



Prophylactic, preemptive, and curative treatment for sinusoidal obstruction syndrome/veno-occlusive disease in adult patients: a position statement from an international expert group

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Sinusoidal obstruction syndrome, also known as veno-occlusive disease (SOS/VOD), is a potentially life-threatening complication that can develop after hematopoietic cell transplantation (HCT). While SOS/VOD may resolve within a few weeks in the majority of patients with mild-to-moderate disease, the most severe forms result in multiorgan dysfunction and are associated with a high mortality rate (>80%). Therefore, careful surveillance may allow early detection of SOS/VOD, particularly as the licensed available drug is proven to be effective and reduce mortality. The aim of this work is to propose an international consensus guideline for the treatment and prevention of SOS/VOD in adult patients, on behalf of an international expert group.

Introduction

Sinusoidal obstruction syndrome (SOS), formerly called veno-occlusive disease (VOD; referred to as SOS/VOD hereafter), is a life-threatening complication that can occur after hematopoietic stem cell transplantation (HCT) [1]. The conditioning regimen and immune-mediated injury following allogeneic HCT (allo-HCT) generate toxic metabolites that damage sinusoidal endothelial cells. The expression of tissue and von Willebrand factors contribute to the clotting cascade activation, perpetuate the endothelial cell injury leading to the formation of gaps in the hepatic sinusoidal endothelium [2]. Red blood cells penetrate through those gaps in the perisinusoidal space, beneath the endothelial cells, and subsequently dissect off the endothelial lining, all of which embolize as part of the sinusoid flow and in turn obstruct the sinusoid [1]. This process reduce hepatic outflow, produces postsinusoidal hypertension with tissue

ischemia in zone 3 of the acinus, and concomitant hepatocellular damage; all of which results in the clinical symptoms of SOS/VOD and an associated hepato-renal syndrome, namely fluid retention, ascites, weight gain, painful hepatomegaly, and jaundice [3–5]. In the most severe cases, patients may develop multiorgan dysfunction (MOD) with pulmonary and renal involvement, encephalopathy and, ultimately, death. Despite the incidence of SOS/VOD being limited, around 10–15% after myeloablative allo-HCT and up to 5% after reduced-intensity conditioning (RIC) allo-HCT, particular attention must be paid to permit its early detection and treatment and to prevent the development of the most severe forms, which are in turn associated with a very high mortality rate (>80%) [1, 5]. In an effort to improve early diagnosis, the European Group for Blood and Marrow Transplantation (EBMT) revise the modified Seattle [6] and Baltimore [4] criteria, and recently published revised diagnosis and severity criteria for adults [7].

The next step was to provide treatment recommendation for SOS/VOD in adult patients. Commissioned by the EBMT, a global SOS/VOD Task Force was developed to help identify and address the key challenges in the

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prophylactic, preemptive, and curative treatment for SOS/VOD in adult patients. The Task Force committee met in 2018 and identified five key clinical practice questions (risk factors, how to treat, when to treat, supportive care, and preventive therapy) relevant to clinical hematologists and allied health practitioners. Practice guidelines from this initiative for each particular question forms the basis of this article and lays out a roadmap of common issues encountered with prophylactic, preemptive, and curative treatment for SOS/VOD in adult patients with reference to the commercially available products and on clinical trials.

EBMT diagnosis and severity criteria for SOS/VOD

In adult patients, Baltimore criteria have been reported to be more specific than the Seattle one for SOS/VOD diagnosis: specifically, while hemodynamic studies could not confirm the diagnosis in 42% of patients assessed by the Seattle criteria, such lack of confirmation was seen in only 9% of patients using the Baltimore criteria, a finding further validated by corroboration with histopathology [8, 9]. Coppell et al.'s meta-analysis yielded an almost 100% discrepancy in the incidence of SOS/VOD (Baltimore 9.6% vs. Seattle 17.3%) [5] and Yakushijin et al. report an even higher difference of 2.5% with the Baltimore criteria vs. 10.8% with the modified Seattle criteria [10]. This discrepancy between both classifications was related to hyperbilirubinemia, mandatory in the Baltimore, but not in the Seattle criteria. However, hyperbilirubinemia and jaundice are almost invariably present in classic SOS/VOD in adult patients [8]. Therefore, it was decided to keep the Baltimore criteria for diagnosis of classical SOS/VOD (within 21 days after HCT) in the revised EBMT criteria (Table 1) [7]. In

contrast, beyond day 21, hyperbilirubinemia is less consistent [8, 11, 12]. Therefore, hyperbilirubinemia is not mandatory for the diagnosis of late SOS/VOD, provided patients present with at least two other clinical manifestations (painful hepatomegaly, weight gain >5%, and/or ascites) as well as hemodynamic and/or ultrasound evidence of SOS/VOD. In adult patients, thrombocytopenia with platelet transfusion refractoriness was not retained as a criterion, given the frequency and the lack of specificity of this symptom in the pancytopenic phase after allo-HCT [7].

Simultaneously, the EBMT proposed criteria for severity grading of SOS/VOD once the diagnosis is made [7]. SOS/VOD is graded in four stages of severity (mild, moderate, severe, and very severe), based on five parameters: time since first clinical manifestation of SOS/VOD, bilirubin level and kinetics, transaminase level, weight gain, and renal function (Table 2). Importantly, in the presence of two or more risk factors, patients are classified in the upper grade. Yoon et al. have validated these criteria in 203 patients with SOS/VOD [13]: 5.9% were in the mild, 12.8% moderate, 18.2% severe, and the majority (63.1%) was in the very severe grade. The day 100 overall survival (OS) of mild, moderate, severe, and very severe groups was 83.3, 84.3, 94.6, and 58.6%, respectively, and very severe SOS/VOD showed a significantly lower OS than the others (58.6 vs. 89.3%, $p < 0.0001$). Similarly, the day 100 transplant-related mortality was significantly higher in very severe SOS/VOD, being 36.7, vs. 8.3% in mild, 8.0% in moderate, and 2.7% in severe ($p < 0.0001$). This study confirms the worse outcome of very severe SOS/VOD, while severe SOS/VOD seems to have similar outcome to mild and moderate SOS/VOD. Overall further validation might be required with careful evaluation of therapeutic intervention to evaluate the prognosis of severe SOS/VOD in the defibrotide (DF) era.

Table 1 EBMT criteria for SOS/VOD diagnosis in adults

Classical SOS/VOD	Late-onset SOS/VOD
In the first 21 days after HSCT	>21 days after HSCT
Bilirubin ≥ 2 mg/dL and two of the following criteria must be present:	Classical VOD/SOS beyond day 21
- Painful hepatomegaly	OR
- Weight gain >5%	Histologically proven SOS/VOD
- Ascites	OR
	Two or more of the following criteria must be present:
	- Bilirubin ≥ 2 mg/dL (or 34 $\mu\text{mol/L}$)
	- Painful hepatomegaly
	- Weight gain >5%
	- Ascites
	AND hemodynamical or/and ultrasound evidence of SOS/VOD

These symptoms/signs should not be attributable to others causes

Risk factors

Given the role of risk factors in the severity grading of SOS/VOD (patients with two or more risk factors are classified in the upper grade), an accurate identification of these high-risk factors must be performed, as previously discussed (Table 3) [7]. Here, we highlight several important issues regarding risk factor evaluation. For haploidentical donors, studies using the Baltimore RIC regimen and posttransplant cyclophosphamide protocol showed no increased incidence of SOS/VOD [14, 15]. However, this may not be the case in the context of haploidentical allo-HCT with other conditioning regimens incorporating one or more alkylating agents and posttransplant cyclophosphamide. We therefore maintain the previous recommendation to consider haploidentical donor as a risk factor as any HLA-mismatched

Table 2 EBMT criteria for severity grading of a suspected SOS/VOD in adults

	Mild ^a	Moderate ^a	Severe	Very severe MOD/MOF ^b
Time since first clinical symptoms of SOS/VOD ^c	>7 days	5–7 days	≤4 days	Any time
Bilirubin (mg/dL)	≥2 and <3	≥3 and <5	≥5 and <8	≥8
Bilirubin (μmol/L)	≥34 and <51	≥51 and <85	≥85 and <136	≥136
Bilirubin kinetics			Doubling within 48 h	
Transaminases	≤2 × normal	>2 and ≤5 × normal	>5 and ≤8 × normal	>8 × normal
Weight increase	<5%	≥5% and <10%	≥5 % and <10%	≥10%
Renal function	<1.2 × baseline at transplant	≥1.2 and <1.5 × baseline at transplant	≥1.5 and <2 × baseline at transplant	≥2 × baseline at transplant or others signs of MOD/MOF

Patients belong to the category that fulfills two or more criteria. If patients fulfill two or more criteria in two different categories, they must be classified in the most severe category. Patient's weight increase ≥5% and <10% is considered by default as a criterion for severe SOS/VOD, however if patients do not fulfill other criteria for severe SOS/VOD, weight increase ≥5 % and <10% is therefore considered as a criterion for moderate SOS/VOD

^aIn the case of the presence of two or more risk factors for SOS/VOD, patients should be in the upper grade

^bPatients with multiorgan dysfunction must be classified as very severe

^cTime from the date when the first signs/symptoms of SOS/VOD began to appear (retrospectively determined) and the date when the symptoms fulfilled SOS/VOD diagnostic criteria

Table 3 Risk factors for SOS/VOD

Transplant-related factors	
	Unrelated donor
	HLA-mismatched donor
	Non-T-cell depleted transplant
	Myeloablative conditioning regimen
	Oral or high-dose busulfan-based regimen
	High-dose TBI-based regimen
	Second HSCT
Patient and disease related factors	
	Older age
	Karnofsky score below 90%
	Metabolic syndrome
	Female receiving norethisterone
	Advanced disease (beyond second CR or relapse/refractory)
	Thalassemia
	Genetic factors (GSTM1 polymorphism, C282Y allele, <i>MTHFR</i> 677CC/1298CC haplotype)
Hepatic related	
	Transaminases > 2.5 ULN
	Serum bilirubin > 1.5 ULN
	Cirrhosis
	Active viral hepatitis
	Abdominal or hepatic irradiation
	Previous use of gemtuzumab ozogamicin or inotuzumab ozogamicin
	Hepatotoxic drugs
	Iron overload

HLA human leukocyte antigen, TBI total body irradiation, ULN upper limit of normal

donor. The increased risk of SOS/VOD associated with inotuzumab ozogamicin has been recently confirmed, with an incidence of 11 vs. 1% with standard chemotherapy, in a prospective randomized phase-3 trial in relapse/refractory acute lymphoblastic leukemia [16]. In particular, specific warning is recommended when allo-HCT is planned shortly after inotuzumab ozogamicin salvage treatment for relapsed ALL. Similar risks are reported in clinical practice after pegylated asparaginase recent treatment with documented severe liver toxicity [17]. We also raise the question of the impact of immune checkpoint inhibitors (anti-CTLA4, anti-PD1, and anti-PDL1 monoclonal antibodies) on the risk of SOS/VOD. Autoimmune complications, including hepatitis, are frequent and well reported [18], translating in an increased risk of graft-vs.-host disease (GVHD) when they are used in the setting of allo-HCT [19–22]. In contrast, no formal study has so far reported an increased incidence of SOS/VOD in this setting [19–22]. Therefore, immune checkpoint inhibitors should not be considered for the moment as a confirmed risk factor of SOS/VOD.

How to treat

Some authors have reported on the use of high dose of methylprednisolone for SOS/VOD treatment. A prospective trial evaluated its administration at 0.5 mg/kg every 12 h during 7 days in 48 patients with SOS/VOD after allo-HCT, including 31% of patients with multiorgan failure (MOF) [23]. Thirty (63%) patients responded with a 50% or higher reduction in total serum bilirubin after 10 days of treatment. Fifty-eight percent of patients were alive at day +100 post

allo-HCT. A second study retrospectively evaluated the use of methylprednisolone at 500 mg/m² every 12 h for six doses in nine pediatric patients (including eight with MOF) [24]. Six responded to the treatment ($\geq 50\%$ reduction in bilirubin level after 10 days of treatment), but four of them also received treatment with DF. The same group subsequently reported the outcome of 15 additional HCT pediatric patients with SOS and treated with a combination high-dose prednisone and DF [25]. SOS/VOD complete resolution rate was 67%, with 73% of patients alive at day +100. Overall, data are scarce and difficult to interpret, mainly retrospective and single center, with no dose defined. We therefore recommend against the use of methylprednisolone alone as a prolonged primary treatment of SOS/VOD, especially given the risk of infectious complications associated with high-dose corticosteroids.

DF is the only agent with proven efficacy for the treatment of severe/very severe SOS/VOD. DF is a polydisperse oligonucleotide with antithrombotic, anti-ischemic, and anti-inflammatory activity at the level of the microvasculature [1, 26]. Although its precise mechanism of action in SOS/VOD remains an area of active investigation, it involves two distinct elements: the protection of endothelial cells and restoration of the thrombotic-fibrinolytic balance [1]. Over the past decade, multiple studies have evaluated the use of DF for SOS/VOD treatment (Table 4). A pivotal multicenter phase III trial assessed the effect of a 25 mg/kg/day dose in 102 patients (median age 21 years, range 0–72) with severe SOS/VOD [27]. For ethical reasons, a randomization with placebo or supportive care was not possible. Therefore, a historical control group ($n = 32$) was used in this trial. Therefore, a contemporaneous and rigorously defined historical control group was used in this trial ($n = 32$), using a novel methodology screening almost 7000 sequential patients. Treatment with DF was associated with a significantly higher CR rate (24 vs. 9%, $p = 0.013$) and day +100 OS (38 vs. 25%, $p = 0.034$). No differences in adverse event incidence were reported between the two groups, including for hemorrhagic toxicity (65 vs. 69%).

A large European compassionate use program included 407 adult patients (≥ 18 years old) with a day +100 OS of 49%, and an overall incidence of hemorrhagic events of 12% [28]. Similarly, prospective data from the large US expanded-access treatment protocol reported a day +100 OS of 47.1% among 430 adult patients (>16 years), and an overall incidence of hemorrhagic events of 29% [29].

The dose of 25 mg/kg/day is well established. A well-sized, multicenter phase II prospective study compared this (25 mg/kg/day, $n = 75$) with a higher dose (40 mg/kg/day, $n = 74$), without any difference in terms of CR rate (49 vs. 43%, $p = 0.61$) and OS at day +100 (44 vs. 39%; $p = 0.62$) [30]. Furthermore, a trend toward more toxicity was

reported in the 40 mg/kg/day group, leading to the selection for the 25 mg/kg/day dose. In the compassionate use program, DF doses ranged from 10 to 80 mg/kg/day [28]. Day +100 OS was 43, 58, and 61% in patients receiving 10, 25, or 60/80 mg/kg/day, respectively. Importantly, DF at 25 mg/kg/day was associated with a higher OS compared with 10 mg/kg/day, while the difference was not significant compared with 60/80 mg/kg/day DF. Overall, the use of doses over 25 mg/kg/day seems to be associated with more toxicity without any clinical benefit, while lower doses are less effective. Therefore, the dose approved by the FDA and the EMA, and which we recommend, is 25 mg/kg/day. In patients with renal failure, no dose adjustments are required, while, in obese patients, corrected body weight should be used for dose calculation. The recommended duration of DF treatment is at least 21 days, and until resolution of all SOS/VOD symptoms. However, in patients where such resolution happens before 21 days of treatment, it is possible to stop DF earlier, in particular to facilitate patient's discharge, but close monitoring is recommended as recurrence may rarely develop. Specifically, after completion of DF treatment and resolution of SOS/VOD symptoms, some cases of recurrence of SOS/VOD can be observed, albeit rarely. DF should be resumed at the same dose, and as clinically indicated, hepatic biopsy is recommended to rule out confounding alternate the diagnoses. So far, there are no data to support recommendations for any kind of maintenance treatment in these patients upon resolution of the second episode of SOS/VOD, although a course of at least 14–21 days of therapy would seem prudent.

Finally, physicians should also keep in mind the very small risk of anaphylaxis associated with DF [31].

When to treat

Given the mortality associated with severe and very severe SOS/VOD, it is mandatory to treat these patients promptly, and DF should be initiated as soon as possible. The EBMT severity grading classification has facilitated the earlier identification of those patients [7]. The indication of DF treatment in patients with mild or moderate SOS/VOD is more questionable. However, several lines of evidence encourage this approach. In expanded-access treatment protocols, an earlier treatment initiation after SOS/VOD diagnosis was associated with higher day +100 OS ($p < 0.001$) [29, 32]. This suggests that DF, despite its relatively high cost, should be initiated immediately after diagnosis of SOS/VOD, rather than being delayed until the severity criteria assessment has been reached. Furthermore, in the compassionate use program and the expanded-access treatment protocol [29], the day +100 OS in the so-called nonsevere patients with DF therapy [28] was 68% and

Table 4 Main studies on defibrotide in SOS/VOD

Reference; Phase; Number of patients	Condition	Design	CR rate	Others results
Richardson et al. [58] Retrospective CUP <i>N</i> = 19	Adult and pediatric Severe SOS post HCT	Compassionate use; DF: 5–60 mg/kg/day (individual patient dose escalation, until response/toxicity)	CR: 42% Minimal toxicity at doses tested	Day +100 survival: 32%
Richardson et al. [59] Phase I/II <i>N</i> = 88	Adult and pediatric Severe SOS post HCT	Emergency use; DF: 5–60 mg/kg/day (inpatient dose escalation, until response/toxicity)	CR: 36% Active dose range 25–40 mg/kg/day	Day +100 survival: 35% No serious AEs attributed to DF
Richardson et al. [30] Phase II <i>N</i> = 149	Adult and pediatric Severe SOS post HCT	Randomized, dose-finding; Arm A: DF 25 mg/kg/day Arm B: DF 40 mg/kg/day For 14 days or more	Day +100 CR: 46% Effective dose 25 mg/kg/day	Day +100 survival: 42% Overall SAE incidence: 8% (greater at 40 vs. 25 mg/kg/day)
Richardson et al. [27] Phase III <i>N</i> = 102	Adult and pediatric Severe SOS post HCT	Nonrandomized, comparison to historical control; DF: 6.25 mg/kg IV q6h (25 mg/kg/day) for 21 days or more	Day +100 CR DF 24% HC 9% (<i>p</i> = 0.0131)	Day +100 mortality: DF 62%; HC 75% (<i>p</i> = 0.0341) Hemorrhagic AEs: DF 65%; HC 69%
Corbacioglu et al. [28] Compassionate use program <i>N</i> = 710	Adult and pediatric <18 years (<i>N</i> = 303) ≥18 years (<i>N</i> = 407) SOS non-HCT (<i>N</i> = 68) SOS post HCT (<i>N</i> = 628) Severe SOS (<i>N</i> = 292)	Investigational new drug protocol; DF: 10–80 mg/kg /day (median 25 mg/kg/day) for a median of 15 days (range, 1–119)	Day +100 CR Non-HCT 40% SOS/VOD post HCT 47% Severe SOS/VOD post HCT 29%	Day +100 survival: Pediatric: 69% Adults: 49% Severe SOS: 41% Nonsevere SOS: 68% Overall hemorrhagic AEs: 12%
Kernan et al. [29] Prospective T-IND <i>N</i> = 1000 (non-SCT excluded)	Adult and pediatric ≤16 years (<i>N</i> = 570) >16 years (<i>N</i> = 430) Severe SOS (<i>N</i> = 512)	Investigational new drug protocol; DF: 6.25 mg/kg IV q6h (25 mg/kg/day) for 21 days or more		Day +100 survival: 58.9% Pediatric: 67.9% Adults: 47.1% Severe SOS: 49.5% Nonsevere SOS: 68.9% Overall hemorrhagic AEs: 29%
Corbacioglu et al. [51] Phase III <i>N</i> = 356	Pediatric SOS/VOD prophylaxis post HCT	Randomized comparison; DF: 6.25 mg/kg IV q6h (25 mg/kg/day) from start conditioning to 30 days post HCT (at least 14 days if discharge before) Control: cross over to the DF arm in case of SOS/VOD onset	SOS/VOD incidence: DF 12% Control 20% <i>p</i> = 0.0488	Day +100 SOS/VOD related mortality: DF 2%, control 6%, <i>p</i> = 0.10 No difference in AEs and hemorrhagic AEs

SOS sinusoidal obstruction syndrome, CUP compassionate use program, HSCT hematopoietic stem cell transplantation, DF defibrotide, CR complete remission, AE adverse event

68.9%, respectively, with an up to 32% mortality seen despite treatment. While these results compare favorably to patients with severe/very severe SOS/VOD, the mortality remains significant, highlighting the importance to treat these patients. Therefore, we recommend that patients who fulfill the EBMT diagnosis criteria for SOS/VOD [7] and whose severity grading is moderate should be considered for preemptive DF and closely followed. In patients with mild SOS/VOD, supportive care (see below) should be intensified, and severity criteria monitoring should be strictly applied to allow immediate DF initiation in case of deterioration.

Supportive care

Cautious fluid and sodium balance management is recommended [1]. Importantly, renal function must be closely monitored with daily creatinine assessment, monitoring of ingesta-excreta, and twice daily weight measurement. Diuretic (furosemide and/or spironolactone) may be cautiously administered in some patients, as part of fluid balance control [1]. Massive ascites and/or pleural effusion may cause major discomfort or restrictive pulmonary syndrome, and symptomatic treatment may include oxygen therapy or drainage [1, 33]. The latter should be performed with the same precautions as any invasive procedure, and in particular for DF administration and platelet transfusion support. In patients with severe renal dysfunction, hemodialysis/hemofiltration is required [1]. Patients with severe MOD and MOF are generally transferred to an intensive care unit. The usefulness of transjugular intrahepatic portosystemic shunt is limited to symptomatic control, with no benefit on survival [34]. Cases of liver transplant in patients with severe SOS/VOD have been reported [35].

Elementary measures such as comfortable positioning, appropriate reassurance, and psychological support are also an important part in supportive care as well as during treatment. Pain can also result from massive ascites effusion, and its management is important for the patient's comfort. If required, opioid can be carefully used taking into account the patient's renal, hepatic, and pulmonary condition.

Nutritional support is also important, and enteral nutrition should be favored to prevent patient's malnutrition. Parenteral nutrition is associated with fluid overload, infectious complications, and hepatotoxicity, and should be avoided. Furthermore, discontinuation of any other potential hepatotoxic drug should be discussed as to its risk/benefit ratio. In particular, whenever possible, antifungal azoles should be substituted for echinocandin. Ursodiol if not already administered, should be considered.

Management of hemorrhagic risk in patients treated with DF

Given the hemorrhagic events reported in patients treated with DF, it is recommended to discontinue any other agents that may increase the risk of bleeding. This includes anticoagulants, but also any other drugs that have been associated with an increased risk of bleeding, such as ibrutinib [36]. The risk–benefit ratio must be carefully weighed, depending on the indication of the treatment. Furthermore, for every patient treated with DF, the threshold for platelet transfusion should be increased at $30 \times 10^9/L$. We acknowledge that this threshold may not be achievable, particularly in the case of platelet refractoriness. For invasive procedures, in addition to platelet transfusions, DF should be suspended at least 2 h before and 2 h after the procedure, given its relatively short half-life (<2 h). For patients with life-threatening bleeding, DF must be immediately discontinued, and its resumption should be discussed on a case per case basis and according to the risk/benefit ratio. Although bleeding is usually not life threatening in patients with hemorrhagic cystitis or severe mucositis, their management may be difficult, and DF discontinuation may be necessary, again depending on the risk/benefit ratio. Fresh frozen plasma can be useful in some patients to correct the hemostasis disorder.

Preventive therapy

Non-pharmacologic measure

Non-pharmacologic measures rely on the reduction of SOS/VOD risk factors. However, patient-related and hepatic risk factors are often impossible to reverse. Nonetheless, it may be advisable to consider delaying the HCT, when feasible according to the disease status, until resolution or treatment of certain feature (such as iron overload and acute hepatitis) [1]. Furthermore, hepatotoxic drugs should be discontinued whenever possible [1].

In contrast, it may be easier to modify transplant-related risk factors through optimization of the conditioning regimen. For example, RIC regimen should be preferred in older patients or those with comorbidities. Reduced toxicity conditioning regimens based on fludarabine and IV busulfan, and so avoiding high-dose cyclophosphamide or total body irradiation, are also effective. In addition, *in vivo* T-cell depletion, especially in the case of HLA-mismatched donors, is recommended. Finally, for graft-vs.-host prophylaxis, the combination of sirolimus with a calcineurin inhibitor should be avoided if SOS/VOD is a concern, and cyclosporine-A should be substituted for another calcineurin inhibitor [7, 37].

Pharmacologic measures

Heparins have previously been used for SOS/VOD prophylaxis. However, a large meta-analysis reported that the use of unfractionated heparin or low-molecular-weight heparin prophylaxis was not associated with a significant decrease in the risk of SOS/VOD (pooled relative risk, 0.90; 95% confidence interval, 0.62–1.29) [38]. Furthermore, bleeding was reported as an adverse event in 7 of the 12 studies under the meta-analysis (2782 patients) [38]. Therefore, given the absence of conclusive results on its effectiveness and its potential side effects, heparin should be abandoned as SOS prophylaxis.

Other agents have been evaluated for SOS/VOD prophylaxis, including anti-thrombin, prostaglandin E1, or pentoxifylline. However, none of these agents showed efficacy for SOS/VOD prevention, and some were associated with severe side effects [39–44]. Therefore, they are not recommended for prevention of SOS/VOD.

Ursodeoxycholic acid for SOS/VOD prevention has been evaluated in several prospective randomized trials. Some demonstrated a decreased incidence of SOS/VOD [45, 46], while others failed to uncover an advantage [47, 48]. However, the combined results of the three prospective clinical trials using ursodeoxycholic acid alone as prophylaxis vs. no treatment demonstrated a reduced proportion of SOS (relative risk, 0.34; 95% confidence interval, 0.17–0.66) [49]. Furthermore, continuous administration of ursodeoxycholic acid until 90 days after transplantation significantly reduced the proportion of patients developing high serum bilirubin levels, severe acute GVHD, liver GVHD, and intestinal GVHD, translating into a significantly lower non-relapse mortality and better OS [50]. Therefore, the use of ursodeoxycholic acid is recommended from the beginning of the conditioning until day 90 after transplantation.

Prophylaxis of SOS/VOD with DF has been evaluated in a randomized prospective phase III study in 356 pediatric patients at high risk of developing SOS/VOD [51]. All patients received a myeloablative conditioning regimen HCT and had one or more risk factors for SOS/VOD. In the prophylaxis arm ($n = 180$), DF was administered at 25 mg/kg per day from day 1 of the conditioning until day 30 post HCT, while in the control arm ($n = 176$) no prophylactic treatment was administered. In the control arm, a crossover approach allowed patients to receive DF when they developed SOS/VOD (according to the modified Seattle criteria). Prophylactic DF was associated with a significantly reduced incidence of SOS/VOD; specifically, 12 vs. 20% in the control arm ($p = 0.048$), the trial's primary endpoint. This did not translate into a reduction of day 100 SOS/VOD-associated mortality (2 vs. 6%, $p = 0.10$), not least due to the crossover design, and the limited power of the trial to

establish this secondary endpoint. However, development of SOS/VOD was associated with a four-time higher mortality (25 vs. 6%, $p < 0.0001$) overall, and there was no difference in the incidence of adverse events, including hemorrhage, between the two groups.

In adult patients, no prospective study has yet reported on DF for SOS/VOD prevention. However, several retrospective studies have described a very low incidence of SOS/VOD with DF prophylaxis (ranging from 0 to 2%) in heterogeneous cohort of adult patients undergoing either autologous or allo-HCT [52–54]. Recently, DF prophylaxis was assessed in a cohort of 63 adult patients treated with allo-HCT and considered at high risk for SOS [55]. DF was generally well tolerated, with only four patients (6%) discontinuing DF because of bleeding events, and the median duration of treatment was 23 days. Four patients (6%) developed SOS/VOD, two within 21 days, and two beyond day 21 (late-onset SOS/VOD). A prospective randomized confirmatory trial in adults and children is underway (NCT02851407).

Overall, despite the absence of published randomized clinical trial evaluating DF for SOS/VOD prophylaxis, based on the benefit observed in the randomized pediatric clinical trial and on retrospective results available in adults, DF prophylaxis can be considered in adult patients at very high risk of SOS/VOD. Very high-risk patients are defined by the presence of at least two major risk factors: previous treatment with gemtuzumab ozogamicin or inotuzumab, established liver disease, conditioning regimen with three or more alkylating agents (including posttransplant cyclophosphamide), or with a high dose of total body irradiation and an alkylating agent, previous liver irradiation, and previous allogeneic or autologous HCT (excluding autologous HCT with high-dose melphalan for multiple myeloma) [1, 56]. In patients with only one major and/or multiple minor risk factors, there is no literature supporting the use of DF for SOS/VOD prophylaxis. Alternatively, the CIBMTR recently published a risk score identifying patients at high risk for VOD could be used [57]. This risk score take into account patient's age, Karnofsky, sirolimus use, hepatitis B/C status, conditioning regimen, and disease/disease status at time of transplantation (link for calculation <https://www.cibmtr.org/ReferenceCenter/Statistical/Tools/Pages/VOD.aspx>).

DF prophylaxis should be initiated with the start of conditioning, and administered until day 21 or earlier, in the case of earlier patient discharge. The drug should be administered at the same dose as in the therapeutic setting (25 mg/kg per day divided in four daily doses of 6.25 mg/kg). In the case of SOS/VOD development under prophylaxis, DF should be administered at the same dose, as there is no reason to increase it, and maintained for 21 days after the diagnosis of SOS/VOD.

Future considerations

By providing these recommendations for SOS/VOD prevention and treatment, the aim is to standardize the approach and improve patients' outcome after HCT. However, besides HCT, new concerns are emerging with the development of new treatments. For example, the high incidence of SOS/VOD associated with inotuzumab raises the question of SOS/VOD careful monitoring in this setting, in particular as to the role of DF prophylaxis. Similarly, the landscape of immunotherapy is rapidly evolving with the development of CAR T cells and other strategies associated with vascular injury. We must therefore be particularly cautious regarding the potential for additive toxicity of these treatments and, possible, SOS/VOD, especially when combined with HCT.

Another important parameter to be considered is added cost, the risk–benefit ratio and cost effectiveness of prophylactic or preemptive DF in the context of HCT. Such evaluation should be performed, preferably in a prospective trial or through capturing real-world data generated, e.g., within the EBMT registry in close collaboration with health technology assessment bodies, to evaluate the impact and the relevance of our recommendations, and with overarching goal of improving patient outcome.

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