Increased angiogenesis in **RET**-mutated MTCs

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# **RET** mutation and increased angiogenesis in medullary thyroid carcinomas

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# Abstract

Advanced medullary thyroid cancers (MTCs) are now being treated with drugs that inhibit receptor tyrosine kinases, many of which involved in angiogenesis. Response rates vary widely, and toxic effects are common, so treatment should be reserved for MTCs likely to be responsive to these drugs. RET mutations are common in MTCs, but it is unclear how they influence the microvascularization of these tumors. We examined 45 MTCs with germ-line or somatic RET mutations (RETmut group) and 34 with wildtype RET (RETwt). Taqman Low-Density Arrays were used to assess proangiogenic gene expression. Immunohistochemistry was used to assess intratumoral, peritumoral and nontumoral expression levels of VEGFR1, R2, R3, PDGFRa, PDGFB and NOTCH3. We also assessed microvessel density (MVD) and lymphatic vessel density (LVD) based on CD31-positive and podoplanin-positive vessel counts, respectively, and vascular pericyte density based on staining for a-smooth muscle actin (a-SMA), a pericyte marker. Compared with RETwt tumors, RETmut tumors exhibited upregulated expression of proangiogenic genes (mRNA and protein), especially VEGFR1, PDGFB and NOTCH3. MVDs and LVDs were similar in the two groups. However, microvessels in RETmut tumors were more likely to be a-SMA positive, indicating enhanced coverage by pericytes, which play key roles in vessel sprouting, maturation and stabilization. These data suggest that angiogenesis in RET mut MTCs may be more intense and complete than that found in RETwt tumors, a feature that might increase their susceptibility to antiangiogenic therapy. Given their increased vascular pericyte density, RETmut MTCs might also benefit from combined or preliminary treatment with PDGF inhibitors.

#### **Key Words**

- medullary thyroid cancer
- **RET** mutations
- angiogenesis
- pericyte

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# Introduction

Medullary thyroid carcinomas (MTCs) arise from the thyroid parafollicular cells and represent 1–2% of all thyroid cancers (Wells *et al.* 2015). Surgical resection is the only effective treatment for these tumors (de Groot *et al.* 2006, Deshpande *et al.* 2011). Despite their relatively slow growth, MTCs are characterized by early metastatic spread, and the effective treatment of patients with advanced disease is still a major challenge (Ferreira & Maia 2013). Indeed, mean survival for patients with MTC is lower than that associated with more common thyroid cancers, and in the presence of distant metastases, the 10-year rate drops as low as 40% (Chau & Haddad 2013).

Increasing knowledge of the distinct signaling pathways and genetic abnormalities involved in the pathogenesis of cancer has allowed the development of targeted molecular therapies (Ferreira & Maia 2013). Most MTCs are sporadic cancers, but a hereditary pattern is discernible in 25-30% of cases (Pusztaszeri et al. 2014). Ninety-nine percent of these familial cases are caused by germ-line mutations in the receptor tyrosine kinase (RTK) gene RET. RET mutations are less common in sporadic MTCs, roughly half of which harbor somatic alterations of this gene (Wu et al. 2011). In the last few years, somatic mutations in the RAS oncogenes have also been identified in sporadic MTCs, with reported prevalence rates ranging from 11% (Ciampi et al. 2013) to 44% (Boichard et al. 2015). Nevertheless, in a small proportion of sporadic MTCs, no genetic alterations are detected.

Small-molecule inhibitors of receptor tyrosine kinases (TKIs) are one of the most promising approaches for treating MTCs. Indeed, encouraging results have emerged from clinical trials in which these drugs were tested in MTC (Ferreira & Maia 2013). The TKIs most widely investigated in MTC patients are drugs that target multiple RTKs, including those involved in angiogenesis like VEGFRs and PDGFRs. The efficacy of these agents varies widely, with partial responses reported in 0-40% of MTC patients and disease stabilization in 27-55% (Ferreira & Maia 2013). Unfortunately, TKIs also interact with receptors that mediate physiological functions and are thus associated with a number of highly toxic side effects. Careful advance selection of the patients likely to be responsive to these drugs is, therefore, essential. In-depth analysis of the molecular alterations present in the tumor is fundamental for selecting the most effective drug treatment. For example, MTC response rates to vandetanib, one of the most promising TKIs, are higher in RET M918T mutation-positive patients than in those without this mutation, and patients with *RET*-activating mutations at codon 804 (V804L, V804M) are resistant to vandetanib and some other TKIs as well (Ferreira & Maia 2013).

Like most endocrine tumors, MTC are richly vascularized, and impairment of tumor vascularization may be at least one of the mechanisms underlying the TKIs' therapeutic effects in these tumors. However, it is not clear whether specific molecular alterations in MTCs influence the features of angiogenesis and tumor microvascularization in MTC and, if so, what impact they have on the response to TKI therapy. To address these questions, we conducted an analysis of the genetic alterations and features of tumor microvascularity in a large series of MTCs.

#### Methods

#### Patients, tissues and cell lines

This study was approved by the research ethics committees of all participating centers. Written informed consent was obtained from each enrolled tissue donor. Unless otherwise specified, commercial products were used in accordance with the manufacturer's instructions.

A total of 79 MTCs were examined. The 53 tumors for which fresh frozen tissue samples were available were used for gene expression analyses. These fresh frozen tissue samples were also subjected to mutation analysis, along with formalin-fixed paraffin-embedded (FFPE) samples from 26 other tumors (total: 79). Immunohistochemical analyses were performed on all FFPE samples (representing a total of 35 MTCs) and on a tissue microarray containing samples of 30 other tumors. The array was constructed according to standard procedures and included three separate cores (diameter: 0.6mm) from each MTC. Histology sections from all tumor specimens (snapfrozen and FFPE) were reviewed by two pathologists with experience in thyroid disease (G T and G P C), who confirmed the diagnosis of MTC and the adequacy of the neoplastic cell population in each sample analyzed.

TT cells were purchased from the American Type Culture Collection (Manassas, VA, USA). They are derived from a primary MTC and harbor a cysteine 634 to tryptophan (C634W) mutation in *RET* exon 11. TT cells were grown in Ham's F12 Medium with 10% fetal bovine serum (FBS) (Gibco). The MZ-CRC1 cell line (kindly provided by Dr M Santoro) harbors a methionine 918 to tryptophan (M918T) mutation in *RET* exon 16. These cells were grown in DMEM with 10% FBS. The media used

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for both cultures were supplemented with 2 mmol L<sup>-1</sup> glutamine and 100 U/mL penicillin–streptomycin (Gibco).

# Sanger sequencing

FFPE or fresh frozen tumor tissues from each MTC were subjected to Sanger sequencing to identify mutations involving the *RET* (exons 10, 11, 13, 14, 15, and 16), *H-RAS, K-RAS* and *N-RAS* genes (exons 2, 3 and 4). DNA was extracted using the NucleoSpin Tissue Kit (Macherey-Nagel GmbH & Co. KG, Düren, Germany).

Primers and PCR conditions used for these analyses have been described elsewhere (Castellone *et al.* 2010, Puppin *et al.* 2014). Amplicons were purified with the NucleoSpin Gel and PCR Clean-up Kit (Macherey-Nagel GmbH & Co. KG Düren, Germany) and sequenced with the BigDye Terminator Cycle Sequencing Kit, version 3.1 (Thermo Fisher Scientific). Sequencing reactions were purified using the NucleoSEQ Kit (Macherey-Nagel) and loaded onto an ABI 3130xl Genetic Analyzer (Thermo Fisher Scientific). Data were analyzed with Sequencing Analysis software, version 5.3 (Thermo Fisher Scientific). Each mutation was confirmed twice, starting from the PCR step. Somatic and germ-line *RET* mutations were distinguished on the basis of DNA sequencing data of nontumor thyroid tissue samples from the same patient.

# Angiogenic gene expression in fresh frozen tumor tissues

Total RNA was extracted from fresh frozen tumor tissues and reverse-transcribed, as described previously (Puppin et al. 2014, Sponziello et al. 2014). Angiogenic gene transcript levels were measured with real-time PCR performed with custom-designed microfluidic cards (Taqman Low-Density Arrays [TLDAs], Thermo Fisher Scientific), each configured with the specific Taqman Gene Expression Assay (Thermo Fisher Scientific) for the main components of the Notch pathway (receptors: NOTCH1, 2, 3, 4; ligands: DLL1, DLL3, DLL4, JAG1, JAG2; regulators: the gamma-secretases PSEN1 and 2, DTX1, MAML1 and RBPJ; effectors: HES1, HEY1-2-L; the repressor NUMB); the vascular endothelial growth factor (VEGF) pathway (ligands: VEGFA and VEGFC; receptors VEGFR1, 2 and 3 and NRP1); and the platelet-derived growth factor (PDGF) pathway (ligands: PDGFA, PDFGB; receptors: *PDGFRa* and *PDGFRb*); as well as for the following genes: angiopoietin-1 and -2, MMPs 1-2-3-9, and TIMPs 1-2-3. Three housekeeping genes (GAPDH, GUSB and B2M) were included in each run for data normalization purposes.

The reactions were set up as described previously (Sponziello *et al.* 2014), and the amplifications were performed using a 7900HT Fast Real-Time PCR System (Thermo Fisher Scientific). Ct values were calculated with SDS 2.3 software (Thermo Fisher Scientific), and the detection threshold was set at 33. Data were analyzed with RQ Manager 1.2 software (Thermo Fisher Scientific). *GAPDH* was selected as the endogenous control gene because of its stability in the biological replicates. Results were determined by the  $2^{-\Delta\Delta Ct}$  method (Puppin *et al.* 2014) and expressed as relative expression normalized to a calibrator sample.

# Immunohistochemical analysis of angiogenic marker expression and microvessel and lymphatic vessel densities

Immunohistochemistry was used to obtain proteinlevel verification of the results of the angiogenic gene expression analyses described above. These studies were performed according to standard procedures (Tallini et al. 1998) using a BenchMark XT automated platform (Ventana Medical Systems, Tucson, AZ, USA) and biotinfree detection procedures. Angiogenic protein expression was analyzed in 30 FFPE tumor sections and in tissue microarray sections representing 35 MTCs. In each section, we scored the intensity of immunoreactivity in individual cells (weak=1, moderate=2, strong=3) and the percentage of immunoreactive cells (<5% positive cells=0, 5-24% positive cells=1, 25-75% positive cells=2, >75% positive cells=3). The product of these two scores provided a semiquantitative index of expression (range: 0-9). For each analyzed protein, labeled cells were counted in three areas: tumor tissue (zone T), peritumoral tissue (i.e. <2mm from the tumor) (zone T/N) and nontumoral tissue (>2 mm from the tumor) (zone N).

Microvessel and lymphatic vessel densities (MVD and LVD, respectively) were evaluated in FFPE sections using the Weidner protocol with minor modifications, as reported previously (Durante & Filetti 2011). For assessment of MVD, vascular endothelial cells were identified with anti-CD31 antibodies; for LVD studies, lymphatic endothelial cells were identified with antibodies against podoplanin. FFPE sections were also stained with antibodies against  $\alpha$  smooth muscle actin (a-SMA), a phenotypic marker used to identify pericytes. CD31-, podoplanin- and a-SMA-positive microvessels were counted in zones T, T/N and N.

**Antibodies** Mouse monoclonal antibody against VEGFR1 (dilution 1:500), rabbit polyclonal antibody

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against PDGFB (1:100) and mouse monoclonal antibody against NOTCH3 (1:100) were obtained from Abcam. Rabbit monoclonal antibody against VEGFR2 (1:500) and rabbit monoclonal antibody against PDGFRa (1:500) were from Cell Signaling, and mouse monoclonal antibody against VEGFR3 (KLT9 clone) (1:50) was purchased from Novocastra-Leica Biosystems (Newcastle, UK). Antibodies against CD31 (JC70 clone), podoplanin (D2-40 clone) and a-SMA (1A4 clone) were purchased from Ventana Medical Systems, Tucson, AZ, USA).

# Short interfering RNA (siRNA) silencing of *RET* in MTC cell lines

TT and MZ-CRC1 cells were plated at 40% confluence in 35 mm dishes containing Ham's F12 Medium (TT cells) or DMEM (MZ-CRC1 cells) supplemented with 4% FBS. Twenty-four hours later, cells were transfected with 100 nmol L<sup>-1</sup> duplex siRNAs (ON-target plus SMARTpool) against human *RET* (siRET; # L-003170-00) (Dharmacon, Lafayette, CO, USA) using Dharmafect reagent. Control cells (CTL) were transfected with a nontargeting pool of siRNA (# D-001206-13-05). Twenty-four and forty-eight hours after transfection, cells were harvested for analysis of angiogenic gene expression, as described below.

**Angiogenic gene expression analysis** RNA for these assays was isolated with the RNeasy kit (Qiagen). The RNA concentration was measured with a NanoDrop Spectrophotometer (Thermo Fisher Scientific). RNA was retrotranscribed using the High Capacity cDNA Reverse Transcription kit (Thermo Fisher Scientific). Complementary DNA was analyzed with Taqman Gene Expression Assays-on-Demand (Thermo Fisher Scientific) to quantify the expression of *VEGFA*, *VEGFR2*, *PDGFA*, *PDGFB*, *PDGFRa*, *PDGFRb*, *NOTCH1*, *NOTCH3*, *JAG1*, *JAG2*, *DLL4*, *HES1*, *HES5*, *HEY1*, *HEY2* and *HEYL* genes. The *GADPH* gene was used as an endogenous reference. Results (determined with the  $2^{-\Delta\Delta Ct}$  method) were normalized to corresponding calibrator samples and expressed as mean±s.D. of three replicates.

**Western blotting analysis and Human Phospho-RTK array** Total protein was extracted from TT and MZ-CRC1 cells using a buffer consisting of 150 mmol L<sup>-1</sup> Tris–HCl pH 7.4, 50 mmol L<sup>-1</sup> NaCl, Triton 1%, EDTA 20 mmol L<sup>-1</sup>, glycerol 5%, protease inhibitor cocktail (PIERCE, Thermo Fisher Scientific), 2 mmol L<sup>-1</sup> PMSF

http://erc.endocrinology-journals.org DOI: 10.1530/ERC-16-0132 and 2µg/mL leupeptin. RET protein was detected with monoclonal anti-RET antibody (Cell Signaling #3220) produced in rabbits (dilution 1:1000). Phosphorylated and total ERK protein were detected with monoclonal anti-phospho-ERK1/2 (Thr202/Tyr204) antibody (Cell Signaling #4370) and with monoclonal anti-ERK1/2 antibody (Cell Signaling #4695), both produced in rabbits (dilution 1:2000 and 1:1000).

Phosphorylated and total AKT proteins were detected with anti-phospho-AKT (Ser473) antibody (Cell Signaling #4058) and with anti-AKT antibody (Cell Signaling #9272), both produced in rabbits (dilution 1:1000). JAGGED1 protein was detected with anti-JAGGED1 antibody (Santa Cruz sc-8303) produced in rabbits (dilution 1:1000). DLL4 protein was detected with polyclonal anti-DLL4 antibody (Abcam ab176876) produced in rabbits (dilution 1:1000). Tubulin was detected with monoclonal antitubulin antibody (Santa Cruz sc-5286) produced in mice (dilution 1:5000).

The protein lysates were also hybridized on Human Phospho-RTK array membranes (R&D Systems) to assess the phosphorylation levels of RET, VEGFRs and PDGFRs. The average signal (pixel density) of the pair of duplicate spots of each RTK was normalized to the negative control spots used as background value. Phosphorylated RTKs were detected using chemiluminescence with Clarity Western ECL substrate (BIO-RAD) and a charge-coupled device camera (Chemidoc, Bio-Rad). Data were analyzed with Image Lab software (Bio-Rad).

# Statistical analysis

All statistical analyses were carried out with GraphPad Prism software, version 5.0 (GraphPad Software). TLDA results are expressed as mean±s.p. The Mann–Whitney test was used to evaluate intergroup differences. The results of real-time PCR analysis of TT and MZ-CRC1 cell lines were expressed as group mean ± s.p., and intergroup differences were analyzed with the *t*-test. Phospho-RTK array data were expressed as mean pixel density±s.p., and differences were assessed with a t-test. IHC scores were analyzed as follows: intergroup differences in CD31, podoplanin and a-SMA expression were analyzed with one-way RM ANOVA and two-way RM ANOVA with the Bonferroni multiple comparison post-test. Intergroup differences in the expression levels of all other proteins were assessed with the Friedman test or the Kruskal-Wallis test, each used with Dunn's multiple comparisons test. P values <0.05 were considered statistically significant.

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### Results

#### **RET** and **RAS** mutational profiles of the 79 MTCs

The *RET/RAS* mutational profiles of the 79 MTCs are summarized in Supplementary Table 1, see section on supplementary data given at the end of this article. On the basis of these findings, 45 MTCs were classified as *RET*-mutant (*RET*mut), 23 as *RAS*mut tumors and the remaining 11 were characterized by wild-type (wt) forms of both genes (*RET*wt/*RAS*wt tumors).

Table 1	Expression	levels of	genes	involved	l in angi	ogenesis
and <i>RET</i> s	tatus.					

	<i>RET</i> wt <sup>a</sup>	<i>RET</i> mut <sup>b</sup>	
	n=20	n=33	P value <sup>c</sup>
VEGFA	1±1.22	$1.37 \pm 0.67$	<0.01
VEGFC	1±1.03	$1.40 \pm 1.30$	NS
VEGFR1	1±0.82	$1.88 \pm 1.34$	<0.01
VEGFR2	$1 \pm 0.74$	2.21±1.33	<0.001
VEGFR3	$1 \pm 0.96$	$1.64 \pm 1.00$	<0.05
NRP1	1±0.55	$1.50 \pm 0.89$	<0.05
PDGFA	1±0.59	$1.80 \pm 1.13$	<0.01
PDGFB	1±0.55	$1.82 \pm 1.27$	<0.01
PDGFRa	1±1.20	$5.55 \pm 5.73$	<0.001
PDGFRb	$1 \pm 0.70$	$2.51 \pm 1.62$	<0.001
NOTCH1	1±0.78	$1.98 \pm 1.54$	<0.01
NOTCH2	1±1.03	1.88±1.37	<0.01
<i>NOTCH3</i>	$1 \pm 0.80$	2.27±1.57	<0.01
NOTCH4	1±0.83	$2.15 \pm 1.50$	<0.01
DLL1	1±0.77	$1.01 \pm 0.50$	NS
DLL3	1±1.60	$1.20 \pm 1.38$	NS
DLL4	1±0.52	$1.61 \pm 1.41$	<0.05
JAG1	1±1.07	$1.41 \pm 0.74$	<0.01
JAG2	1±0.66	$1.79 \pm 1.31$	<0.01
PSEN1	1±0.39	$1.24 \pm 0.43$	NS
PSEN2	1±0.43	$1.40 \pm 0.58$	<0.05
DTX1	1±1.31	$1.44 \pm 2.35$	NS
RBPJ	1±0.77	$1.27 \pm 0.59$	<0.05
HES1	1±0.57	$1.51 \pm 1.15$	NS
HEY1	$1 \pm 0.47$	$2.01 \pm 1.43$	<0.01
HEY2	1±0.53	$2.05 \pm 1.47$	<0.01
HEYL	$1 \pm 0.70$	2.53±1.81	<0.01
MAML1	1±0.43	$1.68 \pm 0.84$	<0.01
NUMB	$1 \pm 0.41$	$1.27 \pm 0.44$	NS
ANGPT1	1±0.87	$1.60 \pm 1.42$	NS
ANGPT2	1±1.07	$2.06 \pm 1.77$	<0.01
MMP2	1±1.19	$2.06 \pm 1.91$	<0.01
MMP9	1±3.43	$0.73 \pm 2.75$	NS
TIMP1	$1 \pm 0.60$	$1.18 \pm 0.42$	NS
TIMP2	$1 \pm 1.40$	$0.71 \pm 0.37$	NS
TIMP3	1±1.27	$1.28 \pm 1.27$	NS

<sup>a</sup>Includes all MTCs with wt *RET* (regardless of *RAS* status); <sup>b</sup>Includes all MTCs with *RET* mutations (regardless of *RAS* status); <sup>c</sup>Mann–Whitney. Results are calculated with  $2^{-\Delta\Delta Ct}$  method and expressed as mean±s.p. normalized to *RET*wt group, used as calibrator sample.

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# Expression of angiogenesis-related genes in MTCs

The expression of 36 angiogenesis-related genes was analyzed in fresh frozen tissue samples of 53 MTCs. As shown in Table 1, comparison of *RET*mut (n=33) and *RET*wt (n=20) tumors revealed significant upregulation in the former group of almost all the genes considered. Next, we compared expression levels for the same 36 genes in the *RET*mut and *RAS*mut subgroups, using the *RET*wt/*RAS*wt subgroup as a calibrator (Supplementary Table 2). This analysis revealed that the diffuse angiogenesis-related gene upregulation observed in the *RET*mut tumors (Table 1) was largely due to the differences in gene expression between the *RET*mut and *RAS*mut subgroups (Supplementary Table 2).

#### **RET induction of angiogenic factors**

To confirm the link between *RET* oncogene activation and the overexpression of important factors involved in angiogenesis, we transfected two stable human MTC cell lines with *RET* antisense RNA (si*RET*). The strongest effect of siRET on TT and MZ-CRC1 cells was observed 48 h after treatment, when there were significant reductions in both *RET* mRNA and protein levels (Supplementary Fig. 1A, B, C, and D). The efficacy of RET knockdown at 48 h was further confirmed by a decrease in RET phosphorylation (Supplementary Fig. 1E and G) with consequent reduction in phosphorylated ERK and AKT (pERK and pAKT, respectively) (Supplementary Fig. 1F and H). Subsequent analyses were, therefore, performed on cells harvested at this post-transfection time point.

Our next goal was to see how RET knockdown affected the expression of genes playing key roles in the VEGF, PDGF and Notch pathways, all of which were significantly dysregulated in the RETmut MTCs we analyzed (Table 1). As shown in Fig. 1A and B, transcription of VEGFA, VEGFR2 and PDGFRb was significantly downregulated in both cell lines 48h post-transfection. TT cells also displayed significant reductions in PDGFRa and PDGFB expression. Receptor phosphorylation was analyzed to assess the activation state of VEGF and PDGF pathways. Levels of pVEGFR2, pVEGFR3 and pPDGFRb were reduced in both cell lines (Fig. 1C and D). As shown in Fig. 1E and F, analysis of genes encoding Notch pathway components revealed no significant change after RET knockdown in the expression of NOTCH effector genes (except for HES5 in MZ-CRC1 cell line). To explore the possibility that RET

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activation could contribute to the activation of Notch signaling in other cells of the tumor (e.g. endothelial cells in the tumor microenvironment), we analyzed the expression of DLL4 and JAG1, two of the NOTCH ligands that appeared to be significantly dysregulated in the *RET*mut MTC (Table 1). Notably, JAG1 protein levels decreased appreciably after RET silencing in the MZ-CRC1 cells, and DLL4 expression diminished in both cell lines (Fig. 1G).

#### Figure 1

Gene and protein expression analysis in MTC cell lines after RET knockdown. TT and MZ-CRC1 cells were transfected with siRET or with a nontargeting pool of siRNAs (CTL) and analyzed 48 h later. Untreated cells (NT) were used as calibrators (data not shown). Panels A and B: mRNA levels (in TT and MZ-CRC1 cells, respectively) for genes encoding VEGF and PDGF pathway components. Panels C and D: VEGFR and PDGFR phosphorylation levels determined with the Human Phospho-RTK array. Data are expressed as average signal (pixel density) of the pair duplicate spots, normalized to negative control spots used as background value. Panels E and F: mRNA levels (in TT and MZ-CRC1 cells, respectively) for genes encoding Notch pathway components. Panel G: Protein expression levels in both cell lines of Notch ligands DLL4 and JAG1 before and after RET knockdown. Data were analyzed with unpaired t test (\*P<0.05, \*\**P*<0.01, \*\*\**P*<0.001).

# IHC analysis of proangiogenic protein expression and of microvessel, lymphatic vessel and vascular pericyte density in MTC

To verify the results of the angiogenic gene expression analysis shown in Table 1, we assessed the protein-level expression of six of the genes that were upregulated in *RET*mut MTCs. Given the limited availability of tumor specimens, we restricted this analysis to the proteins most likely to provide a comprehensive picture of *in vivo* 



#### Figure 2

Representative results of immunohistochemical staining of six proangiogenic proteins in MTCs showing the localization of each protein in tumor cells (\*) and/or in endothelial cells (arrows). Magnification: 400x. A full colour version of this figure is available at http://dx.doi.org/10.1530/ ERC-16-0132.

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angiogenesis: VEGFR-1, -2, -3 and PDGFRa, the main receptors triggering angiogenic signaling, and PDGFB and NOTCH3, which are involved in pericyte recruitment, the final step of angiogenesis. IHC analysis of 63 FFPE tumor samples (43 *RET*mut, 15 *RAS*mut, 5 *RET*wt/*RAS*wt) revealed no genotype-related differences in the cellular (tumor vs endothelial cell) or subcellular localization of any of the proangiogenic proteins analyzed. Three of the receptors (VEGFR1, VEGFR3 and PDGFRa) and PDGFB (the only ligand considered) were more strongly expressed in tumor cells. VEGFR2 was expressed predominantly in endothelial cells, and NOTCH3 was expressed exclusively by these cells. VEGF receptors 1, 2 and 3,

PDGFRa and NOTCH3 were found in the cytoplasm and plasma membrane. The expression of PDGFB ligand was predominantly cytoplasmic. A representative IHC image is shown in Fig. 2.

When all the samples were analyzed (independently from their mutational status), all angiogenic proteins displayed significantly higher mean expression scores in zone T (tumor tissue) than in non-neoplastic tissue (zone N) (Fig. 3). For VEGFR1, VEGFR2, PDGFB and NOTCH3 (but not VEGFR3 or PDGFRa), the mean scores for zone T/N were also significantly higher than those of zone N. The analyses were then repeated for the *RET*mut vs *RET*wt subgroups (Fig. 4). T-zone scores were all appreciably



#### Figure 3

Immunohistochemical scores of proangiogenic protein expression (A, VEGFR1; B, VEGFR2; C, VEGFR3; D, PDGFRa; E, PDGFB; F, NOTCH3) in all 63 MTC samples by zone: T, tumor; T/N peritumoral non-neoplastic tissues (vessels located within 2 mm of the tumor front are considered peritumoral); N, non-neoplastic tissues at a distance (>2 mm) from the tumor. Friedman test with Dunn's multiple comparison test. \*P<0.05, \*\*P<0.01, \*\*\*P<0.001.

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□ RETmut

o RETwt

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#### Figure 4

IHC analysis of proangiogenic protein expression in zones T, T/N and N of RETmut vs RETwt MTCs. Kruskal-Wallis test with Dunn's test for multiple comparisons: \*\*P<0.01, \*\*\*P<0.001.

higher in sections from RETmut tumors, but the difference was significant only for VEGFR1, PDGFB and NOTCH3. (As shown in Supplementary Fig. 2, these findings were mainly due to differences between RETmut and RASmut tumors and, in the case of NOTCH3, also between RETmut and RETwt/RASwt tumors.) T/N scores were similar in the three groups of tumors (Fig. 4 and Supplementary Fig. 2).

Microvessel density (CD31 staining), lymphatic vascular density (podoplanin staining) and vascular pericyte density (a-SMA staining) were assessed in 28 MTCs (4 RETwt/RASwt, 10 RASmut and 14 RETmut with somatic mutations). MTCs were highly vascular. CD31positive endothelial cells were more numerous inside the tumor; their density decreased at the interface between the tumor and the non-neoplastic peritumoral tissue (T/N)



#### Figure 5

Location of a-SMA-positive vessels in all MTCs (A) and in tumor subgroups defined by RET status (B). T, tumor; T/N peritumoral non-neoplastic tissues (vessels located within 2 mm of the tumor front are considered peritumoral); N, non-neoplastic tissues at a distance (>2mm) from the tumor. Bars indicate mean numbers of a-SMA positive vessels; whiskers indicate standard error. \*\*\*P<0.001. Differences were assessed with one-way RM ANOVA (panel A) or two-way RM ANOVA with Bonferroni's post-test (panel B).

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(Supplementary Fig. 3A). Podoplanin-positive lymphatic endothelial cells were virtually absent within the tumor but very abundant in zone T/N (Supplementary Fig. 3B). RETmut and RETwt tumors were not significantly different in terms of intratumoral CD31-positive vessel counts or peritumoral counts of podoplanin-positive lymphatic vessel (Supplementary Fig. 3C and D). Remodeling of the microvasculature was identified by a-SMA labeling of pericytes. All MTCs contained numerous intra- and peritumoral microvessels that were a-SMA positive. Mean a-SMA-positive vessel counts in zone T were significantly higher than those observed in zone T/N, and the difference was even more significant relative to findings in zone N (Fig. 5A). Mean intratumoral a-SMA-positive vessel counts in RETmut tumors were significantly higher than those of the RETwt subgroup (Fig. 5B). Again, this was mainly the result of differences between the RETmut and RASmut subgroups (Supplementary Fig. 4). Figure 6 shows an example of CD31, podoplanin and a-SMA staining in a RETmut MTC. There were no significant differences between the three MTC genotype groups in terms of a-SMA-positive vascular cell counts in zones T/N and N (Fig. 5B and Supplementary Fig. 4). Considered separately, however, RASmut T/N counts were lower than those for RETwt/RASwt tumors (Supplementary Fig. 4).

# Discussion

A rich vascular supply is essential for tumor growth and metastasis. This need is met in part by the generation of new blood vessels from existing vascular networks (Turner *et al.* 2003, Roca & Adams 2007, Sakurai & Kudo 2011). Angiogenesis is a very complex process mediated by the coordinated activities of stimulatory and inhibitory factors. Published data on the expression of these factors in MTC are scarce, and most regard a limited set of proangiogenic proteins (generally, VEGF, PDGFRb

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#### Figure 6

Immunohistochemical analysis of vascular density in an *RET*-mutated MTC. CD31-positive vessels were counted to estimate microvascular density, podoplanin-positive vessels were counted to estimate lymphatic vascular density and  $\alpha$  smooth muscle actin (a-SMA)-positive vessels were counted to assess vascular pericyte density. In the figure immunostained with the anti-podoplanin antibody, arrows indicate the interface between the tumor (T) and the surrounding non-neoplastic peritumoral tissue (N); the figures immunostained with CD31 and a-SMA antibodies show only intratumoral vessels. Magnification: 200x. A full colour version of this figure is available at http://dx.doi.org/10.1530/ERC-16-0132.

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and VEGFR1, 2 and 3) (Rodriguez-Antona *et al.* 2013, Mancikova *et al.* 2014). No attempt has been made to quantitatively assess angiogenesis activation in MTCs as a function of the tumor's mutation profile.

Our findings indicate that the angiogenesis that occurs in MTCs harboring RET mutations may be more intense and complete than that occurring in MTCs with wild-type RET. This conclusion is supported by our analysis of transcript levels in MTCs of genes encoding key components of important pathways involved in the enhancement of tumoral blood supplies. The genes that were upregulated play roles in all the main steps of angiogenesis: I. the induction of endothelial cell proliferation and migration and the enhancement of their survival (VEGF pathway); II. detachment of pericytes and vascular smooth muscle cells from preexisting vessels (angiopoietin 2); III. remodeling of the extracellular matrix (metalloproteases and their tissue inhibitors); IV. Notch pathway activation (ligands, receptors, regulators and effectors), which is indispensable for well-oriented vascular growth characterized by vessels without functional lumens and the absence of excessive sprouting; and finally, V. the maturation and stabilization of the new vessels through the recruitment of pericytes (PDGF pathway, NOTCH3 and angiopoietin 1) (Mitchell & Parangi 2005, Carmeliet et al. 2009, Phng & Gerhardt 2009, Raza et al. 2010, Sakurai & Kudo 2011, Garcia & Kandel 2012, Thomas et al. 2013). Almost all the proangiogenic genes we analyzed displayed significantly higher mRNA levels in the RET mut tumors than in those with wild-type RET, and the involvement of RET activation in this upregulation was confirmed by the results observed when the gene was silenced with siRNA in MTC cell lines. In vitro experiments showed that in MTC cells, oncogenic RET mutations can activate VEGFRs and PDGFRs, but they probably do not activate Notch signaling, as demonstrated by the stable expression levels after RET knockdown of all the Notch

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pathway effector genes tested (except *HES5* in MZ-CRC1 cells). Interestingly, however, RET activation induced the expression of NOTCH ligands, DLL4 and JAG1, raising the possibility that MTC cells themselves might contribute to angiogenesis by activating Notch signaling in nearby endothelial cells.

IHC revealed that all the MTCs were characterized by significantly higher expression of all the proangiogenic proteins considered and increased MVDs in the tumor itself, as compared with corresponding peritumoral and normal thyroid tissues. No genotype-related differences were detected in the intratumoral expression levels of VEGFR2, VEGFR3 or PDGFRa. In contrast, the expression of VEGFR1, PDGFB and NOTCH3 was significantly upregulated in the RETmut cancers (vs those in the RETwt group), confirming the picture that emerged from our transcriptional analysis. (Again, these differences were especially marked when RETmut MTCs were compared with the subset of RETwt tumors that harbored mutations involving RAS). PDGFB and NOTCH3 are mainly involved in the recruitment of pericytes, and their overexpression in RETmut MTCs is in line with our IHC data on the expression of a-SMA, a common pericyte marker (Stapor et al. 2014). Although MVDs in RETmut and RETwt tumors were similar, those in the former group contained higher numbers of intratumoral microvessels that were covered by pericytes. The essential roles played by pericytes in vessel sprouting and the maturation and stabilization of new vessels are well established (Baluk et al. 2003, Bergers & Song 2005, Ribatti et al. 2011, Ribeiro & Okamoto 2015). Collectively, therefore, our findings suggest that RETmut MTCs may be characterized by more intense activation of angiogenesis and that this oncogene exerts particularly powerful effects on the remodeling of the tumoral microvasculature, which may be associated with variations in its function (Eberhard et al. 2000, Morikawa et al. 2002, Baluk et al. 2003, Azzi et al. 2013). The differences in angiogenesis state observed between RETmut and RASmut tumors are difficult to explain since RAS itself is activated by RET. It is important to consider, however, that RET can also be activted by pathways other than the MAPK and PI3K cascades, as recently reported by Bagheri-Yarmand and coworkers (Bagheri-Yarmand et al. 2015).

These findings have potentially important implications in this era of personalized medicine, in which the genetic signatures of tumors are used to inform treatment choices (Longo 2012). Our data suggest that the *RET* mutation status of an MTC could conceivably influence the tumor's response to antiangiogenic drugs, such as TKIs.

http://erc.endocrinology-journals.org DOI: 10.1530/ERC-16-0132 If, as we hypothesize, activation of angiogenesis in RETmutated tumors is particularly intense and complete, it is reasonable to speculate that these tumors might also be particularly responsive to TKI-mediated repression of this process, as compared with RET wild-type MTCs, including those with RAS mutations. Only one study has compared in vivo TKI efficacies in patients with RETmut and RASmut tumors. The drug in this case, cabozantinib, produced similar response rates in both groups of tumors, although progression-free survival was appreciably (but not significantly) longer in the RETmut group (60weeks vs 47 weeks in the RASmut group) (Sherman et al. 2013). It is important to note, however, that the response to cabozantinib might also be influenced by the presence of pericytes, which are not targeted by this drug and appear to be more abundant on the blood vessels of RETmut tumors. The assumption that ablation of these cells renders tumor vessels more accessible to anti-VEGF drugs and consequently more sensitive to their effects (Ribatti et al. 2011) is supported by data generated in several experimental models, which show that combined anti-PDGF/anti-VEGF therapy produces greater tumor vessel regression than anti-VEGF therapy alone (Bergers et al. 2003, Erber et al. 2003, Bergers & Song 2005, Raza et al. 2010). If this assumption is correct, one might reasonably expect this combination therapy to produce particularly obvious benefits in RETmut MTCs than in those without these mutations. Indirect support for this hypothesis has emerged from a recent study on metastatic clear-cell renal cell carcinomas, which showed that the subset of tumors whose vasculatures displayed high pericyte coverage tumors responded better than tumors without this feature to treatment with sunitinib, a multikinase inhibitor with strong effects on both PDGFRb and VEGFRs (Kim et al. 2014). Additional preclinical evidence is needed, however, before this hypothesis can be adequately evaluated.

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#### **Declaration of interest**

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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Supplementary data

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#### Author contribution statement

A Verrienti, G Tallini and Chiara Colato contributed equally to this work.

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