Quantitative differentiation of phenolic compounds in different varieties of buckwheat cultivars from China, Japan and Korea

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ABSTRACT

The aim of this study was to determine the variation of phenolic compounds in common and tartary buckwheats collected from China. Japan and Korea. Two buckwheat varieties of each country were cultivated using nutrient solution and vermiculite in the greenhouse from February to May, 2012 and harvested at twoweek intervals. Phenolics such as chlorogenic acid, C-glycosylflavones (orientin, isoorientin, vitexin, and isovitexin), rutin, and quercetin were quantified using high performance liquid chromatography (HPLC). At 17, 29, 44, 58, and 72 days after sowing (DAS), before harvesting each organs, rutin content of cultivars from China and Korea at 17 DAS was the highest (mean 43.63 and 39.95 mg·g⁻¹ DW, respectively) than that of 29 and 44 DAS. However, two varieties from Japan at 44 DAS were documented maximum; whereas, the amount of rutin in "Hokkai T10" harvested at 44 DAS (58.36 mg·g⁻¹ DW) was the highest of all cultivars. Rutin level in the leaves and stems at 72 DAS were comparatively higher than at 58 DAS. The highest of rutin content was found at 72 DAS (73.33 mg·g⁻¹ DW) in "Hokkai T10" leaves followed by "Daegwan No.3-3" (61.13 mg·g⁻¹ DW), "rice tartary" (53.89 mg·g⁻¹ DW). Rutin content of flowers was presented as the highest amount in "Hokkai T10" at 72 DAS (88.3 $mg \cdot g^{-1}$ DW) was approximately 14-fold higher than that of 58 DAS (6.44 mg·g⁻¹ DW). However, rutin content of flower in "Xigiao No.2" was 3-fold higher at 72 DAS than at 58 DAS. Rutin and total phenolic compounds content in flowers, leaves, and stems were higher in the order. The content of four C-glycosylflavones in common buckwheat was higher than those in tartary buckwheat, but rutin content which accounted >90% of the total phenolic compounds was higher in tartary buckwheat. The highest amounts of chlorogenic acid and guercetin were measured in the flower of "Xigiao No.2" (6.85 and 11.69 mg·g⁻¹ DW, respectively). Based on these results, the presence of different phenolic compounds in all the varieties of buckwheat confirmed that it can be regarded as a potent source of functional foods.

Keywords: Buckwheat; Phenolic Compounds; Rutin; Functional Food

1. INTRODUCTION

Buckwheat (*Fagopyrum esculentum*) belonging to the family Polygonaceae which is originated from China, Korea, and Japan, has been commonly used as a vegetable in arid and cold regions in the world. It has been consumed in the form of groats, flour and noodles. How-

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ever, in Korea, Japan, Italy, and China, people eat buckwheat mainly in the form of noodles. Buckwheat seeds are richer in protein and antioxidant compounds such as phenolic compounds compared with rice and wheat [1]. The protein present in the buckwheat improves human health in various ways, notably reducing serum cholesterol [2] and suppressing gallstones and tumors [3]. Buckwheat possesses both antioxidant and antidiabetic activities which is attributed to its phenolic contents like rutin and quercetin [4]. This plant is considered as a functional food because of its high contents of phenolic compounds including rutin, quercetin, orientin, vitexin, isovitexein, and isoorientin [5]. Among these compounds, rutin, a flavonol glycoside, has been considered as a major antioxidant component that accounts 85% - 90% of the total anti-oxidant activity [6]. Rutin is also known to have anti-inflammatory, anti-carcinogenic effects and is used for preventing hemorrhagic disease and arteriosclerosis [7,8]. Likewise, quercetin (aglycone), a major bioflavonoid of human diet, has been identified as a strong anti-oxidant, anti-angiogenesis, and anti-cancer [9]. It is also known to reduce the risk of hypertension [10]. Besides rutin and quercetin, the other flavonoids like vitexin, isovitexin, orientin, and isoorientin are also considered as good anti-oxidant compounds present in buckwheat and have been reported to exhibit 4% - 40% of anti-oxidant activities [11,12]. Vitexin has been found to be effective in the prevention of skin cell damage caused by UV- radiation [13]. Orientin has the ability to protect liver from carcinogens and radiations and isoorientin is known to scavenge free radicals and prevent human LDL (low density lipoprotein) against oxidation [14].

Scientists and nutritionists are interested in making use of functional vegetables to increase the health benefits they provide to the body by cultivation and breeding technology [15]. For example, to prepare cereal-type sprouts, germination time is generally less than 24 h, as this will achieve a softer texture by cell-wall degradation and improve the taste due to an increase in sugar. It is expected that in the future, cereal-type sprouts will undergo more improvements to their functional constituents than cereals. In germinated barley, it has been reported that the antioxidant activity is higher than that of nongerminated barley [16]. In germinated brown rice, it has been reported that there is 10 times more GABA (γ aminobutyric acid), which has an antihypertensive effect, as compared to non-germinated brown rice [17]. Vegetable-type sprouts usually contain quantities of beneficial carbohydrates, proteins, amino acids, vitamins, minerals, and phenolic compounds that are found in higher abundance when compared to mature vegetables or dormant seeds [18]. In soybean sprouts, it has been reported that the content of phenolic compounds and isoflavones is higher than that of soybeans [18,19]. In lentil sprouts, it has been reported that vitamin C and total phenols are three times higher than that of seeds [20].

In this paper, we measured and compared the beneficial functional components in different buckwheat cultivars grown at China, Japan, and Korea. We determined individual phenolic compounds including rutin during the cultivation periods by high performance liquid chromatography (HPLC) analysis.

2. MATERIALS AND METHODS

2.1. Chemicals

HPLC grade acetonitrile (CH₃CN) and methanol (MeOH) were purchased from Wako Pure Chemical Industries (Osaka, Japan). Authentic compounds such as chlorogenic acid and flavonoids including *C*-glycosylflavones (orientin, isoorientin, vitexin, and isovitexin), rutin, and quercetin were supplied by Extrasynthese (Genay, France) for external standards.

2.2. Plant Materials and Cultivation

Cultivars such as "Dawon" and "Daegwan No.3-3" were provided from Rural Development Administration (RDA) in Korea, "Kitawase", and "Hokkai T10" was obtained from Hokkaido Agricultural Research Center (HARC) in Japan. "Xiqiao No.2" and "rice tartary" were kind gift from China Xichang Agricultural College. Among them, "rice tartary", "Xiqiao No.2", "Daegwan No.3-3" and "Hokkai T10" were tartary buckwheat (Fagopyrum tataricum Gaertn.), and the others were common buckwheat (F. esculentum Moench). Two buckwheat varieties of each country were cultivated in vermiculite together with nutrient solution in the greenhouse at Chungnam National University from February to May, 2012 and harvested at two-week intervals. The composition of the nutrient solution was as follows: [macro elements (basically N-P-K 10-1-5 mM): KCl 5 mmol·L⁻¹ $Ca(NO_3)_2 \cdot 4H_2O$ 2 mmol·L⁻¹; NH₄NO₃ 2.5 mmol·L⁻¹ NH₄H₂PO₄ 1 mmol·L⁻¹, MgSO₄·7H₂O 1 mmol·L⁻¹; micro elements: MnCl₂·4H₂O 1.801 g·L⁻¹, H₃BO₃ 2.86 $g \cdot L^{-1}, \ ZnSO_4 \cdot 7H_2O \ 0.222 \ g \cdot L^{-1}, \ (NH_4)_6 Mo_7O_{24} \cdot 4H_2O$ $0.092 \text{ g}\cdot\text{L}^{-1}$, CuSO₄·5H₂O 0.0785 g·L⁻¹, Fe-EDTA 22.62 $g \cdot L^{-1}$] according to the Japanese Enshi-type solutions. Buckwheat seeds were sown in 72 cell flug tray in the greenhouse at Chungnam national University. After 15 days after sowing (DAS) (March 6, 2012), explants were transferred and transplanted (two replicates per each cultivars) into plastic pots ($50 \times 20 \times 18$ cm) containing 3.6 kg vermiculite and incubated at green house. Some of the seedlings of all cultivars were harvested at 17 DAS one day later. After one week from transplanting into the vermiculate, nutrient solution were sprayed by diluting the appropriate concentration according to Japan horticultural test composition. The temperature (average

24.1°C), humidity (14.3%) and light intensity (375 μ mol/m²s) were monitored regularly. A total cultivation period was 72 days. After transplantation, plants were harvested total of four times at two-week intervals. At 58 and 72 DAS buckwheats were separated according to the organs (leaves, stems, and flowers). At all harvest times (17, 29, 44, 58, and 72 DAS), the roots of buckwheats were harvested by cutting with scissors, to analyze phenolic compounds, plants harvested only at 58 and 72 DAS were classified as leaves, stems and flowers. Samples were rapidly kept in -70°C ultra low temperature freezer (SFDSF 12, Samwon Freezing Engineering Co., Busan, Korea) for freeze-drying. After freeze drying, samples were weighted their dry weight (DW), ground with blender together with mortar and pestle, and individually stored in desiccator until chemical analysis.

2.3. Extraction and Quantification of Phenolic Compounds

A 10 mg portion of the lyophilized powder was transferred into 1 mL MeOH containing 10% phosphoric acid [0.1% (v/v)] in a 2-mL eppendorf tube. Briefly, the solution was vigorously vortexed for 5 min, and incubated at 37°C for 3 h and then centrifuged at 12,000 rpm for 5 min. The extract was filtered through a 0.45 µm PTFE syringe filter (Advantec DISMIC-13HP, Toyo Roshi Kaisha, Ltd., Tokyo, Japan). The filtrate was then analyzed by Perkin Elmer Flexar (PerkinElmer Inc., Shelton, CT) equipped with variable wavelength detector. The data were recorded with a Compaq Presario CQ3100KL computer (Samsung, South Korea) and analyzed by Chromera software.

The chromatographic separation was performed on Capcell PAK C18 column (250 \times 4.6 mm, i.d., particle size 5 µm; Shiseido, Tokyo, Japan). Detection was made at a wavelength of 350 nm, and the column oven temperature was set at 40°C. The injection volume was 10 µL. The solvent system was delivered at a rate of 1.0 $mL \cdot min^{-1}$ and consisted of a mixture of (A) MeOH:water:acetic acid (5:92.5:2.5, v/v/v) and (B) MeOH: water: acetic acid (95:2.5:2.5, v/v/v). The gradient program used as follows: 0 min, 10% B; 0 - 27 min, 36% B; 27 - 32 min, 60% B; 32 - 35 min, 60% B; 35 - 35.1 min, 10% B; 35.1 - 40 min, 10% B. For the quantification of individual phenolic compounds by external standard method, each authentic standard was separately injected into HPLC. Then, the quantification of the different compounds was performed by directly comparing the peak areas of standard and sample and calculated as equivalents of representative standard compounds. All contents were expressed as milligram per g DW.

2.4. Statistical Analysis

Data were analyzed by application of the Tukey's mul-

tiple range test at $P \le 0.05$, using SPSS statistical software (version 11.5 for Windows, SPPS Inc., Chicago, IL, USA). The data shown in all Tables are the means of two replicates. For comparisons of continuous parameters between groups and within a group over time, repeated measures ANOVA was used.

3. RESULTS AND DISCUSSION

The total phenolic content in two cultivars of buckwheats grown in Korea, Japan and China was determined. Phenolic compounds such as chlorogenic acid, C-glycosvlflavones (orientin, isoorientin, vitexin, and isovitexin), rutin, and quercetin were identified in common and tartary buckwheats (Figure 1(a)) and quantified by comparing with their commercial standards and expressed as milligram per g DW. The results revealed that the total phenolic content of tartary buckwheat seedlings was comparatively higher than that of the common buckwheat in all the other types of vegetables studied in the research (Table 1). The total phenolic compounds ranged from 16.11 - 28.86 mg·g⁻¹ DW in common buckwheats and 24.15 - 62.15 mg·g⁻¹ DW in the varieties of tartary buckwheat harvested after 29 and 44 DAS. Among the tartary buckwheat, "Hokkai T10" documented highest total phenolic compounds (62.15 mg \cdot g⁻¹ DW) followed by "Xiqiao No.2" noticed (49.51 mg·g⁻¹ DW) about 40% higher than common buckwheats. These results were comparatively better in good accordance with some previously reported data; e.g. Zielinski et al. (1998) [21] found total phenolics in dehulled buckwheat (269 mg \cdot 100g⁻¹), although Zielinski and Troszynska (2000) [22] showed a range from 164.7 to 408.2 mg·100g⁻¹. Tahir and Farooq (1985) [23] analyzed the buckwheat variety-dependence of polyphenol content and found that the total phenolic content varied from 770 to 1660 mg·100g⁻¹ dry matter, depending on the variety.

Rutin determined in the edible portions of "Dawon" seedlings increased linearly during plant growth at 17 - 44 DAS (**Table 1**). Approximately 90% of total phenolic content were contributed by rutin in common and tartary buckwheats. In the edible portions of "Hokkai T10" seedlings, rutin content was significantly greater (58.36 $\text{mg} \cdot \text{g}^{-1}$ DW) at 44 DAS than at any earlier date, while, conversely, rutin content in the "rice tartary" and "Daegwan No.3-3" was significantly higher (43.63 and 39.95 $\text{mg} \cdot \text{g}^{-1}$ DW, respectively) at 17 DAS than any day thereafter. Rutin content in common buckwheat was also marginally similar to tartary buckwheat. Among the common buckwheats, "Kitawase" and "Dawon" produced maximum 19.54 and 26.55 mg g⁻¹ DW at 29 and 44 DAS, respectively (**Figure 1(b**)).

Variation of phenolic compounds (rutin, vitexin, isovitexin, orientin, isoorientin, quercetin, and chlorogenic acid) in common and tartary buckwheat was analyzed

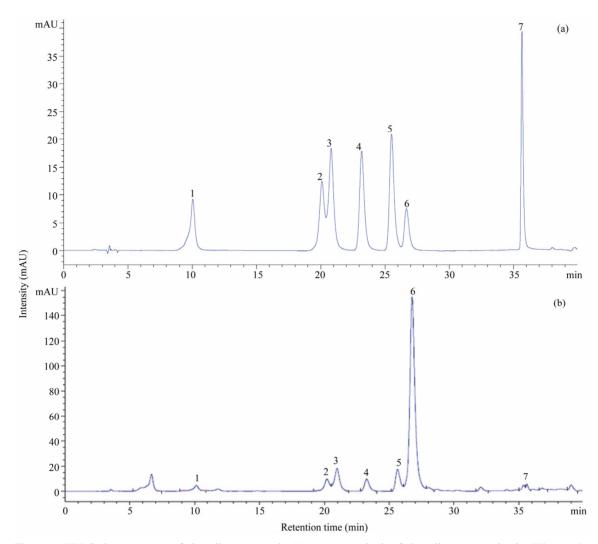


Figure 1. HPLC chromatogram of phenolic compounds. (a), seven standards of phenolic compounds; (b) 'Kitawase' at 29 DAS. Peak numbers refer to the phenolic compounds listed in **Table 1**: 1, chlorogenic acid; 2, orientin; 3, isoorientin; 4, vitexin; 5, isovitexin; 6, rutin; 7, quercetin.

after 58 and 78 DAS (Table 2). The results showed that the rutin was present in highest amount in all tartary buckwheats. Rutin content of "Hokkai T10" at 72 DAS was 73.33, 88.33, and 9.20 $\text{mg}{\cdot}\text{g}^{-1}$ DW in leaf, flower, and stem, respectively. Similar trend was also observed in common buckwheat such as "Kitawase" and "Dawon" for quercetin contents; however, their contents were comparatively lower than tartary buckwheat (Table 2). Orientin, isoorientin, vitexin, and isovitexin were found at very low levels in the leaf and stem of "Kitawase" and "Dawon" and completely absent in stem except isovitexin (Table 2). In common buckwheat, the highest rutin content was found in the flower of "Dawon" (47.75 mg·g⁻¹ DW) at 72 DAS of cultivation followed by the leaf and stem (32.29 and 5.22 $\text{mg} \cdot \text{g}^{-1}$ DW, respectively). A good amount (11.69 mg·g⁻¹ DW) of quercetin was detected in the flower of "Xiqiao No.2" but it was observed less amount in the stem and leaf. Whereas, quercetin was

not detected in "Kitawase" and "rice tartary" stem portion.

Oomah and Mazza (1996) [24] reported the variability in the phenolic content of buckwheat due to difference in cultivar, cultivation time, and cultivation location. Coincides with this report, our results revealed variations in total and individual phenolic compounds. Significant difference was observed between common and tartary buckwheat. Similar to this result, Park et al. (2004) [25] also reported significant variation in rutin content in the tartary buckwheat cultivars from different regions. In our study, we observed that the total phenolic content of the leaf, flower, and stem of tartary buckwheat were varied and comparatively higher than those of the common varieties. In case of tartary buckwheat, the content of some compounds like rutin and quercetin in leaf, flower and stem was much higher than common buckwheat, as reported by Kim et al. (2008) [11]. Whereas, vitexin, iso-

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Species	DAS	Cultivars	Chlorogenic acid	Orientin	Isoorientin	Vitexin	Isovitexin	Rutin	Quercetin	Total	
Common ^d	17	Kitawase	1.03 ± 0.04	7.80 ± 0.17	10.09 ± 0.21	3.42 ± 0.07	5.54 ± 0.12	7.62 ± 0.16	0.47 ± 0.02	35.96 ± 0.79	
		Dawon	1.12 ± 0.08	6.41 ± 0.31	8.04 ± 0.39	3.03 ± 0.15	4.87 ± 0.24	8.15 ± 0.48	ND ^e	31.62 ± 1.65	
	29	Kitawase	0.71 ± 0.06	1.17 ± 0.00	1.42 ± 0.00	0.68 ± 0.00	1.12 ± 0.00	19.54 ± 0.00	0.18 ± 0.00	24.82 ± 0.08	
		Dawon	0.68 ± 0.00	2.14 ± 0.05	2.76 ± 0.07	2.08 ± 0.05	3.39 ± 0.08	11.75 ± 0.18	0.17 ± 0.00	22.97 ± 0.44	
	44	Kitawase	0.78 ± 0.26	ND	0.21 ± 0.00	ND	ND	15.09 ± 1.23	0.14 ± 0.01	16.11 ± 0.84	
		Dawon	1.93 ± 1.40	0.23 ± 0.00	ND	ND	ND	26.55 ± 15.80	0.27 ± 0.29	28.86 ± 17.64	
Tartary	17	Rice Tartary	$2.20\pm0.01b$	$0.32\pm0.01b$	$0.20\pm0.00c$	$0.74\pm0.00\text{bc}$	$1.01\pm0.00c$	$43.63 \pm 0.04a$	$0.13 \pm 0.00a$	$48.23 \pm 0.04a$	
		Xiqiao No.2	$2.26 \pm 0.07b$	$0.84\pm0.03a$	$1.01\pm0.04a$	$1.23\pm0.04a$	$1.83 \pm 0.06a$	42.07 ± 1.57 ab	$0.27\pm0.00a$	49.51 ± 1.81a	
		Hokkai T10	$2.28\pm0.10b$	$0.46\pm0.01b$	ND	$0.73\pm0.01\text{c}$	$0.58\pm0.02d$	$37.10\pm1.05b$	$0.85\pm0.02a$	$42.00\pm1.19a$	
		Daegwan No.3-3	$2.61\pm0.00a$	$0.35\pm0.08b$	$0.36\pm0.03b$	$0.90\pm0.06b$	$1.25\pm0.07b$	39.95 ± 2.36ab	$0.49\pm0.43a$	$45.91 \pm 3.03a$	
	29	Rice Tartary	$2.92\pm0.07ab$	$0.32\pm0.01b$	ND	$0.14\pm0.00a$	$0.14\pm0.00b$	$23.50\pm0.51c$	$\begin{array}{c} 0.15 \pm \\ 0.01 \text{bc} \end{array}$	$27.09\pm0.68c$	
		Xiqiao No.2	$2.78 \pm 0.09b$	$0.20\pm0.01\text{c}$	ND^d	$0.18\pm0.00a$	$0.19\pm0.00a$	$20.71\pm0.66d$	$0.17\pm0.00b$	$24.15 \pm 0.88c$	
		Hokkai T10	$3.22\pm0.05a$	$0.44\pm0.02a$	ND	$0.19\pm0.01a$	$0.14\pm0.00b$	$34.90\pm0.64a$	$0.30\pm0.02a$	$39.18 \pm 0.73a$	
		Daegwan No.3-3	$3.27\pm0.15a$	$0.31\pm0.04b$	ND	$0.19\pm0.00a$	$0.20\pm0.00a$	$27.18\pm0.52b$	$0.11\pm0.00c$	$31.27\pm0.63b$	
	44	Rice Tartary	$2.29\pm0.40a$	$0.21\pm0.03b$	ND	ND	ND	$34.85\pm8.01a$	$0.33\pm0.05a$	$37.68 \pm 8.48a$	
		Xiqiao No.2	$3.12 \pm 0.06a$	ND	ND	ND	ND	33.69 ± 5.51a	$0.09\pm0.03a$	$36.90 \pm 5.49a$	
		Hokkai T10	$2.65\pm0.09a$	$0.44\pm0.02a$	ND	0.19 ± 0.01	ND	58.36 ± 4.96a	$0.52 \pm 0.06a$	$62.15 \pm 5.12a$	
		Daegwan No.3-3	$2.93\pm0.10a$	$0.26\pm0.01b$	ND	ND	ND	28.79 ± 18.14a	$0.35 \pm 0.29a$	32.33 ± 18.54a	

Table 1. Phenolic compounds $(mg:g^{-1}DW)^a$ in buckwheat seedlings^b and harvested at 29 and 44 DAS.

^aWithin each column, values followed by the same letters are not significantly different at $P \le 0.05$, using Tukey's multiple range test (n = 2); ^bseedling; 17 DAS; ^cDAS; Days after sowing; ^dnot performed Tukey's multiple range test because there are fewer than three groups; ^eND., not detected.

vitexin were not detected. It was also noticeable in our research that the chlorogenic acid content in the flower of "Xiqiao No.2" at 58 DAS was much higher (10.24 $\text{mg}\cdot\text{g}^{-1}$ DW) compared to other tartary buckwheats.

According to the data (**Table 1**), vitexin, isovitexin, orientin, and isoorientin seemed to vary or decrease gradually in the common and tartary buckwheat. The functionality of buckwheat plants has been evaluated from the levels of rutin because of its anti-blood pressure effects (hypertension). This variation in the concentration of rutin among the different buckwheat could be due to the reasons such as genetic nature of buckwheat [11,19].

The present study, variation of phenolic compounds in

different varieties of buckwheat cultivated at Korea, Japan and China was studied. It was observed that, all the varieties of buckwheat could be used as a potent source of phenolics (chlorogenic acid, orientin, isoorientin, vitexin, isovitexin, rutin, and quercetin). If buckwheat is to be categorized as a functional food, it is important that it has the maximum amount of beneficial ingredients. It was observed that rutin represented about 90% of the total content of phenolic compounds in common and Tartary buckwheats.

4. ACKNOWLEDGEMENTS

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Species	Parts	DAS ^b	Cultivars	Chlorogenic acid	Orientin	Isoorientin	Vitexin	Isovitexin	Rutin	Quercetin	Total
Common ^c	Leaf	58	Kitawase	0.06 ± 0.07	$\begin{array}{c} 0.29 \pm \\ 0.05 \end{array}$	0.40 ± 0.04	0.16 ± 0.09	0.32 ± 0.08	11.13± 1.98	0.12 ± 0.04	12.48 ± 2.09
			Dawon	0.02 ± 0.00	$\begin{array}{c} 0.29 \pm \\ 0.04 \end{array}$	0.36 ± 0.01	0.23 ± 0.12	0.40 ± 0.16	15.93 ± 1.35	0.07 ± 0.03	17.30 ± 1.66
Tartary			Rice Tartary	$0.29 \pm 0.36a$	ND^d	ND	ND	ND	37.98 ± 3.87ab	$0.75 \pm 0.11a$	39.02 ± 4.34ab
			Xiqiao No.2	$0.23\pm0.04a$	ND	ND	ND	ND	$29.39 \pm 1.24b$	$0.52 \pm 0.24a$	30.14 ± 1.44b
			Hokkai T10	$0.18\pm0.15a$	ND	ND	ND	ND	$52.13 \pm 6.45a$	$0.71 \pm 0.13a$	53.02 ± 6.43a
			Daegwan No.3-3	$0.15\pm0.01a$	ND	ND	ND	ND	41.50 ± 3.35ab	$0.65 \pm 0.02a$	42.30 ± 3.35ab
Common	Leaf	72	Kitawase	ND	$\begin{array}{c} 0.23 \pm \\ 0.08 \end{array}$	0.28 ± 0.07	$\begin{array}{c} 0.03 \pm \\ 0.02 \end{array}$	0.15 ± 0.03	16.67 ± 5.13	0.09 ± 0.04	17.45 ± 5.32
			Dawon	0.09 ± 0.00	0.09 ± 0.09	0.15 ± 0.07	ND	0.06 ± 0.06	32.29 ± 12.39	0.19 ± 0.25	32.82 ± 12.72
Tartary			Rice Tartary	ND	ND	ND	ND	ND	53.89 ±7.52ab	1.33 ± 0.35a	55.22 ± 7.17ab
			Xiqiao No.2	$0.11 \pm 0.12a$	ND	ND	ND	ND	$40.16 \pm 3.48b$	$0.47\pm0.09b$	$40.73 \pm 3.69b$
			Hokkai T10	$0.04\pm0.03a$	ND	ND	ND	ND	73.33 ± 10.20a	$0.58\pm0.04ab$	73.95 ± 10.27a
			Daegwan No.3-3	$0.12\pm0.01a$	ND	ND	ND	ND	61.13 ± 5.54ab	$0.80 \pm 0.06 ab$	62.04 ± 5.49ab
Common	Flower	. 58	Kitawase ^e	9.27	ND	ND	ND	0.10	39.01	2.50	50.88
			Dawon ^e	7.18	ND	ND	ND	ND	33.22	1.00	41.40
Tartary			Rice Tartary	ND	ND	ND	ND	ND	ND	ND	ND
			Xiqiao No.2	10.24 ± 0.45	ND	ND	ND	ND	30.86 ± 1.02	8.36 ± 0.98	$\begin{array}{r} 49.46 \pm \\ 0.48 \end{array}$
			Hokkai T10 ^e	0.98	ND	ND	ND	ND	6.44	1.55	8.97
			Daegwan No.3-3 ^e	8.09	ND	ND	ND	ND	63.99	12.64	84.72
Common j	Flower	72	Kitawase	6.53 ± 0.91	ND	ND	ND	0.06 ± 0.00	33.72 ± 9.86	1.45 ± 0.21	41.73 ± 9.20
			Dawon	6.00 ± 2.05	$\begin{array}{c} 0.02 \pm \\ 0.01 \end{array}$	ND	ND	0.08 ± 0.11	47.75 ± 3.18	0.93 ± 0.66	$54.78 \pm \\5.80$
Tartary			Rice Tartary	ND	ND	ND	ND	ND	ND	ND	ND
			Xiqiao No.2	6.85 ± 0.91	ND	ND	ND	ND	76.40 ± 10.28	11.69 ± 2.11	94.94 ± 13.30
			Hokkai T10 ^e	6.63	ND	0.13	0.31	ND	88.33	19.07	114.47
			Daegwan No.3-3 ^e	6.40	ND	ND	ND	ND	61.01	18.33	85.74
Common	Stem	58	Kitawase	0.16 ± 0.20	ND	ND	ND	0.58 ± 0.01	2.57 ± 0.03	ND	3.31 ± 0.22
common											

Table 2. Phenolic compounds $(mg g^{-1}DW)^a$ in buckwheat leaf, flower and stem harvested at 58 and 72 DAS.

Continued										
Tartary		Rice Tartary	$3.80\pm0.24a$	ND	ND	ND	ND	$7.87 \pm 0.07 b$	$0.07\pm0.00a$	11.74 ± 0.17b
		Xiqiao No.2	$2.42\pm0.80a$	ND	ND	ND	ND	$3.60\pm0.92c$	$0.05\pm0.00a$	6.06 ± 1.72c
		Hokkai T10	$3.89\pm0.10a$	ND	ND	ND	ND	11.99 ± 0.55a	$0.17 \pm 0.21a$	16.04 ± 0.85a
		Daegwan No.3-3	$2.49\pm0.48a$	ND	ND	ND	ND	$7.24 \pm 0.19b$	$0.07\pm0.03a$	9.81 ± 0.64bc
Common Stem	72	Kitawase	0.32 ± 0.09	ND	ND	ND	0.45 ± 0.23	3.80 ± 2.33	0.08 ± 0.08	4.64 ± 2.73
		Dawon	0.23 ± 0.30	ND	ND	ND	0.54 ± 0.06	5.22 ± 1.38	0.07 ± 0.10	6.05 ± 1.72
Tartary		Rice Tartary	$1.33 \pm 0.83a$	ND	ND	ND	ND	$9.67\pm3.02a$	ND	10.99 ± 3.85a
		Xiqiao No.2	$0.58\pm0.18a$	ND	ND	ND	ND	$4.25\pm0.03a$	$0.03\pm0.00a$	4.85 ± 0.19a
		Hokkai T10	$0.99 \pm 0.11a$	ND	ND	ND	ND	$9.20\pm0.30a$	$0.01\pm0.00a$	10.19 ± 0.18a
		Daegwan No.3-3	$0.69 \pm 0.06a$	ND	ND	ND	ND	$5.75\pm0.75a$	$0.03 \pm 0.01a$	6.47 ± 0.81a

^aWithin each column, values followed by the same letters are not significantly different at $P \le 0.05$, using Tukey's multiple range test (n = 2); ^bDAS; Days after sowing; ^cnot performed Tukey's multiple range test because there are fewer than three groups; ^dND., not detected; ^en = 1; no application of the Tukey's multiple range test.

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