

Cambridge University Press
978-0-521-88952-0 - Religion and Spirituality in Psychiatry
Edited by Philippe Huguelet and Harold G. Koenig
Frontmatter
[More information](#)

Religion and Spirituality in Psychiatry

Although medicine is practiced in a secular setting, religious and spiritual issues have an impact on patients' perspectives regarding their health and the management of disorders that may afflict them. This is especially true in psychiatry, because spiritual and religious beliefs are prevalent among those with emotional or mental illness. Clinicians are rarely aware of the importance of religion and understand little of its value as a positive force for coping with the many difficulties that patients and their families must face. This monograph addresses various issues concerning mental illness in psychiatry: the relationship of religious issues to mental health; the tension between theological and psychiatric perspectives; the importance of addressing these varying approaches in patient care and how to do so; and differing ways of treating patients using Christian, Muslim, and Buddhist principles. This is a book specifically addressing the challenges that mental health professionals face when seeking to consider and integrate spiritual, religious, and cultural issues relevant to patient care.

Philippe Huguelet, MD, is lecturer in the Department of Psychiatry, University Hospital of Geneva and University of Geneva, Switzerland.

Harold G. Koenig, MD, is professor of psychiatry and behavioral sciences and associate professor of medicine at Duke University Medical Center and at the Geriatric Research, Education, and Clinical Center, Veterans Administration Medical Center, Durham, North Carolina.

Cambridge University Press
978-0-521-88952-0 - Religion and Spirituality in Psychiatry
Edited by Philippe Huguelet and Harold G. Koenig
Frontmatter
[More information](#)

Religion and Spirituality in Psychiatry

Edited by

Philippe Huguelet

University Hospital of Geneva and University of Geneva, Switzerland

Harold G. Koenig

Duke University Medical Center and Veterans Administration
Medical Center, Durham, North Carolina



Cambridge University Press
 978-0-521-88952-0 - Religion and Spirituality in Psychiatry
 Edited by Philippe Huguelet and Harold G. Koenig
 Frontmatter
[More information](#)

CAMBRIDGE UNIVERSITY PRESS
 Cambridge, New York, Melbourne, Madrid, Cape Town, Singapore, São Paulo, Delhi

Cambridge University Press
 32 Avenue of the Americas, New York, NY 10013-2473, USA
www.cambridge.org
 Information on this title: www.cambridge.org/9780521889520

© Cambridge University Press 2009

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2009

Printed in the United States of America

A catalog record for this publication is available from the British Library.

Library of Congress Cataloging in Publication data

Religion and Spirituality in Psychiatry / [edited by] Philippe Huguelet, Harold G. Koenig.
 p. ; cm.

Includes bibliographical references and index.

ISBN 978-0-521-88952-0 (hardback)

1. Psychiatry and religion. I. Huguelet, Philippe. II. Koenig, Harold George.

[DNLM: 1. Religion and Psychology. 2. Mental Disorders – psychology.

3. Mental Disorders – therapy. WM 61 R3825 2009]

RC455.4.R4R453 2009

616.89–dc22 2009001264

ISBN 978-0-521-88952-0 hardback

The Scripture quotations contained herein are from the New Revised Standard Version Bible, copyright 1989, by the Division of Christian Education of the National Council of the Churches of Christ in the U.S.A. Used by permission. All rights reserved.

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party Internet Web sites referred to in this publication and does not guarantee that any content on such Web sites is, or will remain, accurate or appropriate. Information regarding prices, travel timetables, and other factual information given in this work are correct at the time of first printing, but Cambridge University Press does not guarantee the accuracy of such information thereafter.

Every effort has been made in preparing this book to provide accurate and up-to-date information that is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors, and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors, and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.

Contents

<i>List of Contributors</i>	<i>page vii</i>
1 Introduction: Key Concepts <i>Philippe Huguelet and Harold G. Koenig</i>	1
2 Spirituality and the Care of Madness: Historical Considerations <i>Samuel B. Thielman</i>	6
3 Theological Perspectives on the Care of Patients with Psychiatric Disorders <i>Joel James Shuman</i>	19
4 The Bible: Relevant Issues for Clinicians <i>Armando R. Favazza</i>	31
5 Religion/Spirituality and Neuropsychiatry <i>Nader Perroud</i>	48
6 Religion/Spirituality and Psychosis <i>Philippe Huguelet and Sylvia Mohr</i>	65
7 Delusions and Hallucinations with Religious Content <i>Sylvia Mohr and Samuel Pfeifer</i>	81
8 Religion/Spirituality and Mood Disorders <i>Arjan W. Braam</i>	97
9 Spirituality and Substance Use Disorders <i>Alyssa A. Forcehimes and J. Scott Tonigan</i>	114
10 Religion, Spirituality, and Anxiety Disorders <i>Harold G. Koenig</i>	128
11 Religion/Spirituality and Dissociative Disorders <i>Pierre-Yves Brandt and Laurence Borrás</i>	145
12 Self-Identity and Religion/Spirituality <i>Pierre-Yves Brandt, Claude-Alexandre Fournier, and Sylvia Mohr</i>	158
13 Personality, Spirituality, Religiousness, and the Personality Disorders: Predictive Relations and Treatment Implications <i>Ralph L. Piedmont</i>	173

Cambridge University Press
978-0-521-88952-0 - Religion and Spirituality in Psychiatry
Edited by Philippe Huguelet and Harold G. Koenig
Frontmatter
[More information](#)

vi

Contents

14	Religion, Spirituality, and Consultation-Liaison Psychiatry <i>Harold G. Koenig</i>	190
15	Community Psychiatry and Religion <i>Marcus M. McKinney</i>	215
16	Religious and Spiritual Assessment in Clinical Practice <i>Sylvia Mohr and Philippe Huguelet</i>	232
17	Integrating Spiritual Issues into Therapy <i>René Hefti</i>	244
18	Explanatory Models of Mental Illness and Its Treatment <i>Laurence Borrás and Philippe Huguelet</i>	268
19	Psychiatric Treatments Involving Religion: Psychotherapy from a Christian Perspective <i>William P. Wilson</i>	283
20	Psychiatric Treatments Involving Religion: Psychotherapy from an Islamic Perspective <i>Sasan Vasegh</i>	301
21	Psychiatric Treatments Involving Religion: Psychiatric Care Using Buddhist Principles <i>Charles Knapp</i>	317
22	Teaching Religious and Spiritual Issues <i>Elizabeth S. Bowman</i>	332
23	Conclusion: Summary of What Clinicians Need to Know <i>Philippe Huguelet and Harold G. Koenig</i>	354
	<i>Index</i>	369

Contributors

Laurence Borrás, MD

Department of Psychiatry, University Hospitals of Geneva and University of Geneva, Geneva, Switzerland

Elizabeth S. Bowman, MD

Clinical Professor of Neurology, Indiana University, Consulting Psychiatrist, Indiana University Epilepsy Clinic, Indianapolis, Indiana

Arjan W. Braam, MD

Department of Psychiatry and the Institute of Research in Extramural Medicine, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands

Pierre-Yves Brandt, MD

Faculty of Theology and Religious Studies, University of Lausanne, Lausanne, Switzerland

Armando R. Favazza, MD

Department of Psychiatry, University of Missouri–Columbia, Columbia, Missouri

Alyssa A. Forchimes, PhD

Center on Alcoholism, Substance Abuse, and Addictions, University of New Mexico, Albuquerque, New Mexico

Claude-Alexandre Fournier

Faculty of Theology and Religious Studies, University of Lausanne, Lausanne, Switzerland

René Hefti, MD

Department of Psychosomatic Medicine, Klinik SGM Langenthal, Langenthal, Switzerland

Philippe Huguelet, MD

Department of Psychiatry, University Hospitals of Geneva and University of Geneva, Geneva, Switzerland

Charles Knapp MA, LPC

Co-Director, Windhorse Community Services, Boulder, Colorado

Harold G. Koenig, MD

Department of Psychiatry, Duke University Medical Center, and Geriatric Research, Education and Clinical Center (GRECC), Veterans Administration (VA) Medical Center, Durham, North Carolina

Marcus M. McKinney, Dmin, LPC

Department of Psychiatry, University of Connecticut School of Medicine, Farmington, Connecticut, and Pastoral Counseling, Saint Francis Hospital and Medical Center, Hartford, Connecticut

Sylvia Mohr, PhD

Department of Psychiatry, University Hospitals of Geneva and University of Geneva, Geneva, Switzerland

Nader Perroud, MD

Department of Psychiatry, University Hospitals of Geneva, Geneva, Switzerland

Samuel Pfeifer, MD

Psychiatric Clinic Sonnenhalde, Basel-Riehen, Switzerland

Ralph L. Piedmont, PhD

Department of Pastoral Counseling, Loyola College in Maryland, Columbia, Maryland

Cambridge University Press
978-0-521-88952-0 - Religion and Spirituality in Psychiatry
Edited by Philippe Huguelet and Harold G. Koenig
Frontmatter
[More information](#)

viii

Contributors

Joel James Shuman, PhD

Center for Ethics and Public Life, King's College,
Wilkes-Barre, Pennsylvania

Samuel B. Thielman, MD, PhD

Department of Psychiatry and Behavioral
Sciences, Duke University School of
Medicine, Durham, North Carolina

J. Scott Tonigan, PhD

Center on Alcoholism, Substance Abuse, and
Addictions, University of New Mexico,
Albuquerque, New Mexico

Sasan Vasegh, MD

Assistant Professor of Psychiatry, Department
of Psychiatry, Ilam University of Medical
Sciences, Ilam, Iran (Islamic Republic of)

William P. Wilson, MD

Professor Emeritus of Psychiatry, Duke
University Medical Center, Distinguished
Professor of Counseling, Carolina Evangelical
Divinity School, Greensboro, North Carolina