

1 **Regulatory myeloid cells paralyze T cells**  
2 **through cell-cell transfer of the metabolite methylglyoxal**

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52 **Abstract**

53 Regulatory myeloid immune cells, such as myeloid-derived suppressor cells (MDSCs), populate  
54 inflamed or cancer tissue and block immune cell effector functions. Lack of mechanistic insight  
55 into MDSC suppressive activity and a marker for their identification hampered attempts to  
56 overcome T cell-inhibition and unleash anti-cancer immunity. Here we report that human MDSCs  
57 were characterized by strongly reduced metabolism and conferred this compromised metabolic  
58 state to CD8<sup>+</sup> T cells thereby paralyzing their effector functions. We identified accumulation of  
59 the dicarbonyl-radical methylglyoxal, generated by semicarbazide-sensitive amine oxidase  
60 (SSAO), to cause the metabolic phenotype of MDSCs and MDSC-mediated paralysis of CD8<sup>+</sup> T  
61 cells. In a murine cancer model, neutralization of dicarbonyl-activity overcame MDSC-mediated T  
62 cell-suppression and together with checkpoint inhibition improved efficacy of cancer immune  
63 therapy. Our results identify the dicarbonyl methylglyoxal as marker metabolite for MDSCs that  
64 mediates T cell paralysis and can serve as target to improve cancer immune therapy.

## 65 Introduction

66 Immune surveillance against infection and cancer relies on the appropriate induction of immune  
67 cell effector functions in peripheral tissues<sup>1</sup>. The mechanisms determining activation of innate  
68 immune cells such as monocytes or macrophages through immune sensory receptors or  
69 cytokines, and of adaptive immune cells such as T cells through the cell receptor and  
70 costimulatory signals have been well characterized<sup>2</sup>. However, regulatory or inhibitory  
71 mechanisms that control immune cell function, in particular CD8<sup>+</sup> T cell effector functions are  
72 increasingly recognized as key determinants for the outcome of immune responses in peripheral  
73 tissues<sup>3, 4</sup>. The discovery of co-inhibitory molecules on T cells such as programmed cell death  
74 protein 1 (PD-1) as checkpoints of immunity has opened new avenues for targeted immune  
75 intervention to reconstitute tumor-specific T cell immunity in several cancer entities<sup>5</sup>.  
76 Furthermore, regulatory immune cell populations responsible for such control of T cell effector  
77 functions and their suppressive mechanisms have been intensively studied. Identification of  
78 Foxp3 as key transcription factor determining induction of regulatory CD4<sup>+</sup> T (T<sub>reg</sub>) cells<sup>6</sup> paved  
79 the way to elucidate the molecular mode-of-action as to how these T<sub>reg</sub> cells controlled effector  
80 CD8<sup>+</sup> T cell functions<sup>7</sup>, which led to development of targeted immune strategies to improve anti-  
81 cancer T cell immunity in preclinical model systems and patients<sup>8, 9, 10</sup>. Besides T<sub>reg</sub> cells, also  
82 regulatory myeloid cells were described, termed myeloid-derived-suppressor-cells (MDSCs)<sup>11</sup>, -  
83 that can be of monocytic (M-MDSCs) or polymorph nuclear (PMN-MDSCs) origin. Whereas  
84 during acute inflammation monocytes, macrophages and granulocytes are found at sites of  
85 inflammation and locally enhance T cell immunity, such as monocytes promoting local T cell  
86 proliferation and immunity during acute liver inflammation<sup>12</sup>, MDSCs typically arise in situations  
87 of chronic inflammation in peripheral tissues including cancer<sup>13, 14, 15, 16</sup>. Since discriminative  
88 molecular markers for unequivocal identification of MDSCs do not yet exist, the molecular  
89 mechanisms controlling T cell effector functions have been difficult to study. Here, we report on  
90 the identification of a marker metabolite that identifies MDSCs and is causally involved in  
91 metabolic suppression of T cell effector function.

## 92 Results

### 93 Dormant metabolic phenotype in MDSCs

94 Suppressive myeloid cells arise during chronic inflammation in tissues<sup>17</sup>, and tissue stromal cells  
95 induce transition of monocytes into monocytic MDSCs<sup>16</sup>. We exploited this capacity of stromal  
96 cells to convert human peripheral blood monocytes into MDSCs, which are phenotypically similar  
97 to CD14<sup>+</sup>HLA-DR<sup>-/low</sup> suppressive myeloid cells directly isolated from cancer patients<sup>16</sup>, to  
98 characterize the mechanism of MDSC-mediated T cell suppression. Transcriptome analysis  
99 showed less than 200 differentially expressed genes between MDSCs and monocytes, which did  
100 not include surface molecules suitable for phenotypic discrimination or known immune  
101 suppressive mediators to explain their suppressive activity (**supplementary table I-IV, Extended**  
102 **Data Fig. 1**). Consistently, blockade of known immune suppressive mediators did not prevent  
103 MDSC-mediated T cell suppression (**Extended Data Fig. 2**). Surprisingly, we found downregulation  
104 of genes encoding glycolysis-related enzymes in MDSCs (**Fig. 1a, and Extended Data Table V**).  
105 Indeed, MDSCs showed reduced glucose uptake and Glut1 surface expression (**Fig. 1b**), the main  
106 transporter mediating glucose uptake in immune cells. As predicted from gene expression  
107 analysis, hexokinase activity was lower in MDSCs (**Fig. 1c**). To validate these results, we isolated  
108 CD14<sup>+</sup>HLA-DR<sup>-/lo</sup> cells from tumor tissue of patients with hepatocellular carcinoma by enzymatic  
109 digestion followed by density centrifugation and flow cytometric cell sorting. We confirmed  
110 reduced glucose uptake and hexokinase activity in CD14<sup>+</sup>HLA-DR<sup>-/low</sup> cells isolated from tumor  
111 tissue of cancer patients (**Fig. 1d,e, and Extended Data Table VI**), which are considered to  
112 represent MDSCs. Strikingly, MDSCs failed to utilize glucose for glycolysis and also showed  
113 reduced cellular bioenergetics, i.e. lower mitochondrial membrane potential quantified by the  
114 potentiometric mitochondrial dye DiI<sub>C1</sub>(5) and lower baseline mitochondrial respiration revealed  
115 by extracellular flux analysis (**Fig. 1f-h**). Together with reduced cellular ATP content (**Fig. 1i**) these  
116 results revealed a rigorous reduction of cell metabolism to very low levels in viable MDSCs, and  
117 raised the question as to whether this metabolic dormancy was involved in suppression of T  
118 cells.  
119

## 120 MDSCs paralyze CD8 T cell function

121 Signaling processes downstream of the TCR and the costimulatory receptor CD28 are important  
122 for induction of glycolysis and glycolytic enzymes<sup>18, 19</sup>. In particular hexokinase can also act as  
123 protein kinase enhancing T cell activation<sup>20</sup>. After contact with MDSCs, activation-induced  
124 phosphorylation of key protein kinases downstream of the TCR was almost completely  
125 prevented (**Fig. 2a** and **supplementary Fig. 3a-d**), indicating suppression of TCR signaling after  
126 contact with MDSCs as compared to monocytes. T cell antigen receptor (TCR) and CD28 signaling  
127 in CD8<sup>+</sup> T cells act synergistically to increase glucose uptake and glycolysis<sup>21</sup>, which supports  
128 execution of T cell effector function<sup>22</sup>. Co-culture of anti-CD3/28-activated CD8<sup>+</sup> T cells with  
129 MDSCs for 30 min fundamentally changed their metabolism. Such MDSC-exposed T cells failed to  
130 increase glucose uptake, Glut-1 surface expression and hexokinase activity after activation, and  
131 were similar to non-activated T cells (**Fig. 2b,c** and **Extended Data Fig. 4a-c**). In contrast, contact  
132 with monocytes led to further increased glucose uptake and Glut-1 surface expression by  
133 activated T cells (**Fig. 2b, c** and **Extended Data Fig. 4a-c**). Impaired glucose uptake into syngeneic  
134 CD8<sup>+</sup> T cells was also observed after co-culture with tumor-infiltrating CD14<sup>+</sup>HLA-DR<sup>-/lo</sup> cells from  
135 cancer patients (**Fig. 2d**), confirming the similarity between stromal cell-induced MDSCs and  
136 MDSCs from cancer tissue. Furthermore, glycolysis and mitochondrial respiration were not  
137 upregulated in T cells activated in presence of MDSCs as compared to monocytes (**Fig. 2e, f** and  
138 **Extended Data Fig. 4d, e**). In consequence, ATP concentrations were reduced in T cells activated  
139 in presence of MDSCs (**Fig. 2g** and **Extended Data Fig. 4f**). Strikingly, contact with MDSCs also  
140 completely prevented cytokine expression (tumor necrosis factor (TNF) and interleukin- $\gamma$  (IFN- $\gamma$ ))  
141 and granzyme B release in T cells, and curtailed activation-induced proliferation of  
142 CD45RA<sup>+</sup>CD62L<sup>hi</sup> naïve, CD45RA<sup>+</sup>CX<sub>3</sub>CR1<sup>+</sup> effector, CD45RO<sup>+</sup>CD62L<sup>+</sup> central memory or  
143 CD45RO<sup>+</sup>CX<sub>3</sub>CR1<sup>+</sup> effector memory CD8<sup>+</sup> T cells (**Fig. 2h, Extended Data Fig. 5a-g**). Importantly,  
144 when activated CD8<sup>+</sup> T cells were physically separated by transwell, MDSCs did not exert their  
145 suppressive activity any more (**Fig. 2i**). These results suggested that MDSCs prevented T cell  
146 activation by inhibiting signaling processes in a cell-contact dependent fashion, which  
147 consecutively caused failure to upregulate metabolism and effector function.

148

149 These results led us to study MDSCs - T cell interaction further. We stained MDSCs or monocytes  
150 with dyes that labeled mitochondria, endoplasmic reticulum, cytosolic proteins or plasma  
151 membranes. We detected transfer of cytosolic constituents, either parts of labeled cellular  
152 organelles or remaining cytosolic dye, into CD8<sup>+</sup> T cells when located in direct vicinity (**Fig. 3a-c,**  
153 **Extended Data Movies 1, 2**). Also labeled cytosolic constituents from tumor-infiltrating MDSCs  
154 were transferred to T cells (**Fig. 3d**). In contrast, no or very little transfer of cytosolic constituents  
155 was observed from human keratinocytes or fibroblasts to CD8<sup>+</sup> T cells (**Fig. 3e**), consistent with  
156 restriction of such transfer between immune cells<sup>23, 24</sup>. Of note, also CD4<sup>+</sup> T cells and natural  
157 killer T (NKT) cells received cytosolic constituents from MDSCs (**Extended Data Fig. 6a**). No  
158 transfer of surface molecules, however, was observed between MDSCs and T cells (**Fig. 3f**). To  
159 demonstrate that such cell-cell transfer also occurred *in vivo*, we transferred mouse CD45.1<sup>+</sup> OT-I  
160 CD8<sup>+</sup> T cells into tumor-bearing transgenic mice where myeloid cells expressed green fluorescent  
161 protein (GFP) targeted to the mitochondrial matrix (*LysM-Cre x Rosa26-mitoGFP*). Transferred  
162 CD8<sup>+</sup> T cells, which were re-isolated from tumor tissue, were GFP<sup>pos</sup> indicating cytosolic transfer  
163 from myeloid to CD8<sup>+</sup> T cells (**Extended Data Fig. 6c**). GFP<sup>pos</sup>CD45.1<sup>+</sup>CD8<sup>+</sup> T cells isolated from the  
164 spleen, however, showed normal proliferation, whereas GFP<sup>pos</sup>CD45.1<sup>+</sup>CD8<sup>+</sup> T cells from tumor  
165 tissue showed no proliferation after activation (**Extended Data Fig. 6d**), indicating that transfer of  
166 GFP in different anatomic compartments by presumably different cells has a different effect on T  
167 cell function – similar to the opposite effects of monocytes and MDSCs *in vitro* on the function of  
168 T cells in their direct vicinity. We excluded transfer of entire organelles containing mitochondrial  
169 DNA, because donor-specific single-nucleotide-polymorphisms in mitochondrial DNA from  
170 MDSCs were not detected in acceptor CD8<sup>+</sup> T cells (**Fig. 3g**). Together, these results revealed  
171 transfer of cytosolic constituents rather than entire organelles from MDSCs into T cells in a cell-  
172 contact dependent fashion.

173

#### 174 **MDSCs paralyze CD8 T cells through the dicarbonyl methylglyoxal**

175 Given the importance of glycolysis for immune cell activation<sup>22, 25, 26</sup>, we reasoned that blocking  
176 of mitochondrial complex I activity through dimethylbiguanide (DMBG) or rotenone, which  
177 increases glycolysis<sup>27, 28, 29, 30</sup>, might revert the suppressive phenotype of MDSCs. However, only

178 DMBG-treatment of MDSCs reversed suppression of T cell proliferation (**Fig. 4a**) and re-installed  
179 TCR signaling (data not shown), indicating a function of DMBG distinct from influencing  
180 mitochondrial respiration. Guanidines also neutralize dicarbonyls that glycate molecules or  
181 proteins with amino groups<sup>31, 32</sup>, which led us to search for this class of reactive metabolites in  
182 MDSCs. Strikingly, using highly sensitive detection of metabolites by ultrahigh performance liquid  
183 chromatography data independent acquisition tandem mass spectrometry (UHLC-TOF-DIA-  
184 MS/MS)<sup>33</sup> we identified methylglyoxal, a prototypic  $\alpha$ -dicarbonyl<sup>34</sup>, to be 30-fold enriched in  
185 MDSCs (**Fig. 4b,c, supplementary table VII and supplementary Fig. 7a**). We confirmed  
186 accumulation of methylglyoxal at the level of individual cells using the methylglyoxal-specific  
187 fluorescent sensor methyl-diaminobenzene-BODIPY (MBo)<sup>35</sup>. MDSCs showed higher MBo-  
188 fluorescence compared with monocytes indicating presence of methylglyoxal (**Fig. 4d**).  
189 Importantly, among myeloid CD14<sup>+</sup> cells from cancer tissue we found MBo<sup>hi</sup> cells that were HLA-  
190 DR<sup>-/lo</sup> (**Fig. 4e**), indicating that also patient-derived MDSCs had accumulated methylglyoxal.  
191 Moreover, high MBo-fluorescence was found in both mouse CD11b<sup>+</sup>Ly6C<sup>+</sup> and CD11b<sup>+</sup>Ly6G<sup>+</sup> cells  
192 isolated from tumor tissue or from the inflamed CNS tissue during the recovery phase of EAE  
193 (**Fig. 4f**). Systematic analysis in different human immune cell populations revealed that high MBo-  
194 fluorescence was selectively found in MDSCs and could therefore serve as molecular metabolic  
195 marker (**Extended Data Fig. 7b**). When isolated from HCC patients MBo-fluorescence was only  
196 detected in M-MDSCs but not in PMN-MDSCs (**Fig. 4g**), pointing towards differences between  
197 human and murine PMN-MDSCs. Guanidines neutralize glycation activity of dicarbonyls<sup>36, 37</sup>.  
198 Strikingly, after incubation with DMBG but not molecules lacking guanidine-groups, human  
199 MDSCs lost MBo-fluorescence and regained the capacity to take up glucose (**Fig. 4g,h, Extended**  
200 **Data Fig. 7c**). Furthermore, DMBG also augmented aerobic glycolysis and mitochondrial  
201 respiration in MDSCs up to the level observed in monocytes (**Fig. 4i,j**). We conclude from these  
202 results that methylglyoxal not only serves as metabolic marker for MDSCs but that methylglyoxal  
203 glycation activity, which is sensitive to DMBG neutralization, contributed to the dormant  
204 metabolic phenotype of MDSCs and led us to characterize why methylglyoxal accumulated in  
205 MDSCs.

206 Methylglyoxal can be generated by three distinct pathways (**Fig. 5a**), as byproduct of glycolysis  
207 from glyceraldehyde 3-phosphate and dihydroxyacetone phosphate through spontaneous  
208 dephosphorylation<sup>38, 39</sup>, from acetol by acetone/actol mono-oxygenase (AMO; cytochrome  
209 P4502E1)<sup>40</sup>, or from aminoacetone by semicarbazide-sensitive amine oxidase (SSAO)<sup>38, 41</sup>. We  
210 performed competitive pulse-chase metabolic labeling experiments (50% <sup>13</sup>C<sub>6</sub>-glucose/50% <sup>12</sup>C<sub>6</sub>-  
211 glucose), to discriminate between these pathways, i.e. methylglyoxal should contain three <sup>13</sup>C-  
212 atoms when derived from dihydroxyacetone phosphate<sup>38, 39</sup>, two <sup>13</sup>C-atoms when derived from  
213 SSAO-activity and no <sup>13</sup>C-atoms when derived from AMO-activity. A regular mass of 206 Da was  
214 detected by UHPLC-TOF-DIA-MS/MS for 49% of 3-nitrophenylhydrazine-bound methylglyoxal  
215 and 207 Da for 3%, reflecting the natural <sup>13</sup>C-isotope distribution (**Fig. 5b**). However, 47% of  
216 methylglyoxal detected in MDSCs had a mass of 208 Da (**Fig. 5b**), i.e. containing two <sup>13</sup>C-atoms,  
217 and indicated that methylglyoxal was generated by SSAO. This was corroborated by increased  
218 expression of the *AOC3* gene that codes for SSAO (**Fig. 5c**). Intracellular methylglyoxal abundance  
219 is regulated by glyoxalase and by glutathione, which neutralize dicarbonyls<sup>36</sup>. Both, glyoxalase I  
220 activity and cellular glutathione content were reduced in MDSCs compared to monocytes (**Fig.**  
221 **5d,e**), indicating a dysbalance between generation and neutralization of methylglyoxal. SSAO-  
222 inhibition with hydralazine or PXS-4618A prevented methylglyoxal accumulation in MDSCs and  
223 reconstituted glucose uptake (**Fig. 5f,g**). These results prompted us to examine whether  
224 methylglyoxal was involved in T cell suppression by MDSCs.

225 Within 10 min after contact with MDSCs but not monocytes, we detected methylglyoxal in CD8<sup>+</sup>  
226 T cells, which was not observed when MDSCs were pretreated with DMBG (**Fig. 6a**). DMBG  
227 treatment of MDSCs before co-culture also reconstituted CD8<sup>+</sup> T cell uptake of glucose (**Fig. 6a**).  
228 Furthermore, activation-induced cytokine production and granzyme B release were fully  
229 functional in CD8<sup>+</sup> T cells, when MDSCs or CD8<sup>+</sup> T cells were pretreated with DMBG (**Fig. 6b**,  
230 **Extended Data Fig. 8a-d**) demonstrating that DMBG abrogated the suppressive effect by acting in  
231 MDSCs as well as in CD8<sup>+</sup> T cells. In murine PMN-MDSCs, suppression of T cells was also  
232 abolished by DMGB (**Extended Data Fig. 8d**). In contrast, DMBG did not show any effect on  
233 suppression mediated by regulatory T cells (**Extended Data Fig. 8e**), which were also negative for  
234 MBo-fluorescence. After separation from MDSCs, the suppression of T cells lasted for 3-4 h, and



235 DMBG shortened this time to 1 h until T cells started to take up glucose again (**Extended Data Fig.**  
236 **8g,h**). In line with these findings, T cells co-cultured with MDSCs regained their capacity to  
237 express cytokines upon activation at 4 h after re-isolation and separation from MDSCs (**Fig. 6b**).  
238 This recovery phase was again shortened to 1 h by DMBG (**Fig.6b**). MDSC-mediated suppression  
239 of T cell proliferation was overcome by DMBG or other guanidine-containing molecules (**Fig. 6c,**  
240 **Extended Data Fig. 8a**). Of note, CD8<sup>+</sup> T cell functions, which were augmented by co-culture with  
241 monocytes, were not further increased by monocyte pretreatment with DMBG (**Fig. 6c, Extended**  
242 **Data Fig. 8b**). Importantly, we did not observe increased apoptosis in T cells co-cultured with  
243 MDSCs (**Extended Data Fig. 8i,j**), indicating that the suppressive activity of MDSCs did not kill but  
244 rather stunned T cells.

245 Importantly, the suppression of T cell proliferation was strongest for MDSCs isolated from liver  
246 cancer tissue and weaker when isolated from peritumoral liver tissue or peripheral blood,  
247 isolated from the same patients with liver cancer, as shown by titrating numbers of MDSCs (**Fig.**  
248 **6d**). DMBG reversed the suppressive effect of all M-MDSCs isolated from cancer, peritumoral  
249 liver tissue and blood (**Fig. 6d**). Consistent with the lower suppressive capacity, M-MDSCs  
250 isolated from blood showed weak to undetectable MBo-fluorescence effect (**see Fig. 4g**).  
251 Nevertheless, DMBG-mediated reversal of T cell suppression indicated that methylglyoxal was  
252 still present and functional, albeit at low levels was still present – albeit at low levels. It was not  
253 possible to isolate PMN-MDSCs from tissue in sufficient quantities for suppression assays, but  
254 tumor tissue-derived PMN-MDSCs did not show MBo-fluorescence and PMN-MDSCs isolated  
255 from blood of tumor patients did not show suppressive activity (**Extended Data Fig. 8f**), which is  
256 in line with findings from other groups<sup>42,43,44</sup>.

257 Since methylglyoxal readily reacts with L-arginine, which is required for T cell activation<sup>45,46</sup>, we  
258 investigated whether the suppressive effect of MDSCs-transferred methylglyoxal was mediated  
259 by depletion of amino acids, in particular L-arginine. To this end, we determined by mass  
260 spectrometry the composition of free amino acids as well as advanced glycation end products  
261 (AGPs) of amino acids and protein-bound amino acids in T cells. These experiments showed a  
262 significant reduction in free L-arginine in T cells after co-culture with MDSCs but not monocytes  
263 (**Fig. 6e,f**). Importantly, we also detected a simultaneous increase of the L-arginine-derived

264 reaction products with methylglyoxal, i.e. AGPs hydroimidazolone (MG-H1) and argpyrimidine  
265 (Fig 6e,f). Furthermore, we detected a reduction of L-glutamine (Fig. 6f), which serves as a  
266 precursor for glutathione that can scavenge methylglyoxal<sup>34</sup>. There was no reduction in other  
267 amino acids or AGPs in MDSC-exposed T cells (Extended Data Fig. 9) demonstrating a selective  
268 depletion of amino acids that are critical for T cell activation. In summary, these data show that  
269 contact with MDSCs led to depletion of L-arginine and concomitant increase in methylglyoxal-  
270 derived glycation products of L-arginine in T cells, which may explain the methylglyoxal-mediated  
271 paralysis of their effector functions.

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#### 274 **Methylglyoxal neutralization rescues anti-tumor immunity synergizing with checkpoint inhibition**

275 We employed the mechanistic understanding of MDSC-induced suppression of CD8<sup>+</sup> T cell  
276 effector function to increase efficacy of cancer immune therapy. Mouse melanoma cells  
277 expressing ovalbumin (B16-OVA) were s.c. implanted into mice, followed ten days later by  
278 therapeutic vaccination against ovalbumin to induce CD8<sup>+</sup> T cell immunity against ovalbumin-  
279 expressing cancer cells. Separate treatment with therapeutic vaccination, DMBG or checkpoint  
280 inhibition with anti-PD-1 alone showed no or only marginal effects on tumor growth. The  
281 combination of vaccination with DMBG showed a reduction in tumor growth (Fig. 7a). However,  
282 strong and lasting tumor regression was observed when DMBG was combined with anti-PD-1  
283 treatment independently from therapeutic vaccination. After 30 days, however, a relapse of  
284 tumor growth was observed. Importantly, we found that tumor cells growing out after combined  
285 DMBG/anti-PD-1 treatment had lost ovalbumin expression (Fig. 7a, Extended Data Fig. 10 b).  
286 These results clearly demonstrated a synergistic effect of DMBG together with checkpoint  
287 inhibition therapy using anti-PD1 to increase cancer-specific immune responses. Most likely,  
288 DMBG reversed the suppressive effect of MDSCs on CD8<sup>+</sup> T cells specific for immunogenic cancer  
289 antigens, locally in tumor tissue, which might have increased the immune pressure on the tumor  
290 and selection of tumor cells lacking ovalbumin expression.

291 These results prompted us to characterize CD8<sup>+</sup> T cells and CD11b<sup>+</sup> cells from tumor tissue and  
292 spleen in detail. At day 17 after tumor inoculation, most CD11b<sup>+</sup>Ly6C<sup>+</sup> and Ly6G<sup>+</sup> cells isolated

293 from cancer tissue but not spleen showed MBo-fluorescence and were not capable of taking up  
294 glucose (**Fig. 7b,c, Extended Data Fig. 10c,d,e**). In mice treated with DMBG, no MBo-fluorescence  
295 was detected anymore in these cells and glucose uptake was rescued (**Fig. 7c,d**) independently of  
296 vaccination or anti-PD-1 treatment. To directly investigate their suppressive function, we isolated  
297 CD11b<sup>+</sup>Ly6C<sup>+</sup> cells and incubated them *ex vivo* with CD8<sup>+</sup> T cells. While CD11b<sup>+</sup>Ly6C<sup>+</sup> cells from  
298 cancer tissue irrespective of vaccination showed potent suppression of activation-induced T cell  
299 proliferation, cells isolated from DMBG-treated mice did not suppress CD8<sup>+</sup> T cell proliferation  
300 anymore, while CD11b<sup>+</sup>Ly6C<sup>+</sup> cells isolated from spleen always provided similar support for T cell  
301 proliferation (**Fig. 7d, Extended Data Fig. 10f,g**). The numbers of effector CX<sub>3</sub>CR1<sup>+</sup> CD8<sup>+</sup> T cells  
302 found in cancer tissue increased after vaccination and were not further augmented by DMBG-  
303 treatment, but these cells did not show MBo-fluorescence anymore and took up more glucose *ex*  
304 *vivo* (**Fig. 7e**). Most importantly, numbers of CD8<sup>+</sup> T cells isolated from cancer tissue, which  
305 responded to antigen-specific restimulation *ex vivo* with robust cytokine expression, only  
306 increased when mice received vaccination in combination with DMBG-treatment. While neither  
307 MBo-fluorescence nor glucose uptake in monocytic cells in the tumor were influenced by anti-  
308 PD-1 treatment alone, after combination with DMBG a significantly increased number of  
309 antigen-specific cytokine-producing CD8<sup>+</sup> T cells in the tumor was observed (**Fig. 7f-i, Extended**  
310 **Data Fig. 10h,i**). Together, these results indicated that MDSCs paralyzed antigen-specific CD8<sup>+</sup> T  
311 cells in cancer tissues by a DMBG-sensitive mechanism that was mechanistically distinct from the  
312 inhibitory effect through immune checkpoints and might explain the synergistic effect in  
313 combination with checkpoint inhibition to increase cancer immune therapy.

314

## 315 Discussion

316 Here, we identify methylglyoxal as metabolic marker of MDSCs, which is responsible for the  
317 dormant metabolic phenotype of MDSCs and for MDSC-mediated immune paralysis of CD8<sup>+</sup> T  
318 cells, and can serve as therapeutic target in combination with checkpoint inhibition to improve  
319 immunotherapy against cancer.

320 MDSCs primarily inhibit effector functions of T cells and thereby impair immunity against  
321 cancer<sup>47</sup>. Many inhibitory mechanisms have been attributed to MDSC-mediated suppression of T

322 cell effector function, such as IL-10, TGF- $\beta$ , arginase-1 to deplete extracellular L-arginine,  
323 indoleamine 2,3-dioxygenase (IDO) and iNOS<sup>48</sup>. However, the lack of a molecular marker to  
324 unequivocally identify MDSCs made it difficult to assign to MDSCs the production of any of the  
325 aforementioned regulatory molecules, which are often are also produced by other immune  
326 regulatory cell populations like regulatory T cells<sup>7</sup>. MDSCs are believed to be contained among  
327 CD14<sup>+</sup>HLA-DR<sup>-/lo</sup> cells<sup>47</sup>. Using high-resolution mass-spectrometry, we have identified  
328 methylglyoxal as marker metabolite for MDSCs that is generated from acetyl-CoA and glycine  
329 through the enzyme SSAO. Detection with MBo revealed at the single-cell level that  
330 methylglyoxal accumulated selectively in CD14<sup>+</sup>HLA-DR<sup>-/lo</sup> cells isolated from human cancer  
331 tissues but is not expressed by other immune cell populations, thus demonstrating the  
332 usefulness of methylglyoxal to identify human MDSCs. The rapid acquisition of MBo-fluorescence  
333 in T cells after 30 min of co-culture with MDSCs isolated from human cancer tissues further  
334 suggested that methylglyoxal was readily transmitted from MDSCs to T cells.

335 Methylglyoxal belongs to the family of  $\alpha$ -dicarbonyls, a group of molecules with glycation  
336 capacity<sup>49</sup>. Dicarbonyls attack amino/guanidine-groups (HN=C-(NH<sub>2</sub>)-NH), thus targeting  
337 preferentially the amino acids L-lysine and L-arginine as well as their residues in proteins to form  
338 advanced glycation end-products that can render amino acids and proteins non-functional<sup>37, 50</sup>.  
339 The amino acid L-arginine is essential for T cell activation and execution of effector functions<sup>46, 51</sup>  
340 and the depletion of free L-arginine, as well as modifications of proteins containing L-arginine is  
341 sufficient to block signaling and function of T cells<sup>52, 53, 54</sup>.

342 Our results provide evidence that contact with MDSCs led to depletion of L-arginine within CD8<sup>+</sup>  
343 T cells. At the same time, we detected methylglyoxal-derived glycation products of L-arginine  
344 such as argpyrimidine and hydroimidazolone in T cells, which together suggests that MDSC-  
345 derived methylglyoxal caused intracellular depletion of L-arginine in T cells and thereby induced  
346 T cell paralysis. Methylglyoxal may suppress T cell function not only by chemical depletion of  
347 cytosolic amino acids like L-arginine but also by rendering L-arginine-containing proteins through  
348 glycation non-functional<sup>37</sup>, such as protein kinases relevant for signal transduction or  
349 mitochondrial proteins involved in mitochondrial respiration<sup>46, 55, 56, 57</sup>. This intracellular  
350 depletion of arginine by methylglyoxal is a highly efficient and rapid mechanism to deprive CD8<sup>+</sup>

351 T cells of their capacity to respond to activation signals and render them paralyzed, which is  
352 mechanistically distinct from expression of arginase that consumes extracellular arginine to  
353 deprive T cells of arginine sources<sup>48</sup>.

354 Transfer of methylglyoxal from MDSCs to T cells required direct cell-cell contact, which may lead  
355 to a more pronounced T cell suppression at sites where MDSCs accumulate, such as tumor  
356 tissue. The identification of methylglyoxal as metabolic marker of MDSCs will allow to study  
357 which cells of the tumor microenvironment may be involved in the induction of MDSCs. Our  
358 observation that methylglyoxal-containing MDSCs were absent from secondary lymphoid tissues  
359 points towards a predominant local effect of immune suppression by MDSCs within tumor tissue,  
360 although MDSCs circulating in the blood may impair immune responses at distant sites from the  
361 tumor.

362 Based on this mechanistic insight, we were able to neutralize the glycation function of  
363 methylglyoxal with molecules containing amino/guanidine-groups or to prevent its formation by  
364 inhibiting SSAO enzymatic activity. Both measures abrogated the ability of MDSCs to paralyze  
365 CD8 T cells. Thus, methylglyoxal-mediated immune suppression by MDSCs is a promising  
366 molecular target for immune intervention to increase CD8 T cell immunity against cancer.  
367 Strikingly, we observed in a preclinical cancer model that neutralization of methylglyoxal with  
368 DMBG had a strong synergistic effect with checkpoint inhibition to strengthen cancer-specific  
369 CD8 T cell immunity. Since the combination treatment with DMBG/anti-PD1 did not increase  
370 numbers but the functionality of effector CD8 T cells in tumor tissue, the discovery of  
371 methylglyoxal as key immune suppressive mediator of intra-tumoral MDSCs opens new avenues  
372 for targeted immune intervention in cancer patients.

373

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385

386 **Competing interests' statement:** the authors declare to have no competing interests.

387

388 **Author contributions**

389 TB, AD, CS, SS, MH, KL, VL, UA, BLD, JS, LS, CF, NK, Tanja Bauer, ML, KE, SE, JEH, MA, MS, AH performed  
390 experiments and analyzed data; SD, JS, UA performed bioinformatic analyses; performed NH, DH BS, DS,  
391 FA, TM, HZ, MH, TK, CD, TH contributed specific technologies and reagents; BS, DS, TM, HS, MH, TK, CD,  
392 TH PM, PK and BH designed experiments; PJM, PAK, BH wrote the manuscript, all authors read and  
393 approved the manuscript.

394

395 **Figure legends**

396

397 **Legend to Figure 1: Adjustment of cell metabolism to very low levels in human MDSCs compared to monocytes.** **a**,  
398 differentially expressed genes encoding glycolysis KEGG-pathway enzymes in monocytes (left) compared to stromal  
399 cell-induced MDSCs (right; n = 3 independent biological samples). **b**, uptake of the glucose-analog 2-NBDG (n = 3)  
400 and Glut-1 cell surface expression levels (3 experiments). **c**, hexokinase activity (n = 3 independent biological  
401 samples). **d**, **e**, glucose uptake or hexokinase activity in CD14<sup>+</sup>HLA-DR<sup>+</sup> (monocytes) or CD14<sup>+</sup>HLA-DR<sup>/low</sup> cells  
402 (MDSCs) from cancer patients (n =3 independent biological samples). **f**, extracellular acidification rate (ECAR) as  
403 measure of aerobic glycolysis (n = 3). **g**, mitochondrial mass (Mitotracker green) and mitochondrial membrane  
404 potential (DiIC<sub>1</sub>(5)), GeoMean given in numbers (n = 3 independent biological samples). **h**, oxygen consumption rate  
405 (OCR) as measure of mitochondrial respiration (n = 3 independent biological samples), statistical significance for  
406 baseline OCR. **i**, total cellular ATP content (n = 3 independent biological samples). \*\*p < 0.01; \*\*\*p < 0.001; two-way  
407 unpaired t-test, diagrams plotted as SEM.

408

409 **Legend to Figure 2: MDSCs suppress activation-induced signaling and consequently glycolysis and effector functions in**

410 **CD8 T cells in a cell-contact dependent manner.** Activated human CD8<sup>+</sup> T cells were co-cultured for 5 minutes (a), or  
411 30 minutes (b and c, e-i) with MDSCs or monocytes (ratio 1:1), or human CD14<sup>+</sup>HLA-DR<sup>hi</sup> monocytes or CD14<sup>+</sup>HLA-  
412 DR<sup>/low</sup> cells from cancer tissue (d). **a**, flow cytometric detection of activation-induced phosphorylation of signaling  
413 molecules in CD8<sup>+</sup> T cells co-cultured with MDSCs or monocytes at five minutes after anti-CD3/CD28 stimulation (n =  
414 3 independent samples). **b**, fold change of surface Glut-1 expression and glucose uptake (n = 3 independent  
415 samples). **c**, fold-change of hexokinase activity of FACSsorted CD8<sup>+</sup> T cells (n =3 independent samples). **d**, glucose  
416 uptake after co-culture with CD14<sup>+</sup> cells from cancer tissue (n = 3 independent samples). **e**, time kinetics of glycolytic  
417 rates. **f**, oxygen consumption rates (n = 3). **g**, fold change ATP levels (n = 3 independent samples) of FACSsorted  
418 CD8<sup>+</sup> T cells. **h**, IFN- $\gamma$ , TNF expression of activated CD8<sup>+</sup>CD45RA<sup>+</sup>CX<sub>3</sub>CR1<sup>+</sup> T cells co-cultured with monocytes (red) or  
419 MDSCs (blue) (n = 3). **i**, proliferation of CD8<sup>+</sup> T cells in coculture with MDSCs or monocytes by CFSE- dilution or  
420 separation in transwell (0.4 $\mu$ m pore size). Numbers indicate division indices. (n = 8 independent samples). \*p < 0.05;  
421 \*\*p < 0.01; \*\*\*p < 0.001; two-way unpaired t-test; (F) \*\*\*\*p < 0.0001; two-way Anova, diagrams plotted as SEM.

422

423 **Legend to Figure 3: Transfer of cytosolic constituents from MDSCs to CD8 T cells.** **a**, Detection of MitoTracker Green  
424 fluorescence in CD8<sup>+</sup> T cells in co-culture (30 minutes) with MitoTracker Green-labeled MDSCs; transwell pore size  
425 0.4  $\mu$ m, MDSCs lysis by hypo-osmotic shock (n = 3 independent biological samples; results shown gated for CD8 T  
426 cells). **b**, transfer of cytosolic constituents from myeloid cells (Mitotracker) to CD8<sup>+</sup> T cells (eF670) after coculture for  
427 30 minutes; scale bar 10  $\mu$ m (n = 4 independent biological samples). **c**, quantification of transfer of cytosolic  
428 constituents to CD8<sup>+</sup> T cells by flow cytometry for monocytes (red) or MDSCs (blue) (n = 4 independent biological  
429 samples). **d**, transfer of cytosolic constituents from tumor-infiltrating CD14<sup>+</sup> cells of cancer patients, i.e. HLA-DR<sup>hi</sup>  
430 monocytes and HLA-DR<sup>/low</sup> MDSCs labeled with MitoTracker, to CD8<sup>+</sup> T cells in co-culture (30 minutes), results

431 shown gated for CD8<sup>+</sup> T cells (n = 3 independent biological samples); most pronounced transfer into  
432 CX<sub>3</sub>CR1<sup>+</sup>CD45RO<sup>+</sup> effector CD8<sup>+</sup> T cells. **e**, no significant transfer of cytosolic constituents from MitoTracker-labeled  
433 primary human fibroblasts or keratinocytes to CD8<sup>+</sup> T cells in co-culture (30 minutes) (n = 3 independent biological  
434 samples). **f**, no transfer of myeloid cell surface markers to CD8 T cells (n = 3 independent biological samples). **g**, no  
435 detection of single nucleotide polymorphisms at position 152 of mitochondrial DNA from human MDSCs (donor) in  
436 lysates of CD8<sup>+</sup> T cells (acceptor). FACSsorted after co-culture (30 minutes) (n = 5 independent biological samples  
437 separate donor acceptor experiments), demonstrating that no mitochondrial DNA was transferred from MDSCs to  
438 CD8 T cells thus excluding transfer of entire DNA-containing mitochondria.

439

440 **Legend to Figure 4: Accumulation of dicarbonyl radical methylglyoxal is a metabolic marker for MDSCs and mediates**  
441 **their dormant metabolic phenotype.** **a**, proliferation profiles of activated CD8<sup>+</sup> T cells after co-culture with MDSCs  
442 (blue) or MDSCs treated with rotenone (2 μM), or DMBG (200 μM) (purple) (n = 3). **b-j**, analyses of MDSCs. **b**,  
443 volcano plot (p-value vs. log<sub>2</sub> fold-change) of 3-NPH-bound metabolites detected in MDSCs compared to monocytes  
444 by UHPLC-TOF-DIA-MS/MS (red arrow indicates methylglyoxal, feature ID: 67, see supplementary Table VII) (n = 6  
445 independent samples). **c**, ion chromatograms of 3-NPH-bound methylglyoxal (exact mass of 3-NPH-bound  
446 methylglyoxal: 206.0579; tolerance: 0.01, n = 3). **d**, fluorescence intensity of the methylglyoxal-specific dye methyl-  
447 diaminobenzene-BODIPY (MBo) in MDSCs and monocytes and **e**, in tumor-infiltrating CD14<sup>+</sup> cells isolated from  
448 cancer patients (n = 3). **f**, MBo-fluorescence intensity in murine CD11b<sup>+</sup> cells from tumor tissue (B16-melanoma) or  
449 from the central nervous system during the recovery phase (day 22 after immunization) of experimental  
450 autoimmune encephalomyelitis (EAE) (n = 5). **g**, CD14<sup>+</sup> or CD15<sup>+</sup> cells were isolated from tumor tissue, liver tissue or  
451 blood from the same patient and examined for the expression of methylglyoxal (n = 2). **h**, MBo-fluorescence  
452 intensity in MDSCs after DMBG treatment (30 minutes) (n = 5). **i**, MBo-fluorescence and glucose-uptake in MDSCs  
453 (30 minutes pretreatment with inhibitors), note absent effect by robenidine that does not contain a guanidine-  
454 group (n = 3 independent samples). **j**, **k**, oxygen consumption and extracellular acidification rates of MDSCs (30  
455 minutes DMBG pretreatment). OM = oligomycin, 2-DG = 2-deoxy-glucose, CCCP = carbonyl cyanide 3-chlorophenyl  
456 hydrazine (n = 3 independent samples). \*\*\*p < 0.001; two-way unpaired t-test; (F) \*\*\*\*p < 0.0001; two-way Anova,  
457 diagram plotted as SEM.

458

459 **Legend to Figure 5: Methylglyoxal accumulates in MDSCs in a semicarbazide-sensitive-amine oxidase (SSAO)**  
460 **dependent fashion.** **b-e**, analyses of human MDSCs. **a**, schematic illustration of the different pathways for generation  
461 of methylglyoxal in mammalian cells: spontaneous non-enzymatic dephosphorylation of glucose-derived dihydroxy-  
462 acetonephosphate; acetone monooxygenase (AMO) mediated enzymatic generation from fatty acid-derived acetol;  
463 SSAO mediated generation from glucose-derived and amino-acid-derived aminoacetone. **b**, metabolic pulse chase  
464 (6hrs) with 50% <sup>13</sup>C<sub>6</sub>-glucose and UHPLC-TOF-DIA-MC/MS analysis of MDSC lysates showing relative abundance of  
465 methylglyoxal isotopologues (technical triplicates, n = 2). **c**, AOC3 mRNA level (coding for SSAO) in MDSCs and



466 monocytes (n = 2 independent biological samples). **d**, glyoxalase I (Glo-I) activity (n=5 independent biological  
467 samples). **e**, glutathione (GSH) quantification (n=5 independent biological samples). **f**, MBo-fluorescence intensity in  
468 MDSCs generated in the presence of inhibitors (72 hours): the monoamine-oxidase A inhibitor clorgyline (100 nM),  
469 the AMO inhibitor tetraethylthiuram-disulfid (TETD, 1  $\mu$ M), and SSAO-specific inhibitors hydralazine (15  $\mu$ M) and  
470 PXS-4681A (500 nM). Incubation of MDSCs with inhibitors for 2 hours exclude direct neutralization of methylglyoxal.  
471 DMBG used as a positive control that directly neutralizes glycation activity of methylglyoxal. (n = 4 independent  
472 biological samples). **g**, glucose uptake by MDSCs in presence of the above-mentioned inhibitors with the short  
473 incubation (2h) demonstrating that compounds did not have a direct effect on MDSCs. (n = 5). ns = not significant;  
474 \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001; two-way unpaired t-test, diagrams plotted as SEM.

475  
476 **Legend to Figure 6: Guanidine-treatment of MDSCs abrogates their suppressive activity on CD8<sup>+</sup> T cell effector**  
477 **functions. a – f**, analysis of human activated CD8<sup>+</sup> T cells in co-culture with MDSCs, that were pretreated (30  
478 minutes) with indicated inhibitors. **a**, MBo-fluorescence in CD8<sup>+</sup> T cells after 10 minutes of coculture with MDSCs or  
479 monocytes (left) and glucose uptake (right) (n = 3 independent samples). **b**, intracellular cytokine staining of  
480 activated CX<sub>3</sub>CR1<sup>+</sup>CD45RO<sup>+</sup> CD8<sup>+</sup> T cells, (n = 3 independent samples). T cells were stimulated in the presence of  
481 MDSCs (pretreated with DMBG, methylguanidine, aminoguanidine or rodenidine (200 $\mu$ M), where mentioned), T  
482 cells were pretreated with DMBG, re-isolated after co-culture with MDSCs and stimulated after 1 or 4 hours, or  
483 DMBG treated after directly or after 1 hour. **c**, proliferation of activated CD8<sup>+</sup> T cells in co-culture with MDSCs or  
484 monocytes in presence of indicated compounds (CFSE-dilution, numbers denote division indices) (n = 3). **d**, CD14<sup>+</sup> or  
485 CD15<sup>+</sup> cells were isolated from tumor tissue, liver tissue or blood from the same patient were isolated and cocultured  
486 with CFSE labeled, activated CD8<sup>+</sup> T cells. Proliferation was measured by the dilution of CFSE (n = 2). **e, f**, free amino  
487 acids and advanced glycation products were measured using SIDA-UHPLC-MS/MSMRM in CD8<sup>+</sup> T cells after co-  
488 culture with MDSCs or monocytes. **e**, ion chromatogram of free L-arginine in CD8<sup>+</sup> T cells, **g**, quantification of amino  
489 acids L-glutamine and L-arginine and glycation products argpyrimidine, MG-H1 and MOLD (n = 4). ns = not  
490 significant; \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001; two-way unpaired t-test, diagrams plotted as SEM.

491  
492 **Legend to figure 7: DMBG treatment overcomes MDSC-induced suppression of CD8<sup>+</sup> T cell function during therapeutic**  
493 **anti-cancer vaccination. a-g**, at d10 after s.c. B16-OVA cancer cell inoculation, mice received ovalbumin adjuvanted  
494 with CpG/ $\alpha$ GalCer, anti-PD-1 and/or DMBG in drinking water (40 mM), and analyses were performed at d17 (n = 5  
495 mice). **a**, time kinetics of cancer growth in individual mice. **b, c**, MBo-fluorescence and glucose uptake of CD11b<sup>+</sup>  
496 cells from cancer tissue and spleen. **d**, CD8<sup>+</sup> T cell proliferation (CFSE-dilution) in co-culture with CD11b<sup>+</sup>Ly6C<sup>+</sup> cells  
497 or CD11b<sup>+</sup>Ly6G<sup>+</sup> (FACSsorted) from cancer tissue or spleen (numbers denote division indices). **e - g**, MBo-  
498 fluorescence and glucose uptake *ex vivo* in CD8<sup>+</sup> T cells from tumor tissue or spleen. **h, i**, cytokine expression by CD8<sup>+</sup>  
499 T cells from cancer tissue after *ex vivo* ovalbumin peptide-specific stimulation. ns = not significant; data are  
500 presented as mean  $\pm$  SEM, \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001; two-way unpaired t-test, diagrams plotted as SEM.

501

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687

## 688 Methods

### 689 Animal models and therapeutic vaccination

690 All animal experiments were performed according to the federal German law regarding the  
691 protection of animals (ROB-55.2-2532.Vet\_02-193 & ROB-55.2-2532.Vet\_02-17-234). C57Bl/6J  
692 mice, H2-K<sup>b</sup>SIINFEKL restricted TCR-transgenic animals (OT-I) and LysM-Cre/B6;129-  
693 Gt(ROSA)26Sor<sup>tm4(CAG-EGFP)Nat</sup>/JRosa-mitoGFP (Jackson stock: 004781<sup>60</sup>; Jackson stock: 021429<sup>61</sup>)  
694 were bred according to the FELASA guidelines. B16-OVA cells, obtained from A.-K. Heine,  
695 Institute of Experimental Immunology, University of Bonn, were cultured in DMEM media  
696 containing 10% FCS, 200 mg/ml penicillin, 200 U/ml streptomycin, 2 mM L-glutamine and 400  
697 µg/ml G418. For tumor implantation,  $5 \times 10^5$  B16 melanoma cells were injected subcutaneously  
698 into the left flank. Tumor size was measured using digital caliper and tumor volume was  
699 calculated using the ellipsoid formula  $V = \frac{4}{3}\pi r^2$ . After 10 days, mice were either vaccinated  
700 using 200 µg ovalbumin with 20 µg CpG-oligonucleotide 1668 (TBI Mol) and 0.2 µg α-  
701 galactosylceramide (Axxora) in 100 µl PBS. DMBG was administrated via drinking water (40 mM).  
702 Anti-PD-1 (clone 29.F1A12) was applied i.p. every 3rd day (200 µg). Experimental autoimmune  
703 encephalomyelitis was induced by subcutaneous application of 200 µg MOG(35-55) peptide  
704 (MEVGWYRSPFSRVVHLYRNGK) and 500 µg *Mycobacterium tuberculosis* H37Ra in Freund's  
705 adjuvant oil with additional intravenous injection of 200 ng pertussis toxin on day 0 and 2, as  
706 previously described<sup>62</sup>.

707

### 708 Antibodies

709 The following antibodies were used experiments with human cells: anti-CD1c (L161), anti-CD3  
710 (HIT3a), anti-CD4 (OKT4), anti-CD8 (SK1), anti-CD11c (3.9), anti-CD14 (63D3), anti-CD16 (3G8),  
711 anti-CD19 (HIB19), anti-CD20 (2H7), anti-CD24 (ML5), anti-CD25 (BC96), anti-CD27 (M-T271),  
712 anti-CD38 (HB-7), anti-CD40 (5C3), anti-CD45RA (HI100), anti-CD45RO (UCHL1), anti-CD56  
713 (5.1H11), anti-CD62L (DREG-56), anti-CD95 (DX2), anti-CD123 (6H6), anti-CD127 (A019D5), anti-  
714 CD158 (HP-MA4), anti-CD197 (G043H7), anti-CD274 (29E.2A3), anti-CD303 (201A), anti-CD314  
715 (1D11) anti-IgM (MHM-88), anti-IgG (HP6017), anti-HLA-DR (L243), anti-TNF (Mab11), anti-IFN-γ  
716 (4S.B3), anti-Granzyme b (GB11), anti-Glut-1 (polyclonal, Novus Biologicals), anti-CX3CR1 (2A9-

717 1), anti-phospho-Zap70 (n3kobu5), anti-phospho-LCK (SRRCHA), anti-phospho-AKT (SDRNR),  
718 anti-phospho-mTOR (MRRBY), anti-phospho-ERK (MILAN8R). For mice, the following antibodies  
719 were used: anti-CD3 (145-2C11), anti-CD4 (RM4-5), anti-CD8 (53-6.7), anti-CD11b (M1/70), anti-  
720 CD11c (N418), anti-Ly6C (4K1.4), anti-Ly6G (1A8) anti-F4/80 (BM8), anti-I-A/I-E (M5/114.15.2),  
721 anti-NK1.1 (PK136), anti-B7-H1 (10F.9G2), anti-IFN- $\gamma$  (XM61.2), anti-TNF (MP6-XT22) anti-CD25  
722 (PC61), anti-Foxp3 (FJK16S), anti-CD62L (MEL-14), anti-CD44 (IM7), anti-CD45.1 (A20), anti-  
723 CD45.2 (104), anti-MerTK (2B10C42). If not otherwise specified, antibodies were from Sony  
724 Biotechnology or BioLegend.

725

### 726 **Flow cytometry and FACS sorting**

727 The phenotype of immune cells was determined by multicolor flow cytometry using a Sony  
728 SP6800 or Sony SA3800 spectral analyzer (both Sony Biotechnology). FACS-Sorting of cells was  
729 done using a Sony SH800 cell sorter. Data were analyzed using FlowJo software 10.0.8 (TreeStar  
730 Inc.)

731

### 732 **Immune cell isolation and culture**

733 All experiments with human blood or human liver samples were performed in accordance to the  
734 ethic votes 434/17S, 564/18SAS and 232/19S. Informed written consent was obtained from each  
735 patient. Peripheral blood mononuclear cells (PBMCs) were isolated from freshly drawn blood by  
736 density gradient centrifugation. Splenic and tumor infiltrating cells in mice were isolated as  
737 described previously<sup>58</sup>. If not specified, chemicals and kits were purchased from ThermoFisher  
738 Scientific or Sigma Aldrich. Briefly, immune cells were isolated from spleen and tumor tissues by  
739 mechanical disruption and tumor tissue was further digested with 0.1% collagenase (Sigma-  
740 Aldrich) in RPMI for 10 min at 37°C. Single cells were isolated using 40% percoll (GE Healthcare)  
741 and Ficoll density gradient centrifugation. Monocytes and CD8<sup>+</sup> T cells were further purified by  
742 immunomagnetic separation using anti-CD8 or anti-CD11b microbeads and AutoMACS (Miltenyi  
743 Biotech), followed by FACS-Sort gating on CD11b<sup>+</sup>Ly6C<sup>+</sup> or CD11b<sup>+</sup>Ly6G<sup>+</sup> cells.

744 Human tumor tissue was mechanically shredded followed by enzymatic digestion with 0.1%  
745 collagenase and 0.1% DNase in RPMI at 37°C for 30 min. Single cells were isolated using 40%



746 percoll (GE Healthcare) and Ficoll density gradient centrifugation. Monocytes and CD8<sup>+</sup> T cells  
747 were further purified by immunomagnetic separation using anti-CD8 or anti-CD14 microbeads  
748 and AutoMACS (Miltenyi Biotech). MDSCs and monocytes were isolated from peripheral blood  
749 mononuclear cells by FACS-Sort gating on CD14<sup>+</sup>HLA-DR<sup>-/lo</sup> or CD14<sup>+</sup>HLA-DR<sup>+</sup> cells.

750

#### 751 **Induction of human MDSCs from monocytes by stromal cells**

752 Human monocytes (10<sup>6</sup>) isolated from peripheral blood of healthy volunteers were cultured on a  
753 confluent layer of human stromal liver cells, i.e. myofibroblast cells (LX2)<sup>59</sup> (4 × 10<sup>5</sup> cells in 24-  
754 well plates) in RPMI supplemented with penicillin (200 mg), streptomycin (200 U/ml), L-  
755 glutamine (2 mM) and 10% FCS for three days without medium change. Viable MDSCs were  
756 separated from myofibroblasts by FACS-Sorting before use in functional assays. MDSCs  
757 generated from monocytes were characterized by downregulation of HLA-DR and their capacity  
758 to inhibit proliferation of anti-CD3/CD28 activated CD8<sup>+</sup> T cells. Where indicated, 100 nM (2,4-  
759 dichlorophenoxy)-N-methyl-N-prop-2-ynylpropan-1-amine hydrochloride), 1 μM TETD,  
760 (diethylcarbamothioylsulfanyl N, N-diethylcarbamodithioate), 15 μM phthalazine-1-ylhydrazine,  
761 50 nM PXS-4681A ((E)-2(aminomethyl)-3-fluoroprop-2-enoxy)-benzenesulfonamide) or 200 μM  
762 dimethylbiguanide (DMBG), methylguanidine, aminoguanidine, (4-Chlorphenyl)-5-  
763 isopropylbiguanid or tolylbiguanide were added during the co-culture with stromal cells.

764

#### 765 **T cell proliferation assay**

766 Isolated CD8<sup>+</sup> T cells and CD14<sup>+</sup> cells were co-cultured at a ratio 1:1 and T cells were activated  
767 with anti-CD3/CD28 coated Dynabeads (1 μl/ 10<sup>6</sup> cells; 4 × 10<sup>4</sup> beads / 10<sup>6</sup> cells). As indicated,  
768 cells were labeled with carboxyfluorescein-succinimidyl-ester (CFSE) for quantitative  
769 determination of proliferation or cells were incubated for 4 h with monensin/brefeldin A when  
770 subjected to intracellular cytokine staining. Where indicated, cells were treated with L-NO-  
771 hydroxyl-L-arginine (L-NOHA) (10 μM), L-NG-monomethyl-L-arginine (L-NMMA) (10 μM),  
772 Mn(III)tetrakis(4-benzoic acid)porphyrin Chloride (MnTBAP) (40 μM), 1-MT (20 μM), anti-TGF-β  
773 (1D11), anti-IL-10 (JES3-19F1), anti-PD-1 (EH12.2H7) (40 μg/ml each), retinoic acid (500 nM),  
774 DMBG (200 μM), methylguanidine, aminoguanidine, (4-Chlorphenyl)-5-isopropylbiguanid or

775 tolylbiguanide (200  $\mu$ M) 3-bromopyruvate (60  $\mu$ M) or rotenone (2  $\mu$ M). Proliferation was  
776 determined by dilution of CFSE and division/proliferation index were calculated using FlowJo  
777 10.4.2.

#### 778 **Measurement of specific analytes**

779 **Arginase assay.** Immune cells were isolated, washed twice with PBS and resuspended in 50  $\mu$ l  
780 water containing 0.1% Triton-X and protease inhibitor mixture (Roche Molecular Diagnostics)  
781 and incubated for 30 min at 37°C. 50  $\mu$ l Tris-HCl (pH 8; 25 mM) containing 333  $\mu$ M MnCl<sub>2</sub> was  
782 added followed by heating up the mixture up to 56°C for 10 min. 100  $\mu$ l of L-Arginine solution  
783 (0.5 M) (Sigma-Aldrich) was added and the samples were incubated at 37°C for 30 min. The  
784 hydrolysis reaction was stopped by adding 10% H<sub>2</sub>SO<sub>4</sub> and 25% H<sub>3</sub>PO<sub>4</sub> in H<sub>2</sub>O. 40  $\mu$ l  $\alpha$ -  
785 isonitrosopropiophenone was added, heated up to 96°C for 45 min. Urea concentration was  
786 determined by absorbance at 540 nm using a Tecan Reader.

787

788 **NO-and ROS measurement.** NO was measured using the modified Griess reagent (Sigma) and  
789 ROS production was measured by using 5  $\mu$ M 2,7-Dichlorofluorescein diacetate (H<sub>2</sub>DCFDA)  
790 according to the manufacturer's protocol.

791

792 **Cytokine measurement in supernatants.** Cytokine quantification was done using ELISA for IL-1 $\beta$ ,  
793 IL-6, IL-10 and TNF (all BioLegend) according to the manufacturer's protocol.

794

795 **Hexokinase colorimetric assay.** The activity of hexokinase in cellular lysates was analyzed by  
796 measuring the NADH production per time in a colorimetric assay according to the  
797 manufacturer's protocol.

798

799 **ATP assay.** The ATP level of cells was analyzed using the ATP Assay Kit according to the  
800 manufacturer's protocol.

801

802 **Glucose uptake assay.** Cells were cultured in glucose-free RPMI and incubated with 10  $\mu$ M (2-N-  
803 (7-Nitrobenz-2-oxa-1,3-diazol-4yl)-Amino)-2-Deoxyglucose (2-NBDG) for 30 min followed by  
804 determination of 2-NBDG fluorescence intensity by flow cytometry.

805

806 **Glyoxalase assay.** The enzymatic activity of glyoxalase I was measured using the “Glyoxalase I  
807 Activity Assay Kit” from Sigma and is based on the change of absorbance at 240 nm due to the  
808 conversion of methylglyoxal (substrate) to S-lactoylglutathione in the presence of reduced  
809 glutathione (co-substrate). Briefly, cell pellets were permeabilized in assay buffer supplemented  
810 with 0.1% Triton-X for 5 min at 21°C in an UV-transparent 96-well plate. Assay buffer containing  
811 substrate and co-substrate was added and the increase of absorbance at 240 nm within 20 min  
812 was measured to calculate the enzymatic activity. The activity was normalized to the protein  
813 concentration of the sample, as measured with a standard colorimetric protein assay (Bio-Rad,  
814 Laboratories Inc.).

815

#### 816 **Immunoblot**

817 CD8<sup>+</sup> T cells were stimulated with CD3/CD28 antibodies and either left alone or co-cultured in  
818 the presence of monocytes or MDSCs for different periods of time. Subsequently, cells were  
819 lysed in buffer containing 1% lauryl maltoside (LM) (N-dodecyl  $\beta$ -maltoside), 1% NP-40, 1 mM  
820 Na<sub>3</sub>VO<sub>4</sub>, 1 mM PMSF, 10 mM NaF, 10 mM EDTA, 50 mM Tris pH 7.5, and 150 mM NaCl for 20  
821 min on ice. Lysates were centrifuged and supernatants were incubated at 99°C for 5 min in  
822 sample buffer containing  $\beta$ -mercaptoethanol before SDS-PAGE. Proteins were transferred onto a  
823 nitrocellulose membrane (Amersham) and blocked with TBS containing 5% milk for 1 h at 21°C  
824 The following antibodies were used to detect phosphorylated proteins: phospho-Zap70 (Tyr319),  
825 phospho-LAT (Tyr191), phospho-PLC- $\gamma$ 1 (Tyr783), and phospho-Erk1/2 (Thr202/Tyr204) (all from  
826 Cell Signaling). An anti- $\beta$ -actin antibody (clone AC15) was used to show equal loading.  
827 Membranes were subsequently incubated with HRP-labeled secondary antibodies for 1 h and  
828 phosphorylated proteins were detected using the ECL system (Amersham).

829

#### 830 **Bioenergetics measurements**

831 Immune cells were seeded on a Seahorse 96-well plate ( $10^5$  cells/well) in unbuffered RPMI  
832 medium, containing 10 mM glucose and 2 mM glutamine and additionally supplemented with 2  
833 mM glutamine and manually adjusted to pH 7.4. For oxidative profiling, 2  $\mu$ M oligomycin to block  
834 ATP synthesis, 1.5  $\mu$ M CCCP to uncouple mitochondria proton pumping and 2  $\mu$ M antimycin A  
835 and rotenone each to block electron transport chain, were injected during measurement of  
836 oxygen consumption rates (OCR) in a Seahorse XF 96 Analyzer (Agilent Technologies). For  
837 glycolytic profiling, immune cells were seeded in unbuffered, glucose-free DMEM (Seahorse  
838 Bioscience, Agilent Technologies), manually adjusted to pH 7.4. Glycolysis, monitored as  
839 extracellular acidification rate (ECAR), was started after addition of 10 mM glucose, followed by  
840 1  $\mu$ M oligomycin to block mitochondrial ATP synthesis and 20 mM deoxyglucose (DG) that  
841 reduces ECAR to glycolysis-unrelated levels. Glycolytic reserve was calculated as difference of  
842 ECAR after oligomycin injection and baseline ECAR. ATP-linked respiration states the difference  
843 between OCR after oligomycin injection and baseline. LPS (100 ng/ml) and PMA (50  $\mu$ g/l) were  
844 injected to monitor the glycolytic switch in T cells. If not specified chemicals and medium were  
845 obtained from Merck, Sigma-Aldrich.

846

#### 847 **ELISPOT for detection of Granzyme B secretion**

848 Granzyme B secretion was measured on  $1 \times 10^5$  isolated T cells stimulated with 2  $\mu$ g/ml CEF  
849 peptide pool (Cytomegalovirus (CMV), Epstein-Barr (EBV) and Influenza virus (Flu)) (Proimmune)  
850 using the human Granzyme B ELISpot<sup>plus</sup> Kit (Mabtech AB, NACKA Strand, Sweden) according to  
851 the manufacturer's instructions. ELISpot plates were evaluated within three days after assay  
852 performance using an automated reader system (CTL-ImmunoSpot<sup>®</sup> S6 Ultra-V Analyzer/CTL  
853 ImmunoSpot 5.4 Professional DC Software, CTL Europe). Scanning and counting of ELISpot plates  
854 was performed with automatically adjusted settings conducted by the reader. All obtained  
855 counts were reviewed and certified by a second person during a quality control process.

856

#### 857 **Mitochondrial staining**

858 Cells were stained using 200 nM Benzoxazolium,2-[3-[5,6-dichloro-1,3-bis[[4-  
859 (chloromethyl)phenyl]methyl]-1,3-dihydro-2H-benzimidazol-2-ylidene]-1-propenyl]-3-methyl-

860 chloride (Mitotracker-Green) or 50 nM Mito-Probe 3H-Indolium, 2-(5-(1,3-dihydro-1,3,3-  
861 trimethyl-2H-indol-2-ylidene)-1,3-pentadienyl)-1,3,3-trimethyl-iodide 36536-22-8 (D1CL1(5))  
862 according to the manufacturer's protocol.

863

#### 864 **Methylglyoxal detection at single cell level by flow cytometry**

865 The fluorescent sensor methyl diaminobenzene-BIODIPY (MBo), that specifically detects  
866 methylglyoxal<sup>35</sup>, was used to detect presence of methylglyoxal at the level of single cells using  
867 flow cytometry. Cells were loaded with MBo (10  $\mu$ M) for 30 minutes in RPMI (supplemented  
868 with 10% FCS, 200 mg penicillin, 200 U/ml streptomycin and 2 mM L-glutamine) at 37°C, washed  
869 and subjected to further cell surface antibody staining before flow cytometric evaluation.

870

#### 871 **RNA isolation and quantitative PCR**

872 RNA was isolated using RNeasy Kit (Qiagen) and complementary DNA synthesis was done with  
873 Superscript Velo (ThermoFisher) according to the manufacturer's instructions. Quantitative PCR  
874 was performed with SYBR-Green (Roche Molecular Diagnostics) using the following primers:  
875 *CYPA* forward: 5'-ATGCTCAACCCACCGTGT-3'; *CYPA* reverse: 5'-TCTGCTGTCTTTGGGACCTTGTC-  
876 3', *TGFB* forward: 5'-gtggaaaccacaacgaaat-3'; *TGFB* reverse: 5'-CACGTGCTGCTCCACTTTTA-3',  
877 *IDO1* forward: 5'-AGAGTCAAATCCCTCAGTCC-3'; *IDO1* reverse: 5'-AAATCAGTGCCTCCAGTTCC-3';  
878 *AOC3* forward: 5'-GGAACCAAGTGTCAGAGCACA-3'; *AOC3* reverse: 5'-  
879 GGACAAAGACCATATCCTCGGC-3'; *SERPINB14* forward: 5'-TGTTGGTGTGTTGCCTGATG-3';  
880 *SERPINB14* reverse: 5'-TTGTTGCGATGTGCTTGATAC-3'. Samples were analyzed in triplicates  
881 and normalized to endogenous *CYPA* mRNA abundance.

#### 882 **Gene expression profiling of monocytes and MDSCs and bioinformatic analysis**

883 After 18 h of co-culture of human monocytes with stromal cells, myeloid cells were separated  
884 from stellate cells by FACS sorting. RNA was isolated from  $5 \times 10^6$  cells using TRIzol according to  
885 the manufacturer's protocol. Biotin-labeled cRNA was generated using the TargetAmp Nano-g  
886 Biotin-cRNA labeling Kit (Epicentre). Biotin labeled cRNA was generated using the TargetAmp  
887 Nano-g Biotin-cRNA Labeling Kit for the Illumina System (Epicentre). cRNA was hybridized onto

888 Illumina HumanRef-12 (version 3) bead array that probed for 48,794 genes. The raw intensity  
889 values were analyzed using Genome Studio. The probe intensities from Illumina HumanRef-12  
890 gene chip were imported into the R environment (<http://www.r-project.org/>). The probes were  
891 normalized using robust spline normalization (RSN) method in lumi-R-package<sup>63</sup>. The  
892 differentially expressed genes (DEGs) were identified using the Bioconductor package Limma<sup>64</sup>.  
893 We considered a particular gene as a DEG when its expression log<sub>2</sub> fold change 0.6 (absolute fold  
894 change 1.5, corrected p-value (q-value) ≤ 0.05). Pathway enrichment analysis of DEGs was  
895 performed using METASCAPE (accessed on 13/06/16, <http://metascape.org>)<sup>65</sup>. Cell surface  
896 proteome analysis was performed by comparing differently expressed genes in MDSCs with the  
897 human cell surface proteome database (<http://wlab.ethz.ch/cspa>)<sup>66</sup>.

898

### 899 **Mitochondrial DNA detection**

900 CD8<sup>+</sup> T cells (“acceptor”) or monocytes (“donor”) were purified from the blood of two non-  
901 related, healthy individuals. After 30 min of co-culture, viable CD8<sup>+</sup> T cells were separated using a  
902 SH800 cell sorter (Sony (Sony Biotechnology) in ultra-purity mode and whole DNA was isolated.  
903 mtDNA was amplified via XL-PCR (single amplicon 16569 bp) and sequenced with an Illumina  
904 MiSeq (Illumina Inc.). Donor specific homoplasmic single nucleotide polymorphism (SNP) were  
905 identified and used to test for trans-cellular mtDNA transfer from donor to acceptor cells. To  
906 control for contamination with donor cells due to false-sorting, donor-specific microsatellites of  
907 nuclear DNA were analyzed. No contamination was detected, the limit of detection was  
908 approximately 2%.

909

### 910 **Confocal live cell microscopy**

911 For live cell imaging, a PerkinElmer UltraVIEW VoX spinning disc microscope with Nikon TiE  
912 equipped with the Hamamatsu EM-CCD ImagEM X2 camera, APO TIRF 60x NA1.49 oil immersion  
913 objective and environment control system (37°C and 5% CO<sub>2</sub>), was used. T cells were stained  
914 with eF670 (1 μM) and monocytes with Mitotracker green (200 nM) for 15 min and placed in 8-  
915 well glass bottom chambered slides (Ibidi) in imaging medium (RPMI). Chambered slides were  
916 placed on the microscope and focus was “locked-in” using hardware-based autofocusing system.

917 Then, monocytes were added to the chambers and time-lapse acquisition started. The entire 3D  
918 volume of cells was acquired by optical sectioning using piezo z-drive step of 0.5  $\mu\text{m}$  (15 steps)  
919 every 75 sec for a total imaging duration between 40-60 min. eF670 and Mitotracker green were  
920 imaged using 640 nm laser with 705/90 filter and 488 nm laser with 525/50 filter, respectively.  
921 Transmission (DIC) images were acquired in addition.

922 For ultra-structural analysis during live cell imaging, LSM 880 Airyscan and Airyscan FAST,  
923 respectively, equipped with a Plan-Apochromat 63x NA1.2 water immersion objective was used  
924 (Carl Zeiss Microscopy GmbH). T cells and monocytes were isolated. Monocytes were stained  
925 with Mitotracker green (200 nM) and placed in 8-well glass bottom chambered slides (Ibidi) in  
926 the imaging medium (RPMI). Then, monocytes were added to the chambers and time-lapse  
927 acquisition started. The entire 3D volume of cells was acquired by optical sectioning using piezo  
928 z-drive step of 0.173  $\mu\text{m}$  (45 steps, total range of 7.6  $\mu\text{m}$ ) every 53 sec for a total imaging  
929 duration of 1 h 28 min. Cells were imaged including nuclear staining, laser-DIC and MitoTracker  
930 green using 405 nm, 488 nm and 633 nm lasers with emission bands of 420-480 nm (nuclear  
931 stain) and 495-550 nm (MitoTracker green), respectively. Laser-DIC was added in an additional  
932 track at 633 nm laser for optimized penetration depth at minimal bleaching. Images were  
933 acquired at two-fold optical zoom resulting in  $67.5 \times 67.5 \mu\text{m}^2$  at a pixel size of  $0.04 \times 0.04 \mu\text{m}^2$ .

934

### 935 UHPLC-TOF-DIA-MS/MS analysis

936 Monocytes and MDSCs were isolated or induced as described above. For  $^{13}\text{C}$ -labeling experiments,  
937 medium containing 50%  $^{13}\text{C}_6$ -Glucose (Merck) was used during induction of MDSCs.

938 Isolated cells were transferred into CK14 – 0.5 mL bead beater tubes (Bertin Technologies)  
939 containing 1.4 mm diameter ceramic (zirconium oxide) beads. After addition of  
940 acetonitrile/water (250  $\mu\text{L}$ , 50/50, v/v), the samples were homogenized for  $3 \times 30$  sec with 20 s  
941 breaks between at 7,800 rpm (Precellys Evolution Homogenizer, Bertin Technologies); to prevent  
942 excessive heating during homogenization, samples were cooled with liquid nitrogen using a  
943 Cryolys cooling system (Bertin Technologies). Subsequently, samples were equilibrated for 15  
944 min at  $21^\circ\text{C}$  and centrifuged at 16,100 g and  $4^\circ\text{C}$  for 5 min (Centrifuge 5415 R, Eppendorf) and  
945 the clear supernatant was stored at  $-80^\circ\text{C}$  until further analysis. For derivatization, 40  $\mu\text{L}$  of the

946 cell extract were mixed with 20  $\mu$ l of a solution of 3-nitrophenyl hydrazine (200 mM, 50:50, v/v,  
947 ACN/H<sub>2</sub>O) and 20  $\mu$ l of a 120 mM solution of N-(3-Dimethylaminopropyl)-N'-ethylcarbodiimide in  
948 6 % pyridine (50:50, v/v, ACN/H<sub>2</sub>O) and reacted for 30 min at 40 °C. Afterwards the mixture was  
949 diluted with ACN/ H<sub>2</sub>O (200  $\mu$ l, 50:50, v/v) and used directly for UHLC hyphenated with time-of  
950 flight (TOF) mass spectrometry (MS) and fragment spectra were acquired by means of data  
951 independent acquisition (DIA). For the analysis, an Nexera X2 UHPLC system (Shimadzu)  
952 consisting of two LC-30AD pumps, a SIL-30AC auto sampler, a CTO-30A column oven and a CBM-  
953 20A system controller was connected to 6600 TripleTof instrument (Sciex) equipped with an  
954 IonDrive ion source (Sciex) operating in negative electrospray mode. After each fifth sample the  
955 instruments calibration was verified and corrected using ESI Negative Calibration solution (Sciex)  
956 and a Calibrant Delivery System (Sciex). UHPLC separation was performed on a Kinetex Phenyl-  
957 Hexyl column (100 mm x 2.1 mm, 1.7  $\mu$ m Phenomenex) using water (mobile phase A) and  
958 acetonitrile (mobile phase B) with 0.1% formic acid each and the following gradient program: 0  
959 min 36% B, 2 min 36% B, 3.5 min 80% B, 5 min 100% B, 7 min 100% B, 8 min 36% B, 12 min 36%  
960 B. The total flow of the chromatography was set to 0.25 mL/min and separation was performed  
961 at 40°C. The mass spectrometer was operated in the SWATH mode with a series of 19  
962 consecutive experiments per 1.05 sec measurement cycle. After starting with a high-resolution  
963 scan of the intact precursor ions from 50 to 1000 m/z for 100 ms, fragment ions were generated  
964 by means of collision-induced fragmentation subsequently for precursor ions within 18 separate  
965 windows ranging from 50 to 600 m/z (window width 30 Da each, 1 Da overlap), the resulting  
966 fragment spectra were recorded in the high sensitivity mode (50 ms acquisition per window). Ion  
967 spray voltage was set at -4500 V and the following source parameters were applied: curtain gas  
968 35 psi, gas 1 55 psi, gas 2 65 psi, temperature 500°C. Declustering potential was set to 80 V for  
969 all experiments while the collision energy was 10 V for precursor ion scans and 35 V including 25  
970 V collision energy spread for the fragmentation in the individual SWATH windows. The following  
971 compounds, have been measured as references: 3-phosphoglycerat, fructose-6-phosphate,  
972 fructose-1,6- diphosphate, glucose, glucose-6-phosphate, glutathione, glyoxal, lactate,  
973 lactoylglutathione, methylglyoxal, nucleotide mix, organic acid mix, phosphoenolpyruvate,  
974 pyruvate.



975

976 **Quantification of amino acids (AAs) and advanced glycation products (AGPs) by stable isotope**  
977 **dilution analysis (SIDA-UHPLC-MS/MS).**

978 Amino acids (AAs) L-arginine (**1**), L-glutamine (**2**), L-methionine (**3**), L-asparagine (**4**), L-glutamic  
979 acid (**5**), L-tyrosine (**6**), L-isoleucine (**7**), L-phenylalanine (**8**), L-lysine (**9**), L-serine (**10**), L-leucine  
980 (**11**), L-tryptophan (**12**), L-aspartic acid (**13**) and L-alanine (**14**) as well advanced glycytion  
981 products (AGPs) argpyrimidine (**15**), MG-H1 (**16**), imidazolysine (**17**), pyrraline (**18**),  
982 carboxyethyllysine (**19**) and carboxymethyllysine (**20**) were analysed by means of two newly  
983 developed SIDA-UHPLC-MS/MS<sub>MRM</sub> methods separately. To this end, corresponding stable  
984 isotope labelled AA standards L-arginine (<sup>13</sup>C<sub>6</sub>-**1**), L-glutamine (<sup>13</sup>C<sub>5</sub>-**2**), L-methionine (methyl-d<sub>3</sub>-  
985 **3**), L-asparagine (<sup>15</sup>N<sub>2</sub>-**4**), L-glutamic acid (<sup>13</sup>C<sub>5</sub>-<sup>15</sup>N-**5**), L-tyrosine (ring-d<sub>4</sub>-**6**), L-isoleucine (<sup>13</sup>C<sub>6</sub>-**7**),  
986 L-phenylalanine (ring-d<sub>5</sub>-**8**), L-lysine (<sup>13</sup>C<sub>6</sub>-**9**), L-serine (<sup>13</sup>C<sub>3</sub>-**10**), L-leucine (<sup>13</sup>C<sub>2</sub>-**11**), L-tryptophan  
987 (indole-d<sub>5</sub>-**12**), L-aspartic acid (<sup>13</sup>C<sub>4</sub>-<sup>15</sup>N-**13**) and L-alanine (<sup>13</sup>C<sub>3</sub>-**14**) as well imidazolysine-<sup>15</sup>N<sub>2</sub> (**17**-  
988 <sup>15</sup>N<sub>2</sub>), MG-H1-d<sub>3</sub> (**16**-d<sub>3</sub>) for AGP analysis were utilized. AGPs were obtained from Iris-Biotech.  
989 Stable isotope labelled AAs were bought from Cambridge Isotopes. Solvents used for LC-MS/MS  
990 analysis were of LC-MS grade (Honeywell). Ultrapure water for UHPLC separation and mass  
991 spectrometry was purified by means of a Milli-Q water advantage A 10 water system (Millipore).  
992 Millipore-grade water was used for all experiments unless stated otherwise.

993

994 *Internal Standard (IS)*

995 Internal standards were prepared in stock solutions (500 μL) with concentrations given in  
996 supplementary Table VIII and were prepared in ACN/H<sub>2</sub>O (10/90, v/v). Imidazolysine-<sup>15</sup>N<sub>2</sub> (12.06  
997 mmol/L, **17**-<sup>15</sup>N<sub>2</sub>) and MG-H1-d<sub>3</sub> (13.1 mmol/L, **16**-d<sub>3</sub>) were dissolved in D<sub>2</sub>O and their exact  
998 concentration was verified by means of quantitative NMR (qNMR) and it was stored at -20 °C  
999 until used. Internal standard solutions for amino acid (AA) and advanced glycation product (AGP)  
1000 analysis were prepared by diluting stock solutions 1:5 and 1:20 with ACN/H<sub>2</sub>O (50/50, v/v),  
1001 respectively.

1002

1003 *Sample preparation*

1004 Cells were lysed at 0°C by bead beater (Precellys Evolution Homogenizer, Bertin) at 7000 rpm for  
1005 6 × 20 sec with 30 sec pause in between. Afterwards lysed cells were ultrafiltrated (Amicon Ultra,  
1006 Merck, 3 kDa centrifugal filters; 13,600 × g, 30 min, 4 °C). Filtrates were dried by vacuum  
1007 centrifugation (Eppendorf Concentrator Plus, 6 h, 30°C), solved in 100 µL H<sub>2</sub>O, internal standard  
1008 solutions (each 2 µL) were added and subjected to the UHPLC-MS/MS system. Recovered protein  
1009 was eluted by centrifugation (1,000 × g, 5 min, 4 °C). According to Ahmed, Argirov<sup>67</sup> and  
1010 Salomón, Sibbersen<sup>68</sup> hydrolysis was carried out with slight modifications. Protein samples were  
1011 mixed with HCl (aq, 40 mM, 50 µL), thymol solution (1 mg/mL in 40 mM HCl, 10 µL) and pepsin  
1012 solution (1 mg/mL in 40 mM HCl, 10 µL) and incubated at 37°C for 24 h in an Eppendorf  
1013 Thermomixer at 400 rpm. Subsequently, each sample was buffered and neutralized by addition  
1014 of sodium phosphate buffer (aq., 500 mM, 50 µL) and sodium hydroxide (aq., 260 mM, 9 µL).  
1015 Further hydrolysis was conducted by Pronase E (1 mg/mL in 10 mM sodium phosphate buffer, 10  
1016 µL) for 24 h at 37°C in an Eppendorf Thermomixer at 400 rpm. In the last hydrolysis step, leucine  
1017 aminopeptidase and prolidase (each 1 mg/mL in 10 mM sodium phosphate buffer, 10 µL) were  
1018 added and incubation was continued at 37 °C for 48 h using an Eppendorf Thermomixer at 400  
1019 rpm. To each hydrolysate internal standards of AA and AGP were added (3 µL). Afterwards,  
1020 samples were ultrafiltered (Amicon Ultra, 3 kDa centrifugal filters; 13,600 × g, 30 min, 4 °C),  
1021 dried by vacuum centrifugation and reconstituted to a defined volume (150 µL) by addition of  
1022 H<sub>2</sub>O for UHPLC-MS/MS analysis.

1023

#### 1024 *Ultra High Performance Liquid Chromatography-Mass Spectrometry (UHPLC-MS/MS)*

1025 LC-MS/MS analysis was conducted on a QTRAP 6500+ LC-MS/MS system connected to a ExionLC  
1026 AD (Sciex) operated in the positive ESI mode (ion spray voltage, 5500 V): curtain gas, 35 V;  
1027 temperature, 450 °C (AAs) or 500 °C (AGPs); gas 1, 55 psi; gas 2, 65 psi; collision-activated  
1028 dissociation, 2 V; and entrance potential, 10 V. For compound optimization flow injection with a  
1029 syringe pump (10 µL/min) and compound solutions in ACN (0.1% FA) were used.

1030 AAs and AGPs were separated on a BEH Amide column (100 × 2.1 mm, 1.7 µm, Waters).  
1031 Chromatography was performed using an injection volume of 1 µL (AAs) or 2 µL (AGPs), a flow  
1032 rate of 0.4 mL/min and a column temperature of 40°C. The solvent system consisted of A: 5 mM

1033 NH<sub>4</sub>Ac and 0.1% formic acid in water and B: 5 mM NH<sub>4</sub>Ac and 0.1% formic acid in  
1034 acetonitrile/water (95/5, v/v). For AA and AGP analysis two separate methods were used sharing  
1035 following gradient: 0 min, 90% B; 5 min, 85% B; 8 min, 70% B; 9 min, 0% B; 11 min, 0% B; 12 min,  
1036 90% A; 14 min, 90% B. Data acquisition and instrumental control was performed using Analyst  
1037 1.6.3 software (Sciex). AAs and AGPs were analysed in the positive multiple reaction monitoring  
1038 (MRM) mode following MS/MS parameters as depicted in Table VIII.

1039

#### 1040 *Calibration Curve and Linear Range.*

1041 For AGP analysis stock solutions of standards were prepared in D<sub>2</sub>O and each concentration was  
1042 verified by means of quantitative NMR (qNMR). Thereafter, a mixture of analytes with  
1043 concentrations of 132.5 μmol/L (**15**), 750 μmol/L (**16**), 300.5 μmol/L (**17**), 215.5 μmol/L (**18**),  
1044 214.5 μmol/L (**19**) and 118.5 μmol/L (**20**) were prepared and subsequently diluted by factors of  
1045 2, 5, 10, 20, 50, 100, 200, 500, 1000, 2000, 5000, 10000, 20000, 50000 and 100000. Afterwards,  
1046 diluted analyte mixtures were mixed with constant concentrations of IS MG-H1-d<sub>3</sub> (**16-d<sub>3</sub>**, 0.655  
1047 mmol/L) and imidazolysine-<sup>15</sup>N<sub>2</sub> (**17-<sup>15</sup>N<sub>2</sub>**, 0.606 mmol/L). Triplicate UHPLC-MS/MS analysis  
1048 calibration curves were prepared by plotting peak area ratios of argpyrimidine (**15**), MG-H1 (**16**),  
1049 pyrrolidine (**18**), carboxyethyllysine (**19**) and carboxymethyllysine (**20**) to the internal standard MG-  
1050 H1-d<sub>3</sub> (**16-d<sub>3</sub>**) against concentration ratios of the analytes to the IS using linear regression.  
1051 Calibration curve of imidazolysine (**17**) was created by plotting peak ratios to the internal  
1052 standard imidazolysine-<sup>15</sup>N<sub>2</sub> (**17-<sup>15</sup>N<sub>2</sub>**) against concentration ratios of respective analyte and  
1053 internal standard.

1054 AA analysis was conducted first by dilution (1:10, 1:20, 1:50, 1:100, 1:200, 1:500, 1:1000, 1:2000,  
1055 1:5000 and 1:10000) of an AA mix with concentrations referred to Table IX. Subsequently, to  
1056 each diluted AA standard solution diluted IS (1/20 dilution of stock solution) was added to a  
1057 dilution factor of 250 referred to IS concentrations in Table IX. Calibration curves were created  
1058 by triplicate UHPLC-MS/MS measurements and plotting peak area ratios AAs to corresponding  
1059 internal standards by using a linear regression model.

1060 The response was linear for each analyte (AAs and AGPs) with correlation coefficients of >0.99  
1061 for chosen molar ratios and the contents of AGPs in the samples were calculated using the

1062 respective calibration function. Determination of the limit of detection (LOD) at a signal-to-noise  
1063 ratio of 3 and the limit of quantitation (LOQ) at a signal-to-noise ratio of 10 revealed the  
1064 following values: LOD:  $\leq 0.0001 \mu\text{M}$ ; LOQ  $\leq 0.0005 \mu\text{M}$ .

1065

### 1066 **Nuclear Magnetic Resonance Spectroscopy (NMR)**

1067 One-dimensional  $^1\text{H}$  quantitative NMR (qNMR) experiments were acquired on a 400 MHz Avance  
1068 III spectrometer equipped with a Double Resonance Broadband probe (Bruker as reported by <sup>69</sup>.  
1069 Chemical shifts are reported in parts per million, relative to solvent signal of  $\text{D}_2\text{O}$  (7.26 ppm). All  
1070 pulse sequences were taken from Bruker software library. For data processing Topspin NMR  
1071 software (version 3.2; Bruker) was used.

1072

### 1073 **Statistical analysis**

1074 Statistical analyses were performed with Graph-Pad Prism 6 (GraphPad Software, Differences  
1075 between groups were calculated by Student's two-way unpaired t-test, two-way ANOVA or  
1076 Mantel-Cox-test. Statistical significance is depicted as *P*-value ( $P^* < 0.05$ ;  $P^{**} < 0.01$ ;  $P^{***} < 0.001$ ;  
1077  $P^{****} < 0.00001$ ).

1078

### 1079 **Data availability**

1080 The microarray data generated from human MDSCs compared to monocytes were deposited at:  
1081 <https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE131679>. The data that support the  
1082 findings of this study are available from the corresponding authors upon request.

1083 Further information can be found in the Life Sciences Reporting Summary.

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Figure 1

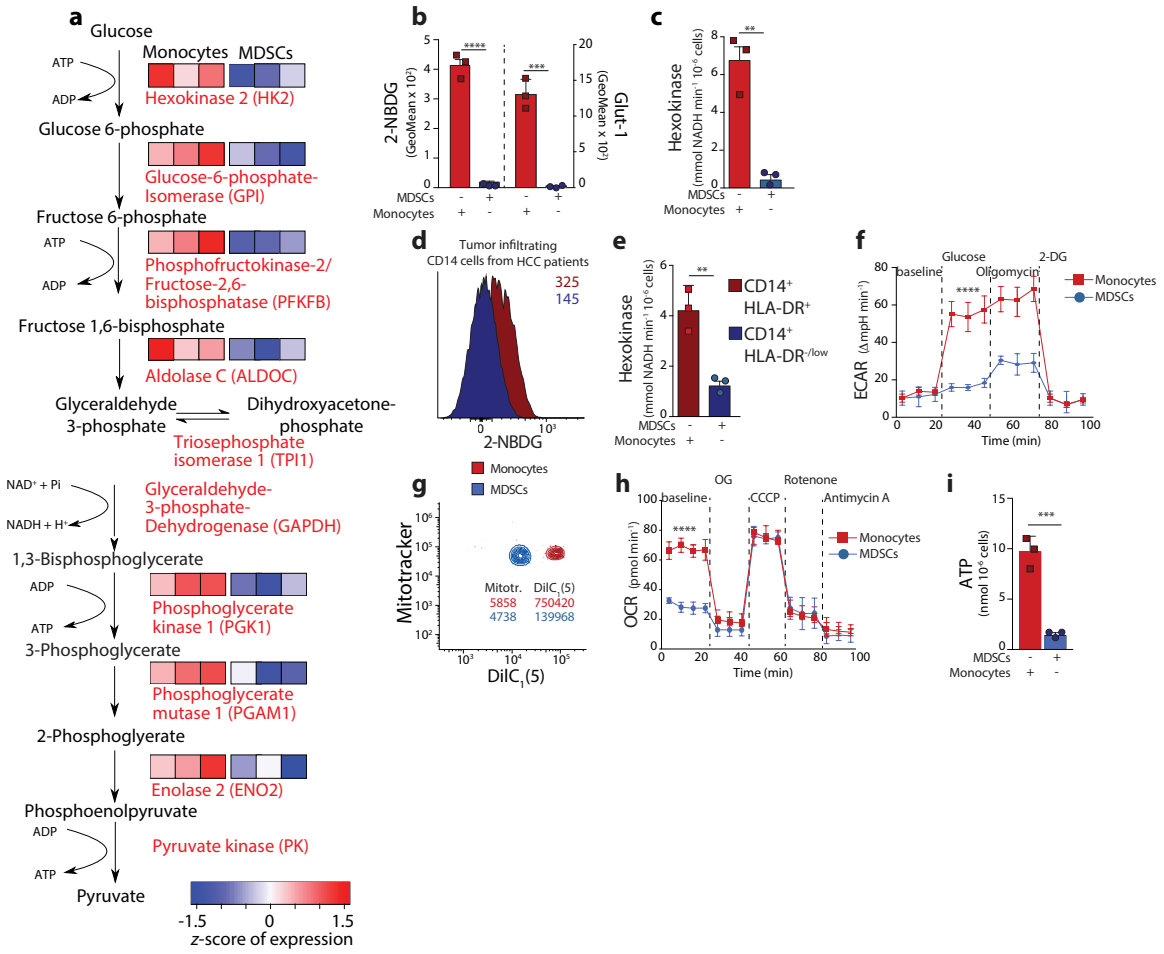


Figure 2

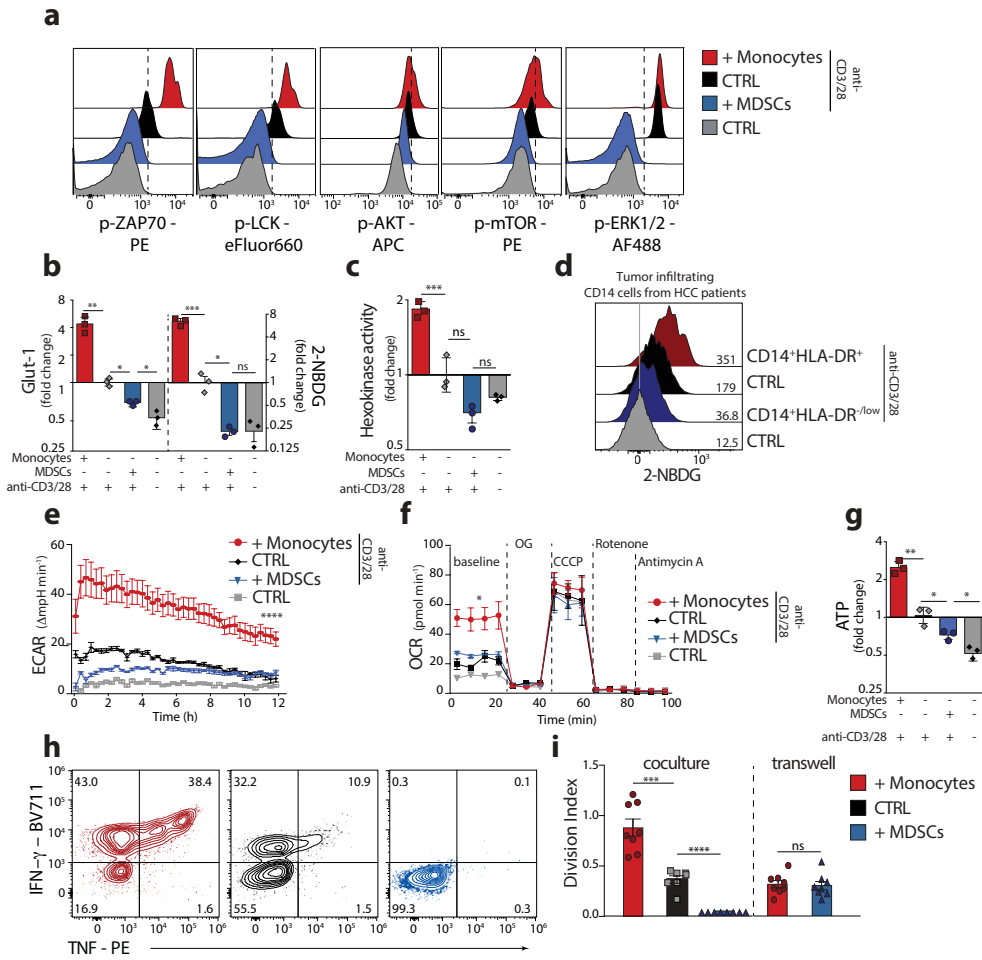




Figure 3

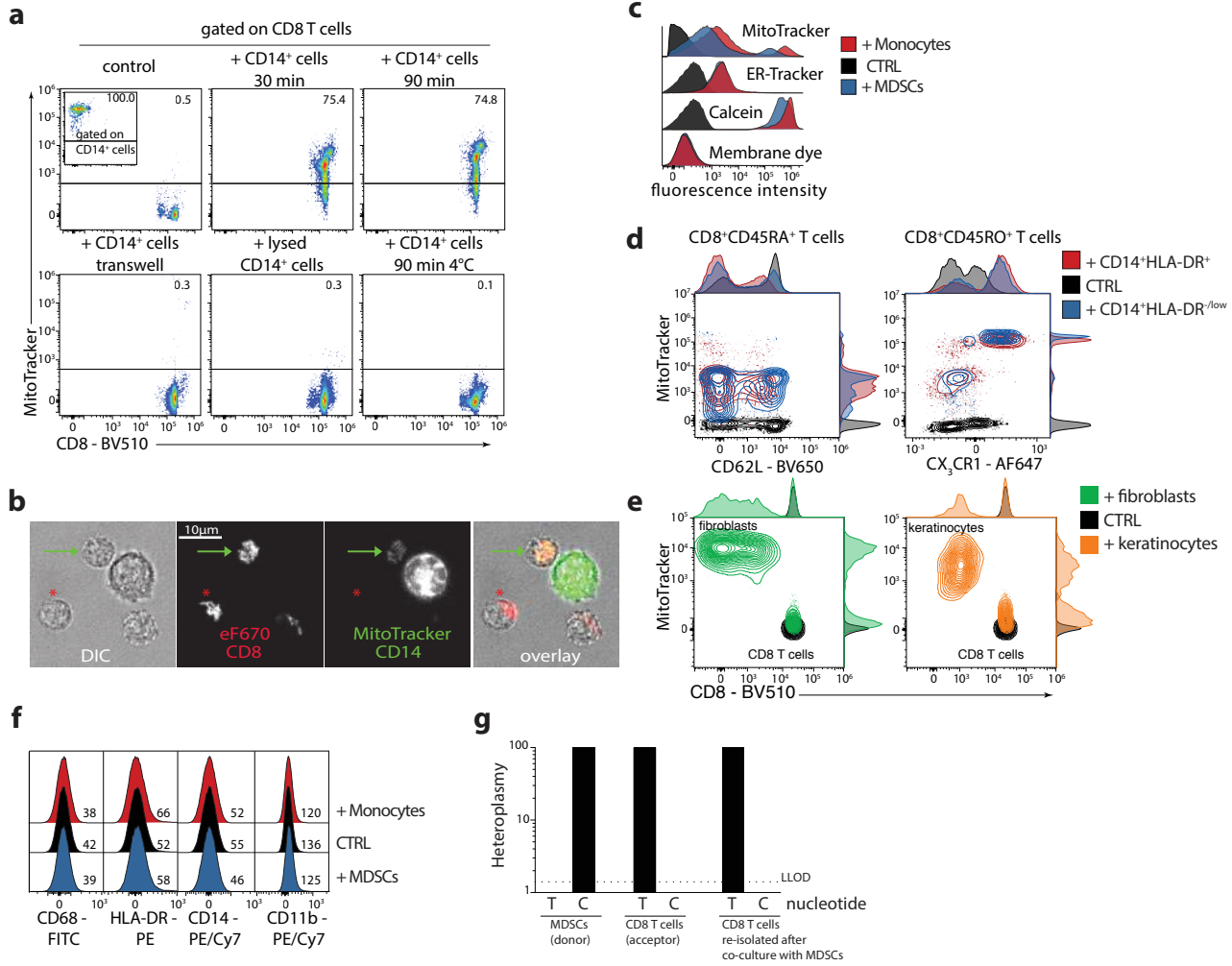


Figure 4

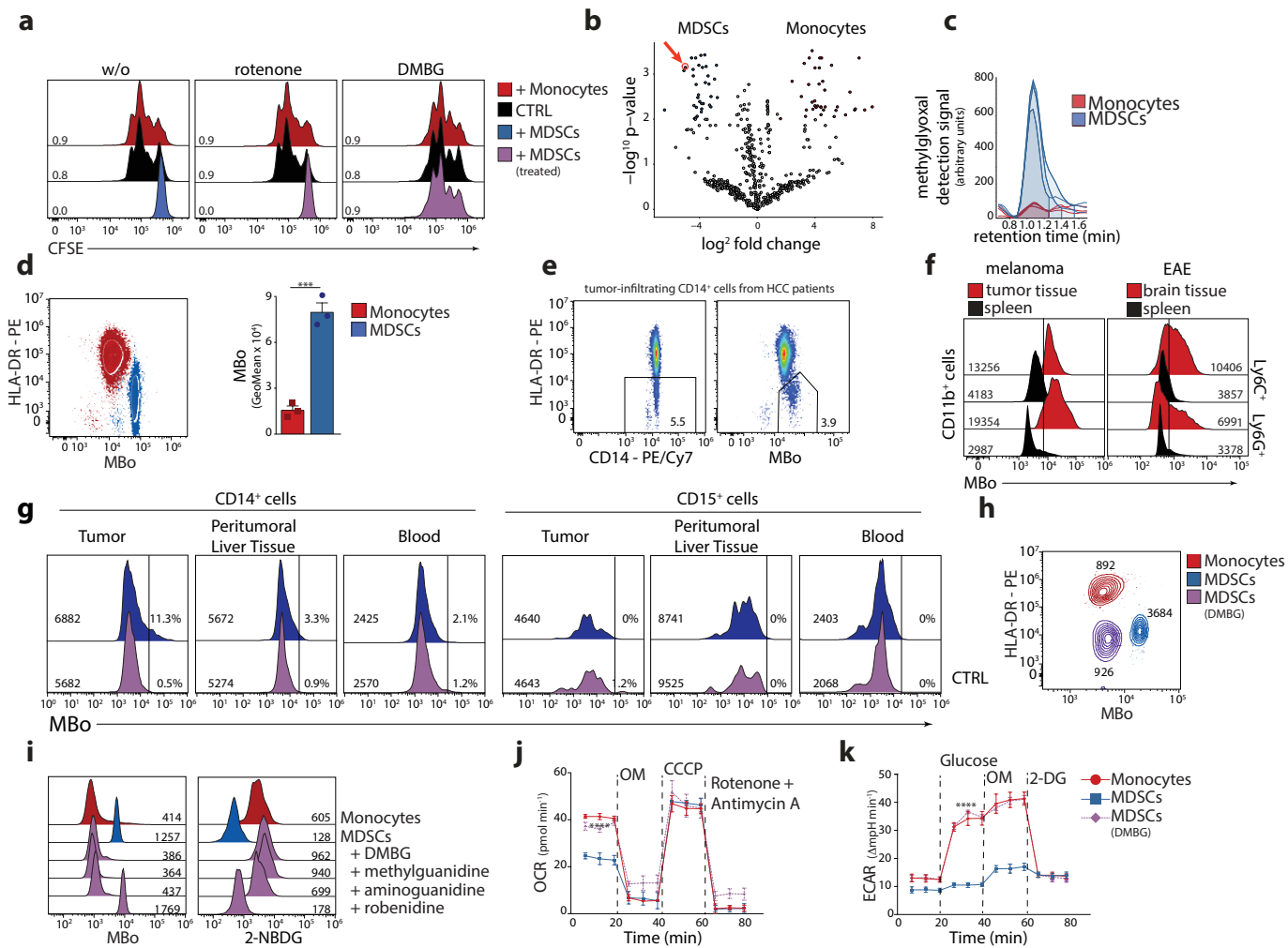




Figure 6

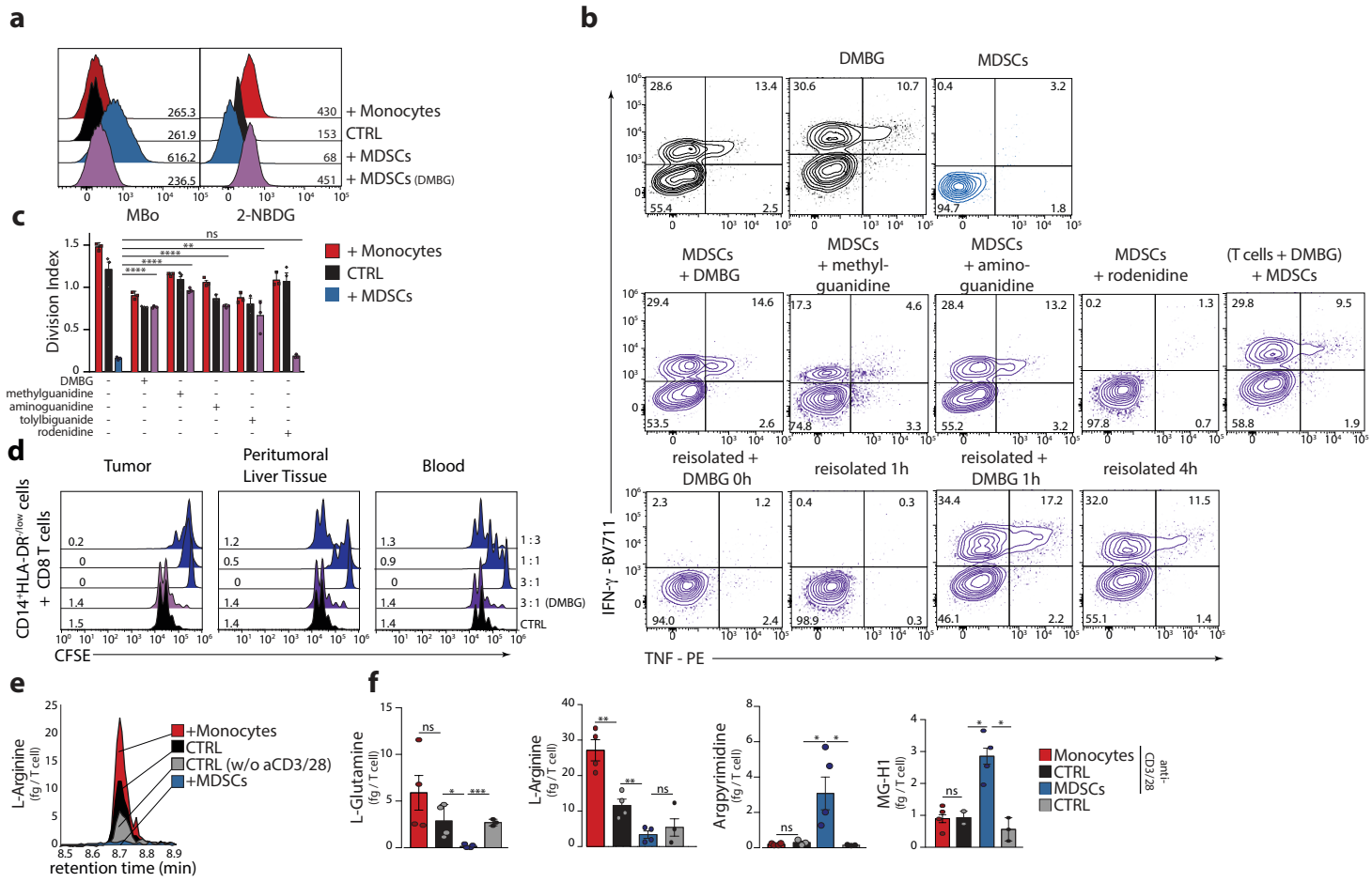
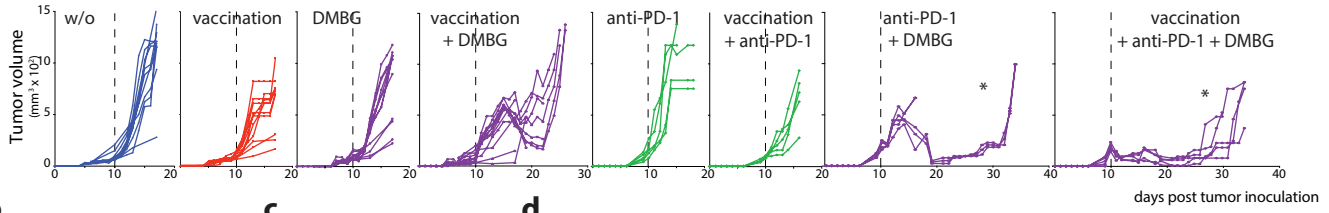
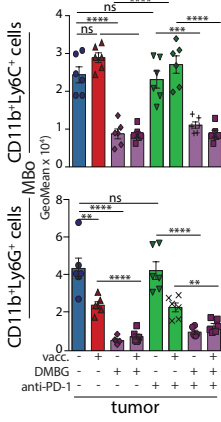


Figure 7

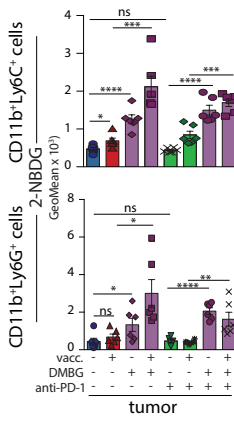
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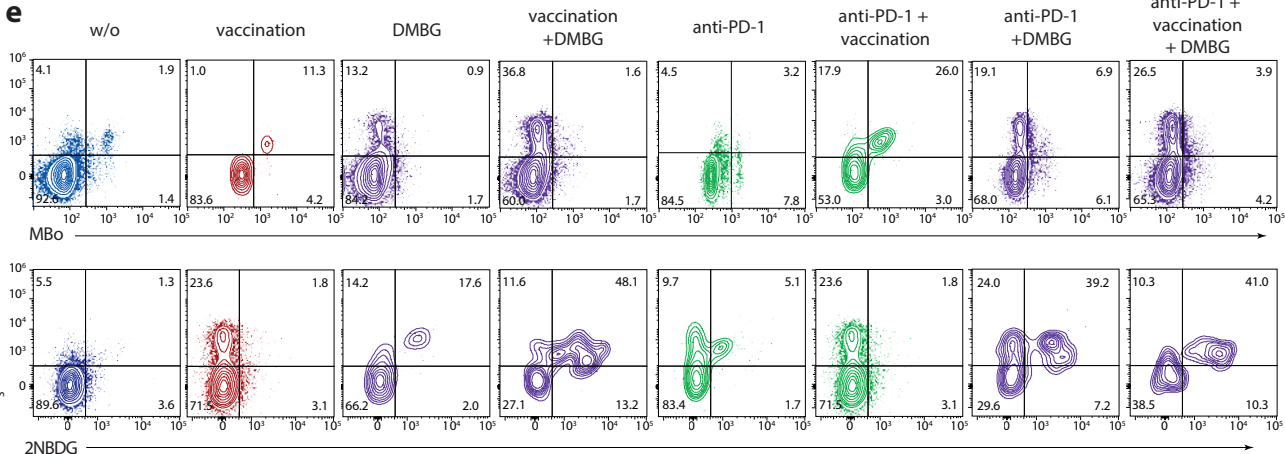
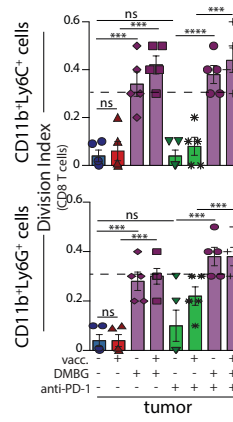
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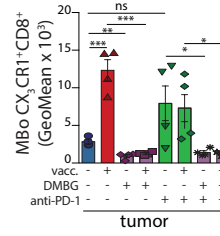
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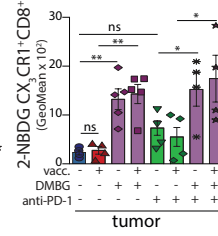
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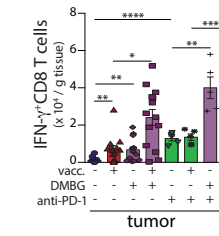
**f**



**g**



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**i**

