

Renal Function of Participants in the Bangkok Tenofovir Study—Thailand, 2005–2012

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Background. Tenofovir disoproxil fumarate (tenofovir) has been associated with renal dysfunction in people infected with human immunodeficiency virus (HIV) receiving combination antiretroviral therapy. We reviewed data from an HIV preexposure prophylaxis trial to determine if tenofovir use was associated with changes in renal function in an HIV-uninfected population.

Methods. During the trial, 2413 HIV-uninfected people who inject drugs were randomized to receive tenofovir or placebo. We assessed the renal function of trial participants with the Cockcroft-Gault, Modification of Diet in Renal Disease (MDRD), and Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equations using *t* tests for cross-sectional analysis and linear regression for longitudinal analysis.

Results. Creatinine clearance and glomerular filtration rate (GFR) results were lower at 24, 36, 48, and 60 months in the tenofovir group compared with the placebo group. Results declined more in the tenofovir group than in the placebo group during follow-up using the Cockcroft-Gault ($P < .001$) and CKD-EPI ($P = .007$) equations, but not MDRD ($P = .12$). Creatinine clearance measured when study drug was stopped was lower in the tenofovir group than the placebo group ($P < .001$), but the difference resolved when tested a median of 20 months later ($P = .12$).

Conclusions. We found small but significant decreases in cross-sectional measures of creatinine clearance and GFR in the tenofovir group compared with the placebo group and modest differences in downward trends in longitudinal analysis using the Cockcroft-Gault and CKD-EPI equations. These results suggest that with baseline assessments of renal function and routine monitoring of creatinine clearance during follow-up, tenofovir can be used safely for HIV preexposure prophylaxis.

Clinical Trials Registration. NCT00119106.

Keywords. creatinine clearance; glomerular filtration rate; tenofovir disoproxil fumarate.

Tenofovir disoproxil fumarate (tenofovir), a nucleotide reverse transcriptase inhibitor used in the treatment of human immunodeficiency virus (HIV) infection [1–3], is excreted by the kidneys using a combination of glomerular filtration and active tubular secretion [4].

Tenofovir is structurally similar to the nucleotide analogues adefovir and cidofovir, and these drugs are associated with nephrotoxicity [5, 6]. Large randomized clinical trials among people infected with HIV on combination antiretroviral therapy have not shown a clear association between the use of tenofovir and renal dysfunction [3, 7, 8]. However, as use of tenofovir has increased, there have been reports of tenofovir-associated renal dysfunction including proximal tubular dysfunction, Fanconi syndrome, nephrogenic diabetes insipidus, and acute renal failure [9–12]. Several studies have also found tenofovir-associated decreases in creatinine clearance and/or glomerular filtration rate (GFR) [13–18], although a study in Thailand did not [19].

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^aSee Notes section for a list of Bangkok Tenofovir Study Group members.

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These changes in renal function are likely multifactorial and may be due, in part, to interactions with transport proteins in the proximal tubule [20, 21].

HIV preexposure prophylaxis trials have demonstrated that daily use of the combination antiretroviral tenofovir-emtricitabine can reduce HIV transmission among men who have sex with men [22] and heterosexual men and women [23], and that tenofovir and tenofovir-emtricitabine can reduce sexual transmission among heterosexual HIV-discordant partners [24]. We recently completed the Bangkok Tenofovir Study showing that daily tenofovir can reduce HIV transmission among people who inject drugs [25]. The World Health Organization and the US Centers for Disease Control and Prevention have published guidelines for the use of preexposure prophylaxis [26–29] and, based on the results of these trials, use of tenofovir is likely to expand to people at high risk of HIV infection.

Preexposure prophylaxis trials conducted among HIV-uninfected participants without preexisting renal impairment have found similar rates of creatinine elevation and renal-associated adverse events among participants randomized to tenofovir or tenofovir-emtricitabine and placebo [22–25, 30]. Nonetheless, given reports of tenofovir-associated renal dysfunction [9–12] and decreases in GFR [13–18], and recognizing that a higher threshold of safety may be demanded by people using tenofovir to prevent HIV infection than by those using tenofovir to treat HIV, we reviewed Bangkok Tenofovir Study data to determine if tenofovir use was associated with changes in renal function. Another preexposure prophylaxis trial, the iPrEx study [31], conducted among 2499 men and transgender women who have sex with men who contributed an average of 81 weeks of follow-up time, recently reported that once-daily tenofovir-emtricitabine was associated with a small but statistically significant decrease in creatinine clearance. The Bangkok Tenofovir Study provided an opportunity to assess the impact of tenofovir on the renal function of 2413 HIV-uninfected participants randomly assigned to receive daily tenofovir or placebo with up to 60 months of follow-up.

METHODS

The Bangkok Tenofovir Study, a randomized, double-blind, placebo-controlled trial, was conducted at 17 Bangkok Metropolitan Administration (BMA) drug treatment clinics in densely populated urban communities of Bangkok. People who were HIV-uninfected, reported injecting drugs in the previous year, had a creatinine clearance rate ≥ 60 mL/minute by the Cockcroft-Gault formula [32], and met other inclusion criteria [33] were eligible for the study. Volunteers meeting all eligibility criteria could enroll after providing written informed consent. We randomly assigned participants in a 1:1 ratio to receive daily oral tenofovir 300 mg or placebo.

Procedures

At enrollment and monthly (28 days) visits, participants were weighed, assessed for adverse events, and provided individualized adherence and risk-reduction counseling. Oral fluid was collected for HIV antibody testing (OraQuick Rapid HIV-1/2 Antibody Test, OraSure Technologies, Bethlehem, Pennsylvania). Participants chose daily directly observed therapy (DOT) or monthly visits without DOT and could switch at monthly visits. Adherence was assessed daily at DOT visits and monthly at non-DOT visits using a study drug diary. We collected blood for hematologic, hepatic, and renal safety assessment, including creatinine clearance, at enrollment; months 1, 2, and 3; and every 3 months thereafter. Urine was not collected for analysis.

Serum creatinine measurements were performed at the BMA Public Health Laboratory. Creatinine levels were determined by an enzymatic colorimetric assay based on the Jaffé alkaline picrate reaction, using an automated bioanalyzer (Modular P800, Roche Diagnostics, Indianapolis, Indiana) calibrated using control samples standardized by isotope-dilution mass spectrometry (Roche Diagnostics Traceability and Uncertainty, catalog number 10759350190). Negative and positive controls were performed prior to each run. We graded serum creatinine results using a modified National Institutes of Health, Division of AIDS Table for Grading the Severity of Adverse Events [25].

Participants with grade 1 results (≥ 0.5 mg/dL increase in serum creatinine from baseline) were allowed to continue study drug, and creatinine results were monitored as clinically indicated (weekly in most cases) until serum creatinine value declined to <0.5 mg/dL above baseline. Participants with grade 2 (2.1–3.0 mg/dL), grade 3 (3.1–6.0 mg/dL), and grade 4 (>6.0 mg/dL) results permanently discontinued study drug and were monitored as clinically indicated (weekly in most cases) until serum creatinine value declined to <0.5 mg/dL above baseline. Study drug (placebo or tenofovir) dose was adjusted based on creatinine clearance measured using the Cockcroft-Gault equation [32] according to manufacturer guidelines [34].

Several formulas have been developed to estimate creatinine clearance and GFR. We used the Cockcroft-Gault formula [32] to determine participant eligibility and monitor renal function. We also used the 4-variable Modification of Diet in Renal Disease (MDRD) equation [35] that was developed to provide a more accurate estimate of GFR among people with kidney disease, the MDRD equation modified for Thai adults (ie, multiplying the MDRD result by 1.129) [36], and the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation that was developed to provide a more accurate estimate of GFR, particularly when GFR is >60 mL/minute/1.73 m², to assess renal function [37]. Renal function declines in most people with age due to vascular changes and the development of age-associated glomerulosclerosis [38]. The creatinine clearance

and GFR formulas account for this by including age in the equations.

Statistical Analyses

We used a 2-sample *t* test to determine if there was a difference in cross-sectional mean estimates of creatinine clearance between participants in the tenofovir and placebo groups at enrollment and 12-monthly visits through month 60 using the Cockcroft-Gault formula, and GFR using the MDRD and CKD-EPI formulas. We used marginal longitudinal linear regression to determine if there was a difference in mean creatinine clearance results in tenofovir and placebo groups and if the difference changed over time, and to determine if there was a difference in creatinine clearance results in demographic and risk subgroups [39]. The time trend in creatinine clearance and GFR results was assessed using a Lowess scatterplot smoother [40]. We compared graded creatinine results by group using a Poisson model with robust standard error.

To determine if changes in creatinine clearance among participants taking tenofovir were reversible, we examined creatinine clearance results of 749 study participants who opted to take daily tenofovir once trial results were announced using a paired *t* test. Participants had been off study drug (ie, tenofovir

or placebo) for an average of 23 months and blood was collected before participants started tenofovir to calculate posttrial creatinine clearance.

Ethical Review

The study protocol, consent, and other materials were approved by the BMA and Thailand Ministry of Public Health ethical review committees and the institutional review board of the US Centers for Disease Control and Prevention. An independent data and safety monitoring board conducted annual safety reviews and 1 interim efficacy review. We used SAS software version 9.3 (SAS Institute, Cary, North Carolina) for statistical analyses.

RESULTS

We have described trial results in previous publications [25,33]. In brief, from June 2005 through July 2010, we screened 4094 volunteers; 2413 (59%) were deemed eligible and enrolled. A total of 1204 participants were randomly assigned to receive tenofovir, contributing 4843 person-years of follow-up time; 1209 were randomly assigned to receive placebo, contributing 4823 person-years of follow-up time. Their median age was 31

Table 1. Details of Bangkok Tenofovir Study Participants With Grade 2, 3, and 4 Creatinine Results

Sex	Age at Enrollment	Study Drug	Adherence 30 d Prior to Graded Result	Maximum Serum Creatinine	Cause	Outcome
Grade 2 (2.1–3.0 mg/dL)						
Male	39 y	Tenofovir	Adherent 30 of 30 d prior to graded result	2.9 mg/dL	Unknown	Creatinine returned to baseline (0.9 mg/dL) in 21 d
Male	34 y ^a	Tenofovir	Adherent 15 of 30 d prior to graded result	4.7 mg/dL	Diagnosed with diabetes and hypertension	Creatinine remained above baseline
Grade 3 (3.1–6.0 mg/dL)						
Male	34 y ^a	Tenofovir	Adherent 15 of 30 d prior to graded result	4.7 mg/dL	Diagnosed with diabetes and hypertension	Creatinine remained above baseline
Male	55 y	Placebo	Adherent 30 of 30 d prior to graded result	3.6 mg/dL	Unknown, possible error	Creatinine returned to baseline (0.9 mg/dL) in 6 d
Female	38 y	Tenofovir	Adherent 0 of 30 d prior to graded result	4.2 mg/dL	Unknown, possible error	Creatinine returned to normal (0.9 mg/dL) in 2 d
Male	41 y	Placebo	Adherent 15 of 30 d prior to graded result	3.2 mg/dL	Endocarditis	Creatinine declined to 2.3 mg/dL in 7 d and 1.5 mg/dL in 6 wks
Grade 4 (>6.0 mg/dL)						
Male	27 y	Tenofovir	Adherent 30 of 30 d prior to graded result	32.2 mg/dL	Acute tubular necrosis during period of intense drug use	Creatinine declined to 1.4 mg/dL in 3 mo (baseline 1.2 mg/dL)
Male	37 y	Placebo	Adherent 30 of 30 d prior to graded result	6.3 mg/dL	Rhabdomyolysis	Creatinine declined to 1.3 in 6 d

^a Same participant.

years (mean, 32.4 years; range, 20–59) and 1924 (79.7%) were men. Based on study drug diaries, participants took study drug an average (mean) of 83.8% of days (median, 94.1%; interquartile range [IQR], 79.2%–98.7%), and adherence did not differ by treatment group ($P = .16$) or by time on study ($P = .22$). Fifty participants became infected with HIV during follow-up: 17 in the tenofovir group and 33 in the placebo group, indicating a 48.9% reduction in the HIV incidence (95% confidence interval [CI], 9.6–72.2; $P = .01$) among participants randomized to tenofovir.

The frequency of deaths, serious adverse events, grade 3 and 4 laboratory results, and elevated creatinine results was similar in each group [25]. A total of 65 participants had grade 1 creatinine results: 37 (3.1%) in the tenofovir group, 28 (2.3%) in the placebo group ($P = .27$). Details of participants with grade 2–4 creatinine results are provided in Table 1. Two (<0.5%) participants in the tenofovir group and none in the placebo group had grade 2 creatinine results ($P = .25$). Six participants had grade 3 or 4 results: 3 in the tenofovir group, 1 of whom also had a grade 2 result, and 3 in the placebo group ($P = .99$). A total of 71 (2.9%) participants were found to have a creatinine clearance (Cockcroft-Gault) rate <50 mL/minute during study follow-up: 26 (2.2%) in the placebo group and 45 (3.7%) in the tenofovir group ($P = .01$).

Two participants were diagnosed with acute renal failure: 1 participant in the tenofovir group was diagnosed with acute tubular necrosis following several days of intense drug use; a second participant, in the placebo group, was diagnosed with rhabdomyolysis and acute tubular necrosis following physical exertion. All participants ($n = 7$) with grade 2, 3, and 4 creatinine results permanently stopped taking study drug. Serum creatinine levels returned to normal in all participants except 1 participant receiving tenofovir who was diagnosed with diabetes and hypertension during the study.

Cross-sectional Analyses

To assess differences in estimated creatinine clearance and GFR in the tenofovir and placebo groups, we examined cross-sectional results (Table 2). The demographic characteristics of participants contributing creatinine clearance results were similar through follow-up, although the proportion aged 40–59 years increased modestly, from 19.7% at baseline to 26.3% at month 60 (Table 3). At months 24, 36, 48, and 60, estimated creatinine clearance and GFR results were lower in the tenofovir group compared with the placebo group using all formulas. At month 60, the estimate of creatinine clearance was 5.2 mL/minute lower in the tenofovir group than the placebo group ($P = .002$), and the estimate of GFR was 3.4 mL/minute/1.73 m² lower in the tenofovir group using the MDRD formula ($P = .003$) and 3.3 mL/minute/1.73 m² lower using the CKD-EPI formula ($P = .002$). The Thai modification of the MDRD

Table 2. Estimated Creatinine Clearance of Bangkok Tenofovir Study Participants, by Study Group

	Creatinine Clearance, mL/min, Cockcroft-Gault Equation			GFR, mL/min/1.73 m ² , MDRD			GFR, mL/min/1.73 m ² , CKD-EPI		
	Placebo Mean (95% CI)	Tenofovir Mean (95% CI)	P Value	Placebo Mean (95% CI)	Tenofovir Mean (95% CI)	P Value	Placebo Mean (95% CI)	Tenofovir Mean (95% CI)	P Value
Baseline	n = 1196 98.5 (97.0–99.9)	n = 1194 100.8 (99.3–102.2)	.03	n = 1209 95.1 (94.1–96.0)	n = 1204 95.8 (94.8–96.7)	.30	n = 1209 105.4 (104.6–106.2)	n = 1204 106.0 (105.2–106.9)	.27
Month 12	n = 961 97.0 (95.5–98.6)	n = 929 95.2 (93.5–96.8)	.11	n = 962 93.0 (91.9–94.1)	n = 929 91.4 (90.3–92.4)	.04	n = 962 103.0 (102.0–103.9)	n = 929 101.9 (100.9–102.9)	.13
Month 24	n = 880 98.2 (96.5–99.9)	n = 846 95.5 (93.8–97.3)	.03	n = 881 94.0 (92.9–95.2)	n = 846 91.5 (90.4–92.6)	.002	n = 881 103.8 (102.8–104.8)	n = 846 101.8 (100.7–102.8)	.004
Month 36	n = 777 98.2 (96.3–100.1)	n = 776 93.9 (92.1–95.7)	.002	n = 777 93.1 (91.9–94.3)	n = 776 90.3 (89.1–91.5)	.001	n = 777 102.7 (101.6–103.8)	n = 776 100.1 (99.0–101.2)	.001
Month 48	n = 672 97.4 (95.4–99.4)	n = 665 92.2 (90.2–94.2)	<.001	n = 672 92.2 (90.9–93.5)	n = 665 88.2 (86.9–89.5)	<.001	n = 672 101.7 (100.5–102.8)	n = 665 97.9 (96.6–99.1)	<.001
Month 60	n = 511 97.0 (94.7–99.4)	n = 524 91.8 (89.4–94.1)	.002	n = 511 91.9 (90.3–93.5)	n = 524 88.5 (86.8–90.1)	.003	n = 511 100.7 (99.4–102.1)	n = 524 97.4 (95.9–98.9)	.002

Abbreviations: CI, confidence interval; CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; GFR, glomerular filtration rate; MDRD, Modification of Diet in Renal Disease.

Table 3. Mean Creatinine Clearance Results Using the Cockcroft-Gault Formula of Bangkok Tenofovir Study Participants at Annual Visits, by Demographic Characteristics, Injecting Risk, and Baseline Creatinine Clearance

Characteristic	No. (%) and Mean Creatinine Clearance (SD)						P Value ^a
	Baseline	Month 12	Month 24	Month 36	Month 48	Month 60	
Sex							
Male							
Tenofovir	n = 949 (39.7%) 98.7 (24.0)	n = 734 (38.8%) 93.5 (23.2)	n = 666 (38.6%) 93.5 (23.7)	n = 607 (39.1%) 92.4 (24.0)	n = 527 (39.4%) 91.2 (25.3)	n = 414 (40.0%) 90.8 (26.9)	<.001
Placebo	n = 954 (39.9%) 97.5 (24.2)	n = 764 (40.4%) 96.4 (24.0)	n = 699 (40.5%) 97.3 (24.9)	n = 625 (40.2%) 98.1 (26.2)	n = 535 (40.0%) 97.2 (25.5)	n = 407 (39.3%) 96.5 (27.2)	.35
Female							
Tenofovir	n = 245 (10.3%) 108.7 (30.6)	n = 195 (10.3%) 101.3 (33.4)	n = 180 (10.4%) 103.0 (32.3)	n = 169 (10.9%) 99.4 (31.4)	n = 138 (10.3%) 95.9 (27.8)	n = 110 (10.6%) 95.3 (28.8)	<.001
Placebo	n = 242 (10.1%) 102.4 (29.4)	n = 197 (10.4%) 99.7 (27.2)	n = 181 (10.5%) 101.7 (29.2)	n = 152 (9.8%) 98.5 (30.3)	n = 137 (10.2%) 98.0 (30.4)	n = 104 (10.1%) 99.1 (26.9)	.41
Age group							
20–29 y							
Tenofovir	n = 511 (21.4%) 107.7 (27.1)	n = 363 (19.2%) 102.7 (27.5)	n = 328 (19.0%) 104.1 (26.9)	n = 303 (19.5%) 102.0 (28.0)	n = 253 (18.9%) 101.5 (26.9)	n = 198 (19.1%) 101.2 (26.6)	.07
Placebo	n = 516 (21.6%) 107.1 (27.2)	n = 388 (20.5%) 106.3 (26.4)	n = 343 (19.9%) 107.6 (28.5)	n = 305 (19.6%) 109.0 (29.4)	n = 263 (19.7%) 107.5 (28.6)	n = 192 (18.6%) 107.9 (26.4)	.15
30–39 y							
Tenofovir	n = 453 (19.0%) 100.2 (24.2)	n = 365 (19.3%) 96.0 (23.9)	n = 326 (18.9%) 95.2 (24.8)	n = 288 (18.6%) 94.8 (22.7)	n = 246 (18.4%) 93.1 (23.9)	n = 188 (18.2%) 92.7 (25.8)	<.001
Placebo	n = 439 (18.4%) 96.7 (22.1)	n = 364 (19.3%) 96.3 (21.5)	n = 341 (19.8%) 97.9 (21.4)	n = 293 (18.9%) 96.9 (23.2)	n = 251 (18.8%) 96.2 (22.9)	n = 185 (17.9%) 97.9 (27.1)	.04
40–59 y							
Tenofovir	n = 230 (9.6%) 86.6 (19.3)	n = 201 (10.6%) 79.9 (18.8)	n = 192 (11.1%) 81.6 (19.8)	n = 185 (11.9%) 79.3 (20.3)	n = 166 (12.4%) 76.7 (19.3)	n = 138 (13.3%) 76.9 (23.9)	<.001
Placebo	n = 241 (10.1%) 83.0 (18.3)	n = 209 (11.1%) 81.1 (17.3)	n = 196 (11.4%) 82.4 (19.8)	n = 179 (11.5%) 81.9 (19.0)	n = 158 (11.8%) 82.4 (20.4)	n = 134 (13.0%) 80.4 (19.0)	.04
Injected drugs in the 3 mo before enrollment							
Tenofovir	n = 729 (30.6%) 101.0 (26.8)	n = 567 (30.1%) 94.8 (27.7)	n = 510 (29.7%) 94.7 (27.6)	n = 468 (30.2%) 93.2 (27.1)	n = 404 (30.2%) 91.2 (27.0)	n = 321 (31.0%) 90.1 (28.4)	<.001
Placebo	n = 759 (31.9%) 97.7 (25.2)	n = 614 (32.6%) 96.4 (24.1)	n = 557 (32.4%) 97.5 (25.3)	n = 495 (32.0%) 97.4 (26.4)	n = 419 (31.4%) 96.2 (26.1)	n = 314 (30.3%) 96.8 (28.5)	.04
Did not inject drugs in the 3 mo before enrollment							
Tenofovir	n = 462 (19.4%) 100.6 (24.2)	n = 359 (19.1%) 95.9 (22.7)	n = 333 (19.4%) 96.9 (23.5)	n = 307 (19.8%) 95.0 (24.0)	n = 261 (19.5%) 93.8 (24.1)	n = 203 (19.6%) 94.4 (25.5)	<.001
Placebo	n = 432 (18.1%) 99.8 (25.9)	n = 342 (18.2%) 98.3 (26.0)	n = 319 (18.6%) 99.6 (27.0)	n = 279 (18.0%) 99.4 (28.1)	n = 252 (18.9%) 99.4 (27.3)	n = 197 (19.0%) 97.3 (24.9)	.58
Creatinine clearance at baseline							
60–79 mL/min							
Tenofovir	n = 224 (9.4%) N/A ^a	n = 175 (9.4%) 70.4 (12.6)	n = 162 (9.4%) 71.9 (13.2)	n = 158 (10.2%) 70.1 (13.8)	n = 140 (10.5%) 69.0 (14.0)	n = 123 (11.9%) 68.0 (15.0)	.05
Placebo	n = 275 (11.5%) N/A	n = 227 (12.1%) 74.4 (11.1)	n = 217 (12.6%) 75.5 (12.0)	n = 202 (13.0%) 75.3 (13.4)	n = 169 (12.6%) 75.0 (13.7)	n = 133 (12.9%) 72.8 (12.4)	.36
80–99 mL/min							
Tenofovir	n = 451 (18.9%) N/A	n = 350 (18.7%) 87.0 (13.2)	n = 320 (18.6%) 86.7 (12.7)	n = 292 (18.8%) 86.3 (13.9)	n = 241 (18.0%) 84.2 (14.4)	n = 190 (18.4%) 85.1 (14.2)	.01

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Table 3 continued.

Characteristic	No. (%) and Mean Creatinine Clearance (SD)						P Value ^a
	Baseline	Month 12	Month 24	Month 36	Month 48	Month 60	
Placebo	n = 447 (18.7%) N/A	n = 347 (18.5%) 90.9 (13.4)	n = 325 (18.9%) 92.6 (15.0)	n = 277 (17.9%) 92.5 (14.7)	n = 245 (18.3%) 92.4 (15.2)	n = 185 (17.9%) 92.8 (16.2)	.006
≥100 mL/min							
Tenofovir	n = 519 (21.7%) N/A	n = 397 (21.2%) 113.1 (26.2)	n = 362 (21.0%) 113.9 (26.5)	n = 325 (20.9%) 112.1 (25.9)	n = 284 (21.2%) 110.4 (25.5)	n = 211 (20.4%) 111.7 (27.9)	<.001
Placebo	n = 474 (19.8%) N/A	n = 376 (20.1%) 116.6 (24.3)	n = 337 (19.6%) 118.3 (26.0)	n = 298 (19.2%) 119.0 (27.7)	n = 258 (19.3%) 116.7 (27.8)	n = 193 (18.7%) 117.8 (27.3)	.74

Abbreviations: N/A, not applicable; SD, standard deviation.

^a Creatinine clearance results at baseline and annual visits are shown in the table; data from baseline and months 1, 2, 3, and all 3-month visits thereafter through month 60 were used in marginal longitudinal linear regression analysis of demographic characteristics and injecting drug use. Because baseline data were used to define creatinine clearance categories, baseline data were excluded from the analysis of this subgroup.

formula gave mean estimates of GFR 10–12 mL/minute/1.73 m² higher than the MDRD formula, but because the modification multiplies the MDRD result by a constant, did not alter the relationship (test statistic and *P* values) of the tenofovir and placebo groups.

Longitudinal Analyses

In longitudinal analysis through month 60, we found a significant decline in mean creatinine clearance results (Cockcroft-Gault) in the tenofovir group (slope -0.04 ; $P < .001$) but not the placebo group (slope 0.02 ; $P = .08$), and a significant difference in the slopes of the tenofovir and placebo groups ($P < .001$; Figure 1). Using the MDRD formula, there was a significant decrease in GFR in the tenofovir (slope -0.04 ; $P < .001$) and placebo (slope -0.02 ; $P = .004$) groups, but the slopes of the 2 groups were not significantly different ($P = .12$). Using the CKD-EPI formula, the GFR declined in the tenofovir (slope -0.06 ; $P < .001$) and placebo (slope -0.04 ; $P < .001$) groups, and there was a significant difference in the slopes of the groups ($P = .007$). Among tenofovir recipients, we found that the estimated creatinine clearance was, on average, 5.7 mL/minute lower among participants reporting $>80\%$ adherence compared with those reporting $\leq 80\%$ adherence. This difference did not change significantly through month 60 ($P = .11$). The results were similar for GFR with an average decrease of 2.7 mL/minute/1.73 m² using the MDRD formula and 3.1 mL/minute/1.73 m² using the CKD-EPI formula.

We examined creatinine clearance results in demographic, risk, and baseline creatinine clearance subgroups to determine if the impact of tenofovir on renal function varied by subgroup (Table 3). We used the Cockcroft-Gault formula because it is commonly used to assess renal function. Creatinine clearance decreased 6–14 mL/minute from baseline to month 60 in

participants receiving tenofovir in the subgroups, and 1–10 mL/minute lower in the tenofovir subgroups than the placebo subgroups. Among participants receiving tenofovir, the creatinine clearance was lower in men than women ($P < .001$), but the difference did not change significantly over time ($P = .67$). In the tenofovir group, creatinine clearance was lower among participants aged ≥ 30 years than among those aged 20–29 years ($P < .001$), and the difference increased over time ($P = .002$); creatinine clearance results among participants who reported injecting drugs during the 3 months before enrollment did not differ significantly from those who did not inject ($P = .55$). We compared the slopes of mean creatinine clearance results through month 60 of participants with baseline creatinine clearance of 60–79 mL/minute, 80–99 mL/minute, and >100 mL/minute; the slopes did not differ significantly ($P = .18$). The subgroup-specific changes in creatinine clearance were similar between the tenofovir and placebo groups.

Posttrial Assessment of Creatinine Clearance

Following the announcement of trial results that daily oral tenofovir reduced the risk of HIV infection, participants were offered 1 year of daily tenofovir; 749 (31.0%) elected to take tenofovir. The demographic characteristics of these 749 participants were similar to the entire cohort, and they had been off study drug (ie, placebo or tenofovir) a median of 20 months (IQR, 19–21 months). Their mean creatinine clearance (Cockcroft-Gault) when they enrolled in the Bangkok Tenofovir Study was 99.0 mL/minute; 98.9 mL/minute (95% CI, 96.0–101.7) in those who received tenofovir, and 99.0 mL/minute (95% CI, 96.3–101.8) in those who received placebo ($P = .93$); however, 2–5 years later when they exited the randomized phase of the study, the mean creatinine clearance result was lower in the tenofovir group (89.7 mL/minute [95% CI,

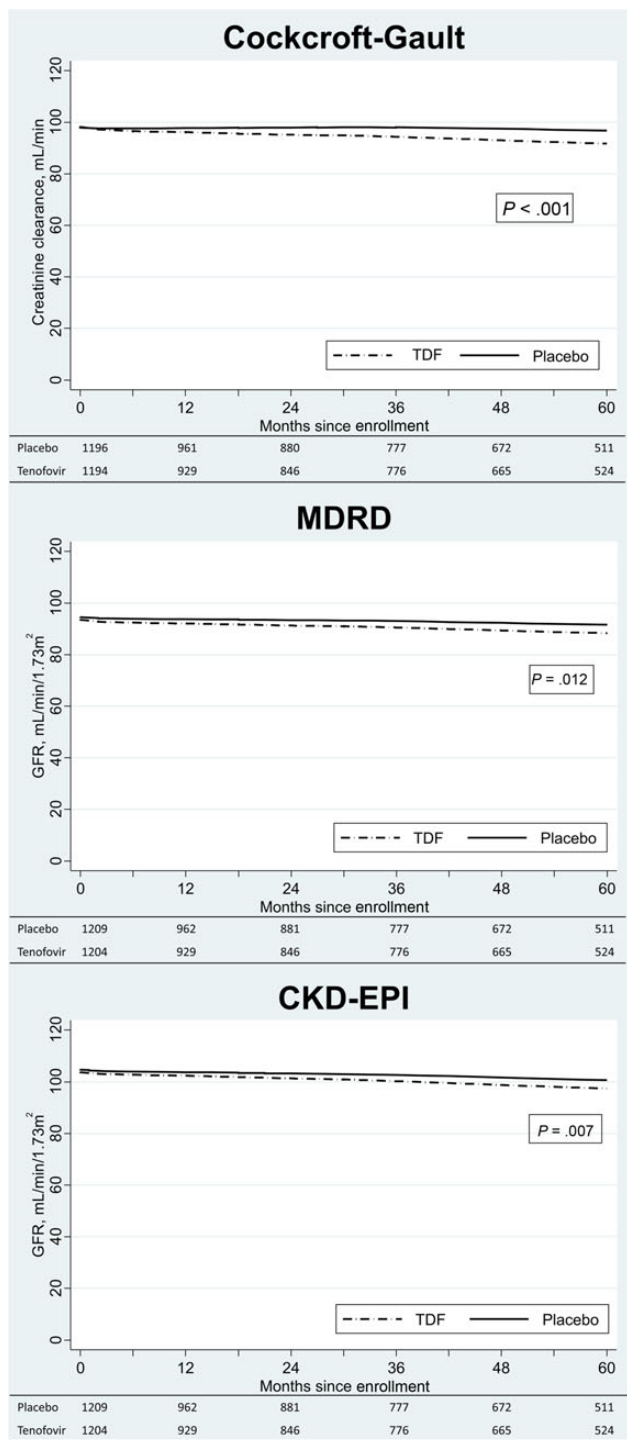


Figure 1. Lowess curves fitted to scatterplots of mean creatinine clearance using the Cockcroft-Gault formula and glomerular filtration rate using the Modification of Diet in Renal Disease and Chronic Kidney Disease Epidemiology Collaboration formulas by study group using all follow-up data from Bangkok Tenofovir Study participants through 60 months. *P* values for the difference in the slopes of the tenofovir and placebo groups are provided. Abbreviations: CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; GFR, glomerular filtration rate; MDRD, Modification of Diet in Renal Disease; TDF, tenofovir.

86.7–92.7]) than in the placebo group (97.9 mL/minute [95% CI, 95.1–100.7]) ($P < .001$). When these participants returned to receive tenofovir, mean creatinine clearance was, once again, similar between those who had received tenofovir (91.5 mL/minute [95% CI, 88.6–94.4]) and those who had received placebo (94.7 mL/minute [95% CI, 91.9–97.5]) ($P = .12$).

DISCUSSION

In this large, randomized, placebo-controlled, HIV preexposure prophylaxis trial, daily use of oral tenofovir was not associated with higher rates of grade 2, 3, or 4 creatinine results or renal disease compared with placebo, an observation that is consistent with findings from HIV treatment trials [3, 7, 8] and other preexposure prophylaxis trials [22–24, 30]. Similar to findings of HIV clinic-based cohort studies and the iPrEx study, which have shown modest decreases in estimated creatinine clearance associated with use of tenofovir [14, 15, 31, 41], estimates of creatinine clearance and GFR in this study were significantly lower for participants randomized to tenofovir compared with placebo at months 24, 36, 48, and 60. Although the differences were statistically significant, they were small, ranging from 2.7 to 5.2 mL/minute by the Cockcroft-Gault formula, 2.5 to 4.0 mL/minute/1.73 m² by the MDRD formula, and 2.0 to 3.8 mL/minute/1.73 m² by the CKD-EPI formula. Based on the analysis of 749 participants who stopped study drug (ie, placebo or tenofovir) for a median of 20 months, the decrease in creatinine clearance among tenofovir recipients was reversible.

Longitudinal analysis showed a significant decline in creatinine clearance, measured using the Cockcroft-Gault formula, in the tenofovir group compared with the placebo group ($P < .001$); and in GFR, using the CKD-EPI formula ($P = .007$) but not with the MDRD formula ($P = .12$). The CKD-EPI equation has been shown to more accurately classify individuals with respect to their risk of mortality and end-stage renal disease than the MDRD formula, particularly people with GFR rates >45 mL/minute/1.73 m² [42], and may provide a more accurate estimate of GFR in this study population. Among participants taking tenofovir, creatinine clearance was lower in men than women ($P < .001$) and declined more in older participants than participants aged 20–29 years during follow-up ($P = .002$), but the differences in the change from baseline to month 60 were small (1–3 mL/minute).

The study has several limitations. We did not measure GFR directly, but used serum creatinine and demographic variables to estimate GFR. The decrease in estimated GFR we describe may be due to tenofovir-associated inhibition of creatinine secretion in the proximal tubule and may not reflect a true decline in GFR [43]. Participants were predominantly men; in addition,

Bangkok Tenofovir Study entry criteria required a creatinine clearance, measured with the Cockcroft-Gault formula, of ≥ 60 mL/minute, limiting our assessment to people with normal baseline renal function. In addition, we did not collect urine for analysis, and cannot directly assess renal tubular function.

Based on its efficacy, safety, and ease of administration, tenofovir is widely used in combination with other antiretroviral medications for the treatment of HIV [1, 2]. Recent evidence that daily oral tenofovir and tenofovir-emtricitabine can prevent or reduce the risk of HIV infection among people at high risk of HIV infection [22–25] defines an important new use for this antiretroviral medication [26–29]. In this analysis of 2413 HIV-uninfected people randomized to receive daily tenofovir or placebo and followed for an average of 4 years, we found small, but significantly lower cross-sectional measures of creatinine clearance and GFR among participants who received tenofovir compared with those who received placebo, and modest differences in the downward trends of creatinine clearance and GFR in longitudinal analysis. Analysis of a subset of participants who stopped tenofovir indicates that the decrease in creatinine clearance was reversible. These results, and the results of other preexposure prophylaxis trials [22–24], suggest that daily oral tenofovir can be used safely as a component of HIV preexposure prophylaxis, but it will be important to include baseline assessments of renal function and routine monitoring of creatinine clearance during follow-up as part of this new HIV prevention strategy.

Notes

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