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Abstract	Bárány, Katchalski and Pach (Proc Am Math Soc 86(1):109–114, 1982) (see also Bárány et al., Am Math Mon 91(6):362–365, 1984) proved the following quantitative form of Helly's theorem. If the intersection of a family of convex sets in $\mathbb{R}^d$ is of volume one, then the intersection of some subfamily of at most 2 <i>d</i> members is of volume at most some constant $v(d)$ . In Bárány et al. (Am Math Mon 91(6):362–365, 1984), the bound $v(d) \leq d^{2d^2}$ was proved and $v(d) \leq d^{cd}$ was conjectured. We confirm it.		
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# Proof of a Conjecture of Bárány, Katchalski and Pach

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- Abstract Bárány, Katchalski and Pach (Proc Am Math Soc 86(1):109–114, 1982)
- <sup>2</sup> (see also Bárány et al., Am Math Mon 91(6):362–365, 1984) proved the following
- $_{3}$  quantitative form of Helly's theorem. If the intersection of a family of convex sets in
- <sup>4</sup>  $\mathbb{R}^d$  is of volume one, then the intersection of some subfamily of at most 2*d* members
- is of volume at most some constant v(d). In Bárány et al. (Am Math Mon 91(6):362–
- <sup>6</sup> 365, 1984), the bound  $v(d) \le d^{2d^2}$  was proved and  $v(d) \le d^{cd}$  was conjectured. We <sup>7</sup> confirm it.
- Keywords Helly's theorem · Quantitative Helly theorem · Intersection of convex
   sets · Dvoretzky–Rogers lemma · John's ellipsoid · Volume
- 10 Mathematics Subject Classification 52A35

# 11 1 Introduction and Preliminaries

**Theorem 1.1** Let  $\mathcal{F}$  be a family of convex sets in  $\mathbb{R}^d$  such that the volume of its intersection is  $\operatorname{vol}(\cap \mathcal{F}) > 0$ . Then there is a subfamily  $\mathcal{G}$  of  $\mathcal{F}$  with  $|\mathcal{G}| \leq 2d$  and  $\operatorname{vol}(\cap \mathcal{G}) \leq e^{d+1}d^{2d+\frac{1}{2}}\operatorname{vol}(\cap \mathcal{F})$ .

We recall the note from [2] (see also [3]) that the number 2d is optimal, as shown by the 2d half-spaces supporting the facets of the cube.

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The order of magnitude  $d^{cd}$  in the Theorem (and in the conjecture in [2]) is sharp as shown in Sect. 3.

Recently, other quantitative Helly type results have been obtained by De Loera et al. [5].

We introduce notations and tools that we will use in the proof. We denote the closed unit ball centered at the origin *o* in the *d*-dimensional Euclidean space  $\mathbb{R}^d$  by **B**. For the scalar product of  $u, v \in \mathbb{R}^d$ , we use  $\langle u, v \rangle$ , and the length of *u* is  $|u| = \sqrt{\langle u, u \rangle}$ . The tensor product  $u \otimes u$  is the rank one linear operator that maps any  $x \in \mathbb{R}^d$  to the vector  $(u \otimes u)x = \langle u, x \rangle u \in \mathbb{R}^d$ . For a set  $A \subset \mathbb{R}^d$ , we denote its polar by  $A^* = \{y \in \mathbb{R}^d : \langle x, y \rangle \le 1 \text{ for all } x \in A\}$ . The volume of a set is denoted by vol (·).

**Definition 1.2** We say that a set of vectors  $w_1, \ldots, w_m \in \mathbb{R}^d$  with weights  $c_1, \ldots, c_m > 0$  form a *John's decomposition of the identity*, if

$$\sum_{i=1}^{m} c_i w_i = o \quad \text{and} \quad \sum_{i=1}^{m} c_i w_i \otimes w_i = I, \tag{1}$$

where *I* is the identity operator on  $\mathbb{R}^d$ .

A *convex body* is a compact convex set in  $\mathbb{R}^d$  with non-empty interior. We recall John's theorem [8] (see also [1]).

Lemma 1.3 (John's theorem) For any convex body K in  $\mathbb{R}^d$ , there is a unique ellipsoid of maximal volume in K. Furthermore, this ellipsoid is **B** if, and only if, there are points  $w_1, \ldots, w_m \in \operatorname{bd} \mathbf{B} \cap \operatorname{bd} K$  (called contact points) and corresponding weights  $c_1, \ldots, c_m > 0$  that form a John's decomposition of the identity.

It is not difficult to see that if  $w_1, \ldots, w_m \in bd \mathbf{B}$  and corresponding weights  $c_1, \ldots, c_m > 0$  form a John's decomposition of the identity, then  $\{w_1, \ldots, w_m\}^* \subset d\mathbf{B}$ , cf. [1] or [7, Thm. 5.1]. By polarity, we also obtain that  $\frac{1}{d}\mathbf{B} \subset conv(\{w_1, \ldots, w_m\})$ . One can verify that if  $\Delta$  is a regular simplex in  $\mathbb{R}^d$  such that the ball **B** is the largest volume ellipsoid in  $\Delta$ , then

vol (
$$\Delta$$
) =  $\frac{d^{d/2}(d+1)^{(d+1)/2}}{d!}$ . (2)

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43 We will use the following form of the Dvoretzky–Rogers lemma [6].

**Lemma 1.4** (Dvoretzky–Rogers lemma) Assume that  $w_1, \ldots, w_m \in \text{bd } \mathbf{B}$  and  $c_1, \ldots, c_m > 0$  form a John's decomposition of the identity. Then there is an orthonormal basis  $z_1, \ldots, z_d$  of  $\mathbb{R}^d$ , and a subset  $\{v_1, \ldots, v_d\}$  of  $\{w_1, \ldots, w_m\}$  such that

$$v_i \in \operatorname{span}\{z_1, \dots, z_i\}$$
 and  $\sqrt{\frac{d-i+1}{d}} \le \langle v_i, z_i \rangle \le 1$  for all  $i = 1, \dots, d$ .
  
(3)

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This lemma is usually stated in the setting of John's theorem, that is, when the vectors are contact points of a convex body K with its maximal volume ellipsoid, which is **B**.

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## Fig. 1 .



And often, it is assumed in the statement that K is symmetric about the origin, see for

example [4]. Since we make no such assumption (in fact, we make no reference to K

<sup>52</sup> in the statement of Lemma 1.4), we give a proof in Sect. 4.

## <sup>53</sup> 2 Proof of Theorem 1.1

Without loss of generality, we may assume that  $\mathcal{F}$  consists of closed half-spaces, and also that vol  $(\cap \mathcal{F}) < \infty$ , that is,  $\cap \mathcal{F}$  is a convex body in  $\mathbb{R}^d$ . As shown in [3], by continuity, we may also assume that  $\mathcal{F}$  is a finite family, that is  $P = \cap \mathcal{F}$  is a *d*-dimensional polyhedron.

The problem is clearly affine invariant, so we may assume that  $\mathbf{B} \subset P$  is the ellipsoid of maximal volume in P.

By Lemma 1.3, there are contact points  $w_1, \ldots, w_m \in \text{bd } \mathbf{B} \cap \text{bd } P$  (and weights  $c_1, \ldots, c_m > 0$ ) that form a John's decomposition of the identity. We denote their convex hull by  $Q = \text{conv}\{w_1, \ldots, w_m\}$ . Lemma 1.4 yields that there is an orthonormal basis  $z_1, \ldots, z_d$  of  $\mathbb{R}^d$ , and a subset  $\{v_1, \ldots, v_d\}$  of the contact points  $\{w_1, \ldots, w_m\}$ such that (3) holds.

Let  $S_1 = \operatorname{conv}\{o, v_1, v_2, \dots, v_d\}$  be the simplex spanned by these contact points, and let  $E_1$  be the largest volume ellipsoid contained in  $S_1$ . We denote the center of  $E_1$  by u. Let  $\ell$  be the ray emanating from the origin in the direction of the vector -u. Clearly, the origin is in the interior of Q. In fact, by the remark following Lemma 1.3,  $\frac{1}{d}\mathbf{B} \subset Q$ . Let w be the point of intersection of the ray  $\ell$  with bd Q. Then  $|w| \ge 1/d$ . Let  $S_2$  denote the simplex  $S_2 = \operatorname{conv}\{w, v_1, v_2, \dots, v_d\}$ . See Fig. 1.

We apply a contraction with center w and ratio  $\lambda = \frac{|w|}{|w-u|}$  on  $E_1$  to obtain the ellipsoid  $E_2$ . Clearly,  $E_2$  is centered at the origin and is contained in  $S_2$ . Furthermore,

$$\lambda = \frac{|w|}{|u| + |w|} \ge \frac{|w|}{1 + |w|} \ge \frac{1}{d+1}.$$
(4)

Since w is on bd Q, by Caratheodory's theorem, w is in the convex hull of some set of at most d vertices of Q. By re-indexing the vertices, we may assume that  $w \in \operatorname{conv}\{w_1, \ldots, w_k\}$  with  $k \leq d$ . Now,

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$$E_2 \subset S_2 \subset \operatorname{conv}\{w_1, \dots, w_k, v_1, \dots, v_d\}.$$
(5)

Let  $X = \{w_1, \ldots, w_k, v_1, \ldots, v_d\}$  be the set of these unit vectors, and let  $\mathcal{G}$  denote 78 the family of those half-spaces which support **B** at the points of X. Clearly,  $|\mathcal{G}| < 2d$ . 79 Since the points of X are contact points of P and B, we have that  $\mathcal{G} \subset \mathcal{F}$ . By (5), 80

$$\cap \mathcal{G} = X^* \subset E_2^*. \tag{6}$$

By (3), 82

$$\operatorname{vol}(S_1) \ge \frac{1}{d!} \cdot \frac{\sqrt{d!}}{d^{d/2}} = \frac{1}{\sqrt{d!}d^{d/2}}.$$
 (7)

Since  $\mathbf{B} \subset \cap \mathcal{F}$ , by (6) and (4), (2), (7) we have 84

$$\frac{\operatorname{vol}(\cap \mathcal{G})}{\operatorname{vol}(\cap \mathcal{F})} \le \frac{\operatorname{vol}(E_2^*)}{\operatorname{vol}(\mathbf{B})} = \frac{\operatorname{vol}(\mathbf{B})}{\operatorname{vol}(E_2)} \le (d+1)^d \frac{\operatorname{vol}(\mathbf{B})}{\operatorname{vol}(E_1)} = (d+1)^d \frac{\operatorname{vol}(\Delta)}{\operatorname{vol}(S_1)}$$

$$= \frac{d^{d/2}(d+1)^{(3d+1)/2}}{d!\operatorname{vol}(S_1)} = \frac{d^d d^{3d/2} e^{3/2} (d+1)^{1/2}}{(d!)^{1/2}} \le e^{d+1} d^{2d+\frac{1}{2}}, \quad (8)$$

where  $\Delta$  is as defined above (2). This completes the proof of Theorem 1.1. 87

*Remark 2.1* In the proof, in place of the Dvoretzky–Rogers lemma, we could select 88 the d vectors  $v_1, \ldots, v_d$  from the contact points randomly: picking  $w_i$  with probability 89  $c_i/d$  for i = 1, ..., m, and repeating this picking independently d times. Pivovarov 90 proved (cf. [9, Lem. 3]) that the expected volume of the random simplex  $S_1$  obtained 91 this way is the same as the right hand side in (7). 92

#### **3** A Simple Lower Bound for v(d)93

We outline a simple proof that one cannot hope a better bound in Theorem 1.1 than 94  $d^{d/2}$  in place of  $d^{2d+1/2}$ . Indeed, consider the Euclidean ball **B**, and a family  $\mathcal{F}$  of 95 (very many) supporting closed half space of **B** whose intersection is very close to **B**. 96 Suppose that  $\mathcal{G}$  is a subfamily of  $\mathcal{F}$  of 2d members. Denote by  $\sigma$  the Haar probability 97 measure on the sphere  $R\mathbb{S}^{d-1}$ , where  $R = (d/(2\ln d))^{\frac{1}{2}}$ . Let  $H \in \mathcal{G}$  be one of the 98 half spaces. Then 99

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$$\sigma(R\mathbb{S}^{d-1}\setminus H) \le \exp\left(\frac{-d}{2R^2}\right) \le 1/(4d).$$

It follows that 101

$$\operatorname{vol}\left(\cap\mathcal{G}\right) \geq R^{d}\operatorname{vol}\left(\mathbf{B}\right)\sigma\left(R\mathbb{S}^{d-1}\setminus\left(\cup\mathcal{G}\right)\right) \geq \frac{1}{2}R^{d}\operatorname{vol}\left(\mathbf{B}\right) \geq d^{\frac{d}{2}-\varepsilon}\operatorname{vol}\left(\cap\mathcal{F}\right)$$

for any  $\varepsilon > 0$  if d is large enough. 103

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## **104 4 Proof of Lemma 1.4**

<sup>105</sup> We follow the proof in [4].

Claim 4.1 Assume that  $w_1, \ldots, w_m \in \text{bd } \mathbf{B}$  and  $c_1, \ldots, c_m > 0$  form a John's decomposition of the identity. Then for any linear map  $T : \mathbb{R}^d \to \mathbb{R}^d$  there is an  $\ell \in \{1, \ldots, m\}$  such that

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$$\langle w_{\ell}, T w_{\ell} \rangle \ge \frac{\operatorname{tr} T}{d},$$
(9)

where tr T denotes the trace of T.

For matrices  $A, B \in \mathbb{R}^{d \times d}$  we use  $\langle A, B \rangle = \text{tr}(AB^T)$  to denote their Frobenius product.

<sup>113</sup> To prove the claim, we observe that

$$\frac{\operatorname{tr} T}{d} = \frac{1}{d} \langle T, I \rangle = \frac{1}{d} \sum_{i=1}^{m} c_i \langle T, w_i \otimes w_i \rangle = \frac{1}{d} \sum_{i=1}^{m} c_i \langle T w_i, w_i \rangle.$$

Since  $\sum_{i=1}^{m} c_i = d$ , the right hand side is a weighted average of the values  $\langle Tw_i, w_i \rangle$ . Clearly, some value is at least the average, yielding Claim 4.1.

We define  $z_i$  and  $v_i$  inductively. First, let  $z_1 = v_1 = w_1$ . Assume that, for some k < d, we have found  $z_i$  and  $v_i$  for all i = 1, ..., k. Let  $F = \text{span}\{z_1, ..., z_k\}$ , and let *T* be the orthogonal projection onto the orthogonal complement  $F^{\perp}$  of *F*. Clearly, tr  $T = \dim F^{\perp} = d - k$ . By Claim 4.1, for some  $\ell \in \{1, ..., m\}$  we have

$$|Tw_\ell|^2 = \langle Tw_\ell, w_\ell 
angle \geq rac{d-k}{d}$$

Let  $v_{k+1} = w_\ell$  and  $z_{k+1} = \frac{Tw_\ell}{|Tw_\ell|}$ . Clearly,  $v_{k+1} \in \operatorname{span}\{z_1, \ldots, z_{k+1}\}$ . Moreover,

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$$\langle v_{k+1}, z_{k+1} \rangle = \frac{\langle T w_{\ell}, w_{\ell} \rangle}{|T w_{\ell}|} = \frac{|T w_{\ell}|^2}{|T w_{\ell}|} = |T w_{\ell}| \ge \sqrt{\frac{d-k}{d}},$$

finishing the proof of Lemma 1.4.

Note that in this proof, we did not use the fact that, in a John's decomposition of the identity, the vectors are balanced, that is  $\sum_{i=1}^{m} c_i w_i = o$ .

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