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# Proof of a Conjecture of Bárány, Katchalski and Pach 

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#### Abstract

Bárány, Katchalski and Pach (Proc Am Math Soc 86(1):109-114, 1982) (see also Bárány et al., Am Math Mon 91(6):362-365, 1984) proved the following quantitative form of Helly's theorem. If the intersection of a family of convex sets in $\mathbb{R}^{d}$ is of volume one, then the intersection of some subfamily of at most $2 d$ members is of volume at most some constant $v(d)$. In Bárány et al. (Am Math Mon 91(6):362365,1984 ), the bound $v(d) \leq d^{2 d^{2}}$ was proved and $v(d) \leq d^{c d}$ was conjectured. We confirm it.

Keywords Helly's theorem • Quantitative Helly theorem • Intersection of convex sets • Dvoretzky-Rogers lemma • John's ellipsoid • Volume

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## 1 Introduction and Preliminaries

Theorem 1.1 Let $\mathcal{F}$ be a family of convex sets in $\mathbb{R}^{d}$ such that the volume of its intersection is $\operatorname{vol}(\cap \mathcal{F})>0$. Then there is a subfamily $\mathcal{G}$ of $\mathcal{F}$ with $|\mathcal{G}| \leq 2 d$ and $\operatorname{vol}(\cap \mathcal{G}) \leq e^{d+1} d^{2 d+\frac{1}{2}} \operatorname{vol}(\cap \mathcal{F})$.

We recall the note from [2] (see also [3]) that the number $2 d$ is optimal, as shown by the $2 d$ half-spaces supporting the facets of the cube.

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The order of magnitude $d^{c d}$ in the Theorem (and in the conjecture in [2]) is sharp as shown in Sect. 3.

Recently, other quantitative Helly type results have been obtained by De Loera et al. [5].

We introduce notations and tools that we will use in the proof. We denote the closed unit ball centered at the origin $o$ in the $d$-dimensional Euclidean space $\mathbb{R}^{d}$ by $\mathbf{B}$. For the scalar product of $u, v \in \mathbb{R}^{d}$, we use $\langle u, v\rangle$, and the length of $u$ is $|u|=\sqrt{\langle u, u\rangle}$. The tensor product $u \otimes u$ is the rank one linear operator that maps any $x \in \mathbb{R}^{d}$ to the vector $(u \otimes u) x=\langle u, x\rangle u \in \mathbb{R}^{d}$. For a set $A \subset \mathbb{R}^{d}$, we denote its polar by $A^{*}=\left\{y \in \mathbb{R}^{d}:\langle x, y\rangle \leq 1\right.$ for all $\left.x \in A\right\}$. The volume of a set is denoted by vol (•).

Definition 1.2 We say that a set of vectors $w_{1}, \ldots, w_{m} \in \mathbb{R}^{d}$ with weights $c_{1}, \ldots, c_{m}>0$ form a John's decomposition of the identity, if

$$
\begin{equation*}
\sum_{i=1}^{m} c_{i} w_{i}=o \quad \text { and } \quad \sum_{i=1}^{m} c_{i} w_{i} \otimes w_{i}=I \tag{1}
\end{equation*}
$$

where $I$ is the identity operator on $\mathbb{R}^{d}$.
A convex body is a compact convex set in $\mathbb{R}^{d}$ with non-empty interior. We recall John's theorem [8] (see also [1]).

Lemma 1.3 (John's theorem) For any convex body $K$ in $\mathbb{R}^{d}$, there is a unique ellipsoid of maximal volume in K. Furthermore, this ellipsoid is $\mathbf{B}$ if, and only if, there are points $w_{1}, \ldots, w_{m} \in \operatorname{bd} \mathbf{B} \cap \mathrm{bd} K$ (called contact points) and corresponding weights $c_{1}, \ldots, c_{m}>0$ that form a John's decomposition of the identity.

It is not difficult to see that if $w_{1}, \ldots, w_{m} \in \operatorname{bd} \mathbf{B}$ and corresponding weights $c_{1}, \ldots, c_{m}>0$ form a John's decomposition of the identity, then $\left\{w_{1}, \ldots, w_{m}\right\}^{*} \subset$ $d \mathbf{B}$, cf. [1] or [7, Thm. 5.1]. By polarity, we also obtain that $\frac{1}{d} \mathbf{B} \subset \operatorname{conv}\left(\left\{w_{1}, \ldots, w_{m}\right\}\right)$.

One can verify that if $\Delta$ is a regular simplex in $\mathbb{R}^{d}$ such that the ball $\mathbf{B}$ is the largest volume ellipsoid in $\Delta$, then

$$
\begin{equation*}
\operatorname{vol}(\Delta)=\frac{d^{d / 2}(d+1)^{(d+1) / 2}}{d!} \tag{2}
\end{equation*}
$$

We will use the following form of the Dvoretzky-Rogers lemma [6].
Lemma 1.4 (Dvoretzky-Rogers lemma) Assume that $w_{1}, \ldots, w_{m} \in \operatorname{bd} \mathbf{B}$ and $c_{1}, \ldots, c_{m}>0$ form a John's decomposition of the identity. Then there is an orthonormal basis $z_{1}, \ldots, z_{d}$ of $\mathbb{R}^{d}$, and a subset $\left\{v_{1}, \ldots, v_{d}\right\}$ of $\left\{w_{1}, \ldots, w_{m}\right\}$ such that

$$
\begin{equation*}
v_{i} \in \operatorname{span}\left\{z_{1}, \ldots, z_{i}\right\} \text { and } \sqrt{\frac{d-i+1}{d}} \leq\left\langle v_{i}, z_{i}\right\rangle \leq 1 \text { for all } i=1, \ldots, d \tag{3}
\end{equation*}
$$

This lemma is usually stated in the setting of John's theorem, that is, when the vectors are contact points of a convex body $K$ with its maximal volume ellipsoid, which is $\mathbf{B}$.

Fig. 1


And often, it is assumed in the statement that $K$ is symmetric about the origin, see for example [4]. Since we make no such assumption (in fact, we make no reference to $K$ in the statement of Lemma 1.4), we give a proof in Sect. 4.

## 2 Proof of Theorem 1.1

Without loss of generality, we may assume that $\mathcal{F}$ consists of closed half-spaces, and also that $\operatorname{vol}(\cap \mathcal{F})<\infty$, that is, $\cap \mathcal{F}$ is a convex body in $\mathbb{R}^{d}$. As shown in [3], by continuity, we may also assume that $\mathcal{F}$ is a finite family, that is $P=\cap \mathcal{F}$ is a $d$-dimensional polyhedron.

The problem is clearly affine invariant, so we may assume that $\mathbf{B} \subset P$ is the ellipsoid of maximal volume in $P$.

By Lemma 1.3, there are contact points $w_{1}, \ldots, w_{m} \in \operatorname{bd} \mathbf{B} \cap \mathrm{bd} P$ (and weights $c_{1}, \ldots, c_{m}>0$ ) that form a John's decomposition of the identity. We denote their convex hull by $Q=\operatorname{conv}\left\{w_{1} \ldots, w_{m}\right\}$. Lemma 1.4 yields that there is an orthonormal basis $z_{1}, \ldots, z_{d}$ of $\mathbb{R}^{d}$, and a subset $\left\{v_{1}, \ldots, v_{d}\right\}$ of the contact points $\left\{w_{1}, \ldots, w_{m}\right\}$ such that (3) holds.

Let $S_{1}=\operatorname{conv}\left\{o, v_{1}, v_{2}, \ldots, v_{d}\right\}$ be the simplex spanned by these contact points, and let $E_{1}$ be the largest volume ellipsoid contained in $S_{1}$. We denote the center of $E_{1}$ by $u$. Let $\ell$ be the ray emanating from the origin in the direction of the vector $-u$. Clearly, the origin is in the interior of $Q$. In fact, by the remark following Lemma 1.3, $\frac{1}{d} \mathbf{B} \subset Q$. Let $w$ be the point of intersection of the ray $\ell$ with bd $Q$. Then $|w| \geq 1 / d$. Let $S_{2}$ denote the simplex $S_{2}=\operatorname{conv}\left\{w, v_{1}, v_{2}, \ldots, v_{d}\right\}$. See Fig. 1 .

We apply a contraction with center $w$ and ratio $\lambda=\frac{|w|}{|w-u|}$ on $E_{1}$ to obtain the ellipsoid $E_{2}$. Clearly, $E_{2}$ is centered at the origin and is contained in $S_{2}$. Furthermore,

$$
\begin{equation*}
\lambda=\frac{|w|}{|u|+|w|} \geq \frac{|w|}{1+|w|} \geq \frac{1}{d+1} . \tag{4}
\end{equation*}
$$

Since $w$ is on bd $Q$, by Caratheodory's theorem, $w$ is in the convex hull of some set of at most $d$ vertices of $Q$. By re-indexing the vertices, we may assume that $w \in \operatorname{conv}\left\{w_{1}, \ldots, w_{k}\right\}$ with $k \leq d$. Now,

$$
\begin{equation*}
E_{2} \subset S_{2} \subset \operatorname{conv}\left\{w_{1}, \ldots, w_{k}, v_{1}, \ldots, v_{d}\right\} \tag{5}
\end{equation*}
$$

Let $X=\left\{w_{1}, \ldots, w_{k}, v_{1}, \ldots, v_{d}\right\}$ be the set of these unit vectors, and let $\mathcal{G}$ denote the family of those half-spaces which support $\mathbf{B}$ at the points of $X$. Clearly, $|\mathcal{G}| \leq 2 d$. Since the points of $X$ are contact points of $P$ and $\mathbf{B}$, we have that $\mathcal{G} \subseteq \mathcal{F}$. By (5),

$$
\begin{equation*}
\cap \mathcal{G}=X^{*} \subset E_{2}^{*} \tag{6}
\end{equation*}
$$

By (3),

$$
\begin{equation*}
\operatorname{vol}\left(S_{1}\right) \geq \frac{1}{d!} \cdot \frac{\sqrt{d!}}{d^{d / 2}}=\frac{1}{\sqrt{d!} d^{d / 2}} \tag{7}
\end{equation*}
$$

Since $\mathbf{B} \subset \cap \mathcal{F}$, by (6) and (4), (2), (7) we have

$$
\begin{align*}
\frac{\operatorname{vol}(\cap \mathcal{G})}{\operatorname{vol}(\cap \mathcal{F})} & \leq \frac{\operatorname{vol}\left(E_{2}^{*}\right)}{\operatorname{vol}(\mathbf{B})}=\frac{\operatorname{vol}(\mathbf{B})}{\operatorname{vol}\left(E_{2}\right)} \leq(d+1)^{d} \frac{\operatorname{vol}(\mathbf{B})}{\operatorname{vol}\left(E_{1}\right)}=(d+1)^{d} \frac{\operatorname{vol}(\Delta)}{\operatorname{vol}\left(S_{1}\right)} \\
& =\frac{d^{d / 2}(d+1)^{(3 d+1) / 2}}{d!\operatorname{vol}\left(S_{1}\right)}=\frac{d^{d} d^{3 d / 2} e^{3 / 2}(d+1)^{1 / 2}}{(d!)^{1 / 2}} \leq e^{d+1} d^{2 d+\frac{1}{2}} \tag{8}
\end{align*}
$$

where $\Delta$ is as defined above (2). This completes the proof of Theorem 1.1.
Remark 2.1 In the proof, in place of the Dvoretzky-Rogers lemma, we could select the $d$ vectors $v_{1}, \ldots, v_{d}$ from the contact points randomly: picking $w_{i}$ with probability $c_{i} / d$ for $i=1, \ldots, m$, and repeating this picking independently $d$ times. Pivovarov proved (cf. [9, Lem. 3]) that the expected volume of the random simplex $S_{1}$ obtained this way is the same as the right hand side in (7).

## 3 A Simple Lower Bound for $\boldsymbol{v}(d)$

We outline a simple proof that one cannot hope a better bound in Theorem 1.1 than $d^{d / 2}$ in place of $d^{2 d+1 / 2}$. Indeed, consider the Euclidean ball $\mathbf{B}$, and a family $\mathcal{F}$ of (very many) supporting closed half space of $\mathbf{B}$ whose intersection is very close to $\mathbf{B}$. Suppose that $\mathcal{G}$ is a subfamily of $\mathcal{F}$ of $2 d$ members. Denote by $\sigma$ the Haar probability measure on the sphere $R \mathbb{S}^{d-1}$, where $R=(d /(2 \ln d))^{\frac{1}{2}}$. Let $H \in \mathcal{G}$ be one of the half spaces. Then

$$
\sigma\left(R \mathbb{S}^{d-1} \backslash H\right) \leq \exp \left(\frac{-d}{2 R^{2}}\right) \leq 1 /(4 d)
$$

It follows that

$$
\operatorname{vol}(\cap \mathcal{G}) \geq R^{d} \operatorname{vol}(\mathbf{B}) \sigma\left(R \mathbb{S}^{d-1} \backslash(\cup \mathcal{G})\right) \geq \frac{1}{2} R^{d} \operatorname{vol}(\mathbf{B}) \geq d^{\frac{d}{2}-\varepsilon} \operatorname{vol}(\cap \mathcal{F})
$$

for any $\varepsilon>0$ if $d$ is large enough.

## 4 Proof of Lemma 1.4

We follow the proof in [4].
Claim 4.1 Assume that $w_{1}, \ldots, w_{m} \in \operatorname{bd} \mathbf{B}$ and $c_{1}, \ldots, c_{m}>0$ form a John's decomposition of the identity. Then for any linear map $T: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ there is an $\ell \in\{1, \ldots, m\}$ such that

$$
\begin{equation*}
\left\langle w_{\ell}, T w_{\ell}\right\rangle \geq \frac{\operatorname{tr} T}{d} \tag{9}
\end{equation*}
$$

where $\operatorname{tr} T$ denotes the trace of $T$.
For matrices $A, B \in \mathfrak{R}^{d \times d}$ we use $\langle A, B\rangle=\operatorname{tr}\left(A B^{T}\right)$ to denote their Frobenius product.

To prove the claim, we observe that

$$
\frac{\operatorname{tr} T}{d}=\frac{1}{d}\langle T, I\rangle=\frac{1}{d} \sum_{i=1}^{m} c_{i}\left\langle T, w_{i} \otimes w_{i}\right\rangle=\frac{1}{d} \sum_{i=1}^{m} c_{i}\left\langle T w_{i}, w_{i}\right\rangle .
$$

Since $\sum_{i=1}^{m} c_{i}=d$, the right hand side is a weighted average of the values $\left\langle T w_{i}, w_{i}\right\rangle$. Clearly, some value is at least the average, yielding Claim 4.1.

We define $z_{i}$ and $v_{i}$ inductively. First, let $z_{1}=v_{1}=w_{1}$. Assume that, for some $k<d$, we have found $z_{i}$ and $v_{i}$ for all $i=1, \ldots, k$. Let $F=\operatorname{span}\left\{z_{1}, \ldots, z_{k}\right\}$, and let $T$ be the orthogonal projection onto the orthogonal complement $F^{\perp}$ of $F$. Clearly, $\operatorname{tr} T=\operatorname{dim} F^{\perp}=d-k$. By Claim 4.1, for some $\ell \in\{1, \ldots, m\}$ we have

$$
\left|T w_{\ell}\right|^{2}=\left\langle T w_{\ell}, w_{\ell}\right\rangle \geq \frac{d-k}{d}
$$

Let $v_{k+1}=w_{\ell}$ and $z_{k+1}=\frac{T w_{\ell}}{\mid T w_{\ell}}$. Clearly, $v_{k+1} \in \operatorname{span}\left\{z_{1}, \ldots, z_{k+1}\right\}$. Moreover,

$$
\left\langle v_{k+1}, z_{k+1}\right\rangle=\frac{\left\langle T w_{\ell}, w_{\ell}\right\rangle}{\left|T w_{\ell}\right|}=\frac{\left|T w_{\ell}\right|^{2}}{\left|T w_{\ell}\right|}=\left|T w_{\ell}\right| \geq \sqrt{\frac{d-k}{d}}
$$

finishing the proof of Lemma 1.4.
Note that in this proof, we did not use the fact that, in a John's decomposition of the identity, the vectors are balanced, that is $\sum_{i=1}^{m} c_{i} w_{i}=o$.

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