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Run-of-River hydropower and salmonids: potential effects and perspective on future research

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19 Abstract

20 The spatial footprint of individual run-of-river (RoR) hydropower facilities is smaller
21 than reservoir-storage hydroelectric projects and their impacts to aquatic ecosystems are often
22 assumed to be negligible. However, these effects are poorly understood, especially for salmonids
23 whose freshwater habitat often overlaps with RoR hydropower potential. Flow regulation for
24 RoR hydropower is unique in how it influences the seasonality and magnitude of flow diversion,
25 and because low-head dams can be overtopped at high flows. Based on a review of the primary
26 literature, we identified three pathways of effects by which RoR hydropower may influence
27 salmonids: reduction of flow, presence of low-head dams impounding rivers, and anthropogenic
28 flow fluctuations. We synthesized empirical evidence of effects of RoR hydropower on river
29 ecosystems from 31 papers, of which only ten explicitly considered salmonids. We identified key
30 research gaps including impacts of extended low flow periods, anthropogenic flow fluctuations,
31 and cumulative effects of multiple RoR projects. Filling these gaps is necessary to help manage
32 and conserve salmonid populations in the face of the growing global demand for small-scale
33 hydropower.

34 Résumé

35 L'empreinte spatiale individuelle des centrales hydroélectriques au fil de l'eau est moindre
36 que celle des centrales hydroélectriques avec réservoirs de retenues et en conséquence, leurs
37 impacts sur les écosystèmes aquatiques sont souvent considérés négligeables. Par contre, leurs
38 effets écologiques sont peu connus, particulièrement pour les salmonidés dont l'habitat en eau
39 douce coïncide souvent avec le potentiel hydroélectrique des centrales au fil de l'eau. La
40 régulation des eaux par les centrales au fil de l'eau est unique par la façon dont elle influence la
41 saisonnalité et l'ampleur de la déviation des eaux, et parce que les barrages de basse-chute
42 peuvent être submergés lors des crues. En se basant sur une revue de la littérature primaire, nous
43 avons identifié trois voies principales par lesquelles la production d'électricité par des centrales
44 au fil de l'eau peut influencer les salmonidés: la réduction du débit dans des segments de rivière,
45 la présence de barrage de basse-chute endiguant les rivières, et la création de fluctuations
46 artificielles du débit en aval des barrages et des centrales. Nous avons synthétisé les résultats
47 empiriques de 31 études portant sur les effets de la production d'hydroélectricité par des centrales
48 au fil de l'eau sur les écosystèmes lenticques, desquels seulement dix ciblent les salmonidés.
49 Finalement, nous soulignons les principales incertitudes dans les connaissances scientifiques
50 actuelles sur l'impact des centrales au fil de l'eau, liées aux périodes prolongées de bas débit, aux
51 fluctuations anthropogéniques de débit et aux effets cumulatifs de l'établissement de plusieurs
52 centrales. Comblé ces lacunes est essentiel pour gérer durablement et protéger les populations
53 de salmonidés face à la demande mondiale croissante pour de l'énergie renouvelable et à petite
54 échelle.

55

56 Introduction

57 Rivers are dynamic, disturbance-driven ecosystems, where flow plays a fundamental role
58 in structuring aquatic and riparian communities (Resh et al. 1988; Poff et al. 1997; Murchie et al.
59 2008). The natural flow regime (NFR) of rivers is defined by the magnitude, frequency, duration,
60 timing, and rate of change of flow events, each of which affect stream-dwelling aquatic
61 organisms over short-term to evolutionary timescales (Poff et al. 1997). Many anthropogenic
62 activities can alter the flow and disturbance regimes of streams, which in turn may affect the
63 survival and fitness of native species (Poff and Ward 1990; Reice et al. 1990; Strayer and
64 Dudgeon 2010). Impoundment of water by dams, either built for irrigation, flood control, or
65 hydroelectricity generation, is one of the greatest anthropogenic drivers of change to NFRs. Over
66 800,000 dams have been built worldwide since the beginning of the 20th century, collectively
67 influencing more than half of global runoff and intercepting 25% of naturally transported
68 sediment (Vörösmarty and Sahagian 2000; Jackson et al. 2001; Pittock and Hartmann 2011).
69 Storage dams retain water for extended periods in reservoirs, and subsequently release it at times
70 that can be out of phase and frequency with NFRs (Rosenberg et al. 1997; Murchie et al. 2008).
71 Such deviations from NFRs cause flow alterations that have well-documented consequences for
72 river geomorphology, continental runoff, riparian communities, and macroinvertebrate and fish
73 populations (Nilsson et al. 2005; Murchie et al. 2008; Poff and Zimmerman 2010).

74 In recent decades, small-scale hydropower production, consisting primarily of Run-of-
75 River (RoR) hydropower, has emerged as an alternative to the construction of new reservoir-
76 storage dams because of their perceived lower economic, social, and environmental costs (Postel
77 et al. 1996; Abbasi and Abbasi 2011; Anderson et al. 2014). For example, the contribution of
78 small hydropower to global power generation nearly doubled from 2001 to 2010, increasing from

79 32,000 to 45,000 megawatts (MW) (Abbasi and Abbasi 2011), as many regions have developed
80 new RoR hydropower facilities (e.g., Canada: Cyr et al. 2011; Sopinka et al. 2013; Indian
81 Himalaya: Grumbine and Pandit 2013; China: Wang et al. 2010; Thailand: Aroonrat and
82 Wongwises 2015; Africa: Chiyembekezo 2013; Central America: Anderson et al. 2006; Europe:
83 Anderson et al. 2014; Spänhoff 2014). Although no universally accepted definition exists, RoR
84 hydropower typically includes low-head diversion dams with energy output up to 25 MW
85 (Abbasi and Abbasi 2011). However, some countries like China and Canada consider facilities
86 with installed capacities less than 50 MW as small hydropower (Cyr et al. 2011; Kibler 2011).
87 Despite the increased development of RoR hydropower, there is a paucity of peer-reviewed
88 research into the effects of RoR hydropower on aquatic ecosystems in which they occur, leading
89 to knowledge gaps about the effects to aquatic species (but see Abbasi and Abbasi 2011 and
90 Anderson et al. 2014 for recent reviews). Here we provide the most comprehensive global
91 synthesis of observed and potential effects from RoR hydropower on salmonid fishes. We focus
92 our review on salmonid fishes because of their unique ecological, cultural, and economic
93 importance (Naiman et al. 2002) as well as their near-global distribution in coastal and inland
94 rivers. Based on the unique characteristics of flow diversion created by RoR hydropower, we
95 synthesized empirical peer-reviewed literature and expanded upon information from previous
96 reviews to hypothesize three main pathways of effect (e.g. altered ecological mechanisms, linking
97 causes to effects) by which RoR hydropower operations could impact salmonids: the reduction of
98 flow in river reaches, the presence of low-head dams impounding rivers, and the creation of
99 anthropogenic flow fluctuations. We evaluated the evidence in support of these pathways based
100 on a comprehensive search of the peer-reviewed literature on RoR hydropower (n = 31 empirical
101 studies), as well as relevant literature from other forms of flow regulation similar to RoR
102 hydropower. Importantly, our synthesis excludes the effects of ROR hydropower on riparian

103 ecosystems, as such effects are expected to be very similar to those produced by other industrial
104 activities (e.g. terrestrial footprint of facilities, construction of roads and powerlines, etc.) and
105 reviewed elsewhere (e.g., Smith et al. 1991; Weltman-Fahs and Taylor 2013; Abbasi and Abbasi
106 2011). The specific goals of our review are to: 1) categorize the unique characteristics of flow
107 diversion by RoR hydropower operation, 2) evaluate the support from the peer-reviewed
108 literature for three main pathways of effect on salmonid fishes, and 3) identify critical knowledge
109 gaps that can be used as priorities to guide future research. We organize the findings of existing
110 peer-reviewed studies into a framework under the NFR paradigm, and maintain a broad
111 geographic scope to maximize the extent of the synthesis. We hope these unique characteristics
112 of our review make its findings and conclusions applicable to as many contexts as possible, and
113 help focus new research on filling the highest priority knowledge gaps.

114 Methods: Literature synthesis of RoR hydropower

115 To identify peer-review literature examining the effects of RoR hydropower on salmonid
116 fishes, we searched the Web of Science and Aquatic Sciences Fisheries Abstracts databases
117 through April 2016 for combinations of the keywords: "run of river", "small hydro", "small
118 hydropower", "water diversion" crossed with the keywords "salmonid", "trout", and "fish". We
119 also used the literature cited by each paper, as well as high-quality grey literature sources (e.g.
120 Robson et al. 2011), to identify additional peer-reviewed literature related to the effects of RoR
121 hydropower on salmonid fishes. We screened the peer-reviewed papers to include only those
122 focused on RoR hydropower technology (i.e., low-head dams producing hydroelectricity), but
123 information from low-head dams build for purposes other than hydropower (e.g. irrigation,
124 municipal uses) was used to substantiate pathways where possible. We identified 47 peer-
125 reviewed studies specific to the effects of RoR hydropower, of which 31 empirical studies

126 covered impacts of RoR hydropower on fishes, invertebrates, or river habitat (Table 1, Figure 1).
127 Of these 31 empirical papers, 17 examined the effects of RoR hydropower on fish, but only 10
128 specifically addressed salmonid fishes (Table 1). A total of 14 other papers were related to
129 economics, energy policy, geopolitics, and the geography of RoR hydropower (n=9), or covered
130 related topics such as comparison between small and large dams or cumulative impacts (n=3),
131 engineering (n=1), and dam classification or removal (n=1) (Appendix 1). In addition to these
132 empirical papers, we identified two recent reviews, one focused on the history of RoR
133 hydropower technology that challenges the perception that ecological impacts are minimal
134 (Abbasi and Abbasi 2011), and a second that included a brief overview of two pathways of
135 impact by which RoR hydropower may affect the physical and ecological conditions of rivers,
136 but did not address impacts to fish or salmonids (Anderson et al. 2014). The papers included here
137 encompass a near global geography in order to compensate for the general paucity of peer-
138 reviewed studies on this topic, and to help inform our understanding of the potential effects of
139 RoR hydropower on river ecosystems using all available information.

140 Characteristics of flow diversion for RoR hydropower and interactions with salmonids

141 RoR hydropower projects can take on a variety of designs, however, the majority occur in
142 high-gradient, mountainous rivers where kinetic energy, produced from the drop of water over a
143 sharp elevation gradient, creates a hydraulic head for electricity production (Abbasi and Abbasi
144 2011; Anderson et al. 2014). High-gradient RoR hydropower projects, called high-head schemes
145 (Anderson et al. 2014), are characterized by a low-elevation dam (henceforth called low-head
146 dam) that creates an upstream impoundment (headpond) with little storage capacity (Figure 2).
147 We found that 77% of the empirical papers we reviewed focused on such hydropower schemes,
148 while 17% provided no clear description of the RoR designs (see Table 1). Low-head dams create

149 relatively small headponds with limited water storage capacity, creating the expectation that flow
150 regimes in rivers regulated by RoR hydropower will more closely mimic NFR than reservoir-
151 storage systems (Poff and Hart 2002; Shaw 2004; Kibler and Tullios 2013). Low-head dams
152 divert existing flow through intake structures into a pipe (penstock) running parallel to the river
153 for several kilometers until reaching a powerhouse where turbines are rotated to generate
154 electricity. The diversion of water from the dam to the powerhouse results in a reach immediately
155 downstream of the dam with lower than natural flows, termed the bypassed reach (also referred to
156 as the diversion reach in Canada, dewatered reach in the USA, or depleted reach in the United
157 Kingdom). Diverted water is then returned back to the river channel after passing through the
158 powerhouse. RoR hydropower operations thus result in unique forms of flow regulation when
159 compared to reservoir-storage hydropower dams or RoR dams built for purposes other than
160 hydropower (e.g., water diverted for irrigation or municipal uses), which are consequently likely
161 to influence river ecosystems in different ways.

162 The high-gradient rivers where most RoR hydropower projects are located are also often
163 the well-oxygenated, clear, and cold river habitat favoured by many anadromous and resident
164 salmonids (subfamilies Salmoninae) (Shaw 2004; Wohl 2006). Salmonid fishes exhibit a wide
165 range of life history strategies, some of which are more likely than others to be sensitive to the
166 effects of RoR hydropower (Table 2). Overall, low-head dams have the potential to impede the
167 completion of salmonids life cycles through two primary mechanisms: blocking movement and
168 migration among important habitats, or by chronic exposure to reduced or more variable flows
169 within the footprint of RoR hydropower. For example, anadromous salmon species with life
170 histories requiring long-distance freshwater migrations through high order streams, like steelhead
171 (*Onchorhynchus mykiss*) and Atlantic (*Salmo salar*) salmon, may be especially vulnerable to

172 encountering barriers from dams along their long migrating journey. Salmonids with resident life
173 histories like rainbow (*O. mykiss*) and brook trout (*Salvelinus fontinalis*) that spend the entirety of
174 their lives in freshwater and do not undergo extensive freshwater migrations, are more likely to
175 be vulnerable to the effects of chronic exposure to RoR hydropower. Salmonids like adfluvial
176 and fluvial Bull Trout (*S. confluentis*) that both undergo extensive freshwater migrations and
177 spend large portions of their lives in higher order streams are likely to be among the most
178 vulnerable salmonids to barriers to migration and chronic exposure to RoR hydropower. In
179 contrast, the short residence time in freshwater and shorter freshwater migrations of pink (*O.*
180 *gorbuscha*) and chum (*O. keta*) salmon make them potentially the least vulnerable to impacts
181 from RoR hydropower (Table 2). Other species like Chinook salmon (*O. tshawytscha*) tend to
182 spawn in larger systems less likely to be impacted by RoR low-head dams. Overall, the overlap
183 between RoR hydropower operations and salmonid habitats only provides a basis for possible
184 negative consequences to salmonid fishes. Our review of pathways below highlights the many
185 knowledge gaps remaining about the relative vulnerability of salmonids to flow diversion by RoR
186 hydropower.

187 Changes to natural hydrographs due to RoR hydropower operations are expected to vary
188 by reach (upstream, downstream, and bypassed) in rivers influenced by RoR hydropower. The
189 creation of headponds inundates riparian areas and fundamentally interrupts the NFR in reaches
190 immediately upstream of low-head dams by reducing flow variability, velocity, and turbulence,
191 and increasing the deposition of fine sediment (Csiki and Rhoads 2010; Butler and Wahl 2011).
192 Such changes in physical habitats can lead to impacts on riverine ecosystems by reducing water
193 quality and altering the abundance, richness, and composition of periphyton, invertebrate, and
194 fish assemblages (Santucci et al. 2005; Mueller et al. 2011; Anderson et al. 2014). In contrast, the

195 flow regime in reaches downstream of RoR powerhouses is expected to be the most similar to the
196 NFR since water diverted for power generation is returned to rivers after passing through turbines
197 (Poff and Hart 2002; Kibler and Tullos 2013; Senay et al. 2016). Nonetheless, the return of water
198 at the tailrace may have a hydraulic impact on benthic macroinvertebrate composition (Anderson
199 et al. 2015) or fish as a result of dissolved gas super-saturation (Weitkamp and Katz 1980). RoR
200 hydropower operations are expected to cause the greatest changes to the NFR in bypassed
201 reaches, where a proportion of flow is removed for power production. The amount of flow
202 removed can vary widely depending on national, regional, or local regulations (e.g. up to 100% in
203 some systems in China, Kibler and Tullos 2013, or the Czech Republic, Kubečka et al. 1997) or
204 the time of year. The degree of flow alteration in bypassed reaches can be especially pronounced
205 during seasonal periods of low to moderate natural flows, when the amount of water diverted by
206 RoR hydropower operations translates into the highest proportion of flow removed from the
207 channels. For example, up to 97% of the natural flow was diverted for RoR hydropower during
208 fall, winter, early spring, and late summer months in some snow-dominated watersheds of
209 western Canada or during dry fall, mid-summer, and winter months in rainfall-runoff dominated
210 mountainous areas of China (Figure 3). Diverting the highest proportion of flow during periods
211 of low flow results in large changes to the frequency, duration, timing, and magnitude of low
212 flows in bypassed reaches compared to natural conditions (Ovidio et al. 2008; Kibler and Tullos
213 2013). In contrast, during seasonal periods of high natural flows (and episodic high flow events),
214 bypassed reaches downstream of RoR hydropower dams more closely match the NFR because
215 headponds have limited water storage capacity (Poff and Hart 2002) and withdrawals for power
216 production are proportionally smaller. For example, the proportion of flow removed during late
217 spring and early summer months only equals 6-30% of discharge during high flows in the snow-
218 dominated watersheds of Northwestern Canada or rainfall-runoff dominated mountainous areas

219 of China (Figure 3). Seasonal alterations to the NFR by RoR hydropower operations, in addition
220 to the physical barrier presented by low-head dams, in turn affect physical and geomorphic
221 characteristics of rivers that are important for salmonid fishes.

222 A large amount of literature documents changes in water quality, habitat quantity, and
223 geomorphology in rivers downstream of reservoir-storage hydropower systems (reviewed by Poff
224 and Zimmerman 2010). Though evidence in the peer-reviewed literature specific to RoR
225 hydropower is more limited ($n = 31$), it suggests water quality, habitat quantity, and
226 geomorphology can also be affected by RoR hydropower operations (Kubečka et al. 1997; Baker
227 et al. 2011; Nislow and Armstrong 2012; Bilotta et al. 2016). Changes to NFR following
228 diversion of flow can affect water quality mainly through changes to temperature regimes, pH,
229 and dissolved oxygen (Valero 2012). Changes to NFR also alter channel hydraulic, sediment
230 transport, and geomorphology downstream of low-head dams. Such changes to water quality and
231 physical habitat in turn diminish habitat quality, quantity, and diversity for fishes (Baker et al.
232 2011; Fuller et al. 2016). The diversion of flow for RoR hydropower, and subsequent changes to
233 water quality and physical habitats in bypassed reaches, therefore constitutes the first pathway of
234 effect by which RoR hydropower has the potential to influence salmonids. We further consider
235 two additional pathways of effect based on other characteristics of RoR hydropower: the presence
236 of low-head dams (Pathway 2), and anthropogenic flow fluctuations due to the diversion of water
237 (Pathway 3). The three pathways of effect are described below, where we draw upon the
238 empirical evidence from the peer-review literature specific to RoR hydropower to support
239 hypothesized mechanisms of impact for salmonid fishes.

240

241 *Pathway 1: Reduction of flow in the bypassed reach*

242 The effects of flow diversion on water quality and habitat quantity in bypassed reaches
243 were reported in 24 studies specifically focussed on RoR hydropower (Figure 2), although only
244 10 directly report consequences for salmonids (Table 1). Consequences for fish ranged from
245 shifts in species assemblages and age composition, to declines in biomass and density. For
246 example, in the bypassed reaches of 20 out of 23 RoR hydropower systems surveyed in the
247 Czech Republic, water diversion by RoR hydropower dams was found to cause a shift in fish
248 assemblages from large- to small-bodied species, as well as a decline in individual weight and
249 biomass (Kubečka et al. 1997). Those systems that diverted more than half the average annual
250 discharge saw decreases in fish biomass of over 60% (Kubečka et al. 1997). Similarly, low flows
251 generated by RoR hydropower were associated with a decrease in adult trout densities in 7 out of
252 11 bypassed reaches studied in France (Sabaton et al. 2008), as well as declines of 42-53% in the
253 biomass of brown trout and shifts in size and age composition from adults to juveniles over four
254 years in a bypassed reach in Belgium (Ovidio et al. 2008). The operation of RoR hydropower
255 plants also lead to small decreases in species richness in several rivers in the UK (Bilotta et al.
256 2016). Below we outline the main mechanisms by which declines in flow may lead to declines in
257 salmonid biomass, density, and changes in size structure in bypassed reaches of rivers regulated
258 by RoR hydropower.

259 The diversion of flow for the production of electricity has led to documented changes to
260 water quality parameters including dissolved oxygen, pH, conductivity, invertebrate
261 communities, and temperature regimes in bypassed reaches of rivers regulated by RoR
262 hydropower. In general, changes to water quality parameters were small, and frequently studies
263 offered opposite conclusions as to the direction and magnitude of effects, especially for water

264 temperature and macroinvertebrates communities. For example, Valero (2012) recorded short-
265 term increases in pH as well as declines in dissolved oxygen and conductivity in the bypassed
266 reach of a RoR hydropower project in Spain. However, slightly lower average pH and variable
267 conductivity were noted in bypassed reaches in China (Zhou et al. 2009; Wu et al. 2010a; Wu et
268 al. 2012). Empirical evidence of the effects of flow reduction on water temperature in bypassed
269 reaches is also mixed. The factors influencing stream temperatures are a complex mix of external
270 drivers and internal stream dynamics (Poole and Berman 2001), and reducing flow in a river
271 reach has the potential to lead to warmer and more variable stream temperature regimes. Studies
272 conducted in bypassed reaches of rivers with RoR hydropower dams report slight increases in
273 water temperature in Spain (Valero 2012), USA (McManamay et al. 2015), and China (Fu et al.
274 2008; Zhou et al. 2008; Zhou et al. 2009; Wu et al. 2010a; Wu et al. 2012), but no significant
275 differences between bypassed and upstream reaches in Portugal (Jesus et al. 2004). Low flows
276 during dry and hot seasons, however, triggered markedly warmer temperatures in bypassed
277 reaches (~1-3C) compared to upstream reaches in Costa Rica (Anderson et al. 2006) and the
278 Czech Republic (Kubečka et al. 1997), and compared to water temperature immediately
279 downstream in China (~5-6C, Wu et al. 2010b). Finally, primary producers like diatoms were
280 adversely affected in bypassed reaches in China (Wu et al. 2010b; Wu et al. 2012), while one
281 study points out that significant differences in algal community composition between upstream
282 and bypassed sites appeared only after two years of operation (Wu et al. 2009). In addition,
283 macroinvertebrates and zooplankton were also affected, with for example decreases in species
284 richness and abundance of benthic macroinvertebrates of up to 38% and 54%, respectively, in
285 Sweden (Englund and Malmqvist 1996), decreases in biomass, density and richness of
286 macroinvertebrates in Portugal (Jesus et al. 2004) and China (Fu et al. 2008), and decreases in
287 density of zooplankton during low flow months in China (Zhou et al. 2008). Conversely, other

288 studies in bypassed reaches of RoR hydropower systems documented increases in benthic diatom
289 richness, likely due to a relaxation of predation pressure from macroinvertebrates and creation of
290 habitat more favorable to algal growth at lower flows (Wu et al. 2010b). In other cases, no
291 conclusive evidence of effects, positive or negative, on macroinvertebrate biomass or density
292 have been observed in bypassed reaches (Kubečka et al. 1997; Sabaton et al. 2008). Despite such
293 empirical evidence of changes to water quality parameters in bypassed reaches of RoR
294 hydropower, neither the factors influencing these changes nor consequences for fish have been
295 clearly identified in the studies reviewed. For example, of all the studies reporting on changes to
296 water temperatures, pH or conductivity, only three (Anderson et al. 2006; Kubečka et al. 1997;
297 Valero 2012) report on the size of the rivers (small to medium), the length of bypassed reaches
298 (0.05 to 4 km), or the amount of flow diverted (59-100%) (Table 1). Details about designs and
299 river characteristics are equally sparse in the studies reporting changes to invertebrates
300 assemblages (Table 1). Such limited details about ecological context and RoR hydropower design
301 on rivers where studies were conducted limit the opportunity to suggest why some studies would
302 note increases in water quality parameters while others do not. We can nonetheless hypothesize
303 that changes to water quality, temperature, and invertebrates are likely to affect fish habitat and
304 food supply.

305 The magnitude of changes to water quality parameters noted in peer-reviewed literature
306 specific to RoR hydropower are generally small in magnitude, and so their effects on salmonids
307 remains unclear. Of all water quality parameters discussed above, alterations to temperature have
308 the highest likelihood of significantly impacting cold-water species like salmonids (McManamay
309 et al. 2015) since even small changes to water temperature regimes (e.g. 0.6°C) have the potential
310 to directly affect metabolism and growth of poikilotherm fishes like salmonids (Beakes et al.

2014). In general, higher temperatures increase metabolic rates and potential for growth up to the thermal optimum, beyond which increases in water temperature are physiologically detrimental to fish and can lead to death (Brett 1995). Below the thermal optimum, increases in growth with temperature are only possible when food or other resources are not limiting (Bryant 2009; Taylor and Walters 2010). If food consumption decreases while water temperatures increase, fish experience higher metabolic costs that may lead to slower growth and later maturation (e.g., Van Poorten and McAdam 2010), or declines in total biomass (Beakes et al. 2014). The most important characteristic of RoR hydropower for temperature regimes in bypassed reaches may be the seasonality of flow diversion, and its consequence for water temperature, and ultimately, salmonids. For example, diverting proportionally more flow during periods of naturally low flows may accelerate the timing and increase the magnitude of warming in bypassed reaches of RoR hydropower systems during spring and summer. These periods of accentuated low flow in spring and summer also correspond to important times for spawning, incubating or rearing salmonids (Table 2). As found by studies conducted in reservoir-storage systems and in unregulated rivers, increased temperatures coinciding with low flows have the potential to change the timing of spawning migrations and interspecific interactions (e.g., Freeman et al. 2001; Bendall et al. 2012; Malcolm et al. 2012), reduce survival of smolts before and during migrations (Nislow and Armstrong 2012), and make fish more vulnerable to pathogens (Crozier et al. 2008; Mantua et al. 2010). Additionally, these extended periods of low flow can reduce water quality, limit movement of nutrients and sediment, and increase competition and predation (Lake 2000; Bradford and Heinonen 2008; Walters and Post 2011). In contrast, during winter months, reduced flows may decrease water temperature and increase the occurrence of frazil ice (i.e. ice anchored to the stream bottom) and freeze-thaw cycles, potentially leading to mortality of salmonid eggs by reducing oxygen concentrations, and of fry by damaging gill tissues (Bradford 1994; Bradford

335 and Heinonen 2008). Though the consequences of low flows and changes to water temperature
336 regimes observed in reservoir-storage systems and unregulated rivers may also manifest in
337 bypassed reaches of rivers regulated by RoR hydropower, the magnitude of the differences in
338 temperature experienced in bypassed reaches following flow diversion is poorly documented and
339 so should be established more clearly and rigorously by future research and monitoring. As the
340 River Continuum (Vannote et al. 1980) and Serial Discontinuity concepts (Ward and Stanford
341 1983) predict, natural gradients in abiotic parameters like temperature exist from headwaters to
342 mouths of river systems. Control-impact comparisons between upstream and bypassed reaches
343 can thus potentially confound water quality changes due to diversion of flow with the natural
344 longitudinal changes through watershed networks. Comparisons to conditions before diversion of
345 flow, or in reaches of similar order and network position, are thus needed to rigorously quantify
346 the magnitude of changes to water temperature and other water quality parameters after flow
347 diversion, and understand their consequences for metabolism, growth, and population dynamics
348 of salmonids.

349 The second mechanism by which a reduction in flow from RoR hydropower operations
350 could impact fish is through a reduction in habitat quantity and diversity (Anderson et al. 2006;
351 Baker et al. 2011; Mueller et al. 2011). Overall, the literature demonstrates that the diversion of
352 flow in streams reduces the depth and velocity of water in bypassed reaches, which generally lead
353 to a decline in habitat quantity and quality, and in turn, a decline in fish biomass and density. For
354 example, declines in the number of habitats due to reductions in flow was linked to a shift
355 towards small-bodied fish species observed in several rivers regulated by RoR hydropower in the
356 Czech Republic, in part because of increases in predation on larger-bodied fish species (Kubečka
357 et al. 1997). Declines in European grayling (*Thymallus thymallus*) biomass of 76% and declines

358 in proportions of adults in the population were associated with reductions in preferred deep and
359 fast water habitats (Ovidio et al. 2008), a pattern also observed with reductions of rainbow and
360 brown trout abundances in a bypassed reach in Chile (Habit et al. 2007). Lower densities of
361 brown trout were found when greater amounts of water were diverted from bypassed reaches in a
362 long-term study (Gouraud et al. 2008). Most of these systems appear to be in rather small,
363 headwater rivers, with long bypassed reaches that diverted a high proportion of water during most
364 of the year (Table 1). However, reduced flows in bypassed reaches were found to temper some
365 negative effects of natural flooding events by reducing the mortality of emerging rainbow and
366 brown trout fry in similar rivers in France (Capra et al. 2003; Gouraud et al. 2008). The potential
367 for negative impacts of natural high spring or summer discharges on trout fry is further supported
368 by studies on the influence of hydrological and biotic processes on the population dynamics of
369 brown trout in France (Cattanéo et al. 2002), and on steelhead population dynamics in snowmelt-
370 driven rivers of western Canada (Smith 2000). Anthropogenically-created lower flows can also
371 reduce the metabolic costs of foraging and maintaining position for fish, thus increasing the
372 amount of energy available for growth, as has been shown in reaches downstream of large
373 reservoir-storage hydropower (Cleary et al. 2012). However, other research conducted in
374 reservoir-storage systems supports the idea that reduced habitat availability due to lower flows
375 downstream of reservoir-storage dams result in short-term increases in fish densities,
376 subsequently leading to increases in competition among and within salmonid life stages, and
377 increased susceptibility to disease (Bradford 1994; Nislow and Armstrong 2012).
378 Geomorphically, lower flows can also reduce the frequency, diversity, and quantity of
379 microhabitats including gravel bars, side channels, and pools which are important for salmonid
380 spawning, overwintering and rearing, as well as for refugia during extreme flow events like
381 floods or droughts (Sedell et al. 1990; Bonneau and Scarnecchia 1998; Walters and Post 2008).

382 In many countries and jurisdictions, mitigation measures for RoR hydropower operation, such as
383 requiring minimum instream flows, are mandated to minimize the potential impacts of reduced
384 flows on fish and fish habitat in RoR hydropower systems (e.g., France, Gouraud et al. 2008;
385 Portugal, Santos et al. 2006; Sweden, Renöfält et al. 2010; for more information, see review by
386 Anderson et al. 2014). In some cases, river systems with a highly modified NFR, but observing
387 the required minimum flows (3-12% of natural flow) in reaches downstream of reservoir-storage
388 and low-head dams, were able to maintain highly productive trout and invertebrate populations
389 (Jowett and Biggs 2006). Unfortunately, only half of the empirical papers on effects of RoR
390 hydropower that we reviewed mentioned the presence or absence of mitigation measures (n=16),
391 and none of them discussed their results in light of the mitigation measures used, which prevents
392 us from drawing stronger inferences about their effectiveness. Ultimately, the consequences of
393 flow reductions in bypassed reaches downstream of RoR dams are likely to be highly dependent
394 on the systems in which they occur. Bypassed reaches in fast flow, flashy systems may benefit
395 from a decline in discharge and velocity because it would increase the amount of habitat available
396 to fish during medium to high flows. On the other hand, the opposite may be true for lower
397 gradient, more meandering rivers where a reduction in flow may limit the amount of habitat
398 available to fish.

399 *Pathway 2: The presence of low-head dams*

400 A total of 13 peer-reviewed papers reported on the consequences of low-head dams in the
401 context of RoR hydropower, ranging from fish entrainment in intake structures, to barriers to
402 migration and habitat fragmentation, and effects on geomorphology and sediment transport
403 (Figure 2, Table 1). Despite the limited peer-reviewed literature dedicated specifically to RoR
404 hydropower, the potential for fish entrainment in infrastructures generating RoR hydropower is

405 clear. Similar to reservoir-storage hydropower systems (Skalski et al. 2002), the intake structures
406 of RoR hydropower projects may entrain fish in the penstock or turbines, leading to injury and
407 mortality (Kubečka et al. 1997). Mortality rates following entrainment in intake structures of
408 RoR hydropower dams increase with fish size (Kubečka et al. 1997), hydraulic head, the number
409 of blades, and varies by turbine type (on average, 100% in Pelton turbines, 5-90% in Francis
410 turbines, and 5-20% in Kaplan turbines; (Larinier 2008). Turbine mortality is inversely related to
411 RoR hydropower plant size, because smaller capacity plants often contain small turbines that
412 rotate faster than those in larger plants (Larinier 2008). The magnitude and seasonality of flow
413 diversion by RoR hydropower may also affect fish entrainment in RoR hydropower intake
414 structures. For example, fry in reaches upstream of RoR hydropower intakes may be at higher
415 risk of entrainment during periods of naturally high flows that often coincide with when fry
416 emerge (Table 2). Research conducted in reaches immediately downstream of reservoir-storage
417 dams has documented increased mortality from predation due to disorientation or loss of
418 equilibrium following entrainment (Čada 2001; Barnthouse 2013). The potential for similar sub-
419 lethal effects of entrainment through the intake structures specific to RoR hydropower warrant
420 investigation, especially given their long penstocks which may increase negative consequences of
421 entrainment for fish compared to reservoir-storage systems. Finally, entrainment of invertebrates
422 through RoR hydropower intake structures is also likely and may be accentuated at low flows,
423 given empirical evidence noted from RoR dams built to supply water for municipal uses where
424 up to 100% of drifting shrimp larvae were entrained at low flows (Benstead et al. 1999). Overall,
425 the potential for fish entrainment through RoR hydropower structures is substantial and
426 additional investigations specific to RoR operations are warranted.

427 The low-head dams associated with RoR hydropower can act as barriers to upstream and
428 downstream movements of fishes (Santucci et al. 2005; Habit et al. 2007; Santos et al. 2012) and
429 fragment river networks (Vannote et al. 1980). Many RoR hydropower dams have fish passage
430 structures to restore upstream, but not downstream, migrations, however their efficiency in
431 passing fish is highly variable (Kubečka et al. 1997; Santos et al. 2012). For example, the
432 presence of 15 consecutive RoR dams in a single river in the USA blocked upstream migrations
433 of up to a third of local fish species, leading to species being present only in the upper or lower
434 sections, but not in the central regions of the river where most of the dams were concentrated
435 (Santucci et al. 2005). Another study in France found that only 16 out of 30 (53%) fish passage
436 structures at RoR hydropower dams allowed migrating individuals to move upstream without
437 delays (Larinier 2008), and a study in Portugal found that 8 out of 18 (44%) fish passage
438 structures allowed fish passage between bypassed and upstream reaches (Santos et al. 2006). In
439 contrast, downstream migrations are expected to be less affected since RoR dams are generally
440 low-elevation and passable at high flows, provided that entrainment does not occur and passage
441 over the dam is not traumatic for fish (Anderson et al. 2006; Boubée and Williams 2006; Larinier
442 2008). For example, neither the relative abundance, richness, nor diversity of fishes differed
443 between upstream and bypassed reaches in 18 RoR hydropower systems studied in Portugal,
444 despite the fact that 55% of the dams had unsuitable fish passage structures, suggesting that
445 downstream migrations of migratory species at high flows might be occurring (Santos et al.
446 2006). Furthermore, indicators of community composition like species richness and fish
447 abundance were not statistically different between control and impacted sites in several rivers
448 regulated by RoR hydropower in the UK (Bilotta et al. 2016). However, large uncertainties
449 remain regarding impacts of low-head dams on downstream fish movements that do not coincide
450 seasonally with high flows. Nevertheless, the artificial disruption of longitudinal connectivity by

451 RoR dams is akin to terrestrial habitat fragmentation, and can affect the composition of fish
452 assemblages by favoring more generalist species (e.g., Santucci et al. 2005; Anderson et al. 2006)
453 or disfavoring small or benthic species unable to pass dams (Habit et al. 2007). RoR hydropower
454 dams are often located in high gradient streams that tend to support relatively small salmonid
455 populations, and habitat fragmentation as a result of impassable barriers may also increase the
456 potential for genetic drift or reduce population viability. Small populations are generally at higher
457 risk of adverse consequences from genetic drift, including inbreeding depression and increased
458 vulnerability to environmental stress and stochasticity (Altukhow *et al.* 2000; Heggenes and
459 Røed 2006; Lucas et al. 2009). Overall, the potential for habitat fragmentation due to the
460 presence of low-head RoR dams represents a substantial threat to salmonid populations, which all
461 undertake migrations between spawning, rearing and overwintering habitats.

462 Finally, RoR hydropower dams may act as discontinuities in the geomorphology of
463 rivers, affecting the natural transport of sediment and organic matter in streams (Fuller et al.
464 2016), and in turn, the quality and quantity of fish habitat. Low-head RoR hydropower dams and
465 the presence of headponds create conditions that are likely to interrupt the NFR and natural
466 longitudinal connectivity of rivers, but the fact that low-head dams often become overtopped at
467 high flows may compound the magnitude of the geomorphologic disruptions. Evidence suggests
468 that RoR dams and headponds temporarily store sediments, and therefore alter the timing and
469 size of sediment delivered to the bypassed and downstream reaches compared to NFR (Kibler
470 and Tullos 2013; Fuller et al. 2016). RoR hydropower dams may also intercept different forms of
471 organic matter including coarse woody debris. Coarse woody debris is a key component of fish
472 habitat as it promotes the formation of pools, limits erosion, and provides cover and refugia
473 (Sedell et al. 1990; Mossop and Bradford 2004). Comparisons between bypassed and upstream

474 reaches of low-head RoR dams found higher levels of fine sediment and significantly slower
475 water velocity in 13 bypassed reaches, as well as significant differences between upstream and
476 bypassed reaches in 32 of 41 hydraulic variables (Baker et al. 2011). Based on their modelling
477 results, Baker et al. (2011) also concluded that small, low-gradient streams with smaller-sized
478 substrate were more susceptible to fine-sediment accumulation than large streams. However, RoR
479 dams that are regularly overtopped at high flows are expected to experience fewer discontinuities
480 in the morphological and sediment size distribution of stream channels (Kondolf 1997; Kibler
481 and Tullos 2013; Csiki and Rhoads 2013). The proportion of flow diverted is also of importance
482 for the transport of sediments. For example, (Morris 1992) found that the diversion of less than 2
483 m^3s^{-1} (< 8% of annual peak flood) of water for hydroelectricity production did not affect the
484 transport of spawning size gravel in a salmonid stream, given the considerably higher discharge
485 left in the bypassed reach. Beyond the uncertainties regarding how sediment transport is affected
486 downstream of RoR hydropower dams, higher fine sediment deposition as well as coarsening of
487 substrates are expected to generate negative effects for salmonids. For example, new research
488 shows that grain-size coarsening downstream of powerhouses could degrade salmonid habitat in
489 RoR hydropower systems, particularly in streams with naturally high sediment supply rates
490 (Fuller et al. 2016). Based on literature from manipulative experiments, higher fine sediment
491 embeddedness will often induce a shift in invertebrate assemblages from drifting to burrowing
492 taxa, resulting in reduced food supply for resident salmonids, and higher feeding costs (Suttle et
493 al. 2004). Higher embeddedness can also clog spawning gravel, reducing the survival of
494 overwintering eggs and alevins (Kondolf 1997), and affect primary production by decreasing
495 diatom richness and diversity (Wu et al. 2009). For example, experimental increases in deposited
496 fine sediments in shallow riffles led to up to 90% lower rainbow trout survival attributed to the
497 decline in overall riverine habitat complexity and increased predation (Harvey et al. 2009). We

498 conclude that fish entrainment, habitat fragmentation, and alteration to geomorphology and
499 sediment transport induced by the presence of low-head dams all have the potential to negatively
500 affect salmonids. The fact that RoR hydropower dams may be overtopped at high flows has the
501 potential to mediate the severity of some of these impacts, but the absence of published research
502 makes such determinations impossible at present.

503 *Pathway 3: Anthropogenic Flow Fluctuations*

504 We found only one peer-reviewed paper (Almodóvar and Nicola 1999) that evaluated the
505 potential for flow fluctuations downstream of RoR hydropower dams to impact fishes (Figure 2,
506 Table 1). However, the operation of RoR hydropower dams has the potential to create
507 anthropogenic variations in flow in both bypassed and downstream reaches of rivers where they
508 operate. Rapid fluctuations in flow downstream of dams and powerhouses in RoR hydropower
509 systems may occur as a result of intentional increases or decreases in the proportion of stream
510 flow diverted to turbines to optimize electricity production, or because of emergency shutdowns
511 or operational malfunctions that unexpectedly halts the diversion of water. Because headponds
512 have no water storage capacity, changes in the amount of water diverted for RoR electricity
513 generation are quickly propagated downstream as flow fluctuations in both the bypassed and
514 downstream reaches. However, the potential effects of flow fluctuations on river ecosystems and
515 salmonids differ in bypassed and downstream reach. As the amount of stream flow diverted to
516 RoR turbines decreases, the amount of water rerouted to the bypassed reach increases rapidly,
517 while flow released at the tailrace of the powerhouse is reduced. The reduction of flow at the
518 tailrace causes a temporary decrease in flow in the downstream reach, lasting until the rerouted
519 water travels through the bypassed reach and reaches the powerhouse. The drop in flow
520 downstream of powerhouses depends on site-specific characteristics including channel

521 confinement, substrate type, and bathymetry, as well as characteristics of the RoR hydropower
522 facilities, including the length of the penstock and the presence of mitigating structures like
523 turbine bypass valves (Hunter 1992 in Bell et al. 2008).

524 Rapid anthropogenic fluctuations of flow in bypassed and downstream reaches have the
525 potential to create negative consequences for fish ranging from unintentional downstream
526 displacement, to increased stress and mortality. We found only a single study from the peer-
527 reviewed literature, which reported that fluctuations in flow downstream of a small RoR
528 diversion dam in Spain (diverting 85 to 100% of the seasonal discharge) lead to an average
529 change in stage of 30 cm over minutes (Almodóvar and Nicola 1999). These frequent fluctuations
530 in flow caused declines of brown trout density (-50%) and biomass (-43%), displacement of 0+
531 trout, and no change to macroinvertebrates in the first year following flow diversion (Almodóvar
532 and Nicola 1999). In reservoir-storage systems, rapid increases in flow have also been associated
533 with the downstream displacement of juvenile trout, increased energetic costs for fry, and
534 scouring of redds (Harby and Halleraker 2001; Nislow and Armstrong 2012). Conversely, rapid
535 decreases in flow can lead to a decrease in stage in downstream reaches that can strand fish on
536 rapidly dewatered channel margins, or trap fish in disconnected side channels and isolated pools.
537 Data from an unregulated montane stream in the USA Pacific Northwest show that natural
538 fluctuations in stage rarely exceeded 5 cm per hour (Hunter 1992 in Bell et al. 2008), while
539 frequent declines in river stage of 80-90 cm over 10 minutes were reported downstream of a
540 reservoir-storage dam in Norway (Hvidsten 1985). Fish stranding or isolation in side channels
541 may in turn lead to negative effects on survival, biomass, density, or fitness, as reported in studies
542 from reservoir-storage systems (Young et al. 2011; Nagrodski et al. 2012; Senay et al. 2016).
543 Given the limited research that has specifically sought to understand the consequences of

544 anthropogenic flow fluctuations in RoR hydropower systems, large uncertainties remain about
545 how their effects differ from those documented downstream of reservoir-storage systems where
546 most peer-reviewed research has occurred.

547 RoR hydropower operations produce artificial fluctuations in flow that are likely to pose
548 risks to salmonids that differ from those posed by large dams and reservoir-storage systems. For
549 example, periods of natural low flow are often when RoR hydropower operations divert the
550 highest proportion of flow, or create frequent fluctuations from practices called ‘flow cycling’, by
551 which water is temporarily stored in penstocks to generate power for short periods of time
552 (Hunter 1992 in Bell et al. 2008). These periods often coincide with the presence of newly
553 emerged salmonid fry. Salmonid fry are likely to be the most vulnerable life history stage to the
554 negative effects of anthropogenic flow fluctuations as they have limited swimming capacities and
555 inhabit low-velocity, shallow habitats that are highly susceptible to dewatering (Bell et al. 2008;
556 Korman et al. 2011). Flow fluctuations during natural low flow periods may also reduce the
557 availability of salmonid rearing habitats, as well as interfere with spawning of anadromous and
558 resident salmonids downstream of powerhouses (Nagrodski et al. 2012). Besides their timing, the
559 frequency and magnitude of anthropogenic flow fluctuations from RoR operations have the
560 potential to generate impacts to salmonids. For example, even small, but repeated, flow
561 fluctuations were found to decrease the feeding time, growth, and survival of fish (Young et al.
562 2011). In addition, small but frequent anthropogenic fluctuations in flow have also been found to
563 reduce fish density and biomass when compared to infrequent but large fluctuations generated by
564 storage-reservoir hydropower in Canada (Senay et al. 2016). These findings may be particularly
565 relevant for RoR hydropower systems which can create more frequent pulses in flow compared to
566 reservoir storage hydropower due to the lack of water storage in headponds, and wider magnitude

567 fluctuations during low flow seasons. Overall, how seasonal low flow periods and anthropogenic
568 flow fluctuations interact to influence salmonid survival and growth in bypassed and downstream
569 reaches of rivers regulated by RoR hydropower remains largely unknown. However, the potential
570 for fluctuating flows to perturb fish habitat, induce fry mortality, and increase stress and activity
571 costs for salmonids suggest that anthropogenic flow fluctuations are likely to be important for
572 salmonid populations.

573 Avenues for Future Research

574 As highlighted by our literature search, published empirical research on the impact of
575 RoR hydropower on the ecology of river ecosystems (n=31 peer-reviewed studies) and salmonids
576 specifically (n=10 peer-reviewed studies) is very limited. Despite this limited literature, we found
577 that RoR hydropower operations alter NFR in unique ways by changing the timing, and
578 increasing the magnitude, frequency, and duration of low flow periods in bypassed reaches
579 downstream of RoR hydropower dams. Moreover, the low-head dams of RoR hydropower
580 facilities create unique conditions upstream and downstream since they may be overtopped by
581 water at high flows. Though in need of additional study, this phenomenon may allow for more
582 flushing of sediment and downstream passage of fish compared to reservoir-storage dams, thus
583 potentially reducing the potential for discontinuities in habitat and impacts on stream
584 geomorphology. RoR hydropower dams also divert a considerable proportion (up to 97% of
585 incoming flow, Figure 3) of water away from the natural river channel for the production of
586 electricity. We found a clear pattern where the magnitude of flow diversion by RoR hydropower
587 varies by season, and is proportionally higher when flows in rivers are naturally low. Moreover,
588 flow fluctuations in bypassed and downstream reaches of RoR hydropower systems typically
589 occur unexpectedly, and differ in timing, frequency, magnitude, and duration from those

590 occurring downstream of reservoir-storage systems. All these pathways of effects from RoR
591 hydropower have the potential to alter habitat quantity and quality, and to negatively affect
592 salmonid survival, growth, and fitness. We reiterate the need to standardize data and report
593 details on project designs and environmental characteristics of rivers where the studies are
594 conducted to allow for more powerful quantitative comparisons between RoR hydropower
595 schemes and studies in the future (Anderson et al. 2014, Bilotta et al. 2016). For example, very
596 few papers reported ecological details like climactic zones (only 6 of the 31 empirical papers),
597 location in watershed (n=9 out of the 31 empirical papers), or river size (only 17 of the 31
598 empirical papers reported mean annual discharge for example), which precluded us from
599 explicitly categorizing the studies and the range of effects based on these criteria. Our review also
600 highlights the lack of empirical knowledge about the effects of RoR hydropower on salmonid
601 species other than brown trout, which were the focus of over 90% of the empirical papers on
602 salmonids we reviewed. In addition to the specific knowledge gaps identified in our review of the
603 literature in each section above, below we identify three areas where future research is most
604 needed. We chose to highlight these three research priorities because we believe they represent
605 uncertainties related to those processes with the greatest potential to affect resident and
606 anadromous fish populations. Addressing these knowledge gaps will help reduce the currently
607 large uncertainties surrounding impacts of RoR hydropower on river ecosystems and salmonids,
608 and in turn reduce conflict between proponents and opponents of additional RoR hydropower
609 energy development.

610 (1) *Effects of amplified, short- and long-term low flow periods.* The effects of natural and
611 anthropogenically-induced high flows on salmonids have received more attention than the effects
612 of low flows (Lake 2000; Jowett et al. 2005). With the exception of research on environmental

613 flows (e.g., Poff and Matthews 2013), most research has focused on large magnitude changes,
614 particularly for large dams and reservoir-storage systems (Poff and Zimmerman 2010). Our
615 literature review revealed that RoR hydropower operations artificially generate longer and more
616 frequent periods of low flow compared to natural flow regimes. The semi-predictable seasonal
617 low flows resulting from RoR hydropower operation also represent a unique opportunity to study
618 how increases in the duration, frequency, and magnitude of low flow periods affect fish and river
619 ecosystems in isolation of other factors (Niemi et al. 1990; Matthews and Marsh-Matthews 2003;
620 Waples et al. 2009).

621 (2) *Effects of anthropogenic flow fluctuations.* Other reviews have highlighted important
622 knowledge gaps about how the magnitude, frequency, and timing of anthropogenic flow
623 fluctuations downstream of reservoir-storage hydropower systems affect the growth, survival,
624 and reproductive success of fish (Young et al. 2011; Nagrodski et al. 2012). These knowledge
625 gaps are also relevant to rivers regulated by RoR hydropower, although we argue the gaps are
626 even larger. We found very little peer-reviewed literature that examined how RoR hydropower
627 fluctuations in flow deviate from the NFR or how these deviations impact salmonids in the
628 bypassed and downstream reaches (n=1). In addition to direct impacts, research is needed to
629 quantify potential indirect impacts of anthropogenic flow fluctuations on salmonids, as deviations
630 from NFR are expected to affect food availability for fish by altering the composition and
631 biomass of invertebrate communities. Beyond individual-level consequences, there is also a need
632 to understand how short-term and individual level impacts of flow fluctuations scale up to the
633 population level. Individual mortality or reductions in reproductive potential due to fish stranding
634 can translate into reductions in population growth rates if they occur frequently, but density-
635 dependent growth and survival of salmonid fishes may partially or completely compensate for

636 early life-history mortality caused by RoR operations (Shuter 1990; Harby and Halleraker 2001).
637 The consequences of anthropogenic flow fluctuations on individual fishes and populations need
638 to be established in RoR hydropower systems before appropriate mitigation measures can be
639 developed to compensate for potential losses.

640 (3) *Cumulative impacts of multiple RoR hydropower projects.* Multiple RoR hydropower
641 projects may be developed within individual watersheds to achieve energy production targets. For
642 example, 15 low-elevation dams exist over 160 km in a Illinois river, USA (Santucci et al. 2005),
643 and over 260 RoR hydropower dams are currently under consideration in 28 of the 32 major river
644 valleys in the Indian Himalayas (1 RoR hydropower dam per 32 km of river, Grumbine and
645 Pandit 2013). Multiple RoR hydropower projects in the same watershed may interact in additive,
646 synergistic, or antagonistic ways to affect river ecosystems (e.g. increasing turbidity and
647 decreasing invertebrate quality, Santucci et al. 2005) and salmonid populations (e.g. to alter or
648 delay upstream fish migrations, Larinier 2008; Lucas et al. 2009). Some studies suggest that
649 landscape-scale impacts per unit of energy may be greater for RoR hydropower dams than for
650 large hydropower dams (Bakken et al. 2012; Kibler and Tullos 2013), while others reach the
651 opposite conclusion (Taylor 2010). However, these conclusions are limited because they have not
652 explicitly considered whether impacts from multiple RoR dams accumulate in non-linear ways
653 (Larinier 2008). In addition, the impacts of RoR hydropower to salmonid populations are likely
654 to depend on the regional context in which individual RoR hydropower projects are built (Habit
655 et al. 2007). Flow diversion by RoR hydropower in watersheds with existing impacts from
656 forestry and other industries will likely have different, and possibly compounding, effects on
657 salmonids in contrast to watersheds with largely intact upland and riparian forests (Reice et al.
658 1990; Bunn and Arthington 2002). The disparity between the regional spatial scale relevant to the

659 survival and persistence of most salmonid populations and the often reach-specific scale at which
660 environmental impacts of individual RoR hydropower projects are typically assessed needs to be
661 addressed.

662 The rapid adoption of RoR hydropower around the world presents both opportunities for
663 increasing renewable energy production, and challenges in predicting impacts to salmonids and
664 river ecosystems. The spatial and temporal scales of anthropogenic perturbations from RoR
665 hydropower are likely to differ from the historical conditions under which salmonids evolved.
666 These perturbations may alter life-history diversity, population size, and connectivity among sub-
667 populations, weakening their ability to dampen variability in the dynamics of regional population
668 complexes (i.e., the portfolio effect; Tilman et al. 1998; Yeakel et al. 2014) and leading to
669 reduced population resilience in the face of additional environmental change (Waples et al. 2008;
670 Waples et al. 2009; Moore et al. 2015). The inherent characteristics of RoR hydropower
671 infrastructures and operations, such as small non-storage headponds, low-head dams, bypassed
672 reaches with reduced flows, and anthropogenic flow fluctuations, uniquely alter NFR. The
673 limited peer-reviewed literature we found specific to RoR hydropower strongly suggests that
674 impacts to salmonids and other fishes are probable under certain conditions, which is supported
675 by better studied impacts of other forms of flow regulation. However, we caution that the
676 knowledge developed from other types of flow regulation may not be directly applicable to RoR
677 hydropower (Senay et al. 2016). As such, research specific to how RoR hydropower operations
678 alter the NFR and how these alterations impact fish populations and river ecosystems is needed to
679 confirm the pathways and mechanisms we outline in this paper. A suite of small-scale studies
680 examining individual-level impacts on salmonids as well as long-term and large scale
681 experimental studies would be useful to identify effective mitigation and management strategies

682 for river ecosystems where RoR hydropower dams have the potential to impact salmonids. These
683 strategies may be as simple as protocols dictating the rate at which water levels may be diverted
684 or fluctuate, or as complex as full-watershed analyses to determine how to best maintain
685 connectivity of salmonid populations and manage cumulative impacts across multiple dams and
686 river networks. As the global need for RoR hydropower increases, concerted efforts to study the
687 impacts of RoR hydropower dams on salmonids is crucial to ensure that evidence-based
688 decisions are made for sustainable management of salmonid populations, and the river
689 ecosystems in which they occur.

690

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Table 1. Empirical peer-reviewed papers studying RoR hydropower impacts on river ecosystems and salmonids. ^a= brown trout, ^b= European grayling, ^c= trout, ^d= rainbow trout, ^e= Atlantic salmon, ^f= high-head scheme, ^g= low-head scheme; **= dams were in cascade; MAD= mean annual discharge.

Papers	Taxa/ characteristics	Mechanism(s) addressed	Type of dam(s)	Number of dams	Height of dam(m)	Length of bypassed reach (km)	MAD (cms)	Flow diverted
Pathway 1: Flow diversion								
Bilotta et al. 2016	Fish ^{a,c}	Reduction in habitat quantity and quality	hydropower ^{f,g} (54 kW)	23	11	0.22	---	---
Capra et al. 2003	Fish ^a	Reduction in habitat quantity and quality	Hydropower ^f	1	---	---	2.4	max of 4.4 cms
Gouraud et al. 2008	Fish ^a	Reduction in habitat quantity and quality	Hydropower ^f	3	7.1	4.5	8.55	--
McManamay et al. 2015	Fish	Changes to water quality	Hydropower and others	22**	--	--	--	--
Ovidio et al. 2008	Fish ^{a,b}	Reduction in habitat quantity and	Hydropower ^f (900 MW)	1	--	1.2	1.78	--

		quality						
Sabaton et al. 2008	Fish ^a	Changes to water quality	Hydropower ^f	7 (on 5 streams)	--	4.7	32.3	--
Mueller et al. 2011	Periphyton, aquatic macrophytes, macroinvertebrates and fish	Changes to water quality, reduction in habitat quantity and diversity	Hydropower	5	2.6	--	5.7	--
Anderson et al. 2015	Benthic macroinvertebrates	Changes to water quality	Hydropower ^f (30 kW)	1	3	~ 0.1	1.17	1.05 cms
Englund and Malmqvist 1996	Macroinvertebrates	Changes to water quality	Hydropower and others	51	--	--	10	86-99.8% reduction
Fu et al. 2008	Macroinvertebrates	Changes to water quality	Hydropower ^f	5**	--	--	--	--
Jesus et al. 2004	Macroinvertebrates	Changes to water quality	Hydropower ^f	1	--	--	0.93	90% in rainy season, 92% in drought season
Wu et al 2010a	Benthic diatoms	Changes to water quality	Hydropower ^f	23**	--	--	--	--
Wu et al 2010b	Benthic algal community	Changes to water quality	Hydropower ^f	1		~ 5	--	--
Wu et al. 2012	Benthic diatoms	Changes to water quality	Hydropower ^f	23**	--	--	--	--
Zhou et al. 2008	Zooplankton	Changes to water quality	Hydropower ^f	1	--	--	--	--
Zhou et al. 2009	Zooplankton	Changes to water quality	Hydropower ^f	6**	--	--	--	--

Valero 2012	Water quality	Changes to water quality	Hydropower ^f (11.8 MW)	1	11.05	3.4	14.4	59% of water flow
Pathway 1: Flow diversion and Pathway 2: Presence of low-head dams								
Anderson et al. 2006	Fish	Changes to water quality, reduction in habitat quantity and diversity, barrier to migration	Hydropower ^f (18 MW)	2	< 10	3	4.75	90-95% of MAD
Habit et al. 2007	Fish ^{a,d}	Reduction in habitat quantity and quality, barrier to migration	Hydropower ^f (130 MW)	2	--	14	25.8	up to 90% of MAD
Jowett and Biggs 2006	Fish ^c	mitigation measures	Hydropower and others	1	--	--	450	96.5-97.3%
Santos et al. 2006	Fish ^a	Reduction in habitat quantity and quality, barrier to migration	Hydropower ^f (3.97 MW)	18	5.8	--	--	--
Kubecka et al. 1997	Benthic and fish communities ^{a,b,c}	Changes to water quality, reduction in habitat quantity and diversity, fish	Hydropower ^f (< 10 MW)	23	all but one < 2	0.89	1.185	up to 100% of discharge

		entrainment, and barrier to migration						
Wu et al. 2009	Benthic algal community	Changes to water quality, discontinuities in geomorpholog y	Hydropower ^f	1	1.5	> 3	--	--
Pathway 1: Flow Diversion and Pathway 3: Flow fluctuations								
Almodovar and Nicola 1999	Fish ^a	Changes to water quality, flow fluctuations	Hydropower (0.7 MW)	--	--	--	0.40 (summer) to 2 (winter)	--
Pathway 2: Presence of low-head dams								
Boubée and Williams 2006	Fish	entrainment	Hydropower ^f (4.5 MW)	1	3.5	--	--	--
Larinier 2008	Fish	entrainment and barrier to migration	Hydropower ^f ^g (< 10 MW)	(several schemes)	--	--	varied	--
Santos et al. 2012	Fish	Barrier to migration	Hydropower (< 10 MW)	37	--	--	--	--
Santucci et al. 2005	Fish, macroinvertebra tes	Barrier to migration	Hydropower and other uses	15**	0.85	NA	662	--
Fuller et al. 2016	Geomorphology	discontinuities in geomorpholog y and sediment transport	Hydropower ^f	1	--	1	1.6	--

Kibler and Tullos 2013	Geomorphology	discontinuities in geomorphology and sediment transport	Hydropower [†] (19 MW)	31	8.8	6.8	3.1	up to 100%
Morris 1992	Spawning gravels	discontinuities in geomorphology and sediment transport	Hydropower [†] (2.3 MW)	1	--	~ 6	--	2

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Table 2. Relative vulnerability of salmonid species to potential impacts from RoR hydropower, based on chronic exposure and the potential for dams to create barrier for migrations. Information on life history, spawning season and length of freshwater residency come from the references indicated by footnotes.

Common name	Scientific name	Life history	Spawning season	Typical length of freshwater residency ^a	Relative vulnerability	
					Barrier to migration ^b	Chronic exposure ^c
rainbow trout ^{d,e}	<i>Oncorhynchus mykiss</i>	Resident	Spring	life	High	Very high
steelhead ^{d,e}	<i>Oncorhynchus mykiss</i>	Anadromous	Spring	1-3 years	Very high	High
brown trout ^{d,e}	<i>Salmo trutta</i>	Resident	Late fall	life	High	Very high
sea-run brown trout ^{d,e}	<i>Salmo trutta</i>	Anadromous	Late fall	1-3 years	Very high	High
cutthroat trout ^f	<i>Oncorhynchus clarki spp.</i>	Resident	Late winter, spring	life	High	Very high
sea-run cutthroat trout ^f	<i>Oncorhynchus clarki spp.</i>	Anadromous	Late winter, spring	2-3 years	Very high	High
		Stream resident	Summer, fall	life	High	Very high
bull trout ^g	<i>Salvelinus confluentus</i>	Fluvial/adfluvial migrant	Summer, fall	life	Very High	Very high
		Anadromous	Summer, fall	2-3 years	Very High	High
Dolly Varden ^h	<i>Salvelinus malma malma</i>	Resident	Fall	life	High	Very High
		Anadromous	Fall	2-4 years	Very High	High
atlantic salmon ^e	<i>Salmo salar</i>	Anadromous	Fall	2-3 years	Very High	High
kokanee ^d	<i>Oncorhynchus nerka</i>	Resident	Fall	life	Moderate	Low
sockeye	<i>Oncorhynchus</i>	Anadromous	Fall	1-2 years	High	Low

salmon ^d	<i>nerka</i>					
masu salmon ^d	<i>Oncorhynchus masou</i>	Resident	Fall	life	High	Very High
		Anadromous	Fall	1-3 years	Very High	High
coho salmon ^d	<i>Oncorhynchus kisutch</i>	Anadromous	Fall	1-2 years	Very High	High
Chinook salmon ^d	<i>Oncorhynchus tshawytscha</i>	Anadromous	Fall	1-2 years	Moderate	Moderate
pink salmon ^d	<i>Oncorhynchus gorbuscha</i>	Anadromous	Fall	Days-weeks	Low	Low
chum salmon ^d	<i>Oncorhynchus keta</i>	Anadromous	Fall	Days-weeks	Low	Low

^aDefined as time in freshwater post emergence from gravel

^bBased on extent of freshwater migration and size of river systems spawning and rearing typically occurs in

^cBased on portion of life cycle spent in freshwater and size of river systems spawning and rearing typically occurs in

^dGroot and Margolis 1995

^eMcPail 2007

^fCOSEWIC 2007

^gCOSEWIC 2006

^hCOSEWIC 2010

Figure captions

Figure 1: Three main pathways of effects of RoR hydropower on salmonids and their associated main mechanisms of impacts. The number of empirical peer-reviewed papers identified in this review is shown in boxes between the pathways of effect (1-3) and their primary mechanisms.

Figure 2: Generalized schematic of a run-of-river hydropower facility. A low-elevation dam impounds the river and reroutes water downstream through a penstock, to turn turbines in the powerhouse and produce electricity. The diversion of water leaves a reach of the river with reduced flows (bypassed reach), but all water is returned to the downstream reach of the river via the tailrace. The headpond has little water storage capacity and so does not act as a reservoir. Powerlines are part of the transmission corridor that connects the facility to a centralized power grid.

Figure 3: Modeled natural upstream flows (black line) and flows passing through the bypassed reaches (dashed line) during an average runoff year below a low-head RoR hydropower dam in a) western Canada (high-head scheme in snowmelt-dominated Bull River, natural flow averaged from 2010-2013, diverted flow modelled with a hypothetical turbine flow of 9.9 cms; www.bchydro.com), and b) Yunnan Province, China (rain-dominated Gutan River, Lushui County, adapted from Kibler and Tullos 2013). Flow alterations in the bypassed reaches are most pronounced during naturally low to moderate flows, when RoR hydropower operations divert the greatest proportion of flow from the channel. The Bull River

has a minimum flow requirement that varies between 0.25 and 2.0 cms, depending on the season.

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Figure 1

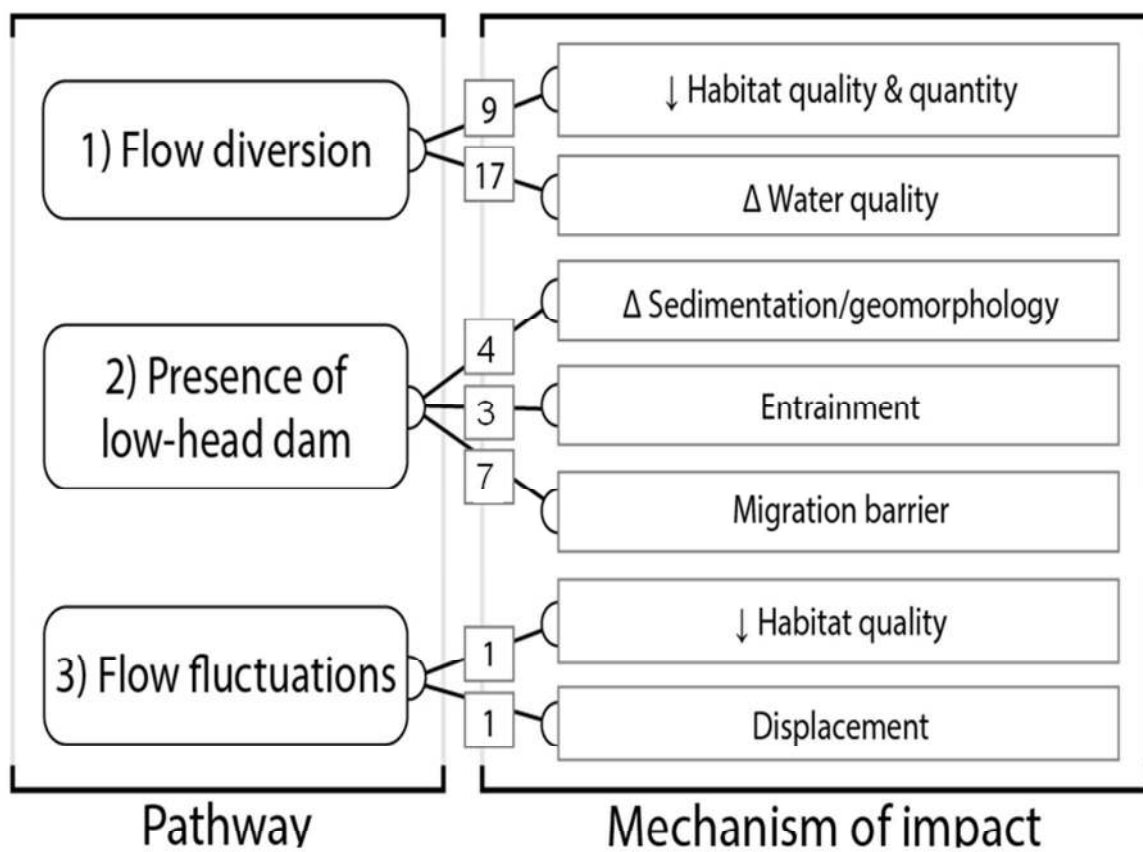


Figure 2

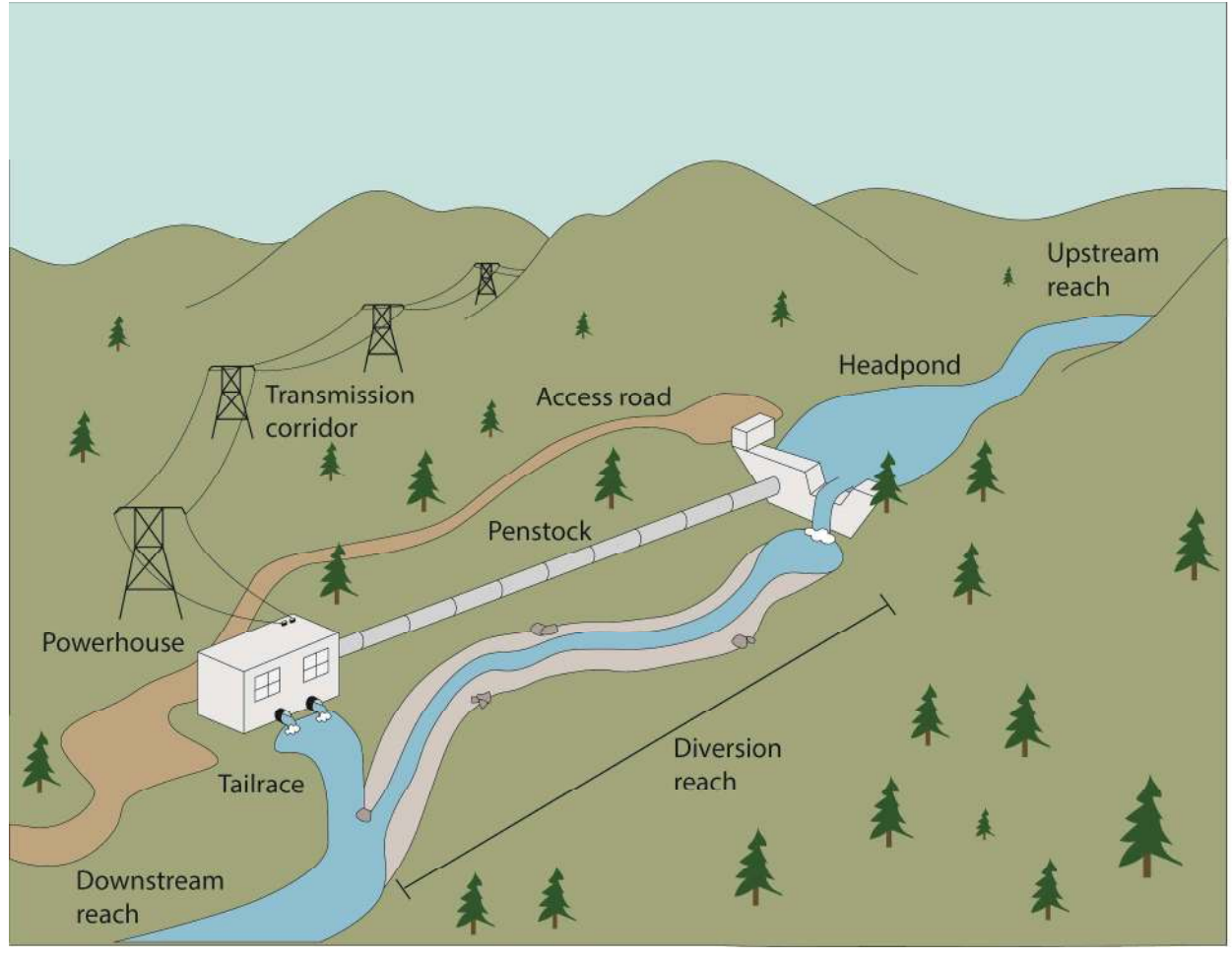
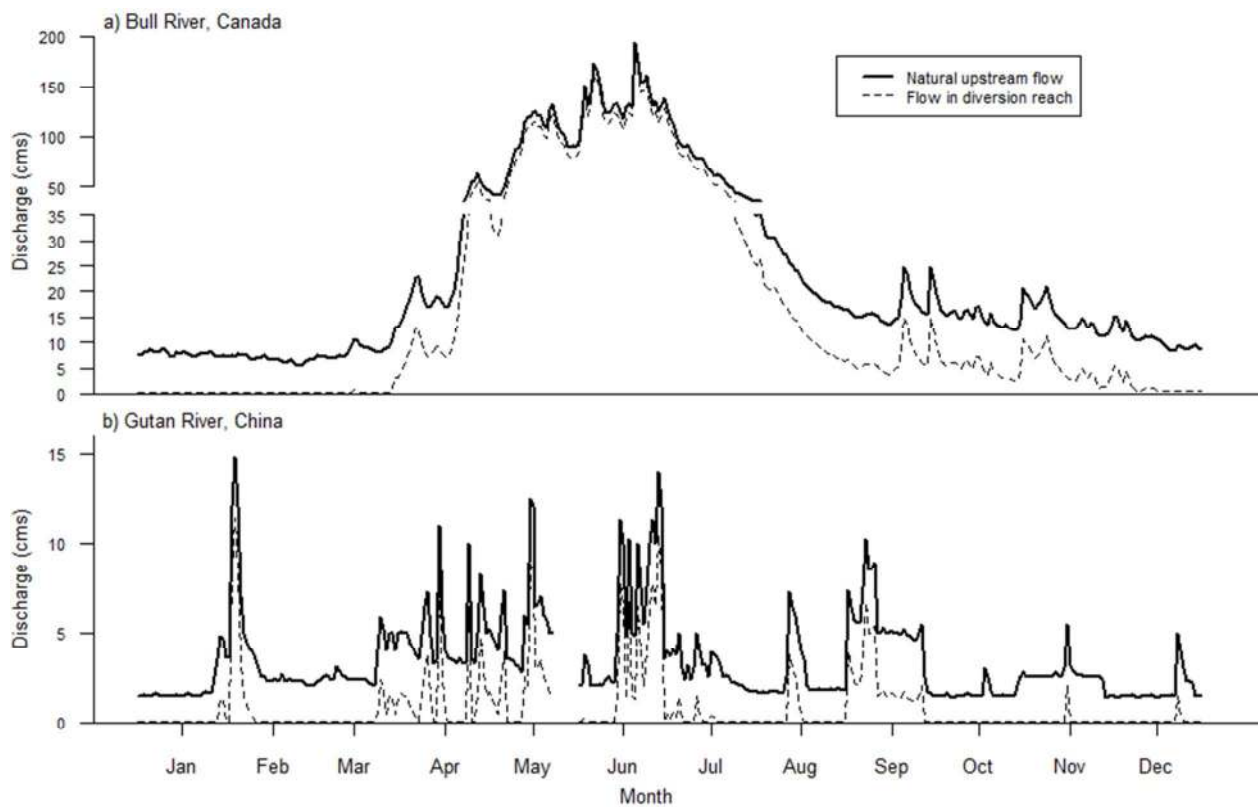


Figure 3



Appendix 1. Non-empirical peer-reviewed papers on RoR hydropower.

Papers	Category	Country
Abbasi and Abbasi 2001	Global and historical perspective on emergence of ROR hydropower, general review of potential effects on ecosystem, cumulative impacts	India
Anderson et al. 2014	Review of ROR hydropower impacts on river ecosystems	UK, Europe
Aroonrat and Wongwiset 2015	Geography, economy and politics of RoR hydropower	Thailand
Bakken et al. 2012	Comparison of small to large hydropower, cumulative impacts	Norway
Chiyembekezo 2013	Geography, economy and politics of RoR hydropower	Malawi
Cyr et al. 2001	Geography, economy and politics of RoR hydropower	Canada
Grumbine and Pumdit 2013	Geography, economy and politics of RoR hydropower	India
Jaccard et al. 2001	Geography, economy and politics of RoR hydropower	Canada
Kibler 2011	Comparison of small to large hydropower, cumulative impacts	China
Kotchen et al. 2006	Cost benefit analysis of hydropower dam relicensing	USA
Poff and Hart 2002	Classification of small dams and review of science of dam removal	USA
Renofalt et al. 2010	Effects of hydropower and environmental flow management on river ecosystems, cumulative impacts	Sweden
Shaw 2004	Implications of modern hydro-electric plants for fisheries and natural hydrographs	
Sopinka et al. 2013	Geography, economy and politics of RoR hydropower	Canada
Spänhoff 2014	Geography, economy and politics of RoR hydropower	Germany and Europe
Wang et al. 2010	Geography, economy and politics of RoR hydropower	China