

RENAL FUNCTION IN THE SEPARATE KIDNEYS OF MAN. I. HEMODYNAMICS AND EXCRETION OF SOLUTE AND WATER IN NORMAL SUBJECTS *

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We are presenting here an evaluation of the functional capacity of the separate kidneys in subjects without cardiovascular renal disease, as background for a similar study of patients with essential hypertension (1).

METHODS

Observations have been made in 17 normotensive subjects selected from the wards of the Third (New York University) Medical Division of Bellevue Hospital. Included in this report are observations made on 4 additional subjects reported in a previous communication (2). The total group comprises 19 female and 2 male subjects between the ages of 20 and 68 years. All subjects were maintained on the regular hospital diet. Fluids were withheld for 15 hours and the test was performed in the morning on the fasting patients.

After local anesthesia with 2 per cent metycaine, cystoscopy and ureteral catheterization were performed, employing Pederson multi-eyed ureteral catheters inserted to a distance of 12 to 16 cm. Large diameter catheters (no. 8 through no. 6 Fr.) were utilized to minimize leakage.¹ A soft rubber catheter was placed in the bladder to detect leakage around the ureteral catheters. In none of the observations reported here did measurable leakage occur. If leakage does occur, analysis of bladder urine permits partition between the right and left kidneys if the concentrations of the test substances are

different in the urine from the separate kidneys. The origin of the bladder urine cannot be determined when the concentrations are equal.

All individuals were given 100 mg of sodium pentobarbital intramuscularly 30 minutes prior to cystoscopy. In some instances, the barbiturate was supplemented at the time of cystoscopy by the administration of 25 to 50 mg of meperidine hydrochloride intravenously or 75 to 100 mg intramuscularly. Surgical sterility was maintained throughout the procedure. An antibiotic, either streptomycin or tetracycline, was sometimes administered for 24 to 48 hours preceding the test, and an antibiotic was invariably administered for 72 hours following the test.

Satisfactory flow from both ureteral catheters was usually attained within 15 to 20 minutes after catheterization. Timed urine samples were then collected for the determination of basal sodium, solute and water excretion. After injection of suitable priming doses of inulin (IN) and *p*-aminohippurate (PAH), a sustaining infusion of these test substances dissolved in distilled water or in 0.85 per cent sodium chloride was administered at a rate of 2 ml per minute.

Urine and appropriately timed venous blood samples were collected during 1, 2 or 3 periods totaling 30 to 40 minutes for the determination of glomerular filtration rate (C_{IN}), renal plasma flow (C_{PAH}) and sodium, solute and water excretion. This was followed by determination of the maximal tubular excretory capacity for *p*-aminohippurate (T_{mpAH}) (3).

Inulin was determined by a modification of Harrison's method (4) and PAH by the method of Smith and associates (5). Osmolality of plasma and urine was determined by means of a thermistor bridge-null-point-detector unit, using a Johlin freezing point apparatus (6). Flame photometry employing lithium as an internal standard was used for sodium determinations.

Calculation of derived data. The per cent contribution of sodium and its attendant anions to the total osmolality of the urine was calculated from the osmotic coefficient of sodium chloride, i (7), for each urine sodium concentration:

$$\text{Per cent} = \frac{U_{Na}i}{U_{osm}} \times 100, \quad (1)$$

where U_{Na} is the urine sodium concentration in milli-

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¹ In subject J.K. (Table I), it was not possible to pass the right ureteral catheter; therefore, with the left catheter in place, the bladder was used for collection from the right kidney. These conditions are not favorable for reliable collection of urine from the separate kidneys since it is possible that the bladder specimen contains urine that has leaked from the catheterized ureter. When this manner of urine collection is unavoidable, a small amount of indigo carmine can be injected into the ureteral catheter in order to detect leakage.

equivalents per liter of urine, and U_{osm} is the urine solute concentration in milliosmoles per kilogram of water.²

Excretion fraction (EF) of sodium or total solute is the percentage of the filtered load excreted in the urine:

$$EF_{Na} = \frac{U_{Na}V}{P_{Na}C_{IN}} \times 100, \quad (2)$$

$$EF_{osm} = \frac{U_{osm}V}{P_{osm}C_{IN}} \times 100, \quad (3)$$

where V is the urine volume in milliliters per minute, P_{Na} is the sodium concentration in milliequivalents per liter of plasma and P_{osm} and U_{osm} are the respective plasma and urine solute concentrations in milliosmoles per kilogram of water.

The differences between the right and left kidneys were calculated by dividing the difference, Δ , by the mean value for the two kidneys, yielding a per cent difference relative to this mean:

$$\text{Per cent difference} = \frac{\Delta}{\frac{R+L}{2}} \times 100 \text{ or } \frac{2\Delta}{R+L} \times 100. \quad (4)$$

The per cent difference, rather than the absolute difference, was chosen because it permits comparison of various functions in the two kidneys at different absolute values of these functions without identifying either kidney as normal or abnormal.

It is conventional to define "normality" by recourse to probability theory and the use of parametric statistical analysis (mean \pm standard deviation), but the parametric method has the disadvantage that it is applicable only when the frequency distribution curve approaches the symmetrical or Gaussian form. Since this curve is markedly skewed when an analysis is made of increasing variation between two positive terms, such as differences between the two kidneys, parametric analysis yields negative (and physiologically meaningless) values at mean \pm 2 standard deviations. A mathematically more appropriate analysis is available in the nonparametric percentile method which permits analysis of increasing variation between any two positive terms until one term becomes zero (8). Therefore, we have used the nonparametric percentile method in our analysis of the functional differences between the two kidneys. In addition, however, the same data were analyzed by the conventional parametric method (mean \pm standard deviation) (8).

By any method of statistical analysis, wholly arbitrary limits must be set beyond which "normal" variation passes into the "abnormal," even when comparing the differences

² Because urine flow was measured in milliliters per minute rather than in grams of water per minute, these and later calculations must neglect the difference between osmolal (i , P_{osm} and U_{osm}) and osmolar (U_{Na}) concentrations; at physiological concentrations the error thereby introduced is negligible. The error is, however, larger in Equation 3, but may be neglected for our present purposes, especially since we are comparing urine composition between the two kidneys.

between the two kidneys of normotensive subjects. Accordingly, we have arbitrarily identified differences between the two kidneys below the top ninetieth percentile group in variation as normal (or for clinical purposes, as identical). Differences above the ninetieth percentile group, i.e., that 10 per cent of the group which shows the greatest per cent differences, are arbitrarily designated as not identical, or abnormal. This exclusion at the ninetieth percentile is statistically comparable to exclusion beyond the limits: mean \pm 1.6 standard deviations. Rather than use the term "abnormal," however, we will refer to the ninetieth percentile group in variation by the noncommittal term "disparate," which is to be set against the clinically convenient terms "identical" or "equal."

For describing glomerular filtration rate (GFR), renal plasma flow (RPF) and Tm_{PAH} bilaterally (right plus left or $R+L$), as well as in all derived ratios, we have used the arithmetic means of these values.

RESULTS AND DISCUSSION

Function in the two kidneys in this series of 21 subjects is identical, by our arbitrary definition, in 16 individuals. Tables I and II give the specific functions studied and the differences expressed as percentages. Table III gives the data pertinent to nonparametric analysis, the last column showing the maximal per cent difference at the ninetieth percentile cutoff level. Table IV gives the data on all subjects analyzed by the parametric method.

The advantage of setting arbitrary limits for identical function on the two sides lies in the fact that it invites detailed examination of the most highly aberrant values. It is noteworthy in this respect that all disparities in function beyond the ninetieth percentile levels occur in the same five subjects.³ In two of these five subjects, C.K. and A.D., the left kidney showed proportionately greater GFR, and sodium and total solute excretion, suggesting that this left kidney was larger than the right, an interpretation in conformity with known differences in kidney weight (9, 10). In D.E., despite equal values of V , disparately small values of U_{Na} and U_{osm} coincided with small values of GFR, RPF and Tm_{PAH} on the right side, suggesting either unilateral or bilateral disease with unequal impairment in function. In a fourth subject, J.K., U_{Na} and U_{osm} were disparately low on the right side although all other functions were identical. In the fifth subject, M.H., a difference

³ In a sixth subject, K.M., disparity in U_{Na} at small values of this term was not considered significant.

TABLE I
Hemodynamics and T_{MPAH} of the separate kidneys in normal subjects*

Subject	V		CIN		CPAH		F.F. X 100		T_{MPAH}		CIN		CPAH		
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	
I. K.	0.51	0.46	64.1	65.7	233	250	27.5	26.3	4.46	58.3	63.7	1.11	1.10	0.99	5.24
E. G.	0.54	0.55	48.8	69.9	305	315	21.2	22.2	4.61	35.3	38.8	1.38	1.29	0.75	4.95
F. S.	0.42	0.39	7.41	48.0	276	265	17.6	18.9	7.11						7.83
M. F.	7.13	7.47	4.66	50.1	3.61	277	23.0	23.1	2.14						6.84
O. V.	0.46	0.46	0.00	67.7	310	311	23.0	23.1	1.04						
M. S.	0.85	0.99	15.2	59.8	346	362	19.6	17.0	2.38						
R. G.	0.79	0.80	8.76	57.5	271	281	23.0	23.3	0.00						
I. F.	0.51	0.57	3.74	51.8	214	204	23.0	25.3	1.19						
C. K.	0.39	0.43	7.85	51.0	220	223	20.4	21.7	6.50						
A. D.	0.35	0.33	26.3	52.2	212	225	24.9	21.7	10.6						
R. B.	0.65	0.61	6.34	58.3	274	259	20.2	21.1	4.36	43.4	42.4	1.26	1.29	2.35	6.30
K. M.	5.40	5.49	1.65	54.6	226	248	24.2	24.0	4.00	55.1	56.6	1.02	1.00	1.98	4.10
C. A.	0.69	0.70	1.01	59.7	286	237	24.1	22.2	8.22	31.8	30.4	1.87	1.73	3.78	7.75
F. G.	0.92	0.92	0.00	35.6	196	198	19.7	17.9	9.14	57.2	55.6	1.04	1.08	3.78	5.28
M. H.	0.86	0.86	0.00	61.5	326	368	18.8	18.8	0.00	52.6	55.1	1.17	1.25	6.00	6.19
E. C.	0.64	0.62	3.35	54.1	247	260	21.9	21.7	0.92	38.1	40.6	1.42	1.39	2.13	6.48
D. E.	0.90	0.87	3.05	41.8	211	243	19.8	21.2	6.84	35.0	41.3	1.20	1.25	4.06	6.04
S. P.†	0.77	0.77	0.00	56.1	63.9	13.0									5.89
D. P.†	0.55	0.59	7.02	57.6	64.9	11.9									
C. J.‡	0.55	0.77	0.00	55.2	51.8	6.36									
W. J.‡	1.44	1.42	1.40	63.5	59.5	6.51									

* Clearances and excretion rates are corrected to 1.73 sq m body surface area and calculations of per cent difference utilize three significant figures. Values for excretion rates are rounded off to two decimal places. F.F. = filtration fraction; see Methods section for other abbreviations.
 † Phenol red clearance: R = 155, L = 166, ml per minute.
 ‡ Phenol red clearance: R = 173, L = 189, ml per minute.

TABLE II
Excretion of sodium and solute of the separate kidneys in normal subjects*

Subject	V		UNa		UNaV		U _{osm}		U _{osm} V		$\frac{U_{Na}}{U_{osm}} \times 100$		EF _{Na} X 100		EF _{osm} X 100	
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L
J. K.	0.51	0.46	178	208	15.5	0.09	0.10	689	818	17.1	0.35	0.38	47.8	46.8	1.86	1.99
E. G.	0.54	0.55	128	132	3.08	0.07	0.07	611	631	3.22	0.34	0.36	5.72	5.60	1.92	1.87
F. S.	0.42	0.39	7.41	172	166	3.56	0.07	824	823	0.12	0.34	0.33	39.0	39.0	2.54	2.35
M. F.	7.13	7.47	4.66	44	45	2.25	0.31	105	102	2.89	0.75	0.76	1.72	83.4	3.16	3.99
O. V.	0.46	0.46	0.00	170	164	3.60	0.08	734	733	0.14	0.34	0.34	42.8	41.4	1.95	1.99
M. S.	0.85	0.99	15.2	236	222	6.11	0.20	606	586	3.36	0.52	0.58	10.9	11.8	3.32	3.22
R. G.	0.79	0.80	1.26	68	67	1.48	0.05	410	412	0.49	0.32	0.33	3.08	31.2	2.44	2.49
I. F.	0.51	0.47	8.17	98	96	2.06	0.05	619	595	3.95	0.32	0.33	32.7	30.2	0.67	0.69
C. K.	0.49	0.53	7.85	110	106	3.70	0.05	564	607	7.36	0.28	0.32	13.3	13.3	0.85	0.76
A. D.	0.33	0.43	26.3	230	208	10.0	0.08	878	747	16.1	0.29	0.32	9.68	48.2	0.99	1.03
R. B.	0.65	0.61	6.34	206	213	3.14	0.13	740	733	0.95	0.48	0.45	51.4	53.4	1.70	1.65
K. M.	5.40	5.49	1.65	23	27	16.0	0.12	95	100	5.14	0.51	0.55	7.04	51.3	1.51	1.70
C. A.	0.69	0.70	1.01	250	235	6.20	0.17	772	725	6.26	0.54	0.51	5.38	59.3	1.97	2.12
F. G.	0.92	0.92	0.00	118	107	8.80	0.11	415	404	2.99	0.38	0.37	2.40	62.4	1.90	1.83
M. H.	0.86	0.86	0.00	204	195	4.50	0.17	601	607	0.99	0.51	0.52	49.6	64.3	3.37	3.49
E. C.	0.64	0.62	3.35	283	289	2.10	0.18	836	845	1.07	0.56	0.55	62.0	62.6	2.92	2.62
D. E.	0.90	0.87	3.05	126	165	26.7	0.11	397	521	27.0	0.36	0.46	24.1	59.0	3.46	3.22
S. P.†	0.53	0.54	1.87													
D. P.†	0.77	0.77	0.00													
C. J.‡	0.55	0.59	7.02													
W. J.‡	1.44	1.42	1.40													

* Clearances and excretion rates are corrected to 1.73 sq m body surface area and calculations of per cent difference utilize three significant figures. Values for excretion rates are rounded off to two decimal places. See Methods section for abbreviations.

TABLE III
Per cent differences in functions of the separate kidneys in normal subjects*

Function	n	Range per cent difference	Median per cent difference	90th Percentile per cent difference
C _{IN}	21	0.37-21.2	6.36	13.0
C _{PAH}	17	0.32-20.2	5.12	12.1
F.F. × 100	17	0.00-10.6	4.36	8.22
T _{MPAH}	9	2.33-16.5	7.85	10.2
$\frac{C_{IN}}{T_{MPAH}}$	9	0.99- 7.78	3.78	6.75
$\frac{C_{PAH}}{T_{MPAH}}$	9	0.64-13.5	2.90	11.1
V	21	0.00-26.3	3.05	10.3
U _{Na}	17	1.48-26.7	3.70	15.5
U _{Na} V	17	0.00-24.2	5.35	14.4
U _{osm}	17	0.12-27.0	3.22	16.1
U _{osm} V	17	0.00-24.1	5.72	13.3
$\frac{U_{Na}^2}{U_{osm}}$ × 100	17	0.00-10.7	3.16	6.43
EF _{Na} × 100	17	1.95-15.9	6.15	11.2
EF _{osm} × 100	17	0.00-10.8	3.46	7.75

* See Methods section for abbreviations.

in GFR accompanied by identical U_{Na}V and U_{osm}V resulted in disparity in EF_{Na} and EF_{osm}.

When disparities are found in apparently normal individuals, these may represent the extremes of normal variation, the inclusion of subjects with renal disease, or an effect of instrumentation, i.e., reflex responses or partial obstruction of urine flow by clots or edema of ureteral mucosa.

TABLE IV
Parametric statistical analysis of differences in functions of the separate kidneys in normal subjects*

Function	n	Range per cent difference	Mean per cent difference	Standard deviation
C _{IN}	21	0.37-21.2	7.59	5.04
C _{PAH}	17	0.32-20.2	6.34	4.94
F.F. × 100	17	0.00-10.6	4.21	3.16
T _{MPAH}	9	2.33-16.5	7.85	3.92
$\frac{C_{IN}}{T_{MPAH}}$	9	0.99- 7.78	4.05	2.30
$\frac{C_{PAH}}{T_{MPAH}}$	9	0.64-13.5	5.16	4.42
V	21	0.00-26.3	5.18	6.16
U _{Na}	17	1.48-26.7	6.99	6.53
U _{Na} V	17	0.00-24.2	7.55	6.14
U _{osm}	17	0.12-27.0	5.81	7.20
U _{osm} V	17	0.00-24.1	6.83	5.87
$\frac{U_{Na}^2}{U_{osm}}$ × 100	17	0.00-10.7	3.85	3.06
EF _{Na} × 100	17	1.95-15.9	6.52	4.24
EF _{osm} × 100	17	0.00-10.8	4.62	2.91

* See Methods section for abbreviations.

Anatomical studies of kidney weight and size and roentgenographic measurements indicate that the two kidneys are approximately equal, although the mean values are larger for the left kidney (9, 10). Our physiologic observations agree with these data in that the average values of GFR, RPF, T_{MPAH}, U_{Na}V and U_{osm}V are greater for the left kidney than for the right.⁴ One consequence of a consistent difference in function in respect to GFR and T_{MPAH} is that the derived values of GFR/T_{MPAH} are the same on both sides. Although most of the individuals in this study were females, the available evidence (9, 10) indicates that the relative magnitude of difference in size and function between the two kidneys is similar in the two sexes.

Our bilateral measurements (calculated as R + L) for GFR agree with the reported average for females determined by bladder catheterization (R + L, 114; bladder, 109 ml per minute) (3). Our lower RPF (R + L, 524; bladder, 592 ml per minute) and increased filtration fraction (21.7 as calculated for each kidney; bladder, 19.4 per cent) may be attributable to reaction from cystoscopy and ureteral catheterization, even though the time from first manipulation to urine collection was in all instances over 60 minutes, or to discomfort from the prolonged recumbent position.

Hix (11) has demonstrated that unilateral trauma to the exteriorized ureters in dogs results in unilateral and ipsilateral reduction in GFR and RPF. We have noted that within a few minutes after catheterization the urine flow was occasionally reduced and remained so for five to ten minutes. This usually occurred at a time when urine flow was initially low and technical difficulty in ureteral catheterization had been encountered.

Differences between the two kidneys in sodium, solute and water excretion during hydropenia and before infusion of test substances were generally of the same order as those present later in the test period (Table V). In 2 (C.A., I.F.) of 13 observations, there were disparities in the basal excretion of sodium, solute and water which were not confirmed during the infusion of inulin and PAH in saline or water administered at a rate of 2 ml per minute. It is possible that these disparities are

⁴ GFR, R = 55.6, L = 58.1 ml per minute; RPF, R = 256, L = 268 ml per minute; T_{MPAH}, R = 43.0, L = 45.0 mg per minute; U_{Na}V, R = 0.12, L = 0.13 mEq per minute; U_{osm}V, R = 0.42, L = 0.44 mOsm per minute.

TABLE V
Basal excretion of water, sodium and solute*

Subject	V		U _{Na}		U _{Na} V		U _{osm}		U _{osm} V		U _{Na} ^f = 100 U _{osm}		% diff.
	R	L	R	L	R	L	R	L	R	L	R	L	
	ml/min	ml/min	mEq/L	mEq/L	mEq/min	mEq/min	mOsm/kg H ₂ O	mOsm/kg H ₂ O	mOsm/min	mOsm/min	%	%	
E. G.	0.44	0.48	118	121	0.05	0.06	666	631	0.31	0.32	33.0	35.6	7.57
F. S.	0.85	0.92	132	124	0.11	0.11	529	516	0.47	0.48	46.6	44.7	4.00
O. V.	0.39	0.41	135	132	0.05	0.05	733	722	0.28	0.29	34.3	34.0	0.88
R. G.	0.23	0.24	96	98	0.02	0.02	850	846	0.19	0.20	21.1	21.6	2.34
I. F.	0.40	0.32	95	85	0.04	0.03	517	520	0.21	0.17	34.3	30.6	11.4
C. K.	0.74	0.70	62	60	0.05	0.04	407	470	0.30	0.33	28.6	24.0	17.5
A. D.	0.26	0.30	199	196	0.05	0.06	949	845	0.25	0.25	38.6	42.7	10.1
R. B.	0.46	0.45	165	171	0.08	0.08	775	750	0.36	0.34	39.4	42.2	6.86
C. A.	0.72	0.87	195	146	0.14	0.13	720	600	0.52	0.53	50.1	45.0	10.7
F. G.	0.58	0.51	87	92	0.05	0.05	488	509	0.28	0.26	33.3	33.8	1.49
M. H.	0.64	0.60	198	182	0.13	0.11	633	653	0.40	0.39	57.6	52.2	9.84
E. C.	0.54	0.51	220	226	0.12	0.12	812	842	0.46	0.45	49.6	49.2	0.81
D. E.	0.60	0.58	110	158	0.07	0.09	397	550	0.24	0.32	51.9	53.1	2.29

* Excretion rates are corrected to 1.73 sq m body surface area and calculations of per cent difference utilize three significant figures. Values are rounded off to two decimal places. See Methods section for abbreviations.

the result of a temporary reflex disturbance or an error in urine collection. Our data indicate, however, that gross changes in hemodynamic function do not occur in normal man following ureteral catheterization.

SUMMARY AND CONCLUSIONS

1. Observations were made on the functional capacity of the separate kidneys in 21 subjects free of cardiovascular renal disease.

2. Hemodynamics, maximal tubular excretory capacity for *p*-aminohippurate, and sodium, solute and water excretion of the separate kidneys in normal man are comparable. Functional differences in excess of 15 per cent are abnormal on the basis of the present observations. Disparities of function in apparently normal individuals probably represent extremes of normal variation or unidentified renal disease.

3. The functional data confirm the anatomic observations of the predominance of the left kidney.

4. Ureteral catheterization does not induce gross renal hemodynamic changes in normal man. The relative differences between the two kidneys in respect to sodium, solute and water excretion are not altered by the infusion of inulin and *p*-aminohippurate administered at 2 ml per minute.

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