

Reliability assessment of a novel cervical spine deformity classification system

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OBJECT Despite the complexity of cervical spine deformity (CSD) and its significant impact on patient quality of life, there exists no comprehensive classification system. The objective of this study was to develop a novel classification system based on a modified Delphi approach and to characterize the intra- and interobserver reliability of this classification.

METHODS Based on an extensive literature review and a modified Delphi approach with an expert panel, a CSD classification system was generated. The classification system included a deformity descriptor and 5 modifiers that incorporated sagittal, regional, and global spinopelvic alignment and neurological status. The descriptors included: "C," "CT," and "T" for primary cervical kyphotic deformities with an apex in the cervical spine, cervicothoracic junction, or thoracic spine, respectively; "S" for primary coronal deformity with a coronal Cobb angle ≥ 15°; and "CVJ" for primary craniovertebral junction deformity. The modifiers included C2–7 sagittal vertical axis (SVA), horizontal gaze (chin-brow to vertical angle [CBVA]), T1 slope (TS) minus C2–7 lordosis (TS–CL), myelopathy (modified Japanese Orthopaedic Association [mJOA] scale score), and the Scoliosis Research Society (SRS)-Schwab classification for thoracolumbar deformity. Application of the classification system requires the following: 1) full-length standing posteroanterior (PA) and lateral spine radiographs that include the cervical spine and femoral heads; 2) standing PA and lateral cervical spine radiographs; 3) completed and scored mJOA questionnaire; and 4) a clinical photograph or radiograph that includes the skull for measurement of the CBVA. A series of 10 CSD cases, broadly representative of the classification system, were selected and sufficient radiographic and clinical history to enable classification were assembled. A panel of spinal deformity surgeons was queried to classify each case twice, with a minimum of 1 intervening week. Inter- and intrarater reliability measures were based on calculations of Fleiss κ coefficient values.

RESULTS Twenty spinal deformity surgeons participated in this study. Interrater reliability (Fleiss κ coefficients) for the deformity descriptor rounds 1 and 2 were 0.489 and 0.280, respectively, and mean intrarater reliability was 0.584.

ABBREVIATIONS CBVA = chin-brow to vertical angle; CL = cervical lordosis; CSD = cervical spine deformity; CVJ = craniovertebral junction; HRQOL = health-related quality of life; LL = lumbar lordosis; mJOA = modified Japanese Orthopaedic Association Scale; NDI = Neck Disability Index; SF-36 = 36-Item Short Form Health Survey; PA = posteroanterior; PI = pelvic incidence; PT = pelvic tilt; SRS = Scoliosis Research Society; SVA = sagittal vertical axis; TS = T-1 slope.

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For the modifiers, including the SRS-Schwab components, the interrater (round 1/round 2) and intrarater reliabilities (Fleiss κ coefficients) were: C2–7 SVA (0.338/0.412, 0.584), horizontal gaze (0.779/0.430, 0.768), TS-CL (0.721/0.567, 0.720), myelopathy (0.602/0.477, 0.746), SRS-Schwab curve type (0.590/0.433, 0.564), pelvic incidence-lumbar lordosis (0.554/0.386, 0.826), pelvic tilt (0.714/0.627, 0.633), and C7-S1 SVA (0.071/0.064, 0.233), respectively. The parameter with the poorest reliability was the C7-S1 SVA, which may have resulted from differences in interpretation of positive and negative measurements.

CONCLUSIONS The proposed classification provides a mechanism to assess CSD within the framework of global spinopelvic malalignment and clinically relevant parameters. The intra- and interobserver reliabilities suggest moderate agreement and serve as the basis for subsequent improvement and study of the proposed classification.

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KEY WORDS cervical spine deformity; classification; horizontal gaze; kyphosis; validation; myelopathy; sagittal alignment

ESPITE the complexity of cervical spine deformity (CSD) and its substantial impact on patient quality of life, there exists no comprehensive classification system to serve as the basis of communication among physicians and to facilitate effective clinical and radiographic study of patients with these deformities. Without a standardized classification system, studies of CSD may suffer from heterogeneity, which compromises the study findings and negatively impacts communication of the results. Other spinal conditions, including adult and pediatric thoracolumbar deformity, spondylolisthesis, and trauma, have benefitted substantially from standardized classification systems. 26,30,31,40,44,55 An established and validated classification system for CSD could prove fundamentally valuable to future study of CSD.

Beyond the simple grouping of various deformity patterns, a clinically useful CSD classification should also serve as a guide for patient management and a foundation for evidence-based care. 32,44,48 Substantial progress has been made toward development of such a classification for adult thoracolumbar deformity. This process began using a modified Delphi approach in which established surgeons in the field of thoracolumbar deformity surgery created a classification framework based primarily on expert opinion and available literature. The classification evolved through an iterative process as the literature matured with regard to the most clinically impactful radiographic parameters.^{3,15,32,38–41,43} Ultimately, this process culminated in the merging of efforts of the Scoliosis Research Society (SRS) and of Schwab and colleagues to produce a widely accepted classification. 40 The resulting SRS-Schwab classification has been validated⁴⁰ and demonstrated to correlate with standardized health-related quality of life (HRQOL) measures^{40,44,55} and to be meaningfully responsive to changes in disease state.44

In contrast to adult thoracolumbar deformity, there is currently a limited understanding of the most important clinical and radiographic parameters for patients with CSD, and no reported efforts to develop a CSD classification. Early progress has demonstrated correlations between cervical positive sagittal malalignment and HRQOL (36-Item Short Form Health Survey [SF-36] physical component score and Neck Disability Index [NDI]),⁵⁴ between cervical positive sagittal malalignment and myelopathy (modified Japanese Orthopaedic Association [mJOA] scale score),45 and between the occurrence of thoracolumbar and cervical deformities. 46,49 In addition, Ames et al. recently reported a standardized nomenclature for cervical spine soft-tissue release and osteotomy for deformity correction.⁴ The proposed nomenclature includes 7 anatomical grades of increased extent of bone/soft tissue resection and destabilization, as well as a surgical approach modifier. A reliability analysis demonstrated that this system is consistent and directly applicable.4

As an initial step toward the long-term goal of developing a comprehensive classification for CSD, our objectives in the present study were to propose and validate an initial classification system for CSD that will have utility in reporting of treatment options and outcomes for affected patients.

Methods

Development and Description of Classification System

As a first step toward the development of a comprehensive CSD classification, an extensive review of the literature was conducted and published on cervical spine alignment, sagittal deformity, and clinical implications.³⁷ In the context of this background information, a panel of experienced cervical spine surgeons was convened, and based on a modified Delphi approach, an initial CSD classification was generated.6 The resulting classification consisted of a deformity descriptor and 5 modifiers (Fig. 1).

For the purposes of this Delphi-based project, experts were defined as those who devote the majority of their practice to adult spinal deformity surgery, including cervical spine and cervical thoracic deformity surgery, and have experience in the use and development of classification systems for clinical practice and research. This is similar to the way in which other Delphi processes have identified their "experts" such as for the Spinal Instability Neoplastic Score for neoplastic disease and others.¹²

Deformity Descriptor

The descriptor category and specific descriptors were selected to provide a basic grouping of the deformity type (Fig. 1). The first 3 types are primary sagittal deformities that are differentiated by the location of the deformity

Cervical deformity classification

Deformity Descriptor

- <u>C</u>- Primary Sagittal Deformity Apex in Cervical Spine
- <u>CT</u>- Primary Sagittal Deformity Apex at Cervico-Thoracic Junction
- •<u>T</u>- Primary Sagittal Deformity Apex in Thoracic Spine
- §- Primary Coronal Deformity (C2-C7 Cobb angle ≥ 15°)
- <u>CVJ</u>- Primary Cranio-Vertebral Junction Deformity

C2-C7 sagittal vertical axis (SVA)

- **◆0**: C2-C7 SVA < 4 cm
- ◆1: C2-C7 SVA 4 cm -8 cm
- ◆2: C2-C7 SVA > 8cm

Horizontal Gaze

- ◆0: CBVA 1°-10°
- ◆<u>1</u>: CBVA -10°-0° or 11°-25°
- ◆2: CBVA <-10° or >25°

Cervical Lordosis Minus T1 Slope

- ◆0: TS-CL <15°
- ◆1: TS-CL 15°-20°
- ◆<u>2</u>: TS-CL >20°

Myelopathy

- **•0**: mJOA=18 (None)
- **•**<u>1</u>: mJOA=15−17 (Mild)
- ◆2: mJOA=12-14 (Moderate)
- ◆3: mJOA<12 (Severe)

SRS-Schwab Classification

- <u>T, L, D, or N</u>: Curve Type
- **♦0, +, or ++**: PI minus LL
- **♦0, +, or ++**: Pelvic Tilt
- •0, +, or ++: C7-S1 SVA

FIG. 1. Description of the CSD classification system, which includes a deformity descriptor and 5 modifiers. D = double; L = lordosis; N = none; T = thoracic.

Modifiers

apex, with Type C for apex in the cervical spine, Type CT for apex at the cervicothoracic junction, and Type T for apex in the thoracic spine (Fig. 2A–C). Primary coronal deformities are those with a C2-C7 coronal Cobb angle ≥ 15° and are designated as Type S (Fig. 2D). Type CVJ corresponds to primary craniovertebral junction (CVJ) deformities (Fig. 2E).

C2-7 Sagittal Vertical Axis Modifier

Common measures of global sagittal spinal alignment include the C2-S1 sagittal vertical axis (SVA) and the C7-S1 SVA, which correspond to the horizontal offsets between the C-2 and C-7 plumb lines, respectively, and the posterosuperior corner of the S-1 vertebral body.^{3,41} Positive global sagittal malalignment has been correlated with standardized measures of pain and disability.^{13,14,41} Translation specifically of the cervical spine in the sagittal plane may also be assessed and multiple measures have been proposed based on the horizontal offsets between the center of gravity of the head, anterior tubercle of C-1, or the centroid of C-2 and the posterosuperior corner of the C-7 vertebral body.³⁷ Of these, the C2–7 SVA (Fig. 3) has been correlated with multiple measures of HRQOL. Tang and colleagues assessed 113 patients treated with multilevel posterior cervical fusion for cervical stenosis, myelopathy, and/or kyphosis and reported that C2-7 SVA negatively correlated with SF-36 physical component scores and positively correlated with the NDI.⁵⁴ Smith et al. assessed 56 patients with cervical spondylotic myelopathy and reported a significant correlation between C2–7 SVA and mJOA score.⁴⁵

Given the significant impact of sagittal alignment on HRQOL among patients with thoracolumbar spinal deformities, and the studies of Tang et al.⁵⁴ and Smith et al.⁴⁵ demonstrating correlations between cervical sagittal alignment and multiple measures of HRQOL, the C2–7 SVA was selected as a modifier for the CSD classification. Based on regression analysis from Tang et al., a C2–7 SVA threshold of 4 cm was found to correlate with moderate disability based on the NDI.⁵⁴ Thus, 3 scores were proposed for the C2–7 SVA modifier: 1) a score of "0" corresponding to a C2–7 SVA < 4 cm; 2) a score of "1" corresponding to a C2–7 SVA of 4–8 cm; and 3) a score of "2" corresponding to a C2–7 SVA > 8 cm (Fig. 1).

Horizontal Gaze Modifier

The chin-brow to vertical angle (CBVA) is a measure of horizontal gaze. The CBVA is defined as the angle subtended between a line drawn from the patient's chin to brow and a vertical line (Fig. 4). The CBVA is typically measured based on clinical photographs of the patient with hips and knees extended and the neck in a neutral or



FIG. 2. Case examples illustrating the 5 cervical deformity descriptor types of the proposed CSD classification system. Shown are standing lateral cervical radiographs of a primary sagittal deformity with apex in the cervical spine (Type C, panel A), primary sagittal deformity with apex at the cervicothoracic junction (Type CT, panel B), and primary sagittal deformity with apex in the thoracic spine (Type T, panel C). A standing anteroposterior cervical radiograph shows a cervical scoliosis secondary to a left hemivertebra as an example of a primary coronal deformity (Type S, panel D), and a sagittal CT image shows a case of basilar invagination as an example of a primary CVJ deformity (Type CVJ, panel E).

fixed position.^{37,52} The CBVA may also be assessed based on radiographs that include the skull. With clinical photographs, the CBVA can be readily assessed and consideration of this parameter has been associated with favorable outcomes following correction of spinal deformity, including improved gaze, ambulation, and activities of daily living.^{8,9,22,23,36,37,52,58}

Based on the fundamental impact of horizontal gaze on basic human function and previous reports demonstrating the importance of accounting for horizontal gaze in spine deformity surgery, CBVA was selected as a modifier for the CSD classification. Although thresholds of normal CBVA have not yet been rigorously defined, a CBVA of 10° has been described as an optimal target.³⁷ Suk and colleagues reported that overcorrection of CBVA had a negative impact, noting that the 7 patients in their series with CBVA < -10° had significantly lower scores for horizontal gaze (especially for going down stairs).⁵² Based on expert opinion, 3 scores were proposed for the horizontal gaze

modifier: 1) a score of "0" corresponding to a CBVA of $1^{\circ}-10^{\circ}$; 2) a score of "1" corresponding to a CBVA of -10° to 0° or $11^{\circ}-25^{\circ}$; and 3) a score of "2" corresponding to a CBVA of $<-10^{\circ}$ or $>25^{\circ}$ (Fig. 1).

T-1 Slope Minus C2–7 Lordosis Modifier

A significant advancement in the assessment and treatment of thoracolumbar spinal deformity has been the appreciation of the relationship between pelvic morphology and lumbar lordosis (LL).^{3,29,35,41,43,51} Although it had been long recognized that normative LL spans a substantial range, perhaps as broad as 30°–90°, it was not clear what determined a normal value for an individual. Recent reports have suggested that the morphology of the pelvis, as measured by the pelvic incidence (PI), is a key determinant of ideal LL.^{3,29,41} Individuals with a high PI have a more horizontal sacrum and require a commensurately greater LL. In contrast, individuals with a lower PI have a more vertical sacrum and require less LL. Schwab and

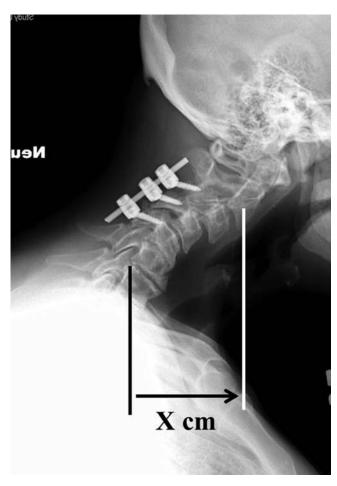


FIG. 3. Example of cervical SVA (C2–7 SVA) measurement. The vertical white line on the lateral radiograph is a plumb line dropped from the center of C-2, and the black vertical line is a plumb line dropped from the posterosuperior corner of the C-7 vertebral body. The horizontal line with an *arrow* represents the C2–7 SVA.

colleagues have suggested that ideal LL for an individual should be within 10° of the PI (i.e., LL = PI \pm 10°). 40,41 A PI-LL mismatch of > 10° has been correlated with significantly poorer HRQOL, including pain and disability, in adults with thoracolumbar deformity. 41,47,50

The range of normative values for cervical lordosis (CL) has not been fully defined and what constitutes normal CL for an individual is even less well defined.² Of the few available studies, the majority suggest an increase in neck pain in patients with greater cervical kyphosis, whether in the setting of cervical spine trauma or following operative fusion.^{21,25,34} In addition, the presence of abnormal CL has been associated with less postoperative neurological improvement in cases of myelopathy.³⁴ However, the extent to which segmental and/or global sagittal cervical alignment correlates with HRQOL remains controversial, as other studies have not consistently demonstrated similar significant correlations.^{16,19,57}

Given that cervical kyphosis is the most common type of CSD and that a subset of studies has identified a clinical impact of this kyphosis, a parameter reflective of CL was selected as a modifier for the CSD classification. In deciding on the optimal parameter to include, consideration was given to the relationship between PI and LL. Lee and colleagues reported on the relationship between T-1 slope (TS) and CL.²⁸ The relationship between TS and CL is similar to the relationship between PI and LL, in that a greater TS requires a greater magnitude of CL to balance the head over the thoracic inlet and trunk just as a greater PI requires a greater LL for harmonious alignment.^{28,37} The mismatch between TS and CL (TS-CL) has been proposed as an analogous parameter to the mismatch between PI and LL (Fig. 5).54 Based on expert opinion, the TS-CL categories selected for the proposed classification were 1) a score of "0" corresponding to TS-CL of < 15°; 2) a score of "1" corresponding to a TS-CL of $15^{\circ}-20^{\circ}$; and 3) a score of "2" corresponding to a TS-CL of $> 20^{\circ}$ (Fig. 1).

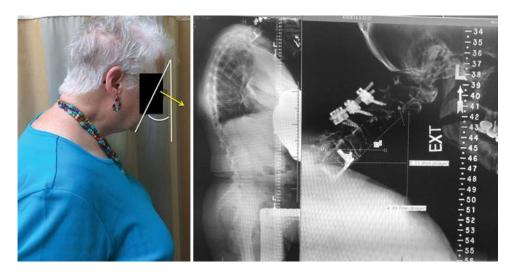


FIG. 4. Example of the CBVA measurement. Shown is a clinical photograph of a patient standing with hips and knees extended while her neck is in a neutral or flexed position (**left**). The CBVA is defined as the angle subtended between a line drawn from the patient's chin to brow and a vertical reference line. A corresponding full-length standing lateral radiograph and lateral cervical radiograph demonstrate a significantly elevated C2–7 SVA of 9 cm (**right**). Figure is available in color online only.



FIG. 5. Example of the TS-CL measurement. Shown is a lateral cervical radiograph. Measurement of the C2–7 lordosis includes drawing a line parallel to the inferior endplate of C-2 to the posterior margin of the spinous process and another line parallel to the inferior endplate of C-7. Perpendicular lines are then drawn from each of these 2 lines as shown in the radiograph, and the angle subtended between the crossing of the perpendicular lines is the C2–7 lordosis (X°). The TS is the angle subtended by a line drawn parallel to the superior endplate of T-1 and a horizontal reference line (Y°). TS-CL is calculated as the difference of the 2 measurements.

Myelopathy Modifier

Cervical myelopathy, the most common cause of spinal cord dysfunction, has traditionally been associated with multilevel spondylosis and direct spinal cord compromise from degenerative changes in the discs, osteophyte formation, and ligamentous and facet hypertrophy. 33,56 Progressive cervical kyphosis has also been associated with development of myelopathy, through draping and tensioning of the spinal cord over anterior pathology, resulting in direct neural injury and ischemic changes. 1,2,7,18,20,24,42,53 In addition, a significant correlation between positive sagittal cervical malalignment (C2-7 SVA) and myelopathy severity has been reported.⁴⁵ Thus, patients with CSD may develop myelopathy not only from the direct compression resulting from spondylotic changes, but also due to the deformity itself. Surgical strategies for patients with CSD should address spinal cord compromise when present, which may be through direct decompression, deformity correction, or both.

Because myelopathy can be directly related to CSD and because it can profoundly impact patient function, a measure of myelopathy was selected for inclusion in the CSD classification. The mJOA score is a recognized and widely accepted quantitative functional assessment of the severity of spondylotic myelopathy.⁵ Scores range from 0 to 18 on the mJOA scale, with lower scores reflecting a more severe impact. Based on expert opinion and on categorizations from previously published studies,10,11 the mJOA scale categories selected for the proposed classification were 1) a score of "0" corresponding to an mJOA scale score of 18 (no myelopathy); 2) a score of "1" corresponding to an mJOA scale score of 15-17 (mild myelopathy); 3) a score of "2" corresponding to an mJOA score of 12-14 (moderate myelopathy); and 4) a score of "3" corresponding to an mJOA score < 12 (severe myelopathy; Fig. 1).

SRS-Schwab Classification Modifier

The cervical spine has the widest range of motion relative to the rest of the spine and is the most proximate regulator of alignment of the head and horizontal gaze. As attention has begun to focus on a more global perspective of spinal alignment, it has become increasingly apparent that cervical deformities may contribute to thoracolumbar deformities and thoracolumbar deformities may produce or contribute to cervical deformities.37 Ames and colleagues described a significant chain of correlation of sagittal alignment parameters extending from the pelvis (PI) to the lumbar spine, thoracic spine, and cervical spine in a normative population.² In addition, they demonstrated not only a significant correlation between pelvic tilt (PT) and LL, but also a significant direct correlation between PT and CL.2 Smith et al. demonstrated that adults with positive sagittal spinopelvic malalignment tend to compensate with abnormally increased CL in an effort to maintain horizontal gaze and that surgical correction of the sagittal malalignment results in improvement of the abnormal cervical hyperlordosis through reciprocal changes.⁴⁹ Ha and colleagues subsequently confirmed this observation and further identified key radiographic parameters associated with these compensatory changes.¹⁷ In addition, a high prevalence of concomitant CSD has been reported among adults with thoracolumbar deformity.⁴⁶ Collectively, these and other studies emphasize that assessment and classification of CSD should not occur in isolation and that alignment of the thoracolumbar spine and pelvis should also be assessed. Therefore, the SRS-Schwab classification for adult thoracolumbar spinal deformity was selected as a modifier for the CSD classification. The SRS-Schwab classification includes 5 thoracolumbar coronal curve types and 3 sagittal modifiers (Fig. 6). The SRS-Schwab classification has been validated, shown to correlate with HRQOL measures at baseline, and shown to be sensitive to changes in disease state. 40,44,55

Classification Reliability

Based on the proposed CSD classification, a reliability study was conducted using 10 clinical cases that were graded by 20 readers with expertise in CSD patient diagnosis and treatment. Representative cases were selected that had available imaging from a picture archiving and commu-

nication system that enabled images with minimum 300 dpi, to help control for image quality. The readers were experienced spinal deformity surgeons and the majority of readers were members of a large multicenter spinal deformity study group. Cases were selected to be representative of the classification system descriptors and modifiers. For each case, readers were provided with a sagittal cervical radiograph and full-length standing posteroanterior (PA) and lateral radiographs that included visualization from the occiput to the femoral heads. CBVA and mJOA values were directly provided. The data and imaging provided were intended to simulate a chart review. At a minimum of 1 week following the first reading, the case order was randomized and the cases were resent for repeat grading.

A dedicated MATLAB program (Mathworks) was used to assess interrater and intrarater reliability measures based on calculations of the Fleiss κ coefficient values. Kappa values were classified as follows: 0.00–0.20 (slight agreement), 0.21–0.40 (fair agreement), 0.41–0.60 (moderate agreement), 0.61–0.80 (substantial agreement), and 0.81–1.00 (almost perfect agreement).²⁷

Results

Case Sample

A series of 10 CSD cases, broadly representative of the proposed CSD classification system, were selected and sufficient radiographic and clinical history to enable classification was assembled. A panel of 20 experienced spinal deformity surgeons was queried to classify each case twice, with a minimum of 1 intervening week. Most assessments were received back for scoring between 7 and 14 days after being sent to the reviewers. An example case is shown in Fig. 7.

Intrarater and Interrater Reliability and Agreement

Twenty spinal deformity surgeons participated in this study. Interrater reliability (Fleiss κ coefficients) for the deformity descriptor rounds 1 and 2 were 0.489 and 0.280, respectively, and mean intrarater reliability was 0.584. For the modifiers, including the SRS-Schwab components, the interrater (round 1/round 2) and intrarater reliabilities (Fleiss κ coefficients) were C2–7 SVA (0.338/0.412, 0.584), horizontal gaze (0.779/0.430, 0.768), TS-CL (0.721/0.567, 0.720), myelopathy (0.602/0.477, 0.746), SRS-Schwab classification (curve type [0.590/0.433, 0.564], PI-LL [0.554/0.386, 0.826], PT [0.714/0.627, 0.633], and C7-S1 SVA [0.071/0.064, 0.233]), respectively. Thus, most of the κ coefficients for interrater reliability would be classified as reflecting moderate to substantial agreement, with the exceptions of round 1 for C2–7 SVA (fair agreement) and both rounds for the C7-S1 SVA (slight agreement). Most of the κ coefficients for the intrarater reliability would also be classified as reflecting moderate to substantial agreement, with the exceptions of PI-LL (almost perfect agreement) and C7-S1 SVA (fair agreement).

Discussion

Although significant progress has been made with regard to classification and recommended strategies for treat-

Coronal curve types Sagittal modifiers PI-LL mismatch 0: PI-LL < 10° Thoracic only +: PI-LL 10°-20° with lumbar curve <30° ++: PI-LL >20° TL/lumbar only C7-S1 SVA with thoracic curve <30° 0: SVA <4 cm +: SVA 4 cm-9.5 cm Double curve ++: SVA >9.5 cm with at least one T and one TL/L both >30° Pelvic tilt No coronal curve 0: PT < 20° all coronal curves <30° +: PT 20°-30° ++: PT >30°

FIG. 6. SRS-Schwab classification system for adult spinal deformity.⁴⁰ The classification consists of 4 coronal curve types and 4 sagittal modifiers. T = thoracic; TL = thoracolumbar.

ment of thoracolumbar spinal deformities, corresponding advances have lagged behind for CSDs. One of the initial steps toward formal study of a disease process is the ability to describe and classify the relevant features. For thoracolumbar spinal deformity, achieving a meaningful classification system required multiple iterations that began with an initial classification derived from a modified Delphi approach and expert opinion. The present report reflects an initial attempt to create an effective classification for CSD. The proposed classification includes a basic deformity descriptor and 5 modifiers. Modifiers were selected based on literature review and expert opinion, with a focus on parameters with clinical relevance and impact on patient HRQOL.

Complete application of the classification system requires the following: 1) full-length standing PA and lateral spine radiographs that include the cervical spine and the femoral heads; 2) standing PA and lateral cervical spine radiographs; 3) completed and scored mJOA questionnaire; and 4) a clinical photograph or radiograph that includes the skull for measurement of the CBVA. On the full-length lateral radiograph, visualization of the cervical spine needs to be at least sufficient to visualize the C-7 vertebral body to measure the C7–S1 SVA, and visualization of the femoral heads is necessary for determination of the pelvic parameters. Depending on image quality and the degree to which the cervical spine is visualized, it is typically necessary to also have dedicated cervical spine radiographs for better assessment of the deformity and for measurement of CL and C2-7 SVA. Notably, it is possible that the need for full-length standing radiographs may limit the retrospective application of this classification for many patient cohorts, because there has only been recent recognition of the importance of global imaging of the spine in the setting of CSD.

Most of the proposed classification parameters, including the deformity descriptor and modifiers, had κ values reflecting moderate to substantial agreement for both inter- and intrarater reliability. The parameter with the poorest reliability was C7–S1 SVA. Upon further evaluation

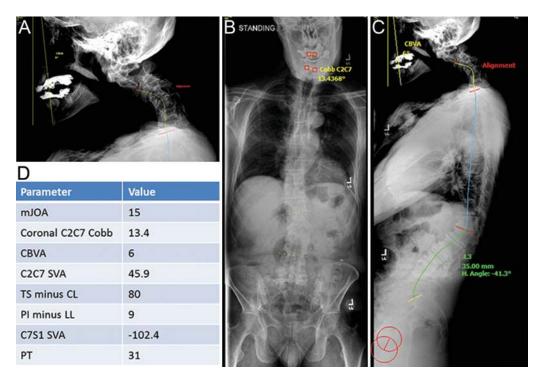


FIG. 7. Case example for validation of the CSD classification system. Images include a lateral cervical spine radiograph (A) and full-length standing PA and lateral radiographs (B and C). A table of basic radiographic measurements and the mJOA score is also provided (D). This patient would be classified as follows: deformity descriptor "C" (primary sagittal deformity with apex in the cervical spine), C2–7 SVA "1"; horizontal gaze "0"; TS–CL "2"; myelopathy "1"; SRS-Schwab curve type "N," pelvic incidence to lumbar lordosis mismatch "0," C7–S1 SVA "0," and pelvic tilt "++." Figure is available in color online only.

and after querying the reviewers, it became apparent that there were differences in interpretation of how negative values for the C7–S1 SVA should be scored, with several reviewers inconsistently using absolute values. Thus, a C7–S1 SVA of –9 cm, which should be classified as "0," was inconsistently being classified as "++." In retrospect, additional basic training with regard to classification application could have readily prevented this confusion.

Beyond validating the proposed classification with regard to inter- and intrarater reliability, it will be important to apply the classification to a cohort of patients with CSD at baseline to assess whether the factors presumed to have clinical relevance correlate with objective measures of HRQOL. It will also be important to assess whether changes in the individual modifier grades following surgical treatment are significantly associated with changes in objective measures of HRQOL. Currently, many of the coauthors on the present study are contributing to a prospective multicenter CSD study that is anticipated to serve as a resource for these assessments.

The readers were provided with values for all of the measured parameters, as noted in Fig. 7. It is likely that if the readers had been required to make the measurements themselves there would have been a variance in these values, perhaps resulting in greater inter- and intraobserver variation. However, we believe that as a first step in attempting to delineate and validate a new classification scheme, it would be helpful to eliminate the confounding variability of measurement error. This is a well-accepted methodology in the literature regarding spinal deformity classifications, 40 and none of the individual parameters in

the classification are novel or particularly complex, and all have been previously well described in the literature with regard to specific techniques for measurement. And the bly, despite providing the readers with values for all of the measured parameters, the intra- and interrater reliabilities were not perfect. Similar approaches in which measurements have been provided for validation of a classification have been previously reported and these also have not achieved uniform agreement.

In creating clinically impactful disease classifications, it is important to gain consensus and facilitate refinement through sharing preliminary versions with others actively working in the field. Although we believe our current classification will likely undergo further refinement, many of the parameters we have used have already been shown to have clinical impact (C2-7 SVA, mJOA score, TS-CL, CBVA, and SRS-Schwab classification type). Adoption of this scheme will therefore be useful for increasingly speaking a common language and comparing alternative treatment strategies, outcomes, and complications. As further work is completed, parameters may be added or deleted; this occurred in the development of the SRS-Schwab classification, in which publication and critical analysis of the classification was very useful in its subsequent refinement to its final form.

The present study is not without limitations. The primary limitation relates to the relative lack of high-quality studies in the literature to guide selection of clinically relevant classification parameters. Notably, this is a similar starting point faced by those who created a similar classification for adult thoracolumbar spinal deformity. It is

possible that, despite an extensive literature search and use of an expert panel, important parameters were missed, and that included parameters may not prove to be useful for classification. In addition, the iterative doubling of the modifier range categories was based on experience with the SRS-Schwab modifiers, in which modifier doubling continued to result in significant sensitivity to health state improvement, 44,55 while not resulting in excessive numbers of possible individual combinatorial classification states. Although we concede that it is certainly possible that the modifiers and modifier thresholds may need to be refined, disseminating the working scheme will enable such independent assessment and validation by other groups and through other databases. It is expected that the proposed classification system will likely undergo future revision as the present version is applied and additional progress is made toward understanding the critical factors in evaluating and managing these complex spinal deformities.

Conclusions

The proposed classification system provides a mechanism to assess CSD within the framework of global spinopelvic malalignment and clinically relevant parameters. The intra- and interobserver reliabilities suggest moderate agreement and serve as the basis for subsequent improvement and study of the proposed classification.

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Disclosure

Dr. Ames serves as a consultant to DePuy, Medtronic, and Stryker; has direct stock ownership in Doctors Research Group and Baxano Surgical; is a patent holder for Fish & Richardson, P.C.; and has received royalties from Aesculap and Biomet Spine. Dr. Smith serves as a consultant to Biomet, NuVasive, DePuy, Medtronic, and Cerapedics; has received clinical or research support for this study from DePuy/ISSG; and has also received support of non–study-related clinical or research effort from DePuy/ISSG. Dr. Eastlack has served as a consultant to Aesculap,

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Author Contributions

Conception and design: Smith, Ames, Eastlack, Protopsaltis, Deviren, Lafage. Acquisition of data: all authors. Analysis and interpretation of data: Smith, Ames, Eastlack. Drafting the article: Smith. Critically revising the article: all authors. Reviewed submitted version of manuscript: all authors. Approved the final version of the manuscript on behalf of all authors: Smith. Statistical analysis: Smith. Administrative/technical/material support: Ames.

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