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37	Psychrophilic Lifestyles: Mechanisms of Adaptation and Biotechnological		
38	Tools		
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51 Abstract

52 Cold-adapted microorganisms inhabiting permanently low temperature environments were initially just a biological curiosity but have emerged as rich sources of numerous valuable 53 tools for application in a broad spectrum of innovative technologies. To overcome the 54 55 multiple challenges inherent to life in their cold habitats, these microorganisms have developed a diverse array of highly sophisticated synergistic adaptations at all levels within 56 57 their cells; from cell envelope and enzyme adaptation, to cryoprotectant and chaperone production, and novel metabolic capabilities. Basic research has provided valuable insights 58 59 into how these microorganisms can thrive in their challenging habitat conditions and into the mechanisms of action of the various adaptive features employed, and such insights have 60 served as a foundation for the knowledge-based development of numerous novel 61 biotechnological tools. In this review, we describe the current knowledge of the adaptation 62 63 strategies of cold-adapted organisms and the biotechnological perspectives and commercial tools emerging from this knowledge. Adaptive features and, where possible, applications, in 64 65 relation to membrane fatty acids, membrane pigments, the cell wall peptidoglycan layer, the lipopolysaccharide component of the outer cell membrane, compatible solutes, anti-freeze and 66 67 ice-nucleating proteins, extracellular polymeric substances, biosurfactants, chaperones, storage materials such as polyhydroxyalkanoates and cyanophycins, and metabolic 68 adjustments are presented and discussed. 69

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Keywords: Psychrophiles • Cell Envelope • Cryoprotection • Enzymes • Chaperones •
Metabolic Adjustments

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82 Introduction

Habitats of permanently low temperature dominate the Earths biosphere and have been 83 successfully colonised by a wide variety of organisms collectively termed psychrophiles, or 84 cold-adapted organisms. Microorganisms prevail in these cold habitats, especially bacteria, 85 86 archaea, yeasts, cyanobacteria and protists, but microalgae and viruses are also common, and the ability of psychrophilic microorganisms to thrive in such environments reveals an 87 adaptation to their habitat (Margesin and Collins 2019). It demonstrates a capacity to 88 surmount the constraints inherent to life at low temperatures, which can only be achieved via 89 a complex range of structural and functional adaptations of all cellular components, from the 90 level of single molecules up to whole cells and even complete ecosystems (D'Amico et al. 91 2006; De Maayer et al. 2014; Morgan-Kiss et al. 2006; Siddiqui et al. 2013). 92

93 Since the first reports of cold dwelling organisms (Forster 1887), various comparative physiology, microbiology, biochemistry, biophysics and molecular-based approaches have 94 95 been used in identifying the physiological adaptations, biogeographical distribution, diversity and ecological roles of cold adapted organisms. More recently, various new emerging 96 technologies, namely various 'omics' approaches including genomics, transcriptomics, 97 proteomics and metagenomics, have broadened our understanding of these; enabling 98 99 identification of novel adaptation mechanisms and biotechnological tools, detection of key functions and acquirement of a more global view of the structures and roles of microbial 100 101 communities in cold ecosystems (Barauna et al. 2017; Bowman 2017; Koh et al. 2017; 102 Raymond-Bouchard et al. 2018; Singh et al. 2014; Tribelli and Lopez 2018).

Life in the cold is characterised by a multitude of stresses in addition to low temperatures. 103 Indeed, besides a reduced thermal energy, low temperatures also provoke further 104 physicochemical constraints such as an increase in solvent viscosity and solubility of gasses, 105 namely an increased solubility of oxygen and reactive oxygen species (ROS), a decrease in 106 the solubility of solutes and nutrients, reduced diffusion, increased osmotic stress, desiccation 107 and ice formation. Furthermore, many cold ecosystems are often also characterised by 108 fluctuating environmental conditions and/or multiple additional ecological limiting factors, 109 including low nutrient levels, high salinity, oxidative stress, freeze-thaw cycles and low water 110 activity. In the deep sea and sub-glacial environments for example, microbial populations are 111 112 additionally subjected to high pressure stress. Extremes of light exposure are also common in many cold ecosystems, from high light and UV irradiation in high altitude cold environments, 113 to low light exposure in ice-covered lakes and deep within ice layers and permafrost. Thus, 114

115 life in the cold biosphere requires a multitude of synergistic adaptations, not only to respond 116 to the low temperature challenge but also to the multitude of other interacting stresses 117 imposed by the particular environmental conditions.

Cold-adapted microorganisms have responded to the low temperature challenge via the 118 development of a cold-adaptation toolkit constituted by a number of elegant physiological and 119 structural adaptations, many of which are only beginning to be understood. Importantly, many 120 of these tools serve overlapping functions and may be used to respond to the various different 121 challenges or combinations of challenges encountered in a specific cold habitat. In fact, a 122 123 common problem encountered in characterising cold-adapted microorganisms is in unravelling the different interacting parameters and deciphering the precise function of a 124 125 specific trait, whether it is a specific response to low temperatures or to another (or other) environmental stressor(s) common in the particular habitat. Importantly also, microorganisms 126 127 do not always make use of all tools in their 'cold-adaptation' toolbox, and in fact, each specific organism will use its own strategy, or combination of strategies, depending on its 128 129 own specific requirements and on the environmental parameters and microbial community structure. 130

131 In the present review, we will discuss various adaptation strategies used by cold-adapted microorganisms to enable life in the harsh environmental conditions of their habitat, and show 132 how an understanding of these different strategies is leading to the development of various 133 novel tools of commercial interest. See Table 1 for an overview of the cold-adaptation tools 134 with commercial potential. In this review, the various stresses to which microorganisms in 135 cold habitats are exposed will be presented, the adaptation strategies developed by 136 psychrophiles to cope with the challenges and their underlying mechanism of action 137 discussed, and examples of the biotechnological tools being developed from these will be 138 given. 139

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141 Cell Envelope

The cell envelope and its various components serve the critical functions of providing shape, support and protection as well as regulating the movement of substances into and out of cells. It protects cells from the surroundings and against turgor pressure, acts as a semipermeable membrane functioning in nutrient uptake, product export and solute transport, and participates in cell division, sensing, signaling and adhesion. Low temperatures adversely affect cell envelope properties and functions by leading to reduced membrane fluidity, permeability and diffusion rates, in addition to deceasing mobility and function of embedded proteins, increasing turgor pressure and even leading to physical cell rupture by ice formation and/or freeze-thaw cycles. While the cold adaptation traits of the cell membrane have been known for some time, the adaptation strategies of the other envelope components; the outer membrane, peptidoglycan layer and even exterior cell coatings; are now also beginning to be understood.

154 *Cell Membrane*

Homeoviscous adaptation of cell membranes to low temperatures is accomplished in cold-155 adapted microorganisms via modification of the fatty acid composition of the lipid bilayer 156 157 (D'Amico et al. 2001; Siddiqui et al. 2013). Cells mainly increase the content of unsaturated 158 fatty acids, but increases in the content of short chain, methyl branched and/or cis-isomeric 159 fatty acids are also common (Chintalapati et al. 2004; Russell 1997; Russell 2008). These fatty acids disrupt the packing order and reduce the packing density of the phospholipid 160 161 bilayer, leading to a lowering of the liquid phase to gel phase transition temperature and maintenance of functional fluid bilayers even at low temperatures. Indeed, in agreement with 162 163 this cold adaptation strategy, an overrepresentation and upregulation of genes encoding various proteins involved in membrane biogenesis and fatty acid synthesis as well as in fatty 164 acid desaturation (desaturases, which simultaneously also protect against ROS), production of 165 branched chain fatty acids (KAS-II, KAS-III) and cis-isomerisation (fatty acid cis/trans 166 isomerases) have been reported for numerous cold-adapted organisms (De Maayer et al. 2014; 167 Goordial et al. 2016; He et al. 2015; Medigue et al. 2005; Methé et al. 2005). In addition, an 168 increased genome content of genes for proteins involved in the degradation of membrane 169 rigidifying molecules naturally present in the environment has also been observed (Medigue 170 et al. 2005) and may serve as a further means for reducing membrane rigidity at low 171 172 temperatures.

Finally, in relation to the other major components of the cell membrane, i.e. the proteins embedded in the lipid bilayer, an upregulation of membrane transport proteins has been observed in some psychrophiles and is believed to act in counteracting the reduced diffusion rates and transport inherent to low temperatures (Bakermans et al. 2007; De Maayer et al. 2014).

178 Cell Membrane LC-PUFAs

While the role of unsaturated fatty acids with low numbers of double bonds in membrane cold adaptation is well understood, the precise role of long chain polyunsaturated fatty acids (LC-PUFAs) is still under discussion. These have been considered part of the cold adaptation tactic for maintaining membrane fluidity and indeed some LC-PUFAs, such as

eicosapentaenoic (EPA, 20:5ω3), docosahexaenoic (DHA, 22:6ω3) and arachidonic (ARA, 183 20:406c) acid, are preferentially distributed in marine organisms, with higher levels being 184 often produced at lower temperatures (Feng et al. 2014; Okuyama et al. 2008; Yoshida et al. 185 2016). In line with this, comparative genomics has indicated that the polyketide synthase gene 186 cluster (pfaA,B,C,D and E), responsible for the synthesis of these, is largely restricted to 187 marine organisms (Shulse and Allen 2011). Nevertheless, recent studies have indicated that, 188 rather than serving in cold adaptation, LC-PUFAs may primarily serve antioxidative 189 functions, protecting against reactive oxygen species naturally present at high levels in the 190 191 marine environment and augmented at low temperatures (Nishida et al. 2007; Okuyama et al. 2008). It is believed that LC-PUFAs act as membrane shields, forming more hydrophobic 192 193 interfaces between the lipid bilayers and thereby preventing entry of ROS such as H₂O₂ into the cells. Therefore, their presence in low temperature environments may not be a direct 194 195 response to the cold, per se, but a response to other stress(es) inherent to low temperatures, in this case, oxidative stress. Interestingly, in addition to their antioxidative function, functions 196 197 as chaperones for membrane proteins, in efflux processes and in cell division have also been 198 proposed (Okuyama et al. 2008; Yoshida et al. 2016).

199 PUFAs have considerable nutritional and pharmaceutical value (Yoshida et al. 2016). They 200 are components of neuronal and thrombocytes cells, neutrophils and monocytes and are found at high concentrations in the brain and retina. Importantly also, they are precursors of 201 eicosanoid signaling molecules and endocannabinoid neurotransmitters (Ochsenreither et al. 202 2016). As such they have a wide array of functions in human health; from regulating the 203 204 cardiovascular system, immune system and inflammation, to participating in the development and proper functioning of the brain, eyes and central nervous system. Some PUFAs such a 205 linoleic acid (LA) and a-linolenic acid (ALA) are essential fatty acids which have to be 206 obtained from the diet while LC-PUFAs such as DHA and ARA are recommended in infant 207 diets. Indeed, a balanced intake of various ω -3 (ALA, EPA and DHA) and ω -6 PUFAs (LA, 208 ARA) is recommended as part of a normal healthy diet. Fish oils are the main source of 209 210 PUFAs, especially LC-PUFAs, but problems associated with flavor, allergies, effects on global fish stocks and presence of various environmental pollutants has resulted in the search 211 for alternative sources, including microorganisms. However, membrane levels of 212 phospholipid PUFAs in microorganisms are in general too low for commercial production. 213 214 On the other hand, oleaginous microorganisms, which produce PUFAs as components of triacylglycerol in stored oils, and which can accumulate lipids at concentrations of up to 80% 215 216 of dry biomass weight, may prove suitable sources. In this sense, cold-adapted organisms,

with increased levels and/or varied distributions of PUFAs may be of interest, especially for animal, and in particular aquaculture feed. Indeed, marine microalgae are potent producers of various LC-PUFA and the marine dinoflagellate *Crypthecodinium cohnii* is used in commercial production of DHA as an infant formula additive. In addition, filamentous fungi of the genus Mortierella, many of which are cold adapted, and various cold-adapted yeasts are also reported to accumulate high levels of PUFAs (Amaretti et al. 2010; Ochsenreither et al. 2016) and may prove potent commercial sources.

224 Membrane Pigments

225 Pigments, and especially carotenoids (pigmented polyisoprenoid hydrocarbons), have also 226 been suggested to play a role in the modulation of cell membrane fluidity. Pigment production 227 is common in psychrophilic microorganisms, being reported in isolates from ice cores and glaciers (Shen et al. 2018), marine surface waters (Dieser et al. 2010) and high altitude soils 228 229 (Pandey et al. 2018). A few reports have shown an increased production of these at low temperatures (Chattopadhyay et al. 1997; Pandey et al. 2018), with a preference for polar 230 231 carotenoids (Chattopadhyay et al. 1997; Jagannadham et al. 2000), yet a recent study identified a decrease in pigmentation upon slowly reducing the temperature for a number of 232 233 Arctic bacteria (Singh et al. 2017). Interestingly, polar carotenoids are believed to enhance membrane rigidity and hence increased concentrations should be counterproductive to cold-234 adapted organisms at low temperatures. It has been suggested that these may serve in 235 homeoviscous adaptation by counterbalancing the fluidizing effects of the unsaturated fatty 236 acids and stabilizing the membrane (Jagannadham et al. 2000). Furthermore, these pigments 237 have been shown to also play a number of other important roles, including, in photoprotection 238 (acting, in conjunction with other molecules such as scytonemin and mycosporine-like amino 239 acids, as light screeners protecting against high light and UV radiation common to many cold 240 habitats,), as antioxidants (protecting against ROS, also commonly produced in low 241 temperature and/or high light environments), as light harvesters (in photosynthetic 242 microorganisms), and even as antimicrobials (Pandey et al. 2018). Importantly, a potential 243 244 role as cryoprotectants, imparting resistance to freeze-thaw cycles, has also been demonstrated (Dieser et al. 2010). These various overlapping functions would variably 245 influence pigmentation levels and could lead to the conflicting pigmentation levels observed 246 at low temperatures. Further studies are therefore required to unravel the true role and specific 247 functions of membrane pigments in cold-adapted organisms and their relationship to pigment 248 type and specific structure, as well as the precise effects of the different pigments on 249 250 membrane properties.

Numerous carotenoids have various beneficial health effects (Kirti et al. 2014). They have 251 252 been shown to be effective antioxidants and pro-vitamins (vitamin A), and to be important for healthy growth and development, in maintenance of the immune system, and in eye health. In 253 254 addition they can be used as natural food colorants, in skin care, in sunscreen products and as precursors of chemicals for fragrance products, as well as in animal/aquaculture feed to 255 impact desired colours on products, e.g. egg yolks, salmon. Cold-adapted organisms with 256 enhanced levels of various different carotenoids may prove interesting microbial sources of 257 258 carotenoids for such commercial applications.

259 Cell Wall: Peptidoglycan Layer

260 Cold adaptation of other cell envelope components has been much less investigated than the 261 cell membrane but recent studies have begun to unveil possible strategies. In relation to adaptation of the cell wall; an upregulation of peptidoglycan biosynthesis genes and a 262 263 thickened peptidoglycan layer at low temperatures has been reported in some cold-adapted bacteria (Mykytczuk et al. 2013; Rodrigues et al. 2008). Similarly, Planococcus 264 265 halocryophilus Or1 also displays a thickened outer cell surface, but this is achieved by a rather unique mechanism involving extracellular cell wall associated hydrophobic 266 267 encrustations composed of peptidoglycan, calcium carbonate and choline (Mykytczuk et al. 2013). Such strategies for thickening and strengthening the cell outer surfaces would 268 obviously lead to a reinforced physical barrier which could protect psychrophiles against cell 269 disruption by ice formation, freezing-thawing, and/or increased osmotic pressure at low 270 271 temperatures.

272 Cell Wall: Outer Membrane

Cold adaptation traits have also been observed in the outer membrane layer of the cell wall of 273 gram negative bacteria, and namely in the lipopolysaccharide (LPS) structure which accounts 274 for ~75% of this layer (Corsaro et al. 2017). Only a few cold adapted LPS structures have 275 276 been analyzed to date but it appears that most produce LPS solely as rough LPS (i.e. without the specific O-chain component) of shortened length at low temperatures (Carillo et al. 2013; 277 278 Carillo et al. 2011; Corsaro et al. 2017; Corsaro et al. 2002). Many more cold-adapted LPS structures need to be analyzed to determine the extent of these observations, but it has been 279 280 suggested that these alterations may increase outer membrane flexibility and stability at low temperatures (Corsaro et al. 2017). As regards to the other LPS components, a similar strategy 281 to that used for the lipid bilayer of cell membranes is observed for the lipid A component of 282 LPS, i.e. increased content of short chain and/or unsaturated fatty acids to increase fluidity, 283 284 while a high negative charge of the core oligosaccharide component has been suggested to be

important in sequestration of divalent cations common in many cold environments (Casillo et 285 al. 2017b; Corsaro et al. 2017; Sweet et al. 2015). Finally, in common with that observed for 286 other cell envelope components, transcriptome analyses have shown an upregulation of genes 287 involved in biosynthesis of outer membrane components, with LPS biosynthetic genes 288 (mainly glycosyltransferases) and outer membrane proteins being upregulated at low 289 temperatures (De Maayer et al. 2014; Frank et al. 2011; Gao et al. 2006). In agreement with 290 this, a recent study showed how mutation of a core LPS glycosyltransferase gene (wapH) 291 impaired growth of an Antarctic bacterium at low temperatures (Benforte et al. 2018). 292

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294 Cryoprotection

295 Subzero temperatures provoke ice formation which can lead to cryoinjury, osmotic stress, dehydration and even cell rupture and death. In the natural environment, onset of ice 296 297 formation is usually delayed in the cell interior as compared to the cell exterior due to the lower volume and densely packed, highly crowded nature of the former. Intracellular ice 298 299 crystal formation, which is normally lethal to cells, can indeed occur when temperatures decrease at high rates, but in the natural environment cooling is usually relatively slow and ice 300 301 formation is thus mostly restricted to the extracellular space (Fonseca et al. 2016). 302 Extracellular ice formation, which can lead to physically damaging membrane fracturing, occurs with exclusion of solutes and removal of available liquid water. This leads to elevated 303 extracellular solute concentrations and provokes intra/extracellular osmotic imbalances. In 304 turn, this leads to stresses related to osmotic shrinkage and dehydration of the cell interior, 305 negatively affecting cell function and survival, but also preventing intracellular ice formation 306 and instead leading to a non-crystalline amorphous (colloidal glassy) state with inhibition of 307 cell metabolism (Fonseca et al. 2016). In addition, at relatively high subzero temperatures, in 308 partially frozen environments subjected to freeze-thaw cycles and during temperature 309 fluctuations, cells can also be subjected to harmful ice recrystallization stress, a 310 thermodynamically driven process causing ice crystal coalescence and growth of large, fatally 311 312 damaging ice crystals at the expense of smaller crystals (Bar Dolev et al. 2016b). Coldadapted microorganism respond to these multiple freezing related detrimental challenges by 313 314 production of a variety of novel tools including, compatible solutes, ice-binding proteins (antifreeze and ice-nucleating proteins), extracellular polymeric substances (EPS) and/or 315 biosurfactants. 316

317 *Compatible Solutes*

Compatible solutes are low molecular mass, non-toxic organic osmolytes. Many cold-adapted 318 319 microorganisms have an increased genome content of compatible solute biosynthesis, uptake and degradation genes and often accumulate up to molar concentrations of various different 320 321 compatible solutes; with glycine betaine, trehalose, glycerol, sucrose, sarcosine, mannitol and sorbitol being commonly reported (Ghobakhlou et al. 2015; Goordial et al. 2016; Mykytczuk 322 et al. 2013). Accumulation of these organic osmolytes contributes to restoring osmotic 323 balance and thereby counteracts water loss and cell shrinkage during freezing. In addition, 324 they depress the freezing point of solution and, importantly also, the intracellular colloidal 325 326 glass transition temperature (Tg) (Fonseca et al. 2016). In fact, a recent study showed reductions of as much as 30 °C in the Tg of the cytoplasm of bacterial cells and improved post 327 328 thaw viability upon glycerol addition (Fonseca et al. 2016). Furthermore, compatible solutes are also believed to be involved in scavenging free radicals and, due possibly to their 329 330 preferential exclusion from protein surfaces and/or water entrapment effects, compacting effects on proteins and destabilizing effects on the unfolded state, also play roles in 331 332 preventing protein aggregation, enhancing protein folding and stabilising proteins and membranes at low temperatures. 333

In relation to applied aspects, various compatible solutes are commonly used in the stabilisation, preservation and cryopreservation of diverse biological materials, ranging from enzymes to whole cells and tissues. In addition, their use in increasing the freshness and stability of foods, in cosmetics and skin care products, as well as in extending the growth performance of plants in saline, dry and low temperature environments has also been investigated (Wani et al. 2013).

340 Ice-Binding Proteins: Antifreeze Proteins

Antifreeze proteins (AFPs), also known as ice structuring or thermal-hysteresis proteins, are 341 noncolligative biological antifreezes which can bind to ice and inhibit ice growth and 342 recrystallisation (for recent reviews on AFPs see e.g. Bar Dolev et al. (2016b); Lorv et al. 343 (2014) and Voets (2017)). They were first identified in the blood of Antarctic fish but have 344 since been reported in various bacteria, fungi, diatoms, plants, insects and crustaceans. 345 Various types of AFPs of diverse structure exist in nature, being frequently glycosylated 346 and/or lipidated and varying in size from ~2kDa to ~50 kDa, with a 1.5 MDa multi-domain 347 ice adhesion AFP being reported for the Antarctic bacterium Marinomonas primoryensis (Bar 348 Dolev et al. 2016a). AFPs are believed to function by irreversibly binding to specific ice 349 crystal planes, thereby blocking secondary nucleation events and shaping a unique ice 350 morphology. Due to the Kelvin effect, ice surface expansion between the adsorbed AFPs 351

leads to local curvature of the ice face which is energetically unfavourable for further ice 352 growth. This leads to thermal hysteresis (TH) in which the freezing point is depressed below 353 the equilibrium melting point to create a thermal-hysteresis gap in which ice crystal growth is 354 halted. TH activities from ~0.1 °C to as high as ~13 °C have been measured (Duman et al. 355 2004; Voets 2017) and these activities can be increased in the presence of other AFPs, solutes 356 and ions. AFPs are also effective ice recrystallisation inhibitors (IRI), being frequently more 357 effective in IRI (often requiring only sub-µM concentrations) than in TH (often requiring mM 358 concentrations). Indeed, IRI is believed to be the primary function of many secreted AFPs 359 360 from cold-adapted organisms and AFPs from Antarctic algae and glacier ice bacteria were shown to effectively stabilise brine pockets and contribute to the preservation of a liquid 361 362 environment in the cell vicinity (Raymond et al. 2008). Finally, in addition to their TH and IRI activities, AFPs are also believed to help stabilize cell membranes and protect structural 363 364 integrity, and, in some cases, via their adhesion domains and ice binding function, are thought to play a role in positioning cells on ice so as to enhance access to oxygen and nutrients in the 365 366 phototrophic zone (Bar Dolev et al. 2016a; Lorv et al. 2014; Voets 2017).

AFPs are already being applied in the food industry for improved food preservation during 367 368 freezing. They are used to preserve a smooth texture in ice creams and frozen yoghurts and can reduce drip loss in frozen meats and fish, enhance frozen dough bread quality, and 369 improve post-freezing quality of currently difficult to freeze foods such as fruit and 370 vegetables (Muñoz et al. 2017; Regand and Goff 2006; Voets 2017). They also have obvious 371 potential as cryoprotective agents and have been shown to improve cryopreservation 372 efficiency and post thaw viability of various types of biological materials. Furthermore, the 373 ability of certain AFPs at high concentrations to induce formation of needle-like structures 374 which penetrate and destroy cells is being investigated for use in cryosurgery, e.g. in tumor 375 ablation. They are also being developed for use in improving freeze tolerance of crops and 376 377 aquaculture fish, in gas hydrate inhibition in the petroleum industry and in anti-freeze/deicing materials via surface coating of materials for prevention/decreasing of ice formation, 378

e.g. on aircrafts, power lines, roads (Bar Dolev et al. 2016b; Lorv et al. 2014; Voets 2017).

380 *Ice-Binding Proteins: Ice-Nucleating Proteins*

Ice-nucleating proteins (INPs) are large membrane bound proteins that facilitate ice formation. They initiate heterogeneous ice crystallisation at high subzero temperatures and are proposed to act by providing a template for the ordering and stabilisation of water molecules in an ice-like structure (Lorv et al. 2014; Pandey et al. 2016; Pummer et al. 2015). This lowers the activation energy barrier for freezing and nucleates ice growth at temperatures as high as -

2 °C (Li et al. 1997). INPs are produced by diverse organisms, most commonly as large, 386 extracellular, repetitive multimeric aggregates, with larger complexes enabling higher activity 387 (Bar Dolev et al. 2016a). In cold-adapted microorganisms, INPs are believed to counteract 388 low temperature damage by directing ice nucleation to the extracellular space (Lorv et al. 389 2014) which can prevent formation of lethally damaging intracellular ice via removal of the 390 available intracellular liquid water as discussed above. In addition, INPs favour development 391 of small extracellular crystals which are less damaging to the cell than large crystals while the 392 release of latent heat of crystallization during the freezing process could also be beneficial in 393 394 preventing further temperature decreases (Pummer et al. 2015). In addition to their role in 395 cold adaptation, INPs also play a role in nutrient mining by many plant pathogenic organisms 396 where they are used to induce frost damage in plants and enable access to nutrients.

INPs are presently being commercialised for artificial snow production (Cochet and Widehem 2000) but are believed to have a number of other potential applications. These include, reducing freezing energy costs in the food industry (Li et al. 1997), freeze-concentrating beverages, in freeze-thaw valves of microfluidic devices (Gaiteri et al. 2017), as anchoring motifs for cell surface display applications (Jung et al. 1998), as well as in cloud seeding for climate control (Pummer et al. 2015).

403 Extracellular Polymeric Substances

Extracellular polymeric substances (EPS) are multifunctional, high molecular weight 404 biopolymer complexes secreted by various organisms into their local environment. They are 405 large, complex, highly diverse architectural structures composed principally of carbohydrates 406 407 (homo- or hetero-polysaccharides), but also proteins and lower concentrations of nucleic acids, lipids, phenols and humic substances. EPS are produced by a wide variety of organisms 408 and are found either attached to the cells outer surface or released into the surrounding 409 environment. They form hydrated gels that play an important role in the formation of biofilms 410 411 and in the modification of the physical, chemical and biological characteristics of the cell environment. Indeed they are believed to have multiple functions, including in cell adhesion 412 413 and nutrient scavenging, but are also thought to be important in protective functions such as osmoprotection, ROS scavenging, extracellular protein protection and even in cryoprotection. 414 For reviews of the subject see e.g. Deming and Young (2017) and Ewert and Deming (2013), 415 and references therein. 416

In relation to cold-adaptation, metagenomics studies have identified numerous genes for EPS
biosynthesis in both Antarctic and Arctic ice shelf ponds (Varin et al. 2012) and cold-adapted
bacteria have been found to produce high concentrations of EPS at low and especially

subfreezing temperatures (Caruso et al. 2018; Feng et al. 2014; Marx et al. 2009; Mykytczuk 420 et al. 2013). The hydrated EPS gel matrix is believed to protect against low temperatures by 421 forming a protective shell around cells which acts as a diffusion barrier to solutes and a 422 physical-like barrier to ice formation (Caruso et al. 2018; Deming and Young 2017; Ewert 423 and Deming 2013; Krembs et al. 2011). This diminished solute diffusion limits freezing 424 induced osmotic stress and desiccation damage. Furthermore, the gel like state of EPS reduces 425 the available free energy for ice nucleation while solute exclusion to the surrounding liquid 426 phase impedes ice crystal growth in this, thereby protecting cells from ice damage and 427 428 increasing the available habitable liquid space. Interesting also, recent studies have indicated 429 ice binding functions and IRI activity similar to AFPs (described above) for EPSs produced 430 by cold adapted organisms (Casillo et al. 2017a). As compared to other cold-adaptation traits, EPS are much less well studied and the important role of these in coping with low 431 432 temperatures is only beginning to be unraveled. Further studies are warranted to gain a better understanding of the different interrelated cold adaptation roles and physiological and 433 434 ecological functions of EPS and their relationship to composition and structure.

Microbial EPS and their various components, as biodegradable, biosustainable, non-toxic and 435 biocompatible biopolymers, have been recognized as potential alternatives to chemical 436 polymers in a number of applications, ranging from the pharmaceutical to the cosmetics and 437 food industry and environmental biotechnology. Their capacity to adsorb heavy metals and 438 organic pollutants combined with their flocculation properties for removal of suspended 439 solids, organic matter etc. are advantageous for use as bioflocculants and bioabsorbants in soil 440 and water bioremediation and decontamination as well as in wastewater and sludge treatment 441 (More et al. 2014). Their use, especially the polysaccharide component, as cryoprotectants is 442 also under study and an ability to improve the freeze-thaw survival of various Antarctic 443 bacteria has already been shown (Caruso et al. 2018). The high emulsifying activity of some 444 EPS indicates potential as bioemulsifiers (Caruso et al. 2018) while their role as bioadhesives 445 has also been indicated (Muralidharan and Jayachandran 2003). In the food industry, EPS 446 447 polysaccharides can be used as thickening agents and emulsifiers, conferring improved texture and stability to foods and beverages while, more recently, beneficial effects of EPS on 448 human health via potential immunomodulatory, anticoagulant, anti-inflammatory, and 449 antioxidant capacities have been suggested (Colliec Jouault et al. 2001; Leroy and De Vuyst 450 2016). Furthermore, their use in tissue engineering has even been suggested (Kumar et al. 451 2018). A number of microbial EPS carbohydrates, e.g. xanthan gum, gellan gum and dextran, 452 453 have already been commercialised for a number of applications, but studies of cold-adapted

454 EPS components with high potential for identification of unique structures and functions 455 could be expected to reveal novel products with novel applications.

456 *Biosurfactants*

Biosurfactants are surface active amphiphilic compounds of microbial origin which reduce 457 surface and interfacial tension between liquids, solids and gases. Generally they are of low 458 molecular weight, in contrast to bioemulsifiers, such as for example EPS, which tend to be of 459 high molecular weight, and can be composed of sugars, amino acids, fatty acids and/or 460 functional groups such as carboxylic acids. They are structurally diverse compounds but the 461 462 most commonly reported are glycolipids (rhamnolipids, sophorolipids, trehalose lipids and mannosylerythritol lipids etc.), lipopeptides (surfactin, iturin, fengycin, viscosin etc.), 463 464 phospholipids, fatty acids and neutral lipids. In nature, they are believed to play roles in enhancing the bioavailability of poorly soluble hydrophobic substrates, in regulating biofilm 465 466 structure and surface attachment/detachment, in bacterial pathogenesis and quorum sensing, 467 as well as acting as antibacterial and antifungal agents. In relation to cold adaptation, a 468 glycolipid biosurfactant isolated from an Antarctic yeast was shown to have IRI activity (Kitamoto et al. 2001), while a role for biosurfactants as osmolytes has also been suggested 469 470 (Perfumo et al. 2018). Interestingly, even though biosurfactant production appears to be 471 widespread among cold adapted organisms (Gesheva et al. 2010; Malavenda et al. 2015; Perfumo et al. 2018; Vollú et al. 2014), studies investigating their potential role in cold 472 adaptation are scant. Further studies are obviously required to clarify whether these 473 compounds constitute part of the cells toolkit for adapting to cold and to elucidate their 474 precise role and mechanism of action in this. 475

Biosurfactants offer non-toxic, sustainable, biodegradable, and ecofriendly alternatives to the 476 chemical surfactants currently used in a huge variety of applications as diverse as 477 bioremediation, in cleaning agents, cosmetics, pharmaceuticals, agriculture and the petroleum 478 479 industry. Interest in 'cold' biosurfactants has only recently been initiated, but already potential in a number of applications has been demonstrated; they have been shown to have potential 480 481 for use as antiagglomerants in ice-water slurry technologies (Kitamoto et al. 2001), as low temperature detergents (Perfumo et al. 2018), as fuel additives to improve the flow properties 482 of biodiesel and diesel at low temperatures (Madihalli et al. 2016), and for recovery of natural 483 gas hydrates in gas hydrate technologies (Arora et al. 2016; Perfumo et al. 2018). 484

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486 Enzymes

One of the principal challenges that cold-adapted microorganisms have to contend with is the 487 negative effect of low temperatures on reaction rates. All reactions, including enzyme 488 catalysed reactions, are influenced by temperature according to the Arrhenius Law wherein 489 any decrease in temperature induces an exponential decrease in the reaction rate (Arrhenius 490 1889). Indeed, with most non-adapted enzymes, a reduction in temperature from 37 °C to 491 0 °C results in a 16-80 fold reduction in activity. In contrast, most enzymes produced by 492 psychrophilic organisms are adapted to their environment and maintain high specific activities 493 enabling appropriate metabolic rates in their cold habitats (for recent reviews see e.g. Collins 494 495 et al. (2002a); Collins and Gerday (2017); Fields et al. (2015); Gerday (2013); Santiago et al. 496 (2016) and Siddiqui (2015)).

497 With few exceptions, e.g. Oswald et al. (2014); Roulling et al. (2016), most cold-adapted enzymes studied to date are characterised by a higher catalytic activity at low to moderate 498 499 temperatures, a shift in the optimum temperature for activity towards lower temperatures and a decreased stability as compared to mesophilic and thermophilic homologous enzymes. 500 501 These 'cold enzymes' successfully reduce the activation energy, ΔG^* , and temperature dependence of reactions through a reduced activation enthalpy, ΔH^* , thereby implying a 502 503 decreased number and/or strength of enthalpic interactions that are broken during the catalytic 504 cycle (Lonhienne et al. 2000). This is accompanied by a lower, more negative activation entropy value, ΔS^* , suggestive of greater re-ordering during activation, which, in conjunction 505 with a more negative heat capacity change during activation, suggestive of a higher heat 506 capacity and thus increased vibrational modes for the ground state (Arcus et al. 2016), and a 507 lower substrate affinity (higher $K_{\rm m}$) (Collins et al. 2002a), as compared to mesophilic and 508 509 thermophilic homologs, implies a more disordered enzyme-substrate (ES) ground state for psychrophilic enzymes. Such a disordered state could give rise to an ES complex of reduced 510 stability and higher free energy and hence lead to the observed reduced ΔG^* and enhanced 511 catalytic rates for these enzymes. 512

A number of different studies using a range of techniques have investigated this disorder, or 513 514 structural flexibility, in various psychrophilic enzymes. It is important to note here that protein flexibility is a complex parameter which is difficult to measure and further in-depth 515 516 comparative studies characterising the specific amplitudes, time frames, regions involved and temperature dependence of protein motions are called for, with use of powerful techniques 517 such as NMR being key to better understanding this parameter. Nonetheless, notwithstanding 518 current limitations, it is now generally accepted that psychrophilic enzymes do indeed display 519 520 an increased structural flexibility and that they have overcome the low temperature challenge

by increasing the plasticity or flexibility of specific regions (at or near the catalytic site) or of 521 the whole protein. This flexibility enables the conformational changes necessary for activity 522 at a low energy cost, but also leads to a decreased stability. At the structural level, this 523 524 increased flexibility is mainly achieved by a reduction in the number and/or strength of stabilising interactions such as H-bonds, salt bridges, aromatic interactions, disulphide bonds, 525 ion binding sites and/or a weakening of the hydrophobic core. In addition, a reduction in the 526 proline content and increase in glycine content, especially in loop regions, and a greater 527 exposure of hydrophobic residues have also been reported. Such modifications would allow 528 529 for the increased flexibility necessary for increased low temperature activity but would also lead to the reduced stability inherent to most psychrophilic enzymes (Collins and Gerday 530 531 2017). Importantly, it has been found that different enzymes can use different structural 532 adaptation strategies, with each enzyme using its own specific strategy, employing any one or 533 combination of these modifications depending on its own specific characteristics, its environment and its requirements. 534

- 535 The inherent characteristics of a high activity at low to moderate temperatures and a reduced stability of psychrophilic enzymes offers many advantages in a variety of applications. They 536 537 can be used to enhance the efficiency and economics of low to moderate temperature processes, reduce the process temperature and hence improve process economics and 538 environmental impact, and enable more simplified enzyme inactivation. Cold enzymes are 539 already being employed in all three sectors of the industrial enzymes markets; food, feed and 540 technical, and are expanding into new areas in pharmaceutical and fine chemical synthesis. 541 For a recent in-depth review see Barroca et al. (2017a). Some of the better known commercial 542 successes include a cold-adapted lipase used in the organic synthesis of various 543 pharmaceutical, cosmetic and flavor compounds (Kirk and Christensen 2002); a xylanase for 544 enhancing bread quality (Barroca et al. 2017b; Collins et al. 2012; Collins et al. 2006; Collins 545 et al. 2002b; Dutron et al. 2010-2012); various hydrolases in detergents for low temperature 546 cleaning (Sarmiento et al. 2015), and various enzymes (alkaline phosphate, nuclease and 547 548 uracil-DNA N-glycosylase) used in molecular biology for their high activity and ease of 549 inactivation (Barroca et al. 2017a).
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551 Chaperones

Protein and RNA/DNA chaperones, which facilitate efficient protein and RNA/DNA folding,
respectively, play important roles in counteracting low temperature stabilisation of RNA and
DNA secondary structures as well as protein misfolding and aggregation. DNA and RNA

chaperones are important in maintaining efficient transcription, translation and DNA 555 replication. They are transiently produced as part of the cold-shock response in mesophilic 556 and thermophilic microorganisms but are often continuously overexpressed as cold-557 558 acclimation proteins or up-regulated at low temperatures in psychrophiles (Lim et al. 2000). 559 In relation to protein chaperones in cold-adapted microorganisms, continuous overexpression, upregulation of production, and production of cold adapted variants, but also no 560 overexpression and cold repression, have been reported (Ferrer et al. 2003; Godin-Roulling et 561 al. 2015). Importantly, while protein misfolding and precipitation are believed to be strongly 562 563 reduced at low temperatures, due mainly to a weakening of hydrophobic interactions, proteins 564 at the low range of the temperature spectrum are faced with another phenomenon; cold 565 denaturation (Collins and Gerday 2017; Romero-Romero et al. 2011). Cold denaturation is thought to be due to a preferential hydration and weakening of hydrophobic and ionic 566 567 interactions at low temperatures and intriguingly it appears that psychrophilic enzyme may be more susceptible to this than their higher temperature adapted homologs (D'Amico et al. 568 569 2003). Nevertheless, the underlying basis for this is still not fully understood and future 570 studies should address this.

Protein and RNA/DNA chaperones have potential for use in recombinant protein production,
in the low temperature production of proteins prone to aggregration/misfolding and an *E. coli*host producing protein chaperones from an Antarctic bacterium has already been
commercialised for such a use (Ferrer et al. 2003).

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576 Metabolic Adjustments

577 Recent studies making use of modern 'omics' approaches such as genomics, transcriptomics and proteomics have revealed a number of additional traits common to various cold adapted 578 microorganisms (see e.g. Tribelli and Lopez (2018) for a recent review. In particular, studies 579 580 have indicated various metabolic adjustments at low temperatures, including a down regulation of primary metabolism pathways and substitution with abridged or alternative 581 582 secondary pathways, as well as accumulation and metabolism of reserve compounds. Oxidative metabolic processes, namely, glycolysis, the pentose phosphate pathway, the TCA 583 584 cycle, and/or the electron transport chain, but also pathways involving metal ions and molybdopterin metabolism are reported to be downregulated at low temperatures in some 585 psychrophiles (Medigue et al. 2005; Piette et al. 2011; Tribelli et al. 2015). While still poorly 586 understood, studies have indicated their substitution with alternative/shortened pathways such 587 588 as the glyoxylate, methyglyoxal and 2-methylcitrate cycles, the ethanol oxidation pathway,

acetate metabolism and propionyl-CoA catabolism (Ayala-del-Río et al. 2010; Tribelli and Lopez 2018). The actual alternative pathway(s) used being dependent on the organism and its ecological niche. Such a strategy of metabolic reprogramming may alleviate oxidative stress inherent to low temperatures by avoiding ROS producing pathways but may also be important in energy conservation and long term survival.

Screening studies have indicated a high content of polyhydroxyalkanoate (PHA) producers in 594 cold habitats (Ciesielski et al. 2014; Goh and Tan 2012; Pärnänen et al. 2015) and many 595 psychrophiles can accumulate and degrade PHA (López et al. 2009; Methé et al. 2005; Ting 596 597 et al. 2010) and/or cyanophycin-like (Duchaud et al. 2007; Methé et al. 2005; Vollmers et al. 2013) compounds. These compounds can act as dynamic reserves of carbon, nitrogen, 598 599 reducing equivalents and energy in cells and are thought to be important in overcoming low 600 temperature challenges to carbon and nitrogen uptake. Nevertheless, functions in 601 cryoprotection, oxidative stress resistance, maintenance of cellular redox balance and cell motility have also been suggested for PHAs (Methé et al. 2005; Tribelli and Lopez 2018). In 602 603 relation to applied aspects, these compounds, or derivatives, are suggested as non-toxic, 604 biodegradable, biocompatible biopolymers to replace petrobased polymers. PHAs are a family 605 of microbial polyesters with interesting thermoplastic and elastomeric properties and potential 606 for application in almost all areas of the conventional plastics industry. For reviews on PHA applications see e.g. Chen (2009) and Singh et al. (2019). A specific focus of application has 607 been in the medical (tissue engineering, bio-implants, drug delivery, sutures etc.), and fine 608 chemical synthesis fields (chiral starting materials for the synthesis of antimicrobials, 609 610 vitamins, fragrances etc.), but also in materials (packaging, smart materials etc.) and biofuels. Recently novel applications such as in enhancing stress tolerance in plants has even been 611 suggested (Stritzler et al. 2018). Cyanophycin-like compounds are polyamides composed 612 mainly of aspartic acid and arginine. Derivatives of this have been suggested for use in 613 614 nutrition (sources of highly bioavailable amino acids/peptides), biomedicine (as polyaspartic acid hydrogels), laundry detergents (polyaspartic acid), anti-scalants (polyaspartic acid) and in 615 bioflocculation (polyaspartic acid). For a recent review on cyanophycins and their 616 617 applications see e.g. Frommeyer et al. (2016).

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619 **Other Applications**

In addition to the numerous biotechnological tools related to the cells response to low
temperatures presented above, an array of other bioactive metabolites and bioproducts,
including novel antimicrobials, anti-fungal agents, anti-cancer drugs, anti-tumor and anti-

inflammatory agents, antioxidants, alkaloids, organic acids etc. have also been identified in 623 psychrophilic microorganisms. For reviews on these see e.g. Avila (2016); Borchert et al. 624 (2017) and Soldatou and Baker (2017). The majority of these bioproducts used today 625 originate from moderate temperature or warm environments whereas cold environments have 626 been much less investigated and hence offer an extraordinary opportunity as an underexplored 627 source of potential novelty. Indeed, the abundance and diversity of psychrophiles, combined 628 with the vastness, enormous diversity and severity of their habitats points to their tremendous 629 potential as rich reservoirs of novel biomolecules and metabolites of applied interest. Recent 630 631 growing interest in cold environments has led to identification of numerous new products, mainly from microbes, (Soldatou and Baker 2017), and further bioprospection of these 632 environments using modern high throughput techniques such as metagenomics-based 633 approaches will surely lead to discovery of further novel tools with diverse bioactivities and 634 635 applications (Borchert et al. 2016).

Cold-adapted microorganisms have also been shown to have potential for use in 636 637 bioremediation, as probiotics and as cell factories. Their potential for degrading a wide range of organic compounds of environmental concern, including mineral oil hydrocarbons, 638 phenolic compounds, polyaromatic hydrocarbons, pesticides and persistent pollutants, but 639 640 also proteins, carbohydrates and lipids, has found broad application in bioremediation of polluted cold soils and waters, and their use in wastewater and groundwater treatment has also 641 been suggested (reviewed by e.g. Bajaj and Singh (2015) and Margesin (2017)). As 642 probiotics, psychrophiles are believed to have potential for use as dietary supplements in 643 aquaculture to improve health and nutrition of livestock (Makled et al. 2017; Sun et al. 2011; 644 Wanka et al. 2018). While studies in this are scarce, their adaptation to low temperatures is 645 suggested to be beneficial for a more efficient utilisation in the marine habitat as compared to 646 currently available terrestrial and/or moderate temperature adapted probiotic organisms. 647 Finally, in relation to their utilisation as cell factories, cold-adapted microorganisms can be 648 used for the production of heat-sensitive compounds and difficult to express or aggregation-649 650 prone proteins at low temperatures with reduced environmental and economic impact due to the absence of heating requirements (Miyake et al. 2007; Parrilli and Tutino 2017). 651

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653 Conclusions

654 Cold adapted microorganisms inhabiting permanently low temperature environments have 655 evolved a suite of highly sophisticated adaptations at all levels of their cells to cope with their 656 challenging habitat conditions. Many of these adaptive features and their underlying

mechanism of action are beginning to be understood but questions remain in a number of 657 areas. These include, among others, the structure-function relationships and precise role(s) of 658 EPS, PUFA, LPS, biosurfactants, membrane pigments and accumulated compounds such as 659 PHA in cold adaptation; the effects of cold denaturation on proteins adapted to different 660 temperatures and the protective measures employed by psychrophiles to counteract this; a 661 better understanding of the dynamic motions, amplitudes and time frames of protein 662 structures and their role in temperature adaptation and function; and a better understanding of 663 the various metabolic adjustments employed by psychrophiles. Further studies making use of 664 665 modern technologies will advance our understanding in these areas and will undoubtedly unveil further adaptive traits and novel metabolic peculiarities employed by these 666 667 microorganisms, leading to identification of further novel biomolecules with novel properties for use as innovative biotechnological tools. Indeed, while a number of psychrophile derived 668 669 commercial tools are already being commercialised, the adaptive features, abundance and diversity of psychrophiles and their habitats points to their high potential as rich sources of 670 671 further novel biomolecules and compounds of applied interest, and further bioprospection of these organisms and their environments should lead to an improved valorisation of their 672 673 commercial potential.

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686 Compliance with ethical standards

687 Ethical statement

This article does not contain any studies with human participants or animals performed by anyof the authors.

691 **Conflict of interest**

692 The authors declare that they have no conflict of interest.

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Table 1. The toolkit for a psychrophilic lifestyle. Bioproducts believed to play a role in cold adaptation of micro-organisms, their proposed function in cold-adaptation and their potential biotechnological applications are listed. Only those tools with a commercial potential and described potential role in cold adaptation are given. '?' indicates that questions still remain as to the true function in cold adaptation.

Bioproduct	Proposed Cold-adaptation Functions	Potential Applications
Membrane fatty acids: unsaturated fatty acids, long chain polyunsaturated fatty acids (LC-PUFA)	Unsaturated fatty acids: maintenance of membrane fluidity LC-PUFA: maintenance of membrane fluidity?	Nutrition and health
Membrane pigments: carotenoids	Maintenance of membrane fluidity? Cryoprotection?	Nutrition and health
Compatible solutes	Osmoprotection: against freezing induced osmotic stress Desiccation protection: against freezing induced desiccation Freezing point depression Colloidal glass transition temperature depression Protein and membrane stabilisation	Cryopreservation Stabilisation/preservation of biological materials Food stability and freshness Cosmetics and skin care Plant resistance enhancement
Antifreeze proteins	Ice growth inhibition (thermal hysteresis) Ice recrystallisation inhibition Membrane stabilisation? Ice adhesion?	Frozen foods preservation and quality enhancement Cryopreservation Cryosurgery Freeze tolerance enhancement, e.g. crops, fish Gas hydrate inhibition 'Ice-prevention' materials
Ice-nucleating proteins	 Extracellular ice crystal nucleation prevention/reduction of damaging intracellular ice formation small ice crystals? release of latent heat of crystallisation? 	Artificial snow production Frozen foods and beverages industries Microfluidic devices: freeze-thaw valves Cell surface display Climate control
Extracellular polymeric substances	Ice growth inhibition Osmoprotection: against freezing induced osmotic stress Desiccation protection: against freezing induced desiccation Ice-recrystallisation inhibition	Biopolymers Bioflocculants Bioabsorbants Bioemulsifiers Bioadhesives Thickening agents Cryopreservation
Biosurfactants	Ice-recrystallisation inhibition?	Biosurfactants

	Osmoprotection?	
Cold-adapted enzymes	Maintenance of adequate metabolic	Enzymes markets: low to
	flux	moderate temperature
		processes
Chaperones	Promotion of protein folding and	Low temperature
	stability	recombinant protein
	Destabilisation of RNA/ DNA	production
	secondary structures	
Storage compounds:	Overcoming carbon and nitrogen	Biopolymers
polyhydroxyalkanoates,	uptake deficiencies	Fine chemical synthesis
cyanophycins		Biofuels
		Stress tolerance
		enhancement: plants