



Role of green silver nanoparticles synthesized from *Symphytum officinale* leaf extract in protection against UVB-induced photoaging

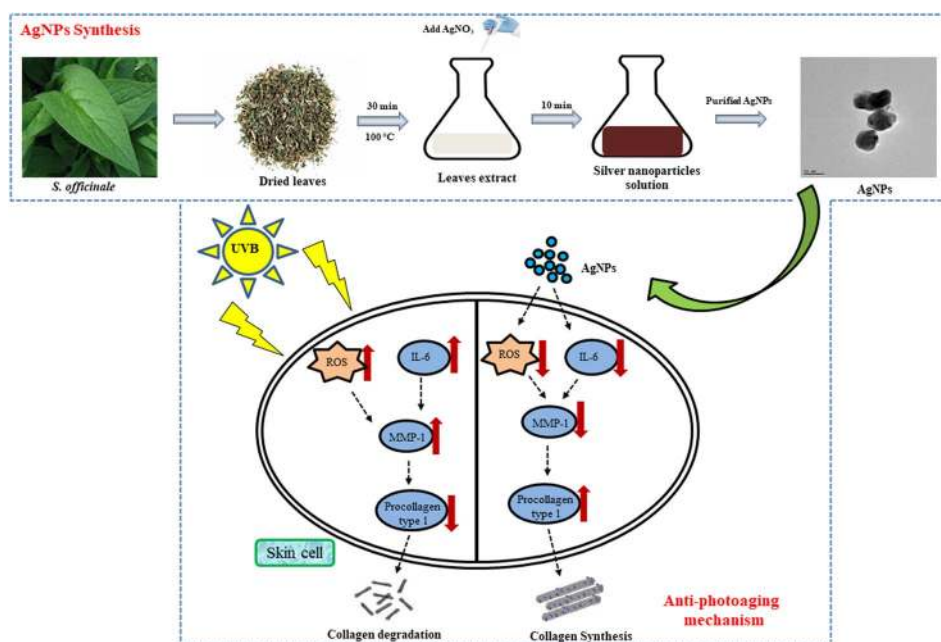
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Abstract

The present study demonstrated the simple, cheap, eco-friendly synthesis of the silver nanoparticles (S-AgNPs) using *Symphytum officinale* leaf extract. The biosynthesized S-AgNPs were characterized by UV–Vis, FE-TEM, elemental mapping, EDX, zeta potential, XRD, SAED, and FT-IR. The characterization results revealed the irregular shape and relatively stable nature of synthesized S-AgNPs. The average particle size was determined to be 87.46 nm. The zeta potential shows the negative surface charge (-25.5 mV) of S-AgNPs. After characterization, we investigated the anti-aging effect of S-AgNPs in HaCaT keratinocyte cells. HaCaT keratinocyte cells were treated with S-AgNPs at concentrations 1, 10, 100 $\mu\text{g mL}^{-1}$ after UVB or non-UVB irradiation. The S-AgNPs significantly inhibited the production of matrix metalloproteinase-1 and IL-6 but increased the expression of procollagen type 1. The data suggest that S-AgNPs have photoprotective properties and may have potential to be used as an agent against photoaging.

Graphical abstract



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Extended author information available on the last page of the article

Keywords *Symphytum officinale* · Silver nanoparticles · Photoaging · MMP-1 · IL-6

Abbreviations

S-AgNPs	<i>Symphytum</i> silver nanoparticles
UV-Vis	Ultraviolet–visible spectrophotometer
FE-TEM	Field emission transmission electron microscopy
EDX	Energy-dispersive X-ray spectroscopy
XRD	X-ray diffractometer
SAED	Selected area electron diffraction
FT-IR	Fourier transform infrared spectroscopy
UVB	Ultraviolet B
MMP-1	Matrix metalloproteinase-1
IL-6	Interleukin 6
TGF- β	Transforming growth factor beta
<i>S. officinale</i>	<i>Symphytum officinale</i>
DMSO	Dimethyl sulfoxide
DMEM	Dulbecco's modified eagle's medium
FBS	Fetal bovine serum
ELISA	Enzyme-linked immune sorbent assay
RT-PCR	Reverse transcription polymerase chain reaction
GAPDH	Glyceraldehyde 3-phosphate dehydrogenase
ANOVA	Analysis of variance
SPR	Surface plasmon resonance
DLS	Dynamic light scattering
DPPH	Diphenyl-1-picrylhydrazyl
ROS	Reactive oxygen species
MTT	3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
ECM	Extracellular matrix

Introduction

Metal nanoparticles exhibit unique chemical and physical properties including large surface/volume ratio, which is useful in different fields such as electronics, photonics, biomedical, catalysis, etc [1]. Among the various noble metals, silver is the metal of the first choice due to their diverse properties especially high antimicrobial and catalytic nature [2, 3]. Many standard approaches by means of physical and chemical have been used for the preparation of silver nanoparticles (AgNPs) by several researchers. Generally, conventional physical and chemical methods seem to be very expensive and hazardous [4]. Hence, there is always a need for developing an eco-friendly process for the synthesis of nanoparticles which does not use any harmful or toxic agents. The most recent environment-friendly approach is using green chemistry technology [5]. The green synthesis approach provides most advantages over the chemical and physical method as it is fast, cost-effective, eco-friendly

and easy to scale up for large-scale synthesis without applying high energy, high pressure, high temperature and toxic chemicals [6]. The green synthesis approach usually employs microorganism or plant parts for the synthesis of nanoparticles. Recently, many researchers have employed different plant parts such as root, stem, bark, leaf, fruit, bud, and latex for the synthesis of AgNPs [7–10]. Reports have suggested that nanoparticles synthesized from medicinal plants have been found to be pharmacologically active and stable, but no hazardous by-products or toxic chemicals are used in their synthesis [11]. Therefore, as a green approach for the first time, we report the use of *Symphytum officinale* (Comfrey) leaf extract for the synthesis of AgNPs and further investigating their role in protection against UVB-induced photoaging.

Skin is the primary barrier to the body and protects the body from all kinds of external damage, such as microbial invasion, toxic materials, and ultraviolet (UV) radiation. The solar UV radiation composed of different types of waves depending on the wavelength, UVA (320–400 nm), UVB (280–320 nm) and UVC (100–280 nm). Among all, UVB is responsible for most of this damage [12]. Acute exposure of human skin to UV irradiation causes sunburn, altered pigmentation, inflammation, immune suppression, and dermal connective tissue damage. It is also reported that chronic exposure to UV irradiation over many years disrupts normal architecture of the skin and ultimately causes premature skin aging (photoaging) due to the degradation of collagen and elastin that normally keep skin firm [13].

Collagen I plays an important role in maintaining skin structure in aged skin cells [12]. The synthesis of collagen I is known to require precursor procollagen type I synthesis by TGF- β /Smad signaling in fibroblasts [14]. Contrarily, collagen I can be degraded by UVB-induced ROS activation through two upregulated pathways using the degrading enzymes of collagen I (Matrix metalloproteinases, MMPs) and a collagen synthesis inhibitor (IL-6), thereby leading to the activation of activator protein 1 (AP-1) [13]. Accordingly, the most common feature associated with UV-induced photoaged skin is increased MMP-1 expression and decreased procollagen type I level. Therefore, compounds that decrease the production of MMP-1 and increase the synthesis of procollagen type I may contribute to the prevention of skin photoaging. Various medicinal plant extracts have already been reported to protect the UVB-induced photoaging [12–16]. In the present study, we investigated the role of AgNPs synthesized from *S. officinale*, in protection against UVB-induced photoaging.

Symphytum officinale is a medicinal plant which belongs to family *Boraginaceae*, commonly known as comfrey. It is a

perennial plant found in Asia, Europe, and North America. *S. officinale* has been commonly used in folk medicine for the treatment of diarrhea, bronchitis, tuberculosis, ulcers, and hemorrhoids. The plant extract was reported to be used as an ointment to promote the wound healing, reduce the inflammation, for the treatment of broken bones, tendon damages, painful joints, and muscles [17]. Although Comfrey also contains dehydropyrrolizidine alkaloids (DHPAs) because of which its internal application is not recommended [18]. Recently, the root extract of comfrey has shown to have anti-oxidant and proliferative activity [19]. However, there is no report of AgNPs synthesized from comfrey on UVB-induced photodamage. Here, we hypothesize that the AgNPs synthesized from Comfrey leaf extract could be used for protection against UVB-induced skin photoaging. To test this hypothesis, markers of skin photoaging, MMP-1, IL-6 and procollagen type 1, were analyzed using PCR with human keratinocyte cells (HaCaT).

Materials and methods

Material

Silver nitrate (AgNO_3), crystal violet, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), and dimethyl sulphoxide (DMSO) were purchased from Sigma-Aldrich chemicals (St. Louis, MO). Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS), and penicillin/streptomycin were purchased from Gibco BRL (Grand Island, NY, USA). ELISA kits for MMP-1 and IL-6 were purchased from R&D Systems (R&D Systems Inc., Minneapolis, MN, USA). All other chemicals were of reagent grade. Organic solvents were purchased from Samchun chemicals (Korea). Inorganic salts were purchased from Sigma-Aldrich (St. Louis, MO, USA). Unless otherwise mentioned, solvents were purchased from Samchun chemicals (Seoul, Korea). In the present study, a total of seven plant extracts (Table S1) have been used to synthesize AgNPs. The selection of these plants was depending on the medicinal importance and previous study that has been performed. Dried plants were purchased from mountain rose herbs (Eugene, Oregon, USA).

Preparation of aqueous leaf extract

10 g of the dried plants (root, leaf, seeds) was mixed with 100 mL of deionized water and autoclaved for 30 min at 100 °C. The aqueous extract was subsequently centrifuged at 10,000 rpm for 10 min to remove the debris. Finally, the supernatant obtained was filtered through a 0.45 μm PVDF syringe filter (SmartPor, Seoul, Korea). This plant extracts were used for further AgNP synthesis. In the present study,

all the plant used for the synthesis of AgNPs are listed in Table S1.

Synthesis of silver nanoparticles

The AgNPs were synthesized as reported previously [20]. Briefly, aqueous plant extracts were diluted in water to 1:5 (v/v), to this solution the final concentration of 1 mM filter-sterilized solution of AgNO_3 (Sigma-Aldrich chemicals, St. Louis, MO) has been added. The reaction mixture was kept at 65 °C. The synthesis was monitored for a change in the color, which indicated the synthesis of AgNPs. The AgNPs were collected by high-speed centrifugation at 20,000 rpm for 10 min. The obtained pellet was washed three times with distilled water to remove the unconverted metal ions or any other constituents.

Characterization of silver nanoparticles

UV–Vis spectrophotometer (UV–Vis) (Optizen POP; Mecasys; Daejeon, Korea) was used to confirm the reduction of metal ions and was scanned in the range of 300–800 nm. The transmission electron microscopy (TEM), elemental mapping, energy-dispersive X-ray spectroscopy (EDX) and selected area electron diffraction (SAED) analysis was performed through field emission transmission electron microscopy (FE-TEM), with a JEM-2100F (JEOL, Tokyo, Japan) instrument operated at 200 kV. The sample for FE-TEM was prepared by placing a drop of collected nanoparticles on the carbon-coated copper grid and subsequently drying it at room temperature before transferring it to the microscope. The hydrodynamic size and zeta potential for AgNPs were measured in triplicate using Zetasizer Nano ZS90 (Malvern Instruments, UK), double-distilled water (DDW) was used as a dispersive medium. For DLS and zeta potential analysis, the samples were suspended in water and then used. The X-ray diffraction (XRD) analysis was performed on X-ray diffractometer, D8 Advance, (Bruker), Germany, operated at 40 kV, 40 mA, with $\text{CuK}\alpha$ radiation, at a scanning rate of 6° min^{-1} , step size 0.02, over the 2θ range of 20° – 80° . The functional groups capped on the surface of AgNPs were identified using a Fourier transform infrared (FT-IR) spectroscopy (Spectrum One System, Perkin-Elmer, Waltham, MA). For XRD and FT-IR, the purified nanoparticles were dried and obtained in powder form then used.

Antioxidant activity

Free-radical-scavenging activity was measured by diphenyl-1-picrylhydrazyl (DPPH) assay as described previously [21]. A 20 μL sample in distilled water was placed in a 96-well plate and 180 μL of 2, 2-diphenyl-1-picrylhydrazyl (0.2 mM) in methanol was also added. After a 30-min reaction in dark



conditions, the absorbance was recorded by a microplate reader (Molecular Devices E09090; San Francisco, CA, USA) at the wavelength of 520 nm. AgNPs synthesized from different plant extracts were tested at the different concentration from 100, 500 and 1000 $\mu\text{g mL}^{-1}$. Arbutin was introduced as a positive control.

Cell culture, UVB irradiation and sample treatment

HaCaT cells originated from human epidermal keratinocytes (Sciencell, Carlsbad, CA, USA) were cultured in DMEM supplemented with 10% heat-inactivated FBS and 1% penicillin–streptomycin at 37 °C in an atmosphere containing 5% CO_2 . When the cells reached more than 80% confluence, the cells sub-cultured in 35 mm culture dishes (1.0×10^5 cells) and were rinsed twice with phosphate-buffered saline (PBS). Then, the cells were irradiated with UVB (144 mJ cm^{-2}) using UVB radiation machine (Bio-Link BLX-312; Vilber Lourmat GmbH, France). After UVB irradiation, the experimental group cells treated with AgNPs (1, 10 and 100 $\mu\text{g mL}^{-1}$). The normal cells were treated with the same dose of AgNPs without UVB irradiation. The controls were without the treatment of AgNPs.

Determination of cell viability

To test the effect of AgNPs on the viability of HaCaT cells, MTT assay was carried out. MTT assay was performed as described previously [20]. Briefly, after 24 h of treatment, MTT at a final concentration of 0.1 mg mL^{-1} was added and further incubated for 2 h. The supernatants were removed and 1 mL dimethyl sulfoxide (DMSO) was added to dissolve the formazan crystals. Absorbance was determined on a microplate reader (Molecular Devices Filter Max F5; Sunnyvale, CA, USA) at a wavelength of 570 nm.

Measurement of MMP-1 and IL-6 production

The level of MMP-1 and IL-6 in the medium were determined after 24 h of incubation with AgNPs using ELISA kits according to the manufacturer's instructions. Each experiment was analyzed in triplicate.

Reverse transcription (RT)-PCR

After 24 h of treatment, total RNA from HaCaT cells was isolated using Trizol reagent according to the manufacturer's instructions (Invitrogen Life Technologies, Carlsbad, CA). mRNA expression was determined by real-time PCR using SYBR green master mix in a BioRad CFX Connect Real-Time PCR Detection System (BioRad, Hercules, CA). The primer pairs as follows: MMP-1, sense 5'-TGGGAGGCAAGTTGAAAAGC-3', antisense 5'-CATCTGGGCTGCTC

ATCAC-3'; PIP sense 5'-CACAGACAGCTATGACGTG-C-3' and antisense 5'-TCAGCAGAGAAGACCACCTG-3'. The PCR condition was carried out with an initial denaturation step at 95 °C for 5 min, followed by 40 cycles of denaturation at 95 °C for 5 s. The GAPDH gene was used for internal normalization (GAPDH sense 5'-CCAAGGAGTAAGACCCTGG-3' and antisense 5'-AGGGGAGATTCAGTGTGGTG-3'). PCR products were separated by 2% agarose gel electrophoresis with ethidium bromide staining.

Statistical analysis

The data are presented as mean \pm standard deviation values of three independent experiments. Statistical analysis was performed using one-way ANOVA test. Statistical significance was set at $P < 0.05$.

Results and discussion

Synthesis and characterization of AgNPs

UV–visible spectroscopy is a valuable technique used to detect the characteristic SPR pattern of metal nanoparticles. First, the AgNP synthesis was confirmed by visual observation with the appearance of color change in the reaction mixture. The color of *S. officinale* extract was changed from pale yellow to light brown in 10 min, which resembles the synthesis of AgNPs, as the particles cause surface plasmon resonance (SPR) due to which light brown color appears in the supernatant. Thus, the appearance of a light brown color in the reaction mixture indicated the formation of AgNPs [22]. In the UV–Vis absorption spectrum, a strong peak appeared at 468 nm for AgNPs synthesized from *S. officinale* (S-AgNPs), which is due to the SPR band of AgNPs (Fig. 1a). There is also a small peak appeared at 350 nm. The appearance of two peaks shows that the particles are of different sizes. The peak at 350 nm is for smaller nanoparticles and on the other hand, the 468 nm peak is a result of larger size nanoparticles. FE-TEM was used for surface morphology and shapes of S-AgNPs, and the images were presented in Fig. 1b. The TEM analysis revealed the irregular shape of synthesized S-AgNPs. The synthesized S-AgNPs ranged in size of 20–94 nm. This size difference can be due to various factors such as temperature, pH, seed concentration or the reducing agent used. The elemental mapping results of the S-AgNPs indicate the maximum distribution of silver element, suggested that silver was the predominant element in the respective nanoparticle (Fig. 2a, b). The EDX analysis showed the highest peak at 3 keV for S-AgNPs (Fig. 2c). Some additional peak for carbon and copper appeared in the EDX spectrum which is due to the TEM grid used for the study. The number and percentage of

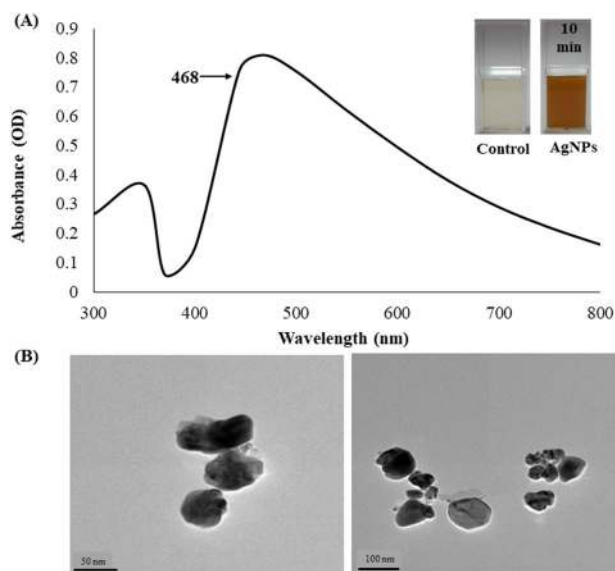


Fig. 1 UV-Vis spectra (a) and FE-TEM images of S-AgNPs (b)

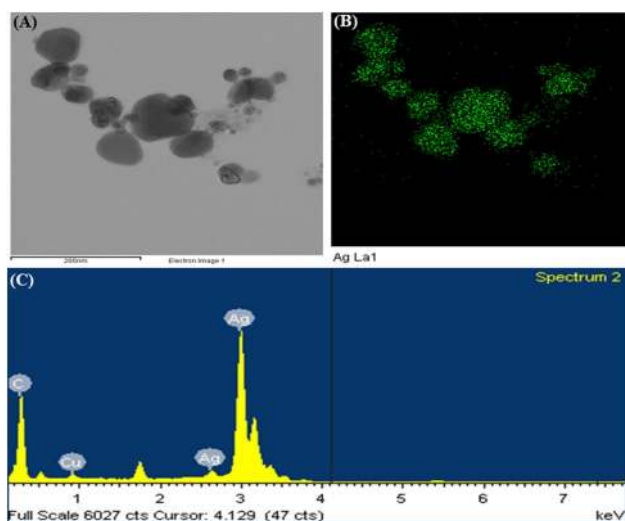


Fig. 2 Elemental mapping result of S-AgNPs, showing distribution of silver in respective nanoproductions (a, b) and EDX spectrum of S-AgNPs (c)

Table 1 EDAX analysis of S-AgNPs

Element	Weight (%)	Atomic (%)
C K	25.91	69.74
Cu K	38.50	19.59
Ag L	35.59	10.67

chemical elements present in EDX spectrum of S-AgNPs are represented in Table 1. The results are in line with the previously reported work [22, 23]. The characterization data of

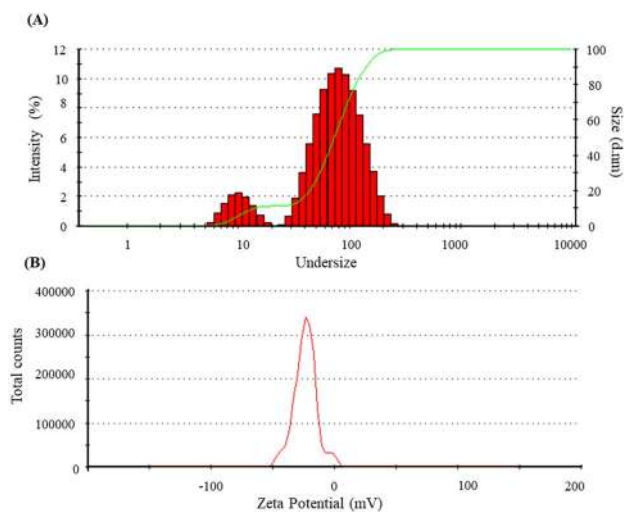


Fig. 3 Particle size distribution (a) and zeta potential result of S-AgNPs (b)

AgNPs synthesized from other six plant extract is shown in supplementary figures (Figs. S1, S2 and S3) The histogram for the particle size distribution of S-AgNPs is depicted in Fig. 3a. The DLS analysis revealed the S-AgNPs with an average diameter of 87.46 nm in the aqueous colloidal solution. The DLS analysis shows that two peaks of particle dimension is most likely because the produced particles are of different shapes and sizes. The polydispersity index was found to be 0.48. The zeta potential is used to depict the surface charge and stability of S-AgNPs. As shown in Fig. 3b, the biosynthesized S-AgNPs had a negative charge with a zeta potential value -25.5 mV. This zeta potential value falls within the range of -20 to -30 mV is considered as moderately stable [24], which clearly indicated that the synthesized S-AgNPs was moderately stable in nature. The X-Ray diffraction pattern of S-AgNPs was shown in Fig. 4a. XRD pattern showed the peaks at 2θ values of 38.11° , 44.27° , 64.42° , 77.47° and 81.53° corresponding to the (111), (200), (220), (311) and (222) reflections facets of the cubic crystalline structure. This pattern was like the Bragg's reflection of pure crystalline silver. All these distinct diffraction peaks correspond to the reflection of face-centered cubic (fcc) standard silver (JCPDS, PDF#04-0783), indicated the formation of S-AgNPs. The additional peaks which appeared in XRD are possibly due to the plant bioactive compounds which get coated on to the surface of AgNPs. The XRD result is corresponding to the result in SAED. The appearance of a circular ring in SAED pattern further confirms the crystalline nature of S-AgNPs (Fig. 4b). The findings are in accordance with the previously reported work, wherein green synthesis of S-AgNPs from different plant extract has been reported [20, 21, 23].

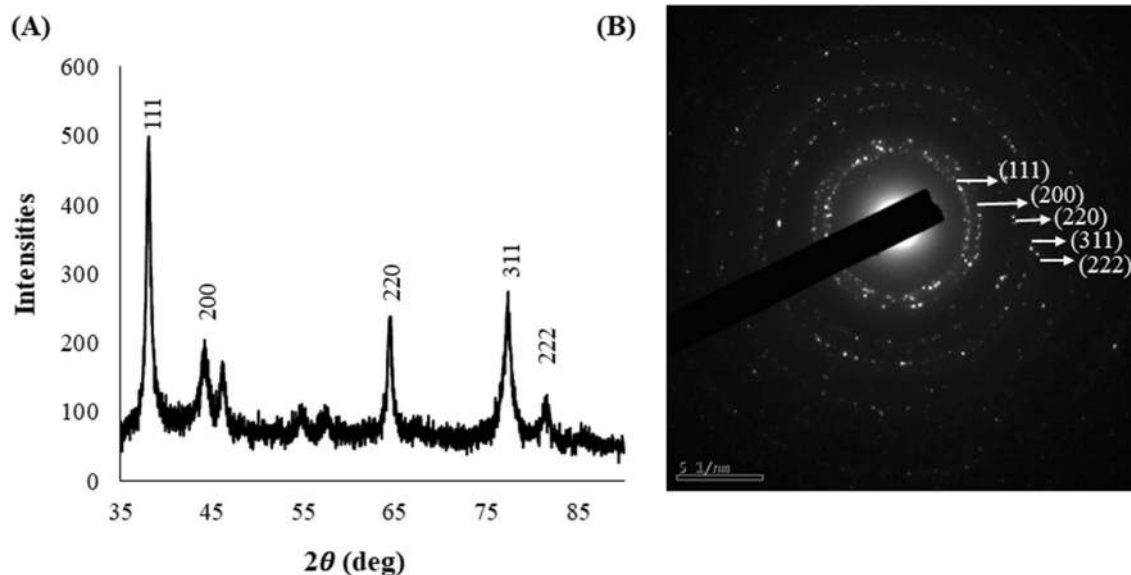


Fig. 4 XRD pattern (a) and SAED pattern of S-AgNPs (b)

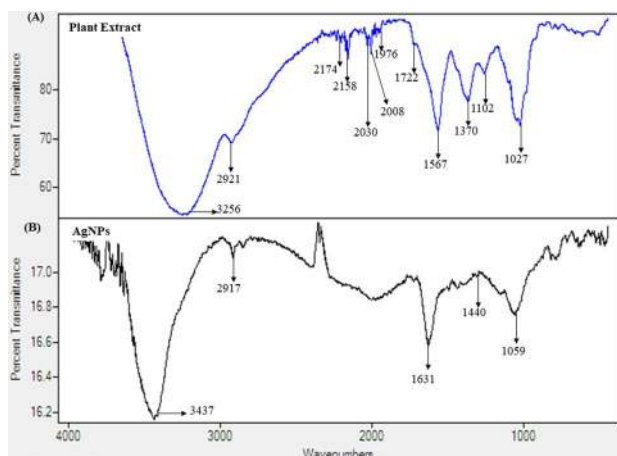


Fig. 5 FTIR spectra of *Symphytum officinale* leaf extract (a) and S-AgNPs (b)

FT-IR spectroscopy is used for characterizing chemical compounds involved in the formation of S-AgNPs. For the analysis, plant extract and S-AgNPs were used in powdered form. The spectra of plant extract and S-AgNPs were similar (Fig. 5). The peak at 3256 cm^{-1} and 3437 cm^{-1} is due to O–H vibrations. The other peak at 2921 cm^{-1} and 2917 cm^{-1} is a result of C–H stretching. In the case of plant extract, some additional peaks appeared in the region of $2000\text{--}2200 \text{ cm}^{-1}$, all of them representing C–H stretching vibration. Peaks at 1722 cm^{-1} and 1613 cm^{-1} corresponds to C=O stretching. The bands in the region $1500\text{--}1200 \text{ cm}^{-1}$ corresponds to C–H stretching vibrations, N–H bending, $-\text{CH}_3$ wagging and C–OH stretching vibrations [25]. C–N stretching of amines is at 1027 cm^{-1} and 1059 cm^{-1} . Peaks

at 814 cm^{-1} , 820 cm^{-1} , 639 cm^{-1} and 615 cm^{-1} are due to C–H stretching (aromatic) [26].

The peaks at 2174 cm^{-1} , 2158 cm^{-1} , 2030 cm^{-1} , 2008 cm^{-1} , 1976 cm^{-1} and 1722 cm^{-1} in comfrey extract were lost intensity in the S-AgNPs, which indicated the involvement of these corresponding groups during the reduction of silver to silver nanoparticles.

Effect of AgNPs on DPPH activity

UV is the main external factor that causes oxidative stress, such as ROS [27]. ROS simultaneously triggers a series of cascade reactions, eventually leads to overexpression of MMP-1 and degradation of type I procollagen, revealed in photoaging [28]. Thus, DPPH assay was used as a primary method for the selection of AgNPs which can be used for the further anti-aging study. The DPPH will be reduced by accepting the hydrogen or electron, the DPPH reducing ability of AgNPs was measured spectrophotometrically by changing the DPPH color from purple to yellow. Table S2 shows the radical inhibition percentage of all the AgNP samples at different concentrations. Among all the seven plants, AgNP synthesized from *S. officinale* (S-AgNPs) shown to have DPPH activity as a result S-AgNPs has been selected as a candidate for the further study of anti-aging. The DPPH radical inhibition by S-AgNPs is shown in Fig. 6. The free-radical inhibition activity of S-AgNPs increased in a dose-dependent manner (100 , 500 and $1000 \mu\text{g mL}^{-1}$). The free-radical scavenging activity of S-AgNPs was not as high as vitamin C (positive control), but S-AgNPs activity can be considered as good. At 100 , 500 and $1000 \mu\text{g mL}^{-1}$, the DPPH inhibition ratio of S-AgNPs were 17.8, 59.5 and

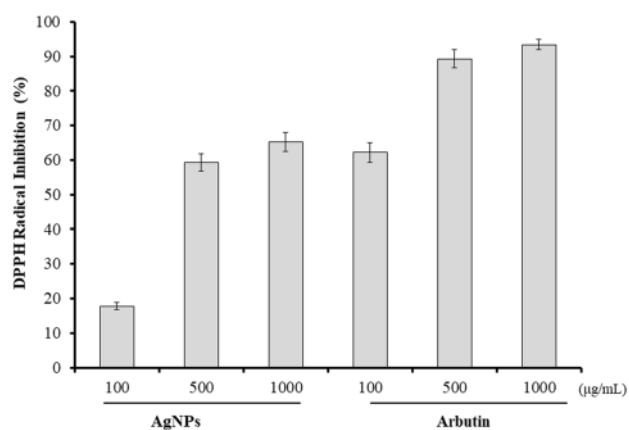


Fig. 6 DPPH free radical scavenging assay of S-AgNPs and arbutin (values are mean \pm SD of three determinations)

65.2%, respectively. The DPPH inhibition by S-AgNPs can be due to the fact that silver that acts as a good oxidant can easily lose electrons [29]. There is a possibility that the interaction of plant metabolites with metal ions during nanoparticle formation may result in free radical scavenging compounds.

Toxicity analysis of S-AgNPs

Pharmacological research indicates that solar UV irradiation plays a key role in skin carcinogenesis and photoaging [30]. Chronic solar UV irradiation results in oxidative stress, inflammation, direct and ROS-mediated DNA damage, and dysregulation of cellular signaling pathways, all of which promote skin cancer. Recently, nanoparticles synthesized from the medicinal plant have been widely reported for their anti-inflammatory, anti-cancer, anti-oxidant and antimicrobial effects [11, 31, 32]. There are very few studies showing the effect of nanoparticles on photoaging for e.g., Lee et al. [33] reported the effect of maghemite nanoparticles in protection against ultraviolet-induced photo damage in human skin fibroblasts. Solid lipid nanoparticles of *N*-6-furfuryl adenine has been reported for the protective effect against photoaging [34]. Here, we hypothesized that S-AgNPs synthesized has photoprotective ability against UVB-induced photoaging. First, MTT analysis was performed to investigate the cytotoxic effects of S-AgNPs on UVB-irradiated and non-UVB-irradiated HaCaT cells. Exposure of cells to UVB caused damage, but this was not statistically significant. S-AgNPs was non-cytotoxic to cells treated with 1, 10 and 100 $\mu\text{g mL}^{-1}$ concentrations (Fig. 7). But in the case of UVB-irradiated cells, the cytotoxicity was observed at the concentration of 100 $\mu\text{g mL}^{-1}$, the cell viability was reduced to 62%. The cell death was due to the UVB exposure. S-AgNPs were found to be non-cytotoxic to HaCaT.

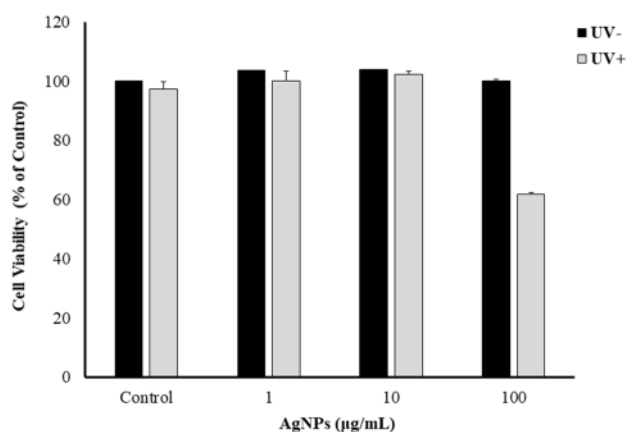


Fig. 7 Effect of S-AgNPs on cell viability of HaCaT cells. HaCaT cells were either irradiated with 100 mJ cm^{-2} or nonirradiated, and then all cells were treated with the indicated concentration of the synthesized S-AgNPs (1, 10 and 100 $\mu\text{g mL}^{-1}$) for 24 h. Data are presented as the mean \pm SD of three determination

Inhibitory effect of S-AgNPs on the production of MMP-1 and IL-6

UV stimulated the expression of pro-inflammatory cytokines and epidermal growth factors, which in turn resulted in an increase in the level of MMPs [35]. MMP is a major collagenolytic enzyme responsible for collagen damage in the UVB-irradiated human skin [27]. Reports suggested that collagen damage due to MMP is a major contributor to the photoaging of human skin [36–39]. Therefore, inhibition of MMPs is an important target of treatment in photoaging. We evaluated the effect of S-AgNPs on the secretion of MMP-1 in cultured HaCaT cells. As shown in Fig. 8a, b, UVB exposure led to an abnormal increase in MMP-1 secretion. When treated with S-AgNPs, the level of MMP-1 production started decreasing in a dose-dependent manner. HaCaT cells treated with 10 and 100 $\mu\text{g mL}^{-1}$ of S-AgNPs had 47.8% and 53.3% levels of MMP-1 secretion, respectively. Our result is in line with the previous research which showed the inhibitory effect of maghemite nanoparticles on MMP-1 secretion [33].

Interleukin (IL)-6 is a pro-inflammatory cytokine, which results in overexpression of MMPs and eventually photoaging [15]. We next tested the effect of S-AgNPs on the secretion of IL-6. Our data suggested that UVB irradiation also resulted in a severe increase of the pro-inflammatory cytokine IL-6. After, the treatment with S-AgNPs significantly calmed the activation of the IL-6 protein, which showed an inhibition rate of 17.8% and 54.4% at 10 $\mu\text{g mL}^{-1}$ and 100 $\mu\text{g mL}^{-1}$ (Fig. 8b).

UV irradiation alters the physical properties of skin including loss of type 1 collagen in dermal ECM. Because type I collagen is the main structural protein of dermal ECM,

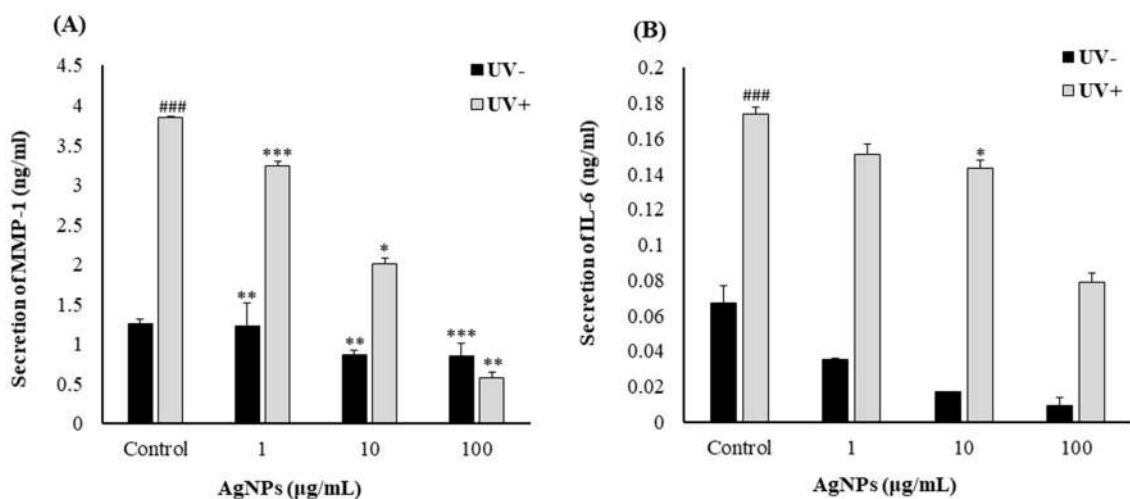


Fig. 8 Effect of S-AgNPs on UVB-induced MMP-1 (a), and IL-6 (b) secretion in HaCaT cells. HaCaT cells were either irradiated with 100 mJ cm⁻² or nonirradiated, and then all cells were treated with the indicated concentration of S-AgNPs (1, 10 and 100 µg mL⁻¹) for 24 h. Data are presented as the calculated percentage of control group

expression and are presented as the mean ± SD. ###*p* < 0.001, compared with the nonirradiated group (normal); **p* < 0.05, ***p* < 0.01, ****p* < 0.001, compared with the only ultraviolet B (UVB)-irradiated group (control)

reduction of type I collagen is considered the primary cause of skin aging [27]. In this study, we further investigated the effect of S-AgNPs on MMP-1 and procollagen type 1 mRNA expression in HaCaT cells by RT-PCR analysis. UVB irradiation significantly altered the mRNA levels of MMP-1 and

procollagen type 1. As shown in Fig. 9, there was a low basal mRNA expression of MMP-1 in non-UVB-irradiated cells. The MMP-1 mRNA level was significantly elevated in UVB-irradiated cells, compared with nonirradiated cells. Consistent with the ELISA result, in the presence of S-AgNPs

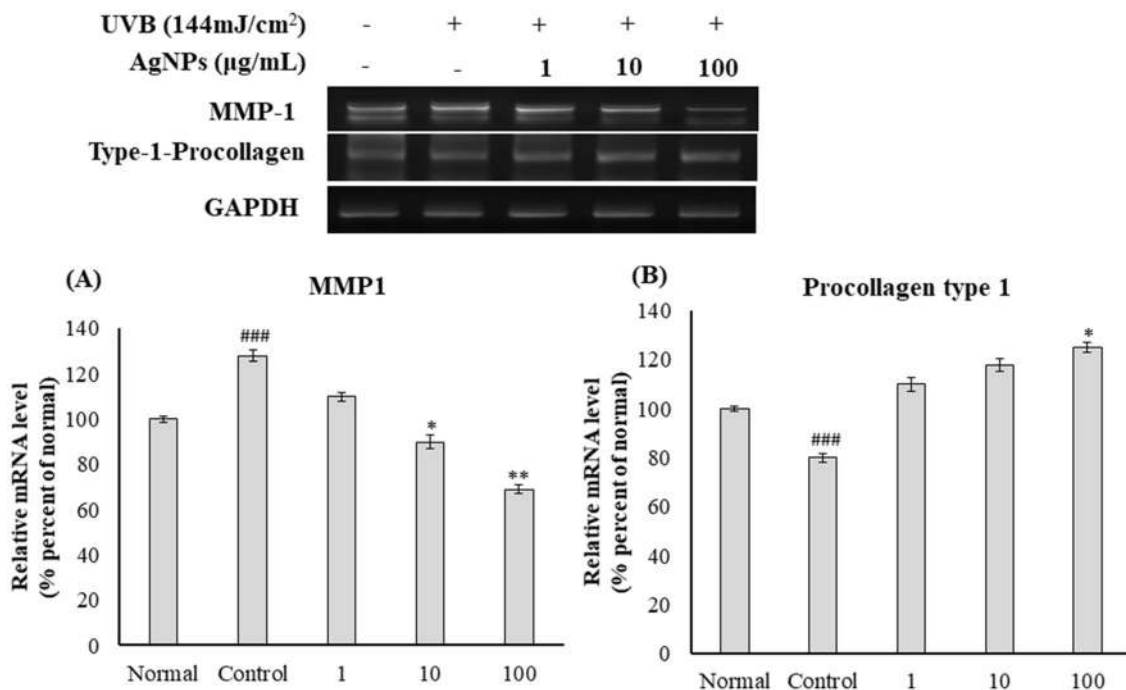


Fig. 9 Effect of AgNPs on MMP-1 (a), and procollagen type 1 (b) mRNA expression. Equimolar quantities of mRNA were quantified relative to GAPDH. Data are presented as the mean ± SD.

###*p* < 0.001, compared with the nonirradiated group (normal); **p* < 0.05, ***p* < 0.01, compared with the only ultraviolet B (UVB)-irradiated group (control)



(100 $\mu\text{g mL}^{-1}$), the MMP-1 expression was decreased to 59% of the normal value. On the contrary, the treatment with S-AgNPs (1, 10 and 100 $\mu\text{g mL}^{-1}$), promoted the expression of procollagen type I in a dose-dependent manner. Interestingly, our results suggest that S-AgNPs synthesized from comfrey suppressed UVB-induced overexpression MMP-1, IL-6 while enhancing the expression of procollagen type 1.

Conclusion

The present study demonstrated the biological synthesis of irregular-shaped S-AgNPs using *S. officinale* leaf extract. The method was fast, simple, eco-friendly and cheap. Further, the S-AgNPs prevented UVB-induced photoaging in HaCaT cells. S-AgNPs alleviated the UVB-induced skin damage by suppressing the production of MMP1 and IL-6. On the other hand, S-AgNPs increases the production of procollagen type 1. These findings suggest that S-AgNPs are a promising agent in protection against photoaging, however, further studies including in vivo needs to be done.

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