Protective Effects of Astragaloside IV on db/db Mice with Diabetic Retinopathy



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Abstract

Objectives: Diabetic retinopathy (DR) is a common diabetic eye disease which is well-known as the result of microvascular retinal changes. Although the potential biological functions of astragaloside IV (AS IV) have long been described in traditional system of medicine, its protective effect on DR remains unclear. This study aims to investigate the function and mechanism of AS IV on type 2 diabetic db/db mice.

Methods: Db/db mice were treated with AS IV (4.5 mg/kg or 9 mg/kg) or physiological saline by oral gavage for 20 weeks along with db/m mice. In each group, retinal ganglion cell (RGC) function was measured by pattern electroretinogram (ERG) and apoptosis was determined by Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining. Blood and retina aldose reductase (AR) activity were quantified by chemiluminescence analysis. The expressions of phosporylated-ERK1/2, NF-κB were determined by Western blot analysis. Furthermore, the expression of related downstream proteins were quantified by Label-based Mouse Antibody Array.

Results: Administration of AS IV significantly improved the amplitude in pattern ERG and reduced the apoptosis of RGCs.in db/db mice. Furthermore, downregulation of AR activity, ERK1/2 phosphorylation, NF- κ B and related cytokine were observed in AS IV treatment group.

Conclusions: Our study indicated that AS IV, as an inhibitor of AR, could prevent the activation of ERK1/2 phosporylation and NF-kB and further relieve the RGCs disfunction in db/db mice with DR. It has provided a basis for investigating the clinical efficacy of AR inhibitors in preventing DR.

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Data Availability: The authors confirm that all data underlying the findings are fully available without restriction. All relevant data are within the paper and its Supporting Information files.

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Introduction

Diabetic retinopathy (DR) is known to be the most common microvascular complication of diabetes mellitus and is one of the most serious causes of visual impairment and blindness in developed countries [1–3]. Type 1 diabetic patients, along with approximately 80% of insulin-dependent type 2 diabetic patients and 50% of insulin-resistant type 2 diabetic patients, will suffer the retinopathy in the following 20 years since the first diagnosis [4]. Furthermore, DR accounts for 15 to 17% of total blindness [5]. Therefore, there is a pressing need for the development of novel and effective therapeutic approaches to halt the progression of DR. The prime-triggering factor for the progression of the disease is hyperglycemia [6,7]. However, the pathogenesis remains uncertain. Studies have shown this metabolic disorder can interfere with generation of neurotransmitters [8–10], inducing proapoptotic [11–14] and proinflammatory responses [15–17]. Accumulating evidence also suggested that immunologic and inflammatory mechanisms play important roles in its development and progression [18]. Recently, several vitro and vivo studies indicated that drugs with varying aldose reductase (AR) inhibiting efficacy show significant protection against diabetic complications, which provided evidences pointing to a significant role of AR in mediating hyperglycemic injury [19–23].

Astragaloside IV (AS IV), a novel saponin purified from Astragalus membranaceus (Fisch) Bunge, is one of the major and active components of the astragalus membranaceus. It has been reported of its hypoglycemic effect in diabetic mice by inhibiting of hepatic glycogen phosphorylase and glucose-6-phosphatase activities or the formation of advanced glycation end products [24,25]. Gui et al. suggested AS-IV prevents Glucose-Induced podocyte apoptosis as a novel antioxidant [26]. They also demonstrated significant efficacy against inflammation through inhibiting NF- κ B in streptozotocin (STZ)-induced diabetic rats models in diabetic nephropathy (DN) [27]. In addition, AS IV showed its inhibitory effects on diabetic peripheral neuropathy in rats [28]. However, the inhibitory effect of this drug directly on DR has not been explored yet. Based on the observations described above, the aim of the present study was to investigate the protective effects and mechanism of AS IV on diabetic retinopathy in type 2 diabetic db/db mice.

Research Design and Methods

Materials

AS IV, extracted from Astragalus membranaceus (Fisch.) Bunge, was provided by the Institute of Botany, Jiangsu Province and Chinese Academy of Sciences (purity >98% using the HPLC method). The rabbit polyclonal antibodies against ERK/p-ERK, NF- κ B were purchased from SANTA CRUZ, USA. Terminal Transferase dUTP Nick End Labeling (TUNEL) Assay kit was purchased from Roche, USA. Mouse Cytokine Array was purchased from RayBiotech, USA.

Experimental design

C57BLKsJ-db/db mice strain (db/db mice for short. Strain name BKS.Cg-Dock7^m +/+ Lepr^{db}/J and stock number 000642 in Jackson Laboratories) were purchased from Model Animal Research Center of Nanjing University. This study was carried out in strict accordance with the recommendations in the guide for the care and use of animals of the Association for Research in Vision and Ophthalmology (ARVO) and Committee for Animal Experiments of National Center. The protocol was approved by Ethics Committee of Nanjing Medical University. 8-week-old mice were housed in the Experimental Animal Facilities at Nanjing Medical University under specific-pathogen-free (SPF) conditions. Three groups each consisting of 12 male db/db mice along with 12 db/ m mice (heterozygotes (Lepr^{db/m}) as littermate controls) were randomly assigned. The animals were fed with a normal diet and dosed daily by oral gavage, at 4.5 or 9 mg/kg of AS IV, or an equal amount of physiological saline.

Experimental design needed for the present in vivo study has been summarized as follows (Fig. 1):

Group 1 (Littermate controls, LC) consisted of normal db/m animals that received physiological saline only.

Group 2 (Negative control, NC) consisted of db/db mice that received saline orally.

Group 3 (AS IV Low-dose group, AL) consisted of db/db mice that were given As IV orally at a dose of 4.5 mg/kg body weight for 20 weeks.

Group 4 (AS IV High-dose group, AH) consisted of db/db mice that were given AS IV orally at a dose of 9 mg/kg body weight for 20 weeks.

4-weekly body weight measurement and blood glucose monitoring were conducted during the experiment period. The animals were allowed normal access to food and water and were maintained on a 12-h light/dark cycle at controlled temperature $(20-25^{\circ}C)$ and humidity $(50\% \pm 5\%)$. All reasonable efforts were made to minimize suffering.

Electroretinogram Recordings

The pattern ERG has specific potential to detect retinal ganglion cell (RGC) dysfunction or loss [29]. So functional outcomes are needed to follow the progression of db/db mice and

assess the therapeutic effects of As IV neuroprotective treatments. We used the amplitude and latency of pattern ERG to monitor progressive RGC dysfunction. After 20 weeks gavage administration, pattern ERGs were recorded from 96 undilated eyes. 36 anesthetized (90 mg/kg ketamine and 6 mg/kg xylazine) db/db mice and 12 anesthetized db/m mice responded to contrast reversal of gratings that maximize pattern ERG amplitude (99% contrast, 1-Hz reversal, spatial frequency of 0.05 cyc/deg). The stimulus display contained four full cycles of the gratings. The center of visual stimulus was aligned with the projection of the pupil. Robust averaging (1800 sweeps) was used to isolate pattern ERG from background noise. The head of anesthetized mice was gently restrained in a modified stereotaxic console, a corneal electrode was placed on the test eye, positioning entailed minimal manipulation of the eye. Reference and ground electrodes were small stainless-steel needles inserted in the skin of the back of the head and the back of the body, respectively. A small drop of balanced saline was added to prevent corneal dryness, and the body of the mouse rested on a feedback controlled heating pad that maintained the body temperature at 37°C. A mouth bite and a small nose holder, which allows unobstructed vision, were used to restrain the anterior part of the head. Under these conditions, the eyes of the mice were naturally proptosed, with undilated pupils pointing laterally and upward. For pattern ERG, response amplitude was evaluated peak-to-trough, and the latency was the time-to-peak of the major positive deflection [29].

TUNEL Staining

Decreased population of cells is regarded as an important factor in the pathogenesis of various metabolic diseases [30,31]. To determine the effects of AS IV on RGCs, the apoptosis was determined using TUNEL assays. Only cells marked with green and blue fluorescence can be identified as apoptosis. TUNEL staining was performed according to the manufacturer's protocols to detect diabetic RGC death. After treatment for ERGs recording, animals were sacrificed. Eyes were enucleated and fixed in 4% paraformaldehyde (PFA, wuhan Boster Bio-engineering, Wuhan, China) for 8 h. The eye was cut at the ora serrata and the anterior portion of the eye and lens were removed. The eyecup (retina, choroid, and sclera) was placed in 30% sucrose solution at 4°C overnight for cryoprotection. Eyecups were then embedded in a supporting medium for frozen-tissue specimens (O.C.T. compound, Tissue-Tek, Naperville, IL) and stored in -20°C. The frozen sections will be cut at thicknesses of 8 µm for each sample before use. Slices were collected every 5 pieces and stored at -20° C until labeled. The sections were mounted on glass slides previously treated with poly-L-Lysine. These slides were examined under a laser scanning confocal microscope (LSM710; CarlZeiss, Oberkochen, Germany).

Retina Aldose reductase (AR) Activity Assay

To assess the reverse effects of AS IV on AR activity in blood and retina, blood sample and retinas were prepared. As for blood sample, AR was isolated from erythrocytes by a modification. The entire procedure was performed at 4°C. About 1 mL of heparinized whole blood obtained from each individual was centrifuged at 1000 rpm for 10 min. After removal of the buffy coat, the erythrocytes were suspended in 2 volumes of PBS and centrifuged again. This washing step was repeated once, and the packed erythrocytes were stored at -70° C until use. Retina complexes were micro-surgically isolated and placed immediately into 200 ul Radio-Immunoprecipitation Assay (RIPA) buffer supplemented with 1 mM protease inhibitor phenylmethane sulfonyl fluoride (PMSF) at 4°C. After mechanical disruption,



Figure 1. Schematic diagram of experimental design in vivo. 12 db/m mice were treated with physiological saline as a littermate control. Physiological saline was also given to 12 db/db mice as a negative control. 4.5 mg/kg and 9 mg/kg astragaloside IV were treated to see their effects on db/db mice eyes. doi:10.1371/journal.pone.0112207.g001

lysates were placed on ice for 20 minutes and centrifuged at 12,000 rpm for 10 minutes at 4°C. Protein concentrations were determined using a Bradford assay kit (Bio-Rad) with bovine serum albumin as a standard. AR activity was assayed by observing the decrease in the absorbance of NADPH at 367 nm using DL-glyceraldehyde as a substrate [32]. The assay mixture contained 30 mM potassium phosphate buffer (pH 6.5), 5 mM DL-glyceraldehyde (Lot No. 023k2512, Sigma Co., St. Louis, Mo.), ammonium 0.2 M sulfate, and 1.0 mM β-NADPH (Lot#SLBC6718V, Sigma Co.,St.Louis,Mo.). Fluorescence was measured by fluorescence spectrometer (Thermo Scientific Varioskan Flash Spectral Scanning Multimode Reader, USA) at wavelengths of 367 nm for excitation and 455 nm for emission. One unit of enzyme activity was defined as the amount of enzyme able to oxidize 1 um of NADPH per min at 37°C versus total retina protein.

Western Blot

To identify possible cellular responses to AS IV in the diabetic model, extracellular signal regulated kinases ERK1/2 and nuclear transcription factor NF- κ B were isolated. Following concentration and heating at 100°C for 5 min, 20 µg of protein was run on an SDS-PAGE gel and electro-blotted onto polyvinylidene fluoride membrane (PVDF). The membrane was blocked for 1 h in 5%

skim milk in TBST (20 mM Tris-HCl, pH 7.6, 136 mM NaCl, and 0.1% Tween-20) and incubated in the primary antibody at 4°C overnight. After washed 3 times for 5 to 10 min in 50 mL of TBST at room temperature (RT), the membrane was incubated with goat anti-rabbit 1:2000 for 1 h at RT in $1 \times$ TBST, washed 3×10 min, and rinsed with dH₂O. Detection of the protein was determined by the use of the ECL kit (2 mL/membrane) according to standard procedures. p-ERK/ERK ratio and NF-KB in each group were therefore compared. GAPDH or Histone3 was used as a loading control.

Mouse Antibody Array-Detection of the Level of inflammatory cytokines and chemokines

Protein expression screening by the Label-based Mouse Antibody Array 1-the differential screening antibody microarray, which was designed and manufactured by RayBiotech, Inc. (Norcross, USA), contains 308 antibodies [33]. Retina protein obtained from db/db or db/m mice were pretreated and resultant supernatant was collected with measured protein contents. Each of the antibodies has two replicates that are printed on a coated glass microscope slide, along with multiple positive and negative controls. The antibody array experiment was performed by Wayen biotechnologies (Shanghai), according to the established protocol. Fluorescence Detection were scanned (GenePix 4000B,



Figure 2. Animal general situations (collected every 4 weeks). A: body weight in all groups during treatment. B: Blood glucose in all groups during treatment. doi:10.1371/journal.pone.0112207.g002



Figure 3. Pattern ERGs derived from each eye in response to pattern reversal of horizontal gratings in a population of 48 mice aged 28 weeks. Individual waveforms of each eye are shown superimposed in each group. Mean amplitude in each group is regarded as a consult. A: LC, B: NC, C: AL, D: AH. doi:10.1371/journal.pone.0112207.g003

Axon Instruments, USA) until glass chips were completely dry and the chips were scanned on a GenePix ×4000 scanner (GenePix 4000B, Axon Instruments, USA) and the images were analyzed with GenePix Pro 6.0 (Axon Inxtruments, USA). After subtracting background signals and normalization to positive controls, comparison of signal intensities between and among array images can be used to determine relative differences in expression levels of each protein between groups. Any \geq 1.5-fold increase or \leq 0.65fold decrease in signal intensity for a single analyte between samples or groups may be considered a measurable and significant difference in expression, provided that both sets of signals are well above background.

Statistical Analysis

The results were expressed as mean \pm SD. A comparison between two groups was performed using the two-sided t test and a comparison among multiple groups was subjected to one way analysis of variance (ANOVA) followed by a Kruskal–Wallis Test, with P<0.05 considered statistically significant. Data were analyzed using SPSS 19.0 version.

Results

Status of Body Weight and Blood Glucose

As can be seen from Fig 2A, mean weights of LC group were less than half of that in db/db mice groups from 8 weeks to 28 weeks. Compared with NC group, AL and AH groups showed less body weight gain from 12 weeks old. The blood glucose levels in NC group were significantly different from that of LC group since 8 weeks. At 8 weeks, there was no difference of glucose levels in all db/db mice groups (Fig. 2B). From 12-week-old to 24-week-old, mice in AH group had decreased blood glucose levels compared with NC group, while at 28-week-old, mice in each db/db mice group showed no difference (AL vs. NC, P = 0.996; AH vs. NC,



Figure 4. Effects of Astragaloside IV on pattern ERG outcomes. Data are expressed as the mean \pm SD. A. Pattern ERG amplitudes in all groups. NC group received significantly decreased amplitudes compared with LC group (NC vs LC, p=0.037, * p<0.05). Mice in Astragaloside IV treatment groups have increased amplitudes compared with NC group (AL, AH vs NC, p=0.005, 0.037 respectively. ## p<0.01; # p<0.05). Amplitudes have no significance between AL and AH group. B. Pattern ERG latency in all groups. Astragaloside IV treatment changed the latency, but latency levels did not reveal a statistically significant difference.

p = 0.082, respectively). However, in AH group, blood glucose at 28 weeks showed a significant difference compared to baseline (AH: 28 weeks vs. 8 weeks, p < 0.01).

Electroretinograms and TUNEL-Positive Cells

Individual waveforms of each eve are shown superimposed in each group (Fig. 3). Fig. 4 shows the measurement of the pattern ERG implicit time and amplitudes at 28 weeks after treatment in the mouse retina. In LC group, the mean amplitude of P_{50} was about $0.99\pm0.55 \,\mu\text{V}$; the implicit time of P_{50} was about 120.86±33.62 ms. In NC group, the results were changed into $0.55\pm0.22 \mu$ V and 120.33 ± 21.91 ms. In AL and AH groups, the results were changed into $1.45\pm0.72 \,\mu\text{V}$, $125.45\pm30.32 \,\text{ms}$; $1.24\pm0.53 \,\mu\text{V}$, $117.50\pm17.98 \,\text{ms}$, respectively. Amplitudes significantly reduced (p = 0.037) in NC group when compared with LC group, indicating the reduced activity of the survival RGCs or the lack of activity of lost RGCs. Amplitudes in AL and AH groups were significantly increased compared with NC group (p = 0.005, 0.037, respectively). AS IV treatment shortened pattern ERG latency, but the change latency levels did not reveal a statistically significance. In Fig. 5, the detection of DNA damage by TUNEL staining indicated that diabetes could induce the apoptosis of RGCs and AS IV decreased the apoptosis of RGCs in retina.



Figure 5. The effect of astragaloside IV on the apoptosis of retina cells. Apoptotic cells were marked with green fluorescence, the nuclei of cells are stained by blue fluorescence (DAPI). A: LC, B: NC, C: AL, D: AH. GCL, retinal ganglion cell layer; IPL, inner plexiform layer; INL, inner nuclear layer; OPL, outer plexiform layer; ONL, outer nuclear layer. Original magnification: ×20; scale bar, 100 mm. Triangles: Apoptotic cells. doi:10.1371/journal.pone.0112207.g005

AR Activity and Responses of Signal Regulators in DR

AR activity assay demonstrated a difference between NC group and LC group. AR activity in retina of LC, NC, AL, and AH groups were 17.53 ± 1.12 , 22.61 ± 2.29 , 20.51 ± 1.58 , and 18.07 ± 1.63 U/g protein respectively. Statistic significance was found between LC and NC groups, NC and AH groups (p=0.026, 0.025, respectively.). AR activity in blood was consistent with that in retina (Table 1). Further analysis of the NF- κ B pathway implied the pathogenesis of diabetic retinopathy [34–36]. As demonstrated in Fig. 6, NF- κ B was significantly upregulated in diabetic retinas compared to LC controls. NF- κ B expression in the retinas of NC group was increased by about 75.6% compared to LC group. But in AL and AH groups, the expression were decreased. ERK1/2 phosphorylation was activated in NC group compared with LC group (p=0.038), while in AH groups, it showed significantly decrease compared with NC group (p = 0.025). The analysis of downstream cytokines of NF- κ B and ERK1/2 also showed increased expression of IL-1, IL-6,VEGF,VCAM-1,TNF- β and MMPs in LC compared with NC group (Table 2), but decreased expression in AH compared with NC group.

Discussion

AS IV has been shown to possess many pharmacological properties, including anti-diabetes [28], antivirus [37], antiischemic injury, [38] and anti-inflammation [39]. The antiinflammatory effect of As IV in DN in STZ-induced diabetic rats has already been reported [27]. The present study demonstrated that AS IV, act as an inhibitor of AR, prevent the activation of ERK1/2 phosporylation and NF-kB, and further relieve the RGCs disfunction in db/db mice with DR.



Figure 6. Effects of astragaloside IV on the changes in retina protein. p-ERK/ERK ratio (left) and NF- κ B (right) expression in retina protein determined by Western blot. Upper panels are the representative immunoblots of proteins in this area. Bottom graphs show the mean p-ERK/ERK ratio or densitometric quantification of the corresponding bands. GAPDH or Histone3 was used as a loading control. The mean for proteins in db/m mice (LC group) retina was set at 100%. A. p-ERK/ERK ratio: NC vs. LC, p=0.038. * p<0.05; AL, AH vs NC, p=0.126, 0.025 respectively. n=3, # p < 0.05). B. NF- κ B: NC vs. LC, p=0.001. ** p<0.01; AL, AH vs. NC, p=0.001, 0.004 respectively. n=3, # p < 0.01. doi:10.1371/journal.pone.0112207.g006

Group	N	Blood AR activity (U/g HB)	Retina AR activity (U/g protein)	
LC	12	1856.01±61.76	17.53±1.12	
NC	12	2192.24±22.25**	22.61±2.29 [*]	
AL	12	2088.80±37.47 ^{##}	20.51±1.58	
AH	12	1845.47±39.46 ^{##}	18.07±1.63 [#]	

Table 1. Effects of astragaloside IV on dissolve blood Aldose reductase (AR) and retina AR activity (mean with SD) in db/db mice.

There is a difference between NC and LC group in AR activity (NC vs. LC, p = 0.000, 0.026 in blood AR, retina AR respectively. ** p < 0.01; * p < 0.05). Astragaloside IV treatment showed a significance in AR activity compared with NC group. (blood AR: AL, AH vs. NC, p = 0.000, 0.000 respectively. Significance also showed in AL and AH groups. p = 0.000. ## p < 0.01; retina AR: AL, AH vs. NC, p = 0.218, 0.025 respectively. No significance between AL and AH groups. p = 0.159. # p < 0.05). doi:10.1371/journal.pone.0112207.t001

The db/db mouse is the most widely used mouse model of type 2 diabetes since 1966 [40], especially in DN [41]. As a successful DR model, db/db mouse has been used to investigate the pathogenesis progress in many studies [42–46]. Clements used db/db mice to state that Anti-glycated albumin therapy offered prophylaxis against the early changes of diabetic retinopathy [43]. Li used db/db mice to investigate the potential role of lovastatin in diabetic retinopathy in type 2 diabetes [44,45]. Xiao and Fletcher evaluated retinal neuronal dysfunction in db/db mice [46,47]. In our study, compared with LC group, higher weight gain and blood glucose levels in NC group indicated the success of this model.

Evidence suggests that retinal neurodegeneration is an early event in the pathogenesis of DR [11,47–49]. Several authors have also reported the presence of retinal neurodegeneration (apoptosis, glial activation and retinal thinning) in db/db mice[50,51]. Pattern ERG acts as an useful tool to detect the disfunction of RGCs. Recently, Bogdanov et al. [52] have obtained the features of the neurodegenerative process in db/db mice via ERG recording. Our pattern ERG demonstrated that AS IV treatment largely slowed down the dysfunction of RGCs, which is consistent with previous reports. Furthermore, the detection of DNA damage by Tunel staining has also concerned it.

So far, the mechanism of AS IV alleviates diabetes-induced neuronal injury was still unclear. Naeser et al. demonstrated that AR participated in the degeneration of the optic nerve [53], Yu et al. showed inhibitory effects of AS IV on diabetic peripheral neuropathy in rats, which related to the decrease of AR [28]. In the present study, AS IV treatment significantly inhibited activation of AR and the overexpression of NF-KB and ERK1/2 phosphorylation. MAPKs are stress-related kinases, and members of the MAPKs subfamily (JNK, p38, and ERK1/2) have been implicated in neuronal injury and diseases [54]. ERK1/2 is activated by oxidative stress, mitogens, and survival factors, and that regulates cell proliferation and differentiation [55]. Inhibitors of ERKs cooperatively regulated the transactivation potential of the NF-kB p65 subunit [56]. Researches have commented that ERK (MAPK) mediated alterations in early feature of DR [57]. ERK pathway plays a critical role in the induction of processes such as apoptosis. NF- κ B is a major transcriptional factor regulating many proinflammatory cytokines, chemokines, and adhesion molecules. Down regulation of IL-1, IL-6, VEGF, VCAM-1, TNF- β and MMPs in our study might linked to the apoptosis of the RGCs.

In conclusion, our data demonstrated the anti-inflammatory and neuroprotective function of AS IV in db/db mice with DR. Therefore, we propose that AS IV, an inhibitor of AR, may act as an potential therapeutic approach for the treatment of DR. Further clinical trials are needed for investigating the clinical efficacy of AS IV.

Cytokine	db/m	db/db	db/db + astragaloside IV (9 mg/kg)	ratio1 (NC/LC)	ratio2 (AH/NC)	tendency
IL-1α	2499	4096	2702	1.64	0.65	Down-regulation
IL-1β	1557	2710	1806	1.74	0.67	down-regulation
IL-6	8976	19529	12573	2.18	0.64	down-regulation
VEGF	1029	2241	1131	2.18	0.50	down-regulation
VEGF-D	1397	2236	1433	1.60	0.64	down-regulation
VCAM-1	1893	3083	2016	1.63	0.65	down-regulation
TNF-β	1804	3089	1976	1.71	0.64	down-regulation
MMP-2	1246	2494	1488	2.00	0.60	down-regulation
MMP-3	1273	2361	1471	1.85	0.62	down-regulation
MMP-12	1177	2313	1388	1.97	0.60	down-regulation
MMP-24	2357	4014	2506	1.70	0.62	down-regulation

Table 2. Partial list of related cytokine.

Cytokine expression changed in db/db mice and reversed by Astragaloside IV.

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Author Contributions

Conceived and designed the experiments: YZD STY YL. Performed the experiments: YZD XYL PAM QH YF QLS DQY PX. Analyzed the data: YZD XYL RHZ QHL CZ. Contributed reagents/materials/analysis tools: STY PAM YF CZ. Wrote the paper: YZD STY YL QHL CZ.

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