# Role of eIF2α Kinases in Translational Control and Adaptation to Cellular Stress

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A central mechanism regulating translation initiation in response to environmental stress involves phosphorylation of the  $\alpha$  subunit of eukaryotic initiation factor 2 (eIF2 $\alpha$ ). Phosphorylation of eIF2 $\alpha$  causes inhibition of global translation, which conserves energy and facilitates reprogramming of gene expression and signaling pathways that help to restore protein homeostasis. Coincident with repression of protein synthesis, many gene transcripts involved in the stress response are not affected or are even preferentially translated in response to increased eIF2 $\alpha$  phosphorylation by mechanisms involving upstream open reading frames (uORFs). This review highlights the mechanisms regulating eIF2 $\alpha$  kinases, the role that uORFs play in translational control, and the impact that alteration of eIF2 $\alpha$  phosphorylation by gene mutations or small molecule inhibitors can have on health and disease.

aintenance of protein homeostasis re-Mquires appropriate regulation of translation, as well as protein folding, transport, and degradative processes. Environmental stresses and physiological stimuli can rapidly disrupt protein homeostasis, triggering cell-adaptive responses that are critical to restore the integrity of the proteome. However, the functionality of the adaptive responses can decline or be altered with chronic stress or with aging, leading to diseases that can afflict multiple organs, including the neural system and those contributing to metabolic health. This review addresses the role of translational control in adaptive responses to environmental stresses and the processes by which phosphorylation of the  $\alpha$  subunit of eukaryotic initiation factor 2 (P-eIF2 $\alpha$ ) can modulate translation genome wide to restore protein homeostasis. Key themes in the review will be the mechanisms regulating eIF2 $\alpha$  kinases, the role that upstream open reading frames (uORFs) play in translational control, and the impact that altered P-eIF2 $\alpha$  levels by gene mutations or small molecule inhibitors can have on health and disease.

#### PHOSPHORYLATION OF eIF2α DIRECTS TRANSLATION CONTROL

A major mechanism regulating the initiation phase of protein synthesis involves P-eIF2 $\alpha$  at serine-51. The eIF2, combined with guanosine triphosphate (GTP), is critical for providing initiator methionyl-transfer RNA (tRNA) (MettRNA<sub>i</sub><sup>Met</sup>) to the 43S preinitiation complex that contains the small ribosomal subunit and

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a myriad of additional translation initiation factors. In the predominant pathway, the preinitiation complex then combines with the 5'-7-methylguanosine "cap" of messenger RNA (mRNA) and scans processively 5'- to 3'- along the leader of the transcript in search of an initiation codon. Complementary binding of the Met-tRNA<sub>i</sub><sup>Met</sup> to the start codon in the P site of the 40S ribosomal subunit triggers cessation of scanning and hydrolysis of GTP associated with eIF2. Following release of eIF2•GDP (guanosine diphosphate), the large 60S ribosomal subunit then joins to form the 80S ribosome, which carries out the elongation phase of protein synthesis. To facilitate the next round of translation initiation, GDP associated with eIF2 needs to be exchanged for GTP, a process catalyzed by a guanine nucleotide exchange factor, eIF2B. In response to diverse stresses, P-eIF2 $\alpha$  alters this translation factor so that it binds tightly to a regulatory portion of eIF2B, thus inhibiting the recycling of eIF2•GDP to the active GTP-bound

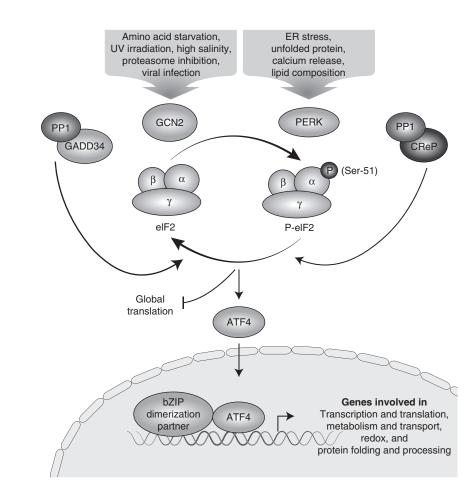


Figure 1. Phosphorylation of the  $\alpha$  subunit of eukaryotic initiation factor 2 (eIF2 $\alpha$ ) regulates global and genespecific translation. The eIF2 $\alpha$  kinases general control nonderepressible 2 (GCN2) and protein kinase R (PKR)like endoplasmic reticulum (ER) kinase (PERK) are activated by nutritional stress or perturbations in the ER, respectively. Type 1 protein phosphatase complex (PP1c) combines with CReP to dephosphorylate eIF2 $\alpha$  during basal conditions and GADD34 in feedback control of the integrated stress response (ISR). Phosphorylation of eIF2 $\alpha$  reduces global translation initiation coincident with preferential translation of ATF4, encoding a basic zipper (bZIP) transcriptional activator that dimerizes with other transcript factors to regulate transcription of ISR genes that function in adaptation to stress.

form (Fig. 1). As a consequence, there is lowered eIF2•GTP and delivery of the Met-tRNA<sub>i</sub><sup>Met</sup> to ribosomes, culminating in a sharp reduction in global translation initiation.

Repression of translation initiation is an efficient mechanism to conserve energy and nutrients, which are amply consumed by protein synthesis. Furthermore, lowering general translation allow cells to reconfigure gene expression and signaling pathways that optimize stress alleviation. For example, arrest of translational initiation by increased levels of P-eIF2 $\alpha$  leads to polysome disassembly that triggers formation of stress granules, which are cytosolic foci of untranslated mRNAs and associated 40S ribosomal subunits and proteins (Kedersha et al. 2013; Ivanov et al. 2017). Stress granules serve as a triage center, sorting incoming messenger ribonucleoproteins for mRNA decay or sequestration for eventual return to the cytoplasm for translation. Therefore, stress granules are critical for reprogramming gene expression. Signaling proteins and enzymes can also be recruited to stress granules, influencing their respective cellular pathways.

Inhibition of global protein synthesis also reshapes the proteome, as proteins that are labile will rapidly be depleted from cells. The biological consequences of these proteomic changes are shown by the activation of nuclear factor  $\kappa B$  (NF- $\kappa B$ ) in response to accumulation of PeIF2 $\alpha$  and ultraviolet (UV) irradiation (Wu et al. 2004; Jiang and Wek 2005). NF-KB is a transcriptional regulator of genes involved in inflammation, cell proliferation, and apoptosis, and is inhibited by binding to IkBa. Lowered synthesis of IκBα as a consequence of induced P-eIF2α, combined with rapid turnover of IkBa protein, causes a release of  $I\kappa B\alpha$  from NF- $\kappa B$  that facilitates NF-kB entry into the nucleus for targeted transcriptional regulation.

#### FAMILY OF eIF2α KINASES ACTIVATED BY DIFFERENT STRESSES

Coincident with global repression of protein synthesis, select gene transcripts can be resistant or even preferentially translated in response to induced P-eIF2 $\alpha$ . An important preferentially

translated gene is ATF4, which features uORFs embedded in its mRNA that serve as a "bar code" for scanning ribosomes for selective translation (Harding et al. 2000a; Lu et al. 2004; Vattem and Wek 2004). ATF4 is a basic zipper (bZIP) transcription factor of genes involved in nutrient import, metabolism, and alleviation of oxidative stress (Harding et al. 2003). Because P-eIF2α and ATF4 are induced by diverse stresses, this pathway is referred to as the integrated stress response (ISR) (Harding et al. 2003). In mammals, there are four different eIF2a kinases, each containing distinct regulatory domains that serve to sense the cell stress environment through engagement with regulatory ligands and proteins. This review will focus on two of the eIF2 $\alpha$  kinase family members, general control nonderepressible 2 (GCN2 or EIFAK4) and protein kinase R (PKR)-like endoplasmic reticulum (ER) kinase (PERK or EIF2AK3), which respond to perturbations in the cytosol and ER, respectively (Fig. 1). The other eIF2 $\alpha$  kinases include HRI (EIF2AK1), which primarily functions to balance globin synthesis with heme availability during erythropoiesis, and PKR (EIF2AK2), which participates in the innate immune response to viral infection.

In the example of GCN2, starvation for amino acids enhance P-eIF2 alevels and translational control, which quickly limits incorporation of amino acids into nascent polypeptides. In addition to the protein kinase domain, GCN2 has a regulatory region homologous to histidyl-tRNA synthetase (HARS), which binds to uncharged tRNAs that accumulate during deprivation for nutrients (Wek et al. 1989, 1995; Dong et al. 2000). Binding to uncharged tRNA is thought to lead to conformational changes in GCN2 that trigger autophosphorylation and release of inhibitory interactions between the regulatory regions of GCN2 and the kinase domain, resulting in increased P-eIF2α (Lageix et al. 2014, 2015). It should be emphasized that GCN2 can bind to a range of different uncharged tRNAs to monitor the availability of their respective amino acids. Activation of GCN2 also requires GCN1 protein, which binds to the amino-terminal RWD domain of GCN2 and is thought to facilitate GCN2 access to uncharged tRNAs (Marton

et al. 1993, 1997). GCN2 can be inhibited by the regulatory protein IMPACT (YIH1), which competes with this eIF2 $\alpha$  kinase for its association with GCN1 (Sattlegger et al. 2004; Pereira et al. 2005). Finally, many other stresses have been reported to activate GCN2, including UV irradiation, high salinity, and glucose deprivation (Yang et al. 2000; Goosens et al. 2001; Deng et al. 2002; Zaborske et al. 2009). These stresses also require the function of the HARS-related domain of GCN2, supporting the idea that this mode of regulation is required at least in part for GCN2 activation by stresses not directly linked with amino acid depletion.

PERK is a transmembrane protein situated in the ER, which functions as part of the unfolded protein response (UPR) (Shi et al. 1998; Harding et al. 1999, 2000b). The UPR features both translational and transcriptional gene expression that serves to expand the processing capacity of the ER (Walter and Ron 2011). Regulation of PERK is complex, in part because there are numerous conditions that readily perturb the ER and because the stresses are typically not measured directly but instead are inferred by assessing activation of PERK and the other UPR sensors IRE1 and ATF6. A prevailing model for the regulation of PERK is that the amino-terminal portion of PERK can bind to the ER-resident chaperone BiP (GRP78/HSPA5), maintaining this eIF2 $\alpha$  kinase in a repressed conformation (Bertolotti et al. 2000; Ma et al. 2002). Stressful conditions in the ER that disrupt protein folding can trigger the release of the chaperone BiP from PERK, providing for an activated conformation that induces PERK autophosphorylation and P-eIF2α.

The rationale for BiP release from PERK during ER stress is attributed to accumulating unfolded protein in the ER effectively competing for binding with the ER lumenal portion of this eIF2 $\alpha$  kinase. BiP dissociation from PERK would be readily reversed when the ER stress is remedied in the cell (Bertolotti et al. 2000). It was generally assumed that BiP bound with PERK through the peptide-binding portion of this ER chaperone. An alternative model has been put forth that the ATPase domain of BiP binds with PERK and this interaction is released when unfolded protein engages with the canonical peptide-binding domain of BiP (Carrara et al. 2015). Given that BiP is abundant in the ER, it has been argued that the BiP regulatory model of PERK is too coarse for rapid activation of PERK during ER stress (Pincus et al. 2010). For the observed rapid activation of PERK, it has instead been proposed that the lumenal portion of PERK can accommodate direct binding to unfolded protein. This idea is supported by peptide-binding experiments with the UPR sensory protein IRE1 from yeast (Gardner and Walter 2011), but is still unresolved for PERK.

It is noteworthy that PERK has functions independent of its eIF2 $\alpha$  kinase activity, as increased cytosolic Ca<sup>2+</sup> levels can also trigger oligomerization of PERK in the ER, which is suggested to stabilize PERK interactions with the actin-binding protein filamin A (FLNA) (van Vliet et al. 2017). The PERK/FLNA interaction drives F-actin remodeling, facilitating contacts between the ER and plasma membrane that function in the regulation of Ca<sup>2+</sup> fluxes and lipid signaling. These results indicate that the biological effects attributed to loss of PERK do not always involve dysregulation of eIF2 $\alpha$  phosphorylation and translational control.

Enhanced P-eIF2 $\alpha$  by GCN2 and PERK are balanced by dephosphorylation by type 1 protein phosphatase complex (PP1c) that is directed to eIF2a via scaffolding proteins GADD34 (PPP1R15A) and CReP (PPP1R15B) (Fig. 1) (Connor et al. 2001; Novoa et al. 2001; Jousse et al. 2003). GADD34 and CReP share sequence similarity in their carboxy-terminal PP1c-anchoring motifs, but have dissimilar regions that serve to engage with eIF2 $\alpha$  (Choy et al. 2015). Expression of GADD34 is enhanced by stress and elevated levels of P-eIF2 $\alpha$  and is central for restoration of translation through feedback control of the ISR. CReP functions to maintain lower levels of P-eIF2α during basal conditions. Although expression of *CReP* is suggested to be constitutive, there is potential cross regulation between these two PP1c regulatory proteins (Young et al. 2015). It is also noteworthy that both GADD34 and CReP association with PP1c is stabilized by direct binding with monomeric G-actin, and the abundance and activity of the

complex and levels of P-eIF2 $\alpha$  are responsive to changes in the polymeric status of actin (Chambers et al. 2015; Chen et al. 2015). The involvement of the cytoskeleton as a spatial organizer and regulator of key processes in translation is an emerging theme and may also affect the regulation of GCN2 (Silva et al. 2016). Disruption of the actin cytoskeleton is suggested to facilitate IMPACT release from GCN1, making the activator GCN1 protein more accessible for association with GCN2. GCN2 can then bind uncharged tRNAs more efficiently, leading to enhanced phosphorylation of eIF2 $\alpha$ .

Emphasizing the importance of CReP and GADD34 in the implementation and function of the ISR, mice deleted for CReP are growth impaired and deficient for erythropoiesis (Harding et al. 2009). Combined loss of both CReP and GADD34 leads to early embryonic lethality, which can be rescued by expression of a version of eIF2 $\alpha$  that that is refractory to phosphorylation. These findings highlight the critical roles that appropriate dephosphorylation of eIF2 $\alpha$  plays in regulating translational control in the ISR and in mammalian development.

#### **uORFs IN ISR TRANSLATIONAL CONTROL**

In addition to ATF4, a number of key ISR regulatory genes affecting diverse cell functions are preferentially translated by mechanisms involving uORFs (Fig. 2). By definition, a uORF encodes at least two amino acid residues followed by a termination codon, which can be fully upstream or overlapping the primary coding sequence (CDS). About half of human genes encode putative uORFs (Iacono et al. 2005; Calvo et al. 2009; Resch et al. 2009). Whereas the mere presence of a predicted uORF does not necessarily indicate that it is translated, a report by Qian and colleagues used ribosome profiling to identify nearly 8000 translation initiation sites upstream of human CDSs (Lee et al. 2012). Their findings suggest that uORF initiation sites also include non-AUG codons, with CUG being the most prominent. There are technical concerns about potential translation artifacts in profiling studies; nonetheless, the prevalence of uORFs is striking among mammalian transcripts. It is important to note that predicted uORFs are present among mRNAs that are repressed, not affected, or preferentially translated during cellular stress and in the presence of elevated levels of P-eIF2 $\alpha$ . Therefore, the presence of a uORF alone is not predictive of whether an mRNA is preferentially translated in response to P-eIF2 $\alpha$  induction. Rather, the specific properties of uORFs and their placement and combinations in the 5'leader of target mRNAs determine translation efficiency in response to P-eIF2 $\alpha$  induction (Fig. 3). Additionally, secondary structures in the 5'-leader of mRNAs and RNA-binding proteins can influence the functions of uORFs and translational control.

Typically, uORFs are inhibitory to translation of the downstream CDS. Repression by uORFs can be considerable or more moderate, depending on the degree to which ribosomes initiate translation at the uORF and the ability of the terminating ribosomes to reinitiate translation downstream at a subsequent CDS (Fig. 3). Preferential translation of mRNAs in the ISR involves ribosome bypass or leaky scanning through inhibitory uORFs. How does P-eIF2a allow the ribosomes to proceed through barrier uORFs? The 5'-leader of ATF4 contains a strong inhibitory uORF2, which overlaps out-of-frame with the ATF4 CDS, and a short uORF1 that acts as a positive element in ATF4 translation, promoting downstream reinitiation of translation (Fig. 4A) (Harding et al. 2000a; Lu et al. 2004; Vattem and Wek 2004). Following translation of the 5'-proximal uORF1, 40S ribosomal subunits are thought to be retained on the ATF4 mRNA and resume scanning. The scanning 40S subunits then rapidly reacquire a new eIF2•GTP• Met-tRNA; Met ternary complex that is abundant in nonstressed conditions when P-eIF2a is low. As a result, ribosomes initiate translation at the next available CDS, uORF2. Translation of the overlapping out-of-frame uORF2 results in translation termination and ribosome dissociation 3' of the initiation codon of the *ATF4* CDS. Therefore, ATF4 protein levels are reduced and there is lowered transcription of target ISR genes.

During ER stress or nutrient deprivation, induction of P-eIF2 $\alpha$  lowers the levels of eIF2•GTP that are required for delivery of Met-tRNA<sub>i</sub><sup>Met</sup> to

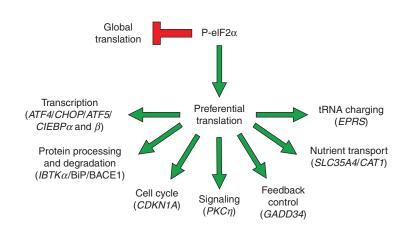


Figure 2. Phosphorylation of the  $\alpha$  subunit of eukaryotic initiation factor 2 (P-eIF2 $\alpha$ ) enhances translation of multiple integrated stress response (ISR) genes by mechanisms involving upstream open reading frames (uORFs). P-eIF2 $\alpha$  reduces global protein synthesis concurrent with preferential translation genes involved in diverse cellular functions. Preferential translation of *ATF4*, *CHOP*, *GADD34*, *EPRS*, and *CDKN1A* involves uORFs as described in the text. *IBTK* $\alpha$  (Baird et al. 2014; Willy et al. 2017), *BiP* (Starck et al. 2016), *BACE1* (O'Connor et al. 2008), *PKC* $\eta$  (Raveh-Amit et al. 2009), *SLC35A4* (Andreev et al. 2015; Sidrauski et al. 2015), and *CAT1* (Yaman et al. 2003) have also been reported to be preferentially translated directly or indirectly by P-eIF2 $\alpha$  during stress.

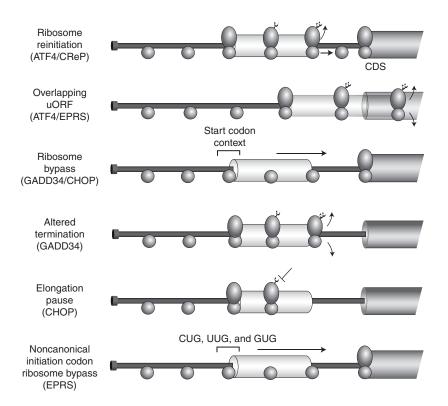
the reinitiating ribosomes. As a consequence, after translation of uORF1, the scanning 40S ribosomal subunit requires more time to acquire a new eIF2 ternary complex needed for recognition of the next initiation codon in the ATF4 mRNAs. The delay in the acquisition of eIF2 ternary complex allows the 40S ribosomal subunit to scan through the start codon for the inhibitory uORF2 and instead promotes translation initiation at the next available initiation codon, the ATF4 CDS (Fig. 4A). Increased levels of ATF4 directly enhance adaptive target genes in the ISR (Fig. 1). Translational control by delayed reinitiation was originally described by Hinnebusch and colleagues in budding yeast for the related transcriptional activator GCN4 (Abastado et al. 1991; Hinnebusch 2005).

Given the diverse stress conditions enhancing *ATF4* translation, there may be additional modulators of *ATF4*. For example, another short uORF has been identified upstream of uORF1 in *ATF4* that is occupied by ribosomes in profiling studies. Prior experiments using luciferase reporters fused to 5'-segments of the *ATF4* transcript did not detect any appreciable changes in the induction of translation on ER stress when this upstream uORF was omitted (RC Wek, unpubl.). However, levels of induced *ATF4* translation measured using reporters transfected into cultured cells are typically lower than those determined for endogenous *ATF4* so there may be additional regulatory features.

Furthermore, mRNA sequences proximal to the 5'-cap can enhance the recruitment of the eIF4E subunit of the cap-binding eIF4F complex and translation efficiency (Keys 2016; Keys and Sabatini 2017). These so-called "juxtaposed sequences" may influence *ATF4* translation and may be critical for loading of the 43S preinitiation complex onto the *ATF4* transcript when eIF2•GTP levels are diminished with increased levels of P-eIF2 $\alpha$  and stress. Finally, base modifications in RNA, such as N<sup>6</sup>-methyladenosine, may influence the efficiency of ribosome scanning and reinitiation that can affect *ATF4* translation (Meyer et al. 2015; Wang et al. 2015; Zhou et al. 2015).

#### PREFERENTIAL TRANSLATION BY RIBOSOME BYPASS

A number of transcripts that are preferentially translated in the ISR involve a mechanism featuring a single uORF. One example is *CHOP*, whose translational and transcriptional expression is enhanced by P-eIF2 $\alpha$ . Early in the stress



**Figure 3.** Upstream open reading frames (uORFs) can have different functions in preferential translation in the integrated stress response (ISR). The uORFs and their function are highlighted for the indicated gene transcripts. The 5'-leader of the messenger RNAs (mRNAs) is indicated as a solid line. The coding sequences (CDSs) are indicated by the bar on the far right of each transcript, with uORFs indicated by the light gray bars. Scanning and elongating ribosomes are indicated by the ovals, with small and large ribosomal subunits. Arrows indicate ribosome bypass, reinitiation or termination, and release.

response, CHOP triggers transcription of genes with adaptive functions, including those related to ATF4 (Marciniak et al. 2004; Han et al. 2013). However, with extended stress and sustained PeIF2 $\alpha$  induction, continued *CHOP* expression can trigger expression of genes that elicit apoptosis (Marciniak et al. 2004; Marciniak and Ron 2006; Oslowski and Urano 2011). Thus, CHOP is central to the balance between the adaptive functions of the ISR during acute stress versus induction of cell death during chronic stress conditions.

Preferential translation of *CHOP* features a single uORF that serves to stall elongating ribosomes as judged by experiments with translational reporters and in vitro toeprinting analyses, preventing reinitation at the downstream *CHOP* CDS (Fig. 3) (Jousse et al. 2001; Palam

et al. 2011; Young et al. 2016b). In response to stress and accumulating P-eIF2a, a subset of scanning ribosomal subunits proceed through the CHOP uORF and instead initiate at the CDS. Part of the ability of ribosomes to bypass the uORF in response to increased levels of P-eIF2a involves a less-than-optimal context of the uORF start codon. Emphasizing the importance of the uORF in CHOP expression, mutations that prevent translation of the uORF substantially increase the levels of CHOP during both basal and stress conditions and modify the pattern of induction of CHOP expression in the ISR (Young et al. 2016b). Elevated CHOP levels sensitize cells to stress, with accelerated apoptosis on cell exposure to ER stress.

Another example of ribosome bypass of a uORF is that of *GADD34*, which contains two

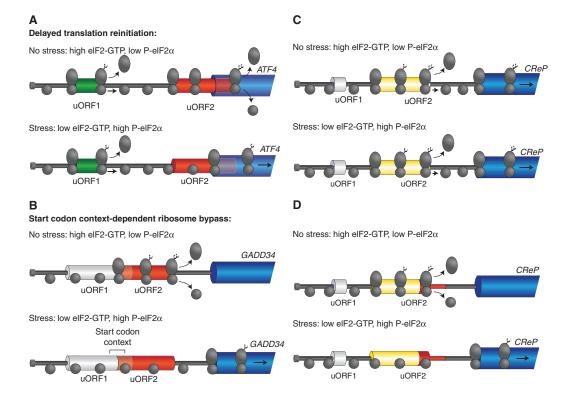


Figure 4. The integrated stress response (ISR) features different translational control mechanisms with upstream open reading frames (uORFs). (A) Illustration of the mechanism of ATF4 delayed translation reintiation that functions to enhance ATF4 synthesis on phosphorylation of the  $\alpha$  subunit of eukaryotic initiation factor 2 (P $eIF2\alpha$ ) and stress. In nonstressed conditions, there are low levels of P-eIF2 $\alpha$  and abundant eIF2•GTP (guanosine triphosphate). Following translation of uORF1 (green bar), ribosomes (ovals indicated by large and small subunits) rapidly reacquire new eIF2•GTP•Met-tRNA<sup>Met</sup> and reinitiate at the inhibitory uORF2 (red bar), which overlaps out-of-frame with the ATF4 coding sequence (CDS) (blue bar). Therefore, there are low levels of ATF4 and its target genes in the absence of stress. In response to stress, enhanced P-eIF2 $\alpha$  and low eIF2•GTP delay reinitiation, allowing ribosomes to proceed through uORF2, and instead translate the ATF4 CDS. (B) Translation of GADD34 involves a fraction of the translating ribosome scanning through an inhibitory uORF2 (red bar) in response to P-eIF2a and stress. The uORF1 (gray bar), which overlaps out-of-frame uORF2, is not well translated and is a modest dampener in the translation of GADD34. (C) Expression of CReP involves a fraction of ribosomes translating uORF2 (red bar) and reinitiating at the CReP CDS independent P-eIF2 $\alpha$  and stress. Therefore, synthesis of CReP is largely constitutive regardless of stress conditions. The CReP ORF1 (gray bar) functions to lower translation of the CReP CDS only modestly. (D) Substitution of the Pro-Pro-Gly-stop codons and nine nucleotides 3'- of the GADD34 uORF2 for the corresponding uORF2 regions in the CReP transcript (indicated by red portion of the uORF and messenger RNA [mRNA]) leads to lowered translation of the CReP hybrid that is preferentially translated in response to stress and P-eIF2 $\alpha$  induction (Young et al. 2015).

uORFs (Fig. 4B) (Lee et al. 2009; Young et al. 2015). uORF2 is the primary inhibitor of downstream translation at the *GADD34* CDS and is sufficient to confer preferential translation in response to P-eIF2 $\alpha$ . Translation of the Pro-Pro-Gly codons juxtaposed to the termination codon in uORF2 is suggested to block translation reinitiation at the CDS, lowering levels of *GADD34* expression during basal conditions (Young et al. 2015). Preferential translation of *GADD34* in response to stress and elevated P-eIF2 $\alpha$  levels occurs by a fraction of the scanning ribosomal subunits bypassing uORF2 by a mechanism involving, at least in part, the poor

start codon context of this inhibitory uORF. It is interesting to note that translation of CReP is resistant to P-eIF2a induction (Andreev et al. 2015; Young et al. 2015). The CReP transcript also has two uORFs that are frequently bypassed even during nonstressed conditions. Furthermore, uORF2 allows for efficient reinitiation of translation at the CDS (Fig. 4C). If the termination codon and 3'-flanking sequences from the GADD34 uORF2 are substituted for those in the CReP uORF2, translation of CReP becomes induced on stress and with elevated levels of PeIF2α (Fig. 4D) (Young et al. 2015). This finding emphasizes the importance of precise uORF properties to convey translational control in the ISR.

Preferential translation can also occur via bypass of uORFs with noncanonical initiation codons. Enhanced expression of the bifunctional glutamyl-prolyl tRNA synthetase, EPRS, serves to increase the appropriately charged tRNA pool and prime the cell for resumption of translation once the cellular stress is alleviated (Fig. 3). Two uORFs featuring UUG and CUG initiation codons are considered to be the primary regulators of EPRS preferential translation (Young et al. 2016a). An inhibitory uORF with a CUG initiation codon overlaps out-of-frame with the EPRS CDS. On the other hand, a uORF featuring UUG terminates upstream of the CDS and allows some of the ribosomes to reinitiate at the downstream EPRS CDS (Young et al. 2016a). Both uORFs are bypassed to a moderate extent during basal conditions, with enhanced bypass efficiency during eIF2α-P and stress.

#### PREFERENTIAL TRANSLATION VARIES BETWEEN STRESSES

There is robust P-eIF2 $\alpha$  induction in response to a spectrum of stress conditions, but the pattern of gene-specific translation can be specifically tailored to best adapt to each stress condition. This is noteworthy because the uORFs are embedded in each gene transcript and would not appear to be readily modified for a given stress. Three explanations can be provided for genespecific translation tailored to a given stress. First, ATF4 and other ISR genes subject to preferential translation also have enhanced transcriptional expression in response to ER or nutrient stress, which would increase the amount of mRNA available for translation during the progression of the stress response. However, following exposure to high physiological doses of UV-B or UV-C, there is repressed transcription of ATF4, sharply lowering the amount of ATF4 mRNA that is available for preferential translation (Dey et al. 2010, 2012; Collier et al. 2015). Lowered ATF4 levels also reduce the transcription and, ultimately, the translation of the downstream target gene CHOP. Repression of global translation is important for cell survival in response to UV stress, and forced expression of ATF4 sensitizes cells. Knockdown of CHOP suppresses this sensitivity, emphasizing the idea that elevated expression of CHOP is detrimental in response to UV irradiation (Collier et al. 2015). The dynamics of changes in both mRNA and translation in response to increased levels of P-eIF2 $\alpha$  provide a vehicle to differentially regulate the expression of key ISR genes in response to different stress conditions.

A second explanation features alternative gene promoters and pre-mRNA splicing that can create gene transcripts with different 5'leaders and uORF configurations, which alter mRNA translation during P-eIF2a induction. For example, the ATF5 $\alpha$  variant that is controlled by the mechanism of delayed translation initiation is derived from a different promoter than the  $ATF5\beta$  variant, which has an expanded collection of uORFs that appear to largely dampen translation (Watatani et al. 2008; Zhou et al. 2008). Both variants express the same CDS, with  $ATF5\alpha$  participating in the ISR and  $ATF5\beta$  mRNA being expressed predominantly during early development (Hansen et al. 2002). Pre-mRNA splicing can alter translation of CDKN1A (p21/WAF1), which contributes to cell-cycle arrest and increased survival in response to starvation for amino acids. Among the many CDKN1A spliced variants in mice that alter the 5'-leader of the gene transcripts, variant 2 features three uORFs that provide for preferential translation in response to induced P $eIF2\alpha$  (Lehman et al. 2015).

A final explanation for distinct stress-specific programs of preferential translation involves the notion that mRNA translation is spatially organized and regulated in cells and that a given stress can differentially disrupt cell compartments. Nicchitta and colleagues (Reid et al. 2014; Reid and Nicchitta 2015) found that ERbound ribosomes synthesize a significant fraction of proteins, both those slated to be retained in the cytosol as well as those destined for the secretory pathway. The ER-associated translation system is suggested to be dynamic and be reorganized in response to physiological cues and cellular stresses. In this way, the ER environment for translation may be quite distinct from the cytosol and the influences of P-eIF2 $\alpha$ induction may vary, yielding differences in preferential translation.

#### **ISR AND DISEASE**

Emphasizing the broad and diverse impact of the ISR, mutations have been identified in ISR genes that afflict distinct tissues and present with different pathologies. For example, nonsense, frameshift, and missense mutations have been reported in *PERK*, leading to Wolcott–Rallison syndrome, which is characterized by neonatal diabetes, osteoporosis, digestive dysfunctions, and hepatic complications, culminating in early death (Delepine et al. 2000; Senée et al. 2004). The inability of PERK to induce translational control in Wolcott–Rallison syndrome leads to disruption of protein homeostasis, especially in specialized secretory tissues that require robust ER secretory processes.

Loss of GCN2 function causes pulmonary disorders, including pulmonary arterial hypertension (PAH), pulmonary veno-occlusive disease (PVOD), and pulmonary capillary hemangiomatosis (PCH) (Best et al. 2014, 2017; Eyries et al. 2014). The rationale for why GCN2 deficiency triggers pulmonary disorders in humans is currently not understood. The lungs are challenged by a variety of inhaled stress agents, including smoke, airborne particles, and microbes. Appropriate induction of the ISR may be critical for cell resistance to these insults and for pulmonary vascular remodeling. Supporting this idea, ATF4 plays a central role in antioxidation responses and cysteine sufficiency, along with angiogenesis through enhanced expression of vascular endothelial growth factor (VEGF) (Harding et al. 2003; Roybal et al. 2005; Fusakio et al. 2016). GCN2 can also participate in cell proliferation and differentiation, which may be critical for the health of pulmonary tissues and the immune system (Munn et al. 2005; Collier et al. 2017). Finally, it is suggested that loss of GCN2/ATF4 may disrupt signaling through BMPR2 (Eichstaedt et al. 2016). Mutations in *BMPR2* are found in the majority of familial PAH, which segregates as an autosomal dominant with incomplete penetrance.

Missense mutations in *CReP* that destabilize its association with PP1c have been reported to lead to early-onset diabetes, along with growth retardation and microcephaly and learning disabilities, and liver pathologies (Abdulkarim et al. 2015; Kernohan et al. 2015; Mohammad et al. 2016). In islet  $\beta$  cells of the pancreas, loss of *CReP* leads to increased levels of P-eIF2 $\alpha$ , which lowers insulin synthesis and secretion and sensitizes these cells to enhanced apoptosis in response to ER stress (Abdulkarim et al. 2015).

Mutations in genes encoding one of the five different subunits of eIF2B lead to vanishing white matter (VWM), or childhood ataxia with central nervous system hypomyelination, which features severe white matter abnormalities, including myelin and cystic degeneration (Leegwater et al. 2001; van der Knaap et al. 2002). The resulting lowered exchange of eIF2•GDP to the GTP-bound form is suggested to lead to some activation of the ISR independent of stress. When combined with stress induction of P-eIF2a, the VWM residue substitutions in eIF2B can enhance the amplitude of the ISR and alter the timing of the response, which is suggested to trigger the destructive features of the ISR (Richardson et al. 2004; Pavitt and Proud 2009).

It is important to note that some VWM mutations do not appear to alter eIF2B interactions with eIF2 or its guanine nucleotide exchange activity. Two related functions have been attributed to eIF2B, which could be adversely effected by VWM mutations (Jennings and Pavitt 2010;

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Jennings et al. 2013, 2017). During translation initiation, GTP associated with eIF2 is hydrolyzed by another translation factor, eIF5, which retains association with eIF2•GDP and thwarts spontaneous release of the nucleotide. eIF2B then promotes release of eIF5 from eIF2 before catalyzing the exchange of eIF2•GDP to the GTP-bound form. Additionally, eIF2B ensures that the phosphorylated version of eIF2 is not included in the eIF2•GTP•Met-tRNA<sub>i</sub><sup>Met</sup> complex. These additional eIF2B functions may help explain the complex decameric structure of this exchange factor and may be additional targets for disruption by VWM mutations.

In addition to the pathologies resulting from mutations in the ISR genes directly involved in the regulation of P-eIF2 $\alpha$  or its effect on eIF2•GTP exchange, there have been reports of genetic disorders that alter stress activation of the eIF2 $\alpha$  kinases and the adaptation functions of the ISR. For example, DNAJC3 (P58<sup>IPK</sup>) is present in the ER lumen and directly aids the chaperone function of BiP by enhancing its ATPase activity and facilitating association of unfolded polypeptides to BiP (Rutkowski et al. 2007; Petrova et al. 2008). Mutations in DNAJC3 were reported to cause diabetes and widespread neurodegeneration (Synofzik et al. 2014). Loss of DNAJC3 is suggested to disrupt BiP function, increasing the levels of unfolded protein in the ER. This disruption in protein homeostasis can chronically induce PERK phosphorylation of eIF2α, triggering apoptosis. IER3IP1 is another ER protein that is linked with regulation of PERK. Mutations that disrupt IER3IP1 lead to pathologies related to Wolcott-Rallison syndrome, including neonatal diabetes, microcephalogy, and developmental delays, along with seizures (Abdel-Salam et al. 2012; Shalev et al. 2014). IER3IP1 has a putative G-patch domain found in RNA-associated proteins, and loss of IER3IP1 lowered activation of PERK and the ISR in cultured  $\beta$  islet cells exposed to ER stress, culminating in increased cell death (Sun and Ren 2017). Finally, elevated levels of P-eIF2 $\alpha$ have been reported in the diseased brain tissues from Alzheimer's patients and from mouse models of Alzheimer's disease. Genetic deletion of PERK lowered the P-eIF2a induction and

translational control, and restored synaptic plasticity and memory in mice that expressed familial Alzheimer's disease-related mutations (Ma et al. 2013; Sossin and Costa-Mattioli 2017). Similar outcomes were observed for deletion of *GCN2* in the Alzheimer's disease model mice, which further supports the idea that aberrant induction of P-eIF2 $\alpha$  is an underlying contributor to the pathophysiology of Alzheimer's disease.

#### THERAPEUTIC TARGETS IN THE ISR

Small molecules have been identified that thwart induction of translational control, or alternatively accentuate the ISR pathway. Those that block P-eIF2a induction and the ISR include PERK and GCN2 inhibitors (Robert et al. 2009; Axten et al. 2012; Harding et al. 2012). For example, the PERK inhibitor GSK2606414 blocks induction of P-eIF2a and interrupts translational control in response to ER stress in cultured cells. This is shown by the application of GSK2606414 to cultured islet β cells subjected to high levels of glucose, which sharply interfered with activation of the PERK portion of the UPR, culminating in rapid accumulation of misfolded insulin protein (Harding et al. 2012). A fluorinated analog of this small molecule, GSK2656157, has been optimized for preclinical development with therapeutic applications for cancer and neurodegenerative disorders (Axten et al. 2013). A cautionary note is that extended exposure to these PERK inhibitors alone can induce P-eIF2α, suggesting compensatory mechanisms that are, at least in part, independent of the ISR (Krishnamoorthy et al. 2014). Supporting this idea, these GSK molecules potently inhibit the protein kinase RIPK1, which functions in the tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ) pathway, affecting inflammation and cell death (Rojas-Rivera et al. 2017).

ISRIB is another small molecule inhibitor of the ISR that was identified for its ability to block induction of *ATF4* translation in response to ER stress (Sidrauski et al. 2013). ISR does not block P-eIF2 $\alpha$  induction per se, but rather stimulates the guanine nucleotide exchange activity of eIF2B, thus compensating for the inhibitory effect of P-eIF2 $\alpha$  (Sekine et al. 2015; Sidrauski et al.

2015). As a consequence, ISRIB allows for retention of global translation and thwarts assembly of stress granules in response to stress. Synthesis of specific proteins and synaptic plasticity in the hippocampus are critical for the formation and maintenance of memory. By diminishing the ISR-dependent translation, treatment with ISRIB or genetic alterations that disrupt P-eIF2 $\alpha$  induction in mice improve memory in a learning paradigm that requires long-term potentiation (Sidrauski et al. 2013). In contrast, long-term memory is impaired by the small molecule, salubrinal, which prevents PP1c dephosphorylation of P-eIF2 $\alpha$  and sustains the ISR and translational control (Costa-Mattioli et al. 2007). Persistent activation of the ISR also occurs in traumatic brain injury, and treatment with ISRIB reverses the cognitive deficits associated with the hippocampus in two different injury models in mice (Chou et al. 2017).

As noted for salubrinal, some small molecules enhance and sustain the ISR. Salubrinal was first discovered in a screen for chemicals that protect cultured cells from pharmacologically induced ER stress (Boyce et al. 2005). Salubrinal affords protection in neurodegenerative model systems that are associated with the induced UPR (Sokka et al. 2007; Reijonen et al. 2008; Saxena et al. 2009; Colla et al. 2012). However, depending on the disease model, sustained P-eIF2α induction by salubrinal can have deleterious consequences (Moreno et al. 2012; Collier et al. 2015). Another strategy for small molecule activation of the ISR involves provoking a defined stress for targeted activation of an eIF2 $\alpha$ kinase. Halofuginone is a potent inhibitor of prolyl-tRNA synthetase and rapidly activates GCN2 and the ISR (Keller et al. 2012). Prior treatment with halofuginone induces expression of stress-resistant proteins that protect against subsequent renal and hepatic ischemic injury in a mouse surgery reperfusion model (Peng et al. 2012).

### LOOKING TO THE FUTURE: IMPORTANT UNRESOLVED QUESTIONS

As highlighted in this review, P-eIF2α regulates translation of individual gene transcripts that

collectively contribute to global changes in protein synthesis and restoration of protein homeostasis. Given the central role of uORFs in the ISR, it is important to identify their mechanistic contributions to repression, resistance, and preferential mRNA translation. What are the varied mechanisms by which uORFs are bypassed in response to P-eIF2 $\alpha$ ? Furthermore, it is important to establish accurate predictive rules for uORF regulatory functions in translational expression. Many single-nucleotide polymorphisms (SNPs) have been identified in humans that alter potential uORFs (Calvo et al. 2009). Do these genetic variations alter ISR function in health and disease? Finally, how can our knowledge of the ISR be applied to clinical practice? Certainly, small molecules such as ISRIB have great therapeutic potential, but there are also challenges as disruptions in key elements of the ISR have the potential for altering cell adaptation and triggering death processes.

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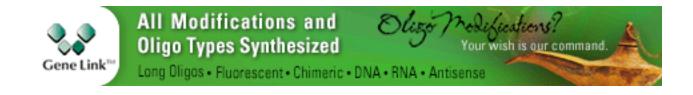
## Role of elF2 $\alpha$ Kinases in Translational Control and Adaptation to Cellular Stress

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