

Regulation by Vitamin D Metabolites of Parathyroid Hormone Gene Transcription In Vivo in the Rat

Justin Silver,* Tally Naveh-Many,* Hubert Mayer,‡ Hans Jurgen Schmelzer,‡ and Mordecai M. Popovtzer*

*Nephrology Services, Hadassah University Hospital, Jerusalem, Israel il-91120; and ‡Department of Genetics, Gesellschaft für Biotechnologische Forschung, D-3300 Braunschweig, Federal Republic of Germany

Abstract

In vitro 1,25-dihydroxycholecalciferol (1,25(OH)₂D₃) decreased levels of preproparathyroid(preproPTH) hormone mRNA. We have now pursued these studies in vivo in the rat. Rats were administered vitamin D metabolites i.p. and the levels of preproPTH mRNA were determined in excised parathyroid-thyroid glands by blot hybridization. PreproPTH mRNA levels were <4% of basal at 48 h after 100 pmol 1,25(OH)₂D₃, with no increase in serum calcium. Gel blots showed that 1,25(OH)₂D₃ decreased preproPTH mRNA levels without any change in its size (833 basepair). Microdissected parathyroids after 1,25(OH)₂D₃ (100 pmol) showed mRNA levels for preproPTH were 40±8% of controls, but for β-actin were 100% of controls. The relative potencies of vitamin D metabolites were: 1,25(OH)₂D₃ > 24,25(OH)₂D₃ > 25(OH)D₃ > vitamin D₃. In vitro nuclear transcription showed that 1,25(OH)₂D₃-treated (100 pmol) rats' PTH transcription was 10% of control, while β-actin was 100%. These results show that 1,25(OH)₂D₃ regulates PTH gene transcription. PTH stimulates 1,25(OH)₂D₃ synthesis, which then inhibits PTH synthesis, thus completing an endocrinological feedback loop.

Introduction

Parathyroid hormone (PTH)¹ and 1,25-dihydroxyvitamin D act together to regulate calcium homeostasis. PTH is trophic to 1,25-dihydroxyvitamin D synthesis both directly and via its effect in lowering renal tubular phosphorus. Both hormones increase serum calcium concentration, which in turn decreases the secretion of PTH (1, 2).

There is also accumulating evidence that 1,25-dihydroxycholecalciferol (1,25(OH)₂D₃) itself has a direct effect on PTH synthesis and secretion. 1,25(OH)₂D₃ acts on target cells by mechanisms similar to those of the classic steroid hormones (3). Parathyroid cells have stereospecific, high affinity receptors for

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Address reprint requests to Dr. Silver, Nephrology Services, Hadassah University Hospital, POB 12000, Jerusalem, Israel il-91120.

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1. *Abbreviations used in this paper:* 1,25(OH)₂D₃, 1,25-dihydroxycholecalciferol; PTH, parathyroid hormone.

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1,25(OH)₂D₃ (4, 5) similar to the receptors found in the classic target sites for 1,25(OH)₂D₃, namely intestine and bone (6, 7). Moreover, after intravenous administration of [³H]-1,25(OH)₂D₃ to chicks and rats, there is marked accumulation of radioactivity in the parathyroid nuclei (8, 9). These data suggest that the parathyroid gland is a target organ for 1,25(OH)₂D₃.

Silver et al., using isolated bovine parathyroid cells in primary culture, showed in vitro that 1,25(OH)₂D₃ reduced preproPTH mRNA levels by 50% at 48 h (10). Cantley et al. showed that this reduced preproPTH mRNA level correlated with a similar reduction in PTH secretion by the cells at the corresponding times, with no effect of 1,25(OH)₂D₃ on PTH secretion at shorter time intervals (11). Thus in vitro 1,25(OH)₂D₃ has no effect on secretion of preformed hormone, but decreases the levels of preproPTH mRNA, probably by acting on DNA transcription. However, to establish that this in vitro effect of 1,25(OH)₂D₃ occurs under physiologically relevant conditions, it needed to be studied in vivo. In this report we have demonstrated in vivo in the rat that 1,25(OH)₂D₃ dramatically decreased parathyroid gland preproPTH mRNA over 3-48 h with no change in serum calcium, and that 1,25(OH)₂D₃ directly inhibits PTH gene transcription.

Methods

Animals. Male Hebrew University strain rats (150-180 g) were maintained on a normal diet and injected intraperitoneally with vitamin D metabolites dissolved in propylene glycol (100 μl). At timed intervals the thyroids with attached parathyroids were excised under pentobarbital anesthesia, and blood samples taken. The excised tissue was immediately frozen in liquid nitrogen and stored at -20°C until extraction. In some experiments parathyroids were microdissected from the thyroids in a petri dish positioned in a Lucite chamber perfused continuously with a cooling fluid to yield a constant temperature (12). The isolated parathyroids were then frozen as before.

Measurement of cellular mRNA levels. Total RNA was prepared from either thyroid-parathyroid or microdissected parathyroid tissue by homogenization in guanidium thiocyanate followed by deproteinization using guanidine hydrochloride and ethanol precipitation (13). Total RNA was redissolved in sterile water and quantitated at 260 and 280 nm. The A₂₆₀/A₂₈₀ was always 1.9-2.0.

Dot blots of total tissue RNA extracts were prepared by formaldehyde denaturation followed by serial dilutions with 15× SSC (1× SSC, 0.15 M NaCl and 0.01 M Na citrate). The diluted samples were spotted on a nitrocellulose filter (0.45 μm; Schleicher & Schuell, Keene, NH) soaked in 6× SSC using a manifold apparatus (Bethesda Research Laboratories, Gaithersburg, MD). In some experiments, RNA and markers were denatured and size-fractionated by electrophoresis on 1.5% agarose gels containing formaldehyde (14) and transferred to nitrocellulose filters by diffusion blotting. The size of PTH RNA was determined from the migration of the mammalian 28S and 18S ribosomal RNA markers. Non-specific background hybridization was demonstrated by blotting total liver RNA at 10 and 20 μg. The filters were baked at 80°C for 120 min in a vacuum oven.

Hybridization. Rat preproPTH cDNA clone in plasmid PT43 was

used (15). The gel-purified restriction fragments (Kpn I, Pst I) containing preproPTH cDNA (833 basepair [bp]) were labeled by nick-translation to a specific activity of $2\text{--}5 \times 10^8$ cpm/ μg (16).

Hybridization was carried out over night at 42°C , filters were exposed to x-ray film for 24 h, and the film was scanned with a densitometer.

Nuclear transcription and RNA isolation. Nuclei were purified for *in vitro* transcription as described (17). Freshly removed thyroid-parathyroid tissue was homogenized in ~ 10 vol of 0.3 M sucrose in buffer A (60 mM KCl, 15 mM NaCl, 0.15 mM spermin, 0.5 mM spermidine, 14 mM β -mercaptoethanol, 0.5 mM EGTA, 2 mM EDTA, and 15 mM Hepes [pH 7.5]). The homogenate was layered over a 10-ml cushion of 30% sucrose in buffer A, and centrifuged for 10 min at 2,500 rpm in the HB4 rotor of a centrifuge (E. I. Du Pont de Nemours & Co., Inc., Sorvall Instruments Div., Newton, CT) at 4°C . The crude nuclei were resuspended in 2.5 ml 2 M sucrose in buffer B (as A but 0.1 mM EGTA and 0.1 mM EDTA), layered over 2 M sucrose in buffer B, and sedimented at 36,000 rpm in an SW 50 rotor (Beckman Instruments, Inc., Fullerton, CA) at 4°C for 1 h. The nuclei were resuspended in storage buffer (20 mM Tris-HCl (pH 7.9), 75 mM NaCl, 0.5 mM EDTA, 0.85 mM dithiothreitol, 0.125 mM phenylmethylsulfonyl fluoride 50% (vol/vol) glycerol), sedimented for 2 min in a cooled Eppendorf table centrifuge, and resuspended in the same buffer and stored at -70°C .

The *in vitro* transcription was carried out in a cocktail containing 100 mM Tris-HCl (pH 7.9), 50 mM NaCl, 0.4 mM EDTA, 0.1 mM phenylmethylsulfonyl fluoride, 1.2 mM dithiothreitol, 350 mM $(\text{NH}_4)_2\text{SO}_4$, 4 mM MnCl_2 , 200 μCi of $[\alpha\text{-}^{32}\text{P}]\text{UTP}$ (400 Ci/mmol), 1 mM each of GTP, ATP, and CTP, 29% glycerol, 10 mM creatinine phosphate, and $\sim 5 \times 10^6$ nuclei/ml. Incubation was at 26°C for 10 min. Labeled RNA was extracted from the reaction mixture and hybridized to filters according to Groudine et al. (18). The level of RNA synthesis was the same for the control and $1,25(\text{OH})_2\text{D}_3$ -treated parathyroid-thyroid nuclear preparations. 3×10^6 cpm of purified RNA was obtained from each transcription of 10^6 cells, and used for hybridization. Filters were prepared by spotting 5 μg of linearized denatured plasmid DNAs on nitrocellulose.

Results

We first examined the tissue specificity of the preproPTH cDNA clone and showed that there was no hybridization with RNA extracts from rat liver, muscle brain, or thyroid. When rat parathyroid-thyroid tissue RNA was hybridized with the preproPTH cDNA clone, there was strong hybridization, which varied appropriately with serial dilution of each sample (Fig. 1, *inset*), and was quantitated by densitometric scanning. When $1,25(\text{OH})_2\text{D}_3$ at 50 or 100 pmol was administered to rats at 0–48 h before removing the parathyroid-thyroid tissue, relative hybridization with the preproPTH cDNA probe was markedly suppressed (Fig. 1). After 50 pmol $1,25(\text{OH})_2\text{D}_3$, levels of preproPTH mRNA were unchanged at 3 h, but $<50\%$ of basal at 6 h, and $<20\%$ at 24 h. Rats given 100 pmol $1,25(\text{OH})_2\text{D}_3$ had reduced preproPTH mRNA levels at 3 h, which continued to decrease until 48 h when they were similar to rats given 50 pmol $1,25(\text{OH})_2\text{D}_3$ who had been given a second injection at 24 h (Fig. 1). Repeat experiments at various times (e.g., 3, 6, and 24 h) showed virtually identical results. The serum calciums were not elevated at sacrifice in any of the groups of rats, e.g., 2.85 ± 0.05 mm calcium 0–48 h after 100 pmol $1,25(\text{OH})_2\text{D}_3$.

To determine whether $1,25(\text{OH})_2\text{D}_3$ influenced mRNA processing as well as mRNA levels, a Northern blot was performed. Total RNA was run on gel blots and then hybridized with ^{32}P -labeled preproPTH cDNA. The preproPTH mRNA from control rats (Fig. 2, lanes 1 and 2) and $1,25(\text{OH})_2\text{D}_3$ (100 pmol)-treated rats (Fig. 2, lanes 3 and 4) was 833 bp, which corresponded to the size of the purified preproPTH cDNA fragment (Fig. 2, lane

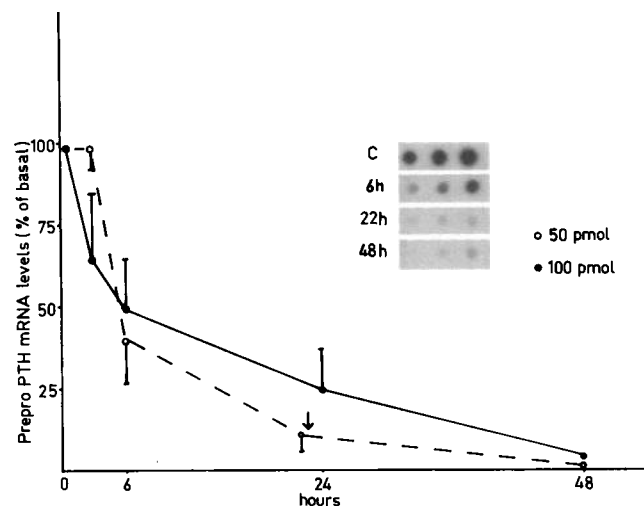


Figure 1. Time course of $1,25(\text{OH})_2\text{D}_3$ effect on preproPTH mRNA levels of rat parathyroid glands. The arrow indicates the second injection of 50 pmol $1,25(\text{OH})_2\text{D}_3$. The inset shows representative autoradiographic spots for control (c) and $1,25(\text{OH})_2\text{D}_3$ -treated rats (100 pmol) at 6, 22, and 48 h. The three dots at each time are from increasing volumes of total RNA extracted from a single rat. Each point gives the mean \pm SE for four rats.

6). $1,25(\text{OH})_2\text{D}_3$ clearly decreased preproPTH mRNA in parathyroid tissue from a single rat (Fig. 2, lane 3), and parathyroid tissue combined from two rats (Fig. 2, lane 4) as compared with

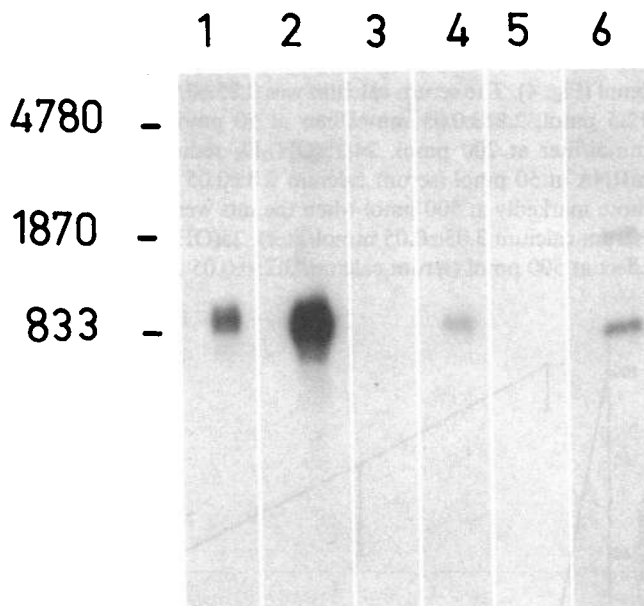


Figure 2. Gel blot analysis of total RNA from parathyroid-thyroid tissue after hybridization with ^{32}P nick-translated preproPTH cDNA. Lanes: 1, parathyroid-thyroid tissue RNA from one control rat; 2, parathyroid-thyroid tissue RNA from two control rats combined; 3, parathyroid-thyroid tissue RNA from one rat 24 h after 100 pmol $1,25(\text{OH})_2\text{D}_3$ i.p.; 4, the combined parathyroid-thyroid tissue RNA from two rats 24 h after 100 pmol $1,25(\text{OH})_2\text{D}_3$ i.p.; 5, rat liver RNA; 6, purified preproPTH cDNA fragment. RNA size in nucleotide base pairs is shown for ribosomal 18S and 28S RNAs.

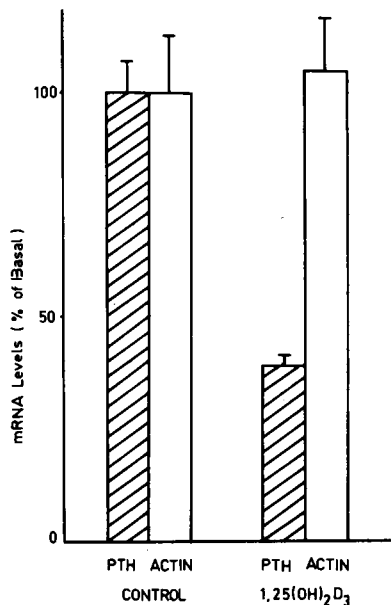


Figure 3. Microdissected parathyroid RNA from control rats and 1,25(OH)₂D₃-treated rats (100 pmol i.p. at 24 h) was hybridized with ³²P-preproPTH cDNA washed with 1× SSC, 1% SDS (100°C), cooled, and subsequently hybridized with ³²P-labeled β-actin cDNA. The results are expressed as a percentage of basal, and the mean±SEM for four rats is shown.

one control rat (Fig. 2, lane 1) or two control rats combined. There was no hybridization with rat liver (Fig. 2, lane 5).

To test the specificity of the effect of 1,25(OH)₂D₃ on preproPTH mRNA, the cellular concentration of mRNA for an unrelated protein, β-actin was studied. The level of preproPTH mRNA in microdissected parathyroids 24 h after an injection of 100 pmol 1,25(OH)₂D₃ was reduced by 60% as compared with control rats (Fig. 3). 1,25(OH)₂D₃ had no effect on the levels of β-actin mRNA (Fig. 3).

A vitamin D metabolite dose response study showed that the effect of 1,25(OH)₂D₃ in reducing preproPTH mRNA was evident even at 12.5 pmol with little change from 50 to 250 pmol (Fig. 4). The serum calcium was 2.85±0.05 mmol/liter at 12.5 pmol; 2.85±0.05 mmol/liter at 50 pmol; and 3.0±0.05 mmol/liter at 200 pmol. 24,25(OH)₂D₃ reduced preproPTH mRNA at 50 pmol (serum calcium 2.8±0.05 mmol/liter) and more markedly at 500 pmol when the rats were hypercalcemic (serum calcium 3.05±0.05 mmol/liter). 25(OH)D₃ only had an effect at 500 pmol (serum calcium 3.25±0.05 mmol/liter) with

no effect at 100 pmol (serum calcium 2.8±0.05 mmol/liter). Vitamin D₃ had no effect on preproPTH mRNA even at 500 pmol (serum calcium 3.0±0.05 mmol/liter).

We investigated whether the 1,25(OH)₂D₃ regulation of preproPTH mRNA levels was mediated by an effect on PTH transcription by performing transcription run-off experiments. Nuclei were isolated from parathyroid-thyroid tissue of control and 1,25(OH)₂D₃-treated (100 pmol, 24 h earlier) rats and allowed to continue RNA synthesis in the presence of [α-³²P] UTP. Newly synthesized mRNA for preproPTH and β-actin were quantitated by hybridization to the immobilized cDNA. PreproPTH mRNA synthesis for 1,25(OH)₂D₃-treated rats was 10% of control, whereas β-actin mRNA for 1,25(OH)₂D₃-treated rats was 100% of control (Fig. 5). The control and 1,25(OH)₂D₃-treated nuclear preparations synthesized similar amounts of total mRNA as seen in the identical amounts of β-actin mRNA synthesized, as well as identical amounts of thyroglobulin mRNA (result not shown). pBR 322 was used as a negative control.

Discussion

The results of this *in vivo* study confirm the previous *in vitro* study that vitamin D metabolites regulate the levels of mRNA for preproPTH in the parathyroid gland (10). The present *in vivo* study demonstrated that after injection of physiological amounts of 1,25(OH)₂D₃ to normal rats that did not raise serum calcium, there was a dramatic reduction in preproPTH mRNA levels. The effect of 1,25(OH)₂D₃ was clearly evident at 3 h after injection and was even more marked at later time intervals (Fig. 1).

The level of preproPTH mRNA was <1% of basal 48 h after 100 pmol 1,25(OH)₂D₃, demonstrating a remarkably potent negative control. Vitamin D₃ itself did not reduce preproPTH mRNA levels at all, whereas 25(OH)D₃ was only minimally effective (20% reduction) at pharmacological doses (500 pmol) (Fig. 4). 24,25(OH)₂D₃ was also much less potent than 1,25(OH)₂D₃, similar to their dose-response curves *in vitro*. It is possible that some of the 24,25(OH)₂D₃ effect *in vivo* was due to its metabolism to 1,24,25(OH)₃D₃. 25(OH)D₃ at 500 pmol only had a modest effect on preproPTH mRNA despite causing marked hypercalcemia (serum calcium 3.25±0.05 mmol/liter),

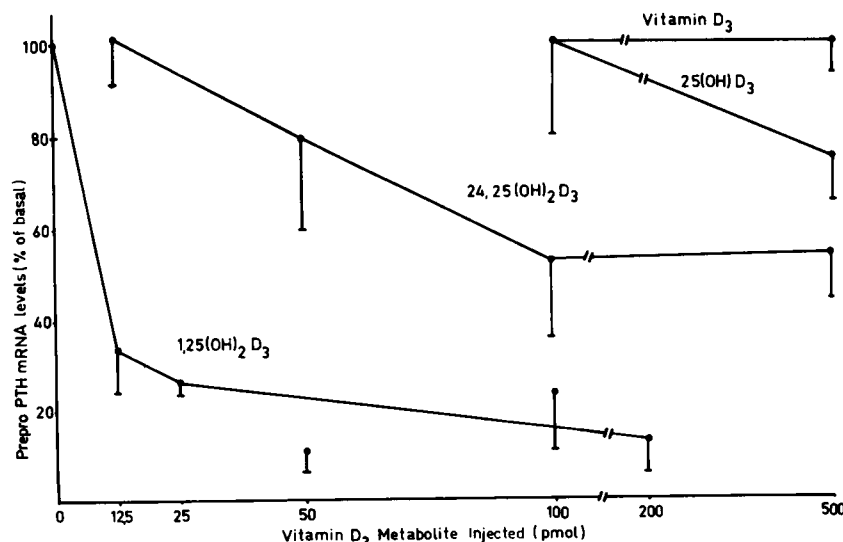


Figure 4. Vitamin D₃ metabolite dose response effect on parathyroid gland preproPTH mRNA 24 h after intraperitoneal injections. The results represent mean±SEM for four rats.

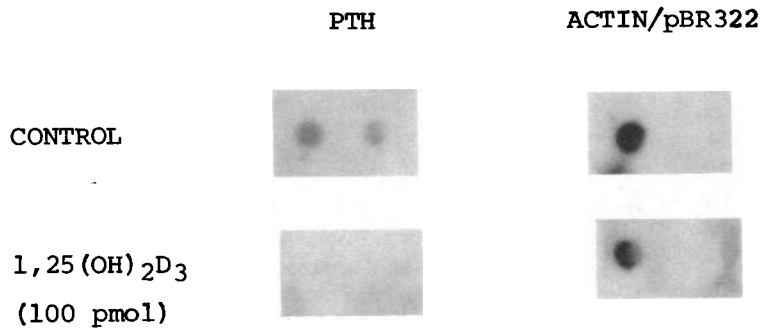


Figure 5. Nuclear transcription run-offs for PTH and β -actin of control and $1,25(\text{OH})_2\text{D}_3$ -treated rats. 18 control rats and 18 rats treated with $1,25(\text{OH})_2\text{D}_3$ 100 pmol i.p. 24 h earlier were used. The parathyroid-thyroid tissue from the 18 control rats was pooled and that from the $1,25(\text{OH})_2\text{D}_3$ -treated rats was pooled, and nuclei isolated from each of the two preparations. Newly synthesized mRNA sequences were quantitated by hybridization to immobilized cDNA for preproPTH (in duplicate) and β -actin. pBR 322 plasmid was a non-specific control (see Methods).

and vitamin D_3 at 500 pmol caused hypercalcemia (serum calcium 3.0 ± 0.05 mmol/liter) with no effect on preproPTH mRNA levels.

A Northern blot showed that the preproPTH mRNA was 833 bp and that the preproPTH mRNA from both control and $1,25(\text{OH})_2\text{D}_3$ -treated rats had the same electrophoretic mobility with no larger mRNA fragments after $1,25(\text{OH})_2\text{D}_3$ (Fig. 2). The effect of $1,25(\text{OH})_2\text{D}_3$ was therefore on PTH gene transcription or preproPTH mRNA half-life and not on mRNA processing. The decrease in preproPTH mRNA levels caused by $1,25(\text{OH})_2\text{D}_3$ was clearly demonstrated in the Northern blot.

The specificity of the $1,25(\text{OH})_2\text{D}_3$ effect on preproPTH mRNA was studied by comparing the levels of mRNA for preproPTH and β -actin in the same parathyroid gland RNA extracts. While microdissected rat parathyroids' mRNA for preproPTH was reduced 60% by a single $1,25(\text{OH})_2\text{D}_3$ injection (100 pmol), there was no change in β -actin mRNA. These results confirm the specificity of the $1,25(\text{OH})_2\text{D}_3$ effect that had been shown in vitro.

To determine whether the $1,25(\text{OH})_2\text{D}_3$ regulation of preproPTH mRNA levels was mediated transcriptionally, we performed nuclear transcription run-off experiments. In this system RNA synthesis consists of elongation and completion of previously initiated RNA molecules. Thus, the labeling of nascent RNA in vitro accurately reflects the RNA initiation that occurred in vivo. There was a dramatic reduction in PTH transcription in $1,25(\text{OH})_2\text{D}_3$ -treated rats to 10% of control rats (Fig. 5), whereas β -actin transcription in the same $1,25(\text{OH})_2\text{D}_3$ -treated rats was 100% of control. pBR322 plasmid did not hybridize. This confirms the specificity of the PTH and β -actin hybridization.

These in vivo results now establish that vitamin D metabolites regulate preproPTH mRNA levels through its effect on PTH gene transcription, and that $1,25(\text{OH})_2\text{D}_3$ is a major factor in the regulation of the PTH gene. There are cytoplasmic receptors for $1,25(\text{OH})_2\text{D}_3$ in parathyroid cells (4, 5) and $1,25(\text{OH})_2\text{D}_3$ accumulates in parathyroid nuclei (6, 7). The parathyroid cell is therefore an important target organ for $1,25(\text{OH})_2\text{D}_3$. It is postulated that steroid hormones enter cells by facilitated diffusion and bind to the specific receptor protein, initiating an allosteric alteration of the complex, which then binds to chromosomal DNA with high affinity (19). The modulation of specific gene transcription is dependent upon sequences in their 5' flanking regions that preferentially bind receptors (19). The specific binding sites for the $1,25(\text{OH})_2\text{D}_3$ receptor complex that regulates preproPTH gene transcription is currently being studied.

There is no parathyroid cell line but the rat pituitary cell line (GH $_4\text{C}_1$) has a $1,25(\text{OH})_2\text{D}_3$ cytosol-binding protein and

responds to added $1,25(\text{OH})_2\text{D}_3$ by a marked increase in prolactin mRNA and prolactin synthesis, with no increase in growth hormone mRNA or synthesis (20). Extracellular calcium only increased prolactin mRNA when $1,25(\text{OH})_2\text{D}_3$ was present, and had no effect when no $1,25(\text{OH})_2\text{D}_3$ was added, demonstrating an interesting interaction between cellular $1,25(\text{OH})_2\text{D}_3$ and calcium. Moreover, preliminary evidence from Kronenberg's laboratory using the same cell line transfected with the human PTH gene showed that added $1,25(\text{OH})_2\text{D}_3$ (10^{-7} M) significantly reduced PTH mRNA levels (21). These data all indicate that the $1,25(\text{OH})_2\text{D}_3$ effect on PTH is on PTH gene transcription.

The concentration of serum-ionized calcium is the major factor that controls the secretion of PTH; low calcium stimulates and high calcium suppresses PTH secretion (1, 2). $1,25(\text{OH})_2\text{D}_3$ increases intestinal calcium absorption and consequently may raise the serum calcium level. It is therefore important to consider whether the effect of $1,25(\text{OH})_2\text{D}_3$ on preproPTH mRNA is mediated by calcium. Heinrich et al. showed in vitro that high calcium (5 mM) did not change preproPTH mRNA levels of bovine parathyroid slices at 5 h (22), whereas Russell et al., using isolated bovine parathyroid cells, showed that high calcium (2.5 mM) over longer periods (24 h) decreased preproPTH mRNA levels (23). The effect of $1,25(\text{OH})_2\text{D}_3$ in markedly decreasing preproPTH mRNA in isolated bovine parathyroid cells was certainly not a function of extracellular fluid calcium, which was maintained at 1.25 mM (10). In the present studies there was no increase in serum calcium when $1,25(\text{OH})_2\text{D}_3$ was administered to the rats at 12.5–200 pmol for time periods from 3 to 48 h. Moreover, the lower doses represent physiological doses of $1,25(\text{OH})_2\text{D}_3$ that would hardly be expected to raise serum calcium. Pharmacological doses of vitamin D_3 caused hypercalcemia with no effect on preproPTH mRNA levels, and of $25(\text{OH})\text{D}_3$ caused hypercalcemia with minimal effects on preproPTH mRNA levels, both suggesting that $1,25(\text{OH})_2\text{D}_3$ and not calcium regulates preproPTH mRNA levels. However, as yet, we have not studied the effects of calcium on PTH nuclear transcription. The effect of alterations in vivo of serum calcium on preproPTH mRNA is being studied separately. $1,25(\text{OH})_2\text{D}_3$ has been shown to affect the lipid composition of cell membranes and thereby increase transcellular calcium transport (24). It is therefore possible some of the effect of $1,25(\text{OH})_2\text{D}_3$ on preproPTH mRNA may be due to an ionophore effect of $1,25(\text{OH})_2\text{D}_3$ rather than its classic mode of action on the cell genome. We did not study possible transient post-prandial changes in serum calcium. Whatever the mechanism of the $1,25(\text{OH})_2\text{D}_3$ effect on parathyroid hormone gene transcription or preproPTH mRNA half-life, it is an effect of $1,25(\text{OH})_2\text{D}_3$ and not of alteration in serum calcium.

A $1,25(\text{OH})_2\text{D}_3$ -induced reduction in PTH transcription

would be translated into lower levels of secreted PTH. This question has been widely studied both in vitro and in vivo with conflicting results. In vitro, in the short term incubations (0.5–4 h) most studies showed that $1,25(\text{OH})_2\text{D}_3$ had no effect on PTH secretion (11, 25), but for longer incubations (e.g., 24–48 h) there is a dose-dependent reduction in PTH secretion (11, 26) that closely paralleled levels of preproPTH mRNA (11). The $1,25(\text{OH})_2\text{D}_3$ effect on PTH secretion might therefore be a consequence of the decreased preproPTH mRNA and subsequently decreased PTH synthesis. Chertow et al. (27) found in vivo decreased serum PTH in rats given $1,25(\text{OH})_2\text{D}_3$, results not confirmed in the rat (28) or in humans (29). In situations of parathyroid hyperplasia (e.g., chronic renal failure) there is an increased set-point for calcium suppression of PTH release (30). Calcium set-point is defined as the calcium concentration half-maximally suppressing PTH release. Slatopolsky et al. showed that in chronic renal failure patients on chronic intermittent hemodialysis that intravenous $1,25(\text{OH})_2\text{D}_3$ given after dialyses markedly suppressed (70%) serum PTH levels, whereas raising the serum calcium by oral calcium only decreased iPTH by 25% (31). Therefore, even where there is an increased parathyroid mass with altered set-point, as in chronic renal failure, $1,25(\text{OH})_2\text{D}_3$ is an important factor in controlling serum PTH levels. In acute renal failure, where there is no parathyroid hyperplasia, Madson et al. showed that intravenous $1,25(\text{OH})_2\text{D}_3$ significantly reduced serum PTH without any change in serum calcium (32). These human studies used intravenous $1,25(\text{OH})_2\text{D}_3$, which would provide a greater delivery of the sterol to target organs such as the parathyroid, than oral $1,25(\text{OH})_2\text{D}_3$.

When $1,25(\text{OH})_2\text{D}_3$ is given orally it markedly increases calcium absorption and is itself partially metabolized in the intestine (3). The $1,25(\text{OH})_2\text{D}_3$ given intraperitoneally to the rats in the present study is comparable to intravenous $1,25(\text{OH})_2\text{D}_3$, and would be handled like $1,25(\text{OH})_2\text{D}_3$ produced endogenously.

$1,25(\text{OH})_2\text{D}_3$ therefore appears to be the major factor controlling PTH gene transcription, as shown by in vitro studies (10) and the present in vivo studies, and this is manifested by its effect in vivo on serum PTH levels. Calcium is the major determinant of parathyroid activity by its control of PTH secretion and catabolism. In addition the parathyroid gland responds to chronically low levels of extracellular calcium (e.g., days or weeks) by hypertrophy and proliferation of parathyroid cells with a tremendous increase in total PTH production (1, 2). Whereas calcium controls parathyroid cell replication and PTH secretion, the control of parathyroid transcription and hence PTH production by the individual parathyroid cells may be determined by $1,25(\text{OH})_2\text{D}_3$, as the present studies show. Whether calcium has any role in the regulation of the parathyroid gene is currently being studied.

In summary, PTH increases renal $1,25(\text{OH})_2\text{D}_3$ synthesis and both hormones then act to raise serum calcium, which in turn decreases PTH secretion. $1,25(\text{OH})_2\text{D}_3$ itself decreases PTH synthesis and hence serum PTH levels thus completing the endocrinological loop.

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