example, rs60942712-T and rs17490626-G that associate with PE occur at $> 10\%$ frequency among Europeans, but are absent in East Asians. Additionally, rs73692310-T and rs28496996-G that associate with VTE occur at a frequency between 7 and 10% in African populations but are non-existent in other continental populations.

Interpretation of the Genomic Relationships Between the Variants Presented in This Study

The eXploring Genomic Relations (XGR) tool (Fang et al., 2016) annotated the study variants with five ancestral terms: PE, VTE, vascular diseases, cerebrovascular disorders, and stroke (**Supplementary Table S1B**); the parental terms of PE, stroke and cerebrovascular disorders were associated with intergenic region of (AL357518.2, AL357518.1), FUNDC2, TSPAN15, F2, PROCR, F11-AS1, ABO, F5, intergenic region of (GAPDHP50 and ICE2P2), KNG1, COX7A2L, intergenic region of (LRAT, FGG), and SLC44A2; those of VTE and vascular diseases were associated with the above gene loci and additionally with LEMD3, AC022182.2, NME7, intergenic region of (CD93, AL118508.3), intergenic region of (THBD, AL118508.3), intergenic region of (AP005230.1, AP005262.1), LY86 and AC073115.2. Moreover, it identified a maximum-scoring gene regulatory network based on the linkage disequilibrium (LD) of the SNPs from a region of 0.05 MB (**Supplementary Table S2 and Supplementary Figure S2**). The network presents three clusters of genes, each containing hallmark genes involved in the regulation of D-dimer/fibrinogen, homocysteine levels and arterial/venous thromboembolism disorders. Particularly, genes that interact to influence D-dimer and fibrinogen levels include F5, FGA, FGB, and FGG; homocysteine levels are influenced by CBS and MTHFR; and arterial/venous thromboembolism disorders are influenced by F2, F3, F8, F11, CHRM4, KLKB1, CD93, THBD, and KNG1. Interestingly, F2 and F5 were discovered to be connecting nodes between these three clusters, although an obesity-related gene (IGFBP3) and a muscular dystrophy-related gene (ADCY1) were found to play prominent roles as well. As the region exploring LD becomes enlarged to 0.5 MB (**Supplementary Table S3 and Supplementary Figure S3**), the network brings additional genes into clusters that help govern D-dimer and fibrinogen counts, thrombosis, and obesity-related traits. Furthermore, genes relating to the following clinical markers for thrombosis also appeared: Partial thromboplastin time, Blood pressure/pulse pressure, Lipids, Eosinophil and blood cell counts, Cell adhesion measurements, Ubiquitination and degradation and Brain volume.

The Molecular Link Between Key Genes in Coagulation During COVID-19 Infection

The data presented so far in this review enabled us to establish potential molecular link connecting some of the key genes in the coagulation process. This includes association of FGA, FGG and F5 with D-dimer levels, MTHFR with homocysteine levels and F2, F3, F8, F11, KLKB1 and KNG1 with thromboembolism.

TABLE 2 | Incidence rate of thromboembolic complications in patients with COVID-19.

Number of patients	Presentation of thrombotic events (number)	Reference
12 (Germany)	7 of 12 patients developed deep venous thrombosis; 4 patients died of pulmonary embolism	(Wichmann et al., 2020)
26 (France)	Overall incidence rate of venous thromboembolism was 69%.	(Liljtos et al., 2020)
388 (Italy)	Overall incidence rate of venous thromboembolism was 21%; among those admitted in ICU, it was 28% and among those not admitted in ICU was 7%.	(Loذجiani et al., 2020)
81 (China)	20 patients had lower limb venous thrombosis (25%); 8 died	(Cui et al., 2020)
75	Incidence of venous thrombosis increased from 10% (95% CI, 5.8–16) at seven days to 21% (95% CI, 14–30) at 14 days and 25% (95% CI 16–36) at 21 days.	(Middeldorp et al., 2020)
25 (Switzerland)	In 5–10 days, 32% of the patients developed deep venous thrombosis.	(Longchamp et al., 2020)
75 (Netherlands)	Incidence of pulmonary embolism was 27% and of deep vein thrombosis was 4%.	(Beun et al., 2020)
184 (Netherlands)	25 patients had pulmonary emboli (14%). 3 had venous thromboses and another three had strokes.	(Klok et al., 2020)
150 (France)	25 patients had pulmonary emboli (17%); 3 patients had deep venous thromboses (Mizumoto et al., 2020); 2 had ischaemia (Sakurai et al., 2020).	(Helms et al., 2020)
107 (France)	22 had pulmonary emboli (21%).	(Poissy et al., 2020)
106 (France)	32 patients had pulmonary embolism (30%).	(Leonard-Lorant et al., 2020)
100 (France)	Overall incidence rate for pulmonary emboli was 39%. Among those admitted in ICU, the rate was 74% and among those not admitted in ICU, it was 29%.	(Grillet et al., 2020)
135 (France)	32 patients had pulmonary embolism (24%). Incidence rate among those admitted in ICU was 50% and among those not admitted in ICU was 18%.	(Bompard et al., 2020)

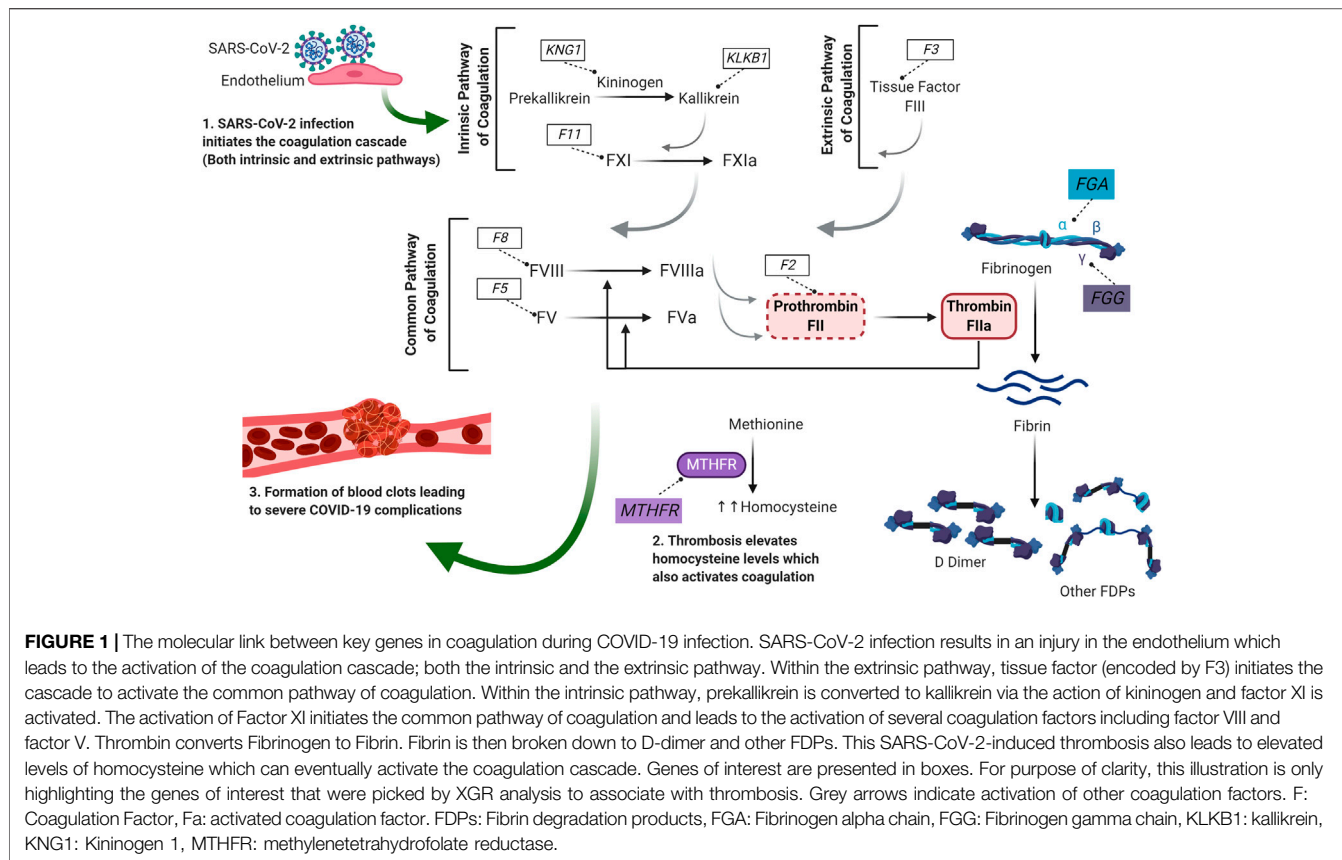
Figure 1 summarizes how these key genes could be linked to the coagulation process when a patient is infected with SARS-CoV-2. The coronavirus infection results in an injury to the endothelial cells leading to the activation of the coagulation cascade; both the intrinsic as well as the extrinsic pathway. Within the extrinsic pathway, tissue factor (encoded by F3) initiates the cascade to activate the common pathway of coagulation. Within the intrinsic pathway, which is also known as kallikrein/kinin system, prekallikrein is converted to plasma kallikrein (encoded by KLKB1 gene) via the action of kininogen (encoded by KNG1 gene) (Loof et al., 2014). This then results in the activation of Factor XI (encoded by F11) which initiates the activation of the common pathway of coagulation. The common pathway consists of several coagulation factors that are activated in parallel to eventually convert prothrombin (encoded by F2) to thrombin (Loof et al., 2014).

Thrombin plays an essential role in coagulation since it can activate the coagulation factors in the common pathway including FVIII (encoded by F8) and FV (encoded by F5) as well as convert fibrinogen to fibrin. Fibrinogen is a glycoprotein composed of three different polypeptide chains; alpha, beta and gamma (Mosesson et al., 2001; Undas and Ariëns, 2011). While FGA gene encodes the fibrinogen alpha chain (α chain), FGG gene encodes the fibrinogen gamma chain (γ chain). Fibrinolysis is afterwards initiated where fibrin is broken down to multiple fibrin degradation products (FDPs), one of which is D-dimer (Weisel and Litvinov, 2017). This thrombosis that is caused by the coronavirus infection can also lead to elevated levels of homocysteine which is synthesized from methionine by methylenetetrahydrofolate reductase (MTHFR). Elevated homocysteine levels could also activate the coagulation cascade resulting in D-dimer production. Eventually, all these elements collectively result in the formation of blood clots leading to severe complications (including death) that were documented in some COVID-19 patients.

DISCUSSION

There is emerging evidence that coagulopathy and thrombosis are a common finding besides pneumonia in patients suffering from COVID-19, especially in severe courses. Thus, any strategy carried out to predict the development of such conditions is relevant for improving the clinical approach to this viral infection. This study proposes a gene-gene interaction network with three clusters of hallmark genes which have an influence for D-dimer/fibrinogen levels, homocysteine levels, and arterial/venous thromboembolism. The study further hypothesizes that genotyping COVID-19 patients for SNPs in these genes helps not only to identify patients with greatest risk of thromboembolic complications but also the outcome of patients treated with heparin according to their genotypes.

Our knowledge about COVID-19 continues to expand as research groups dedicate tremendous efforts to unraveling the mysteries of this viral infection. At present, thrombosis is emerging as a common outcome that can turn fatal. Measuring D-dimer levels is routinely done to assess



thrombosis, and elevated levels are frequently observed in severely afflicted COVID-19 patients. For this reason, they could be considered as an early biomarker and predictor of in-hospital mortality. The top three genetic risk variants (rs13109457-A, rs12029080-G, and rs6687813-A) that associate with significant increases in D-dimer levels are located in FGG, FGA, and F5. The data presented in this review and the cited studies from literature enabled us to establish the molecular connection between some of the key genes (FGA, FGG, F5, MTHFR, KLKB1, KNG1, F2, F8 and F11) and D-dimer and homocysteine levels during coagulation (**Figure 1 and Supplementary Figure S2**).

The intronic variant, rs17031315, from DCHS2 has been shown to downregulate FGG and FGA in the liver and GWA studies have tied DCHS2 to various disorders that are often comorbid with COVID-19. At least ten variants from ZNF84 and an lncRNA, as well as SNPs in TDAG8, associate with HIT. The eQTL variant, rs77216754, downregulates IFITM3 and upregulates TALDO1, and thereby connects with COVID-19 in the context of coagulopathy and thrombocytopenia. Levels of homocysteine correlate with those of D-dimer, influencing coagulation and thereby thrombosis. At least six variants that mediate > 0.15 unit changes in homocysteine levels have been identified in ABO, CBS, CPS1, MTHFR, (RPL24P4 and GNMT) and (ALDH1L1 and ALDH1L1-AS2). Of these, the ABO locus has recently been found to associate with respiratory failure in Italian and Spanish COVID-19 patients. We illustrate the

differences in allele frequencies for key variants across continental populations.

SARS-CoV-2 infections are associated with cardiovascular diseases (CVDs) in multiple ways. Thrombosis is a common underlying pathology of the three major cardiovascular disorders: ischemic heart disease (acute coronary syndrome), stroke, and venous thromboembolism (VTE). The focus of the current review was to identify genetic variants that could predict COVID-19 patients at high risk of developing cardiovascular disorder of VTE. Apart from the markers of D-Dimer and homocysteine levels discussed in this study, other cardiovascular markers such as troponin levels appear to associate with the severity of COVID-19 and the development of different CVDs (Driggin et al., 2020; Lippi et al., 2020).

A recent state-of-art review by Bikdeli et al. (Bikdeli et al., 2020) emphasizes the need for high-quality multi-disciplinary data to understand how thrombotic disease and COVID-19 interact with one another. The authors rightly point out that elucidation of disease presentation/outcomes in COVID-19 patients and pre-existing or incident thromboembolic disorders will help in developing treatment strategies for thromboembolism in COVID-19 patients. Large-scale registries of patients with thromboembolic disorders, such as RIETE (Bikdeli et al., 2018) coordinated by S&H Medical Science Service in Spain, ACS COVID-19 Registry (that captures clinical data in COVID-19 patients) by American College of Surgeons (<https://www.facs.org/quality-programs/covid19-registry>)

and AHA COVID-19 CVD registry (that captures cardiovascular data) by American Heart Association are being created. Similar large-scale efforts towards building registries collecting data on the genetic basis of interaction of thrombotic disease and COVID-19 with one another are in order. As a contribution towards this effort, we propose a set of SNPs for interested researchers and clinicians to genotype in COVID-19 patients to identify those with greatest risk of thromboembolic complications. The above-cited state-of-art review by Bikdeli et al. (Bikdeli et al., 2020) further discusses the importance of considering the drug-drug interactions between anti-coagulants and the investigational therapies newly developed for COVID-19 treatment and presents a potential algorithm to be used when making treatment decisions. In this context, the SNPs that we report to genotype in COVID-19 patients to identify the outcome of heparin-induced thrombocytopenia in patients treated with heparin according to their genotypes are meaningful.

Absence of access to genotype data for the variants reported in this review from COVID-19 patients is a limitation of the study. Thus, differences in allele frequencies of the risk variants could not be evaluated in COVID-19 patients versus healthy people nor between COVID-19 patients with thromboembolic complications versus less severe COVID-19 patients. However, the review presents SNPs, by way of proposing a gene-gene interaction network involving three clusters of hallmark genes which have influence for D-dimer/fibrinogen levels, homocysteine levels and arterial/venous thromboembolism, for genotyping in COVID-19 patients to identify those with greatest risk of thromboembolic complications.

In conclusion, it is likely that different populations will respond uniquely to SARS-CoV-2, due, at least partially, to genetic variations. In this analysis, we identified a list of SNPs and genes (**Supplementary Tables S1, S3**) that can be used as biomarkers to predict the development of coagulation. Furthermore, a gene-gene interaction network constructed using the study's variants and their LD SNPs uncovered three clusters of genes involved in the regulation of D-dimer, fibrinogen, and homocysteine levels and arterial/venous thromboembolism disorders. Upon widening the considered genome region for LD SNPs to 0.5 MB, the optimal genetic

network accrued genes that help contribute to obesity-related traits, partial thromboplastin time, blood pressure, lipid generation, white and red blood cell counts, cellular adhesion properties, ubiquitination, cellular degradation, and brain volume. We propose that genotyping COVID-19 patients for SNPs examined in this study will help identify those at greatest risk of complications linked to thrombosis.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**. Further inquiries can be directed to the corresponding authors.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphar.2020.587451/full#supplementary-material>.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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