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Recognition punches in karate using acceleration sensors and convolution neural networks

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ABSTRACT Coaches and athletes need to understand the kinematics and dynamics of karate kicks to improve the training process and results. The research was aimed at studying the automatic recognition of punches in karate using only linear acceleration sensors. Accelerometers were part of the Inertial Measurement Units (IMUs), which were attached to the left and right wrist of the athlete. To develop a model of punches, highly qualified athletes with 3-7 years of karate experience participated in the research. We analyzed the acceleration fields of various karate punches: Yun Tsuki, Mawashi Tsuki, Age of Tsuki, Uraken. A simpler approach to extracting features without calculating their statistical characteristics is proposed. To solve the classification problem, various architectures of convolutional neural networks are used: multilayer perceptron, 1- and 2-dimension Convolution Networks. Since the recognition of punches was carried out in the conditions of a shadow fight, in addition to the recognition of punches, another output parameter was introduced – movement without punches. Studies have shown a high level of punch recognition based on the developed models. The multi-class accuracy value is 0.96, and the average F1 value is 0.97 for five different punch classes. Thus, the proposed approach is more suitable for practical implementation in automatic learning systems.

INDEX TERMS punch; sensors; classification; recognition; neural networks; kinematic analysis.

I. INTRODUCTION

Karate is a traditional Japanese martial art. However, this Japanese martial art has gained popularity all over the world. Sports competitions of national and world level are held in karate. The popularity of karate as a sport is growing, and in this regard, the methods of training karate athletes are increasingly becoming scientific in nature. To develop effective training techniques, coaches need to understand the kinematics and dynamics of karate punches [1-6]. Therefore, our research was aimed to analyze the velocity fields of punches in karate, as well as to develop and analyze various models of artificial neural networks for recognizing punches. Sports in the modern world is a socially significant element, and therefore the technical and technological aspects of social process research are important, including in the study of machine learning technologies. Some features of the use of neural networks in socially oriented processes and algorithms for optimizing the search for a sufficient and optimal solution to the problem posed are given in [7-11].

To solve the problems of the study, inertial measurement units (IMUs) were used, which included an accelerometer and a gyroscope. IMUs were attached to the wrists of karate athletes. The use of IMUs was due to the fact that in sports and martial arts, they proved to be an effective tool for analyzing the kinematics and biomechanics of human movements [12]. This article has been accepted for publication in a future issue of this journal, but has not been fully edited. Content may change prior to final publication. Citation information: DOI

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A. REVIEW OF CURRENT RESEARCH

In [13], studies of the acceleration and speed of punches were carried out using IMUS that were installed on the wrists of boxers. The accelerometers in this study had a large range – 200g (g is the acceleration of gravity = 9.8 m / s2), but the acceleration graphs show that the maximum acceleration was about 25g. In addition, this acceleration corresponded to the final phase of the punch, when the athlete's fist stopped abruptly and this led to a large negative acceleration. This allows us to conclude that for studies of the kinematics of punches in martial arts, it is possible to limit the measurement range to 16-25g. In [13], it was found that the speed of punches in male athletes was 8.1 ± 1.4 m/s for jab-out punches, and 7.7 \pm 1.5 m/s for cross-out punches. The women had the following results: 6.6 = 1.6 m / s (job-out), 5.7 = 1.5 m / s (cross-out).

The authors of the work [14] investigated the difference between the biomechanics of punches of elite and novice boxers based on IMUs, which in the amount of 17 pieces were installed on the body of boxers. IMUs had an accelerometer measurement limit of 18g, they included an accelerometer, gyroscope, magnetometer. Since the IMUs were installed on each body segment, the contribution of the body segments to the punching technique of boxers was determined. In both groups (elite and novice athletes), the elbow contributed the most to the cross-out technique, and the shoulder contributed the most to the hook and uppercut.

In [15], the analysis of the kinematics of boxers ' punches using accelerometers was carried out in conjunction with videography. The authors searched for the correlation of postures and fields of acceleration of blows with the fatigue of athletes. The graphs of punch accelerations given in [15] show that the maximum values are in the range of 20-40 m / s2, which also allows us to choose an IMU for experiments with a measurement limit of up to 16g. In [15], it is stated that a large number of degrees of freedom of human hands do not allow us to draw unambiguous conclusions about the kinematics of blows, so videography was additionally required. It can be noted that in this work, the magnetometer and gyroscope, which are usually included in the IMU, were not used, perhaps their use could lead to the fact that videography would not be needed.

Also, various techniques of artificial neural networks (ANN) are used to analyze the kinematics of punches in martial arts, which can also help in conditions of lack of data. The advantages of ANN have led to the fact that they are actively used in sports and martial arts [2]. For example, the authors [13] concluded that according to the accelerometer data, it is difficult to find the time when the boxer's hand begins to return after a punch. It can be assumed that the use of ANN methods can cope with this problem.

In [16], the ANN in the form of a multilayer perceptron was developed for the purpose of automating the data collection of boxers ' punches. The input data for ANN was the IMU data that was attached to the boxers ' wrist. The accuracy of punch recognition ranged from $87.2 \pm 5.4 \$ % to $95.33 \pm 2.51 \$ %.

In [17], six different deep machine learning models for recognizing boxers ' punches were investigated. The IMUs were installed in two versions: (1 – the IMUs was attached to both wrists; 2 – the IMUs was attached to both wrists and the third thoracic vertebra). The accuracy of the impact prediction was: for version $1 - 0.90 \pm 0.12$, for version $2 - 0.87 \pm 0.09$. For version 1, the support vector machine (SVM) model worked best (accuracy = 0.96), version 2 – the multi-layer perceptron neural network (MLP-NN) model (accuracy = 0.98).

Not much work is devoted to the analysis of punches in karate based on IMUs and ANN. And so far, no research has been conducted on a specific karate punch, which is called uraken in Japanese (a punch is made from the inside out).

B. CURRENT CHALLENGES AND SUGGESTED APPROACHES

Punches in karate are distinguished by a complex kinematic pattern of punches. It is impossible to search for the most effective training methods without knowledge of the biomechanical features of punching movements. Therefore, it is required to study the kinematic parameters of the punch - speed, acceleration.

The next problem in the field of martial arts is the development of a punch model. The effectiveness of motor actions fulfillment is determined by the degree of their kinematic and dynamic structure closeness to the most effective punch model.

However, the development of a model of punches in karate requires the inclusion of a large number of factors into this model (kinematics and dynamics of punch; body position; time phases of the punch; features of the athlete's physique, etc.), which are still difficult to combine into a unified model. Therefore, at present, the development of punch models based on deep learning technologies is actively developing [2, 2, 12, 13, 16, 17, 18, 19, 20].

C. PAPER STRUCTURE PARAGRAPH

The paper structure includes the following paragraphs: abstract, keywords, introduction, materials and methods, results, discussion, conclusion, complementary materials, references, information about the authors.

II. MATERIALS AND METHODS

A. PARTICIPANTS

The study involved sixteen healthy participants (n=16), 12 men, 4 women, aged 22 \pm 3 years, weighing = 70 \pm 14 kg, height = 165 \pm 21 cm with 3-7 years of experience in karate. Ethical approval was granted by the Human Research 76 Ethics Committee at Financial University under the Government of the Russian Federation.

B. MATERIALS

The design of the experiment can be seen in Figure 1.

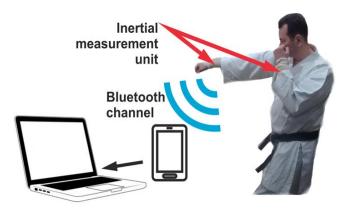


FIGURE 1. Design of the experiment.

On the wrists of the athletes were fixed devices, which included a microcontroller, IMUs, and Bluetooth modules. Athletes punched in shadow fight mode. The IMUs (accelerometer and gyroscope) data was initially transmitted via the Bluetooth channel to the android device. On the android device, the data was saved as files for each type of punch. This data was then processed on the computer. In order to label and identify each punch for develop models of the artificial network, video recordings of the experiments were made.

The data acquisition device (Figure 2) was a 50x20x10 mm box containing three modules – the microcontroller stm32f103 [21], IMU MPU6050, and Bluetooth module HC-05 with a BC417143 [22].

 Microcontroller module

 Microcontroller module

 Microcontroller module

 Microcontroller module

 Microcontroller module

FIGURE 2. Data acquisition device.

Figure 3 shows that the IMU device was attached to the athlete's wrist with boxing bandages. Figure 3 also shows the directions of the acceleration axes and the angular velocity of the gyroscope.

We don't use gyroscope and magnetometer measurements and don't calculate the angles and position of the sensor. We use only linear acceleration sensors measurements.

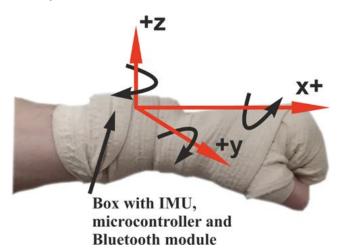


FIGURE 3. Measuring module attached to the arm with a boxing hand wrap.

To record the session, we use Xiaomi Redmi 7 camera with 1980x1080 resolution 30 fps. Video analysis was used to labeling ground truth punches. To record data, we use Bluetooth Serial Terminal Android application.

The data collection session consists of the participant performing 1912 punches in shadow fight mode. Classes of punches are:

- 1. Yun Tsuki (YT);
- 2. Mawashi Tsuki (MT);
- 3. Age Tsuki (AT);
- 4. Uraken (U);
- 5. No Punch (NP).

In Figure 4-7, the red arrow shows the approximate trajectories of the punches.

The design of the data acquisition device was developed as a result of a review of work in the field of obtaining and processing data from sensors installed on a person and showing the movement of body parts in space [23-40].

Also, for the development of the device, the works in which the data was processed using convolutional neural networks were analyzed [41-55].

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FIGURE 4. Approximate trajectories of the punches Yun Tsuki.



FIGURE 5. Approximate trajectories of the punches Mawashi Tsuki.



FIGURE 6. Approximate trajectories of the punches Age Tsuki.



FIGURE 7. Approximate trajectories of the punches Uraken.

Measured data was packed to dataset X: every sample has 3 columns (x, y, z acceleration). Train/validation random splitting was made with 10:1 proportional for each class. Histogram of classes samples distribution in Figure 8.

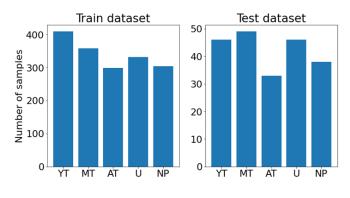


FIGURE 8. Train and test samples.

Data preprocessing was conducted with python 3.7 packages: numpy, sklearn. Visualization was made with matplotlib, Neural Net models build with tensorflow.keras 2.2. Raw data for different punch classes visualized in Figure 9.

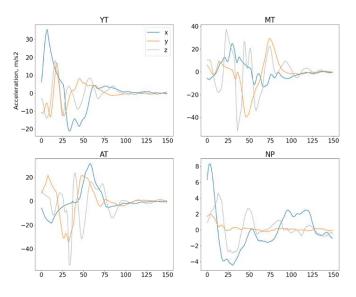


FIGURE 9. Measurement of raw data for different punch classes.

In experiments takes part 4 models:

- Multilayer perceptron;
- 1-dimension convolution network;
- 2-dimension convolution network;
- 2-dimension convolution network with additional layers.

Multiclass Accuracy used as classification metric for all classes:

$$ACC = N_T / N, \tag{1}$$

N_T - number of true classified punch, N - total number of punches.

Precision (P), recall (R), and F1-score were used as classification metrics for single classes:

$$P = N_TP / (N_TP + N_FP), \qquad (2)$$

$$R = N TP / (N TP + N FN), \qquad (3)$$

$$F1 = 2 P R / (P + R),$$
 (4)

N_TP - number of true positive classified punch, N_FP - number of false positive classified punches.

Models was trained using PC with Ubuntu 18.04 LTS, Intel(E) Core (TM) i7-6950x CPU, 64 GB RAM, GTX 1080ti 8 GB GPU.

The hyperparameters of the developed neural network models are presented in Table 1. In Table 1: 1 -multilayer perceptron, 2 - 1d convolution network, 3 - 2d convolution network, 4 - 2d convolution network with additional layers.

 TABLE 1

 Hyperparameters for Neural Networks

Model number	Input vector size	Learning rate	Maximum epochs	Minibatch size
1	450	1e ⁻³	100	16
2	450x1	2e ⁻³	100	64
3	150x3	0.032	100	80
4	150x3	0.01	100	64

Neural network models were developed using Python software, the full program code along with the dataset are freely available in the GitHub repository [56]. The pseudocode of the program implements generalized approaches for the developed models:

Before executing the program: initialize network weights with small random values, training_data, batch_size, learning_rate.

for each epoch do
shuffle training_data
for each batch(batch_size) in training data do
// forward pass
predictions = argmax(network(batch))
compute batch cross_entropy_loss(predictions,
actuals)
// backward pass
compute gradients ΔW_i for all layers from output to
input
update network weights $W_i=W_i - \Delta W_i$ ·learning_rate
return the network

The architectures of the developed neural networks are shown in tables 2-5 and Figures 10-13.

TABLE 2

MLP ARCHITECTURE DATA **OPERATION** WEIGHTS(N) DIMENSIONS Input 450 202950 Dense ReLU 450 Dense 461824 ReLU 1024 262400 Dense ReLU 256 Dense 32896 Sigmoid 128 645 Dense Sigmoid 5

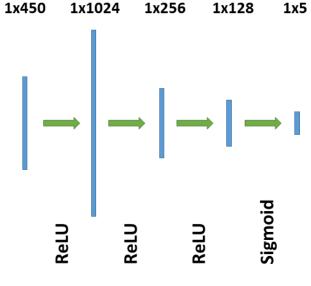


FIGURE 10. Multilayer perceptron.

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TABLE 3				
1D CONVNET ARCHITECTURE				

OPERATION	DATA DIMENSIONS	WEIGHTS(N)
Input	450x1	
Conv1D		256
	450x64	
BatchNormalization		256
	450x64	
ReLU		0
	450x64	
Conv1D		12352
	450x64	
BatchNormalization		256
	450x64	
ReLU		0
G 1D	450x64	10050
Conv1D	450x64	12352
BatchNormalization	430X04	256
Batemvormanzation	450x64	230
ReLU	430X04	0
ReLO	450x64	0
GlobalAveragePooling1D		0
Global Weldger bolling ID	64	0
Dense		325
Sigmoid	5	

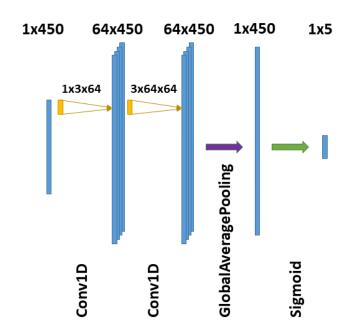
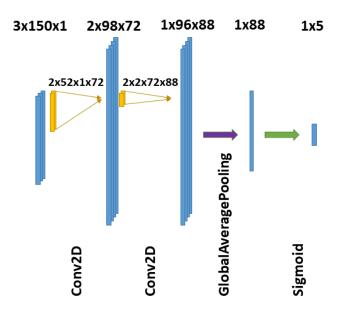


FIGURE 11. 1D Convolution Net.

OPERATION	DATA DIMENSIONS	WEIGHTS(N)
Input	3x150x1	
Conv2D		7560
	2x99x72	
BatchNormalization		288
	2x99x72	
ReLU		0
	2x99x72	
Conv2D		25432
	1x98x88	
BatchNormalization		352
	1x98x88	
ReLU		0
	1x98x88	
GlobalAveragePooling2D		0
	88	
Dense		445
Sigmoid	5	

TABLE 4

2D CONVNET ARCHITECTURE





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 TABLE 5

 2D CONVNET ARCHITECTURE WITH ADDITIONAL LAYERS

OPERATION	DATA DIMENSIONS	WEIGHTS(N)
Input	3x150x1	
Conv2D		2080
BatchNormalization	3x150x32	128
Datem tormanzation	3x150x32	120
ReLU		0
	3x150x32	0256
Conv2D	 3x150x64	8256
BatchNormalization		256
	3x150x64	
ReLU		0
Conv2D	3x150x64	16448
COIIV2D	3x150x64	10440
BatchNormalization		256
DIU	3x150x64	0
ReLU	 3x150x64	0
Conv2D		24672
	2x149x96	
BatchNormalization		384
ReLU	2x149x96	0
Relo	2x149x96	0
GlobalAveragePooling2D		0
	96	105
Dense Sigmoid	5	485
Signou	5	

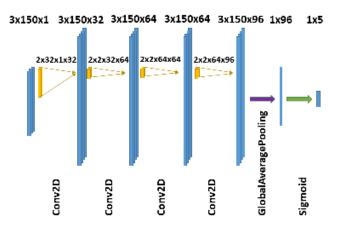


FIGURE 13. 2D Convolution Net with 4 layers.

In Tables 2-5, ReLu, Sigmoid are the activation functions used on these layers. Batch normalization means applying a transformation that maintains the average output value close to 0 and the standard deviation of the output close to 1. GlobalAveragePooling2D applies an average pooling of spatial dimensions until each spatial dimension is unified and leaves the other dimensions unchanged.

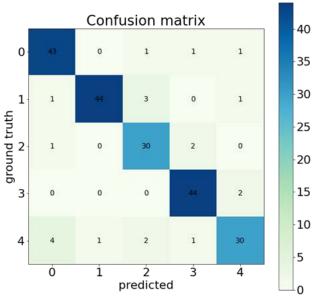
III. RESULTS

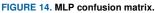
A. MULTILAYER PERCEPTRON

Multilayer perceptron consists of 5 sequential layers with 4 hidden sizes (450, 450, 1024, 256, 128, 5), batch normalization, sigmoid, and ReLu activations. After 100 epochs of training, we have 0.99 training and 0.87 validation accuracy. Classification metrics are in Table 6.

TABLE 6				
MLP CLASSIFICATION METRICS				
Precision	Recall	F1-score		
0.87	0.93	0.91		
0.97	0.90	0.93		
0.83	0.90	0.87		
0.92	0.96	0.94		
0.88	0.79	0.83		
	MLP CLASSIFICA Precision 0.87 0.97 0.83 0.92	MLP cLASSIFICATION METRICS Precision Recall 0.87 0.93 0.97 0.90 0.83 0.90 0.92 0.96		

The confusion matrix is in Figure 14.





During the training process, we see the difference between train and validation accuracy. We propose that the linear model is overfitting. To avoid this, we try a more complicated model - 1D convolution network for time series classification from [57].

B. 1D CONVOLUTION NETWORK

1-dimension Convolution Network consists of 3 separate layers for each channel x, y, z with 64 kernels and ReLu activations. Optimizer is Adam, learning rate = $2e^{-3}$ and batch size 64.

After 100 epochs of training, we have 0.81 training and 0.62 validation accuracy. Classification metrics are in Table 7.

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TABLE 7 1D CNN classification metrics				
Punch class Precision Recall F1-score				
YT	0.64	0.85	0.73	
MT	0.91	0.63	0.75	
AT	0.86	0.75	0.81	
U	0.85	0.98	0.91	
NP	0.86	0.79	0.82	

The confusion matrix is in Figure 15.

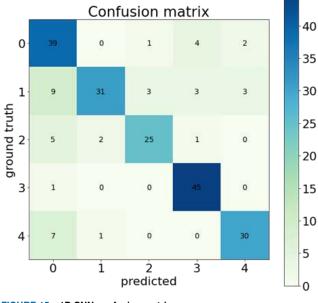


FIGURE 15. 1D CNN confusion matrix.

During the training process, we observe small train accuracy, unstable validation accuracy, and big loss. We suppose that 1D convolution model is unsuitable for punch classification. So, we try to use feature combination and model with 2D convolution layers.

C. 2D CONVOLUTION NETWORK

2-dimension Convolution Network consists of 2 layers, that inputs are both x,y and y,z axis. Layers have 72 and 88 kernels, size (2, 52), batch normalization, and ReLu activations. Optimizer is Adam, learning rate = $2e^{-3}$ and batch size 64.

After 100 epochs of training, we have 0.97 training and 0.93 validation accuracy. Classification metrics are in Table 8.

TABLE 8				
2D CNN CLASSIFICATION METRICS				
Punch class Precision Recall F1-score				
YT	0.81	1.00	0.89	
MT	1.00	0.94	0.97	
AT	0.90	0.85	0.88	

0.98

0.81

0.97

0.90

0.96

1.00

The confusion matrix is in Figure 16.

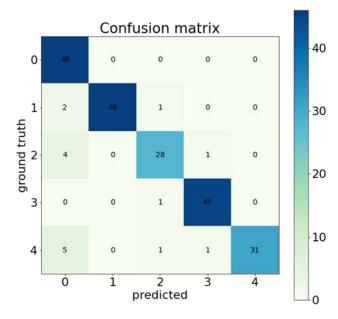


FIGURE 16. 1D CNN confusion matrix.

During the training process we see a much better train and validation accuracy, so we try a deeper model with 3 2D convolution layers.

D. 2D CONVOLUTION NETWORK WITH 3 LAYERS

2-dimension Convolution Network consists of 3 layers, that inputs are both x, y and y, z axis. The first layer has 32 kernels with size (2, 32), other layers have 64, 64, and 96 (2, 2) size kernels. Batch normalization and ReLu activations were also used. Optimizer is Adam, learning rate = $2e^{-3}$ and batch size 64.

After 100 epochs of training, we have 0.98 training and 0.96 validation accuracy. Classification metrics are in Table 9.

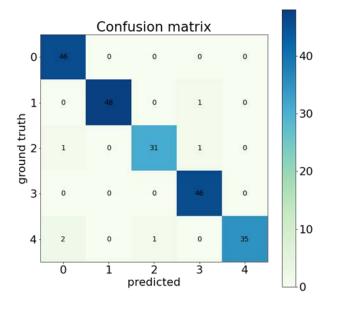
TABLE 9

2D CNN classification metrics with additional layers			
Punch class	Precision	Recall	F1-score
YT	0.94	1.00	0.97
MT	1.00	0.98	0.99
AT	0.97	0.94	0.95
U	0.96	1.00	0.98
NP	1.00	0.92	0.96

U

NP

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The confusion matrix is in Figure 17.

FIGURE 17. 2D 3 layer CNN confusion matrix.

During the training process, we see better train and validation accuracy, a small loss. We try more layers, but this does not significantly improve classification metrics.

IV. DISCUSSION

Having the field of accelerations for different types of a blow, it is possible to set the task of the analysis of the technology of performance of each of punches. For more independent analysis of the value of accelerations, we will divide into freefall acceleration of $g = 9.8 \text{ m/c}^2$, the data thereby obtained will become dimensionless. To improve the quality of the analysis we will integrate the calculated values of accelerations. We approximate acceleration on the interval [(n-2)T, n T] using the parabola on three values a(n-2), a(n-1), a(n). The difference equation has the appearance: V(n) = V(n-1) + T[5/12a (n) +8/12a (n-1)-1/12a (n-2)]. Thus, we will receive dependence of the speed of blow on dimensionless time. In works [13, 14, 15] several sensors for the analysis of movements were used. In our research for the analysis of the technology of performance of blows one three-axis accelerometer which allows drawing qualitative conclusions on the equipment of each type of punch is used.

Having constructed schedules of dependence of speeds, it was noted that they for the same punches significantly differ depending on the hand on which measurements were made. At the same time for the same hand of dependence of speeds for identical types of blow are similar, but don't coincide. As dependences of speeds for a particular hand and particular punch don't coincide but are close, average dependences of speeds on the number of measurements for each type of punch, for the left-hand and right hand were found. Measurements were performed using the accelerometer fixed on a hand. In Figure 3 the illustration for the left-hand hand with the indication of the directions of a coordinate is presented. When fixing an accelerometer on the first hand the abscissa axis was directed along a forearm towards the athlete.

Let's consider concrete types of blows.

A. KINEMATIC ANALYSIS OF YUN TSUKI

In Figures 18, 19 dependences of a projection of speed of a hand to an abscissa axis (at the left) and an axis of ordinates (on the right) from measurement time are presented. Let's consider the schedule on the left. For the right hand, the schedule has a minimum between two maxima, for the lefthand hand, a maximum is located between two minima.

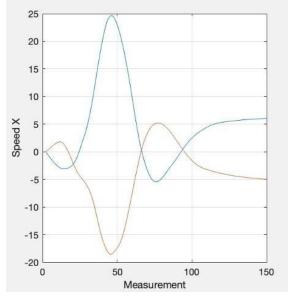


FIGURE 18. Change of projections of speed at the punch of Yun Tsuki.

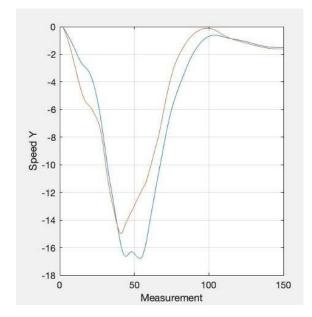


FIGURE 19. Change of projections of speed at the punch of Yun Tsuki.

From presented in the left-hand part schedules it is visible, the punch consists of several phases, namely, a swing phase (inverse to the main driving) before the first crossing of an abscissa axis on graphics, phases of increase in speed of a hand for punch with the subsequent delay (the second extremum on graphics), transition to a phase of back motion (the second crossing of an abscissa axis) with the subsequent delay (the third extremum) and transition to "residual" driving in the direction of the main punch (the third crossing of an abscissa axis). From schedules of the speed of a hand for this athlete, it is visible that the maximum speed of swing by the right hand on axis X is less than the same size for the left-hand hand and swing by the right hand shorter, than swing by the left-hand hand. However, the maximum speed in the fissile phase of a blow for the left-hand hand is more, than for the right, but it is reached a little later, than the moment of achievement of the maximum speed in the corresponding phase by the right hand. Thus more intensive swing by the left-hand hand gives high maximum speed in a projection to axis X in the main phase of the blow.

It is possible to note that the time of the beginning of back motion for the right and left-hand hand practically coincide, as well as the time of the beginning of residual driving in the direction of the blow, but the delay of back motion by the lefthand hand sharper and occurs slightly earlier (the third extremum on schedules). Analyzing the change of a projection of speed to axis Y, it is possible to note that there is no smell on an axis of ordinates, but the speed maximum modulo for the right hand is less, than for the left-hand and is reached by the right hand earlier, than left-hand. Further, the phase of delay of movement of a hand down with the subsequent insignificant increase in speed on axis Y follows.

B. KINEMATIC ANALYSIS OF MAWASHI TSUKI

In Figures 20, 21, dependences of projections of speed to axes X (at the left) and Y (on the right) from measurement time are presented.

From the analysis of the left-hand schedule, it is visible what the pith punch of swing to axis X isn't present. On-axis X speed at first grows and then decreases almost to zero. Change of a projection of speed to axis Y in a right member of Figure 11 shows that along this axis the swing for both hands, and approximately identical takes place. The maximum projection of speed to axis Y for the right hand is more than for the left hand. After achievement of the maximum projection of speed to an axis of ordinates delay of driving in this direction (in fact down) with reaching some constant value begins. It is possible to note, the final projection of speed to axis Y in the right hand is more than a similar size for the lefthand hand.

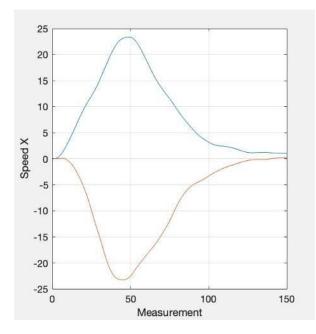


FIGURE 20. Change of projections of speed at the punch of Mawashi Tsuki.

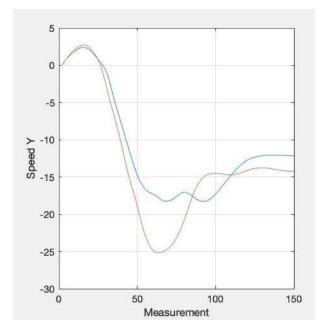


FIGURE 21. Change of projections of speed at the punch of Mawashi Tsuki.

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C. KINEMATIC ANALYSIS OF AGE TSUKI

In Figures 22, 23, dependences of projections of speed to axes X (at the left) and Y (on the right) from measurement time for this type of blow are presented. From the left-hand drawing, it is visible that in an initial phase there is a swing on axes X (back motion), both the left-hand, and right hand, but swing by the left-hand hand is more intensive and more long-lived.

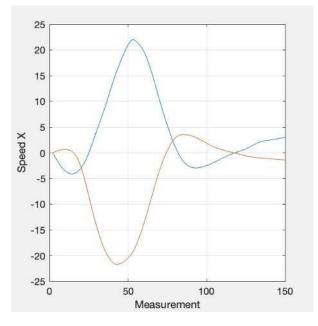


FIGURE 22. Change of projections of speed at the punch of Age Tsuki.

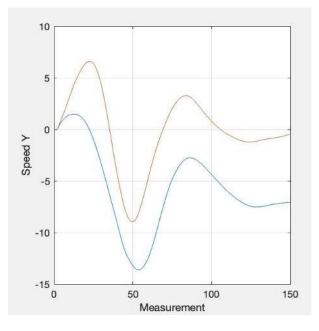


FIGURE 23. Change of projections of speed at the punch of Age Tsuki.

In the following phase a set of the maximum speed on an abscissa axis on the right hand occurs quicker, than left-hand, the maximum value of a projection of speed to axis X approximately identical to both hands. Further, the braking phase before crossing the zero line which comes to an end earlier at a blow with the right hand follows. The short phase of back motion comes to an end with a transition approximately at the same time for both hands (most left-hand crossing the zero line) in the last phase of the punch. The final projection of speed to axis X for the left-hand hand is more than the same size for the right hand. Analyzing schedules for a speed projection to an axis of ordinates we will note swing existence (upstroke) as right, so the left-hand hand. Swing on this axis the right hand more intensively lasts longer than swing by the left-hand hand. In the following phase of a set of the maximum speed down the maximum speed, the left-hand hand is more, than the maximum speed of the right hand (minima in the neighborhood of the 50th measurement), but it is reached a little later. Further the phase of decrease of vertical speed, and right follows, having slowed down driving down, even begins to move up (the second crossing of the zero line top the schedule), but then moves down, finishing with a small vertical speed. The repeated swing was made the right hand. The left-hand hand, having slowed down vertical driving, subsequently accelerated, having finished with a good vertical speed. Summarizing this type of punch by the athlete, we will note that the left-hand hand this punch turns out more intensive, than the right hand.

D. KINEMATIC ANALYSIS OF URAKEN

In Figures 24, 25, dependences of projections of speed to axes X (at the left) and Z (on the right) from measurement time for this type of punch are presented. Let's consider dependences of a projection of speed to axis X. It is possible to note that on this axis there is no swing, advance is made in the beginning and after the achievement of the maximum speed there is a delay, and further short the driving site back after crossing the zero line. The maximum speed along this axis is more at a blow by the right hand. Analyzing the change of a projection of speed to axis Z, it is easy to notice that in an initial phase the swing which is more intensive for the left-hand hand becomes. Then the driving counteracting the attack of the opponent a hand of the same name becomes, and the maximum speed for the left-hand hand is more than for right, after delaying along this axis the whipping driving in inverse, from within outside, the direction is made. And the whipping driving of right is insignificant. Further, the hand begins driving inside and to itself.

Summing up the result of the analysis of the considered punches made by the athlete we will note that in the presence of swing in an initial phase the maximum speed of blow of subjects is more than the swing is more.

In work [13] the dependence of the speed of blow on the experience of the athlete is established, but the speed difference for different hands isn't established. In our work, thanks to the separate analysis of the kinematics of each hand the difference in speeds for different hands is established. This difference is caused by the difference in technology of realization of blow-by each hand. In work [14] differences were found in the technology of realization of blows by athletes with different experiences. In our research, the dependence between different phases of realization of blow is established. It can be useful for trainers to improve the technology of realization of punches.

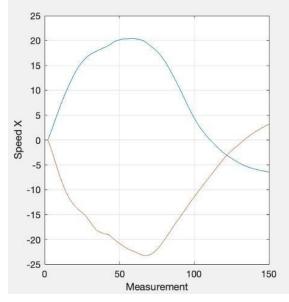


FIGURE 24. Change of projections of speed at the punch of Uraken.

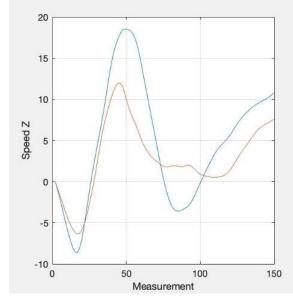


FIGURE 25. Change of projections of speed at the punch of Uraken.

E. PUNCH RECOGNITION

The results of the experiments are in good agreement with the works of other authors who have performed similar studies. Other authors who conducted research on the recognition and classification of punches did not use such a class as "movement without punches".

The multilayer perceptron, despite its simplicity, showed good results. The best F1 score is 0.95 for U-punch, worst is 0.86 for N-punch. In [16], studies were conducted on the recognition of punches of boxers using the MLP. The authors [16] obtained a recognition level of $92.93 \pm 4.33\%$ for highly qualified boxers.

The difference between train and validation accuracy is the result of model overfitting. An increasing the number of training samples will solve this problem. 1D convolution model from [57] works very badly and is not suitable for punch recognition. Train accuracy is about 0.8, but validation accuracy is only 0.65 and very unstable. Worst F1 score is 0.11 for MT-punch, best F1 is 0.81 for No-punch class. Loss after 100 epochs training is only about 0.3. As we proposed, 2D convolution model with 2 conv layers works better. Metrics are like on MLP: best F1 is 0.93 for YT-punch and worst is 0.90 for U-punch class. A little gap between training and validation accuracy curves is told about some overfitting, so we tested deeper conv model with 4 layers.

In [18], the movements of fencers were studied. In this work, models were developed that combine the input data received from the IMU and Kinect. Then, the input data was preprocessed based on Dynamic Time Warping (DTW) and Support Vector Machine (SVM). After preprocessing, the data was processed in MLP. The accuracy of the obtained recognition models varied for different types of movements from 87% to 99%.

2D convolution model with 3 conv layer shows best result: 0.97 validation accuracy. Best F1-score 0.99 for YT-punch class, worst 0.90 for AT-punch class. Comparing with MLP, we achieved better classification metrics and shift invariant model, based on 2D convolution.

One of the best results in the classification of punches in boxing were shown by the machine learning algorithms Linear Regression and Support Vector Machines [12]. With it was possible to achieve a multiclass accuracy of 0.96 and an average F1 of about 0.95. In our study, we used convolutional neural networks to classify karate strikes. The best result was shown by a 2D convolutional architecture with three layers, which allowed achieving similar results: 0.96 accuracy and 0.97 average F1. In the work [17], the data obtained using IMU were used. In these studies, IMUs were attached to the wrists of boxers. Various deep learning methods, including MLP, were used to recognize impacts. For the experiment configuration, when IMUs were attached to the boxer's wrists, the accuracy was 0.98.

Unlike [12], we used a larger dataset - 1700 samples for training and 212 for testing. We used only the results of measuring linear acceleration along the x, y, z axes, did not use measurements of angular acceleration and magnetic field and did not calculate the angles of the sensor position. We used raw data without statistical processing - we did not calculate the mean, standard deviation, min max, etc.

V. CONCLUSION

The research tasks included the study of kinematics and the development of various neural network models of such karate punches as Yun Tsuki, Mawashi Tsuki, Age Tsuki, Uraken. The kinematics of the Uraken has still been little studied, since this punch is not used in all martial arts. Also, a type of classification was introduced – "movement without punches", which is also not found in studies, although this approach will help in the future to distinguish punches from feints and movements.

We believe that our proposed approach is more suitable for practical implementation and implementation in the final product. The results of studies of the kinematics of punches will help to deepen the understanding of the biomechanics of karate punches, which will allow scientists to develop the theory of punch, and coaches and athletes to learn the correct technique more effectively. The work of trainers is connected with the constant measurement of the parameters of punches, the recognition of punches allows these routine operations to be automated.

Karate punches have complex kinematics and dynamics, so the developed model was limited to the study of single punches, that is, the model did not include combinations of punches, feints, and movements of athletes. Also, the model did not include gyroscope and magnetometer data, which probably limits its applicability and accuracy due to complex impact trajectories. All these limitations are areas of future research. The subject of these studies, which should answer a lot of topical questions:

- development of an optimal, unified punch model (the study should also answer the question: is it possible to create such a model, or can we only create limited models for certain conditions);

- development of models for recognising punches in combinations;

- recognition of punch in real sparring, when two athletes interact;

- inclusion of input parameters such as gyroscope and magnetometer data into the model;

- creating punch models in the joint study of punch video capture and kinematic data received from the IMUs.

Supplementary Materials: The following are available online at https://github.com/balezz/Punch_DL.

Author Contributions: I.K. designed the study and collected the data, D.B. kinematic data analysis, A.L. ANN model development and model-based data analysis, drafted the paper, M.B. general editing of research materials and interaction with the editorial board. K.B. planning and correction of research results. All authors approved the final version of the article.

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