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Reactivity and sensitivity of commercially available influenza rapid diagnostic tests in Japan

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Seasonal influenza virus routinely causes epidemic infections throughout the world. Sporadic infections by H5N1, H5N6, and H7N9 viruses are also reported. To treat patients suffering from such viral infections, broadly reactive and highly sensitive influenza rapid diagnostic tests (IRDTs) are required. Here, we examined the reactivity and sensitivity of 25 IRDTs available in Japan for the detection of seasonal H1N1pdm09, H3N2, and type B viruses, as well as highly pathogenic H5 and H7 viruses. All of the IRDTs tested detected the seasonal viruses and H5 and H7 viruses albeit with different sensitivities. Several IRDTs detected the H5 and H7 viruses and the seasonal viruses with similar (high) sensitivity.

Influenza is one of the most prevalent infectious diseases in the world. Seasonal influenza viruses, including H1N1pdm09, H3N2, and type B viruses, are responsible for high morbidity and mortality especially among the elderly and immunocompromised individuals. Despite the availability of influenza vaccines, seasonal influenza viruses cause epidemics every year. Moreover, other subtypes of influenza A virus from other animal species have sporadically transmitted to humans. For example, highly pathogenic avian influenza H5N1 viruses are circulating among poultry in eastern Asia and Egypt and transmit to humans¹. Reassortant viruses (H5N2, H5N6, and H5N8 viruses) that possess the hemagglutinin (HA) segment of a highly pathogenic avian H5N1 virus and the neuraminidase (NA) segment of another subtype have emerged because of the sustained circulation of highly pathogenic avian H5N1 viruses among birds. H5N6 viruses also cause sporadic infection in humans², and H5N2 virus replicates well in mammalian hosts^{3,4}. In addition to these H5 viruses, human infections with avian influenza H7N9 virus were first reported in 2013⁵. Since then, the H7N9 virus has infected humans every influenza season, with the fifth wave occurring in the 2016–17 season⁶. During the fifth wave, highly pathogenic H7N9 viruses possessing HA with multi-basic amino acids at the cleavage site were isolated from avian and human cases^{7,8}. It is difficult to prepare vaccines against these viruses in a timely manner. Therefore, the first line of defense against H5 and H7 virus infections is antiviral drugs, such as NA inhibitors.

For optimum efficacy, the NA inhibitors (oseltamivir, zanamivir, peramivir, and laninamivir) should be administered within 2 days of symptom onset^{9,10}. Healthcare providers therefore need a rapid, easy, and sensitive diagnosis test. For influenza diagnosis, basic virologic approaches such as virus isolation and RT-PCR have been used, but these methods require time and specialized techniques, so they are not suitable in the clinical setting.

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IRDT	Manufacturer	Format ^a	Input ratio ^b (%)	Minutes to assess ^c
Statmark FLU Stick-N	Nichirei Biosciences	Test strip	100	1–10
RapidTesta color FLU stick	Sekisui Medical	Test strip	100	2–10
QuickVue Rapid SP influ	DS Pharma Biomedical	Test strip	100	10
Clearview Exact Influenza A&B	Alere Medical	Test strip	100	8
Espline Influenza A&B-N	Fujirebio	Well	6.7	15
ImmunoAce Flu	Tauns Laboratories	Well	12.5	3–8
Brightpoc Flu	Nichirei Biosciences	Well	13.8	1–10
Immunofine FLU	Nichirei Biosciences	Well	3.8	1–10
Spotchem i-Line FluAB-S	Arkray-factory	Well	8.75	1–10
QuickNavi Flu	Denka Seiken	Well	10	3–8
QuickNavi-Flu+RSV	Denka Seiken	Well	10	3–8
Goldsign FLU	Institute of Immunology	Well	14.5	1–8
Prorast Flu One	Adtec	Well	16.7	8
Finevision Influenza	Alere Medical	Well	10	5
RapidTesta FLU•NEO	Sekisui Medical	Well	19.2	15
Nanotrap Flu A•B	ROHTO Pharmaceutical	Well	8.3	3–8
Quick Chaser Flu A,B (Type H)	Mizuho Medy	Well	25	5–10
Alsonic Flu	Alfresa pharma	Well	10	5
Primecheck Flu (Type S)	Alfresa pharma	Well	20.8	3–10
Primecheck Flu•RSV	Alfresa pharma	Well	13	5–10
BD Veritor System Flu	Becton Dickinson	Well + Analyzer	13.3	5–10
Fuji dri-chem immuno AG cartridge FluAB	Mizuho Medy	Well + Analyzer	21.4	3–15
Spotchem FLORA FluAB	Arkray-factory	Well + Analyzer	13.6	1.5–10
Immunotrap Influenza A•B	Wako Pure Chemical Industries	Well	5	1
Rapiim Flu-AB	Toshiba medical systems	Well + Analyzer	40	7.5

Table 1. Influenza rapid diagnosis tests (IRDTs) evaluated in this study. ^aAll IRDTs examined were divided into two types based on their format: (i) test strip format, in which a test strip is dipped into the lysed sample and the reaction occurs on the strip; or (ii) well format, in which the lysed sample is dropped into the well and the reaction occurs inside a covered plastic body. “+ Analyzer” means that these IRDTs need an analyzer to evaluate the result. ^bFor all tested IRDTs, the test samples (100 μl) were mixed with lysis buffer (A). All or part of the lysed sample (B) was subjected to the assay. Input ratios were calculated using the following formula: volume B/(100 μl + volume A) × 100. ^cThe time required to obtain the results is based on the individual manufacturer’s instructions.

To overcome this constraint, influenza rapid diagnostic tests (IRDTs) have been developed and are now widely used even at the local, small clinic level in Japan. However, conventional IRDTs fail to detect influenza viruses at early time points after onset^{11,12}. Recently, some manufacturers developed analyzers to increase the sensitivity of IRDTs. These analyzers are able to evaluate the results instead of relying on the human eye. Here, we examined the sensitivity of 25 IRDTs (4 IRDTs that used analyzers and 21 conventional IRDTs) for various isolates of seasonal influenza A and B viruses as well as for human and avian H5 and H7 viruses, which possess the potential to transmit to humans¹³.

Results and Discussion

We evaluated the sensitivity of 25 IRDTs commercially available in Japan in 2017 (Table 1). These IRDTs are optimized to detect seasonal influenza, including H1N1pdm09, H3N2, and type B viruses, by using mouse monoclonal antibodies against the influenza A and B virus nucleoproteins (NPs), which are conserved among the influenza A or B viruses. Because the epitopes on NP are conserved among type A viruses, it is stated that 20 of the 25 IRDTs (the exceptions being QuickNavi Flu, QuickNavi-Flu+RSV, Nanotrap Flu A•B, BD Veritor System Flu, and Rapiim Flu-AB) can detect several avian influenza A viruses, across subtypes H1 through H15. The major determinant of the sensitivity of the IRDTs is the reactivity of the monoclonal antibody against the NP used in the IRDT. In addition, the composition of the lysis buffer, the proportion of sample in the analyte, and the method used to visualize the results can affect the sensitivity. The 25 IRDTs can be divided into two formats: the test strip format and the well format. The well format can be further subdivided into two groups based on how the result is evaluated: BD Veritor System Flu, Fuji dri-chem immuno AG cartridge FluAB, Spotchem FLORA FluAB, and Rapiim Flu-AB require a specific analyzer to evaluate the results, whereas the other well format types are assessed by the human eye. These analyzers can only read one sample at a time; although BD Veritor System Flu and Spotchem FLORA FluAB require less than one minute to read, Fuji dri-chem immuno AG cartridge FluAB and Rapiim Flu-AB require 10–15 min and 7.5 minutes, respectively. Therefore, patients wait times for results are extended when many influenza patients come to a clinic that has only one analyzer. In contrast, human eye-judged IRDTs can be used to test many samples in parallel. Mechanistically, 23 of the IRDTs employ an

Classification	Virus strain	Abbreviation ^b
Seasonal H1N1pdm09	A/Tokyo/UT-IMS1/2014	H1-1
	A/Yokohama/90/2015	H1-2
	A/Tokyo/HP013/2016	H1-3
Seasonal H3N2	A/Tokyo/UT-IMS2-1/2014	H3-1
	A/Tokyo/IMS4-1/2015	H3-2
	A/Tokyo/HP022/2016	H3-3
Seasonal B/Victoria	B/Kamakura/29/2013	B/Vic-1
	B/Kamakura/8/2014	B/Vic-2
	B/Tokyo/HP009/2016	B/Vic-3
Seasonal B/Yamagata	B/Kamakura/1/2013	B/Yam-1
	B/Kamakura/10/2014	B/Yam-2
	B/Tokyo/HP005/2016	B/Yam-3
H5 viruses	A/duck/Vietnam/QT1726-2/2013 (H5N1) ^a	H5-1
	A/duck/Cairo/157CA/2015 (H5N1) ^a	H5-2
	A/chicken/East Java/UT64/2016 (H5N1) ^a	H5-3
	A/bird/Wisconsin/WDSL1-4/2015 (H5N2) ^a	H5-4
	A/muscovy duck/Vietnam/HN1701/2014 (H5N6) ^a	H5-5
	A/muscovy duck/Aomori/1-3 T/2016 (H5N6) ^a	H5-6
	A/chicken/Niigata/1-1 T/2016 (H5N6) ^a	H5-7
H7 viruses	A/Anhui/1/2013 (H7N9)	H7-1
	A/Taiwan/1/2017 (H7N9) ^a	H7-2
	A/Guangdong/17SF003/2016 (H7N9) ^a	H7-3
	A/feline/New York/WVDL-14/2016 (H7N2)	H7-4

Table 2. Influenza virus isolates used in this study. ^aViruses possess HA with multi-basic amino acids at the cleavage site. ^bAbbreviations used in Tables 3 and 4 are shown.

IRDT	Minimum Virus Titer (log ₁₀ TCID ₅₀ /100 μl) for a positive result with											
	H1-1	H1-2	H1-3	H3-1	H3-2	H3-3	B/Vic-1	B/Vic-2	B/Vic-3	B/Yam-1	B/Yam-2	B/Yam-3
Statmark FLU Stick-N	5	5	5	4	5	5	4	5.5	5	5	5	5
RapidTesta color FLU stick	4	4	4	4	4	5	3	5	4	4.5	4	4
QuickVue Rapid SP influ	4	4	4	4	5	5	4	5.5	5	5	5	4.5
Clearview Exact Influenza A&B	4	4	4	4	4.5	5	3	4	3	4	3	3
Espline Influenza A&B-N	3	3	3.5	3	4	4	3	5	4	4	4	4
ImmunoAce Flu	3	3	3	3	4	4	3	4	4	4	4	4
Brightpoc Flu	4	5	5	4	5	5	4	6	5	5	3	5
Immunofine FLU	4	4	4	4	5	5	4	5	5	5	4	4
Spotchem i-Line FluAB-S	4	4	4	4	5	5	4	6	5	6	3	5
QuickNavi Flu	4	4	4	4	5	5	4.5	6	5	5	3	5
QuickNavi-Flu+RSV	4	4	4	4	5	5	5	6	6	6	3	5
Goldsign FLU	4	4	4.5	4	5	5	5	6	5	5.5	3	5
Prorast Flu One	2.5	3	2.5	3	3.5	4	4	5	5	5	4	4
Finevision Influenza	4	4	4	4	5	5	3.5	5	5	5	4	4
RapidTesta FLU•NEO	4	4	4	4	5	5	3	5	4.5	4	4	4
Nanotrap Flu A•B	4	5	4.5	4	5	5	4	5	5	5	4.5	5
Quick Chaser Flu A,B (Type H)	3	4	3.5	3	4	4	3	5	4	4.5	4	4
Alsonic Flu	4	4	4	4	5	5	4	5	5	5	4	4
Primecheck Flu (Type S)	4	4	4	4	4	5	3	5	4	5	4	4
Primecheck Flu•RSV	4	4.5	5	4	5	5	4	5	5	5	4.5	4.5
BD Veritor System Flu	3	3.5	3	3	4	4	3	5	4.5	5	4	4
Fuji dri-chem immuno AG cartridge FluAB	3	3	3	3	3	4	3	4	3.5	3	3	3
Spotchem FLORA FluAB	3	3.5	3	3	4	4	3	4.5	4	4	4	4
Immunotrap Influenza A•B	5	6	5.5	5	5.5	6	5	6	6	6	5	5
Rapiim Flu-AB	3	3	3	3	4	4	4	5	5	5	4	4

Table 3. Sensitivity of IRDTs for seasonal influenza A and B viruses. ^aTen-fold serial dilutions of the indicated viruses (10¹–10⁶ TCID₅₀ per 100 μl) were examined with each IRDT according to the manufacturers' instructions. The minimum viral titers required for a positive reaction were determined in two independent experiments. The average titers are shown.

IRDT	Minimum Virus Titer (\log_{10} TCID ₅₀ /100 μ l) for a positive result with										
	H5-1	H5-2	H5-3	H5-4	H5-5	H5-6	H5-7	H7-1	H7-2	H7-3	H7-4
Statmark FLU Stick-N	5	4.5	4	4	5.5	6	6	5	6	6	5
RapidTesta color FLU stick	4.5	4	3	4	5.5	6	6	5	5	5	5
QuickVue Rapid SP influ	5	4	3.5	4	5	6	6	5	5.5	5.5	5
Clearview Exact Influenza A&B	4	4	3	3	5	6	6	4.5	5	5	5
Espline Influenza A&B-N	4	3.5	3	3	5	5	5	4	4.5	5	4.5
ImmunoAce Flu	4	3	3	3	5	6	6	4	4.5	5	4.5
Brightpoc Flu	4	4	3	4	5	6	5.5	5	6	6	5
Immunofine FLU	4	4	3	4	5	6	6	5	5	5	5
Spotchem i-Line FluAB-S	5	4	3	4	5.5	6	6	5	5	6	5
QuickNavi Flu	4	4	3	3	5	5	5	4	5	5	5
QuickNavi-Flu+RSV	4	4	3	3	5	5.5	5	5	5	5	5
Goldsign FLU	4.5	4	3	4	5	6	6	5	5	5	5
Prorast Flu One	3	3	2	3	4	5	5	4	4	4	4
Finevision Influenza	5	5	3	4	6	6	6	5	5	6	5
RapidTesta FLU•NEO	4	4	3	3	5	6	6	4	5	5	5
Nanotrap Flu A•B	4	4	3	3.5	5	6	6	4.5	5	5	5
Quick Chaser Flu A,B (Type H)	4	3.5	3	3	5	6	6	4	5	5	5
Alsonic Flu	4	4	3	4	5	6	6	5	5	5	5
Primecheck Flu (Type S)	4	4	3	3	5	6	6	4	5	5	5
Primecheck Flu•RSV	4	4	3	4	5	6	6	5	5	5.5	5
BD Veritor System Flu	4	3	2.5	3	5	5	5	4	4	4.5	4
Fuji dri-chem immuno AG cartridge FluAB	3	3	2	2	4	5	4.5	3.5	3.5	4	3.5
Spotchem FLORA FluAB	4	3	2.5	3	5	5	5	4	4.5	5	4
Immunotrap Influenza A•B	6	6	5	4.5	7	7	7	6	7	7	6
Rapiim Flu-AB	3.5	3	2.5	3	4	5	5	4	4.5	4.5	4

Table 4. Sensitivity of IRDTs for H5 and H7 viruses^a. ^aTen-fold serial dilutions of the indicated viruses (10^1 – 10^6 TCID₅₀ per 100 μ l) were examined with each IRDT according to the manufacturers' instructions. The minimum viral titers required for a positive reaction were determined in two independent experiments. The average titers are shown.

immunochromatographic method, whereas Immunotrap Influenza A•B utilizes magnetic energy for the movement of the immune-complexes, and Rapiim Flu-AB detects the immune-complexes by light scattering. All 25 IRDTs take between 1 and 15 min to complete each test.

We examined the sensitivity of each IRDT for influenza viruses of various subtypes isolated between 2013 and 2017 (see Table 2). The detection limit for seasonal influenza A viruses, such as H1N1pdm09 and H3N2 viruses, of the tested IRDTs ranged from $10^{2.5}$ to 10^6 TCID₅₀ per 100 μ l (Table 3). The sensitivity for H1N1pdm09 viruses tended to be higher than that for H3N2 viruses. A similar trend was observed in our previous report¹⁴. The most sensitive IRDT for seasonal H1N1pdm09 and H3N2 viruses was Prorast Flu One. The detection limit for influenza B viruses, including both lineages, of the tested IRDTs ranged from 10^3 to 10^6 TCID₅₀ per 100 μ l. All tested IRDTs possessed similar or reduced sensitivity for influenza B viruses compared with that for seasonal influenza A viruses (H1N1pdm09 and H3N2 viruses) (Table 3). The most sensitive IRDT for seasonal type B viruses was Fuji dri-chem immuno AG cartridge FluAB.

We next examined the sensitivity of the 25 IRDTs against H5N1, H5N2, and H5N6 viruses. These H5 viruses are circulating in avian species and have the potential to transmit to humans^{15–19}. The detection limit of the tested IRDTs ranged from 10^2 to 10^6 TCID₅₀ per 100 μ l for H5N1 viruses and H5N2 viruses and from 10^4 to 10^7 TCID₅₀ per 100 μ l for H5N6 viruses (Table 4). This finding indicates that the sensitivity of the IRDTs for H5N6 viruses (H5-5, -6, and -7) was 10–100 lower than that for H5N1 and H5N2 viruses (H5-1, -2, -3, and -4). The detection limits of each IRDT for H5N1 viruses were lower than those in our previous experiments^{14,20}. For H7 viruses, we used highly pathogenic H7N9 isolates (H7-2 and -3) from humans that emerged in the 2016–17 season in China^{7,8}, and a prototype H7N9 virus (H7-1)⁵. H7N2 virus (H7-4), which caused an outbreak in cats²¹, was also examined. The detection limits of the tested IRDTs for these H7 viruses ranged from $10^{3.5}$ to 10^7 TCID₅₀ per 100 μ l. All tested H7 isolates were detected by the IRDTs with varying sensitivity and the sensitivity was comparable to or slightly lower than that for type B viruses. The most sensitive IRDT for H5 and H7 viruses was Fuji dri-chem immuno AG cartridge FluAB.

In this study, all tested IRDTs detected seasonal H1N1pdm09, H3N2, and type B viruses, as well as H5N1, H5N2, H5N6, H7N2, and H7N9 viruses, which are potentially transmittable to humans^{7,8,15–19,21}. Most of the IRDTs tested in this study showed higher sensitivity for seasonal influenza viruses than did the IRDTs we tested previously¹⁴, indicating that the sensitivity of IRDTs has improved.

For H1N1pdm09, H3N2, and type B viruses, which are the main targets for all IRDTs, the sensitivity of the analyzer-based IRDTs was similar to or better than that of the conventional IRDTs. In the case of seasonal viruses, virus titers usually peak at 10^2 – 10^6 TCID₅₀ per 100 µl of nasopharyngeal wash during the first 24–72 h of illness²². Therefore, most IRDTs tested could accurately detect influenza virus in patients during this period. However, for H5 and H7 viruses, the analyzer-based IRDTs tended to show greater sensitivity than the conventional IRDTs. In particular, Fuji dri-chem immuno AG cartridge FluAB detected H5 and H7 viruses at a sensitivity level comparable to that for seasonal influenza A and B viruses; the detection limits were 10^2 – 10^5 and 10^3 – 10^4 TCID₅₀ per 100 µl, respectively. IRDTs possessing high sensitivity for potentially zoonotic H5 and H7 viruses are thus available to diagnose influenza caused by such viruses.

Materials and Methods

Diagnostic tests. The IDRTs listed in Table 1 were purchased from the manufacturers and evaluated for reactivity and sensitivity according to the manufacturers' procedures. Rapiim Flu-AB requires an analyzer to read the test results and only a rental analyzer was available. Test samples were adjusted to 10^1 to 10^6 TCID₅₀ per 100 µl with Eagle's minimal essential medium (EMEM) containing 0.3% bovine serum albumin (BSA). The minimum virus titres required for a positive reaction were determined in duplicate examinations. The average virus titre for a positive reaction of two examinations is shown in the tables.

Viruses. The influenza viruses listed in Table 2 were propagated in MDCK cells or chicken embryonated eggs. Their virus titres (TCID₅₀) were determined using MDCK cells.

Biosafety statements. All experiments with H5N1, H5N2, H5N6, and H7N9 viruses were performed in biosafety level 3 (BSL3) laboratories at the University of Tokyo, which are approved for such use by the Ministry of Agriculture, Forestry, and Fisheries, Japan.

Data availability. All data analyzed during this study are included in this published article.

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Author Contributions

Y.K. designed the study. Y.S.T. performed the experiments. Y.S.T. and S.Y. analyzed the data. C.K., M.Q.L., Y.U., T.S., C.A.N., I.H., K.T.K., A.S.A., M.T.L., and Y.S. provided the viruses. S.Y. and Y.K. wrote the manuscript. All authors reviewed and approved the manuscript.

Additional Information

Competing Interests: Y.K. has received speaker's honoraria from Toyama Chemical and Astellas Inc., has received grant support from Chugai Pharmaceuticals, Daiichi Sankyo Pharmaceutical, Toyama Chemical, Tauns Laboratories, Inc., Tsumura & Co., and Denka Seiken Co., Ltd., and is a co-founder of FluGen. All of the other authors declare that they have no conflicts of interest.

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