

Human reprogramming roadmap unveils route to induced trophoblast stem cells

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46

47 **Summary Paragraph**

48 Reprogramming human somatic cells to primed or naive induced pluripotent stem cells
49 (iPSC) recapitulates the different stages of early human embryonic development¹⁻⁶. The
50 molecular mechanism underpinning the reprogramming of human somatic cells to primed or
51 naive induced pluripotency remains largely unexplored, impeding our understanding and
52 limiting rational improvements to reprogramming protocols. To address this, we
53 reconstructed molecular reprogramming trajectories using single-cell transcriptomics. This
54 revealed that reprogramming into primed and naive human pluripotency follows diverging
55 and distinct trajectories. Moreover, genome-wide accessible chromatin analyses showed key
56 changes in regulatory elements of core pluripotency genes, and orchestrated global changes
57 in chromatin accessibility over time. Integrated analysis of these datasets unveiled an
58 unexpected role of trophoctoderm (TE) lineage-associated transcription factors and the
59 existence of a subpopulation of cells that enter a TE-like state during reprogramming.
60 Furthermore, this TE-like state could be captured, allowing the derivation of induced
61 Trophoblast Stem Cells (iTSCs). iTSCs are molecularly and functionally similar to TSCs
62 derived from human blastocysts or first-trimester placental trophoblasts⁷. Altogether, these
63 results provide a high-resolution roadmap for transcription factor-mediated human

64 reprogramming, revealing an unanticipated role of the TE-lineage specific regulatory
65 program during this process and facilitating the direct reprogramming of somatic cells into
66 iTSCs.

67 **Keywords**

68 Naive human induced pluripotent stem cells, Primed human induced pluripotent stem cells,
69 Reprogramming, Induced trophoblast stem cells, Syncytiotrophoblast, Extravillous
70 trophoblast, Yamanaka factors, Non-integrating, Epiblast, Trophectoderm, Pre-implantation.

71

72 **Main Text**

73 Human embryonic stem cells (hESCs) are derived from the epiblast of preimplantation
74 blastocysts. Alternatively, human induced pluripotent stem cells (hiPSCs) are generated from
75 adult cells, such as fibroblasts, by transcription factor (TF)-mediated nuclear reprogramming.
76 Both cell types are pluripotent since they can give rise to all cell types within the embryo, but
77 not the extraembryonic tissues (i.e. placenta). Conventionally, hESCs/hiPSCs are cultured in
78 the primed state resembling the post-implantation epiblast, however recently culture
79 conditions have enabled the generation of naive hESCs/hiPSCs, resembling human
80 preimplantation epiblast, an earlier stage in embryonic development¹⁻³. Contrary to mouse
81 reprogramming, where comprehensive roadmaps of the reprogramming process have been
82 reported⁸⁻¹², few recent studies have revealed details of reprogramming towards human
83 pluripotency¹³⁻¹⁵. Moreover, variations in donor genetic background, culture conditions,
84 reprogramming systems and isolation strategies for reprogramming intermediates can
85 confound results¹³⁻¹⁵.

86

87 **Charting a human reprogramming roadmap**

88 To investigate the cellular transitions during the reprogramming of genetically matched adult
89 human dermal fibroblasts into primed and naive hiPSCs in a clinically relevant way, we
90 utilised integration-free Sendai viruses to deliver the TFs *OCT4/POU5F1*, *KLF4*, *SOX2*, and
91 *c-MYC* (OKSM). Transduced cells were first cultured in fibroblast medium (fm) and then
92 transitioned into media for either primed reprogramming (pr) or t2iLGoY naive
93 reprogramming (nr) (see Methods). Primed and naive reprogramming intermediates and
94 hiPSCs were confirmed by morphological changes, the pluripotency marker TRA-1-60 and
95 the naive-associated marker KLF17 (Extended Data Fig. 1a, b). To study each
96 reprogramming pathway at single-cell resolution, we employed two complementary

107 strategies: (1) ‘time-resolved’ to track changes happening with respect to time, by collecting
108 intermediates at Day 0 (D0), D4, D8, D12-pr, D12-nr, D16-pr, D16-nr, D20-pr, D20-nr, D24-
109 pr, D24-nr, Passage 3 (P3-nr), P20-pr, P20-nr and subjecting them to single-nucleus RNA
100 sequencing (snRNA-seq) (Fig. 1a); (2) ‘media-resolved’ to assess the entire reprogramming
101 experiment as a single process and control for any possible confounding effects, by pooling
102 the complete trajectories into three libraries based on the medium compositions (libraries FM,
103 PR, and NR) and subjecting them to single-cell RNA sequencing (scRNA-seq) (Extended
104 Data Fig. 1c). We integrated the sn and scRNA-seq datasets, resulting in a dataset of 43,791
105 cells, robustly detecting 11,549 genes (Extended Data Fig. 1d, Supplementary Table 1,2, see
106 Methods). To visualize the relationships between single cells, we employed force-directed
107 layout (FDL)¹⁶, previously used to characterise mouse reprogramming¹². FDL shows that
108 cells separated into either primed or naive reprogramming trajectories (Fig. 1b, Extended
109 Data Fig. 1e-i, Supplementary Video 1) and identified cells in different predicted stages of
110 the cell cycle (Extended Data Fig. 1h). Cell identity was further confirmed by the expression
111 of known marker genes for fibroblasts (*ANPEP*), shared pluripotency (*NANOG*), primed
112 pluripotency (*ZIC2*), and naive pluripotency (*DNMT3L*) (Fig. 1c,d, Extended Data Fig. 1j).
113 We further corroborated these findings by applying several complementary dimensionality
114 reduction methods such as principal component analysis (PCA), diffusion maps¹⁷ (DM), and
115 UMAP, which produced equivalent results (Extended Data Fig. 1k-r). CytoTRACE¹⁸, which
116 estimates cell potency, resolved the expected order with naive cells appearing the least
117 differentiated, followed by primed and then fibroblasts (Fig. 1e). Furthermore, a pseudotime
118 trajectory analysis using the Monocle3¹⁹ algorithm reinforced the observed major bifurcations
119 that occur between naive and primed trajectories, fibroblasts, and refractory cells (Fig. 1e).
120 Altogether, these results show the naive reprogramming trajectory is distinct from the primed,
121 rather than an extension of it.

122

123 **Alternative induced pluripotent conditions**

124 To further characterise the cell populations arising during reprogramming, we performed
125 unsupervised clustering analysis²⁰, identifying 21 cell clusters (Extended Data Fig. 2a).
126 Notably, we only observed Naive Reprogramming (NR) and Primed Reprogramming (PR)
127 intermediates near the trajectories bifurcation point. The clusters allowed us to apply
128 Partition-based graph abstraction (PAGA)²¹ trajectory inference, which confirmed that PR
129 and NR trajectories bifurcate (Extended Data Fig. 2b-d, Fig. 1f). Furthermore, the
130 mesenchymal-epithelial transition (MET) occurred early during reprogramming (Extended

131 Data Fig. 2e). We performed a differential gene expression analysis to identify cluster-
132 specific marker genes, which were then combined to produce eight different gene signatures
133 (Extended Data Fig. 2f-h, Supplementary Table 3), with two of these robustly distinguishing
134 primed and naive human hiPSCs. Consistent with a previous study¹⁴, we found that some
135 cells during PR activated the naive signatures, but these cells are still transcriptionally distinct
136 from naive reprogramming intermediates (Extended Data Fig. 2g, Fig. 1g). Furthermore, the
137 results demonstrated that reprogramming into naive pluripotency does not require a transition
138 through a primed pluripotency state.

139

140 Analysis of the gene expression of pluripotency-associated cell surface markers²² across
141 clusters informed a flow cytometry isolation strategy to analyse purified populations of
142 reprogramming intermediates using bulk-level assays (Extended Data Fig. 3a, Supplementary
143 Fig. 1, see Methods). Bulk RNA-seq obtained from different time points during primed and
144 naive reprogramming confirmed our isolation strategy (Extended Data Fig. 3b). The
145 development of different culture conditions to propagate and maintain naive hESCs/hiPSCs
146 has been a subject of active research¹⁻⁶, with different media producing hiPSCs with a
147 spectrum of naive characteristics⁴. Thus, to study the reprogramming pathways in different
148 media conditions we isolated reprogramming intermediates in other naive media including
149 5iLAF², NHSM¹, and RSeT (Extended Data Fig. 3c-e). Harmonisation of the RNA-seq of the
150 different media-intermediates with the snRNA-seq dataset revealed that NHSM cells follow
151 the previously identified primed reprogramming trajectory, whereas 5iLAF overlaps with that
152 of t2iLGoY. Day 13 and 21 intermediates of the RSeT condition transitioned along the naive
153 t2iLGoY trajectory but ultimately switched branches, establishing that RSeT hiPSCs
154 (Passage 3 and 10) clustered near primed hiPSCs (Fig. 2a, Extended Data Fig. 3f,
155 Supplementary Table 4). These observations were confirmed by scoring these
156 reprogramming intermediates using the primed and naive signatures defined previously (Fig.
157 2b and Supplementary Table 5). We further examined cell heterogeneity during RSeT
158 reprogramming by scRNA-seq, identifying both primed-like and naive-like intermediates
159 (Supplementary Table 6). The primed-like cell population likely dominates over time,
160 explaining the observed switch in the reprogramming branch at bulk level (Extended Data
161 Fig. 4a,b). Overall, these analyses revealed that reprogramming using various pluripotency
162 conditions always follows the main naive or primed trajectories.

163

164 **Chromatin dynamics during reprogramming**

165 Cell fate transitions during reprogramming are orchestrated by a dynamic reorganisation of
166 the epigenome^{8,10,11,14}. To elucidate the chromatin accessibility landscape and the use of
167 regulatory elements (RE) during reprogramming, we performed Assay for Transposase-
168 Accessible Chromatin sequencing (ATAC-seq) on flow-cytometry-isolated reprogramming
169 intermediates (Supplementary Table 4). PCA of the ATAC-seq peaks (Fig. 2c, Extended Data
170 Fig. 5a) and its integration with RNA-seq experiments (Extended Data Fig. 5b,c, see
171 Methods) revealed distinct changes in chromatin accessibility and a bifurcated trajectory as
172 observed in our transcriptional analyses. A closer inspection of population identifying genes
173 (*ANPEP*, *PRDM14*, *SOX11*, *DNMT3L*) revealed that loss of accessibility of somatic
174 regulatory elements is accompanied by a gain of open chromatin regions in RE and/or
175 promoters of genes associated with either primed or naive pluripotency (Extended Data Fig.
176 5d-f). To uncover the distinct dynamics of chromatin accessibility, we performed fuzzy-
177 clustering²³, resulting in eight clusters (C1-8) (Supplementary Table 7) and grouped them by
178 their behaviour over time (Fig. 2d). This analysis revealed: (1) Comparable distribution of
179 peaks across genomic region classes in all clusters (Extended Data Fig. 6a); (2) Regions of
180 open chromatin in fibroblasts (C1 and C2) became progressively inaccessible [shared loss
181 (SL)] during reprogramming, concomitant with downregulation of the associated genes (Fig.
182 2d, Extended Data Fig. 6b,c); (3) Transient clusters (C3 and C4) [shared transient (ST)]
183 exhibit overrepresentation of genes associated with transcription, metabolism, and various
184 organ morphogenesis; (4) Regions with a gradual gain of accessibility for both primed and
185 naive reprogramming (C5) [shared up (SU)] are associated with embryonic development and
186 stem cell maintenance; (5) Regions that specifically gained accessibility during primed
187 reprogramming (C6) [primed up (PU)] were associated with a range of embryonic
188 developmental processes; (6) Two clusters (C7, C8) [naive up (NU), (C7 is also primed
189 transient (PT)] exhibit gain of naive-specific accessibility during reprogramming and are
190 associated with regulation of cell division, metabolism, and cell polarity (Fig. 2d, Extended
191 Data Fig. 6b,c, Supplementary Table 8).

192

193 **Distinct programs drive reprogramming**

194 To determine specific TFs that drive these different programs, we identified TF binding-site
195 motifs enriched in each cluster (Supplementary Table 9). Motif enrichment analysis of the SL
196 regions uncovered TFs (such as *FOSL1*) that safeguard fibroblast cell identity, corroborating
197 previous studies in mouse^{10,11} (Extended Data Fig. 6d,e). C3 exhibited motifs for somatic TFs
198 (e.g. *FOSL1*, *JUNB*) and an enrichment for *OCT4*, *SOX2*, *NANOG* and *KLF4* binding motifs

199 (Extended Data Fig. 6d,e). This redistribution of somatic TFs to transiently accessible regions
200 harbouring their binding motifs during reprogramming by *OCT4/SOX2* supports a similar
201 effect previously described in mice¹¹, potentially representing a pan-mammalian paradigm of
202 somatic accessible chromatin reorganization mediated by reprogramming factors.
203 Interestingly, two clusters (C7 and C8) show an unexpected significant motif enrichment of
204 trophoctoderm (TE) associated TFs (e.g. *TFAP2C*, *GATA2*), and these TFs were specifically
205 upregulated during reprogramming to the naive state or transiently upregulated in the primed
206 state (e.g. C7) (Extended Data Fig. 6d-f, Fig. 2e). Furthermore, the shared C5 cluster also
207 exhibited enrichment for the same factors (Fig. 2e). To test whether these TE-associated TFs
208 were passengers or drivers, we experimentally knocked them down during reprogramming
209 using short hairpin (sh) RNAs (Extended Data Fig. 6g, Supplementary Table 10). While the
210 absence of *TFAP2C* showed a minor effect on the efficiency of primed reprogramming, naive
211 reprogramming was greatly impaired (Fig. 2f). Knockdown (KD) of *GATA2* affected both
212 primed and naive reprogramming, possibly being a result of *GATA2* expression being
213 upregulated earlier in reprogramming (Fig. 2f). Thus, these different transcriptional
214 regulatory processes likely govern naive and primed branches of reprogramming.

215

216 **Trophoctoderm branch during reprogramming**

217 We hypothesized that TE-lineage associated regulatory networks synergistically govern the
218 transition to naive pluripotency. Thus, using our defined signatures we calculated a primed
219 and naive score of *in vivo* human embryo datasets from two studies^{24,25} (Extended Data Fig.
220 7a,b, see Methods). As expected, epiblast (EPI) scored the highest for naive (Supplementary
221 Table 11), validating our approach. We next used EPI, primitive endoderm (PE), and TE
222 signatures (Supplementary Table 12) from a published scRNA-seq human embryo dataset²⁵
223 to compute the EPI, PE, and TE scores of our reprogramming intermediates. In addition to
224 the expected upregulation and maintenance of the EPI-associated transcriptional circuitry,
225 TE-associated transcriptional programs were transiently activated during reprogramming into
226 the naive t2iLGoY and 5iLAF states (Extended Data Fig. 7c-f). This was supported by a gene
227 set enrichment analysis (Extended Data Fig. 7e). Interestingly, we found a subpopulation of
228 cells highly enriched for the TE signatures in the single-cell trajectory of naive
229 reprogramming (Fig. 3a, Extended Data Fig. 7g). This subpopulation forms a novel
230 intermediates cluster (nic) and its corresponding signature (novel-intermediates signature)
231 shows high enrichment in the TE-lineage of *in vivo* human blastocysts (Extended Data Fig.
232 7h).

233

234 **Deriving induced trophoblast stem cells**

235 We hypothesised that this TE-associated cell cluster could be stabilised to give rise to
236 trophoblast stem cells (TSCs). Thus, we transitioned naive reprogramming intermediates at
237 day 21 (d21n) into the recently reported human TSC medium⁷ (Fig. 3b). Remarkably, we
238 observed the appearance of cells that morphologically resemble TSCs, which we named
239 induced TSC (iTSC^{d21n}) (Fig. 3c). Further characterization showed that iTSC^{d21n} express key
240 markers that define human TE and TSCs^{7,26} such as P63, TFAP2C, GATA2, and KRT7 (Fig.
241 3d, Extended Data Fig. 8a). Moreover, these iTSCs express comparable levels of TSC marker
242 genes and are distinct from human fibroblasts and primed and naive hiPSCs (Extended Data
243 Fig. 8b). To functionally characterize the iTSC^{d21n}, we examined their *in vitro* differentiation
244 capacity to give rise to syncytiotrophoblast (ST) and extravillous trophoblast (EVT) cells, the
245 major trophoblast subtypes of the placenta²⁶. This demonstrated that iTSC^{d21n} can be
246 differentiated into ST cells characterised by SDC1-positive multinucleated cells and EVT
247 cells defined by upregulation of HLA-G, a key histocompatibility molecule expressed in
248 placenta^{7,26} (Fig. 3e, Extended Data Fig. 8c). The iTSC^{d21n}-ST cells showed significantly
249 higher fusion index compared to iTSC^{d21n} and secreted human chorionic gonadotropin (hCG)
250 that could be detected using an over-the-counter (OTC) human hCG pregnancy test stick and
251 quantified by hCG ELISA (Extended Data Fig. 8d-f). Next, we evaluated the *in vivo*
252 differentiation potential of iTSC^{d21n} by subcutaneous injection into mice. Nine days post-
253 injection (P.I.), mouse urine was positive for hCG using the OTC human pregnancy tests
254 (Fig. 3f, see Methods) and hCG was also detected in the blood serum (Extended Data Fig.
255 8g). We further confirmed engraftment and differentiation by histology analyses of the
256 lesions formed, showing SDC1-positive ST-like cells and HLA-G-positive EVT-like cells
257 comparable to the reported primary tissue-derived TSCs⁷ (Extended Data Fig. 8h,i, Fig. 3g).
258 Importantly, these results demonstrate that iTSCs^{d21n} are bipotent *in vitro* and *in vivo*. Finally,
259 we used CD70-low to enrich TE-like cells from the 'nic' cluster and demonstrated that the
260 identified TE-like cluster carries the greatest potential for iTSC^{d21n} generation (Extended
261 Data Fig. 8j,k). Altogether, this suggests that cell fate specification is highly dynamic and
262 plastic during human somatic cell reprogramming.

263

264 **Reprogramming fibroblasts directly into iTSCs**

265 To test whether iTSCs could be derived directly from human fibroblasts, we started
266 reprogramming experiments and transitioned the day 8 intermediates into (1) TSC or (2)

267 naive medium, or (3) kept them in fibroblast medium. We then performed scRNA-seq on
268 these conditions at day 21 to assess the cellular heterogeneity (Extended Data Fig. 9a). A
269 population of TE-like cells was observed, and closer examination revealed that this TE-like
270 population contained cells from all three reprogramming conditions (Fig. 4a,b, Extended Data
271 Fig. 9b-d, Supplementary Table 13). Furthermore, the day 21 fibroblast intermediates also
272 consist of cells with strong epiblast, primed, and naive signatures (Extended Data Fig. 9e),
273 and accordingly they were able to give rise to pluripotent and trophoblast stem cell lines
274 (Extended Data Fig. 9f-h). We noticed that the proportion of TE-like population was the
275 highest in TSC media compared to fibroblast and naive media (Fig. 4b, Extended Data Fig.
276 9d). Therefore, we hypothesized we could derive iTSC lines more efficiently by directly
277 transitioning day 8 intermediates into TSC media (iTSC^{d8}), without the need to expose the
278 cells to naive medium or prolonged culturing in fibroblast medium (Fig. 4c). As seen in Fig.
279 4d, iTSCs^{d8} were successfully derived directly, and our transgene-free iTSCs^{d8} (Extended
280 Data Fig. 10a) have demonstrated the capacity to undergo >50 passages thus far without a
281 growth rate reduction. We then performed a comprehensive molecular and functional
282 characterisation of iTSC^{d8} based on features defined for TSCs generated from primary
283 sources^{7,26-29}. This demonstrated that: (1) These iTSC^{d8} expressed key marker genes
284 indicative of mononuclear trophoblasts²⁶ (Fig. 4e), and (2) they could differentiate into STs
285 and EVT. The STs expressed SDC1, displayed cell fusion and hCG secretion (Fig. 4f-g,
286 Extended Data Fig. 10b-e). EVT expressed HLA-A, B, C pan markers, but not HLA-B
287 marker, and importantly they did express HLA-G (Extended Data Fig. 10f-h). We found that
288 the expression of HLA-A, B, C was detected in iTSCs, similar to what was reported in TSCs
289 derived from blastocysts⁷. In contrast, trophoblast organoids are HLA-negative²⁸ suggesting
290 that the culture conditions might support TSCs at different stages of gestation. (3)
291 Furthermore, our iTSCs and iTSC-derived STs/EVTs share a common transcriptomic profile
292 with the corresponding primary cell types in other published datasets (Fig. 4h, Extended Data
293 Fig. 10i-l, Supplementary Table 14). (4) iTSCs also shows higher levels of expression of
294 microRNAs (miRNAs) from the chromosome 19 miRNA cluster (C19MC) compared to
295 fibroblast and hiPSCs, a unique feature of primary trophoblast²⁶ (Fig. 4i). (5) We observed
296 specific open chromatin accessibility at the promoter and putative enhancer regions of the
297 *ELF5* locus in our iTSCs and TSC^{BT5} (data from³⁰) (Fig. 4j), which has previously been
298 found to be hypomethylated^{7,26}. (6) Finally, we showed that iTSC^{d8} could engraft into mouse
299 tissues, differentiate into the major trophoblast-lineage cell types of the placenta *in vivo*, and
300 secrete hCG in urine and serum (Fig. 4k-m, Extended Data Fig. 10m). Thus, these results

301 confirmed that iTSC^{d8} derived directly from human fibroblasts are similar to the primary
302 TSCs.

303

304 **Discussion**

305 Here, we present a detailed molecular roadmap of reprogramming into primed and naive
306 human pluripotency at the single-cell level, for which we developed an interactive online tool
307 (<http://hrpi.ddnetbio.com/>) to facilitate easy exploration of the dataset. This roadmap revealed
308 that the two reprogramming trajectories diverge, and in order for a cell to reprogram into a
309 naive pluripotent state it does not need to first acquire a primed pluripotent state, indicating
310 that reprogramming to the naive state is not a reversion of the developmental pathway. On
311 closer inspection, both the main naive and primed branches also exhibit alternative sub-
312 branches. We hypothesise that these sub-branches could be true alternative pathways or
313 metastable fates. For example, in the naive branch, at least two sub-branches are apparent,
314 one where a TE-associated network is upregulated and one where it is not. The fact that the
315 knockdown of TFs predicted to be driving those networks impaired naive reprogramming
316 (Fig. 2) suggests that both sub-branches are active and that the reprogramming trajectories
317 remain similar for different naive conditions (5iLAF and t2iLGoY), indicating that each
318 medium promotes not only a similar final pluripotency state, as we have shown previously⁴,
319 but also drives the intermediate cells along similar trajectories. Together, these results present
320 a ‘push or pull’ question: are similar reprogramming trajectories determined by being pulled
321 towards a common final pluripotency state, or do the specific culture media pushes the cells
322 along similar trajectories, and as a consequence result in similar final states?

323

324 The change in chromatin accessibility during primed and naive reprogramming also indicate
325 a bifurcated trajectory. Early and transient chromatin accessibility clusters are enriched in
326 OKS motifs, suggesting binding of these TFs at initially closed regions and supporting a
327 pioneering effect of these factors, as previously reported^{11,31}. Furthermore, the upregulation
328 of TE-associated transcriptional networks during reprogramming into the epiblast-like state
329 (naive) is unexpected (Fig. 2e, 3a), since one of the first cell fate decisions that cells make
330 during development is whether they will become trophoblast or epiblast. Interestingly, our
331 results revealed the coexistence of primed-like, naive-like, and TE-like cells during
332 reprogramming in the fibroblast medium, without exposing them to any pluripotent or
333 trophoblast media, suggesting that OKSM can induce human fibroblasts to acquire

334 pluripotent and trophoblast states. The direct reprogramming of fibroblasts into iTSCs is in
335 contrast to the recently reported three-step-approach where somatic cells must first be
336 reprogrammed into hiPSCs, then converted into the expanded-potential or naive stem cells
337 before being differentiated into TSCs^{30,32}. We envision that this direct approach will facilitate
338 the generation of patient-specific iTSCs to study trophoblast dysfunction. Such studies are
339 critically needed as this dysfunction leads to various complications during pregnancy, such as
340 preeclampsia and intrauterine growth restriction^{7,26,28}. Furthermore, having stable, self-
341 renewing, *bona fide* isogenic human iPSC and iTSC lines will provide a unique opportunity
342 to study human trophoctoderm and trophoblast development and to better understand their
343 roles in coordinating events associated with cell fate decisions during early human
344 embryogenesis. As such, it would be possible to investigate the interaction between
345 pluripotent and trophoblast stem cells *in vitro* and apply modern biochemical and molecular
346 techniques at scale, rapidly increasing our ability to understand and intervene in
347 developmental diseases. Finally, since both embryonic and extraembryonic lineages can be
348 derived, these results also hint at the intriguing possibility that there may be a totipotent state
349 during reprogramming. Thus if the conditions to stabilize these cells and stringently defined
350 totipotency criteria are met³³, a totipotent cell type could eventually be derived by
351 reprogramming.

352

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424

425 **Main Fig. Legends**

426 **Fig. 1 | Charting a human reprogramming roadmap.** **a**, Experimental design. **b**, FDL of
427 43,791 cells, highlighting the snRNA-seq and scRNA-seq libraries. **c**, Expression of marker
428 genes associated with human fibroblasts (*ANPEP*), shared pluripotency (*NANOG*). **d**, Naive
429 pluripotency (*DNMT3L*) and primed pluripotency (*ZIC2*) on FDL. **e**, Cellular trajectory
430 reconstruction using CytoTRACE and Monocle3. **f**, PAGA trajectory inference applied onto
431 cell clusters on FDL. **g**, Predicted cell states using defined gene signatures on FDL. For more
432 details on sample number and statistics, please see statistics and reproducibility section.

433

434 **Fig. 2 | Distinct transcriptional regulatory programs drive primed and naive human**
435 **reprogramming.** **a**, PCA of the integrated bulk RNA-seq of primed and several types of
436 naive reprogramming intermediates with snRNA-seq datasets (see Methods), $n \geq 2$. **b**, Naive
437 and primed signatures scores of reprogramming intermediates under different conditions. **c**,
438 PCA of ATAC-seq signals, $n=2$. **d**, Clustering analysis of ATAC-seq peaks during
439 reprogramming. Number of peaks in each cluster is given. Solid lines and ribbons represent
440 mean of standardized ATAC-seq signals across clusters \pm s.d. **e**, Motif enrichment
441 significance ($-\log P$ value) of *TFAP2C* and *GATA2* in ATAC-seq clusters (C1-C8). **f**,
442 Reprogramming efficiency upon *TFAP2C* KD into primed ($n=6$ each for control and

443 sh*TFAP2C*) and naive ($n=6$ each for control and sh*TFAP2C*) pluripotency, and
444 reprogramming efficiency upon *GATA2* KD into primed ($n=10$ for control, $n=11$ for
445 sh*GATA2*) and naive ($n=11$ each for control and sh*GATA2*) pluripotency. For more details on
446 sample number and statistics, please see statistics and reproducibility section.

447

448 **Fig. 3 | Derivation of iTSCs during reprogramming. a**, *In vivo* TE signatures on FDL
449 projection overlaid with single-cell trajectories constructed using Monocle3 (black lines).
450 Blue arrow indicates TE-enriched cell population. **b**, Experimental design for derivation of
451 iTSC^{d21n}. **c**, Phase-contrast image of iTSC^{d21n}. Scale bar, 100 μ m. **d**, Immunostaining of
452 iTSC^{d21n} with P63, TFAP2C, GATA2, KRT7. Scale bar, 100 μ m. Representative images from
453 $n=4$. **e**, SDC1 and HLA-G immunostaining of ST and EVT cells, respectively, differentiated
454 from iTSC^{d21n}. Scale bar, 100 μ m. Representative images from $n=4$. **f**, Representation of
455 iTSC^{d21n} engraftment assay by injection into NOD-SCID mice. The urine, blood serum, and
456 lesions were examined 9 days post-injection. Representative positive results for hCG
457 pregnancy test from urine samples collected from iTSC^{d21n}-injected mice compared to the
458 vehicle controls, $n=3$. **g**, Immunohistochemical staining of SDC1 and HLA-G in the lesions
459 harvested from iTSC^{d21n}-engrafts in NOD-SCID mice. No evident lesions were observed in
460 vehicle controls. Scale bar, 200 μ m. Representative images from $n=4$. For more details on
461 sample number and statistics, please see statistics and reproducibility section.

462

463 **Fig. 4 | Direct derivation of iTSCs from human fibroblasts. a**, FDL representation of
464 scRNA-seq libraries of day 21 reprogramming intermediates (10,518 cells). **b**, TE signatures
465 on FDL projections, TE-like population is highlighted and coloured by the library. **c**,
466 Experimental design of direct derivation of iTSC^{d8} from fibroblasts. **d**, Phase-contrast image
467 of iTSC^{d8}. Scale bar, 100 μ m. **e**, Immunostaining of iTSC^{d8} for several TSC makers. Scale
468 bar, 100 μ m. **f**, Phase-contrast and immunostaining of ST and **g**, EVT cells differentiated from
469 iTSC^{d8}. Scale bar, 100 μ m. $n=4$ for **d-g**. **h**, Spearman correlation of transcriptomes from this
470 study with published datasets. Biological replicates ($n\geq 2$) are averaged prior to performing
471 correlation. **i**, C19MC miRNAs expression normalised to miR-103a, mean \pm s.e.m., not
472 detected (ND), red dotted line indicates level in primed hiPSCs. $n=2$. **j**, ATAC-seq signal at
473 *ELF5* region in indicated cell types (TSC^{BT5} derived from human blastocysts³⁰), mean value
474 of replicates ($n=2$), TSC peaks are marked in grey. **k**, Representative hCG test from urine
475 samples collected from iTSC^{d8}-injected mice, $n=3$. **l**, hCG protein level detected by hCG
476 ELISA using mouse blood serum samples, $n=4$. **m**, Hematoxylin and eosin, and

477 immunohistochemical staining of KRT7, SDC1 and HLA-G in the lesions harvested from
478 iTSC^{d8}-engrafts in NOD-SCID mice, $n=4$, no evident lesions were observed in vehicle
479 controls. Scale bar, 200 μ m. For more details on sample number and statistics, please see
480 statistics and reproducibility section.

481

482 **METHODS**

483 **Cell culture conditions.** The experimental design, materials, and reagents are described in
484 the Life Sciences Reporting Summary. All cell lines used in this study were authenticated,
485 mycoplasma tested as described in the Reporting Summary. Primary human adult dermal
486 fibroblasts (HDFa) from three different female donors were obtained from ThermoFisher
487 (Catalogue number C-013-5C and lot#1029000 for 38F, lot#1528526 for 55F and
488 lot#1569390 for 32F), cells were recovered and plated in medium 106 (ThermoFisher)
489 supplemented with low serum growth supplement (LSGS) (ThermoFisher) for expansion.
490 The use of human embryonic stem cells (H9) was carried out in accordance with approvals
491 from Monash University and the Commonwealth Scientific and Industrial Research
492 Organisation (CSIRO) Human Research Ethics Offices. Conventional primed human iPSCs
493 (established lines) and H9 ESCs (WiCell Research Institute, Madison, WI,
494 <http://www.wicell.org>) were maintained in a feeder-free system on vitronectin (VTN-N,
495 Gibco) coated tissue culture plastics in Essential 8 medium (Gibco). Media were changed
496 daily, and cells were passaged every 5 days using 0.5 mM EDTA (Invitrogen). Culture
497 conditions used for human somatic cell reprogramming were prepared as described
498 previously^{4,34}. **Fibroblast medium:** DMEM (ThermoFisher), 10% Fetal Bovine Serum (FBS,
499 Hyclone), 1% Nonessential amino acids (ThermoFisher), 1mM GlutaMAX (ThermoFisher),
500 1% Penicillin-streptomycin (ThermoFisher), 55 μ M 2-mercaptoethanol (ThermoFisher) and
501 1mM sodium pyruvate (ThermoFisher). **Primed medium:** DMEM/F12 (ThermoFisher), 20%
502 Knockout Serum Replacement (KSR, ThermoFisher), 1mM GlutaMAX (ThermoFisher),
503 0.1mM 2-mercaptoethanol (ThermoFisher), 1% Non-essential amino acids (ThermoFisher),
504 50ng/mL Recombinant human FGF2 (Miltenyi Biotec), 1% Penicillin-streptomycin
505 (ThermoFisher). **Naive medium (t2iLGoY)**³⁵: 50:50 mixture of DMEM/F-12
506 (ThermoFisher) and Neurobasal medium (ThermoFisher), supplemented with 2mM L-
507 Glutamine (ThermoFisher), 0.1mM 2-mercaptoethanol (ThermoFisher), 0.5% N2 supplement
508 (ThermoFisher), 1% B27 supplement (ThermoFisher), 1% Penicillin-streptomycin
509 (ThermoFisher), 10ng/ml human leukemia inhibitory factor (LIF, made in house), 250 μ M L-

510 ascorbic acid (Sigma), 10µg/ml recombinant human insulin (Sigma), 1µM PD0325901
511 (Miltenyi Biotec), 1µM CHIR99021 (Miltenyi Biotec), 2.5µM Gö6983 (Tocris), 10µM Y-
512 27632 (Abcam). **Naive Human Stem cell Medium (NHSM)**: culture condition adapted from
513 Gafni and colleagues¹ with suggested modifications from the Hanna laboratory's web page in
514 2014 was used. DMEM/F12 (ThermoFisher) supplemented with 10mg/ml AlbuMAX I
515 (ThermoFisher), 1% Penicillin-streptomycin (ThermoFisher), 1mM GlutaMAX
516 (ThermoFisher), 1% Nonessential amino acids (ThermoFisher), 10% KSR (ThermoFisher),
517 5ml N2 supplement (ThermoFisher), 12.5µg/ml recombinant human insulin (Sigma),
518 50µg/ml L-ascorbic acid (Sigma), 20ng/ml of recombinant human LIF (made in house),
519 8ng/ml FGF2 (Peprotech), 2ng/ml recombinant TGF-β1 (Peprotech), 20ng/ml human LR3-
520 IGF1 (Prospec), and small molecule inhibitors: 1µM PD0325901 (Miltenyi Biotec), 3µM
521 CHIR99021 (Miltenyi Biotec), 5µM SP600125 (Tocris), 2µM BIRB796 (Axon), 0.4µM
522 LDN193189 (Axon), 10µM Y-27632 (supplemented daily to media from freshly thawed
523 stock aliquot; Abcam) and 1µM Gö6983 (supplemented daily to media from freshly thawed
524 stock aliquot; Tocris). **Naive 5iLAF medium**^{2,36}: 50:50 mixture of DMEM/F-12
525 (ThermoFisher) and Neurobasal medium (ThermoFisher) supplemented with 1% N2
526 supplement (ThermoFisher), 2% B27 supplement (ThermoFisher), 1% Nonessential amino
527 acids (ThermoFisher), 1mM GlutaMAX (ThermoFisher), 1% Penicillin-streptomycin
528 (ThermoFisher), 0.1mM 2-mercaptoethanol (ThermoFisher), 50µg/ml Bovine Serum
529 Albumin (ThermoFisher), 1µM PD0325901 (Miltenyi Biotec), 1µM IM-12 (Millipore),
530 0.5µM SB590885 (Tocris), 1µM WH-4-023 (A Chemtek), 10µM Y-27632 (Abcam), 20ng/ml
531 Activin A (Peprotech), 8ng/ml
532 FGF2 (Miltenyi Biotec), 20ng/ml human LIF (made in house) and 0.5% KSR
533 (ThermoFisher). **Naive RSeT medium**: 100ml of RSeT 5X supplement, 1ml of RSeT 500X
534 supplement and 0.5ml of RSeT 1000X supplement into 398.5ml of RSeT Basal Medium;
535 (Stem Cell Technologies) supplement with 1% Penicillin-streptomycin (ThermoFisher).
536 **Human trophoblast stem cell (TSC) medium**⁷: DMEM/F-12, GlutaMAX (ThermoFisher)
537 supplemented with 0.3% BSA (Sigma), 0.2% FBS (ThermoFisher), 1% ITS-X supplement
538 (ThermoFisher), 0.1mM 2-mercaptoethanol (ThermoFisher), 0.5% Penicillin-streptomycin
539 (ThermoFisher), 1.5 µg/ml L-ascorbic acid (Sigma), 5 µM Y27632 (Abcam), 2 µM
540 CHIR99021 (Miltenyi Biotec), 0.5 µM A83-01 (Sigma), 1 µM SB431542, 50 ng/ml EGF
541 (Peprotech) and 0.8 mM Valproic acid (VPA, Sigma).

542 **Reprogramming experiments.** The naive t2iLGoY medium was used for naive
543 reprogramming as we have previously shown that it can be used to reprogram fibroblasts into
544 naive hiPSCs, with all the hallmarks of naive pluripotency and maintains a more stable
545 karyotype when compared to other conditions⁴. Human somatic cell reprogramming into
546 primed and naive pluripotent states experiments and subsequent culture of primed and naive
547 hiPSCs were performed as previously described^{4,34}. Briefly, reprogramming of human
548 fibroblasts was conducted using CytoTune-iPS 2.0 Sendai reprogramming kit according to
549 the manufacturer's instructions (ThermoFisher). Primary HDFa were seeded at a density of
550 $\sim 5\text{-}10 \times 10^4$ cells in fibroblast medium. As shown in Fig. 1a, cells were transduced with
551 Sendai viruses in FM at the multiplicity of infection (MOI) as follows, KOS MOI=5 or 10, c-
552 MYC MOI=5 or 10, KLF4 MOI=6 or 12, cells were reseeded onto a layer of iMEF feeders
553 on day 7 and transitioned into different culture media (Primed, t2iLGoY, NHMS, RSeT,
554 5iLAF) the next day. After 18-21 days, hiPSCs could be passaged and expanded as described
555 previously³⁴. For shRNA knockdown experiments, a pair of U6 shRNA lentiviral vectors
556 (VectorBuilder) for each gene was used. The shRNA sequences are provided in
557 (Supplementary Table 10). Lentiviral particles were generated using human embryonic
558 kidney cells (293T) as described previously^{11,37}. HDFa were transduced with lentiviral
559 vectors for one week and replated two days before Sendai transduction. Colony counts of
560 *TFAP2C*, *GATA2* knockdown experiments are provided in Source Data Fig. 2f. Knockdown
561 experiments were validated by qRT-PCR, and primers used are listed in Supplementary Table
562 15. All cells were cultured at 37 °C, 5% O₂ and 5% CO₂ incubators. For the derivation of
563 iTSC^{d21n} during naive reprogramming, day 21 naive t2iLGoY reprogramming intermediates
564 were transitioned into TSC medium⁷. After 4-5 days, cells were passaged using TrypLE
565 express (ThermoFisher) every 3-4 days at a 1:2-1:4 ratio. For the initial 4 passages, iTSCs
566 were passaged onto iMEF feeders and cultured in a 37 °C, 5% O₂ and 5% CO₂ incubator.
567 Starting from passage 5, iTSC^{d21n} were passaged onto tissue culture flask that was pre-coated
568 with 5µg/ml Collagen IV (Sigma) (for at least one hour at 37 °C) and cultured in a 37 °C,
569 20% O₂ and 5% CO₂ incubator. For the direct derivation of iTSC^{d8} from human fibroblasts,
570 day 8 fibroblast reprogramming intermediates were transitioned into TSC medium. After 10-
571 13 days, iTSC^{d8} can be passaged onto iMEF feeders and cultured in a 37 °C, 5% O₂ and 5%
572 CO₂ incubator as described for iTSC^{d21n} above. Sendai detection in established iTSC cell
573 lines was performed as described in the Sendai reprogramming protocol (ThermoFisher). For
574 the derivation of primed, naive hiPSCs and iTSCs from d21 fibroblast reprogramming

575 intermediates, day 21 fibroblast reprogramming intermediates were transitioned into primed,
576 naive or TSC media, and then cultured and expanded as described above.

577 **Differentiation of iTSC^{d21n} and iTSC^{d8} into ST and EVT *in vitro*.** Differentiation of iTSCs
578 into ST and EVT was performed as previously described⁷. For the differentiation of iTSCs
579 into ST, iTSCs were seeded at a density of 1×10^5 cells per well onto a 6-well plate pre-
580 coated with 2.5 $\mu\text{g/ml}$ Collagen IV (Sigma) and cultured in 2 ml of ST differentiation
581 medium [DMEM/F-12, GlutaMAX (ThermoFisher) supplemented with 0.3% BSA (Sigma),
582 4% KSR (ThermoFisher), 1% ITS-X supplement (ThermoFisher), 0.1mM 2-mercaptoethanol
583 (ThermoFisher), 0.5% Penicillin-streptomycin (ThermoFisher), 2.5 μM Y27632 (Abcam) and
584 2 μM forskolin (Selleckchem)]. Media were replaced daily for the initial 4 days, and cells
585 were analysed on day 6. Fusion index was used to quantify the efficiency of cell fusion,
586 which is calculated by using the number of nuclei counted in the syncytia minus the number
587 of syncytia, then divided by the total number of nuclei counted. For the differentiation of
588 iTSCs into EVT, iTSCs were seeded at a density of 0.75×10^5 cells per well onto a 6-well
589 plate pre-coated with 1 $\mu\text{g/ml}$ Col IV (Sigma) and cultured in 2 ml of EVT differentiation
590 medium [DMEM/F-12, GlutaMAX (ThermoFisher) supplemented with 0.3% BSA (Sigma),
591 4% KSR (ThermoFisher), 1% ITS-X supplement (ThermoFisher), 0.1mM 2-mercaptoethanol
592 (ThermoFisher), 0.5% Penicillin-streptomycin (ThermoFisher), 2.5 μM Y27632 (Abcam),
593 100 ng/ml NRG1 (Cell Signaling) and 7.5 μM A83-01 (Sigma). Shortly after suspending the
594 cells in the EVT differentiation medium, Matrigel (Corning) was overlaid to a 2% final
595 concentration. On day 3 of differentiation, EVT differentiation medium without hNRG1 (Cell
596 Signaling) and Matrigel (Corning) was added to a final concentration of 0.5%. On day 6 of
597 differentiation, EVT differentiation media were replaced without hNRG1 (Cell Signaling) or
598 KSR (ThermoFisher), and Matrigel (Corning) was added to 0.5% final concentration. The
599 cells were cultured for an additional 2 days before analyses were performed.

600 **iTSC^{d21n} and iTSC^{d8} *in vivo* engraftment assay.** Protocols and use of animals were
601 undertaken with the approval of the Monash University Animal Welfare Committee
602 following the 2004 Australian Code of Practice for the Care and Use of Animals for
603 Scientific Purposes and the Victorian Prevention of Cruelty to Animals Act and Regulations
604 legislation. iTSCs with 80% confluency were dissociated with TrypLE express
605 (ThermoFisher) and counted. 10^7 iTSCs were resuspended in 200 μl of a 1:2 mixture of
606 Matrigel (Corning) and DMEM/F-12, GlutaMAX (ThermoFisher) supplemented with 0.3%

607 BSA (Sigma) and 1% ITS-X supplement (ThermoFisher). The cellular mixture was then
608 injected subcutaneously into dorsal flanks of male and female, 5-20 weeks of age NOD/SCID
609 IL-2R Gamma KO mice (100 μ l into each flank). Mice were randomised between controls
610 and iTSCs, but not blinded. Nine days after injection, urine, blood serum, and lesions were
611 collected from the mice for analysis. Mice urine and serum were utilized for the detection and
612 measurement of hCG secretion as detailed below. Collected lesions were fixed with 4%
613 Paraformaldehyde (PFA, Sigma) overnight and subsequently embedded in paraffin. Lesions
614 collected were less than 1cm³ in volume. Paraffin-embedded tissues were sectioned and
615 stained with hematoxylin-eosin (H&E) or proceeded with immunohistochemistry staining of
616 KRT7, HLA-G, SDC1 (Supplementary Table 16) at the Histology Platform at Monash
617 University.

618 **Pregnancy tests and hCG ELISA.** iTSCs were seeded at a density of 0.5×10^5 cells/ml on a
619 12-well plate for ST differentiation as detailed in the above section. The medium of the ST
620 cells was replaced on day 4 and the conditioned medium was collected at day 6 and stored at
621 -80°C. As controls, iTSCs were also seeded at a density of 0.5×10^5 cells/ml on a 12-well
622 plate and cultured in TSC medium. 2 days later, the conditioned medium was collected and
623 stored at -80°C. The conditioned media were then tested using OTC hCG pregnancy test
624 sticks (Freedom) according to the manufacturer's recommendations. In addition, the hCG
625 level within the media was also measured using hCG ELISA kit (Abnova, ABNOKA4005)
626 according to the manufacturer's instructions. Following the iTSC engraftment assay, the
627 collected mouse urine was tested using the OTC hCG pregnancy test sticks as described
628 above and hCG level in blood serum was measured using hCG ELISA kit as described above.

629 **Flow cytometry analysis and fluorescent activated cell sorting (FACS).** All antibodies
630 used in flow cytometry analysis and FACS experiments were summarized in Supplementary
631 Table 16. Cells were dissociated with TrypLE express (ThermoFisher), and DPBS
632 (ThermoFisher) supplemented with 2% FBS (Hyclone) and 10 μ M Y-27632 (Abcam) was
633 used for antibody labeling steps and final resuspension of the samples. For SPADE analysis
634 (Extended Data Fig. 3e), a three-step antibody labeling procedure was used: (1) rat anti-
635 human IgM SSEA-3 (1:10, BD); mouse anti-human NLGN4X IgG2a (1:128, CSIRO
636 CSTEM30²²). (2) mouse anti-rat IgM PE (1:200, eBiosciences); BV605 goat anti-mouse IgG
637 (1:100, BioLegend). (3) BV421 mouse anti-human CD326 (EpCAM) (1:100, BioLegend);
638 BUV395 mouse anti-human TRA-1-60 (1:100, BD); BV711 mouse anti-human CD24 (1:50,

639 BD); mouse anti-human SSEA-4-PE-Vio770 (1:20, Miltenyi Biotec); mouse anti-human
640 F11R IgG was conjugated to APC by the Walter and Eliza Hall Institute of Medical Research
641 (WEHI) antibody facilities (1:200, CSIRO CSTEM27²²); APC-Cy7 CD13 (1:500,
642 BioLegend); Anti-TRA-1-85 (CD147)-VioBright FITC (1:20, Miltenyi Biotec). For FACS,
643 antibody labeling was performed as below: (1) mouse anti-human F11R IgG antibody (1:200,
644 CSIRO CSTEM27); PE rat anti-human SSEA-3 IgM antibody (1:10, BD) (2) AF647 goat
645 anti-mouse IgG antibody (1:2,000, ThermoFisher); mouse anti-rat IgM PE (1:200,
646 eBiosciences). (3) PE-Cy7 mouse anti-human CD13 (1:400, BD); BV421 mouse anti-human
647 CD326 (EpCAM) (1:100, BioLegend); BUV395 mouse anti-human TRA-1-60 (1:100, BD).
648 The antibody labeling steps were carried out in a volume of 500 μ l per 1 million cells, and
649 incubation time was 10 mins on ice per step; after each antibody labeling step, cells were
650 washed with 10 ml cold PBS and pelleted at 400 \times g for 5 mins. The cells were then
651 resuspended in a final volume of 500 μ l, and propidium iodide (PI) (Sigma) was added to a
652 concentration of 2 μ g/ml. Cell sorting was carried out with a 100 μ m nozzle on an Influx
653 instrument (BD Biosciences), and flow cytometry analysis was carried out using an LSRIIb
654 or LSRIIa analyser (BD Biosciences). For Supplementary Fig. 1, reprogramming
655 intermediates were isolated on day 3 into CD13+F11R+ and CD13+F11R- subpopulations,
656 and then reseeded into FM condition for five days for flow cytometry reanalysis and for
657 hiPSC formation confirmed by alkaline phosphatase (AP) staining according to the
658 manufacturer's instructions (Vector laboratories). On day 7, CD13+, CD13-F11R+TRA-1-60-
659 and CD13-F11R+TRA-1-60+ subpopulations were used for such analysis (reseeded in FM
660 condition for one day and then transitioned into either primed or naive t2iLGoY conditions).
661 On day 13, CD13-F11R+TRA-1-60+SSEA3+EPCAM- and CD13-F11R+TRA-1-
662 60+SSEA3+EPCAM+ subpopulations were isolated for primed reprogramming, CD13-
663 F11R+TRA-1-60+SSEA3+EPCAM+ and CD13-F11R+TRA-1-60+SSEA3-EPCAM+
664 subpopulations were isolated for naive reprogramming. For iTSCs purification, a two-step
665 antibody labeling procedure was used: (1) mouse anti-human APA (1:100) (2) BUV395
666 mouse anti-human TRA-1-60 (1:100, BD); APC rat anti-human & mouse CD49F (ITGA6)
667 (1:20, Miltenyi Biotec); AF488 goat anti-mouse IgG1 antibody (1:2,000, ThermoFisher).
668 iTSCs purification was performed on the reprogrammed cells at passage 9-10 by isolating
669 TRA160-APA+ITGA6+ subpopulations and reseeded onto Col IV-coated 6-well plate for
670 long-term passaging. For Extended Data Fig. 8k, enrichment of CD70-high, CD70-low
671 populations was performed using a one-step antibody labelling procedure: anti-TRA-1-85
672 (CD147)-VioBright FITC (1:20, Miltenyi Biotec); PE-Cy7 mouse anti-human CD13 (1:400,

673 BD); BV421 mouse anti-human CD326 (EpCAM) (1:100, BioLegend); BUV395 mouse anti-
674 human TRA-1-60 (1:100, BD); APC mouse anti-human F11R (1:250, CSIRO CSTEM27);
675 BUV737 mouse anti-human CD70 (1:100, BD). Details of these antibodies are provided in
676 Supplementary Table 16. Labeled cells were resuspended in a final volume of 500 μ l
677 containing 2 μ g/ml of propidium iodide (PI) (Sigma) for cell sorting. TRA185+CD13-
678 F11R+TRA-1-60+EPCAM+CD70-high and TRA185+CD13-F11R+ TRA-1-
679 60+EPCAM+CD70-low subpopulations denoted as CD70-high and CD70-low
680 subpopulations respectively were isolated and reseeded onto a layer of iMEF feeders (24-well
681 plate) at a density of 5×10^3 cells per well. On the next day after reseeded, the spent culture
682 medium was replaced with the TSC medium. Immunostaining for KRT7 positive colonies
683 was then performed on day 9 after reseeded as described below. We demonstrated that the
684 CD70-low TE-like novel intermediates resulted in more KRT7+ iTSC colonies as compared
685 to unenriched or CD70-high naive populations, indicating that the identified TE-like cluster
686 carries the greatest potential for the generation of iTSC^{d21n} (Extended Data Fig. 8k). For HLA
687 experiments, cells were labeled with HLA-A, B, C (W6/32) or HLA-Bw4 (1:1, Purcell lab),
688 then AF647 goat anti-mouse IgG antibody (1:1000, ThermoFisher). Or cells were labeled
689 with (1) HLA-G MEM-G/9 (1:500, Abcam); (2) AF488 goat anti-mouse IgG antibody
690 (1:1000, ThermoFisher); (3) PE-Cy7 mouse anti-human HLA-A, B, C W6/32 (1:200,
691 Biolegend).

692 **Multidimensional analyses of flow cytometry data.** To visualise the multidimensional flow
693 cytometry data, we employed spanning-tree progression analysis of density-normalized
694 events (SPADE)³⁸. SPADE trees were generated as described previously³⁹ using the
695 Cytobank platform (<http://www.cytobank.org>). Samples were labeled with antibodies as
696 described above for flow cytometry analysis and all experiments were performed on the same
697 day to warrant their use for comparison. The SPADE tree indicates a clear transition of cell
698 populations at the early stages of reprogramming (from day 0 to day 7), with reprogramming
699 in NHSM and RSeT conditions exhibiting a more primed-like transition (Extended Data Fig.
700 3e). In particular, the RSeT media formed a separated branch on the SPADE tree, in contrast
701 to reprogramming in 5iLAF and t2iLGoY (Extended Data Fig. 3e).

702 **Quantitative RT-PCR.** RNA was extracted from cells using RNeasy micro kit (Qiagen) or
703 RNeasy mini kit (Qiagen) and QIAcube (Qiagen) according to the manufacturer's
704 instructions. Reverse transcription was then performed using SuperScript III cDNA Synthesis

705 Kit (ThermoFisher) or QuantiTect reverse transcription kit (Qiagen, Cat no. 205311), real-
706 time PCR reactions were set up in triplicates using QuantiFast SYBR Green PCR Kit
707 (Qiagen) and then carried out on the 7500 Real-Time PCR system (ThermoFisher).

708 **Quantitative RT-PCR for miRNAs.** miRNA and total RNA was extracted from cells using
709 miRNeasy Mini Kit (Qiagen, Cat no. 217004) according to the manufacturers' instructions.
710 They were then converted to cDNA using TaqMan MicroRNA Reverse Transcription Kit
711 (Life Technologies, Cat no. 4366596). qPCR reactions were performed using QuantiFast
712 SYBR Green PCR Kit (Qiagen). Data obtained from miRNA qPCR was analyzed as follows:
713 In each sample, hsa-miR-103a was used for normalization to obtain ΔC_t value for each
714 miRNA. $2^{-\Delta C_t}$ was then calculated for each miRNA to obtain the relative expression
715 against hsa-miR-103a. The values obtained were multiplied by 1000 and then the results were
716 plotted in logarithmic scale²⁶ (Fig. 4i). All primers used were listed in the Supplementary
717 Table 15.

718 **Immunostaining.** Cells were fixed in 4% Paraformaldehyde (PFA, Sigma), permeabilized
719 with 0.5% Triton X-100 (Sigma) in DPBS (ThermoFisher) and blocked with 5% goat serum
720 (ThermoFisher). All antibodies used in this study were described in Supplementary Table 16.
721 For example, primary antibodies used: rabbit anti-KLF17 polyclonal (1:500, Sigma), mouse
722 anti-TRA-1-60 IgM (1:300, BD). Primary antibody incubation was conducted overnight at
723 4 °C on shakers followed by incubation with secondary antibodies (1:400) for 1 hour.
724 Secondary antibodies used in this study were goat anti-mouse IgM AF488 (1:400,
725 ThermoFisher) or goat anti-mouse IgM AF647 (1:400, Invitrogen) for TRA-1-60, goat anti-
726 rabbit IgG AF555 (1:400, ThermoFisher) or goat anti-rabbit IgG AF647 (1:400,
727 ThermoFisher) for KLF17 (Supplementary Table 16). After labeling, cells were stained with
728 4',6-Diamidino-2-Phenylindole, Dihydrochloride (DAPI, 1:1000, ThermoFisher) for 30 min.
729 Images were taken by IX71 inverted fluorescent microscope (Olympus). For whole well (24-
730 well plates) scanning of TRA-1-60 positive colonies for primed condition, KLF17 positive
731 colonies for naive condition, and KRT7 positive colonies for Extended Data Fig. 8k, DMi8
732 microscope (Leica) was used, and the number of colonies in each well was quantified using
733 ImageJ. For Extended Data Fig. 9g, NR2F2 was used as a trophoblast marker as suggested by
734 a recent study⁴⁰.

735 **Single-nucleus RNA-sequencing (snRNA-seq) of human reprogramming intermediates.**
736 For snRNA-seq experiments, day 0, day 4, day 8, day 12 primed, day 12 naive, day 16

737 primed, day 16 naive, day 20 primed, day 20 naive, day 24 primed, day 24 naive, hiPSC
738 naive (passage 3), hiPSC primed (passage 20) and hiPSC naive (passage 20) were collected
739 and cryopreserved. These collected samples were then subjected to FACS, for D0, D4, D8,
740 D12 primed, D12 naive, D16 primed, D16 naive, D20 primed, D20 naive, D24 primed and
741 D24 naive samples were sorted for PI negative, TRA-1-85 positive cells to remove dead cells
742 and iMEF cells, while hiPSC primed (passage 3) and hiPSC naive (passage 3 and passage 20)
743 samples were sorted for PI negative, TRA-1-85 positive, CD13 negative, F11R positive,
744 TRA-1-60 positive, EPCAM positive cells to get rid of dead cells and iMEF cells as well as
745 differentiated cells. snRNA-seq library preparation was then prepared separately on each
746 timepoint, generating 14 libraries (Fig. 1a). Nuclei were prepared using the ‘Frankenstein’
747 protocol for nuclei isolation from fresh and frozen tissue followed by 10x Genomics that can
748 be found in [protocols.io](https://www.protocols.io). Briefly, cells were thaw and pelleted at 500xg for 5 minutes at 4°C.
749 500 µL of chilled Nuclei EZ Lysis Buffer supplemented with 0.2 U/µl RNase Inhibitor was
750 added to the pellet of cells and resuspended gently with a 1000 µL bore tip and rest on ice for
751 5’ to complete lysis. The homogenate was filtered once using a 70 µm Flowmi filter and
752 centrifuged at 500xg for 5 minutes at 4°C. After removing the supernatant (leaving 50 µL
753 behind) the nuclei pellet was washed with 1000 µL of chilled Nuclei Wash and Resuspension
754 Buffer (1x PBS, 1.0% BSA, 0.2 U/µl RNase Inhibitor). The nuclei were again pelleted at
755 500g for 5 minutes at 4°C, remove supernatant leaving behind ~50 µL and gently resuspend
756 nuclei in 1000 µL Nuclei Wash and Resuspension Buffer. Nuclei were pelleted, supernatant
757 removed and resuspended in 300 µL of Nuclei Wash and Resuspension Buffer supplemented
758 with DAPI (10 µg/mL). Nuclei suspension was filtered using a 40 µm Flowmi filter, nuclei
759 integrity was visually inspected under a microscope, and proceeded with cytometric analysis
760 and sorting based on DNA content using 70 µm nozzle, gating for single nucleus and sorting
761 directly into Reverse Transcription Buffer without RT Enzyme: 20 µL RT Buffer, 3.1 µL
762 TSO primer, 2 µL Additive B and 30 µL H₂O. After sorting nuclei (1000-7000 nuclei
763 depending on sample), complete volume to 80 µL with H₂O, add 8.3 uL RT Enzyme C,
764 mixed and proceeded with chip loading. All the steps from forward were carried out as
765 described in the Chromium Single Cell 3’ Reagent Kits User Guide (v3 Chemistry).
766 Sequencing was done on a Illumina NovaSeq 6000 using a paired-end 2x150 sequencing
767 strategy and aiming for 30,000 read-pairs per nucleus. Chromium barcodes were used for
768 demultiplexing and FASTQ files were generated from the mkfastq pipeline using the
769 Cellranger program (v3.0.2). Alignment to hg19 genome (GRCh37, CellRanger reference
770 version 1.2.0, genome build GRCh37.p13, which contained the Sendai virus KLF4, MYC and

771 SeV sequences as extra chromosomes) and UMI counting were then performed using
772 Cellranger against Ensembl's GRCh37 genome annotation (version 82, including protein-
773 coding, lincRNA and antisense byotypes) containing the Sendai virus sequences as extra
774 transcripts. The endogenous expression of Yamanaka factors was quantified by only counting
775 sequencing reads against the 5' and 3' UTR regions of the endogenous OKSM transcripts.

776 **Single cell RNA-sequencing (scRNA-seq) of human reprogramming intermediates.** For
777 scRNA-seq experiments, day 0, day 3, day 7, day 13 primed, day 13 naive, day 21 primed,
778 day 21 naive, hiPSC primed (passage 3) and hiPSC naive (passage 3) were collected and
779 cryopreserved. These collected samples were then subjected to FACS, for D0, D3, D7, D13
780 primed, D13 naive, D21 primed and D21 naive samples were sorted for PI negative, TRA-1-
781 85 positive cells to remove dead cells and iMEF cells, while hiPSC primed (passage 3) and
782 hiPSC naive (passage 3) samples were sorted for PI negative, TRA-1-85 positive, CD13
783 negative, F11R positive, TRA-1-60 positive, EPCAM positive cells to get rid of dead cells
784 and iMEF cells as well as differentiated cells. Three samples were prepared in Extended Data
785 Fig. 1c) for subsequent library preparation, sample one contained cells isolated from D0, 3
786 and 7, samples two and three contained cells for primed (D13, D21, hiPSCs) and naive
787 reprogramming (D13, D21, hiPSCs) respectively, and a small number of mixed D0, 3 and 7
788 cells were added to sample two and three to capture the full reprogramming trajectories and
789 also to account for potential batch effects. The collected cells were isolated, encapsulated and
790 library constructed using Chromium controller (10x Genomics) as per the manufacturer's
791 instructions "Chromium Single Cell 3' Reagent Kit V2 User Guide", 10X Genomics
792 document number CG00052 Revision 3. A total of 12 cDNA amplification cycles were used.
793 A total of 16 cycles of library amplification were used. Sequencing was carried out using an
794 Illumina NextSeq 500 using SBS V2 chemistry in a high-output mode according to the
795 recommendations outlined by 10x Genomics "Chromium Single Cell 3' Reagent Kit V2 User
796 Guide", 10x Genomics document number CG00052 Revision 3, with the exception that the
797 second read was extended to 115b instead of 98b. Libraries were diluted according to the
798 manufacturer's instruction "NextSeq 500 System User Guide" Illumina document number
799 15046563 v02 and loaded at 1.8pM. Chromium barcodes were used for demultiplexing and
800 FASTQ files were generated from the mkfastq pipeline using the Cellranger program
801 (v2.1.0). Alignment and UMI counting were performed to the hg19 genome as per the
802 snRNA-seq. The same experimental procedure and the computational pipeline were also

803 applied to generate the RSeT reprogramming scRNA-seq library shown in Extended Data
804 Fig. 4a,b.

805 **scRNA-seq of day 21 fibroblast, naive and iTSC^{d8} reprogramming intermediates.** For
806 Extended Data Fig. 9a, day 21 fibroblast, naive and iTSC^{d8} reprogramming intermediates
807 were harvested and sorted for PI negative, TRA-1-85 positive cells to remove dead cells and
808 iMEF cells. The collected cells were isolated, encapsulated and constructed using Chromium
809 controller (10x Genomics) as per the manufacturer's instructions "Chromium Next GEM
810 Single Cell 3' Reagent Kit V3.3 User Guide". Sequencing was done on an Illumina NovaSeq
811 6000 using a paired-end (R1 28bp and R2 87bp) sequencing strategy and aiming for 20,000
812 read-pairs per cell. Chromium barcodes were used for demultiplexing and FASTQ files were
813 generated from the mkfastq pipeline using the Cellranger program (v3.1.0). Alignment and
814 UMI counting were performed to the hg19 genome as per the scRNA-seq experiments.

815 **snRNA-seq and scRNA-seq cell calling, quality control.** To identify the cell-containing
816 droplets, cell calling was performed on the *raw_gene_bc_matrices* generated by the
817 Cellranger program as follows. All the cell barcodes are ranked in order of decreasing the
818 number of total UMI counts. The log₁₀-transformed total UMI counts (Y-axis) were then
819 plotted against the log₁₀-transformed rank (X-axis). The first “knee” point in this UMI-
820 barcode rank plot represents a drastic drop in the total UMI counts, shifting from cell-
821 containing barcodes to the majority of non-cell-containing barcodes. To determine this
822 “knee” point, a linear model was fitted on the UMI-barcode rank plot between the top n_{upper}
823 and n_{lower} ranks. Barcodes that deviate negatively from the linear model by more than k_{cut} on
824 the Y-axis are then deemed to have passed the “knee” point and discarded. This cell calling
825 procedure was performed on each library separately using $n_{upper} = 100$, $n_{lower} = 400$, $k_{cut} =$
826 0.15 for the snRNA-seq and $n_{upper} = 100$, $n_{lower} = 500$, $k_{cut} = 0.2$ for the scRNA-seq. This
827 resulted in a total of 38,100 cells and 7,674 cells for the snRNA-seq and scRNA-seq
828 respectively. Quality control was first performed at the cell level. Cells with (i) extremely
829 high total UMI counts [$nUMI$], (ii) low number of expressed genes [$nGene$], (iii) high
830 percentage mitochondrial genes [$pctMT$] or (iv) low percentage housekeeping genes, gene list
831 from Tirosh et al⁴¹, [$pctHK$] were discarded. Cutoffs of $nUMI > 15,000$, $nGene < 1,200$ and
832 $nUMI > 50,000$, $nGene < 1,800$, $pctMT > 12$, $pctHK < 10$ were applied to discard cells for the
833 snRNA-seq and scRNA-seq respectively. No $pctMT$ and $pctHK$ cutoffs were applied in the
834 case of snRNA-seq as there are very little mitochondrial or housekeeping genes detected.

835 Next, quality control was performed at the gene level. Genes with (i) low log₁₀ (average
836 UMI) [*log10aveUMI*] or (ii) do not have at least *minUMI* UMIs in at least *minCell* cells were
837 discarded. Cutoffs of *log10aveUMI* < -2.5, *minUMI* = 2, *minCell* = 10 and *log10aveUMI* < -
838 2, *minUMI* = 2, *minCell* = 10 were applied to discard genes for the snRNA-seq and scRNA-
839 seq respectively. After quality control, 36,597 cells / 17,004 genes and 7,194 cells / 12,246
840 genes remain for the snRNA-seq and scRNA-seq respectively.

841 **snRNA-seq ambient RNA removal.** From the UMI-barcode rank plot in the snRNA-seq
842 libraries, we observed non-cell-containing barcodes with high total UMI counts (in the range
843 of 500-750 UMIs as compared to 20-50 UMIs in the scRNA-seq libraries), indicating
844 substantial ambient RNA contamination. To circumvent this, ambient RNA removal was then
845 performed using the decontx algorithm⁴² in the celda package (v1.1.6). The decontx
846 algorithm assumes that there are *K* cell populations and uses Bayesian variational inference to
847 infer the ambient RNA contamination as a weighted combination of the *K* cell population
848 distributions. Thus, the algorithm requires the raw UMI counts and population membership
849 for each cell as input. To determine the cell population membership, we applied the Seurat
850 (v3.1.1) clustering pipeline²⁰ using the following functions with default settings unless
851 otherwise stated: *NormalizeData*, *FindVariableFeatures* (with 2,000 features), *ScaleData*,
852 *RunPCA*. The cell clusters were then obtained using the *FindNeighbors* (using top 10 PCs)
853 and *FindClusters* (resolution = 0.5) functions. The Seurat clustering pipeline was applied to
854 each snRNA-seq library separately and decontx was then performed on each library using the
855 default settings. A random seed of 42 was used throughout the entire analysis.

856 **snRNA-seq and scRNA-seq preprocessing and integration.** To integrate both the snRNA-
857 seq and scRNA-seq datasets, we employed the Seurat v3 integration technique (v3.1.1)⁴³.
858 Seurat v3 identifies “anchors” or pairwise correspondences between cells in the two datasets,
859 which is then used to harmonize the datasets. As part of the preprocessing step, the functions
860 *NormalizeData* (with default settings), *FindVariableFeatures* (using 1,500 features) were
861 applied to the snRNA-seq and scRNA-seq datasets separately. Furthermore, each cell was
862 assigned cell-cycle scores (S score and G2M score) and a cell-cycle phase using Seurat’s
863 *CellCycleScoring* function. The *FindIntegrationAnchors* function (using 1,500 features) was
864 then executed to identify the anchors, followed by running the function *IntegrateData* on the
865 genes that are detected in both datasets. This resulted in an integrated single-cell dataset

866 comprising 43,791 cells and 11,549 genes (Supplementary Table 1). The list of feature genes
867 is in Supplementary Table 2.

868 **scRNA-seq and snRNA-seq dimension reduction and trajectory inference.** To represent
869 the single-cell data in a concise manner, we applied several dimension reduction techniques
870 using the anchor feature genes identified in the data integration step. Principal component
871 analysis (PCA) was performed on the scaled gene expression using the *RunPCA* function in
872 Seurat package (v3.1.1). Following that, Uniform Manifold Approximation and Projection
873 (UMAP) and t-Distributed Stochastic Neighbor Embedding (t-SNE) were implemented on
874 the top 14 PCs (determined using an elbow plot) via the *RunUMAP* and *RunTSNE* functions
875 respectively. Diffusion maps were generated using the *scanpy.pp.neighbors* function (using
876 the top 14 PCs generated above) and *scanpy.tl.diffmap* function in the scanpy package
877 (v1.4.4.post1)⁴⁴. Force-directed layout was generated using the *scanpy.tl.draw_graph*
878 function in the scanpy package using the ForceAtlas 2 layout and initialized using the UMAP
879 coordinates. To infer the trajectories present in our single-cell data, we applied three different
880 approaches. First, we applied the Cellular Trajectory Reconstruction Analysis using gene
881 Counts and Expression (CytoTRACE, v0.1.0) algorithm¹⁸, which orders the single cells based
882 on their differentiation potential. As our dataset comprises two different assays, we ran
883 CytoTRACE in the integrated mode, which integrates the scRNA-seq and snRNA-seq data
884 using the Scanorama method prior to calculating the differentiation potential. The raw counts
885 were supplied as input and default settings were used. Second, we employed Monocle3
886 (v0.1.3)¹⁹ which learns a trajectory graph from a dimension reduction. In particular, we did a
887 modification where we supplied the FDL dimension reduction calculated previously into
888 Monocle3 and ran the *cluster_cells* (using k = 30 neighbours) and *learn_graph* functions in
889 the monocle3 package to obtain an FDL-based monocle3 trajectory. Third, we used partition-
890 based graph abstraction (PAGA)²¹ which quantifies the connectivity between clusters of cells
891 and generates an abstracted graph representing the trajectories observed during
892 reprogramming. The PAGA algorithm was performed using the *scanpy.tl.paga* function in
893 the scanpy package (v1.4.4.post1) using the Seurat cell clusters as input. The generation of
894 the cell clusters will be described in the next section.

895 **scRNA-seq and snRNA-seq cell clustering.** The single cells were clustered using the
896 *FindNeighbors* (using the top 14 PCs for consistency with the dimension reductions) and
897 *FindClusters* function (resolution = 0.5) in the Seurat (v3.1.1) package, which implements an

898 unsupervised graph-based algorithm. This resulted in 21 clusters which are then labeled using
899 a combination of letters and a number (e.g. cluster fm1) which were determined from the cell
900 composition of the cluster (fm: fibroblast medium, mix: shared clusters, pr: primed
901 reprogramming, nr: naive reprogramming, nic: novel intermediates cluster, re: refractory
902 cells) and the ordering of the cell population along reprogramming trajectory.

903 **snRNA-seq differential expression, identification of gene signatures.** As the data
904 integration introduces dependencies between data points, we chose to perform the differential
905 expression analysis solely on the snRNA-seq. The snRNA-seq was chosen over the scRNA-
906 seq as the former has more cells and a larger number of detected genes. Prior to differential
907 expression, we performed clustering on only the snRNA-seq using the procedure described
908 earlier (using the top 12 PCs instead), generating 21 snRNA-clusters (Extended Data Fig. 2d).
909 Pairwise differential expression between the 21 snRNA-clusters was performed using the
910 Wilcoxon rank-sum test on the log-transformed gene expression. The Wilcoxon rank-sum test
911 p-values are then adjusted for multiple testing using the Benjamini–Hochberg procedure to
912 yield the false discovery rate (FDR). Genes are deemed differentially expressed if the log₂
913 fold change (LFC) is > 1.5 and the FDR is < 0.01 .

914 To identify gene signatures, we first define cluster-specific marker genes for each of the 21
915 snRNA-clusters. For each snRNA-cluster, we define marker genes as genes that have an
916 average LFC (averaged across all 20 pairwise differential expressions) of > 1.5 and we also
917 require the genes to be differentially expressed in at least 14 of the 20 pairwise differential
918 expressions. Hierarchical clustering was then performed on the Jaccard similarity of the
919 marker genes (Extended Data Fig. 2f) to identify overlapping gene sets i.e. the gene
920 signatures. Overall, we identified eight gene signatures (Supplementary Table 3), namely
921 fibroblast (snRNA-fm1, snRNA-fm2, snRNA-fm3, snRNA-fm4); mixed (snRNA-mix);
922 early-primed (snRNA-pr1); primed: snRNA-pr2, snRNA-pr3, snRNA-pr4); novel
923 intermediates signature (snRNA-nic); naive (snRNA-nr1, snRNA-nr2, snRNA-nr3, snRNA-
924 nr4); nonReprog1 (snRNA-re1, snRNA-re3, snRNA-re4, snRNA-re5); nonReprog2 (snRNA-
925 re6). The marker genes for clusters snRNA-re2 and snRNA-fm5 were not used as there are
926 very few genes. Furthermore, in the fibroblast, primed, naive and nonReprog1 gene
927 signatures, which comprises marker genes from more than one cluster, we only pick genes
928 that are called marker genes at least twice to be included in the gene signature. One
929 mitochondrial gene was then removed, resulting in a total 504 genes across all eight gene

930 signatures (Supplementary Table 3). We then determine the strength of each gene signature in
931 every single cell by calculating the average expression of the genes of interest subtracted by
932 the aggregated expression of a set of control genes⁴¹. The control genes were determined by
933 binning all detected genes into 25 gene expression bins and 100 genes are then randomly
934 selected from the same bin for each gene in the gene signature. Every single cell is then
935 assigned to one of the 8 gene signatures based on the highest gene signature strength. This is
936 then used to track the cell identity changes during reprogramming (Extended Data Fig. 2i).
937 The same gene signature calculations were also applied to determine the strength of TE, EPI
938 and PE gene signatures in each single cell (Fig. 3a and Extended Data Fig. 7g). Furthermore,
939 gene signatures related to the S and G2M cell cycle phases were calculated to predict the cell
940 cycle phase (Extended Data Fig. 1h). Single cells are assigned to the G1 phase if both S and
941 G2M scores are less than zero. Otherwise, they are assigned either the S or G2M phase based
942 on the higher of the S and G2M scores.

943 **scRNA-seq analysis of RSeT reprogramming.** The RSeT reprogramming (RR) scRNA-seq
944 dataset was analyzed together with the FM, PR, and NR scRNA-seq counterparts
945 (Supplementary Table 6). The raw UMI counts of all four scRNA-seq libraries were
946 combined and subjected to the same quality control cutoffs: $n_{upper} = 100$, $n_{lower} = 500$, $k_{cut} =$
947 0.2 for cell calling, $n_{UMI} > 50,000$, $n_{Gene} < 1,800$, $pctMT > 12$, $pctHK < 10$ for cell QC and
948 $log_{10}aveUMI < -2$, $minUMI = 2$, $minCell = 10$ for gene QC. This resulted in 9,852 cells /
949 12,590 genes after quality control. Subsequently, the combined scRNA-seq datasets are
950 analyzed using a similar workflow as the previous scRNA-seq and snRNA-seq dataset. The
951 dataset was preprocessed using Seurat v3's *NormalizeData* (with default settings),
952 *FindVariableFeatures* (using 1,500 features) functions. Next, PCA was performed, followed
953 by other dimension algorithms (UMAP, t-SNE, diffusion maps and force-directed layout)
954 using the top 15 PCs. We found that the RSeT cells follow the naive trajectory, but we also
955 observed a primed-like cluster of cells, expressing primed-associated markers such as *ZIC2*
956 and *NLGN4X* (Extended Data Fig. 4a,b). We have previously shown that primed cells have a
957 growth advantage over the naive population⁴ and hence this could be the reason that they
958 become the dominant population in the RSeT medium over time. These results suggest that
959 RSeT is a more permissive condition that allows the derivation of a continuum of pluripotent
960 states^{4,6}.

961 **scRNA-seq analysis of day 21 reprogramming intermediates.** The day 21 reprogramming
962 intermediates scRNA-seq libraries are analyzed using a similar workflow as the previous
963 scRNA-seq and snRNA-seq dataset (Supplementary Table 13). Briefly, quality control (QC)
964 was performed at both cell and gene level with the following cutoffs: $n_{upper} = 100$, $n_{lower} =$
965 500 , $k_{cut} = 0.2$ for cell calling, $nUMI > 50,000$, $nGene < 1,800$, $pctMT > 12$, $pctHK < 10$ for
966 cell QC and $log_{10}aveUMI < -2$, $minUMI = 2$, $minCell = 10$ for gene QC. This resulted in
967 10,518 cells / 12,611 genes after quality control. Subsequently, the dataset was preprocessed
968 using Seurat v3's *NormalizeData* (with default settings), *FindVariableFeatures* (using 1500
969 features) functions. Next, PCA was performed, followed by other dimension algorithms
970 (UMAP, t-SNE, diffusion maps and force-directed layout) using the top 15 PCs. We also
971 applied cell clustering (using the same top 15 PCs and resolution = 0.5), identifying 13
972 clusters. These clusters are then labeled using a combination of letters and a number (e.g.
973 cluster D21tr1) which were determined from the cell composition of the cluster (D21fm:
974 fibroblast medium, D21nr: naive reprogramming, D21tr: TSC reprogramming) and the
975 ordering of the cell population along reprogramming trajectory. The strength of the 8 gene
976 signatures defined in this study is also calculated as per the previous scRNA-seq and snRNA-
977 seq dataset.

978 **RNA-sequencing (RNA-seq) of reprogramming intermediates.** For the bulk RNA-seq of
979 the FACS-purified reprogramming intermediates (Extended Data Fig. 3), RNA extraction
980 was performed using the RNeasy micro kit (Qiagen, Cat#74004) from $\sim 2-20 \times 10^4$ cells with
981 QIAcube (Qiagen). The concentrations of RNA were measured by a Qubit RNA HS Assay
982 Kit (ThermoFisher, Cat#Q32855) on a Qubit 2.0 Fluorometer (ThermoFisher). ~ 25 ng of
983 RNA was used for library construction with the SPIA kit (NuGen) and subsequently
984 sequenced by HiSeq 1500 or HiSeq 3000 sequencer (Illumina). Sequencing libraries were
985 single-end with 50 nt length and a targeted number of reads of 20-30 million.

986 **RNA-seq analysis of reprogramming intermediates.** bulk RNA-sequencing reads
987 generated in this study, O'Brien et al²². [D0 fibroblasts, $n= 2$ (32F and 55F biological
988 replicates)] and Liu et al⁴. [P3 t2iLGoY, P10 t2iLGoY, P3 RSeT, P10 RSeT, P3 NHSM, P10
989 NHSM, P3 5iLAF, P10 5iLAF; all conditions with $n=2$ (32F and 55F)] were processed as
990 follows: low-quality sequencing reads and were filtered and trimmed with Trimmomatic⁴⁵ (v
991 0.36, Phred score of 6 consecutive bases below 15, minimum read length of 36nt) and
992 mapped to a custom version of hg19 human genome (with modifications described above in

993 the scRNA-seq sequencing and processing section) with STAR (v 2.4.2a)⁴⁶. Gene read
994 counting was performed with featureCounts (v1.5.2, unstranded)⁴⁷ against the custom version
995 of Ensembl's GRCh37 annotation with modifications described above in the snRNA-
996 seq/scRNA-seq sequencing and processing section. From the resulting counts table, we
997 retained genes that have (i) at least 10 counts in one sample and (ii) at least 2 counts per
998 million (CPM) in at least two samples so as to remove the lowly expressed genes. Library
999 normalization was then performed using the *rpkm* function in the edgeR package (v3.24.3)
1000 with the arguments `normalized.lib.sizes = TRUE` and `prior.count = 1` to yield fragments per
1001 kilobase per million (FPKM). Principal component analysis (PCA) was then performed on
1002 the log-transformed log2 (FPKM+1) on the top 500 most highly variable genes using the
1003 *prcomp_irlba* function in the irlba package (v2.3.3). To show the reprogramming trajectory
1004 in the 3D PCA plots, cubic splines were fitted independently on each PC using the *splinefun*
1005 function in base R (v3.5.1).

1006 **Projection of bulk RNA-seq samples onto single-cell data.** To project the bulk RNA-seq
1007 samples of FACS-purified reprogramming intermediates onto the single-cell data, we treat
1008 each bulk RNA-seq sample as a “single-cell” and performed the same Seurat v3 integration
1009 technique that was previously used to integrate both the snRNA-seq and scRNA-seq. The
1010 same procedure was applied with the exception that the arguments `k.filter = 20` and `k.score =`
1011 `10` were supplied to the *FindIntegrationAnchors* function to adjust for the fact that the bulk
1012 RNA-seq contains a lot fewer samples (50 samples) than the single-cell counterpart. We then
1013 aggregate the gene expression of the combined gene expression as follows. For the bulk
1014 RNA-seq, samples were aggregated based on the media condition and timepoint. For the
1015 single cells, the scRNA-seq cells and non-reprogrammed cells were removed and the
1016 remaining single nucleus was aggregated based on the media condition and timepoint.

1017 **Scoring of bulk RNA-seq samples using the primed/naive gene signatures and**
1018 **TE/EPI/PE signatures.** For the bulk RNA-seq samples of reprogramming intermediates, we
1019 employ a simple scoring system to determine the strength of different gene signatures
1020 (Supplementary Table 5). To compute the scores for each sample, the gene expression of the
1021 gene set of interest was first divided by the maximum gene expression across all samples to
1022 obtain a scaled gene expression ranging from 0 to 1. The scaled gene expression was then
1023 averaged across all the genes in the gene set to give the final score, which ranges from 0 to 1.
1024 This scoring system was applied to determine the strength of the primed and naive

1025 pluripotency using the genes in the primed and naive gene signatures determined from the
1026 single-cell data respectively. We also utilized gene sets that are highly expressed in the
1027 epiblast (EPI), primitive endoderm (PE) and trophoctoderm (TE) based on the previous
1028 study²⁵. In particular, we obtained the top 100 genes, ordered by differential expression FDR
1029 in that study, for each of the three lineages across E5 to E7, giving rise to the ALL-EPI, ALL-
1030 PE, and ALL-TE gene sets. Furthermore, we also extracted the top 100 genes for each
1031 embryonic day, giving rise to day-specific EPI (E5-EPI, E6-EPI, E7-EPI), PE and TE gene
1032 sets. These gene sets can be found in Supplementary Table 11. To validate this scoring
1033 approach, gene set enrichment analysis on each media/timepoint condition was performed as
1034 follows. Condition-specific differential expression was performed using the empirical Bayes
1035 quasi-likelihood F-tests in the edgeR package (v3.24.3) between the condition of interest and
1036 the average expression of the remaining conditions. Gene set enrichment analysis was then
1037 performed on the log fold changes from these differential expression results using the fgsea
1038 package (v1.8.0) with 10,000 permutations.

1039 **RNA-seq for characterization of iTSCs and iTSC-differentiated cells.** For the bulk RNA-
1040 seq of the iTSC and iTSC-differentiated cells, RNA-seq was performed with a multiplexing
1041 approach, using an 8 bp sample index⁴⁸ and a 10 bp unique molecular identifier (UMI) were
1042 added during initial poly(A) priming and pooled samples were amplified using a template-
1043 switching oligonucleotide. The Illumina P5 (5' AAT GAT ACG GCG ACC ACC GA 3') and
1044 P7 (5' CAA GCA GAA GAC GGC ATA CGA GAT 3') sequences were added by PCR and
1045 Nextera transposase, respectively. The library was designed so that the forward read (R1)
1046 utilizes a custom primer (5' GCC TGT CCG CGG AAG CAG TGG TAT CAA CGC AGA
1047 GTA C 3') to sequence directly into the index and then the 10 bp UMI. The reverse read (R2)
1048 uses the standard R2 primer to sequence the cDNA in the sense direction for transcript
1049 identification. Sequencing was performed on the NextSeq550 (Illumina), using the V2 High
1050 output kit (Illumina, #TG-160-2005) in accordance with the Illumina Protocol 15046563 v02,
1051 generating 2 reads per cluster composed of a 19 bp R1 and a 72 bp R2.

1052 **Analysis of the RNA-seq of iTSCs and iTSC-differentiated cells.** The sequencing reads are
1053 demultiplexed using sabre (v1.0) using the barcodes-sample table, and allowing up to one
1054 mismatch per barcode, and a minimum UMI length of 9bp. The demultiplexed data has single
1055 reads per sample and UMIs are added to the read name. We use STAR (v2.5.2b)⁴⁶ to align the
1056 reads to the GRCh37 Ensembl reference genome (v87). Read deduplication based on UMIs

1057 was performed with `je markdupes (v1.2)`⁴⁹ and transcript read counts calculated with
1058 `featureCounts (v1.5.2)`⁴⁷. From the resulting counts table, lowly expressed genes were filtered
1059 and library normalization was performed as per the bulk RNA-seq analysis of reprogramming
1060 intermediates. We then compared the similarity of the transcriptomes of our iTSC, iTSC-
1061 derived EVT/STs with published transcriptomic datasets, namely (i) blastocyst-derived TSCs
1062 gene expression from Okae et al⁷. and Dong et al³⁰.; (ii) trophoblast organoids gene
1063 expression from Haider et al²⁹. and Turco et al²⁸. and (iii) single-cell gene expression (only
1064 Smart-seq2) of the fetal-maternal interface from Vento-Tormo et al²⁷. The `removeBatchEffect`
1065 function in the `limma` package (v3.38.3) was applied to our dataset and each of the three sets
1066 of external datasets separately to account for technical differences, followed by Spearman
1067 correlation between the two datasets.

1068 **Assay for transposase-accessible chromatin using sequencing (ATAC-seq).** ATAC-seq
1069 samples were prepared as previously described⁵⁰. Briefly, reprogramming intermediates and
1070 hiPSCs were isolated by FACS (Supplementary Table 4) and ~65k cells were washed and
1071 lysed in ATAC-seq lysis buffer (10 mM NaCl, 3 mM MgCl₂, 0.1% IGEPAL CA-630, 10 mM
1072 Tris pH 7.4). The transposition reaction was then carried out by using 22.5 µl of UltraPure
1073 Distilled Water (ThermoFisher, Cat#10977-015), 25 µl of Tagment DNA Buffer (Illumina,
1074 Cat#15027866) and 2.5 µl of Tagment DNA Enzyme 1 (Illumina, Cat#15027865) for each
1075 sample, and then incubated for 30 min at 37°C, followed by immediate purification using a
1076 MinElute Reaction Cleanup Kit (Qiagen, Cat#28204) according to the manufacturer's
1077 instructions. 11 µl of transposed DNA, 25µl of the NEBNext High-Fidelity 2x PCR Master
1078 Mix (Cat#M0541S) and 1.25µM of the adaptor sequences as published previously⁵⁰ were
1079 used in a 50 µl PCR reaction. PCR parameters were: 72°C for 5 min, 98°C for 30 s and 9
1080 cycles of 98°C for 10 s, 63°C for 30 s and 72°C for 1 min. The prepared libraries were
1081 purified using a MinElute PCR purification kit (Qiagen, Cat#28004) followed by Agencourt
1082 AMPure XP beads (Beckman Coulter, Cat#A63880) according to the manufacturer's
1083 specifications, where library fragments ranging from 200 to 700 bp were selected and
1084 sequenced on an Illumina HiSeq 1500 in 2x51 cycle paired-end mode.

1085 **ATAC-seq preprocessing and alignment.** ATAC sequencing reads (pair-end 51nt reads)
1086 were adaptor-trimmed and filtered by base quality and length using `Cutadapt v 1.8`⁵¹ using `-a`
1087 `CTGTCTCTTATACACATCT`, `-A CTGTCTCTTATACACATCT`, `-q 20`, and `--minimum-`
1088 `length 18` options. Read pairs passing filters were mapped to the complete human genome

1089 [hg19 human genome (UCSC version, December 2011)] using Bowtie2 with -X 2000, --no-
1090 mixed and --no-discordant options⁵². Mapped sample reads were filtered for multi-mappers
1091 (mapping quality < 10) and reads mapped to mitochondrial DNA using Jvarkit's⁵³ samjs.
1092 PCR duplicates were discarded using Picard's (<http://broadinstitute.github.io/picard>)
1093 MarkDuplicates tool. Sequencing reads aligned to known genomic blacklisted regions were
1094 also not considered for further analysis⁵⁴.

1095 **ATAC-seq peak calling and exploratory analysis.** Peak calling was performed on each
1096 biological replicate with MACS2 callpeak subcommand⁵⁵ using --nomodel -f BAM --keep-
1097 dup all --gsize hs --shift -100 --extsize 200 --SPMR -B options. For downstream analysis we
1098 use an “intersect and rescue” approach. This approach consisted of intersecting each time
1099 point and reprogramming media biological replicates peak sets (bedtools intersect)⁵⁶,
1100 subcommand (-wa -wb -F/-f 0.3) and then filtering those peaks with a fold change over
1101 background of more than 5 fold change (FC) and at least 3 FC in the other replicate. This
1102 created two intersection peaksets (major to 5 FC in replicate 1 and major to 3 FC in replicate
1103 2 and *vice versa*), which were then combined and merged with bedtools merge (a minimum
1104 of 1 bp overlap). The union peakset of both replicates for each timepoint and reprogramming
1105 media was then reduced by merging all peaks within 100 bp. Finally, a consensus peak set of
1106 all time points and reprogramming media was created using bedtools merge as described
1107 above. Sequencing read counts for each biological replicate time point and media were
1108 produced using featureCounts⁴⁷(-p -F SAF), FPKMs calculated (peaks with less than 5
1109 FPKMs in at least 2 samples were discarded) then log₂ transformed (log₂ + 1) and quantile
1110 normalised. Genome coverage plots were generated using wiggleplotr bioconductor
1111 package⁵⁷. Principal component analysis (PCA) was then performed on the log2-transformed
1112 FPKM on all features using the *prcomp_irlba* function in the irlba package (v2.3.3). Human
1113 *in vivo* ICM and hESCs samples from Wu et al⁵⁸, human blastocyst-derived TSCs (BT5)
1114 from Dong et al³⁰ were processed as described above. We noted that RE of the fibroblast
1115 marker *ANPEP* became less accessible by day 7, accompanied by the downregulation of
1116 *ANPEP* gene expression. In contrast, This is followed by a gain of chromatin accessibility of
1117 regulatory elements and/or promoters RE of genes associated with shared pluripotency
1118 (*PRDM14*), primed pluripotency (*SOX11*) or naive pluripotency (*DNMT3L*) gain accessibility
1119 which coincides with the upregulation of these pluripotency genes (Extended Data Fig. 5d,e).
1120 We also observed naive-specific open chromatin regions in proximity or within the gene
1121 body of naive pluripotency factors such as *KLF17*, *ZNF729*, *NANOG* and *POU5F1* (*OCT4*)

1122 as were previously reported in ATAC-seq datasets of *in vivo* human embryos^{58,59} (Extended
1123 Data Fig. 5f). In particular, we found that the chromatin accessibility of two previously
1124 identified naive enhancers at the *OCT4* and *NANOG* loci⁵⁹, also detected in human inner cell
1125 mass (ICM)⁵⁸, became gradually accessible up to day 7 whilst the cells were still in FM.
1126 Following this, these regions lost accessibility in the primed intermediates and hiPSCs, while
1127 remaining open in naive cells (Extended Data Fig. 5f).

1128 **Integration of bulk ATAC-seq samples with bulk RNA-seq samples.** To integrate the bulk
1129 ATAC-seq profiles with the bulk RNA-seq samples, we first selected ATAC-seq peaks that
1130 are within an activity distance of -100, 10 bp around the TSS of each gene and assigned these
1131 peaks to the corresponding gene. Next, we further integrate the two assays by performing
1132 upper quartile normalisation, which makes the transcript counts and peak intensities
1133 distributions comparable and the *removeBatchEffect* command in the limma package
1134 (v3.38.3) to the combined \log_2 transformed ($\log_2 + 1$) ATAC/RNA dataset, specifying that
1135 the terminal timepoints, namely Fibroblast-D0, Primed, t2iLGoY, to be preserved using the
1136 design argument. PCA was then performed on this integrated dataset using the top 1000 most
1137 highly variable genes. To characterise gene expression of genes associated with identified
1138 cluster peaks (see details below); annotated peaks with no genes associated to (intergenic)
1139 were discarded and in cases of peaks assigned to the same gene, the peak closest to the gene's
1140 TSS was selected. Bulk RNA-seq gene read counts were processed as described above, \log_2
1141 FPKMs ($\log_2 + 1$) and z-scores across all conditions calculated. Gene ontology (GO) analysis
1142 of genes associated to each cluster was then performed using the Metascape⁶⁰, web interface
1143 (<https://metascape.org/>) on GO biological processes with default settings. The top 20
1144 enriched GO terms for each cluster are presented in Supplementary Table 8.

1145 **ATAC-seq fuzzy cluster analysis.** Processing of the read counts for fuzzy clustering and c-
1146 means clustering was performed as previously described¹¹. In summary, sequencing read
1147 counts of each biological replicate were aggregated, FPKMs calculated discarding peaks with
1148 less than 10 in any condition then \log_2 transformed ($\log_2 + 1$) and quantile normalised. Only
1149 peaks with a coefficient of variation across timepoints and media higher than 20% were
1150 considered for clustering. This peak subset was z-scaled and c-means fuzzy clustering²³ was
1151 performed ($m = 1.243778$, 8 clusters) (Supplementary Table 7). A cluster membership
1152 threshold of 0.8 was used for downstream analysis.

1153 **ATAC-seq peak annotation and Motif analysis.** Cluster peaks were annotated using
1154 Homer's annotatePeaks subcommand⁶¹ and annotatr⁶². A motif enrichment analysis of cluster
1155 peaks was performed using Homer's findMotifsGenome (-size given) for known motifs
1156 (Supplementary Table 9).

1157 **Statistics and reproducibility**

1158 For the sn/scRNA-seq experiments of the reprogramming roadmap, specific library
1159 information can be found in Fig. 1b and Supplementary Table 1. For time-resolved snRNA-
1160 seq experiments, a total of n=14 biologically independent samples across 14
1161 media/timepoints were included. Each sample is then subjected to snRNA-seq. The
1162 media/timepoints (D: day, P: passage, fm: fibroblast medium, pr: primed reprogramming
1163 medium, nr: naive reprogramming medium) are D0-fm (n=1), D4-fm (n=1), D8-fm (n=1),
1164 D12-pr (n=1), D12-nr (n=1), D16-pr (n=1), D16-nr (n=1), D20-pr (n=1), D20-nr (n=1), D24-
1165 pr (n=1), D24-nr (n=1), P3-nr (n=1), P20-pr (n=1), P20-nr (n=1). For the media-resolved
1166 scRNA-seq experiments, a total of n=9 biologically independent samples across 9
1167 media/timepoints were included. The media/timepoints are D0-fm (n=1), D3-fm (n=1), D7-
1168 fm (n=1), D13-pr (n=1), D13-nr (n=1), D21-pr (n=1), D21-nr (n=1), P10-pr (n=1), P10-nr
1169 (n=1). These samples are then pooled into three scRNA-seq libraries, which are the FM
1170 library (D0-fm, D3-fm, D7-fm samples), PR library (D0-fm, D3-fm, D7-fm, D13-pr, D21-pr,
1171 P10-pr samples), NR library (D0-fm, D3-fm, D7-fm, D13-nr, D21-nr, P10-nr samples). The
1172 total number of cells used in the final analysis was 43,791 (Fig. 1b-g, 3a and Extended Data
1173 Fig. 7g,h,8j). Detailed cell numbers for sn and scRNA-seq in each figure are as follows. Fig.
1174 1b and Extended Data Fig. 1e-g,k-r: 43,791 cells across 17 libraries (3,713 D0-fm cells, 3,511
1175 D4-fm cells, 3,809 D8-fm cells, 2,472 D12-pr cells, 491 D12-nr cells, 4,506 D16-pr cells,
1176 2,578 D16-nr cells, 2,680 D20-pr cells, 1,858 D20-nr cells, 2,148 D24-pr cells, 1,121 D24-nr
1177 cells, 2,169 P3-nr cells, 3,009 P20-pr cells, 2,532 P20-nr cells, 2,402 FM cells, 2,506 PR
1178 cells, 2,286 NR cells); Fig. 1f and Extended Data Fig. 2a-c: 43,791 cells across 21 clusters
1179 (2,691 fm1 cells, 1,326 fm2 cells, 955 fm3 cells, 1,098 fm4 cells, 862 fm5 cells, 1,424 fm6
1180 cells, 1,474 mix cells, 1,756 pr1 cells, 3,069 pr2 cells, 646 pr3 cells, 1,042 nr1 cells, 879 nr2
1181 cells, 4,270 nr3 cells, 6,049 nr4 cells, 505 nic cells, 2,159 re1 cells, 2,005 re2 cells, 1,361 re3
1182 cells, 2,992 re4 cells, 7,138 re5 cells, 90 re6 cells); Fig. 1g: 43,791 cells across 8 gene
1183 signatures (8,714 fibroblast cells, 2,575 mixed cells, 2,365 early-primed cells, 3,970 primed
1184 cells, 610 novel-interm. cells, 10,563 naive cells, 14,820 nonReprog1 cells, 174 nonReprog2

1185 cells); Extended Data Fig. 1h: 43,791 cells across 3 cell cycle phases (18,771 G1 cells,
1186 12,090 S cells, 12,930 G2M cells); Extended Data Fig. 2d: 43,791 cells across 21 snRNA-
1187 clusters (7,194 scRNA(unused) cells, 2,501 snRNA-fm1 cells, 1,197 snRNA-fm2 cells, 1,060
1188 snRNA-fm3 cells, 1,392 snRNA-fm4 cells, 984 snRNA-fm5 cells, 1,164 snRNA-mix cells,
1189 1,121 snRNA-pr1 cells, 638 snRNA-pr2 cells, 783 snRNA-pr3 cells, 1,592 snRNA-pr4 cells,
1190 1,143 snRNA-nr1 cells, 3,020 snRNA-nr2 cells, 4,498 snRNA-nr3 cells, 1,039 snRNA-nr4
1191 cells, 406 snRNA-nic cells, 2,416 snRNA-re1 cells, 1,160 snRNA-re2 cells, 1,156 snRNA-
1192 re3 cells, 6,530 snRNA-re4 cells, 2,690 snRNA-re5 cells, 107 snRNA-re6 cells); Extended
1193 Data Fig. 2e,h: For gene expression trends, the normalised gene expression was averaged
1194 across all cells within the same cluster prior to log transformation; Extended Data Fig. 2f-h:
1195 Pairwise DEGs between the 21 snRNA-clusters were determined using two-sided Wilcoxon
1196 rank-sum test with p-values adjusted for multiple testing using the Benjamini–Hochberg
1197 procedure, genes that (i) have an average LFC (averaged across all 20 pairwise differential
1198 expressions) of > 1.5 and (ii) are differentially expressed ($LFC > 1.5$ and $FDR < 0.01$) in at
1199 least 14 of the 20 pairwise differential expressions are deemed cluster-specific marker genes
1200 for each of the 21 snRNA-clusters. Hierarchical clustering was then performed on the Jaccard
1201 similarity of these marker genes to identify eight gene signatures (504 genes in total, 52
1202 fibroblast genes, 67 mixed genes, 28 early-primed genes, 39 primed genes, 31 naive genes,
1203 54 novel-interm. genes, 58 nonReprog1 genes, 175 nonReprog2 genes). For scRNA-seq of
1204 RSeT reprogramming, specific library information can be found in Extended Data Fig. 4a and
1205 Supplementary Table 6. On top of the scRNA-seq experiments mentioned earlier, an
1206 additional $n=3$ biological independent samples across 3 timepoints were included, namely
1207 D13-rr (rr: RSeT reprogramming), D21-rr, P10-rr. These samples are then pooled into the RR
1208 library containing the D0-fm, D3-fm, D7-fm, D13-rr, D21-rr, P10-rr samples. The total
1209 number of cells used in the final analysis (which included cells from the FM, PR and NR
1210 libraries mentioned above) was 9,852 (Extended Data Fig. 4). Detailed cell numbers for
1211 scRNA-seq in each figure are as follows. Extended Data Fig. 4a: 9,852 cells across 4 libraries
1212 (2,402 FM cells, 2,506 PR cells, 2,286 NR cells, 2,658 RR cells). For scRNA-seq of day 21
1213 reprogramming intermediates, specific library information can be found in Fig. 4a and
1214 Supplementary Table 13. A total of $n=3$ biologically independent samples across 3 conditions
1215 were included. Each sample is then subjected to scRNA-seq. The conditions are D21
1216 fibroblast medium (D21fm, $n=1$), D21 naive reprogramming (D21nr, $n=1$), D21 TSC
1217 reprogramming (D21tr, $n=1$). The total number of cells used in the final analysis was 10,518
1218 (Fig. 4a,b and Extended Data Fig. 9b-e). Detailed cell numbers for scRNA-seq of day 21

1219 reprogramming intermediates in each figure are as follows. Fig. 4a: 10,518 cells across 3
1220 libraries (4,761 D21fm cells, 2,801 D21nr cells, 2,956 D21tr cells); Extended Data Fig. 9c:
1221 10,518 cells across 13 clusters (89 D21fm1 cells, 531 D21fm2 cells, 329 D21fm3 cells, 268
1222 D21fm4 cells, 480 D21fm5 cells, 315 D21fm6 cells, 2,797 D21fm7 cells, 147 D21nr1 cells,
1223 899 D21nr2 cells, 1,771 D21nr3 cells, 301 D21tr1 cells, 629 D21tr2 cells, 1,962 D21tr3
1224 cells); Extended Fig 9b and Extended Data Fig. 9d: The marked D21tr1 containing 301 cells
1225 comprises 6 D21fm cells, 16 D21nr cells, 279 D21tr cells. For bulk RNA-seq of
1226 reprogramming intermediates, specific library information can be found in Extended Data
1227 Fig. 3f and Supplementary Table 5. n=2 biological replicates were obtained for each
1228 condition except for day 13 primed (n=3), day 13 naive (n=3) and passage 3 primed (n=4)
1229 (Fig. 2a and Extended Data Fig. 3b,f, 5b,c). For the scoring of primed and naive signatures,
1230 gene expression trends and Spearman correlation comparisons, the FPKM values were
1231 averaged across replicates prior to $\log_2 + 1$ transformation (Fig. 2b and Extended Data Fig.
1232 3g, 6f, 7d-f). Gene expression trends of genes associated with ATAC-seq peaks are shown as
1233 z-standardised values (Extended Data Fig. 6b,c). In Extended Data Fig. 7e, gene set
1234 enrichment analysis was then performed on the log fold changes from condition-specific
1235 differential expression results with 10,000 permutations. The p-values from the gene set
1236 enrichment were then corrected for multiple testing via the Benjamini–Hochberg procedure
1237 to yield the FDR. The product of the normalised enrichment score (NES) and $-\log_{10}(\text{FDR})$
1238 $[\text{NES} * -\log_{10}(\text{FDR})]$ is then plotted in the heatmap in Extended Data Fig. 7e. For bulk
1239 RNA-seq of iTSC-related samples, specific library information can be found in
1240 Supplementary Table 14. n=2 biological replicates were obtained for each condition except
1241 for iTSC^{d21n} (n=3), iTSC^{d8}-EVT (n=4) and iTSC^{d21n}-EVT (n=4) (Extended Data Fig. 8b,
1242 10b,i,j). For the Spearman correlation comparisons, the FPKM values were averaged across
1243 replicates prior to \log_2 transformation (Fig. 4h and Extended Data Fig. 10k,l). For ATAC-seq
1244 of reprogramming intermediates, specific library information can be found in Supplementary
1245 Table 5. n=2 biological replicates were obtained for each condition. For PCA, each replicate
1246 peak counts FPKMs were calculated (peaks with less than 5 FPKMs in at least 2 samples
1247 were discarded), \log_2 transformed ($\log_2 + 1$) and quantile normalised (Fig. 2c and Extended
1248 Data Fig. 5a). For fuzzy clustering, replicate counts were aggregated for each peak, FPKMs
1249 calculated (discarding peaks with less than 10 FPKM in any condition), \log_2 transformed
1250 ($\log_2 + 1$) and quantile normalised. Peaks with a coefficient of variation $< 20\%$ were
1251 discarded. This peak subset was z-scaled and c-means fuzzy clustering was performed (m =
1252 1.243778, 8 clusters) (Supplementary Table 7). A cluster membership threshold of 0.8 was

1253 used for downstream analysis. The number of peaks per cluster is as follows: C1, 12024; C2,
1254 7779; C3, 5077; C 4, 3334; C5, 9117; C6, 10129; C7, 4885; C8, 7739 (Fig. 2d). Cluster
1255 specific peak trends are shown as the mean +/- SD for each reprogramming media (Fig. 2d).
1256 P-values of motif enrichment analysis of cluster specific peaks are calculated based on a
1257 cumulative binomial distribution to then calculate the probability of detecting them in target
1258 sequences by chance (Fig. 2e). Chromatin accessibility trends for peak associated genes are
1259 shown as z-scaled across reprogramming stages calculated as described above (Extended
1260 Data Fig. 6b,c). In Fig. 2f, for *TFAP2C* KD experiments, two reprogramming rounds were
1261 performed and for each round of reprogramming, n=3 independent experimental replicates
1262 were transduced, reprogrammed and quantified separately for both scrambled controls and
1263 sh*TFAP2C* reprogramming into either primed or naive hiPSCs. Primed: p value=0.09, Naive:
1264 p value=0.001. Data are represented as mean \pm s.e.m., the significance is determined
1265 statistically by two-tailed unpaired Student's t-test. For *GATA2* KD experiments, two
1266 reprogramming rounds (n=2) were performed for primed reprogramming. For round 1: n=6
1267 independent experimental replicates were transduced, reprogrammed and quantified
1268 separately for both scrambled controls and sh*GATA2* reprogramming into either primed or
1269 naive hiPSCs. For round 2: n=4 independent experimental replicates for scrambled control
1270 primed reprogramming, n=5 independent experimental replicates for scrambled control naive
1271 reprogramming, n=5 independent experimental replicates for sh*GATA2* primed
1272 reprogramming and n=5 independent experimental replicates for sh*GATA2* naive
1273 reprogramming. Primed: p=2.33 x 10⁻¹², Naive: p=1.03 x 10⁻⁵. Data are represented as mean
1274 \pm s.e.m., the significance is determined statistically by two-tailed unpaired Student's t-test.
1275 For Fig. 3c-e, these experiments were repeated n=4 biological replicates (4 independent
1276 experiments from two donors) with similar results and representative images were shown in
1277 the figures. For Fig. 3f, n=3 biological replicates, 3 independent iTSC cell lines were injected
1278 into three mice, and similar results were obtained, and representative results were shown in
1279 the figure. For Fig. 3g, 4 lesions were generated from iTSC lines, harvested and analysed,
1280 similar results were obtained and representative images are shown (n=4 biological replicates)
1281 For Fig. 4d-e, the experiments were repeated independently (n=4 biological replicates) with
1282 similar results and representative results were shown in the figures. For Fig. 4f-g, the
1283 experiments were repeated with 4 iTSC cell lines obtained from the two donors were
1284 independently differentiated into STs and EVT) with similar results and representative
1285 images were shown in the figures (n= 4 biological replicates). For Fig. 4i, the experiments
1286 were repeated with 4 independent cell lines (obtained from the two donors) and each of the 4

1287 experiments were performed in 2 technical replicates with similar results and representative
1288 plots were shown in the figure (n=4 biological replicates x 2 technical replicates). For Fig. 4k,
1289 n=3 independent cell lines were injected to three mice, and similar results were obtained and
1290 a representative image is shown. For Fig. 4l, the serum of two independent experiments (2
1291 iTSC lines injected, 1 line per mouse)) were measured in 2 technical replicates (n=2
1292 biological replicates x 2 technical replicates). Representative results were shown in the figure.
1293 For Fig. 4m, 4 lesions were generated, harvested and analysed, similar results were obtained
1294 and representative images are shown (n=4 biological replicates). For Extended Data Fig. 1a,
1295 more than 10 reprogramming experiments using two different donors were performed with
1296 similar results. Representative phase-contrast images are shown in the figure. For Extended
1297 Data Fig. 1b, representative images were shown from staining of n=2 biological replicates.
1298 For Extended Data Fig. 3d, 4 experiments were independently performed (from two donors)
1299 with similar results and representative images were shown in the figures (n=4 biological
1300 replicates). For Extended Data Fig. 3e, n=2 biological replicates (from two donors) were used
1301 for analysis in this figure. For Extended Data Fig. 6g, the relative expression of *TFAP2C* and
1302 *GATA2* were measured in n=2 independent experiments with technical replicates.
1303 Representative results were shown in the figure. For Extended Data Fig. 8a, the experiments
1304 were repeated independently with n=2 biological replicates (from two donors) with similar
1305 results and representative images were shown in the figures. For Extended Data Fig. 8c, these
1306 experiments were repeated n=4 biological replicates (4 independent experiments from two
1307 donors) with similar results and representative images were shown in the figures. For
1308 Extended Data Fig. 8d, fusion index was used to quantify the efficiency of cell fusion, which
1309 is calculated by using the number of nuclei counted in the syncytia minus the number of
1310 syncytia, then divided by the total number of nuclei counted. The quantification was
1311 performed on n=5 cell clusters counted randomly and independently across ST cells
1312 differentiated from two iTSC lines (obtained from two different donors) with similar results
1313 and representative results were shown in the figure. $p=1.60 \times 10^{-7}$, data are represented as
1314 mean \pm s.e.m., the significance is determined statistically by two-tailed unpaired Student's t-
1315 test. For Extended data Fig. 8e, the conditioned media from n=6 biological replicates (6
1316 independent cell lines from 2 different donors were differentiated into STs) were tested for
1317 hCG pregnancy tests and similar results were obtained from such tests, and representative
1318 results were shown in the figure. For Extended Data Fig. 8f, the conditioned media of two
1319 independent experiments (from two donors) were measured in 2 technical replicates (n= 2
1320 biological replicates x 2 technical replicates). Representative results were shown in the figure.

1321 For Extended Data Fig. 8g, the serum of two independent experiments (2 iTSC lines injected,
1322 1 line per mouse)) were measured in 2 technical replicates (n= 2 biological replicates x 2
1323 technical replicates). Representative results were shown in the figure. For Extended Data Fig.
1324 8h, 4 lesions were generated, harvested and analysed (n=4 biological replicates). For
1325 Extended Data Fig. 8i, 4 lesions were generated from iTSC lines, harvested and analysed,
1326 similar results were obtained and representative images are shown (n=4 biological replicates).
1327 For Extended Data Fig. 8k, n=3 independent experiments for unenriched and CD70 low cells
1328 were performed and n=2 for CD70 high cells. For Extended Data Fig. 9g, the experiments
1329 were repeated independently with n=2 biological replicates (from two donors) with similar
1330 results and representative images were shown in the figures. For Extended Data Fig 9h, the
1331 relative expression of *NANOG*, *ZIC2*, *KLF17*, *DPPA3*, *GATA2* and *KRT7* were measured in
1332 n=3 independent experiments with technical replicates. For Extended Data 10a, the
1333 experiments were repeated with n=6 biological replicates (3 independent cell lines derived
1334 from each of the two donors) with similar results and representative images were shown in
1335 the figure. For Extended Data Fig. 10c, fusion index was used to quantify the efficiency of
1336 cell fusion, which is calculated by using the number of nuclei counted in the syncytia minus
1337 the number of syncytia, then divided by the total number of nuclei counted. The
1338 quantification was performed on n=5 cell clusters counted randomly and independently
1339 across ST cells differentiated from two iTSC lines (obtained from two different donors) with
1340 similar results and representative results were shown in the figure. $p=3.95 \times 10^{-7}$, data are
1341 represented as mean \pm s.e.m., the significance is determined statistically by two-tailed
1342 unpaired Student's t-test. For Extended Data Fig. 10d, the conditioned media from n=6
1343 biological replicates (6 independent cell lines from 2 different donors were differentiated into
1344 STs) were tested for hCG pregnancy tests and similar results were obtained from such tests,
1345 and representative results were shown in the figure. For Extended Data Fig. 10e, the
1346 conditioned media of two independent experiments (from two donors) were measured in 2
1347 technical replicates (n=2 biological replicates x 2 technical replicates). Representative results
1348 were shown in the figure. For Extended Data Fig. 10f-h, the experiments were repeated
1349 independently with n=4 biological replicates with similar results and representative images
1350 were shown in the figure. For Extended Data Fig. 10m, 4 lesions were generated from iTSC
1351 lines, harvested and analysed (n=4 biological replicates). For Supplementary Table 7, n=2
1352 biological replicates (from two donors) were used for data analysis presented in this
1353 supplementary table. GO Enrichment p-values are calculated based on an accumulative
1354 hypergeometric distribution, and adjusted for multiple testing (q-values) using Benjamini-

1355 Hochberg adjustment. For Supplementary Table 8, n=2 biological replicates (from two
1356 donors) were used in this supplementary table. Motif enrichment P-values are calculated
1357 based on a cumulative binomial distribution. As described in Heinz S., et al⁶¹, the statistics
1358 assess the occurrence of motifs in target sequences vs a random background. From these
1359 motif occurrences it then calculates the probability of detecting them in target sequences by
1360 chance. The software used for these calculations is described in the Methods section.

1361 **Reporting Summary.** Further information on research design is available in the Nature
1362 Research Reporting Summary linked to this paper.

1363 **Data availability**

1364 We developed an interactive online tool (<http://hrpi.ddnetbio.com/>) to facilitate easy
1365 exploration of the dataset and download of all processed datasets. Raw and processed next
1366 generation sequencing datasets were deposited at the NCBI Gene Expression Omnibus
1367 (GEO) repository under accession numbers: GSE150311: scRNA-seq experiments of
1368 intermediates during human primed and naive reprogramming; GSE150637: scRNA-seq
1369 experiments of day 21 reprogramming intermediates cultured under fibroblast condition,
1370 naive pluripotent and trophoblast stem cell conditions; GSE147564: snRNA-seq experiments
1371 of intermediates during human primed and naive reprogramming; GSE147641: ATAC-seq
1372 experiments of intermediates during human primed and naive reprogramming; GSE150590:
1373 ATAC-seq experiments of induced trophoblast stem cells; GSE149694: bulk RNA-seq
1374 experiments of intermediates during human primed and naive reprogramming; GSE150616:
1375 bulk RNA-seq experiments of induced trophoblast stem cells and their derived placenta
1376 subtypes. Source Data for four Figures and ten Extended Data Figures are provided within
1377 the online content of this paper.

1378 **Code availability**

1379 All data were analysed with standard programs and packages as detailed above. Scripts can
1380 be found at <https://github.com/SGDDNB/hrpi>.

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1449

1450 **Extended Data Fig. Legends**

1451 **Extended Data Fig. 1 | Experimental designs, analysis pipelines for single-nucleus and**
1452 **single-cell RNA-sequencing. a**, Morphological changes of cells undergoing reprogramming
1453 in FM: Fibroblasts Medium; PR: Primed Reprogramming; NR: Naive Reprogramming. (FM:
1454 D0, 3, 7), PR (D13, D21, hiPSCs) and NR (D13, D21, hiPSCs), $n > 10$, Scale bar, 500 μ m. **b**,
1455 Immunostaining at early stages (FM: D0, 3, 7), during PR (D13, D21) and NR (D13, D21)
1456 with TRA-1-60 for primed colonies, KLF17 for naive colonies and DAPI for nuclei staining,
1457 $n=2$. Scale bar, 50 μ m. **c**, Experimental design for single-cell RNA-seq (scRNA-seq) libraries.
1458 FM(scRNA-seq)/fm(snRNA-seq): Fibroblasts Medium; PR/pr: Primed Reprogramming;
1459 NR/nr: Naive Reprogramming; iMEF: irradiated Mouse Embryonic Fibroblasts. **d**, Single-
1460 nucleus (sn) and single-cell (sc) RNA-seq data analysis strategy (see Methods for details). **e**,

1461 Representation of integrated snRNA-seq and scRNA-seq experiments (43,791 cells) on FDL.
1462 **f-g**, Primed and naive libraries on FDL. **h**, FDL showing cells in predicted stages of the cell
1463 cycle. **i**, Reprogramming trajectories on FDL highlighting cells within each timepoint. **j**,
1464 Expression of genes associated with primed pluripotency (*NLGN4X*) and naive pluripotency
1465 (*DPPA5*) on FDL. **k-r**, PCA (**k-p**), diffusion maps (**q**) and UMAP (**r**) of sn/scRNA-seq data.
1466 For more details on sample number and statistics, please see statistics and reproducibility
1467 section.

1468

1469 **Extended Data Fig. 2 | Resolving the molecular hallmarks of primed and naive**
1470 **reprogramming trajectories.** **a**, Unsupervised clustering projected onto the FDL shown in
1471 Fig. 1 (43,791 cells). fm1-fm6: fibroblast and early reprogramming intermediates cell
1472 clusters; mix: shared cell cluster; pr1-pr3: primed reprogramming cell clusters; nr1-nr4: naive
1473 reprogramming cell clusters; nic: novel intermediate cell cluster; re1-re6: refractory cell
1474 clusters. **b**, snRNA-seq timepoint/library contribution (composition and cell number) towards
1475 each cell cluster. **c**, PAGA trajectory inference on diffusion maps. **d**, snRNA-seq clusters,
1476 used to define gene signatures, on FDL. **e**, Dotplot showing the expression of mesenchymal
1477 and epithelial (MET) associated genes across cell clusters. **f**, Jaccard similarity of snRNA-seq
1478 cluster-specific genes. Cluster-specific genes are then grouped to define the eight gene
1479 signatures, highlighted at the bottom. **g**, Defined gene signatures on FDL. **h**, Gene
1480 expression heatmap of the primed or naive pluripotency signatures across the cell clusters
1481 (coloured arrows indicate known marker genes). **i**, Area plots showing the transition and
1482 activation of the defined signatures during primed and naive reprogramming over time. For
1483 more details on sample number and statistics, please see statistics and reproducibility section.

1484

1485 **Extended Data Fig. 3 | Isolation and characterisation of intermediates during**
1486 **reprogramming into several naive human induced pluripotent states.** **a**, Identification of
1487 cell surface markers for the isolation of primed and naive reprogramming intermediates. **b**,
1488 PCA of bulk RNA-seq data of isolated intermediates during primed and naive
1489 reprogramming, $n \geq 2$. **c**, Experimental designs for the generation, isolation, and profiling of
1490 intermediates during reprogramming into several naive human induced pluripotent states. **d**,
1491 Morphological changes during reprogramming under naive 5iLAF, NHSM, and ReST culture
1492 conditions (see Methods), $n=4$. Scale bar, 500 μ m. **e**, Visualisation of flow cytometry profiles
1493 (SPADE tree) of intermediates during reprogramming, $n=2$. **f**, PCA of RNA-seq of primed

1494 and several types of naive reprogramming intermediates (see Methods), $n \geq 2$. **g**, Heatmap
1495 showing gene expression profiles of primed and naive pluripotency signatures genes (defined
1496 in sn/scRNA-seq analysis) across reprogramming intermediates and hiPSCs derived under all
1497 different culture conditions, $n \geq 2$. For more details on sample number and statistics, please
1498 see statistics and reproducibility section.

1499

1500 **Extended Data Fig. 4 | Single-cell profiling of the reprogramming pathway into naive**
1501 **RSeT state. a**, FDL of fibroblast, primed, naive t2iLGoY and RSeT scRNA-seq libraries,
1502 naive RSeT scRNA-seq libraries (9,852 cells, see Methods). **b**, Expression profile of genes
1503 associated with human fibroblasts (*ANPEP*), shared pluripotency (*NANOG*), primed
1504 pluripotency (*ZIC2*, *NLGN4X*) and naive pluripotency (*DNMT3L*, *DPPA5*) on FDL. For more
1505 details on sample number and statistics, please see statistics and reproducibility section.

1506

1507 **Extended Data Fig. 5 | Dynamics of chromatin state transitions during reprogramming**
1508 **into primed and naive human induced pluripotency. a**, PCA plot of ATAC-seq
1509 nucleosome-free signals, PC1 vs PC3 related to Fig. 2c. ATAC-seq was performed using
1510 isolated reprogramming intermediates and hiPSCs from FM (D0, D3, D7), PR (D13, D21,
1511 P3, P10), NR (D13, D21, P3, P10), $n=2$. FM: Fibroblasts Medium (Black); PR: Primed
1512 Reprogramming (Orange); NR: Naive Reprogramming (Blue). **b-c**, PCA plot of the
1513 integration of RNA-seq and ATAC-seq experiments ($n \geq 2$). **d-e**, ATAC-seq and
1514 corresponding RNA-seq tracks of primed and naive reprogramming intermediates for
1515 Fibroblast marker, *ANPEP*; Shared pluripotency marker, *PRDM14*; Primed-specific
1516 pluripotency marker *SOX11*; Naive-specific pluripotency marker *DNMT3L*. Model of each
1517 gene is shown: coding sequences, light blue boxes, and exons, dark blue boxes; introns are
1518 shown as light blue connecting lines. **f**, Naive-reprogramming-specific ATAC-seq signals in
1519 light grey) around core pluripotency factors *NANOG* and *POU5F1* (*OCT4*), naive-
1520 reprogramming-specific *KLF17* and *ZNF729* in primed and naive reprogramming intermediates
1521 and hiPSCs compared to human ICM and primed hESCs ATAC-seq data⁵⁸. For more details
1522 on sample number, please see statistics and reproducibility section. For more details on
1523 sample number and statistics, please see statistics and reproducibility section.

1524

1525 **Extended Data Fig. 6 | Features of accessible chromatin landscape during**
1526 **reprogramming into primed and naive human induced pluripotency. a**, Proportion of
1527 genomic regions in each of the ATAC-seq clusters. **b**, Averaged chromatin accessibility (z-

1528 scaled, $n=2$) and gene expression (z-scaled, $n \geq 2$) of one representative gene from each of the
1529 ATAC-seq peak clusters. **c**, Standardized gene expression (averaged z-scaling) of genes
1530 associated with ATAC-seq cluster peaks (see Methods). **d**, TF motif enrichment analysis of
1531 the ATAC-seq peak clusters. Motif enrichment ($-\log P$ value) heatmap by colour and the size
1532 the percentage (%) of sequences in the cluster featuring the motif. Red arrow points to
1533 *OCT4/SOX2/NANOG/KLF4* motifs in transient ATAC-seq cluster (C3), Blue arrow—and
1534 enrichment of TE-associated TFs *TFAP2C/GATA2* (C7 and C8) are indicated by blue arrows.
1535 **e**, Gene expression heatmap TFs identified in the motif enrichment analysis in **d**. **f**, *TFAP2C*
1536 and *GATA2* gene expression during primed and naive reprogramming. **g**, qRT-PCR analysis
1537 of sh*TFAP2C* and sh*GATA2* compared to scrambled controls, $n=2$. For more details on
1538 sample number and statistics, please see statistics and reproducibility section.

1539

1540 **Extended Data Fig. 7 | Uncovering the transcriptional programs of human fibroblast**
1541 **reprogramming into naive induced pluripotency. a-b**, Primed and naive scores, using gene
1542 signatures defined in this study (Fig. 1g), on human preimplantation embryos at indicated
1543 embryonic stages based on scRNA-seq experiments from published studies^{24,25}. **c**, EPI, PE
1544 and TE signatures score at indicated embryonic stages²⁵. **d**, EPI, PE, TE gene signatures²⁵
1545 from embryonic (E) day 5, 6, 7 on intermediates and hiPSCs reprogrammed under primed
1546 and different naive culture conditions (see Methods). **e**, Gene set enrichment analysis (GSEA,
1547 see methods) of the EPI, PE and TE gene signatures in reprogramming intermediates and
1548 hiPSCs reprogrammed under primed and several naive culture conditions. **f**, EPI, PE and TE
1549 gene signatures scores in reprogramming intermediates and hiPSCs reprogrammed under
1550 primed and several naive culture conditions. We used a combined gene signature across E5 to
1551 E7 for each lineage (see Methods). **g**, EPI and PE signatures on FDL with single-cell
1552 trajectories constructed using Monocle3 (43,791 cells), related to Fig. 3a. **h**, Scoring of novel-
1553 intermediate signatures defined in this study (Extended Data Fig. 2f,g) on human
1554 preimplantation embryos of different lineages at indicated embryonic stages based on
1555 scRNA-seq experiments from published studies^{24,25}. For more details on sample number and
1556 statistics, please see statistics and reproducibility section.

1557

1558 **Extended Data Fig. 8 | Characterisation of iTSC^{d21n}**. **a**, Immunostaining of fibroblast,
1559 primed, naive t2iLGoY hiPSCs with P63, TFAP2C, GATA2, KRT7, $n=2$. Scale bar, 100 μ m.
1560 **b**, Gene expression of trophoblast genes in fibroblasts, primed, naive t2iLGoY hiPSCs,
1561 iTSC^{d21n} and TSCs derived from a human blastocyst (TSC^{blast})⁷ and first-trimester placental

1562 trophoblast (TSC^{CT})⁷, mean of replicates, $n=2$. **c**, Phase-contrast image of ST and EVT cells
1563 differentiated from iTSC^{d21n}, $n=4$. Scale bar, 100 μ m. **d**, Fusion index of iTSC^{d21n}-ST and
1564 iTSC^{d21n}, $n=5$, data are represented as mean \pm s.e.m., p values by two-tailed unpaired
1565 Student's t -test. **e**, Representative results for OTC hCG pregnancy test for media of ST cells
1566 differentiated from iTSC^{d21n} and control media, $n=6$. **f**, hCG levels in iTSC^{d21n} and iTSC^{d21n}-
1567 ST conditioned media, detected by ELISA, $n=4$. **g**, hCG level in mouse blood serum detected
1568 by ELISA, $n=4$. **h**, Lesions harvested from subcutaneously engrafted iTSC^{d21n} in NOD-SCID
1569 mice, $n=4$. **i**, Hematoxylin and eosin, and immunohistochemical staining of KRT7 in the
1570 lesions from **h**, no evident lesions were observed in vehicle controls, $n=4$. Scale bar, 200 μ m.
1571 **j**, Distinct level of CD70 expression in naive and TE populations (indicated by blue arrows)
1572 on FDL projection of sn/scRNA-seq datasets. **k**, Quantification of KRT7+ colony clusters
1573 after 9 days of transitioning into TSC media of unenriched, CD70 high and CD70 low
1574 populations, $n=2-3$ independent experiments, data are represented as mean \pm s.e.m., p values
1575 by two-tailed unpaired Student's t -test. Representative images of whole-well scans (top
1576 panels, scale bar, 1mm) and KRT7 immunostaining (bottom panels, scale bar, 100 μ m). For
1577 more details on sample number and statistics, please see statistics and reproducibility section.
1578

1579 **Extended Data Fig. 9 | Cellular heterogeneity of fibroblast and iTSC^{d8} reprogramming**
1580 **intermediates revealed by scRNA-seq.** **a**, Experimental designs and preparation of single-
1581 cell RNA-seq (scRNA-seq) libraries of day 21 fibroblast, naive and TSC^{d8} reprogramming
1582 intermediates. **b**, Strength of EPI signatures on FDL (10,518 cells). The cell population not
1583 enriched for EPI signatures but enriched for TE signatures is indicated by a purple arrow,
1584 related to Fig. 4b. **c**, Representation of 13 cell clusters from unsupervised clustering projected
1585 onto the FDL, fibroblast medium cell clusters: D21fm1-D21fm7; naive reprogramming cell
1586 clusters: D21nr1-D21nr3; trophoblast reprogramming cell clusters: D21tr1-D21tr3, and **d**,
1587 Contribution of each scRNA-seq library (%) to the composition of cell clusters. D21tr1
1588 cluster is indicated by a purple arrow. **e**, Expression of genes associated with human
1589 fibroblasts (*ANPEP*), shared pluripotency (*NANOG*), primed pluripotency (*ZIC2*), naive
1590 pluripotency (*DNMT3L*) and trophoblast (*GATA3*) on FDL projection of day 21 fibroblast,
1591 naive and TSC^{d8} reprogramming intermediates scRNA-seq libraries (upper panels). Defined
1592 fibroblast, early-primed, primed, novel-intermediate and naive signatures (Extended Data
1593 Fig. 2f) on the FDL projection (bottom panels). **f**, Experimental designs to validate the
1594 potential of day 21 fibroblast reprogramming intermediates for the derivation of primed,
1595 naive hiPSCs and iTSCs. **g**, Phase-contrast images of primed, naive hiPSCs and iTSCs

1596 generated from day 21 fibroblast reprogramming intermediates, $n=2$. Scale bar, $50\mu\text{m}$.
1597 Immunostaining of primed, naive hiPSCs and iTSCs with NANOG, KLF17, NR2F2, KRT7
1598 and DAPI for nuclei staining, $n=2$. Scale bar, $200\mu\text{m}$. **h**, qRT-PCR analysis of *NANOG*,
1599 *ZIC2*, *KLF17*, *DPPA3*, *GATA2*, *KRT7* expression in primed, naive hiPSCs and iTSCs
1600 generated from day 21 fibroblast reprogramming intermediates, $n=3$. Data are represented as
1601 mean \pm s.e.m. For more details on sample number and statistics, please see statistics and
1602 reproducibility section.

1603

1604 **Extended Data Fig. 10 | Characterisation of iTSC^{d8}**. **a**, Sendai viral transgenes in iTSC
1605 lines with positive and negative controls, $n=6$. **b**, Gene expression of trophoblast genes in
1606 fibroblasts, primed hiPSCs, naive t2iLGoY hiPSCs, iTSC^{d8} and iTSC^{d21n} compared to TSCs
1607 derived from a human blastocyst (TSC^{blast}) and first-trimester placental trophoblast (TSC^{CT})⁷,
1608 data are presented as mean ($n=2$). **c**, Cell fusion index of iTSC^{d8}-ST and iTSC^{d8}, $n=5$, data are
1609 represented as mean \pm s.e.m., p values by two-tailed unpaired Student's t -test. **d**,
1610 Representative results for hCG pregnancy test obtained from media of ST cells differentiated
1611 from iTSC^{d8}, $n=6$. **e**, hCG levels of iTSC^{d8} and iTSC^{d8}-ST conditioned media detected by
1612 ELISA, $n=4$. **f**, Representative flow cytometry analysis of pan HLA-A, B, C class I marker
1613 (W6/32), HLA-Bw4 and HLA-G in fibroblasts and EVTs, $n=4$. **g**, Representative flow
1614 cytometry analysis of pan HLA class I marker (W6/32) and HLA-G in iTSC^{d8}-EVT and
1615 iTSC^{d21n}-EVT. **h**, Representative flow cytometry analysis of pan HLA class I marker
1616 (W6/32) in fibroblasts, primed hiPSCs, naive t2iLGoY hiPSCs, iTSC^{d8} and iTSC^{d21n}, $n=4$. **i**,
1617 Expression of ST genes in iTSC^{d8} and iTSC^{d21n}-derived ST cells and **j**, expression of EVT
1618 genes in iTSC^{d8} and iTSC^{d21n}-derived EVT cells. **k**, Spearman correlation of the
1619 transcriptomes of fibroblast, primed and naive t2iLGoY hiPSCs, iTSC^{d8} and iTSC^{d21n},
1620 iTSC^{d8}-ST and iTSC^{d21n}-ST, iTSC^{d8}-EVT and iTSC^{d21n}-EVT generated in this study with
1621 trophoblast organoids samples from Haider et al.²⁹ and Turco et al.²⁸ and **l**, Single-cell fetal-
1622 maternal interface samples from Vento-Tormo et al.²⁷, $n \geq 2$, replicates are averaged prior to
1623 performing correlation. **m**, Lesions harvested from subcutaneously engrafted iTSC^{d8} in NOD-
1624 SCID mice, $n=4$. For more details on sample number and statistics, please see statistics and
1625 reproducibility section.

1626

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1649 **Author contributions**

1650 J.M.Polo conceptualised the study. O.J.L.R. and J.M.Polo supervised the study. X.L., J.F.O.,
1651 F.J.R., O.J.L.R. and J.M.Polo designed the experiments and analysis. O.J.L.R. devised the
1652 single cells analysis pipeline and data integration. X.L. performed reprogramming
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1670 **Competing interests**

1671 Although not directly related to this manuscript, O.J.L.R. and J.M.Polo. are co-inventors of
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1674 provisional patent application (application number: 2019904283) filed by Monash University,
1675 National University of Singapore and Université de Nantes related to work on derivation of
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1677

1678 **Additional information**

1679 **Supplementary information** is available for this paper.

1680 **Correspondence and requests for materials** should be addressed to O.J.L.R. or J.M.Polo.

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