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## Digestive Diseases

Dig Dis 2012;30(suppl 1):82–90 DOI: 10.1159/000341681

## Protective and Aggravating Effects of Nlrp3 Inflammasome Activation in IBD Models: Influence of Genetic and Environmental Factors

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#### **Key Words**

Nlrp3 inflammasome · Caspase-1 · IL-18 · Experimental colitis

### Abstract

Background: Inflammatory bowel disease (IBD) is characterized by chronic intestinal inflammation due to dysregulation of the mucosal immune system. The cytokines IL-1 $\beta$  and IL-18 appear early in intestinal inflammation and their pro-forms are processed via the caspase-1-activating multiprotein complex, the NIrp3 inflammasome. Previously, we reported that the uptake of dextran sodium sulfate (DSS) by macrophages activates the NIrp3 inflammasome and that NIrp3<sup>-/-</sup> mice are protected in the acute DSS colitis model. Of note, other groups have reported opposing effects in regards to DSS susceptibility in NIrp3<sup>-/-</sup> mice. Recently, mice lacking inflammasomes were found to develop a distinct intestinal microflora. Methods: To reconcile the contradicting observations, we investigated the role of NIrp3 deficiency in two different IBD models: acute DSS colitis and TNBS (2,4,6-trinitrobenzene sulfonic acid)-induced colitis. In addition, we in-

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Accessible online at: www.karger.com/ddi vestigated the impact of the intestinal flora on disease severity by performing cohousing experiments of wild-type and Nlrp3<sup>-/-</sup> mice, as well as by antibiotic treatment. **Results:** Nlrp3<sup>-/-</sup> mice treated with either DSS or TNBS exhibited attenuated colitis and lower mortality. This protective effect correlated with an increased frequency of CD103+ lamina propria dendritic cells expressing a tolerogenic phenotype in Nlrp3<sup>-/-</sup> mice in steady state conditions. Interestingly, after cohousing, NIrp3<sup>-/-</sup> mice were as susceptible as wild-type mice, indicating that transmission of endogenous bacterial flora between the two mouse strains might increase susceptibility of NIrp3<sup>-/-</sup> mice towards DSS-induced colitis. Accordingly, treatment with antibiotics almost completely prevented colitis in the DSS model. *Conclusions:* The composition of the intestinal microflora significantly influences disease severity in IBD models comparing wild-type and NIrp3<sup>-/-</sup> mice. This observation may - at least in part - explain contradictory results concerning the role of the inflammasome in different labs. Further studies are required to define the role of the NIrp3 inflammasome in noninflamed mucosa under steady state conditions and in IBD.

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#### Introduction

Crohn's disease and ulcerative colitis are inflammatory bowel diseases (IBD) with a chronic, relapsing, and remitting course [1]. The etiology of IBD is incompletely understood. Both genetic and environmental factors mediate the dysregulation of the mucosal immune system in the gastrointestinal tract. Even in healthy conditions, small amounts of bacterial antigen can cross the epithelial barrier that separates the gut lumen from the adjacent mucosa and submucosa. These bacteria or their constituents interact with various immune cells, in particular macrophages and dendritic cells (DC) in the lamina propria. The constant challenge of the mucosal immune system has led to evolutionarily conserved feedback mechanisms protecting the organism from excessive immune responses. Under healthy conditions, these feedback mechanisms create an equilibrium that is known as the mucosal steady state [2]. Danger signals are believed to break this steady state and initiate proinflammatory cascades [3]. Immune responses to such signals must differentiate between the 'harmless' normal intestinal flora and more pathogenic bacteria that need to be 'defeated'. However, even under the conditions of active inflammation, the feedback loops of a healthy organism are preserved and effectively limit the proinflammatory immune response within the lamina propria. There is ample evidence that mutations in defined components of immune signaling cascades predispose to the development of IBD. Dozens of molecular candidates have been identified that contribute to a deregulated phenotype [4, 5].

However, it is currently unknown if these deregulated molecular cascades exert their proinflammatory effects in the absence of specific environmental factors or if an initial pathogenic stimulus is needed to initiate the detrimental cascade, eventually leading to IBD. Recently, it was demonstrated that norovirus infection of ATG16L1-deficient mice triggers intestinal inflammation. Genetic factors (ATG16L1), environmental factors (the commensal flora), and danger signals (dextran sodium sulfate (DSS), norovirus infection) were shown to act in concert in order to induce manifest intestinal inflammation. Anti-TNF- $\alpha$  and anti-IFN- $\gamma$  strategies, as well as antibiotic treatment, were able to ameliorate colitis induction [6].

Possibly, shifts in the genetic signature of individuals may exert an influence on the environmental factors themselves (composition of the intestinal bacteria settling in the host from the first days of life – long before disease appears) [7]. Of interest, all these mechanisms putatively affect the interpretation of data of pharmacological intervention studies as well as of gene knockout studies in the field of IBD.

#### **Materials and Methods**

#### Mice

Nlrp3<sup>-/-</sup> mice were bred at the University of Munich and used for experiments at ages spanning 8–16 weeks. Age-matched wildtype controls were purchased from Harlan Laboratories (Borchen, Germany). Mice were fed standard mice chow pellets and had access to tap water supplied in bottles. All experiments were approved by the regional animal study committee and are in agreement with the guidelines for the proper use of animals in biomedical research.

#### Induction of Colitis and Treatment

DSS colitis was induced with 2% DSS (MW 40 kDa) dissolved in drinking water given ad libitum. Control mice were given tap water. To investigate the influence of intestinal flora on the extent of the colitis, Nlrp3<sup>-/-</sup> mice and wild-type controls were cohoused in order to assure transfer of intestinal microbiota. Both mouse strains were kept together in cages for 2 weeks before DSS exposure. In addition, treatment with a combination of antibiotics was investigated. Mice received drinking water with or without ampicillin (1 mg/ml), metronidazole (1 mg/ml), neomycin (1 mg/ml), and vancomycin (0.5 mg/ml). TNBS (2,4,6-trinitrobenzene sulfonic acid) colitis was induced by rectal administration of 2 doses of 2 mg TNBS (Sigma, St. Louis, Mo., USA) in 40% ethanol, using a vinyl catheter with the opening position 2.5 cm away from the anus. Administration of the two doses was separated by a 7-day interval. Mice were sacrificed on day 9 for histological analysis.

#### Clinical Score and Histological Analysis

A scoring system was used in order to assess diarrhea and the presence of occult or overt blood in the stool. Postmortem, the colon was removed and pieces of colonic tissue were used for his-tological analysis. Rings of the transverse part of the colon were fixed in 4% buffered formalin, embedded in paraffin, and stained with hematoxylin and eosin. Histological scoring was performed in a blinded way by a pathologist (H.-A.L.) as described [8].

#### Ex vivo Analysis of Lamina Propria CD103+ DC

For isolation of immune cells from the lamina propria, colon sections were cut into small fragments, incubated with EDTA (Sigma-Aldrich, Munich, Germany) and dithiothreitol (Sigma-Aldrich) in Hanks' balanced salt solution, and passed through a 70-μm cell strainer. The suspension of epithelial and subepithelial cells as well as intraepithelial lymphocytes was removed and the remaining lamina propria was collected. After digestion with collagenase D, DNase I, and dispase (Roche, Mannheim, Germany) the suspension was stained with fluorochrome-labeled antibodies against CD11b, CD11c, CD86 (BD Biosciences, Heidelberg, Germany), and CD103 (BioLegend, San Diego, Calif., USA). Fluorescence intensity was analyzed using a FACSCalibur (BD Biosciences, San Diego, Calif., USA). Data analysis was performed using FlowJo software (Tree Star, Ashland, Oreg., USA).

#### Statistics

Data are expressed as means  $\pm$  SEM. Statistical significance of differences between treatment and control groups was determined by Student's t test. Differences were considered statistically significant at p < 0.05.

#### **Results and Discussion**

#### Role of the Nlrp3 Inflammasome in IBD

Recently, Nlrp3 has emerged as an important player in the field of inflammatory response. Activation of caspase-1 was found to be controlled by a cytosolic multiprotein complex termed the inflammasome [9]. Since the original description in 2002, several inflammasome complexes have been described, which differ in their subdomains, including Nlrp1, Nlrp3, Nlrc4, and Aim2. Whereas Nlrp1, Nlrc4, and Aim2 are thought to be primarily involved in recognition of microbial products, the Nlrp3 inflammasome also induces inflammatory responses towards certain sterile stimuli [10]. Diseases such as gout, asbestosis, diabetes, and atherosclerosis are mediated by the Nlrp3 inflammasome [11-13]. The Nlrp3 inflammasome is a multimeric complex consisting of Nlrp3, the adaptor molecule apoptosis-associated speck-like protein (ASC), and procaspase-1. Upon Nlrp3 stimulation, ASC and procaspase-1 are recruited to form a large complex with subsequent autocleavage of procaspase-1. Active caspase-1 cleaves pro-IL-1β and pro-IL-18 into their biologically active forms, which are then secreted into the extracellular space. This process involves two distinct steps: (1) transcriptional upregulation of Nlrp3 and pro-IL-1B/IL-18 via NF-κB or cytokine receptor signaling, and (2) activation of the Nlrp3 inflammasome [14].

Several reports have established an association between the inflammasome pathway and autoinflammatory disorders. Muckle-Wells syndrome, familial cold autoinflammatory syndrome, and neonatal-onset multisystem inflammatory disease are associated with constitutive activation of the Nlrp3 inflammasome due to mutated Nlrp3 [15]. Interestingly, a genetic study has identified single nucleotide polymorphisms likely to reduce Nlrp3 expression that are linked to IBD [16]. Other authors have confirmed a role for Nlrp3 in IBD, but provided evidence that a gain-of-function mutation of Nlrp3 is associated with IBD [17, 18]. Finally, two recent publications could not corroborate any genetic association between Nlrp3 and IBD [19, 20].

These partly contradicting results from cell biology studies as well as human genetics studies have generated great interest in the role of the Nlrp3 inflammasome in murine models of IBD. Recently, our group reported involvement of the Nlrp3 inflammasome in the pathogenesis of DSS-induced colitis [8]. Peritoneal macrophages from Nlrp3<sup>-/-</sup> mice treated orally with DSS showed significantly reduced secretion of IL-1 $\beta$  in comparison to wild-type mice. Consistent with these data, colon homogenates of Nlrp3<sup>-/-</sup> mice contained lower levels of bioactive IL-1 $\beta$  and other proinflammatory cytokines. In addition, Nlrp3<sup>-/-</sup> mice were less susceptible to the detrimental effects of oral DSS intake. Weight loss, hematochezia, and histology scores, as well as mortality, were significantly reduced in mice lacking the Nlrp3<sup>-/-</sup> inflammasome [8].

However, other groups have made opposing observations. Two recent publications found a protective effect of the Nlrp3 inflammasome in DSS-induced colitis [21, 22]. Using bone marrow chimeras, Zaki et al. [22] found that Nlrp3 signaling in nonhematopoietic cells protects against DSS-induced colonic injury. Their study used higher DSS concentrations than ours (4 vs. 2%) resulting in faster induction of clinical symptoms. Nevertheless, in the study by Zaki et al. [22] the mice showed a marked resistance to high DSS doses, suggesting that as yet undefined factors contribute to the phenotype of Nlrp3<sup>-/-</sup> mice seen in different animal facilities.

These contradictory results are paralleled by findings in caspase-1- and IL-18-deficient mice. Siegmund et al. [23] reported protection of caspase- $1^{-/-}$  mice from the deleterious effects of DSS administration and our group found that treatment of mice with the caspase-1 inhibitor pralnacasan ameliorated colonic inflammation [24, 25]. In contrast, a recent study showed that caspase-1<sup>-/-</sup> mice have aggravated colonic inflammation [7]. Moreover, two studies found that treatment with anti-IL-18 antibody or IL-18-binding protein reduced the severity of DSS-induced colitis [26, 27]. In contrast, IL-18<sup>-/-</sup> or IL-18 receptor<sup>-/-</sup> mice developed a more severe colitis than wild-type controls, arguing for a protective role of IL-18 in tissue repair [28]. As possible reasons for these opposing results, different DSS batches, varying DSS concentrations, and different mouse strains and age have been discussed. Alternatively, differing intestinal microbiota in wild-type versus caspase-1<sup>-/-</sup> or IL-18<sup>-/-</sup> mice might have been a confounder; however, no direct evidence was available at that time.

# A Dual Role for the Nlrp3 Inflammasome in Epithelial and Mononuclear Cells

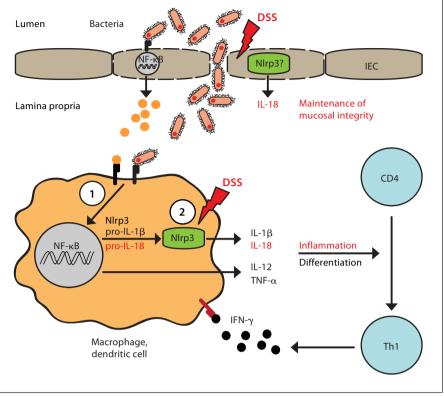
Despite the frequent use of the DSS-induced colitis model in IBD research, little is known about the precise

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Fig. 1. Proposed pathophysiological model of DSS-induced colitis. The integrity of intestinal epithelial cells (IEC) is disrupted by direct toxic effects of DSS, allowing bacteria and DSS particles to get into contact with macrophages and DC located in the lamina propria. Bacterial compounds induce NF-κB or cytokine receptor signaling with transcriptional upregulation of Nlrp3, pro-IL-1B, and pro-IL-18 (step 1 of the proposed two-hit theory of DSS action, see text). Uptake of DSS into macrophages and DC activates the Nlrp3 inflammasome, resulting in activation of caspase-1, which in turn cleaves pro-IL-1B and pro-IL-18 into the biologically active forms (step 2). Proinflammatory cytokines, such as IL-12 and IL-18, induce the activation and differentiation of CD4+ T cells into a Th1 phenotype, entertaining the inflammatory response. In contrast, release of IL-18 from IEC may be an important regulatory mechanism, promoting mucosal repair after DSS-induced damage.

mechanisms by which DSS induces colitis in mice. Certainly, DSS is a toxin, damaging the epithelial barrier, which allows bacteria and microbial components to interact with immune cells located in the lamina propria. Thus, the DSS model is generally viewed as an epithelial damage model suited to investigate wound-healing processes and innate immune responses. In concordance with this view, clinical manifestations of DSS intake do not occur before the fourth or fifth day of DSS administration, along with the appearance of histological hallmarks of epithelial injury.

Other authors have suggested that DSS uptake by lamina propria macrophages initiates an inflammatory process. Araki et al. [29] noted the uptake of orally administered DSS by lamina propria immune cells. Our own data also point towards a direct effect of DSS on macrophages: macrophages primed with LPS and subsequently exposed to DSS secrete high levels of IL-1 $\beta$  and IL-18 in an Nlrp3-, ASC-, and caspase-1-dependent manner [8]. This effect was completely abrogated when the endocytosis of DSS was experimentally blocked. Combining these distinct aspects of DSS action led us to postulate a two-hit hypothesis. First, DSS-induced epithelial damage leads to

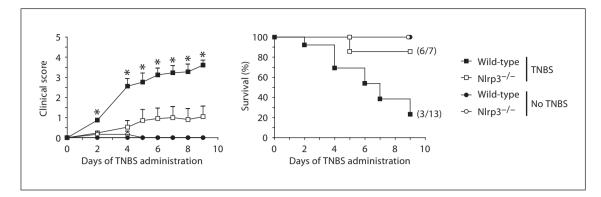


bacterial translocation into the lamina propria, with subsequent NF- $\kappa$ B or cytokine receptor signaling in macrophages or DC, and enhanced transcription of Nlrp3, pro-IL-1 $\beta$ , and pro-IL-18 (step 1). Subsequent activation of the Nlrp3 inflammasome by endocytosed DSS induces the cleavage of cytokines into their biologically active forms and their subsequent secretion, initiating and entertaining an inflammatory cascade (step 2; fig. 1). However, other yet to be defined mechanisms in vivo may lead to IL-1 $\beta$  and IL-18 processing independent of the Nlrp3 inflammasome.

# *Role for the Nlrp3 Inflammasome in the TNBS-Induced Colitis Model*

We previously reported that weight loss, hematochezia, and histology scores, as well as mortality, are significantly reduced in mice lacking the Nlrp3 inflammasome in the acute DSS colitis model [8]. As mentioned before, a putative direct effect of DSS on Nlrp3 inflammasome activation in macrophages and DC has to be considered when trying to understand the exact pathophysiological role of Nlrp3 in IBD. We therefore examined a second model of chemically-induced colitis, the TNBS model, in

Role of Nlrp3 Inflammasome in IBD



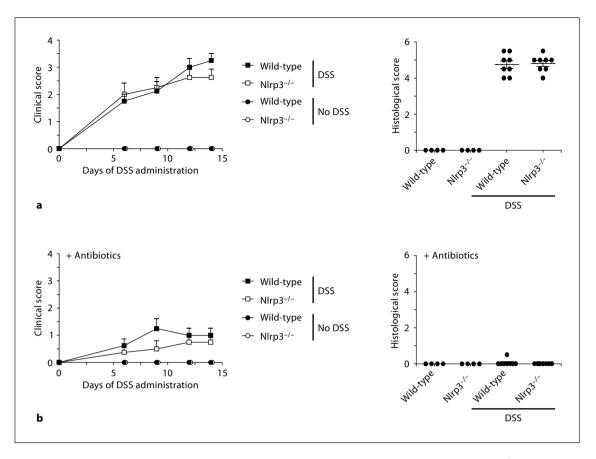
**Fig. 2.** Nlrp3 deficiency protects mice from TNBS-induced colitis. Nlrp3<sup>-/-</sup> and wild-type mice were challenged with 2% TNBS intrarectally. Clinical colitis symptoms and mortality were significantly reduced in Nlrp3<sup>-/-</sup> mice compared to wild-type controls. Data are mean values  $\pm$  SEM of at least 7 mice per group. \* p < 0.05.

which suspension of TNBS in ethanol is administered rectally. TNBS can cross the mucosal barrier and has been described as a T cell-driven model, presumably by acting as a hapten to activate T cells directly. However, bystander mononuclear cells also appear to be involved in the TNBS-induced immune response [30–32]. After rectal application of TNBS, mice developed severe intestinal inflammation and weight loss within a few days. As observed in the DSS model, clinical disease severity, as assessed by diarrhea, bloody stools, weight loss, and mortality, was significantly reduced in Nlrp3<sup>-/-</sup> mice, indicating that Nlrp3-deficiency may also protect against TNBS challenge (fig. 2).

# *Effects of Inflammasome-Deficiency on the Composition of Intestinal Microflora*

The key for understanding the apparently discrepant results of colitis experiments performed in different laboratories may be found in environmental factors, such as the intestinal microbiota, that can vary between different facilities and mouse strains [33]. Flavell's group [7] has established an elegant model to investigate the role of the intestinal microflora in DSS-induced colitis in inflammasome-deficient mice. ASC<sup>-/-</sup> and Nlrp6<sup>-/-</sup> mice exhibited a higher susceptibility to DSS-induced colitis when compared to wild-type mice. However, cohoused wild-type and ASC<sup>-/-</sup> or Nlrp6<sup>-/-</sup> mouse strains were similarly susceptible to DSS challenge, indicating that a 'colitogenic' intestinal flora can be transferred from one strain to the other. Analysis of the fecal microbiota of Nlrp6<sup>-/-</sup>, ASC<sup>-/-</sup>, caspase-1<sup>-/-</sup>, and IL-18<sup>-/-</sup> mice versus wild-type mice by 16S rRNA-based analysis revealed a higher frequency of Prevotellaceae, which belong to the phylum Bacteroidetes, in mice lacking the respective components of the inflammasome cascade. Interestingly, abrogation of *Prevotellaceae* by antibiotics rendered Nlrp6<sup>-/-</sup> mice as sensitive to DSS as wild-type mice. The authors concluded from their observations that the differences in DSS susceptibility of wild-type and inflammasome-deficient mice seen by different laboratories might be explained by a specific composition of the intestinal microbiota. In support of this idea is a recently published study, which described a specific role for microbiota in inflammasome-deficient animals in nonalcoholic fatty liver disease and obesity [34]. Thus, interactions between genotype and environmental factors add another level of complexity to IBD that had until now escaped attention in experimental IBD mouse studies.

These exciting data led us to investigate the influence of cohousing wild-type and Nlrp3<sup>-/-</sup> mice in the acute DSS colitis model. To assure transfer of intestinal microbiota, both mouse strains were kept together in cages for 2 weeks before receiving 2% DSS in drinking water. Under these conditions both mouse strains lost weight to the same extent and developed a similar severity of hematochezia, indicating that the susceptibility of wild-type mice towards DSS was transmittable to Nlrp3<sup>-/-</sup> mice. Also, histological analyses of the distal colon showed almost identical inflammatory reactions in the two mouse strains (fig. 3a). In addition, treatment of the mice with a combination of four antibiotics almost completely prevented the detrimental effects of DSS exposure in both mouse strains (fig. 3b). From these findings and reports in the literature [35, 36] we conclude that gut microbiota are critical determinants for the severity of DSS-induced



**Fig. 3.** Influence of cohousing and treatment with antibiotics on DSS-induced colitis in Nlrp3<sup>-/-</sup> mice. **a** Cohousing of wild-type with Nlrp3<sup>-/-</sup> mice abrogates the beneficial effect of Nlrp3 deficiency. Nlrp3<sup>-/-</sup> mice cohoused with wild-type mice exhibit similar levels of weight loss, hematochezia, diarrhea, and histological signs of colitis. **b** Antibiotic treatment significantly reduces colitis symptoms and histological signs of colitis after DSS exposure. Mean values  $\pm$  SEM of 8 mice per group are shown.

colitis and that the influence of genetic factors on the intestinal microbiota has to be considered when comparing knockout mice with wild-type mice in experimental colitis models.

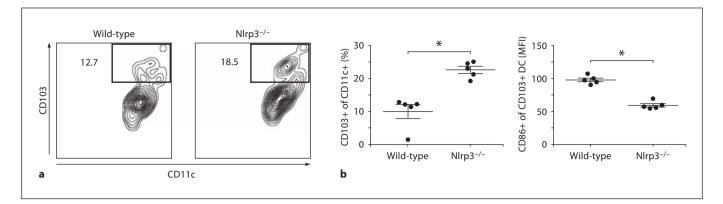
### *DC in the Lamina Propria of Nlrp3-Deficient Mice Express a Tolerogenic Phenotype*

What further steps are necessary to clarify the role of Nlrp3 in IBD models? The importance of diverse cell types involved in antigen sampling and presentation in the lamina propria in the regulation of the homeostasis of the gut immune system has been appreciated [37]. The precise roles of macrophages and DC in DSS-induced colitis are a matter of ongoing debate, as both proinflammatory and anti-inflammatory effects have been described. Depletion of macrophages/DC with liposome-encapsulated clodronate ameliorated colitis in IL-10-

deficient mice, indicating that intestinal mononuclear phagocytes play a proinflammatory role [38]. In turn, selective depletion of CD11c+ DC aggravated DSS-induced colitis, indicating that DC may be protective, e.g. via secretion of anti-inflammatory cytokines such as IL-10 or TGF- $\beta$  [39]. Recently, CD103+ DC have been described as potent inductors of regulatory T cells in murine colitis models [40]. These tolerogenic DC are believed to represent a mucosal phenotype of DC characterized by upregulation of CD103 upon arrival of monocytic precursors from the blood in the intestine and differentiation into DC [41, 42].

The factors that contribute to the tolerogenic environment in the gut are largely unknown, but might putatively include retinoic acid and TGF- $\beta$  produced by intestinal epithelial cells and/or immune cells in the lamina propria [43]. The tolerogenic potential of CD103+ DC appears to

Role of Nlrp3 Inflammasome in IBD



**Fig. 4.** Nlrp3<sup>-/-</sup> mice exhibit an increased frequency of tolerogenic CD103+ DC in intestinal lamina propria and spleen during steady state. **a** Single cell suspensions of lamina propria cells were stained with fluorochrome-labeled antibodies and analyzed by flow cytometry. No difference in the total number of CD11c+ DCs was observed between Nlrp3<sup>-/-</sup> mice and wild-type mice (not shown); Nlrp3<sup>-/-</sup> mice exhibited a higher frequency of CD103+ CD11c+ DC compared to wild-type mice (24.7 ± 8.8 vs. 14.9 ±

3.2%). **b** The frequency of splenic CD103+ CD11+ DC was increased in Nlrp3<sup>-/-</sup> mice, whereas the expression of the costimulatory molecule CD86 was significantly reduced, indicative of a tolerogenic DC phenotype. Shown are data from one of two independent experiments with 5 mice per group. Data in **b** are individual measurements, as well as mean values  $\pm$  SEM of 5 mice. \* p < 0.05.

be restricted to the steady state [44], while during intestinal inflammation this tolerogenic function appears to be lost [45]. Apparently, an imbalance of the various lamina propria DC subpopulations predisposes to IBD development [37, 46]. The question remains, which mechanisms guide the transition from steady state to a proinflammatory state in the gastrointestinal tract?

As Nlrp3<sup>-/-</sup> mice were protected against DSS- and TNBS-induced colitis, specifically in the early phase of the disease, we speculated that lamina propria DC of Nlrp3<sup>-/-</sup> mice might express a more tolerogenic phenotype under steady state conditions. To address this question, we generated single cell suspensions from lymphatic organs and the lamina propria of wild-type and Nlrp3<sup>-/-</sup> mice and stained these with fluorochromelabeled antibodies against CD11b, CD11c, CD86, and CD103 for analysis by flow cytometry. In lymphatic organs as well as in the lamina propria, CD11b+CD11c+DC demonstrated CD103- and CD103+ subpopulations. We found that the frequency of CD103+ DC amongst all CD11b+CD11c+ cells derived from the lamina propria was significantly higher in Nlrp3<sup>-/-</sup> mice than in wildtype mice (fig. 4a). Similarly, CD103+ DC were more frequent among CD11b+CD11c+ cells from the spleens of Nlrp3<sup>-/-</sup> mice than from wild-type mice (22.7  $\pm$  1.1% vs. 10.0  $\pm$  2.1%, p < 0.001). We also noted that the total number of CD11b+CD11c+ DC did not differ between Nlrp3<sup>-/-</sup> and wild-type mice. Finally, expression of the

costimulatory molecule CD86 was found to be reduced on CD103+ DC derived from the spleens of Nlrp3<sup>-/-</sup> mice (fig. 4b). No difference in CD86 expression was observed for CD103– DC (data not shown).

These findings confirm that lamina propria DC in Nlrp3<sup>-/-</sup> mice express a more tolerogenic phenotype, which may account for the reduced susceptibility in chemically induced colitis models. The precise role of the tolerogenic phenotype of lamina propria DC in Nlrp3<sup>-/-</sup> mice in steady state and in inflammatory conditions is the focus of ongoing studies in our laboratory.

### Conclusion

Inflammasome- and caspase-1-regulated processes play a pivotal role in intestinal homeostasis and inflammation. Both protective and detrimental effects of the Nlrp3 inflammasome and IL-18 have been described in murine IBD models. A possible key is compartmentalization of IL-18 processing. While epithelial cell-derived IL-18 might exert a protective effect by assuring the maintenance of mucosal integrity, IL-18 produced by lamina propria immune cells, such as macrophages or DC, can trigger a proinflammatory cascade and, hence, contribute to excessive tissue damage in predisposed individuals. However, recent studies have added another layer of complexity. Genetic alterations in components of inflammasomes, including Nlrp3, may bring about changes in intestinal microbiota with potential colitogenic properties. These findings should prompt further research regarding the influence of the gut microflora on the development of IBD with more sophisticated methodology, such as extensive whole genome sequencing ('deep sequencing') of the gut microbiome. In addition, we should be careful when interpreting data from experimental colitis models comparing different mouse strains. Cohousing experiments are a relatively simple way to explore whether differences in microbial composition are the main contributors to a specific phenotype found in knockout mice and should be indispensable for future IBD research.

#### Acknowledgments

This work was supported by the Deutsche Forschungsgemeinschaft SCHN 664/3-1 to M.S. and GK 1202 to M.S., P.D. and S.E.

#### **Disclosure Statement**

None of the authors have a financial conflict of interest to declare.

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