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## Recent publications from the Alzheimer’s Disease Neuroimaging Initiative: Reviewing progress toward improved AD clinical trials

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## Abstract

**Introduction:** The Alzheimer's Disease Neuroimaging Initiative (ADNI) has continued development and standardization of methodologies for biomarkers and has provided an increased depth and breadth of data available to qualified researchers. This review summarizes the over 400 publications using ADNI data during 2014 and 2015.

**Methods:** We used standard searches to find publications using ADNI data.

**Results:** (1) Structural and functional changes, including subtle changes to hippocampal shape and texture, atrophy in areas outside of hippocampus, and disruption to functional networks, are detectable in presymptomatic subjects before hippocampal atrophy; (2) In subjects with abnormal b-amyloid deposition ( $A\beta+$ ), biomarkers become abnormal in the order predicted by the amyloid cascade hypothesis; (3) Cognitive decline is more closely linked to tau than  $A\beta$  deposition; (4) Cerebrovascular risk factors may interact with  $A\beta$  to increase white-matter (WM) abnormalities which may accelerate Alzheimer's disease (AD) progression in conjunction with tau abnormalities; (5) Different patterns of atrophy are associated with impairment of memory and executive function and may underlie psychiatric symptoms; (6) Structural, functional, and metabolic network connectivities are disrupted as AD progresses. Models of prion-like spreading of  $A\beta$  pathology along WM tracts predict known patterns of cortical  $A\beta$  deposition and declines in glucose metabolism; (7) New AD risk and protective gene loci have been identified using biologically informed approaches; (8) Cognitively normal and mild cognitive impairment (MCI) subjects are heterogeneous and include groups typified not only by "classic" AD pathology but also by normal biomarkers, accelerated decline, and suspected non-Alzheimer's pathology; (9) Selection of subjects at risk of imminent decline on the basis of one or more pathologies improves the power of clinical trials; (10) Sensitivity of cognitive outcome measures to early changes in cognition has been improved and surrogate outcome measures using longitudinal structural magnetic resonance imaging may further reduce clinical trial cost and duration; (11) Advances in machine learning techniques such as neural networks have improved diagnostic and prognostic accuracy especially in challenges involving MCI subjects; and (12) Network connectivity measures and genetic variants show promise in multimodal classification and some classifiers using single modalities are rivaling multimodal classifiers.

**Discussion:** Taken together, these studies fundamentally deepen our understanding of AD progression and its underlying genetic basis, which in turn informs and improves clinical trial design.

## Keywords

Alzheimer's disease; Mild cognitive impairment; Amyloid; Tau; Biomarker; Disease progression

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## 1. Introduction

The Alzheimer's Disease Neuroimaging Initiative (ADNI) began in 2005 as a naturalistic longitudinal study to develop and validate biomarkers for subject selection and as surrogate outcome measures in clinical trials of Alzheimer's disease (AD)-modifying therapies. The initial 5-year study, known as ADNI-1, enrolled 800 participants from 56 study sites in the United States and Canada, in the three groups: normal cognitive aging (CN), mild cognitive impairment (MCI), and early Alzheimer's disease (AD) [1]. This was extended by a Grand Opportunities grant (ADNI-GO) in 2009, and a competitive renewal of ADNI-1 (ADNI-2) in 2011 [1] with each successive grant enrolling earlier stage patients and incorporating newly developed techniques. A further competitive renewal, ADNI-3, extends the study for another 5 years from 2016 to 2021 [2].

ADNI is structured as a public-private partnership overseen by the Private Partner Scientific Board comprising representatives of private, for-profit entities, and nonprofit organizations which facilitates precompetitive collaboration [3]. ADNI has been described as an exemplar of how these partnerships can impact both clinical and basic science research [4]. First, it has systematically optimized biomarkers for clinical trials through validation, and reproducibility studies, statistical analysis, and the avoidance of bias [5]. Second, ADNI has been an unmitigated success from the standpoint of generating new knowledge about the underlying physiopathology and genetic contributions to AD [6]. These advances have been largely predicated on the development of standardized protocols for use in multiple centers, the emphasis of the initiative on studying multiple modalities, and a policy of open data sharing [7]. ADNI's approach has proved so successful that its framework has provided inspiration for similar consortia around the world. These include worldwide studies modeled on ADNI [8], as well as initiatives focused on biomarker discovery for diseases such as multiple sclerosis and Parkinson's disease [1], and Down's syndrome [9].

The impact of ADNI's policy of open data sharing cannot be overemphasized [10]. All data generated by the eight ADNI cores [1] are deposited in the Laboratory of Neuro Imaging (LONI) at the University of Southern California, an informatics infrastructure which, after quality-control procedures, disseminates ADNI data to a continually growing number of investigators in the wider scientific community [11]. LONI has received nearly 1800 applications for data from scientists from multiple disciplines ranging from neuroscience to radiology to genetics to computer science. These investigators have downloaded over 7 million neuroimages and clinical data sets from the ADNI repository [11] resulting in the burgeoning number of scientific studies published using ADNI data over the past decade (Fig. 1).

The purpose of this review was to provide a comprehensive overview of the advances in the field of dementia from all studies published (to the best of our knowledge) in 2014 and 2015 using ADNI data (approximately 400). We hope that this will allow investigators to

determine what analyses have already been done on ADNI data to help prevent duplication and to identify which questions remain to be answered. Previous successive reviews compiled summaries of publications using ADNI data until the end of 2011 [12], mid-2012 [13], and the end of 2013 [1]. The complete list of ADNI studies may be found at <http://adni-info.org/Scientists/ADNIScientistsHome/ADNIPublications.html>.

The review is structured in a thematic manner in three parts to reflect evolving views of AD progression. The first part outlines primarily technical advances made by the ADNI Clinical, Magnetic Resonance Imaging (MRI), Positron Emission Tomography (PET), Biomarker, and Genetics cores that do not pertain directly to disease progression or the improvement of clinical trials. The second part takes a holistic approach to the discussion of disease progression, incorporating advances from many ADNI cores. This section addresses in particular (1) the extension of the disease continuum to include the preclinical stage; (2) the importance of A $\beta$  positivity at even preclinical stages; (3) the concept of the disease disrupting structural, functional, and metabolic connectivity in the brain; and (4) the role of white-matter (WM) disease in alternative pathways to dementia. The final part of the study discusses the application of these advances in our knowledge of disease progression to the improvement of clinical trials for AD preventive or modifying therapies, the ultimate goal of ADNI.

## 2. Cognitive and clinical aspects of Alzheimer's disease

As cognition lies at the heart of AD, so too does cognitive characterization of the ADNI cohort. This is central to the development of all other biomarkers and to the improvement of clinical trial efficiency. With the focus of disease intervention shifting to the presymptomatic phase, there has been substantial effort in adapting cognitive tests to improve their sensitivity at early disease stages. Recognition that CN and MCI groups selected on the basis of cognition in fact represent a heterogeneous mix of pathologies has spurred studies to identify the basis of that heterogeneity and ultimately increase the power of clinical trials by selecting cohorts with defined pathology. Other studies have identified cognitive measures capable of predicting future decline. Beyond improving clinical trial efficiency, studies have investigated the associations between neuropsychiatric symptoms, or clinical risk factors in AD, and imaging and fluid biomarkers.

During ADNI-2, ADNI's Clinical Core, led by Dr. Paul Aisen, focused on characterizing the trajectory of subjects in the early stages of disease. This required the development of cognitive and functional measures able to detect the first of subtle cognitive changes [14]. A subjective memory concern (SMC) group with self-reported memory problems was enrolled in ADNI-2 to facilitate investigation of the very earliest cognitive changes. This group was selected using a quantitative approach based on 12 episodic memory items from the self-rating form of the 20 item Cognitive Change Index [15–17]. The Clinical Core then used the self and informant versions of the Everyday Cognition instrument to study the relationship to AD biomarker measures [18]. Across all groups, a total of 1182 subjects were enrolled and followed during ADNI-2 (Table 1), many of whom will be followed in the next phase of the study which will incorporate computerized cognitive assessments.

## 2.1. Psychometric analysis of cognitive tests

Psychometric analysis was applied to cognitive tests to improve their reliability, to allow the comparison of different cognitive tests, and to increase understanding of the cognitive processes underlying each test. The comparison of studies of cognitive decline is often hampered by the use of multiple cognitive tests. Gross et al. [19] derived summary factors based on the strength of association between cognitive change on a particular test and changes in cortical thickness and hippocampal volume biomarkers. These represented the average rate of cognitive decline and allowed the direct comparison of longitudinal decline on different cognitive tests. Trzepacz et al. provided a conversion table permitting translation of scores between the Montréal Cognitive Assessment and Mini-Mental State Examination (MMSE) [20]. Balsis et al. [21] determined the correspondence between scores on the Alzheimer's Disease Assessment Scale-cognitive (ADAS-cog), MMSE, and Clinical Dementia Rating-Sum of Boxes (CDR-SB) measures in the entire ADNI cohort (Fig. 2). Their analysis suggested that ADAS-cog and CDR-SB were more precise than MMSE at measuring the severity of cognitive dysfunction. The reliability of ADAS-cog scores for measuring change in more cognitively intact subjects between baseline and 1 year was improved by reweighting the scale subtests for AD subjects, but not MCI subjects, although overall reliability remained low (0.39–0.61 for MCI subjects and 0.53–0.64 for AD subjects) [22].

Application of a psychometric model to the free recall task of ADAS-cog suggested that impaired patients have deficits in both long-term memory encoding, and short-term memory retrieval, in addition to poorer transfer into long-term memory of items successfully retrieved from short-term memory, and poorer retention of items encoded into long-term memory after long delays [23]. Their immediate recall of encoded words and long-term memory were unaffected. Using a psychometric dual retrieval model, Brainerd et al. [24] found that differences in reconstructive retrieval, rather than recollective retrieval in the delayed recall component of the Rey Auditory Verbal Learning Test (RAVLT) distinguished MCI from AD subjects, and predicted conversion of MCI to AD more accurately than *APOE*  $\epsilon$ 4 status, supporting the idea that declines in nonrecollective processes characterize memory loss in AD. A comparison of methods for quantifying how quickly a list of words is learned in a verbal learning test concluded that simple slope calculations, while less highly correlated with structural brain changes, offered ease of calculation advantages over regression-based methods [25]. Finally, psychometric analysis showed that the RALVT 30-minute delayed recall score was the best predictor of A $\beta$  pathology with an accuracy equal to the best imaging biomarker, regional [<sup>18</sup>F]-fluorodeoxyglucose (FDG) PET measures (area under receiver operating curve [AUC] = 0.67 for both) [26] and that the addition of imaging biomarkers did not significantly improve either predictor. Overall, cognitive tests were more predictive of A $\beta$  status in *APOE4* – subjects.

## 2.2. Associations between cognitive measures and AD biomarkers

Several studies investigated the underlying neural correlates of cognitive measures. In early-stage risk groups (CN to early MCI [EMCI]), A $\beta$  was highly associated with *APOE* genotype, whereas EMCI subjects characterized by subtle memory performance changes were associated with decreases on structural MRI and metabolism on PET [16]. Episodic

memory decline in MCI patients was associated with hippocampal atrophy and basal forebrain degeneration in A $\beta$ + subjects [27], and the association was mediated by hypometabolism in domain-specific cortical networks. Cognitive impairment in MCI subjects in the absence of hippocampal volume loss was accounted for by changes in hippocampal texture [28]. In A $\beta$ - MCI subjects, episodic memory decline was correlated with hypometabolism in multiple regions outside the temporoparietal areas associated with memory deficits in A $\beta$ + MCI subjects [29]. Attentional control was associated with basal forebrain degeneration in MCI subjects [27]. Impairment of daily function was associated with greater hypometabolism in middle frontal and orbitofrontal regions [30] and temporal atrophy [31]. Worsening impairment of instrumental activities of daily living was associated with baseline middle frontal and posterior cingulate hypometabolism [30] and predicted by baseline parietal and temporal atrophy [31].

### 2.3. Associations between neuropsychiatric symptoms and AD biomarkers

Most patients with dementia suffer from neuropsychiatric symptoms (NPSs) such as anxiety, depression, apathy, and psychosis. MCI subjects differed in their trajectories of NPSs, with one group characterized by an initial low NPS burden that remained stable, a second group by an initial moderate NPS burden that worsened, and a final group with an initial high NPS burden that decreased over 2 years [32]. The group with worsening symptoms had the most rapid declines in cognition and function and had a 1.74 fold chance of being diagnosed with AD than the stable group.

Anxiety and irritability are common NPSs endorsed by cognitively impaired subjects. Anxiety was correlated with greater A $\beta$  deposition [33]. Anxiety severity was correlated with increased rate of progression from MCI to AD above and beyond the effects of depression, memory loss, or atrophy and predicted greater rate of entorhinal cortex atrophy [34]. Therefore, anxiety may accelerate cognitive decline by affecting the entorhinal cortex and influencing A $\beta$  deposition. Irritability was correlated with A $\beta$  deposition in parietal regions in AD subjects [33].

Approximately 40% of AD subjects suffer from depressive symptoms. Depression may either be a risk factor for developing dementia, a symptom of dementia, or an early reaction to cognitive loss. MCI converters (MCIc) with depressive symptoms had earlier ages of progression [35] and those with chronic depressive symptoms had a 60% shorter progression time to AD than subjects without this history of depression [36]. These symptoms may exert their effect via modulation of A $\beta$  load, tau pathology, brain structure, and/or metabolism. Amnesic MCI patients with a lifetime history of major depression had higher A $\beta$  deposition in the frontal cortex than controls [37]. Current depressive symptoms in A $\beta$ + MCI subjects were associated with a higher A $\beta$  load in the frontal, temporal, and insular cortices and with hypometabolism in the frontal cortices compared with nondepressed controls [38]. Depressed AD subjects had a greater correlation between levels of total tau (t-tau) and cortical thickness in the precuneus and parahippocampal cortex [39]. MCI subjects with depressive symptoms who converted to AD within 2 years had greater left hippocampal volume loss compared with converters without depressive symptoms [35]. Chronic depressive symptomatology was associated with accelerated cortical atrophy in the frontal

lobe and anterior cingulate [36], and AD subjects with depressive symptoms had greater cortical thinning in the left parietal and temporal regions [39]. Finally, CN, but not MCI or AD, subjects with subsyndromal depression had greater frontal WM lesion volume and smaller orbitofrontal cortical volumes than controls [40].

Psychosis in the form of symptoms, such as delusions, physical aggression, and hallucinations, has long been recognized in AD and is now known to be an independent predictor of more rapid cognitive decline. Substantial evidence suggests that AD with psychosis is a distinct variant of AD with neuropathological specificity and localization [41]. Current psychosis in AD subjects was associated with reduced orbitofrontal brain metabolism, and functional decline, and decline on the MMSE [42], and the onset of psychosis in MCI or AD subjects was most significantly associated with increased atrophy in the lateral frontal lobe [43]. Delusional MCI and AD subjects had greater atrophy in the right frontotemporal regions compared with those without delusions [44]. Hallucinations and apathy also appear to be associated with both changes in brain structure and in metabolism. MCI patients with apathy had decreased metabolism in the posterior cingulate cortex, a landmark region for hypometabolism in AD, compared to subjects without apathy [45]. Greater temporal and parietal atrophy at baseline in CN, MCI, and AD subjects was associated with worsening apathy and hallucinations over 3 years [46]. These studies support the idea that psychosis predominantly affects frontal brain regions, with concomitant reductions in regional glucose metabolism, resulting in an acceleration of cognitive decline.

#### 2.4. Other clinical risk or protective factors

A variety of other clinical factors have been associated with accelerated cognitive decline or in the preservation of cognition. Sleep breathing abnormalities such as snoring or complete airway obstruction have a high prevalence in the elderly and may be associated with cognitive impairment. Subjects with sleep-disordered breathing had an earlier age of progression from both CN to MCI, and MCI to AD than subjects without sleep-disordered breathing, but treatment with continuous positive airway pressure almost completely offset this effect and delayed MCI onset [47]. Epidemiological studies have suggested a link between dietary supplementation with fish oil, cancer history, and educational attainment, among other factors, and preservation of cognition. The use of fish oil supplements, containing omega-3 polyunsaturated fatty acids, in CN *APOE4*- subjects, was associated with preserved cognition, lower cortical gray-matter (GM) and hippocampal atrophy, and lower ventricular expansion, suggesting that fish oil supplementation may influence cognition by inhibiting brain morphology changes [48]. A history of cancer was associated with a later onset age of AD. Across the ADNI cohort, the number of previous cancer incidences incrementally increased the age of AD onset, from 81.7 to 84.3 to 85.7 years for subjects with zero, one, and two previous cancer incidences, respectively, and patients with a history of cancer showed regional atrophy in the frontal gyrus compared to patients with no cancer history [49]. These results suggest that alternative mechanisms to the metabolic survival theory (positing the metabolic survival of GM in these patients due to the presence of cancer cells that do not undergo apoptosis) may account for the delay in the onset of dementia in cancer survivors. The protective effect of educational attainment on cognition has led to the concept of cognitive reserve although the mechanisms underlying cognitive

reserve remain uncertain. Higher education and larger hippocampal volume were significantly associated in AD but not CN or MCI subjects [50]. However, large intracranial volume, a measure of brain reserve, increased the risk of progression to AD and increased the rate of cognitive decline and brain atrophy in male MCI *APOE4* noncarriers [51].

Falls are common in cognitively impaired elderly and can have serious consequences—around 13% of falls on the ADNI cohort are reported to be either serious or severe adverse events [52]. Alzheimer's medication use was associated with hazard of fall after adjusting for age and Beers list medications use, suggesting that clinicians need to be aware of this additional risk when managing medications for AD patients [52]. In addition, the use of medications with high anticholinergic activity in CN subjects was associated with decreases on structural MRI and metabolism on FDG PET, in addition to the known risk of these drugs for cognitive decline [53].

## 2.5. Conclusions

Recent publications of predominantly clinical and cognitive analyses have steadily expanded our knowledge in numerous areas. Psychometric analyses have resulted in methods of correlating cognitive tests, characterized the nature of memory loss in AD, and even shown that cognitive measures can predict A $\beta$  pathology. Neuropsychiatric symptoms in MCI subjects were associated with more rapid decline and generally found to accelerate atrophy, increase A $\beta$  burden, and decrease metabolism. Psychosis symptoms appeared to mainly affect frontal brain regions. The neuroprotective effects of education, cancer history, and fish oil suggested by epidemiological approaches were supported by studies investigating their association with brain morphology and *APOE4* status. Finally, changes on neuroimaging biomarkers in CN subjects were used to demonstrate the adverse effects of anti-cholinergic medications.

## 3. Magnetic resonance imaging

The ADNI MRI Core has played a central role in the development of biomarkers for clinical trials. Jack et al. [54] reviewed the contributions of the MRI Core over the course of ADNI-1, ADNI-GO, and ADNI-2. Major accomplishments of this Core include the development of standardized protocols for use across different scanner platforms, quality-control methodologies, and algorithms to measure longitudinal change for use as potential outcome measures in clinical trials. The MRI Core has been instrumental in standardizing imaging approaches for clinical trials in addition to structural MRI that reflect both technological development and evolving views of disease progression. These include sequences to image cerebrovascular disease (Fluid Attenuation Inversion Recovery [FLAIR]) and cerebral microbleeds (T2\* gradient echo), and functional measures such as perfusion MRI (arterial spin labeling), diffusion MRI (diffusion tensor imaging [DTI]), and task-free functional MRI (TF-MRI, resting-state fMRI). Functional measures were introduced primarily because of their potential to detect early disease-related changes occurring before the atrophic changes detected by structural MRI. Jack et al. [54] present an excellent review of studies pertaining to the MRI Core over the course of ADNI-2.



In 2008, ADNI entered into collaboration with the European Alzheimer's Disease Consortium to develop a harmonized protocol for manual hippocampal segmentation. The goal of this international endeavor was to create a standard definition for hippocampal boundaries and standard data sets to facilitate use of hippocampal volumetry in clinical trials. This project had many phases and succeeded through the concerted effort of many scientists. A summary of how the harmonized segmentation protocol (HarP) was established is presented in Fig. 3.

In the preliminary phase, the most reliable standard orientation for hippocampal volumetry was determined to be perpendicular to the anterior-posterior commissure [56]. Landmark variability across 12 manual segmentation protocols was reduced to four discrete and measurable segmentation units: the alveus/fimbria, whole hippocampal tail, and medial border of the body [57]. An international Delphi panel agreed on the inclusion of these segmentation units, finding that this definition captured 100% of hippocampal tissue and all of AD-related atrophy, and had good intrarater and interrater reliability estimates [58]. Two steps in the implementation of the HarP were the provision of benchmark labels which produced high intraclass and interclass correlation coefficients and could be used for training human tracers [59], and the development of a platform for training and qualifying new tracers to perform manual segmentation using the HarP [60]. Further validation for the protocol came from comparison of hippocampi segmented by tracers following local protocols and then segmented following the HarP [55]. Local protocols were in low agreement compared to the high measurement stability and good reproducibility within and among human tracers using the HarP. Pathological validation revealed that hippocampal volume was significantly correlated to Braak and Braak staging, tau, A $\beta$  burden, and neuronal count and that hippocampal subfields were associated with A $\beta$ , tau, and neuronal count [61]. A set of reference hippocampal labels in the HarP is publicly available on the Web for training and qualification of human tracers and automated algorithms [55,62].

Although manual segmentation is currently considered the gold standard approach to determining hippocampal morphology, the method is time consuming and dependent on the experience of tracers. Therefore, there is much interest in developing automated methods that can successfully segment this highly variable structure in clinical settings as well as for large brain imaging initiatives such as the Enhancing Neuro Imaging Genetics through Meta Analysis (ENIGMA) consortium. The subregion segmentation module in the FreeSurfer software package had high test-retest reliability and trans-platform reliability in 11 of the 12 human hippocampal subregions [63]. FreeSurfer had superior reproducibility of hippocampal volume change over 1 year to manual segmentation after removal of initially visible incorrect automated segmentation [64]. A large number of novel methods for robust and fully automated hippocampal segmentation have been developed and tested on ADNI data. These are summarized in Table 2.

The ADNI set of MRI images has been instrumental in the development of new methodologies for improving imaging at multiple stages and in the assessment of existing methodologies. These run the gamut from image acquisition at different field strengths [81–85] to brain extraction strategies [86,87] to improvements in registration and segmentation [88–96] to approaches for measuring longitudinal change [97–107] to cortical thickness

estimation [108,109] to better morphometry techniques [110–117]. Many of these studies have been detailed by Jack et al. [54] and are summarized in Table 3.

Finally, the ADNI MRI data set has been used in investigations of other neurological conditions. The ADNI control set was used in the comparison of NeuroQuant, an automated measure of brain volume in patients with traumatic brain injury, with manual interpretation of scans [119], and in the investigation of systematic differences in corpus callosum for morphology and periventricular nodular heterotopia [120].

## 4. Positron emission tomography

The ADNI PET Core, under the leadership of Dr. William J. Jagust, has collected longitudinal data on glucose metabolism, reflecting changes in neuronal metabolism, from FDG PET and on A $\beta$  deposition from the uptake of radiotracers, <sup>11</sup>C-Pittsburgh compound (PiB) tracer in ADNI-1, and subsequently the <sup>18</sup>F-labeled florbetapir [121].

### 4.1. FDG PET

The ADNI PET Core has been responsible for the development of standardized procedures for FDG PET [121]. The importance of standardized procedures for FDG PET was underscored by a Cochrane systematic review of studies, including three from ADNI, that used baseline FDG PET measures to predict future MCI to AD progression [122]. The meta-analysis found considerable variability in specificity values, thought to be due to the lack of standardization and a lack of a threshold value for abnormality, and the review concluded that these obstacles precluded the use of FDG PET as a diagnostic modality in clinical practice. The PET Core has addressed these issues by developing image registration strategies to improve the consistency of qualitative values extracted from the scans, improving the quality-control process, and producing standardized sets of preprocessed images available for download from LONI. The PET Core discontinued conducting FDG PET scans on ADNI participants in 2014, having amassed a considerable library of longitudinal scans for future analysis [121].

### 4.2. Amyloid PET

The importance of A $\beta$  status is underscored by its inclusion in the revised diagnostic criteria for AD [123] and by its use in the selection of asymptomatic subjects likely to progress for therapeutic clinical trials. The ADNI PET Core has worked on methodological quality assurance and control, as well as the standardization of A $\beta$  PET images [121]. Collection of longitudinal data has enabled the examination of rates of A $\beta$  accumulation and its effect on cognitive decline [121]. Longitudinal changes in cortical florbetapir standardized uptake value ratios (SUVRs) were more accurately measured by the use of subcortical WM reference regions compared with the cerebellum or pons [124]. These reference regions also increased the power to detect longitudinal increases in fibrillar A $\beta$  and significant associations between A $\beta$  increases and clinical decline over 24 months and improved the evaluation of A $\beta$ -modifying treatment effects in A $\beta$ + subjects and CN *APOE4* carriers [125].

Are the different A $\beta$  ligands themselves equivalent in terms of detecting A $\beta$ ? Chiotis et al. [126] compared <sup>11</sup>C PiB and florbetapir PET imaging and found similar mean regional uptake patterns and strong correlations between regions of interest across patient groups. Landau et al. [127] found that cortical retention between three radiotracers, <sup>11</sup>C PiB, florbetapir, and <sup>18</sup>F-flutemetamol were highly correlated. Although flutemetamol had higher WM retention and florbetapir had lower WM retention compared with PiB, the threshold values for A $\beta$  positivity were consistent when the values were converted using PiB values as an intermediary. Thus, comparison of results obtained using different radiotracers appears to be valid, a conclusion supported by the comparable results using all three measures obtained by Nosheny et al. [128] in their investigation of the effect of A $\beta$  positivity on hippocampal atrophy. A focus of the next phase of ADNI will be the development of the Centiloid scale for the direct comparison of amyloid tracers [2].

#### 4.3. Tau PET imaging

The accumulation of A $\beta$  plaques is only minimally associated with cognitive decline, which appears to be more closely associated with neurofibrillary tangles (NFTs) formed by tau amyloid fibrils [129]. Insoluble fibrillar species of tau assemble into intraneuronal inclusions known as NFTs as well as neuropil threads in neuronal processes, which represent >80% of tau pathology in AD compared with NFTs [130]. Notably, NFTs and neuropil threads in AD brains display all the features of amyloids [131]. Soluble tau detected in cerebrospinal fluid (CSF) is a putative indicator of neuronal damage as indicated by increases in CSF tau after traumatic brain injury [132]. New developments in tracer technology have led to the development of PET ligands that track tau fibrillary amyloid accumulation. The inclusion of this imaging in ADNI-3 [2] will likely help to unfold the contribution of this pathological event to the disease process [133].

### 5. CSF and blood biomarkers

The study of CSF and blood biomarkers in ADNI is led by the Penn Biomarker Core and overseen by Drs. Leslie M. Shaw and John Q. Trojanowski. A detailed account of progress throughout ADNI-2 and future plans is given by Kang et al. [129]. The primary goals of the Biomarker Core have been to develop CSF and plasma biomarkers signatures to identify AD subjects, CN to MCI progressors, and MCI to AD progressors, and to establish the longitudinal trajectories of CSF and plasma biomarkers. Multimodal data analyses in collaboration with other ADNI Cores have established the temporal order of changes in clinical measures, imaging data, and CSF biomarkers and allowed a greater understanding of AD pathophysiology. A secondary goal has been to develop biomarkers to detect common copathologies such as Lewy bodies, vascular disease, TDP-43 inclusions, and hippocampal sclerosis. Potential novel biomarkers have been identified from genome-wide association studies (GWAS) in collaboration with the Genetics Core and using proteomics approaches. These biomarkers may be able to not only detect AD pathology but also indicate the presence of mixed pathology. Through January 2016, the Biomarker Core received and processed a total of 10,279 biofluids (CSF, plasma, and serum) and prepared and stored 161,301 aliquots for use by qualified investigators. They provided a total of 2635 plasma, 1051 serum, and 3622 CSF blinded aliquot samples to 15 investigators whose request for

samples was reviewed and approved during ADNI-2 by the Resource Allocation Review Committee. To track the longitudinal progression of all biomarkers, 265 ADNI subjects have provided series of three or more CSF samples over as much as 8 years. A total of 1248 subjects have provided at least three longitudinal samples of serum and plasma. These have proven invaluable for the study of CSF A $\beta$ <sub>42</sub>, t-tau, and p-tau<sub>181</sub> trajectories in individual subjects [129] and will help establish the trajectories of new biomarkers such as YKL-40, Vilip-1, total and phosphorylated  $\alpha$ -SYN (Ser129- $\alpha$ -SYN), as well as neurogranin.

## 5.1. Established CSF biomarkers

**5.1.1. Methodological improvements**—The Biomarker Core has improved standard methodologies that allow the accurate comparison of CSF biomarker results across multiple centers. They have developed fully automated analyses of A $\beta$ <sub>42</sub>, t-tau, and p-tau<sub>181</sub> using the accuracy- and precision-based Roche Elecsys immunoassay platform, which improves on the AlzBio3 immunoassay platform. To circumvent difficulties associated with standardizing immunoassays across multiple centers (differences in antibodies, matrix problems, the lack of a CSF-based standard reference material), they have validated a mass spectrometry (MS) assay for A $\beta$ <sub>42</sub>, A $\beta$ <sub>40</sub>, and A $\beta$ <sub>38</sub> using a 2D-UPLC/MS-MS platform [129,134], calibrated with a surrogate calibrator matrix prepared from artificial CSF plus 4 mg/mL bovine serum albumin. This assay had equivalent diagnostic utility to the AlzBio3 immunoassay in quantifying CSF A $\beta$ <sub>42</sub> differences between controls and AD subjects (sensitivity = 92.7%, specificity = 84.5%) [134]. This reference method was developed as part of an international effort to develop reference methodology for A $\beta$ <sub>42</sub> [135]. It is expected that this will strongly support ongoing efforts to obtain harmonization across methods and platforms used worldwide for this essential CSF AD biomarker [136].

Another methodological improvement was described by Vidoni et al. [137] who demonstrated that the use of 24 bore atraumatic needles reduced the incidence of postlumbar puncture headache.

**5.1.2. Comparison of CSF and PET measures of A $\beta$** —CSF A $\beta$ <sub>42</sub> and amyloid PET measures are often assumed to be equivalent, but this may not be a valid assumption because the structure and biophysical properties of A $\beta$  fibrils (measured by amyloid PET) and soluble A $\beta$  (measured by CSF A $\beta$ <sub>42</sub>) differ [138]. Some CN and stable MCI subjects have abnormally low CSF A $\beta$  measures but no evidence of A $\beta$  amyloid deposits by PET measures, suggesting that low CSF A $\beta$ <sub>42</sub> may not always be indicative of the accumulation of PET-detectable fibrillary A $\beta$  deposits or alternatively that CSF A $\beta$ <sub>42</sub> becomes abnormal before amyloid PET [139]. However, pathologically low CSF levels of A $\beta$ <sub>42</sub> were strongly associated with AD diagnosis and cortical A $\beta$  accumulation independent of *APOE* genotype, suggesting that abnormally low CSF levels of A $\beta$ <sub>42</sub> reflect cortical A $\beta$  deposition and not the *APOE* genotype [140].

However, the two measures appeared comparable in the classification of MCI converters or AD subjects [139] compared to CN subjects, although florbetapir PET had a greater specificity than CSF A $\beta$ <sub>42</sub> for the latter classification. These measures provided partly different and independent information according to a further study by the same group [141].

CSF A $\beta$ <sub>42</sub> was more strongly related to *APOE4* genotype, whereas PET A $\beta$  was more strongly associated with levels of CSF tau and ADAS-cog scores. Furthermore, discordance between the two measures was most common in CN and SMC subjects (Fig. 4) and concordance between the two was more common in late-stage AD. The results suggest that CSF A $\beta$ <sub>42</sub> is a more sensitive marker of very early emergence of A $\beta$  pathologies and that PET A $\beta$  may better reflect later stage AD progression.

**5.1.3. Amyloid pathway—**A $\beta$  is generated by the sequential action of b-site amyloid precursor protein (APP) cleaving enzyme 1 (BACE1), the target of  $\gamma$ -secretase inhibitors, and  $\beta$ -secretase on the trans-membrane A $\beta$  precursor protein. This process also generates a soluble N-terminal fragment, s-APP $\beta$ , reported to be correlated with BACE-1 activity [142]. Independent studies found no differences in either activity of BACE1 [142–144] or concentrations of s-APP $\beta$  [142,143] in CSF across all patient groups. Although these measures cannot be used to differentiate between healthy elderly and AD individuals, the results suggest that CSF levels of s-APP $\beta$  may be used as a surrogate for BACE-1 activity in clinical trials of  $\beta$ -secretase inhibitors.

## 5.2. Other CSF and blood analytes

Beyond established CSF biomarkers, A $\beta$ , and p-tau<sub>181</sub>, there has been much interest in alternative CSF and blood analytes that are in some way associated with the disease process. Some have been already identified as AD risk factors or as being linked to common copathologies. Other novel analytes have been identified using Rules Based Medicine immunoassay technology and may have diagnostic or prognostic utility.

**5.2.1. Associations between known AD risk factors in CSF and blood and AD pathology—**Abnormally high blood homocysteine is a major cardiovascular risk factor as well as a risk factor for AD and was previously shown to be associated with lower regional WM and GM volumes in ADNI [145]. High levels of plasma homocysteine were associated with a cortical signature of reduced GM thicknesses, volumes, and surface areas in memory networks and the default mode network (DMN) [146], both of which are susceptible to A $\beta$  deposition, metabolic disruption, and atrophy, and consistently implicated in AD. As elevated homocysteine is easily treatable, this cortical biomarker signature may have utility in assessing interventions for lowering homocysteine.

Low plasma levels of the obesity-related hormone leptin have been linked to AD pathogenesis. Conversely, high levels of leptin may function in a protective manner by regulating levels of A $\beta$  in neurons through the inhibition of  $\beta$ -secretase activity and by modulating tau kinases to reduce tau phosphorylation [147]. Johnston et al. [148] reported that leptin levels in plasma reflected those in CSF, and that women had two-fold higher plasma levels of leptin than men in all groups. In women but not men, leptin levels were associated with body mass index. Seventy percent of MCI subjects, of whom half were *APOE e4* allele carriers, had lower plasma leptin than CN subjects. Given that reduced plasma leptin levels have been established in MCI and AD subjects, Maioli et al. [147] examined brain leptin levels across AD progression, including cellular localization of leptin and leptin receptors in the hippocampus and frontal cortex. Although they found no

differences in CSF leptin levels across all diagnostic groups, they found that leptin localization in the brain was altered. In AD subjects, distribution shifted to the hippocampus where leptin translocated to become more abundant in reactive astrocytes and less so in neurons. A similar translocation was observed in A $\beta$ + and *APOE*  $\epsilon$ 4+ mice, suggesting an impairment of leptin signaling in AD in the presence of constant levels of the hormone. Animal models of A $\beta$  accumulation indicated that changes in leptin signaling occurred before a downregulation of leptin receptors. The authors suggest a mechanism in which *APOE*  $\epsilon$ 4 allele, in conjunction with A $\beta$  accumulation, transiently enhances leptin signaling leading to a leptinresistant state over time and subsequent decrease in cognition. Changes in leptin signaling are likely behind the observation that increased body mass index in the middle age is a risk factor for AD [149].

How do the gene products of major AD risk alleles exert their effect on the brain? Several groups have used multi-modal ADNI data to gain insight into this critical question, bridging the gap between genetics and pathophysiology. Three isoforms of the *APOE* gene product, apolipoprotein E (ApoE), corresponding to the  $\epsilon$ 2,  $\epsilon$ 3, and  $\epsilon$ 4 alleles, are found in CSF and blood. Plasma ApoE was mildly correlated with CSF ApoE, but not with longitudinal changes in cognition or atrophy [150], and was associated with left hippocampal volume in *APOE* $\epsilon$ 4+ MCI subjects [151]. The *APOE*  $\epsilon$ 4 allele may increase neurodegeneration via a mechanism involving brain iron levels. CSF ferritin levels, reflecting cortical iron levels, were strongly associated with CSF ApoE levels in AD subjects and were elevated by the *APOE*  $\epsilon$ 4 allele [152]. They were also associated with ADAS-cog scores and greater rates of hippocampal atrophy and ventricular expansion (Fig. 5) and predicted MCI to AD progression [152]. Interestingly, ferritin affected cognitive performance to a similar degree as ApoE and p-tau/A $\beta$ <sub>42</sub>. However, the analytes differed in the level of their effect over time; the effect of ferritin was constant, whereas the effect of both ApoE and p-tau/A $\beta$ <sub>42</sub> increased with disease severity resulting in a greater decrease in cognitive performance over time. ApoE may raise the baseline iron load of the brain and so lower the threshold for iron-mediated neuronal loss.

Although Apo E4 appears to underlie neurodegeneration, Apo E2 or Apo E3 may exert a neuroprotective effect. In carriers of the *APOE*  $\epsilon$ 2 and  $\epsilon$ 3 alleles but not the  $\epsilon$ 4 allele, increased levels of CSF ApoE were associated with higher p-tau, an indicator of neuronal damage, whereas decreased baseline levels of ApoE were associated with worse longitudinal cognitive decline, MCI progression, and atrophy rate independent of CSF p-tau/A $\beta$ <sub>42</sub> ratio [150]. Therefore, Apo E2 or Apo E3 may be increased in CSF in response to neuronal injury and protect against neurodegeneration by decreasing neuronal damage independent of tau and A $\beta$  deposition.

*CLU*, the gene for clusterin, has been identified and confirmed as an AD genetic risk factor [153–155]. Deming et al. [156] searched for additional SNPs associated with clusterin levels and used gene ontology analyses to identify molecular mechanisms by which *CLU* may exert its action. They found that CSF, but not plasma, levels of clusterin were significantly higher in AD subjects and were correlated with both p-tau/A $\beta$ <sub>42</sub> ratio and CSF ApoE, suggesting that clusterin and ApoE may interact to influence A $\beta$  deposition. Clusterin may

contribute to immune system changes observed in AD or disrupt healing after neurodegeneration [156].

### 5.2.2. Associations between novel CSF and blood analytes and AD pathology

—Mattsson et al. [157] selected a panel of 70 CSF proteins involved in biological functions such as A $\beta$  metabolism, microglia activity, and synaptic/neuronal function that may be altered in the early stages of AD. At baseline, several proteins in addition to A $\beta$  and tau were mildly associated with atrophy over 4 years in specific regions: apolipoprotein D,  $\alpha$ -1-micro-globulin, apolipoprotein CIII, apolipoprotein H, and interleukin 6 with the middle temporal cortex; apolipoprotein CIII, apolipoprotein D,  $\alpha$ -1-microglobulin, apolipoprotein H, and interleukin 16 with the inferior temporal cortex. Several proteins (ferritin, S100b, apolipoprotein CIII, apolipoprotein H, and hepatocyte growth factor) were associated with atrophy rates that interacted with A $\beta$ , suggesting that they act via an A $\beta$ -dependent mechanism, but others appear to act via an A $\beta$ -independent mechanism. The proteins identified, if replicated, may represent novel prognostic biomarkers of AD-related atrophy in CN subjects.

Synaptic dysfunction occurs in the early stages of AD and is followed by neurodegeneration. Several studies have concentrated on finding novel CSF analytes as potential biomarkers for this process. Levels of a postsynaptic protein neurogranin appear to reflect synaptic degeneration. CSF neurogranin levels were significantly higher in AD subjects and MCI converters than in CN subjects [158]. Moreover, neurogranin levels predicted decreased MMSE and increased ADAS-cog scores and were correlated with longitudinal reductions in cortical glucose metabolism and hippocampal volume. Neurogranin levels were significantly increased in A $\beta$ + subjects, and elevated levels were detected even in non-symptomatic subjects, suggesting that it may be an independent novel biomarker for synaptic pathology. Paterson et al. [159] identified several analytes using a CSF multiplex analyte panel that influence the rate of neurodegeneration in A $\beta$ + subjects. Low trefoil factor 3 was strongly associated with higher rates of whole-brain atrophy, ventricular expansion, and hippocampal atrophy. High cystatin predicted higher whole-brain atrophy and hippocampal atrophy rates, and low vascular endothelial growth factor (VEGF) and chromogranin A were associated with higher whole-brain atrophy rate. After adjustment for baseline volume, p-tau, age, sex, *APOE4* status, and diagnosis, trefoil factor 3 was still associated with increased hippocampal atrophy rate and may be a valuable biomarker for decline in AD.

AD is characterized by degradation of WM tracts which progressively disconnect cortical and subcortical regions. Neurofilaments (NFs) are structural components of the neural cytoskeleton and are abundant in large caliber myelinated axons of the WM tracts. Zetterberg et al. [160] investigated the associations of its low molecular weight subunit, NFL, in CSF with diagnostic status, cognitive decline, and WM change. CSF NFL was elevated in AD subjects compared to stable MCI and CN subjects, and correlated with accelerated cognitive decline (MMSE and ADAS-cog), WM change, and increased whole-brain atrophy, ventricular expansion, and hippocampal atrophy in MCI subjects. These results suggest that NFL may be a useful biomarker for tracking axonal degeneration, where NFs are most abundant, and this is associated with the degradation of WM tracts in cognitive decline.

VEGF has been implicated as a neuroprotective factor in AD, possibly neutralizing the damaging effects of the AD pathological cascade through improvements in vascular survival. Hohman et al. [161] found that higher levels of VEGF were associated with larger baseline hippocampal volume, lower hippocampal atrophy over time, lower episodic memory decline, and lower executive function decline over time. The neuroprotective effect of VEGF, which was greatest in MCI subjects, appeared to be enhanced in the presence of AD CSF biomarkers. In A $\beta$ <sup>+</sup> subjects, higher VEGF levels were associated with better memory performance, and in tau<sup>1</sup> subjects, higher VEGF levels were associated with lower hippocampal atrophy, and decline in memory and executive function. These results suggest that angiogenic factors may be important in individuals with biomarker abnormalities consistent with early AD. The mechanism by which VEGF reduces risk of neurodegeneration is unknown. Leung et al. [162] searched for CSF analytes associated with A $\beta$  positivity and also identified fatty acid binding protein and VEGF, along with less strongly associated analytes including resistin, CD40 antigen, prolactin, lipoprotein A, and hepatocyte growth factor. These analytes are involved in different aspects of AD pathophysiology, including inflammatory response, lipid metabolism, atherosclerosis, and insulin resistance, and are potential biomarkers that require future validation in independent cohorts.

Another factor reported to be protective against AD, possibly through its modulation of A $\beta$  accumulation, is brain-derived neurotrophic factor (BDNF), a widely distributed neurotrophin with multiple functions including neuronal differentiation, regulation of synaptic function, and modulation of hippocampal long-term potentiation, learning, and memory formation. Hwang et al. [163] found a significant negative association between BDNF protein levels in plasma and brain A $\beta$  burden, measured by PiB PET, in the lateral temporal, inferior parietal, and inferior frontal, anterior and posterior cingulate, and orbital frontal regions. In a separate study [164], the Val66Met polymorphism which is associated with lower BDNF secretion in vitro was not associated with hippocampal volume or memory. Therefore, plasma BDNF levels may act as a biomarker of A $\beta$  pathology but not of volumetric or cognitive changes in the brain. Analytes identified in these studies are summarized in Table 4.

**5.2.3. CSF and plasma analytes for the detection of copathologies**—There is a growing awareness that copathologies such as Lewy bodies, vascular disease, TDP43 inclusions, and hippocampal sclerosis are common and may explain the variability in AD progression [169]. The development of biomarkers to predict coincident pathologies that are frequently observed in clinically diagnosed AD patients would be of great clinical utility and may improve the diagnostic and prognostic abilities of established CSF biomarkers alone [129]. One of the most common comorbidities in AD, present in 10%–40% of AD patients, is the presence of Lewy bodies, composed of  $\alpha$ -synuclein ( $\alpha$ -syn). Symptoms of dementia with Lewy bodies include hallucinations, visual spatial impairment, and executive dysfunction but it is not known how reduced CSF  $\alpha$ -syn relates to AD symptoms. Mackin et al. [170] reported that 20% of AD, 13% of MCI, and 8% of CN subjects reported hallucinations and that CSF  $\alpha$ -syn was reduced in these AD subjects. Lower CSF  $\alpha$ -syn was associated with decreases in memory and language, as well as executive function, suggesting



that Lewy bodies may be related to overall cognitive decline in addition to the characteristic hallucinations of dementia with Lewy bodies.

A non-AD pathway to dementia was outlined by Alcolea et al. [144]. They reported that preclinical subjects as well as subjects with suspected non-Alzheimer's pathology (SNAP) had higher levels of YKL40, a marker of neuroinflammation, than A $\beta$ + subjects early in disease progression. This suggests that neuroinflammation can emerge through a non-A $\beta$ -related pathway and that it is also detectable in CSF in preclinical stages in non-A $\beta$  degenerative disorders. The correlation between YKL40 levels and age regardless of *APOE* status suggests that low-grade inflammatory processes are present in the brain even in the absence of A $\beta$ . These findings suggested that CSF YKL40 levels increase with aging, preclinical AD, and SNAP and correlate closely with markers of neurodegeneration.

### 5.3. Conclusions

Considerable progress has been made in 2014 and 2015 by the ADNI Biomarker Core in improving methodologies for measuring established CSF biomarkers and establishing relationships between different measures of A $\beta$ . The ADNI Biomarker Core has also emphasized the need to detect copathologies, such as  $\alpha$ -syn amyloid deposits in Lewy bodies which were associated with symptoms specific to AD in addition to those characterizing dementia with Lewy bodies. SNAP may be associated with YKL40, a marker of neuroinflammation. Cerebrovascular risk factors homocysteine and body mass index, as reflected in CSF leptin levels, have been linked to aspects of AD pathology. A number of studies have addressed the mechanism of action of the *APOE*  $\epsilon$ 4 allele via its CSF and blood ApoE protein. ApoE may modulate iron levels leading to oxidative damage-induced neurodegeneration or act in conjunction with A $\beta$  to enhance leptin signaling. Confirmed AD genetic risk factor, *CLU*, may exert its effect via immune response. Another focus has been the use of proteomic approaches to identify primarily CSF analytes associated with atrophy, and cortical A $\beta$  load, WM degradation, and cognitive decline that capture distinct information from those identified by traditional CSF biomarkers. These include fatty acid binding protein, apolipoproteins AII, CIII, D, and H, interleukins 6 and 16, ferritin, and chromogranin A. Conversely, several studies point to VEGF and BDNF as being neuroprotective.

## 6. Studies of genetic associations

Studies of ADNI genetics data have been instrumental in deepening our understanding of AD pathophysiology by bridging the gap between the genetic underpinnings and biochemical mechanisms of the disease. The Genetics Core, under the aegis of Dr. Andrew Saykin, has collected blood samples at every patient visit, extracted both DNA and RNA, and performed *APOE*, *TOMM40*, and genome-wide array genotyping, whole-exome sequencing, and whole-genome sequencing (the latter generously supported by the Brin-Wojcicki Foundation and the Alzheimer's Association [171]). The rich ADNI longitudinal data set contains many biomarkers that can serve as quantitative endophenotypes for genetic association studies, increasing the power to detect biologically meaningful associations. In accordance with ADNI policy, all genetics data, like other data, have been made available to

the wider scientific community, resulting in well over 300 publications by 2014 that analyzed ADNI data sets. This section describes the work of the Genetics Core and the approximately 80 publications arising from ADNI genetics data in 2014 and 2015.

### 6.1. Reviews

Saykin et al. [171] outlined the progress and plans of the ADNI Genetics Core and systematically reviewed 106 articles published between 2009 and 2012. These investigations ran the gamut from large meta-analytic case-control GWAS to GWAS of quantitative endophenotypes, to studies which select genes from a particular pathway thought to be involved in AD, to those pinpointing the effects of a particular polymorphism or gene. GWAS conducted by a multistudy consortia have identified and replicated approximately 20 genes in addition to *APOE* that confer risk or have protective roles in AD [172]. A number of these (*APOE*, *BINI*, *CLU*, *ABCA7*, *CR1*, *PICALM*, *MS4A6A*, *CD33*, *MS4A4E*, and *CD2AP*) have been identified or confirmed using ADNI data. In addition, many novel candidate risk and protective loci cut have been identified using ADNI genetics data and quantitative imaging, cognitive, and fluid phenotypes (Fig. 6) [172]. However, these loci account for only a portion of disease heritability. As AD is a multigenic disorder influenced by environmental factors and epistasis, the Genetics Core has emphasized a Systems Biology perspective in which candidate genes identified in GWAS or from likely mechanistic biological pathways are studied for their associations with mRNA and other phenotypes. It is hoped that this integrative functional genomics approach will capture the biological complexity at multiple levels including genomic, transcriptomic, proteomic, and metabolomic (Fig. 7).

ADNI genetic studies also hold promise for improving clinical trial design and identifying therapeutic targets. Stratification and subject selection, currently limited to *APOE*, could likely be improved by the incorporation of combinatorial sets of genes that have a biologically relevant underpinning such as a target pathway. In a similar way, an improved understanding of pathways and mechanisms of association between AD risk genes in disease will provide therapeutic targets [171]. In the future, the ADNI Genetics Core will collect samples for the production of induced pluripotent stem cells. This will allow development of in vitro models that can bridge the gap between animal models and clinical development and that can improve phenotypic characterization of disease heterogeneity.

ADNI genetics data have contributed to a number of meta-analytic studies, most notably the ENIGMA consortium, a global collaborative network of over 500 scientists involved in neuroimaging genetics [173,174]. Using neuroimaging data from nearly 13,000 subjects, ENIGMA is studying 12 major brain diseases including schizophrenia, bipolar illness, and major depression and has identified a number of genetic loci that affect brain volumes, and how they may act to increase the risk of these diseases.

### 6.2. Genetic association studies

Two fundamentally different approaches have been used to characterize associations between genetic loci and phenotypes using ADNI data. Genotype approaches select candidate SNPs, genes, or pathways from a priori knowledge of biological function and test

for their association with selected imaging or fluid biomarkers. Although this approach cannot discover new genes, it can examine the effect of interactions between loci and phenotypic variation. The main alternative approach is to begin with a phenotype and search the genome for significantly associated loci. This approach can discover new genes but is often hampered by problems of ultrahigh dimensionality and multiple comparisons and ignores spatial information in imaging data and correlations between genetic markers due to linkage disequilibrium and epistatic effects. A popular hybrid approach is to select candidate loci and then apply further biologically informed enrichment methodologies. Genetic association studies from 2014 and 2015 are summarized in Table 5; confirmed and novel risk or protective loci identified from ADNI studies during this period are detailed in Table 6.

### 6.2.1. Genotype

**6.2.1.1. APOE:** The APOE  $\epsilon$ 4 allele is the single locus that confers the greatest risk for sporadic late-onset AD. Carriers of this allele have greater hippocampal atrophy rates than noncarriers [175,176], significant morphological deformation of the left hippocampus [177], accelerated rates of atrophy in limbic and cortical areas, particularly the amygdala [176], faster ventricular expansion, and regional patterns of ventricle morphology [178]. Although a family history of AD was associated with greater regional longitudinal atrophy rates in MCI participants, these were accounted for by *APOE4* genotype [232]. These studies suggest that there is a genotype-specific network of brain regions associated with the *APOE*  $\epsilon$ 4 allele that undergoes faster atrophy and morphological changes. The effect of this allele is stronger in women than in men. Sampedro et al. [179] found that female *APOE4* carriers had widespread brain hypometabolism and cortical thinning in several regional clusters compared to female noncarriers, whereas male *APOE4* carriers differed only slightly from male noncarriers (Fig. 8). However, male *APOE4* carriers had a higher risk of cerebral cortex microbleeds than the male noncarriers, suggesting that there is a differential sex bias of the *APOE4* allele on diverse aspects of disease pathology.

### 6.2.1.2. Candidate SNPs and genes

**6.2.1.2.1. SNPs in confirmed risk alleles:** Candidate SNPs for association studies are chosen because of their location in confirmed AD risk alleles or in genes of suspected importance on the basis of biological function. SNPs in *BINI* (rs744373), *CD2AP* (rs9349407), and *CRI* (rs3818361) (AD risk variants implicated in A $\beta$  deposition) modulated the association between plasma ApoE levels and cortical A $\beta$  load in different directions (Fig. 9), independent of *APOE4* carrier status, suggesting that these genes interact with *APOE* to modulate A $\beta$  accumulation and clearance [181]. Genetic variants in the recently confirmed AD risk factor, *UNC5C*, were associated with the atrophy rate of the left hippocampus and right precuneus [182]. The protective A allele of rs11771145 in *EPHA1* prevented hippocampal atrophy in MCI subjects and was associated with lower atrophy and greater metabolism in the temporal gyri in AD subjects [183]. Whole-exome sequencing identified a coding missense variant, p.S144G, in *TREML2* responsible for the previously noted protective effect against AD [184]. This functional variant was associated with a reduced risk of AD, whereas a missense variant in *TREM2*, p.R47H had the opposite effect, independent of p.S144G. Cell-based analyses implicated the involvement of these variants in the modulation of microglial activation, possibly influencing A $\beta$  clearance. Minor allele G

carriers of rs2718058 in a recently confirmed preventive locus adjacent to *NME8* had higher CDR-SB scores, lower occipital gyrus atrophy, greater metabolic rate and ventricular expansion, and a lower rate of hippocampal atrophy than carriers of the major A allele, suggesting that the minor allele may confer its protective effect by inhibiting neurodegeneration [185]. The G allele in rs2070045 within *SORL1* was associated with increased CSF tau and hippocampal atrophy, and a haplotype in this region was associated with higher tau and p-tau<sub>181</sub>, suggesting that *SORL1* may increase AD risk by increasing neurodegeneration [186]. Finally, top risk allele, *CFH*, but not risk alleles *CR1*, *CD33*, *CLU*, and *TREML2*, were strongly associated with AD in a Chinese cohort [187], suggesting that the genetics of AD may differ among diverse populations.

The gene-gene interaction between *CLU* and *MS4A4E* was associated with *APOE4* status and may have a possible dominant effect [188]. Lack of these risk alleles was estimated to decrease AD incidence by 8%. *CR1* and *EPHA1* interacted with cardiovascular disease risk factors to reduce hippocampal volume [189]. Cardiovascular risk dominated the genetic risk of these loci in terms of interaction effect such that at low genetic risk, high cardiovascular risk factors had a more detrimental effect (Fig. 10). These findings indicate that *CR1* and *EPHA1* may contribute to the etiology of late-onset neurodegeneration in the presence of cardiovascular disease.

**6.2.1.2.2. SNPs in genes targeted for biological function:** Several studies have targeted genes with biological functions implicated in AD. Rare variants of *PLD3* are confirmed AD susceptibility loci; phospholipase D3 modulates APP processing. However, a common variant in the same gene, rs10407447, was associated with regional metabolism and lateral ventricular volume in CN and MCI subjects [190]. A study of SNPs found in genes preferentially expressed in the hippocampus identified a novel locus, *NAV2* (neuron navigator 2), associated with episodic memory scores [191]. Neuron navigator 2 is involved in neurite outgrowth and cell migration.

Abnormal cholesterol levels increase the risk of AD and are influenced by several common genetic variants. Increased G allele dosage of rs5882 (p.I405V) in *CETP* (cholesterylester transfer protein) was associated with measures of WM integrity (lower fractional anisotropy and higher radial and mean diffusivities) in older individuals, suggesting that high cholesterol may increase AD risk through the degradation of WM integrity [192]. 3-hydroxy-3-methylglutaryl-CoA reductase plays a central role in the production of cholesterol and is the target of statins which reduce the risk of sporadic AD by as much as 70% in midlife. AD carriers of the G allele of rs3846662 in *HMGCR* had both a delayed age of onset and a reduced risk of AD [193]. The effect was greatest in women. In MCI subjects, the G allele reduced progression to AD over 3 years, even in *APOE4+* subjects, providing further support for the protective role of this allele.

Altered dopamine transmission affects many aspects of brain function, including the formation of A $\beta$ , and contributes to cognitive impairment. Dopamine transporter protein, encoded by the *DAT1* gene, regulates neurotransmission by modulating dopamine receptors. The minor C allele of rs6347 in *DAT1* was associated with poorer cognitive performance, greater ventricular expansion, and greater dementia risk, independent of *APOE* genotype

[194]. Although the mechanism of action of this polymorphism is unknown, dopamine neurotransmission may be a useful target for anti-dementia drugs. Delta opioid receptors promote the processing of APP and are implicated in various psychiatric and neurological disorders. A common variant (rs678849) in the *OPRD1* gene was associated with regional brain volume differences in healthy elderly and may predict levels of CSF biomarkers [231].

**6.2.1.3. Candidate pathways and epistatic interactions:** The top 10 AD susceptibility genes explain only 35% of the variability in disease risk [233]. It has become apparent that studies of single loci are not sufficient to unravel the complex genetic etiology of the disease. It is thought that the “missing heritability” may come from the association of multiple variants in genes interacting in functional pathways. Variation in genes involved in oxidative phosphorylation (OXPHOS), summarized by an OXPHOS genetic risk score, is associated with an increased risk of stroke. Stroke increases the risk of AD, and the OXPHOS genetic risk score was associated with AD clinical status, CN to MCI progression, and volumes of hippocampus and entorhinal cortex in CN and MCI, but not AD subjects [196]. This suggests that the genetic structure of AD and stroke overlap and that OXPHOS variants exert an early influence on disease trajectory.

Epistatic interactions may also account for some of the risk variability of AD. Koran et al. [197] investigated genes from AD pathways, including A $\beta$  processing, apoptosis, calcium homeostasis, free radical production, and mitochondrial dysfunction, defined by the Kyoto Encyclopedia of Genes and Genomes database. An interaction between minor alleles in *RYR3* (ryanodine receptor 3) and *CACNA1C* ( $\alpha$ C subunit of voltage-dependent L-type calcium channels) was associated with a higher A $\beta$  load and explained 6% of A $\beta$  load variance. Both genes encode proteins involved in the regulation of intracellular calcium homeostasis. As ryanodine receptor–driven calcium release has been associated with increased A $\beta$  levels, and A $\beta$  modulates the function of L-type calcium channels, the authors suggest that interaction between these two variants may increase intracellular calcium levels by disrupting calcium homeostasis and lead to increased A $\beta$  production and deposition. A $\beta$  accumulation was also associated with two SNP-SNP interactions between *C9* (complement 9) and *IL6* (interleukin 6), suggesting that neuroinflammation may exert its effect on AD by enhancing A $\beta$  deposition [198].

According to the amyloid hypothesis, A $\beta$  deposition precedes tau pathology. However, it is possible that the two pathologies arise independently due to upstream genetic interactions and that genes that confer risk for tau pathology also confer risk for A $\beta$  pathology via complex epistatic relationships. Hohman et al. [199] searched for epistatic interactions between genes for tau kinases and genes involved in A $\beta$  deposition associated with A $\beta$  load. They found three interactions between rs334543 in *GSK3 $\beta$*  and different A $\beta$  genes. A minor allele that interacted with *APP* was related to high levels of A $\beta$  deposition. The combined interactions explained between 1.2% and 1.5% of the A $\beta$  deposition variance, suggesting that A $\beta$  burden may be increased by a combination of *GSK3 $\beta$*  and APP-related genes.

In a genome-wide search of all possible SNP-SNP interactions that affect regional brain volumes, one interaction between an SNP in a region encoding two transcription factors

(rs1345203) and an intergenic SNP (rs1213205) explained 1.9% of the variance in temporal lobe volume [195]. The biological relevance of this interaction has yet to be determined.

**6.2.2. Phenotype**—A great strength of ADNI is its wealth of quantitative phenotypes that can be leveraged to identify novel susceptibility loci in GWAS, and more recently, gene-based GWAS.

**6.2.2.1. Case-control studies:** Complex patterns of the association may not be reflected solely in single SNPs. A mega meta-analysis of genome-wide data sets, including ADNI's, as part of the International Genomics of Alzheimer's Disease Consortium, identified two novel loci, *TP53INP1* and *IGHV1* [200]. The first locus encodes a proapoptotic tumor suppressor of interest due to the inverse association between cancer and AD, whereas the function of the latter locus is unknown. A similar analysis evaluated single gene associations in a network context, then use gene ontology and pathway enrichment methods to identify biologically plausible interactions [201]. Genes involved in the glutamatergic synapse, including *GRIN2B*, appeared to be overrepresented in AD subjects. Glutamate signaling regulates many biological processes such as learning, memory, and synaptic plasticity, and glutamatergic neurons located in the hippocampus and other brain areas are affected by A $\beta$  plaques and tau tangles. Top genes identified by the computation of a multimarker genetic score associated with disease status (*AEN*, *ADAMTS12*, *PSMA5*, *FXN*, *NTM*, *LARPI*, *WDTCL1*, *SEMA7A*, *VKORC1L1*, and *COL5A3*) were integrated into a hypothetical signaling network incorporating a priori protein-protein interaction data, which highlighted their function in cholesterol metabolism [202].

Genetic subtypes of AD may have specific molecular mechanisms of pathogenesis. A GWAS in *APOE4* noncarriers identified three novel loci located in three haplotype blocks, *ZNF827* (zinc finger protein 827), *KDM2B* (lysine-specific demethylase 2B), and *NANP* (*N*-acetylneuraminic acid phosphatase), which were associated with CSF A $\beta$ 42, p-tau<sub>181</sub>, and brain atrophy, respectively [203].

Some of the missing heritability of complex diseases may be accounted for by rare variants; low-frequency allele variants have a higher probability of functional significance. A gene-based analysis of alleles with frequencies lower than 3% identified one novel association between *ZNF628* (zinc finger protein 628) and AD that reached genome-wide significance after adjustment for *APOE4* [204]. The study also identified minor alleles in *APOE*, *TOMM40*, *MMP1*, *TREM2*, *CBLB*, and *NAPRT1* that may contribute to AD heritability. The zinc finger proteins identified in these studies suggest that transcriptional regulation may play an important role in pathogenesis.

**6.2.2.2. Structural imaging phenotypes:** The use of structural MRI quantitative phenotypes in identifying genetic variants associated with AD has continued to be a powerful strategy. The development of machine learning approaches has facilitated previously challenging tasks such as the selection of imaging features with power to detect genetic associations. A polygenic approach using a penalized regression method to select 109 brain wide regional measures identified a novel marker, *HOMER2*, associated with right thalamus volume and with AD clinical status [212]. Homer2 is a transcription factor which

may be linked to APP processing or the trafficking of APP to the cell surface. A GWAS of GM density data [205] jointly considered the effects of all polymorphisms, how they fit into biologically defined pathways, and the functional relationships of 20 genes involved in SNP-SNP interactions. Enrichment analysis identified visual perception, DNA repair and replication, and olfactory pathways. A statistically significant synergistic interaction between two SNPs in an olfactory gene cluster suggested that this pathway may be involved in AD. Using a subset of imaging features able to discriminate between CN and AD subjects as quantitative phenotypes, genetic variation in a relatively small number of genes (*ESRI*, *BINI*, *LDLR*, *SORCS1*, *APP*, *LRAT*, and *TF*) was found to be associated with ventricular enlargement, hippocampal atrophy, and cortical atrophy, suggesting that these loci could have potential in diagnostic classification [213]. Another study selected neuroimaging biomarkers associated with disease state on the basis of global shape analysis and found differential associations between SNPs and regional volumes at different disease stages [214]. Notably, in MCI subjects, SNPs in *PML* (promyelocytic leukemia) and *STOML1* (stomatin-like 1) were associated with shapes of the hippocampi and insular cortices.

Although most GWAS analyses focus only on baseline phenotypes, two studies used ADNI's longitudinal neuroimaging data that, by capturing rates of change, have greater statistical power to detect genetic associations. Longitudinal structural MRI data identified a much larger number of SNP-phenotype associations than cross-sectional data [215]. A second study used longitudinal change in ventricular volume as a quantitative phenotype for a pathway-based gene-gene interaction analysis [216] and identified a novel interaction between *SYNJ2* (synaptojanin 2) and *PI4KA* (phosphatidylinositol-4 kinase) that was associated with inferior lateral ventricle atrophy. Both proteins are involved the synthesis of phosphatidylinositol, and the authors suggest that these genes might modulate its synthesis leading to deficits in neuroprotective mechanisms.

A whole-exome sequencing study by Nho et al. [217] using DNA from ADNI-1 and an extreme phenotype approach identified a functional exonic single nucleotide variant that was associated with a slower rate of hippocampal atrophy in MCI subjects. The minor T allele of the missense variant rs3796529 in *REST*, a negative transcriptional regulator of adult hippocampal neurogenesis [206], conferred a protective effect on hippocampal loss in MCI and AD subjects. A subsequent study showed that carriers of this minor allele had greater medial temporal lobe metabolism compared to noncarriers, independent of *APOE4* status [207] and that it was associated with reduced AD risk and did not confer susceptibility to AD [208]. However, a meta-analytic study using the ENIGMA cohort did not find that the variant conferred a significant effect on six subcortical regions including the hippocampus [209]. Further investigation is required to determine the relative enrichment of the variant in diagnostic groups and whether it protects against hippocampal atrophy in CN subjects.

Most ADNI studies are concerned with late-onset AD. However, the cohort contains a small number of subjects aged 55 to 65 years who have a relatively early onset form of the disease and who are characterized by much lower frequencies of amnesic MCI [234]. Early onset AD is most commonly autosomal dominant, caused by mutations in the *APP*, *PS1*, and *PS2* genes [235], but some subjects lack these risk alleles. Moon et al. [210] used the LONI pipeline [211] to identify 20 neuroimaging shape and atrophy changes specific to MCI

subjects aged 55 to 65 years, for use as GWAS quantitative phenotypes. These included not only hippocampal volumes but precuneus atrophy and shape changes, consistent with previous studies of early onset AD. A set of 15 SNPs best able to discriminate between early-onset MCI and early-onset AD subjects was associated with the volumetric and shape changes. The most significant loci, located in the genes for Janus kinase and microtubule interacting protein-1 and neuropilin 1, differed from those identified in the late onset form of the disease.

**6.2.2.3. Measures of A $\beta$  deposition:** GWAS using either amyloid imaging data or fluid levels of A $\beta$  have furthered our understanding of the genetic basis of A $\beta$  deposition. Using florbetapir data, the minor G allele of rs509208 located upstream of butyrylcholinesterase (*BCHE*) and the *APOE* loci together accounted for 15% of the variance in baseline cortical A $\beta$  load (Fig. 11) [218]. *BCHE* is a biologically plausible gene; decreased activity of butyrylcholinesterase, which is enriched in A $\beta$  plaques and the target of cholinesterase inhibitors, increases acetylcholine levels and disrupt synaptic functioning eventually leading to neurodegeneration. A gene-set enrichment analysis performed on top SNPs identified in a GWAS of CSF levels of A $\beta_{42}$ , including those located in *TOMM40* and near *APOC1*, revealed two clusters associated with synaptic transmission, transmission of nerve impulses, and trait class, and identified eight novel polymorphisms [219]. A subsequent gene-gene interaction network analysis identified *GRIN2A* as interacting with the most AD genes, followed by *APOC1* and *TOMM40* (Fig. 12). A GWAS of plasma concentrations of A $\beta_{40}$  and A $\beta_{42}$  identified 18 suggestive loci, the most strongly associated of which was *CTXN3* (cortixin 3) [220]. Pathway enrichment analysis identified a variety of canonical pathways including some directly associated with A $\beta$  peptide properties. Cortixin was found to modulate A $\beta_{42}$  secretion.

Although A $\beta$  deposition is strongly linked to *APOE4* and nearby genes in linkage disequilibrium (*TOMM40*, *APOC1*), A $\beta$  deposition is still observed in *APOE4* noncarriers. A GWAS of longitudinal A $\beta$  accumulation in these subjects [221] reported that the minor G allele of an intronic SNP (rs12053868) in interleukin 1 receptor accessory protein (*IL1RAP*) accounted for 7.1% of the phenotypic variance (Fig. 13). Deep sequencing of *IL1RAP* identified additional rare variants associated with the rate of change in A $\beta$  burden. Gene- and pathway-based GWAS identified pathways related to cell adhesion and immune response, consistent with the role of *IL1RAP* as a proinflammatory cytokine involved in the activation of microglia. The minor G allele was associated with higher rates of atrophy in the temporal cortex, a higher rate of MCI to AD progression, and faster cognitive decline. Other novel loci identified in GWAS of CSFA $\beta_{42}$  levels in *APOE4*- subjects are *SULG2* (GTP-specific  $\beta$ -subunit, succinyl-CoA ligase), which accounted for 10.7% of the variance in A $\beta_{42}$  levels in these subjects [222], and variants in the *FRA10AC1* fragile site and in the intergenic 15q21 locus [223]. *FRA10AC1* encodes a nuclear phosphoprotein of unknown function.

**6.2.2.4. Other CSF and blood phenotypes:** A GWAS of CSF tau levels identified rs4728029 in protection of telomeres 1 (*POT1*), which modified the relationship between p-tau181 and ventricular expansion [224]. This novel locus explained 2.6% of the variance in



p-tau181 and modified the relationship between p-tau181 and both ventricular dilation and memory performance. As this SNP was related to levels of interleukin 6 receptor, it may exert its effect via a neuroinflammatory mechanism. This GWAS also enriched targeted genes mediated by miR-33, which regulates lipid metabolism genes and disrupts cellular cholesterol homeostasis.

A complementary approach to GWAS of CSF A $\beta$ <sub>42</sub> and tau [225] instead used CSF analytes involved in the processes such as endocytosis, cholesterol metabolism, and inflammatory and immune responses that are recognized to play important roles in AD pathogenesis beyond A $\beta$  and tau pathology. This study identified five genetic associations between CSF proteins and angiotensin-converting enzyme, chemokine (C-C motif) ligands 2 and 4, interleukin 6 receptor, and matrix metalloproteinase 3. All identified proteins are involved in A $\beta$  processing or proinflammatory signaling.

**6.2.2.5. Neuropsychological assessments:** In addition to neuroimaging and fluid biomarker measures, neuropsychological assessments offer another route to understanding AD genetics. Variants in the spondin 1 (*SPON1*) gene whose minor alleles were associated with more rapid progression were identified using longitudinal changes in ADAS-cog as a phenotype for a GWAS [226]. Spondin 1 inhibits cleavage of APP by BACE. Other significant associations were reported in genes involved in neuronal maintenance and neurotransmission, and calcium signaling (*EXOC4*, *GABRG3*, *VAT1L*), and homeostasis (*CAMK4*, *CYCS*, *NCS1*, *CACNA1G*). Mukherjee et al. [236] investigated the genetic basis of cognitive resilience, observed in patients whose cognitive function is better than predicted by neuroimaging and fluid biomarkers. The top hit in their gene-based GWAS was *RNASE13*, and subsequent pathway analysis identified pathways involved in neuron loss, presynaptic membrane, and postsynaptic density. These included genes associated with AD such as *PTK2B*, *PICALM*, *MS4A2*, and *APP*.

**6.2.3. Other association studies**—Imaging genetic studies using ADNI data have not only focused on AD. Two meta-analytic GWAS identified variants influencing human subcortical structures [228] and cortical surface area [229]. Polymorphisms in the dopamine D2 receptor gene, which increases genetic risk for addictive disorders, altered regional brain volumes in areas implicated in addiction [230].

### 6.3. Methods

The biological insights that we have gained from these genetic association studies, particularly those using neuroimaging data, would not have been possible without a foundation of statistical methodologies. These have progressed from univariate analysis in standard GWAS to a variety of multivariate regression approaches, as well as ways to detect epistatic interactions or to discover associations at the gene or pathway level. Univariate analysis comparing single SNPs with single traits suffers from problems of high dimensionality and type-I errors and may not reveal significant associations without meta-analytic approaches. ADNI studies have assessed the extent of these problems [237,238], improved the computational efficiency of mass univariate analyses [239–242], and developed methods for the selection of the most informative SNPs or quantitative features to

improve power to detect associations [243–247]. Two studies have developed summary measures representing associations between selected SNPs and traits of interest [202,248]. Nho et al. [249] developed specific methodologies for the analysis of whole-genome sequencing data, and several groups have developed methodologies for identifying and visualizing genetic interactions [189,205,250–253]. Finally, two groups described methods to select discriminative SNPs to improve diagnostic classification or prediction of future decline [254,255]. The studies are summarized in Table 7.

#### 6.4. Conclusions

Much of the heritability of AD remains elusive, reflecting both the polygenic nature of the disease and the influence of environmental factors. The ADNI Genetics Core adopted a Systems Biology perspective and approaches that integrate multiple “omics” to characterize biological complexity on multiple levels [171]. ADNI genetics studies from 2014 and 2015 were notable for moving beyond simple GWAS using one-SNP-simple phenotype univariate analyses to an expanded array of increasingly sophisticated biologically informed approaches, such as pathway enrichment, network analysis, and gene set enrichment, aimed at bridging the gap between genetic information and biochemical disease mechanisms. The concomitant development of a wide range of statistical methodologies supported these efforts (Table 7). An excellent example of the power of these integrative approaches to place genetic results in biologically plausible context can be seen in the hypothetical signaling network constructed by Wang et al. [202] from their application of a Rasch genetic multimarker model to ADNI case-control GWAS data (Fig. 14).

Genetic association studies begin either with a genotype, such as an SNP, gene, or a sets of genes in a pathway of interest, or with a phenotype (Table 5). Several GWAS notably capitalized on longitudinal phenotypes from ADNI’s rich data set to increase the power to capture significant associations [215,216,221]. Strategies for finding the “missing heritability” of the disease included searching for epistatic interactions, examining the associations of low-frequency variants, and extending analysis from a target gene to genes in the same biological pathway. The *APOE*  $\epsilon$ 4 allele was associated with atrophy and shape changes in the hippocampus and other regions [176–178] and was found to have differential effects in males and females [179]. Studies of *APOE*  $\epsilon$ 4 noncarriers identified loci responsible for disease phenotypes such as A $\beta$  deposition in these subjects [188,222,223] (Table 6). Novel protective and risk loci associated with atrophy, metabolism, A $\beta$  load, CSF biomarkers, and cognitive decline and with early onset AD in the absence of established autosomal-dominant genes were identified (Table 6). Risk genes lay in pathways involved in APP processing and A $\beta$  clearance, apoptosis, cholesterol metabolism, neurotransmission, immune and inflammatory responses, microglial activation, and other cellular processes. Interestingly, stroke and AD risk genes appeared to overlap, implicating WM disease in AD pathology. Identified protective genes were involved in the inhibition of neurodegeneration and cholesterol metabolism, and cancer. Finally, ADNI genetics data have contributed to understanding other diseases with the inclusion of the cohort in various meta-analyses [228–230] and in the ENIGMA consortium [173].

## 7. Disease progression

A better understanding of the AD pathological pathway is central to ADNI's goal of developing biomarkers for the improvement of clinical trials. AD is pathologically characterized by amyloid plaques composed largely of fibrillar forms of A $\beta$ , and neurofibrillary tangles, composed of hyperphosphorylated tau (p-tau<sub>181</sub>) that is associated with synapse loss and neurodegeneration. The amyloid cascade hypothesis [256] has dominated research over the last two decades, to the point that diagnostic criteria for AD now include A $\beta$  abnormalities. The amyloid hypothesis states that incorrect processing of the APP to form A $\beta$ , together with an imbalance in the clearance of A $\beta$  accumulation, triggers a cascade of events: the formation of A $\beta$  plaques, the accumulation of fibrillar tau in cells as NFTs and neuropil threads, neuronal death and synaptic dysfunction, disruption of glucose metabolism, atrophy, and eventual cognitive decline. However, although cortical hypometabolism is largely linked to global amyloid burden, regional amyloid plaque deposition has little or no association with regional hypometabolism [257]. Jack et al. [258] proposed a hypothetical model describing the order in which biomarkers become abnormal during disease progression which largely follows this cascade of events (Fig. 15). The Biostatistics Core has been instrumental characterizing longitudinal trajectories of biomarkers through their biostatistical analyses that integrate data across the breadth of ADNI studies [259]. Numerous studies of ADNI data have supported this model and have been described in a previous review [1].

However, mounting evidence suggests that AD progression is a far more complicated tale. At autopsy, a substantial number of subjects have copathologies such as Lewy bodies, hippocampal sclerosis, and transactive response DNA binding protein 43 kDa (TDP-43) inclusions [260] (Fig. 15). The ADNI Biostatistics Core concluded that although A $\beta$  positivity accelerates the progression from MCI to AD and subsequent cognitive decline, there is substantial evidence for alternative pathways to this end point [259]. The purpose of this section, therefore, is to outline evidence for the amyloid cascade hypothesis, primarily gained from studies of A $\beta$ + subjects, and for other possible pathways to dementia.

### 7.1. Disease progression in A $\beta$ -positive subjects

In an increasingly complex view of AD progression, the pathway from presymptomatic CN A $\beta$ - to CN A $\beta$ + to predementia MCI A $\beta$ + to AD A $\beta$ + remains the backbone of the process. Moreover, a patient may transition from a negative to a positive A $\beta$  status at any time (Fig. 16). In dissecting out different pathways of disease progression, a number of studies have dichotomized subjects on the basis of A $\beta$  positivity, defined either on the basis of a CSF A $\beta$ <sub>42</sub> levels, or from cortical A $\beta$  load determined by amyloid PET. In this way, investigators have begun to tease out, even in those with normal cognition, the associations between A $\beta$  deposition, and other factors in the disease such as metabolism, atrophy, *APOE4* status, cerebral blood flow, and WM architecture. These studies have profound implications for our understanding of AD progression.

**7.1.1. A $\beta$  and the ordering of biomarkers**—A $\beta$  status clearly affects disease progression. A cross-sectional study [261] found that levels of CSF t-tau and p-tau<sub>181</sub> only

became abnormal in A $\beta$ + subjects and that trajectories of the CSF biomarkers across disease stages were distinct in the dichotomized groups (Fig. 17). Young et al. [262] developed an event-based model which used distributions of biomarker values rather than predetermined biomarker cut points to determine the sequence in which AD biomarkers become abnormal. In A $\beta$ + or *APOE4* participants, the first CSF biomarker to become abnormal was A $\beta$ <sub>42</sub>, followed by t-tau and p-tau<sub>181</sub>, the order predicted by the Jack model. In A $\beta$ + subjects, several studies [261–264] reported an ordering of biomarkers consistent with the Jack model: levels of CSF A $\beta$ <sub>42</sub> becoming abnormal in the preclinical stage, tau reaching maximum abnormality in the MCI stage, and imaging and cognitive markers beginning to decline in the asymptomatic stage but accelerating with advanced clinical stage [261,264]. These studies favor the concept of abnormal A $\beta$  deposition as a prequel for tauopathy in AD.

**7.1.2. A $\beta$  and brain atrophy**—Several studies support a link between A $\beta$  positivity and increased regional atrophy in the brains of CN subjects. Hippocampal atrophy, a nonspecific characteristic of AD, accelerates throughout the disease process but also occurs in normal aging. Nosheny et al. [128] found that A $\beta$  positivity contributed to, but did not entirely account for, hippocampal atrophy rate in CN participants (Fig. 18). Furthermore, atrophy preceding that in medial temporal regions has been detected by several groups, specifically in the precuneus [265]; the right supramarginal/inferior parietal gyrus [261]; and the posterior cingulate, amygdala, putamen, precuneus, and brainstem (before the A $\beta$ <sub>42</sub> cut point of 192 ng/mL insula) [266] (Fig. 19).

Cholinergic neurons in the basal forebrain regulate the supply of acetylcholine to areas of the temporal cortex and to the amygdala thereby influencing memory and attention, and their degeneration is regarded as a key event in AD pathogenesis. A $\beta$  burden has been associated with basal fore-brain degeneration independent of *APOE4* status in emergent A $\beta$  + asymptomatic subjects [267–269]. Moreover, basal forebrain volume classified preclinical patients as A $\beta$ + or A $\beta$ – more accurately than hippocampal volume [269]. In MCI subjects, basal forebrain degeneration was more associated with impaired memory and attentional control, whereas hippocampal atrophy was more associated with memory deficits. This association was mediated by hypometabolism in domain-specific cortical networks and was not affected by A $\beta$  status [27]. These studies support cholinergic basal forebrain neurodegeneration and the concomitant deposition of A $\beta$  as early events in AD.

Two studies place glucose hypometabolism as an intermediary event between A $\beta$  positivity and atrophy in accordance with the Jack model for the temporal ordering of biomarkers [258]. Kljajevic et al. [133] examined baseline FDG PET and structural MRI scans of A $\beta$ + CN, EMCI, and late MCI (LMCI) subjects compared with A $\beta$ – CN elderly subjects. Glucose hypometabolism originated in the posterior parietotemporal regions before atrophy which originated in medial temporal regions (Fig. 20). Araque Caballero et al. [265] also reported that atrophy originated in the medial temporal lobe in MCI A $\beta$ + subjects and, furthermore, that this pattern of atrophy correlated with patterns of hypometabolism, suggesting that by the time the first cognitive symptoms arise, both these kinds of neurodegeneration are spatially associated. Although Kljajevic et al. [133] posit that abnormal A $\beta$  deposition may affect synaptic activity leading to subsequent neuronal loss and

hypometabolism, the results from Dowling et al. [270] suggest that this is an earlier event in pathogenesis and therefore more weakly related to changes in hypometabolism and subsequent changes than intraneuronal neurofibrillary degeneration.

**7.1.3. A $\beta$  and cognitive deficits**—The relationship between A $\beta$  positivity and cognition may be more complex than the causal sequence of pathological events implied by the Jack model in which altered levels of CSF peptides exert a neurotoxic effect which impairs cell function and leads to decreased glucose metabolism, ultimately resulting in cognitive decline. First, A $\beta$  positivity may affect cognition at a far earlier stage than previously thought. Susanto et al. [261] reported that CN A $\beta$ + subjects had impairments in executive functioning/processing speed which was accompanied by atrophy at the right supra marginal/inferior parietal gyrus. Mattsson et al. [271] reported that CN A $\beta$ + subjects had lower memory scores and smaller GM volumes in several regions including the hippocampus. Both studies reported that MCI A $\beta$ + subjects had widespread atrophy and impairments to multiple cognitive domains.

Second, A $\beta$  positivity may exert its effect on cognition via multiple pathways. Mattsson et al. [271] used a mediation analysis to investigate the role of atrophy and hypometabolism in mediating the effect of A $\beta$  on episodic memory in MCI patients. Hippocampal atrophy mediated approximately 25% of this association, and approximately 40% was mediated by a combination of hippocampal atrophy and hypometabolism (Fig. 21). Interestingly, the fact that 60% of the association between A $\beta$  and memory was not mediated by hypometabolism and/or atrophy suggests that other mechanisms must exist. A study by Byun et al. [272] supports this idea. In subjects with significantly lower CSF A $\beta$ <sub>42</sub> levels compared to controls, they identified four subtypes of AD characterized by different patterns of regional brain atrophy and rates of progression: primarily hippocampal atrophy (19%), primarily cortical atrophy (17.7%), both hippocampal and cortical atrophy (41.1%), and neither region (10.4%). They found that subtypes characterized by primarily hippocampal atrophy exhibited more severe impairment of the memory domain (ADNI-Mem), whereas executive function (ADNI-EF) was more impaired in subtypes with predominantly cortical atrophy (Fig. 22). The finding that heterogeneous atrophy patterns exist with different rates of progression in the presence of A $\beta$  neuropathology was also reported by Mattsson et al. [273] who found that a subset of CN participants with normal baseline levels of CSF A $\beta$ <sub>42</sub> that decreased over time, or with reduced baseline levels of CSF A $\beta$ <sub>42</sub>, had increased frontal and parietal cortical atrophy but no accelerated temporal atrophy longitudinally. Byun et al. [272] postulated that these subtypes correlate with distribution of neurofibrillary tangles, suggesting a closer relationship between tau neuropathology and cognition than A $\beta$  neuropathology and cognition, a hypothesis supported by two further studies. First, Fortea et al. [274] used correlation analysis to determine that p-tau-dependent cortical thinning was found only in A $\beta$ + subjects and not in A $\beta$ - subjects. In the absence of abnormal p-tau, abnormal CSF A $\beta$ <sub>42</sub> was related to cortical thickening. The authors posited a two-phase phenomenon in which there is initial cortical thickening as A $\beta$  levels become abnormal followed by cortical thinning as p-tau reaches pathological levels. Second, Dowling et al. [270] used a mediation analysis to examine changes in brain glucose metabolism, longitudinal changes in global cognition, their association over time, and the impact of

baseline CSF measures on these associations. Glucose hypometabolism in all AD-associated brain regions mediated the relationship between CSF indicators of neuronal damage (t-tau, p-tau<sub>181</sub>, and their ratios), and cognitive decline. In contrast, only hypometabolism in the middle inferior temporal gyrus mediated the effect of baseline levels of A $\beta$ <sub>42</sub> on cognition. Overall, there is general (but not universal) agreement that initial development of A $\beta$  plaques accelerates development of tau tangles which leads to synapse loss and neurodegeneration. However, TF-fMRI activity is disrupted in CN elders who are A $\beta$  + [275], suggesting that A $\beta$  plaques alone may affect brain function before significant accumulation of tau tangles. Hopefully, the use of both amyloid and tau PET in future studies including ADNI-3 will shed more light on this matter.

Disease progression in subjects dichotomized by *APOE4* status appears to be similar to that in subjects dichotomized by A $\beta$  status: the two groups have the same defined sequence of CSF biomarkers [262] as well as faster trajectories of CSF t-tau, and p-tau [276], and faster hippocampal atrophy [128]. But the *APOE4* allele may actually modulate disease progression in A $\beta$ + subjects. Susanto et al. [261] reported that MCI and AD carriers of this allele had more severe atrophy of the medial temporal lobe and worse memory impairment but higher executive functioning/processing speed than noncarriers, suggesting that *APOE4* modulates trajectories of both cognition and atrophy.

**7.1.4. A $\beta$  and cerebral blood flow**—Mattsson et al. [277] determined the association of A $\beta$  with variations in cerebral blood flow, a measurement of brain activity, across the cognitive spectrum. With all subjects, brain A $\beta$  was associated with reduced cerebral blood flow in temporoparietal regions, but with increased cerebral flow in the posterior cingulate suggesting a compensatory mechanism for A $\beta$  neurotoxicity in the latter region. Dichotomization of subjects by A $\beta$  status revealed reduced cerebral blood flow is in several regions in A $\beta$ + compared to A $\beta$ - participants. A $\beta$  load was more associated with reduced cerebral blood flow than atrophy in CN subjects but the opposite was true in LMCI or AD patients. In keeping with the Jack model of disease progression [258], these results suggest A $\beta$  is more associated with functional and synaptic loss leading to reduced cerebral blood flow early in disease progression and more associated with GM loss leading to atrophy later in disease progression.

## 7.2. Alternative pathways to dementia?

Beckett et al. [259] concluded that although A $\beta$  positivity accelerates the progression from MCI to AD and subsequent cognitive decline, there is substantial evidence for alternative pathways to this end point. In their data-driven model of biomarker changes in AD, Young et al. [262] observed that in the pooled samples, t-tau was the first biomarker to become abnormal, followed by p-tau<sub>181</sub> and A $\beta$ <sub>42</sub>; only in A $\beta$ + or *APOE4*+ subjects was A $\beta$ <sub>42</sub> first biomarker to become abnormal, as predicted by the Jack et al. model [258]. Furthermore, trajectories of CSF biomarkers across disease stages in A $\beta$ - subjects were distinct from A $\beta$ + subjects and did not feature the stereotypical decreased A $\beta$ <sub>42</sub> and increased p-tau<sub>181</sub> and t-tau [261]. These results imply that a substantial proportion of ADNI subjects have atypical disease progression.

## 7.2.1. Heterogeneity of diagnostic groups

**7.2.1.1. Subtle cognitive impairment:** The appearance of subtle cognitive impairment (SCI), defined using 5th percentile cutoffs of composite memory and/or executive function scores, follows stereotypical sequential changes in A $\beta$  and neurodegeneration biomarkers. A newly identified group, accounting for 5% of CN subjects, had SCI without neuronal injury in the presence or absence of abnormal A $\beta$  [278]. Toledo et al. [279] reported that 27.6% of ADNI healthy controls had SCI and further defined three categories within this group—memory, executive, and multidomain—that differed in biomarker profiles and in the rate of progression to MCI and AD. The multidomain group, characterized by having the fastest progression to MCI, the most abnormal levels of A $\beta_{42}$ , atrophy, and greatest posterior cingulate FDG PET hypometabolism, was most related to AD. The memory group, characterized by slightly abnormal A $\beta_{42}$  and increased atrophy, had a slower progression to MCI and the executive group had the slowest progression to MCI.

**7.2.1.2. MCI:** Several studies identified MCI subtypes using cluster analysis of neuropsychological data [280–282]. An amnesic subtype characterized by isolated memory impairment and abnormal CSF biomarkers, representing “typical” AD, was identified in all studies (summarized in Table 8). However, this cluster comprised only 25.7% to 58.6% of MCI subjects. The remaining MCI subjects were clustered into a number of different groups, most commonly a dysexecutive/mixed group typically characterized by significant deficits predominantly in executive function, elevated p-tau<sub>181</sub>, and the fastest progression to AD (12.4%–33%, identified in 4/5 studies), and a normal group, comparable to CN controls (31.3% to 41.3%, identified in 3/5 studies). The normal group had the lowest rate of progression to AD (10.7% at follow-up), and a significant rate of regression to normalcy (9.2% at follow-up), suggesting that ADNI MCI criteria may have a high rate of false-positive diagnostic errors leading to misclassification of subjects [280]. These criteria include a subjective memory concern reported by either the subject or a study partner, a single memory score (delayed recall of Story A from the Wechsler Logical Memory II test), and a global CDR score of 0.5 that may not capture variability in cognitive phenotype. Subjective memory impairment was overestimated by MCI subjects in the normal cluster but underestimated by MCI subjects in the amnesic group, suggesting that subjective memory concerns are not reliable in making an MCI diagnosis [282]. The false-positive diagnostic errors are also consistent with reports of high reversion rates of MCI subjects to cognitively normal [281].

The observation that MCI reverters differed little from CN subjects in levels of CSF biomarkers, *APOE4* status, hippocampal volume, hypometabolism, and other measures but differed substantially from other MCI subjects supports this idea [284]. Bondi et al. [280] reported that MCI subjects classified using an alternative actuarial method (which diagnosed fewer ADNI subjects with MCI) did not contain the cluster-derived normal group. Interestingly, 3/5 studies identified a group with language or naming impairments (17%–21%), and one study identified a large cluster (42%) characterized by visuospatial impairments and a small cluster (9%) characterized by focal intrusions (recalled items which were not part of the list) [283]. The language impairment group was characterized by fast progression to AD and a high frequency of *APOE4* [281,283]. Language deficits may

reflect neuronal loss in the left hemisphere. Pravata et al. [285] found greater atrophy in the Brodmann area 20 of the left fusiform gyrus 12 months before progression, and in the left hemisphere GM 12 months after progression in MCI converters with language impairment compared to those without.

Cluster analysis of MCI subjects on the basis of baseline MRI, CSF, and serum biomarkers identified four clusters with distinct biomarker patterns [286]. Like studies based on neuropsychological data, one group (44%) appeared to have “typical AD” characteristics (and a small group appeared to be pre-AD), and another was similar to normal controls (14%). However, the latter group also had pronounced memory deficits and smaller hippocampal volume, although they rarely converted to AD, and the authors suggest that the stable group may be undergoing a non-AD process such as hippocampal sclerosis. The final group (37%), characterized by severe ventricular expansion, hippocampal atrophy, and progression to AD but near normal levels of tau and A $\beta$ , also appeared to be on a different path to dementia. Although further investigation is required to refine MCI subtypes, these studies imply that multiple pathological pathways underlie the substantial heterogeneity of this group.

**7.2.1.3. Cortical atrophy:** Patterns of atrophy differ in subjects stratified by A $\beta$  status (Section 7.2.2) but also differ across patient groups. Ventricular expansion reflects cortical atrophy in regions associated with early AD. Madsen et al. [287] reported that 2-year ventricular expansion was associated with baseline cortical volume and thickness in combined patient groups and with thinning in areas of temporal, frontal, and parietal cortices affected by AD in MCI participants. Distinct patterns of cortical atrophy were present in three neuropathologically defined subtypes of AD [163]. Compared with AD subjects with a diffuse pattern of cortical thinning, AD subjects with a pattern of medial temporal thinning had more glucose hypometabolism in hippocampus and bilateral frontal cortices, and worse memory performance, and AD subjects with thinning in predominantly parietal regions were younger, had more glucose hypometabolism in parietal and occipital cortices, and showed A $\beta$  accumulation in most regions [163]. No differences in CSF A $\beta$ <sub>42</sub> or tau levels were seen in any groups. Cortical atrophy patterns may reflect differing underlying pathologies.

**7.2.1.4. Significant memory concerns:** Current MCI diagnostic criteria include a significant memory concern (SMC) from either the patient, clinician, or someone close to the patient in addition to quantitative evidence of cognitive impairment with relative preservation of functional abilities [288]. ADNI-2 enrolled an additional cohort of subjects who were clinically evaluated as CN but who had SMCs in the interest of capturing the earliest cognitive decline. By most measures—cognitive performance, hippocampal volume, A $\beta$  deposition, and metabolism—these subjects were indistinguishable from normal controls [259]. However, one study reported increased frontal atrophy in this group [279], and a cluster analysis of both SMC and CN subjects revealed three distinct groups (Fig. 23) [259]. The first cluster had normal levels of A $\beta$ , normal metabolism, a low frequency of the *APOE*  $\epsilon$ 4 allele, but evidence of hippocampal atrophy. The second cluster appeared normal by all measures, and the third cluster aligned with biomarkers of “typical AD,” having abnormal A $\beta$ , a high-frequency of the *APOE*  $\epsilon$ 4 allele, and slight hippocampal atrophy. Two studies



examined SMCs in MCI subjects, one reporting that these concerns were only related to verbal episodic learning performance and not to neuroimaging biomarkers, executive functioning, language, or other cognitive domains [289], and the other suggesting that these concerns were only weakly associated with objective functioning [282].

**7.2.2. SNAP**—Cluster analyses consistently identify a group characterized by signs of neuronal injury such as elevated p-tau<sub>181</sub> or atrophy and accelerated progression to AD. This cluster is consistent with a group, comprising around a quarter of CN and MCI subjects, that typically has neurodegeneration in the absence of A $\beta$  pathology and low frequencies of the *APOE* *e4* allele, recently been termed suspected non-Alzheimer's pathology (SNAP) [290,291] (Fig. 24, Table 3). Over 7 years, more than half (12/19) of MCI progressors with SNAP developed AD; 5/19 progressed to a frontotemporal dementia, and 2 to Lewy body dementia [291]. It is possible that SNAP subjects who progressed to AD were misdiagnosed initially as being A $\beta$ - due to limitations in the CSF A $\beta$ <sub>42</sub> assay or to A $\beta$  levels being close to the cut point for amyloid positivity used (Amyloid positivity is defined either on the basis of a CSF A $\beta$ <sub>42</sub> level of greater than 192 pg/mL [292] or from cortical A $\beta$  load determined by amyloid PET using the radiotracers Pittsburgh compound B or florbetapir [293]. A $\beta$ + subjects have levels of amyloid above either or both of these threshold values, and A $\beta$ - subjects have levels of amyloid below the threshold values).

Cognitive deterioration in SNAP subjects appeared more related to neuronal damage than to A $\beta$  pathology. Medial temporal tau pathology may underlie SNAP and is referred to as primary age-related tauopathy (PART). It is possible that SNAP represents an aging process separate from AD [290]. The inclusion of tau PET imaging in ADNI-3 may help to resolve the involvement of PART in SNAP subjects. SNAP subjects also had higher levels of YKL40, a marker of neuroinflammation, than A $\beta$ + presymptomatic subjects [144], supporting the idea. Although the pathophysiology of this group is not yet known, it may involve A $\beta$  unrelated pathologies such as hippocampal sclerosis, argyrophilic grain disease, Lewy body disease, or frontotemporal degeneration, with a variety of different pathologies found at autopsy. Caroli et al. [291] proposed a further subdivision of SNAP subjects into a subgroup with severe cortical damage and no hippocampal atrophy with underlying frontotemporal degeneration, and a second subgroup with preserved cortical metabolism but hippocampal atrophy with underlying hippocampal sclerosis or argyrophilic grain disease.

**7.2.3. The role of WM disease**—One source of biological heterogeneity in AD may be small-vessel cerebrovascular disease [1,54]. WM lesions are highly prevalent in AD and may represent microvascular ischemic and/or demyelinating changes linked to cerebrovascular disease [294]. Recognition of the contribution of cerebrovascular disease to AD is reflected in NIA-AA criteria for AD that include a diagnosis of possible AD dementia in circumstances where patients have an etiologically mixed presentation including a severe burden of white-matter hyperintensities (WMHs), a widely accepted measure of small-vessel cerebrovascular disease [294]. However, as WM microstructural and cerebrovascular disruptions are observed in both elderly and demented subjects, the threshold separating WM lesion burden in these two patient groups has yet to be determined and the specific WM disease contribution to AD remains unclear. Is WM disease a factor that increases AD risk

and clinical severity independent of the prevailing pathogenic models, or does it promote AD neurodegenerative changes? ADNI publications over the last 2 years have begun to address these issues and to integrate the role of WM disease in AD into current models of disease progression.

Although subjects with hemispheric infarctions at baseline are excluded from ADNI, subject assessment includes several neuroimaging biomarkers for small-vessel pathology. T2-weighted or FLAIR MRI sequences are used to detect WMHs, and cerebral microbleeds are visualized using a T2\* gradient echo MRI sequence [54]. The extent of cerebrovascular disease in the ADNI cohort was investigated by Ramirez et al. [295] who reported that the ADNI-1 sample had a significantly lower WMH burden relative to other elderly and dementia cohort studies. Despite their conclusion that ADNI-1 sample can be considered a relatively pure cohort with little to no vascular burden compared with community populations, ADNI studies investigating the role of WM disease suggest that a low burden may still have a significant impact on disease progression.

**7.2.3.1. Vascular disease and risk factors are associated with cognitive decline and worsening clinical outlook:** Numerous measures reflecting vascular disease have been associated with worsening clinical outlook. Greater baseline WMH volume was associated with lower processing speed [296] and rapid cognitive decline (.6 points/year MMSE) [297]. A vascular index score (summarizing past or present hypertension, hyperlipidemia, diabetes, myocardial infarction, atrial fibrillation, smoking, and stroke) was associated with greater memory impairment [296], and metabolic syndrome (obesity, hyperglycemia, hyperlipidemia, and hypertension) increased the risk of AD and was associated with a faster decline in WM volume [298]. Higher homocysteine levels were associated with lower processing speed [296]; higher cholesterol was associated with a greater rate of increase in global cognition and memory impairment [296]; hyperglycemia was associated with cognitive decline, whole-brain volume decline, and rate of progression to AD [299]; past or present hypertension predicted WMH volumes in CN subjects [300]; and a history of cigarette smoking (associated with oxidative stress and small hippocampal volume [301]) was associated with lower performance on cognitive tests [302]. An alternative marker of cerebrovascular dysfunction, physiological fluctuations in white matter (PFWM), was associated with glucose metabolism and composite memory but not ventricular or hippocampal volume, executive function, or CSF biomarkers [303]. Peripheral insulin resistance was differentially associated with either hypometabolism or hypermetabolism in different areas depending on whether subjects progressed to AD or not, suggesting that it may increase AD risk by affecting glucose metabolism [304]. Vascular burden may be evident at very early stages of cognitive decline as several associations were found in CN as well as MCI subjects [296,298,300,305].

Considerable evidence suggests that cardiovascular risk factors may accelerate neurodegeneration and subsequent cognitive decline via A $\beta$  independent pathways. In CN subjects, A $\beta$  deposition was more associated with *APOE4* positivity than with a history of cigarette smoking, although *APOE4+* smokers had the lowest glucose metabolism and poorest learning and memory scores of all groups, suggesting that cerebrovascular disease may worsen the effects of the *APOE*  $\epsilon$ 4 allele (Fig. 25) [302]. Similarly, stroke risk,

comprising cardiovascular factors such as hypertension and cigarette smoking, was most related to hippocampal volume and memory performance in the absence of A $\beta$  pathology (Fig. 26) [306]. Finally, the association between type-II diabetes mellitus and regional-reduced cortical thickness was modulated by levels of p-tau<sub>181</sub>, but not by cortical A $\beta$  load [307].

Vascular disease may act synergistically with neurodegeneration to accelerate cognitive decline. Tosto et al. [297] reported that low baseline entorhinal cortex volume, a marker of neurodegeneration due to AD, and high baseline WMH volume independently predicted rapid cognitive decline of a similar magnitude. Moreover, individuals with high entorhinal cortex volume and low WMH burden had a significantly lowered risk of rapid cognitive decline (Fig. 27).

**7.2.3.2. WM disease and morphological changes in disease progression:** Two distinct factors in AD subjects were identified in a factor analysis study of hippocampal volume, AD signature cortical thickness, ventricular volume, total WM volume, and volume of WM changes [308]. The first was associated with diffusivity, total volume of WM changes, and ventricular expansion. A second factor was more strongly related to MMSE and cortical thickness changes typical of AD and was associated with worse parahippocampal WM microstructure. These results imply that there are two sets of independently covarying degenerative changes: age-related vascular changes that are associated with ventricular expansion and volume of WM lesions, and WM changes in the parahippocampal gyrus that are associated with hippocampal atrophy and the classical patterns of AD neurodegeneration. WM burden may be more than a simple comorbidity due to vascular disease and may play a specific role in the latter pathway that is not considered in traditional models. Further evidence to support this comes from a study of changes in the quality of WM signal abnormalities. Accelerated before and after MCI progression to AD and echoed the acceleration of hippocampal atrophy at this time [309].

**7.2.3.3. How do WM abnormalities interact with A $\beta$  and tau deposition?:** Clearly, cerebral WM disease influences disease trajectory. Do WMHs act independently of or interactively with CSF biomarkers? WM changes in the elderly have been linked to cognitive deficits but the relationship between the cerebral A $\beta$  deposition and WM microstructure is not well understood. Wolf et al. [310] investigated the relationship between A $\beta$  deposition and WM microstructure in CN subjects using DTI. They found that the relationship between A $\beta$  deposition and DTI metrics of WM integrity (fractional anisotropy, mean diffusivity, radial diffusivity, and axial diffusivity) was not linear. In fact, at lower levels of A $\beta$  burden, increasing A $\beta$  load was associated with increases in fractional anisotropy and decreases in mean diffusivity and radial diffusivity, suggesting an improvement in WM integrity. At higher A $\beta$  burden, increases in A $\beta$  load were associated with DTI measures indicating the opposite. At low A $\beta$  burden, compensatory mechanisms may act to preserve cognitive functioning, but these may be overcome by higher A $\beta$  burden leading to damage to WM structure, which may, in turn, initiate cognitive decline.

In some instances, A $\beta$  load may be correlated with WM lesions. Past or present hypertensive CN subjects had greater WMH volumes at a given burden of A $\beta$  (Fig. 28) [300]. Although

the extracellular A $\beta$  deposition measured by FLAIR MRI in this instance is not directly correlated with cerebral A $\beta$  angiopathy, these results support the idea that A $\beta$  accumulation within blood vessels could exacerbate cerebrovascular injury processes that contribute to WMHs. A $\beta$  load in the medial prefrontal cortex and posterior cingulate cortex was correlated with WM lesion load in CN subjects in periventricular and frontal regions, suggesting a link between microvascular damage and A $\beta$  pathology at the early stages of disease [311]. The location of cerebral microbleeds was differentially associated with CSF A $\beta$  and p-tau<sub>181</sub> levels. Lobar microbleeds at the cortico-subcortical junction, which reflect A $\beta$  angiopathy, and not microbleeds in deep GM, which reflect subject hypertension, were associated with abnormal levels of CSF A $\beta$  and p-tau<sub>181</sub> [312]. Furthermore, subjects with cortical microbleeds were more likely to carry the *APOE4* allele, suggesting that WM damage at this location is associated with typical AD pathology.

Do WMH levels modify the effect of tau in neurodegeneration? Subjects with low baseline t-tau and higher frontal and parietal WMH volumes had greater entorhinal cortex atrophy than subjects with lower baseline t-tau and lower regional WMH volumes [313]. In addition, elevated WMH, particularly in the parietal lobes, predicted MCI to AD progression, and risk of progression increased in subjects with high levels of tau [313]. Thus, WMH burden may act as the “second hit” that is required, in addition to abnormal levels of CSF biomarkers, to produce neurodegenerative and cognitive changes associated with AD (Fig. 29).

Taken together, these studies offer an intriguing glimpse into how the effect of WM disease may be integrated into the traditional model for AD progression. Vascular risk factors may enhance cognitive decline by interacting with A $\beta$  in the early disease stages to increase WM abnormalities. Regional WM abnormalities may then act as a “second hit” to augment the effects of tau abnormalities and neurodegeneration, thus accelerating the remaining disease process. The fact that these findings are from the ADNI cohort which has been characterized as having far lower burden of WM disease than other community samples [295] suggests that the contribution of WM abnormalities to dementia in the wider population may be even more profound.

### 7.3. AD as a disconnection syndrome

Several investigators have suggested that AD is a disconnection syndrome, based on the progressive synaptic and neural degeneration across the continuum of the disease [314,315]. Considerable evidence exists that specific structural and functional brain networks are increasingly disturbed, hypothetically due to neuronal injury caused by the abnormal deposition of A $\beta$  and/or tau [275,316,317]. The different underlying biological substrates of these structural and functional networks, namely WM fiber tract networks, cortical thickness networks, and resting-state functional networks, can be mapped by applying graph theoretical analyses to different imaging modalities in the burgeoning field of “connectomics” [318]. Graph theory uses “nodes” to designate brain regions thought of as hubs, and “edges” to represent the connections between them to construct a topological map of the connectome and to generate measures (strength, weighted local efficiency, weighted clustering coefficient, and characteristic path length) that describe the organization of the network [319,320]. The inclusion of diffusion MRI for studying WM tract geometry, and

TF-fMRI for mapping functional networks, in the ADNI-2 protocol has produced a set of longitudinal data across the disease spectrum that is central to number of studies targeted at understanding the role of brain network disruptions in AD.

**7.3.1. Structural connectivity**—Diffusion MRI can be used to study WM fiber integrity and microstructure based on measures of local water diffusion such as fractional anisotropy (FA), mean diffusivity (MD), axial diffusivity (DA), and radial diffusivity (DR) which respectively reflect the degree of myelination, cell death and edema, axonal injury and demyelination, and loss of oligodendrocytes and reactive astrocytosis [321]. The trajectory and structural connectivity of axonal fibers can be inferred using tractography based on DTI data. Studies of the ADNI cohort have found both global and local changes to WM tracts during disease progression. Sun et al. [322] found increased global DA and increased DR in prodromal patients, and a further increase in these measures, along with decreased global FA, in demented subjects, consistent with widespread WM damage. Reduced WM fiber integrity may be associated with GM atrophy. Deterioration in WM integrity may decrease GM volume, particularly in the hippocampus. Simultaneous changes in GM volume and FA values were reported in AD subjects compared to CN subjects primarily in the temporal lobe/hippocampus/cingulum, frontal/cingulate gyrus–corpus callosum, and temporal/occipital/parietal lobe–corpus callosum/corona radiata [323]. However, there was no correlation between MMSE score and diffusion indices in regions known to affect memory [324] implying that memory loss is an event considerably downstream of network deterioration. Changes in WM structure have been observed in regions of the brain involved in known mechanisms of disease pathology—WM tracts known to be connected to areas of AD pathology appear most prone to deterioration. MCI subjects had increased DR and DA in the external capsules of the lateral cholinergic pathway, a finding consistent with the degeneration of cholinergic neurons of the basal forebrain as a distinct neuropathological feature of AD [322]. AD and MCI subjects had increased total diffusivity and DR and decreased FA in the optic nerves and optic tract, consistent with common visual deficits observed in AD despite relative lack of damage to the visual cortex, and suggesting that the visual pathway from eye to brain may be damaged [325]. The number of nerves fibers of limbic system touching the hippocampus, thalamus, and amygdala decreased from CN to EMCI to LMCI, and this metric was able to distinguish between EMCI and LMCI subjects (Fig. 30) [326]. The cingulum angular WM bundles, connected to the hippocampus, showed progressive deterioration in MCI and AD subjects, and their integrity was associated with hippocampal volume [321]. However, controlling for hippocampal volume did not remove all group differences, suggesting that WM damage additionally contributes to AD through an alternative mechanism.

AD also appears to affect the topology of the structural connectome. This is characterized by small-world properties such as a high mean clustering coefficient reflecting the concentration of highly connected brain regions (“hubs”) and low characteristic path length representing the WM fibers connecting them [320]. Significant group differences in these metrics were reported by Prescott et al. [327] indicating that the AD structural connectome undergoes progressive deterioration with disease progression. Another attribute of the structural connectome, described by the rich club coefficient, is that its hubs are more

interconnected than predicted by chance and play a central role in network communications [320]. Daianu et al. [328] used whole-brain tractography to reconstruct structural brain connectivity networks and to map connections between cortical regions. In MCI and AD subjects, there was a progressive disruption of global measures of network integrity (nodal degree, clustering coefficient, characteristic path length, and efficiency) but a relative preservation of the rich club coefficient. Thus, network disruptions were primarily in peripheral areas of low connectivity and left the highly connected rich club core, consisting of hubs in the superior frontal, insular, posterior cingulate, precuneus, and superior parietal region, relatively undisturbed (Fig. 31). Higher baseline characteristic path length and lower baseline mean clustering coefficient values were correlated with greater volumetric changes over 6 months in a preliminary study of MCI subjects [329]. Decreased clustering in the right pars opercularis, left superior parietal node, and left pericalcarine node was significantly associated with patterns of volumetric changes. Lower betweenness centrality (a measure of the number of short communication paths a node participates in) in the right temporal lobe was associated with greater atrophy, suggesting that this hub facilitates integration between anatomically unconnected regions. These studies suggest that the degree of integration across distributed brain regions and locally within regions decreases with disease progression as the small-world architecture of the brain is disturbed.

Both *APOE4* and A $\beta$  positivity appear to influence the structure of the connectome. The number of *APOE*  $\epsilon$ 4 alleles was negatively correlated with the number of WM fibers touching the hippocampus, thalamus, and amygdala [326]. The shortest path length was increased and global efficiency decreased in preclinical A $\beta$ + compared to A $\beta$ - participants, with no concomitant differences in either hippocampal volume or metabolism [330]. These WM changes were specific to network structure and were not explained by changes in global WM integrity. The degree of A $\beta$  burden was more strongly associated with changes in graph theoretical measures than with diagnostic group and affected large-scale structural networks more severely in CN subjects than in MCI or AD subjects [327]. The decreasing effect of accumulating A $\beta$  burden with time may be because there are fewer viable connections to degenerate [327]. Both studies suggest that damage to the structural connectome may occur very early in pathophysiological development of AD, perhaps closely following A $\beta$  deposition.

**7.3.2. Functional connectivity**—In addition to structural connectivity, the human brain possesses functional connectivity which reflects signaling and communication events that unfold within the underlying structural network [320]. Functional networks are derived from statistical descriptions of time series data reflecting changes in blood flow measured as a blood-oxygen-level dependent (BOLD) signal on TF-fMRI. They differ from structural networks in that they are transitory, modulated by task, and link many structurally unconnected node pairs. Major functional hubs with high connectivity to other regions are located in the ventral and dorsal precuneus, posterior and anterior cingulate gyrus, ventromedial frontal cortex, and inferior parietal regions, and these have significant overlap with the DMN, which consists of an anatomically defined set of hubs and subsystems located in the cingulate cortex [320]. As the DMN is implicated in the process of encoding new memories, and AD impairs memory function, AD pathology may specifically target this

functional network [331]. Increased WM lesion load was correlated with decreased functional connectivity of the DMN, and reduced neuronal activity in the temporal cortex [311].

Changes in functional connectivity appear to occur early in the disease process and can distinguish between EMCI and LMCI subjects. The magnitude of these changes in the posterior cingulate cortex, precuneus, right lingual gyrus, thalamus, and right parahippocampal gyrus increased across patient groups and was related to cognitive performance (MMSE) and the Geriatric Depression Scale [332]. Decreased functional connectivity in the thalamo–hippocampus, thalamo–temporal, thalamo–visual, and thalamo–DMN networks was observed between EMCI and LMCI subjects [333], highlighting the importance of the thalamus, a crucial brain area believed to coordinate communication (e.g., memory, attention, and perception). Interestingly, there were areas of increased functional connectivity between the thalamus and left fusiform gyrus, right middle occipital gyrus, left and right precuneus, right middle temporal gyrus, and left inferior temporal gyrus in amnesic MCI subjects, suggesting that they may be able to use additional brain resources to compensate for loss of cognitive function.

*APOE4* may modulate brain functional connectivity in early stages of the disease. *APOE4* noncarriers had the strongest functional connectivity, whereas EMCI subjects who were *APOE4* carriers had the greatest dysfunction [334]. The pattern of functional connectivity disruptions in EMCI subjects overlapped to a large degree with that of *APOE4* subjects. However, only the EMCI group, and not the *APOE4* group, had decreased connectivity in the prefrontal cortex areas, suggesting a more multidimensional pathology in EMCI than is accounted for by the presence of an *APOE e4* allele alone [334].

Grothe et al. [335] used multimodal imaging data to assess the relationships between seven previously defined major functional connectivity networks (the DMN, frontoparietal-control network, dorsal- and ventral attention networks, limbic network, visual network, and somatomotor networks [Fig. 32]) and A $\beta$  deposition, hypometabolism, and GM atrophy. A $\beta$  deposition was widely distributed across the cerebral cortex, with the highest deposition in the DMN and frontoparietal-control network. This pattern did not change significantly across subject groups, consistent with A $\beta$  deposition being an early event in AD progression. Atrophy occurred primarily in the anterior limbic network, followed by the DMN. The pattern of hypometabolism was a mixture of both A $\beta$ - and atrophy-related profiles. The distribution of atrophy and hypometabolism increased with disease progression (Fig. 33). These results suggest that despite the high vulnerability of the DMN for changes in imaging abnormalities, distinct pathologic markers of AD have differential network specificities targeting different neuronal networks.

A study by Jones et al. [336] replicated many of the aforementioned results and offered a model describing how microscale proteinopathy affects macroscale brain networks to ultimately result in clinical symptomatology. Their multi-modal study tracked the evolution of connectivity changes within and between the ventral, posterior, anterior ventral, and anterior dorsal subsystems of the DMN (Fig. 34) across the course of the disease. They found both increased and decreased connectivity in different regions, consistent with a

previous study [332]. Connections within the posterior and ventral subsystems decreased linearly, whereas connections between posterior and ventral, and posterior and anterior dorsal subsystems, increased linearly across disease course. Decreasing posterior subsystem connectivity was marginally associated with elevated A $\beta$  levels but not with hippocampal volume, whereas increased connectivity between the posterior and ventral DMN subsystems was associated with elevated A $\beta$  levels and decreased hippocampal volume. Like McKenna et al. [334], they found that *APOE4* positivity had specific effects on network connectivity. In CN A $\beta$ - subjects, *APOE4* was associated with lower posterior DMN connectivity only, suggesting that failure of this network may be the earliest critical event in pathophysiology, preceding A $\beta$  deposition. Finally, the decrease in connectivity in the medial temporal lobe-ventral DMN was associated with decreased memory performance.

The results support a model (Fig. 35) in which pathophysiology, possibly instigated by the *APOE e4* allele, originates in the posterior subsystem of the DMN. This results in a transient increase in connectivity between the posterior DMN networks and other systems that are associated with A $\beta$  deposition and hippocampal atrophy. The increased connectivity may indicate high processing burden or inefficient synaptic communications and requires high metabolism which may trigger a cascade of downstream of molecular events associated with AD. The processing burden may then proliferate to downstream networks. Highly connected regions in the brain may be particularly vulnerable to A $\beta$  deposition because of their increased synaptic activity, according to the “nodal stress” hypothesis [335,337]. Indeed, the authors postulated that the shifting of processing burden may lead to APP processing changes and A $\beta$  deposition. Overloading of specific networks may also exacerbate preexisting primary age-related tauopathy in the medial temporal lobe and thereby accelerate tau-mediated neurodegeneration.

**7.3.3. Structural covariance networks**—A complementary approach to diffusion-based and TF-fMRI studies compares patterns of structural covariance of GM volume within selected structural correlative networks. A $\beta$ + AD subjects had decreased structural association in the medial temporal lobe subsystem of the DMN (Fig. 35), with specific decreases between the entorhinal cortex and the medial prefrontal and dorsolateral prefrontal cortices, and in the midline core DMN subsystem [338]. The results suggest that these early structural disruptions between the heteromodal association cortices and the entorhinal cortex may isolate the hippocampus leading to memory loss. Concomitant increased connectivity was observed in other areas such as the salience and executive control networks [338], consistent with the Jones et al. model [336]. Both the salience and executive control networks affect frontal regions of the brain and are likely affected in AD rather than in earlier stages of the disease. The results support the concept of AD as a disconnection syndrome targeting specific large-scale brain networks.

**7.3.4. Metabolic connectivity**—Metabolic connectivity and the topological organization of metabolic brain networks can be surmised by the analysis of metabolic covariance between node regions, using FDG PET, which, like TF-fMRI BOLD measurements, reflects the brain’s metabolism. *APOE4+* CN, MCI, and AD subjects had decreased metabolism in the parahippocampal gyrus and increased metabolism in the medial



frontal gyrus and inferior frontal gyrus compared to *APOE4-* subjects [339]. The metabolic networks of both groups had small-world properties, but *APOE4+* subjects had lower clustering coefficients and significant decreases in nodal centrality, a measure of the number of connections maintained by each hub, in six hub brain regions. *APOE4+* subjects also had abnormally increased local short distance and decreased long-distance interregional correlations. The results suggest that *APOE e4* allele carriers have a less optimal metabolic network than noncarriers. A second study reported that the MCI group had higher clustering coefficients, shorter characteristic path length, and lower betweenness centrality than control subjects, supporting the idea that the small-world characteristics of hub nodes are affected during disease progression [340]. Hub nodes targeted by AD progression were identified in the left anterior cingulum, right superior parietal, left fusiform, right inferior temporal gyrus, and right cuneus.

Hypometabolism in the posterior cingulate cortex is an early marker of AD. Teipel et al. [341] hypothesized that decreased metabolism in the posterior cingulate cortex is related to disrupted input from connected regions, such as the hippocampus, that undergo early atrophy. In CN and EMCI subjects, they found that posterior cingulate cortex hypometabolism was exclusively associated with remote hippocampal atrophy. In LMCI subjects, it was associated with both hippocampal atrophy and local atrophy within the posterior cingulate cortex, as well as with A $\beta$  load. In AD subjects, posterior cingulate cortex hypometabolism was solely associated with local atrophy. These results may result from a diaschisis-like mechanism in which loss of function of the posterior cingulate cortex is caused by connection to the damaged hippocampus and are consistent with a progressive disconnection of the posterior cingulate cortex from subcortical brain regions.

**7.3.5. Models for the spread and propagation of A $\beta$  and tau along brain networks**—Recent neuropathological evidence supports a “prion-like” spreading mechanism for AD pathology in which misfolded pathological proteins trigger the misfolding of adjacent same species proteins and cascade along neuronal pathways via trans-synaptic or trans-neuronal spread [342,343]. The initial misfolding of these proteins and their subsequent propagation along structural brain networks is postulated to result in hypometabolism, atrophy, and ultimately cognitive decline. Two ADNI studies have developed or tested models based on this idea. Raj et al. [344] found that their earlier model describing a prion-like diffusive progression along the fiber pathways defined by the brain connectivity network [345] accurately predicted future patterns of atrophy and hypometabolism based on baseline volume and metabolism. These patterns were in agreement with the stereotypical progression of atrophy from temporal to parietal to frontal regions. They also found that A $\beta$  positivity predicted a faster rate of progression. Iturria et al. [346] developed a model based on similar assumptions for the spread of A $\beta$  pathology, namely that the spread of A $\beta$  as an infectious agent is constrained by the brain’s connective architecture. Their stochastic epidemic spreading model also incorporated the brain’s clearance response to misfolded proteins and reproduced the characteristic patterns of Ab deposition across the disease process (Fig. 36). They found that the A $\beta$  clearance rate was inversely correlated both with worsening clinical diagnosis and increasing number of *APOE e4* alleles and that it partially accounted for variance in CSF t-tau and p-tau<sub>181</sub> levels,

supporting the idea of an interrelated pathway between A $\beta$  pathophysiology and tauopathy. In addition, the model identified the posterior and anterior cingulate cortices as the most likely starting seed regions for the propagation process. The negative relationship between regional A $\beta$  deposition patterns and effective anatomical distances from these regions suggested that the propagation of misfolded proteins from outbreak regions is modulated by the topology of the WM tracts in the brain.

#### 7.4. Conclusions

ADNI studies in 2014 and 2015 have provided ample evidence to support not only the traditional view of an A $\beta$  deposition-instigated cascade of events leading to dementia but also the complexity of disease progression which may involve copathologies or alternative pathways with as yet unidentified underlying pathology.

Cluster analysis of both MCI and CN subjects consistently identify a subtype with attributes of “typical” AD: abnormal levels of CSF biomarkers, hippocampal atrophy, regional hypometabolism, and impaired memory [279,281,283,305]. This group appears to largely overlap with A $\beta$ -positive subjects, who have been identified in ADNI-2 by amyloid imaging and extensively characterized and who appear to follow “typical” AD progression in which biomarkers become abnormal in the sequence defined by Jack et al. [258]. The *APOE*  $\epsilon$ 4 allele may act to modulate this trajectory [128,261,262,276]. Novel findings indicated that atrophy may begin in the presymptomatic phase in areas outside the hippocampus such as the basal forebrain [267,268], precuneus [265,266], parietal gyrus [261], and posterior cingulate [266]. This is an agreement with observations from connectomics experiments which view AD as a disconnection syndrome with the earliest disruptions to metabolic connectivity occurring in the posterior cingulate cortex [328,332]. The model of Jones et al. [336] of a cascading network failure which begins in the posterior subsystem of the DMN, and which propagates connectivity changes along the WM tracts of the structural connectome, provides a provocative framework for functionally linking the many observations of “typical” AD progression. The observation that the *APOE*  $\epsilon$ 4 allele may instigate the process or modulate in some way the structural and functional connectome [310,326,327,334,336] also is consistent with studies of A $\beta$ + subjects. Models of a prion-like mechanism [344,346] by which misfolded A $\beta$  induces further pathological misfolding along structural brain networks predict patterns of A $\beta$  deposition, hypometabolism, and atrophy and provide a mechanistic basis for network failure. The association of WM changes caused by cerebrovascular disease with abnormal A $\beta$  and with markers of neurodegeneration may also be viewed in the light of these models. The association of A $\beta$  positivity with increased cerebral blood flow in the posterior cingulate [277], and with improvements in global measures of WM integrity at low A $\beta$  burden [310], may be evidence of the initial compensatory changes in connectivity predicted by the model of Jones et al. [336]. A $\beta$  pathology and microvascular damage may be linked at the early stages of disease [311], and WM changes in the parahippocampal gyrus were associated with hallmarks of AD decline [308]. Degradation of specific, disease-related regions of the structural connectome by cerebrovascular disease may exacerbate disconnection, consistent with the theory that WM damage causes a “second hit” in disease progression. However, WM changes do not always

lead to AD; the total volume of WM changes was found to be more related to age-related vascular changes [308].

Most MCI and CN subjects were not identified by cluster analysis as following “typical” AD progression. In fact, a substantial proportion were normal by most measures [280–282,286], suggesting that there is a high rate of false diagnostic positives in MCI subjects. Various other subtypes were identified, chief among them a group typified by deficits in executive function and abnormal tau, but having normal A $\beta$  [280,281]. These subjects may be related to A $\beta$ –, neurodegeneration positive SNAP subjects, who were found to progress to frontotemporal dementia and Lewy body disease in addition to AD [291]. Conversely, a subtype of A $\beta$ + patients had primarily cortical atrophy and deficits in executive function which correlated with the distribution of neurofibrillary tangles [157,272]. These individuals likely had atypical forms of AD characterized by predominantly isocortical tau pathology. Finally, most of the associations between A $\beta$  and memory were mediated by neither hypometabolism nor atrophy, further implicating p-tau in the process. The tale of tau has yet to be told; the inclusion of tau PET imaging in ADNI-3 promises to shed light on this conundrum.

The studies have had a profound impact on how we consider the disease process, which, in turn, has many implications for the development of AD preventive treatments and clinical trial design. Many questions remain to be answered: what is the underlying pathology of the A $\beta$ – subtypes? How does abnormal A $\beta$  mechanistically prompt tau propagation? How does tau propagate in the absence of A $\beta$ ? How does WM damage in different regions affect structural, functional, and metabolic connectivity? What is a genetic contribution to these different pathways? The answers will undoubtedly lie in the consideration and integration of results from multiple approaches. The breadth and depth of ADNI positions it ideally at the cusp of discovery.

## 8. Improvement of clinical trials

The overall goal of ADNI is to validate biomarkers for AD clinical trials. A large body of recent ADNI publications describes improved approaches for diagnostic classification, the prediction of future decline and the selection of trial participants likely to decline, and development of outcome measures sensitive to early changes wrought by the disease. To some extent, progress in this area dovetails with advances in our understanding of disease progression; recognition of the heterogeneity and pathophysiology underlying MCI and now even CN participants, and of the wide variety of clinical trajectories, informs many aspects of clinical trial design. As trials move to presymptomatic cohorts, biomarkers will be crucial in identifying those with preclinical AD. Furthermore, biomarkers may provide more sensitive and specific markers of progression. Certainly, this is one of the major hopes for tau PET [347]. Knowledge of how sources of disease heterogeneity influence biomarker changes will enable the selection and monitoring of subjects most likely to benefit from a targeted therapy. These advances improve statistical power to detect a slowing of clinical decline in predementia populations, a major challenge which has plagued AD clinical trials to date.

## 8.1. Diagnosis and prediction

### 8.1.1. Use of established modalities

**8.1.1.1. Multimodal classifiers:** Clinical trial design fundamentally depends on the ability to accurately diagnose the clinical group to which a subject belongs and to predict their likelihood of measurable progression within the time frame of the trial. As no single modality has been shown to be effective in all classification or prediction challenges, researchers have continued to focus on the use of multiple modalities. Optimum combinations of modalities differ between challenges. Although MRI and PET (FDG and florbetapir) were roughly equivalent in their ability to discriminate between AD and CN subjects and between AD and MCI subjects, changes in cortical thickness outperformed other measures for EMCI and CN subjects and may be an early indicator of neurodegeneration [348]. A systematic appraisal of the diagnostic and prognostic abilities of hippocampal volume and CSF biomarkers, alone and in combination, in both *APOE4* carriers and non-carriers found that their multimodal classifier outperformed either single modality [349].  $A\beta_{42}$  levels contributed to discriminating between CN and MCI or AD subjects but not between MCI and AD subjects. Conversely, p-tau<sub>181</sub>, a marker of neurodegeneration, played a role in discriminating between AD and MCI or CN subjects but not between MCI and CN subjects [349].

**8.1.1.2. Prediction of CN to MCI progression:** Biomarkers that predict cognitive decline in CN subjects also reflect disease progression. Based on the hypothetical AD model [258], successive preclinical AD stages have been proposed comprising firstly  $A\beta$  deposition (stage 1), followed by evidence of neuronal injury biomarkers (stage 2), and finally subtle cognitive impairment (stage 3) [278]. Consistent with the stages,  $A\beta_{42}$ , but not p-tau<sub>181</sub>, predicted CN to MCI, but not MCI to AD progression [350]. A cut point of <220 pg/mL  $A\beta_{42}$ , well above the established cut point for  $A\beta$  positivity of 192 pg/mL [292], was the best CSF predictor of decline on ADAS-cog in CN subjects, although t-tau and p-tau<sub>181</sub> alone and their ratios with  $A\beta_{42}$  at modified cut points were also good predictors [350]. A combination of all CSF biomarkers using the modified cut points predicted progression to MCI with an accuracy of 65% [350]. In another study, volumetric changes and t-tau/ $A\beta_{42}$  were associated with a higher risk of progression in CN subjects, and lower baseline memory measures were the strongest predictors of progression [278]. It is important to note that although neuronal injury is included as a diagnostic criterion in AD, different markers of neuronal injury (hippocampal volume, regional glucose metabolism, levels of CSF p-tau<sub>181</sub>) were not found to be equivalent [278,351].

**8.1.1.3. Prediction of MCI to AD progression:** Predictors of MCI progression to AD also reflect the biomarker changes occurring at that stage of disease progression. Combinations of regional volumetric, glucose metabolism, and cortical deposition measures predicted progression with accuracies of 72% [352] and 76% [353]. Neuropsychological measures alone (clock drawing + AVLT) [354], or in combination with hippocampal volume [355], reached similar accuracies. A point-based tool with a range of 0 to 9 which included scores from the Functional Activities Questionnaire (FAQ), ADAS-cog and Clock-drawing tests, middle temporal cortical thinning, and hippocampal atrophy also had good predictive accuracy: 91% of MCI subjects with 7 to 9 points converted to AD within 3 years [356]. The

primary drivers of prediction in the Disease State Index [357] were MRI features; additional neuropsychological and CSF markers improved accuracy only slightly [358]. A comparison of effect sizes of neuropsychological, MRI, FDG PET, and CSF measures for cognitive decline over 4 years in MCI nonconverters and converters (Fig. 37) [354] illustrates the relative importance of these measures, particularly atrophy in temporal regions, functional and memory impairment, and changes in glucose metabolism compared to CSF biomarkers in this transition.

**8.1.1.4. The effect of APOE4 status on the prediction of progression:** Inclusion of *APOE4* status substantially improved the prediction of MCI progression. In *APOE4+* subjects, a hippocampal volume classifier had an accuracy of 76% [349], and a classifier based on FDG PET and volumetric MRI measures had an accuracy of 86.8% [359]. In *APOE4* subjects, the best predictor of progression was a CSF classifier including p-tau<sub>181</sub> that achieved 78% accuracy [349], suggesting that *APOE4* plays a role in modulating disease trajectory, and may account for a portion of the observed disease heterogeneity.

**8.1.1.5. Cognitive and clinical factors in prediction and diagnosis:** Although multimodal classifiers currently predict future decline with the best overall accuracy, the use of cognitive or clinical factors that can be determined at a clinical visit can reduce cost, avoid invasive lumbar puncture procedures, and save time. A brief clinical index which included being female, several neuropsychiatric symptoms, and measures of cognition and functional dependence classified subjects into low (14% converted over 3 years), moderate (51% converted), and high-risk groups (91% converted) and had a Harrell's c-statistic of 0.71, a predictive power similar to other commonly used prediction indexes such as the Framingham cardiovascular risk indicator (Fig. 38) [360]. Specific cognitive tests may be effective predictors. Clock drawing and RAVLT trial 5 were equally predictive of MCI to AD progression (AUC 0.78) as other single cognitive, FDG PET, structural MRI, and CSF biomarkers [354]. Two items on the FAQ (paying attention and understanding TV program, paying bills/balancing checkbook) predicted greater hazard of progression from CN to MCI. Similarly, the Everyday Cognition scale item "keeping mail and papers organized" predicted CN to MCI progression with hazard ratio of 2.27 [361]. These studies support the idea that simple questions regarding function can predict progression to MCI in CN elderly.

**8.1.1.6. MRI biomarkers in prediction and diagnosis:** MRI, although more costly than cognitive tests, is noninvasive and accessible in most settings. Automatic MR imaging analysis may assist a clinician in making an initial diagnosis. An automatic medial temporal lobe atrophy measurement predicted progression from SMC to MCI, and from MCI to AD with sufficient accuracy for clinical utility (AUCs of 0.904 and 0.810, respectively) [362]. Two studies have investigated use of the established Visual Rating Scale which obviates the need for research-oriented volumetric segmentation methods such as FreeSurfer. The entorhinal cortex visual rating system outperformed other visual rating systems against FreeSurfer for the AD versus CN classification (AUCs of 0.87 and 0.86, for entorhinal cortex and Free-Surfer, respectively) and for the MCI versus CN classification (AUCs of 0.73 and 0.75, for entorhinal cortex and FreeSurfer, respectively) [363]. Both visual rating systems and volumetric measures were good predictors of MCI to AD progression, with the

entorhinal cortex visual rating system outperforming both the hippocampal visual rating system and volumetric analysis of the entorhinal cortex [363]. The visual rating scale for medial temporal atrophy outperformed equivalent visual rating scales of global cortical atrophy and posterior atrophy, achieving AUCs of 0.838 and 0.624 for the classification of AD versus CN, and MCIc versus MCIc, respectively, when optimized cutoffs for specific age ranges were used [364]. Visual rating scales may also have clinical utility in detecting sources of disease heterogeneity. A visual rating scale, the frontal subscale of the global cortical atrophy scale, reliably detected frontal atrophy and reductions in cortical volume and thickness that characterize the executive subtype of AD [365].

Further gains in the predictive ability of MRI, particularly in CN subjects, have come from new approaches which can identify changes in subtle structural features that occur before hippocampal atrophy. For example, hippocampal texture in the absence of hippocampal volume loss accounted for cognitive impairment in MCI subjects [28]. A hippocampal grading score which detected subtle patterns of neurodegeneration predicted progression to AD with an accuracy of 72.5% 7 years in advance of this transition [366]. Other features with prognostic potential include changes in the hippocampal subfield and presubiculum volumes [367], shape changes and atrophy rate of the corpus callosum [368], greater WM signal intensity ratio [369], and signal and texture-related features [370]. Data-driven feature selection outperformed region of interest (ROI)-based approaches in the prediction of MCI progression [371], suggesting that the subtle relationships between different brain areas detected by methods such as recursive feature elimination are highly effective predictors (Table 9).

### 8.1.2. Novel CSF and blood biomarkers

**8.1.2.1. Novel CSF biomarkers:** Proteomic approaches have identified numerous potential novel AD biomarkers in both CSF and blood. Potential AD biomarkers can be identified using a multiplex panel of selected CSF analytes that reflect the brain proteome. The p-tau<sub>181</sub>/A $\beta$ <sub>42</sub> ratio, a strong predictor of progression from CN to MCI over a 3- to 4-year period, was used as a continuous variable and endophenotype for AD to identify novel CSF analytes from a proteomic panel [168]. The most significantly associated analyte was heart fatty acid binding protein (FABP), which was comparable to p-tau<sub>181</sub>/A $\beta$ <sub>42</sub> in its ability to predict progression from CN to impaired cognition over 4 years. Other significant predictors were macrophage migration inhibitory factor and VEGF. A panel of 24 CSF analytes outperformed a combination of MRI and CSF measures in predicting MCI progression to AD (accuracy 94.1% vs. 76.5%) and included FABP, chromogranin A, matrix metalloproteinase 2, and pancreatic polypeptide as the strongest predictors [166]. The panel also discriminated between MCI and CN subjects with an accuracy of 91.5%, a sensitivity of 87.7%, and a specificity of 94.3%. Markers of inflammation, complement 3 and factor H, were associated with increasing ADAS-cog scores and lateral ventricular volume over time, suggesting they may have prognostic, but not diagnostic, utility [167].

MS is an alternative proteomics technology to multiplex immunoassay panels that can increase the speed, sensitivity, and quantitative precision of biomolecule analysis limited to a subset of analytes. The Foundation for the National Institutes of Health Biomarkers

Consortium identified CSF-based AD biomarkers using a Multiple Reaction Monitoring MS panel of analytes selected for their relevance to AD and from previous multiplex immunoassay findings. The most significant peptides able to differentiate between MCIc and MCInc subjects were the blood proteins, hemoglobin A, hemoglobin B, and superoxide dismutase, consistent with the hypothesis that the blood brain barrier is leaky in AD. FABP was the top peptide for discriminating between MCI or AD and CN subjects, consistent with findings from immunoassay approaches. The top peptides predicting MCI to AD progression were putative markers of synaptic loss and neuronal injury/degeneration, neuronal pentraxin 2, VEGF, and secretogranin-2 (AUC 0.79).

**8.1.2.2. Blood-based biomarkers:** Because a blood-based test for AD is less costly and less invasive than a CSF-based test, there has been considerable effort in identifying blood-based diagnostic and prognostic AD biomarkers. Although CSF proteins are generally thought to reflect the brain proteome, the relationship between proteins in plasma and CSF is not clear. The cell bound fraction of A $\beta$ <sub>42</sub> was associated with left hippocampal and left entorhinal cortex volumes, suggesting that blood A $\beta$ <sub>42</sub> at least partially reflects A $\beta$  production and/or clearance in the brain [421]. A blood biomarker-based signature comprising chemokine ligand 13, immunoglobulin M-1, interleukin 17, pancreatic polypeptide, and vascular cell adhesion protein-1 predicted neocortical A $\beta$  burden with a sensitivity of 79% and a specificity of 76% [422]. These two studies suggest that A $\beta$  accumulation in the blood is associated with neocortical A $\beta$  burden and characteristic AD atrophy and that blood-based assessment of A $\beta$  burden could have clinical utility.

Changes in plasma levels of bone morphogenetic protein 6, selectin, matrix metalloproteinase 10, and neuronal cell adhesion molecule were correlated with atrophy in temporal lobe structures, the posterior cingulate cortex, and thalamus, and diagnosed AD with a sensitivity of 93% and a specificity of 92% [423]. A panel of plasma proteins including interleukin 16, thyroxine-binding globulin, and peptide YY were predictive of MCI progression (accuracy 62.5%) [423]. Redox-reactive antiphospholipid autoantibodies may be increased early in disease due to neurodegenerative changes in cell membranes, and *APOE4* may act by increasing redox-reactive Fe during disease progression [152]. Elevated levels of redox-reactive autoantibodies against phosphatidylserine, phosphatidylethanolamine, and phosphatidylcholine were elevated in MCI compared to CN subjects, and a panel of these autoantibodies discriminated between MCI and CN with a sensitivity of 80% and a specificity of 83.3% [424].

In conclusion, at the time of this review, no established validated blood test for AD exists. However, there is a pressing need for a test with relatively good sensitivity (even if lacking some specificity) to identify subjects at high risk for AD, who would then undergo further testing such as A $\beta$  PET for diagnosis. There is a great deal of work going on in this field, and the availability of ADNI plasma samples hopefully will provide material for further investigation.

**8.1.2.3. Combinations of CSF and blood biomarkers:** A combination of both CSF and blood analytes may have even greater predictive power than either fluid alone. Lehallier et al. [425] examined multiple groups of variables—clinical, genetic, volumetric, cognitive,

and CSF and plasma analytes—to identify a biomarker signature that could predict the time to progression from MCI to AD 1 to 6 years before clinical diagnosis. Variables from different categories were differentially associated and appeared to carry complementary information about the disease (Fig. 39). For example, CSF and plasma “communicomes” containing proteins involved in intracellular communication were highly associated with each other but not with established CSF biomarkers, whereas genetic factors (*APOE4*, *TOMM40*) were predominantly associated with AD CSF biomarkers. Predictive models for each progression time point in 6- or 12-month intervals identified six variables as top predictors in most models: CDR-SB, CSF tumor necrosis factor–related apoptosis-inducing ligand receptor 3 (TRAIL-R3), plasma apolipoprotein A-II (ApoAII), and CSF fibroblast growth factor 4 (FGF-4). Most analytes had the highest accuracies in predicting progression within 2 to 3 years. A final model consisting of two plasma (ApoAII, cortisol), and four CSF (FGF-4, FABP-H, calcitonin, and TRAIL-R3) analytes predicted MCI progression within 3 years with a sensitivity of 88% and a specificity of 70%. A comparison of this model with other groups of variables is shown in Fig. 40 and supports the idea that novel plasma and CSF biomarkers may outperform modalities traditionally used for prediction such as MRI volumes, cognitive scores, or AD CSF biomarkers and *APOE* status.

**8.1.3. Arterial spin labeling**—Hypoperfusion of brain tissue, detected by arterial spin labeling MRI, precedes atrophy and may therefore be a useful biomarker for early changes in the disease process. Cerebral blood flow was marginally outperformed by structural MRI (AUCs of 0.87 compared to 0.89) in the classification of AD versus CN subjects [426], but the technique may have more utility in classifications such as MCI versus CN or in predicting cognitive decline in subjects with normal cognition.

**8.1.4. Network connectivity measures**—The concept of AD as a disconnection syndrome posits that some of the earliest changes in disease progression are disruptions to network connectivity. Network connectivity measures, which have been shown to differ between patient groups [321–323,329,333], may therefore have prognostic and diagnostic utility.

**8.1.4.1. Structural connectivity measures:** A variety of structural connectivity measures have been tested for their diagnostic or prognostic abilities. These include connectivity measures of WM fiber pathways [427], the tensor-based Fiber Assignment by Continuous Tracking algorithm [428], a new tractographic feature, average tract length [429], and a novel flow-based measure of brain connectivity [430]. The results were variable with accuracies ranging from 71.25% [428] to 97% [429] for the AD versus CN challenge, and from 57.3% [428] to 59.2% [430] for the MCI versus CN challenge. One difficulty in using structural connectivity measures is the high dimensionality of WM tracts. Nir et al. [431] used a novel maximum density pathway algorithm to find the shortest path between probabilistic ROIs and made a compact representation of WM tracts from whole-brain tractography. They used their low-dimensionality representation for classification, achieving accuracies of 84.9% and 79% for the AD versus CN, and MCI versus CN challenges, respectively.



**8.1.4.2. Functional connectivity measures:** Progressive deterioration of functional connectivity appears to be characteristic in AD and is reflected in changes to the network small-world properties and other measures. MCI subjects had lower clustering coefficients and longer characteristic path length than CN subjects in one study, and alterations in these properties in the DMN discriminated between EMCI and CN with an accuracy of 79.7% [432]. A topological metric, compression flow, derived from network centrality criteria, outperformed individual small-world metrics alone. It monotonically followed impairment progression in each patient group, and discriminated between all patient groups (CN, EMCI, LMCI, and AD) [433]. Other studies developed a novel multifractal feature [434] and created a compact representation of the brain network [395] for classification purposes. Machine learning techniques were used for dimensionality reduction and the selection of the most discriminative regions.

**8.1.4.3. Cortical atrophy networks:** Cortical atrophy networks which capture the spread of atrophy have been used for classification in several studies. Surface connectivity maps describing the center of each cortical region affected, the individual volume loss of these regions, and how they move apart were used to define functional regions of the brain [435]. This approach outperformed whole-brain or hippocampal volume in predicting the progression of MCI subjects and achieved AUCs of 0.88, 0.78, and 0.77 for AD versus CN, MCI versus CN, and MCI versus AD classifications, respectively. Instead of solely finding connectivity between areas of cortical atrophy, Friedman [436] developed a new approach, Directed Progression Networks (DPNets), based on the idea of a prionlike spread of the AD pathology along axonal tracts in a characteristic and systematic pattern. DPNets found the direction of connections between network hubs to capture the temporal progression of brain disease and outperformed undirected networks in the classification of AD versus CN subjects, achieving an AUC of 0.87. Interestingly, the network generated by this method did not have the small-world properties observed in almost all other brain networks probably because this network reflects the spread of disorder in the brain, and not computation.

**8.1.4.4. Future directions:** The use of connectivity measures in classification and prediction is still in its infancy. A study which combined metabolic and structural connectivity patterns by constructing networks from both FDG PET and structural MRI data was able to discriminate between AD and CN, MCI and CN, and MCI and AD subjects with AUCs of 0.96, 0.91, and 0.88, respectively [437]. The results for classifications involving MCI compare favorably with other state-of-the-art multimodal approaches, hinting at the potential power of multimodal network connectivity approaches. Methodological improvements will aid in the development of this exciting new area. Technical issues were found to influence interpretation of graph theory measures [438] and may be overcome by the standardization of connectomics methods. One study improved classification sensitivity and specificity by including a more modern group-wise DTI registration step [439] and likely represents just the initial phase of improvements in this area.

**8.1.5. Single nucleotide polymorphisms—**For the first time, ADNI studies demonstrated that diagnostic classification and the prediction of future clinical decline could be improved by the addition of selected SNPs to other modalities. One hundred eighty-nine

SNPs selected for their discriminative ability improved classification accuracy by 5% and 3% for the MCI versus CN, and AD versus MCI classifications, respectively [254]. Top hits included *CTNNA3* and *PON2*, but not *APOE*. SNPs did not improve the AD versus CN classification in combination with any other modality. The addition of 101 top SNPs from a GWAS to MRI features such as hippocampal volumetric and surface morphology data improved prediction of MCI to AD progression over 48 months, achieving an AUC of 0.95 [255]. The SNP markers selected for prognosis differed from those associated with increased disease risk, suggesting that genes underlying the MCI to AD progression differ from those that increase disease risk. This is an exciting advance and holds much promise for the incorporation of similar data to improve stratification and subject selection.

## 8.2. Diagnosis and prediction methods

A plethora of novel machine learning approaches to diagnosis and prediction have been developed and tested using ADNI data in 2014 and 2015, leading to an overall improvement in classification and prediction accuracy. The use of standardized ADNI data sets has, in some cases, facilitated comparison of results. Deep learning algorithms that use multiple processing layers to model high-level data abstractions have proved exceptionally successful in selecting and combining optimal features from multiple modalities. In combination with some form of dimensionality reduction and a classifier such as a support vector machine or treebased algorithm, either as sequential steps or as an embedded wrapper algorithm, deep learning has improved the effectiveness of MRI as a single modality to the point where it rivals multimodal approaches for classification accuracy. Several studies reported MRI-based methods that could discriminate between AD and CN subjects with accuracies between 92% and 97% [374,387,388,394] or predict MCI progression to AD with accuracies exceeding 80% [374]. Notably, Gorji et al. [394] used pseudo-Zernike moments, powerful shape descriptors used in image recognition, to characterize global and local pattern shapes and select discriminative features that were used by a supervised neural network for classification. Their results were comparable with other state-of-the-art methods for the AD versus CN classification but substantially outperformed other methods, including multimodal approaches, for the more challenging problems of MCI versus CN (sensitivity 95.9%, specificity 95.3%, and accuracy of 95.6%), and AD versus MCI (sensitivity 94.2%, specificity 95.6%, and accuracy 94.9%) classification. This publication illustrates the vast potential of neural networks in tackling these classification problems, and further rapid improvement in this area is likely concomitant with the burgeoning development of this area of machine learning.

However, the best classifiers generally still incorporated multimodal information; deep learning approaches improved feature selection, in part by preserving intermodal relationships. The best multimodal classifiers for the AD versus CN, and MCI versus CN challenges reached accuracies of >95% [405,408,410,411,416–418] and >82% [304,405,417,420], respectively. An approach which incorporated longitudinal multimodal data, and which notably included *PICALM* status, predicted progression of MCI subjects to AD with an accuracy of 91% [413]. It is beyond the purview of this review to detail all of these efforts; they are instead summarized in Table 10. Instead of binary classification, one study used machine learning of structural MR images of a normative population to define a

brain abnormality index [386], and others tackled multi-class classifications such as AD versus MCI versus CN (Table 11). Finally, a number of publications focused on addressing technical problems such as incomplete or imbalanced data in multimodal classification or problems with imperfect reference tests (Table 12).

### 8.3. Subject selection and outcome measures

With the transition of AD preventive and treatment clinical trials to preclinical and presymptomatic populations, the selection of subjects likely to decline in the near future, and the selection of clinical end points able to detect a treatment effect, are of paramount importance. Inclusion criteria include A $\beta$  positivity, tau pathology, hippocampal atrophy, or combinations of these and genetic markers and are fundamentally guided by the need to decrease heterogeneity in the trial population. Both prognostic enrichment (selecting patients likely to progress) and predictive enrichment (selecting patients likely to respond to the therapy being trialed) need to be considered. Cognitive end points must be sensitive to early cognitive changes such as delayed recall, function, and attention, and imaging end points must also detect early changes. Once again, selection of inclusion criteria and outcome measures are informed by knowledge of disease progression. Understanding how covariates influence disease progression, even in an enriched MCI population, aids in selecting populations likely to progress.

A model predicting cognitive decline on the CDR-SB in MCI subjects found that the rate of disease progression was influenced by current CDR-SB score, baseline levels of CSF biomarkers, and baseline Delayed Logical Memory and Trails A scores [459]. Subjects selected for either low or high p-tau<sub>181</sub>/A $\beta$ <sub>42</sub> progressed at different rates, and the model identified a subpopulation with low likelihood of disease progression based on this ratio (Fig. 41). A different model found that baseline severity measured by CDR-SB, baseline hippocampal volume, and *APOE4* predicted shorter times the clinical worsening [460] and estimated N80s of around 550 CN subjects using either low hippocampal volume or *APOE4* positivity as an enrichment strategy for a 2-year trial. However, baseline values of biomarkers may not be sufficiently informative to predict clinical decline. Longitudinal biomarker progressions predicted substantially more variability in cognitive decline than baseline measures; ventricular expansion explained 40% of variability compared to a mere 8.7% of variability explained by baseline ventricular volume in MCI subjects [461]. Therefore, the use of longitudinal biomarker progressions for enrichment could improve the statistical power of clinical trials.

**8.3.1. Enrichment biomarkers**—A $\beta$  positivity is currently used as an inclusion criterion for CN participants in the anti-A $\beta$  A4 secondary prevention trial which aims to slow cognitive decline in CN elders using solanezumab [462]. Improvement of quantitative accuracy of amyloid PET scans by refinement of acquisition protocols and tracer administration, subject management, and image quality control and processing could reduce sample sizes for trials of intervention effects [463]. Prediction of A $\beta$  positivity by florbetapir PET was improved by the determination of a cutoff value of 1.24 based on three regions of interest (posterior cingulate cortex, precuneus, medial frontal cortex) which achieved an accuracy of 98.5% [464]. Visual inspection of florbetapir PET images was as effective as

SUVR in determining A $\beta$  positivity [465]. Alternative automated methods such as Syngo-PET A $\beta$  Plaque [466], and a method based on a two-point correlation metric, wS2 [467], were comparable to SUVR and offered some advantages such as the ability to detect subtle changes in patterns of A $\beta$  deposition [468].

Hippocampal volume is the first imaging biomarker to be qualified by the European Medicines Agency to select amnesic MCI subjects at risk of imminent rapid clinical deterioration for clinical trials [469]. As hippocampal volume is an established biomarker of AD, it can help to differentiate between the approximately two thirds of subjects who have MCI attributable to AD and the approximately one third of MCI subjects on a different disease pathways not necessarily attributable to A $\beta$  pathology. Yu et al. [470] describes the systematic operationalization of hippocampal volume as an enrichment biomarker by defining specific cut points of hippocampal volume, comparing different commonly used algorithms for hippocampal volume quantification (FreeSurfer, HMAPS, LEAP, NeuroQuant), and considering three cognitive end points, MMSE, ADAS-cog, and CDR-SB. Hippocampal volume, calculated by any of the quantification methods, reduced sample sizes for all cognitive outcomes by 40% to 60%, with the greatest reduction in sample sizes at a cut point of 10% of normal volume. Trial costs were estimated to be reduced by 30% to 40% over a range of hippocampal volume cut points, although little effect on trial duration was predicted, regardless of cognitive end point (Fig. 42). Designed to guide clinical trial design, this analysis illustrates the trade-off between statistical and practical considerations.

Deep learning algorithms may also have great potential for selecting inclusion criteria that increase statistical power and reduce sample sizes in clinical trials. Ithapu et al. [471] described a new method of enrichment using inclusion criteria derived from FDG PET, florbetapir PET, and structural MRI features learned using their novel randomized denoising auto-encoder marker. Using CDR-SB scores as an outcome measure, this method reduced MCI sample sizes at least fivefold compared with no enrichment (N80s: 281 vs. 1586) and improved on enrichment with hippocampal volume alone (N80: 389) for a 2-year trial, suggesting that the learning algorithm can capture data from different modalities most representative of changes during disease progression.

**8.3.2. Outcome measures**—As clinical trials move to presymptomatic subjects, the development of outcome measures which can detect a subtle treatment effect is vital. Some investigations have focused on developing a clinical measure sensitive to very early cognitive changes; others have developed candidate biomarkers as potential surrogate outcome measures. A composite score developed from existing clinical end points and consisting of Word Recall, Delayed Word Recall, Orientation, 13-item CDR-SB, and FAQ had greater sensitivity to detect change in MCI subjects enriched with *APOE4*, hippocampal volume, and CSF A $\beta_{42}$  than either CDR-SB alone or ADAS-cog [472]. The primary outcome measure in the A4 study is the Alzheimer's Disease Cooperative Study Preclinical Alzheimer's Cognitive Composite, comprising Total Recall, Delayed Recall, Digit Symbol Substitution, and MMSE [473]. A $\beta$ + CN participants had greater decline in this measure than A $\beta$ - participants on this measure across different cohorts. With a cohort size of 500, it was predicted that the A4 study would be able to detect treatment benefit of about 0.5 units

of the measure at 80% power over 3 years [473], suggesting that the measure is sufficiently sensitive and specific to detect A $\beta$ -related decline in this trial population.

The quest for a surrogate outcome measure with greater power to detect decline than cognitive measures has progressed with several systematic studies comparing the efficacy of various biomarkers. Imaging biomarkers, especially MRI, have been of particular interest as longitudinal changes in them can be precise and reproducible. Caroli et al. [474] compared the power and performance of MRI and FDG PET biomarkers, and ADAS-cog, and found that for a 2-year trial with yearly biomarker assessment, a measure of the longitudinal whole-brain atrophy, KN-BSI [475], had the greatest power, with N80s of 48 and 85 for MCI subjects selected for A $\beta$  positivity, or hippocampal atrophy, respectively. In comparison, they calculated N80s of approximately 1000 using ADAS-cog as an outcome measure with either enrichment strategy. Longer trials, but not more frequent biomarker assessments, increased power. Although measures of atrophy such as KN-BSI are well established, they may be outperformed by machine learning algorithms that are optimized for power to detect brain change. Gutman et al. [476] extended a previous data-driven feature selection approach [477] to maps of whole-brain volume change derived from TBM measures and combined this with ventricular surface measures to generate one summary atrophy score. This outperformed either measure alone and statistically defined ROIs in 1- or 2-year trials in both AD and MCI subjects, with calculated N80s of 31 for AD, and 56 for MCI subjects for a 2-year trial.

A systematic comparison of selection criteria and cognitive end points in CN elderly [478] found that a combination of the composite measure comprising the 11-point ADAS-cog, Delayed Recall on AVLT, and Trails B, and subject selection with three or four abnormal biomarkers (from *APOE4*, A $\beta$ +, tau+, or hippocampal atrophy+) reached 79% power with  $N = 1500$  participants per arm over a 3-year trial, assuming a 25% effect size of treatment (Fig. 43). Trial durations of longer than 4 years were required to achieve greater than 80% power using this combination of enrichment criteria and cognitive outcome measure. Recruiting subjects with multiple pathologies increased the power to detect change by 15% to 20%, but this strategy would also increase costs and limit the pool of eligible participants. A structural MRI surrogate outcome measure may improve the feasibility of clinical trials in CN subjects by lowering costs and increasing the power to detect disease progression and may be especially suited to trials of therapies that aim to repair brain tissue rather than clear A $\beta$ . Hua et al. [479] investigated the utility of longitudinal TBM biomarkers for tracking brain changes, comparing the power of single numerical summary of brain atrophy scores reflecting disease-related change in the temporal lobe (temporal-ROI) [480], statistically defined ROIs, or over the whole brain over different trial lengths, and with different subject groups, enrichment biomarkers, and scan intervals. The whole-brain measure and statistically defined ROI measure produced N80s of 127 and 241, respectively, for CN subjects, 141 and 314, respectively, for EMCI subjects, and 72 and 162, respectively for LMCI subjects for a 2-year trial using a 12-month scan interval. Both measures are trainingbased approaches which select regions with the most consistent and detectable change. Enrichment using *APOE4* or A $\beta$  further reduced sample sizes to around 100 subjects regardless of diagnostic group (Fig. 44). Of 10 AD risk alleles tested as enrichment criteria, only *APOE4* produced any gains in statistical power. Both statistically defined ROIs

and the whole-brain measure based on linear discriminant analysis are training approaches which differ in training sample size and region selected; statistically defined ROI requires a small training set and selects regions such as the temporal lobe which are likely to be affected in AD but has low statistical power, whereas the whole-brain approach requires a larger training set and may not select patterns of brain change germane to the treatment but has higher performance and statistical power. Trade-offs between end-point measures and selection biomarkers will ultimately represent a balance of cost and power and will reflect the drug mechanism.

#### 8.4. Other improvements to clinical trials

The use of a placebo arm in addition to the treatment arm in clinical trials raises ethical issues. The Placebo Group Simulation Approach [481] models the placebo group based on baseline data of the treatment group and forecasts the distribution of quantified outcomes in MCI subjects. A comparison of empirically observed and simulated data suggested that the model approximated placebo data well. Of the baseline variables, cognitive performance predicted the trajectory of cognitive decline most accurately.

#### 8.5. Conclusions

The overarching theme of publications focused on improving clinical trials from 2014 and 2015 has been a shift to optimizing enrichment strategies and developing outcome measures suited to trials in CN cohorts. Knowledge of disease progression has guided this development; the effectiveness of established biomarkers at diagnostic and prognostic challenges reflects their position in the temporal ordering of biomarkers as described by the first model of the pathological cascade [482]. The prediction of imminent decline in CN participants may require adjustment of established cut points of CSF biomarkers, the use of subtle changes to MRI features instead of atrophy measures, or measures of cognitive domains first affected in the disease. Multimodal approaches remain the most effective at prediction and classification, and the addition of novel modalities such as selected SNPs or network connectivity measures may improve accuracy even further. Panels of CSF and/or blood biomarkers now rival established multimodal biomarkers for diagnostic and prognostic utility. A substantial number of machine learning approaches have been tested using ADNI data and illustrate the potential power of neural networks in selecting highly discriminative features in single modalities, and in detecting optimum intermodal relationships using multiple modalities. The greatest gains in accuracy have been made in the more difficult classification (MCI vs. CN, AD vs. MCI) and prediction (CN to MCI, MCI to AD) challenges. Systematic studies of enrichment biomarkers, outcome measures, and combinations of the two have provided critical guidance to inform clinical trial design. Enrichment strategies aim to reduce the heterogeneity of trial cohorts and select populations both at risk of imminent decline and likely to respond to the trial treatment. Some studies refined cognitive measures as outcome measures, whereas others developed surrogate outcome measures using MRI approaches. Combinations of subject selection using multiple inclusion criteria and MRI longitudinal measures as surrogate outcomes had the greatest power to detect treatment effect and the most feasible sample sizes for early intervention trials in CN subjects.

## 9. Summary

Studies using ADNI data have produced an unprecedented body of research in 2014 and 2015. What then are the fundamental conclusions from this work? If you have read this entire review, hearty congratulations on your perseverance; if not we offer the following summary. ADNI studies have been supported by the continued development and standardization of methodologies, sample collection and distribution, and curating and sharing of data by the various ADNI Cores. The longitudinal data extending now over a decade and the breadth of modalities represent a unique resource to the scientific community that has been used in a myriad of ways to expand and deepen our knowledge of AD progression and to inform AD clinical trial design.

Studies of subjects selected for A $\beta$  positivity have largely confirmed the order in which biomarkers become abnormal during disease progression and have suggested that *APOE* modulates disease progression through A $\beta$  clearance mechanisms. However, there appears to be variability in this relatively well-defined process. For example, A $\beta$ + subjects with predominantly cortical atrophy had impaired executive function, whereas those with predominantly hippocampal atrophy had impaired memory function. Cluster analysis studies of CN and MCI subjects also consistently identified an executive function-impaired subtype, in addition to the more typical memory-impaired amnesic subtype, and differences in underlying atrophy patterns may result in to diverse neuropsychiatric symptoms observed in AD. These subtypes may correspond to differing distributions of neurofibrillary tangles. Multiple lines of evidence suggest that deposition of abnormal A $\beta$  alone does not result in memory impairments typical of AD. Instead, A $\beta$  deposition may be a prequel for the development of neurofibrillary tangles which may be more strongly associated with cognition. The precise role of tau fibrillar A $\beta$  is unknown, and the introduction of tau PET imaging in ADNI-3 is expected to shed light on the issue. Regional WM abnormalities, increased by vascular risk factors acting in conjunction with A $\beta$ , may additionally augment the effects of tau abnormalities, accelerating the AD disease process.

Two diverse approaches attempted to integrate knowledge from disparate facets of AD research. The concept of AD as a disconnection syndrome was enabled by the inclusion of diffusion imaging and TF-fMRI in the ADNI-2 protocol to track perturbations to structural, functional, and metabolic, and cortical atrophy networks during AD progression. Network changes were observed in presymptomatic subjects and support the earliest pathological changes occurring in the posterior cingulate cortex, consistent with MRI studies of CN subjects in which initial atrophy was observed in areas outside the hippocampus, such as the precuneus. Models for the spread of pathology based on a prionlike misfolding of A $\beta$  along WM tracts predicted patterns of cortical A $\beta$  deposition, glucose hypometabolism, and atrophy. Likewise, a Systems Biology approach integrating genomics, transcriptomics, proteomics, and metabolomics has begun to capture the biological complexity of AD engendered in part by its polygenic nature. Biologically informed strategies have allowed insights into how genetic underpinnings of AD are associated with biochemical mechanisms. The search for the “missing heritability” of AD has identified novel risk alleles and highlighted the involvement of processes such as inflammation, synaptic function, cell migration, cholesterol metabolism, and calcium signaling.

CN and MCI groups have proven to be highly heterogeneous; a sizeable portion of MCI subjects was virtually indistinguishable from CN subjects in all regards, and conversely, many CN subjects harbored pathology predictive of future clinical decline and were more aligned with the MCI group. This likely reflects the fact that MCI, even amnesic MCI, can be associated with a variety of pathologies, one of which is AD. It also implies that pathological events have already occurred in a portion of presymptomatic subjects. A group of MCI subjects with neurodegeneration in the absence of abnormal A $\beta$  deposition appeared to be on a different pathway to dementia. The development of biomarkers of common comorbidities observed at autopsy such as Lewy bodies ( $\alpha$ -SYN) and hippocampal sclerosis (TDP-43) will help future researchers to untangle the complex and seemingly intertwined trajectories to dementia.

Technological advances in machine learning such as the use of neural networks for feature selection have substantially improved the ability to discriminate between CN and MCI subjects, and MCI and AD subjects, and the ability to predict cognitive deterioration in CN and MCI subjects. Multimodal approaches to classification and prediction of future decline remain powerful, especially with the addition of new network connectivity measures or SNP data. However, the application of improved machine learning approaches to single modalities such as structural MRI has achieved accuracies rivaling state-of-the-art multimodal methods, and a cost-effective, widely available, and noninvasive approaches such as this may ultimately prove preferable for diagnosis.

Improvement of clinical trials of AD therapies, the overarching goal of the ADNI study, has been guided by a deeper understanding of AD progression and subject group heterogeneity. As AD therapies began to target presymptomatic patients, the choice of inclusion criteria that select subjects at risk of imminent decline, and outcome measures that are sufficiently sensitive to detect treatment effect within a feasible time frame is critical. Systematic studies have examined combinations of subject selection criteria such as *APOE4* status, A $\beta$  positivity, and hippocampal volume, together with cognitive and imaging outcome measures. Subject selection on the basis of a single pathology improves trial power; selection on the basis of multiple pathologies results in further gains in power. The sensitivity of cognitive end points to detect a subtle treatment effect in early phases of the disease has improved. However, surrogate outcome biomarkers such as longitudinal imaging have been predicted to significantly reduce sample sizes, trial duration, and trial cost and thus improve the feasibility of trials in presymptomatic subjects.

The remarkable advances described in ADNI papers over the course of 2 years have fundamentally altered our view of AD progression and offered significant guidance for clinical trial design. As the pace of discovery accelerates with the accumulation and sharing of an increasingly diverse longitudinal data set, ADNI will undoubtedly make even greater contributions to the field in the coming years.

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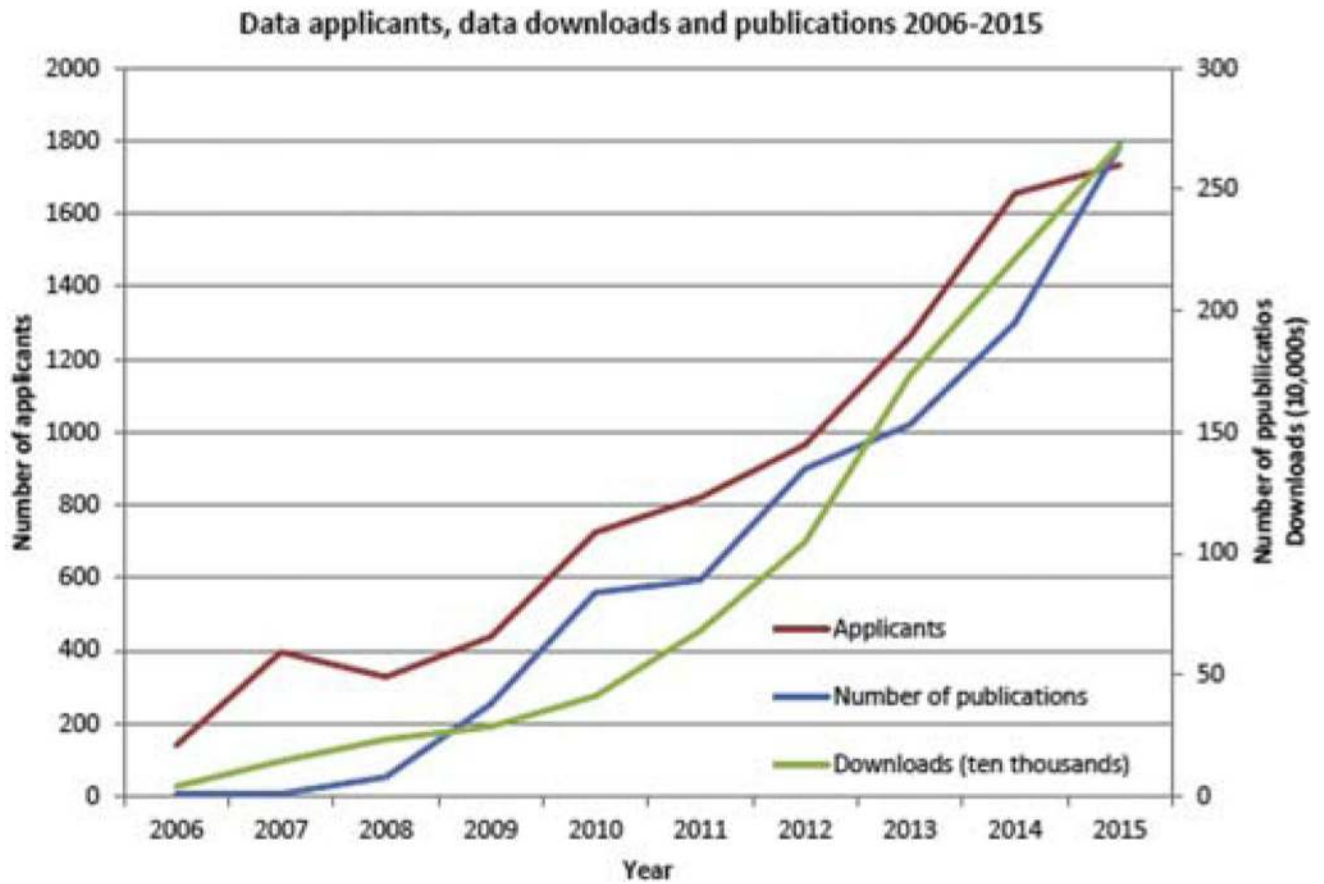
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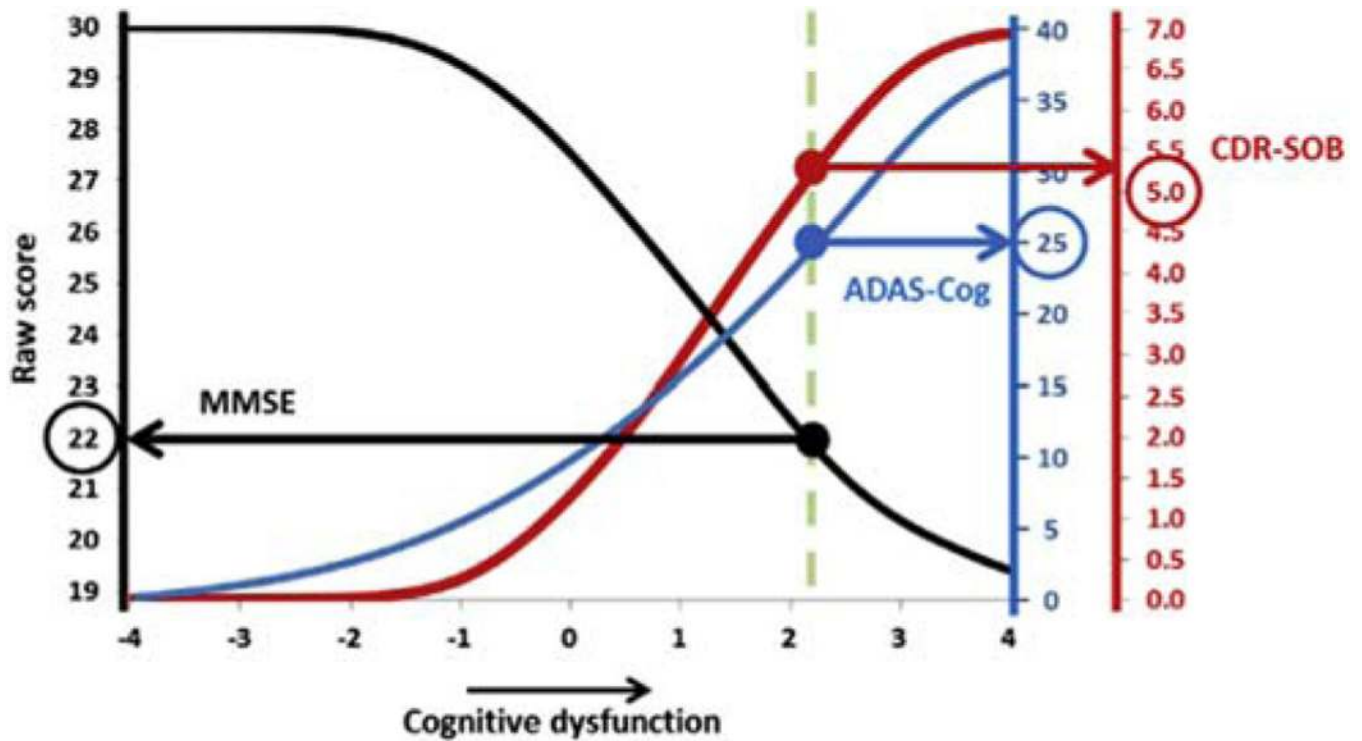
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### RESEARCH IN CONTEXT

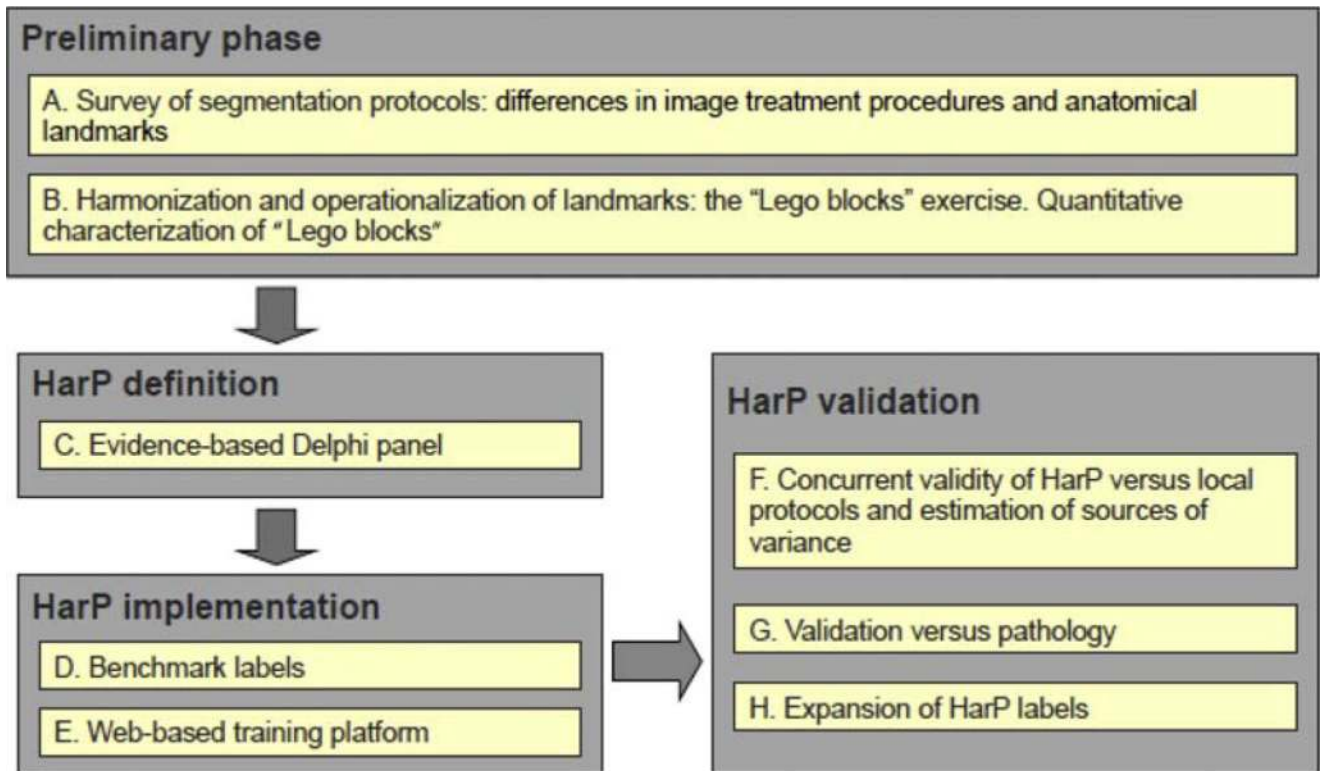
1. Systematic review: The authors identified publications using data from the Alzheimer's Disease Neuroimaging Initiative from their submission to the Data and Publications Committee, by traditional sources (PubMed and Google Scholar) and by personal communication with authors.
2. Interpretation: Substantial progress was made in 2014 and 2015 in improving biomarkers for clinical trials of Alzheimer's disease (AD) therapies and the understanding of AD progression. Subtle structural and functional changes occur in presymptomatic subjects. Subjects positive for abnormal  $\beta$ -amyloid deposition progress according to the amyloid cascade hypothesis; other groups of mixed pathology may have different trajectories. Models of prion-like spreading  $\beta$ -amyloid pathology along white-matter tracts predict aspects of disease progression and emphasize the importance of structural, functional, and metabolic connectivity in AD. A Systems Biology approach identified novel risk gene loci. Diagnostic and prognostic accuracies improved using deep learning strategies.
3. Future directions: This knowledge will inform and improve clinical trial design.



**Fig. 1.** Applications for use of ADNI data, download activity, and the number of ADNI publications per year, 2006–2015. Abbreviation: ADNI, Alzheimer’s Disease Neuroimaging Initiative.

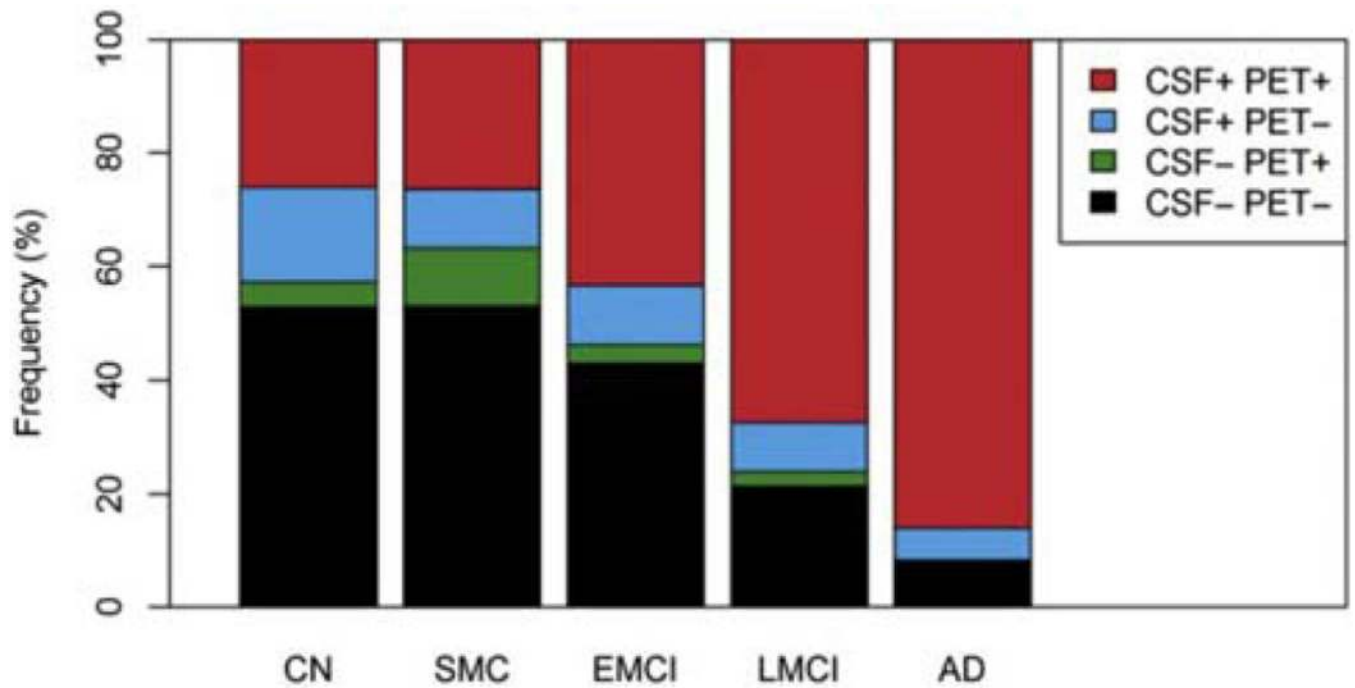


**Fig. 2.** The correspondence among three measures of cognitive dysfunction in Alzheimer's disease. Latent AD-related cognitive dysfunction was calculated using Item Response Theory methodologies estimated from ADAS-cog, MMSE, and CDR-SOB. Abbreviations: AD, Alzheimer's disease; ADAS-cog, Alzheimer's Disease Assessment Scale-cognitive subscale; CDR-SOB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination. Reproduced with permission from [21].

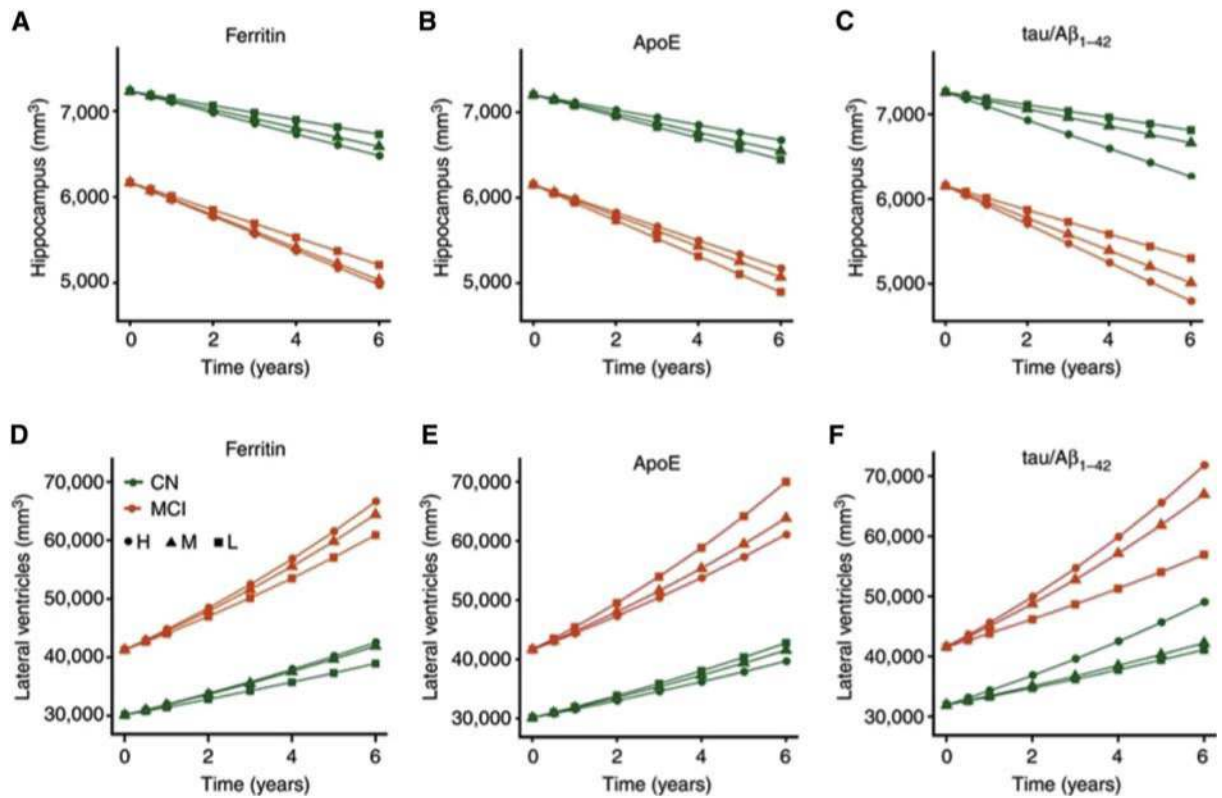


**Fig. 3.** Steps followed to develop the European Alzheimer's Disease Consortium-ADNI harmonized protocol for manual hippocampal segmentation (HarP). Reproduced with permission from [55].



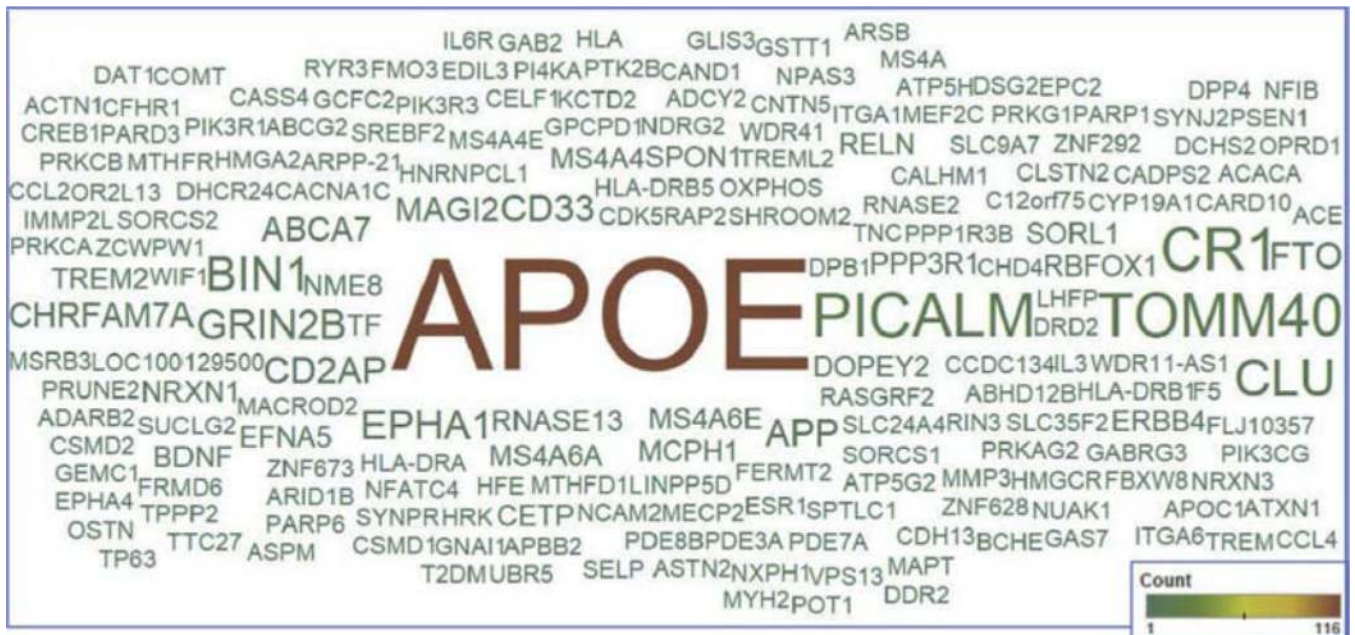


**Fig. 4.** Frequencies of different CSF and PET A $\beta$  profiles in different diagnostic groups. Subjects were dichotomized by CSF A $\beta_{42}$  or florbetapir PET and classified as concordant negative (CSF- PET-), discordant (CSF+ PET- and CSF- PET+), and concordant positive (CSF+ PET-). Abbreviations: AD, Alzheimer's disease; CN, cognitively normal; CSF, cerebrospinal fluid; EMCI, early MCI; LMCI, late MCI; MCI, mild cognitive impairment; PET, positron emission tomography; SMC, subjective memory concern. Reproduced with permission from [141].

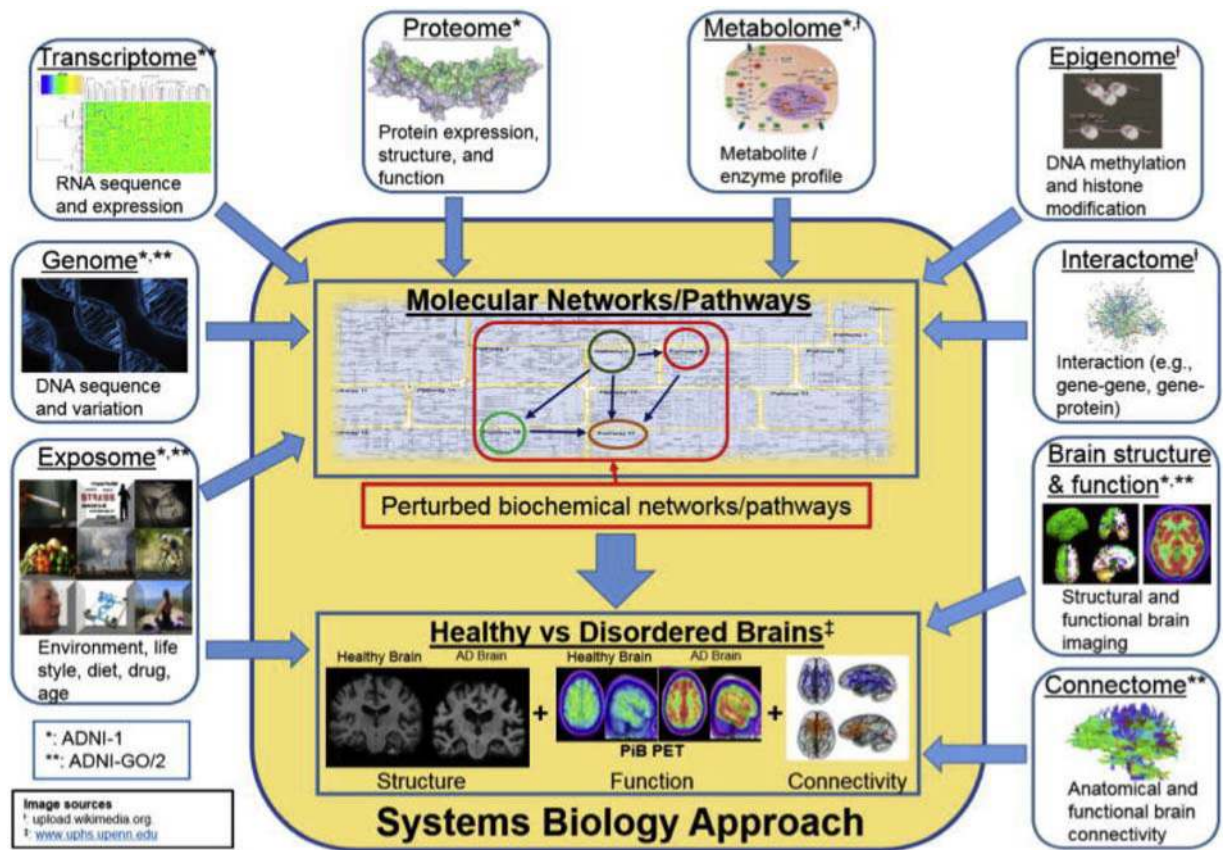


**Fig. 5.**

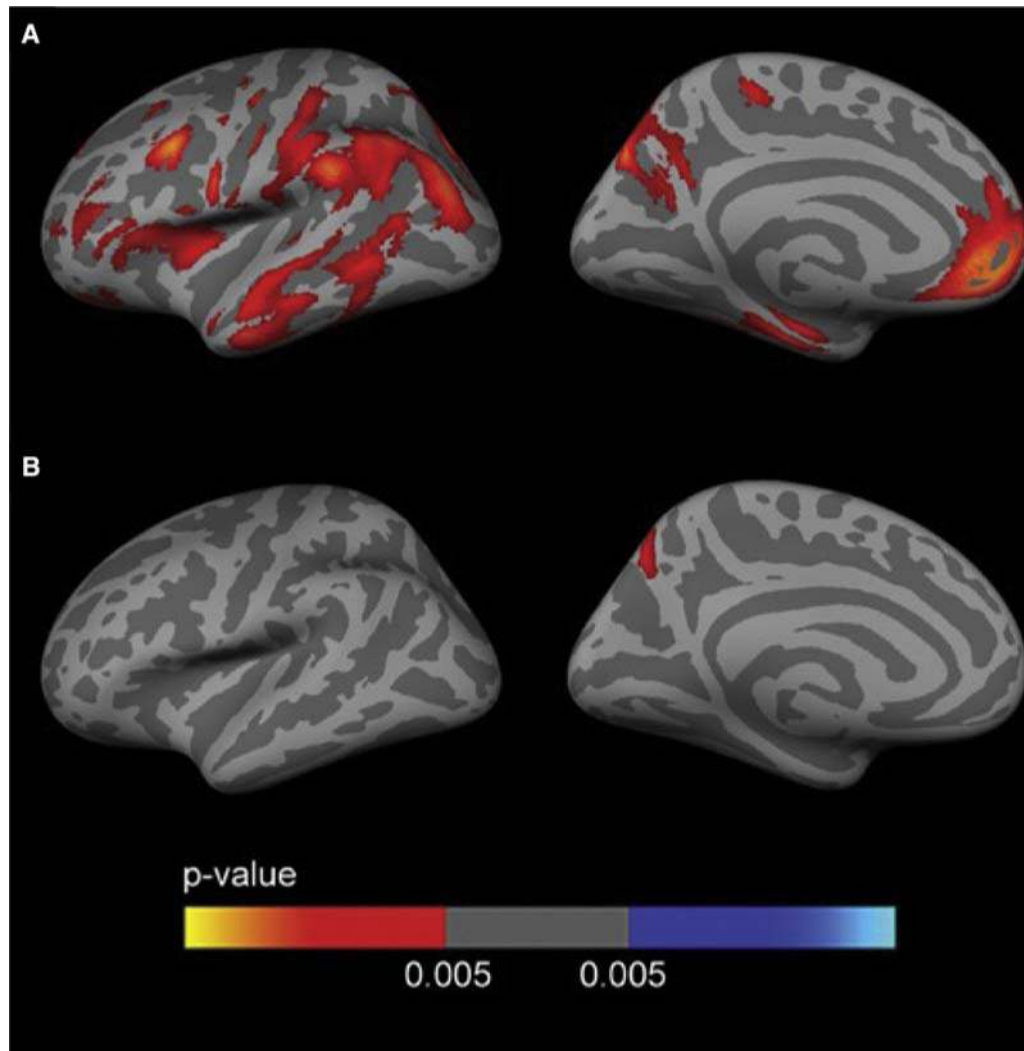
CSF ferritin independently predicts brain structural changes. (A–C) Longitudinal hippocampal volumetric changes based on tertiles of CSF: (A) ferritin, (B) ApoE, (C) tau/Aβ<sub>42</sub>. (D–F) Longitudinal volumetric ventricular changes based on tertiles of CSF: (D) ferritin, (E) ApoE, (F) tau/Aβ<sub>42</sub>. Abbreviations: CN, cognitively normal; CSF, cerebrospinal fluid; H, highest tertile; M, middle tertile; MCI, mild cognitive impairment. Reproduced with permission from [152].



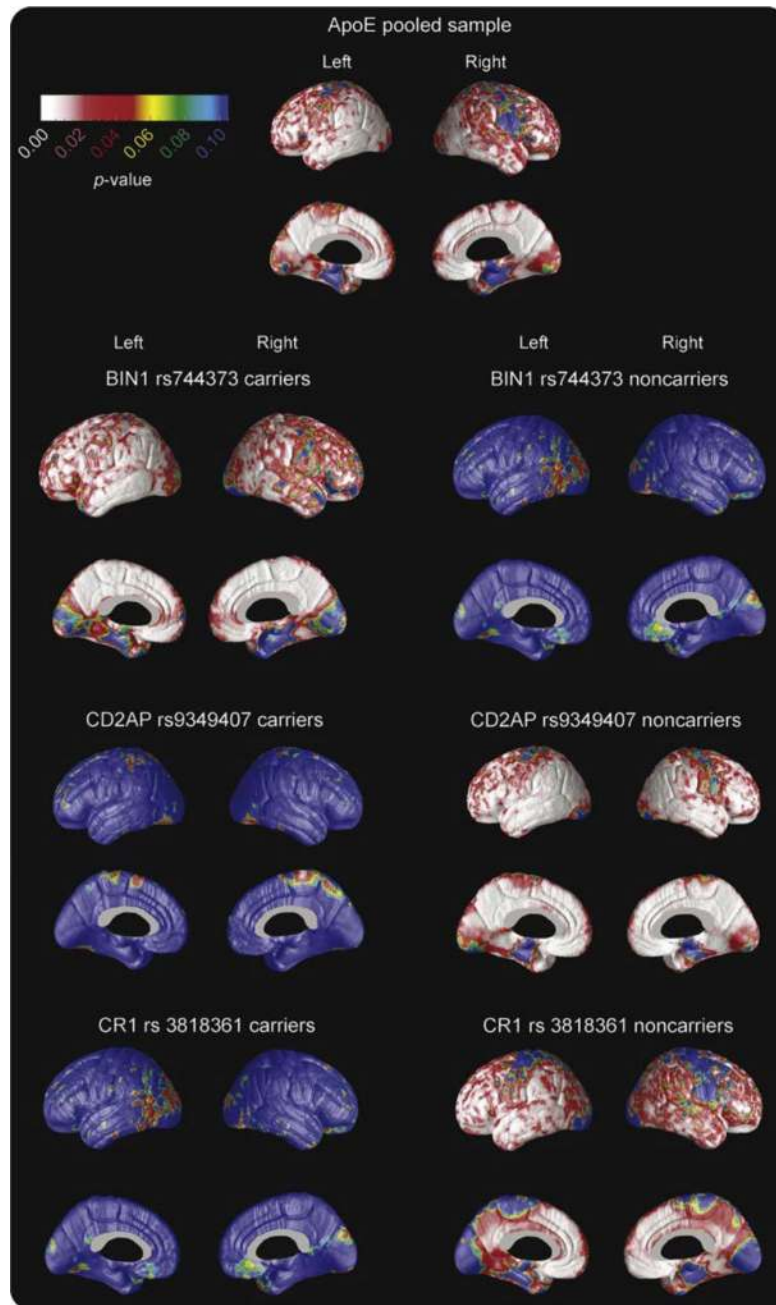
**Fig. 6.** Word cloud of genes names reported in articles using ADNI genetic data. The color and size of the gene name corresponds to the number of abstracts mentioning the gene. Abbreviation: ADNI, Alzheimer's Disease Neuroimaging Initiative. Reproduced with permission from [172].



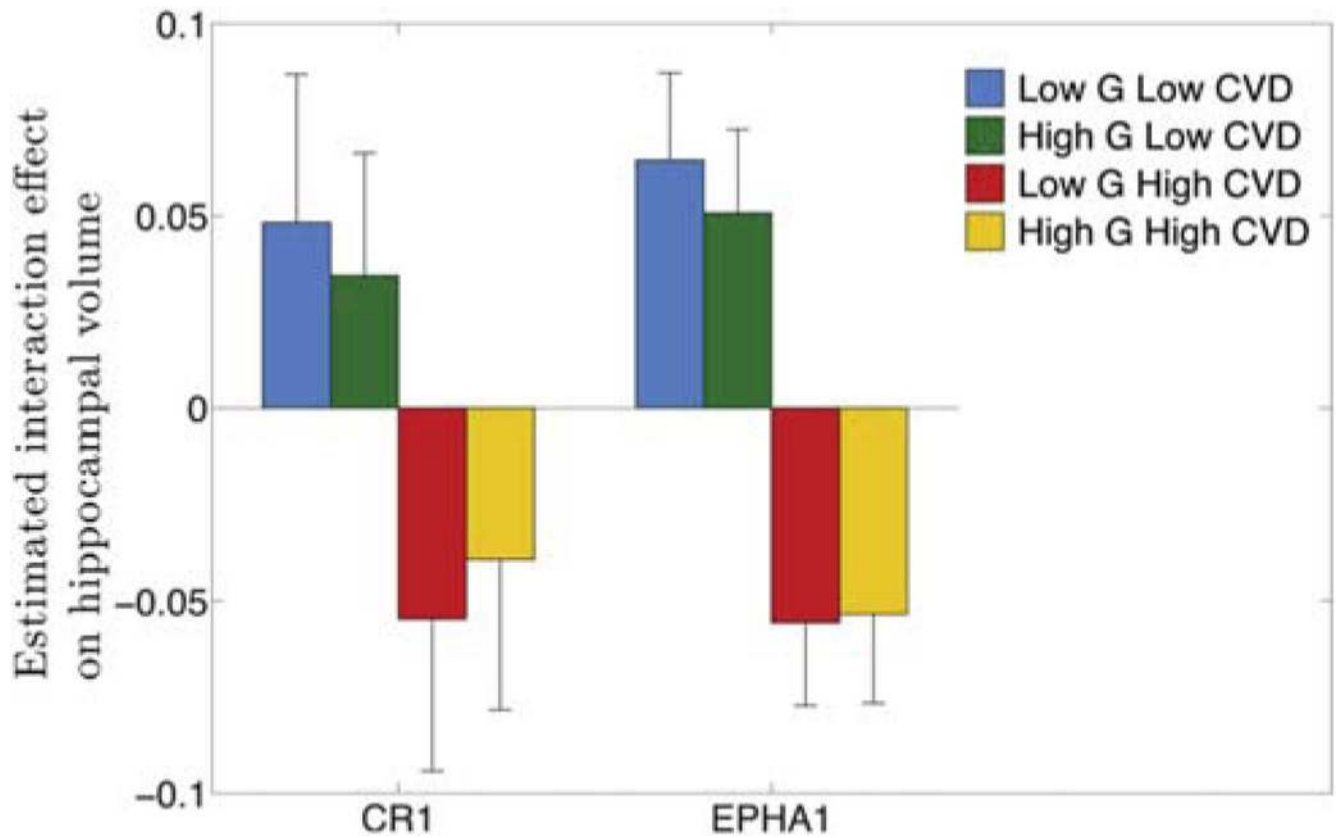
**Fig. 7.** Converging “multi-omics” in ADNI. This figure illustrates the landscape of multiple “-omics” domains relevant to AD and how they contribute to an integrated Systems Biology approach to discovering the underlying genetic architecture of AD. \*Data from ADNI-1. \*\*Data from ADNI-GO/2. Abbreviations: AD, Alzheimer’s disease; ADNI, Alzheimer’s Disease Neuroimaging Initiative. Reproduced with permission from [171].



**Fig. 8.** Sex-stratified FDG analyses. Analysis between *APOE4* carriers and *APOE4* noncarriers ( $P < .005$  uncorrected) in (A) females and (B) males, covaried for age and years of education across the lateral and medial views of the cerebral cortex. As shown, female *APOE4* carriers showed widespread clusters of decreased metabolism with respect to female *APOE4* noncarriers (A), whereas male *APOE4* carriers only showed an isolated cluster of decreased metabolism ( $P < .005$ ) in the precuneus with respect to male noncarriers (B). Abbreviations: FDG, [ $^{18}\text{F}$ ]-fluorodeoxyglucose; *APOE4*, apolipoprotein E  $\epsilon 4$  allele. Reproduced with permission from [179].



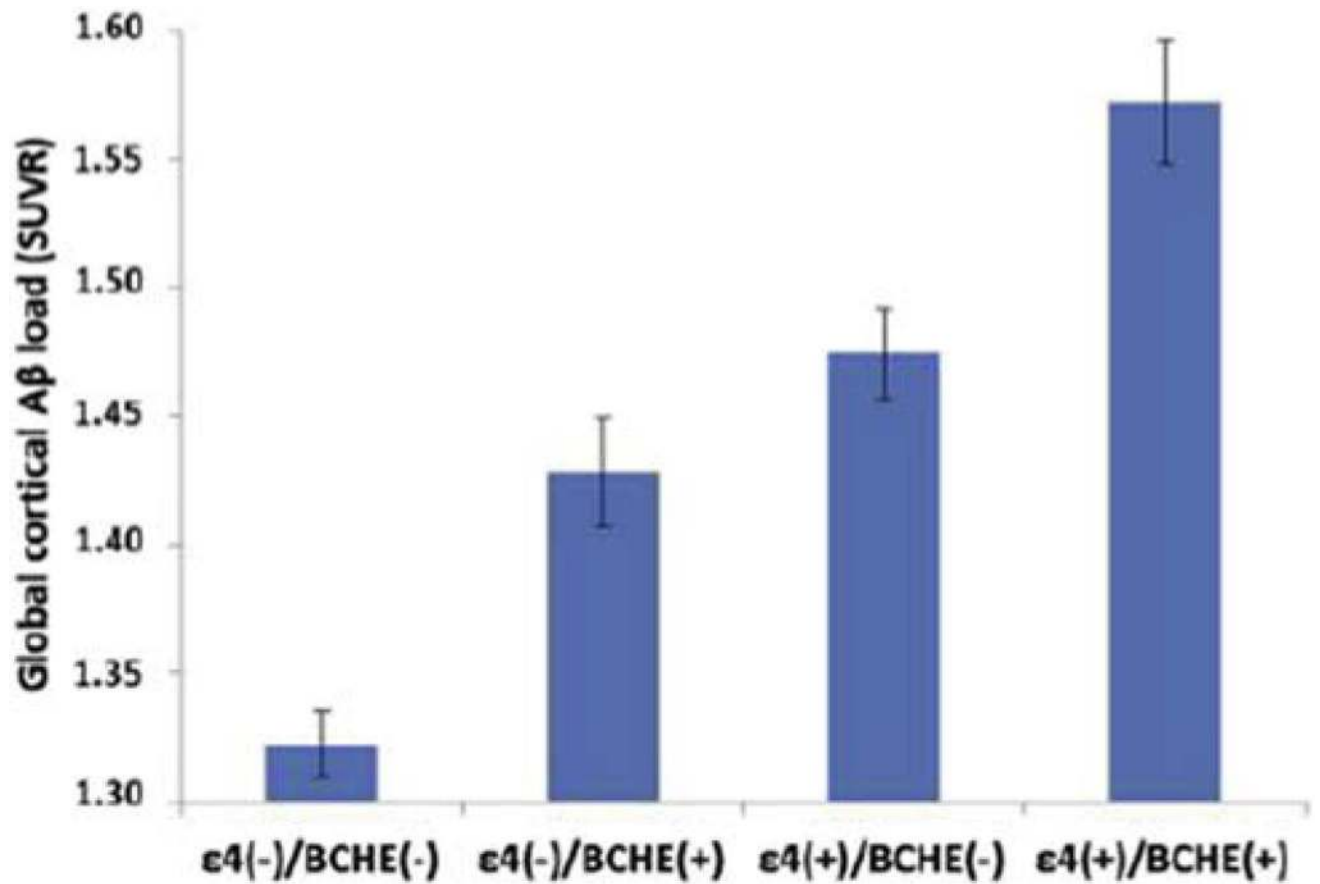
**Fig. 9.** Significance maps displaying the associations between cortical A $\beta$  binding (Pittsburgh compound B) and plasma ApoE protein. Plasma apoE levels were associated with Pittsburgh compound B SUVR in the pooled sample in all brain regions apart from the sensorimotor and entorhinal cortex (top panel). Plasma apoE levels were associated with Pittsburgh compound B SUVR in BIN1 rs 744373 minor allele carriers (second panel) and in CD2AP rs 9349407 and CR1 rs 3818361 minor allele noncarriers (third and fourth panel, respectively). Abbreviation: SUVR, standardized uptake value ratio. Reproduced with permission from [181].



**Fig. 10.**

Effect of interactions between *CR1* or *EPHA1* and cardiovascular disease risk factors on hippocampal volume. The estimated interaction effect on hippocampal volume for both risk genes is dominated by high cardiovascular disease risk. High genetic risk appears to reduce the interaction effect in the presence of high cardiovascular disease risk, suggesting that cardiovascular disease risk factors are more detrimental under low genetic risk.

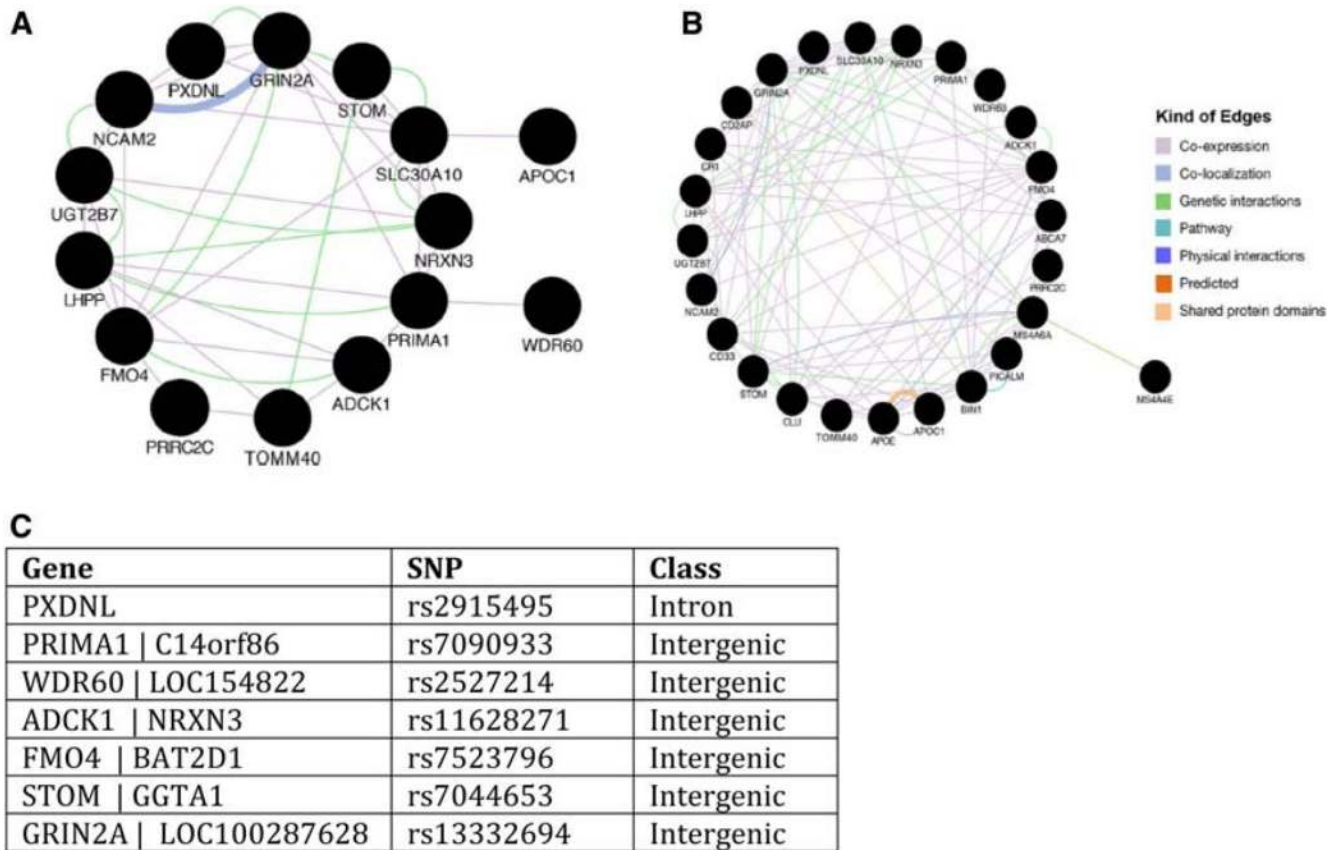
Abbreviations: CVD, cardiovascular risk; G, genetic risk. Reproduced with permission from [189].



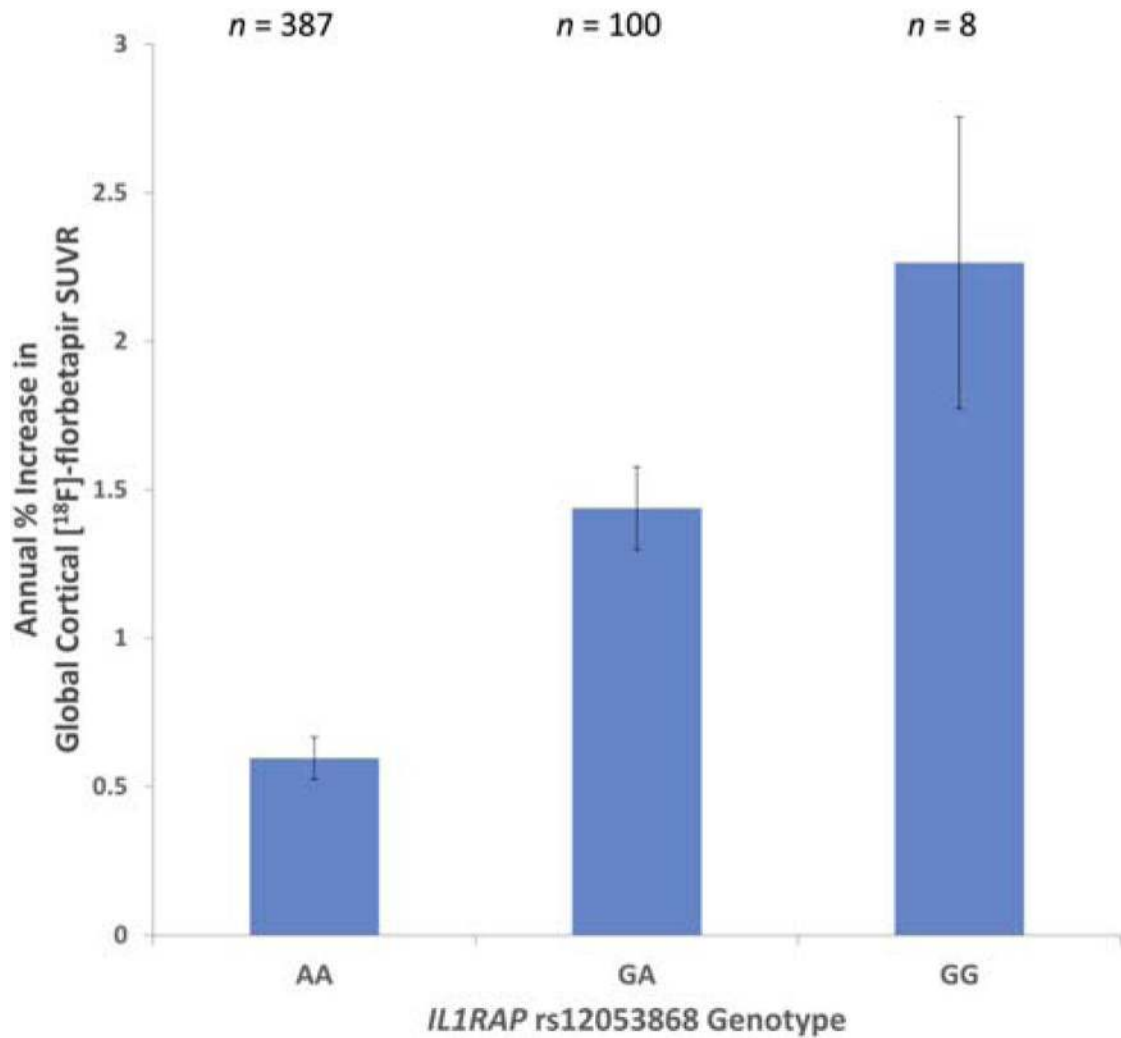
**Fig. 11.**

The effects of *APOE* ε4 and rs509208 (*BCHE*) on cortical Aβ levels. The *APOE* ε4 allele and the minor allele (G) of rs509208 of *BCHE* exerted independent and additive effects on cortical Aβ burden. Bars represent mean cortical Aβ levels ± standard errors. Abbreviations: BCHE, butyrylcholinesterase; SUVR, standardized uptake value ratio. Reproduced with permission from [218].

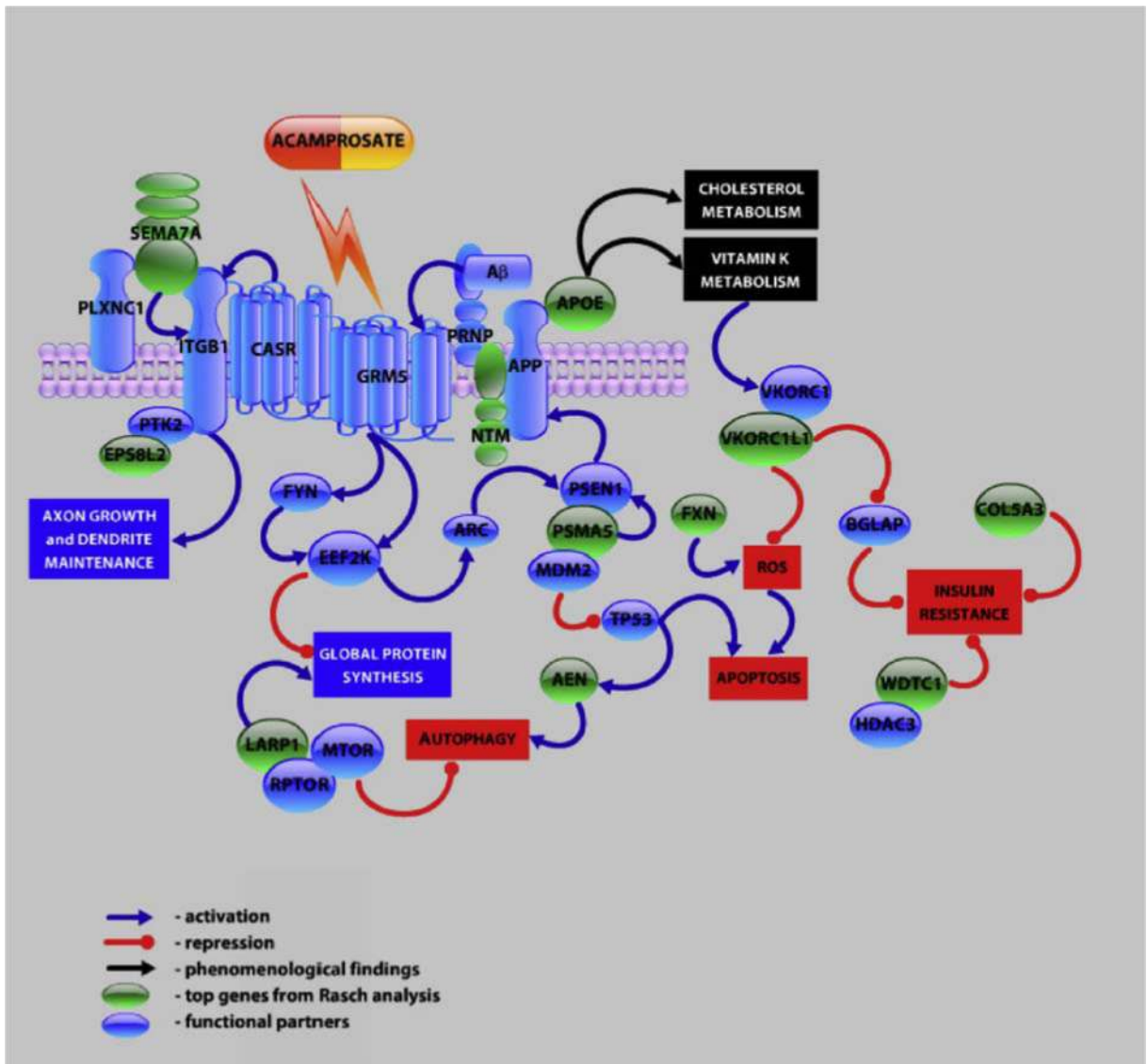




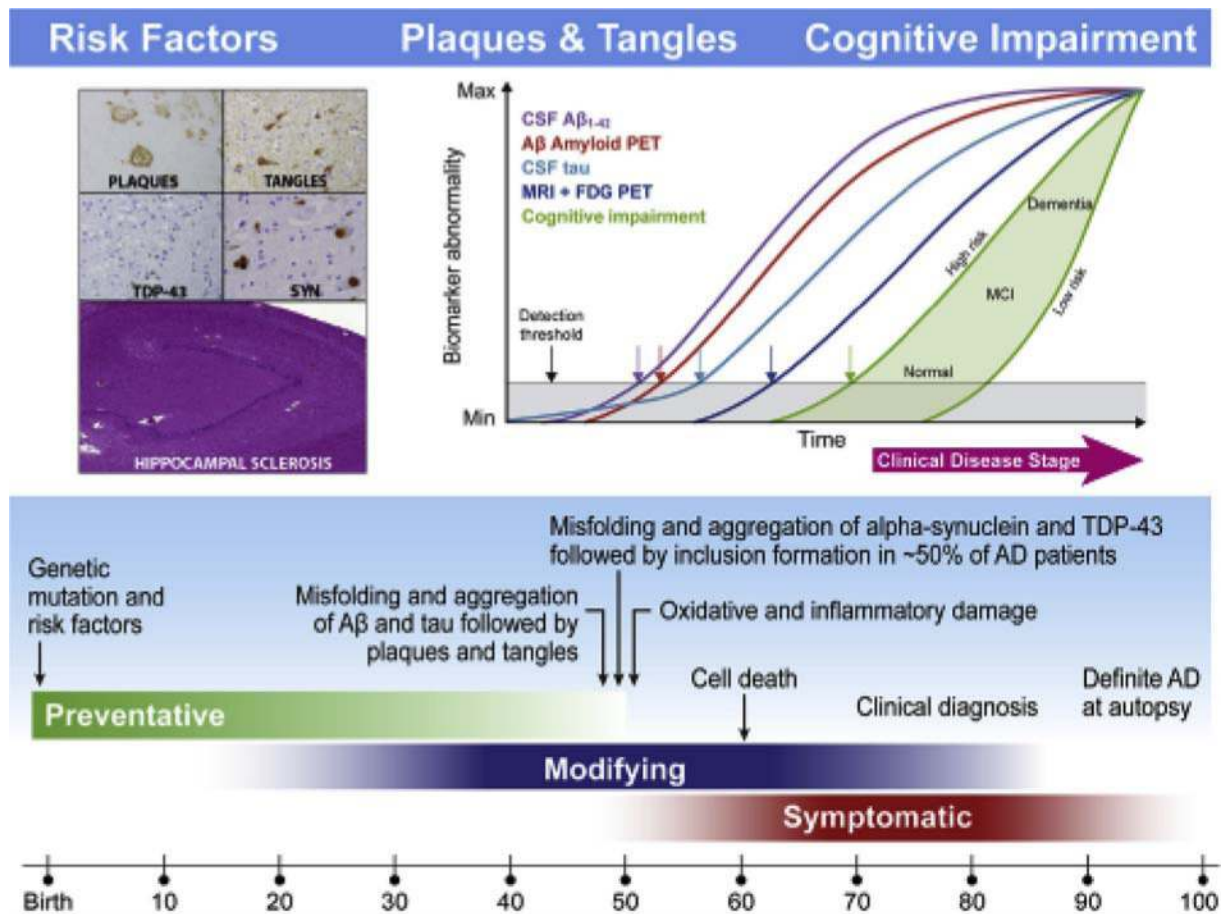
**Fig. 12.** Genome-wide CSF A $\beta$ <sub>42</sub> associations. GeneMANIA networks showing the interaction results of (A) associated genes and (B) highly associated genes. (C) Novel polymorphisms identified in study. Abbreviation: CSF, cerebrospinal fluid. Reproduced with permission from [219].



**Fig. 13.** Association and the effect of *IL1RAP*rs12053868-G on longitudinal change in cortical A $\beta$  PET burden. The minor G allele of rs12053868 in *IL1RAP* was associated with higher rates of amyloid accumulation compared to the major A allele. Mean annualized percent change and global cortical 18F-florbetapir SUVR  $\pm$  standard error. Abbreviation: SUVR, standardized uptake value ratio. Reproduced with permission from [221].



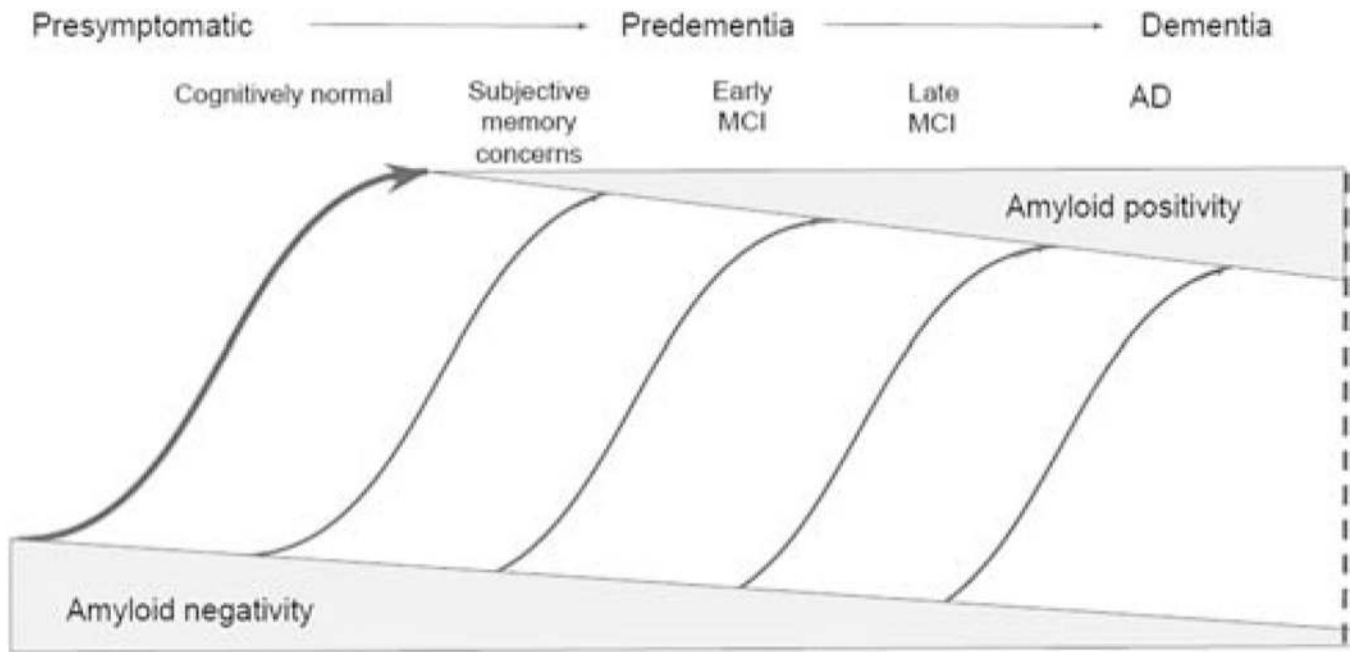
**Fig. 14.** Hypothetical signaling network integrating top genes identified through Rasch analysis. A Rasch model was applied to the genes of ADNI GWAS data and supports *APOE* as a major susceptibility gene for AD, and functionally links other top genes (*AEN*, *ADANTS12*, *PSMA5*, *FXN*, *NTRN*, *LARP1*, *WDTC1*, *SEMA7A*, *VKORC1L1*, *COL5A3*) to AD. A hypothetical signaling network was generated from a pathway analysis of these genes based on known protein-protein, functional, and phenomenological interactions. Abbreviations: AD, Alzheimer's disease; ADNI, Alzheimer's Disease Neuroimaging Initiative; *ARC*, activity-regulated cytoskeleton-associated protein; *EEF2K*, eukaryotic elongation factor-2 kinase, activated by *GRM5* receptor, regulates global protein synthesis; *HDAC3*, histone deacetylase; *MDM2*, negative modulator of *TP53* tumor suppression gene; *PLXNC1*, plexin C1 receptor for semaphorins; *PTK2*, *FAK*, kinase implicated in integrin signaling; *FYN*, src family tyrosine kinase, downstream target of *GRM5* receptor; *RPTOR*, regulatory protein associated with *MTORC1* complex. Reproduced with permission from [202].



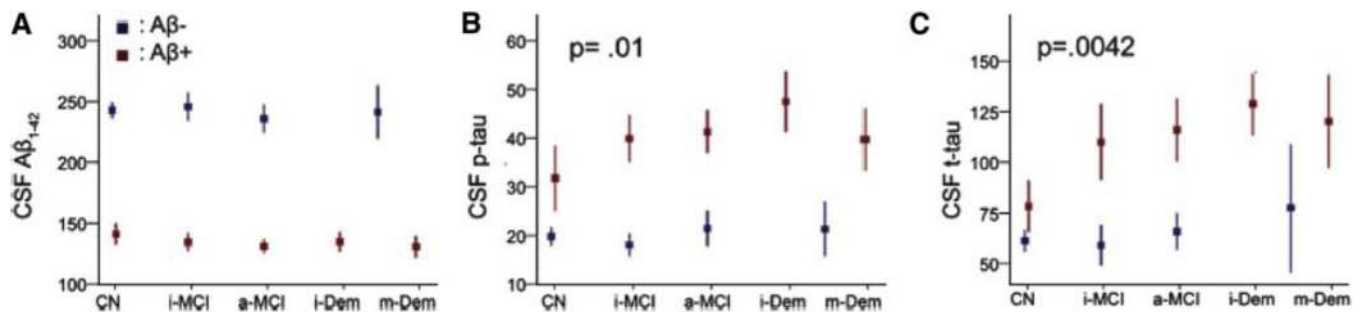
**Fig. 15.**

Schematic outlining of the current understanding of the hypothetical timeline for the onset and progression of AD neurodegeneration and cognitive impairments. Age is indicated at the bottom, whereas the green, blue, and red bars indicate the time at which preventative, disease-modifying, and symptomatic interventions, respectively, are likely to be most effective.

Within the aqua bar, milestones are shown in the pathobiology of AD that culminate in death and autopsy confirmation of AD. The proposed ADNI model of the temporal ordering of biomarkers of AD pathology relative to stages in the clinical onset and progression of AD is shown in the insert at the upper right based on Jack et al. [258], whereas the insert at the left illustrates the defining plaque and tangle pathologies of AD and common comorbid pathologies including Lewy body pathology (SYN), TDP-43, and hippocampal sclerosis. In the insert on the right, clinical disease is on the horizontal axis and it is divided into three stages: CN, MCI, and dementia. The vertical axis indicates the range from normal to abnormal for each of the biomarkers and the measures of memory and functional impairments. Abbreviations: AD, Alzheimer's disease; ADNI, Alzheimer's Disease Neuroimaging Initiative; CN, cognitively normal; CSF, cerebrospinal fluid; FDG, [<sup>18</sup>F]-fluorodeoxyglucose; MCI, mild cognitive impairment; MRI, magnetic resonance imaging; PET, positron emission tomography. Reproduced with permission from [129].

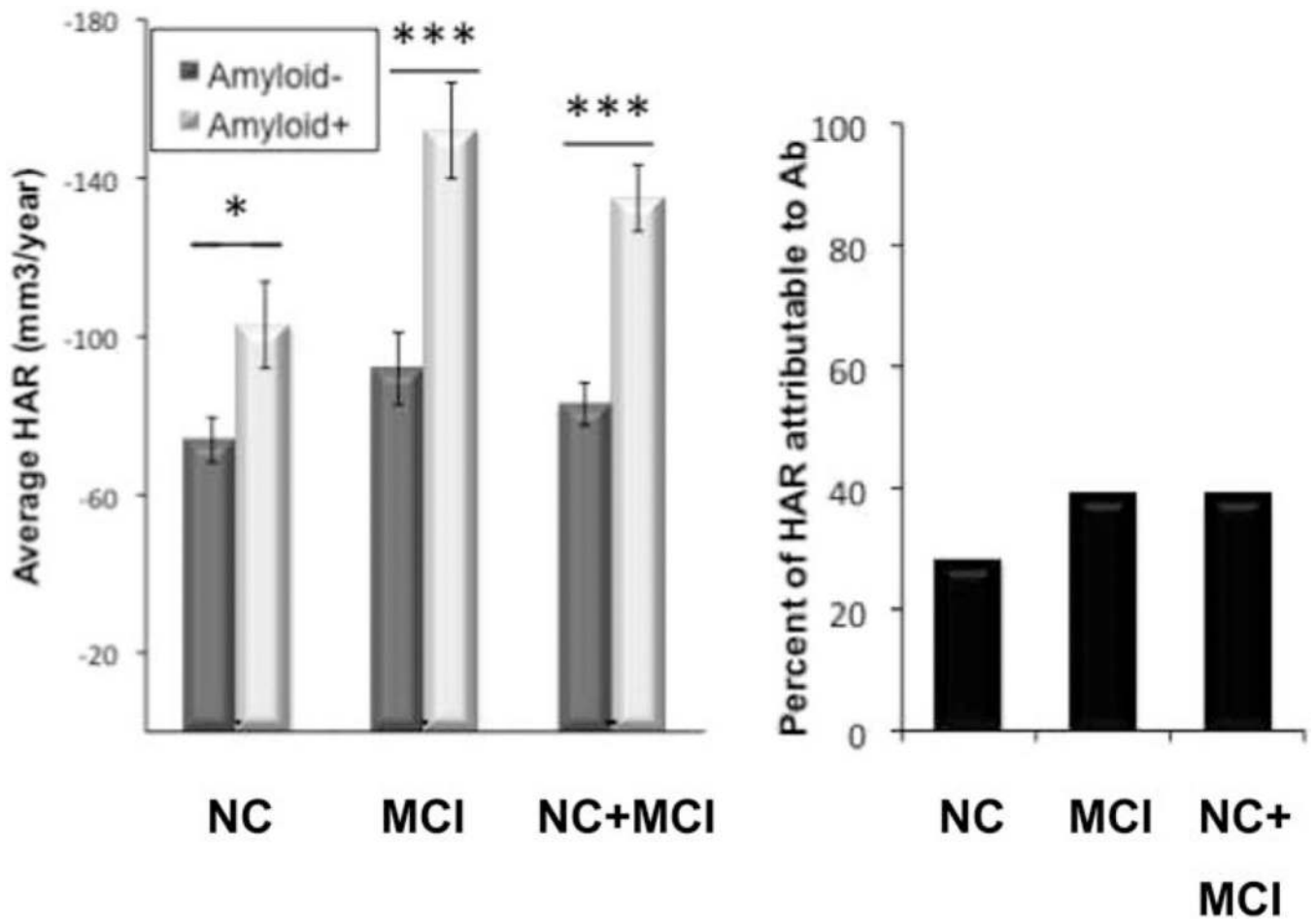


**Fig. 16.** Model for A $\beta$  status in disease progression. Illustrating the view of progression from presymptomatic A $\beta$  negative to presymptomatic A $\beta$  positive to MCI A $\beta$  positive to AD A $\beta$  positive as the primary pathway to AD, with the switch to A $\beta$  positivity also occurring anywhere in the progression. A small percentage of clinically diagnosed AD patients lack A $\beta$  pathology at autopsy. Abbreviations: AD, Alzheimer's disease; MCI, mild cognitive impairment.

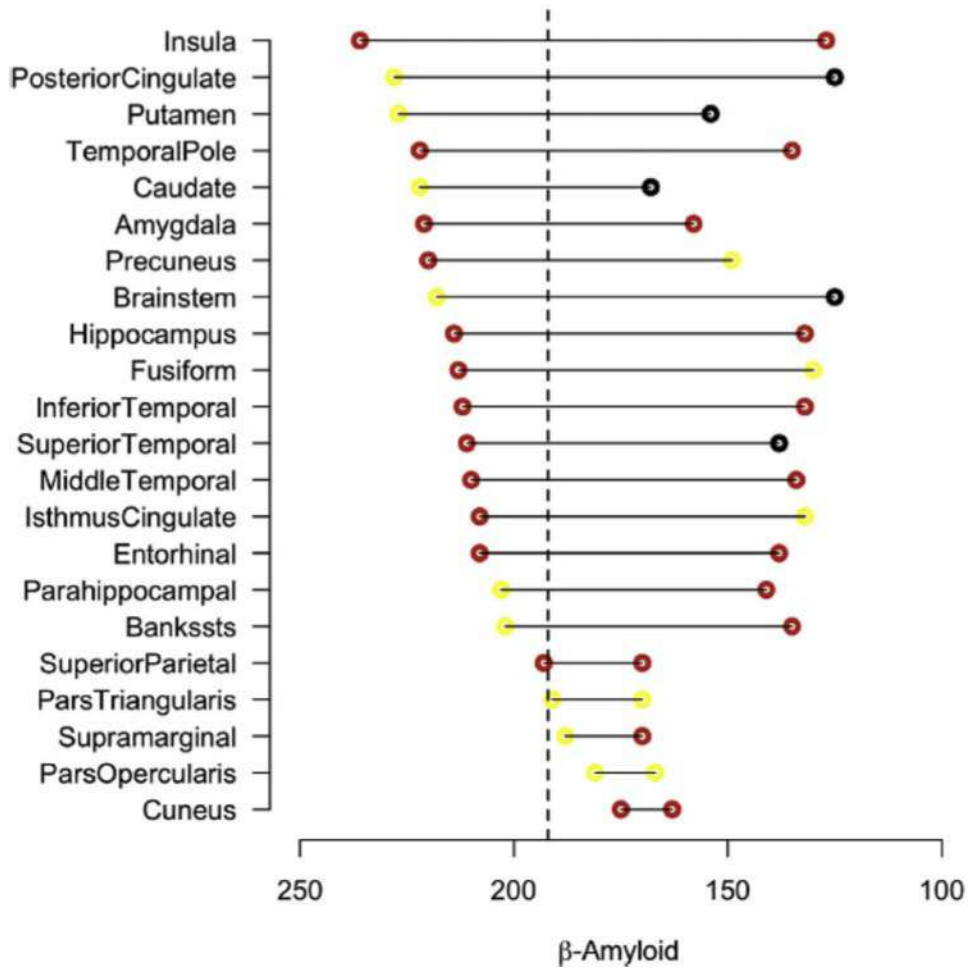


**Fig. 17.**

Differential trajectories of CSF biomarkers in Aβ+ and Aβ- subjects across disease progression. The means (±2 standard error of the mean) in ng/mL of (A) CSFAβ<sub>42</sub>; (B) CSF p-tau; (C) CSF p-tau<sub>181</sub> are shown. In Aβ- groups, the levels of all three CSF biomarkers did not significantly increase across disease stage, whereas in Aβ+ subjects, CSF p-tau and t-tau, but not Aβ, increased across disease stages. Abbreviations: a-MCI, (advanced) mild cognitive impairment; Aβ+, subjects with abnormal brain Aβ; Aβ-, subjects without abnormal brain Aβ; CN, cognitively normal; CSF, cerebrospinal fluid; i-Dem, (incipient) dementia; iMCI, (incipient) mild cognitive impairment; m-Dem, (mild) dementia. Reproduced with permission from [261].

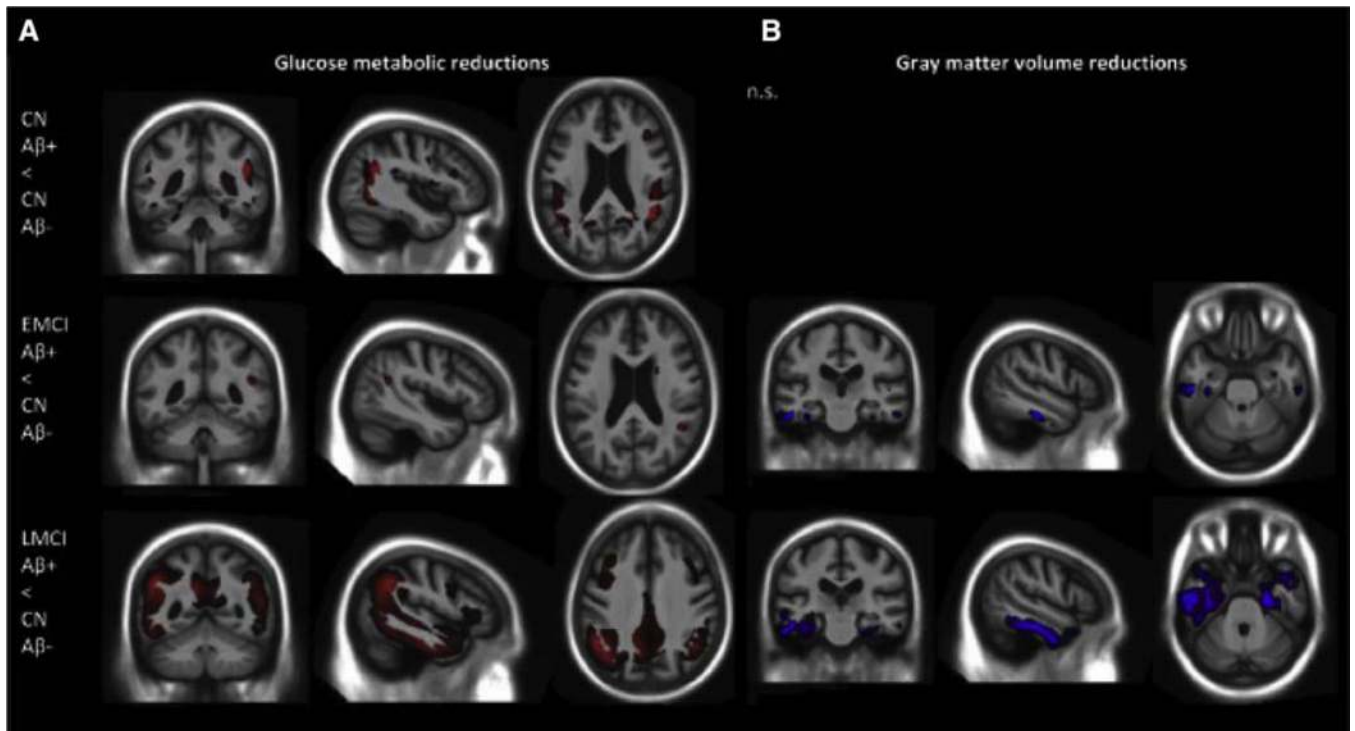


**Fig. 18.** Hippocampal atrophy rate in A $\beta$ + and A $\beta$ - CN and MCI subjects. The percentage of hippocampal atrophy rate attributable to A $\beta$  status was calculated from the difference in hippocampal atrophy rate between A $\beta$ + and A $\beta$ - subgroups. A $\beta$  was measured using florbetapir PET. \* $P$  < .01, \*\* $P$  < .001, and \*\*\* $P$  < .0001. Abbreviations: NC, normal cognition; MCI, mild cognitive impairment; PET, positron emission tomography. Reproduced with permission from [128].



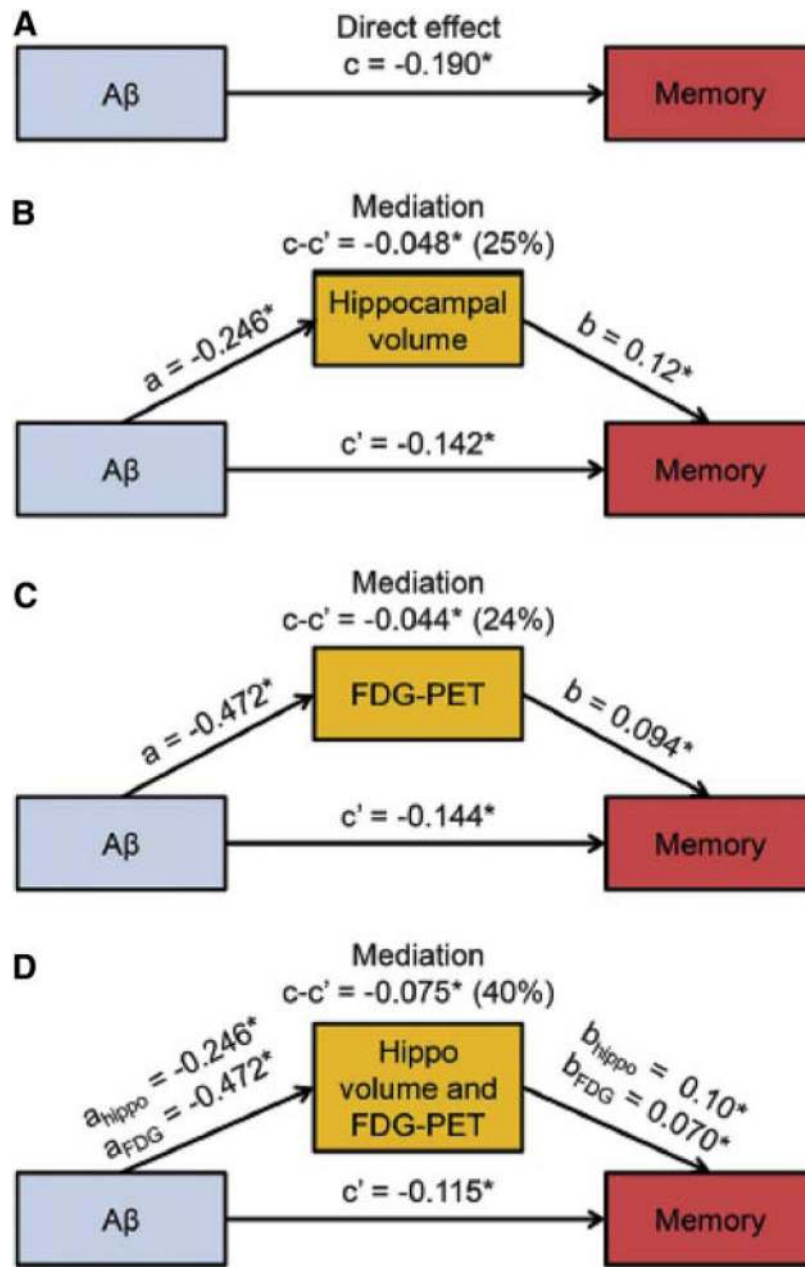
**Fig. 19.** Regions of A $\beta$ -related atrophy ordered by acceleration and stabilization points. Regions, including the insula, posterior cingulate, amygdala, putamen, and precuneus, show early signs of atrophy before the hippocampus and entorhinal cortex. Parietal regions appear to have a shorter transition compared to temporal lobe regions with respect to A $\beta$ . Red, yellow, and black dots represent significant ( $P < .05$ ), marginally significant ( $.10 > P < .05$ ), and nonsignificant ( $P > .10$ ) acceleration or deceleration, respectively. Scale is pg/mL CSF A $\beta_{42}$ . Abbreviation: CSF, cerebrospinal fluid. Reproduced with permission from [266].





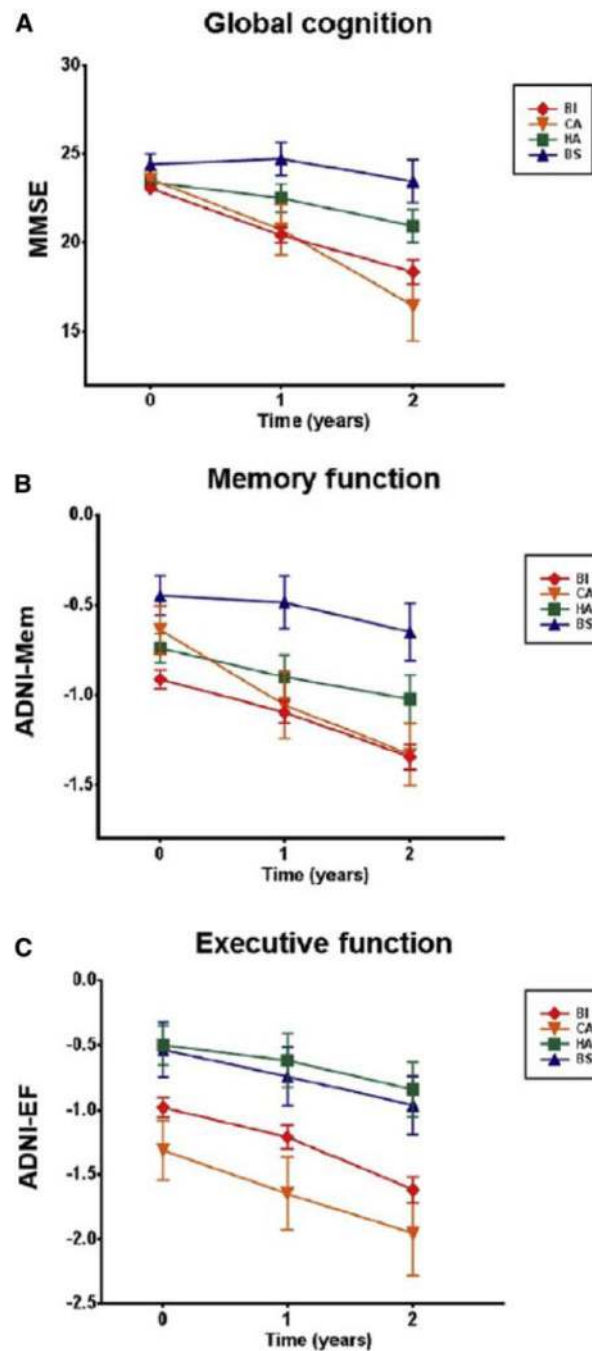
**Fig. 20.**

Hypometabolism originates earlier than atrophy in Aβ+ subjects. CN Aβ+ subjects displayed significant hypometabolism in medial parietal and bilateral parietal temporal regions compared to Aβ- subjects, whereas there was no difference in GM volume between these two groups, indicating that hypometabolism precedes atrophy in Aβ+ subjects (A) hypometabolism (red) and (B) atrophy (blue). Abbreviations: Aβ+, subjects with abnormal brain Aβ deposition; Aβ-, subjects without abnormal brain Aβ deposition; CN, cognitively normal; EMCI, early mild cognitive impairment; GM, gray matter; LMCI, late mild cognitive impairment. Reproduced with permission from [133].



**Fig. 21.** Hippocampal volume and hypometabolism mediate the effect of Aβ on longitudinal change in Logical Memory Delayed Recall. Path analysis showing how hippocampal volume and angular FDG PET mediate the effect Aβ of on longitudinal change in Logical Memory delayed recall. (A) The direct effects of Aβ on memory; (B) hippocampal volume mediating the effects of Aβ on memory; (C) angular FDG PET mediating the effects of Aβ on memory; and (D) the combination of hippocampal volume and FDG PET mediating effects of Aβ on memory. The figure includes the following standardized regression coefficients: a, the effects of Aβ on hippocampal volume or FDG PET; b, the effects of hippocampal volume or FDG PET on the memory when adjusting for Aβ; c, the direct association

between  $A\beta$  and memory (without adjusting for hippocampal volume or FDG PET);  $c'$ , the association between  $A\beta$  and memory when adjusting for hippocampal volume and/or FDG PET; and  $c-c'$ , the mediated effect on memory (with % mediation). \* $P < .05$ . Abbreviations: FDG, [ $^{18}\text{F}$ ]-fluorodeoxyglucose; PET, positron emission tomography. Reproduced with permission from [271].



**Fig. 22.** Longitudinal changes in cognition in subtypes of  $A\beta^+$  cognitively normal subjects. Identified subtypes of cognitively normal subjects consisted of those with predominantly hippocampal atrophy, predominantly cortical atrophy, hippocampal and cortical atrophy combined, or neither type of atrophy. Baseline, 1-year, and 2-year follow-up data on (A) MMSE indicating global cognition, (B) ADNI-Mem indicating memory function, and (C) ADNI-EF indicating executive function are plotted, with means and standard errors. Abbreviations: ADNI, Alzheimer's Disease Neuroimaging Initiative; BI, both impaired; BS,

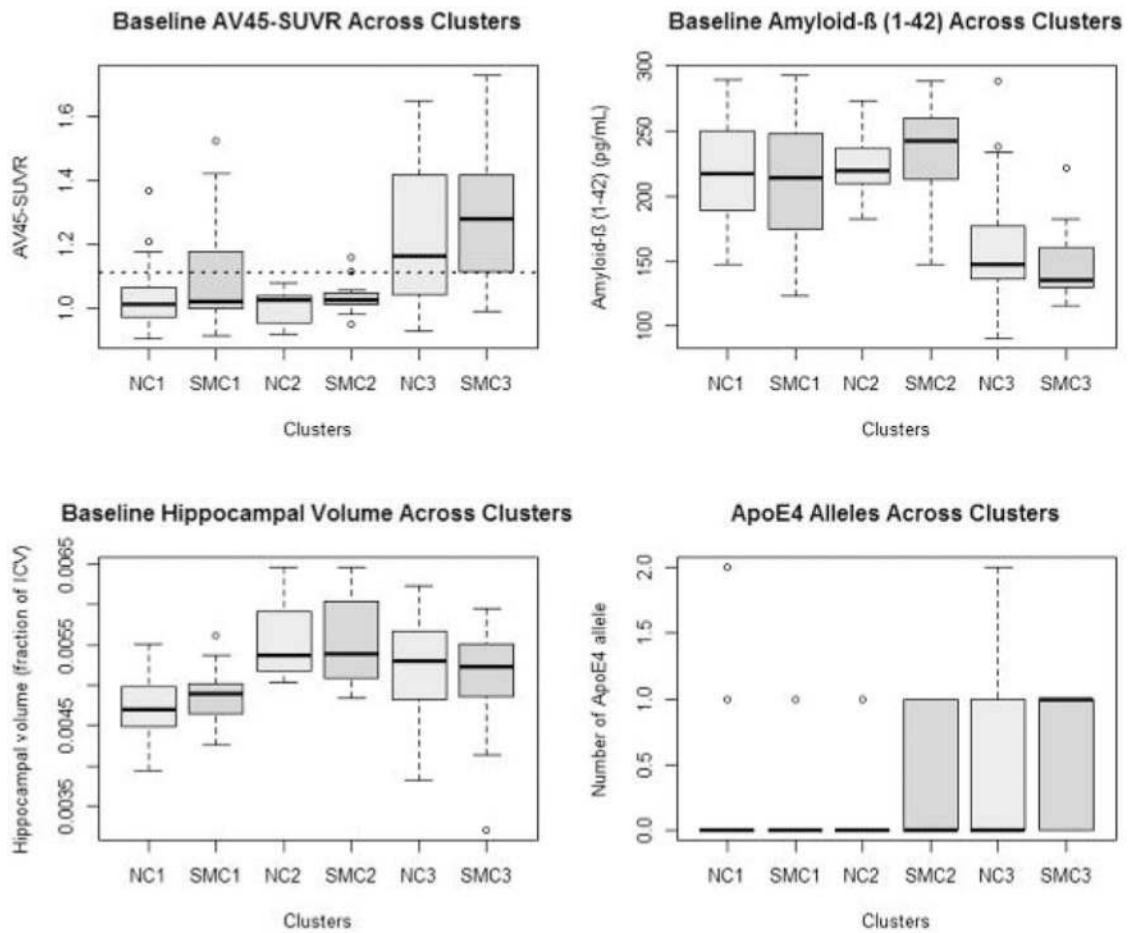
both spared; CA, cortical atrophy only; EF, executive function; HA, hippocampal atrophy only; Mem, memory domain; MMSE, Mini-Mental State Examination. Reproduced with permission from [272].

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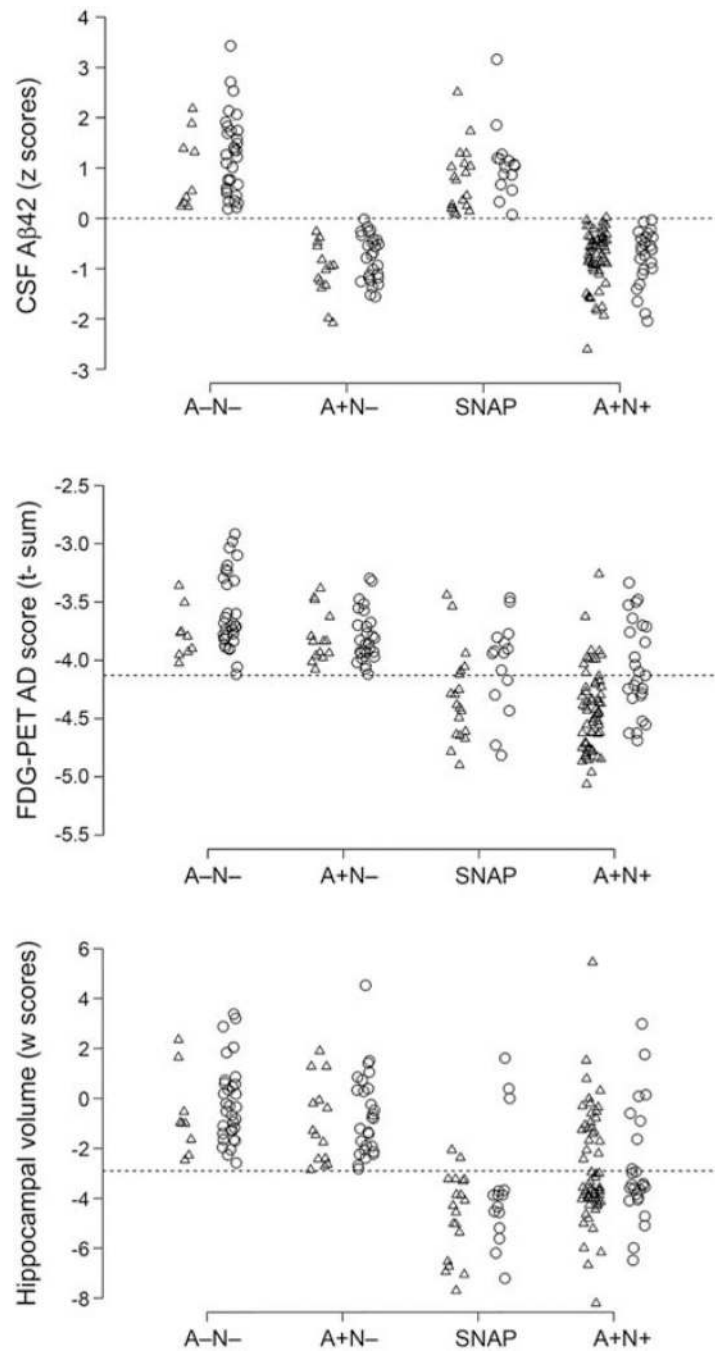
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**Fig. 23.**

Heterogeneity of the subjective memory concern cohort. Cluster analysis identified three distinct subgroups in both the normal cognition (NC) and subjective memory concern (SMC) groups. The first subgroup (1) had elevated brain amyloid, decreased CSF A $\beta$ , and substantially reduced hippocampal volume; the second subgroup (2) was similar to group 1 but with less hippocampal atrophy and was thought to correspond to the Jack sequence for early signs of AD, and the third group (3) was normal by all measures. Abbreviations: AD, Alzheimer's disease; CSF, cerebrospinal fluid; ICV, intracranial volume; SUVR, standardized uptake value ratio. Reproduced with permission from [259].



**Fig. 24.** Biomarker abnormality in A- N-, A+ N-, SNAP, and A+ N+ MCI patient groups, disaggregated by progressive cognitive deterioration. MCI subjects were grouped on the basis of absence or presence of abnormal levels of amyloid and neurodegeneration. SNAP subjects were neurodegeneration positive but amyloid negative. All four groups significantly differed in CSF A $\beta$ <sub>42</sub> concentrations, hypometabolism on FDG PET, and hippocampal volume. SNAP subjects were characterized by more severe hippocampal atrophy than other groups in the absence of abnormal amyloid. Triangles denote progressors, whereas circles

denote nonprogressors. Abbreviations: AD, Alzheimer's disease; A- N-, amyloid negative neurodegeneration negative; A+ N-, amyloid positive neurodegeneration negative; A+ N+, amyloid positive neurodegeneration positive; CSF, cerebrospinal fluid; FDG, [<sup>18</sup>F]-fluorodeoxyglucose; MCI, mild cognitive impairment; PET, positron emission tomography; SNAP, suspected non-Alzheimer's pathology. Reproduced with permission from [291].

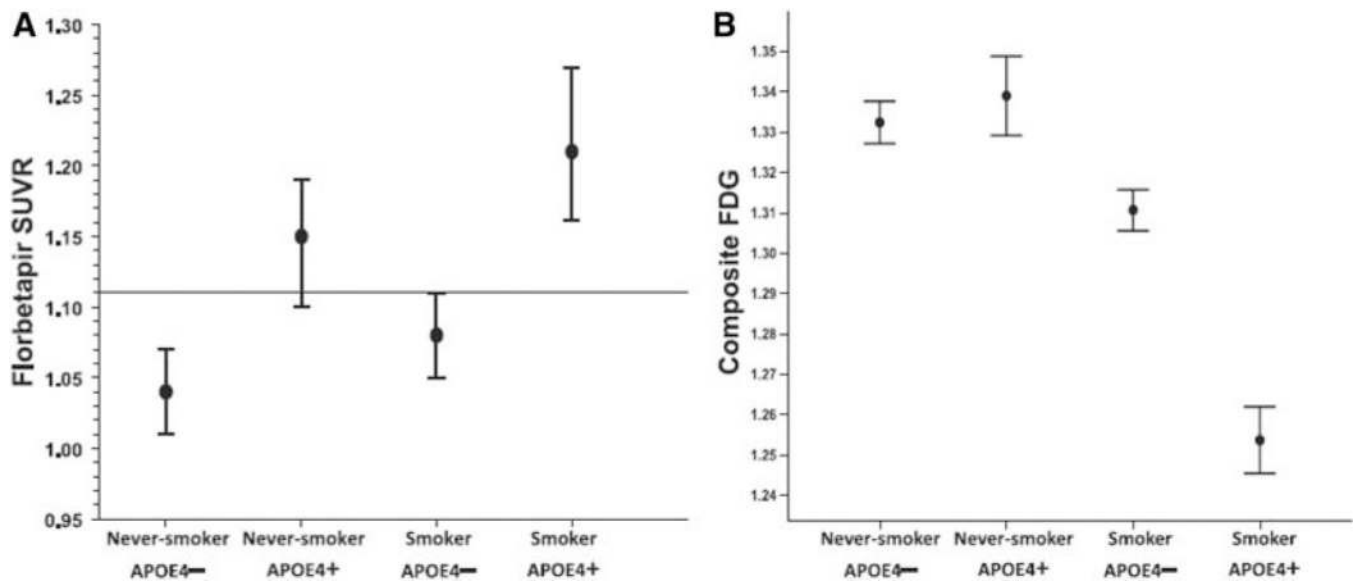
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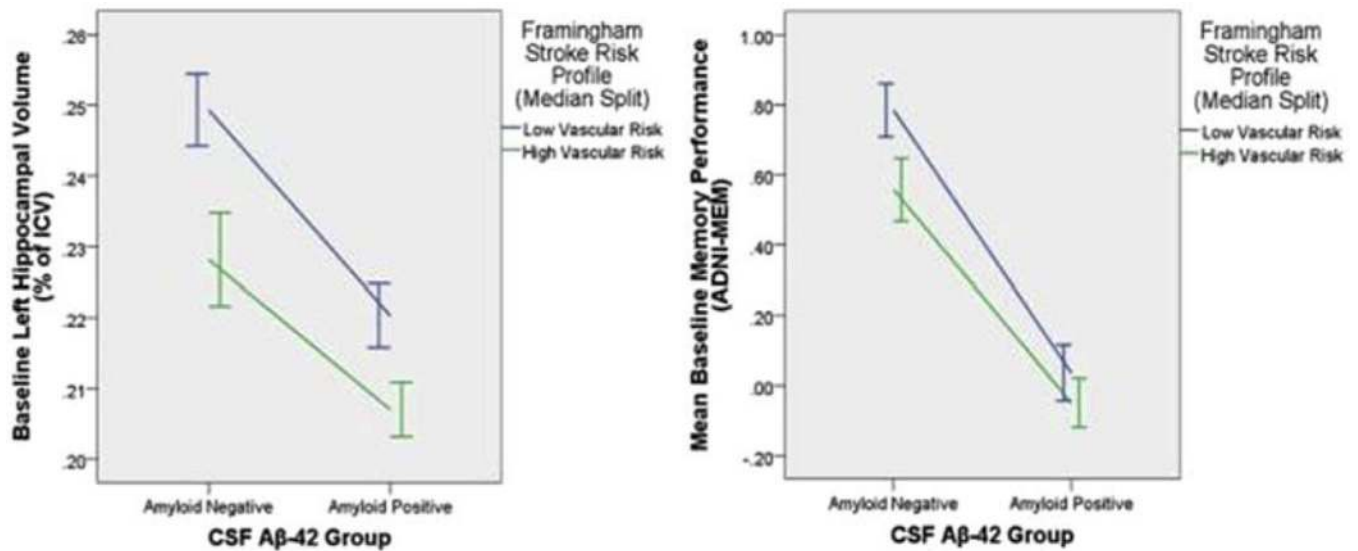
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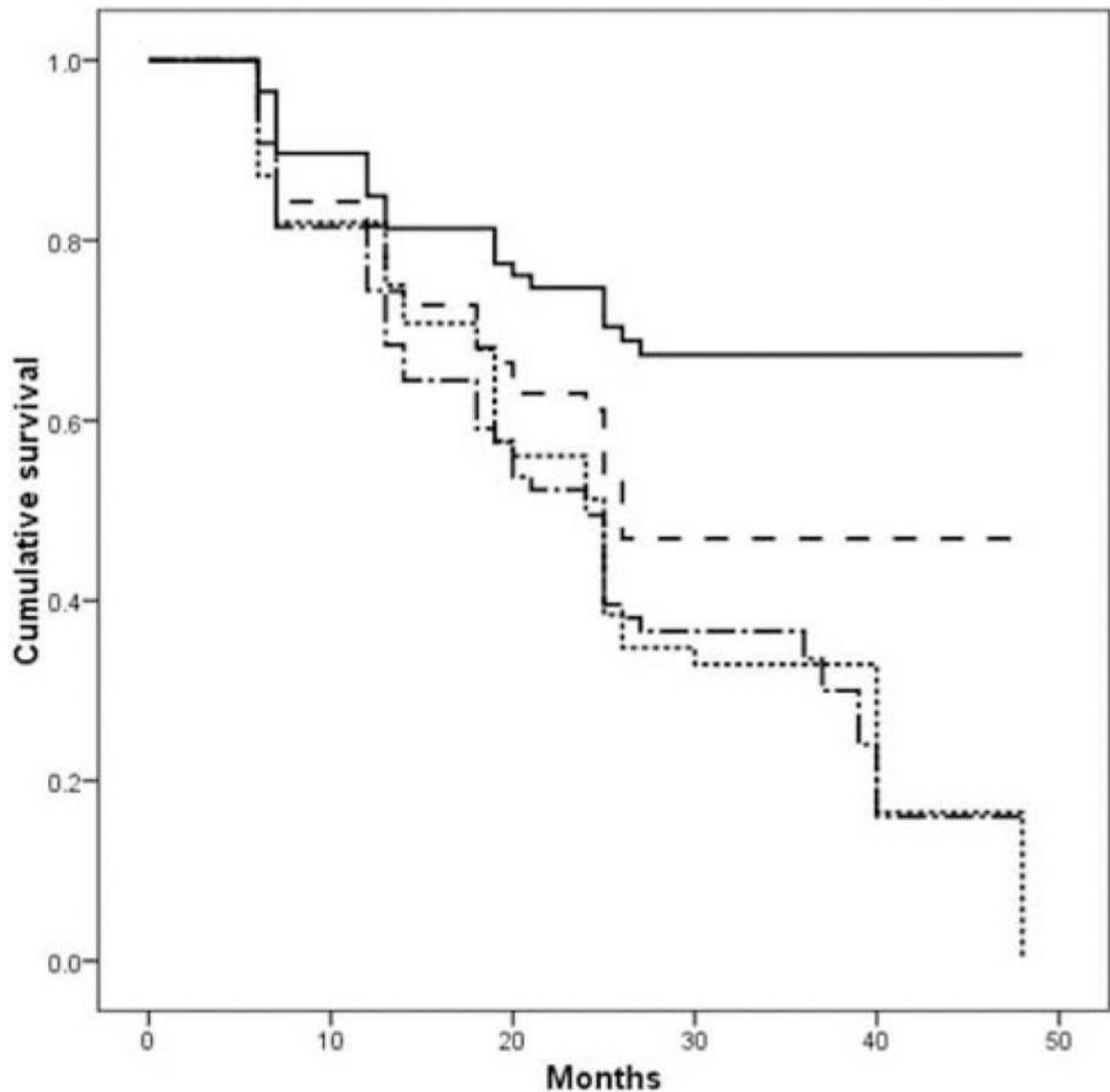
**Fig. 25.**

Effect of interaction of smoking history and *APOE*  $\epsilon 4$  genotype on amyloid level and hypometabolism. ADNI participants were grouped on the basis of smoking history and *APOE4* status. Smoking status interacted with *APOE*  $\epsilon 4$  carrier status such that *APOE4* smokers had higher levels of amyloid and worse hypometabolism than other groups. (A) Florbetapir retention level across groups. Higher values indicate greater  $A\beta$  level. Levels above the horizontal line indicate  $A\beta$  positivity. Mean  $\pm$  standard error of the mean. (B) Composite glucose uptake level across groups. Higher values indicate greater glucose metabolism. Mean  $\pm$  standard error of the mean. Abbreviations: ADNI, Alzheimer's Disease Neuroimaging Initiative; FDG, [ $^{18}\text{F}$ ]-fluorodeoxyglucose; SUVR, standardized uptake value ratio. Reproduced with permission from [302].



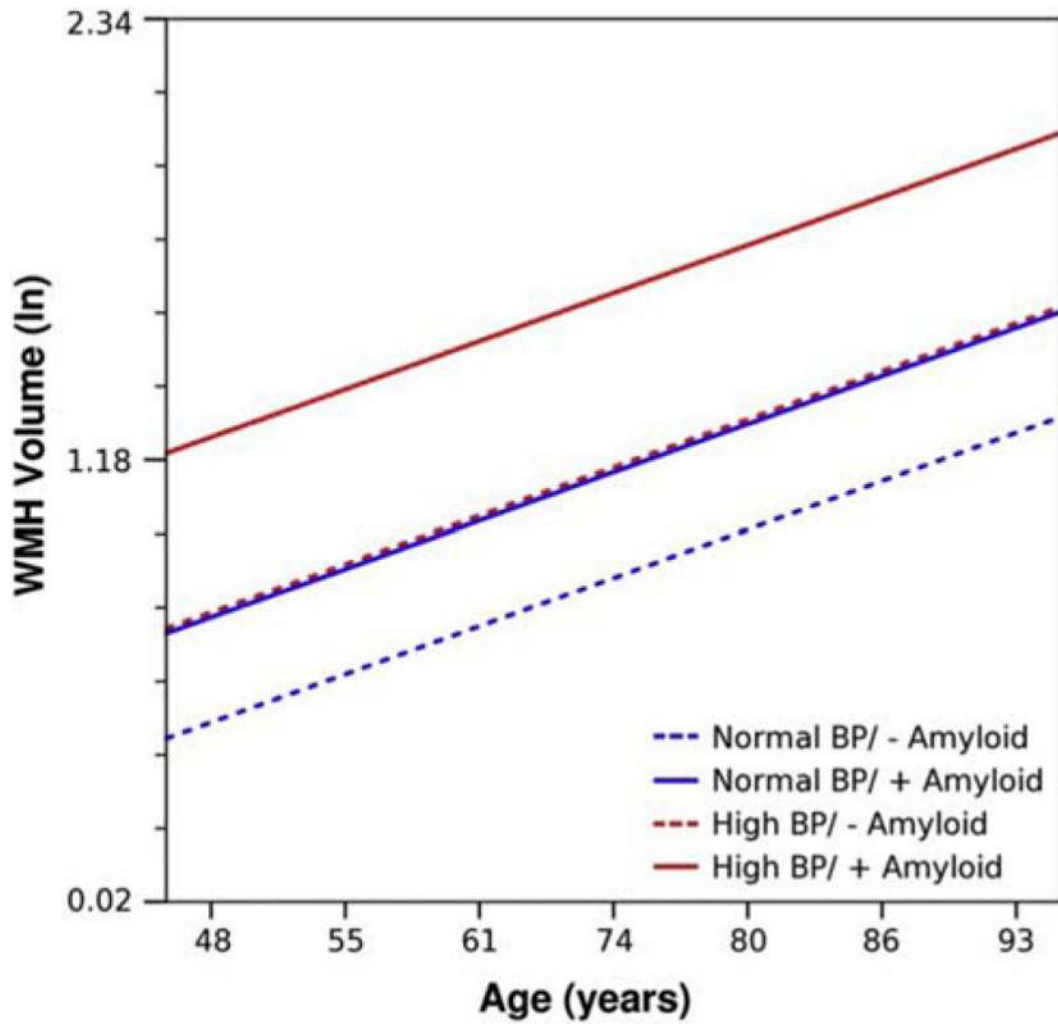
**Fig. 26.**

The effect of stroke risk on hippocampal volume and memory performance in Aβ-positive and Aβ-negative subjects. Stroke risk, assessed by the Framingham Stroke Risk Profile, was associated with decreased baseline hippocampal volume and decreased memory performance in both Aβ+ and Aβ- subjects. Worst performance on both measurements was observed in subjects with both abnormal amyloid and high stroke risk. Error bars represent 95% confidence intervals. Abbreviations: ADNI-MEM, Alzheimer's Disease Neuroimaging Initiative–memory domain; CSF, cerebrospinal fluid; ICV, intracranial volume. Reproduced with permission from [306].



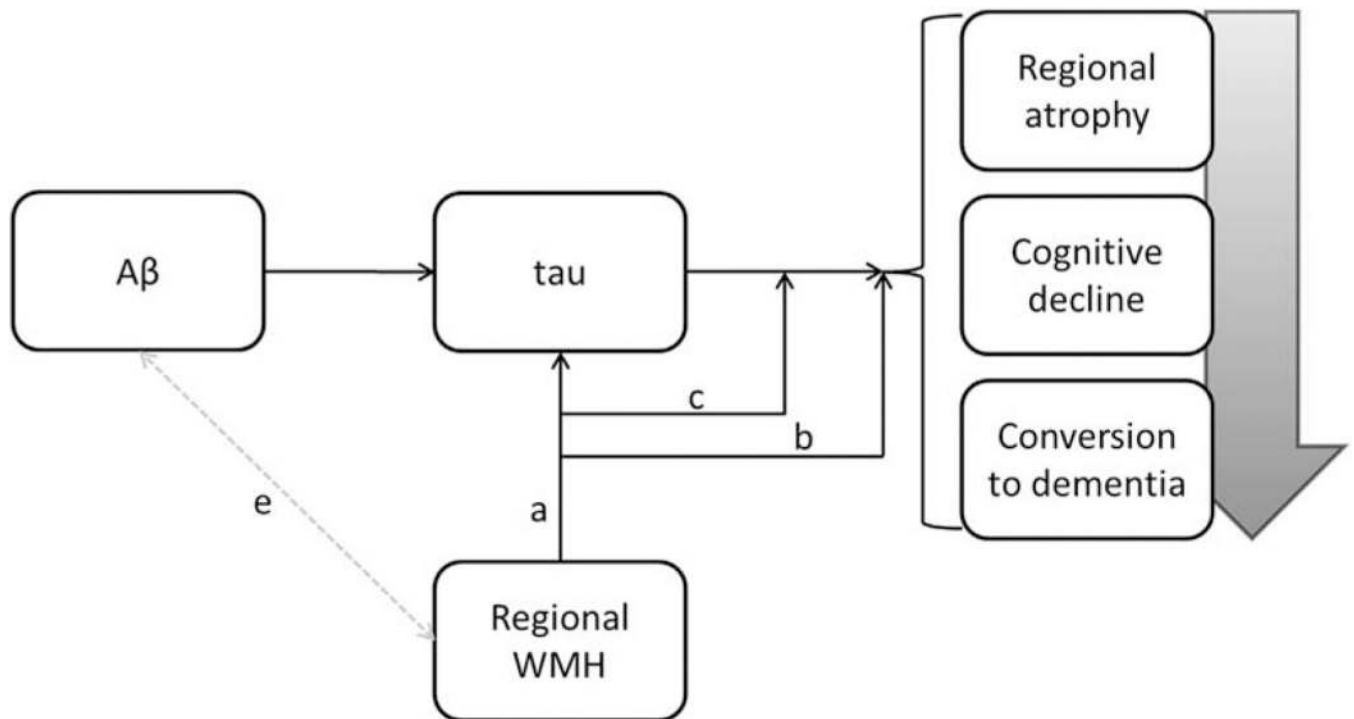
**Fig. 27.**

Cumulative survival of individuals based on their high entorhinal cortex volume (ECV) and level of white-matter hyperintensities (WMHs). ADNI MCI subjects were dichotomized according to the median split of their ECV and levels of WMH. Individuals with high ECV and low WMH had low likelihood of rapid decline, whereas subjects with low ECV and low WMH or low ECV and high WMH appear to progress most rapidly. Solid line indicates high ECV, low WMH; dashed line indicates high ECV, high WMH; dotted line indicates low ECV, low WMH; dash-dotted line indicates low ECV, high WMH. Abbreviations: ADNI, Alzheimer's Disease Neuroimaging Initiative; MCI, mild cognitive impairment. Reproduced with permission from [297].

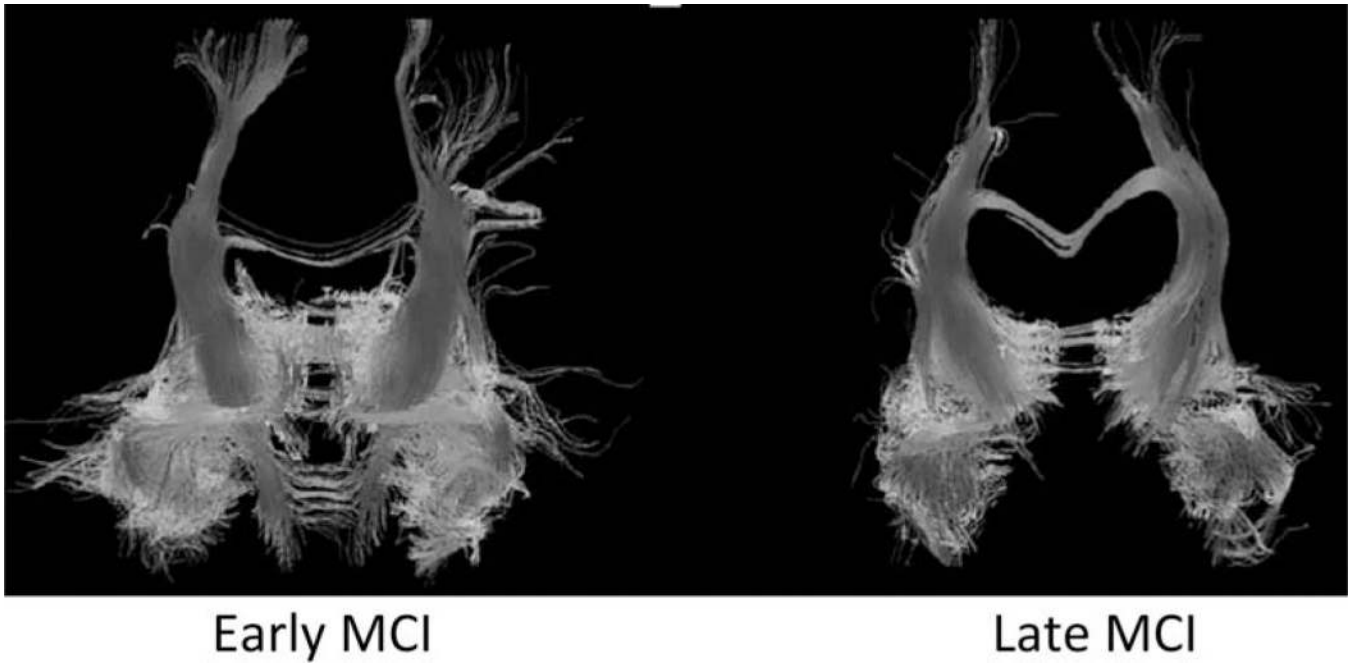


**Fig. 28.**

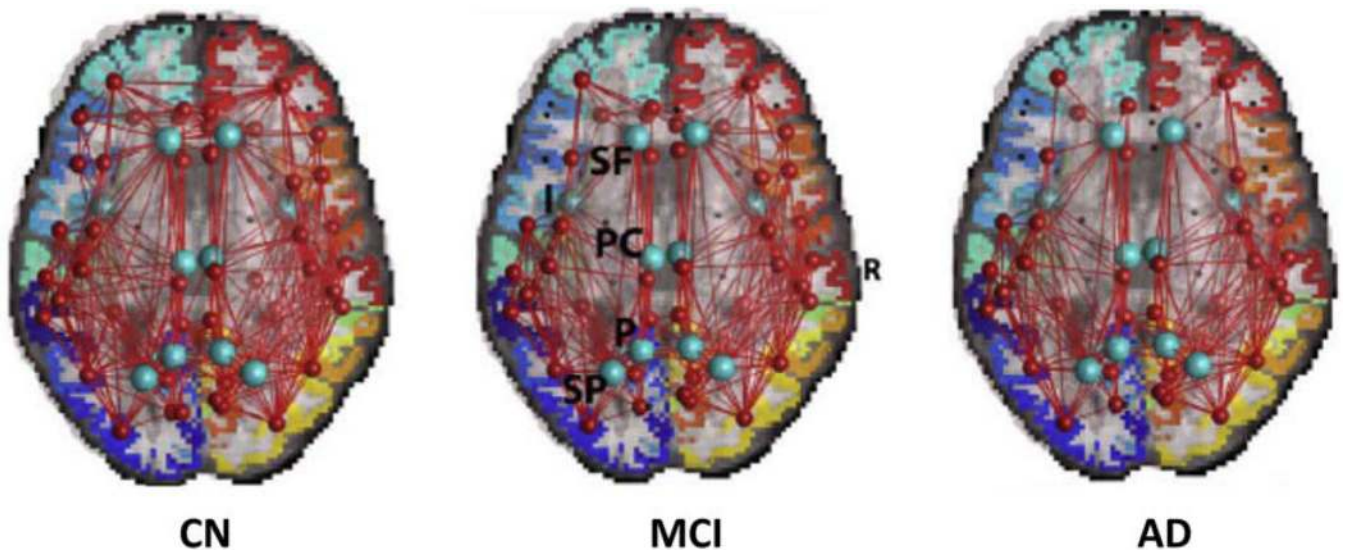
The effect of hypertension and  $A\beta$  status on estimated trends of white-matter hyperintensities (WMHs) volume as a function of age. WMH volumes were predicted for the population average intracranial volume by age, exposure to elevated blood pressure, and CSF  $A\beta_{42}$  burden. High blood pressure increases WMH over time in both  $A\beta+$  and  $A\beta-$  subjects, but the greatest effect in  $A\beta+$  subjects. Abbreviation: CSF, cerebrospinal fluid. Reproduced with permission from [300].



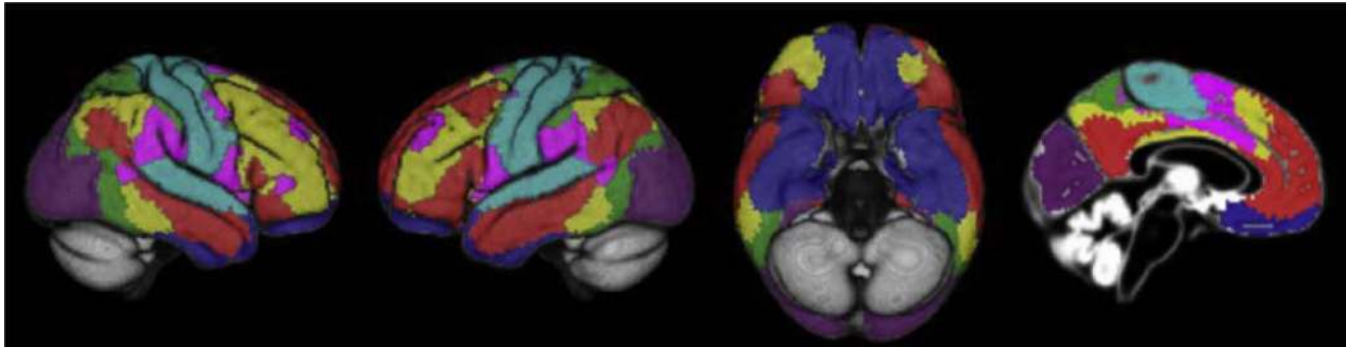
**Fig. 29.** Conceptual model linking white-matter hyperintensities to clinical progression of AD. Regional white-matter hyperintensities (WMHs) affect tau directly (a), affect regional atrophy and clinical progression directly (b), and modify the effect of tau on disease progression (c). The interaction between regional WMHs and A $\beta$  has yet to be elucidated. Abbreviation: AD, Alzheimer's disease. Reproduced with permission from [313].



**Fig. 30.** Visualization of neuronal fibers touching limbic system ROIs in typical early MCI (left) and late MCI (right) patients. Abbreviation: MCI, mild cognitive impairment. Reproduced with permission from [326].



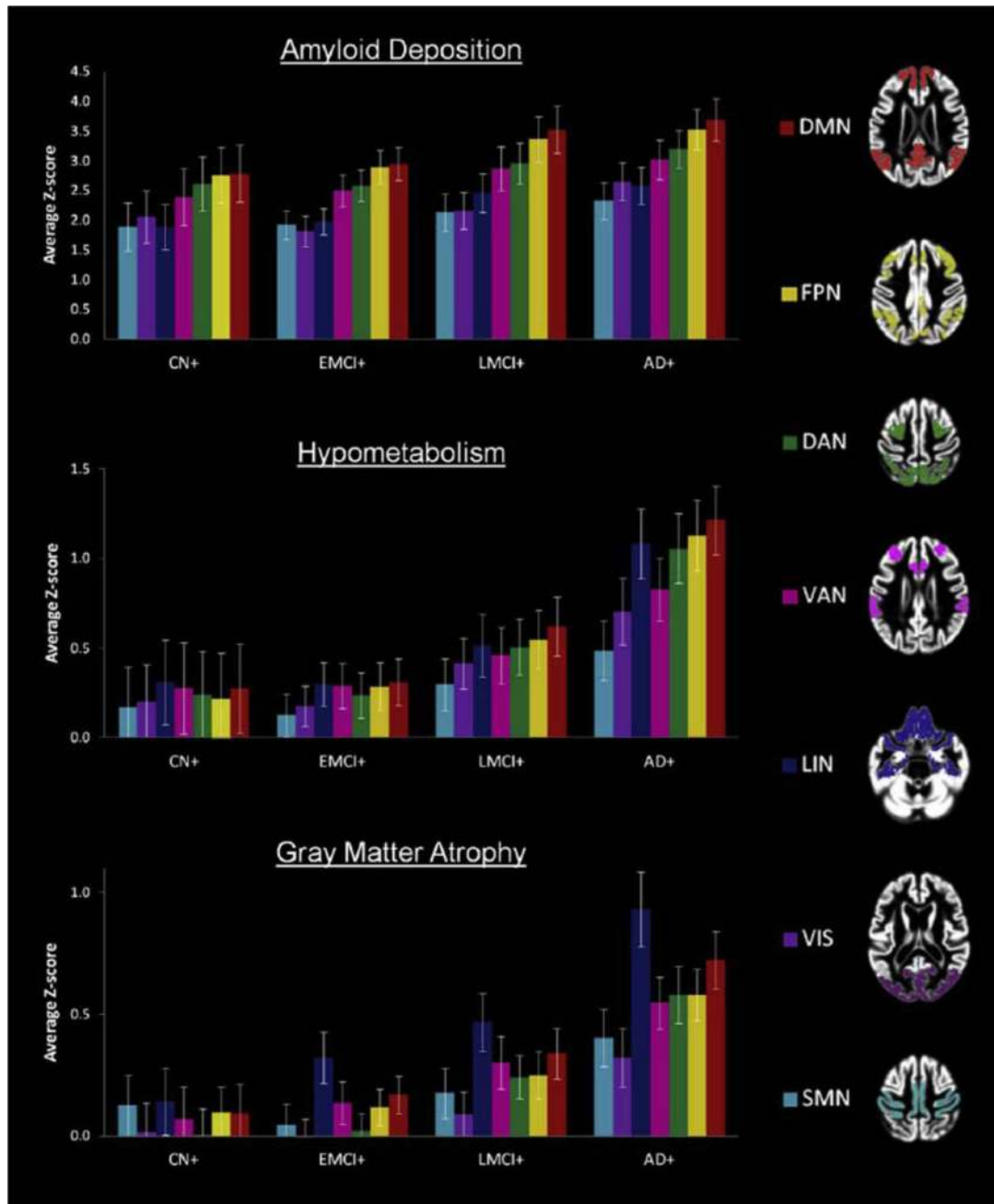
**Fig. 31.** Average brain networks showing common connections at 90% of healthy controls (CN), MCI, and AD participants at  $k = 20$  nodal degree threshold. Although individual connections (red edges) erode with disease progression, centrally positioned hubs (light blue nodes) are preserved in diagnostic groups. These hubs are in the superior frontal (SF), insula (I), posterior cingulate (PC), precuneus (P), and superior parietal cingulate regions (SP). Abbreviations: AD, Alzheimer's disease; MCI, mild cognitive impairment. Reproduced with permission from [328].



**Fig. 32.**

Overview of intrinsic connectivity networks. The figure shows standardized maps of seven intrinsic connectivity networks projected on the cortical surface and a midsagittal section of the reference template. This map estimates the functional connectivity architecture of the human cerebral cortex based on resting state functional connectivity projected on the cortical surface and a midsagittal section of the reference template. Abbreviations: blue, limbic network; cyan, somatomotor network; green, dorsal attention network; pink, ventral attention network; purple, visual network; red, default mode network; yellow, frontoparietal-control network. Reproduced with permission from [335].





**Fig. 33.**

Severity of AD-related imaging abnormalities within intrinsic connectivity networks. Plots depict means and 95% confidence intervals of averaged Z scores of A $\beta$  deposition (top), hypometabolism (middle), and gray-matter atrophy (bottom) within the distinct intrinsic connectivity networks for each AD stage. The widespread distribution of amyloid deposition across the cerebral cortex appeared similar in all patient groups with highest amyloid load in the DMN and FPN. Hypometabolism was most pronounced in the AD group and occurred across most ICNs except the VIS and SMN. Likewise, atrophy was most pronounced in the AD group, which displayed a different relative pattern of atrophy severity across ICNs with

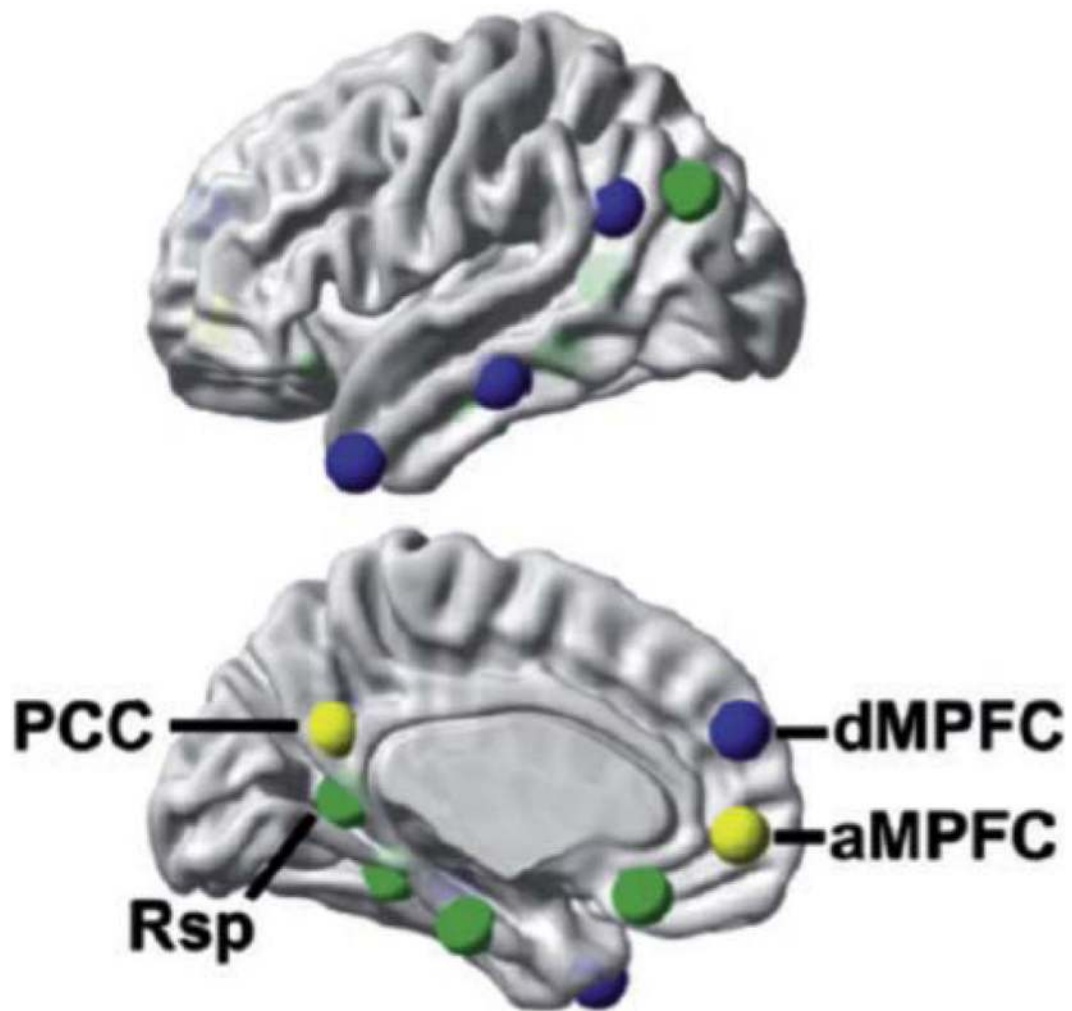
atrophy most pronounced in the LIN followed by the DMN and relative sparing of the FPN. Abbreviations: blue, limbic network (LIN); cyan, somatomotor network (SMN); green, dorsal attention network (DAN); pink, ventral attention network (VAN); purple, visual network (VIS); red, default mode network (DMN); yellow, frontal parietal control network (FTN); AD, Alzheimer's disease; CN, cognitively normal; EMCI, early mild cognitive impairment; LMCI, late mild cognitive impairment. Reproduced with permission from [335].

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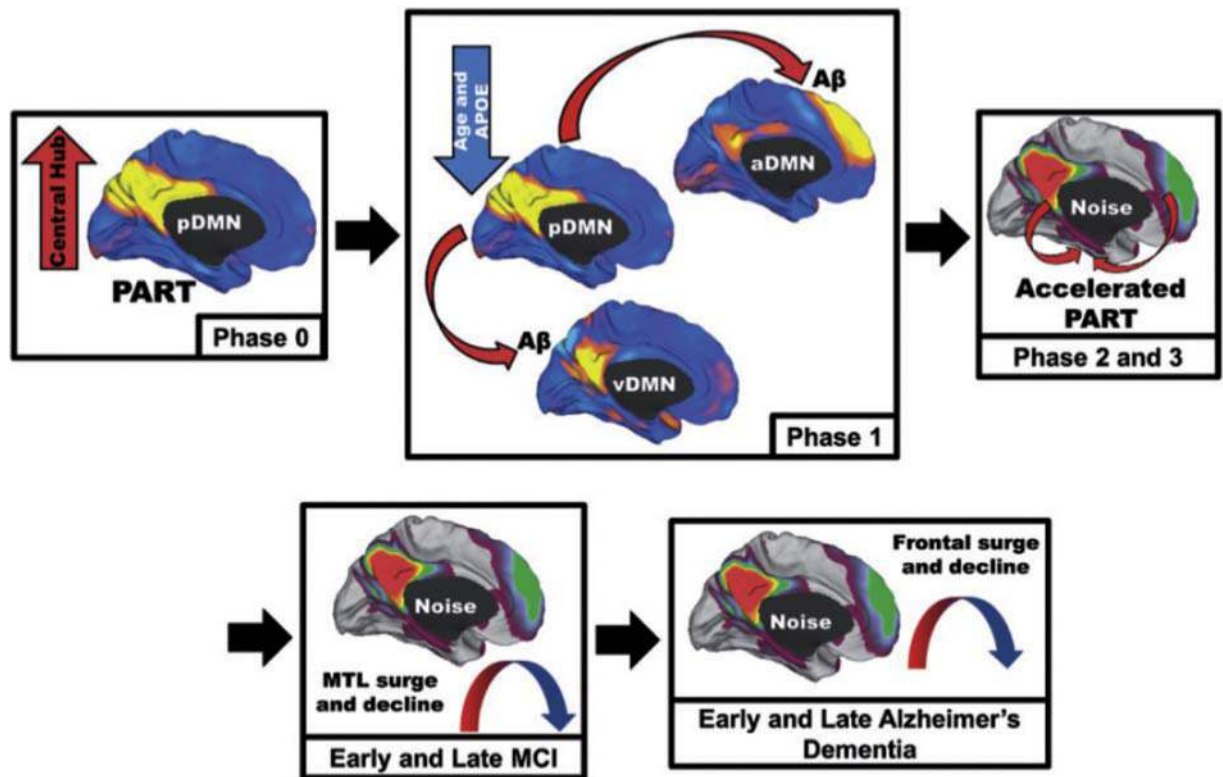
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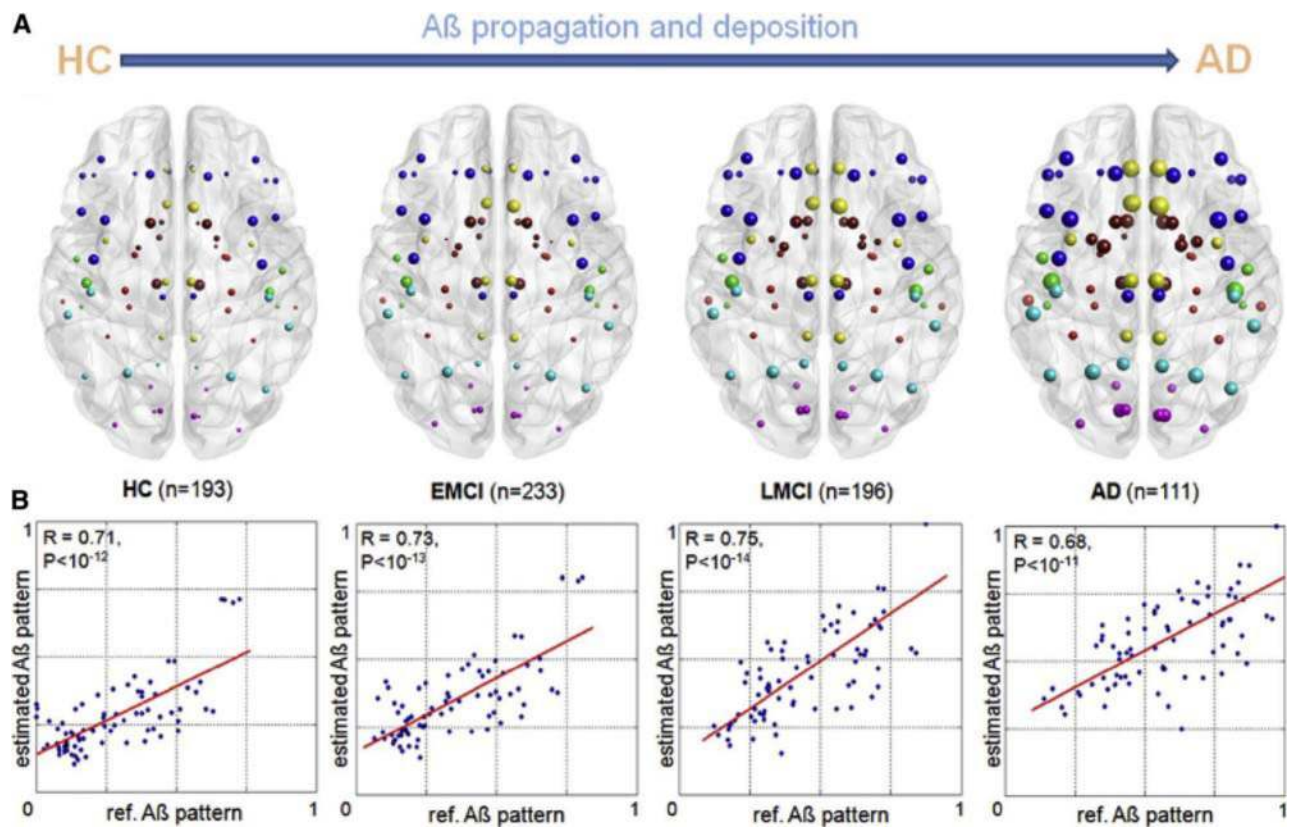
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**Fig. 34.** Subsystems of the default mode network. Nodes within the default mode network segregate into distinct subsystems. Abbreviations: aMPFC, anterior or medial prefrontal cortex; blue: dorsal medial prefrontal cortex system; dMPFC, dorsal medial prefrontal cortex; green, medial temporal lobe memory system; yellow, midline core regions; PCC, posterior cingulate cortex; Rsp, retrosplenial cingulate. Reproduced with permission from [336].

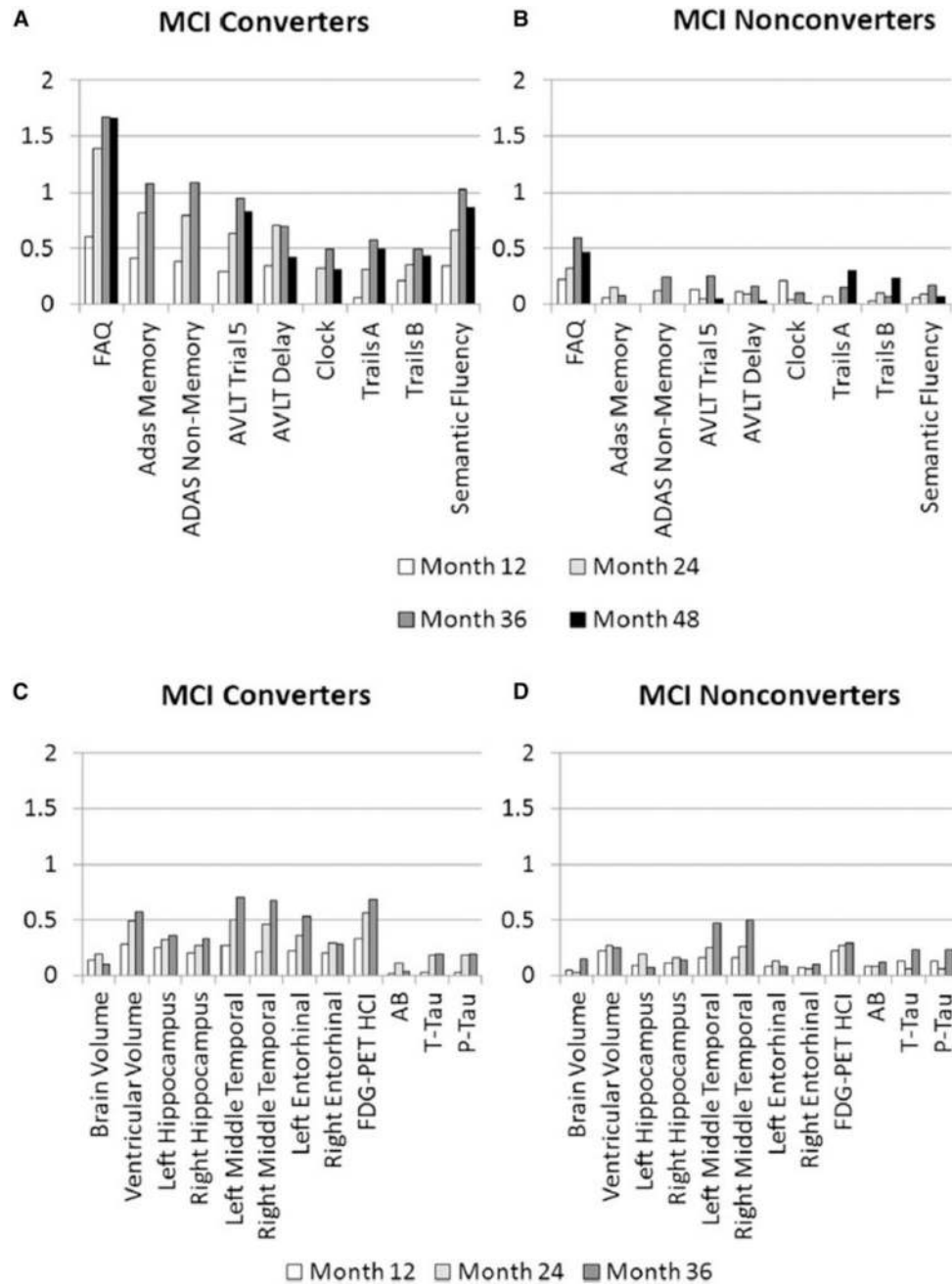


**Fig. 35.** Schematic of the proposed cascading network failure model of Alzheimer's disease. Phase 0: The posterior DMN (pDMN) serves as the central hub processing and integrating association cortices and is highly metabolically active. Independently, the medial temporal lobe (MTL) has accumulated age-related damage from neocortical processing of a different kind contributing to primary age-related tauopathy (PART) in these regions. Phase 1: Declining posterior DMN transfers information-processing duties to the neocortical regions including the ventral DMN and/or the anterior dorsal DMN. Aberrant betweenneocortical network synaptic activity leads to dysregulated amyloid precursor protein (APP) processing promoting A $\beta$  plaque formation in neocortical layers. Phase 2: Given that the hippocampus is continually processing information from the same regions, noise in these cortical systems is propagated down to the hippocampus. This increased burden on the hippocampus accelerates the preexisting PART. Phase 3: Neurodegeneration expands to adjacent systems. This creates a detrimental positive feedback loop because degeneration lowers the noise-handling capacity of the system leading to further degeneration. MCI phase: Posterior brain regions supporting memory succumb to the degenerative feedback loop as hippocampal regions increases processing. Later, the frontal brain regions begin to bear the high connectivity burden. Early Alzheimer's disease phase: The high frontal connectivity firmly establishes the neurodegenerative feedback loop in these systems before declining as Alzheimer's disease progresses. Abbreviations: DMN, default mode network; MCI, mild cognitive impairment. Reproduced with permission from [336].



**Fig. 36.**

Characteristic regional A $\beta$  deposition patterns in healthy and pathological brains. An epidemic spreading model that predicts propagation/deposition of A $\beta$  reproduces the characteristic A $\beta$  deposition patterns in the ADNI cohort. (A) PET-based mean regional A $\beta$  deposition probabilities in cognitively normal healthy controls (HC), early MCI (EMCI), late MCI (LMCI), and AD groups. Nodes correspond to 78 regions covering all the brains gray matter, with node sizes proportional to the associated A $\beta$  burden. The progressive expansion of A $\beta$  deposition starts mainly from the DMN regions and expands to the rest of the brain. (B) Correspondence between the estimated and PET-based mean regional A $\beta$  deposition probabilities for the different clinical groups. Abbreviations: AD, Alzheimer's disease; ADNI, Alzheimer's Disease Neuroimaging Initiative; DMN, default mode network; MCI, mild cognitive impairment; PET, positron emission tomography. Reproduced with permission from [346].



**Fig. 37.** Patterns of decline of the different classes of markers. The greatest effect sizes for MCI converters were for functional measures (Functional Activities Questionnaire [FAQ]) and for cognitive measures such as the ADAS-cog. Effect sizes for volumetric and CSF biomarker measures were much smaller. Panel 1: effect sizes for the difference in cognitive and functional measures between baseline and each one of the follow-ups from months 12–48: (A) MCI converters, (B) stable MCI. Panel 2: effect sizes in MRI morphometry, FDG PET HCl, and CSF biomarkers between baseline and months 12–36 follow-ups: (C) MCI converters, (D) stable MCI. Abbreviations: ADAS-cog, Alzheimer’s Disease Assessment

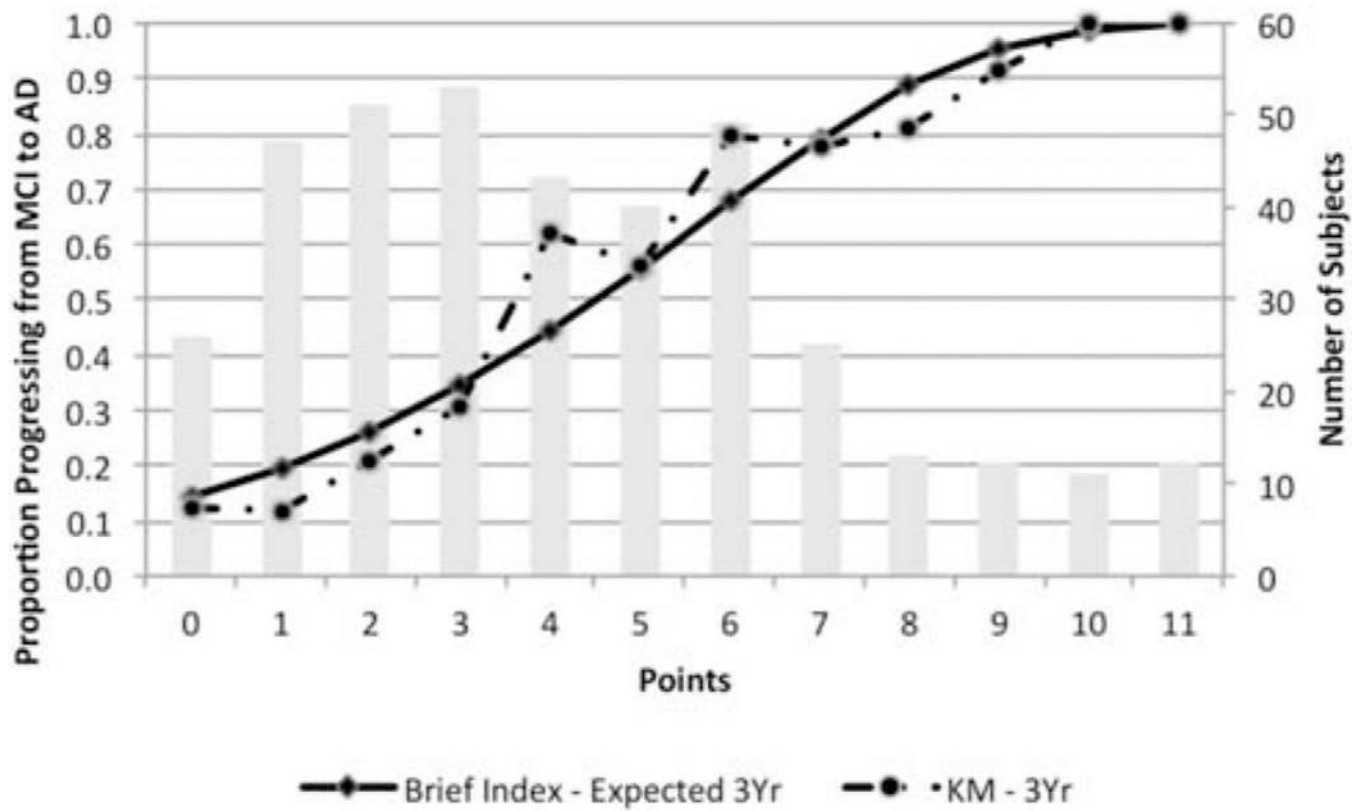
Scale–cognitive; CSF, cerebrospinal fluid; FDG, [<sup>18</sup>F]-fluorodeoxyglucose; HCI, hyperbolic convergence index; MCI, mild cognitive impairment; MRI, magnetic resonance imaging; PET, positron emission tomography. Reproduced with permission from [354].

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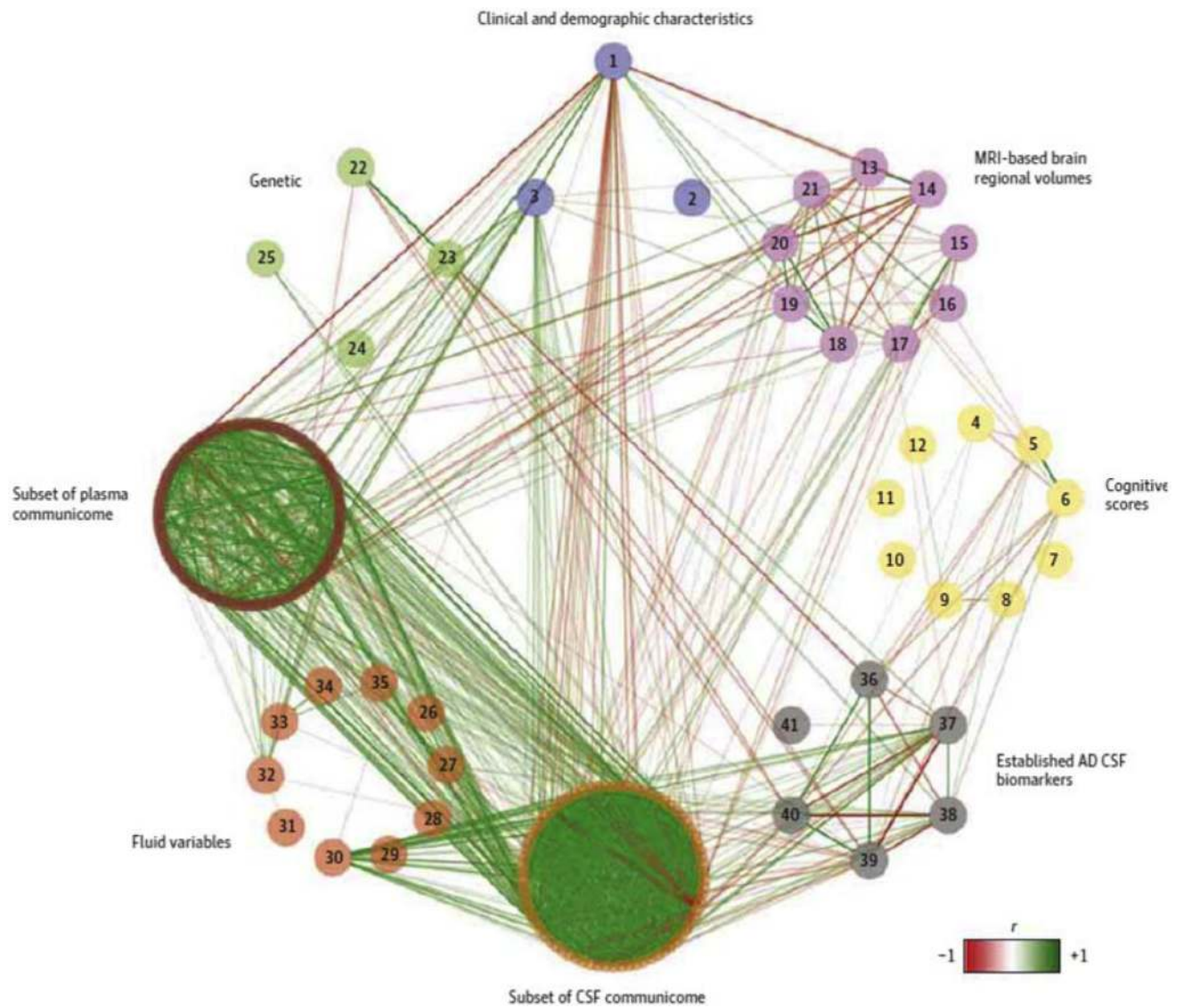
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**Fig. 38.**

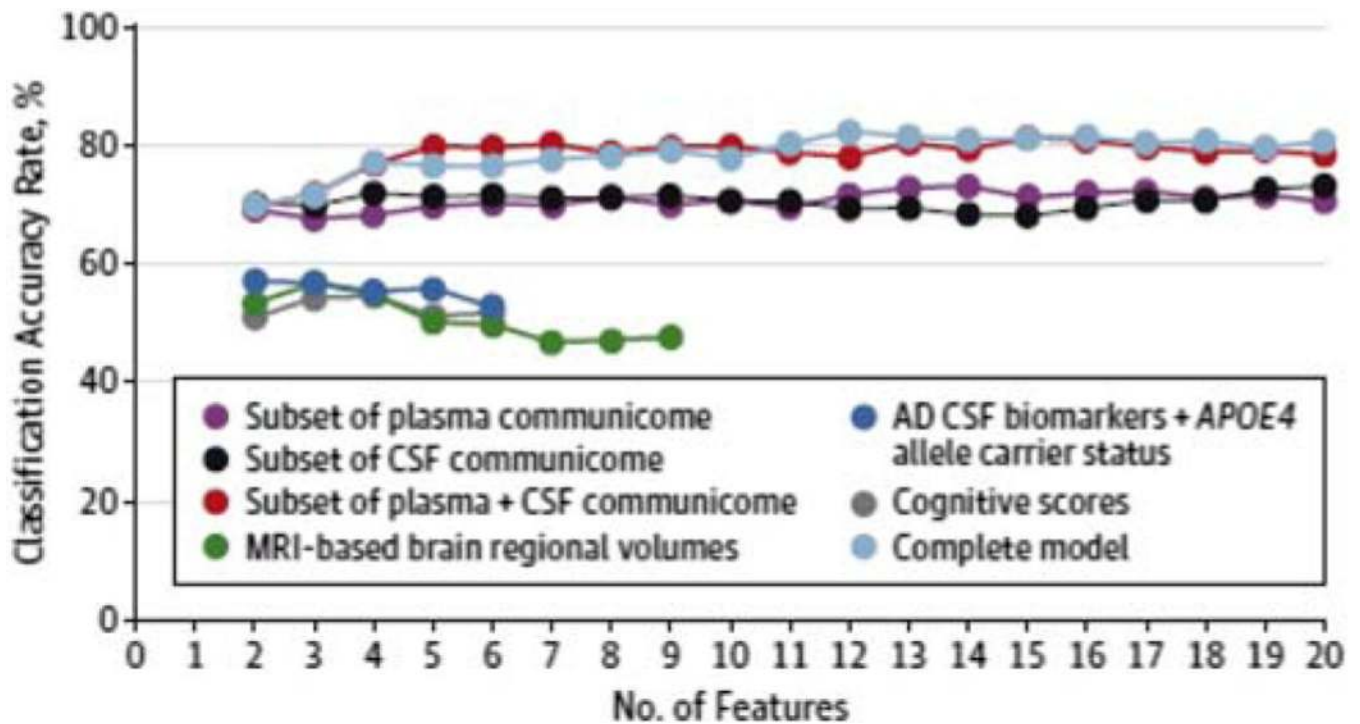
Observed versus predicted progression from amnesic MCI to AD over 3 years by Brief Clinical Index point score. The solid line shows the proportion of subjects predicted to progress from amnesic MCI to AD over 3 years as a function of the Brief Clinical Index point score. The dotted line shows the actual proportions that progressed at each point score value based on 3-year Kaplan-Meier estimates. The vertical bars showed the number of individuals at each point score value (right vertical axis). Abbreviations: AD, Alzheimer's disease; MCI, mild cognitive impairment. Reproduced with permission from [360].



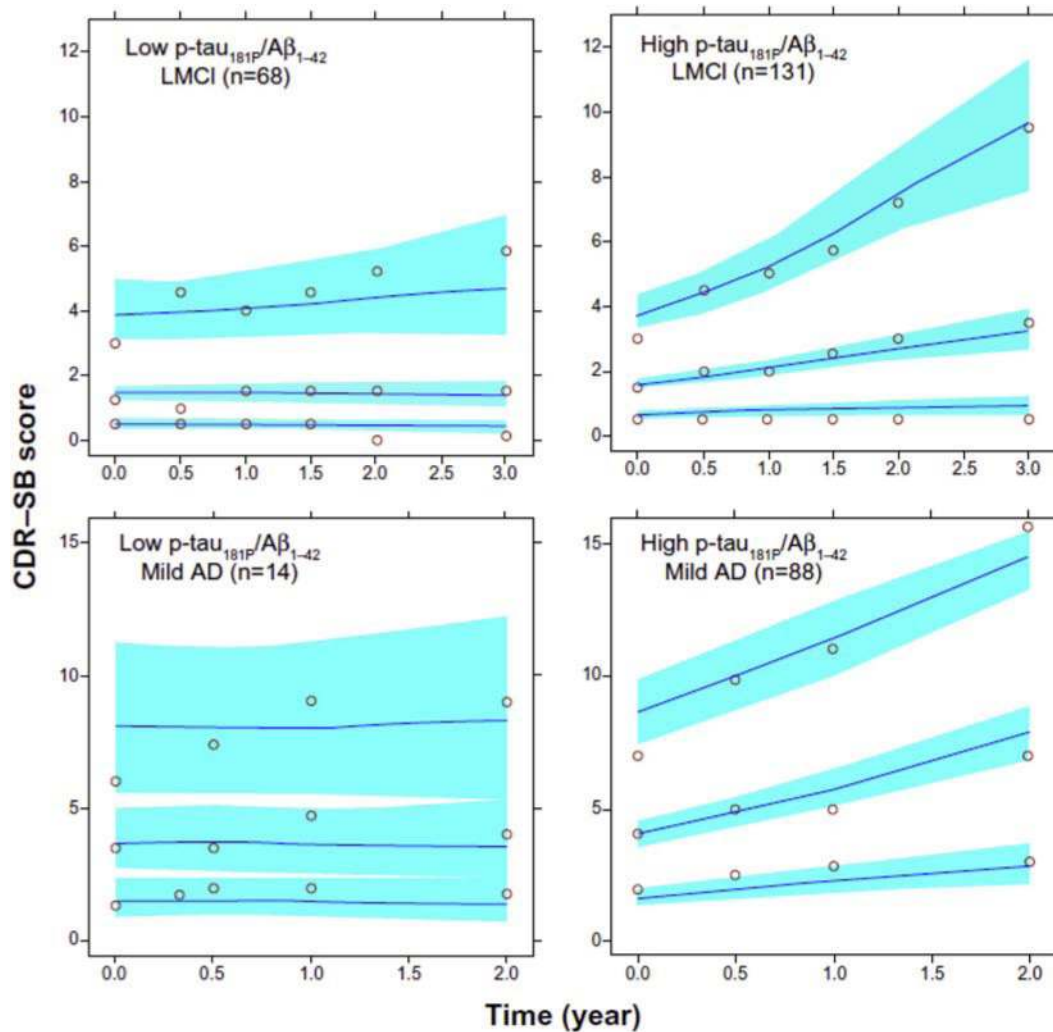


**Fig. 39.** Associations between 249 variables shown by a circular visualization of correlation plot. Data from 928 patients with mild cognitive impairment were used to produce a network visualization of the complex relationships between and within variables in ADNI. Lines represent the Spearman rank correlation coefficient  $|r| = .3$  between two variables. 1—sex, 2—years education, 3—age, 4—MMSE, 5—ADAS total score, 6—ADAS modified, 7—CDR composite score, 8—CDR-SOB composite score, 9—FAQ, 10—GDS, 11—Hachinski Ischemic Scale score, 12—NIQ total score, 13—brain volume, 14—intracranial volume, 15—ventricular volume, 16—hippocampal volume, 17—inferior lateral ventricular volume, 18—middle temporal volume, 19—inferior temporal volume, 20—fusiform cortical volume, 21—entorhinal cortex volume, 22—*APOE4* carrier, 23—no. of *APOE4* alleles, 24—*TOMM40* polyT allele one, 25—*TOMM40* polyT allele 2, 26—8-Iso-PGF, 27—8,12-iso-IPFa, 28—CSF white blood cell count, 29—CSF red blood cell count, 30—CSF total protein concentration, 31—CSF glucose level, 32—total plasma homocysteine level, 33—

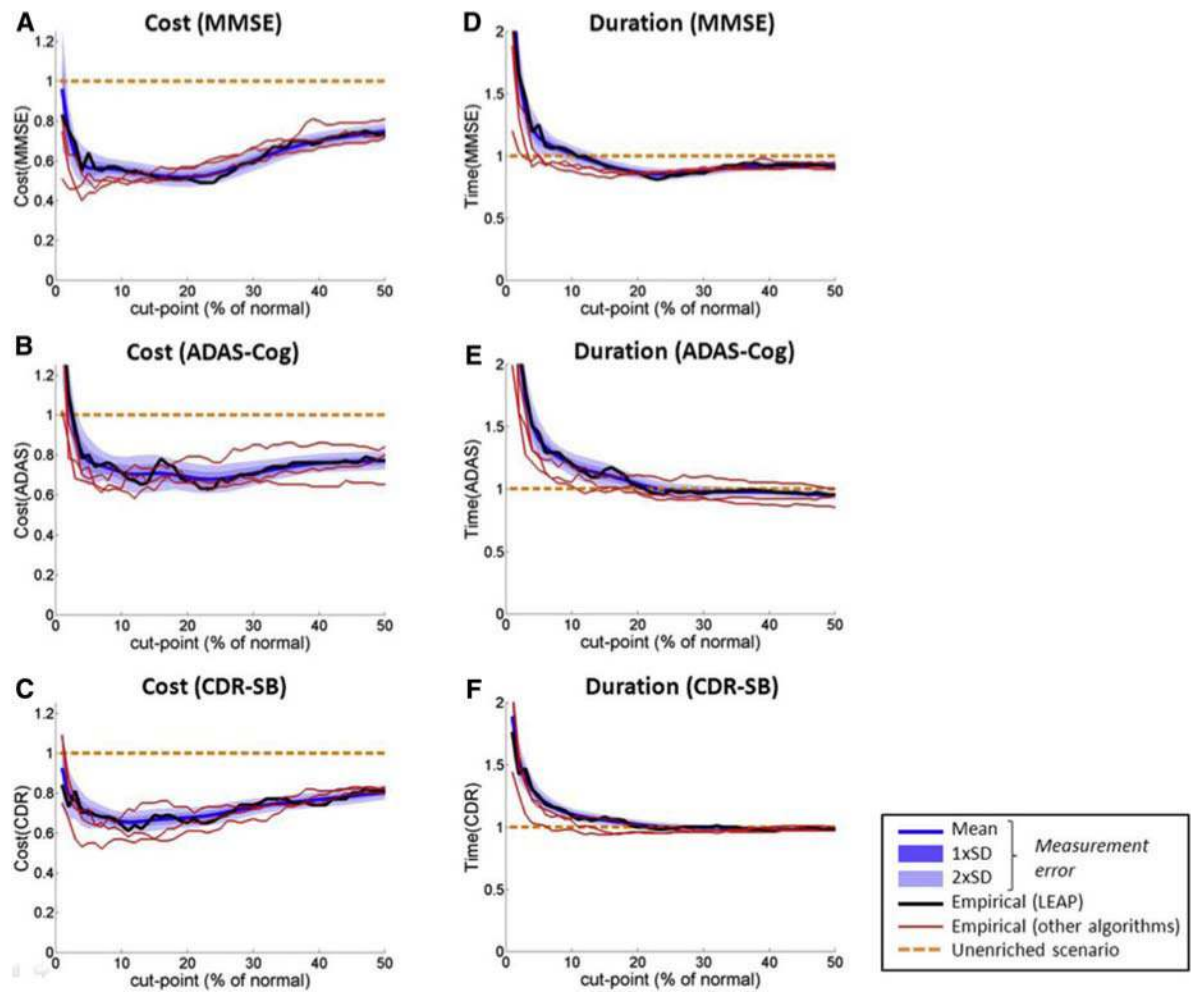
plasma A $\beta$ 40 level, 34—plasma A $\beta$ 42 level, 35—plasma A $\beta$ 40:AB42 ratio, 36—CSF A $\beta$ 42 level, 37—CSF t-tau level, 39—CSF A $\beta$ 42:t-tau ratio, 40—CSF A $\beta$ 42-p-tau ratio, 41—CSF p-tau:t-tau ratio, 42 to 115—74 CSF analytes measured by multiplex assay, 116 to 249—hundred and 34 plasma analytes measured by multiplex assay. Abbreviations: ADAS, Alzheimer’s Disease Assessment Scale; ADNI, Alzheimer’s Disease Neuroimaging Initiative; CDR-SOB, Clinical Dementia Rating–Sum of Boxes; CSF, cerebrospinal fluid; FAQ, Functional Activities Questionnaire; MMSE, Mini–Mental State Examination. Reproduced with permission from [425].



**Fig. 40.** Prediction of progression from mild cognitive impairment to Alzheimer's disease within 3 years. Markers in plasma or CSF predicted progression with a relatively high sensitivity compared to standard AD CSF biomarkers, regional MRI volumes, or cognitive scores. Prediction includes seven models combining different subsets of variables. Correct classification rate of the top 20 variables was estimated on the test data set after 1000-fold resampling of the learning and test data sets. Sex and age were included in all models. *APOE4* indicates apolipoprotein  $\epsilon 4$ . Abbreviations: AD, Alzheimer's disease; CSF, cerebrospinal fluid; MRI, magnetic resonance imaging. Reproduced with permission from [425].

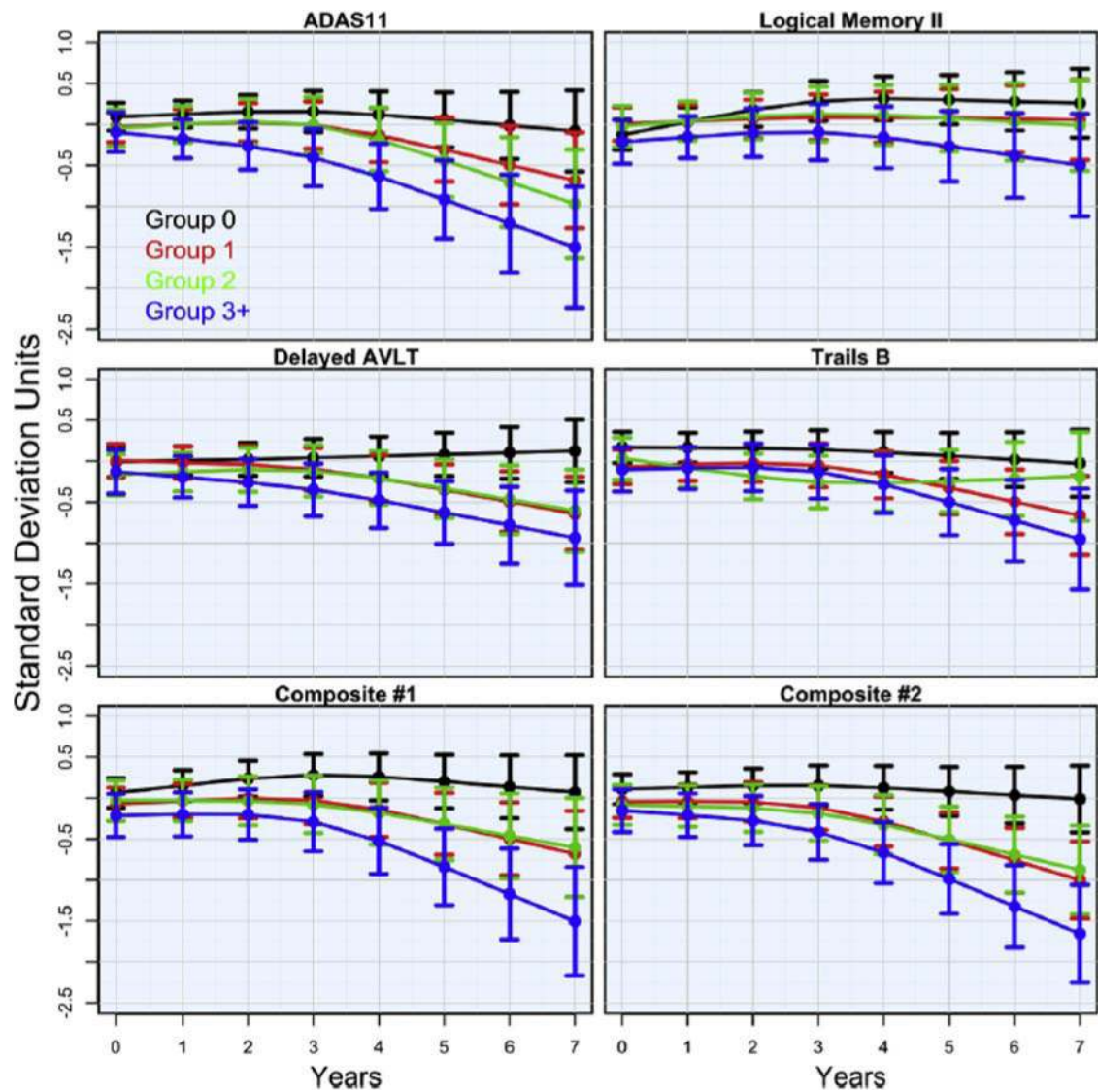


**Fig. 41.** Nonlinear disease progression model capturing longitudinal Clinical Dementia Rating–Sum of Boxes (CDR-SB) scores. Visual predictive check simulations suggest that the model describes longitudinal progression of CDR-SB scores in both late MCI and mild AD subjects. Stratification using p-tau<sub>181F</sub>/Aβ<sub>42</sub> ratio reveals a lack of disease progression in biomarker negative subgroups. The upper, middle, and lower profiles indicated by the open circles represent the 95th, 50th, and 5th percentiles of the observed data, respectively. The upper, middle, and lower curves indicated by the lines are the median model-based predictions for the 95th, 50th, and 5th percentiles, respectively. The shaded areas are the 90% confidence intervals of the corresponding percentiles of the simulations based on the model. Abbreviations: AD, Alzheimer’s disease; LMCI, late MCI; MCI, mild cognitive impairment. Reproduced with permission from [459].



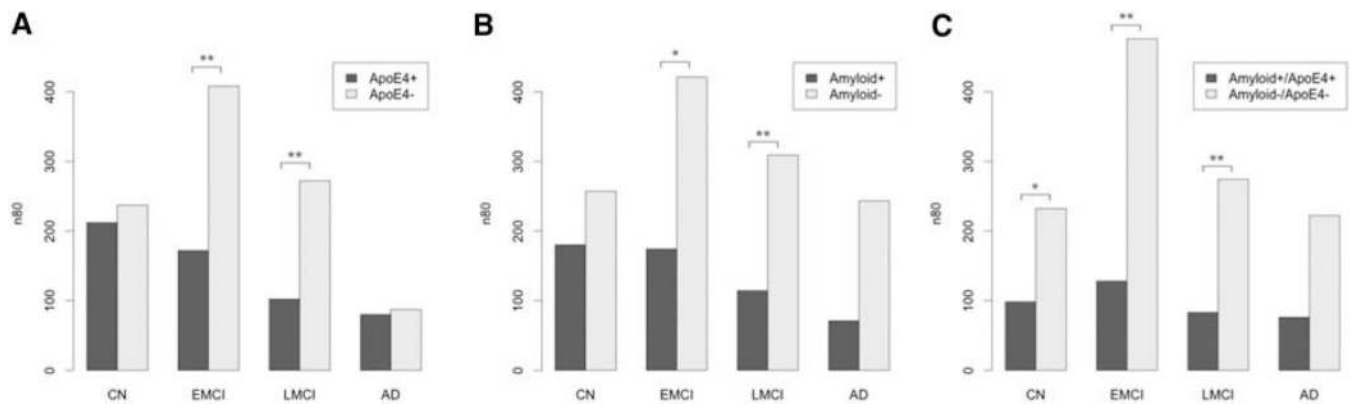
**Fig. 42.**

Implications of hippocampal volume–based enrichment for clinical trials of amnesic MCI subjects. Estimates of trial costs and total duration for scenarios in which patients are enriched or not enriched with hippocampal volume are given for different outcome measures. (A–C) Trial cost and (D–F) trial execution time, as a function of cut point for (A and D) MMSE, (B and E) ADAS-cog, and (C and F) CDR-SB. Results are expressed as fractions of the unenriched scenario and are shown for four different hippocampal volume computational algorithms. Variance due to test-retest variability is shown as the shaded area for one of the four algorithms (LEAP). Abbreviations: ADAS-cog, Alzheimer’s Disease Assessment Scale–cognitive; CDR-SB, Clinical Dementia Rating–Sum of Boxes; MCI, mild cognitive impairment; MMSE, Mini–Mental State Examination. Reproduced with permission from [470].



**Fig. 43.**

Ability of cognitive end points to detect change in cognitively normal subjects selected for multiple pathologies. Composite cognitive tests were more able to capture decline in cognitively normal (CN) subjects over 7 years than any measure of a single cognitive domain or ADAS-cog alone. Enrichment with three or more pathologies optimally enhanced this effect. Groups with 0, 1, 2, or 3+ pathologies (*APOE4*,  $A\beta+$ , tau+, or hippocampal atrophy1) plotted for each standardized cognitive measure with 7 years of follow-up. Composite #1: ADAS-11, Trails B, and Logical Memory II. Composite #2: ADAS-11, Trails B, and dALVT. Abbreviations: ADAS, Alzheimer's Disease Assessment Scale; ADAS-cog, Alzheimer's Disease Assessment Scale–cognitive; dALVT, delayed Rey Auditory Verbal Learning Test. Reproduced with permission from [478].



**Fig. 44.**

The effect of clinical trial enrichment using *APOE4* status or brain A $\beta$  load. After screening participants for *APOE4* status or brain A $\beta$  load, sample size requirements are around 100 subjects for a 2-year trial. Sample size estimates (n80s) after trial enrichment using *APOE4* status (A), brain A $\beta$  load at screening (B), or both combined (C). Abbreviations: AD, Alzheimer's disease; CN, cognitively normal; EMCI, early mild cognitive impairment; LMCI, late mild cognitive impairment. Reproduced with permission from [479].

**Table 1**

Clinical and cognitive characteristics of ADNI-2 subjects

	N	CN, N = 314	SMC, N = 107	EMCI, N = 300	LMCI, N = 311	AD, N = 150	Combined, N = 1182	P-value
Age	1182	74.1 (5.8)	72.2 (5.6)	71.2 (7.4)	73.1 (7.4)	74.7 (8.2)	73.0 (7.0)	<.001 <sup>f</sup>
Sex: female	1182	158 (50%)	62 (58%)	133 (44%)	127 (41%)	62 (41%)	542 (46%)	.009 <sup>2</sup>
Education (years)	1182	16.5 (2.6)	16.8 (2.5)	16.0 (2.7)	16.1 (2.8)	15.8 (2.7)	16.2 (2.7)	.007 <sup>f</sup>
Marital	1182							
Married		226 (72%)	70 (65%)	227 (76%)	242 (78%)	130 (87%)	895 (76%)	<.001 <sup>2</sup>
Widowed		42 (13%)	15 (14%)	21 (7%)	38 (12%)	14 (9%)	130 (11%)	
Divorced		33 (11%)	12 (11%)	34 (11%)	26 (8%)	5 (3%)	110 (9%)	
Never married		13 (4%)	10 (9%)	14 (5%)	3 (1%)	1 (1%)	41 (3%)	
Unknown		0 (0%)	0 (0%)	4 (1%)	2 (1%)	0 (0%)	6 (1%)	
Ethnicity	1182							
Not Hisp/Latino		300 (96%)	103 (96%)	284 (95%)	304 (98%)	141 (94%)	1132 (96%)	
Hisp/Latino		13 (4%)	2 (2%)	15 (5%)	7 (2%)	8 (5%)	45 (4%)	
Unknown		1 (0%)	2 (2%)	1 (0%)	0 (0%)	1 (1%)	5 (9%)	.14 <sup>2</sup>
Race	1182							
Am Indian/Alaskan		1 (0%)	0 (0%)	1 (0%)	0 (0%)	0 (0%)	2 (0%)	
Asian		7 (2%)	0 (0%)	4 (1%)	5 (2%)	5 (3%)	21 (2%)	.049 <sup>2</sup>
Hawaiian/Other PI		0 (0%)	0 (0%)	1 (0%)	1 (0%)	0 (0%)	2 (0%)	
Black		21 (7%)	3 (3%)	5 (2%)	10 (3%)	6 (4%)	45 (4%)	
White		283 (90%)	101 (94%)	279 (93%)	294 (95%)	137 (91%)	1094 (93%)	
More than one		2 (1%)	3 (3%)	7 (2%)	1 (0%)	2 (1%)	15 (1%)	
Unknown		0 (0%)	0 (0%)	3 (1%)	0 (0%)	0 (0%)	3 (0%)	
CDR-SB	1182	0.030 (0.126)	0.075 (0.179)	1.286 (0.757)	1.630 (0.910)	4.507 (1.696)	1.341 (1.622)	<.001 <sup>f</sup>
ADAS-11	1178	5.8 (3.0)	5.6 (2.7)	7.9 (3.5)	11.1 (4.6)	20.8 (7.1)	9.6 (6.4)	<.001 <sup>f</sup>
MMSE	1182	29.1 (1.2)	29.0 (1.2)	28.4 (1.6)	27.5 (1.8)	23.1 (2.1)	27.7 (2.4)	<.001 <sup>f</sup>



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Abbreviations: ADNI, Alzheimer's Disease Neuroimaging Initiative; CN, cognitively normal; SMC, subjective memory concern; EMCI, early mild cognitive impairment; LMCI, late mild cognitive impairment; AD, Alzheimer's disease; CDR-SB, Clinical Dementia Rating-Sum of Boxes; ADAS-11, Alzheimer's Disease Assessment Scale, 11 point; MMSE, Mini-Mental State Examination; SD, standard deviation.

NOTE: Mean (SD) for continuous variables.  $N$  is the number of nonmissing values. Tests used:

<sup>1</sup> F test;

<sup>2</sup> Pearson test.

Table 2

## Methods for automatic hippocampal segmentation

Challenge	Approach and results	Reference
Hippocampal segmentation		
Multi-atlas segmentation	<p>Presents a unified algorithm, Hippocampal Unified Multi-Atlas Networks (HUMAN), that combines the accuracy of multi-atlas approaches with artificial neural network classification. The algorithm was robust and accurate compared to manual segmentation. [65]</p> <p>Proposes a learning-based atlas selection method that learns the relationship between each pair of atlases and target images. The method improved segmentation accuracy over other widely used multi-atlas segmentation methods. [66]</p> <p>Present a novel segmentation method that uses a manifold learning technique to obtain spatially local weights for atlas label fusion. The weights depend on all pairwise similarities of the population. Segmentation using this method was highly correlated with manual segmentation. [67]</p> <p>Propose a graphical approach to labeling using a Markov random field formulation which constructs graphs connecting atlases and the target image. This unified framework allows more efficient label propagation. The method was robust and accurate. [68]</p> <p>Present an algorithm Multiple Automatically Generated Templates (MAGeT-Brain) which propagates atlas segmentation to template library. These are then propagated to each target image and fused using a label fusion method. The method was compared with existing methods including FIRST and FreeSurfer. MAGeT-Brain achieved a higher Dice's Similarity Coefficient with manual segmentation volumes than produced by FreeSurfer and FIRST. [69]</p> <p>Uses spectral Laplace-Beltrami wavelets to obtain high-resolution hippocampal shaped deformations. This resulted in a sensitivity of 96% and a specificity of 90% in the classification of AD versus NC using hippocampal shapes. [70]</p>	
Use of hippocampal shape information	<p>Present a method using linear registration of brain images to a standard template, feature extraction, and voxel classification using a random Forest algorithm to determine whether voxels belong to the hippocampus or not. Outperformed FreeSurfer. [71]</p> <p>Constructed a high-resolution atlas from manually segmented hippocampal substructures which included manual annotations for neighboring structures. The atlas, released as part of FreeSurfer (version 6.0), outperforms the atlas and FreeSurfer version 5.3. [72]</p> <p>Combined that the use of FreeServer, FIRST, and SPHARM software packages to create an atlas by mapping interpolated subfields automation onto the average surface. Atlas has good reproducibility using ADNI data. [73]</p> <p>Uses a fully automated multi-atlas segmentation. Found a high Dice Similarity Coefficient with manual segmentation. Suggests that NeuroReader could have clinical applications. [74]</p>	
Automated hippocampal segmentation for clinical use	<p>Present a fully automated pipeline using an affine registration step and classification of voxels using a Random Forest classifier. Classification was performed slice by slice along each of three orthogonal directions and achieved comparable results to manual segmentation. [75]</p> <p>Present a fully automated pipeline which is atlas based and uses Statistical Parametric Mapping (SPM) software. The automated pipeline was computationally inexpensive, accurate, and is freely available as an SPM8 toolbox. [76]</p>	
Development of a robust hippocampal atrophy biomarker	<p>Describe development of a longitudinal hippocampal atrophy biomarker which is not confounded by factors such as acquisition noise or artifacts, and physiological variations. Biomarker detects hippocampal atrophy due to disease and not to other factors such as long-term aging. In combination with baseline volumes, the method was highly accurate in discriminating patient groups. [77]</p>	
Patch label fusion	<p>Proposed a novel patch-based labels fusion method that combines the two approaches via matrix completion. The method results in more accurate segmentation than either with the reconstruction-based or the classification-based approaches. [78]</p> <p>Present a novel patch-based label fusion framework that uses an optimized PatchMatch Label Fusion (OPAL) strategy. OPAL produced a segmentation accuracy highly correlated with manual segmentation. [79]</p>	

Challenge	Approach and results	Reference
	Introduce three new label fusion contributions: (1) the feature representation for each image patch encodes local information; (2) each atlas image patch is further partitioned into partial image patches; (3) label fusion is improved with a hierarchical approach. The improvements proposed resulted in improved accuracy of segmentation.	[80]

Abbreviations: AD, Alzheimer’s disease; NC, normal cognition; ADNI, Alzheimer’s Disease Neuroimaging Initiative.

Table 3

## Approaches for the improvement of MRI methodology

Challenge	Approach and results	Reference
Image acquisition		
Evaluate measurement properties of the Brain Atrophy and Lesion Index (BALI) [118] at 1.5-T and 3-TMRI.	Compared T1- and T2-weighted imaging at different field strengths for their ability to correctly diagnose patient groups. Found that 1.5-T BALI scores were similar to those obtained using 3-T images.	[81]
Compare 1.5-T and 3-T MRI for automated hippocampal segmentation	Compared the ability of baseline MRI data of patients scanned at both 1.5 T and 3 T to make a clinical diagnosis based on hippocampal radial distance. Found that both field strengths yielded comparable hippocampal atrophy patterns but that 3 T had a superior signal-to-noise ratio and ability to detect atrophy.	[82]
Effect of 1.5-T versus 3-T field strengths and image registration strategy on VBM	Tested different diffeomorphic spatial registration strategies over two field strengths for their ability to detect AD-related atrophy. Registration strategy affected the estimation of AD-related atrophy, whereas field strengths affected assessment of brain anatomy in the cerebellum, the precentral gyrus, and the thalamus bilaterally.	[83]
Change in 3.0-T MRI image acquisition scheme between ADNI-1 and subsequent grants	Used voxel-based morphometry to compare 3.0-T T1-weighted volumes obtained in ADNI-1 and ADNI-2. The protocol used in ADNI-2 resulted in increased gray matter and localized decreases in white matter compared to ADNI-1 images and the total volumes of gray matter, white matter, and cerebrospinal fluid also differed. These results should be considered when comparing images obtained during these two protocols using VBM.	[84]
Analyzing the effect of geometric distortions on different scanner/protocol combinations.	Used the ADNI phantom to measure MRI image distortion. Found that the size of distortion field varied between scanners and protocols but that corrections applied reduced distortion to 1 mm or less.	[85]
Preprocessing		
Different approaches for the normalization of regional volumes by intracranial volume (ICV) may influence the relationship between hippocampus and cognition.	Tested the effect of the three methods: raw volumes, volume to ICV fractions, or regional volumes, on the relationship between hippocampal volume and cognition. Found that the three approaches did not alter this association but had small effects on the prediction of diagnostic status.	[86]
Robust and accurate automatic brain extraction across diverse subject groups.	Proposed a method combining an atlas-based approach and a deformable surface-based approach guided by prior information on local intensities and specific populations. Found that the method was accurate across all disease states and across human lifespan and performed favorably compared to existing protocols.	[87]
Registration and segmentation		
Selection of the most discriminative features for deformable image registration.	Proposed an image registration framework that uses deep learning to discover morphological patterns in image patches. Achieved more accurate registration results compared to state-of-the-art methods.	[88]
Development of a brain parcellation tool based on multi-atlas algorithms that is robust for many different imaging protocols	Used a multiple atlas, likelihood fusion algorithm to test parcellation of the entire brain using six protocols across different manufacturers and field strengths. Found that there was little effect of different protocols on the variability of brain volumes.	[89]
Optimal selection of the regularization parameter	Presents a nonregression approach for the selection of the regularization parameter based on the Variational-Bayesian cycle. Found this is more computationally efficient than other methods of noise reduction.	[90]
	Presents a novel method based on full Bayesian inference on a probabilistic registration model, for inferring spatially varying regularization in nonlinear registration. The proposed model is data driven and its spatially adaptive prior provides better localization of regional volume change.	[91]

Challenge	Approach and results	Reference
Test-retest reliability of automated segmentation methods	Used FreeSurfer to process intrasession and day-to-day scans of subjects. Found that intersession variability exceeded intrasession variability for some regions	[92]
Faster image registration	Used three approaches to accelerate the image registration package elastix: (1) parallelization on the CPU; (2) parallelization on the GPU; and (3) improvements of the B-spline transformation model. Reported an acceleration factor of 4 to 5 fold and that the accelerated version had similar classification accuracies to the original version.	[93]
Accurate partial volume estimation in tissue labeling	Proposed a fast algorithm based on a Bayesian maximum a posteriori formulation. Algorithm enhanced diagnostic accuracy in ADNI standardized data set.	[94]
Automated segmentation of other regions	Proposed a novel automated method for the segmentation of the human brainstem into midbrain and pons called Landmark-based Automatic Brainstem Segmentation (LABS) which uses a revised landmark-based approach integrated with a thresholding method. LABS correlated highly with manual segmentation.	[95]
Longitudinal scans	Present a novel segmentation algorithm for measuring change in MTL volume. Baseline MTL volume is defined as an atlas image and mapped onto the corresponding follow-up image to measure volume change. The automated approach measured significant differences between clinical groups, unlike existing FreeSurfer software.	[96]
Develop scoring and training methods for BALI for the accurate quantitative and of whole-brain structural changes	Trained raters using a step-by-step BALI process. New raters achieved >90% accuracy following 2 weeks of training and achieved both high interrater and intrarater correlation coefficients. Suggests that BALI is a robust method for assessing the whole-brain health in MCI and AD patients.	[97]
Use of accelerated versus unaccelerated scans in serial MRI to detect longitudinal change	Used symmetric diffeomorphic image normalization (SyN) to normalize serial scans obtained using TBM. Found that groupwise discrimination and sample size estimates were comparable using accelerated and unaccelerated scans but that the two protocols resulted in differences in TBM-Syn.	[98]
Prediction of a brain image at a particular time point given minimal longitudinal data	Compared the impact of nonaccelerated versus accelerated scans on brain atrophy using the means normalized boundary shift interval (KN-BS) and deformation-based morphometry. Found differences in measured atrophy rates using scanners from different vendors but little difference between nonaccelerated and accelerated baseline scans and follow-up scans.	[99]
Accounting for spatially inhomogeneous longitudinal data	Used morphometry to compare numerical summaries of accelerated versus nonaccelerated scans across patient groups over 6- and 12-month scanned intervals. Scan acceleration had minimal effects on the TBM-derived atrophy measures.	[100]
Measuring longitudinal gray-matter volume change in the default mode network	Presented an algorithm for the simultaneous registration of $N$ longitudinal image pairs. Information from each pair is used to constrain the registration of each other pair. The use of a groupwise consistency prior can predict an image at a third time point not included in the registration step.	[101]
Daily changes in brain volume resulting from physiological fluctuations may impact ability of imaging to detect longitudinal changes in brain volume.	Presented an algorithm to incorporate information from the entire patient group to predict longitudinal change, as they share similar spatial distributions of volume change. Use longitudinal registration was a groupwise coupling prior and found it able to estimate change robustly.	[102]
	Proposed a method for supplementing the lack of longitudinal information for an individual patient with cross-sectional data from the population. Used a probabilistic model based on James Stein estimators to improve geodesic estimation. Method allowed prediction of brain changes of images over time.	[103]
	Proposed a method based on the Sandwich Estimator to account for within-subject correlation in longitudinal data. Found that the method was flexible and fit within- and between-subject effects on the single model in an unbalanced longitudinal data set.	[104]
	Proposed use of a volume standardized with global gray-matter volume. Method detected significant differences in longitudinal gray matter in the default mode network across patient groups.	[105]
	Used statistical modeling of MRI images, measuring the brain parenchymal fraction to account for variations in head size. Found a statistically significant time of day effect on brain parenchymal fraction. Suggests that an acquisition time bias should be accounted for in brain volumetric studies.	[106]

Challenge	Approach and results	Reference
Improvement of the boundary shift interval for measuring longitudinal change in brain volume	Proposed an extension to the boundary shift interval which uses probabilistic segmentations and then estimates a nonbinary exclusive or a region of interest to better capture patterns of brain atrophy.	[107]
Cortical thickness estimation	Presented an algorithm driven by the graph spectrum and heat kernel theory to estimate cortical thickness. Successfully detected statistical differences between patient classes.	[108]
Cortical thickness estimation	Tested the ability of voxel-based morphometry (VBM) to measure cortical thickness. Found that the VBM was less sensitive to cortical atrophy as it was biased to medial temporal lobe atrophy and that FreeSurfer was more sensitive to cortical thinning.	[109]
Morphometry	Proposed a multi-resolution approach which prescribes shape descriptors that characterize the signal at each mesh vertex. Method showed increased sensitivity and statistical power to detect group-level differences.	[110]
Cortical pattern analysis	Presented a novel system for ventricular morphometry based on the hyperbolic Ricci flow method and tensor morphometry statistics. The TBM statistics enhanced surface shape analysis and the method revealed shape differences close to the temporal lobe and posterior cingulate. Correlations were detected between ventricular morphometry, neuropsychological measures, and metabolism.	[111]
Representation of overall brain morphology	Proposed a novel approach to deformation-based morphometry, regional flux analysis, based on the scheme halts decomposition of deformations parameterized by stationary velocity fields. The framework unifies voxel-based and regional approaches and had good power to discover shapes deformations both cross-sectionally and longitudinally.	[112]
	Introduced <i>BrainPrint</i> , a fully automated framework which generates a compact representation of brain morphology by capturing shape information from both cortical and subcortical structures. Method was efficient and discriminative.	[113]
	Presented a mass univariate framework that uses longitudinal VBM data and Bayesian inference to analyze whole-brain structural changes over time. The probabilistic model detects individual and group trajectories of disease progression.	[114]
Measuring patterns of brain morphological changes in populations.	Proposed a data-driven probabilistic unsupervised framework that automatically segments heterogeneous set of images using an atlas-based method and clusters images into homogeneous subgroups. It constructs separate probabilistic atlases for each cluster. Found that combining segmentation and atlas construction led to improved segmentation accuracy and clusters generated coincided with clinical subgroups.	[115]
Identification of shape deformation patterns	Developed a data-driven global analysis of brain anatomy using kernel partial least squares and a regression model to quantify shape changes that explain variations in clinical neuropsychological measures. Method identified similar patterns in AD to predefined ROIs as well as other new patterns of deformation.	[116]
	Presented a framework for intrinsic comparison of surface metric structures and curvatures based on a Riemannian framework. Framework was able to efficiently detect boundaries between functionally and structurally distinct regions.	[117]

Abbreviations: MRI, magnetic resonance imaging; AD, Alzheimer's disease; ADNI, Alzheimer's Disease Neuroimaging Initiative; MTL, medial temporal lobe; ROI, regions of interest.

Table 4

## Novel CSF blood biomarkers

Analyte	CSF or plasma	Association with AD pathology	Notes	Reference
$\alpha$ -1-microglobulin	CSF	Regional atrophy		[157]
Apolipoprotein CIII	CSF	Regional atrophy		[157]
Apolipoprotein D	CSF	Regional atrophy		[157]
Brain-derived neurotrophic factor	Plasma	A $\beta$	Neuroprotective	[165]
Brain-derived neurotrophic factor	Plasma	NOT HV, M	Val66Met polymorphism	[164]
CD40 antigen	CSF	A $\beta$		[162]
Chromogranin A	CSF	WBA	A $\beta$ dependent	[159]
Chromogranin A	CSF	MCI to AD		[166]
Cystatin	CSF	WBA, HA	A $\beta$ dependent	[159]
Factor H	CSF	CD, VE		[167]
Fatty acid binding protein	CSF	A $\beta$		[162]
Fatty acid binding protein	CSF	CN to MCI		[168]
Fatty acid binding protein	CSF	MCI to AD		[166]
Ferritin	CSF	Regional atrophy	A $\beta$ independent	[157]
Hepatocyte growth factor	CSF	Regional atrophy	A $\beta$ independent	[157]
Hepatocyte growth factor	CSF	A $\beta$		[162]
Interleukin 16	CSF	Regional atrophy		[157]
Interleukin 6	CSF	Regional atrophy		[157]
Lipoprotein A	CSF	A $\beta$		[162]
Neurofilament light	CSF	CS, CD, WMC WBA, C, HA		[160]
Neurogranin	CSF	CS, C, Met, HV	A $\beta$ dependent	[158]
Prolactin	CSF	A $\beta$		[162]
Resistin	CSF	A $\beta$		[162]
S100 $\beta$	CSF	Regional atrophy	A $\beta$ independent	[157]
Trefoil factor 3	CSF	WBA, HA, VE	A $\beta$ dependent	[159]
Vascular endothelial growth factor	CSF	WBA	A $\beta$ dependent	[159]
Vascular endothelial growth factor	CSF	HV, HA, CD	Neuroprotective, effect enhanced in A $\beta$ +	[161]
Vascular endothelial growth factor	CSF	A $\beta$		[162]

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Abbreviations: CSF, cerebrospinal fluid; AD, Alzheimer's disease; HV, hippocampal volume; M, memory; WBA, whole brain atrophy; HA, hippocampal atrophy; CD, cognitive decline; VE, ventricular expansion; CN, cognitively normal; MCI, mild cognitive impairment; CS, clinical status; WMC, white-matter change; Met, metabolism; C, cognition.



Table 5

## Studies of genetic associations

Category	# Of papers	Example paper
Genotype	6 [175–180]	Sampedro et al. 2015, Oncotarget
	16 [181–195]	Lazaris et al. 2015, Neurology Genetics
Candidate SNPs and genes	1 [196]	Biffi et al. 2014, Neurobiol Aging
Candidate pathways	3 [197–199]	Hohman et al. 2014, Neurobiol Aging
Epistatic interactions	12 [200–211]	Escott-Price et al. 2014, PLoS One
Phenotype	6 [212–217]	Xu et al. 2014, PLoS One
Structural imaging	6 [218–223]	Ramanan et al. 2015, Brain
A $\beta$ deposition (PET, CSF)	3 [224,225]	Kauwe et al. 2014, PLoS Genet
Fluid (CSF, blood)	2 [226,227]	Sherva et al. 2014, Alz Dem
Neuropsychological assessments	3 [228–230]	Chen et al. 2015, Nat Commun
Other studies		

Abbreviations: APOE, apolipoprotein E; SNP, small nucleotide polymorphism; AD, Alzheimer's disease; APP, A $\beta$  precursor protein; PET, positron emission tomography; CSF, cerebrospinal fluid; GWAS, genome-wide association study; MCI, mild cognitive impairment; ADAS-cog, Alzheimer's Disease Assessment Scale–cognitive subscale; BACE, beta-secretase 1.

Female carriers of the *APOE*  $\epsilon 4$  allele had widespread hypometabolism and cortical thinning compared with female noncarriers, whereas male carriers had a higher risk of cerebral microbleeds, suggesting a differential sex bias of the *APOE*  $\epsilon 4$  allele.

SNPs in *BIN1*, *CD22AP*, and *CR1* modulated the association between plasma ApoE and A $\beta$  load, independent of *APOE4* status.

Variants in oxidative phosphorylation genes, summarized as a genetic risk score, were associated with clinical status, and hippocampal and entorhinal cortex volumes, suggesting an overlap of the genetic structure of AD and stroke.

Found epistatic interactions between *GSK3 $\beta$*  (tau protein kinase 1) and A $\beta$ -related genes such as *APP*. Combined interactions explained up to 1.5% of the variance in A $\beta$  deposition.

A novel gene-wide statistical approach in a mega meta-analysis of genome-wide data sets identified two novel loci, *TP53NP1* and *IGHV1* associated with AD, and found evidence of a gene-wide association for loci previously identified by SNP analysis.

Used longitudinal structural MRI data as phenotypes in a GWAS and identified a larger number of SNP-phenotypes associations than from baseline data. *APOE* and *TOMM40* were top hits; this is a novel SNP that was identified in *APOE*.

Used longitudinal florbetapir PET data in a GWAS and identified an intronic SNP in *IL1RAP*, rs12053868, significant in the absence of *APOE*  $\epsilon 4$  allele. The minor allele was associated with greater cortical A $\beta$  burden, atrophy, rate of MCI to AD progression, and cognitive decline. *IL1RAP* is involved in microglial activation.

GWAS of panel of CSF analytes involved in a range of imported AD processes such as endocytosis, cholesterol metabolism, inflammatory and immune response, identified associations with proteins involved in A $\beta$  processing or proinflammatory signaling.

Used longitudinal changes in ADAS-cog to identify variants in the *SPON1* gene whose minor alleles were associated with more rapid cognitive decline. Spondin 1 inhibits APP cleavage by BACE.

ADNI one of six cohorts identifying polygenic architecture of human cortex. Variability of cortex surface area explained by additive effects of genome-wide SNPs with those in evolutionary conserved areas contributing more to medial and temporal cortices.

Table 6

Confirmed and novel risk and protective loci identified in ADNI studies 2014 to 2015

Gene	SNP	Phenotype	Proposed biological function	Reference
<i>APOE</i> e4		Hippocampal atrophy rate	Modulates A $\beta$ accumulation and clearance	[175,176]
		Left hippocampal deformation		[177]
		Limbic region atrophy rate		[176]
		Ventricular expansion and morphology		[178]
		Females: hypometabolism, cortical thinning		[179]
		Males: cerebral cortex microbleeds		
<i>APOE</i> *	Minor allele	Disease status		[204]
<i>APOE-BICHE</i>	rs509208 minor G allele	Cortical A $\beta$ load	Butyrylcholinesterase disrupts synaptic functioning	[218]
<i>APOC1</i>	Top SNPs	CSF A $\beta$ 42	Synaptic transmission, transmission of nerve impulses, and trait class	[219]
<i>BIN1</i> *	Plasma ApoE		Interacts with <i>APOE</i>	[181]
<i>CBLB</i>	Clinical status			[204]
<i>CD2AP</i> *	Plasma ApoE		Interacts with <i>APOE</i>	[181]
<i>CE1P</i>	rs5882G allele	Decreased white-matter integrity	Cholesteryl ester transfer protein may increase AD risk through the degradation of WM	[192]
<i>CFH</i>		Not associated with AD in Chinese cohort		[187]
<i>CR1</i> *	Plasma ApoE		Interacts with <i>APOE</i>	[181]
<i>CRI</i>	+CVD risk factors, reduced hippocampal volume		Increase of neurodegeneration in presence of CVD	[189]
<i>DAT1</i> *	rs6347C allele	Decreased cognitive performance, greater ventricular expansion, dementia risk	Regulates neurotransmission by modulating dopamine receptors	[194]
<i>EPHA1</i>	rs11771145A allele	Lower hippocampal atrophy, greater metabolism		[183]
<i>EPHA1</i> + CVD risk factors		Reduced hippocampal volume	Increase of neurodegeneration in presence of CVD	[189]
<i>GRIN2B</i>		Disease status	Glutamate signaling	[201]
<i>HMGCR</i>	rs3846662G allele	Delayed age of AD onset, reduced risk of AD		[193]
<i>MMP1</i>	Minor allele	Clinical status		[204]
<i>NAPRT1</i>	Minor allele	Clinical status		[204]
<i>SORL1</i>	rs2070045G allele	Increased CSF tau, hippocampal atrophy	May increase neurodegeneration	[186]
<i>TOMM40</i>	Minor allele	Clinical status		[204]

Gene	SNP	Phenotype	Proposed biological function	Reference
<i>TOMM40</i>	Top SNPs	CSF Aβ42	Synaptic transmission, transmission of nerve impulses, and trait class	[219]
<i>TREM2</i>	Minor allele	Clinical status		[204]
<i>TREM12</i>	p.R47H	Increased risk of AD		[184]
<i>CLU-MS444E*</i>		Gene interaction decreased AD incidence		[188]
<i>RYR3-CACNA1C</i>	Minor alleles	Increased cortical Aβ load	Regulation of intracellular calcium homeostasis	[197]
<i>GSK3β-APP</i>	rs334543 minor allele-3SNPs	Increased cortical Aβ load	Tau kinases interact with APP to increase deposition	[199]
<i>C9-JER6</i>		Increased cortical Aβ load	Neuroinflammation may enhance Aβ deposition	[198]
<i>UNC5C</i>		Hippocampal and precuneal atrophy	Unc-5 Netrin Receptor C—triggers apoptosis	[182]
<i>NME8</i>	rs2718058G allele	Higher CDR-SB scores, lower atrophy	May inhibit neurodegeneration	[185]
<i>OPRD1</i>	rs678849	Regional brain volume differences, CSF biomarkers	Delta opioid receptor may promote the processing of APP	[231]
<i>NAV2</i>		Episodic memory scores	Neuron navigator 2, neurite outgrowth, and cell migration	[191]
<i>TP53INP1</i>		Disease status	Proapoptotic tumor suppressor	[200]
<i>IGHV1</i>		Disease status	Unknown	
<i>ZNF827*</i>		CSF Aβ42	Transcription factor	[203]
<i>ZNF628*</i>	Minor allele	Disease status	Transcription factor	[204]
<i>KDM2B*</i>		p-tau181		[203]
<i>NANP*</i>		Regional atrophy		
<b>OXPPOS (oxidative phosphorylation genes)</b>		Disease status, CN to MCI progression, hippocampal volume, entorhinal cortex volume	Overlap of AD and stroke genes influence disease trajectory	[196]
<i>AEN</i>		Disease status	Signaling network involved cholesterol metabolism	[202]
<i>ADAMTS12</i>				
<i>PSMA5</i>				
<i>FXN</i>				
<i>NTM</i>				
<i>LARPI</i>				
<i>WDTCI</i>				
<i>SEMA7A VKORC1L1</i>				
<i>COL5A3</i>				
<i>HOMER2</i>		Disease status, right thalamus volume	Transcription factor linked to APP	[212]
<i>PML</i>		Hippocampal shape, insular cortices		[214]

Gene	SNP	Phenotype	Proposed biological function	Reference
<i>STOML1</i>		Hippocampal shape, insular cortices		
<i>SYNJ2-PI4KA</i>		Inferior lateral ventricle atrophy	Inositol pathway	[216]
<b><i>REST</i>*</b>	rs3796529 minor T allele	Less hippocampal atrophy, greater medial temporal lobe metabolism	Negative transcriptional regulator of hippocampal neurogenesis	
<i>CTXN</i>		Plasma A $\beta$ 42 and A $\beta$ 40	Cortexin modulates A $\beta$ 42 secretion	[220]
<b><i>ILRAP</i>*</b>	rs12053868 minor G allele	Longitudinal A $\beta$ accumulation	Proinflammatory cytokine, activation of microglia	[221]
<b><i>SULG2</i>*</b>		CSF A $\beta$ 42, cognitive decline		
<b><i>FRA10AC1</i>*</b>	Fragile site	CSF A $\beta$ 42, cognitive decline		[222]
<b><i>POT1</i></b>	rs4728029	CSF p-tau <sub>181</sub> , ventricular expansion	Neuroinflammatory mechanism related to interleukin 6 receptor	[224]
Genes mediated by <i>miR-33</i>		CSF p-tau <sub>181</sub>	Disruption of cellular cholesterol homeostasis	
<b><i>SFONI</i></b>	Minor alleles	More rapid decline on ADAS-cog	Spondin 1 inhibits cleavage of APP by BACE	[226]
<b><i>EXOC4, GABRG3, VAT1L</i></b>		More rapid decline on ADAS-cog	Neuronal maintenance, neurotransmission, calcium signaling	
<b><i>CAMK4, CYCS, NCSI, CACNA1G</i></b>		More rapid decline on ADAS-cog	Homeostasis	
<b><i>RNASE13 (+PTK2B, PICALM, MS4A2, and APP from pathway analysis)</i></b>		Cognitive resilience	Neuron loss, presynaptic membrane, and postsynaptic density	[227]

Abbreviations: ADNI, Alzheimer's Disease Neuroimaging Initiative; SNP, small nucleotide polymorphism; BCHE, butyrylcholinesterase; CSF, cerebrospinal fluid; AD, Alzheimer's disease; WM, white matter; CVD, cardiovascular disease; APP, A $\beta$  precursor protein; CDR-SB, Clinical Dementia Rating-Sum of Boxes; CN, cognitively normal; MCI, mild cognitive impairment; ADAS-cog, Alzheimer's Disease Assessment Scale-cognitive subscale; BACE, beta-secretase.

\* Independent of *APOE* status. Novel loci are in bold, and blue shaded boxes represent protective alleles.

Table 7

## Approaches for the improvement of genetic studies

Challenge	Approach and results	Reference
Avoiding biased interference when using secondary phenotypes	Tested whether a standard analysis of secondary phenotypes encountered problems such as type-I errors and reduced power for association testing. Although the analysis was generally valid, authors recommend caution when analyzing these types of data.	[237]
Improving computational efficiency of mass univariate analyses	Presented a functional mixed-effects modeling framework to jointly analyze high-dimensional imaging data with genetic markers and clinical covariants. Tested associations of candidate genes ( <i>CR1</i> , <i>CD2AP</i> , <i>PICALM</i> ) with MRI brain regions. Detected regional clusters of voxels associated with candidate genes and different patient groups. Method was computationally efficient.	[239]
	Presented a fast voxelwise genome-wide association analysis framework able to search for sparse signals while controlling for family-wise error rate. When tested on ADNI data with 708 subjects, 193,275 voxels, and 501,584 SNPs, the total processing time was 203,645 seconds for a single CPU, a substantial improvement over traditional methods.	[240]
	Presented modifications to mass univariate analyses by using dimensionality reduction techniques on both MRI imaging data and genomics data, and a new multiple testing adjustment method. Experiments suggest procedure has more power to detect associations.	[241]
	Presented a method based on a generalization of the partial least squares correspondence analysis which can simultaneously analyze behavioral and genetic data.	[242]
Selecting most informative SNPs or quantitative features	Presented method that uses tree-guided sparse learning to learn the most informative SNPs and MRI measures and that models the a priori hierarchical grouping structure among SNPs. Experiments suggest method can identify informative SNPs.	[243]
	Adopted a generalized estimation equations methodology to test the association between single SNPs and multiple quantitated traits. Found the method was general and flexible when tested on ADNI data using seven MRI-derived multivariate traits. Outperformed principal component analysis or canonical correlation analysis for dimensionality reduction.	[244]
	Presented a sparse projection regression modeling framework. Incorporates two novel heritability ratios to simultaneously perform dimensionality reduction, response selection, estimation, and testing.	[245]
	Evaluated several sparse canonical correlation analysis methods that can reveal complex multi-SNP, multiquantitative trait associations. Suggest that the estimation of covariate structure is limited in these methods.	[246]
	Tested three Bayesian network supervised learning methods on a whole-genome sequencing data to identify causal AD SNPs and the gene-SNP interactions. Reported that Markoff blanket-based methods outperformed both naïve Bayes and tree-augmented naïve Bayes methods in selecting SNPs strongly associated with AD from top-ranked susceptibility genes.	[247]
Developing a summary measure of associations between multiple SNPs and traits of interest	Adapted the Rasch model to compute a multimarker genetic summary score which accounts for statistical issues such as inflated false-positive rates, linkage disequilibrium. Genetic summary score can then be used for association analysis.	[202]
	Developed a summary score based on an asymptotically normal and consistent estimate of the parameter vector to be tested and its covariance matrix. The derived score vector extended several score-based tests to mixed-effects models.	[248]
Accurately calling multisample variants for whole-genome sequencing	Compared two multisample variant-calling methods for the detection of small nucleotide variants and short on solutions and deletions using a whole-genome sequencing data from ADNI subjects. Found that the <i>JOINT</i> method, which first calls variants individually and then genotypes the variant files for all samples, outperformed the second method, <i>REDUCE</i> .	[249]
Identifying interaction effects	Combined kernel machine regression and kernel distance covariance to identify associated genetic markers with multidimensional phenotypes. Identified SNPs in <i>FLJ16124</i> that exhibit pairwise interaction effects correlated with volumetric changes.	[250]

Challenge	Approach and results	Reference
	Proposed a general kernel machine-based method to jointly detecting genetic and nongenetic variables and their interactions. Framework consists of a genetic kernel to capture epistasis, and a nongenetic kernel which can model the joint effects of multiple variables.	[189]
	Proposed a new Bayesian generalized low-rank regression model to characterize the association between genetic variants and brain imaging phenotypes, while accounting the impact of other covariance. Tested using 20 most significant SNPs from ADNI and identified loci associated with brain regions. Method was more computationally efficient and less noisy because it reduced the number of parameters to be sampled and tested.	[251]
	Presented a method to consider joint effects for polymorphisms in a biologically defined pathway. Determines SNP-SNP interactions using a quantitated multifactor dimensionality reduction technique, infers functional relationships between selected genes, and uses gene-set enrichment analysis to determine whether genes and functional network occur more frequently than expected by chance and biological pathways defined by gene ontology.	[205] [252]
	Proposed a versatile likelihood ratio test to detect mean and variance heterogeneity present in loci due to biological disruption, gene by gene or gene by environment interactions or linkage disequilibrium.	
Visualizing genetic interaction networks	Used 3D printing to visualize a statistical epistasis network of 34 significant SNPs. Suggest that a 3D physical model may make interpretation of data easier than from a digital representation.	[253]
Imputing common APOE SNPs missing from genome-wide genotyping arrays.	Compared directly genotyped SNPs versus SNPs imputed via reference panel compiled by the Thousands Genome Project. Reported that the imputation method is highly accurate.	[238]
Learning predictive models or progression profiles	Applied three feature selection methods (multiple kernel learning, high-order graph matching-based feature selection, sparse multimodal learning) to classification challenges using multidimensional imaging genomics data and biochemical markers. Found that higher order graph matching-based feature selection gave best results.	[254]
	Used the principal component analysis to select most important SNPs associated with clinical diagnosis and used these data along with hippocampal surface information to predict MCI to AD progression.	[255]

Abbreviations: MRI, magnetic resonance imaging; ADNI, Alzheimer's Disease Neuroimaging Initiative; SNP, small nucleotide polymorphism; AD, Alzheimer's disease; MCI, mild cognitive impairment.

Cluster-derived MCI subtypes from ADNI studies

**Table 8**

	Cluster-derived MCI subtypes (% of MCI group)					
	Edmonds et al. [282]	Edmonds et al. [281]	Peter et al. [283]	Bondi et al. [280], Actuarial <sup>†</sup>	Bondi et al. [280], ADNI criteria	
Amnesic (typical AD)	25.7	34.9	32.0	58.6	56	
Dysexecutive/mixed	33.0*	12.4	-	12.9	19.7	
Normal	41.3	34.2	-	-	31.3	
Language/naming impaired	-	18.5	17	21	-	
Visuospatial impaired	-	-	42	-	-	
Focal intrusions	-	-	9	-	-	

Abbreviations: MCI, mild cognitive impairment; ADNI, Alzheimer’s Disease Neuroimaging Initiative; AD, Alzheimer’s disease.

\* Included impairments in naming.

<sup>†</sup> Classified 401 subjects as MCI (compared to 846 using conventional ADNI criteria).

**Table 9**

Summary of classification and prediction methods

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge						Other	Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCI versus MCIc	MCIc versus MCIc	MCIc versus MCIc			
MRI	Multi-atlas	SVM	459	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 91.6 SEN 88.6 SPE 93.9 AUC 0.87	ACC 72.4 SEN 72.1 SPE 72.6 AUC 0.67	Subjects registered to multiple atlases, features selected from each atlas, then jointly selected [372]	
MRI	Multi-atlas	SVM	459	ACC 90.7 SEN 87.6 SPE 93.0	ACC 90.7 SEN 87.6 SPE 93.0	ACC 90.7 SEN 87.6 SPE 93.0	ACC 90.7 SEN 87.6 SPE 93.0	ACC 90.7 SEN 87.6 SPE 93.0	ACC 90.7 SEN 87.6 SPE 93.0	ACC 73.7 SEN 76.4 SPE 70.8	Joint learning of optimum representation of features from multiple atlases and classifier using maximum margin approach [373]	
MRI	Multitemplate	SVM	459	ACC 93.3 SEN 92.8 SPE 95.7	ACC 93.3 SEN 92.8 SPE 95.7	ACC 93.3 SEN 92.8 SPE 95.7	ACC 93.3 SEN 92.8 SPE 95.7	ACC 93.3 SEN 92.8 SPE 95.7	ACC 93.3 SEN 92.8 SPE 95.7	ACC 80.9 SEN 86.0 SPE 78.4	Inherent structure-based multiview learning (ISML) clusters subjects within a specific class into subclasses based on features learned using multiple templates [374]	
MRI	Independent component analysis	SVM	818	ACC 86.4 SEN 88.3 SPE 84.0	ACC 86.4 SEN 88.3 SPE 84.0	ACC 86.4 SEN 88.3 SPE 84.0	ACC 86.4 SEN 88.3 SPE 84.0	ACC 86.4 SEN 88.3 SPE 84.0	ACC 86.4 SEN 88.3 SPE 84.0	ACC 70.2 SEN 72.9 SPE 67.5	Uses novel ICA-based feature extraction method and linear SVM for classification [375]	
MRI	Spatially weighted principal component analysis	SVM	390	Average misclassification %: 0.216	Average misclassification %: 0.216	Average misclassification %: 0.216	Average misclassification %: 0.216	Average misclassification %: 0.216	Average misclassification %: 0.216	ACC 69.8 SEN 73.4 SPE 66.2	Incorporates spatial structure by using both global and local spatial weights for feature selection to improve on PCA alone [376]	
MRI	Circular-harmonic function + principal component analysis	SVM	NA	ACC 83.8 SEN 88.2 SPE 79.1	ACC 83.8 SEN 88.2 SPE 79.1	ACC 83.8 SEN 88.2 SPE 79.1	ACC 83.8 SEN 88.2 SPE 79.1	ACC 83.8 SEN 88.2 SPE 79.1	ACC 83.8 SEN 88.2 SPE 79.1	ACC 62.1 SEN 75.1 SPE 49.0	Uses circular harmonic functions to extract local features from the hippocampus and posterior cingulate cortex and PCA for dimensionality reduction [377]	
MRI	Gaussian process models		415	AUC 0.94	AUC 0.94	AUC 0.94	AUC 0.94	AUC 0.94	AUC 0.94	AUC 0.91 MCIc versus CN	Generates quantitative maps of z-scores for WM, GM, and CSF abnormalities for clinical decision support [378]	
MRI	Manifold learning: relevant variable selection (learned ROIs)	MRI disease state score	363							ACC 61	Novel MRI disease state score (MRI DSS). Also used to predict MMSE scores and achieved separation between [379]	



Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge					Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCIc versus MCIc	Other		
			ADNI- GO							
				ACC	ACC	ACC	ACC	ACC	SEN	50
				ACC	ACC	ACC	ACC	ACC	SPE	72
				SEN	SEN	SEN	SEN	SEN	EMCI versus CN	
				SEN	SEN	SEN	SEN	SEN	ACC	82
				SPE	SPE	SPE	SPE	SPE	SEN	81
				SPE	SPE	SPE	SPE	SPE	SPE	83
				AUC	AUC	AUC	AUC	AUC	MCIc versus CN	
MRI	Manifold learning: self-organizing map	SVM	818	ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
				ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
MRI	Manifold learning: local binary map + custom masks	SVM	363	ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
				ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
MRI	Multivariate regression: elastic net	Low density separation	834	ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
				ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
MRI	Multivariate regression: Ordinal regression	ORCHID score: probabilistic (not binary)	564	ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
				ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		
MRI	Multivariate regression: knockout strategy	Random Forests	245	SEN	SEN	SEN	SEN	SEN		
				AUC	AUC	AUC	AUC	AUC		
				ACC	ACC	ACC	ACC	ACC		
				SEN	SEN	SEN	SEN	SEN		
				SPE	SPE	SPE	SPE	SPE		
				AUC	AUC	AUC	AUC	AUC		

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge				MCIc versus MCInc	Other	Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCI versus MCIc				
MRI	Tree-structured sparse learning	SVM	830	ACC 90.2 SEN 85.3 SPE 94.3	ACC 84.3	ACC 54.4	ACC 70.7 SEN 56.2 SPE 80.9	ACC 87.2 SEN 80.1 SPE 92.2 MCIc versus CN	Uses new tree construction method to cluster similar discriminative voxels, then a tree-structured sparse learning step and SVM classifier	[385]	
MRI	FreeSurfer to select ROIs, cortical thickness measures	1-class SVM	814	ACC 84.3 Labeled as outliers. In control group, ACC = 67.5%	ACC 54.4				Focuses on detection of outliers who have abnormal brain patterns in a cognitively normal group. Trained on CN. Produces a brain abnormality index.	[386]	
MRI	Recursive feature elimination significance (p) maps from SVM weights		509	AUC 0.92	AUC 0.74	AUC 0.69	AUC 0.61		Uses p-maps of SVM weights as selection features in a wrapper method	[387]	
MRI	Recursive feature elimination—SVM		370	ACC 95.1					Wrapper method based on recursive feature elimination and SVM selected GM and WM ROIs for classification with no need for dimensionality reduction step	[388]	
MRI (VBM)	Probability distribution function based	SVM	260	ACC 89.7 SEN 87.7 SPE 91.6 AUC 0.95					Extracts statistical patterns at multiple levels including use of probability distribution function of VOIs to represent statistical patterns	[389]	
MRI	Hierarchical fusion of multilevel classifiers		652	ACC 92.0 SEN 90.9 SPE 93.0	ACC 85.3 SEN 82.3 SPE 88.2				Divides classification of high dimensional features into multiple low-dimensional classification problems and integrates features hierarchically	[390]	
MRI	Predefined ROIs and routine feature ranking (Pearson Correlation Coefficient)	Distance informed metric learning	321	ACC 83.1	ACC 71.6				Semisupervised metric learning framework that uses pairwise constraints that specify the relative distance between a pair of patients, according to their classification group	[391]	
MRI	Graph-based multiple instance learning	SVM	834	ACC 89.2 SEN 85.1	ACC 69.3 SEN 66.7				Extracts local intensity patches as features and uses a novel graph-based	[392]	

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge				MCIc versus MCInc	Other	Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCI versus MCIc				
MRI	t-tests of predefined cortical thickness measures	C4.5 decision tree	364	SPE 92.6	SEN 80.0	ACC 80.0	SPE 71.2		multiple instance learning approach to assign disease labels to patches	[393]	
MRI	Pseudo-Zernike moments	Neural network	500	ACC 97.3	ACC 95.6	ACC 94.9			Encodes selected features into an ontology and uses C4.5 algorithm for clinical decision support	[394]	
fMRI	Sparse inverse covariance estimation matrix + Kernel-based PCA	SVM	82	ACC 96.6	SEN 95.9	SEN 94.2		ACC 73.2	Uses Pseudo-Zernike moments (30) for feature selection and neural network scaled conjugate gradient back propagation algorithm as classifier	[395]	
fMRI	Sparse learning using dictionary learning algorithm	SVM	210	ACC 94.1	ACC 92.0			Note: EMCI	Uses a sparse inverse covariance estimation technique to model brain connectivity	[396]	
FDG PET	Spatially weighted principal component regression		196	Average misclassification 0.117%				Note: SMC	Functionally features are represented in a weighted dictionary matrix	[397]	
FDG PET	Voxel-based longitudinal	SVM	233	ACC 92.6	ACC 70.2				Extension of [398] using whole-brain voxel approach for longitudinal analysis of FDG PET	[399]	
FDG PET	Multi-channel pattern analysis + 3D Gabor wavelets feature extraction	SVM	369	MAP 56.3	MAP 76.2				Multi-channel approach integrates multiple patterns of hypometabolism from different patient groups using different analysis tools	[400]	
FDG PET	Gaussian mixture model	SVM	84	ACC 89.1	ACC 63.2	ACC 80.2			Semi-data-driven approach to feature selection defines clusters of ROIs from an NC image and uses these to extract features from scans of MCI and AD patients	[401]	
FDG PET	Optimization of preprocessing steps for SPM8	t-sum score	108				ACC 68.0 SEN 70.0 SPE 68.0		Modified preprocessing steps using motion correction, custom FDG template, different regions for intensity scaling and varied smoothing.	[402]	

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge				MCIc versus MCInc	Other	Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCI versus AD				
MRI <i>APOE4</i> demographics	Recursive feature elimination	Random Forests	575	ACC 89.6 SEN 90.7 SPE 82.9	ACC 89.6 SEN 90.7 SPE 82.9	ACC 89.6 SEN 90.7 SPE 82.9	AUC 0.83 SEN 78.0 Note: 12- month progression		Compares efficacy of Random Forest classifiers in several datasets including ADNI. RF model outperformed SVM, best model combined volumetric and cortical thickness measures with APOE	[403]	
MRI Cognitive	Regularized logistic regression	Low density separation (SVM)	825				AUC 0.90		Uses semisupervised learning to construct an aggregate biomarker by leading a separate MRI biomarker first and subsequently combining it with age and cognitive measures	[404]	
MRI PET CSF	Multivariate regression: LASSO based + novel loss function	SVM	202	ACC 95.9 SEN 95.7 SPE 98.6 AUC 0.99	ACC 82.0 SEN 98.0 SPE 60.1 AUC 87.0	ACC 82.0 SEN 98.0 SPE 60.1 AUC 87.0	ACC 72.6 SEN 48.5 SPE 94.4 AUC 0.79		Uses a novel loss function combined with a group lasso method for joint feature selection. Multimodal classification outperformed single modalities	[405]	
MRI HC shape longitudinal	Multivariate regression: fused LASSO + LDDMM	SVM	103				SEN 84.0 SPE 48.0 NPV 0.93 PPV 0.27		Comparison of spatial regularization techniques for detecting longitudinal hippocampal shape changes in MCI progression	[406]	
MRI <i>APOE4</i> Cognitive Demographics	Multivariate regression: weak hierarchical LASSO	Random Forest	293				ACC 74.8 SEN 66.7 SPE 81.4		Uses hierarchical constraints and sparsity regularization to capture underlying interactions between biosignatures	[407]	
MRI FDG PET	Multitask learning:: K means clustering + $l_{2,1}$ regression	SVM	202	ACC 95.1 SEN 94.0 SPE 96.3 AUC 0.96	ACC 79.5 SEN 88.9 SPE 62.0 AUC 0.78	ACC 79.5 SEN 88.9 SPE 62.0 AUC 0.78			Uses a novel clustering approach to discover multipeak data distributions. These are accounted for in a subsequent multitask learning step in a $l_{2,1}$ regression framework	[408]	
MRI	Multitask learning: K means	SVM	202	ACC 94.3	ACC 80.1	ACC 80.1	ACC 74.6		Similar approach to [408]. NOTE: MCI versus AD	[409]	

Classification challenge																
Modality	Feature selection/ dimensionality reduction	Classifier	N	AD versus CN			MCI versus CN			MCI versus AD			MCIc versus MCIcInc	Other	Unique approach	Reference
				SEN	SPE	AUC	ACC	SEN	SPE	AUC	ACC	SEN				
FDG PET CSF	clustering + $l_{2,1}$ regression			94.0 SEN	94.3 SPE	0.96 AUC	86.8 SEN	67.3 SPE	0.82 AUC	46.7 ACC	89.0 SPE	0.72 ACC		classification uses ONLY MRI + PET data		
MRI FDG PET	Multitask learning: relational function + $l_{2,1}$ regression	SVM	202	95.7 ACC	96.6 SEN	0.98 AUC	79.9 ACC	97.0 SEN	0.85 AUC	72.4 ACC	49.1 SEN	0.83 AUC		Introduces a function to conserve information about feature-feature relations, response-response relations, and sample-sample relations while jointly solving both classification and prediction of continuous variables	[410]	
MRI FDG PET	Multitask learning: label- aligned regularization	SVM	202	95.6 ACC	95.1 SEN	0.97 AUC	80.3 ACC	85.0 SEN	0.81 AUC	69.8 ACC	66.7 SEN	0.69 AUC		Uses a label-aligned regularization term in multitask learning step to use relationships across subjects, as well as across modalities in the feature selection step	[411]	
MRI FDG PET CSF	Multitask learning: graph-guided + latent LASSO group penalty		199	93.0 ACC			80.0 ACC							Uses new latent group LASSO penalty combined with an undirected graph approach to select correlated features that can jointly predict class label and clinical scores	[412]	
MRI, demographics, clinical, APOE4, PICALM	Statistical learning embedded in SVM-based multiple kernel framework		213							91.0 ACC	95.0 SEN	80.0 SPE		Longitudinal, multimodal data are leveraged by an embedded novel statistical learning approach in a multikernel framework.	[413]	
MRI FDG PET CSF	Domain transfer feature and sample selection	SVM	202				76.5 ACC	81.2 SEN	0.84 AUC	71.9 SPE	0.84 AUC			Uses both target domain (MCI) and auxiliary domains (CN and AD) to extract features from imaging and CSF modalities in domain transfer method. Fuses selected features with a domain transfer SVM	[414]	
MRI FDG PET CSF	Multimodal manifold-regularized transfer learning		202				80.1 ACC	85.3 SEN	73.3 SPE	0.85 AUC				Uses auxiliary domain information (as in [414]). Integrates kernel-based maximum mean discrepancy criterion and a manifold regularization function into single learning algorithm for	[415]	

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge				MCIc versus MCInc	Other	Unique approach	Reference
				AD versus CN	MCI versus CN	MCI versus AD	MCIc versus MCInc				
MRI FDG PET CSF	Multimodal canonical correlation analysis		103	ACC 95.1	ACC 80.1 SEN 93.9	ACC 80.1	ACC 74.1		both feature selection and classification	[416]	
MRI	Deep architecture + multitask learning	SVM	202	ACC 95.1	ACC 80.1 SEN 53.7	ACC 80.1	ACC 74.1		Uses novel deep learning architecture that discards uninformative features in a hierarchical manner during multitask learning	[417]	
PET				SEN 92	SPE 98.3	SPE MRI/PET	SEN 50.5 SPE 92.7				
CSF				MRI/PET/CSF							
MRI	Deep learning with Deep Boltzman Machine	Hierarchical SVM	398	ACC 95.4	ACC 85.7	ACC 85.7	ACC 75.9		Uses deep learning with a Boltzman Machine to find hierarchical feature representation from MRI features and then fuses these with complementary information from PET	[418]	
PET				ACC 94.7	SEN 95.4	SEN 95.4	SEN 48				
CSF				SPE 95.2	SPE 65.9	SPE 65.9	SPE 95.2				
MRI	PCA/LASSO + multitask deep learning with dropout technique	SVM	202	ACC 91.4	AUC 0.99	AUC 0.88	AUC 0.75			[419]	
PET				ACC 77.4	ACC 77.4	ACC 77.4	ACC 57.4		Uses dropout technique as method of regularization for deep learning with small data		
CSF											
Demographics											
MRI	Independent component analysis	Discriminant classification analysis	320	ACC 94.3	ACC 83.3	ACC 84.1	ACC 80.0		Derived GM covariates patterns using independent component analysis and used for diagnostic classification in combination with cognitive performance	[304]	
Demographics				ACC 94.9	SEN 76.7	SEN 86.1	SEN 78.3				
				SPE 94.0	SPE 89.1	SPE 73.0	SPE 81.5				
MRI	Stacked auto-encoder + multitask deep learning with zero-mask strategy	Softmax logistic regression	331	ACC 91.4	ACC 82.1	ACC 82.1	ACC 80.0		Uses stacked autoencoders to extract high-level features and a zero-masking strategy to extract synergy between modalities	[420]	
PET				ACC 92.3	SEN 60.0	SEN 60.0	SEN 78.3				
				SPE 90.4	SPE 92.3	SPE 92.3	SPE 81.5				

Abbreviations: AD, Alzheimer's disease; CN, cognitively normal; MCI, mild cognitive impairment; MCIc, mild cognitive impairment converters (progressive MCI); MCInc, mild cognitive impairment non-converters (stable MCI); MRI, magnetic resonance imaging; SVM, support vector machine; ACC, accuracy; SEN, sensitivity; SPE, specificity; AUC, area under the receiver operating curve; ICA, independent component analysis; PCA, principal component analysis; WM, white matter; GM, gray matter; CSF, cerebrospinal fluid; ADNI, Alzheimer's Disease Neuroimaging Initiative; EMCI, early mild cognitive impairment; ROI, regions of interest; VBM, voxel-based morphometry; fMRI, functional magnetic resonance imaging; SMC, subjective memory concern; FDG PET, <sup>18</sup>F-fluorodeoxyglucose

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positron emission tomography; MAP, mean average precision; *APOE4*, apolipoprotein  $\epsilon 4$  allele; PET, positron emission tomography; HC, hippocampus; LASSO, least absolute shrinkage and selection operator; LDDMM, large deformations via diffeomorphisms.

**Table 10**

Prediction of continuous variables

Modality	Feature selection/ dimensionality reduction	Classifier	N	Classification challenge				Unique approach	Reference	
				RMSE	ADAS-cog	MMSE	RALVT			
MRI Cortical surface	Multivariate regression: $l_{2,1}$ norm	SVM	718	RMSE  CC	0.7663 ± 0.0375  0.6438 ± 0.0258	0.8325 ± 0.0399  0.5277 ± 0.0539	0.9167 ± 0.0471  0.3985 ± 0.0533	Propose sparse multitask learning model Group-Sparse Multi-task Regression and Feature Selection (G- SMuRFS) to select cortical surface markers  Introduces a function to conserve information about feature-feature relations, response-response relations, and sample-sample relations while jointly solving both classification and prediction of continuous variables	[440]	
MRI	Multitask learning: relational function + $l_{2,1}$ regression	SVM	202	CC(AD vs. MCI)	0.680	0.682			[410]	
PET				CC (MCI vs. CN)	0.520	0.508				
				CC (MCIc vs. MCIinc)	0.591	0.622				
MRI	Canonical correlation analysis + novel sparse multitask learning	SVM	202	CC	0.740 ± 0.18	0.675 ± 0.23		Uses canonical correlation analysis to determine correlations between features of different modalities	[441]	
FDG PET								Note: for AD vs. MCI vs. CN Similar to [441]	[442]	
MRI	Canonical correlation analysis + novel sparse multitask learning	SVM	202	RMSE	4.201 ± 0.82	2.110 ± 0.41				
FDG PET				CC	0.719 ± 0.81	0.655 ± 0.31		Note: for AD vs. MCI vs. CN		
MRI	Multitask learning: graph-guided + latent		199	CC	0.740 ± 0.002	0.745 ± 0.002		Uses new latent group LASSO penalty combined with an undirected graph approach to select correlated features that can jointly predict class label and clinical scores.	[412]	
FDG PET	LASSO group penalty									
CSF										
MRI	Multivariate regression: sparse model	Sparse Bayesian	393	CC	0.767	0.758		Models cognitive scores as nonlinear functions of neuroimaging variables; models correlations between regression coefficients. Derives sparse Bayesian learning algorithm for learning.	[443]	
MRI (TBM)	Multivariate TBM + Convex Fused Sparse Group LASSO	Prediction of continuous variables: ADAS- cog	616	Prediction of ADAS-cog scores (RMSE)	6	12	24	36	48	[444]
HC shape, Clinical, APOE- $\epsilon_4$ , baseline MMSE				Months w/o mTBM	5.259 ± 0.87	5.653 ± 1.14.7	5.532 ± 1.03	4.777 ± 0.83	4.367 ± 1.18	



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With mTBM	4.534 ± 0.88	4.989 ± 1.13	4.885 ± 1.09	4.055 ± 1.02	3.164 ± 1.09
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Abbreviations: ADAS-cog, Alzheimer's Disease Assessment Scale-cognitive subscale; MMSE, Mini-Mental State Examination; RAVLT, Rey's Auditory Verbal Learning Test; MRI, magnetic resonance imaging; SVM, support vector machine; RMSE, root mean square error; CC, correlation coefficient; PET, positron emission tomography (FDG and Aβ); AD, Alzheimer's disease; MCIc, mild cognitive impairment converters (progressive MCI); MCInc, mild cognitive impairment nonconverters (stable MCI); FDG PET, 18F-fluorodeoxyglucose positron emission tomography; MCI, mild cognitive impairment; CSF, cerebrospinal fluid; CN, cognitively normal; TBM, tensor-based morphometry; HC, hippocampus; *APOE-4*, apolipoprotein ε4 allele; mTBM, multivariate tensor-based morphometry; LASSO, least absolute shrinkage and selection operator.

Table 11

## Multiclass classification

Modality	Feature selection/dimensionality reduction	Classifier	N	Cross-validated	Classification challenge	Unique approach	Reference
MRI PET	Canonical correlation analysis + novel sparse multitask learning	SVM	202	Y	Multiclass classification AD versus MCI versus CN	Uses canonical correlation analysis to determine correlations between features of different modalities. Applies to multiclass classification problem.	[441]
MRI PET	Canonical correlation analysis + novel sparse multitask learning	SVM	202	Y	ACC 71.9 ACC 68.6	Similar to [441].	[442]
MRI PET	Linear discriminant analysis + locality preserving projection	SVM	202	Y	ACC 76.4	Combines two subspace learning techniques, linear discriminant analysis and locality preserving projection for feature selection and applied to multiclass and binary classification problems.	[445]
MRI FDG PET CSF	Deep architecture + multitask learning	SVM	202	Y	ACC 62.5 ACC 52.5	Uses novel deep learning architecture that discards uninformative features in a hierarchical manner during multitask learning.	[417]

Abbreviations: MRI, magnetic resonance imaging; PET, positron emission tomography; SVM, support vector machine; AD, Alzheimer's disease; MCI, mild cognitive impairment; CN, cognitively normal; MCIc, mild cognitive impairment converters (progressive MCI); MCInc, mild cognitive impairment nonconverters (stable MCI); NC, normal cognition; ACC, accuracy; CSF, cerebrospinal fluid; FDG PET, <sup>18</sup>F-fluorodeoxyglucose positron emission tomography.

Table 12

## Methods that address technical problems in classification and prediction

Problem	Approach	Results and conclusions	Reference
Variance in validation strategies can make comparison of the performance of supervised classification algorithms difficult.	Use of an empirical estimator that performs validation on two disjoint sets and comparison with different variance estimators in an AD versus CN classification experiment.	Proposed estimator is constant with sample size and is unbiased with regard to training set size. Recommend against the use of leave one out cross-validation because of its high variance.	[446]
Estimation of the sensitivity of a biomarker to the early diseased stage based on its performance on the fully diseased stage.	Use of empirical likelihood-based (ELB) confidence intervals.	ELB method is more robust than parametric methods and more accurate than nonparametric methods of confidence interval estimation.	[447]
Lack of a method for selecting diagnostic cut points in a multistage disease that is not dependent on correct classification rates.	Developed new measure, maximum absolute determinant for diseases with k stages, which selects cut points using all available classification data.	When applied to ADNI biomarker data, the proposed method more accurately selected cut points for the early diseased stage than existing methods.	[448]
Patterns of atrophy in normal aging can confound multivariate models of atrophy in AD.	Compared two age correction approaches on AD versus CN classification and prediction of MCI to AD progression: (1) using age as a covariate in MRI-derived measures; (2) linear detrending of age-related changes based on CN measures.	Both models improved classification and prediction accuracy. Analysis of incorrectly classified subjects suggested that the influence of cognitive impairment, <i>APOE</i> genotype, and gender is partially masked by age effects.	[449]
Errors in reference test for AD biomarkers (clinical diagnosis or A $\beta$ PET in the absence of a gold standard) cause bias in their diagnostic accuracy.	Uses Bayesian method to determine diagnostic accuracy of AD biomarkers taking imperfectness of reference test into account.	Proposed methodology improved estimates of exact diagnostic values of three CSF biomarkers in the AD versus CN classification.	[450]
Imperfect reference test can lead to bias in accuracy of a combination of diagnostic biomarkers.	Uses Bayesian method to select combination of biomarkers that maximizes the AUC while taking imperfectness of reference test into account.	Proposed methodology improved estimates of AUCs of AD biomarkers over traditional logistic regression model.	[451]
Incomplete/imbalanced data biases estimation of diagnostic accuracy of AD biomarkers.	Novel approach uses augmented weighted estimator for covariate-specific time-dependent receiver operator curves using information from subjects with incomplete data.	Proposed estimator corrected bias and improved efficiency of classification in incomplete data sets over other estimators.	[452]
Incomplete/imbalanced data in multimodal classification.	Extensive and systematic analysis of effectiveness of combinations of sampling techniques (undersampling, oversampling, and a combination) six common feature selection algorithms, and Random Forest and SVM classifiers on AD/MCIc versus AD and MCI versus CN classification problems.	K-Medoids undersampling technique gave best results on imbalanced data sets. Sparse logistic regression with stability selection was best feature selection technique.	[453]
	Novel approach based on collection of feature values into a large incomplete matrix, and subsequent matrix shrinkage and completion using a multitask learning algorithm.	Improved classification accuracy over two recent methods for accounting for missing data (including Incomplete Multi-Source Feature Learning [454]).	[455]
	Novel approach, Multi-Task Linear Programming Discriminant analysis which decomposes the classification problem into different classification tasks, adaptively chooses different feature subsets for each task, then solves them jointly.	Improved classification accuracy of MCIc versus MCInc classification over Incomplete Multi-Source Feature Learning [454].	[456]
	Novel approach (3D-CNN) based on a convolutional neural network that can estimate missing data in an output modality (PET images) using data from an input modality (MR images).	3D-CNN approach used on incomplete data sets achieved similar classification accuracies to using complete data sets in AD versus CN, MCI versus CN, and MCIc versus MCInc tasks and	[457]

Problem	Approach	Results and conclusions	Reference
Conventional false discovery rate procedures for voxel level multiple testing ignore correlations between neighboring voxels.	Novel approach extends the local significance index procedure with a Markov random field model to consider spatial correlations along neighboring voxels.	outperformed two commonly used missing data estimation methods. When method was applied to ADNI FDG PET data, it outperformed other false discovery rate procedures.	[458]

Abbreviations: AD, Alzheimer's disease; CN, cognitively normal; ADNI, Alzheimer's Disease Neuroimaging Initiative; MCI, mild cognitive impairment; MRI, magnetic resonance imaging; CSF, cerebrospinal fluid; AUC, area under the receiver operating characteristic; SVM, support vector machine; MCIc, mild cognitive impairment converters (progressive MCI); MCInc, mild cognitive impairment nonconverters (stable MCI); MR, magnetic resonance; PET, positron emission tomography.